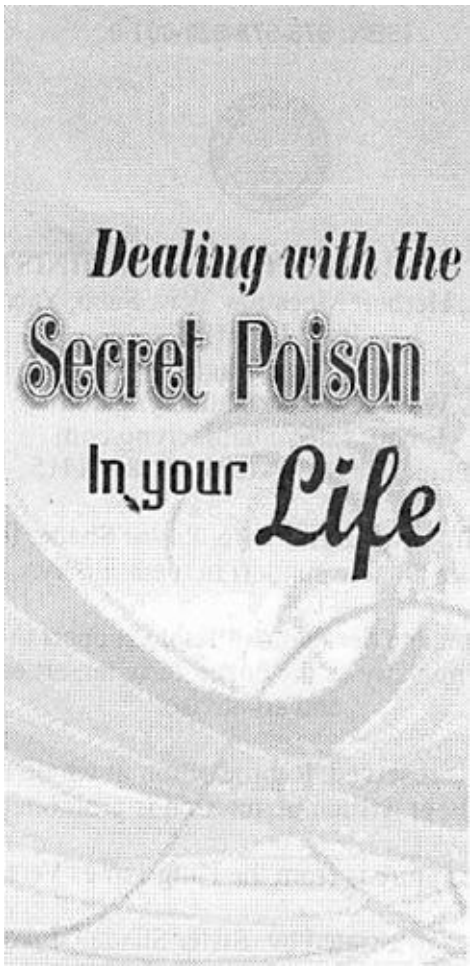
Dr. D. K. Olukoya

Dealing with the Secret Poison in Your Life




Dealing with the
Secret Poison
In your Life

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DEALING WITH THE SECRET POISON IN YOUR LIFE
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All Scripture is from the King James Version.

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Chapter One

Dealing with the Secret Poison in Your Life

> ***He is the one who told us about the great love for others that the Holy Spirit has given you. Colossians 1:8***

God has a divine agenda for every individual. His programme for your life is unique and different. That is why, sometimes, it is very wrong to compare yourself with another person. Your destiny is a unique destiny and you also have a unique life. Right from your mother's womb God hew that a time would come when you will come before Him and worship Him. God knew the kind of person you could become in life.

There is nothing you are experiencing now that *God* does not know about. If you have a secret poison in your life, and you do nothing about that secret poison, that same secret poison would do nothing about your life. A lot of people are lamenting presently. Many have lost their lives because of their own carelessness.

A RESEARCH

Sometimes ago, I went to the cemetery with my colleagues on a particular Friday to carry out a research. When we got there at 8:00 am, we discovered that between 8:30 am and 6:15 pm we recorded 79 corpses. I was moved and called upon one of the attendants in the grave yard and asked him why people were dying like that everyday. He then told me that this is a small number, that between 8:00pm and 4:00am,they record about 1000 corpses from several places. Most especially the young ones. Unfortunately, that is not God's will for their lives.

Whatever you call yourself is insignificant, because very soon that label will be removed and we will know if you are original. If you have n secret poison in

your heart and instead of going to cry to God in prayer to remove that secret problem, you refuse, you may die with the problem. It is true that God can do all things but there are certain things in your life that require your personal effort. God will not come down from Heaven to do it for you

> ***Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: Malt. 7: 7***

THE POISON

If there is a secret poison in your life, you must discover it and do something about it. Get rid of any poison which can take you to an early grave. You can't continue in sin and expect God's protection over your life. A lot of people come to the Church with secret sins. The Bible says "God is not mocked". Whatsoever, a man sows, so shall he also reap! You must always prepare yourself to meet with the Lord everyday. One of our great fathers in the Lord said you should prepare yourself ready as if you will die today because anything can happen at any time.

You might come to the church pretending. You might be working fervently for God and even be the best in everything but that is not what we are talking about. People might look at you as the best, but you how there is something very terrible within you. Instead of you to ask God for assistance, you are pretending. God knows how weak you are.

ACTS OF INDISCIPLINE

Every act of indiscipline in your life will give the enemy more grace to attack and torment you. Tile devil has his agents all around. Sometimes these agents do come to church. But if you manifest any act of indiscipline it means you want God to forget you. God can forget people. God's protection was on King Saul but because of his indiscipline God left him.

You need to check out any secret poison in your life. You need to sit back and subject yourself to through examination. It is possible to know how to preach, pray and fast but that does not mean you are ready for the kingdom of God. Judas was religious but he lost out at the end of She day. If you pretend that all is well when nothing is well you are deceiving yourself. Failure to work on

yourself attracts the anger of God.

ELI'S EXAMPLE

Eli attracted the anger of God against himself because of the waywardness of his children and he was rejected by God. You must be ready to defeat every secret poison in your life. You must not allow that secret poison to destroy you. Elijah the prophet of fire had a servant called Elisha. The Bible recorded that Elisha came from a wealthy home. He was a rich young man. All of a sudden when Elijah was passing by one day something instructed him to follow him. He abandoned the wealth of his family and ran after the poor prophet:. Elisha discovered something in the Life of Elijah something that will promote his destiny.

God is looking for people who have foresight. No wonder, Elijah told him that if he could see him when he would be taken up, then he would receive power. Elisha's commitment made God to open his eyes and he saw him. Many of us have the opportunity of receiving the double portion of Elijah's anointing but there is one secret poison in our lives that is hindering that.

THE SPIRIT OF GEHAZI

I am sure many of us still remember the story of Naaman in the Bible. When Naaman came to meet Prophet Elisha, Elisha did not even bother to come down to see him. He simply requested for his problem and instructed him to deep himself in rivet Jordan seven times. Prophet Elisha knew that there were some healings powers in that water that was capable of healing Naaman. Naaman went and his problem disappeared. Unfortunately, Elisha's servant Gehazi ran after money. No wonder the Bible says 'He that giveth himself to pleasure is dead while he is still alive". When Elisha asked him where he was coming from he told another lie which was another secret poison in his life. Instead of him to have owned up and pleaded with the prophet to pray for him, he told another lie.

Elisha told Gehazi that his eyes was following him and that he saw him when he went to collect the gift that was rejected from Naaman. He told him that the leprosy that left Naaman would cleave unto him and it happened immediately. His generation was also cursed.

GENERATIONAL PROBLEMS

Beloved this is what secret poison does in a person's life. If you fail to do something about your secret poison it would affect generations to come. That is why it is important for us to pray fevently. God is always ready to assist you. But if you are the kind of person that pampers your weak points or your secret poison you cant move far especially in the school of Gad. God is looking for people who are willing to do away with that weak poison in their lives. God is looking far people who want Him to increase in them and let the flesh decrease.

THE PARADOX OF LIFE

I remember the story about a pastor who went to minister somewhere with his secretary. The pastor had a bladder problem and he could not control his urine. As the pastor was inside his room, and the female secretary in a separate room. By the second day the man was wet. He panicked on how to handle it. He then decided to call the secretary so that she would tell them that she was the one that urinated. Fortunately, she agreed. As he was on his way the spirit of God instructed him not to! do that. God told him "Let the whole world know about your problem." That was the only way through which you can be healed. We tried to argue it with God but God insisted that that was what he must do. He went back and told the sister to go that he was going to handle it. He owned up.

As he was narrating his problem to his congregation and as he was ministering the power of God came upon him and he was delivered. However, the question is how many people can do that? If you hide that secret poison knowing fully well that there is someone who can help you out, it will destroy you.

Some people inherited their own secret poisons. Others went to the market to buy it. God will deliver us in Jesus name.

SECRET POISONS

What are the likely secret poisons in people's life?

1. **Sin:** Every act of sin in your life is like you are limiting the power of God and you are limiting your destiny. It will prevent God's power from getting to you. Sin is every act of unbrokenness, Brokenness is very important.

That is why the word of God said we should humble ourselves always. Sin is any act of indiscipline in your life. It is the idol of your heart. Sin is that thing you are doing which you don't want any body to know about. Sin is all acts of unrighteousness in your life. God is a righteous God and if you must please Him, you must go before him with a righteous heart.

2. **Lust of the heart:** If the devil can control your heart then he will control your destiny. If satan cannot control your heart then your destiny remains untouchable. If God must answer your prayer it must start from your heart. Your heart must be a clean heart. No wonder David said "Create in me a clean heart. A new heart and mind is needed far you to work in the realm of signs and wonders. That is why it is very important we surrender our hearts to God. The Bible states that God created us in His own image. This means, we must think the way God thinks. We must have God's wisdom and understanding in our lives. Every unclean thing in your heart will hinder your prayer. A lot of people pray today without receiving answers because their Heart is terrible and dirty. Some heart need the Spirit's cleansing.
3. **Evil thoughts:** Every evil you practice or nurse in your heart will give the enemy more room to attack you. You must stop thinking evil. Think positively. Let the joy of the Lord always envelope you.

We must allow the anointing and the spirit of God to envelope and empower us. Evil thinking cannot come from the Lord. You need to reject evil thoughts with perfect hatred. God says it is well with you.

Everything that says it is not well must be your greatest enemy in life. What you need to do is to wage a war against such spirits other-wise, that evil spirit will capture your destiny.

Any spirit that keeps on telling you that you will never make it in life is your greatest enemy which you need to address. If you still think of your past mistakes and experiences it is because there is an enemy that wants to limit your success in life.

THE SECRET GRUDGE

A woman came for deliverance after which we were forced to instruct her not to come for deliverance again. This is because, when we checked our records she had attended 28 deliverances on the same problem in 3 months. But as she was

going God spoke through one of our ministers telling us not to allow her to go like that because she was going to die. Then we called her and pleaded with her, we asked her where she was going then she said that she was on her way to kill herself. She said if ministers of God could reject her there was no point living.

After pleading with her, we asked her to explain how, with all the deliverances she had gone through, there was no solution to her problem. Then she told us that each time she was at the deliverance ground she used to remember the day 17 armed robbers came to her house and all of them raped her and she vowed never to forgive them. The enemy was using her past experience against her. Thank God for the information she provided which we worked on. Two days later, on the same deliverance ground, the Lord delivered her.

You need to be serious with God. There is a price to pay, if you must reign with Christ in heavenly places. The price you must pay is that you must be serious with God. You must pray to eject all the secret poisons in your life.

Chapter Two

Breaking Bad Habits

> ***I am crucified with Christ: nevertheless I live; yet not I but Christ liveth in me: and the life which I know live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me. Gal 2:20***
>
> ***For that which I do I allow not: for what I would, that do I not; but what I hate, that do I. If then I do that which I would not, I consent unto the law that it is good. Now then it is no more I; I that do it, but the sin dwelleth in me. For I know that in me (that is, in my flesh,) dwelleth no good things: for to will is present with me; but how to perform that I would I do not: but the evil which I would not, that I do. Now if I do that I would not, it is no more I that do it, but sin that dwelleth in me. I find then a law, that, when I would do good, evil is present with me. For I delight in the law of God after the inward man: But bi see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! who shall deliver me from the body of this death? I thank God through Jesus Christ our Lord. So then with the mind I myself serve the law of God; but with the flesh the law of sin. Rom 7:15-25***

Life is filled with habits some of which are good and some of which are bad. Man himself is a creator of habits. In the course of our development, *we* have managed to acquire a lot of habits. Many habits are innocent and of little consequences to our lives. However, when we get born again, we renounce a life of sinful activities. But many Christians find it difficult to forget the old habits and forsake former patterns. A habit can range from facial mannerism to some thing as deep as character weakness. It can involve something as simple as putting the left shoe on first, to something as serious as drug addiction.

The purpose of this book is to examine the secrets of breaking bad habits as well as offer the steps to freedom, What we have said so far is that man has habits and some of them are dangerous while some are innocent, Some can be referred to as destructive habits.

THE POWER OF HABITS

A habit is a pattern of behavior acquired by frequent repetition. A person continues to do a particular thing over and over again until it becomes part and parcel at him. A habit is an established practice or a manner of behavior. It is something, which you have planned to do unconsciously and often compulsively. A habit is an addiction, a custom and an attitude. It is an inclination to something.

The bottom line is the fact that there are habits in our lives which can constitute a weakness, Human beings are born with some traits and behaviours. Some of these traits are good while some of them are bad, These traits and behaviours are generally inherited and they can destroy a human being unless they are disciplined and directed.

Many Christians have been put under spiritual chains because of their failure to manage these traits. The Bible says:

> ***For we know that the law, is spiritual: but I am carnal, sold under sin. For that which I do I allow not: for what I would, that do I not; but what I hate, that I do. If then I do that which I would not, I consent unto the Law that it is good. Now then it is no more I that do it, but sin that dwelleth in me. Romans 7:14-17***

These traits which we have inherited in one way or the other, brought consistent weakness in our lives. If you will move forward, you need to Identify and deal with these things.

THE REASON FOR BAD HABITS

But the joy of it all is that all these habits and weaknesses can be changed. Satan knows our major weaknesses and he will use his power to defeat us if we continue in those weaknesses. Satan is very happy when he sees a believer

defeated, everyday, by one particular habit. One of the tragedies of the Christian faith is that many Christians do not see a complete transformation of their behaviour before they die. Although they might be born again, attend Church services frequently, read their Bibles faithfully, yet they have not conquered those habits.

When you get born again, you will receive a divine nature which has the capacity to cause old things to pass away. But because many Christians don't abide in Christ and many Christians don't like to live a principled life, they never get transformed completely all their lives. Many try to hide this eternal weakness and put up a false impression before men but it does not work out that way.

> ***For I know that in me (that is, in my flesh,) dwelleth no good thing: for to will is present with me; but how to perform that which is good I find not. For the good that I would I do not: but the evil which I would not, that I do. Romans 7:18-19***

If you decide to probe into your own life to identify the weakness there God is already going to places with you. That is why somebody said if, by the grace of God you are able to control your appetite, temperament, words and desires God can take you to my length.

BAD TRAITS

Many people are very restless. They find it very difficult to sit down and read the Bible. One demonic power which the black man has to fight is the spirit of restlessness. A white man can sit on a chair, crass his legs, pick up a book and for the next three hours read that book but very few black people can do that. Our concentration rate and range is very low. But most people can dance for over two hours non-stop. These are the problems of the black man.

Restless people never find God. You need to move from where you are to where God wants you to go. The Bible says:

> ***Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them. Psalm 39: 6***

You cannot go from where you are presently to where God wants you to be

without a change, Some get easily excited as this is the spirit of restlessness. Some people find it very difficult to meditate on anything for a longtime. This is a very bad and destructive habit. Some move from one thing to another without really settling down on anyone. This is a very bad habit.

CHARACTER WEAKNESSES

Some people have very weak will. They are easily influenced to do the wrong thing or the right thing. Anything in their mind is so easily bent. Their will is so weak. The power to say no, many years ago, has led to what they are suffering presently. If you have a weak will you need to know that it is a very terrible habit.

Some people also have total internal indiscipline. They have no control over their hearts at all. Their hearts just wander about. This is a destructive habit and such people never grow. Some people are very good at formulating ideas. They are very good at rushing to start many things but for them to finish is a problem. They have a poor finishing problem.

POOR FINISHING

Many years ago when I was a young boy we had a football team. We had a brilliant forward player at that time, whose name was Okanlawon. He played at the centre forward. Once Okanlawon got the ball, he would begin his dribbling exercise and people would be clapping and hailing him and shouting his name. After dribbling everybody and he gets to the goal post, he would just shoot the ball over the bar. There are some people like that who start things, but never finish well.

If you keep on pampering yourself, you will not move forward. Many people pamper themselves and are even looking for ministries that would pamper them. Some of them are sometimes pampered out of the way of life into the way of destruction. If you have a poor finishing problem, you will start something but end up not finishing it. You need to know that such is a destructive habit that needs to be dealt with ruthlessly by you.

If you love to please people and you prefer to do what everybody would like and not what God wants it is a very bad habit. If you know that you cannot do

anything or finish anything unless there is a serious pressure on you, it is a very bad habit.

This habit has pulled many people down. A lot of people do not operate until pressure comes. Acting as a result of pressure is purely a bad habit. You must get rid of such habits today. Allow the power of the Holy Ghost to break the strongholds of unhealthy habits.

Chapter Three

Identifying Bad Habits

I taught Biology form any years in a secondary school. On a particular week, I happened to be one of the masters on duty whose work was to ensure that the school resumed and dosed on time and that all the students were in class when they were supposed to be there. It was also part of my duty that week to check the toilet and ensure that no one was hiding there. That day, as I was going round I saw the head of somebody inside the toilet. But when I looked below I did not see his legs. I was surprised.

I tried to open the door but it was firmly locked. Then when I took a proper look I discovered that the boy was standing on the toilet and stooping on it and was reading a letter. He was so engrossed in the letter that he was oblivious of my presence. I put my hand inside the toilet and took tile letter. At that point, the boy screamed my name out of shock and jumped down from the toilet. I had not started reading the letter when he started crying. Then I discovered that he was reading a love letter written to him by his girl friend. In fact he was a class ahead of the girl.

STRANGE BEDFELLOWS

I instructed him to go and bring the girl which he obeyed and brought to me. Then I asked to know who wrote the letter and she told me she was the one. Then I asked her if that was what she was sent to do in school. Then she told me that the boy was also writing love letters to her and she was going to bring them to me. Then she brought the ones the boy wrote to her and showed me.

DESTRUCTIVE HABITS

I discovered that the content of his own was by far worse. I told them I was going to report them to the principal. On hearing this, both of them began to roll

on the floor and started begging me not to do so. Then I told them that I was not going to take the matter to the principal on the condition that they were going to show me their last report card. They brought the report card. Then I discovered that the boy writing 'Ocean of love and garden of love' was promoted on trial. The girl too was not doing very well.

Then I told them that I would not take up the letter on one condition which is that they should be amongst the first five best student in their respective classes. They thanked me and told me that it was a deal and they left. At the end of the term, the boy who was writing rubbish came third while the girl came fifth, Are you like these people?

Do you discover that you don't really move until something is pursuing you? It is a terrible habit which you need to change. Some people do not pray until the Devil comes in, some don't read until there is an examination approaching.

Are you undependable? Do you find it difficult to keep to time or meet dead lines? Or, you have become a habitual late comer? It is a habit, a very terrible one which must be changed.

SELF DESTRUCTIVE HABITS

Do you like to dominate others? Anywhere you are, if you are not in charge you loose interest. It is a bad habit. If you pray dangerous prayers for instance, if you are asking God to give you a husband but the type that would strictly obey your instructions and the type that does not have a mother, it is a habit which you must break.

Have you discovered that anywhere you are and there is a conversation you would want to dominate the conversation? Then you need to destroy such an habit. Do you talk more about yourself and give unnecessary deep details about yourself? It is a bad habit. If you are never far from tears and you are easily discouraged you need to break that habit. The Bible says:

> ***Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! James 3:5***

EMOTIONAL HABITS

If you are emotionally unstable, sometimes you get really mad and angry and later you now cool down and people would wonder if you were not the person who got angry and flaired up just now. So when you are approaching people they never can tell weather you are coming to shake their hands or slap them. It is a very bad habit.

Some people may do terrible things and later go back to be broken. As Christians they repent over and over again over the same issue. Some people also have very deep problems with lust and they are easily tempted. They frequently get into temptation and later put up a false posture.

There are some people who like to give orders and instructions. All these are habits and weaknesses which we need to break. We need to pin point and deal with them.

YOUR HABITS AND YOUR CHARACTER

Jacob was a deceiver. He was a sup-planter and a very manipulative person. If Jacob thought that he was a manipulator, when he met Laban he met more than his match, Laban dealt with hint thoroughly. Jacob ran away from Laban, confronted the Angel and they started fighting. The first place the Angel touched was the hollow of his thigh so that the long leg with which he deceived people could be broken. It is significant that it is that place that got broken which meant that God was pin pointing deception in his life.

> ***And Jacob was left alone; and there wrestled a man with him until the breaking of the day. And when he saw that he revailed not against him, he touched the hollow of his thigh; and the hollow of Jacob's thigh was out of joint, as he wrestled with him. And he said, Let me go, for the day breaketh. And he said, I will not let thee go, except though bless me. And he said unto him, What is thy name? And he said, Jacob. And he said, thy name shall be called no more Jacob, but Israel: for as a prince hast though power with God and with men, and hast prevailed. Gen 32:24-28***

Your habits constitute your character; your character is an accumulation of the totality of your habits. All these negative things that you don't control will eventually become terrible habits. Habits can push or pull you down.

Although to overcome habits can be very difficult, we need to wage war against them and see that they bow to the Hood of Jesus. There are some habits that arc in the Heart, such as anger, arrogance, criticism, disrespect, envy, fear, greed, jealousy, lust, materialism, prejudice, deceitfulness, selfishness, stubbornness and worry. These arc habits inside the heart that cannot be read from outside. There are also some hidden habits like time wasting, gossiping, gambling, forgetting important things, competing, arguing, and procrastination etc, these are habits that can destroy completely.

Sometimes, we try to use a sledgehammer to crack a nut. Unfortunately, many of us think that every problem can only be solved by hot prayer and fasting, hot confession and hot deliverance, but this is not so.

THE POWER OF SELF CONTROL

Many Years ago a woman went to a native doctor and told the native Doctor to give lies a very powerful voodoo called 'juju' which would make her husband to like her. The herbalist told her that he was going to give her the mast powerful 'juju' which he had but that she should promise him that she would obey the instruction and she promised she would. The herbalist gave her a stone and instructed her !that when she got home and her husband started talking she should quickly dash to where the stone was, put it in her mouth and hold it firmly there without saying a word until her husband finished talking.

She went home and did as the herbalist instructed her to do. Her husband rained abuses on her and her parents but she did not answer. Each time she was about to answer, she would rush for the stone and put it in her mouth. After one week her husband discovered that he was shouting like a mad man arid no one was responding. He said to himself that his wife had changed and he needed to apologize to her. He apologized. That was the end of the quarrels and the fighting. The woman went back to the native doctor with a huge amount of money thanking him for his juju. But to her surprise, the herbalist rejected the money and told her that to be quite honest with her he didn't give her any juju but what he did was to teach her how to keep her mouth shut. She was taught an unforgettable lesson on self control.

Have you identified some bad habits in your life? Have you discovered why such habits have gained ground in your life? Have you discovered steps to freedom from bad habits? You must experience total freedom today.

Chapter Four

Dealing With Destructive Habits

When a habit is going to destroy somebody and such a person seems not to be able to deal with it, it has a destructive power. It cart pollute, defile and limit the presence of God in such a person's life.

There are some people to whom compassion is foreign; they have no mercy for anybody. They don't care about people who are dying or perishing. They have no caring heart. It is a bad habit. Some people are never sympathetic towards others. Any time they feel that something has gone wrong is only when it affects them personally. Some people have a violent anger and they can even destroy their own properties.

A woman came to tell me that she was packing out of her matrimonial home because whenever her husband got angry he would go to the door and start knocking his own head against the door. She said sometimes the man would hit his head on the door so hard that his head would be bleeding. After he has done that, then he would handle her; it was trouble.

BITTERNESS AND CRUELTY

There are some who are very revengeful. They would go to any length to retaliate anything. You need to check your life. Perhaps you are that kind of person about whom people are very happy and always rejoicing each time you are not around because of your anger and unfriendliness.

Do you habour bitterness and wrath in your soul and you are praying with that in your heart? It is a bad habit.

> ***But if ye will not do so, behold, ye have sinned against the LORD: and be sure your sin will find you out. Numbers 32:23***

Do you discover that you don't mind being cruel to others in order to have your way. It is a bad habit. Several Years ago, at a popular Lagos bus stop, there was a man who was selling fetish things. The man was well dressed and looking good but what he was selling was completely opposite to his dressing. The words he was uttering were so horrible. I was amazed to see a human being saying what he was saying. He was saying things like 'If one man's life does not spoil another man's life will not be good. So, if you want to move forward these are fetish materials to spoil other people's lives *so* that you can move forward. He went ahead and said "Do you notice that your wife is richer than you? there are padlocks here to lock her up".

To my amazement Lagosians had surrounded him and started patronizing him. In fact one man wanted to buy a padlock to padlock his wife but the man told him that once that padlock is used it is irreversible. This was what halted him from buying the padlock.

CROOKED DEALS

Do you not mind resorting to any crooked means to achieve success, even if it demands you telling a lie? Would *do* all these things in order to have success?

Someone was caught at the immigration in Ireland. She was dressed like a believer. Air travelers were not supposed to bring in Alcohol but she had cartons of alcohol in her luggage. When they discovered it, they asked her why she brought in alcohol, but she denied it that it was not alcohol but water. They now opened it arid it bubbled out. It was alcohol. The lady quickly said she was sorry that she didn't know that she had prayed for the water to become wine. This was somebody who was wing to use the scripture to have her cruel way.

> ***Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting. Gal. 6:7-8***

If you are very proud and stubborn and you find it so difficult or hard to apologize, it is a bad habit which has to be broken if you must move into your destiny. Do you utter cruel, crude and terrible statements that can harm people? You need to break yourself loose from such terrible habits.

CARNAL HABITS

If you notice that you do not appreciate any kindness that someone has done to you. You need to pray against it because the Bible says being an ingrate is a wicked habit.

Are you the type of person that looks for someone to blame each time something goes wrong. You have never pointed a finger at yourself to own up or accept the blame. It is a bad habit.

Do you misuse other people's money that gets into your hand? You need to pray against that habit. One man came to see me several years ago. We prayed fervently for him and God told us that the man was a thief. I was shocked God said that the man had stolen money from somewhere and that I should tell him to go and return it and that was why his problem had not been solved.

We called him and told him. But he said that he was not a thief but the only thing he remembered was that he was the treasurer in the Cherubim and Seraphim church before he got into MFM and that all the money they gave to him to keep before he left the church he spent it. We told him to go and return their money. But he wondered why he should return their money when they were not serving God but the Devil in that church. But we insisted until he returned it.

EXAMINE YOURSELF

When you steal other people's things and you want to be wealthy with the wealth of sorrow, it is a habit which must be broken, if yon are over concerned with what people say about you it is a very wicked habit.

Are you very sensitive? You are easily sophisticated and get upset with any small thing you need to drop that habit.

Are you very suspicious of people and you are afraid of everyone and you believe that all the old women and old men are witches and wizards, you need to break such an habit.

Have you made up your mind that things are not likely to improve? You need to go straight and face what you should face in your life instead of beating about the bush. Do you avoid taking risks because you are afraid of making mistakes

and as such you don't move forward or you are always highly critical of others and their actions? You need to destroy such habits.

> ***If the clouds be full of rain, they empty themselves upon the earth: and if the tree fall toward the south, or toward the north, in the place where the tree falleth, there it shall be. He that observeth the wind shall not sow; and he that regardeth the clouds shall not reap. As thou knowest not what is the way of the spirit, nor how the bones do grow in the womb of her that is with child: even so thou knowest not the works of God who maketh all. In the morning sow thy seed, and in the evening withhold not thine hand: for thou knowest not whether shall prosper, either this or that, or whether they both shall be alike good. Eccl 11: 3-6***

Destructive habits will hamper your spiritual growth, affect your chances of well being and reduce your chances of fulfilling your destiny. Do not allow any destructive habit to destroy you. Rather than allow certain habits to destroy you, you must destroy the habits today.

Chapter Five

Steps to Freedom

Are you pathologically lazy and you don't like to do anything that would make you sweat? It is a habit that has to be broken. Do you like day dreaming or you find if so difficult to forget an insult? It is a wicked habit which must be broken.

Are you the type of person who can destroy a thing because you don't like the person using it? You need to pray and destroy this bad habit.

Are you always the last to lend your hand, when help is needed? It is a wicked habit. Are you very selfish? Do you think of yourself only, all the time? It is a wicked habit which you need to break. Do you find it difficult to participate in anything unless you can get some financial benefits? Then it is a wicked habit that needs to be broken. Do you bite much more than you can chew? Do you refuse to cut your coat according to your size? It is a bad habit which must be broken.

A mature person is someone who recognizes his weakness and takes mature steps to correct them. It is possible to be filled with the spirit and manifest spiritual gift but when there is a terrible weakness in the habit and you don't break it. It will show you need to frankly make a list of all these habits and break them.

HOW DO WE BREAK THESE BAD HABITS?

1. Be sincere in your genuine repentance. You must be sorry for what you are doing.

2. You must surrender yourself to the ministry of deliverance. That is why you need to make a list of your weaknesses and work on them one by one.

3. Realize that Christ lives in us.

4. Strive for a change, Don't give up.

5. Be filled with the Holy Spirit, There is no vacuum in nature, as far you are not filled with the Holy Spirit, you must be filled with something else.

If you put an empty cup on a table, scientifically and truly speaking that cup is not empty. There is air inside it but if you put water in it what the water will do is to displace the air

6. You must apply the cleaning power of the word of God.

7. You must bring your habits under subjection.

8. You must avoid evil company. Avoid moving about with people who are still weak with their habits.

9. Don't give up.

10. Surrender your body to God.

THE BATTLE YOU MUST NOT WIN

> ***Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, expect ye be reprobates? 2 Cor. 13:5***

We need to examine our lives and get rid of bad habits. Many of us have battles to fight. One of the best sermons I have ever heard in my life was preached in 1976. The theme was **The battle I will not like to win**. The preacher was an unusual person. He came in a very casual manner. Looking at the suit he was wearing it was clear that he had gone to borrow that suit because he knew he was corning to preach in a university campus.

He said headache was challenging him, but he would like to win that. Poverty was challenging him, he would like to win that too. The battle he would not like to win is the battle against the Holy Spirit. This is the only battle we must not fight.

Many of us have battled against the Holy Spirit but the strange thing about the Holy Spirit is that once he begins to struggle with you and he discovers that you don't give in or surrender, the next thing that would happen is that you would get to a place where the Holy Spirit no longer resides with you. He would leave you to be on your own.

When you recognize your weaknesses and you get rid of them, that is maturity. When you pamper your weakness and look for excuses to keep them, you will die as a spiritual fugitive.

You must treasure your freedom. Do not allow bad habits to hold you captive. Work on your bad habits. Get rid of them. Develop good Christian habits. Let your life be enveloped by godly virtues.

Chapter Six

The Bondage Breaker

To discover the areas of bondage is one thing, to break the habits which had put you under the bondage is another, No matter how stubborn a particular habit is, you can break it through the power of aggressive prayer and the anointing of the Holy Ghost. In this chapter we shall address what it takes to break bad habits. The prayer programme had been vomited by the Holy Ghost to enable you break free from bad habits. The strong-holds of bad habits will collapse and the Holy Ghost will come into your life and introduce glorious habits which will enable you to fulfill your destiny on earth. The prayer points shall be divided into three. Each day's programme must be done faithfully, you will surely come up with a testimony.

DAY ONE

Prayer Rain

1. I release myself from every ancestral demonic pollution, in the name of Jesus.
2. I release myself from every demonic pollution emanating from my parents' religion, in the name of Jesus.
3. I release myself from every demonic pollution emanating from my past involvement in any demonic religion, in the name of Jesus.
4. I break and loose myself, from every idol and related associations, in the name of Jesus.
5. I release myself from every dream pollution, in Jesus' name.
6. Let every satanic attack against my life in my dreams be converted to victory, in the name of Jesus.

7. Let all rivers, trees, forests, evil companions, evil pursuers, visions of dead relatives, snakes, spirit husbands, spirit wives, and masquerades manipulated against me in the dream, be completely destroyed by the power in the blood of the Lord Jesus.
8. I command every evil plantation in my life to come out with all your roots, in the name of Jesus! (Lay your hands on your stomach and keep repeating the emphasized area.)
9. All evil strangers in my body come out of your hiding places, in the name of Jesus.
10. I disconnect any conscious or unconscious linkage with demonic caterers, in the name of Jesus.
11. Let all avenues of eating or drinking spiritual poisons, be closed, in the name of Jesus.
12. I cough out and vomit food, eaten from the table of the devil, in the name of Jesus. (Cough and vomit them out in faith. Prime the expulsion.)
13. Let all negative materials circulating in my bloodstream, be evacuated, in the name of Jesus.
14. I drink the blood of Jesus. (Physically swallow and drink it in faith. Keep doing this for sometime.)
15. Lay one hand on your head and the ether on your stomach or navel and begin to pray like this: Holy Ghost fire, bum from the top of my head to the sole of my feet. Begin to mention every organ of your body; your kidneys, liver, intestine, blood, *etc.* You must not rush at this level, because the fire will actually come and you may start feeling the heat.
16. I cut myself off from every spirit of . . . . (mention the name of your place of birth), in the name of Jesus.
17. I cut myself off from every tribal spirit and curse, in Jesus name.
18. I out myself off from every territorial spirit, in the name of Jesus.
19. Holy Ghost fire, purge my life, in the name of Jesus.
20. I claim my complete deliverance from the spirit of . . . (mention those things you do not desire in your life), in the name of Jesus.
21. I break the hold of any evil power over my life, in Jesus' name.
22. Thank God for answers to your prayer.

DAY TWO

1. O Lord, comfort my heart.
2. O Lord, establish me in every good work.
3. O Lord, establish ale in every good word.
4. God of peace, sanctify me wholly, in the name of Jesus.
5. Father Lord, let my body, soul and spirit be blameless unto the coming of our Lord Jesus Christ, in the name of Jesus.
6. Let me be filled with the knowledge of His will, in Jesus' name.
7. Let me be filled with all wisdom and spiritual understanding, in the name of Jesus.
8. Father Lord, help me to walk worthy of, and pleasing to you, in the name of Jesus.
9. Father Lord, make me to be fruitful in every good work, in Jesus' Name.
10. O Lord, increase me in the knowledge of you.
11. O Lord, strengthen me mightily
12. Father Lord, let me be filled with the wisdom and understanding in the knowledge of Christ, in the name of Jesus.
13. Father Lord, let the eyes of my understanding be enlightened, in the name of Jesus.
14. Father Lord, let me be strengthened with might by His Spirit in the inner mall, in the name of Jesus.
15. Father Lord, let Christ dwell in my heart by faith, in Jesus' name.
16. Father Lord, let me be rooted and grounded in love, in Jesus' Name.
17. Lord, let me be filled with all the fullness of God.
18. God, help me comprehend the breadth, length, and depth of the love of Christ, in the name of Jesus.
19. Let the word of the Lord have a free course and be glorified in me, in the name of Jesus.
20. Let the Lord of peace give me peace in all the areas of life, in the Name of Jesus.
21. Let utterance be given unto me to make the mystery of the Gospel, in the name of Jesus.
22. O Lord, perfect what is lacking in my faith.
23. O Lord, perfect your good work in me.

24. O Lord, make me perfect unto your good work.
25. O Lord, enrich me in all utterance and knowledge.
26. Let the grace of the Lard Jesus Christ be with me, in Jesus' name.
27. Father Lord, inject into me spiritual vitamins that will make me spiritually healthy, in the name of Jesus.
28. Father Lord, inject into me spiritual vitamins that will boost my appetite to eat Your word, in the name of Jesus.
29. Father Lord, infuse into my blood, spiritual vitamins that will produce hunger and thirst for prayers in me, in the name of Jesus.
30. Let God inject into me spiritual vitamins that will clear my vision and strengthen its clarity, in the name of Jesus.
31. Lord God, inject into me spiritual vitamins that will sustain me in evil days.
32. Lord God, inject into me divine immunity that will always kill spiritual germs and evil deposits in me.
33. Lord God, inject into me the spiritual energy that will make me to be tireless with you.
34. Lord God, feed me with the foods of the champions.
35. Lord God, boost my energy to run the race set before me.
36. I receive the comforting anointing and power in the Holy Ghost, in the name of Jesus.
37. I receive the unsearchable wisdom in the Holy Ghost, in the name of Jesus.
38. I take the shield of faith to quench every fiery dart of the enemy, in the name of Jesus.
39. I run into the name of the Lord which is a strong lower and I am safe, in the name of Jesus.
40. Father Lord, always make me drink from you everlasting well of joy, in the name of Jesus.
41. Thank God for the new spiritual height He has lifted you to.

DAY THREE

1. Thank the Lord for His redemptive power.
2. Pray prayers of confession of sins and forgiveness.
3. I release myself from all unprofitable friendships, in Jesus' name.
4. I come against the dark powers which have manipulated my friendship with . .

. (Mention the name of the person) and I break their powers over my life, in the name of Jesus.

5. I bind all demonic authorities which Motivated and controlled my relationship with . . . (mention the name of the person) and break their authority and power over my affections, in the name of Jesus.
6. I command all evil remote controllers' to loose their hold upon my affections, in the name of Jesus.
7. I release myself from the hold of every bewitched relationship, in the name of Jesus.
8. By the blood of Jesus, I remove myself from any strange authority ever exercised over me.
9. I remove all evil soul ties and affections, in the name of Jesus.
10. I come against every desire and expectation of the enemy to engage me in any unprofitable relationship, in the name of Jesus.
11. I break every ungodly relationship, in the name of Jesus.
12. I break and renounce evil soul ties I have had or may have had with Secret societies - cults

    Adulterers - family members

    Close friends - organizations

    Husbands - past or present friends

    Acquaintance - wives

    Engagements - doctor

    Clubs - religious leaders

    Social Organizations-preachers, etc., in the name of Jesus.
13. I renounce all hidden soul ties, in the name of Jesus.
14. I renounce, break and loose myself from all demonic subjection to any relationship, in the name of Jesus.
15. I break all evil soul-ties and wash them away with the blood of the Lord Jesus.
16. I remove my-self from any strange authority exercised over me, in the name of Jesus.
17. I remove all mind controlling manipulations between me and any friend or family member, in the name of Jesus.
18. I claim deliverance from any negative affection towards anyone, in the name of Jesus.

19. Let evil affections towards me be wiped off the mind of . . . (mention the name of the person), in the name of Jesus.
20. Praise the Lord for the answered prayer.

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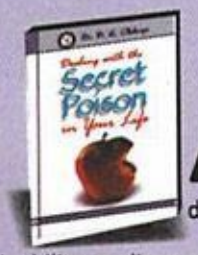

About The Book

Afflictions and sufferings abound today as a result of the secret poison in many lives. Some people are conscious of these secret destroyers in their lives while others are not.

Inability to discover and to deal with these secret poisons have led many to an early grave while many are going down everyday physically and spiritually due to the presence of these things. Any life that harbours these pollutants can never fulfill his or her divine destiny.

The author in this book identifies these poisons, their sources and how to get rid of them so that you can be what God wants you to be.

About The Author

Dr. D. K. Olukoya is the General Overseer of the Mountain of Fire and Miracles Ministries and The Battle Cry Christian Ministries.

The Mountain of Fire and Miracles Ministries' Headquarters is the largest single christian congregation in Africa with attendance of over 120,000 in single meetings.

MFM is a full gospel ministry devoted to the revival of Apostolic signs, Holy Ghost Fireworks, miracles and the unlimited demonstration of the power of God to deliver to the uttermost. Absolute holiness within and without as spiritual insecticide and pre-requisite for heaven is openly taught. MFM is a do-it-yourself Gospel Ministry, where your hands are trained to wage war and your fingers to do battle.

Dr. Olukoya holds a first class honours degree in Micro-biology from the University of Lagos and a PhD in Mulecular Genetics from the University of Reading, United Kingdom. As a researcher, he has over seventy scientific publications to his credit.

Anointed by God, Dr. Olukoya is a prophet, evangelist, teacher and preacher of the Word. His life and that of his wife, Shade and their son, Elijah Toluwani are living proofs that all power belongs to God.

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