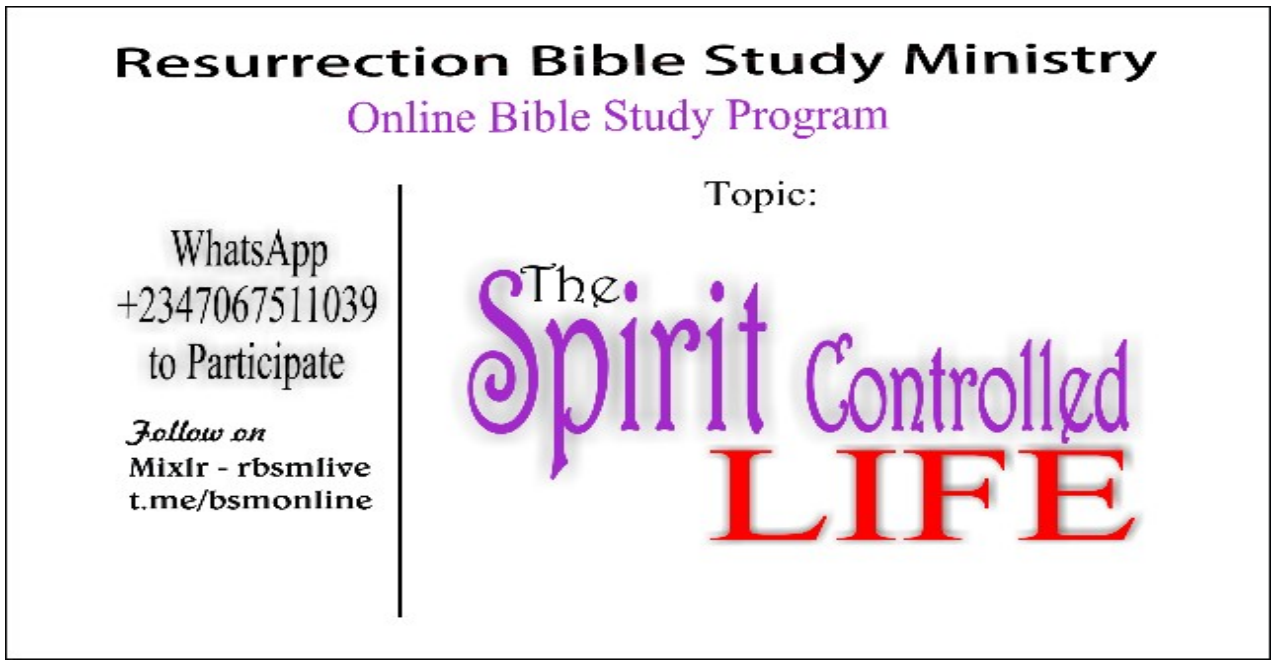


Topic:

THE SPIRIT CONTROLLED LIFE

Bible Text: Romans 8:13

Teacher: Adewuyi S. Oluwatobi

Almighty God the one who made the heavens and the earth, we thank you for your protection, provision and attention. We are thanking you because you are the only true God that we know and serve. As we are about to listen, hear and read your words, may you appear so that we can disappear. Bless the instrument that you are about to use to bring your words to the world. Bless this ministry and her members. For in Jesus name we prayed.

I welcome everyone of us in the name of the Lord Jesus Christ who is indeed the Way, Truth and the Life. It's wonderful to have everyone here tonight as we learn one or two things from the Spirit of God. I would like everyone to really pay close attention to tonight's study as it affects our individuality, it is of a truth that we all have been saved through different ways, and at different levels, we do not all get saved the same way, but one thing is certain we all experience the same life, since it's one Spirit that controls all, which is the Holy Spirit.

That is why I'd like us to dig deep into knowing what the Spirit does to us, and how he places our lives under alignment. Our Topic says **The Spirit Controlled Life**

Firstly, we all know what a spirit is, as it is known to be the force within a person that is believed to give the body life, energy, and power. There is no living soul without a spirit.

Man is created as three in one just as God is three one.

Man consists of the spirit, soul and body, God consists of the Father, Son(word) and Holy Spirit. When the spirit of a man leaves the man, the man is automatically pronounced dead, a times the spirit is referred to as the breath of life. Such as that which was breath into Adam. Genesis 2:7 KJV **And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.** It was the spirit that entered into Adam, no man has ever lived on earth without a spirit. It is very important to note that the Spirit of God is different from the spirit of man.

That is why the bible says that Romans 8:16 KJV **The Spirit itself beareth witness with our spirit, that we are the children of God:** take note that the spirit are in two phases in the above verse, there is a place of witness bearing, a life whose spirit does not receive a witness from the Spirit of God is a flesh controlled life. Please take conscious of my use of "S"(capital) and "s"(small) when everyone of us gave our lives to Christ, our spirit had to start receiving from the Spirit although it was not an easy thing for it to do but there comes a kind of natural reflection and work of the Spirit on our spirit which eventually controls our bodies.

Please be aware that the body is controlled through the signal received from the spirit or the Spirit, it's either one of these two forces. The spirit of a man is custodian of the flesh/sin.

Our Bible text is taken from the book of

Romans 8:13 KJV

For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

The spirit of a man is naturally sinful in the sense that, what it produces constantly is sin, it gives sinful signals to the body because its default state is adamic nature since the fall of man in the garden of Eden.

So it is until the spirit receives the influence of the Spirit of God in it, it will continue to lead the body astray. There is a life that one receives through the Spirit of God this is eternal life, it is the God kind of life which transforms our beings to the nature of God, we begin to think according to the word of God, you'd begin to exercise the characteristics of God. These at most times does not just happen overnight, but it's certain that one would know that there is a change in the heart. Infact, the Spirit of God starts to speak to one the moment we receive Christ but many people do not recognize it, because the fleshy parts and desires of the flesh are yet to be totally silenced since it requires man's effort to totally surrender his will to the Spirit of God

I don't know if someone understands what the Holy Spirit is trying to explain to our spirit man. If we then continue to receive commands from the flesh even after we have

received the Spirit of God into our lives we shall be heading towards hell, a life that must be controlled by the Spirit must be intentional, determined and dedicated, which is bent on not yielding to the flesh.

That is why those who say that their spirit does not sin but it's their bodies that commit sins are wrong. Sin is first conceived in the heart (a faction of the spirit of man) before the body carries it out. Which tells us that sin is a spiritual thing and not a physical thing. Your spirit has to give your body the permission to sin else your body cannot sin on its own. We are the custodians of our bodies and we are responsible for what it does. No one can claim to have masturbated with him not knowing, or that his body is unaware of it. It is practically impossible, the body is like a house that houses the spirit and soul, therefore we will be held accountable for how we use it too.

In fact, there must be a kind of spiritual and physical in conjuction that must happen before anyone can commit any sin. The spirit must agree with the body before fornication can happen. The moment we allow the Spirit to control our spirit which will in turn control our bodies that is when we will not fall into sin. And it is only if we are living by the power of the Holy Spirit and we are habitually putting to death the sinful deeds of the body, that we will really live forever.

How do we live a Spirit controlled life, how do we subject our spirit/flesh to the dictates of the Spirit of God?

Firstly,

Through the Word of God: naturally, the moment we receive Christ into our lives, the Spirit of God which now passing signals to the spirit will quickly be making efforts to see that the spirit becomes changed, that is why 2 Corinthians 5:17 KJV **Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.** The fact that he is a new creature simply means that he now has a new Spirit controlling him, not that his body is changed, No! every scar, moles that can be physically seen in such person remains, but his spirit starts to get renewed that is why you'd see that someone who was a tyrant changes.

Because what the word of God does to a man's mind is to renew it, so by renewing your mind constantly what you are doing is to train your mind to think inline with God's word. The state of a man's heart/spirit defines a man. That is why we have alot of prisoners who are no longer criminals, They got into prison when their hearts were in the criminality state, but they met Christ in prison who transformed their spirit man, and now they are no longer criminals in the spirit but are physically prisoners. Their old ways are passed away, now they are new creatures.

By constantly putting the flesh under subjection: this requires conscious efforts, naturally the body would want to go back to what it used to enjoy, it would want to

accept pleasures, it would want to easily yield to emotions but you are in the best position to tell it that, listen, you cannot do those things you use to do anymore, because there is now a new government. You have to flee from the things that can lure you.

Placing your body under control is not a thing that happens over night, it is what you must do everyday and everytime by speaking to your spirit man, that was why Paul said in 1 Corinthians 9:27 KJV **But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway.** You see that? Stop wondering why you always feel like going back into those sins, it is because your spirit is not yet used to the dictates of the Spirit of God in you, hence you have to constantly reject the offer of the flesh until your spirit will get it fully registered (grown) that it now no longer of the world.

Through prayers: I tell you that to live a Spirit controlled life, then prayer is very helpful as it would work hand in hand with the word of God to engrave the Spirit life into your spirit. The spirit does not understand simple and feeble language, it understands force, violence, firmness, boldness, determination and all these can only be achieved through prayers. Be firm in your prayers, be bold, exert force and violence to command the voices of the spirit to keep shut so that the Spirit can rule over it.

The mistake a lot of people make is to be pampering the flesh, it is an error to see that the flesh is leading one astray but all one is doing is to start bargaining with it. Silence your spirit which refuses to yield to the Spirit of God through instant and constant prayers of command using the name of Jesus and it will obey you. Then sooner or later you will live a Spirit controlled life.

This is where I would stop for tonight, if you have any question please ask. Thanks so much for your time.

QUESTION

What are the steps to take when negative thoughts keep coming to a child of God heart in the midst of storm or challenges as it is called?

ANSWER ONE

Dig deep in the Word , Prayer and fasting, To constantly renew your mind to stand

ANSWER TWO

The first thing that should be done is to silence that voice instantly and this can be most effective when the word of God accompanies it. That is why constant studying of the word and knowing it is important. The promises in God's words should be claimed over such challenges in faith with firmness and sincerity as such person prays to God. By

these doing negative thoughts would be silenced.

Note

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