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9. If the removal of a stimulus strengthens or maintains a response, it probably is correct to say that:-
   A. Punishment has occurred
   B. Negative reinforcement has occurred
   C. Positive reinforcement has occurred
   D. Positive punishment has occurred
10. What is one major difference between operant conditioning (OC) and classical conditioning (CC)?
   A. OC takes place as a result of some voluntary action, while CC takes place without choice
   B. OC takes place before the response, while CC takes place after the response
   C. OC is learned by association, while CC is learned by reinforcement
   D. CC is part of social cognitive learning, while OC is not
11. Which of the following examples best illustrates episodic memory?
   A. Remembering that you got a bicycle for your 12th birthday
   B. Knowing that Christopher Columbus sailed in 1492
   C. Teaching someone how to play tennis
   D. Reciting the alphabet
12. When asked why she fears spiders, Sophia is unable to explain her fears, where they came from, or how she got them. This is an example of:
   A. Semantic memory, which helps us avoid painful memories
   B. Episodic memory, which has knowledge of specific personal memories
   C. Procedural memory, which holds memories that we are not aware of
   D. Echoic memory, which holds memories we cannot retrieve
13. Suppose you are absorbed in reading a novel and a friend asks you a question. You stop reading and ask, "What did you say?" As soon as the words leave your mouth, you realize you can recall your friend's exact words. What is the reason for your ability to play back these words?
   A. Iconic memory B. Echoic memory C. Semantic memory D. Sensory memory
14. Value and respect for all of a person's behavior with no condition would be classified by Rogers as:-
   A. Unconditional positive regard
   B. Conditional positive regard
   C. Negative regard
   D. Self-actualization
15. Which type of memory is also referred to as working memory?
   A. Long-term memory
   B. Sensory memory
   C. Short-term memory
   D. Semantic memory

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Part III. Choose the correct answer from the given alternatives

1. A psychologist who emphasizes the stimuli that provoke observed responses and tends to avoid the concept of mental processes was most likely trained in the _____ tradition.

   A. Psychoanalytic B. Cognitive C. Behaviorist D. Humanistic

2. A group of farmers attempts to discourage foxes from attacking their sheep by placing a substance on the wool of the sheep that makes foxes violently ill if they eat it. Very quickly, the foxes avoid the sheep entirely. In this scenario, what are the UCS, CS, and CR, respectively?
   A. The substance, the sheep's wool, aversion to the sheep
   B. The sheep's wool, the substance, aversion to sheep
   C. Aversion to sheep, the substance, the sheep's wool
   D. The Foxes, the sheep's wool, aversion to sheep
3. The same farmers discover that now not only will the foxes not attack the treated sheep but also they will not attack nearby sheep. This is an example of:
   A. Spontaneous recovery C. Stimulus generalization
   B. Extinction D. Stimulus discrimination
4. Ato Girma, an English teacher, gives quizzes to his students every marking period. This is an example of:
   A. Variable interval schedule of reinforcement
   B. Variable ratio schedule of reinforcement
   C. Fixed ratio schedule of reinforcement
   D. Fixed interval schedule of reinforcement
5. In what manner would Ivan Pavlov have conducted extinction trials on his classically conditioned dogs?
   A. Reinforcing the behavior he wished to extinguish
   B. Repeatedly presenting the CS (bell) without pairing it with the US (food)
   C. Repeatedly presenting dogs with the food and the bell at the same time
   D. Immediately giving the dogs food (UCS) after the bell (CS) rings
6. Which of the following is true of classical conditioning?
   A. UCS produces UCR C. CR produces the CS
   B. UCR produces the CS D. CS produces the UCS
7. A coach who tries to get a player to come closer and closer to a particular movement needed in the sport is probably using:
   A. Negative reinforcement B. Shaping C. Punishment D. Vicarious reinforcement
8. A rat being reinforced on a fixed ratio of 15 (FR= 15) is being reinforced
   A. Every 15 seconds C. For a response after each 15 second period
   B. After a US presented every 15 seconds D. For a certain number of responses

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25. While waiting for his car to be fixed, a man was suddenly overcome by an intense fear which he had never experienced before. His heart beat raced so fast he felt as if he was having a heart attack. He may be showing the symptoms of

A. Generalized anxiety disorder
B. Obsession-compulsion disorder
C. Panic disorder
D. Specific phobia

26. In reading a restaurant menu, trying to choose between two very tasty entrees illustrates

A. Approach-avoidance conflict
B. Approach-approach conflict
C. Avoidance-avoidance conflict
D. Multiple approach-avoidance conflict

27. An individual who shows extremes of mood and activity level is most likely to be diagnosed as having

A. Narcissistic personality disorder
B. Major depressive disorder
C. Bipolar disorder
D. Cyclothymia

28. According to the drive-reduction theory, the drive to eat can come from

A. An internal instinct
B. An attempt to achieve
C. A state of tension caused by innate drives
D. An attempt to reduce hunger

29. The concept that emotions resulted from perceived bodily changes was the key to:-

A. The James-Lange theory
B. The Schechter-Singer
C. The Cannon-Bard theory
D. The activation-arousal theory

30. According to the Cannon-Bard theory, which two factors are simultaneously activated by environmental stimuli?

A. Cognitive and emotional responses
B. Emotions and physiological responses
C. Physiological and cognitive responses
D. Physiological and environmental responses

Part-Iv Essay Items

1. List and explain five of Freud's Ego defense mechanisms. (10 pts)

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16. Maya is currently enrolled in Addis Abeba University to study Ge'ez. While on summer break, Maya travels to Tana monasteries. She is excited to practice her new skills, but when she gets there she is having trouble. Every time she tries to speak Ge'ez, Tigrigna words she learned in high school come out. This is an example of:
    A. Retroactive interference
    B. Motivated forgetting
    C. Proactive interference
    D. Cue dependent forgetting
17. Tulu consciously pushes the due date for his term project out of his mind, so much so that on the day it is due, Tulu must take an incomplete from his teacher. This is an example of:
    A. Repression B. Rationalization C. Regression D. Sublimation
18. Two psychologists debate their views on the causes of abnormal behaviour. One of them stresses on our uniqueness as individuals and our freedom to make our own decisions." The other stresses that inappropriate behaviors can be learned." Which two theories of abnormal psychology are represented by these two psychologists?
    A. Cognitive and biological
    B. Cognitive and learning
    C. Humanistic-existential and behavioural
    D. Community-cultural and cognitive
19. The theoretical approach that has led to therapeutic techniques for changing unrealistic ideas and self-defeating thoughts. Which theoretical approach does she represent?
    A. Cognitive B. Behavioural C. Psychodynamic D. Biological
20. Which of the following is the best description of neurotransmitters?
    A. Brain neurons
    B. Electrical discharges
    C. Psychoactive drugs
    D. Chemicals that carry signals
21. Hiwot recently lost her job, and her home may be closed out. She has resources for food and water. In the meantime, Hiwot would like to find a significant other. Using Maslow's hierarchy, which level does Hiwot likely need to address before moving toward finding a significant other?
    A. Physiological need
    B. Self-actualization need
    C. Safety and security need
    D. Esteem need
22. Which Freudian structure is described as an unorganized reservoir of psychic energy?
    A. Id B. Ego C. Phallic D. Superego
23. What is one of the most common compulsions in Obsessive-Compulsion Disorder?
    A. Checking B. Scratching C. Thumping D. Clapping
24. Which of the following statements about obsessive-compulsive disorder is **not true**?
    A. Compulsions can be either repetitive behaviours or mental acts
    B. Obsessions can be thoughts, images, ideas, or impulses
    C. People with OCD are considered to be psychotic because they cannot control their thoughts and behaviours
    D. People with OCD are aware of how irrational their thoughts and behaviours are

Part-I True-False Items

Write "TRUE" for the correct arguments and "FALSE" for the wrong ones.

1. Searching for safe circumstances, stability and protection belongs to the need for love and affection.
2. All theories of emotion agree that thoughts always precede emotions.
3. According to trait theory of personality, the ultimate goal of personality growth is self-actualization.
4. A need to climb a tree and afraid of falling simultaneously is an example of Approach-Approach conflict.
5. When a decision one is going to make is so important the conflict of motives and frustrations also become greater.

Part II: Matching Items

Instruction: Match the "Personality Disorders" given under "Column B" with their descriptions given under "Column A".

Column-A

1. Pattern of instability in personal relationships
2. Pattern of disregard for the rights of others
3. Pattern of grandiosity and exaggerated self-worth
4. Pattern of excessive emotional behavior and attention seeking
5. Pattern of feelings of social inadequacies, low self-esteem
6. Pattern of distrust and suspiciousness
7. Pattern of discomfort in close relationships
8. Pattern of detachment from social norms

Column-B

A. Paranoid
B. Schizoid
C. Schizotypal
D. Specific phobia
E. Borderline
F. Histrionic
G. Narcissism
H. Avoidant
I. Antisocial

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