
Chapter 1 Nature

Reading 1: Dolphins Talk

N o.	Word	Part of Spee ch	Meaning (English)	Meaning
1	believe	<i>v.</i>	accept and be confident as true	
2	body language	<i>phr.</i>	communication through the use of postures	
3	dolphin	<i>n.</i>	an intelligent sea animal that resembles a fish	
4	each other	<i>pron.</i>	one another	
5	scientist	<i>n.</i>	an expert in science	
6	smart	<i>adj.</i>	having or showing quick intelligence	
7	special	<i>adj.</i>	extraordinary; different from normal	
8	telephone line	<i>phr.</i>	a single-user circuit on a telephone communication system	

Reading 2: Levels in Nature

No.	Word	Part of Spee ch	Meaning (English)	Meaning
1	break down	<i>phr.</i>	to smash, split, or divide into parts	
2	energy	<i>n.</i>	available power	
3	insect	<i>n.</i>	a very small animal with six legs	
4	level	<i>n.</i>	position on a scale	
5	living thing	<i>phr.</i>	an something that is alive	
6	plant	<i>n.</i>	an organism that has leaves	
7	sea life	<i>phr.</i>	organisms that live in the sea	

8	sunlight	<i>n.</i>	the light of the sun; sunshine	
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Reading 3: A Dangerous Wind

No.	Word	Part of Speech	Meaning (English)	Meaning
1	appear	<i>v.</i>	to seem to be a certain way	
2	bottom	<i>n.</i>	lowest level	
3	damage	<i>n.</i>	physical harm; destruction	
4	danger	<i>n.</i>	exposure to harm or injury	
5	dangerous	<i>adj.</i>	full of danger or risk	
6	ground	<i>n.</i>	the solid surface of the earth	
7	suddenly	<i>adv.</i>	unexpectedly	
8	tornado	<i>n.</i>	a violent storm with strong winds	

Reading 4: A Hard-Working Plant

No.	Word	Part of Speech	Meaning (English)	Meaning
1	Aloe vera	<i>n.</i>	a plant with long and green leaves	
2	breathe	<i>v.</i>	to inhale and exhale air	
3	burn	<i>n.</i>	harm resulting from burning	
4	clean	<i>v.</i>	to make clean	
5	grow	<i>v.</i>	to raise and cultivate	
6	hard-working	<i>adj.</i>	diligent; working very hard	

7	health problem	<i>phr.</i>	health issue	
8	thousand	<i>n.</i>	the number 1000	

Reading 5: Lost Forever?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	careful	<i>adj.</i>	cautious	
2	find	<i>v.</i>	to locate; detect	
3	forever	<i>adv.</i>	without ever ending; eternally	
4	happen	<i>v.</i>	to take place	
5	hurt	<i>v.</i>	to suffer	
6	news	<i>n.</i>	information	
7	take care of	<i>phr.</i>	keep something safe and provided for	
8	world	<i>n.</i>	the Earth	

Chapter 2 Music

Reading 6: Fun and Games and Music

No.	Word	Part of Speech	Meaning (English)	Meaning
1	afraid	<i>adj.</i>	feeling fear; frightened	
2	exciting	<i>adj.</i>	causing excitement	
3	favorite	<i>adj.</i>	something that is liked the most	
4	feeling	<i>n.</i>	emotion, impression	
5	important	<i>adj.</i>	having great meaning or influence	
6	simple	<i>adj.</i>	easy	
7	special	<i>adj.</i>	particular	
8	video game	<i>n.</i>	a computer game that you play on your television	

Reading 7: That Can Make Music?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	almost	<i>adv.</i>	nearly but not quite	
2	anything	<i>pron.</i>	thing of any kind	
3	famous	<i>adj.</i>	well-known; famed	
4	group	<i>n.</i>	party; pack	
5	piece	<i>n.</i>	a part of something	
6	pipe	<i>n.</i>	a tube which things can flow through	
7	player	<i>n.</i>	artist, musician, performer	

8	way	<i>n.</i>	a method, plan, or means	
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Reading 8: Healthy to Hear

No.	Word	Part of Speech	Meaning (English)	Meaning
1	affect	<i>v.</i>	to change; influence	
2	cost	<i>v.</i>	require the payment of	
3	healthy	<i>adj.</i>	having good health, not being ill	
4	never	<i>adv.</i>	not at any time	
5	pain	<i>n.</i>	ache; discomfort	
6	runner	<i>n.</i>	someone who runs	
7	test-taker	<i>n.</i>	a person taking an exam or test	
8	type	<i>n.</i>	a style or kind	

Reading 9: Music That Stays in Your Head

No.	Word	Part of Speech	Meaning (English)	Meaning
1	advertisement	<i>n.</i>	a public notice, especially in print	
2	company	<i>n.</i>	business; firm	
3	get through	<i>phr.</i>	to make contact with somebody	
4	reason	<i>n.</i>	justification	
5	remember	<i>v.</i>	to keep information in memory	
6	sell	<i>v.</i>	to make an exchange with money	

7	stay in one's head	<i>phr.</i>	to keep remembering something	
8	sure	<i>adj.</i>	certain; confident	

Reading 10: Only Voices

No.	Word	Part of Speech	Meaning (English)	Meaning
1	come from	<i>phr.</i>	to be produced from a particular thing	
2	enough	<i>adj.</i>	as much as necessary	
3	join	<i>v.</i>	to come together	
4	note	<i>n.</i>	particular musical sound	
5	record	<i>n.</i>	a piece or collection of music in physical form	
6	together	<i>adv.</i>	with; in a combined manner	
7	voice	<i>n.</i>	sound coming from your mouth	
8	win	<i>v.</i>	to succeed in a game or contest	

Chapter 3 Health

Reading 11: Sleep-You Need It!

No .	Word	Part of Speech	Meaning (English)	Meaning
1	effect	<i>n.</i>	the result of a particular influence	
2	extra	<i>adj.</i>	added; additional	
3	fill	<i>v.</i>	to make something hold its full capacity	
4	forget	<i>v.</i>	to not remember	
5	get hurt	<i>phr.</i>	to bruise or injure the body	
6	mind	<i>n.</i>	brain; sense	
7	slow down	<i>phr.</i>	to make slow or slower	
8	while	<i>prep.</i>	during the time that	

Reading 12: Doctor Trees

No.	Word	Part of Speech	Meaning (English)	Meaning
1	along	<i>prep.</i>	in a line down the length of something	
2	exercise	<i>v.</i>	to do a physical activity	
3	for free	<i>phr.</i>	without charge	
4	hospital	<i>n.</i>	institution where people receive medical care	

5	in order to	<i>prep.</i>	to do ~	
6	keep	<i>v.</i>	to continue doing something	
7	plant	<i>n.</i>	organism that has leaves	
8	stress	<i>n.</i>	feeling of worry caused by difficult situations	

Reading 13: Blood Work

No.	Word	Part of Speech	Meaning (English)	Meaning
1	blood	<i>n.</i>	the red liquid that flows in the bodies of humans and animals	
2	bring	<i>v.</i>	to take; carry	
3	carry	<i>v.</i>	to pass through a long distance	
4	contain	<i>v.</i>	to hold; accommodate	
5	fight	<i>v.</i>	to engage in battle	
6	liter	<i>n.</i>	1,000 cc	
7	oxygen	<i>n.</i>	a gas we breathe in order to stay alive	
8	rest	<i>n.</i>	the other things that are left	

Reading 14: Are You Under Stress?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	a lot of	<i>adj.</i>	many; lots of	
2	finish	<i>v.</i>	to end; complete something	
3	hard	<i>adj.</i>	difficult	

4	make sure	<i>phr.</i>	to be or become absolutely certain	
5	sometimes	<i>adv.</i>	on some occasions; at times; now and then	
6	still	<i>adj.</i>	not moving	
7	talk about	<i>phr.</i>	to discuss	
8	write down	<i>phr.</i>	to record words on paper	

Reading 15: Getting Vitamin D

No.	Word	Part of Speech	Meaning (English)	Meaning
1	bone	<i>n.</i>	hard materials inside the body	
2	build up	<i>phr.</i>	to become more	
3	inside	<i>prep.</i>	being in the inner part of something	
4	outside	<i>prep.</i>	on or toward the outside of	
5	percent	<i>n.</i>	one part in a hundred	
6	strong	<i>adj.</i>	physically powerful	
7	teeth	<i>n.</i>	plural of tooth	
8	vitamin	<i>n.</i>	a substance that is healthy for your body	

Chapter 4 Education

Reading 16: Art in the Classroom

No.	Word	Part of Speech	Meaning (English)	Meaning
1	draw	<i>v.</i>	to sketch	
2	fun	<i>adj.</i>	enjoyable	
3	math	<i>n.</i>	study of numbers and shapes	
4	mistake	<i>n.</i>	error; blunder	
5	spend	<i>v.</i>	to pass time	
6	subject	<i>n.</i>	course of study	
7	thinker	<i>n.</i>	someone who exercises the mind/thinks	
8	trouble	<i>n.</i>	problems	

Reading 17: Does Homework Help?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	all day	<i>phr.</i>	for the entirety of the day	
2	answer	<i>n.</i>	response	
3	as long as	<i>prep.</i>	provided that; so long as	
4	homework	<i>n.</i>	schoolwork assigned to be done outside the classroom	
5	independently	<i>adv.</i>	in an independent manner	
6	interact	<i>v.</i>	to communicate or do things with other people	
7	play	<i>v.</i>	to engage in activity for entertainment	

8	skill	<i>n.</i>	expertise; ability	
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Reading 18: How to Take Notes

No.	Word	Part of Speech	Meaning (English)	Meaning
1	by hand	<i>phr.</i>	with a hand	
2	common	<i>adj.</i>	mutual; general	
3	focus on	<i>phr.</i>	to give all your attention	
4	information	<i>n.</i>	the act or fact of informing	
5	note	<i>n.</i>	a short piece of writing	
6	trend	<i>n.</i>	general tendency	
7	type	<i>v.</i>	to write using a keyboard	
8	university	<i>n.</i>	institution for learning after high school	

Reading 19: A Part of Learning

No.	Word	Part of Speech	Meaning (English)	Meaning
1	become	<i>v.</i>	to transform into; evolve into	
2	get to know	<i>phr.</i>	to learn more about	
3	meaning	<i>n.</i>	what something is intended to convey	
4	memory	<i>n.</i>	ability to remember	
5	repeat	<i>v.</i>	to tell again	
6	rhyme	<i>n.</i>	a word from a group of words that end in similar	

			sounds when said	
7	seat	<i>n.</i>	place where a person can sit	
8	second language	<i>phr.</i>	a language learned by a person after his or her native language	

Reading 20: Private vs. Public Schools

No.	Word	Part of Speech	Meaning (English)	Meaning
1	education	<i>n.</i>	the process of learning knowledge	
2	expensive	<i>adj.</i>	high in price	
3	interact	<i>v.</i>	to communicate or do things with other people	
4	kid	<i>n.</i>	child or young person	
5	parent	<i>n.</i>	father or mother	
6	private school	<i>phr.</i>	a school established by private non-government groups	
7	public school	<i>phr.</i>	a school established by the government	
8	turn out	<i>v.</i>	to be in the end; to finally result as	

Chapter 5 Business

Reading 21: A Job for Everyone?

No .	Word	Part of Speech	Meaning (English)	Meaning
1	change	<i>v.</i>	to alter; convert	
2	from time to time	<i>prep.</i>	occasionally; sometimes	
3	get a job	<i>phr.</i>	to find work	
4	get older	<i>phr.</i>	to age	
5	million	<i>n.</i>	the number 1,000,000	
6	often	<i>adv.</i>	frequently	
7	stand out	<i>phr.</i>	to be clearly visible	
8	true	<i>adj.</i>	based on facts; real	

Reading 22: The Work Week

No.	Word	Part of Speech	Meaning (English)	Meaning
1	as usual	<i>adv.</i>	normally	
2	at least	<i>adv.</i>	not less than	
3	business	<i>n.</i>	the activity of buying or selling	

4	get back to	<i>phr.</i>	to start doing or talking about something again	
5	office	<i>n.</i>	working place	
6	surprising	<i>adj.</i>	causing surprise, wonder, or astonishment	
7	tired	<i>adj.</i>	exhausted	
8	worker	<i>n.</i>	someone who works	

Reading 23: Desks at the Office

No.	Word	Part of Speech	Meaning (English)	Meaning
1	end up	<i>phr.</i>	to bring to an end or conclusion	
2	fat	<i>adj.</i>	chubby; overweight; obese	
3	fix	<i>v.</i>	to repair; mend	
4	several	<i>det.</i>	some	
5	tiring	<i>adj.</i>	making you tired	
6	useful	<i>adj.</i>	advantageous, helpful	
7	for the whole day	<i>phr.</i>	all day	
8	workplace	<i>n.</i>	place where someone works	

Reading 24: Brands and Colors

No.	Word	Part of Speech	Meaning (English)	Meaning
1	brand	<i>n.</i>	a type of product manufactured by a company under a specific name	
2	company	<i>n.</i>	business; firm	

3	garden	<i>n.</i>	place where one grows plants and flowers	
4	love	<i>n.</i>	affection	
5	nature	<i>n.</i>	mountains, trees, animals, or rivers; the environment	
6	rest	<i>v.</i>	to stop working for a period of time	
7	travel	<i>v.</i>	to journey to another place	
8	trust	<i>v.</i>	to believe in	

Reading 25: Who Owns a Song?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	decide	<i>v.</i>	to determine; choose	
2	law	<i>n.</i>	basic rule	
3	own	<i>v.</i>	to have something as one's property	
4	owner	<i>n.</i>	person who owns something	
5	public	<i>adj.</i>	relating to the people in general	
6	seem	<i>v.</i>	to appear to be	
7	well-known	<i>adj.</i>	generally or widely known	
8	wonder	<i>v.</i>	to desire to know something	

Chapter 6 Food

Reading 26: Insects Are Good

No.	Word	Part of Speech	Meaning (English)	Meaning
1	already	<i>adv.</i>	before a certain time	
2	bite	<i>v.</i>	to attack with jaws or teeth	
3	cause	<i>v.</i>	to create an effect	
4	insect	<i>n.</i>	a very small animal with six legs	
5	kill	<i>v.</i>	to murder; to take the life of	
6	raise	<i>v.</i>	to grow or nurture	
7	safe	<i>adj.</i>	being free from danger	
8	spread	<i>v.</i>	to extend the range	

Reading 27: Green Tea

No.	Word	Part of Speech	Meaning (English)	Meaning
1	benefit	<i>n.</i>	advantage; profit	
2	contain	<i>v.</i>	to hold; accommodate	
3	feel tired	<i>phr.</i>	to not have energy; to want to rest	
4	stay well	<i>phr.</i>	to keep in good health; to not become sick	
5	support	<i>v.</i>	to help someone when they are having problems	
6	try	<i>v.</i>	to make an attempt	
7	use	<i>v.</i>	to employ something for a purpose	

8	whole	<i>adj.</i>	all; entire	
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Reading 28: Waste Not

No.	Word	Part of Speech	Meaning (English)	Meaning
1	bring	<i>v.</i>	to take; carry	
2	cut down	<i>phr.</i>	to reduce the amount or quantity of something	
3	energy	<i>n.</i>	available power	
4	farmer	<i>n.</i>	person who works on a farm	
5	save	<i>v.</i>	to put money or other goods aside for later	
6	store	<i>n.</i>	shop; mart	
7	throw away	<i>phr.</i>	to get rid of something that has no use	
8	waste	<i>v.</i>	to use too much of something	

Reading 29: Marmite

No.	Word	Part of Speech	Meaning (English)	Meaning
1	beer	<i>n.</i>	an alcoholic beverage made from grains	
2	bread	<i>n.</i>	baked food made of flour	
3	find out	<i>phr.</i>	to learn a fact or the truth about something	
4	form	<i>v.</i>	to organize; draw up	
5	get sick	<i>phr.</i>	to fall ill	
6	history	<i>n.</i>	events that happened in the past	

7	unusual	<i>adj.</i>	not ordinary	
8	used to	<i>phr.</i>	happened in the past but does not continue now	

Reading 30: The Hotter, the Better

No.	Word	Part of Speech	Meaning (English)	Meaning
1	according to	<i>prep.</i>	as stated or reported by	
2	burn	<i>v.</i>	to damage with fire or heat	
3	chili	<i>n.</i>	a small red or green pepper	
4	contest	<i>n.</i>	competition	
5	heat	<i>n.</i>	hot temperatures	
6	hot	<i>adj.</i>	having heat	
7	measure	<i>v.</i>	to determine the size or amount	
8	pepper	<i>n.</i>	green, red, or yellow vegetable	

Chapter 7 Sports

Reading 31: Start Your Engines!

No .	Word	Part of Speech	Meaning (English)	Meaning
1	build	<i>v.</i>	to make something by joining things together	
2	create	<i>v.</i>	to invent through imaginative skill	
3	driver	<i>n.</i>	someone who operates a vehicle	
4	exercise	<i>v.</i>	to engage in physical activity	
5	motorsport	<i>n.</i>	competitions, especially races, involving motor vehicles	
6	racing car	<i>phr.</i>	a car used for racing	
7	road	<i>n.</i>	a route for traveling between places by vehicle	
8	track	<i>n.</i>	a circular path for races	

Reading 32: Cup Stacking

No.	Word	Part of Speech	Meaning (English)	Meaning
1	add	<i>v.</i>	to unite; combine	
2	block	<i>n.</i>	a solid piece of material that has flat sides in shape	
3	brain	<i>n.</i>	organ inside the head	
4	on top of	<i>prep.</i>	in addition to something	

5	place	<i>n.</i>	a location	
6	quickly	<i>adv.</i>	in a rapid manner	
7	stack	<i>n.</i>	a tower or pile of things with one on top of another	
8	stacker	<i>n.</i>	a person who makes stacks	

Reading 33: Kicking for Fun

No.	Word	Part of Speech	Meaning (English)	Meaning
1	act	<i>v.</i>	to do something	
2	honest	<i>adj.</i>	truthful and not misleading	
3	kick	<i>v.</i>	to hit with the foot	
4	practice	<i>v.</i>	to perform an action repeatedly	
5	protect	<i>v.</i>	to defend against harm or danger	
6	respect	<i>v.</i>	to think highly of; admire	
7	rule	<i>n.</i>	a statement that tells you what is and is not allowed in a game or situation	
8	share	<i>v.</i>	to have in common	

Reading 34: Believe It or Not

No.	Word	Part of Speech	Meaning (English)	Meaning
1	believe in	<i>phr.</i>	to be certain that something is the truth	
2	example	<i>n.</i>	sample	
3	get lost	<i>phr.</i>	to lose one's way	

4	ready	<i>adj.</i>	willing	
5	step	<i>n.</i>	a stage in a process	
6	touch	<i>v.</i>	to put the hand, finger, etc. on	
7	wear	<i>v.</i>	to put on; have on	
8	work	<i>v.</i>	to be functioning properly	

Reading 35: The No-Sweat Sport

No.	Word	Part of Speech	Meaning (English)	Meaning
1	against	<i>prep.</i>	in opposition to	
2	come to mind	<i>phr.</i>	to pop up as a thought or idea	
3	electronic	<i>adj.</i>	operating by use of electricity	
4	let	<i>v.</i>	to allow someone to do something	
5	move	<i>v.</i>	to change the position of	
6	no-sweat	<i>adj.</i>	without sweating	
7	president	<i>n.</i>	leader of a republic	
8	real	<i>adj.</i>	not fake	

Chapter 8 People

Reading 36: Go, Marta!

No.	Word	Part of Speech	Meaning (English)	Meaning
1	a number of	<i>phr.</i>	a collection of persons or things; several	
2	be born	<i>v.</i>	to start life as a baby	
3	best	<i>adj.</i>	superlative form of good & well	
4	call	<i>v.</i>	refer to a person or thing by a name	
5	great	<i>adj.</i>	excellent	
6	place	<i>n.</i>	a location	
7	poor	<i>adj.</i>	not rich	
8	watch	<i>v.</i>	to view attentively	

Reading 37: William's Windmills

No.	Word	Part of Speech	Meaning (English)	Meaning
1	become (be) interested in	<i>phr.</i>	to want to learn more about a new topic	
2	build	<i>v.</i>	to make something by joining things together	
3	fix	<i>v.</i>	to repair; mend	
4	idea	<i>n.</i>	suggestion; proposal	
5	library	<i>n.</i>	room with collection of books	
6	power	<i>n.</i>	physical strength or force	
7	send	<i>v.</i>	to cause to go	

8	windmill	<i>n.</i>	a wind generator; wind plant	
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Reading 38: Making Beautiful Music

No.	Word	Part of Speech	Meaning (English)	Meaning
1	famous	<i>adj.</i>	well-known; famed	
2	hard time	<i>phr.</i>	a period of difficulties or hardship	
3	instrument	<i>n.</i>	apparatus; tool	
4	life	<i>n.</i>	the period of time during a person's existence	
5	musical	<i>adj.</i>	of the nature of or resembling music	
6	own	<i>v.</i>	to have something as one's property	
7	singer	<i>n.</i>	person who sings	
8	take a break	<i>phr.</i>	to have a rest	

Reading 39: An Internet Star

No.	Word	Part of Speech	Meaning (English)	Meaning
1	advertisement	<i>n.</i>	a public notice, especially in print	
2	advice	<i>n.</i>	suggestion; counsel	
3	alone	<i>adv.</i>	apart from others; by oneself	
4	beauty	<i>n.</i>	quality of being attractive	
5	creator	<i>n.</i>	a person or thing that creates	
6	share	<i>v.</i>	to have in common	

7	star	<i>n.</i>	famous celebrity	
8	view	<i>v.</i>	to look at; observe	

Reading 40: Born to the Same?

No.	Word	Part of Speech	Meaning (English)	Meaning
1	connected	<i>adj.</i>	having a connection	
2	difficulty	<i>n.</i>	the fact or condition of being difficult/hard	
3	generation	<i>n.</i>	age group	
4	grow up	<i>phr.</i>	to become an adult	
5	open	<i>adj.</i>	not being closed	
6	return	<i>v.</i>	to go or come back from a previous place or condition	
7	view	<i>n.</i>	opinion about something	
8	without	<i>prep.</i>	in the absence of something	