ተግባር

ተግባር ሁሉ ከሀሳብ ይጀምራል።

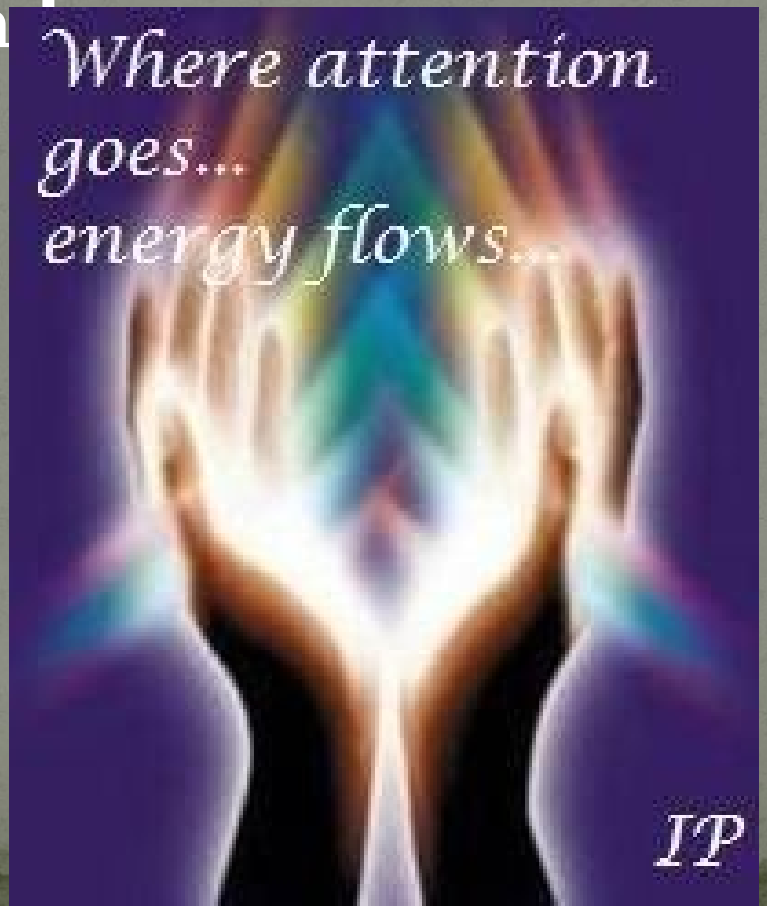
ተግባር

- Action Speaks louder than words.
- Repeated thought……..
- Your action is your direction.
- Vision without action is a television.

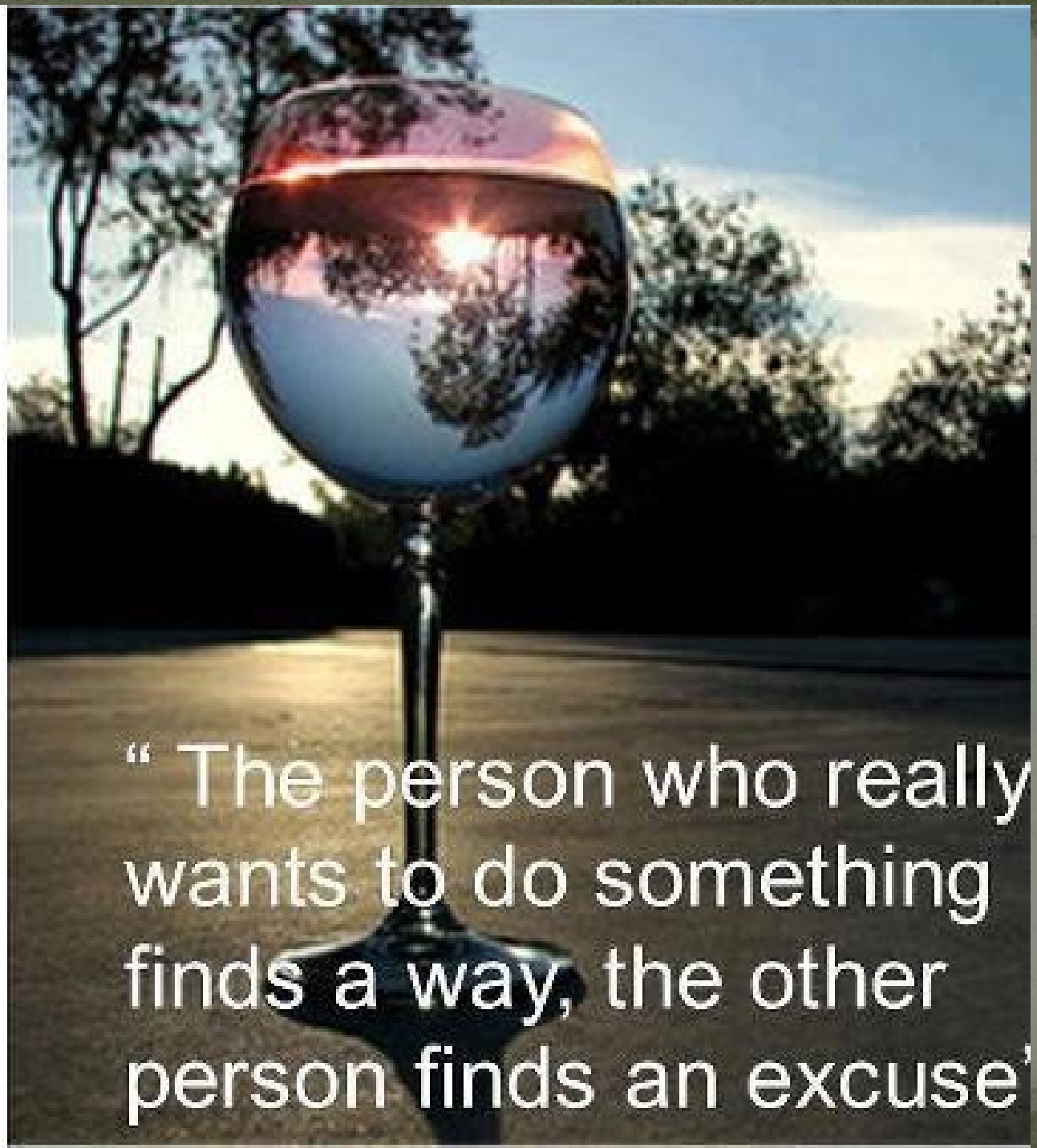


What do you want in Life?

- Do you really want something badly??
- **A person with no strong desire is as good as dea**






“ The person who really
wants to do something
finds a way, the other
person finds an excuse”

ተግባር

- በህይወትህ ከሁለት ለአንዱ ትሰራለህ ለመጀመሪያዎቹ ለመስራት ጠንካራ ስነስርዓቶች አሏቸው ለሁለተኞቹ ለመስራት ደካማ ስነስርዓት አሏቸው የቱን ትመርጣለህ ዛሬ ጀምር

- ፍቅር
- ሰላም
- ምስጋና
- ጤና
- ደስታ
- ሀብት



1. ጥላቻ
2. ስጋት
3. [illegible]ሜት
4. በሽታ
5. ሀዘን
6. ድህ



ሁሉም ስኬቶች በየዘርፉ አንድ መሰረታዊ የዘወትር ተግባር አላቸው

- አትሌት፣ - ሩጫ
- ሳይንቲስት፣- ምርምር

የኦሎምፒክ ተሸላሚ ዋናተኛ እንዲህ አለ...

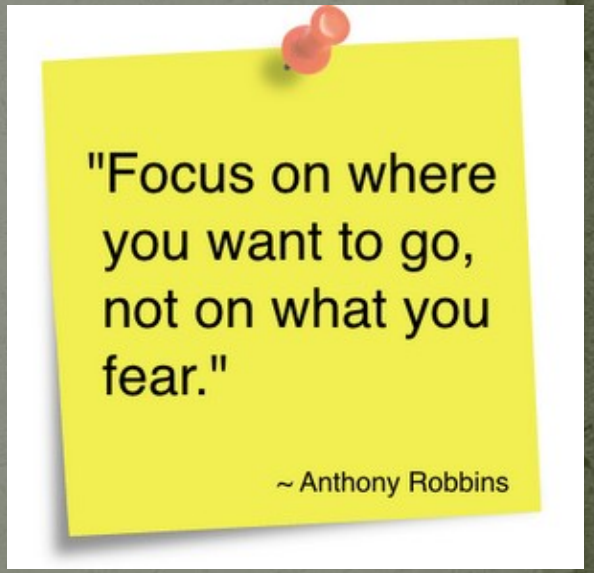
- ተማሪ፣- ጥናት
- ኔትወርክ ማርኬተር፣- ግብዣ/ኢንቪቴሽን/




If you
wait for
perfect
conditions,
you'll never
get anything
done.

ወደተግባር እንዳትገባ የሚጎትቱህ ነገሮች፡

- አንተ ሰላም ነህ
  - አለማወቅ፡፡ እየተገበሩ እንዳልሆነ አለማወቅ፡፡/ የተግባርን ጥቅም አለማወቅ
- ማራዘም
  - ነገ ወይንም በኋላ እሰራዋለው ብሎ መዘናጋት፡፡
  - ግማሽ ተግባር ሰርቶ ግማሹን አሁን መጨረስ ሲቻል ማሸጋገር፡፡
- ፍርሀት
  - ሰዎችን/ ውድቀትን/ አደጋን
- ስንፍና
- ችልተኝነት (እያወቁ ማጥፋት)
- ፍላጎት ማጣት
  - ከችግር ለመውጣት ፍላጎት ማጣት
  - የተሻለ ነገር /ህልምን/ ለማሳካት ፍላጎት ማጣት፡፡



እንደምፈልገው ለመተግበር ምን ላድርግ

እርስዎ የቱጋር ኖት፣

- ለመስራት ቆርጬ እነሳለሁ ነገር ግን አልቀጥልም።
- ለመጀመር እፈራለሁ።
- ለመስራት ሳስብ ሞራሌ ሙትት ይልብኛል።
- እሰራለሁ ግን የምፈልገውን ያህል ውጤት ኣላገኝም።
- ለመስራት ሳስብ መጥፎ እና የማያሰሩ ሁኔታዎች ይገጥሙኛል።
- በስራ ሳይሆን በወሬ ወይንም በውሸት ነው ሰዎች የሚያድጉት የሚል እምነት አለኝ።
- ሰው እንደስራው ሳይሆን እንደ እድሉ ነው የሚያድገው የሚል እምነት አለኝ።
- እሰራለሁ ግን ውጤቱ ካሰብኩት ግዜ በላይ ይቆይብኛል።
- ወይንስ ሌላ።

እንደምፈልገው ለመተግበር ምን ላድርግ

- Remember the key to success is IMAGINATION.
- So you get what you repeatedly think not what you want.
- If you are afraid that means you are thinking about what you don’t want.
- If you have doubt that me about failure.
- You are what you think.



STEP 1:

KNOW WHAT YOU WANT CLEARLY.

1. Prepare activity board.
2. Write it in simple present and harmonious sentence.
3. Record it on cell phone/ laptop. . .



STEP 2:

Focus on what you need to do consistently.

1. Daily Visualize your Dream board and feel it as if you have it now. Do this before you sleep and when you wake up
2. Rewrite the paragraph you wrote daily.
3. Write 50 positive ideas about yourself daily.
4. Before you go to bed play what you've recorded and go to sleep your subconscious listens.

(Faith it till you get it. If you believe you can achieve,

During the day time

- **When you face some negative people or experience and if you either see or speak or listen or think any negative then immediately do AUTO SUGGESTION.**
- **If you jump a day or one of the steps once don’t blame yourself just keep on doing it when you remember.**
- **But be serious on this as it changes your life for sure.**
- **Borrow the amazing power of PRAYER (Gratitude)**

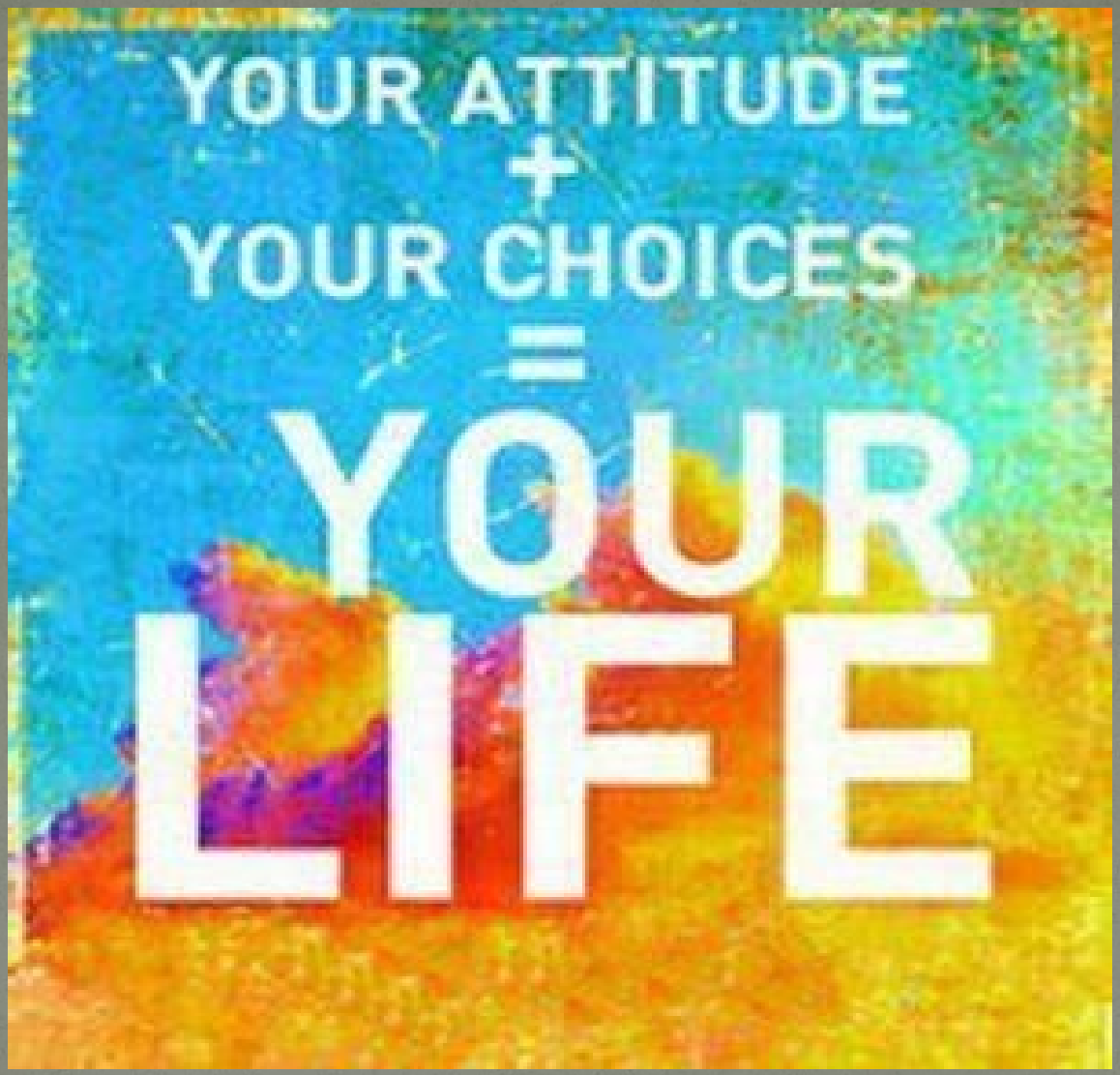
STEP 3: Action helps to Accept Manifestation:

1. **Have a working plan** towards your goal and be active every day.
2. **Understand manifestation.** Remember “HOW IS NONE OF YOUR BUSINESS” So your plan may be forced to change. It usually does. Then why do we need plan??
3. **Be receptive:- don’t fight** events just accept. Every people and event that come to you after you start this process is only to help the manifestation of your desired result. But at face value it may not seem so.

Remember

- If you think negative or positive it doesn’t matter it will manifest.
- So what are the things you are unhappy with today in your life? (list at least 3 of them)

- What result do you want to have in that area of your life? (write it down)
- So follow the 3 Steps and enjoy life!!!


YOUR ATTITUDE
+
YOUR CHOICES
=
YOUR
LIFE


Success

Thank you