



Key To Success

**The only way people get
successful whether they
realize it or not!**

Content

1. What's Success
 2. Success blockers
 3. Facts and assumptions on success.
 4. The key!
 5. Conclusion
- 

What's Success

- Cambridge (DEF): the **achieving** of **desired results**.
 - **So: you need**
 - **Desire (Financial, social, mental, physical, spiritual, emotional, environmental, material. . .)**
 - **Achievement.**

Success Blockers (Teresa Bruni's List)

- Blocker No 10:
 - Judgment of Successful People.
 - Judgment is a fear of not being good enough.
 - Until you can Truly admire others for their accomplishments you will not achieve success.
 - **ACTION:- Go beyond admiring them & study them learn from them, model them.**

Success Blockers (Teresa Bruni's List)

- Blocker No 9:

- Attitude.

- If your attitude is negative. You are blocking success from coming your way.
 - Energy attracts like energy. Eg: if you feel like a victim, you will attract those willing to victimize you.

- **ACTION:- Start with some positive affirmation today. Know that you are here for a reason. Your life is of value. YOU are important. You have a**

YOUR MIND IS A GARDEN,
YOUR THOUGHTS ARE THE SEEDS...

YOU CAN GROW
FLOWERS,
OR YOU CAN GROW
WEEDS...



Daily positive affirmation before
sleep

Affirmation

I am honest I am persistent

I am enthusiastic I am
responsible

I am intelligent I am
loving

I am disciplined I am
thoughtful

I am dependable I've +
attitude

I am caring I'm wise

I am humble I've faith

I am persistent I'm good
listener

I am loyal I've sense of humor

I am love I am a believer.

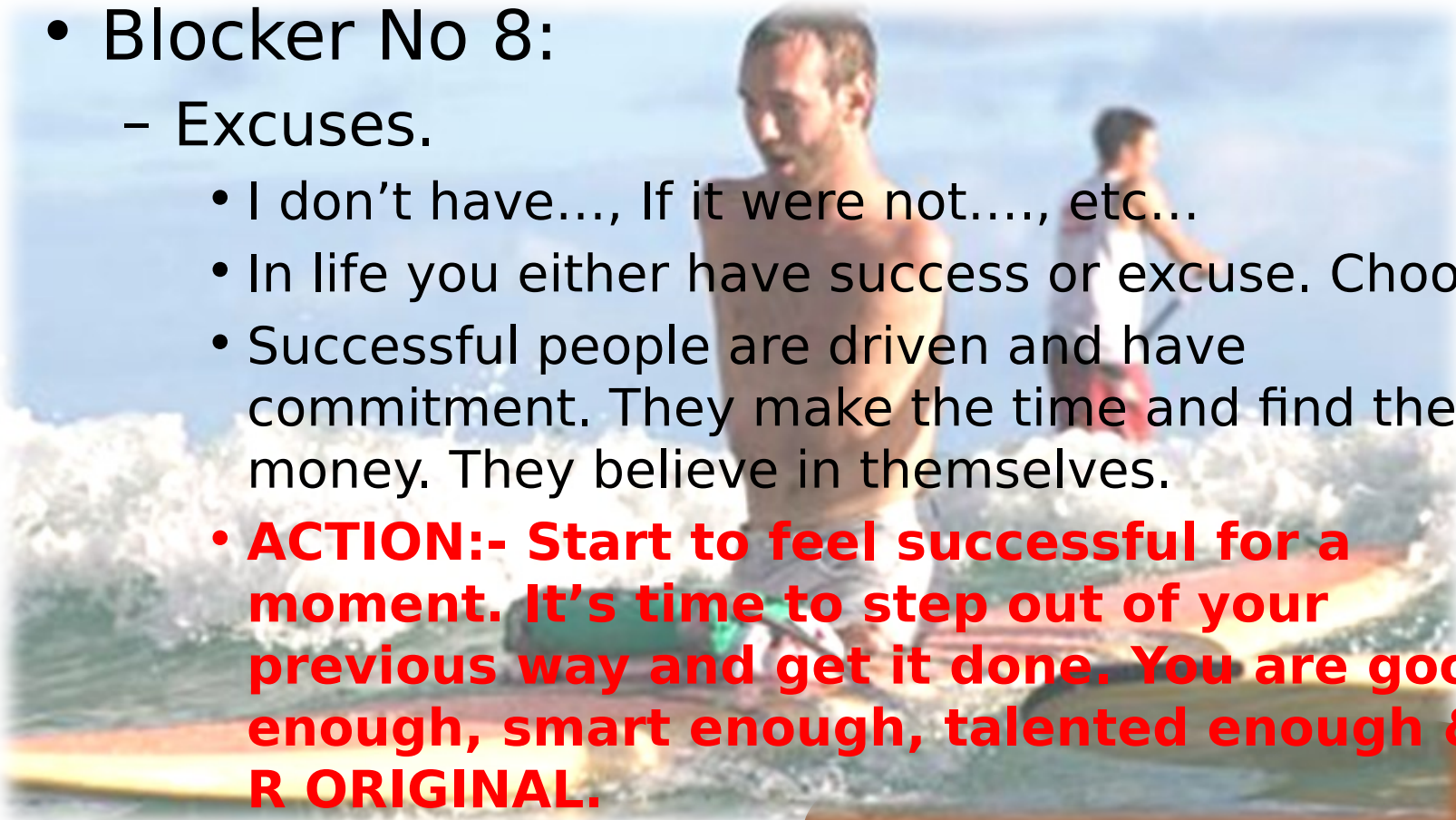
I am motivated I am joy

I am peace I am patient

I am important I am

Success Blockers (Teresa Bruni's List)

- Blocker No 8:
 - Excuses.
 - I don't have..., If it were not..., etc...
 - In life you either have success or excuse. Choose.
 - Successful people are driven and have commitment. They make the time and find the money. They believe in themselves.
 - **ACTION:- Start to feel successful for a moment. It's time to step out of your previous way and get it done. You are good enough, smart enough, talented enough & U R ORIGINAL.**



Success Blockers (Teresa Bruni's List)

- Blocker No 7:

- Caring what others think.

- What do they think if I fail or succeed?
“Imposter Syndrome” a feeling of being fake and a fear of being exposed.
 - If you succeed, they will think you are great. If you fail, they will respect you for trying. (successful people think like this)

- **ACTION:- When you face criticism simply say “so what!” The opinion that matters most is your opinion of yourself!**



Success Blockers (Teresa Bruni's List)

- Blocker No 6:
 - Ignoring Inspired Action.
 - We all have great ideas and they come to us at all times during the day and night. Your creative genius is begging you to listen!
 - Successful people act immediately when they are inspired! How many great ideas have you allowed to slip through your fingers?
 - **ACTION:- When inspiration hits, write it down immediately and then make plans to act on it. (putting your ideas in to action creates success!)**

Success Blockers (Teresa Bruni's List)

- **Blocker No 5:**

- Not letting go of the past.

- Hanging on to old beliefs by remembering past events is a real success killer.
 - Your past has helped shape you in to the person you are today.
 - Be great for your past, live today, & design the future.

- **ACTION:- Today is a new day. Let go of the past! Start to look forward not back.**

- **Begin to live in the present. Focus on what's happening now, what's good, and start look for opportunities everywhere!**



Success Blockers (Teresa Bruni's List)

- Blocker No 4:
 - The need to control.
 - I cant do this until some one or something changes.” That’s a need for control.
 - Realizing that only thing you can control is yourself is very freeing!
 - **ACTION:- Take 100% responsibility. If you wait for people/ circumstances to change you'll be sitting forever.**



E + R = O OUTCOME

Events **Responses**
Unchangeable Changeable

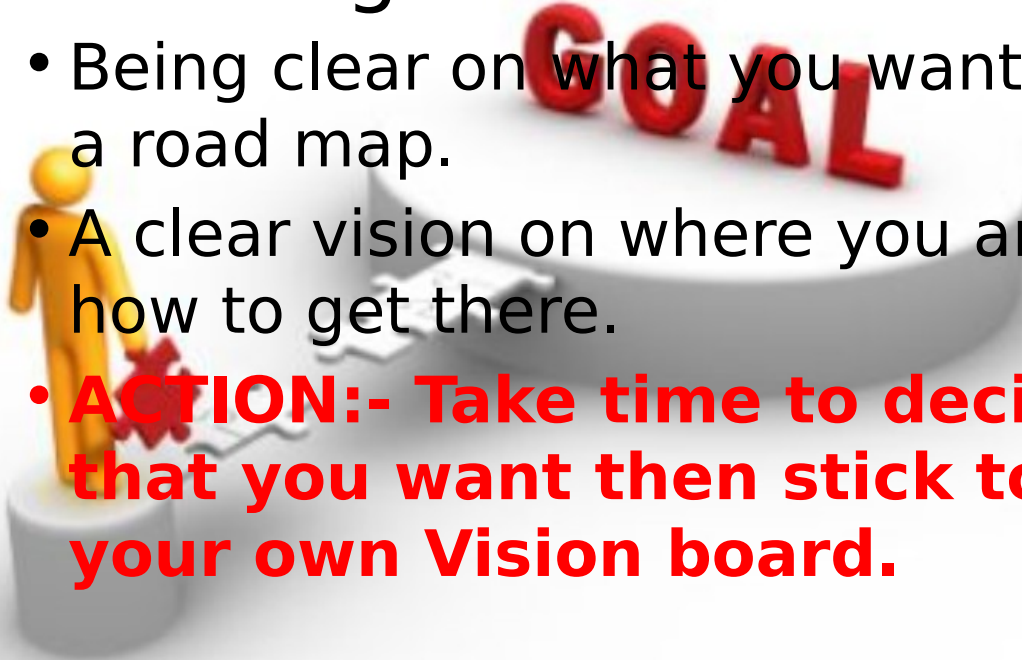
Success Blockers (Teresa Bruni's List)

- Blocker No 3:
 - Perfectionism.
 - It causes paralysis.
 - Perfectionism is a fear of not being good enough.
YOU ARE GOOD ENOUGH.
 - **ACTION:- Be committed do it now. You have enough. ACT NOW!**



Success Blockers (Teresa Bruni's List)

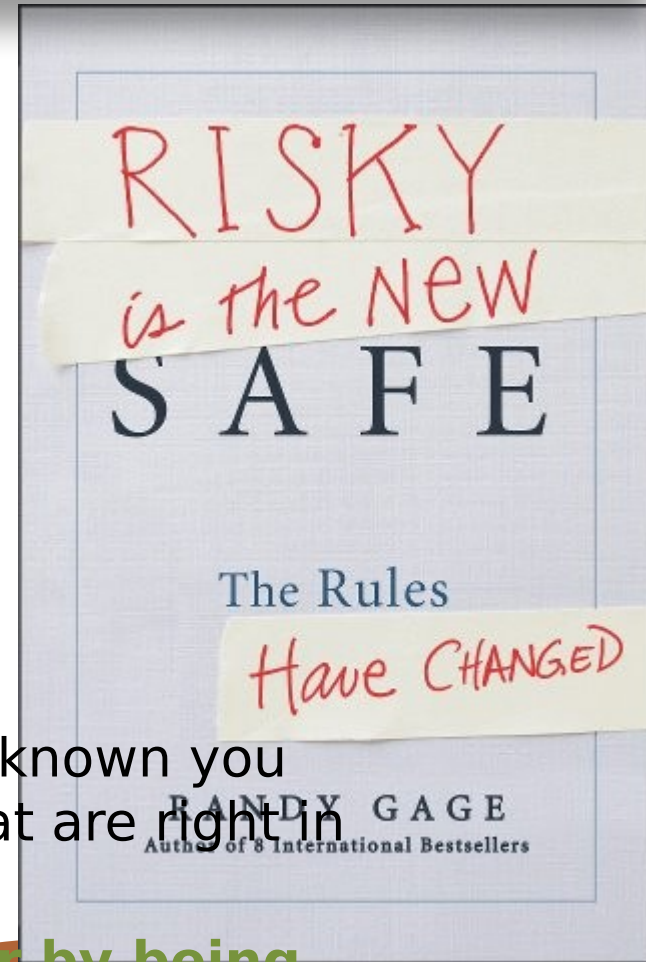
- Blocker No 2:
 - Not being clear on what you want.
 - Being clear on what you want is like having a road map.
 - A clear vision on where you are going and how to get there.
 - **ACTION:- Take time to decide what it is that you want then stick to it. Prepare your own Vision board.**



Success Blockers

(Teresa Bruni's List)

- Blocker No 1:
 - Fear of the Unknown.
 - The biggest block of all.
 - If you are gripped with fear of the unknown you wont be able to see opportunities that are right in front of you!
 - **ACTION:- Start releasing this fear by being more open minded to the ultimate possibilities life has to offer.**



Success assumptions

- You become successful by hard work.
- You become successful if you have money.
- You become successful by chance.
- **You may not be successful till you die.**
- Your destiny is already designed so cant change it.
- You become successful by becoming educated.

4. The key!

Success Key

- The key to Success is.
- I ... M ... A ... G ... I ... N ... A ... T ... I ... O
... N.

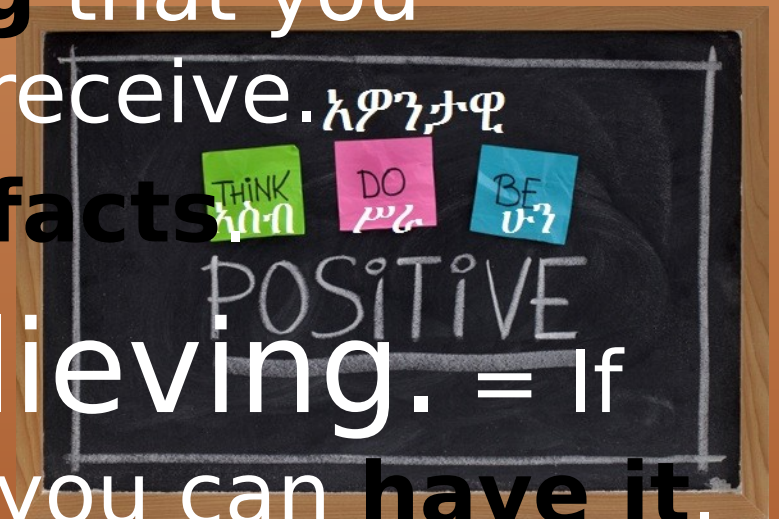
Cause and Effect!
Cause = Thought
Effect = Manifestation.



To get your desired effect

You need to adjust the cause which is your thought.

- If you **ask believing** that you **received** you shall receive. አዎንታዊ
- **Thoughts** Become **facts**. THINK አስባ DO ሥራ BE ሆን
- **Seeing** is **Believing**. = If you can **imagine** it you can **have** it.



WHETHER YOU
THINK YOU CAN,
OR THINK YOU CAN'T,
YOU'RE RIGHT.

(HENRY FORD)

How do you know your thoughts?

- Your emotions tell what thoughts you have
- For success you need positive thoughts.



Feelings:

1. Love
2. Joy
3. Hope
4. Passion

Feelings:

1. Hate
2. depression
3. Envy
4. Anger

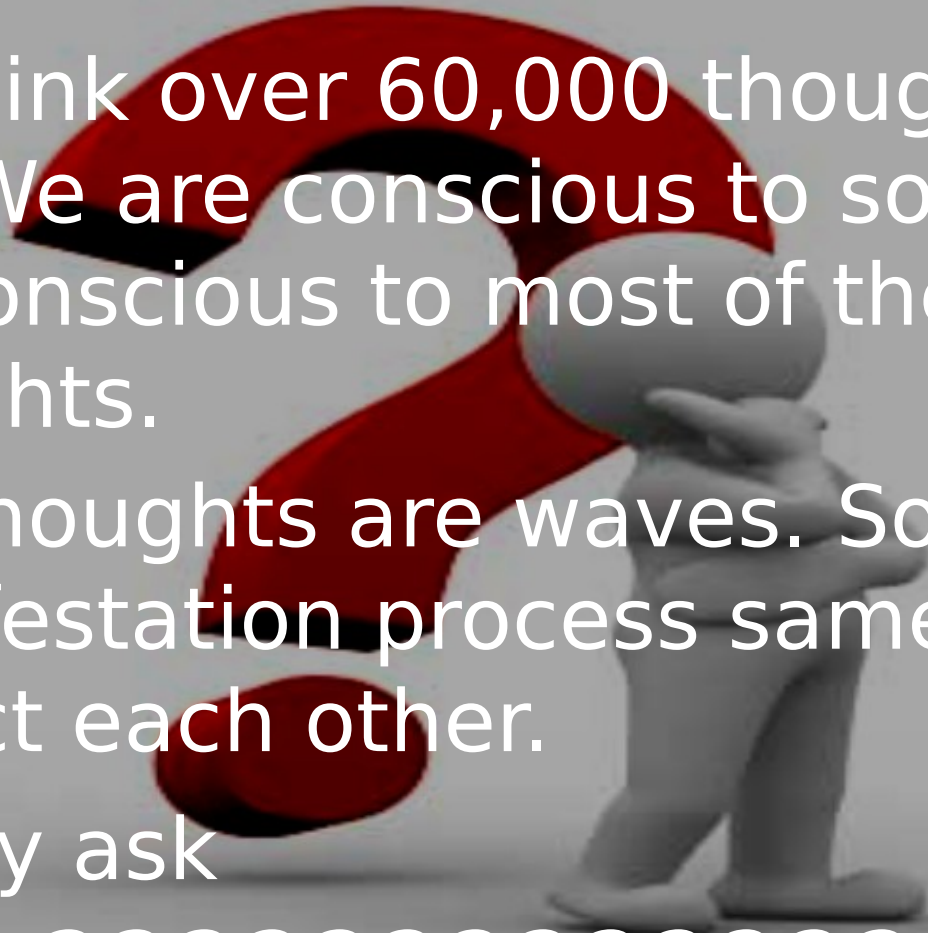


Our Mind

- We think over 60,000 thoughts per day. We are conscious to some and not conscious to most of the thoughts.
- Our thoughts are waves. So in the manifestation process same thoughts attract each other.

You may ask

How????????????????

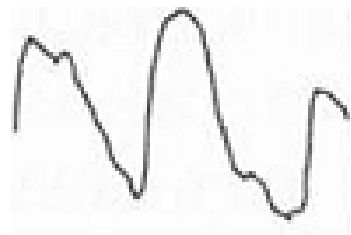


So the Answer is

- How does gravity attract you down???
- You know it because if you jump from above sth. You fail.
- So same is with thought if you do the following steps in every part of your life, you will 100% get the results.

The mind

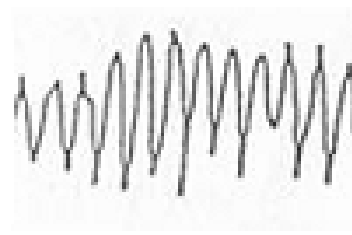
- Our thoughts are measured:
 - Beta, Alpha, Theta, Delta



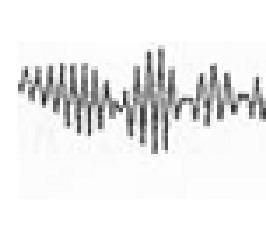
Big "Delta" waves (1-4 cycles/second) occur when you're in deep, dreamless sleep. Newborns sleep this deep, but few adults do.



"Theta" waves (4-8 cycles/second) occur when you're in dreaming sleep (REM). Theta is the goal when you meditate or use self hypnosis.



"Alpha" waves (8-12 cycles/second) are when you're relaxed like day dreaming or watching tv. Low Alpha is that pre-sleep or almost awake drowsiness.



"Beta" waves (12+ cycles/second) are the awake state. They vary from low beta states to mid range normal functioning to high beta fight or flight and panic attack emotions.



I want to get something but I end up getting the negative WHY?

- Remember the key to success is IMAGINATION.
- So you get what you repeatedly think not what you want.
- If you are afraid that means you are thinking about what you don't want.
- If you have doubt that means you are thinking about failure.
- You are what you think.

ATTITUDE
IS A MAGNET

WHAT
YOU THINK
is what you
ATTRACT

How long does it take for my thoughts to manifest?

- The time depends on:
 - how often you keep your thoughts
 - How far are you from negative thoughts
 - How clear are you on the mental pictures or thoughts.
 - How deep do you feel it.
 - But the result is 100% guaranteed.
 - So the steps we are going to see shall give you the way how to increase all the above.



Which area of my life can I apply it?

- In every part:
 - In getting what you want and solving the problems you are facing.
 - Family: marriage, love, relationship.
 - Knowledge: in your education, and reading habit.
 - Health: exercising, nutrition, body weight,
 - Wealth: Income, property, asset, House, car,...
 - Social: Friends, communication, skills, etc...
 - Spiritual: belief, prayer, divine communication, ...
 - Purpose of life: vision, satisfaction, happiness, ...



Where attention goes... energy flows...



AVERAGE NEW-GRAD
SALARY: \$27,000

AVERAGE STUDENT
DEBT: \$27,253



Success Key: Imagination

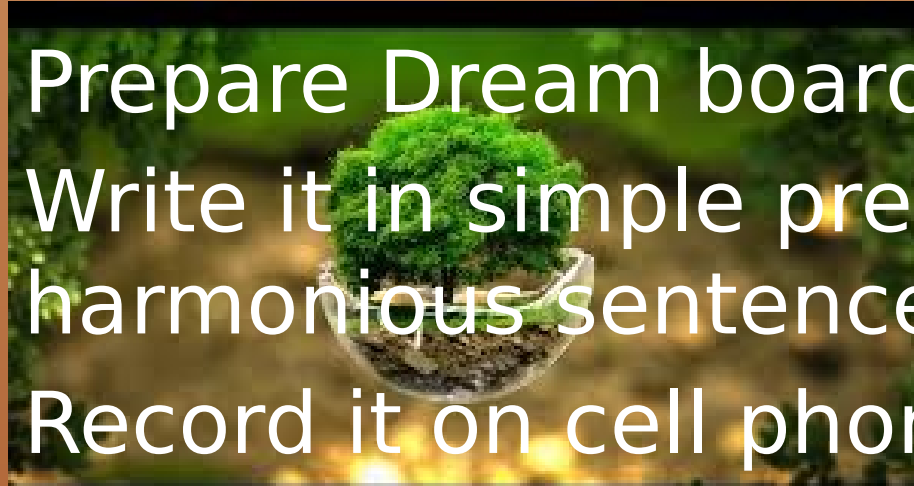


STEP 1:

KNOW WHAT YOU WANT CLEARLY.

1. Prepare Dream board.
2. Write it in simple present and harmonious sentence.
3. Record it on cell phone/ laptop. . .

(Knock and it shall open, Ask and you shall be given, look for and you shall get.)



Powerful point

- ሰው በልቡ እንዳሰበው እንደዛው ነው።
- For as a man thinketh in his heart, so is he.
- (proverbs 23:7)

Success Key: Imagination



STEP 2:

Focus on what you want consistently.

1. Daily Visualize your Dream board and feel it as if you have it now. Do this before you sleep and when you wake up
2. Rewrite the paragraph you wrote daily.
3. Write 50 positive ideas about yourself daily.
4. Before you go to bed play what you've recorded and go to sleep your subconscious listens.

(Faith it till you get it. If you believe you can achieve, Your faith heals you)

During the day time

- When you face some negative people or experience and if you either see or speak or listen or think any negative then immediately do **AUTO SUGGESTION**.
- If you jump a day or on of the steps once don't blame yourself just keep on doing it when you remember.
- But be serious on this as it changes your life for sure.
- Borrow the amazing power of PRAYER (Gratitude)

SUCCESS KEY: IMAGINATION

STEP 3:

Accept Manifestation:

1. **Have a working plan** towards your goal and be active every day.
2. **Understand manifestation.** Remember “HOW IS NONE OF YOUR BUSINESS” So your plan may be forced to change. It usually does. Then why do we need plan??
3. **Be receptive:- don't fight** events just accept. Every people and event that come to you after you start this process is only to help the manifestation of your desired result. But at face value it may not seem so.

Remember

- If you think negative or positive it doesn't matter it will manifest.
- So what are the things you are unhappy with today in your life? (list at least 3 of them)
- What result do you want to have in that area of your life? (write it down)
- So follow the 3 Steps and enjoy life!!!

BE A RECEPTIVE PERSON

- **Being receptive requires:**
 - **Giving** your time, energy, effort,... when requested by others from whom you get no financial or any other material benefit. (This usually comes right after you start to do the aforementioned steps)
 - Some people call you, some events happen, some seem to protect you not to do what you intend to do. So be receptive don't fight it.
 - Be a **strong worker** daily. (Opportunity dances with those who are on the dance floor)
 - **FUN** is the best way to be receptive.

My Testimony!

- My Wife.
- The Business I do now (MLM)
- My income.
- My international travels.
- My x-friends.
- My 1st house.
- My market expansion.
- My Level 8* in my MLM business.
- My Love life with my wife and kids.
- Genuine World
- What's yours??????????????

Assignment

1. List Down at least 10 things you want in life.
2. Write them in simple present tens.
3. Prepare a dream board for it.
4. Prepare a gratitude journal.
5. Record the paragraph with your voice
6. Daily:
 1. Visualize your dream.
 2. Read the paragraph.
 3. Write the paragraph.
 4. Listen while sleeping what you've recorded.