ENERGY CANNOT BE CREATED OR DESTROYED, IT CAN ONLY BE CHANGED FROM ONE FORM TO ANOTHER.

— ALBERT EINSTEIN





THERE IS AN ENERGY THAT NEVER ENDS

THE VERITABLE SOURCE of ENERGY



SUNDAY ADELAJA

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THE VERITABLE SOURCE OF ENERGY



Sunday Adelaja
THE VERITABLE SOURCE OF ENERGY
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In this book, I present to you an age-long reliable and tested solution, the most Veritable Source of Energy which is the Presence of God Almighty, the One who never gets tired nor grows weary, but renews the strength of those who are.
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PREFACE

Energy controls the world. In fact, energy is everything, and everything is energy.

Yet, most people in our world cannot stop complaining of lack of energy. Most people complain of not having enough energy to be able to do what they need to do. This book presents you with the coded information on where the veritable source of energy is hidden.

Our world is spending billions of dollars yearly on energy boosting drinks, drugs, etc. I pray that you will get off that bandwagon. Through this book, you will be able to plug into the veritable source of energy that will allow you to explore and to accomplish all you are sent to the earth to do.

On May 28th, 2017, I mark my 50th birthday. It is as a result of that that I have decided to release this book as one of the 50 books I am releasing to commemorate the event. I believe I am qualified to write this book on the veritable source of energy especially since people keep on telling me that judging by my energy level, they find it difficult to believe that I am 50 years old.

More people should know how to access the energy source they need to live their lives to the fullest on earth.

For the Love of God, Church and Nation.

Dr. Sunday Adelaja

INTRODUCTION

Energy has always been defined as the capacity for doing work. Thus implying that without energy nothing meaningful could ever be accomplished.

Our 21st Century enjoys the towering investments of amazing discoveries of

science and technology, which are offshoots of man's energy in solving the problems of life.

From the days of Thomas Alva Edison, when the electric light bulb was discovered, to our internet fast-paced age, many have been putting their minds to work and tasking themselves in various ways towards accomplishing something meaningful to ease the plights of many and enhance our quality of life, to make our world a better place than we first met it.

One of the most important questions you need to ask yourself is what are you doing today with the energy you possess to improve your own community, or country? In what way are you contributing positively with the strengths you possess towards improving the lives of others and solving the menace of your own society?

John F. Kennedy made an outstanding statement that resonates with the mindset of history makers: **"Ask not what your country can do for you. Ask what you can do for your country."**

This is the question I believe every individual should ask himself:

"What will I do for my country?"

Martin Luther King Jr., a man who in his own time fought and overcame the villainy of racial injustice that terribly plagued his own country and fellow citizens of colour had this to say in regards to birthing positive transformations:

"...We must learn that to expect God to do everything while we do nothing is not faith but superstition."

— Martin Luther King Jr.

God will not do everything for us. He has already endowed us with energy and strength, potential and gifts to bring answers to problems of our own nation. He has granted us the power to bring about the changes we desire in our society. It's now our responsibility to maximally utilize the energies we possess in causing the desired changes our nation needs.

You're the salt, the light and the solution your nation has been waiting for!

No nation was successfully built by a politician or political party. All successful nations were built by the collaborative efforts of ordinary individual citizens who

poured out their lives and energies to birth positive changes for the good of their fellow citizens and generations to come.

But quite often, our desire to reach our goals and accomplish great things such as this has often been constrained by various challenges: one of which is the limitation of insufficient strength or fatigue.

A recently conducted survey revealed that 41% of employees in the US had fatigue, costing an estimated US$136.4 Billion in health-related LPT annually. Besides, 4.1 hours of productive work were lost each week to fatigue-related LPT, 85.4% of this was due to reduced performance at work. Though epidemiological studies on the prevalence of fatigue in West Africa haven't been effectively carried out, a recent study proved that adult rates of Chronic Fatigue Syndrome in Nigeria were comparatively higher than what's obtainable in the US, due to problems of poverty and inadequate health care system.

Many have even losing their jobs and declared medically unfit to work, thus ending up with a life of unproductive struggles. A sequel of health related traumas including digestive problems, depression, allergies, chronic breathing issues, diabetes, heart disease have been characteristic among victims of fatigue. These tragic conditions have been the bane of those suffering this plague and a staggering hindrance to the accomplishment of our goals.

Dale Carnegie said: **"Our fatigue is often caused not by work, but by worry, frustration and resentment."**

This is absolutely true, because these experiences have already been spoken about in the Bible:

"Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

– Isaiah 40:30-31 NIV

In this book, I present to you an age-long reliable and tested solution, the most Veritable Source of Energy which is the Presence of God Almighty, the One who never gets tired nor grows weary, but renews the strength of those who are.

I will share with you on how to connect to His infinite source of strength and

be energized for life, as well as how to let that energy He gives bring verve, vitality and vigour to all that concerns you, birthing radical societal transformations through you.

I trust that the wisdom in this Book will enlighten your understanding and find undeniable expression in all areas of your life, so that you would be armed with extraordinary strength to accomplish astounding feats in the transformation of your nation.

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FOR THE LOVE OF GOD, CHURCH AND NATION

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PART 1
OUR DESPERATE NEED FOR ENERGY
CHAPTER 1: ENERGY—THE FORCE OF ALL MEANINGFUL ACCOMPLISHMENT

CHAPTER 1:
ENERGY—THE FORCE OF ALL MEANINGFUL

ACCOMPLISHMENTS

"Without passion you don't have energy, without energy you have nothing."

– Donald Trump

History records an event that occurred hundreds of years back, of a certain legendary energetic runner of marathon by the name "**Pheidippides**" who ran to Athens with the news of the great victory his people had over the Persians at Marathon. This was 490 BC, and the distance he covered was about 40 kilometres.

After he delivered his message— "*Nenikikamen*" which means, "Rejoice we conquer" or, put differently, "We have won" – Pheidippides died.

Why was that particular run so difficult for him? Why did it take the life of the great-news bearer? Interestingly, the run between Marathon and Athens was not the first for Pheidippides regarding the Battle of Marathon. It happened during the month of August, in other words, it would have been really hot during his swift journey-by-foot.



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His first run was to Sparta. Athens needed the help of Spartans to make their stand against the Persians at Marathon. An Athenian general, Miltiades sent Pheidippides the professional runner, to make the 140-mile run. Herodotus tells us about this event:

"And first, before they left the city, the generals sent off to Sparta a herald, one Pheidippides, who was by birth an Athenian, and by profession and practice a trained runner..."

(Herodotus, The Persians Wars, VI, 106.)

Following a rugged, difficult, mountainous terrain, Pheidippides delivered the message. It took him about 36 hours to reach Sparta where the soldiers were willing to help but couldn't take the field of battle until the Moon was full. Their religious laws required it. That delay meant Spartan soldiers couldn't reach Marathon in time to be of any use to the Athenians.

Pheidippides had to run another 140 miles to deliver the bad news to Athens' generals. And history tells us when the battle began, he was among Athens' fighters, because the Greeks were outnumbered by about four to one, their commanders decided to initiate a very risky move. Instead of defending their

ground, they launched an offensive attack which must have seemed like suicide to the Persians. The plan worked for the Greeks, however, and by the end of the day around 6,400 Persians had died compared to about 192 Athenians.

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The surviving Persians retreated to the seas and headed toward Athens. They must have hoped to attack the city before its army could return.

Here is where the story veers-away from the history Herodotus provides. He never mentions a runner going from Marathon to Athens. More significantly, he doesn't mention the name of a specific runner – Pheidippides – who made the round-trip to Sparta. But Plutarch, writing hundreds of years later, tells us that supposed rest of the story.

Someone had to warn Athens, so the generals according to Plutarch called on a runner. Plutarch actually mentions several collapsing runners, including one from the battle of Marathon

"...who ran in full armor, hot from the battle, and, bursting in at the doors of the first men of the State, could only say "Hail! We are victorious!" and straightaway expired [that is, died]."

At the end of the day, we could say for sure that the hero of the Athens-Sparta-Athens race was in fact Pheidippides whose story became the inspiration for our modern sporting event known as the marathon race! But beyond this, was his heroic deed of saving his nation by exerting his utmost and untiring strength in a race just to deliver a vitally needed message. What a hero he was!

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Energy For Life's Race

When I first read and researched this enthralling story of Pheidippides, I came to a definite conclusion that it wasn't a mere myth, but a real life experience of a person who exerted the energies of his entire being to save his country and people from an impending doom, and died in the process due to exhaustion of strength. That was a hero whose energy was maximally utilized for a great cause.

His race of life is indeed a worthy example to be emulated, and a gallant

display of how to utilize our energies in saving our nations. He lived to save his nation. I could boldly say that this man, Pheidippides was a saviour to his country; he died to save a nation. This is true nobility!

Many today live to decimate the wealth of their own nations, they struggle to get into political offices and expend their strengths in draining their nations' finances resources on selfish agendas, with no sense of accountability and at the expense of the citizenry. This is a shameful abuse of life, as well as a total waste of the energy and resources we've been entrusted with.

Energy is a gift and life is a gift of trust. It is to be used as an investment. The energy we all possess is to be used to improve all that the Creator has entrusted to us. Every day you breathe is another God-given opportunity to bring the solution your world has been crying out for and make a difference in your world.

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It is certainly true that life is a race, and every individual has his or her race to run, and purpose to accomplish. You are here to achieve something meaningful. Though our race may differ, our singular motive for fulfilment is the same. Irrespective of our varying cultures, countries, religions, languages, and ethnicities, we all as individuals have within us a desperate cry to live a fulfilled and accomplished life that necessitates the invaluable demand of our energies.

Remember the last time you stopped by a filling station to fill up the tank of your car. Without that fuel your engine wouldn't start, and your journey would have expired. You needed gas. You needed energy. In the same vein, we all need energy for life's race; but beyond our need for energy is the essential understanding of the purpose of energy which will be shortly addressed in this book.

Unlock the Energy in you!

Life is indeed a marathon, not a relay and unfortunately many give up before the finishing line. We know for sure that quitters are never crowned in the Olympics which is but a game. Life is not a game. **Life is a real journey of purpose with limited time frame and must be run with total focus, precision and full exertion of one's inmost energy towards a set goal.**

One of the main things that could facilitate your satisfaction and happiness in life are those things you've accomplished through the maximum use of the energy

locked up within your being. You are loaded with immense energy to accomplish something worthwhile in this life, and are responsible for using your energy to fulfill this purpose.

Being creative and productive are vital means of unlocking the energy you possess. Just to think of it, the world we live in today is full of numerous and diverse accomplishments others made, their creative contributions to humanity and posterity.

Every time you sit on a chair, get on a social network media, use a computer, write with a pen on a book, put on a shirt, socks or shoe, drive in a car or fly on a plane, watch a Television, or even use a cell phone, remember, someone, somewhere exerted his or her energy to produce that tool, device, technology or machine that has eased your life and accelerated the fulfilment of your purpose. They added value to you by the use of their energy!

• Energy is to be used in adding value to others. You are here to add value to your generation.

In the same way, you're responsible for bringing value to your world through the creative use of your energy and strength. Energy is to be used in adding value to others. You're here to add value to your generation.

One of the most important questions you must ask yourself is:

What value am I adding to my society? What am I giving to my world? What will I use my energy to accomplish for the good of my nation and posterity?

You're a bona fide beneficiary of the strengths, discoveries, efforts and energies others invested and thus you owe it to your own generation and successors to add something "useful"; something that could make the world better than you first met it. And here's where your energy and efforts comes to play. Don't stop at being a mere consumer, be a producer as well; you are made and wired with energy to create and produce.

The Starting Point

The primary force that unlocks our potential and strength is desire. Desire is the force behind all that we see and experience today. It is the starting point and

birthing place of all meaningful accomplishments in life. Desire is the key that unlocks the treasure house of your energies.

What is your desire?

Creativity is born out of desire backed up with the energy of productivity. Change is also a product of desire in action.

"Desire is the starting point and birthing place of all meaningful accomplishments. It is the key that unlocks the treasure house of your energy".

Every worthwhile accomplishment first existed in the form of a desire or idea in the mind of the achiever. All the goals and purposes I accomplished first came to me as a desire, an idea or picture, then I unleashed my energy to birth the desires I envisioned into reality.

Desire fails when energy is not converted towards accomplishment. Until you unleash your strength in line with your desire to bring changes in your life, marriage, family, finances, community or nation, nothing will change. Desire fails when energy is not exerted in line with a defined purpose. It is your action on your positive desires that will birth positive changes. Never stop at desire in the pursuit of positive transformations. The neglect of desire is the neglect of change. The neglect of desire is the neglect of transformation. All national transformations were born out of desires realized through the efforts of various individuals. You too were born to bring about positive transformations to your world. Those transformations you were born to bring are planted in you as seeds of desire by the Creator. Don't terminate those desires to bring about changes in your world. Don't abort your great dreams. Don't kill that desire to birth societal transformation; because with it came the latent energy to birth them.

All desires are energy-dependent. Your desire to achieve your dreams and goals is energy-dependent. You need to feed those desires resident in your heart; nurse your inherent desire to become tangible, positive changes in your communities. Let your desires be great enough to

require a superior and veritable source of energy. The greater your desires or

goals, the higher your energy demands and corresponding supply would be!

What then is energy? Let's define it.

What Is Energy?

The Oxford Dictionaries define the term 'Energy' as simply being: *"the strength and vitality required for sustained physical or mental activity."*

Energy is the strength you require for carrying out any activity, as well as the vitality to sustain that activity. Little wonder, when a person's energy is depleted, his or her ability to continue performing or producing wanes automatically or gradually.

It gives a further definition of energy in the light of Physics, as:

"the property of matter and radiation which is manifest as a capacity to perform work such as causing motion or the interaction of molecules."

Energy is thus the capacity or ability to perform work. Without energy no work can be done.

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The Merriam Webster Dictionary on the other hands defines energy in the following way as:

"a vigorous exertion of power; a fundamental entity of nature that is transferred between parts of a system in the production of physical change within the system and usually regarded as the capacity for doing work."

This definition enlightens us on the purpose of energy, as being the vital force in the production of physical or tangible changes.

• The changes we see are always a product of the energies someone exerted.

When you consider the civilization of most advanced nations and the inventions that has bettered the lots of many through science and technology, it's essential to note that they came into being as changes birthed through the revolutionary efforts of an individual or groups of persons.

It takes an active force or energy to cause a change!

Energy is a personal quality every individual possesses. You have energy in you; you have the capacity for strenuous exertion; the ability to produce unfathomable results. This is a quality of your personality; a feature of your being. You are networked with energy for productivity.

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Energy: The Force of Change

The English Wikipedia talks about Energy in these simple words:

"Energy is mostly used in science to describe how much potential a physical system has to change. In Physics, energy is also reflected as a property of matter that can be transferred between objects, and converted in form. It cannot be created or destroyed."

What a simple yet profound expression!

From this, we can re-establish that energy is the force of change. If you desire to effect a change in your life, marriage, family, career, finances, society or nation, it means you must exert some energy in the direction of your desired objective. Any change you haven't yet experienced may be indicative of the fact that you are yet to exert your energies in that direction.

Whining, making complaints or blaming others is the cheapest approach towards problems, and makes no positive difference at all. You need to cause positive changes through the use of the strengths you possess—the energy in you.

This brings to mind the inspiring story of Mother Teresa, a woman globally renowned for the tremendous impacts she made in the lives of so many, and became a

voice to nations, Presidents and World Leaders as well. At a young age, she sensed a calling to be a nun, and nursed a burning desire to help the poor folks around her. After joining a group of nuns in Ireland at the age of 18 with just a few months of training, she was granted permission to travel to India.

On her arrival there, she began working as a school teacher, and was deeply touched by the widespread poverty in Calcutta, thus, felt inspired to initiate a mission with the objective of looking after folks who nobody else was prepared to cater for. Her primary focus was on the poor, sick and outcast, irrespective of their religion or how badly a condition they were in, Mother Teresa took them in and cared for them passionately. She spent the rest of her life in her mission home, expending her energies in helping this poor, destitute and needy class of people—the outcast of her society. She used all her strength, resources and energies to better their lots through service in a nation that wasn't even her

motherland.

Her passionate desire to help the needy was based on a key principle of the teachings of Jesus Christ, which she often quoted saying:

“Whatever you do to the least of my brethren, you do to me.”

What an amazing heart and passion this woman had!

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We don’t know how many hours she spent in prayer and attending Church services, but we do know she transformed her world; we can’t deny how much good this single woman has brought to individuals, cities, nations and the world as a whole through her love for the broken and kindness to the needy in her society. She identified a need and met it; she identified a problem in her society, and became the solution! She poured out all her strength into solving it until victory was accomplished, and love was her driving force.

I challenge you today, to become a solution to your world. Become the answer your nation is crying desperately for. Be a beacon of hope for the hopeless; a radiant light for those in the dark; be the answer through the energy you possess.

“What I do you cannot do; but what you do, I cannot do. The needs are great, and none of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful.”

— Mother Teresa

Friend, the needs are great and numerous; the world is in need of saviours and champions. We need to rise up with strength and do something urgently. We’ve procrastinated long enough and waited long enough for others, it’s high time we used all the energies we’ve got to bring about the changes we desire.

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You can do small things with great love. We need to move from being religious fanatics to becoming societal transformers by using our faith towards birthing our much needed change.

No national transformation that profited a nation ever came accidentally. The vices of corruption, cultism, unemployment, economic hardship, armed robbery, prostitution, under-development never disappeared by the complaints of a

people. In every situation, a saviour from among the people had to arise.

It was all a result of someone who believed it was possible and rose up to do something daily with the energy he or she possessed until success became an unshakeable reality. We have to do something corporately and personally in producing positive changes that will defeat the ills of our society. You have to do something with the energy in you!

Love—The Greatest Form of Energy

"Love is energy of life."

— Robert Browning

Love is the energy of life. Our love for people and our nation must become our driving force for change. Love on its own has no meaning, until it is put into action through service.

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Serving people is a direct means of expressing our love for them. Love is a form of energy we all possess, and it's the greatest of all. It is an energy that must be expressed, because it makes the greatest difference. Until you put that energy into action in the area of your passion in serving others, nothing will change!

Love is a form of energy with the highest potential to cause changes. You have the energy required to cause the changes you desire in any area of life. All you need to do is set it into motion, and put into action the strength in you towards your desired objective. You have the force of change!

There are folks who use their energies to commit outrageous crimes and nefarious deeds thereby bringing untold hurts to many other persons. This is a terrible abuse of life and the energies we posses; the wrong use of strength, and abuse inevitably leads to loss. There are others who commit the crime of negligence, by failing to use their energy for the good of humanity. This just isn't right! It is absolutely not fair!

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Three Essential Principles of Energy

Based on our last definition of energy given, we can delineate three

Principles or Laws that govern the use of energy:

1. Energy is a property of matter

2. Energy can be converted or transferred

3. Energy cannot be created or destroyed

Firstly, energy being a property of matter implies that everything possesses some form of energy.

If inanimate objects do have energy, we as individuals surely possess incalculable amounts of energy. You are loaded with energy! Energy is a property of matter. Take for instance, the food we eat contains energy; the gasoline we use for our cars is a type of stored energy; even wood, oil or natural gas contains some forms of useful energy.

"Everything is energy and that's all there is to it. Match the frequency of the reality you want and cannot help but get that reality. It can be no other way. This is not philosophy. This is physics."

– Albert Einstein

Everything is energy!

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Scientists have been able to prove that the human body contains and emits enormous quantities of energy. Take for instance, the brain uses more energy than any other human organ, measuring up to 20 percent of the body's total haul, and this energy bulk is used to fuel electrical impulses that neurons employ to communicate with one another. Thus, you're loaded with great value of energy, you have sufficient strength to produce the changes you crave in your community, and the best place to begin is right where you are and with what you have. Great changes always begin with small steps. So start where you are.

Secondly, energy can be converted or transferred.

The word 'conversion' is one of the most important words in the English vocabulary. Being able to convert invisible energy into tangible products is a yardstick for greatness.

•***"Being able to convert invisible energy into tangible products is a yardstick for greatness."***

Take for instance the energy of the Sunlight has been used by several companies

and nations to generate electricity and supply power for various purposes. Heliophysicists have said that at any moment, the sun emits about 3.86 $*10^{26}$ watts of energy. That's an unimaginably large amount of energy! But most of that goes off into space, only about 1.74* 10^{17} watts strikes the earth, that is 174 quadrillion watts of energy is being transmitted to our planet as we speak now!

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Based on a recent research, the U.S Government claimed that about 2% of the energy utilized in the United States comes from the Sun. In other words, they are making tremendous efforts to maximize the solar energy transmitted to our planet.

After a meal, your body feels stronger and energized, because you have converted or transferred the energy reserves in your meal for your benefit.

But more importantly, the energies we possess are to be channelled purposefully towards accomplishing meaningful objectives. Having energy is not just enough, but converting it into something beneficial is the ultimate goal of life. Energy in you should be released to actualize your dreams and better the lives of others.

Sir Isaac Newton's Law of Inertia expatiates on the fact that an object at rest or moving object will remain in the same position or direction until force is applied. This principle is congruent with the fact that until we apply our energies towards solving the problems of our society, they will remain the same way we met them. Our children, grandchildren and great grandchildren and future might continue to suffer the same ails that we suffered if we don't apply force or energy to birth positive changes and lasting solutions.

Let's take for instance, our beloved country, Nigeria, where electric power supply failure has remained a

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mysterious norm through so many years. More than 90% of Nigerians cannot even boast of 16 hours of electricity supply. Power outages plague businesses, manufacturing firms, rural and metropolitan commerce, devaluing national production rates as everyone hence resorts to fossil-fuel-burning generator, making our dear country one of the nations with the poorest quality of electricity

supply! Our power shortages have constrained the daily livelihoods of Nigerians, limiting children's reading hours and even food waste due to lack of refrigeration.

A 2015 national report stated that Nigeria produces around 4,600 Mega Watts of electric power supply for a population of over 170 million; meanwhile, Brazil having about the same population as we generates 24 times as much! Even our neighbours, South Africa with 60 million people generates 40,000 Mega Watts and consumes 55% more energy per capita than we, the most populous black nation on earth, simply because have not applied this simple principle of energy conversion. We have failed to simply convert our energies to solve our most basic problems!

I was deeply touched when I heard the sad story of one, Soji Alawiye, who along with his pregnant wife, two children and another relative died in their sleep due to the lethal inhalation of fumes from a portable generator that was left on overnight after a power cut. This happened just four days after moving into a new apartment in Sango Otta, a suburb of Nigeria's commercial hub—Lagos. A whole family lost due to an excessive dose of carbon monoxide!

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This happened in 2004, and up till now we are yet to rise up as a nation with solutions to our chronic energy deficiency. We have failed to convert our potential abilities, education and energies to solve our problems.

In December 2004, another family in the South-western town of Warri, Nigeria lost their lives after leaving a generator on at night. Just a few weeks later a family of 10 in Ibadan, in the South-West, died after leaving a generator on at night. And there are more lives and families that have been lost due to our unsolved energy problems as a nation.

When will we rise up to our challenge and restore hope before more lives are lost? When will the giant in you arise?

Can you imagine in this age, where other nations are thinking of scientific discoveries and space exploration, we are still struggling with electric power supply to the extent of losing the precious lives of own dear citizens. Pathetic!

We fairly or barely used our strength to better the lot of our beloved motherland.

This is an avenue for converting our energies towards bringing lasting solutions that will benefit individuals, families, fellow citizens, as well as

posterity. You can transfer your passion and energy in salvaging this and other age-long embarrassing plagues of our nation, because energy is meant to be converted or transferred for productive and beneficial purposes.

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Your ultimate goal in life should be to convert the energies you possess into meaningful purposes that would benefit others. Energy conversion is absolutely essential and remains an invaluable key to success in life.

•***"Energy cannot be created or destroyed; it can only be changed from one form to another."***

—Albert Einstein

Thirdly, Energy cannot be created or destroyed.

This implies that if you do nothing with what the energy you have, it still remains there, awaiting your use. It doesn't disappear, or fly away. The problems in our society are all awaiting the exertion of our strengths. Energy cannot be created or destroyed; it is simply there awaiting your use.

Thus, you must do something meaningful, tangible and profitable with the energy you possess. This is your absolute responsibility in life.

Refusing to make positive productive efforts doesn't connote inability, but irresponsibility on our part. The energy in you is waiting to be released into great purposes.

"Energy is liberated matter, matter is energy waiting to happen"

— Bill Bryson

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The success of Thomas Jefferson as a Founding Father of the United States of America and author of the Declaration of Independence was based on his passionate desire to make full use of the energy at his disposal to set his country free from the colonial powers of Great Britain, as well as ban the importation of slaves into the US. He was actively involved in legislation that resulted in slavery's abolition as well as nation-building. He made a remarkable statement to this effect:

"We hold these truths to be self-evident, that all Men are created equal, that they endowed by their Creator with certain unalienable Rights, that among these are

Life, Liberty, and the pursuit of Happiness."

This was his Magna Charta. Words that released the energies of his being to fulfill his purpose and have remained a guiding force to the American people!

All the trainings, investments, education, privileges and opportunities you have in this life are designed for a purpose: to inspire the release of the energy deposits you carry, for the fulfilment of a worthy objective. You need to put the energy in you to work.

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The Indispensability of Energy

Energy is indeed an indispensable resource and facet of life. Everything in life is energy dependent, ranging from nations to individuals, all we do requires energy. We cannot do without energy. It is one of the most expensive and valuable resource in any country of the world.

Starting from our human bodies and all the machineries we run on a daily basis, energy is released and consumed, in an unending cycle.

Have you observed that most times you feel tired or less energetic; you tend to be impatient with people, unproductive at work; and a bit edgy. But after having some rest or meal, your strength bounces back and you become more confident and positive. What made the difference, energy restored!

We move our bodies by the energy we possess. We fly planes, drive cars; carry out our work in the office or studies at school by energies.

We need energy to think creatively and relate effectively with our spouses, children, friends, colleagues, boss etc. Energy is indispensable to all forms of human relationships.

THE VERITABLE SOURCE OF ENERGY

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Thank God for energy—the fuel of life.

In 2012, a news report stated that the US spent an average of $3724 per person on energy expenditure, and in 2015, had a planned expenditure of $5 Billion on just Energy Research.

Also in a recent news article, the Federal Republic of Nigeria expressed their plans to expand their investment in renewable energy to 50% by 2020. Although

Nigeria's primary energy consumption was about 108 Mtoe in 2011. Most of the energy comes from traditional biomass and waste, which accounts for 83% of total primary consumption. The rest is from fossil fuels (16%) and hydropower (1%). Besides, the country has oil reserves of about 35 billion barrels and gas reserves of about 5 trillion cubic metres, ranking 10th and 9th in the world respectively. Global production in 2009 reached 29 billion barrels and 3 trillion cubic meters of natural gas, and thus making us a certified member of the Organization of Petroleum Exporting Countries.

Although renewable energy penetration is still in its nascent stage, the only source of renewable energy in the country is the hydro-power and biomass; wind and solar energy have only been deployed in minuscule amount. Solar energy in Nigeria is majorly used in urban areas for street lighting, while in rural areas it is used for irrigation project and water pumping. But in spite of all these, electric power supply has remained in its most epileptic form for

decades with rising population and increasing demands of her citizenry for energy. Why has our own remained a problem?

Americans will not solve Nigeria's problems; neither will the Chinese or German Government, it will take you and I – citizens of our great nation. We will have to take steps to salvage our nation's energy crises. We are the saviours the Creator is counting to use our energy to answer to our needs of our nation. It is not a mistake that you were born a Nigerian; stop wishing you were born in America or Britain. This is the Creator's master-plan of sending a saviour in you to bring solutions to the plights of this nation.

I challenge you today, to do something, to rise up to this clarion call of using your energies for the good of your nation. The good you'd accomplish for your nation will better the lot of untold many including your own offspring and posterity to come.

The Energy of the Mind

Before ending this chapter, I would like to bring to your notice that your mind is a great reservoir of energy, capable of producing thoughts and imaginations that can move you higher in the pursuit of your dreams.

Aristotle the great Philosopher said:

•"The energy of the mind is the essence of life."

The energy of the mind is the essence of life. This is unbeatably true!

The energy of your mind is relayed through thoughts, and thoughts are powerful. What you meditate upon can either boost or deplete your energy levels. Your thoughts have power. You can use your mind to direct your thoughts towards your desired accomplishments and experience a turbulent flow of energy.

"For as he thinks in his heart, so is he..."

– Proverbs 23:7

Energy flows in the direction of thoughts. Your thoughts give direction to your energy, and energy flows in the direction of your thoughts. There's no need living a wishful life with all the immense potential of accomplishment within. Release the energy in you for a set purpose.

"It takes as much energy to wish as it does to plan."

–Eleanor Roosevelt

It's time to use the energy in you. Instead of wishing, it's better to plan. Hoping and wishing is not enough, action is needed today, because action releases energy to birth changes.

When you see architectural structures and masterpieces like the Sydney Opera, 88 Wood Street, Eiffel Tower, Burj Al Arab in Dubai or Christian Dior Store in Omotesando, Tokyo, what comes to mind?

The energy of the mind—thoughts! Someone was thinking about doing something amazing, by creating mental pictures, and then rearranged those thoughts into action.

How could we produce such magnificent structures and buildings in our own nation? We need to task our creative minds, we need to think solutions.

Thoughts are energetic pictures with limitless potential if acted upon. Set your mind to work, rearrange your thoughts. Work on your dreams to transform your nation. Create thoughts and birth ideas that will revolutionize the economic hardship in your nation and solve the lots of many. Use your mind to release your strengths and produce the solutions your world needs.

I’ve always believed that the destiny of every nation is in the hands of its citizens, and if they did nothing with all their intelligence and energies for the good of their nation, nothing would be done. It’s always been said that evil prevails when good people do nothing.

THE VERITABLE SOURCE OF ENERGY

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“Evil prevails when righteous men do nothing.”

If we keep on tolerating corruption, it will keep flourishing in our beloved country to the detriment of future generations, destroying the very fabric of our nation. We must do something urgently; we must arise with wisdom and strength, and do something daily to bring about the change we so desire.

For a long time now, many in the Christendom have used the energy of their minds only for church-related functions, abandoning the great need of influencing their society as a whole through kingdom values and principles. We haven’t used our minds to transform our society. That’s the reason behind the prevalent corruption, economic failures and backward trends we struggle with as a nation. We haven’t used our minds to change our world. We have been functioning below our capacity, calling and strength. It’s time to arise with strength and use the energy of your mind to transform your society. It’s time to bring positive transformations to every single sphere of your society, from your circle of friends to your family; from your workplace to your city council and school; from sports and arts to politics and business. Every skill, gift, passion, talent and energy must be employed in restoring dignity to our nation. It’s time for a revolution and the responsibility is primarily yours!

ENERGY—THE FORCE OF ALL MEANINGFUL ACCOMPLISHMENT

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CHAPTER 2:
THE LIMITATIONS OF MAN'S INCREDIBLE ENERGY



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THE LIMITATIONS OF MAN'S INCREDIBLE ENERGY

“Opportunity is missed by most people because it is dressed in overalls and looks like work.”

–Thomas Edison

The main purpose of the energy we possess is to create solutions that answer to the needs of humanity and solve the problems plaguing our society. This is one of the most proficient ways of expressing our gratitude to the Creator who gave us life and energy.

Our relevance in life is in the problems we solve, not the ones we create. We are wired with energy for the sole aim of productivity and creativity. Creativity is an expression of divinity and understanding of one’s purpose of existence.

One of the main characteristics that differentiate man from other creations is his ability to create and innovate, not just reproduce. Animals and plants can reproduce, but man is energised for creativity and much more. You can do more than reproduce. You can produce.



THE VERITABLE SOURCE OF ENERGY

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Our Creator is glorified when we use His energies to create quality goods and services that benefit the lives of others. This is purpose of the energy He’s given you. You are energized for creative purposes.

All over our country, we drive cars, ranging from exotic automobiles to other fairly used grades. There is almost no day that passes by without an individual purchasing a second-hand or brand new vehicle, but how many of these automobiles do we produce as a nation? How many emerge from our own car-producing factories? Other nations have used their energies to produce but we’ve been using ours to consume. Why is it so, and how long will it remain this way? When will we rise up as a nation to the challenge of producing and exporting to other nations?

Is it that they have more energies and wisdom than we do? Or are we less educated and enlightened than they are? Do they have more or better Universities than we have? How relevant has our education really been towards creating the kind of solutions we need? Or do we lack the finances to set up such industries that can boost our economy vitally and engage our potentials productively?

Recently, there has been a sporadic increase in the number of Universities and schools in our dear country, yet there’s also been a corresponding steady

decline in literacy rate and availability of employment opportunities.

THE LIMITATIONS OF MAN'S INCREDIBLE ENERGY

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While we spend several hours in religious activities, most developed nations spend theirs producing what we will consume? When will we rise up to produce and export to other nations? When will we productively explore the wealth and resources the Creator has endowed us with?

Let your goal in life be to use your energy to solve the problems in your generation. You've been endowed with enormous potential, strength and wisdom to harness other energy sources on earth, to make inventions that will improve the quality of life and alleviate the sufferings of mankind. Take advantage of your abilities to make your world a better place.

"What we have done for ourselves alone dies with us. What we have done for others and the world remains and is immortal."

– Albert Pine

I'm inspired by this quote of Albert Pine. It's indeed true that what we have done for ourselves alone dies with us, but what we have done for others and the world remains and is immortal. What you do for self only—selfish ambitions are usually the least ways of maximizing your energy. It is what you do for others that remain for ages. What have you done for others with your strength?

What will you do for your community? What will you do for your Country? What will you do for others with all the strength you possess?

THE VERITABLE SOURCE OF ENERGY

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The value of your life isn't based on how long you live, but the problems you solved while you were here. You were born as a solution to a problem or problems. The world will remember you for the solutions you brought, when you're long gone.

Thus the main purpose of your energy is for solving the problems of life. The primary essence of the energies you possess is for offering lasting solutions to the troubles of your society. This is the best, lasting and most fulfilling way to exert our energy!

So, I challenge you today, to put to use your energy towards addressing the

issues of your own country. Be the answer to your world.

Let There Be Light!

Have you ever wondered how the world was before the onset of the electric bulb? Can you imagine living in a house with no electricity or light bulbs? Even at day time hours, we still make use of the light bulbs in our offices, homes and everywhere, and most especially in the late and early hours of the day.

Thank God for those who made efforts, exerting their minds and energies to produce the electric light bulb we enjoy today. Thank God for the man who decided to invent something similar to what God did when He said: “Let there be light!”

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Historians have noted that Thomas Edison wasn’t the first to invent the light bulb. Over twenty distinct efforts were already underway when Edison entered the light bulb invention race, because the light bulbs that existed then were unreliable, expensive, and short-lived. But Edison’s success was based on his ability to combine three invaluable factors: firstly, a durable incandescent material; secondly: the elimination of air from the bulb- a better vacuum; then thirdly: a filament material of high resistance.

Those were his improvements in the electric light and he succeeded in making electric lights that were cheap, safe and convenient to use for both public and private purposes. He made a mark through the exertion of his energies!

“I find out what the world needs. Then I go ahead and try to invent it.”

— Thomas A. Edison

What is needed in our country? I challenge you to adopt the mindset of this great inventor and by going ahead to invent solutions to the problem of your nation. This is the mind-set of History makers!

The world owes nothing to any man, but every man owes something to the world. Instead of wondering what benefits you could gain from being citizen of your country, rather consider what benefit you can bring to your country.

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Your country owes you nothing. Rather, you owe something to your land of

nativity and fellow humanity. You're a debtor to your generation. What will you give back in return?

Thomas Edison gave his nation and the world the incandescent light bulb. He's long gone but today his inventions and efforts are here for our own good. If you used a light bulb recently, then you're indebted.

Edison understood the purpose of life and energy he possessed. He rose up to solve the problem of darkness for his nation and the world, and today we are enjoying his solution in the privacy of our homes, offices, and religious institutions.

I challenge you as well to identify one problem in your society you have a desire or passion for and rise up with the strength you possess to birth the solution. The government isn't the answer, your newly elected politician isn't the solution, you're the answer, you're the solution and that's the purpose of the energy in you!

You're indebted to the world. You owe it to your spouse, children, parent, friends, neighbours, community, nation and the world at large to add a measure of positives and benefits through the use of the strength of your mind, energy of your being and inherent potentials.

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Nothing is produced where energy is not exerted, so exert yours purposefully, productively and daily.

It's high time you considered what solutions you're going to give to your people and generation.

No Room For Excuses

"Ninety-nine per cent of failures come from people who have the habit of making excuses."

—George Washington Carver

Like all those who accomplished great feats, Thomas Edison could have presented excuses and opted for mediocrity. Firstly, he was born into a poor family, at an early age Edison developed hearing problems which was some way attributed to scarlet fever and also had recurrent middle-ear infection which left him hard of hearing. In addition to these, he was notably terrible in mathematics, unable to focus and had difficulty with words and speech, yet went ahead to become one of the greatest inventors and business man the world had ever known.

Excuses are self imposed limitations we place on ourselves as reasons for not using the energies we possess. Therefore, give no place to excuses.

Helen Keller, the renowned American author, activist and lecturer was the first deaf/blind person to graduate



from college. She wasn't born that way, and didn't permit her impediments to stop her either. Keller went on to become a world famous speaker and author. She tapped into the strength within her being beyond the boundaries of all limitations.

"...let the weak say, I am strong."

– Joel 3:10

It's easy to have an excuse, but those who hold on to such will accomplish nothing in life.

Ludwig Van Beethoven was renowned globally and till date for being able to create music and play music even after being completely deaf. That's a miracle! This man conquered his disability and excuse and went ahead to becoming one of the greatest musicians of all time. Historians say that if there was one thing that was affecting his struggle to succeed it was not only being deaf, but having to fight all the emotions that he felt inside when he had to turn around to look at the audience applause because he could not hear. So touching!

I feel very sad when I hear of youngsters expending their invaluable time and energy in partying, dancing at night clubs, going for endless entertainments and watching movies. This is a pure waste of energy, time and resources; a short-cut to a life of shame. Those who thread the path of greatness spend their time in activities that create solutions



to their nations. After watching all those movies, and dancing all night in the club, guess who became richer and who became weaker? I'm sure you got it right!

Most inventors begun their discoveries in their youthful ages, most business tycoons and wealthy billionaires started out in the prime of their youths, when they were fresh with strength. Don't waste your youthful vigour so you don't

end up a beggar in life. Create! Produce!! Innovate!!! Use your energy wisely today and invest in your future.

What is Your Excuse?

You are loaded with incredible strength. Don't let it lie fallow; put your energy productively and purposefully to work.

Conquer your limitations. Rise above your excuses and leave your foot print on the sands of time.

Greatness is not necessarily based on the magnitude of your accomplishment, but the attitude with which you accomplish it. You can do small things with excellence.

If we keep holding on to our excuses, we will accomplish absolutely nothing. Make up your mind to let nothing stop you from reaching your goals and exerting your strength in the direction of your desired achievements. Cancel out your excuses. Don't let them stifle and hinder the flow of your strength. Refuse to recognize them and reach ahead for your dreams!

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When I came into Kiev, the capital city of Ukraine, I had a burning passion to bring lasting hope to the sufferings and plights of the Ukrainian people. The problems of the drug addiction, alcoholism, prostitution, crime and depressed people somehow had a bearing on me. Though the country at the time had just gained Independence from the Soviet Union, yet so many were experiencing all kinds of untold hardships that made them do terrible things, even to the extent of committing suicide, doubting the existence of God. They found no solace in religion. In the face of these national crises, I believed in the strength of God within me to solve their problems; I believed I could bring about solutions through the veritable energy of God's presence. But hold on, some interesting excuses were rising to surface: "I'm a black man from Africa with a completely different culture, language and even tone of voice." I am too different. Will they accept me or maybe throw stones at me? But thank God I didn't allow my race, nationality, fears or even the oppositions I experienced dictate the boundaries of my influence. I ignored all those excuses, and went ahead to make a lasting difference by the grace of God that remains till date.

My question to you is: What's your own excuse? What could be hindering you from utilizing your energy in reaching your goals and accomplishing your purpose in life? When you identify those excuses, get rid of them!

If you say unemployment is your excuse, what about others who overcame theirs by using their God-given

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strength to create employment for others. Nobody was born to create a job for you. At least you're educated, and many aren't opportune, yet have added a lot to humanity.

You're without excuse no matter the challenges you're facing. If you have life, energy and a dream; then you have all it takes to produce real solutions for your generation.

People who give and condone excuses usually lack discipline and function below excellence. They rarely tap into the wealth of their abilities nor scratch the surface of their potential. You can never tell what great things you would achieve or how far you could go if you would simply let go of your excuses and exert your energies in line with the direction of your purpose. Don't be a fellow who gives excuses.

Remember 99% of failures come from people who have the habit of making excuses. George Washington Carver was born into slavery, and faced many obstacles due to the racial prejudice of his day, yet brushed aside all these excuses to discovering great things that bettered his society and the world globally.

So if you decide to give excuses for not achieving your goals or solving that menace in your society that burns deeply within your heart, then you've inadvertently signed up for the other group, which is definitely not your lot!

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A Limitation Called "Fatigue"

In spite of the incredible energy we all possess and exude, and unfathomable heights we have and could reach, there are still limitations in the use of our strength.

I would love to take you back to our beginning story of Pheidippides—the hero of marathon, who died from exhaustion soon after delivering the good news of victory— "Nenikikamen" which means, "Rejoice we conquer." How much I

wished he lived to see the profound happiness of his people and aftermath good of the battle of marathon. What he died of is very similar to the current plague we face in our today's world: the problem of fatigue!

Fatigue is undeniably a well known problem around the world. Lee Iacocca, an American businessman had this to say about this subject:

"In times of great stress or adversity, it's always best to keep busy, to plow your anger and your energy into something positive."

As beautiful and true as this may sound, there comes a time when our energies seem unproductive, and strengths come to a halt due to the enormous weights of fatigue and emotional strains of tiredness that even physical rests, recreation and medications cannot fully succour.

A recent report showed that more than one million Americans and a quarter of a million people in the UK have CFS, that is, Chronic Fatigue Syndrome which is a medical condition characterized by long-term fatigue and other symptoms. CFS occurs more often in women than men, at a comparative rate of four times more, and is less common among children and adolescents.

In fact statistics revealed that this illness strikes more people in the United States than multiple sclerosis, lupus, and many forms of cancer. Moreover, only 16% had received a diagnosis and medical treatment for their illness.

The research further proved that CFS occurs in all ethnic and racial groups and in counties around the world. Doctors have also proved that CFS can be identified with symptoms such as sore throat, increased malaise, problems of sleep, difficulties of memory and concentration, headache, mood problems, depression, brain fog, and the list goes on, as it varies from person to person.

•"With fatigue comes a lack of concentration"

— anonymous

The US National Library of Medicine published an article in January, 2007 on the negative economic effect fatigue poses on the nation. Their report proved that fatigue is a core factor in associated health-related lost productive time (LPT) in U.S. workers. Besides, 41% of

the study population had fatigue and were more likely to report pain, digestive problems, cold/flu, chronic breathing problems, cancer, diabetes and heart diseases. 4.1 hours of productive work were lost to fatigue-related LPT, 85.4% of this estimated time related to reduced performance at work. Workers with fatigue cost employers $136.4 billion annually in health-related LPT, an excess of $101.0 billion dollars compared with workers without fatigue.

Is Fatigue Really a Problem?

The 2005 Community Health Survey conducted by Statistics Canada indicated that there were 333,816 Canadians with CFS.

In Netherlands, prevalence maybe as high as 3.6% in the working population, which is considerably higher than the US rate (Huibers et al). Sweden has also reported a very high prevalence of 2.6%. (Evengard et al).

There have been very few systematic epidemiological studies conducted in Africa, but one study suggested that the rates might be higher in Nigeria than in the US. (Njoku et al).

"Fatigue is the common enemy of us all—so slow down, rest up, replenish and refill."

—Jeffrey R. Holland

THE LIMITATIONS OF MAN'S INCREDIBLE ENERGY

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The Occupational Safety and Health Service Department of Labour, New Zealand in a health article defined fatigue as:

"*The temporary inability, or decrease in ability, or strong disinclination to respond to a situation, because of previous over-activity, either mental, emotional or physical."*

The authors further said fatigue could compromise health and safety at work, and is a common outcome of stress and shift-work.

Besides the economic threats this energy-depreciating malady poses on any nation is the high rate of road accidents caused by drivers who are suffering from fatigue and stress-related problems. Transport Accident Commission of the Australian government reported that 20% of fatal road accidents that occurred in the country involved driver fatigue, and $3billion was lost annually due to road accidents caused by fatigue.

Besides these, many marriages and homes have suffered from the terrible effects of fatigue and stress. Fatigue has contributed to the high rates of divorce and broken marriages around the world. Many couples going through fatigue

have been unable to pay adequate to attention to one another and their wards, thus experiencing a great difficulty in communication and for some, a breach in relationship leading inevitably to the divorce and unhappiness which many experience today. Most certainly fatigue is a problem

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and an enemy of all who are committed to using their energy to accomplish something great!

Here in our beloved nation Nigeria, there's been a recent rise in the divorce rates which I believe is largely due to the problem of not rightly prioritizing our energy. Instead of couples endeavouring to create time for one another, they've misplaced their priorities, putting their pursuit of wealth ahead of the family union.

I heard a sad story of a certain family where both spouses were so consumed with work at their respective offices, leaving home very early and returning quite late at night. They left their kids to the care of other relatives and barely spent quality with them as well as with each other, even during weekends. Well, at the beginning, it seemed alright since they had to make ends meet, but after a while, the negative impacts were becoming so unbearable. First, they were rarely communicating as they used to and this went on for years. Then, their daughter had already become so promiscuous, to the extent of having several sexual partners, and soon after became pregnant and had to terminate her University education. In addition, their son had gradually been induced into a cult group on campus and ended up becoming a ring leader of this notorious group renown for terrorising the school. To make matters worse, this wonderful couple were already filling for divorce on the grounds of irreconcilable differences.

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How did this all begin? How did this lovely marriage become a home of sad tales? It begun the moment they misplaced their priorities and diverted their energies away from making their marriage work and their home a place of refuge. They allowed their pursuit of wealth undermine the attention they should have paid to one another, as well as their lovely kids. Instead of giving priority to their marriage, they invested all in their career pursuit, which eventually brought

a terrible loss. When the use of energy is not prioritized, there will always be a misbalance. You need to give priority to your family.

Now this story is one among so many in our nation and the world as a whole: being the outcome of spending our energies on other pursuits at the expense of our most prized families and priorities of life. Though the ministry has required that I travel extensively, I have made my family a priority in the exertion of my energy, and have determined to make time for them. My Princess, Bose and I cooperate in all family matters. We are happily married and given priority to our marriage, no matter our varying engagements.

Prioritizing is absolutely essential in directing our energies. You need to prioritize in life and direct your energies to what matters the most, so that you don't end up losing it all. Give your energy and attention to what matters the most, the precious things in life.

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The Cheapest Yet Most Reliable Energy Source

"It's hard to be spiritually strong and mentally alert when you are emotionally stressed or physically fatigued."

—Rick Warren

If there's in existence a source of energy greater than all others, but unknown to you that would you help you discover you genuine purpose in life and accomplish lasting success and happiness, would you like to know about it? There is a source of energy available to you that you may or may not be using, and it is the greatest bargain in the world—it is free!

Come to think about it, it is one of the few most important things in today's world that is free. I am referring to the unlimited source of energy that comes from the Almighty: the all-knowing, all-present, all-powerful God, and those who spend time with Him go from strength to strength, because He is the Source of all Strength.

Have you ever experienced a morning you woke up hoping to accomplish a lot of targets you scheduled for your day's work, on getting to the office or work place you just find it difficult to concentrate or exert your energies towards your goal. This feeling of exhaustion or stress which physical rest, medications, food and energy drinks, candies and all sorts of high energy calorie meals could not dissolve has an age-long proven and tested solution.

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In the same you refill the gas tank of your car when you run out of fuel, there's a place to go and refill your strength, a Person who can help renew your vitality and vigour, when you're out of strength and weighed down with fatigue.

"Blessed is the man whose strength is in You. They go from strength to strength; Each one appears before God in Zion."

– Psalm 84:5, 7

The Omnipotent God is the Source of all strength. Those who spend time with in His presence will always find their strength replenished and renewed. This is the most reliable way to overcome the problem of stress and the fatigues of life—resting in the Presence of the All-Powerful and Mighty God.

He knew that our strengths have limitations since He created us, and He prepared an advance solution for this.

Take for instance: Toyota Company knows the possible problems and break-downs that could result when a car owner misuses their brand. Also, they have prepared or advance solutions to any kind of problem the car owner could encounter in the course of the usage of their product. No problem of that car could be a total surprise or mystery to them. They produced it, so they can fix it.

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Every product has its producer. You are God's product; He is your Producer. You're made by God. He crafted your system. He is your Manufacturer and Maker, and has a manual of operation written down to guide you on repairs and maintenance, that is the Bible. He knew your body and mind could experience this kind of break down. So the best thing is to go to Him—your Omnipotent Maker and make reference to His manual.

"Have you not known? Have you not heard? The everlasting God, the LORD, the Creator of the ends of the earth, neither faints nor is weary. His understanding is unsearchable.

He gives power to the weak, and to those who have no might He increases strength.

Even the youths shall faint and be weary, and the young men shall utterly fall, But those who wait on the LORD shall renew their strength; they shall mount

up with wings like eagles, they shall run and not be weary, they shall walk and not faint."

– Isaiah 40:28-31.

God never gets tired or weary, but we do get weary and exhausted. He never gets stressed or fatigued; but we could get stressed and fatigued. He has promised to give strength to anybody who is tired, fatigued and stressed who comes to Him.

Will you come to Him?

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He loves to energize those who are about to give up. In His presence you are sure to go from strength to strength. His presence is the most assured place to obtain fresh strength and get energized for life.

CHAPTER 3: A ROOT CAUSE OF ENERGY DEPLETION



CHAPTER 3: A ROOT CAUSE OF ENERGY DEPLETION

"Our fatigue is often caused not by work, but by worry, frustration and resentment."

—Dale Carnegie

Understanding the root cause of any problem is a vital step towards solving it. What is the root cause of fatigue and stress? Where does it come from? Are there things we do that could result in this limiting condition? Are there factors that could predispose us to this discomfort of life?

Dale Carnegie, the highly resourceful and renowned American author who made tremendous accomplishments especially in human relationships identified worry, frustration and resentment as root causes of fatigue. According to him, work is not the problem, but worry, frustration and resentment, and I totally

agree to this.

It’s so pertinent to get rid of any factor that could diminish your productivity so you can create an environment conducive for work and the productive use of your energy. But before we do this, let’s examine the factors that lead to fatigue.





Worry: A Root Cause of Fatigue

Worry is a well known contributor to the problem of fatigue; it’s a century old problem. Our worries are mostly connected to issues we face and we ponder on with a pessimistic approach. It’s a never a step towards being productive but a depreciator of our energies. Worry saps your energy.

Just imagine you’re a father or mother, whose son’s school fees will be due in a week’s time, monthly rents already expired and you recently lost your job, still searching for one. Your mind could be racing with thoughts on how to create income to meet these imminent needs. On the other side, you could choose to be weighed down emotionally with discouraging and self-limiting thoughts of apprehension and anxiety. Whichever of the approach you choose would not only determine the fulfilment of your personal objective, but could as well affect your health in the long run.

«Which of you by worrying can add one cubit to his stature?”

— Matthew 6:27

Worry adds nothing to you. Nobody ever became rich, successful and happy through worry. Rather, people become poor, sad, and depressed. Worry is a thief —it takes away our time, joy, peace, energy, and future. It multiplies



our fears and magnifies our anxieties. It introduces stress into our system, but on the planning and critical thinking will channel our thoughts towards productivity. The human system wasn’t designed for worry, thus you mustn’t worry.

You Aren’t Designed For Worry!

Abraham Hicks defined worry as “using your imagination to create something you don’t want.” And I totally agree with his definition.

Instead of creating mental pictures of what you don't want, why not create the pictures of the right things you want?

Worry is a killer, a death trail, a pathway to failure, and guaranteed way to lose your happiness, peace and strength. Worry saps out strength from us and leaves us with nothing left but our fears magnified and solutions minified. Worry can lead to physical, emotional and financial breakdowns. It's a deadly destroyer and a main cause of fatigue. You must know how to conquer your worries and anxieties or they will conquer you and make your life miserable.

Most times, our worries come with questions, take for instance: ***"Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'"***

–Matthew 6:31

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That's the sound of worry! What will I eat? What will I drink? What will I wear? Worry talks about the "I". It presents a self-centred hopeless approach in our deliberations. It's not a question seeking the right answers, but questions designed to side track our minds from productive solutions.

Have you also observed that our worries most of the times are a projection of future anticipated needs into our present:

"What WILL I eat? What WILL I drink...?"

Thus we miss the present opportunities and benefits of today by worrying about tomorrow. We postpone today's joy because of tomorrow's concerns; we exchange today's blessings for tomorrow's fears. This isn't right!

"Worrying does not empty tomorrow of its sorrow. It empties today of its strength."

– Corrie Ten Boom

Worrying does not empty tomorrow of its sorrow. It empties today of its strength. Why empty your today of its energy and strength? Why spend your present worrying about your future, instead, you should enjoy today and use your strength today with positive emotions. Worry does not take away tomorrow's troubles; it takes away today's peace. Worry creates negative emotions, which repels good things away. But when you're hopeful, joyful and grateful, you will eventually locate a way out of your predicament. Your emotions matter in the explorative use of your energy.

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Worry Weakens Your Strength

Worry has been termed the “official emotion of our age”, and “one of the most urgent problems of our day”. It has well been described as the world’s greatest modern plague and cause of fatigue. Worry is an enemy waiting to destroy us. Real or imaginary, worry saps our strength, fills us with tension, affects our health and well-being, and robs us of joy and peace of mind. The exciting news is that it can be conquered.

Worry has a way of commanding our total attention. Instead of keeping on target, we zigzag through life, our thoughts always returning to our real or imagined worries.

Don’t allow yourself get sidetracked through worry, as it would surely rob you of precious time and energy, and eventually hinder you from achieving your goals, as well as beclouding your vision. You need clarity of vision and focus in releasing your energy for definite accomplishments, but with worry, this becomes an absolute difficulty.

Furthermore, worry brings confusion and fear. One beautiful thing about goal setting is that goals help to eliminate confusion and fear, and inspire the energy in us for definite accomplishments. Instead of getting worries, set goals and targets, and keep working on your targets.

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“Worry is like a rocking chair—it will give you something to do but won’t get you anywhere.”

– Anonymous

A certain entrepreneur drew a graphic structure a “Worry Chart” in which he kept a record of his worries. He discovered that forty percent of them were about things that probably would never happen; thirty percent concerned past decisions that he could not now unmake; twelve percent dealt with other people’s criticism of him, and ten percent were worries about his health. He concluded that only eight percent of them were really legitimate!

As a matter of fact, it has been medically proven that worry causes sickness.

A study was made of one hundred executives of the average age of forty-four years and it was discovered that half of them had high blood pressure, heart disease, or ulcers. It was notable in every case that worry was a prominent factor. It is a simple fact that our bodies function well when our minds are free from worry, anxiety, stress, fear, and tension.

Worry—A Sign of Ingratitude

I visualize worry not just as means of wasting valuable strength, but an expression of ingratitude. When you get on the “rocking chair” of worry, you’re indirectly expressing how ungrateful you are for other good things that are happening for you now; you are indirectly saying how unappreciative you are of the gift of life and all other

benefits God has availed you of, including the energy He has already given you to change your present situation. Worry makes you blind to present opportunities and complicates any situation.

Worry tries to make us feel as if we’re helpless and powerless, and that’s a lie. You are not helpless. You’re born to be a helper of men, a helper with solutions for others; a helper of your nation and other nations. You have the energy to help and bring succour to the pains and plagues of your country. You have strength to wipe away their tears and restore their hopes. Refuse to stay worried about anything.

Today is the tomorrow we worried about yesterday. So don’t waste your energy worrying. What you have today is greater than the things you are worrying. The gift of life you possess is greater than all your worries. Your energy is too precious to waste on worry. Therefore, focus on what you have and all will go well.

“...97% of the things you worry about don’t even happen.”

—Anonymous

Do you remember the things you were worrying about a year ago? How did they work out? Didn’t you waste a lot of fruitless energy on account of most of them? Didn’t most of them turn out all right after all? Certainly they did!

Instead of worrying about your liabilities, think about the riches you possess. When you take this healthier approach, your worries cease.

The scripture says the life in you is greater than your objects of concern. Keep the faith and don't give in to worry. As a matter of fact, the most amazing things in life tend to happen right at the moment you're about to give up.

When you become grateful for life and all other blessings you possess, your problems or objects of concern will gravitate towards their solutions. Your mind will open up to solutions right where you are, and your strength will spring up for greater accomplishments.

Fear: A Root Cause of Fatigue

History makers are people who aren't afraid to fail, because they understand the danger fear poses on their energy and synergy in accomplishing their goals.

All forms of fear produce fatigue. Little wonder so many are drained of vim and vitality they require for meaningful accomplishments. Fear drains energy.

One of the greatest keys of leadership is energy. You need energy to lead. Usually, fear targets your energy, to deplete your strength. When you study any leader, you will discover that one of their greatest secrets is their tireless energy. That's why it must be safeguarded from the plague of fear.

A ROOT CAUSE OF ENERGY DEPLETION

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A certain writer said of Florence Nightingale, that she would work twenty four hours at a stretch, and that John Wesley travelled on horseback the equivalent of ten times around the earth's equator.

Today, the beneficial effects of their diligent efforts and energies are enjoyed by many in several nations of the world, all because they refused to be limited or hindered by their fears.

Don't deny your community or country of the solutions you carry. Don't hide the light while others stay in the dark. Dare to reach for your goals, ignoring your fears.

Fear dissipates your strength. You can't afford the luxury of allowing fear to deplete your energy. Fear stops you from trying. Your fears will stop you unless you stop it first.

Don't be afraid of failure. Leaders are people who are not afraid to fail. They have the ability to accept failure and continue on, knowing that failure is a

natural consequence of trying. The law of failure is one of the most powerful of all the success laws because you only really fail when you quit trying.

That means you can try. In fact many at times, the things we complain about are things we haven't attempted or tried to bring about its solutions. Have you tried or attempted? Have you made sufficient efforts yet?

THE VERITABLE SOURCE OF ENERGY

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You are not going to live on this earth forever, your days are numbered, the clock is ticking, there is urgency, time is counting and soon yours will be up. But before the bell rings, what will you accomplish; what problems have you identified and are set to pour yourself into solving. What will you do with your God-given strength for your country?

I challenge you bring solutions that will echo in eternity for your generation and posterity. Do something for others; that's what Jesus Christ did. He died for others. He didn't die inside a massive Church building, He wasn't crucified within the four walls of a Cathedral, He died on the central point where sinners sat and could see; where those who in need could identify with, in the public square. He died pouring out His life to give strength to us when we were at our weakest and most vulnerable phase of our lives.

So that we will go out and do the same for others—pouring out our lives outside the four walls of our religious structures to bring true hope to the lives of others and solve the societal ills that has continuously plagued our own society and compatriots.

This reminds me of Mary Slessor, the Scottish Christian Missionary who came to our beloved nation in her twenties, and poured out her youthful vigour to save the people of the Southerners through the Gospel message as well as aborting the evil of killing of twins that was prevalent then. This English lady could have quit on

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could have quit on her great pursuit to preach the gospel and save innocent children who were being slaughtered by ignorant chiefs who were misled to believe that twins were evil. Despite the death threats, health challenges and various oppositions she encountered, she succeeded in defeating this evil work and set a people and posterity free from this unjust and un-humane killings.

You can't succeed in a good cause until you have tried. Identify a cause or an area and pour your energy to bring the help needed.

"It was worthwhile to die, if thereby a soul might be saved."

– Mary Slessor

Today, we are still plagued as a nation by various societal ills. Are you willing to give your energy and strength to birth the positive changes you envision in your nation? Will you save your nation?

"Failure is only the opportunity to move intelligently and begin again."

–Henry Ford

THE VERITABLE SOURCE OF ENERGY

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Some are afraid to launch out into the deep for fear they might be successful. They are not sure they can handle it and so prefer to stay in the comfort zone. You will never gain the sight of some distant harbour if you are afraid of losing sight of the shore.

Fear and anxiety go together. It doesn't empty tomorrow of its problems, but it empties today of it's energy. It doesn't make you escape trouble, but it makes you unfit to handle it when it comes.

Get rid of fear; it will surely drain your strength.

Frustration: A Root Cause of Fatigue

Sometimes in life, our frustrations could be as a result of failed expectations and dreams, when things don't turn out the way we actually expected or planned. When your vision seems to delay in being fulfilled, it's easy for discouragement to set in. It's easy to be tempted to quit or give up. It's easy to withhold your energies from the pursuit of your vision or goals.

"The first virtue in a soldier is endurance of fatigue; courage is only the second virtue."

– Napoleon Bonaparte

A ROOT CAUSE OF ENERGY DEPLETION

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At such times, you need to be resilient, you need to endure. Remember that the contrary winds drive your roots deeper. Endurance is a vital character you need in life to release the energy you possess, but this great virtue is developed in times of frustration, in times where nothing seems to work out as expected; when your output does not equal your input. Then you need to endure and be patient. Getting frustrated or sad will only accelerate the pace at which you become fatigued, and with fatigue comes the undue reluctance to produce.

You need to maintain a good attitude and understand that success is more than just the accomplishment of your goals, but includes the definite development of the character needed to maintain and expand it. Your emotions need to be positive to drive your energies in the right direction, and you must purposefully disallow all forms of frustrations by rejecting thoughts of failure. You can decide your thoughts today.

•***"If you faint in the day of adversity, your strength is small."***

– Proverbs 24:10

Choose your thoughts. Think on things that will inspire you even in the most discouraging seasons of life.

Life has different seasons just as we do in the natural. When its winter, you don't have to put on a frown and get

moody because of the extreme cold weather conditions; you should rather put on warm clothes and winter jackets to keep yourself warm for the season. No matter the season of life that comes your way, you must learn to adapt, overcome and conserve your energies for effective use, rather than spill over with sadness and frustrations.

"Sadness is almost never anything but a form of fatigue"

—Andre Gide

Complaining is often a sign of frustration.

Everywhere in the world, there are people who complain and grumble. Some complain over their spouses, while others do over their government, parents, health, etc. History makers are never complainers. They are those who see problems or challenges as opportunities to harness and direct their inward strengths towards a desired accomplishment. Nothing ever changes for the better

through complaining.

No spouse enjoys listening to the complaints of his or her partner, because it wanes or weakens their strength. Nobody loves the company of a nagging wife or husband. There are better ways to express ourselves than to grumble or complain. When you complain, you are creating the wrong atmosphere – an atmosphere that disables strength and discourages the release of our energies. Whether your complaints is about others or your situation, the effect remains the same—a weakening of your strength!

A ROOT CAUSE OF ENERGY DEPLETION

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I've observed that those who spend their time complaining about other folks don't do better when given the same opportunity. Your energy is not designed for putting others down, but putting them up, because when you lift them up, you also rise with strength.

What you keep hearing can affect your ability to perform. Therefore, choose your words. Speak words that register faith and hope in all circumstances. Speak words that inspire and motivate others to rise. You can personally talk to yourself and recharge your soul with positive inspirations regarding the pursuit of your set goals each day.

Most great discoveries came as a result of men who refused to be discouraged. The process of reaching your goals is an invaluable experience of life. Success is not a destination, it's a journey. So get excited on the way, keep your emotions on the high and thrash every form of frustration that could try to undermine your strength. Be happy today and every day. Put on a smile and get optimistic. Hope for the best no matter what you face and your strength will rise to the occasion.

THE VERITABLE SOURCE OF ENERGY

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A Man Who Refused To Be Frustrated

When Abraham Lincoln was running for a political office in the United States, he had enough reasons to quit, because on several occasions he lost the elections. He could have sat down one day and absorbed every thought of discouragement and frustration running through his mind, he could have said

"I've tried, maybe I should quit, or maybe it's not for me."

But no, he pushed on. He pushed aside discouragements, and fought a good fight of faith. He unleashed his energies and potentials until his desires were fulfilled. Now he's gone, but has it on record that he won! You don't have to give up when the going gets tough, you don't have to sulk or complain like a little child who didn't get what he wanted.

His story of success remains an essential lesson for all who desire to persist in life against all odds in other to unleash their full energies. Despite his share of discouragements and disappointments, he remained undaunting in his passion and eventually turned out to be one of the greatest Presidents in the American history. Historical records prove that he had numerous failures in his careers, until he was suddenly elected as president in 1860. Learning to overcome frustration is the art of converting failure into success.

A ROOT CAUSE OF ENERGY DEPLETION

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Let's examine his timeline:

• 1831 – Lost his job
• 1832 – Defeated in run for Illinois State Legislature
• 1833 – Failed in business
• 1834 – Elected to Illinois House Speaker (Success)
• 1835 – Sweetheart died
• 1836 – Had nervous breakdown
• 1838 – Defeated in run for Illinois House Speaker
• 1843 – Defeated in run for nomination for U.S Congress
• 1846 – Elected to Congress (Success)
• 1848 – Lost re-nomination
• 1849 – Rejected for land officer position
• 1854 – Defeated in run for U.S Senate
• 1856 – Defeated in run for nomination for Vice President
• 1858 – Again defeated in run for U.S Senate
• 1860 – Elected President (Success)

When you get to that point where nothing can discourage or frustrate you out

of your set course, then you are ready to win.

THE VERITABLE SOURCE OF ENERGY

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One of the reasons you must fight frustration and discouragement is because it will drain your energy and limit you from using your energy for the good of others.

Abraham Lincoln couldn't be stopped because he had a vision to use his energy for the building of his nation.

You can use your energy to contribute positively to the economy of your nation. In the light of the recent economic recession our nation Nigeria is undergoing, our energies shouldn't be used to only pray 5 times a day or sleep in Churches from morning till night. The world's greatest economy weren't built that way. In fact the Founding Fathers of the United States were busying researching and applying Biblical and economic principles to revive their economies during recession and they succeeded.

It's high time we concentrated our energies on uplifting our nation above the turbulent tides of economic hardship and sufferings our people are facing. Let's do something now before it's too late; let's do more than pray and fast. Let us act now. Use your energy and your mind today.

What To Do When Other Sources Fail

Another main reason I believe is responsible for the failing strength of many is their undue reliance on what I call 'Pseudo-energy sources': depending completely on substitutes such as energy foods, energy drinks, and high calorie snacks to supply our energy demands.

A ROOT CAUSE OF ENERGY DEPLETION

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There's nothing wrong feeding on healthy energy-rich foods, but there's something wrong when we depend completely on them as our primary source of strength. Trying to rely on energy that comes from food, drinks and all other external consumables to drive you towards reaching your goals is fundamentally wrong!

"Real energy is not sourced from without, but from within."

Companies that produce energy boosters, beverages and candies make

whooping millions of dollars from their sales and profits. A lot of money maybe flowing into their business accounts, but the consumer is still left wanting for more, because your system wasn't designed to rely on such for sustainable productivity. Relying on these external consumables is sure to fail, because there is something far better and greater designed for you!

"Man shall not live by bread alone, but by every word that proceeds from the mouth of God."

– Matthew 4:4

At times we travel abroad for vacation to some distant places, exotic islands or sea sides, all for rest and recreation. We go mountain climbing, swimming, fishing, sporting events, on spa and massage therapies, and various kinds of wonderful rest-inclined activity yet after making these enormous expenditures and investments in leisure, the

problems of tiredness, mental fatigue and mood change persists, thus affecting our effectiveness in the family, relationships, offices, work etc. Though these things are good and exciting, they are not the primary source of our energies.

The energy you need to accomplish your highest goals and function optimally in life can't be sourced primarily from energy food or energy drinks; it's not externally sourced. It's from a higher Source.

This energy Source is the most powerful yet most available; the oldest yet most dependable. It is an Omnipotent energy Source that never fails. You can never experience a power outage in using this or running short of strength while depending on it; it's accessible to all who irrespective of your age, gender, social status, religious inclination, nationality or ethnicity. I call it the Fourth Dimensional Source of Energy—a most veritable Source of Energy. In the next chapter, we will talk about it.

CHAPTER 4: THE FOURTH DIMENSIONAL SOURCE OF ENERGY



CHAPTER 4:
THE FOURTH DIMENSIONAL SOURCE OF ENERGY

"We may ignore, but we can nowhere evade the presence of God. The world is crowded with Him. He walks everywhere incognito."

— C. S. Lewis

The Fourth Dimensional Source of Energy cannot be defined by science or physics. Our human encyclopaedias are insufficient in explaining what it really is. But simply put, it refers to the energy that emanates from the presence of God.

Every individual has a presence. In other words, when he or she comes in to a place, you can see, feel and know. There are folks whose voice are heard before they step into a room, probably because of their temperaments, while there are others who are so quiet and may not even be observed when present, yet nevertheless they are seen.

In the same way, God is a Person. He has a Presence: an invisible Presence that can be felt, and experienced. Though we cannot see Him with our natural eyes, yet we cannot deny the energizing effect His presence registers on us when He steps in.



THE VERITABLE SOURCE OF ENERGY

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His Presence is full of Energy—the strength we need for life and accomplishment of our purposes. His power is infinite and endless.

God is Omnipotent, that is, All-powerful. He is the Possessor and Creator of all the energies of the Universe.

He's full of might beyond expression and strength beyond comprehension. His energy spans beyond the vast solar system and reaches to the uttermost ends of the Universe, even where the heat of the sun may not be felt.

He is all-powerful and full of energy!

His energy can be seen and felt in all His creation. When the wind blows, sun shines, oceans rise, plants grow and animals move, we feel His energy.

With His mighty energy He created the whole world, positioned the mountains, formed the hills, set the boundaries of the seas and oceans; designed the clouds and placed the stars in distances so far than our minds could fathom. All creation is so organized that the reality of an Almighty Omnipotent Creator God who made them all cannot be denied!

God's energy is available to any person who desires to connect to His limitless source.

In the same way the Sun emits an immense magnitude of energy upon the earth and other planetary bodies; God's presence is the guaranteed source of energy for all living thing; energy greater than the sun, energy that can invigorate you on all levels: quicken your spirit, invigorate your soul and energize your body. This is the highest and most precious form of energy: God's presence!

He Created The Sun

"It seems probable to me that God, in the beginning, formed matter in solid, massy, hard, impenetrable, moveable particles."

— Isaac Newton

The Sun has always been known as the first and principal energy source in the world. It was in use much earlier before humans even learn how to light a fire. Many living things depend on solar energy from plants, aquatic life and the animals, and its benefits are much more than its disadvantages which makes it's a viable source of producing alternative energy for man.

In most parts of the world, especially Africa, the Solar Energy is being used to generate electricity to power houses, besides other beneficial purposes. As efficient as the energy of the Sun is to human life on earth, the presence of God —who made the Sun is incomparably greater!

Life without the presence of God is insipid. The Presence of God brings life and fills you with energy that nothing else can give.

Some folks try to draw their energy from human relationships, some from their careers, dreams, aspirations and academic pursuits, some from food, money, sex, etc., but none of these can make up for the vacuum created in every person to accommodate the Presence of God.

There is a place in you that is meant for God—your Creator. And you need the energy of His presence to reach the climax of your wildest dreams!

Isaac Newton used the energy of the Fourth Dimension to make discoveries and solve problems in Physics, thus opening up new chapters in science to better human lives and societies. You too can take advantage of this awesome presence

of God and tap into the limitless energy He freely gives to accomplish your purpose in life as well as transform your society.

The Appropriate Use of This Energy

The energy of God's presence must be utilized to solve societal problems. You should think about how to use the energy of God's presence to better the lot of lives and overcome the ills of your society.

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You need to use your energy to impact your community with the kingdom values and principles. You can influence people positively through the way you live.

No nation currently on earth can boast of having more religious gatherings than our beloved Country Nigeria, we have such an enormous access to the Fourth Dimensional Source of Energy.

What are we doing with it? In what ways are we converting the energies of the fourth dimension into tangible discoveries and products beneficial for humanity?

Building large homes, Church worship centres and Mosques aren't enough. Buying exotic cars to drive on roads full of pot-holes isn't wisdom. There must be more to our purpose than this.

When will we concentrate the energy of our nation into production, industry, development and civilization?

When will we rise as a people to produce and export at a rate that exceeds our importation from other nations? If our religiosity doesn't enhance our productivity, then I question the authenticity of our faith in God who is first revealed to us in scriptures as a Creator.

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"If our religiosity doesn't enhance our productivity, then I question the authenticity of our faith in God who is first revealed to us in scriptures as a Creator."

If all our Bible studies, worship conferences, holy pilgrimages, church service attendances doesn't revert the corruption in our society then something is

wrong somewhere. We need to retrace our steps and renew our understanding and pursuit of the Kingdom purpose.

The issue of cultism is still a pervading menace in most of our Universities and Polytechnics; young people there wasting their youths and energies in diabolic practices, to their hurt and destruction of other innocent lives. When our most energetic citizens are becoming trained thugs and hoodlums in the very environment designed to educate their minds and release their potential, then we need to re-consider where we have missed it.

Our nation will only be transformed to the degree of our passion and corresponding efforts to birth the desired changes with the energy we possess. You can make a difference.

As a Christian, you're not called just to serve those in your local assembly as an usher, chorister, sanctuary keeper, etc. There's more to your calling as a believer. You're called to use your energy to serve your community and nation. You are to minister to the needs of people in your immediate world and restore their personalities for

societal transformation. Here in the Embassy of God, our members have been trained to use their energies, potentials and education not just to get a job or serve in the Church, but to transform their society, and cause changes in the various spheres of the society. Our real services are more than the Sunday morning gatherings, our real service takes place outside the church buildings: in government houses, hospitals, Non-Governmental Organizations (NGOs), Rehabilitation centres, outreach centres, offices, communities, and other various channels, where we strategically meet the people's need and impart kingdom values and lifestyle. That's where we meet people and use our energies to solve their problems to transform our society.

If the economy of your nation will be revived, you will have to take responsibility. If your government is to enact laws that are based on godly standards, you will have to invade the political arena and bring about that influence. You are the one responsible for using your energy to transform your nation.

The energy of the Fourth Dimension isn't meant just to reside dormant in you, neither is it designed to decorate or exalt your personality. It is meant for subduing the earth and introducing the values of the Kingdom into every sphere

of your society.

Whether your interest is in Sports or Entertainment, Media or Government, Education or Science; Family or

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Healthcare; wherever your passion lies, you are to use your God-endowed abilities, energies and kingdom principles for transforming lives and spreading the culture and values of the kingdom there.

Take for instance, in our country Nigeria, despite the multiplicity of Churches, stealing of public funds, extreme forms of corruption and poverty have still been prevalent because the principles and values of God's kingdom hasn't been well taught, upheld and established in the society by the Church. This is our primary assignment and most essential use of our energies. When a society is established on kingdom values of dignity, honesty, faithfulness, diligence, accountability, productivity, kindness, generosity and benevolent government rule, it will flourish economically and in every way. You are to use your energy to spread the right value system and overcome the ills that has corrupted your nation. This is the most appropriate use of energy.

What You Truly Need To Reach Your Goals

"The deepest need of men is not food and clothing and shelter, important as they are. It is God."

– Anonymous

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What you need to be energized in life is more than food and drink, what you need in order to be vitalized to reach your goals is more than education, money or relationships.

What you need the most is the presence of God; you need the energy of His presence.

A great American missionary, who presently resides in Pemba, Mozambique, on experiencing the desperate sufferings and needs of the African people left her comfortable home in the Western world to pour out her life and energy in the huts of African villages, just to serve the orphaned and abandoned children by

bringing them hope and God's presence in their time of desperate need. She knew God's presence is what every human person needs; and that presence is greater than any form of humanitarian aid or support.

She had this to say about God's presence:

- ***"If you have God's presence, you have favour. One minute of God's presence can accomplish more than 20 years of your striving."***

– Heidi Baker

Indeed God's presence is the secret to lasting, fruitful and enduring accomplishments in life. It is the veritable fuel of life.

THE VERITABLE SOURCE OF ENERGY

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All other forms of energy besides their tremendous benefits also possess detrimental effects.

Take for instance the Sun; no man has ever visited there yet. We have gone to the moon, and other planets, but the Sun is too hot to get any closer to. Any attempt to draw closer than supposed will certainly culminate in instant death by burning because of the extreme luminescent heat it exudes and radiates per second.

Nevertheless, drawing near to God's presence would rather bring life and restore your energy, than hurt or destroy.

The energy of God's presence is greater than all the nuclear power of every nation put together. Nations in possession of such mighty energy-weapons are dreaded by others, because of the deadly danger they pose to humanity. Some have even threatened their neighbouring countries with the use of such weapons. But God's presence, though greater than nuclear war heads remain the safest refuge to hide and most reliable strength we can tap into in times such as this.

The greatest personal investment you could ever make is to be in the presence of God. Spending time with God puts everything else in the right perspective.

THE FOURTH DIMENSIONAL SOURCE OF ENERGY

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This Fourth Dimensional Source which is the energy of God's Presence is available to you today. It can restore and renew your strength. The Psalmist had this to say about the ability of God's presence to renew our strength:

"Who satisfies your mouth with good things, So that your youth is renewed like the eagle's."

–Psalm 103:5

You are always young and strong in God's presence. His presence renews your strength. If you're weak and you stay there, your strength will surely be restored!

God's Presence is the veritable place of renewal, refreshing and restoration; in His presence your emotions will come alive: enlivened, and your body vitalized with fresh strength and health.

Your marriage, career, academics, relationships, business endeavours as well as all facets of your being thrives in the presence of God. They come alive in God's presence.

The Antidote To All Weariness

"Come to me, all you who are weary and burdened, and I will give you rest."

– Matthew 11:28 NIV

THE VERITABLE SOURCE OF ENERGY

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God's Presence is the surest antidote to all forms of human weariness and tiredness. His Presence is the answer you need; the veritable Source of your strength and energies.

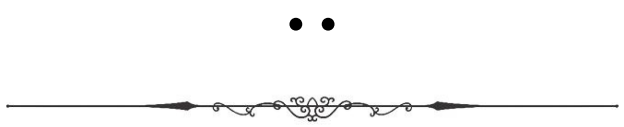
But you have to draw near to His Presence to receive that energy He so freely gives.

In His presence, your tiredness and weariness will be exchanged for His fresh strength and enduring energy. Your vitality and zest will be restored.

Your best comes alive in God's presence; that's the ideal place for development and utilization of your potential. His presence brings out the best in us. Fishes do best in water, animals thrive on land, birds are geniuses in the air, and man becomes a champion when lost in God's presence. That's where you ought to live, move and have your being. That's where your strength will never run out and your best will find expression. God's presence is the prescribed environment for your maximum productivity in life. His Presence is the ultimate source of energy you need to transform your community.

It's often in our darkest hour that the light of God's Presence shines the brightest. In your weakest moment, He is ready and on standby to fill you and invigorate your being with new energy.

THE FOURTH DIMENSIONAL SOURCE OF ENERGY



There was a time when our planet experienced its darkest moments; it was in a state of chaos: disorder and darkness, full of emptiness and nothingness. You could say our earth was “fatigued and weary!”

So how did it change?

God’s Presence!

“Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.”

– Genesis 1:2 NIV

Despite the awful state our planet was in, the Spirit of God stepped in to cause a change. The earth was formless, empty and darkness was everywhere. In other words, the earth was weary.

Now, even though God created the Universe, He wasn’t responsible for this disorder and emptiness we see in the scripture above, in the same way He isn’t the cause of the fire-outbreaks, tornadoes, tsunamis, floods, earthquakes, and all forms of natural disasters we face today. These natural disasters are not the acts of God; but adverse events resulting from natural processes of the Earth and human errors.

Nevertheless, God’s Presence is the guaranteed solace and source of energy in restoring order. As it was in the beginning, God’s Spirit hovered over the water and then God said: “Let there be light,” and there was light.”



In the same way God wasn’t responsible for the chaos and disorder that the earth was in at the beginning, but He took responsibility for recreating and restoring it to perfect order, that’s how He expects you to use your energy in restoring order in your community, city or country by introducing the values and principles of the kingdom in your dealings with people.

Now it’s vital to note that before God could effect positive changes, to bring order and beauty, and revive a weary earth, His Spirit had to first come on the scene, and hover over the earth, because His Spirit carries His presence.

Before God could send out His word: “let there be light,” He first sent His Spirit—the Carrier of His presence, to unleash His presence upon the earth the same way a mother-hen broods upon her chicks to incubate them. The Presence

of God always precedes true and lasting changes as it is remains the veritable source of energy for meaningful transformation.

God's Presence is the surest Source of strength you require to overcome the hurdles of life and be energized to reach your goals.

No matter the weariness, emptiness or chaos you could be facing, that Divine Presence has more than enough energy to vitalize every area of life in need of strengthening.

THE FOURTH DIMENSIONAL SOURCE OF ENERGY

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Maybe you're stressed, fatigued or worn out, and you've tried various ways to revive your energy to no avail, now is time to switch to the Fourth Dimensional Source of Strength—the Presence of God.

God's Spirit is the Answer, for He carries the Presence of God. You need to welcome the Presence of God and receive His Holy Spirit into your being, and you will be charged with strength beyond your wildest imagination!

Come To Me

Before Jesus said: *"Come to me, all you who are weary and burdened, and I will give you rest,"* He himself had already come to us, then eventually died for our sins and was raised to life by the energy of God's life.

He was resurrected to life by the energy of God's presence, that resurrection-energy is what He willingly imparts to any person who welcomes Him as Lord and receives His forgiveness of sin.

He came to bring you life to the fullest, energy beyond this world; energy of a life that's greater than limitations you are and could ever face. He came to bring you into the very Presence of the living God, and bring that energizing divine presence into your very being.

But this personal invitation remains standing: "*Come to me...*"

THE VERITABLE SOURCE OF ENERGY

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You don't have to be perfect or clean to come to Jesus. But if you come to Him, He will clean you up.

You don't have to be strong or religious to approach God's presence. But if you come to Him, He will fill you up with great strength and life.

Come as you are: in your weariness, weakness, and sin.

In His presence, you will discover who you really are and find supernatural strength to live and fulfill your purpose.

Many have assumed it's a call to a new religion. No it isn't! It's a call to a living relationship that will energize you for life and purpose; a call into the very Presence of the Living God; a call to a life of strength and energy for definite accomplishments.

Have you answered this call?

If you haven't done so, I want to invite you to do so immediately. Receive God's forgiveness of sin and welcome His Holy Presence into your heart today.

Kindly turn over to the last page of this book, and pray the Sinner's Salvation Prayer.

THE FOURTH DIMENSIONAL SOURCE OF ENERGY

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PART 2

GOD’S PRESENCE—OUR ONLY SOLUTION
CHAPTER 5:
GOD’S PRESENCE—A VERITABLE SOURCE OF ENERGY



CHAPTER 5:
GOD’S PRESENCE—A VERITABLE SOURCE OF ENERGY

“We can be tired, weary and emotionally distraught, but after spending time alone with God, we find that He injects into our bodies energy, power and strength.”

— Charles F. Stanley

God’s presence is indeed a most veritable source of energy. Spending time alone with Him remains a long kept secret of those who rose to great heights through marvellous accomplishments.

I find a tight connection between God’s presence and great strength. No matter how high your goals or aspirations maybe if only you would connect to the energy of His presence, you will find tremendous strength to reach your highest desires.

When I think about the likes of Martin Luther King Jr., and several others who brought about tremendous transformation to their own nation through the energy of God’s presence, I see beyond doubt that our responsibilities as God’s children must definitely include channelling this divine energy in solving the problems plaguing our society.



THE VERITABLE SOURCE OF ENERGY

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Like we earlier said, you don't have an excuse. No excuse is valid when it comes to reaching your dreams and transforming your world. There is enough and available energy to lift you above your self-perceived limitations and vitalize you for sustained national transformation. So, lay aside your excuses and tap into sustainable energy for long term accomplishments.

In the Book of Genesis, we vividly saw how God unleashed His energy through His presence to cause changes to conform to His desired state of the earth. Remember, God made you in His image and likeness, thus: you look like God and should function exactly like Him and being armed with the invaluable asset of His presence, you need to function like Him today. You need to take on seemingly impossible tasks in line with your objectives. Stretch yourself within the capacity of your faith in the energy of God's presence in you to birth societal transformation. You need to cause changes and produce positive life-transforming results.

All power belongs to God; all energy resides in Him. As a child of God, you carry His presence—His all-powerful and limitless energy dwelling inside of you. You carry the solutions to the crisis in country. You have the remedy to the problems of humanity you see. You're a light bearer with the panacea they need. Look all round you, and see what you can do to help make other lives better. What can you add to give life to the sufferings of broken humanity?

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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Don't close your eyes to the needs around you; don't close your ears to problems you can give a helping hand to. You have the medicine your generation needs; you have the Balm of Gilead—the Presence of God which is the energy-driving solution. Staying silent and refusing to use the ability and strength of God in you is equivalent to contributing to the pains of humanity.

Make up your mind to accomplish something with the energy you possess. Awaken your mind to limitless potential you possess and connect to the Omnipotent Source of God's presence to solve the maladies of your nation and

generation.

What people need isn't just religion; what they need is tangible solution, and the energy to bring about this solution resides in you. Look inwards!

A Garden of God's Presence

Have you ever wondered what life was like in the Garden of Eden? It must have been the most beautiful and brilliant spot on our planet. Just imagine a garden set up by God Himself: a marvel indeed it was and a place of absolute rest and abundant provision.

THE VERITABLE SOURCE OF ENERGY

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"The LORD God planted a garden eastward in Eden, and there He put the man whom He had formed. And out of the ground the LORD God made every tree grow that is pleasant to the sight and good for food. The tree of life was also in the midst of the garden, and the tree of the knowledge of good and evil. Now a river went out of Eden to water the garden, and from there it parted and became four riverheads. The name of the first is Pishon; it is the one which skirts the whole land of Havilah, where there is gold. And the gold of that land is good. Bdellium and the onyx stone are there. The name of the second river is Gihon; it is the one which goes around the whole land of Cush. The name of the third river is Hiddekel; it is the one which goes toward the east of Assyria. The fourth river is the Euphrates. Then the LORD God took the man and put him in the garden of Eden to tend and keep it."

—Genesis 2:8-15

After God created Adam, for him to be able to continue His operations on the earth, He had to create a special entity on earth called the Garden of Eden. So that glorious garden was man's abode and workplace. This garden was rich in pure gold, aromatic resins, onyx stones and other natural resources; as well as well-watered, with rich vegetation, fruit trees and more than enough man required for a comfortable, conducive and productive life.

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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What differentiated the Garden of Eden from other parts of the earth was nothing but the Presence of God. This was the distinguishing factor, the factor of

difference! The Presence of God separated the Garden of Eden from other places on the earth and made it a peculiar place.

If God's presence was what made the Garden of Eden special from other places in Eden and on earth, it means that divine presence of God is all you need to discover your identity and reach the climax of your destiny; it is all you need to reach out and win your battles; overcome your hurdles, climb your mountains and transform your nation, because there lies your energy—His Presence!

There's this beautiful scripture reference that underscores the truth of God's presence as being the most veritable source of your strength:

"So he answered and said to me: «This is the word of the LORD to Zerubbabel: 'Not by might nor by power, but by My Spirit,' Says the LORD of hosts."

– Zechariah 4:6

To bring real changes to your community, campus or country, you will need more than the energy of human strength, you need the energy of God's Spirit—the Carrier of His presence.

THE VERITABLE SOURCE OF ENERGY

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To reach your goals and achieve your dreams, you'll need to tap into the energy of the divine presence.

"If God is all you have, you have all you need."

—Anonymous

For maximum productivity, God brought the man He had created to that presence. The Bible depicts that in that atmospheric presence, pleasant trees grew, good for food. This is totally different from the rest of the earth. It is only in that presence they had the tree of life and the tree of knowledge of good and evil. There was something unique about that garden. Thanks to the presence of God that was prevalent there, the land was rich with different minerals and precious stones like gold, onyx, bdellium, etc.

The scriptures took time to mention the fact that the Garden of Eden was rich with excellent natural resources to validate the fact that God is the Source of every good and perfect gift. His presence is the veritable source of every good thing we desire in life.

It's pertinent to note that the man was very comfortable in the Garden of Eden. The man and woman lacked absolutely nothing there, there was abundance: abundance of resources, food, provisions and energy. It was an

atmosphere where their strengths came alive.

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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Thus, they weren't working to survive or make ends meet; they were working to fulfill their God-given purpose and release their creative energies, potential and abilities. Work was fun in God's energizing presence!

The Presence of God in the Garden of Eden provided for them the strength and energy needed to survive in earth's condition.

Thus, we need to depend on God's presence to energize us to overcome the harsh economic times we live in; we need the presence of God as our safe haven while we strive towards our desired accomplishments. God's presence should be your abode!

A Man in God's Presence

As long as Adam lived in God's presence, he was a super-man! He was able to perform a lot of incredible feats, for instance: he gave names to all living creatures: animals, birds, and fishes:

"Out of the ground the LORD God formed every beast of the field and every bird of the air, and brought them to Adam to see what he would call them. And whatever Adam called each living creature, that was its name. So Adam gave names to all cattle, to the birds of the air, and to every beast of the field."

– Genesis 2:19-20

THE VERITABLE SOURCE OF ENERGY

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This is a mind blowing feat. Naturally, it would take a school of highly trained scientists, zoologists, professors, and scholars with numerous years of experience and extraordinary training from the best Universities to be able to give names to every animal, bird and fish of the sea.

Where did Adam get such super-intelligence, strength, memory and the endurance to be able to fulfill such a task? The answer is simple: the energy of the presence of God supplied the wisdom, strength, power, endurance and all that was needed. He was functioning based on the energy of God's presence.

The energy of God's presence can quicken your mind and intellect to analyze problems accurately and proffer superior solutions in any field of human

endeavour. You need to apply that energy purposefully in solving the problems around you.

When you function from the energy of God's presence, your accomplishments will baffle the minds of your generation; you will soar to heights beyond your ability, because you're depending on the most veritable source of energy—God's presence.

Just to be germane, no one knows for sure how many species of animals exist on planet Earth. In fact, some 10,000 species of animals are discovered each year, with over one and a half million species already described. Projections for the total number of species on Earth range from 2 million

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to 50 million. Believe it or not, there are about 950,000 species of insects alone!

All together the total number of wild birds in the world is somewhere between 100 billion and 400 billion! All these birds are divided into categories of 10,000 species. The fact that there is such a big difference in those numbers shows how hard it is to count them all.

Can you imagine: Adam singlehandedly named all those numerous species of birds. That is Super productivity. It is an impossible feat naturally speaking. Totally unimaginable to anyone in our world today! That is what happens when you are hooked to the energy source called the presence of God. God's presence is the difference in this case!

The Energizing Force of God's Presence

God's presence is the key to a life of super productivity. The question many ask is how does God's presence work to produce energy for man?

Science has showed us how physical food produces energy for our human bodies, it follows suite in this case. Now, the presence of God permeates through an individual, relating directly to his spirit. So the Spirit of God activates a man's spirit to the stage where the man is absolutely charged up to surmount any challenge, this energy gushes out of man's spirit and stimulates the mind to work to its

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full capacities. The body gains surges of energy from the spirit and the soul. As a result, an incredible amount of productivity becomes possible. That is the picture we are given of the life of Adam in the Garden of Eden.

Adam and Eve were instructed to cultivate that garden. They had enough energy to work. Work was not a burden to them because they were in the presence of the greatest possible energy. Work to them was simply a process of self-realization and self-actualization. Through work, they were discovering themselves and discovering the earth as well. Through work, they were exercising their creative prowess.

Friend, can you imagine working without getting tired? Can you imagine working without having pain or regret? In the midst of that presence of God, there could be no talk of fatigue. In God's presence, work is a refreshing and exciting experience, with no room for fatigue or stress.

This is just a general picture of how the Book of Beginnings reveals to us this incredible and enormous form of energy that is much neglected today, the energy of the presence of God.

What made it an even much more beautiful experience for Adam and Eve is that God usually came personally to visit them, by walking through the garden in the cool of the day. Wow! What a form of leisure that was, especially after a hard day's work, to enjoy a visit from God Almighty Himself!

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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Nothing Is Impossible In His Presence

Adam was able to accomplish so much within a short time span because He was functioning with the Energy of God's Presence. His amazing feats are definitely traceable to his connection with strength that flowed within Him from God.

"Who is God? Some theological being? He is so much greater than theology. God is vitality. God is life. God is energy. As you breathe God in, as you visualize His energy, you will be re-energized."

— Norman Vincent Pearl

God is so real and His presence is the environment you require to function at your very best. Nothing dies in His presence; because His presence is full of life; energy; and vitality. Like Norman Vincent Pearl said, God is Vitality, God is Life; God is Energy. The more you relate with Him the greater your strengths will rise and you will be re-energized.

There is absolutely nothing impossible in God's presence because of His Omnipotent energy. Those who believe in the energy of His presence and function with that strength always accomplish feats that beat the imagination of men.

THE VERITABLE SOURCE OF ENERGY

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The energy that created this world, the strength that positioned the mountains and hills; the ancient strength that never fails is resident in you. If you have embraced Him and received Him, He is in you. His presence is your advantage; His presence is your Source of strength. His presence is your energy to achieve the impossible. You can go ahead and accomplish anything.

Impossibilities become possible to the man or woman who carries the presence of God. The energy of that presence is what makes all the difference for great achievers.

What do you want to create? What is your desired goal and set purpose? Nothing is impossible to those that draw their energies from the Fourth Dimensional Source.

God's presence gives strength to the weak, hope to the despondent, courage to the disheartened, faith to the discouraged, comfort to the broken, and direction to the lost. And all these are forms of energies we need to go through life and reach our goals. We need desire, determination, dedication, discipline and drive to successfully reach our goals, and these virtues or energies are received from the presence of God.

"Men fail through lack of purpose rather than through lack of talent."

– Billy Sunday

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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The Presence of God gives you purpose for living and enlighten you to release your energy in the right direction of purpose. Men fail not because the task they are undertaking is too hard or tough; neither because they lack enough talent, but because they are not pursuing their assignment with definiteness or singleness of purpose. God's presence helps to close your eyes from the distractions of life and keep you focused on the track you need to direct your strength.

Think about how less powerful a ray of light is when it is divergent; but how strong and powerful it becomes when it is convergent. Your energies need to be convergent and focused on a set purpose and assignment in order to produce maximally and efficiently. This is where the presence of God comes in. This divine presence gives you a sense of purpose and direction in the use of your energy!

And with a concentrated focus and energy, nothing is impossible!

Proofs of His Presence

"You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore."

– Psalm 16:11 NKJV

THE VERITABLE SOURCE OF ENERGY

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One of the most amazing proofs of God's presence is Joy in its fullness. Those who stay in His presence radiate with the energy of joy. Their faces beam with smiles and laughter. They are full of gratitude, because they find fulfilment of purpose in life and in pursuit of their dreams.

Sadness and heaviness of heart leads to sickness; but joy has extraordinary positive health benefits. Medical science has it on records that patients who receive their medications with a joyful and positive countenance have 90% chances of being restored to health and discharged sooner than expected, but patients who are usually pessimistic and gloomy eventually worsen even with treatment and could spend longer days in the hospital wards.

Why is this so? Joy is the energy of life; a medicine of strength. Joyful people accomplish their goals because when you are excited and full of hope, your system secretes hormones that energize your strength towards your set goals; and your mind opens up to thoughts that lifts you above the limits.

Your mind functions best in an atmosphere of peace, joy and rest; an environment free from worry, anxiety and fear. And God's presence is the antidote to these plagues. In His presence there is fullness of joy and at His right hand there are pleasures forevermore: in other words, you will find boundless joy and endless fulfilments in His presence. You will find comfort, peace, strength and energy in God's presence.

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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There is no depression there; no fear there; no worries there. The energy of His presence will lift you above them and set you in a real place where all things are possible; and nothing can stop you.

When you feel tired, weary, and emotionally distraught, go and spend time with God, and you will find that your strength is renewed, your body energized and mind refreshed with power-thoughts. Real rest that refreshes, renews and re-energizes comes from His presence—your veritable source of Energy; and with this energy your productivity will hit the skies!

Life Without Limbs

"The LORD God is my strength, and he will make my feet like hinds' feet, and he will make me to walk upon mine high places."

— Habakkuk 3:19

Can you imagine what life would be without limbs: no hands, no legs! Could any person survive or reach great heights that way in life. How would he feed or take care of himself; how would he move around; how possible is life without limbs?

In Africa, many who've lost just a finger, toe or hand are taken to the streets for begging. They sign up for a life with limits! They immediately embrace a life of limitations. Many of such have refused to connect to the energy of the Fourth Dimension. What is your own limitation?

The story of Nick Vujicic remains phenomenal and as well as an inspiration to our generation. He's a Wonder! Pastor Nick was born with "Phocomelia"—an extremely rare congenital disorder involving absence of legs and arms: a life without limbs. Yet, he runs an international non-profit organization and ministry with speaking engagements travelling all over the world to bring comfort and hope to many others around the world. Can you imagine a man without limbs travelling around the world to encourage those who have limbs?

In fact he's married with a child and loves swimming; yet without limbs!

What you don't have presently is not the problem. Just don't quit! Use the energy on the inside and you will rise on the outside!

In January 2011, he was a keynote speaker at the World Economic Forum in Davos, Switzerland. Can you imagine: world leaders, Prime ministers and

Presidents of various nations inviting a man without limbs to give them counsel on how to run their countries' economy! They came with limbs, but he came without limbs.

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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He's not a Professor of Economics; but someone like you who has learnt to draw energy from the Presence of God to overcome his own limitations and influence his world positively.

Be unstoppable!

Most of all he shares a message of hope and love to people around the globe. The question we'd love to ask is how did he overcome the sadness, shame and emotional trauma he experienced growing up? How did he rise above the obvious and unavoidable limitations he was born with to becoming an inspiration to many around the world?

The Energy of God's Presence!

He said:

"Focus on your dream and do everything in your power! You have the power to change your life circumstances"

— Nick Vujicic

You have the power to change your life circumstances.

You have the energy in you to rise above the limitations you are currently facing; you have the energy you need to accomplish your goals. So go for it!

THE VERITABLE SOURCE OF ENERGY

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Don't just sit around, whining and complaining, blaming God and other folks; and waiting for things to happen.

Rise and do something for your nation. The energy to cause your desired change is in you. The energy to transform your community is in you.

If a man without arms and legs is dreaming big why can't you? Do you have arms? Do you have legs? Then dream and rise to your dreams! Try, try and keep on trying until you win! Keep on exerting your energy until your dreams come true!

If you can't get a miracle, become one or create one. Become the miracle you desire and dream of!

You are here on earth as a living undeniable proof of God's love. Thus, you can live the most fulfilling and accomplished life you desire; you can step up in all areas and do all you've ever desired for. Yes you can.

Look beyond your limitations. Tap into the Energy of God's presence and you will win! Use that energy to transform your world and influence lives positively.

GOD'S PRESENCE—A VERITABLE SOURCE OF ENERGY

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CHAPTER 6: PRACTICAL WAYS OF ACCESSING DIVINE ENERGY



CHAPTER 6: PRACTICAL WAYS OF ACCESSING DIVINE ENERGY

"We are what we do repeatedly"

—Aristotle

Now that we have established the fact that God's presence is the most veritable source of energy, let's go further by delving into pragmatic ways of accessing the energy His presence supplies.

It's one thing to live in an era of prosperity and success; it's another to personally experience the good of that season. There are so many who though are aware of the enormous benefits of connecting with this divine energy to reach their desired destinations, yet have short-changed themselves due to ignorance and reluctance to take the right and necessary steps that will avail them access to this limitless value of strength.

This brings to mind the just concluded Olympics Tournaments held in Brazil. As I watched those talented and brilliant athletes feature in their various sports and track events, what came to mind was that these folks have been practicing and training for years.



Day in, day out, they've been exercising, training, and disciplining their bodies towards their specific goal. There were days they possibly didn't feel like training, but they knew better to brush aside their excuses and step out in discipline to win.

Certainly those who won in gold, silver or bronze medals didn't win by chance. They won by following and stretching themselves along their daily set disciplines. They won through a deliberate exertion of their energy and strength.

In the same way, to win and reach your fullest potential, your energy must come to play along the lines of your disciplines or practices necessary to achieve your goals.

"Discipline is the bridge between goals and accomplishment."

—Jim Rohn

Success in accomplishing your goals is impossible without discipline.

Discipline is what brings your energies to bear on your desired goal. Self-discipline is the willingness to perform the acts that are beneficial to us, for whatever reason, irrespective of our unwillingness to perform them.

PRACTICAL WAYS OF ACCESSING DIVINE ENERGY

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"Discipline is the basic set of tools we require to solve life's problems. Without discipline we can solve nothing. With only some disciplines we can solve some problems. With total discipline we can solve all problems."

– Scott Peck

Thus, as discipline is required of an athlete to win the game, it is also required of you in accessing the energy of God's presence to reach the height of your desires.

It takes discipline to tap into the energy of God's presence. Discipline is the bridge between desire and accomplishment. Discipline is the pipeline through which energy flows for set accomplishments.

Discipline involves a deliberate and purposeful practice of certain activities that are necessary to reach your goals.

But before we take a look at these practical ways or disciplines vital for accessing divine energy, let's see some vital aspects of His Presence.

Three Vital Aspects of His Presence

When we talk about the presence of God as being the veritable Source of energy, it's essential to delineate what aspect we are referring to in specific.

THE VERITABLE SOURCE OF ENERGY

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Take for instance, if I wanted to meet with you in person, I would first ask to know which country you are presently, then which city and then the precise spot or street number I can find you. Because though you are in Switzerland, I can't find you in every city but one at a time. Though you are in Zurich, I can't locate you in every street but only one place to meet personally with you.

In the same way, to have a personal contact with God in a way that will energize you for life, you will need to have a clear and precise understanding of a few fundamentals about His presence.

Firstly, God is Omnipresent!

His Omnipresence

To be Omnipresent means to be everywhere. God is Omnipresent, He is everywhere. This is an essential feature of His Personality. He is present in every Continent, Country, City, Community, Street, everywhere. Thus, He sees everything and knows everything.

Scientists have positioned satellites in certain locations up in the sky to see things and be aware, yet that is limited to the extent of the machine. Man wants to see everything as this aids his ability to make accurate decisions.



God's presence is in every planetary body, in the Sun, Moon, He is everywhere. You can't hide from Him:

"Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend into heaven, You are there; If I make my bed in hell, behold, You are there. If I take the wings of the morning, And dwell in the uttermost parts of the sea, Even there Your hand shall lead me, And Your right hand shall hold me. If I say, «Surely the darkness shall fall on me,» Even the night shall be light about me; Indeed, the darkness shall not hide from You, But the night shines as the day; The darkness and the light are both alike to You."

—Psalms 139:7-12

You can't hide from God, He is Omnipresent.

In spite of this fact that He is ever-present or present everywhere, evil occurrences still take place in various places of the earth. Because, in His Omnipresence, He doesn't interfere with man's affair except invited. His omnipresence does not guarantee a supply of energy to every person, except those who call out for His help.

His Abiding Presence

We can as well term this His indwelling presence, that is, the fact that God comes in to dwell within you, the moment you receive Jesus Christ as your Lord and Saviour.



He comes in to live in your spirit and from within invigorate you with strength.

A certain great Apostle named Paul who accomplished great feats and recorded an amazing success in reaching out the known world of his time with the Good News of Christ had this to let out as his secret:

"I can do everything through him who gives me strength."

– Philippians 4:13 NIV

What a statement!

He said that he could do everything: that means all things with no exceptions. He was declaring that he was capable of excelling at any given task and equal to any assignment, and that nothing was beyond his ability or capacity. Little wonder he was simply outstanding in his achievements. He accomplished great and marvellous feats.

But was his secret? He said: "*I can do everything* ***through him*** *who gives me strength"*

"Through Him" who gives me strength—is the answer.

In other words, He's referring to the indwelling Presence of God in us who have surrendered our lives to Jesus Christ and received Him as Lord and Saviour.

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He claimed that Christ was His Source of Energy!

The indwelling presence of God was the factor that made all the difference in Paul's accomplishments.

The presence of the Omnipotent: all-able and all-powerful God in you is your edge and advantage in life. You are an exceptional man or woman if Christ is in you. You have exceptional strength if Christ is in you.

You have energy that knows no limits; strength without boundaries. You can do everything—all things, through Him who gives you strength; through Him who energizes you.

The Energizer lives in you: therefore, take a second look at your desired accomplishments and get at them, and all will be history!

Remember, God's Spirit is the Carrier of God's Presence—the veritable source of energy. If He lives in you, then all of God's energy is in you today! You have His indwelling Presence—His omnipotent energy for all forms of desired productivity!

His Manifested Presence

When we talk about God's manifested presence, we are referring to God

moving in a place and demonstrating His presence by causing changes in line with His plans and purposes on earth.

THE VERITABLE SOURCE OF ENERGY

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We mean the energy of God in motion to cause desired or expected changes in a set place at a set time. Let's get back to the Garden of Eden where Adam and Eve where present. The Bible says that they were both naked and not ashamed.

How was it possible that they were naked and not ashamed?

That's because they were living in the Manifested Presence of God or Glory of God. The manifested presence of God is also what we term the glory of God —this was their covering and residence.

They were enveloped with God's glory!

"And they were both naked, the man and his wife, and were not ashamed."

– Genesis 2:25

In the midst of God's glory, there is no shame. His glory covers you from shame!

Going to the office and being unable to achieve productive purposes is a shame to one's desire. Fatigue, depression, worry, fear and all forms of pessimism are pictures of defeat.

PRACTICAL WAYS OF ACCESSING DIVINE ENERGY

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Crime, corruption, armed robbery, wickedness, stealing, sin and prostitution are all shameful deeds—deeds that don't give glory or honour to God, deeds that dishonour His presence or deny His existence; deeds that dishonour the doers.

When thieves are arrested and paraded before people, they usually try to hide their faces for shame, because there was nothing glorious about their deeds.

Shame is the opposite of glory; a consequence of the absence of His presence.

God's presence brings glory to your life; it restores dignity and strength to you, and energizes you to carry out deeds in your community and society that will bring glory: praise and honour to God.

If you're a child of God, you have responsible for using your energy to do things in your family, office, school, community, city and nation that will bring

glory to God. By doing so, you are causing people to experience God's goodness; you are manifesting His presence or demonstrating His manifested presence in that place or in the lives of those people.

What problem in your society have you committed yourself to solving? There is no need having God's energy in you and doing nothing with it. You have to do something!

THE VERITABLE SOURCE OF ENERGY

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Those who are in the grave can do absolutely nothing today. But if you're alive, you need to look way beyond your self-perceived needs and challenges, and rise up to solve problems where you are with the strength you have.

The thorns and sorrows of people in your nation which strikes a chord in your being could be an assignment awaiting the release of the omnipotent force within your being. But you have to do something; set something in motion to birth solutions. There are no rewards for spectators and mere-talkers, so exert your strength today and every day until you make a difference. Do something to birth solutions relevant to the problems of your community.

"No individual has any right to come into the world and go out of it without leaving behind him distinct and legitimate reasons for having passed through it"

– George Washington Carver

Do something to help, save and heal others that will show that God is present and able to save. Do something that will cause the energies of God's presence in you to be provoked and unleashed to heal broken and battered humanity.

Let His manifested presence show forth through you!

PRACTICAL WAYS OF ACCESSING DIVINE ENERGY

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Practical Steps to Accessing Divine Energy

To access divine energy or the energy of God's presence, the very first step every person must take is the step of Regeneration.

• Regeneration

Regeneration simply means to born again: that is, to receive God's forgiveness of your sins and His free gift of eternal life. Regeneration is

absolutely necessary because it ushers you into the fatherhood and family of God, and brings the very presence of God Almighty into your spirit. It also refers to the salvation of your soul and accepting Jesus as your Lord: Master, Owner and Saviour. When He becomes your Lord, then you must use your energy to glorify and spread His kingdom on earth.

Until a man is regenerated, in the eyes of God, He is spiritually dead—with no life and with no real energy, because real life and real energy comes from the presence of God.

Let's see a typical example: when Adam and Eve disobeyed God by eating of the forbidden tree: the tree of knowledge of good and evil, the Bible says that their eyes became opened to their nakedness. In other words, shame stepped in, because the glory of God left them.

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Then, the Lord God drove them out of the Garden of Eden, man was driven out of the presence of God. This was the beginning of the death throes, sorrows, sufferings, wars, plagues, epidemics, calamities and curses that befell mankind and the earth.

These all began when man stepped out of God's presence by breaking the Laws of God.

You know laws are no respecter of persons. If you violate the law of gravity, by jumping from a five-storey building, you will end up in a hospital no matter your age, social status or religious beliefs.

Adam and Eve violated God's law and thus brought all humanity as victims along with them.

But Jesus Christ came, offered Himself as an atonement and died on a cross to pay for man's sins, to set into motion a new and higher law: the law of life, so that any man or woman no matter his or her past, religion, race, social status, nationality or culture, if he or she obeys this law by believing and receiving Christ as His Lord and Saviour becomes automatically saved and born again as a child of God.

This is regeneration – the first step to welcoming God's energizing presence into your heart. It is your surrender to the love, mercy and forgiveness of God for your sins. It is the greatest decision any man can make on earth, to receive Christ Jesus and forgiveness of sins,

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"The greatness of a man's power is the measure of his surrender."

—William Booth

If you haven't surrendered your life to Christ, I encourage you to take a pause and do so. You can go the last chapter of this book, and there say the salvation prayer.

This is so important: welcome the presence of God into your life today and you will have fresh start for a great life!

This is the salvation experience.

• Fellowshipping With God Through His Word

Right after having a personal encounter with God himself through regeneration or re-birth of your spirit man, the very next thing is to maintain His presence through a constant fellowship with Him. Get acquainted with Him through His Word—the Bible.

"Once you become aware that the main business that you are here for is to know God, most of life's problems fall into place of their own accord."

– J. I. Parker

You need to know the God who has come to dwell within you so that you can relate appropriately with Him and take full advantage of His energy available at your disposal.

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The knowledge of God brings strength:

"Those who know their God shall be strong and shall do exploits."

– Daniel 11:32

The extent of your accomplishments in life depends on your knowledge of God. What God desires is to have an active and living relationship with you through which He can infuse energy into all areas of your life; not a dead religion that gives no hope.

As you know, no relationship grows without a fellowship between both parties, and fellowship flourishes on the foundation of knowledge. There must be an active growth in knowledge—knowing what the other fellow likes or dislikes, understanding the other partner in other to enjoy the best of that relationship.

In the same way, you need to know God and understand his principles of life. This knowledge is obtained through the Word of God as contained in the Bible.

The Word of God or the Bible could be a very great source of inspiration which will keep your relationship with God and His presence ever active.

Reading, meditating and studying the Bible will impart you with a knowledge that's life-building. It will bring life



and zest to your human relationships, career, finances and all of your pursuits in life.

"The knowledge of the scripture breathes life and strength."

This brings to mind a certain renowned Bible figure, by name Ezra, who nursed a burning desire to lead a group of his fellows Israelis from exile to return to their home country, after living many years away from home.

The great obstacles and oppositions he anticipated that could hinder their successful return and thwart their vision made him to turn to the Word of God for strength. Like never before, he became a student of God's Word, studying in details and from there he found enormous energy and inspiration to undertake his hitherto seemingly impossible task:

"For Ezra had devoted himself to the study and observance of the Law of the Lord, and to teaching its decrees and laws in Israel."

– Ezra 7:10

Ezra devoted himself to the study and observance of the laws and principles of God. Not only was he learning, but practicing. This singular act of discipline prepared him for success. His discipline of studying, doing and teaching others the Word of God gave him a foundation for success and strength to overcome the hurdles on the way.



In the same way, make it a habit to study and act on the Word of God, then God's presence will be so real to you and you will find tremendous energy to reach your highest goals.

Albert Einstein, the Nobel Prize winner and great Scientist who made landmark discoveries had this to say as pertaining to the study of the Bible:

"As a child I received instruction both in the Bible and in the Talmud. I am a Jew, but I am enthralled by the luminous figure of the Nazarene. No one can read the Gospels without feeling the actual presence of Jesus. His personality pulsates in every word. No myth is filled with such life."

– Albert Einstein

Little wonder he accomplished such outstanding and amazing feats in the field of Science that remains a point of referral in our modern world. The Bible was fundamental in energizing him towards his desired accomplishments, and I strongly believe it will do same for you if you avail yourself of its riches.

In her life's story, Mother Teresa said that she was inspired by reading about the life of Jesus Christ in the Bible who came to serve humanity by giving His life, and thus came her passion to serve others too: knowing that it is the highest purpose of life. Studying the Bible inspired such energy in her to transform her society. Meditate on



the scriptures with a passion to bring answers the world has been waiting for.

• Communion With God Through Prayer

Prayer is another most essential way of accessing divine energy.

It is the art of talking with God; a communion with Him. Without communication no relationship can flourish, as it cements your relationship with Him.

"Go to your place of prayer not only to enjoy spiritual delights, but - simply to please the Father."

— Madame Jeanne Guyon

Marriage counsellors report that many marriages experience divorce when something goes wrong in the flow of communication. Communication is more than an exchange of words, as it involves expressing our inmost desires and thoughts with the other person with no fears or inhibitions. It's not a one-way flow of words, ideas or thoughts but a two way.

In the same, you can talk with God, telling Him your heart desires, committing your goals, aspirations and dreams to Him and trusting Him to help you accomplish them. You can ask Him for strength. He listens, He hears and He answers prayer.

Prayer really is an act of faith—talking to a being that you cannot see, yet exists and cares for you with unfathomable love.

There's something about talking with God in prayer that makes us stronger and more energized to fulfil our dreams.

"Your power is in your prayer life."

— Sunday Adelaja

We tend to use prayer as a last resort, but God wants it to be our first step of action. We pray when there's nothing else we can do, but God wants us to pray before we do anything at all.

When you spend time alone with Him, giving Him your undivided attention, He injects new strength into your body, restores your soul and refreshes you on all sides.

Prayer is a place of lifting, and whatever God lifts, no person can push down.

The discipline of prayer is absolutely essential. It will give your day a lift. The best days are the days of prayer, and the worst days are the days without it.

"He who kneels before God can stand before anyone."

— Anonymous

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Prayer is a conversation with God that fills us with confidence to confront our challenges and reach for our goals.

In your privacy, you can have regular sessions of worship and prayer, where you praise God and share with Him the desires of your heart. You can confide with Him and trust Him to grant your petitions. By doing this, you'd be establishing yourself in God's presence and enjoying the omnipotent energy He transmits into your being.

Prayer is your invitation call to fellowship in the presence of God who energizes and strengthens. Prayer will cause you to grow constantly in strength.

So practice it regularly. Take your prayer times seriously, for that is the veritable source of your strength. Pray in the mornings, afternoons, evenings; do it every day and at all times.

I've found great strength and refreshing through talking with God before marching out against the evils in my society.

• Fellowship With Likeminded Believers

Finally, another way Jesus recommended that we keep our relationship with God is by maintaining an active fellowship with likeminded believers.

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Isolating yourself from others who believe in Jesus and love the presence of God is very unhealthy for you.

Your association matters. If you constantly and deeply associate with people who strongly disagree with your faith in God's strength and Person of Jesus, they could turn you away from the veritable source of life and energy, that is God.

Thus it is so essential to regularly attend church services where other believers gather and serve there if given the opportunity.

The early Church grew because they practiced the discipline of fellowshipping together and they all grew in strength to accomplish great feats that positively impacted on their community and society. But one vital key was their close fellowship with one another:

"And all the believers met together constantly and shared everything with each other."

"Let us not neglect our church meeting as some people do, but encourage and warn each other, especially now that the day of his coming back again is drawing near."

— Acts 2:44, Hebrews 10:25 TLB

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God is Omnipotent—all powerful, having all energies, and spending time in His presence will fill you with the same omnipotent energy to accomplish the impossible.

As you practice these disciplines, the presence of God will become more real to you and the energy He gives you will find vital expressions in all you set your heart to accomplish!

CHAPTER 7:
HOW TO RAISE YOUR ENERGY LEVELS

CHAPTER 7:
HOW TO RAISE YOUR ENERGY LEVELS

"The presence of any humility in my life is purely and completely an evidence of God's grace"

—C. J. Mahaney

God's presence is indeed a most veritable Source of energy. High achievers draw their energies from reliable sources, and the highest and most dependable source of all energy is the presence of God.

The energy of His presence is the most invaluable resource any individual can possess. God's presence is your greatest asset and source of strength, in bringing about changes in your community or society.

When I read my Bible, and see men who produced positive changes in their nations through the energy of God's presence, I feel inspired to do more, not only in Ukraine, but my home country, Nigeria, with impacts spreading to other nations. Take for instance, Joseph who was sold into Egypt as a slave eventually became the Prime Minster of Egypt at a time of famine and global economic crisis. Through the wisdom and energy he derived from God's presence, he was able to devise an extraordinary

system for the preservation of farm produce that lasted for several years, thus, saving Egypt and other nations at the time from starvation and death. He converted the energy of God's presence to improve the economy of Egypt.

Daniel the Jewish exile in Babylon who was well educated in the wisdom of the Chaldeans as well as the wisdom of God contributed tremendously to the scientific, political, economic and overall development of the nation he lived in. He was such an indispensable asset to Babylon, the leading world power of that era, that King Nebuchadnezzar and other succeeding rulers consulted him on national issues and placed him in positions of influence to bring societal

transformation.

Raising your energy levels should be for the definite purpose of influencing your world with the values of the kingdom. Your energy should be targeted towards bringing relevant transformation to your nation.

David, the shepherd boy turned King of Israel is renowned for being the greatest King that ever ruled that nation, subduing the known world of his time. In his teenage years, he defeated a great giant named Goliath of Gath who posed a threat to his people and saved them from the impending doom and slavery of other nations. Besides, he went ahead to raise other champions who accomplished extraordinary feats that baffled human minds. He later became a great King.

HOW TO RAISE YOUR ENERGY LEVELS

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But what was the secret of his strength?

When he sinned against God and broke His commandment, in his prayer of repentance, he unveiled the secret of his strength:

"Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit to sustain me."

—Psalm 51:10-12 NIV

He prayed that God wouldn't cast him away from His presence or take His Holy Spirit from him. In other words, the Presence of God was his greatest treasure; his source of strength and energy for great accomplishments.

The Holy Spirit brings us the energizing Presence of God. He is the Angel of God's Presence. That presence is the secret of your strength to reach your highest goal in life.

How To Raise Your Energy Levels

In Physics, energy is measured in Joules (J) which signifies the work done by a force of one newton when its point of application moves through a distance of one meter.

This implies that energy is both measureable and quantifiable; you can increase in energy or decrease.

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The more energy you possess, the more working capacity you have, and the less energy, the less working capacity you have. With more energy you can do more, with less, you can do less.

Naturally speaking, when we eat healthy foods, we feel energized and our emotions are positive; but when we are hungry or tired, we tend to be irksome, impatient and less productive. Why is it so?

The energy levels!

Your energy levels determine your efficiency and ease of productivity. Your energy levels determine your output at every given task. Your energy levels can affect the happiness of your marriage, your effectiveness in the office and even your income.

Leaders of most Companies would most prefer an employee that is energetic and full of life than a pessimistic, slow-paced, dull look sluggard. They'd rarely get rid of employees that are optimistic, working with high relational qualities because they breathe life and energy to their organization and customers.

Every goal-oriented individual needs to always function at his best to accomplish his purpose and your energy level affects this.

I would like to share a few factors that can enable you increase your energy and boost your working capacity.

HOW TO RAISE YOUR ENERGY LEVELS

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A Good Attitude Matters!

Have you ever heard the well-known saying: *"Your attitude determines your altitude"?*

Well, that's amazingly true.

Your attitude or disposition is like a seed you sow in the farm of life.

What you sow determines what you reap.

"We cannot sow thistles and reap clover. Nature simply does not run things that way. She goes by cause and effect."

– Napoleon Hill

In Aerodynamics, the attitude of an airplane determines its ascent or descent, and this is regulated by how the pilot bases his flight plan. If he wants to take the plane up, he needs to adjust the attitude upwards; if he wants to land it, he does otherwise.

You are responsible for your choosing of attitude, as this determines your access to the energy you need to reach your height.

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If you go about accomplishing your goals with a sad, despondent, discouraging and unhappy disposition daily, your productivity will be on the decline.

Because your attitude matters!

If you go about your dreams with unforgiveness, pride, offence, bitterness and anger, that's just like sowing thistles and the harvest wouldn't be any different or positive.

Your attitude is absolutely your choice irrespective of what happens at any given point in time. Your attitude will determine your flow of strength and access to the presence of God, your veritable source of energy. Your real wealth isn't measured by what you have, but, by what you are: do you always exude the right attitude?

Be a happy and excited you each day. Choose to be a joyful and happy person. Choose to be always radiant with hope and thankfulness. Have a cheerful countenance. Learn to appreciate people for their efforts and the little things they do for you as this will boost your energy levels. This sets you apart as a person with a good attitude.

Gratitude is an attitude that releases our greatness and strengths. Your attitude determines your altitude so choose yours rightly, being grateful always.

Furthermore, being kind and courteous in your relationship with people bears positive impacts on your

HOW TO RAISE YOUR ENERGY LEVELS

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confidence and increases your energy levels and chance of accomplishing your dreams. When you treat people with love and kindness, you would find more strength rising in you, because by lifting others, you are lifted too.

When you speak encouraging, inspiring and building words to others, when you build their confidence by treating them with dignity and preference, your energy levels rise.

Also, another sure way of increasing your energy levels is by doing what you

are passionate about.

There are folks who get dressed and leave their houses early to go to work in offices and at jobs they have absolutely no interests in. They expend energy reluctantly and miserably with no objectiveness or passion. Energy flows in the direction of our passions, and rises when we get engaged in activities of our deep interests.

Focus on doing things you have interests and passion about. Learn more about them and exert your strength in that line; and you will find more strength in you to forge ahead with endurance no matter the obstacles.

Worship Can Boosts Your Energy

One of the amazing lessons I've learnt as a Christian is the immense positive effects worshipping the Lord through singing and praising has on me.

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I've personally observed that anytime I worship the Lord be it in the privacy of my bedroom or in a corporate gathering of other believers, I always experience more strength and renewed vigour; my energy rises and I become more inspired to accomplish my goals.

Why is it so?

When you exalt and extol the greatness and majesty of God; when you honour and magnify Him for who He is, thanking Him for what He has done for you, His presence is magnified and His energy automatically becomes intensifies in you. When you exalt Him in worship, He exalts you in strength.

Worship connects you to God's presence and the energy He willingly provides. When you magnify God, your strengths become magnified.

"When you exalt Him in worship, He exalts you in strength."

This is a sure way to boosting your energy to accomplishing your goals—worshipping your Creator.

Two scriptures come to mind here, King David the great achiever and sweet Psalmist of Israel said this:

HOW TO RAISE YOUR ENERGY LEVELS

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"Out of the mouth of babes and nursing infants You have ordained strength,

because of Your enemies, that you may silence the enemy and the avenger."

— Psalm 8:2

"And Jesus said… 'Yes. Have you never read, 'Out of the mouth of babes and nursing infants You have perfected praise.'"

— Matthew 21:16

God has ordained strength from the mouth of babes and nursing infants. In other words, your mouth plays a vital role in aiding you in accessing greater strength.

Naturally speaking, babies and infants aren't strong or energetic compared with the adolescent, thus, your natural limitations are not a reason to stop you in reaching your goals. Worshipping the Lord will bring strength to your heart and energize you to overcome every form of hurdle designed to undermine your pursuit in life. Your strength is connected to your praise. Worshipping and praising God will definitely boost your energy levels and capacity to accomplish your goals!



Humility: An Attitude of History Makers

Those who accomplish their goals and fulfil their purposes always possess and exhibit a very humble attitude in life. It's an essential factor necessary to draw strength from the presence of God.

Humility can be defined in many ways, among which it means being teachable. A humble person is ready to learn from others; even those who may not be as knowledgeable as they are.

To be humble means to be meek and lowly in heart; not thinking of yourself more highly than you ought; it is having a right or sober perspective of yourself that doesn't deny you the privilege of serving others and treating them with respect and honour.

A humble person receives correction easily with gratitude and is always willing to improve and make positive amendments. A humble person can serve anyone and won't despise them no matter their age, qualifications or social status. A humble person is always grateful and desists from quarrels.

Giving credit to others for what they've done or deserve is an act of humility, and this will go a long way in boosting your energy levels.

Humility is a mark of greatness. It is seen in our relationship with God and people, and remains an essential ingredient for accessing divine energy to reach our goals.

"You have to be humble when you're dealing with God"

—Jill Scott

God's presence also helps us to be humble and simple. Many people find it tough to be humble. They struggle with it. But when you can imagine that you're in the presence of God Almighty and you see how small you are, of course you want to be respectful and show honour which makes you to humble yourself.

It is the same awesomeness of the presence of God that makes even Angels bow in His presence.

Dear friend, it is easy to be humble when you enter into God's presence. That act of humility on its own releases another dimension of energy into your life. The Bible says that God gives grace to the humble. When you humble yourself in the presence of God, your energy level goes up. You open yourself to God's grace that promotes and elevates.

"When you humble yourself in the presence of God, your energy level goes up. You open yourself to God's grace that promotes and elevates."

– Sunday Adelaja

It takes humility to pour one's life in order to bring about changes that will benefit others, because our world loves to maintain the norm, even when it is evil and destructive to humanity. But let your humility cause you to do what will benefit your society in the long-run. Let your humility exceed shallow religiosity. Rise up to effect a change in your world. When you humble yourself in the presence of God, your energy level goes up.

God exalts those who humble themselves before Him. Humbling yourself before the Lord is your responsibility. Nobody will do this for you; it is something you must do.

You humble yourself before God by reverencing Him, honouring His word and doing what pleases Him. Putting His interests, purposes and desires ahead of yours is a valid expression of humility.

Humility is a state of one's heart. Nevertheless, the content of our hearts must

be reflected in character, words and deeds.

Thus, your humility must be reflected in your worship of God and obeying His laws; as well as the honour of according Him the first place in your life—putting Him and His Word first in all you do.

Moreover, how you treat or respect people is a reflection of your humility and honour for God who created them. These acts of humility will surely usher you to new heights of strengths.



Humility: A Key to Increased Energy

One of the surest evidences of greatness is a humble spirit. Pride goes before a fall, but humility goes before a lift. Lasting accomplishments are always birthed through an act and attitude of humility.

God's presence and strength is always experienced mostly by those who are of a humble heart; they always rise in great strength to fulfil great purposes, because they receive more grace from His presence.

"A man's pride shall bring him low: but honour shall uphold the humble in spirit."

— Proverbs 29:23

Humility connects you the uplifting energy of God's presence. It's absolutely essential.

Isaac Newton the great Physicist said, "I could see further than others, it was because I stood on the shoulders of giants."

He gave credits to those who helped him in the accomplishments of his goals. That's being humble! Humility makes you give credit to others for their contribution towards your success.

I always love the story of Toscanini, who was so humble that when his orchestra burst into applause at a



rehearsal because they realized the heights to which he had lifted them, he said with tears in his eyes, "It is not me, it is Beethoven."

Isn’t that amazing!

No wonder he exuded such a high and classic style of excellence in music. He was tapping from higher strengths.

God gives more grace and strength to those who humble themselves under His mighty hand. He increases their gifts, abilities and capacity to perform. So humble yourself before God.

The Humility of Christ

“When you realize that God’s purpose for your life isn’t just about you, He will use you in a mighty way.”

– Dr. Tony Evans

The sacrifice of Jesus Christ in dying on a cross for the sin of the whole world remains the greatest and highest expression of humility that brought the full weight of God’s energy to play in His resurrection to life.

Our Lord Jesus had a choice, He could have said no to impending horrors and traumas He was going to experience; the sufferings and death throes of the cross, a sacrifice of the highest order for all humanity, yet He humbled Himself to embrace that pain and separation for our sakes.



That’s humility—a submission or yielding to God’s plan and presence. He submitted Himself to God’s plan in order to bring us God’s presence.

Though He is God, the Son of God, but He laid aside His glory, honour, majesty, royalty and power, and accepted to be born as a human. He made Himself of no reputation and took the form of a servant! He came to serve: to pour out His energy to save us— the very ones He created.

Though He made us, He humbled Himself to be like us and live among us, yet without sin. When He came to His own—the Jewish nation, they rejected Him. Many others rejected Him. His own creation turned their backs on Him-the One that made them. Yet He was steadfast and firm in His purpose and passion to save us all by sacrificing His life for our sin to restore us to God’s presence.

“Let this mind be in you, which also was in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of a cross. Wherefore God

also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father."

– Philippians 2:5-11



He humbled Himself unto death to save us and the result is evident: God exalted Him highly and gave Him a name that is above every other name. God lifted Him to the highest and most supreme place of authority and today, Jesus is seated at God's right hand of power. Indeed, mighty strength comes from obeying God to do the humblest tasks He assigns us.

"Mighty strength comes from obeying God to do the humblest tasks He assigns us."

Today, the Name of Jesus wields God's highest power and greatest energy, that same energy that God exerted in raising Christ from the dead, lifted Him out of the grave to highest heaven. That resurrection energy of God's presence came upon Jesus Christ the Son of God only after He humbled Himself to the plan of God the Father.

Thus, humility is a key to accessing the energy of God's presence.

Be Humble

"Blessed are the meek for they shall inherit the earth"

– Matthew 5:5

Be humble and meek in your dealings with God and people. Cultivate a humble spirit: a meek and teachable heart. Don't be quick to judge or criticize other folks, you



have a lot more to learn yourself. Rather, take the position of a learner and servant.

Serving others is one of the main ways you can cultivate a humble heart. Serving has a way of breaking all forms of pride, especially when those you are serving are younger than you or even your subordinates.

But great achievers know that service is what grants us easy access to more grace, wisdom and the energy to rise to our goals and desired accomplishments, so humble yourself.

The Value of a Peaceful Mind

Having and maintaining a peaceful mind is a vital asset in boosting your energy for productive purposes.

A peaceful mind is a treasure of inestimable worth. When your mind is peaceful and at rest, not weighed down with anxious thoughts, you would be mentally creative and more productive.

Worry and anxiety depletes our strength, but maintaining a peaceful and restful mind will multiply your energies.

When you're worried, your mind functions below its productive capacity. But nurturing a peaceful mind is guaranteed to enhance your strength.

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Worry deviates your focus from God's presence and disconnects you from your source of strength. Let nothing take your focus away from God. Keep your mind stayed upon His word and on the assignment.

• Worry devastates, but peace re-vitalizes your energy

The energy of God's presence provides us with peace and comfort to shield us from our anxieties and troubles. In fact, one of the first blessings of God's presence is His peace which creates an enabling environment for our maximum productivity.

Besides, peace is a marked proof of His presence. In His presence, there is a peace that supersedes all understanding; a peace that lifts us above every form of agitation and fears. That peace is a treasure, a valuable means of accessing more energy from His presence.

His peace is a gift you mustn't trade for anything. His peace is the right environment for your sustainable productivity, and having your mind or thoughts fixed upon God's word is one of the surest means of maintaining a peaceful mind which is essential for accomplishing your goals:

"You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You."

HOW TO RAISE YOUR ENERGY LEVELS

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Let nothing trouble your mind. Empty your mind of worries, and fill it up

with faith in God. Believe for the best, hope for the best and work towards the best and your energy will surge indomitably in towards productivity and influencing your world.

CHAPTER 8:
YOU CAN ACCOMPLISH ANYTHING

CHAPTER 8:
YOU CAN ACCOMPLISH ANYTHING

"It always seems impossible until it's done"

– Nelson Mandela

There is nothing impossible with God, and there is nothing you cannot accomplish if you believe in the divine energy in you and put it to work.

Some people love to say, 'that's not possible', forgetting that many things we enjoy today was once described as not being possible. Impossibility is an opinion of those who are unwilling to break the jinx by employing their energy to work. There is nothing impossible if you would believe and are willing to do what it takes to accomplish it. Most dreams seem so high and tough, but wait until someone with courage and persistence hits the trail and makes history.

Some others love to say, 'I can't': a confession of inability. 'I can't' is not a language for history makers. History makers always find a way of reaching their goals and making a mark. It's far better and beneficial to I can, and develop an 'I can do all things' mentality because of thedivine energy at work within you. Yes, you can do all things through Christ who strengthens and energizes you.

The problems in your nation are your available opportunities to rise up and do something. You can do something about that problem that gets your attention in the community. You don't have to first become the Local Government Chairman of that locality or Governor of the state to effect positive changes. Change begins by having the right mindset, and understanding that you can do something to help. You can begin with your resources and the energy in you. Then you will discover that you can do all things through Christ who energizes you. Remember, energy is everything. Your thoughts, words, and actions are all seeds of energies to birth changes, so get to work. Do the right things when others are doing what is wrong. Do the right things when no one is watching. Be a person of integrity. When others show up at the office thirty minutes late, you should arrive ten minutes earlier then the set time, because you have an excellent spirit and are there to communicate and spread the influence of God's Kingdom through living a lifestyle that portrays kingdom values and principles.

All Things Are Possible

You are born of God who loves to do the impossible. When you look at the mirror, what you see is God's masterpiece, His excellent handiwork produced by His energy expended in the art of creation. There is so much wisdom, knowledge, excellence and unfathomable depth of insight when we consider how the human body works. You are fearfully and wonderfully made by God to bring value to lives through the use of the energy He's endowed you.

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You're a living proof that nothing is impossible. You were born to prove to the world the existence of a God who can do all things and can do them through you.

You carry the omnipotent ability of the Omnipotent God.

You carry the presence of the Most High God: the most veritable source of energy. You are well able to unleash your strength in the pursuit of your dreams and vision, and most especially in spreading the influence of God's kingdom on earth. You can do all things.

Stop paying attention to those who say "it's impossible." Impossibility is a state of the mediocre mind. Possibility is a state of the renewed mind.

God's presence is the guaranteed factor that makes you equal to any task and able for all assignments. His presence is your strength; His presence is your energy. Act based on your faith in His presence!

Nelson Mandela said “it always seems impossible until it’s done.”

That is absolutely true. During the era of the apartheid in South Africa, some folks thought that freedom from the rule of the white minority rule was an absolute impossibility. But thanks to those who like Nelson Mandela believed it was possible and went ahead to sacrifice their lives to save

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their nation for such evils and unfairness. They poured out their energy to fight the prevalent evil and restore order and liberty to their nation and posterity, because they believed it was possible.

Do you believe it is possible to bring positive changes in your community or nation? Are you prepared to use your energy to birth positive changes in your world? That’s the noblest purpose of life—a life lived for others.

You can be one of those who will prove that what others said cannot be done can be done. The world needs more “I can do” people than “I can’t do.” The world needs daring people who step in to solve problems where others complain and whine.

Talk is cheap what makes a difference is action.

“The way to get started is to quit talking and begin doing.”

– Walt Disney

Start doing something in line with your goal. Don’t wait. Don’t over-calculate. Yes planning is good, but action should follow. Strategizing is great, but implementation is highly essential. The energy in you is not for fancy; it’s not for advertisement or cheap talks; it’s not for worrying; it’s for action—doing something to bring about positive change in your nation.

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You can do all things if you believe!

I don’t believe in impossibilities. I believe in possibility. The veritable source of energy in you is not a respecter of circumstances or persons; it’s a respecter of faith: what you believe and act upon.

Your life is a gift of trust and you are to accomplish with it by using the energy you possess. You can’t afford to just seat around and watch the news, rise up and make news!

Reach out with the burning desires within and accomplish something worthwhile in your time with the power energy you possess.

"Your life is a gift from the Creator. Your gift back to the Creator is what you do with your life."

—Billy Mills

There are folks who spend the present regretting about the past; while others waste the present worrying about the future. Some others spend their lives hating, quarrelling, and staying offended and bitter against others. This is abusing or misusing life.

You are here for a great purpose; you were born for a reason. You are an achiever, wired with energy for succeed. And you have all the energy it takes to reach the goals you set.

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Your gift to your creator is to step out of your comfort zone and use your energy passionately to accomplish your defined goals as well as spreading the values of God's Kingdom.

"Start by doing what is necessary; then do what's possible; and suddenly you are doing the impossible."

– Francis of Assisi

Begin by doing what is necessary; then do what's possible; and suddenly you would find yourself doing the impossible. With these, you can convert seemingly impossible situation to possibilities. So start with what is necessary: what is necessary in your family, what is necessary in your office or school, what is necessary in your neighbourhood, what is necessary in your country? Start from there.

Take for instance, living a life of integrity, honesty, accountability and trustworthiness is absolute necessary. When you exude these noble virtues in your family, work place, school or sphere of influence, you'd constitute an attraction to your world and those around you whose lifestyle don't conform to such kingdom values will find the light of life in you and answers through your virtuous living. Those who cheat and uphold corruption will become ashamed and gradually turn aside to identify with the truthfulness you bring to your world. Use your energy to uphold the truth through your kingdom lifestyle.

YOU CAN ACCOMPLISH ANYTHING

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Do something about it with the energy you possess. I always started from what was necessary and ended up doing what others said was impossible by the energy of God's presence. Your impact in your nation will begin when you start doing what is right and necessary with the energy you possess. Be faithful where you are with what you have.

Impossibility ends where action begins. So start doing something today. Move from setting goals and planning to acting.

You need to begin from where you are by doing something meaningful. Add value to the life of others where you are. Any dream that cannot begin where you are presently will have no bearing wherever you want to get to. Start where you are. Use your energy to solve problems where you are.

"Life is either a daring adventure or nothing"

—Helen Keller

Dare to reach your goals, dare to accomplish your dreams, because you have the strength you need. Every accomplishment begins with a decision to try. So try and give it your best shot. There's nothing you cannot accomplish!

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Energized In His Presence

"After this there was a feast of the Jews, and Jesus went up to Jerusalem.
Now, there is in Jerusalem by the Sheep Gate, a pool, which is called in Hebrew, Bethesda, having five porches.
In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water.
For an angel went down at certain time into the pool and stirred the water, then whoever stepped in first, after the stirring of the water was made well of whatever disease he had.
Now a certain man was there who had an infirmity thirty-eight years.
When Jesus saw him lying there, and knew that he had already been in that condition a long time, He said to him, "Do you want to be made well?"
The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps before me."
Jesus said to him, "Rise, take up your bed and walk."
And immediately, the man was made well, took up his bed and walked.

– John 5:1-9

This true-life Bible story brings to light the experience of many in life, and how God's presence can energize you to rise above all limitations and seeming impossibilities.

YOU CAN ACCOMPLISH ANYTHING

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The sick man in this scripture had been an invalid—unable to walk, impotent of strength: a condition he suffered with for over thirty-eight years. In other words, it was a chronic ailment; he had been weak for years.

In addition, he lived among people who had the same condition. His friends were mostly people like him having various health challenges and disabilities. He had a company of friends designed to keep him in that state of weakness and disability!

Besides, he was so used to this problem that it created a wrong mindset in him—the mindset of impossibility, disability and self-pity.

How do we know this?

When Jesus asked if he wanted to be well, his reply wasn't yes! Rather, it was full of bitterness and excuse.

He said that he had no one to help him get well. In other words, there was no one willing to help.

Its similar today, when people fail to accomplish their goals or desires, they put their blame on others. They blame others for their failed dreams, failed accomplishments, and failed desires. For instance in our nation: Nigeria, it's easy to blame our past Heads of State, Senators and Presidents for the overt corruption, stealing and vices that prevailed during their leadership. It's easy to blame our leaders for all

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the evils and predicaments we have found ourselves in as a nation. But that on its own will change nothing. That is just like this man saying—I have nobody to help me! That's a lame excuse that keeps people lame.

We have sufficient help. We have the energy of God's presence and that is exactly what Jesus brought to that man and transformed his state. So, we can do something to bring national transformation. You can champion the good you

envision for your nation. Complaining about those who did wrong changes nothing; why not rise up and do good to your nation with the energy of His presence?

Never imbibe this wrong mindset because inadvertently, it creates bitterness and resentment toward those you expected to help who didn't. And the problem with being bitter, unforgiving or resentful towards other folks is that it drains you of your inner strength and prolongs your condition or plight.

Like Dale Carnegie rightly said:

"Feeling sorry for yourself, and your present condition, is not only a waste of energy but the worst habit you could possibly have."

Don't waste your energy feeling sorry for yourself or your nation. Rise up and do something today!



I dare say the man in the story personally contributed to the limitations he was experiencing. His thoughts, words and attitudes had formed a high wall to keep him unable to accomplish his dreams and short of strength to reach his goals. His brick-walls of limitations were made of bitterness, resentment, and un-forgiveness; thus he wasting energy.

Don't be bitter against any person for whatever reasons. Don't be unforgiving or resentful towards other folks. Nobody is responsible for your success. You are responsible for your success. You are responsible for the development of your nation.

These negative attitudes constitute a heavy load that can stop you from reaching your destination and could block your mind from conceiving productive thoughts that would energize you towards success.

Forgive easily and let go of any offenses. Don't hold resentment or remain angry towards people. Let go of it. This will make you a happy person and maintain your spiritual and physical health at all times.

Now the most beautiful part of this story is when Jesus stood before the sick man and told him to rise, take his bed and walk.

In other words, Jesus the Great Saviour of mankind, didn't endorse his excuses, He ignored them and simply showed him mercy. The energy of God's presence radiating

from Jesus and His words restored strength to this man and brought about a miracle of instant healing. The presence of God energized this thirty-eight year old weak and weary man; turning him in a quick moment to a man of strength and vigour!

Just a few words from Jesus restored this man's strength and healed him of all his sickness. No time spent in God's presence is ever wasted. Just a moment in His presence will breathe life and strength to you and energize you to exceed even natural limitations like it did for this man. Indeed God's presence is the most veritable source of energy!

In His presence anything is possible. In His presence your strength is restored and you discover that you can do all things. Impossibilities melt at the fire of His presence; our fears dissolve at the sound of His word; our courage rises when He steps in and then you'd see that all things are possible.

You Can Do All Things

"I can do all things through Christ who strengthens me."

– Philippians 4:13

The life of George Washington Carver, a renowned African American and one of America's greatest scientists who revolutionized agriculture in the South with his discoveries, is a classic example of a person who believed

and demonstrated the reality that you can do all things through Christ who strengthens you.

Though he was born a slave and a sickly child in throughout his youth, he rose to become one of the most prominent inventors and scientists of his time, as well as a teacher at the Tuskegee Institute. Presidents, Congress and world leaders came to him seeking for his advice; even Henry Ford and Thomas Edison offered him jobs of about a million dollars a year in today's equivalent, yet he was determined to stay at Tuskegee Institute in order to help those less fortunate people. His goal wasn't fame, but to impact his community with kingdom values.

Carver devised over 100 products using one major crop—the peanut---including dyes, plastics and gasoline. He was amazingly creative. His ground-breaking research at the Institute on plant biology brought him to national and

international prominence. By the time of his death, the peanut industry he created had grown to over 500 million dollars.

Carver helped introduce soil enrichment programmes, crop rotation and alternative crops. He worked tirelessly in researching crops that could restore nutrients to depleted cotton fields. He ultimately developed some 325 products from peanuts; 108 uses for sweet potatoes; 75 products from the pecan and a wide range of products and uses from the soybeans. No wonder he was nicknamed the “Plant Doctor.”

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“As I worked on projects which fulfilled a real human need, forces were working through me which amazed me. I would often go to sleep with an apparent insoluble problem. When I awoke the answer was there. Why then, should we who believe in Christ be so surprised at what God could do with a willing man in a laboratory? Some things must be baffling to the critic who has never been born again.”

—George Washington Carver

Despite the fact that he was born into the most unfortunate and difficult of circumstances, he exercised great faith in the energy of God’s presence and accomplished what many others would have termed ‘impossible.’

It’s certainly true that without God’s presence and the energy He births within us, our struggles to accomplish anything would be endless and futile. He is the Master Creator who loves to see us put our potential and energy to work for the betterment of our world and respective societies.

When asked about the secret of his great success, here’s what Carver said: “*The secret of my success? It is simple. It is found in the Bible: In all thy ways acknowledge Him and He shall direct thy paths.”*

You can do all things if only you would learn to connect to the divine energy available to you: the energy of

YOU CAN ACCOMPLISH ANYTHING

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God’s presence. The Bible contains super-enlightening and inspiring thoughts of God’s Word that is sure to energize your mind and enable you function at your optimal level of productivity. It will produce the wisdom you need to deal wisely

in all affairs of life and excel in all your endeavours. God's Word is the surest enlightenment and strength you need to reach your goals.

Every generation has its challenges, every nation has its pains and every individual has his or her mountains to climb. In Carver's era, racial prejudice, slavery, and various forms of hardships were prevalent too. He struggled with prejudice against "blacks" – even among Christians. As a result he could not attend the nearby school, and so left home at about the age of ten to find a school that would accept him because of his race. He supported himself by doing chores and continued his quest for education. He didn't have money to pay for a college education, but he saw no reason why this could not be included in the "all things" that were possible through Christ. He enrolled in school with only ten cents in his pockets, but God saw him through.

Despite the oppositions and rejections he faced, he persisted. He also committed his life to Christ at about the age of ten.

Besides, his frailty and frequent illness could have been an easy choice for a lifestyle of mediocrity. Yet he didn't let limiting factors hinder his educational pursuit



and desired accomplishments. He worked hard and won with the energy of God's presence.

Part of his secret was that he constantly talked to God and asked for His help in uncovering the hidden treasures in plants and other things of nature. In other words, he drew strength, inspiration and energy from God's presence to achieve purposes beneficial for humanity. His ground-breaking accomplishments remain a valid proof that you too can do all things through Christ who strengthens.

You can overcome the hurdles or challenges you're presently facing to reach your desired objectives. You can indeed do all things through the energy of God's presence.

Let your love for God and people propel you to see beyond all forms of barriers and cause you to do your best in unleashing the strength in you in bringing hope to your world.

You Can Accomplish Anything

When Paul the renowned Apostle vocalized the heaven-inspired words: "I can do all things through Christ who strengthens me", he was speaking from a place of deep conviction, confidence and understanding of the Omnipotent force

at work in anybody who believes in Jesus and embraces the presence of God.

YOU CAN ACCOMPLISH ANYTHING

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In regards to his great and amazing accomplishments he said:

"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I but the grace of God that was with me."

– 1 Corinthians 15:10 NIV

What a remarkable statement.

A closer look at this verse unveils deep insights into the secrets of Paul's accomplishments. First he credits his success to the presence of God, saying that he is who he is by the Grace of God, that is, the energy of God's Presence. He found his identity there. He discovered his strengths and potential in that divine presence.

Not only does God's presence infuse you with strength, His presence awakens you to the reality of who you really are. In His presence, you discover yourself. Money, wealth, fame, relationships and education are all good and beneficial, but your true identity shouldn't be based on them. Your energy shouldn't be derived from them either. Who you are and what you can do should be based on your Creator.

What an IPod can accomplish is based on what Apple Company, the producers have made of the product.

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It's identity, efficiency and performance is based on the certified manufacturer.

Another remarkable part of Paul's statement in that verse was the fact that he worked harder than others, and still accredited the energy of his diligent pursuit to the strengthening effects of God's presence. He was diligent.

Diligence never kills; nobody ever died of hard work in the history of the human race. Rather, it develops and unleashes your strength. Diligence is a highly essential quality of history makers; it implies being painstakingly committed in ones pursuits; a commitment to details; the exertion of one's strengths, abilities and focus towards a given task. Indeed there is no substitute

for a life of diligence.

All roads that lead into success have to pass through the pathways of hard work and diligent efforts. Irrespective of the obstacles you may face, doubts you may have, mistakes you've made; if you work hard there will be no limits to your success.

Your resolve to being diligent is most assured connected to the divine energy in you. Diligence is what pulls out the energy for definite accomplishments.

If you will accomplish the impossible then you must be diligent. You must be willing to endure when others grovel; you must be unwilling to quit when others give up. Diligence will cause the divine energy in you to surface and prevail in the fulfilment of your pursuits.

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Your diligence is absolutely necessary in the equation of accomplishing your purpose.

"To this end I labour, struggling with all his energy, which so powerfully works in me."

—Colossians 1:29 NIV

If you would commit yourself to a set purpose designed to bring benefit to the human race and depend on the energy of God's presence; you will find yourself reaching heights beyond your imaginations and doing things beyond your ability.

Indeed you can accomplish anything; you can do all things through that mighty divine energy in you, if only you are willing to pay the price and labour with all the strength within you.

Maximize the rich deposits of all His energy within you; it is powerful, dependable and reliable by all means. Labour with the energy of His presence and the world will experience the reality and good of your presence.

Use Goals, Plans and Action

I strongly believe that one of the most vital ways of releasing our strength and energy to reach our objectives is to convert our desires to goals, then mapping out the steps or plans we need to follow in reaching them and finally getting into action to actualize them.

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Where there is no vision, there is no hope. In other words, things will remain the same way or even depreciate in value where vision is absent.

"Any dream that doesn't inspire you to diligently perspire will easily expire."

Without a definite clear-cut vision, your energy will lack a driving force and direction. When you have a great vision, you will surely need to look up to an Omnipotent Source—God's presence, your veritable energy supply.

You need to be a daring dreamer and visionary. No outstanding accomplishment or success was ever achieved without first conceiving an inward picture of it. Let your dreams be high enough to require and inspire the energy of His presence. Any dream that doesn't inspire you to diligently perspire will easily expire.

"A dream doesn't become reality through magic; it takes sweat, determination and hard work."

—Colin Powell

Furthermore, it's absolutely important to break down that great dream or vision of yours into simple, practical goals, plans and actions to be worked on. Doing this will grant you with a sense of responsibility and deepen your commitment to your mission.

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But firstly, you need to discover your vision and purpose in life. Vision is the key to unlocking the treasures of strengths locked up within you. Vision is a comprehensive sense of where you are going, and what you plan to accomplish; it is the picture of your desired achievement. Have a well defined vision and focus on it, because your vision will enable you to launch out in full strength. You need to surround yourself with the ideal picture of your dreams. Pictures carry energy. Pictures can inspire you to act differently. Have the right picture or imagery of you desired accomplishments.

"When you cease to dream, you cease to live."

–Malcolm S. Forbes

What is your dream for your country? What will be your outstanding contribution to the development of your nation?

Let's have a dream for Nigeria: a dream that will give hope to the hopeless,

courage to weak and strength to the disheartened. We have long heard of the American dream, and many from our own country have migrated there in order to experience that dream that was made possible through the efforts and energy of others.

Let's expend our energies and exert our strengths towards building our own nation; tearing down the walls of hostilities that divide, and creating a nation where our



children, grand children and unborn generation will call home and be willing to sacrifice their own lives as well towards building our nation. We too can have a Nigerian Dream! Let this become your vision and passionate desire.

Vision has always been the foundation for all meaningful accomplishments, it is absolutely essential as it is the starting point.

Start dreaming and keep on dreaming. Let your vision be clear and concise. Break down you vision into practical goals. A goal is simply something specific, realistic and obtainable that you decide to accomplish within a set time frame. It should be written down on paper.

A person who neglects his goal or purpose in life will be bereft of energy. Cherish your visions and your dreams as they are the children of your soul; the blue-prints of your ultimate achievements.

Then you must move a bit further to identifying and writing down your plans, that is, the strategies you've mapped out towards reaching your goal.

Planning is 80% thinking, 20% writing, and 100% action.

Your action is absolutely necessary to bring your desired change. Your action is your clearest demonstration and utilization of the veritable divine energy in you, unless



this is done, nothing will be achieved. All history makers are action people.

"Success becomes much easier when you have a strong commitment to a goal or objective that is clearly visualized and greatly desired. It has been said that 'genius is the power to visualize the objective.'"

—Jim Davidson

Thus, planning without action is a sure way to deny oneself the access to limitless strength.

A dream written down with a date becomes a GOAL. A goal broken down into steps becomes a PLAN. A plan backed by ACTION makes your dreams come true.

"The secret of change is to focus all of your energy, not on fighting the old, but on building the new."

—Socrates

Once you accomplish your goals, don't rest on your oars. Move ahead. Accomplish more. After building the largest Church in the whole of Europe, I didn't feel satisfied or fulfilled. I knew deep on my inside that God had more in store for me; there was certainly more on His plan for my life. So I decided to spend more time in His presence, seeking His face for specific directions, and He granted me the revelations I needed to move ahead into the next phase of my assignment for His Kingdom.

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Learn to move beyond celebrating past successes to capturing newer ones. Set new goals and exert more strength and energy towards your greater goals.

There is more that you can do with the energy that lies in you. You can do the impossible. You can bring transformation to your nation. You can do all things through Christ who strengthens you. Yes you can!

YOU CAN ACCOMPLISH ANYTHING

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PART 3
UNLEASHING YOUR ENERGY FOR DEFINITE ACCOMPLISHMENTS
CHAPTER 9:
THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

CHAPTER 9:
THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

"Concentrate all your thoughts upon the work at hand. The sun's ray do not burn until brought to a focus."

– Alexander Graham Bell

Triumph and success are the inevitable results of our resolve to endure diligently in the pursuit of our desired accomplishments while operating with the energy of God's presence.

You have the energy required to accomplish your highest goals and reach your farthest heights in life, and that's the energy of God's presence.

Historical records have proved that high achievers all faced various obstacles and hurdles in their journey towards bringing positive and valuable changes, but they persevered and triumphed. They launched their efforts from the Fourth Dimensional source of energy. They concentrated their thoughts at the work at hand and brought all their focus and energy to bear upon their desired goal till they triumphed.



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Your resolve to triumph in success must be greater than the obstacles you face if you will win in life.

"Through hard work, perseverance and a faith in God, you can live your dreams."

– Benjamin Carson

If you're committed to hard work, perseverance and faith in God's presence, you will make a mark in the sands of time.

The story of Albert Einstein, the German-born physicist who propounded the revolutionary theory of special relativity that gave birth to the creation of the

atomic bomb, by connecting the mass of an object with its energy was nothing like a genius during his early childhood years. He's was a story of one who persevered and eventually triumphed against all odds by the energy of God's presence.

Historical records prove that he couldn't even speak until he was four years old, then he couldn't read until the age of seven.

Moreover, he was known for being so slow and anti-social in behaviour. Sad enough, he ended up being expelled from school, and refused admission to the polytechnic in Zurich. And to crown it all, even his parents and teachers considered him to be mentally handicapped. Yet he is considered today as the most influential physicist of the 20th century as well as a winner of the Nobel Prize.

THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

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How did he overcome his limitations and such negativities?

In his own words, he said:

"As a child I received instruction both in the Bible and in the Talmud. I am a Jew, but I am enthralled by the luminous figure of the Nazarene. No one can read the Gospels without feeling the actual presence of Jesus. His personality pulsates in every word. No myth is filled with such life."

– Albert Einstein

What a profound truth.

He drew his inspiration from the presence of Jesus; his energy from the living truths of God's word. Indeed he triumphed through God's strength.

The interesting thing that differentiates great scientists like Albert Einstein, Isaac Newton or George Washington Carver from our modern Church goers is that when they read their Bibles, they opened their minds to receive inspirations from God's Presence to make inventions that revolutionized the whole world. They opened their minds to conceive ideas and imaginations in line with the sphere of society they yearned to birth transformations.

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But unfortunately, when many believers read their Bibles, they do so with closed minds, and even when they receive inspirations, they don't know how to

convert it into tangible products for the betterment of lives. They go to Church to shout, jump and have goose pimples, then continue with the same old struggles till death. You need to convert the inspirations you receive from God's presence into tangible realities that will improve your life and world, this is so paramount.

You have to maximize the energy of God's presence, by converting those inspiring thoughts that are birthed in your minds into tools for transforming your nation. What good will you do with that thrilling message you heard in Church on a Sunday service or when you read your Bible? This is the real way to make a difference. It's not what you heard that matters, but what you did with what you heard. Your triumphs in life and over the evils plaguing your country will emerge from what you do; the actions you take based on the inspiring thoughts you receive.

The challenges of life aren't designed to stop you but make you stronger. It is your decision to depend on divine strength and be persistent that makes all the difference.

In the pursuit of bringing positive changes to your nation through the energy God has given you, challenges and opposition are sure to come by, but they are not sufficient to stop you because of the force that backs you—the veritable energy of His presence.

THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

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Like sociologist have rightly stated, I've always believed in the essence of identifying "your own mountain of influence" and by that I mean that area or sphere of the human society you desire to effect positive changes or cause positive radical transformations through the exerting of your God-given strength, talents and abilities.

Take for instance: Politics or Government is a sphere in our nation Nigeria that needs people who understand the principles of leadership, good governance, with integrity and discipline, who can chart a vision-driven course for the good of the citizenry. Perhaps, you have a strong desire in this area, then prepare yourself, develop yourself and take steps to join this sphere and bring about the much needed change.

Or maybe, you have a passion in Business; this as well is a sphere or mountain of influence through which you can birth positive changes in our nation. You can introduce virtues of honesty, accountability and integrity in your dealings with customers. You can grow a business that becomes super efficient

in meeting the needs of our nation, or even compete at a global scale in the world market.

The Entertainment or Music Industry is also a vital sphere of influence in our nation that needs to be rightly appropriated in nation building. Instead of singing songs that promote sexual promiscuity, and violence, you can introduce songs that exalt kingdom values of justice, righteousness, diligence, kindness, patriotism, etc. If this is

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an area of your gifts and abilities, then channel your energy appropriately in producing and spreading the right music or movies.

And we have others such as the Media, Sports, Family, Science and Technology, Education, Health Care, Religion etc. These are all avenues through which you can affect lives, bring about changes that will benefit our nation. You can choose a sphere of influence to bring about a change.

If only you can identify one thing you are passionate about and pour energy into it such that our country becomes a better place.

You are a gift to your nation; use your gifts.

We can re-invest in our Agricultural sectors and redefine new standards in this field. Mechanized farming can become a central focus and a major source of income revenue for our nation, especially with the recent recess in our economy and global fall in prices of petroleum products. We can convert our challenges to blessings, if only we exert our minds creatively and energies positively towards productive work in this field.

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it."

—Albert Einstein

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Every time I see a ford automobile, I'm reminded of the fascinating story of Henry Ford, a man who accomplished so much success and wealth through producing cars. In his time, he had sufficient wealth to outwit the money trust of the United States. Mr. Ford could gather millions of dollars with as great ease as a child fills its bucket with sand when playing on the beach.

While Mr. Ford's new automobile was in the process of perfection, in 1927, it is said that he received advance orders, with cash payments, for more than 375,000 cars. At an estimated price of $600.000 per car this would amount to $225,000,000.000 which he received before a single car was delivered. Such is the power of confidence in Ford's ability many had.

But there were several times in the past this great inventor went bankrupt and struggled with bankruptcy and with apparent failures in his set goals. But he drew courage to rise above these limitations and made a mark in the sands of time. He triumphed through the energy of the Fourth Dimension.

Thomas Edison, the man who first harnessed the lightning and it serve light for man's use, through the aid of the incandescent electric light bulb tried and failed on several occasions. In fact, he failed 999 times in his attempted discoveries. Rather than quit, he concluded that he just discovered 999 ways it wouldn't work!

THE VERITABLE SOURCE OF ENERGY

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Then he went on to making outstanding achievements in this regards, discovering the incandescent electric bulb, as well as the modern moving pictures.

God's presence is your advantage and veritable source of strength. You can reach the heights you desire by engaging the energy you possess.

Triumph With Indomitable Strength

"And the Angel of the LORD appeared to him, and said to him, «The LORD is with you, you mighty man of valor!»
Gideon said to Him,
«O my lord, if the LORD is with us, why then has all this happened to us? And where are all His miracles which our fathers told us about, saying, 'Did not the LORD bring us up from Egypt?' But now the LORD has forsaken us and delivered us into the hands of the Midianites.»
Then the LORD turned to him and said,
«Go in this might of yours, and you shall save Israel from the hand of the Midianites. Have I not sent you?»

– Judges 6:12-15

Knowing how mighty a strength you have at your disposal could improve your confidence in reaching out for your goals.

THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

Gideon who eventually became a notable judge in Israel lived in a time when his Country was in slavery and under the oppression of an enemy nation—Midian.

One day, an unusual herald came with good news, saying that the Lord was with him and that he was a mighty man of war. Such a news report was startling to him and quite contrasting with his experience: being that in his opinion, his clan was the weakest in his tribe of Manasseh, and he was the weakest in his own family.

But the Angel told him that the Lord was with him and that he was a mighty man of valour. Thus, his might wasn't based on any previous battles he fought or training he had in the army, but because of God's presence with him. And in spite of his excuses, the Lord told him to go in the strength that he had and he went and gained flawless victory.

The story has it that Gideon gathered a sizeable army of just three hundred men and ended up defeating an enemy nation that was incomparably greater in number, armoury and military might. His triumph brought him to prominence and liberated his nation completely from the terrible oppression and unjust wickedness his people faced for years, and thus he became their judge.

The question I'd love to ask is: what if Gideon persisted with his excuses, and refused to take the bold risk of faith? Maybe Israel, his nation would have continued to suffer unbearable afflictions during his era. Now, that's what your

nation will continue to undergo, when you refuse to rise as a saviour from mount Zion to bring light and hope to your world.

Moreover, I wish to elucidate the fact that Gideon's mighty accomplishments began from the moment he knew and acknowledged God's presence with him. That divine presence made him outstanding in his pursuits and restored his confidence to do something everyone considered impossible in his time.

He believed, trusted in and exercised absolute faith in the Presence of God and thus, tapped into that divine energy to surmount the challenges of his day. He channelled the energy of that divine presence to bring liberty and prosperity to his own nation, and thus triumphed with indomitable strength.

The peace and prosperity of any nation begins when one man or woman rises up with passion that cannot be dissipated and energy that's dedicated to effect needed change. Gideon was one man with God's presence and super-energy.

You are one man or woman with God's presence and super-strength. You as one person with God can do a lot of great good where you are—starting from your family, community, country and even continent. You and God constitute an army loaded with indomitable strength to achieve a worthy objective.

THOSE WHO TRIUMPHED THROUGH GOD'S ENERGY

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Global transformations begin with local changes; and the energy for both is resident in you.

"Global transformations begin with local changes; and the energy for both is resident in you."

It's important you recognize that the greatest treasure on earth isn't gold, silver or diamonds; neither is it real estate, landed properties or lots of money. The greatest treasure on earth is the human soul; one person no matter his or her skin colour, religion, culture or country is worth more than all things money could ever buy.

Thus, investing in people is the greatest of all of investments. Investing in people will produce eternal dividends. Expending your energies and strengths to do things that will add value to one or more persons is one of the ultimate goals of life. Your relevance in life is in the problems you solve. So serve people, solve problems, pour your life and energies into others, and you will find great strength.

Revive Your Dream; Receive Your Strength.

"By faith Sarah herself also received strength to conceive seed, and she bore a child when she was past the age, because she judged Him faithful who had promised."

– Hebrews 11:11

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Can you picture an old aged woman of about ninety years old getting pregnant with her husband who was already a hundred years old? Medically

speaking we could say it's highly impossible, due to several factors at hand. Complications are certainly expected in the birthing process and in this case the woman in question was barren—she lacked the energy and capacity for child bearing prior to this. She was medically diagnosed as being unable to bear kids. Yet at age ninety she became pregnant and was conceived of a son for her hundred years old husband!

Besides the several questions you may have, one sure inquisition on this is where did she obtain strength to conceive and bring forth? Where did the energy of child bearing come from?

The Fourth Dimension: the energy of God's presence was her source of strength. The Bible says that Sarah received strength to conceive seed or bear a child. She received strength!

Did you know that strength can be received, energy is transferable! When you stay in the company of those having high energy levels, you could leave there acting almost like them, because of the atmosphere of strength they exude.

Sarah received energy from the words that God spoke to her: that she would conceive and bear a son. She thought about those words, possibly spoke those words to herself and took steps based on those words. She fellowshipped

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with those words that came from God to her to the extent that she had confidence to have intercourse with her hundred years old husband—Abraham, and conceived a son whom they named Isaac.

Now, these aren't fairy tales or myths conjured by idle men to deceive. I'm not telling you a story I came up with last night, I'm informing you of real people like you and I who were at their wits end, desperate and were almost giving up on their dreams until they had an encounter with God.

Today when you hear of the nation of Israel on the news, let me remind you of how they came. Israel who is also known as Jacob was the son of Isaac, the grandson of Abraham and Sarah. These are the couple we are talking about who received strength to conceive a seed (Isaac) because they judged God as being faithful—they believed in the word of God, what God had told them. They exercised faith in it and that caused the presence of God to come upon them and energize them to do the impossible, bear a son—Isaac, at their old age.

This naturally impossible feat was accomplished by the energy of God's presence. Somebody received divine energy and broke the record!

What is your excuse? Don’t go to the grave with your dreams. Break that cycle of excuses today and dare to believe God too. Dare to exercise trust in His presence

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and His word and let that divine energy He freely gives rest upon you and all that pertains to you; and bring you into the reality of your dreams.

Things that are birthed through divine strength last eternally for the benefit of humanity.

There are dreams you had been nursing, great plans you envisioned to fulfill for the betterment of your society. Don’t bury them. Don’t lose them. Those dreams are your babies—your unborn Isaac. Receive strength to birth them again.

I once heard that the Kentucky Fried Chickens which is almost everywhere in the world was started by a retired soldier who refused to get a rocking chair after retirement and rock himself to the grave, but had a dream. He had a dream!

At old age, with limited strength he pioneered his mini fast-food outlet, which grew to becoming a global market in the world. That old man received strength to birth his Isaac—KFC. Though he’s long gone, today he’s still adding value to many around the world. He is still providing jobs for many individuals in various countries he’s never been to. Today, he’s still meeting the needs of people globally and locally, though he’s long gone, but when he was here, he exerted his energy to meet a human need in his community.

THOSE WHO TRIUMPHED THROUGH GOD’S ENERGY

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When you’re long gone, what will be left of you? Let it be more than two kids and a spouse, let it be more than liabilities and a tombstone. Let it include a dream that lives on to better the lives of others because you received strength to conceive your dreams and do things that you thought you weren’t capable of.

Go and nourish your dreams; revive them, renew them and receive strength to birth them into reality.

Don’t let the economy of your country kill your dreams; don’t let your fears or environment terminate your vision. Go and nurture those positive and purpose-driven desires you’ve got. Let the dreams grow, give it time and unleash them into reality. You have the energy already.

As you fellowship with God’s Spirit through His Word daily, you will receive

quantum leaps of supernatural energy, and currents in form of ideas, thoughts, visions, pictures, or inspirations to reach the heights you are destined for.

Take a leap of faith and join the uncommon league of those who triumphed through God's strength and accomplished success in their fields and for their nation!

CHAPTER 10: HOW TO RELEASE YOUR ENERGY TO BIRTH TRANSFORMATIONS



CHAPTER 10: HOW TO RELEASE YOUR ENERGY TO BIRTH TRANSFORMATIONS

"To believe in the heroic makes heroes"

— Disraeli

It's one thing to know what you possess, it's entirely another to develop it and use it in achieving definite purposes.

Energy as we have early said is one of the most expensive treasures and asset any nation could possess. Just think of it, why do nations pay a lot for crude oil, what is it about the oil? Energy!

They don't spend so much on crude oil for fancy, but for the energy it brings to our nations. Our cars run on the refined products of crude oil, Aeroplanes fly by products from refined crude oil, in some nations electric power is generated by refined products of crude oil, to mention but a few. Even coal tar an undesirable product from the crude oil refinement is so essential in road constructions. Thus the rise and fall in cost of petroleum products weighs heavily on the economy of most nations who depend a lot on these for their income or energy sources.

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But remember, the crude oil unrefined remains un-useful. In the same way, your energy must be refined and channelled purposefully for productive and definite purposes.

You need to refine and develop yourself through the means of education in order to become a master in unleashing your strength purposefully towards your set goals or desires.

The Value of Education In Releasing Your Energy

There has long been a general misconception of the meaning of the word “educate.” The dictionaries have not aided in the elimination of this misunderstanding, because they have defined the word “educate” as an act of imparting knowledge.

The word educate has its roots in the Latin word educo, which means to develop FROM WITHIN; to educe; to draw out; to grow through the law of USE.

Nature hates idleness in all its forms. She gives continuous life and energy only to those elements which are in use. Tie up an arm, or any other portion of the body, taking it out of use, and the idle part will soon atrophy and become lifeless, and void of strength. Reverse the order, give an arm more than normal use, such as that engaged in by the blacksmith who wields a heavy hammer all day long, and that arm (developed from within) grows strong.

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Energy grows from organized knowledge; it grows through application and use.

The problem in our society today is people who go to college or the University, study for two to four years and graduate searching for jobs, and when there’s none, they are clueless on how to practically apply the knowledge they gained to add value to lives.

The value of education is in organizing knowledge for specific application and definite accomplishments.

That’s the reason I believe so much in self-education. In fact every day, I set

aside about three hours just for this cause because I've come to understand how valuable my education is in enabling me in releasing my energy in the direction of desired achievements, and this is what I recommend you do as well. Educate yourself. Read books on purpose. Don't just read novels for the sake of having fun, read and study for self development, mental exercise and to acquire knowledge you can organize towards realizing your dreams.

Education is more than the act of imparting knowledge. That's a very minute part of it. It majorly involves developing oneself from within. The moment you can read and write, you become fully responsible for developing yourself from within towards the achievement of your set goal. Developing yourself this way makes you more able to draw from the reservoir of divine energy resident in your being.

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Within you lies the solution to the problems that agitate you. Within you lies the dream that answer to cry of your nation. Within you lies the wealth you need to help others; within you lies the great energy to accomplish all you ever imagined. It's not far from you; they are all within you—locked inside the territories of your being, placed there by your Creator.

But it is your job to bring them out and serve your world. It is your job description to look inwards and channel those energies towards real problem-solving.

You have to draw out from within you to help others. Also, you have to grow through the practical use of the energy and all you possess.

When you use what you have, your energy level rises on that area. Your strength, confidence and resources multiply. Multiply your strength through use. Diminish it through un-use. Use your energy and it will multiply!

Education is supposed to bring enlightment on how to practically use your energy—spiritually, mentally and physically to accomplish your definite goals.

Don't just get knowledge in school. Get organized knowledge. Gather knowledge with the aim of use and in the area of your desired goals.

HOW TO RELEASE YOUR ENERGY TO BIRTH TRANSFORMATIONS

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Get Educated To Make A Difference

Education is not merely gathering and classifying knowledge; it is mind development!

"The development of your mind enhances the release of your strength."

The development of your mind enhances the release of your strength and mental coordination towards achieving your goals.

Get educated to unleash your energy and potential purposefully!

Polish your education to solve the problems in your country. Sometimes I wonder why we as a nation keep depending on foreign companies to construct our roads, why then do we train Engineers in the University? Or can't we trust the training we gave them from our own institutions?

Our education must be tailored to solve our own problems. Go to school, not to get a degree, but to obtain knowledge and skill to be able to solve the societal ills of your country.

THE VERITABLE SOURCE OF ENERGY

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Don't get educated to get a job. Get educated to create jobs. We already have an unemployment crisis in our nation, so don't add to the problem, solve the problem! Right from the moment you choose a course or a line of study in the University, from your first year, study with the mind-set of graduating to be self-employed and to employ others. That's a way to solving the unemployment in our nation. Be educated with this kind of a mind-set: a job creator not seeker!

Assess yourself critically, ask questions. Ask yourself questions:

What is my dream, vision or goals?

What are my areas of passion, interests or talents?

What do I desire to accomplish in life?

How will this add value to others and birth national transformation?

How would I like to be remembered?

Have I been well educated or presently undergoing quality self-education to realize my goals?

HOW TO RELEASE YOUR ENERGY TO BIRTH TRANSFORMATIONS

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Work—A Sure Channel of Unleashing Your Energy

Work is one of the essential gifts of God to man. Work is a gift. It's a privilege and channel of unleashing your energy to achieve your goals. Nothing was ever accomplished without the release of strength. There is no place on earth where man has accomplished anything by folding his hands and dreaming night and day. Unrealized dreams are simply dreams men were too lazy to work upon.

"Unrealized dreams are simply dreams men were too lazy to act upon"

Many lose their dreams not because they were too lofty, but because they were too lazy to work. Work is good, work is beautiful, and work is sweet.

"No idle person is ever safe, whether he be rich or poor, white or black, educated or illiterate."

—Booker T. Washington

Work is one of the best opportunities you have to discover and unleash your strengths. The reward of work is way beyond the pay check that comes in by month's end, but the realization of a worthy objective that brings fulfilment in life.

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Work is a principle God gave to man before the fall, He assigned him the task of tending and keeping the garden. It's indeed a gift for self-realization and fulfilment. It's not a curse, but a blessing.

History makers develop the ability to enjoy whatever they do. They know that work is opportunity dressed in overalls.

Noah Webster, the American lexicographer worked tirelessly and laboriously, exerting his energies for over thirty-six years in producing his Dictionary, which we know today as the Merriam Webster Dictionary.

That's thirty-six fruitful years of a man's energy expenditure! What a gift he passed on to posterity through the judicious and diligent use of his strength. His blue-backed speller books taught five generations of American children how to spell and read. In fact his name "Webster" has become synonymous with "dictionary."

He said:

"Education without the Bible is useless."

– Noah Webster

Without doubt the energy-filled words of the Bible and God's presence must have been the main stay of his strength in carrying out such an enduring work of thirty-six years to completion. Webster understood and expressed



excellently the value of diligence in unleashing one's energy for accomplishing one's goals. Though he's long gone, his masterpiece remains an indispensable asset to the whole world.

The diligent and industrious application of your strength is a necessity in achieving success. Work in the area that will birth in you the utmost fulfilment you desire.

Visualize work from a higher perspective hence. Don't see it as a mere means of meeting daily needs, but as a vehicle through which you meet people, serve people and add value to people. See work as a channel to exercise your knowledge, stretch beyond your perceived limitations and accomplish your targets. Visualize work as your easiest opportunity to pour out your life in service to people and investing in lives.

Work is a gift and sure means of channelling your strength.

Therefore, work purposefully. Engage your education and mental faculties in undertaking the tasks assigned you in ways that will exceed your expected outcome and catch the world's attention.

Always do more than you're paid to do, more than you're expected to do. Go the extra mile in what you do. Be excellent in your work. Pay attention to details; be detailed and diligent in your work. Let your products bear a trademark of your intelligence and energy deposits.

THE VERITABLE SOURCE OF ENERGY



"Then the LORD God took the man and put him in the garden of Eden to tend and keep it."

— Genesis 2:15

Immediately after God made Adam—the first man to be created in His image and likeness, God gave him a work to do and placed him in an office. In fact his office was within his residence.

Adam's work was specific, two-fold in nature: to tend and keep the garden.

To tend in this context simply means to cultivate, improve, and develop. Thus, Adam was responsible for cultivating the garden, ensuring its increased productivity; improving its quality and expanding its borders. In other words, the Garden of Eden was supposed to spread through man's work, such that every where on earth was to become as beautiful, resourceful and enriching as that single Garden he lived in. That was his job to tend the garden. We could say the first man was a Gardener—that's a good work!

Secondly, Adam had the responsibility of keeping the garden. To keep here denotes to protect, guard, and preserve from intruders. He was to build a hedge round about that garden to keep away the enemy or deceiver from coming in.

And guess what? He had super-energy and strength for both of these enormous tasks. It was equipped and



endowed with sufficient energy to exceed the target. He had full education and organized information to accomplish his goals.

To crown it all, God came visiting him every evening in the cool of the day to check on him, to talk with him and enjoy his fellowship. God desired man's fellowship; He loves man. He loves you and desires to fellowship and talk with you.

The beauty of this, was that the presence of God brought a refreshing, and renewal of strength for man. The most veritable source of energy—God's presence was abundantly available to Adam. He enjoyed the enriching strength of God's presence.

What a privileged fellow he was.

This same privilege is what you have today. In Christ, you can have real fellowship with God, talk with Him, share your thoughts, desires and dreams with Him and listen as well to Him. It is what He says that makes the most difference and brings the energy you need.

God is not a visible; He is Invisible, yet more real than all the visible people and things you've ever seen. His invisibility doesn't connote His absence. He is invisibly present with you to increase your strength in order to accomplish your tasks. God's energy is in His word, as you fellowship with His Words, you will find strength to reach your goals and influence your world.

Like Adam, you too have been assigned a garden to tend and keep. You're a gardener in some sort with a work to do. It may not necessarily be a government salaried job or professional career, but definitely includes these. Whatever you do, ensure to use the energy God has given you to tend and keep your garden.

Cultivate, improve and develop the task assigned to you. When you do the best in your work, you're inadvertently bringing out the best in you.

"Do you see a man who excels in his work? He will stand before kings; He will not stand before unknown men"

– Proverbs 22:29

Have you identified your own garden or sphere of influence? Have you committed yourself totally towards it? What you have today could become the envy to the world if only you will employ the principle of work – tending and keeping your garden.

Don't lose what you have to laziness and idleness. Protect and preserve it. Get diligent at your work. Be fully committed to that good cause you've identified for the good of humanity. Don't look around, look inwards and educate yourself. Get to work for that is the surest means to unleashing your potential in order to be a blessing to your nation.

CHAPTER 11:
YOU HAVE SUFFICIENT STRENGTH



CHAPTER 11:
YOU HAVE SUFFICIENT STRENGTH

"I live in the faith that there is a Presence and Power greater than I am that nurtures and supports me in ways I could not even imagine. I know that this

Presence is All knowing and All Powerful and is Always right where I am."

—Ernest Holmes

The statistics we saw at the beginning of our book about fatigue validates the fact that our world cannot keep on surviving without the energy that comes from God's presence.

You need that divine energy each day to surmount the obstacles of life and accomplish your desired goals. The divine presence brings an unfathomable depth of satisfaction and strength that goes way beyond the happiness you obtain from merely reaching your goals or journeying towards its reality.

Usually, I begin my day in God's presence, talking with Him, and I've found tremendous strength to accomplish great tasks that amazes the world. Sometimes, I personally embark on retreats where I shut out all the noise and





communications that could diminish my vigour and focus, and I simply rest in His presence reading the Bible and talking with God, as well as channelling my focus towards well defined goals. And every time I emerge from this place of rest, I usually exceed my targets. I can reach any goal I desire through the energy of His presence. That's where I find my invigoration, vitality and energy—in His Presence.

I strongly believe this is not a system designed to work just for me only, but also for you. You too can do the same. Think about the last goals you set or that dream you're yet to accomplish, when will it be a reality? The energy of God's presence will surely energize you to work efficiently and productively without lethargy and fatigue, if you will take full advantage of His sufficient strength freely available to you.

Don't try to run away from God's presence, this is tantamount to moving away from the veritable source of energy you need to live and fulfil your dreams.

Our earth is not hidden from the rays of the Sunlight; it was designed to thrive on the energy of the Sun. In the same way, you are made to function through the energy of God's presence.

Staying away from God's presence is short-changing yourself of the strength you need; it is denying yourself of what has been designed for your efficiency in life.

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Can you imagine an automobile that's been designed to run on gasoline staying away from the filling station? That's exactly the picture we paint when we run away from God's presence. You need His presence and the energy He freely gives.

"I have never known a man who received Christ and ever regretted it"

— Billy Graham

Without His energy you would be so tired, weak, weary and so much helpless that you wouldn't be able to function at even your normal capacity.

In our world today, there are so many things that drain and diversify the focus of our energies, ranging from simple activities like spending long hours watching Television shows, chatting on social networks, getting stuck in traffic, stress from the workplace, various concerns and worries of life, etc. But the amazing thing is when you turn your attention away from these distractions and spend just a little time in God's presence, you experience so much overwhelming peace, joy, strength, and energy rising in you. You would find unfathomable strength and happiness to reach out for your dreams.

"The best days of my life have always been moments I spent in God's presence."

THE VERITABLE SOURCE OF ENERGY

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For you to survive or thrive in life, you need His presence: His words, thoughts, inspirations and the energy He infuses into your very being. You were made to contain and unleash great quantum of energies for set purposes. You have the capacity to exceed expectations. Sufficient strength is already at your disposal. Take full advantage of it!

Experience The Energy of God's Presence

I would like to add that living a righteous life is an absolute necessity for experiencing God's presence, and for being able to unleash the energy of His presence in achieving definite purposes. You can't afford to live an immoral, sinful, dubious lifestyle and expect to command His strength. A live of purity lived in the fear of God and obedience to His principles is vital for working side by side with Him in order to effect positive changes in your community or

nation.

You need to live by the principles of His kingdom to truly command the energy of His presence. His presence will strengthen your character to sustain the success you achieve and rise to greater heights as well.

Also, there are many instances in the Bible where many people were able to experience the energy that comes from God's presence. God often uses His presence as a source of energy, either to reveal Himself to people or to empower them for the task ahead.

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In the same way today God wants you to experience and enjoy the richest measure of His refreshing presence and energy, for these are reserved for your own benefits and tasks you must accomplish.

But firstly, let's take a brief look at how God's presence was experienced and used by people of old.

Isaac's Experience

Isaac, the son of the great patriarch, Abraham, had a firm understanding of the significance of the energy that comes from God's presence. Thus, He wouldn't bless his son until he was certain that the presence of God was there. He knew that this divine energy was what would make a guaranteed and long lasting difference in all the undertaking of his heir. He was fully aware that when He prayed for his son in the presence of that energy of God's presence, the efficacy of the prayer was guaranteed:

"Bring me game and make savoury food for me, that I may eat it and bless you in the presence of the Lord before my death."

– Genesis 27:7

Isaac spoke words of faith and blessings by the energy of God's presence upon his son, Jacob, also known as Israel, and he ended up becoming a great and prominent nation birthing twelve tribes with a great host of people. Isaac

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knew the power of God's presence and exerted that energy positively for the prosperity of his progenitor.

Words have power but the extent of the power your words would carry is based on the atmosphere from which it is spoken. Speaking words and taking steps from the atmosphere of God's presence is guaranteed to accomplish its set purpose; things done through the energy of His presence last through the ages.

Moses' Experience

The experience of Moses in this regard is so germane and invaluable in our day, where weariness is associated with old age. This man was known to spend quality time in God's presence, and as a result was empowered to lead a whole nation of over one million Jewish people from Egypt through the wilderness heading to the Promised Land on foot. In fact, at the age of a hundred and twenty his eye sight was still perfect and his natural force wasn't abated. In other words, he was as strong as a young man in his old age, because he invested time in God's presence:

"Moses was one hundred and twenty years old when he died. His eyes were not dim nor his natural vigor diminished."

–Deuteronomy 34:7

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Furthermore, when he had to ordain and confirm who to lead and serve in the office of the high priests, he relied mainly on the energy of God's presence to make accurate choices. The Bible says:

"Then Moses brought out all the rods from before the Lord to all the children of Israel; and they looked, and each man took his rod."

—Numbers 17:9.

At a time when various community and tribal leaders were becoming contentious and vying for the reins of power over the nation, to quell their controversies and show with concrete evidence who has been rightfully selected and divinely chosen to lead the priesthood, Moses took advantage of the energy of the divine presence to bring them a lasting solution. The rods of various tribal leaders were chosen with their names placed on them, and these rods were placed in the `Ark of God's presence. And then the rod of Aaron, the chosen High priest blossomed bearing ripe almond fruits, but the rod of all the others didn't—they remained just as they were placed. Thus, this fruit bearing rod of Aaron validated his call to lead the people of Israel in priesthood affairs. This was the proof positive that he was chosen for that leadership role, and this was made possible by the energy of God's presence. Nevertheless, this simply

underscores for us how valuable God's presence was in choosing the right leaders and in serving people.



Joshua's Experience

The Biblical story of Joshua pictures a young man who served as Moses' assistant for over a period of forty years and had a first had experience and knowledge of the possible challenges of leading a nation such as his predecessor had led, and now was assigned to handle the reins of leadership.

Besides this enormous task of leadership were his personal fears and flaws. It was obvious that he dreaded the task of leading his nation, he felt a deficit of courage and competence; a lack of sufficient strength to execute the assignment responsibility.

Thus we see the therapy of God's presence presented to this leader which became his source of strength to accomplish his goals with ease:

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go"

—Joshua 1:9

Joshua found solace and strength from God's presence, and his mission was a success!

God told him that His presence was with him and that was a reason not to be afraid or dismayed, but strong and courageous. As you step out to spread the influence and



values of God's kingdom in your sphere of contact or work place, understand that God's presence is with you and His energy is at work through you.

The energy of His presence brings you courage and strength, dispelling all your fears. If you know that the all-powerful God is present with you, then you have all the energy you need to accomplish the task at hand.

You have all the wisdom, inspiration, courage, strength, stamina and stability to forge ahead and break the limit. You have what it takes and all it takes to win, transform your community, accomplish your goals, and your secret is in His presence and the energy He gives.

God’s presence is always accompanied with strength and energy. His presence is rich with all the virtues we need to supplement our character flaws and foibles. His presence will make you confident and rest assured of the possibility of success. His presence makes you see success in failure, possibility in impossibility.

In His presence, you can access His guidance and direction, and know exactly what steps to take when you get to the cross roads of life.

This is what I’ve always practiced through the years, when I’m not sure of what step to take, I go to ask Him, I seek for answers in His presence and through His Word, and I don’t quit until I get the answer and directions I need.

THE VERITABLE SOURCE OF ENERGY

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And guess what? God is good, He is faithful. When you seek Him for direction, He will not only grant you direction but energize you to follow that direction.

You know there are many paths that seem right these days. The major opinions may be wrong; in fact imitating the current trends could misdirect you and cause you to chase after shadows if you’re not careful. It takes the wisdom and guidance of His presence to personally decipher and follow the right way.

For me, coming to Ukraine after my years of study in Belorussia was based on the guidance that proceeds from God’s presence. The normal pathway was to return immediately to my home country to get a good paying job as a journalist or maybe go to the greener pastures like some of my colleagues were doing, migrating to the United States, England, Germany etc.

But I didn’t follow the way that seemed right, I had to tap from the energy and guidance of the Lord, I had to ask, seek and knock, until I was sure of where His presence was leading me to. And with His leading came an open door to come to Ukraine and job opportunity attached with it that gave a legal ground to stay and work in the area of my academic training from the University.

When I see the things I’ve accomplished through His energy today, I’m so grateful to God that He helped me to listen and follow His guidance, and not go as my feelings

YOU HAVE SUFFICIENT STRENGTH

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would want or follow man's ideas, or current trends but the direction of His energy.

Therefore, I challenge you today, to receive the guidance that flows from the energy of His presence. Don't just run foolishly after selfish ambitions, be careful to analyse your desires in the light of His presence and be honest with yourself. Allow His presence to show you the right way you should go and that's the direction in which you will find peace, strength, excitement and His energy to fulfil your desires and accomplish your goals.

When you take steps like this you will certainly fulfil your utmost desires and His plan for you. Move from vision to actualization by allowing the energy of God's presence propel you to take steps towards realizing your objective.

In His presence, your fears will diminish, and your courage and strength will rise. You will find sufficient strength for all things.

King David's Experience

David, the greatest King of Israel understood how essential God's presence was in times of adversity. When faced by the challenge of famine and severe economic downturn that plagued his nation and undermined his government, instead of complaining or shifting blames, he got himself into the presence of God and found the answers he needed to turn around the economic prosperity of his

people. That divine presence provided him the solution he needed.

"Now there was a famine in the days of David for three years, year after year; and David inquired of the LORD. And the LORD answered, «It is because of Saul and his bloodthirsty house, because he killed the Gibeonites."

– 2 Samuel 21:1

First, David identified the cause of the problem and obtained wisdom to solve it through God's presence. He went ahead to solve a national crisis through the knowledge and energy of God's presence. You need to become like David, act like him for your own nation. Hearing God's voice and following His set plan for your life comes easily when you're in His presence.

Even before he became king, when faced in battle with a nine feet tall terrifyingly looking Goliath of Gath, an enemy of his nation; David was confident to defeat this champion of the Philistine nation, and he sure did so, even at his tender age of seventeen. What was his secret? Faith in God's

presence! While others were afraid, he dared to believe in the energy of God's presence and acted on his belief, and the rest is history.

Dare to believe and do what others call impossible by using the energy of God's presence within you. You have sufficient strength.

YOU HAVE SUFFICIENT STRENGTH

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All of these men whom we have mentioned were nation-builders. They channelled the energy of God's presence to build lives and their own nation. Becoming a Christian should place on you a greater sense of responsibility towards nation building. Don't destroy your nation, build it. Don't tear it down; uphold it by the energy of His presence.

Praying for our country is good, but we must do more than pray. Prayer alone will not change Nigeria. We must use our education, training, daily opportunities, work and spheres of influence to improve our economy and nation as a whole.

The South Koreans where Dr. David Yonggi Cho who pastor's the largest church in the world is transformed their nation's economy at a time when it was at its lowest decline and now they are leading in the affairs of nation. They converted their spirituality into productivity for the benefits of the citizenry. Let's convert ours too through the energy of His presence, and yes we can!

Daring Mighty Things

"Far better it is to dare mighty things, to win glorious triumphs, even though checkered with failure, than to take rank with those poor spirits who neither suffer much nor enjoy much, because they live in the gray twilight that knows not victory or defeat. The one who wins the battle is the one who must first get in the arena."

—Theodore Roosevelt

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One greatest limitation you could ever face in the process of unleashing your strength towards accomplishing definite purposes is the fear of lack of sufficient strength.

The fear of insufficient strength is a stronghold withholding many from

walking on the waters of limitless accomplishments.

You could hear people express this fear through statements such as: “Nobody has done this before,” or “I don’t think I can do this,” “Maybe it’s too high for me,” or “I don’t have enough strength to go that far.”

Whatever maybe the thought or expression used to characterize your fear of insufficiency, you need to remember that nobody ever accomplished something great without purposefully overcoming this kind of fear.

You need to be daring and trusting in the energy of God’s presence. Get into that arena of faith where you take steps towards fulfilling your purpose relying on the strength of God’s presence, for there lies your utmost sufficiency and competence.

Be daring, and dare to be real. Being daring is being confident and assured that things will work out well. To command the energy of His presence, you will need to be daring.

YOU HAVE SUFFICIENT STRENGTH

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Being daring has more to do with taking proper and well planned steps towards your dreams with absolute confidence in the divine presence and knowing that it is your veritable source of energy.

Be daring and act with confidence. Be daring to make a positive difference and leave a trail for generations to come!

Your Sufficient Source

“Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God”

– 2 Corinthians 3:4

No matter the inadequacies you may feel about yourself, it’s essential to lean upon the noble truth that your sufficiency is from God. God’s presence is more than enough for you.

That divine presence is the veritable source of all the energy and power you need to rise from oblivion to stardom. That divine presence is the veritable source of all the energy you require to break all limits and reach your highest dreams. That divine presence is the veritable source of all the energy you require to succeed in life and add value to others.

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Your sufficiency and competence is of God and stems from the energy of His overwhelming presence. In His presence is where your weaknesses become strengths, because when you rely upon Him, His strengths will find expression through your purpose-driven desires.

It's alright to take credits for what we exercise our human strengths and competencies to accomplish, but we all know our individual limitations. When you come to that point where what you desire to do is inhibited by your personal weaknesses, you need to switch over to the unlimited strength that is more than enough to meet the energy demands of your goals. You need to turn on the switch of faith and draw sufficient strength from the all-sufficient presence of God.

Your sufficiency is from God. Your skills, education, talents and visions aren't complete without a perfect blend of trust in the energy of God's presence. That is where your confidence cannot be broken and strength will not fail. His presence is your place of sufficient strength.

The antidote to fear of insufficient strength is exercising faith or trust in the all-sufficient presence of God. Knowing that God is all-able; that He is your all-sufficient God; and that you can do all things through Christ who gives you strength, and letting this knowledge be your driving force and source of courage to advance against all odds.

YOU HAVE SUFFICIENT STRENGTH

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Your sufficiency is from God's presence and the energy He freely gives.

Who says you can't do it?

Go ahead and use the sufficient strength available to you, and the rest will be history!

The Greatest Olympian

Have you heard the story of the American swimmer Michael Phelps who won the most Olympic medals in history with 28 medals, that includes: 23 gold, 3 silver, 2 bronze!

Currently, he is renowned to be the most decorated Olympian of all time. But that's not how his story begun.

A little history down the lane tells us that at the age of nine, he was diagnosed with attention deficit disorder, a common childhood disorder that's

characterized mostly by inattentiveness, hyperactivity and impulsivity. Moreover, he was told by a teacher that he would never be successful at anything. In addition, he was teased and laughed at mercilessly for having long arms, but today the whole world celebrates him!

“When I feel tired, I just think about how great it will feel once I finally reach my goal.”

– Michael Phelps

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Phelps had found a singular purpose and chose to exert his full energies at accomplishing success there.

He said:

“I found something I love... and never gave up”

What if he paid attention to all these discouragements and consider them as reasons for not stretching himself towards his set goals, maybe we would never have heard of him. But thank God he didn’t, he brushed them aside and became the best Olympian medallist that ever lived!

“Even though you’re on the right track- you’ll get run over if you just sit there”

—Will Rogers

You too have sufficient strength; you can and should unleash your strength, so go ahead and release the energy in you in the direction of your desired purposes.

As a nation, we can invest in sports and athletics. We can train our youngsters from childhood in this area and believe in their potential. We can create enabling environments for the thriving and expression of their talents, and not only sing the praises of other nations.

YOU HAVE SUFFICIENT STRENGTH

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Many young people just use their energies in immoral living, attending night clubs, and in all sorts of vices. Maybe some could have become the best swimmers or perhaps the best table tennis players or foot ballers if we gave them the platform.

Not Without His Presence

Do you recollect the pristine nature and strength of Adam before the fall caused by his disobedience to God's presence? How that he was in perfect control of the Garden of Eden and had tremendous energy to tend and keep the garden, as well as give names to all living creatures because of the supernatural energy at his disposal.

Before his disobedience, he was a man who enjoyed the divine presence and functioned with divine strength. He was a fearless, bold, energetic man with God's presence and strength.

Then just after his act of rebellion, he ran to hide from God's presence in the garden at the sound of God's footsteps. Fear came because the man had lost the presence of God.

Anytime you sense fear, remember Adam—when he lost the presence of God and energy of life.

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Man became afraid of all sorts of things ranging from real to unreal, know to unknown, because he was now without the safe and empowering presence of the All-powerful God.

I can't imagine myself without His presence, for then I would be weak, weary and a wretch—without His energy. His presence and energy means everything to me.

In His presence your fears melt, and strengths emerge. You would become a champion against the forces that tend to pull you below you aspirations and visions. And you would find courage to do what people say is impossible.

Someone rightly said the word: *"Impossible is simply—I'm possible"* and I subscribe to his school of thoughts.

Impossible becomes "*I'm possible*" in the ever-energizing and all sufficient presence of the Almighty God.

Furthermore, when Adam and Eve turned their back on God's presence through disobedience, they became ashamed and aware of their nakedness. In other words, they lost their covering, dignity, self-worth, value and confidence. They became folks who didn't believe in themselves or strengths with all kinds of inferiority complex.

Before the fall, they couldn't see their nakedness; there was nothing to make them ashamed or afraid. The energy that comes from God's presence which we

sometimes call

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the glory of God is so thick that it covered their nakedness such that they didn't see their nakedness. The energy of God's presence is much more powerful than the artificial replacement of leaves Adam and Eve got for themselves.

Even our artificial covering for nakedness today does not match the energy the presence of God provides. Yes, we have clothes but still don't feel satisfied with them, because our greatest covering is His presence.

That's why the greatest punishment God could inflict on Adam and Eve was to cast them out of His presence. They were ejected from that awesome, refreshing and energizing presence of God, and lost touch with the reality of divine strength.

This is when they had to experience deep toiling and sweating before they could accomplish anything meaningful in life. Even the ground Adam was to till and plant his seeds for livelihood wasn't guaranteed to bear the expected fruits because His presence had departed from them.

And today, it remains that the most hopeless state a man could find himself is being away from His presence. No wealth, riches and success can replace or suffice for the absence of His presence. His presence is the number one factor for life and productivity; it is where we soar with wings as eagles and find our deepest and truest fulfilments, satisfaction, strengthening and covering in life.

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Little wonder Paul the great leader said: "I can do all things through Christ who strengthens me."

This is brilliant!

He was speaking like a man who is in God's presence and functions with what Adam had lost—the veritable source of Energy; and sure he proved it by his enduring achievements.

Though it's a common statement today, but highly insightful as it portrays the picture of a man who is more than a conqueror, a man who can achieve any goal and competent for any task because of Christ—God's energizing presence in him.

And that's exactly who you are—more than a conqueror with His energy. God's presence makes you a kind of a superman or woman, or I could rather say: puts you in the class of super-achievers.

You have the ability for supernatural accomplishments. You are sufficient and competent to the task you have been assigned or have set for yourself. Get your tools, information and training, and expend your forces to birth the realities.

All that's left for you is to step out and act.

Be a genius. The world suffers greatly from the shortage of your class. Genius are not born, they are made through diligent efforts.

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Through little inspiration and diligence, you can make a difference in your world! You have enough inspiration already. You have enough encouragements, insights, revelations and information. What you need now is to act. You need to perspire or expend your energies in line with your goal. Until you do this, the genius in you will never emerge.

Release the genius in you; unleash the strength in you and let the world marvel at the solutions you bring.

Energy to Persevere

"Success has always been easy to measure. It is the distance between one's origins and one's final achievement."

—Michael Korda

To succeed in achieving your purpose, you must persevere.

Perseverance is an absolute necessity in unleashing your energy towards definite accomplishments. You will need to persevere. Certain obstacles only bow to the pressure of perseverance. To persevere implies sticking committedly with an assigned responsibility until it's fully achieved.

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Perseverance brings out your energies for definite achievements. It makes you a fighter, who will not quit till he gets what he wants. When I think of Thomas Edison, I see a man who persevered and unleashed his strengths until he won.

His perseverance brought valuable inventions to the profit of our human race ranging from the microphone, the phonograph, the incandescent light, the storage battery, talking movies and more than a thousand other inventions. He was indeed a man who wouldn’t be discouraged, full of optimism, energy and perseverance.

His son recalled a freezing December night in 1914. Unfruitful experiments on the nickel-iron alkaline storage battery, which had been a ten year project, had put Edison on financial tightrope. He was still solvent only because of profits from movie and record production.

On that December evening the cry “fire” echoed through the plant. Spontaneous combustion had broken out in the film room. Within minutes all the packing compounds, celluloid for records and film and other flammable goods were burning. Fire companies from eight surrounding towns arrived, but the heat was so intense and the water pressure so low that attempts to douse the flames were futile. Everything was being destroyed.

When he couldn’t find his father, the son became concerned. Was he safe? With all his assets being destroyed

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and efforts turned to waste, would his heart be broken? Soon he saw his father in the plant yard running toward him.

“Where’s Mom?” shouted the inventor. “Go get her son! Tell her to hurry up and bring her friends! They’ll never see a fire like this again!”

Early the next morning, long before dawn, with the fire barely under control, Edison called his employees together and made an announcement. “We’re rebuilding!”

He told one man to lease all the machine shops in the area. He told another to obtain a wrecking crane from Erie Railroad Company. Then, almost as an afterthought, he added, “Oh, by the way, anybody knows where we can get some money?”

Later he explained, “We can make capital out of a disaster. We’ve just cleared out a bunch of old rubbish. We’ll build bigger and better on the ruins.” Shortly after that, he yawned, rolled up his coat for a pillow, curled up a table and immediately fell asleep.

Can you imagine this?

What an amazing and persevering man he was!

He had the energy to persevere and bounce back from what seemed to be an apparent defeat or failure. No wonder he has so many inventions to his credit!

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Besides, before Edison invented the incandescent electric bulb in use today, he had experienced failed attempts of over 999 times. He just got it right at the 1000th time.

Can your dreams stand the chance of failing several times before succeeding? Are you ready to exert your energy in persevering and trying again and again until you hit the target.

"I haven't failed. I have just found 999 ways that won't work."

—Thomas Edison

That was such a humongous demonstration of perseverance – the energy needful for great achievements.

You have the energy to bounce back; you have the energy to persevere and prevail.

When a ball or balloon is deflated, it comes down crashing and remains down. But when it's inflated with air, it becomes balanced with capacity to rise. If you strike it down, it rises up again. It bounces back, because its already loaded with energy- air.

In the same way, you are loaded with energy—the energy of God's presence. You have the strength to persevere and bounce back from efforts you made in the past that seemed to end in utter failure, you can bounce back to win.

YOU HAVE SUFFICIENT STRENGTH

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If you stay down and do nothing with all the rich energy reserves you possess, you will eventually lose out and run out of value. Bounce back with energy and achieve your dreams! You need perseverance in the journey of unleashing your strength. Perseverance forces the energies in you to prevail against all odds.

When I look back at my achievements, I'm most grateful to God for the energy to persevere. If I had given up or quit at my most trying and difficult moments, I'm quite sure you wouldn't have bought a copy of my book. But I persevered by the energy of His presence, and His strength was sufficient for me

and for all I had set my heart to accomplish. My achievements would have been impossible without the energy of His presence.

I took advantage of His energy and made a difference in the lives of millions. Though I'm not a Ukrainian by birth, but I've been able to influence so many here and beyond the borders of this great nation by maximizing and unleashing the energy of His presence.

"Don't be afraid to give up the good for the great."

—John D. Rockefeller

I challenge you to rise up and do something great for the good of humanity. Utilize the energy in you. What you have is enough to begin those dreams. Don't procrastinate, don't postpone, do something today and every day that

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will birth the full reality of your dreams. Don't be afraid to move ahead. Don't be scared of breaking new grounds or threading new fields. Yes it will require more efforts, more abilities and more resources. But that's where the presence of God comes in—your most veritable source of strength.

If all you do is take on challenges below the level of your strength, you will accomplish nothing more than mediocrity. Do something great with the energy you possess. Go the extra mile. You can do common things in an excellent way and that will make a whole lot of difference.

Don't underestimate what you have in your heart to accomplish. The greatness of any task isn't purely based on the magnitude of the task, but more on the manner it's being undertaken. Exert your energy with an unbeatable enthusiasm and passion.

Martin Luther King Jr. said:

"Even if it falls your lot to be a street sweeper, go on out and sweep streets like Michelangelo painted pictures; sweep streets like Shakespeare wrote poetry; sweep streets so well that all the host of heaven and earth will have to pause and say, 'Here lived a great street sweeper who swept his job well.'"

Be excellent in all you do.

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You know, it takes a whole lot of energy for a pregnant woman to undergo the labour stages of child birthing, and every woman has been physiologically and anatomically designed to withstand the vigour of child bearing. In the same

way, you have been designed and infused with great energy by your Creator to withstand all kinds of pressures and pains that precedes the birthing of your dreams. You have sufficient strength and the enduring energy of His presence.

Why not step out and unleash your strength in the direction of your dreams?

Take your nation by surprise. Break the existing records and do what others have said is impossible. Break the jinx and birth the change with the energy of His presence.

I believe you can!

CHAPTER 12:
GO IN THIS YOUR MIGHT!





CHAPTER 12:
GO IN THIS YOUR MIGHT!

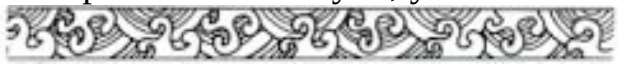
"The road to happiness lies in two simple principles: find what it is that interests you and that you can do well, and when you find it put your whole soul into it-every bit of energy and ambition and natural ability you have."

– John D. Rockefeller

As we endeavour to bring our subject to a close, I feel quite impressed to stress the pure essence of unleashing all your energies towards accomplishing something that you've always desired that will bring you utmost fulfilment in life and better the lot of many in your world.

You are here on a definite cause or assignment that necessitates your singleness of focus and optimal exertion of your energy. And the magnitude of your success will depend largely on your efforts and reliance on the veritable source of energy—God's presence.

Having so much energy and doing nothing with it is tantamount to being irresponsible. With great gifts come great responsibilities. With great entrustment come great expectations, because to him who much is given, much is expected. The world expects a lot from you; your



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Creator expects a lot from you, because you carry His all sufficient energies and the wealthy investments of His strengths.

I feel quite inspired by this quote of John D. Rockefeller, which he penned down when he was aged 86, and had become so successful with a net worth that positioned him as the wealthiest known person in recent history.

He was raised by god-fearing parents, who taught him early in life the value of tapping into the energy of God's presence as well as the essence of giving, and these principles became the bedrock of his skyrocketing success and financial prosperity in life.

At the age of sixteen, he secured his first job as an assistant bookkeeper where he worked for a small produce commission called Hewitt & Tuttle. He worked diligently for long hours with delight making 50 cents a day, and exactly the same time begun his charitable giving, by donating six per cent of his earnings to charity, as recorded by his personal ledger. By the time he was twenty, his charity exceeded ten per cent of his income. He had good understanding of the value of giving and working, as most of his giving was church and charity-related. Moreover, he was known to display an excellent mind for numbers and detailed accounting.

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Besides, he loved and followed after the teachings of John Wesley, especially his quotes, such as: "gain all you can, save all you can, and give all you can." Rockefeller attended Baptist church every Sunday and one of his favourite habits was his passion for daily reading of the Bible and attendance of prayer meetings twice a week, in fact he even led his own Bible study with his wife.

Now this man was so successful and productive in exerting his energies in the Oil Industry, such that, his net worth over the last decades of his life placed him as the wealthiest known person in recent history, with a percentage of 1.5 – 2% of the United States' economy or 1/65th-1/50th of its GDP, no other American fortune—including those of Bill Gates or Sam Walton – would even come close!

The great principles of life are best learnt early on in life and to be practiced with our utmost strength.

Rockefeller had mastered the priceless principles of exerting and unleashing

his energies towards his set goals and desires. As a youth, Rockefeller reportedly said that his two great ambitions were to make $100,000 (our present day equivalent of $3 million) and to live 100 years. Well, he more than exceeded his career goals despite the economic woes and wars of his era, and got quite close to the latter.

He was wholeheartedly committed to working tirelessly at his projects with unfathomable dependence on the energy of God's presence, for he had come to know the

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veritable Source of energy and made that the main stay of his strength. Little wonder, he remains the wealthiest that we know till date, besides the Biblical King Solomon.

"I believe in the dignity of labour, whether with head or hand; that the world owes no man a living, but that it owes every man an opportunity to make a living."

– John D. Rockefeller

Look beyond all forms of challenges and excuses and get yourself working tirelessly, diligently and delightfully on your work with set targets. Let there be a flow of energies from within your being to exceed your well defined expectations. You have the ability, the energy and the capacity, so set the engine rolling, and get to work. Exude and exert the rich deposits of energies you possess in accomplishing your desires.

My good friend, Dr Myles Munroe of blessed memory was always fond of saying and I quote:

"The wealthiest place on earth is the cemetery. There lies buried the greatest treasure of untapped potential"

Again he added: *"Die empty!"*

Don't go down the grave with all the energy and potential you possess. Don't add to the wealth there, where it bears no benefit and value to humanity. Release your

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strength and potential here. Unleash your energies now for the good of humanity.

Die empty!

Don’t deny the world of the blessings and good dreams you brought. You came in here with dreams, visions and aspirations. Awaken your dreams, awaken the giant in you and unleash your energies towards realizing them. Bring them into reality through the deliberate use of your strength and energy.

Exert the force and vigour you possess to cause changes consistent with your desire for yourself, family and community.

Singleness of Purpose

When I graduated from university with distinction, I was told that I had a brilliant future. I had a chance to become a member of the Journalists Union in Switzerland and to make a lot of money. But God said to me, “I want you to stay in the Soviet Union and to spread the gospel of Jesus Christ. Will you be a missionary?” It was hard for me to make this singular decision. I prayed and cried, but in the end I decided to stay in the Soviet Union and follow God’s will. Sometime later, God asked me if I was willing to give my life for Ukraine. For two whole nights I was unable to sleep because I was thinking about this question. Then suddenly I understood that my life was not my own. The fear of death disappeared and I said, “Yes, Lord, I will give my life for you.” Since that day, my life has only gotten



better. God has given me a wonderful calling, a beautiful wife and lovely children, and a church passionate to spread His kingdom in every sphere of their society.

My friend, when will you give your life and energy for His kingdom sake, to deliver your own nation from the vices of corruption and evil; when will you pour out your strength to transform your society?

Singleness of purpose is essential for success in life.

During one of my recent internet broadcast, I talked about the power of focus and have written a book solely on this subject. I recommend you get a copy.

Every person who achieved a great goal understood the essence of focus. When you attention is divided, your energies will be diminished. When you focus is divided, your purpose will be unachieved. Therefore, you need singleness of purpose.

Though multitasking is a good idea, as it helps you achieve many things at the same time, but it remains absolutely important to give your attention to the

primary task at hand, and ensure every other thing you do are in one way or the other contributing to the main or singular goal in view. When your focus is set, your energy will be stronger.

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What makes the laser beams so powerful that it is used in medicine as therapy for treatment of certain diseases and for various other purposes including security? It is because of the enormous energy it emits because of its convergent rays. If all the rays were divergent, less energy would be emitted.

In simple life practice, if many people come together to do one thing, it becomes easier to achieve; but if only each persons does several things, they could be more difficulty and less energy set into motion.

Employ the principle of focus and set things into motion by being focused on one thing. Being singular in purpose increases your pragmatism, skilfulness and specialty. You would become more adroit and dedicated to a set task. Your singularity of focus plays a vital role in the enormous release of your energy.

What is your singular purpose?

What is that one thing that you are ready to pour all your life, energy and resources into? You need to identify that cause, develop yourself and direct you resources towards it. Singleness of purpose is essential for success in life.

So strike out with singleness of purpose!

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Strike Out New Paths

"If you want to succeed you should strike out on new paths, rather than travel the worn paths of accepted success."

When I first came into the Ukraine and saw the people, I had an uncontrollable passion stirring and welling up within me to preach to the people here the Good News of Jesus and help them overcome the various struggles they were going through. It was like an uncontrollable fire burning in my heart day and night. I felt their pain and could identify with their struggles. Their tears became mine, I found a cause to pour my energies into—the people of Ukraine!

Though it was a new terrain for me, a people of different language, culture

and race yet I knew these factors weren't designed to work against me but for me. I believed God's energy could enable me strike new cords in a new ground. I learnt to look beyond all self-imposed limitations and cultural barriers to achieve sustainable impact in reaching the people here; I decided to take on this divine challenge and calling.

This singular pursuit and vision became my prayer, my research, my hunger and deepest commitment—to save the people of Ukraine and impart the righteous values and culture of God's Kingdom to their nation. I was ready and set, and by God's strength I achieved and even exceededmy goals! I struck new paths by the energy of His presence.

GO IN THIS YOUR MIGHT!

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You know it takes more energy to work on a soil that hasn't been tilled before, especially when favourable factors of rainfall and other essentials are absent. But with the energy of His presence, all things are possible.

Your diligence will mark you out; your commitment to blaze the trail will leave your footprints in the sands of time as a ray of hope and encouragement to those who will follow in the path of success you have carved out by the strength of His presence.

I challenge you today, to put to practice the lessons you've learnt through the years, the experience you've garnered through the past, get to the workshop and work on those dreams, tapping from the living streams of the veritable source of strength.

Are you stretching yourself towards influencing your society with kingdom values or merely sleeping and going to church?

Are you locked up in all your comforts or moving ahead and reaching for your dreams? Leave your comfort zone and stretch yourself in line with the task ahead. If all you do is all that's within your comfort, then you cannot make history. Every day comes with opportunities to prepare and launch out. Every day comes with new strength and abilities to fulfill your goals. Whatever it is, the all-powerful presence of God is available to you, so get into action. Do something and do some more!

THE VERITABLE SOURCE OF ENERGY

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Remember, I made mention of the seven spheres of influence that every modern society can be divided into:

1. Spiritual/social
2. Government/politics
3. Business/economy
4. Education
5. Media
6. Culture/entertainment
7. Sports

I've taught extensively on this subject in my recent book – ***"The Kingdom Driven Life"*** and other books related to this same subject. So I strongly recommend you get a copy for further enlightenment on how to bring lasting influence and transformation to your society using the energy of God's presence. This is our primary assignment on earth, using our energy to spread God's kingdom and transform our society. This is your primary mission on earth. Make it all consuming passion and daily pursuit in life. Use your energy in bringing about tangible and relevant positive changes in your world.

We can infiltrate these spheres of influence with principles and values of our kingdom to bring about a kingdom lifestyle in our nation. You can strike out a new path here. Identify a sphere and unleash your energy there towards bringing transformation.

GO IN THIS YOUR MIGHT!

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Strike out a new path and keep at it until you influence your nation positively. When you feel weary or like giving up, get refreshed and renewed through the fellowship of His presence; then get back to work and remaining focused on your target. Don't give up easily. Resistance is always experienced when treading on new paths. So strike and strike again, until you achieve your aim. Use the wisdom of God's presence and be excellent in your endeavours; make every effort to succeed, putting to use the energy of your mind and creative thoughts. Keep on working diligently, unleashing your strength until you reach your goal, and surely, you will make a great difference.

Idleness Is Deadly and Detrimental

"Some men die too soon from over-eating, others die from strong drink, while

still others just wither up and die because they have nothing else to do."

– Napoleon Hill

It's so important that you keep yourself away from this deceptive vice called idleness. Have you ever heard that idle minds are the devil's workshop? I believe it's absolutely true.

"The greatest weariness comes from work not done."

– Eric Hoffer

THE VERITABLE SOURCE OF ENERGY

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When your mind is full of the goals and targets you've set, and you are exerting your energies daily towards them, this pursuit of purpose has a way of elongating your life span and strength even against the laws of nature.

Refuse to be idle, get employed through the goals you've set and work with the energy of His presence.

Have value for time, invest your time productively. Time wastage can diminish you passion, energies and goal. Invest every minute and second in productive and purposeful pursuits.

Place priority on relationships that increase your energy and inspire you to drive hard towards your dreams. Times spent with family are investments that count for life. Moments spent with mentors or those that could inspire and challenge you to exceed the norm is valuable investment.

"There is no defeat except from within. There is really no insurmountable barrier save your own inherent weakness of purpose"

—Emerson

Maximize every opportunity you possess today. Step out and act on those dreams. You have the veritable source of energy—God's presence, now use it and fulfill your purpose and calling to the full.

GO IN THIS YOUR MIGHT!

• •

Finally, I would like to challenge you to rise up and shine because your light has come. Like the Angel said to Gideon, a former Judge and leader of the Israelite nation, in a time of crisis and fear, so I say to you: God's presence—the veritable source of energy is with you; greater is He that is in you, than all that is in the world. You have all the energy you need; all the strength you desire is in

you.

Therefore, I challenge you today, to go in this mighty strength of yours, and save your generation; save your community from decadence, save your country from destruction and decline, unleash your mighty strength and accomplish your dreams. Unleash your energy in bringing godly influence to the people in your sphere of contact. Become more conscious of bringing positive and radical transformations into your world through kingdom values and principles.

You carry the Veritable Source of Energy in you: the Presence of the Almighty God, whose power nothing and no one can stop. No government or opposition can stop you if you operate with this divine energy of the Fourth Dimension.

Now go in this strength, unleash this divine might; use this energy diligently and purposefully in transforming lives and your society.

THE VERITABLE SOURCE OF ENERGY

• •



Make a difference in your world, transform your society; make your world better than you first met it using the energy of His presence. You have all it takes. So go and make a difference. Go and change your world. Go in this your mighty!

GO IN THIS YOUR MIGHT!

• •

SINNER'S PRAYER OF SALVATION

Heavenly Father! I come to You in prayer, confessing all of my sins. I believe that You accept everyone who comes to You. Lord, forgive me of all my sins, have mercy on me.

I don't want to live this way anymore. I want to belong to You, Jesus! Come into my heart and cleanse me. Be my Saviour and my Lord. Guide me. I believe You died for my sins and was raised for my justification.

I confess You, Jesus Christ as my Lord. I thank You that You hear my prayer and I accept my salvation by faith. I thank You, my Saviour, for accepting me just as I am.

Amen.

If you sincerely prayed this prayer, God heard you and forgave you all your sins. Now, God is Your Father, and Jesus is Your Friend. Read the Bible, live with God and pray.

Thank you for reading this far. I really can't wait to hear what becomes of

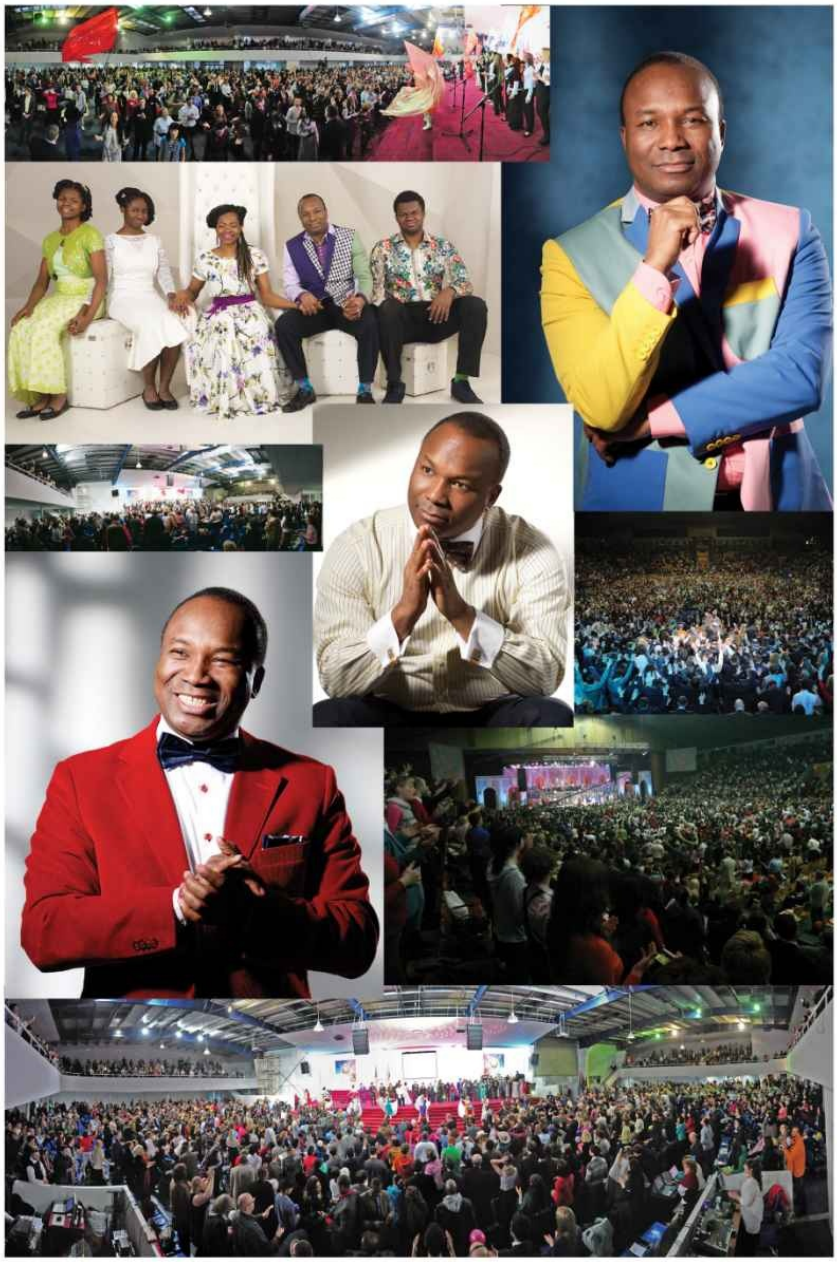
you through the application of these truths and principles. Feel free to write me at any time to my personal email-

pastor@godembassy.org

You can also avail yourself of other training materials of mine available on my blog at

www.SundayAdelajaBlog.com

For The Love of God, Church and Nation



SUNDAY ADELAJA'S BIOGRAPHY

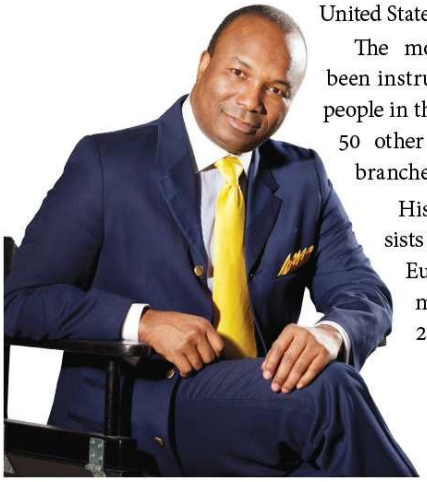
Pastor Sunday Adelaja is the Founder and Senior Pastor of The Embassy of the Blessed Kingdom of God for All Nations Church in Kyiv, Ukraine.

Sunday Adelaja is a Nigerian-born Leader, Thinker, Philosopher, Transformation Strategist, Pastor, Author and Innovator who lives in Kiev, Ukraine.

At 19, he won a scholarship to study in the former Soviet Union. He completed his master's program in Belorussia State University with distinction in journalism.

At 33, he had built the largest evangelical church in Europe — The Embassy of the Blessed Kingdom of God for All Nations.

Sunday Adelaja is one of the few individuals in our world who has been privileged to speak in the United Nations, Israeli Parliament, Japanese Parliament and the United States Senate.



The movement he pioneered has been instrumental in reshaping lives of people in the Ukraine, Russia and about 50 other nations where he has his branches.

His congregation, which consists of ninety-nine percent white Europeans, is a cross-cultural model of the church for the 21st century.



His life mission is to advance the Kingdom of God on earth by raising a generation of history makers who will live for a cause larger, bigger and greater than themselves. Those who will live like Jesus and transform every sphere of the society in every nation as a model of the Kingdom of God on earth.

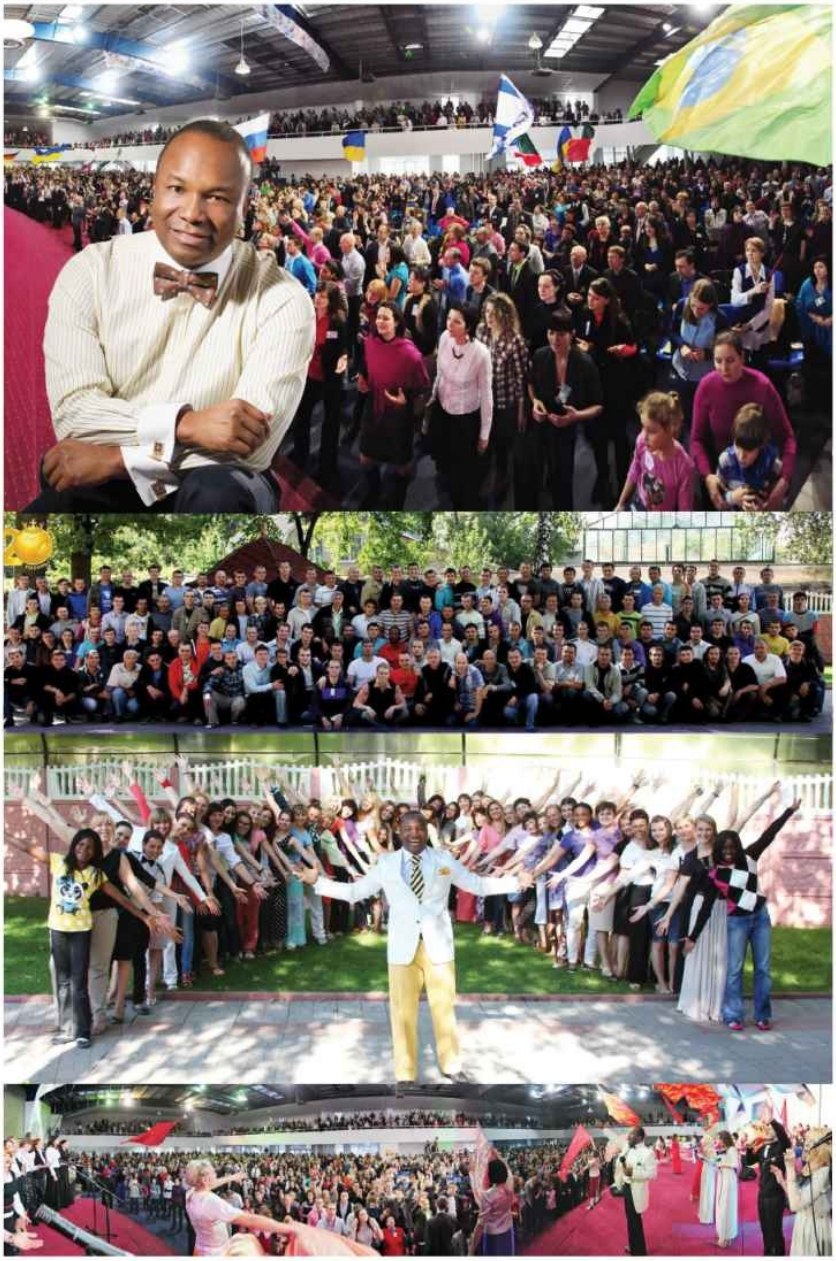
His economic empowerment program has succeeded in raising over 200 millionaires in the short period of three years.

Sunday Adelaja is the author of over 300 books, many of which are translated into several languages including Russian, English, French, Chinese, German, etc.

His work has been widely reported by world media outlets such as The Washington Post, The Wall Street Journal, New York Times, Forbes, Associated Press, Reuters, CNN, BBC, German, Dutch and French national television stations.

Pastor Sunday is happily married to his "Princess" Bose Dere-Adelaja. They are blessed with three children: Perez, Zoe and Pearl.






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DR. SUNDAY ADELAJA



Bill Clinton —
42Nd President Of The United States (1993–2001), Former Arcansas State Governor

Ariel "Arik" Sharon —
Israeli Politician, Israeli Prime Minister (2001–2006)





Benjamin Netanyahu —
Statesman Of Israel. Israeli Prime Minister (1996–1999), Acting Prime Minister (From 2009)



Jean ChrEtien —
Canadian Politician, 20Th Prime Minister Of Canada, Minister Of Justice Of Canada, Head Of Liberan Party Of Canada

Rudolph Giuliani —
American Political Actor, Mayor Of New York Served From 1994 To 2001. Actor Of Republican Party





Colin Powell —
Is An American Statesman And A Retired Four-Star General In The Us Army, 65Th United States Secretary Of State



Peter J. Daniels —
Is A Well-Known And Respected Australian Christian International Business Statesman Of Substance

Madeleine Korbel Albright —
An American Politician And Diplomat, 64Th United States Secretary Of State





Kenneth Robert Livingstone —
An English Politician, 1st Mayor Of London (4 May 2000 – 4 May 2008), Labour Party Representative



Sir Richard Charles Nicholas Branson —
English Business Magnate, Investor And Philanthropist. He Founded The *Virgin Group*, Which Controls More Than 400 Companies

Mel Gibson —
American Actor And Filmmaker





Chuck Norris —
American Martial Artist, Actor, Film Producer And Screenwriter



Christopher Tucker — American Actor And Comedian

Bernice Albertine King — American Minister Best Known As The Youngest Child Of Civil Rights Leaders Martin Luther King Jr. And Coretta Scott King Andrew





Andrew Young — American Politician, Diplomat, And Activist, 14Th United States Ambassador To The United Nations, 55Th Mayor Of Atlanta



General Wesley Kanne Clark —
4-Star General And Nato Supreme Allied Commander

Dr. Sunday Adelaja's family:
Perez, Pearl, Zoe and Pastor Bose Adelaja



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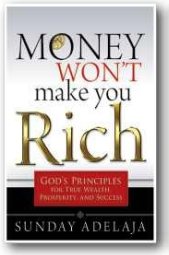
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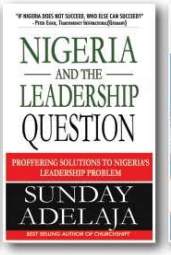
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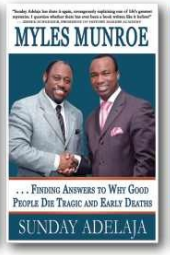


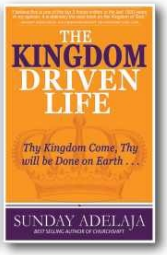
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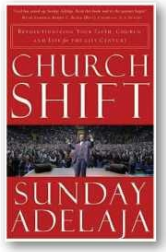
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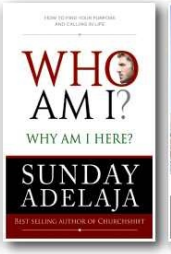


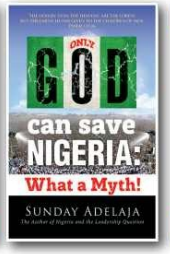


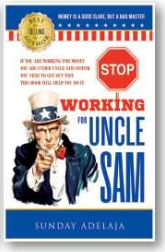


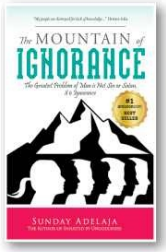


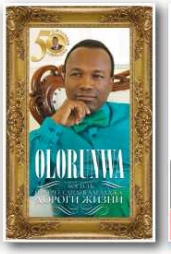


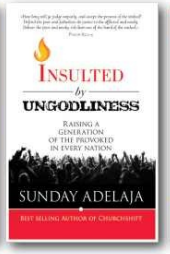


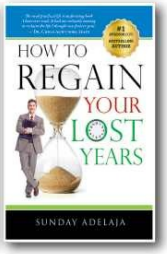






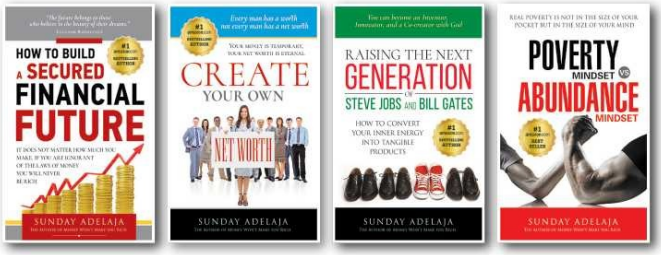


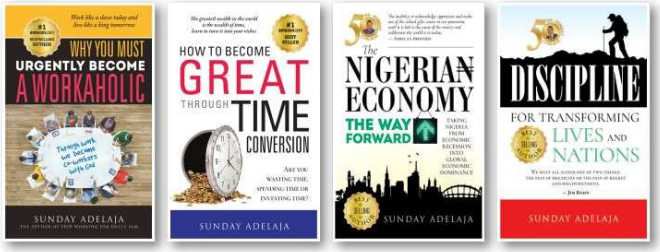


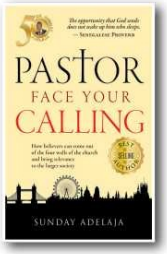


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