MINISTRY OF GENERAL EDUCATION

COPPERBELT PROVINCE

ZONE 'B' COMMON SCHEMES OF WORK

SUBJECT: EXPRESSIVE ARTS

GRADE: 5 **TERM: 2** **YEAR: 2021**

WEEK	TOPIC / CONTENT	SPECIFIC OUTCOMES	METHODS	T/L RESOURCES	REFERENCE
1	**ZAMBIAN MUSIC** - Singing rounds - Styles and form	**L.S** - Describe the form and style of Zambian music - State the popular Zambia music	- Demonstration - Direct instruction observation - Practical - Group work	- Drums	Syllabus pg. 3 Longman grade 5 pupil book pg. 27-30 PAST PAPERS
2	**ZAMBIAN MUSIC** - Zambian music - Traditional songs - Popular harmonies	**L.S.** - Mention the traditional instruments used in Zambia music - Explain what traditional songs are - Sing local songs - Sing songs with harmonies	- Demonstration - Observation - Practical - Group work - Pair work	- A chart showing traditional instruments	Syllabus pg. 3 Longman grade 5 pg. 31 - 33 PAST PAPERS
3	**EDUCATIONAL GYMNASTICS** - Seven different styles or types of gymnastics - stunts	**L.S.** - Mention seven different styles or types of gymnastics - Discuss different styles of gymnastics - Perform a series of tumbling activities and floor balancing activities.	- Demonstration - Observation - Practical - Group work - Pair work	- Balls - Mattress - High jump bars - Long jump / triple jump arena	Syllabus pg. 3 Longman grade 5 pg. 34-39 PAST PAPERS

4	**MONTHLY TEST** **HEALTH AND FITNESS MANAGEMENT** - Warming up - Cooling down and stretching	**L.S** - Discuss the importance of warm up activities - Perform a series of physical activities.	- Demonstration - Practical - Pair work	- Pupil's themselves	Syllabus pg. 3 Longman grade 5 pg. 40.
5	**HEALTH AND FITNESS MANAGEMENT** - Build an obstacle course	**L.S.** - Perform a series of physical activities with obstacles - Perform a series of developmental activities - Demonstrate isometric activities	- Demonstration - Pair work - Observation - Practical	- Parallel bars - Mats - Hurdles	Syllabus pg. 3 Longman pps. Bk. 5 pg. 41 - 43 PAST PAPERS
6	**SPORTS SKILLS DEVELOPMENT** - Conventional games - Netball.	**L.S.** - Mention different conventional games - Discuss the values of these games - Demonstrate a game of netball	- Demonstration - Group discussion - Practical	- Ball - Whistle	Syllabus pg. 4 Longman pps bk. Pg. 44 – 46 PAST PAPERS
7	**SPORTS SKILLS DEVELOPMENT** - Football - Trapping the ball	**L.S.** - Demonstrate a game of football - Discuss the ways you can dodge a player.	- Demonstration - Observation - Practical - Pair work	- Ball - Whistle	Syllabus pg. 4 Longman pps bk. 5 pg. 51. PAST PAPERS
8	**MONTHLY TEST** Mini - Volleyball	**L.S.** - Demonstrate mini - volleyball - Discuss mini - volleyball	- Demonstration - Observation - Practical work	- Ball - Whistle	Syllabus pg. 4 Longman pps. Bk 5 pg. 52 PAST PAPERS
9	**SPORTS SKILLS DEVELOPMENT** - Field and track events - Sprinting	**L.S.** - Mention different field and track sports - Perform track events	- Practical Demonstration - Groups observation	- Rope - Whistle	Syllabus pg. Longman pps bk.5 pg. 55-56 PAST PAPERS

10	**SPORTS SKILLS DEVELOPMENT** - High jump - Long jump	**- L.S** - Perform high jump and long jump	- Practical - Demonstration - Pair work - Observation	- Long jump - Triple jump arena	Syllabus pg. 4 Longman pp's bk 5 pg. 55 - 56 PAST PAPERS
11	**SPORT SKILLS DEVELOPMENT** - Traditional games	**L.S.** - Mention different traditional games - Perform traditional games.	- Pair work practical - Demonstration	- Stones - Rope - Plastic container	Syllabus pg. 4 Longman pps. Bk .5 pg. 57. PAST PAPERS
12 & 13	**REVISION AND END OF TERM TWO TEST**				