

First Aids

.C.P.R

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Cardio

Pulmonary

Resuscitation

Causes Of Sudden Cardiac Arrest

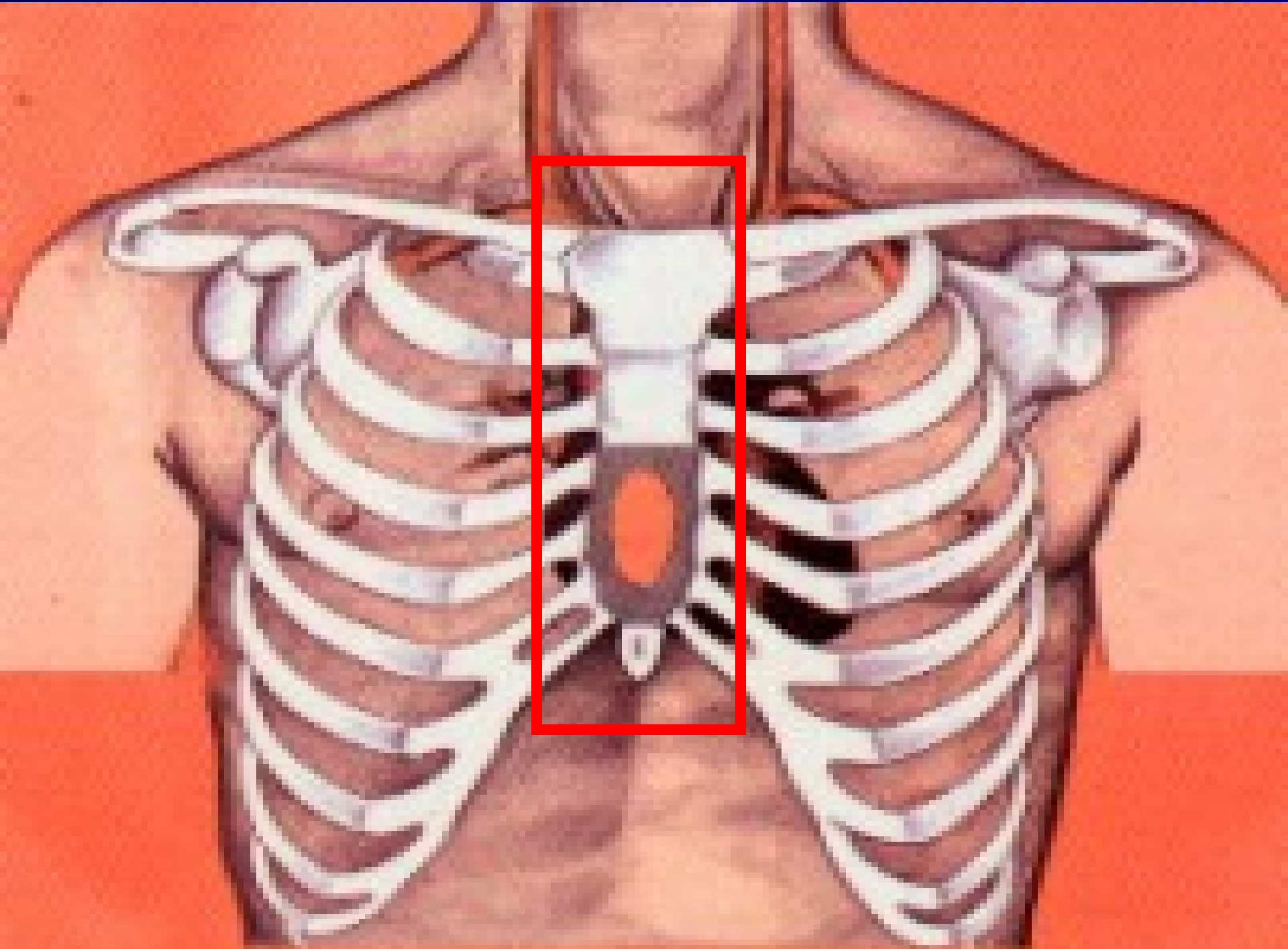
Stops of Circulation and respiratory system

Causes Of Sudden Cardiac Arrest

- Heart diseases eg cardiac attacks
- electric shock
- Drugs over dose
- Trauma due to dangers Accident
- Expose to excessive allergen
- Suffocation or asphyxia
- Drown

Signs Of Sudden Cardiac Arrest

- **Loss of consciousness**
- **No breathing**
- **No a pulse**



Steps of CPR for adult

CPR

- **Check for breathing and a pulse.**
- If unconscious and unable to be roused, check for breathing:
 - **look** for a rise in the chest area;
 - **listen** for the sound of air coming in and out;
 - **feel** for air using the side of your face

CPR

- If the person remains unresponsive, prepare for CPR.
- Carefully roll them onto their back while holding their head.
- Open the airway by lifting the chin and Make sure the head is tilted slightly back and the tongue is not obstructing it

CPR

- **Perform 30 chest compressions and two rescue breaths as part of CPR.**
- In the center of the chest, just below an imaginary line running between the nipples, put your two hands together for adult (one hand for child and two fingers for infant) and compress the chest down approximately 2 inches (5.1 cm) at a rate of 100 compressions per minute.

CPR

- After 30 compressions, give two rescue breaths, done by opening the airways, closing the nose and fully covering the mouth hole



1

2



3



4



5



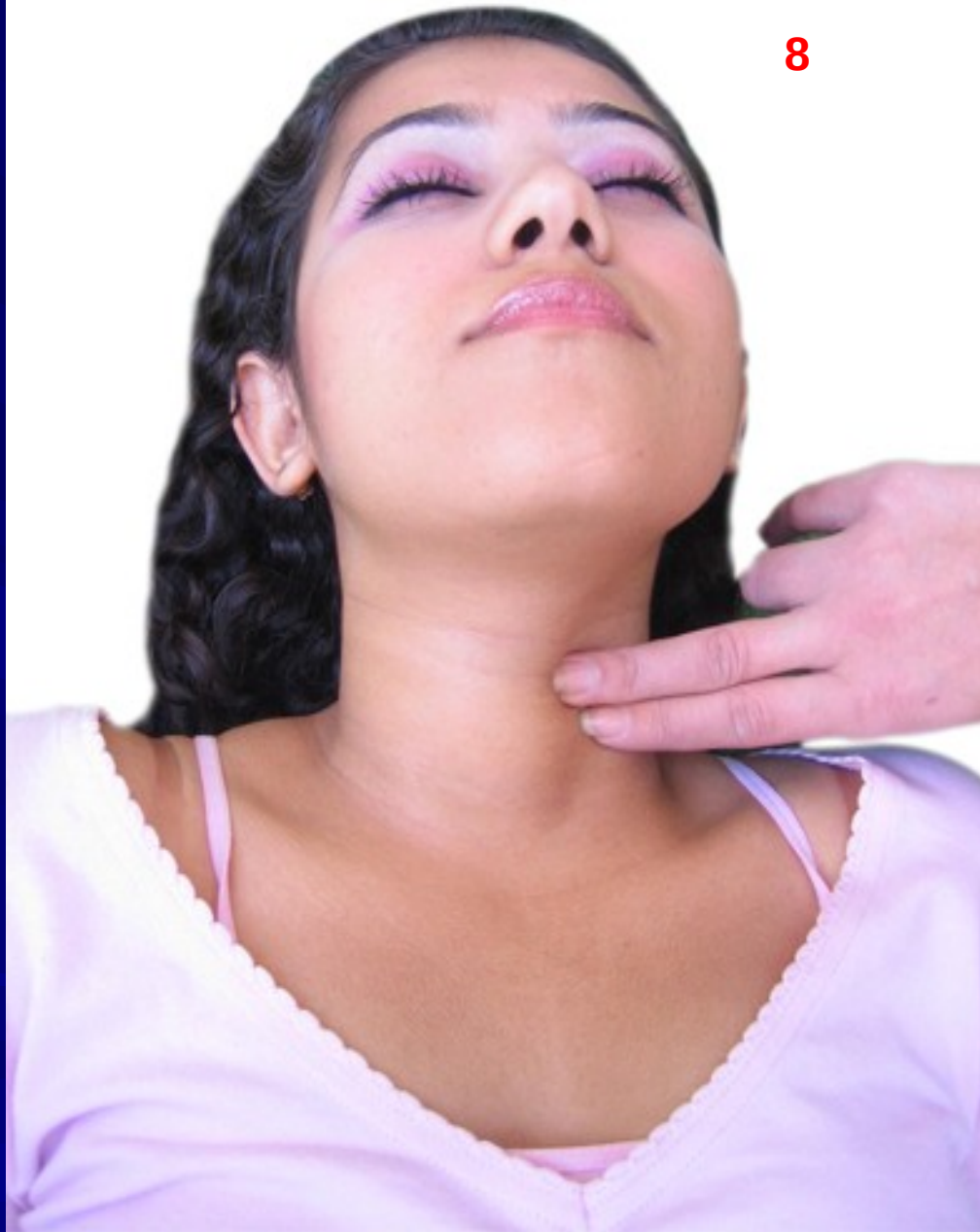
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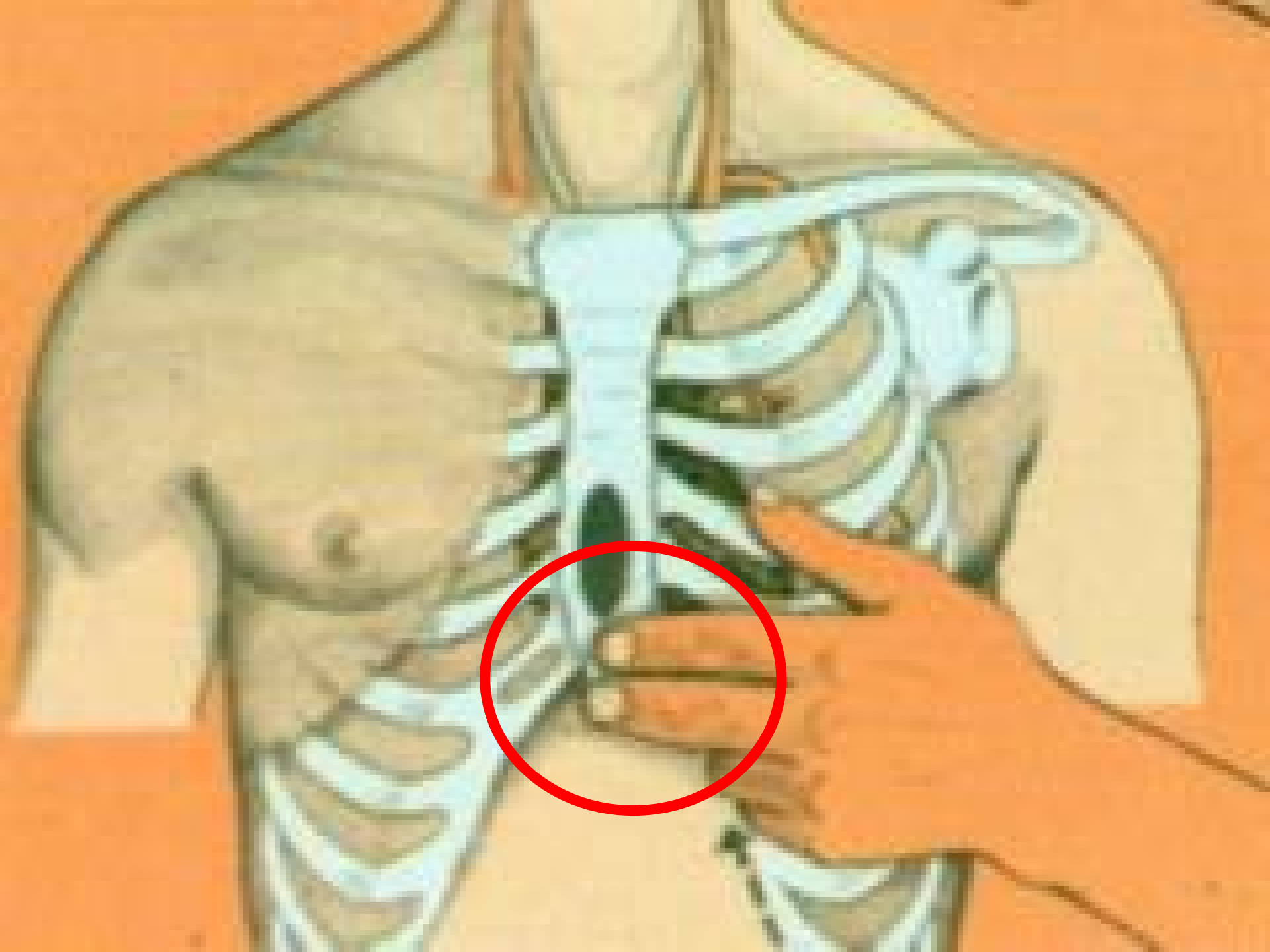
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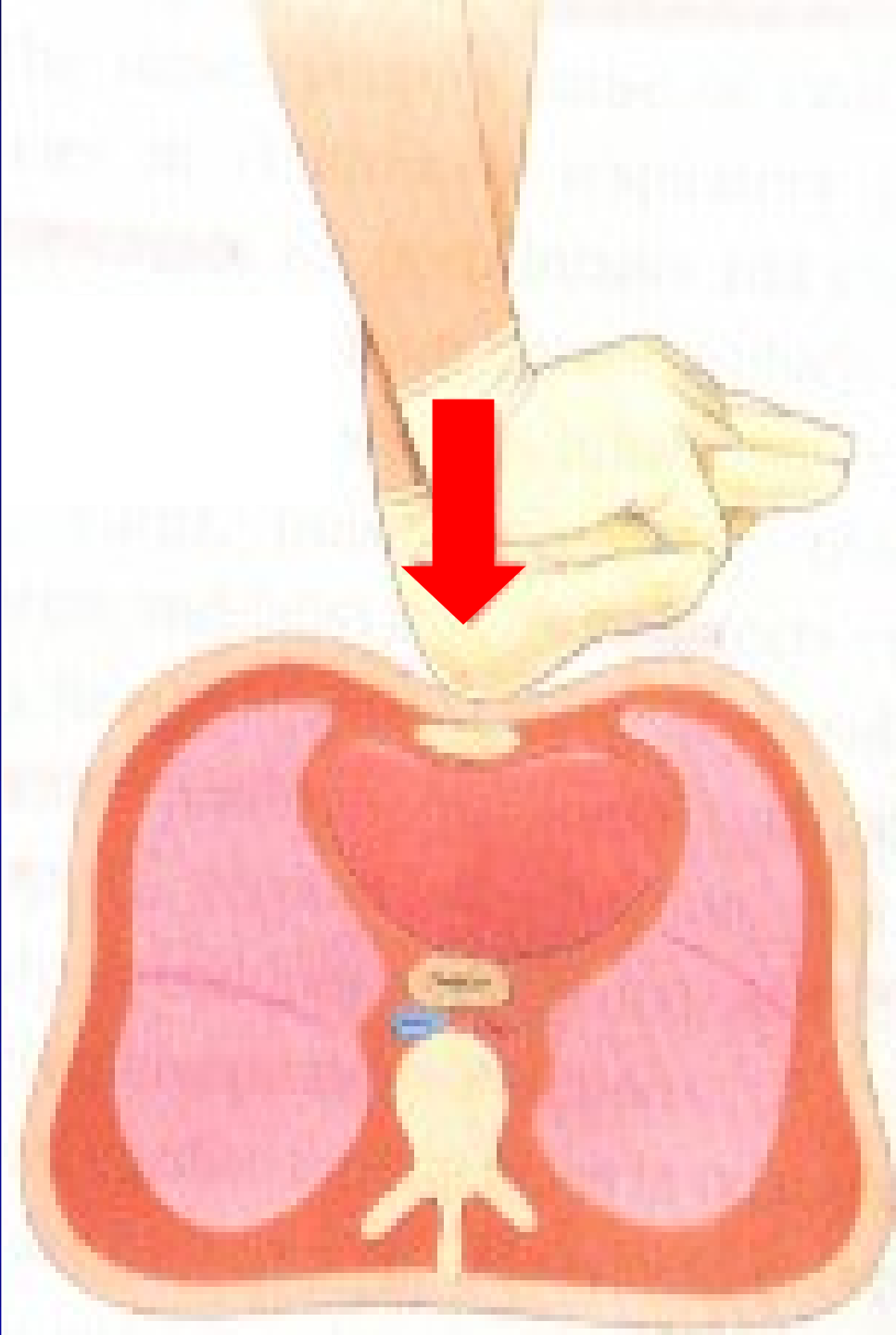
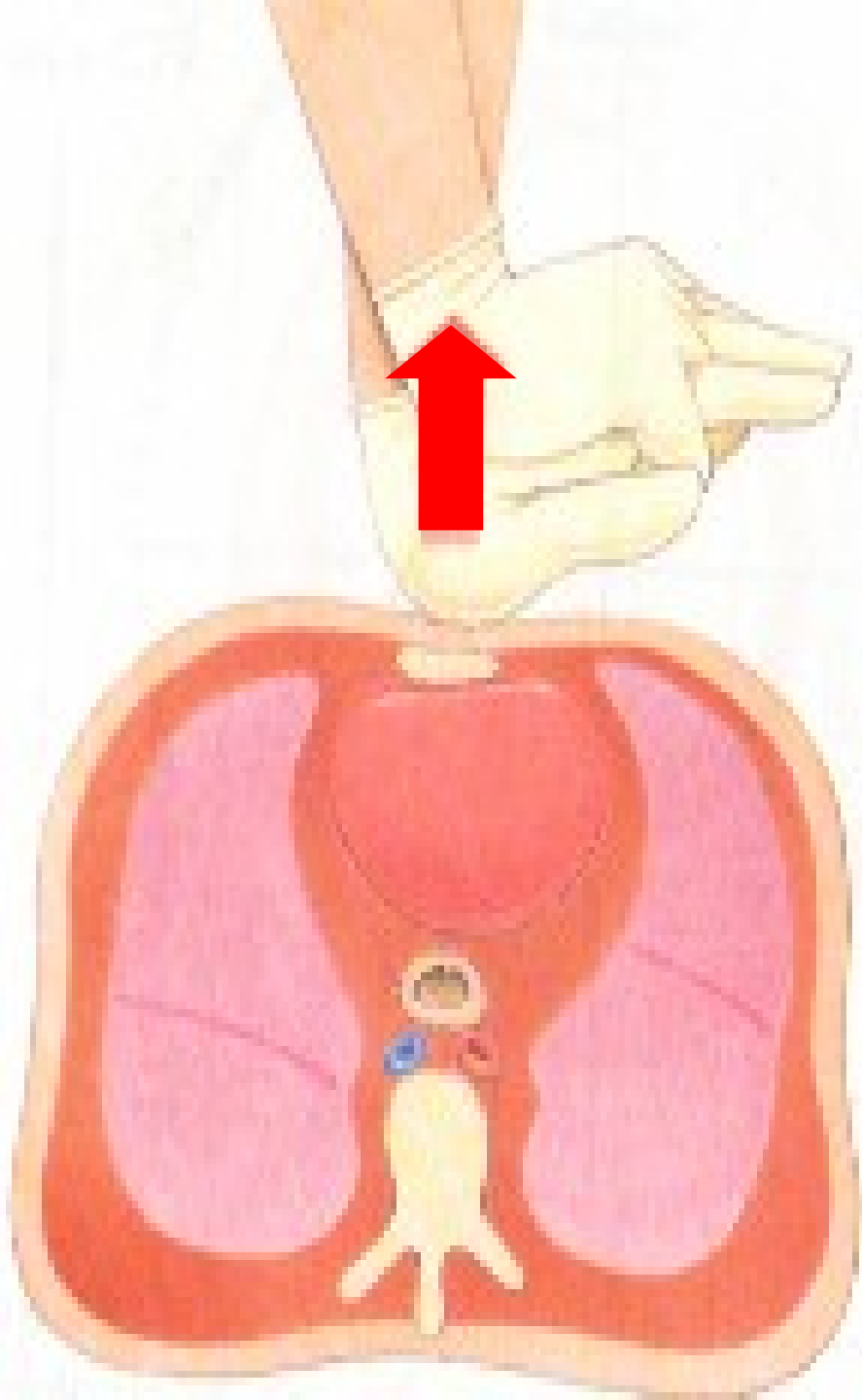
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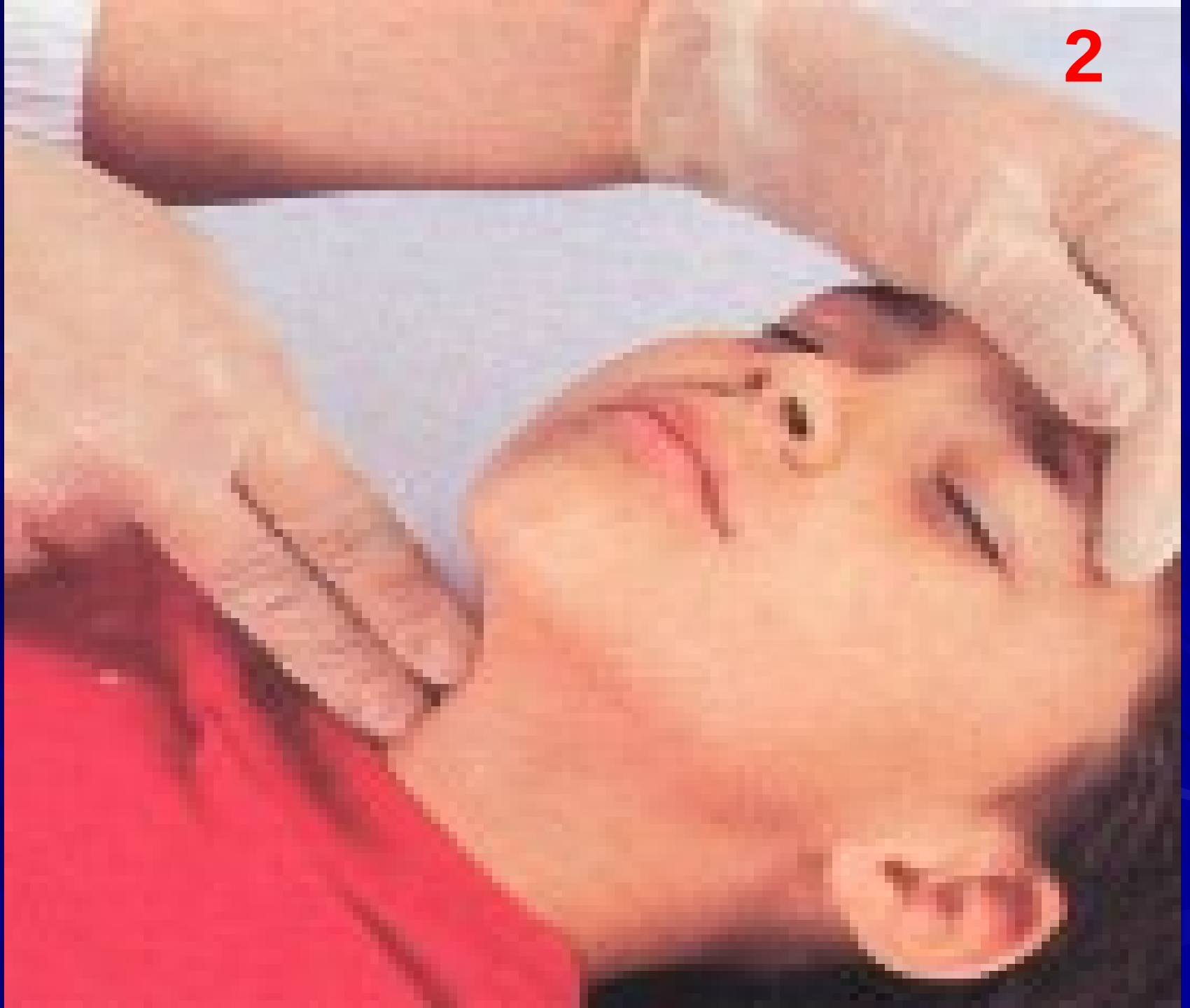


Steps of CPR for Children

1



2



3





5



6



Steps of CPR for Infant

1



2

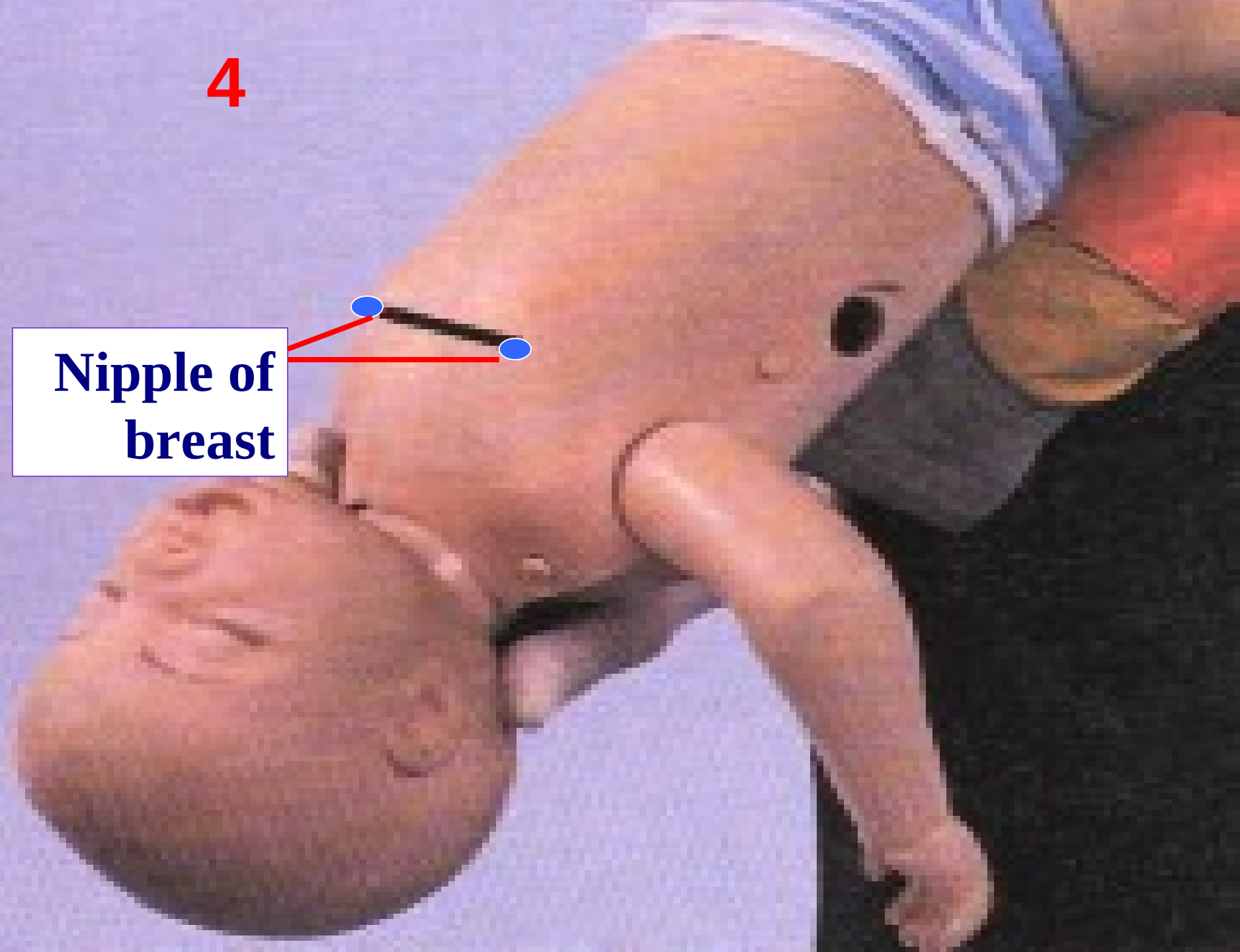


3



4

**Nipple of
breast**





5

6



infant

5+1

20 cycle



child

5+1

cycle 20



adult

15+2

4cycles



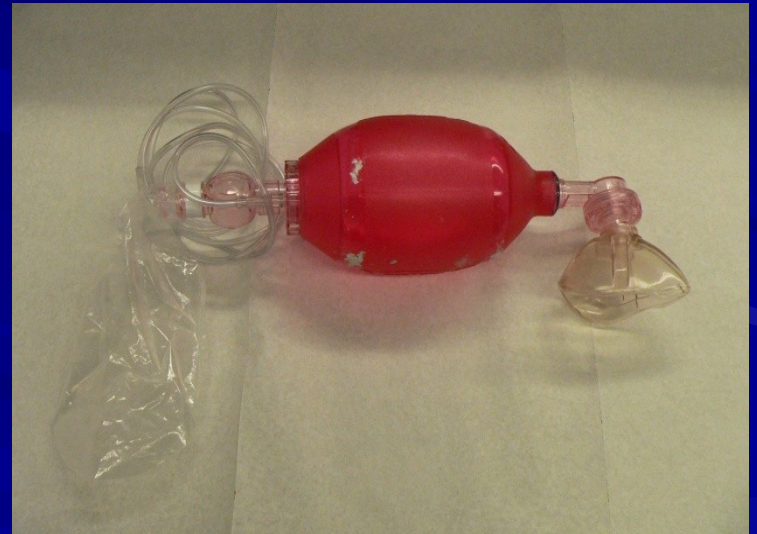
CPR

- When should be stopped CPR processes?
- Victim have breathing and pulsation
- First aids staff attended or DC shock available
- Person who doing CPR feeling very tired

DS(Direct current) Shock



Ambo Bag



Thank you

QUESTIONS???

