THE POWER *Of A* TRANSFORMED MIND

FRANCIS JONAH

The Power Of A Transformed Mind

How To Win The Battle Of Life Using The Key Of A Systematically Renewed Mind

Spiritual Warfare Book 1

FRANCIS JONAH

IMPORTANT

My name is Francis Jonah. I believe all things are possible. It is because of this belief that I have achieved so much in life. This belief extends to all. I believe every human being is equipped to succeed in every circumstance, regardless of the circumstance.

I know the only gap that exists between you and what you need to achieve or overcome is knowledge.

People are destroyed for lack of knowledge.

It is for this reason that I write short practical books that are so simple, people begin to experience immediate results as evidenced by the many testimonies I receive on a daily basis for my various books.

This book is no exception. You will obtain results because of it.

All scriptures are taken from the King James Version of the Bible unless otherwise stated.

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INTRODUCTION

A transformed mind is a very powerful tool.

It can take a man from obscurity into prominence, from irrelevance to relevance and from mediocrity to excellence.

The great thing about having a transformed mind is that it changes your world all by itself. It changes the way you see things and also the way you do things.

All of a sudden, your results begin to change because your actions are changing.

But then your actions are changing because your thinking is changing.

You begin to observe yourself achieve and do incredible things. Old and negative habits begin to disappear.

You are no longer who you used to be and the only mechanism that brought about all these is a change of mind. A transition from your old way of thinking into another way of thinking. A new and better way of thinking. A superior mindset as some will call it.

Your life begins to feel awesome in many areas and you begin to look for many other ways to transform your mind so that your life can be transformed in those areas. Your life begins to take an upward trajectory.

If you want a superior lifestyle and limitless possibilities, it is available. It is a matter of changing the way you think and embracing a superior way of thinking.

That new way of thinking is the catalyst to a superior lifestyle. The most superior way of thinking can be acquired through the word of God. Every other way of thinking is below the mindset the word of God imparts.

The word of God is the most superior document for transforming minds. It guarantees success, prosperity, good health and what have you.

No other document guarantees these things. Some documents and books promise

and fail to deliver. In the word of God however, you have a firm guarantee that never goes back on its promise.

Jos 1:8 This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.

Joshua 1:8

Many men and women of old relied on the word of God to get ahead in life and you can also do the same. The word of God is that powerful. It works in all three dimensions of life.

It works in the spirit realm, the soul realm and the physical realm. Such is the power the word of God carries and it must not be underestimated at all.

Many people do not realize that the change they have always needed can only come by changing their thinking patterns. What we call renewing of mind.

The Bible clearly states that for a life to be transformed, a mind must be renewed. There is no other way for transformation to occur and the earlier we realize that, the better it will be for all of us.

Rom 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 12:2

If two people have the same thinking patterns and thoughts, their results are likely to be the same.

Change the thought patterns of one person and it is likely that the results of that person will change.

This is true in all people and instances.

Poor people think similar thoughts.

Rich people think similar thoughts.

Healthy people think similar thoughts.

Sick people think similar thoughts.

People who succeed think similar thoughts, people who fail think similar thoughts.

The one thing that is common among people who achieve the same results is the way they think. That truth is undisputed after thousands of years and recorded history.

Today, this book will give you a superior way of thinking as well as help eliminate the old ways you used to think. At the end of the day, this book will lead you to the kind of dominance and success you have always dreamed of in life.

Well-defined steps to renew your mind as well as deep revelations that will bring about massive transformation within the shortest possible time in your life will be revealed in this book.

If positive transformation in life that is permanent and fast is what you are looking for, you have the right material in your hand.

The content of this book has blessed many lives and will surely bless you too. Do well to read every chapter and understand what you need to do.

You will learn so much from this book alone, it will be a life changer to you. Get ready to learn things like:

Signs of an untransformed mind

Signs of a transformed mind

Steps to renew your mind

Benefits of a transformed mind

How to know if your mind is being renewed.

Let us move quickly to chapter one of this life changing book.

CHAPTER ONE:

BENEFITS OF A TRANSFORMED MIND

The benefits of a transformed mind to the believer are incalculable. They release many dimensions of superior living and bring many joys to the believer. In this chapter, you will see a few of the benefits of a transformed mind to the believer.

Hopefully, this knowledge will bless you and give you a reason to go on a journey of obtaining a transformed mind yourself.

The Bible is clear that whatever area you put in effort; you are sure to reap rewards. If you invest in getting a transformed mind, you will surely get the results thereof:

Gal 6:7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

Galatians 6:7

The following are the benefits of a transformed mind. The first benefit of a transformed is guaranteed success.

Guaranteed Success

A transformed mind produces success.

God leads us to success and has assured us in His word that if we give attention to His words, we will prosper in everything that we do.

This seems like a good contract to enter into. Give attention to His word and prosper.

Psa 1:2 But his delight is in the law of the LORD; and in his law doth he meditate day and night.

Psa 1:3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he

doeth shall prosper.

Psalm 1:1-2

There is no exception to what you can prosper in when you renew your min according to the word of God. You will prosper in all areas of life.

In your marriage, you will prosper.

In your finances, you will prosper.

In your health, you will prosper.

In your business, you will prosper.

In your family life, you will prosper.

No area of your life will be excluded. That is the power of giving attention to the word of God.

What other would you want if not this.

The Bible says we will prosper in whatever we do. It means whatever industry or business you are engaged in; success is available to you.

Forget about past experiences and know that once your mind is transformed you will walk in the high places of success.

Where others failed, you will succeed, where others gave up, you will soar. The reason is simple, when you renew your mind according to the word of God, you begin to think superior thoughts that guarantee superior results in life.

Isa 55:8 For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD.

Isa 55:9 For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.

Isaiah 55:8-9

Superior thoughts confront and solve every problem and every challenge. Superior thoughts bring creative solutions to places of difficulty.

Superior thoughts dominate circumstances regardless of their nature and form. That is exactly what a transformed mind gives you.

Superior thoughts like the name connotes are just superior in nature. They do not bow to problems; problems bow to them.

God Himself has assured you that His thoughts for you are thoughts of peace and an expected end. With God, you will not end up where you did not expect. The guarantees in His word are sure to make successes of any one who is able to transform his or her mind with the word of God.

Jer 29:11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.

Jeremiah 29:11

Success is guaranteed for whoever stays in the word of God day and night. This is because it leads to a transformed mind.

Failure cannot come near your doorstep as long as you have a transformed mind. Let us get into the next benefit of a transformed mind.

Superior attitudes and beliefs

A transformed mind gives you superior attitudes and beliefs.

Your old attitudes and beliefs can only take you to a certain level in life. There are greater levels only a certain kind of attitude and belief system can deliver to you.

That is why you need the attitudes and belief systems God recommends in His word.

Once you have such attitudes in place and your belief systems are changed, you will begin to walk in another dimension of results. A higher dimension of results. Instead of addition, you begin to see multiplication. Instead of failure,

you begin to greater success.

Suddenly, the things you read about in the bible become possible to you. Your faith soars and you produce extraordinary results, signs and wonders.

If the requisite for the impossible is believing, then a transformed mind would lead you into a whole realm of doing impossible things. Your faith will be worked on to the highest possible level leading to you walking in the realm of impossibilities.

Mar 9:23 Jesus said unto him, If thou canst believe, all things are possible to him that believeth.

Mark 9:23

The realities in the word of God will become your realities too.

Your attitude will significantly be better because they will be attitudes imparted into you by God and His word.

Who will know of better attitudes than God Himself? That is the privilege you have as a believer whose mind is transformed. You will operate in the best attitudes and believe the right things for the sweetest victories of your life.

Among the superior attitudes a transformed mind can give you are:

Patience

Patience is a virtue missing in many lives. People are not patient enough to delay gratification. They are not patient enough to see the glory of God in their lives. They are not patient enough before they act and therefore make grievous mistakes because they are acting in anger.

A transformed mind will give you that attitude of patience that will lead you to many victories in life.

Pro 16:32 He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city.

Proverbs 16:32

The scripture shows how a patient man is even mightier that a warrior. Patience is a superior attitude that a transformed mind gives.

Self-control

Another important attitude that a transformed mind gives you is self-control. I have heard and seen many people go into destruction because of the lack of self-control.

Many are in prison; others are addicted to things that are destroying or have destroyed their lives and families because of the lack of self-control.

Self-control is important, it helps you to stay away from acting wrongly and keeps you on the right track, making sure you achieve everything you want to achieve.

Pro 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.

Proverbs 25:28

To be like a fortified city, you must have the attitude of self-control. This will make you formidable and keep you in winning ways. Self-control is of critical importance.

Another attitude that a transformed mind gives you is excellence.

Excellence

The attitude of excellence makes you stand out wherever you are and in whatever you do.

This was the attitude that made people like Daniel and Joseph exceptional in their generations.

Much of their success is attributed to their spirit of excellence. A transformed mind gives you the attitude of excellence which permeates every sphere of your

life.

Dan 6:3 Then this Daniel was preferred above the presidents and princes, because an excellent spirit was in him; and the king thought to set him over the whole realm.

Daniel 6:3

An excellent spirit will make you the choice of kings and great people. It will distinguish you from the competition and bring you much favour and delight.

Excellence is an attribute that is far valuable than gold because it gets things done and done well.

The world desperately needs men and women of attitude. Such people are gradually getting extinct. That is why you must cultivate that attitude.

Let us move on to another benefit of a transformed mind.

Operating with the mind of God

Imagine thinking and acting as God would in any given situation you face. In this realm you will act and behave exactly as God would in any given situation. There are no mistakes in this realm of operation. Only maximum results and right decisions.

Now stop imagining, because that is exactly what a transformed mind will do for you. When you transform your mind, you begin to think and act like God. This is simply because it is His thinking and opinions that have replaced your thinking and opinions.

This helps you to operate like God on earth. Such blessedness. His thoughts become your thoughts, and His ways become your ways. This is superior living of the highest kind.

You begin to do what He would have done, say what He would have said and act the way He would have acted in any given situation. That is the way Jesus lived. He did what He saw the father doing.

Joh 5:19 Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise.

John 5:19

No wonder Jesus said you can do greater works than Him. He did what He saw the father do and the father did great things indeed.

More than that you can love like him, worship like him and pray like him.

The reason is simple, you now have his mind.

1Co 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.

1 Corinthians 2:16

We have the mind of Christ. Glory to God. This mind is fashioned in the image of God. With such a mindset, there are limitless possibilities for you to explore.

Superior thoughts, superior actions and superior behavior become your portion. Glory to God.

What ordinary people will struggle to accomplish, you will accomplish with ease because of your transformed mind. You have the mind of Christ.

Certainly, such a mind will make many people see God in you. You will operate in His stead here on earth.

You will represent Him fully here on earth because you have His mind.

Paul was hailed as a god because of the dimension he operated in. He raised the dead, he healed the sick, he spoke with authority.

He was like a god on earth. That same realm of operation is available to you.

Act 14:11 And when the people saw what Paul had done, they lifted up their voices, saying in the speech of Lycaonia, The gods are come down to us in the

likeness of men.

Act 14:12 And they called Barnabas, Jupiter; and Paul, Mercurius, because he was the chief speaker.

Acts 14:11-12

All these were surely because he had a transformed mind and such a mindset can deliver massive levels of godly recognition for you too. A transformed mind is a treasure that will make you a partaker of the divine nature.

Afterall, the greater one is resident in you. If you can know and accept that mindset, the heavens will be your starting point, you will soar with wings as eagles and do what others said was seemingly impossible.

Let us move on to another benefit of a transformed mind.

Discerning the will of God

A transformed mind helps you discern the will of God. There are three wills of God:
The good, the acceptable and the perfect will of God. These are all discernible to you if you have a transformed mind.
Rom 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.
Romans 12:2
With a transformed mind, you will know exactly what God wants of you concerning your purpose, your mission on earth and what you need to do on a daily basis. This is something only a transformed mind can ensure. In the absence of it, there is chaos, confusion and emptiness.

Many lives are in the desert of emptiness because their minds are not transformed.

A transformed mind will tell you there is the good, acceptable and perfect will of God for you. These three wills of God are of vital importance for you to be able to walk in the provisions of God for your life.

This all-important stuff is alien to many believers.
They do not know their roles on earth nor do they know their purpose for being here.

It is worthy of note that one of the signs that destruction is near is when there is no vision, purpose or sense of direction in an individuals life. The Bible clearly spells it out:

Pro 29:18 Where there is no vision, the people perish: but he that keepeth the law, happy is he.
Proverbs 29:18

When you have no idea what to do with your life or what to do as a believer, it can be frustrating as well as burdensome. Having a transformed mind settles all that.

The believer gains deep insights into what the will of God is and what God is thinking about different situations, scenarios and people.

Of great importance is such a thing as it gives direction to the believer. There is nothing sadder than a believer who has no idea of his purpose in life. Such a believer will roam around in life not knowing what to do.

Myles Munroe once said that the worst tragedy on earth was not death but life without a purpose. Life without a purpose is indeed a greater tragedy than death for what is life when there is no meaning to it.

That will not be your portion with a transformed mind as a transformed mind will give you both purpose and direction in life.

Identity in Christ
When you have a transformed mind, you know your identity in Christ. You stop living by the tags other people tagged you with.
When given the opportunity, people will do all they can to destroy and pull you down. If care is not taken, what people say about you will limit you and stop you from attaining any form of happiness in life.

2Co 5:17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.
2 Corinthians 5:17

When your mind is transformed, you begin to live the life that God intended for you. A transformed mind shreds off the negativity of people's opinions, false identities and self-limiting beliefs that have been accepted for a long time.

These seemingly innocent identities have a long way of destroying the futures of people. The destruction they cause is beyond measure and hardly noticeable because it is a silent way the devil destroys people without much notice.

Once your mind is transformed, you are able to put on your new identity which helps you move about in confidence to achieve that which you are supposed to achieve in life. The limitations of the opinions of others no longer hold you back.

Your imprisonment by those identities are broken.
You are set free to become who you have always wanted to be and who God intended you to be.
Beloved, there are many people in prisons of identities others have put on them. There are others who have also been imprisoned by their own opinions of who they are.

If you have never been in such a place, you would not know how painful and difficult it is to be imprisoned or limited by a false identity.

When you are called a fearful loser, you may never be able to take off such an identity and it will affect how you think and act till you leave the earth. You may never attempt any great thing because of that tag.

You must know who you are in God, this will enable you to do great things in the kingdom. To God, you are a king, you are a priest, you are the light of your generation. You are the one to make impossibilities possible.

A transformed mind deals with all negative identities and gives you the freedom of expression to be all you have to be. You can be who God says you are with a

transformed mind. It is so possible.

It is time to let go of what others have said about you and listen to what God is saying. Their words have been barriers in your life for far too long. It is the season to break the limitations and accept who God says you are. Sit down, take stock and decide to pursue a transformed mind so that the limitations in your life can finally depart.
Let us move on to the next benefit of a transformed mind.

Peace

A transformed mind guarantees peace. The kind of peace that allows progress and prosperity.
The turmoil of a wandering mind, the failure of an unstable mind and the pain of an uncertain mind are all eliminated when you have a transformed mind.
Such a mind is what every believer who wants to experience the peace of God must aim for.

Isa 26:3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.
Isaiah 26:3

Peace is essential in a troubled and disturbed world with problems everywhere. The distinguishing feature of many believers would be the calm they express in these times. The only way you can walk in such peace is to transform your mind.

The ability not to be anxious is a key commandment for all believers. Scriptures announce it passionately.
That is why a transformed mind is essential.
It gives you that kind of peace.

Php 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.
Philippians 4:6

Anxiety is not your portion. When you have a transformed mind, you escape the prison of anxiety and its associated conditions. Your life becomes one of

thanksgiving, prayer and powerful results.

Jesus demonstrated this kind of peace when he slept during a storm. His disciples were worried to death and didn't know what to do.
They were baffled that Jesus could have such peace and tranquility during such a dangerous time. Jesus was actually asleep amidst all the chaos.

Upon waking up, he just silenced the storm.
This is peace in the midst of the storm. The kind of peace we all need in this world.

The story goes like this:

Mar 4:37 And there arose a great storm of wind, and the waves beat into the ship, so that it was now full.
Mar 4:38 And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish?
Mar 4:39 And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm.
Mark 4:37-39

You will also experience perfect peace when you decide to have a transformed mind. It is a necessity you cannot do away with.

The dangers of an untransformed mind cannot be overemphasized. The next chapter will thus reveal the negative effects of leaving your mind untransformed.

CHAPTER TWO:

EFFECTS OF AN UNTRANSFORMED MIND

An untransformed mind is a disaster waiting to happen. The certainty of that disaster happening is without doubt, the only question is when that disaster will occur.
That is how dangerous an untransformed mind is.

The effects of an untransformed mind are so many that explaining them all would take months.
In that light, we will explain a few of the effects in this chapter that will prompt you to make sure you have a transformed mind.

The havoc untransformed minds have caused individuals, families and nations cannot be underestimated. Hopefully based on the knowledge of these negative effects, you would not leave your mind untransformed.
When you become born again, it is only your spirit that is renewed. Your body and your mind are the same. They are untransformed. Every born-again person starts with an untransformed mind. That is not the problem. The problem is leaving the mind untransformed.

Failure

Failure in life is a consequence of an untransformed mind. It doesn't matter the field of endeavor you pursue, as long as your mind is untransformed, failure awaits at the end of the day.

This is because every action and every move you make will be directed and coordinated by a mind that is already aligned towards failure. That is what an untransformed mind is, a mind that is already set towards failure.

Pro 23:7 For as he thinketh in his heart, so is he:
Proverbs 23:7a

When you have an untransformed mind, you are helpless when it comes to matters of failure.

You are like a guaranteed failure waiting to happen.
It is your thinking that determines who you are. Until your thinking changes, your results do not change. Real transformation thus comes from the renewal of your mind.

It takes a certain mindset to succeed.
Success has nothing to do with luck, as some may think. Without the proper mindset for success, you are bound to fail at whatever activity you engage in. You may blame witches, wizards and circumstances, but the truth of the matter is that another person with a transformed mind would succeed under the very same conditions you find yourself.

An untransformed mind that even sells silver and gold will still fail whereas a transformed mind selling sugar will succeed.

Untransformed minds attract failure just like a magnet would attract metals. It is automatic. That is why your mind must be transformed else failure will be inevitable.

Once you understand that your failure can affect generations after you, you will be careful to embark on a mind transformation journey. You cannot to leave your mind the way it is, untransformed.

Pro 14:12 There is a way which seemeth right unto a man, but the end thereof are the ways of death.

Proverbs 14:12

The ways of an untransformed mind lead to failure, death and destruction at the end. It may not look so in the beginning but that is where it leads eventually. The more reason why you must transform your life with the word of God.

The next effect of an untransformed mind is confusion.

Confusion

An untransformed mind will lead you to confusion in life. You will not know what to do with your life or why you are even alive. Such a state of mind also

leads to all sorts of thoughts, including suicidal thoughts. When a man doesn't know his purpose, he will do anything and everything to get by.

When you have an untransformed mind, today you will be studying business, tomorrow it will be engineering, the next day it will be fashion.
This confused state leads to no progress. The Bible clearly states that:

Jas 1:8 A double minded man is unstable in all his ways.
James 1:8

An untransformed mind cannot even make the right choices in life. The choice of a spouse, career, lifestyle and habits to develop all become vague to the untransformed mind.

Your choices are badly affected as there is no guiding principle for choices to be made. It is a sorry state of confusion that an untransformed mind leads to. This state can be likened to a man travelling to an unknown destination without a map or any directions. The journey will thus become a useless one as there is no destination whatsoever.

Such is the plight of anyone without a transformed mind. Imagine choosing a wife without knowing the qualities to look out for. Imagine buying a house without knowing the key elements to watch out for. Imagine going to a country without knowing why you are even going there. These difficulties and their attendant problems will crop up in your future all because of having an untransformed mind.

To avoid such confusion in life, the effort to have an untransformed mind is essential.

Another effect of an untransformed mind is an identity crisis.

Identity crisis

The untransformed mind leads to identity crisis in life. In short, you don't know who you really are.
You exist based on the opinions, whims and insults of others. You are defined

not by who you really are but by your mistakes or what others think about you. Today you may be called stupid, tomorrow you may be called ignorant, another day a thief based on the opinions of other people. This leads to low self-esteem as well as self-confidence issues.

One of the most dangerous places to be in life is the place of having no self-esteem or self-confidence. You are caged in a box of the opinions and words of other people. You are essentially paralyzed and not able to take forward steps because of what others may say or do.

Beloved, many people have become average and mediocre in life because they have defined themselves by the opinion of others.

With a transformed mind you will define yourself by what God calls you and not what others think of you. Do not allow your mistakes also to define who you are. Rise above them and stand tall in your generation. Know the difference between you and your mistakes and make it count. You are who God says you are.
It is my prayer that you do not suffer such a crisis ever in your life.

Lack of emotional control

Without a transformed mind, emotions run wild.
They control, manipulate and destroy you.
You are helpless because you do not have what it takes to control your emotions. Depression takes its course at will and when it is dome, anger also runs its course. Virtually every emotion will have its turn to ruin you if care is not taken. Your emotions must not control you. You are the one who must control your emotions. When your emotions begin to control you, it is an indication of an untransformed mind, it is an indication of trouble ahead.

Beloved, when emotions take control of you, they easily destroy you. An emotion like hatred can come in and have its own way till the damages it causes in its wake become irreparable. Same with envy, jealousy and what have you.

The lack of emotional control which is the result of an untransformed mind can be devastating.
Both for the one with the untransformed mind and the people around him or her.

You must never be in such a situation because it is a perilous situation to be in.

The Bible says:

Pro 27:4 Wrath is cruel, and anger is outrageous; but who is able to stand before envy?

Proverbs 27:4

Negative emotions have ruined many great people and great things in life. It is my prayer that you are not a victim of negative emotions. Never.

There are other effects of an untransformed mind, but these few are just to give you the necessary push to aim for a transformed mind.

The next chapter reveals how your mind controls your destiny in life. Amazing but true.

CHAPTER THREE:

MASTER CONTROLLER OF DESTINY

The mind is the master controller of destiny. It determines the destiny of men and women in subtle ways many do not know until they are exposed to the workings of the mind and the forging of destiny.

I use destiny here to mean your destination in life.

Understanding how destiny is forged and how the mind works are key to knowing the relationship between the two.

To illustrate how the mind is able to determine the destiny of people, I will share a story with you. This story will illustrate how the mind is able to affect the destiny of a person.

Dreams stopped by thoughts

There was a young lady with a very rich uncle.
This lady had an auntie who realized she was very smart and had a bright future ahead of her.
This lady's auntie became close to her and started talking to her about many things including her rich uncle. Her rich uncle was the subject of many conversations they had. In fact, she told the lady many things about her uncle.

If it was not that her uncle was wicked, it was that he was a murderer. If it was not that the uncle was greedy, it was that he took advantage of people and raped them. She kept telling this young lady so many terrible things about her rich uncle.

These thoughts that were presented to this young lady all of a sudden became entrenched in her belief system. They had gained a stronghold in her mind.

The confidence with which her auntie spoke made her take everything in without a shadow of doubt. She believed them to be absolute truth and didn't even bother to interrogate them to determine the truth in them.

She started to hate her rich uncle although she had not even met him before. He disgusted her to the point that his name alone made her frown and boil within.

Subsequently, she made firm decisions about him when she had not even had the opportunity of talking to him to know the kind of person he was.

She did not make any efforts to validate or find out if the things her auntie said about this uncle of hers were true or not. And so, she lived her life for many years believing the things her auntie told her about this man.

After many years, the time came when she needed help. She had gained admission to one of the best Universities in the country and the only barrier to her education was money to pay her fees. In truth, the fees were twice the average University fees. It was expensive. Her uncle found out about her need from one of the relatives and sent her money to pay the fees.

Unsurprisingly, she refused the money and returned it back to her uncle with a few insults and allegations against her uncle.

Her hatred for him and her prejudice were based on the things her auntie told her. They were very strong to that point of causing her to reject his help. Her uncle was very much surprised by her actions and had it not been for his patience, would have considered it an act of disrespect. he passed it off as peer influence and strong headedness.

After rejecting the fees, she tried many other ways to get money for her school fees but she didn't get the funds necessary to go so she forfeited the opportunity. Her dreams had been crushed. Some could say because of pride, others could have other reasons. But the reality on the ground was a hanging destiny, truncated not by a lack of fees, but by a rejection of fees.

Many years later, it was evident that her life had taken a trajectory for the worse. Her inability to go to the school had affected her badly. Without pursuing the career of her dreams and a purpose fitting of her talents, she lived a frustrated and unfulfilled life. Things got worse for her in every area imaginable. It is true that failure in one area of life can easily spill into other areas.

She became sick of a terminal disease. Her only hope of survival was an expensive surgery. Again, this uncle of hers stepped in and paid for her treatment anonymously. He was in no position to see his niece lose her life because of any flimsy reason and she was in no position to reject the help this time around. Sometimes in life and death situations, pettiness disappears although not in all cases. She did not even bother to ask who her benefactor was.

The reason she did not reject the funds was that she had gotten the lesson of rejecting help. Her previous rejection of help had caused her more pain than joy. More so, when you are faced with death, you do not really care about the hatred you have for the one helping you to live. Pettiness becomes irrelevant.

By the grace of God, she had a successful surgery, after six months, she was discharged from the hospital. When she recovered completely from the disease and found out it was her uncle who had actually paid for her treatment, she knew a murderer would have no reason to save her life so she went to him and confronted him about all her auntie had told her in the past which she had harbored for several years in her mind and heart. These things that had actually changed her destiny for the worse.

It was at this point that her uncle called in an old woman to speak to the young lady. After narrating all her auntie had told her to the old lady, this old wept because she could recollect a minor incident in the past which should not have led her auntie to destroy the young girl’s life in such a subtle manner.

The old woman told her that her auntie was embittered against her because, when she was younger, she playfully told her auntie she would be better than her in the future. When everybody took it as a joke and laughed about it, her auntie was very angry and stormed out of the family gathering. Her auntie did not take it as lightly as everyone else did but her actions afterwards surprised the old lady considerably.

This incident she suspected was why her auntie fed her with those thoughts that will prevent her from connecting with and receiving help from the only person in her family who could help her achieve her dreams quickly.

The old woman began to tell her a lot of stories about the benevolence of her

uncle and how everything her auntie said were lies to stop her progress in life.

She had lost a very valuable opportunity to attend an ivy league school and achieve her dreams. And it was all because of thoughts planted in her mind by one person. A person who knew the power of thoughts to determine destiny. Her auntie had inevitably determined her destiny by the thoughts she planted in her life.

Beloved, that is how powerful thoughts can be.
They can stop you from reaching your destiny without putting a mountain before you just as the right thoughts can help you reach your destiny regardless of the mountains in your way.

Your mind determines your destination

Sometimes the obvious seems oblivious to even the most sophisticated of people. Your destination in life is determined primarily by your mind.

It is the primary directional tool in the life of every individual. Wherever you are today, it is your mind that took you there. Wherever you will get to tomorrow, it is your mind that will take you there.

When you choose a red car over a blue car, it is your mind that makes that decision. When you choose to become a lawyer instead of a doctor, it is your mind that determines it.

Wherever you are today or you will get to tomorrow, it is your mind that is going to be the ultimate decider.

Hence, it is right for you to have a transformed mind, a mind that is set properly so that it can take you in the proper direction in life regardless of where you find yourself. Once your direction is right, your destination is sure to be right too.

Do not leave your life to chance, make the effort to transform your mind so that it can lead you to a proper destination. If you don't take that step, you may put yourself in serious problems. Your mind may lead you to a destination you may live to regret later in life.

That should not be your portion. Do the needful today to secure a proper tomorrow, pursue a transformed mind.

Let your mind determine a great destination for you by setting its course with a transformed mind. That way, your choices in life are sure to be the best.

It will interest you to know that even the quality of the life you live is determined by your mind. Let us find out how.

Quality of your life

The quality of your life is a function of your mind. The quality of your thoughts is what determines the quality of your life.

If you have quality thoughts, you have a quality life. If you have poor thoughts, you have a poor life. This is an unquestionable equation.

It is the quality of your thoughts that determines the actions you take, the results you get and the life you live on earth.

Some people have never travelled outside the country before because they may never have thought about it. Had they thought about it, they could have travelled.

Some have never slept in a 5-star hotel before because they may never have thought about it. Even in their thinking, they may have said they can never afford it and that is what has prevented them from that experience.

Some may never become rich because they may never have thought to be rich. They may have disqualified themselves with their thoughts.

There are many things that your mind will include you in or exclude you from based on the quality of your thoughts.

When you set your mind to achieve certain things, the possibility of achieving them is higher than someone who has never thought of it.

Worse is if you think about something and think it can never be you because of your current situation. In that case no one can be blamed but you and the kind of negative thoughts you permitted to destroy your life.

Boundaries of your life

Your mind determines the boundaries of your life.

The things you can do and the things you cannot do in life are all determined by your mind.

If you do not make the effort to transform your mind, you may be operating under certain boundaries that are only imaginary.

These boundaries in your mind translate to your life and limit you in ways you never even thought possible.

In my own life I have experienced certain boundaries because my mind told me they were boundaries when in fact those boundaries did not even exist.

One day, I went to my brother's house to pick up a document. I assumed his door was locked so I stood outside for 30 minutes waiting for him to open the door for me. All along the door was open and I could have gone in and made myself comfortable but in my mind, the door was closed so I stood outside waiting for him to come and open the door.

He was praying so when he came out 30 minutes later to see me still outside, he asked why? My simple answer was that I thought the door was locked.

This was a boundary my mind had placed in my reality when the actual truth was that there was no boundary at all but that which my mind had created.

Like Henry ford said “if you think you can, you are right, if you think you can’t, you are also right”

Our minds determine the boundaries of our lives and it is high time we take charge of our minds so that we can break certain limitations and boundaries. Set by our minds and translated into our reality.

Stop limiting yourself in your thinking else your thinking will limit your life. Stretch your imaginations and you will do great things in life.

There are many people who are still in poverty because their minds have limited

them to that situation.

They have never thought of earning far more than what they are earning. They have never thought they have the potential to raise millions of dollars. They believe their level of income is where they belong and their efforts cannot do anything to change it unless a miracle. That very thought pattern has become their barrier in life.

Their handicap is nothing more than a handicap of the mind. This handicap of the mind eventually translates into reality.

Begin to break the existing boundaries from your mind and the boundaries in your life will break also.

There are a few biblical examples that show how the minds of people affected them in various ways.

In the ensuing text, you will learn life transforming lessons from people in the Bible:

Grasshopper thinking

God himself had told the Israelites that the promised land was for them. In their quest to take the land, they had to spy on the land first.

They sent out some men to do the spying so they could see their next line of action. One group came and said the land was ripe for the taking. Another group, the majority in fact, came and said they could not take the land because they were like grasshoppers before the people in the land who were like giants.

The major difference between the two groups of people speaking was not the strength of their body nor the skill of their arms, it was simply the state of their minds.

One group had a transformed mind and saw themselves as God saw them. They were more than conquerors; they were capable of taking the land God had given to them else God would not have given it to them if it was impossible to take. Powerful thinking. Right thinking.

The other group saw themselves the way the enemy wanted them to see themselves. They had reduced themselves to grasshoppers using their minds. Destructive thinking. Wrong thinking.

The Bible puts it beautifully:

Num 13:30 And Caleb stilled the people before Moses, and said, Let us go up at once, and possess it; for we are well able to overcome it.

Num 13:31 But the men that went up with him said, We be not able to go up against the people; for they are stronger than we.

Num 13:32 And they brought up an evil report of the land which they had searched unto the children of Israel, saying, The land, through which we have gone to search it, is a land that eateth up the inhabitants thereof; and all the people that we saw in it are men of a great stature.

Num 13:33 And there we saw the giants, the sons of Anak, which come of the giants: and we were in our own sight as grasshoppers, and so we were in their sight.

Numbers 13:30-33

Eventually the land was taken, but not by those whose minds were untransformed.

It was taken by another crop of people with another mindset, together with the two people from the earlier group that maintained that the land could be taken.

Cowards they say die many times before their death. Don't be a grasshopper in your thinking. It will do you more harm than good.

There is abundance around you, there is greatness around you. Get out there and take your portion.

It is not time to belittle yourself, it is time to be confident and take advantage of the promises of God.

Deliver yourself from small and mediocre thinking. It will deliver you from

average and mediocre results in life.

The correlation is there for all to see. Small thinking produces small results just as big thinking produces big results.

Gen 13:14 And the LORD said unto Abram, after that Lot was separated from him, Lift up now thine eyes, and look from the place where thou art northward, and southward, and eastward, and westward:

Gen 13:15 For all the land which thou seest, to thee will I give it, and to thy seed for ever.

Genesis 13:14

Broaden your horizon because your possibilities are endless. What you see is what you get. Another biblical example highlights the issue of the mind perfectly.

Wicked servant profitable servant

A rich man when he was travelling gave talents to his servants. After a long stay overseas, he came back to his home country. He then asked his servants to account for the talents he had given to them.

All but one had multiplied what was given to them. That one servant actually dug the ground and put his talent in there.

The reason he did that was obvious in the answer he gave to his master. In his thoughts, the master was a wicked man and so he had to hide the talent in the ground so he could give it back to the master when he demanded it.

It is this mindset that earned him the title of a wicked and unprofitable servant. The story goes like this:

Mat 25:24 Then he which had received the one talent came and said, Lord, I knew thee that thou art an hard man, reaping where thou hast not sown, and gathering where thou hast not strawed:

Mat 25:25 And I was afraid, and went and hid thy talent in the earth: lo, there

thou hast that is thine.

Mat 25:26 His lord answered and said unto him, Thou wicked and slothful servant, thou knewest that I reap where I sowed not, and gather where I have not strawed:

Mat 25:27 Thou oughtest therefore to have put my money to the exchangers, and then at my coming I should have received mine own with usury.

Mat 25:28 Take therefore the talent from him, and give it unto him which hath ten talents.

Mat 25:29 For unto every one that hath shall be given, and he shall have abundance: but from him that hath not shall be taken away even that which he hath.

Matthew 25:24-29

The other servants thought differently and invested the talents the master gave to them and became profitable servants.

The determination of the fates of these people were all based on their mindsets. It is their thinking that led to the decisions they made. Their decisions led to their destinies.

The wicked and unprofitable servant had the wrong mindset and thus ended badly.

This is the reason a transformed mind must be the priority of every believer. It determines how things end for you.

Destiny of woman with issue of blood

The woman with the issue of blood is a typical example most preachers use in their illustrations of faith.

What underlines the whole event though is not her faith but her mindset or the thoughts that led her to receive that miracle.

She actually thought to herself that what would give her the miracle she needed was just touching the hem of the garment of Jesus.

This was the thought that delivered the miracle to her.

Other people who needed a miracle could have been thinking things like there are too many people around, Jesus has to pray for me himself or else nothing will happen and other negative stuff.

Those were not the thoughts of the woman. It is no wonder she had a miracle when Jesus had not even decided to grant her one; she had the right thinking.

Just observe her thoughts in the scriptures below:

Mat 9:20 And, behold, a woman, which was diseased with an issue of blood twelve years, came behind him, and touched the hem of his garment:

Mat 9:21 For she said within herself, If I may but touch his garment, I shall be whole.

Mat 9:22 But Jesus turned him about, and when he saw her, he said, Daughter, be of good comfort; thy faith hath made thee whole. And the woman was made whole from that hour.

Matthew 9:20-21

Once your thinking is right, you will actually enjoy miracles and if your thinking is wrong, even with the availability of miracles, you may never enjoy them.

This has been the problem of many believers. Their mindsets are keeping them from a lot of miracles and breakthroughs, but they are blaming God and others for their inability to receive their miracles.

Not the woman with the issue of blood, she took her destiny into her hands and with the right thinking she was able to enter into her miracle.

She touched the hem of Jesus' garment.

You will also enter your miracle as you set your thinking right in Jesus' name.

Miracles are coming your way right now in Jesus' name.

Peter and John perform miracles

Peter and John were going to church.

They met a man by the beautiful gate who begged them for alms.

Immediately, they told the man their own situation. They didn't have the silver nor gold he was demanding.

They had something else and that thing they had was spiritual power. With that power they commanded the man to rise up and walk and the man did exactly that.

The Bible further goes on to say how this man was walking and showing his dancing skills just because he had been made whole again.

Act 3:2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple;

Act 3:3 Who seeing Peter and John about to go into the temple asked an alms.

Act 3:4 And Peter, fastening his eyes upon him with John, said, Look on us.

Act 3:5 And he gave heed unto them, expecting to receive something of them.

Act 3:6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk.

Act 3:7 And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength.

Act 3:8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.

Acts 3:2-8

The thing you need to understand about this event was the thinking of Peter and John.

In their mind they knew that they had something. They had spiritual power.

Many believers are walking today with the power of God in them, but in their minds, they think they have no power.

This was not the case of Peter and John; they knew who they were and what they had.

It was a glorious experience for them and the man in question but all this would not have happened if they didn't have the right mindset about the power of God in them.

Glory to God, may you settle it in your mind that you have the power of God within you.

Begin to operate with a transformed mind and you will enter into powerful dimensions of life.

If you think you can, you are right

Henry Ford is famous for the words “if you think you can, you are right and if you think you can’t, you are also right”.

These words could not be better expressed concerning the life of any individual.

If you think you can raise the dead, you are right. You will begin to take steps to learn and know how it is done. Eventually, you will find yourself doing it.

If you think you cannot raise the dead, right there, you stop seeking how you can accomplish such a feat. In the end your thinking that you cannot raise the dead is also justified.

That is why our minds must be transformed to know what is possible and what is impossible.

With God, we know nothing is impossible and to the man that believes, all

things are possible.

Luk 1:37 For with God nothing shall be impossible.

Luke 1:37

We will enter into such a realm of possibilities if we begin to align our thoughts properly with the word of God.

Stop thinking you cannot achieve certain things when all you are doing with such thoughts is reinforcing the lie that you cannot do it.

Instead, think you can and you will open up possibilities that will help you achieve the thing that you think you can achieve.

That is how dreams are achieved.

They may look impossible until someone dares to think it is possible.

This is what begins the journey that brings the requisite knowledge and understanding that makes the thing come to pass.

That is what makes dreams a reality.

It all starts with a simple thought that the dream is possible. Your own dream is possible, do not kill it in your mind.

You are more than able to achieve great things, get your mind right first and the rest will follow. Another classical example is the tower of babel.

Tower of babel

The tower of babel was conceived in the mind of some individuals before it became a reality.

The huge nature of the tower was such that even God Himself was impressed.

God himself said there was nothing they couldn’t achieve so their language had to be confused.

Gen 11:3 And they said one to another, Go to, let us make brick, and burn them throughly. And they had brick for stone, and slime had they for morter.

Gen 11:4 And they said, Go to, let us build us a city and a tower, whose top may reach unto heaven; and let us make us a name, lest we be scattered abroad upon the face of the whole earth.

Gen 11:5 And the LORD came down to see the city and the tower, which the children of men builded.

Gen 11:6 And the LORD said, Behold, the people is one, and they have all one language; and this they begin to do: and now nothing will be restrained from them, which they have imagined to do.

Geneis 11:3-6

This means that every great thing starts as an idea in the mind. You do not need money to conceive great things.

All you need is your mind.

It is after you have conceived it that you can now work on it. Many people are even afraid to think or dream of great things when the truth of the matter is that it costs nothing to dream or conceive ideas.

What great thing have you conceived in your mind in the last three years of your life.

I am sure there were barriers in your mind that stopped you from conceiving any great thing.

Hear me beloved, it costs nothing to dream on paper. That part of you has died for far too long a time. It is time you activated it.

When you read about the next sub topic, you will know the importance of conceiving and why in the mind of God it is equivalent to achievement.

There are great things you can conceive and achieve, give yourself the opportunity to dream again.

Explore the full potential of your mind and enjoy the limitless possibilities available to you in God.

Dream on, write down that idea, write down that vision, write down that desire, it could be the beginning of something very great. Give it a chance.

Put your imagination to work.

If you think it, you have done it

One day, Jesus was teaching his disciples.

He said something profound that changed my own life and perspective about thoughts.

He taught that when you think about a woman lustfully, you have already committed adultery with her.

Jesus equated thinking to doing. When you think it, you have done it. The Bible puts it this way

Mat 5:27 Ye have heard that it was said by them of old time, Thou shalt not commit adultery:

Mat 5:28 But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

Matthew 5:27-28

Thus, if you think great things, it is equated to doing great things

What many do not know is that thoughts exist. In the realm of the spirit, there are many thoughts that are existing, therefore your own thoughts exist too.

That is why we must not take them for granted.

If you think you are a millionaire, you are a millionaire. You exist as a millionaire in the realm of the spirit. Physical manifestation is the next step in

the process.

As a man thinketh, the bible says, so is he.

Pro 23:7 For as he thinketh in his heart, so is he:
Proverbs 23:7

Release your imagination from the chains and the bondage it has been in all this while.
It is time to do exploits.

God works with thoughts

God is great. His awesomeness cannot be fathomed in 1 million lifetimes. One of the great attributes of God is that He can work with our thoughts the same way He works with our words.
When you speak, things happen, when you think, things also happen. God actually does more than we ask or think but He needs our words and thoughts to work with.

Eph 3:20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,
Ephesians 3:20

The scripture clearly shows God works with our words and our thoughts.
So, if you think something, God does greater.
If you say something, He does greater too.
What are you thinking beloved, God can do greater than that thought? That is why your thinking must be in the right direction, so that when the manifestation comes, it will not be hazardous to you.

It is time to harness your thoughts and benefit from it. God can work wonders with your thoughts.

Start giving Him the raw material of powerful thoughts, many powerful thoughts so He can do something great with them. I am confident this is going to start a new way of life for you and make attention come to the thoughts you are thinking.

They have a great effect. Do not be deceived God is using the thoughts of many believers to accomplish great things on things earth.

Take upon yourself that privilege and provide great thoughts for God to bring great things into manifestation here on earth.
Your thoughts are one of the resources you can make available to Him. Do so generously.

In the next chapter, we will discuss strongholds in the mind.

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CHAPTER FOUR:

STRONGHOLDS IN THE MIND

Strongholds may seem like huge castles and towers that prevent people from entering or leaving them to the ordinary believer, but in actual terms the strongholds that limit people the most are the ideas, thought patterns, and imaginations of the mind.

It is no wonder that the Bible says we do not fight a fleshly battle but a battle in the mind:

2Co 10:3 For though we walk in the flesh, we do not war after the flesh:
2Co 10:4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)
2Co 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
2 Corinthians 10:3-5

The real battle you face in life is a battle of the mind. It is no wonder the Bible admonishes us to cast down imaginations, thoughts and ideas that are in opposition to what God says concerning us.

These are critical things people must first address before going to attack other men and women. For their troubles in life

It is true that many people expend their energies fighting other folks in the flesh when they should focus on the true barriers in their lives. The ideas, thoughts and opinions that have established a destruction base in their lives.

These are what destroy people even more than the weapons of mass destruction. The number of people who have been destroyed by negative thoughts and strongholds far exceeds those that have been destroyed by wars and famine.

It may interest you to know that all these wars and other heinous occurrences are functions of negative thoughts too. There are different types of strongholds that

operate in the lives of people and more often than not, you may not even know there are strongholds operating in your life.

How to identify strongholds in your life

There are a few cues that can help you know if there are strongholds operating in your life. Once they are identified, you can deal with them.

If unchecked, these strongholds have the potential to cause chaos and destruction in your life.

The way they operate is such that you may not even know they exist, yet they are the very foundation of your troubles.

some of the signs enable you to identify the presence of strongholds are:

Repetitive behavior

If there is a behavior that keeps repeating itself that you do not like, it is likely a stronghold is controlling that behavior.

Negative behaviors do not just spring up from nowhere, it is likely there are certain thinking patterns that cause you to act in those ways.

Until these patterns are identified and dealt with, these strongholds will remain and in effect the negative behaviors they cause too will remain.

That is why repetitive negative behaviors and actions can be used to identify the presence of a stronghold.

If it is lying, stealing, stinginess or immorality that keeps repeating itself in your life, there is likely a thought pattern fostering these negative behaviors in your life.

When these thought patterns are identified and dealt with, the negative behaviors will disappear.

Failure in certain areas

If there is continual failure in an aspect of your life, it is likely there is a stronghold there.

Failure just doesn't occur. It occurs because of the actions you take. These actions you take are based on the ideas, imaginations and thought patterns in your life.

Take a man that never gives because in his mind, hoarding is the secret to wealth. This thinking will ultimately lead him to take actions that will lead him to failure.

People who fail think similar thoughts and do similar things. These things they do eventually leads to their failure.

It is no wonder people with poor friends are mostly poor. Their same thinking patterns keep them together.

The rich are surrounded with rich friends because they share the same thoughts concerning wealth.

To succeed, we need to do things successful people do and for that to happen, we need to think the way successful people think.

When you realize there is constant failure in your life, you must realize that there is a stronghold somewhere that must be broken.

There is a thinking pattern that is hindering you and if it is not dealt with early, your prosperity will never show.

Personally, I remember a certain thinking pattern that kept me in failure for a long time. I wanted to go into business and succeed.

In my thinking, I had to start a new business that had never been done to succeed in life.

Needless to say, because of that mindset I tried several new businesses for over 5 years without succeeding in any of them.

Funny enough, the reason those kinds of businesses didn't exist was that people who were smarter and richer than me had seen that there was no market for such businesses at that time.

All of a sudden, a new thought hit me, I should stop venturing into new business ideas and rather enter into old business ideas that others were succeeding.

I started 3 of such businesses and succeeded greatly. For over 5 years, one single thought had kept me in failure.

With the foundation of the success of those businesses and the extra money they generated, I could always explore new business ideas.

Sometimes a person's failure can be traced to one single thought pattern. I identified mine in time and rectified it thereby being able to create wealth in time before I became frustrated and gave up.

Repetitive cycles.

When you notice repetitive cycles in your life, that is a strong evidence of the presence of strongholds.

Some people always find themselves divorcing.
Others find themselves always dating abusive men.
There are others who are always choosing scams to invest in and lose all their money.

If you see certain repetitive patterns in your life, it is evidence that there is a stronghold operating somewhere in your life.

For instance, if you find yourself investing in a lot of scams, it means there is a stronghold of greed and naivety operating somewhere in your life. The thought driving you to invest in such things needs to be identified and dealt with.

If you always find yourself breaking up in relationships, it means there is a stronghold of perfectionism or rejection operating in your life. This needs to be identified and dealt with.

The above are solid ways to identify if there are strongholds operating in your life. They will serve as a guide to know if there are strongholds for you to deal with in your life.

Strongholds are so subtle that you may never know they exist in your life till someone actually teaches you about them.

I am confident the teaching today has led you to identify a few strongholds in your life so you can deal with them and be free.

By the grace of God, there are keys in this book that will show you how to identify particular strongholds and how to deal with them.

Let us move on to find out where these strongholds come from before taking their abodes in our minds.

Sources of strongholds

Strongholds come from many sources. Depending on the people and places you are exposed to, the stronghold operating in your life can be identified. Among the sources of strongholds are:

Lies

Lies can be told by anybody.
Friends, enemies, teachers, pastors, the media and what have you.

One of the easiest sources you can build strongholds in your life is the lies told to you by others. These lies eventually become strongholds that limit you from being all you can be and living the best life you can live.

For instance, when you are lied to that there is nothing like divine healing, it builds a stronghold in your life such that instead of finding out how you can

receive divine healing, you virtually live your life not expecting to walk in that dimension of life. Many people have died because of such lies that became strongholds in their lives.

If you are lied to that you are not good enough to become a great person, even if there is the opportunity to be great, you will not have the confidence or inclination to take that opportunity.
That is how strongholds caused by lies work

Unforgiveness

Unforgiveness builds strongholds in your life if you fail to let hurts go.

You harbor hurts, pain and all sorts of negative emotions that spill over into other areas of your life.

Unforgiveness leaves perpetual pain in your life if unattended to. This is the reason most unforgiving people cannot live healthy lives and are mostly sick of one disease or the other.

Unforgiveness is a great source of strongholds and must be dealt with.

Environment

A person's environment has a lot to do with the kind of strongholds they pick up in life. The kind of strongholds an environment can introduce into your life varies from place to place.

Television, culture of the people and the influences and behaviors of those around you can make you develop certain strongholds.

That is why it is very important to focus on God and His word lest you pick up certain unnecessary strongholds in your life.

Certain cultures are known to be very violent. If you grow up in such an environment, it is very easy to be the kind of person who considers violence as part of daily life.

The television shows and movies that are prevalent in your area can influence your perception on many issues. Certain people think witchcraft power is greater than the power of God because of the movies and television shows prevalent in their communities.

A person's environment can easily introduce different thinking patterns and strongholds into their lives.

This is why the renewal of mind is a very important thing for every believer. No one knows what they might have picked up consciously or unconsciously.

Training

Some people pick up strongholds because of the way they are trained or brought up.

Certain kinds of upbringing and training put certain limitations and behaviors in the lives of individuals.

If you are not trained in a proper way by your parents, guardians or those responsible for your training, you will pick up all sorts of strongholds in your life.
Imagine a child who is subject to all sorts of verbal and physical abuse. There is bound to be certain strongholds in the life of that individual that they may not even know they have picked up.

This is why it is very important for all of us to know that our training could have introduced certain strongholds in our lives that need to be dealt with.

Messages and books

Some people pick up their strongholds from the books and messages they listen to.

Many people have been affected in this way and it is not easy at all because

many of them do not even know that is the source of their stronghold.

The kind of books and messages you listen to are important, they shape your life and determine which kind of person you become.
Books and messages are a strong influence on how you think and act.

They also influence the kind of choices and decisions you make. That is why you must be wary of the kind of books you expose yourself to.
Books are so powerful that I can attest to the fact that one book I read totally transformed my direction in life and made me a class above my peers.

Books are a strong source of strongholds, be it positive or negative.

Past experiences.

A lot of people have had negative past experiences. Your negative past experience can be a stronghold in your life if you do not take the time to deal with it.
Almost everyone has had a bad experience in the past. You must determine how a past experience affected you and know if you have picked up any negative strongholds and behaviors because of it.

A lady who has been broken hearted can decide that all men are wicked and unworthy of her love.
This thinking pattern can eventually become a huge stronghold that will affect her future relationships.

There are many past experiences that have the potential of shaping the futures of different people differently. My prayer is that you are able to deal with any negative past experience affecting your progress in life today.

As much as we can pick up positive strongholds and thinking patterns from all the above sources mentioned, we must be careful to identify the negative and destructive ones we encounter along the way and deal with them accordingly.

Types of strongholds

There are different types of strongholds that affect a person. We will describe the types of strongholds here based on the area of life they affect.

There are strongholds that affect finances, others affect emotions and yet still others affect the spiritual.

The major types of strongholds though are explained below:

Emotional strongholds

Emotional strongholds affect the emotions of a person.
They make you lose control of your emotions and behave in certain ways that are not beneficial to you the individual or those close to you.
When emotional strongholds exist, you will find subordinates insulting their superiors or children dishonoring their parent.

You will also find people getting angry over little things as well as engaging in unnecessary conflicts some of which can have dire consequences.

Many people go on emotional outbursts because of the presence of strongholds.

Certain decisions and actions taken by people that cannot be explained as normal behavior can all be traced to the presence of these strongholds.

The other type of strongholds that exists in the life of people are financial strongholds.

Financial strongholds

Financial strongholds cause many people to work hard but still remain poor.

These strongholds work to cripple the financial prosperity of people. They can be found in various forms and fashion.

Some of the strongholds cause people to spend more than they earn. Other strongholds cause people to depend on one income stream when they should be

thinking of having multiple streams of income.

Other financial strongholds make people think the lack of money is their hindrance to financial prosperity hence they do nothing to better their financial lives.

Although they are exposed to the same opportunities and have the same abilities as other people, these financial strongholds in their minds limit their financial success while others go on to succeed financially.

The difference is not the presence or absence f ability but the mindset in operation.

Health strongholds

There are certain mindsets that keep people sick.

These mindsets affect the lifestyle of people and determine the health choices they make.

These same mindsets determine if a person gets healed or not. There are many sick and dying not because of the sickness but because of the mindsets they operate by.

Certain people attract sickness because the little symptom or pain they get, they pronounce certain sicknesses upon themselves.

Others do not make the effort to know how to receive healing. They just ignore or throw away what the word of God says concerning healing.

Another group of people just humble themselves for sickness to take absolute control of them without fighting back.

These things lead to health strongholds. Another type of strongholds are the relationship strongholds.

Relationship strongholds

Some people never succeed in relationships because of the mindsets they have picked up.
Suspicions, assumptions and trust issues have become issues for them because of the strongholds operating in their lives.

It doesn't matter if you are the pope or a saint, they will never trust you. This is due to the strongholds operating in their mind.

Other people are not comfortable when there is peace, so whatever they must do to make sure that there is quarrel and confusion, they will do it.

Some people also think in a way that they block consequences from their decisions. This leads them to take certain actions and decisions that affect their relationships in a wrong way.

For relationships to succeed certain thought patterns must change. Some men never buy gifts for their wives, they do not compliment them and to make matters worse they always criticize them.

This behavior is due to strongholds in the mind.

For relationships to succeed, these strongholds mat be dealt with adequately

Spiritual strongholds

Spiritual strongholds have kept a lot of people in spiritual bondage.
They are not growing or maturing spiritually because of certain mindsets that have established themselves as strongholds in their lives.

Some believe fasting and prayer is for pastors and have thus eliminated it from their Christian life.

Others have an abhorrence for the Bible and hardly read it.

Many still think prayer doesn’t work and God doesn’t answer prayers hence have had lackluster prayer lives.

Without being dealt with, these strongholds can have a negative effect on the spiritual progress of any individual.

With a better mindset, a great number of spiritual giants can be raised for this generation and beyond.

The next type of strongholds are physical strongholds.

Physical strongholds

There are many who are limited in their physical lives because of certain strongholds.

They are not able to do anything or go to certain places due to the kind of strongholds operating in their lives.
Some people can never go to their towns because of such strongholds in their mind.

They think they are elements in certain locations that will hinder them or oppose them in life. For that matter they have unconsciously decided not to step in certain places.

Some people have not entered certain banks, churches, countries or localities because of that.

The next type of strongholds are career and business strongholds.

Career and business strongholds

Career and Business strongholds exist. These strongholds limit people from progressing in their career or their businesses.

There are certain mindsets that prevent people from investing much money in advertising. Other mindsets prevent people from hiring competent employees.

These factors as well as others lead to poor business and career decisions that ultimately hurt people with untransformed minds.

It takes certain mindsets to succeed in your career and business. Without it, failure is inevitable.

As long as negative business and career strongholds exist, success is not possible in that area of life.

You must learn to adopt the proper mindsets that will enable you to succeed in business or your career.

Some people never upgrade their skills or their educational levels and its effect of their business and career is always felt.

Dealing with strongholds

Strongholds must be dealt with or they will deal with you. It is as simple as that.

So much is their power to bring destruction that they must be destroyed before they have the opportunity to destroy you.

There are ways to deal with strongholds:

- They must be pulled down
- Imaginations and false knowledge cast down and
- Negative thoughts brought captive.

These are the methodologies to deal with the various means by which strongholds exist in the life of a person.

This means that when it comes to strongholds, we are dealing with ideas, thoughts, knowledge, opinions and imaginations. That is the dimension of the warfare we are involved in.

The most potent weapon to use against all these deadly threats is the word of God. That is the central weapon that will equip the believer to gain victory.

The armor we need to put on to fight this battle will be explained in my book “How to use the weapons of our warfare for victory”. That book solely deals with the armor of the believer.

In the next chapter, we are going to learn how to deal with the ideas, thoughts, knowledge and imaginations that seek to bring us down by renewing our minds so that we can uproot them from the foundations of our life.

That is the master key to dealing with the above-mentioned agents of destruction that have been the root cause of most of the destroyed lives we see around. They are the strongholds that will finally exit our lives.

The next chapter handles the subject of renewing the mind so well that you will be shouting shouts of victory as you learn how to renew your mind.

The content is revolutionary and has been applauded by many, you will be no exception to the deserved praise this chapter alone has received.

CHAPTER FIVE:

HOW TO RENEW YOUR MIND

We are all interested in the subject of renewing the mind, but many of us do not know how to go about it to get the best results.

Furthermore, we cannot tell whether we are making progress or not in the renewal of the mind process.

Many people have tried to renew their minds to no avail. It is my belief that this chapter will solve that problem once and for all, so that you will enjoy the mind renewal process as well as get lasting benefits from it.

This chapter will give you eight clear steps to renew your mind, it will also help you measure whether progress is being made or not in the mind renewal process. This is an area many people are unaware of and become frustrated because they cannot tell whether their efforts are yielding any sort of results.

The process of mind renewal will become an enjoyable experience after going through the revelations in this chapter.

You are going to take home valuable information that will transform your life and the lives of those around you.

Before you set out to learn how to renew your mind, you must know what a transformed mind looks like. Let us delve right into that subject and discover ten signs of a transformed mind.

An amazing experience awaits you.

10 Signs of a transformed mind

There are certain signs that prove your mind is transformed. I will explain ten of the foundational signs that show a transformed mind so that you can know the amount of work you must put in regarding the transformation of your own mind.

Before I state the ten signs, I want you to understand that transformation of the mind never ends, so you need to keep on pursuing greater levels of a transformed mind.

This will ensure that you have unending success in life. Stopping the mind renewal agenda is not an option if you want greater levels of success.

Now let's look at the signs of a transformed mind.

1. **You do not live in worry**

One of the biggest signs of a transformed mind is that you do not live in worry. Regardless of the troubles or circumstances that prevail around you, there is no iota of worry in your life.
This is a great proof that you have a transformed mind.

If your situation is contrary to this truth, then there is evidence that there is work to be done on your mind.

Many people live in a constant state of worry. This is not good for a healthy and successful life and is also a clear indication that the mind is not transformed.

With a transformed mind, worry and anxiety will exit your life for good. That is a powerful sign of a transformed mind.

The next sign of a transformed mind is seeing the possible in the impossible.

2. You see the possible in impossible situations

If you always see impossible situations as possible, you are far ahead of the pack when it comes to a transformed mind.

When you see the possibility of healing even in terminal diseases, when you believe the dead can rise as well as other things the word of God says, it is a sign that you a have a transformed mind.

Mat 10:8 Heal the sick, cleanse the lepers, raise the dead, cast out devils:

freely ye have received, freely give.
Matthew 10:8

If, even possible situations seem impossible to you, then there is work for you to do on your mind.

Many believers claim they believe God but do not believe in His ability to do miracles or the impossible.

It is evidence of the need for a transformed mind. Other believers have meditated on God's word and are assured of the ability of God to do the impossible. It is a great sign of a transformed mind.

The next sign of a transformed mind is confidence of the end result.

3. You are confident of an expected end

If you are always confident of victory at the end of the day, if you are the type that knows all things will work together for good, then you have a transformed mind.

If you are the type that is uncertain of your future and do not know if all will end well with you, then there is transformational work available for you to do on your mind.

Rom 8:28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.
Romans 8:28

One of the best signs of a transformed mind is the confidence that no matter how bad things are, there will be light at the end of the tunnel.

Transformed minds are always confident and optimistic no matter what is happening around them.

Take the case of Jesus, even though Lazarus was dead for 4 days, he knew Lazarus will rise again. It is a good sign of a transformed mind.

The next sign of a transformed mind is forgiveness.

4. You forgive easily

If you forgive easily and do not hold grudges, then you have a transformed mind. If you find it difficult to forgive and you always harbor grudges, then there is work for you to do in transforming your mind.

Unforgiveness is a sure sign that you need to renew your mind because as a believer, regardless of what you have done or will do, God forgives you and that is why it should be uncharacteristic of you to harbor unforgiveness.

Mat 18:33 Shouldest not thou also have had compassion on thy fellowservant, even as I had pity on thee?
Mat 18:34 And his lord was wroth, and delivered him to the tormentors, till he should pay all that was due unto him.
Mat 18:35 So likewise shall my heavenly Father do also unto you, if ye from your hearts forgive not every one his brother their trespasses.
Matthew 18:33-35

Forgiveness is one of the basic things a believer must learn. It is a foundational sign of a transformed mind. It is one of the keys that gives peace of mind and tranquility in life. My prayer is that it will be your portion so that you can enjoy the wonders of the peace of God.

The next sign of a transformed mind is giving grace to others.

5. You give others grace and mercy

When you find yourself giving others grace and mercy and giving them the benefit of the doubt, you have a transformed mind.

If you are always suspicious, judgmental and always fault finding, you have a lot of transformation to do.

People who have a transformed mind are gracious. They think about others and

do their best not to hurt others.

Not so with those with untransformed minds. They do not even for a second think of how the other party feels.

They are harsh and abrasive.

When you realize you are not being gracious to others and even yourself, you need to work on your mind because being gracious is a good clue of a transformed mind.

The next sign of a transformed mind is controlled emotions.

6. You have control of your emotions

If you can control your emotions, you have a transformed mind.

If your emotions tend to control you, then there is transformational work to be done.

Emotions were never created to dominate a man. The vice versa is what is supposed to prevail but today many people are rather controlled by their emotions.

This situation has led to a lot of havoc.
Controlling your emotions is a true sign of a transformed mind.

The next sign of a transformed mind is peace in your relationships.

7. You are at peace in your relationships

If you are at peace with the relationships you have, then you have a transformed mind.

If you find yourself in strife with many people, then there is a lot of transformational work for you to do.

It is easy to fight and cause discord, it takes a greater ability to maintain peace.

People who are able to maintain peace in various relationships can easily be said to have a transformed mind.

Pro 15:1 A soft answer turneth away wrath: but grievous words stir up anger.
Proverbs 15:1

The next sign of a transformed mind is a stable prayer and word life.

8. Your word and prayer life are stable

If you have a consistent word and prayer life, it is a sign of a transformed mind.

If your word and prayer life is shaky, then it is a great sign that there is transformational work to be done.

The word and prayer are requirements of every believer. They are a necessity that is the case in the life of every believer that has a transformed mind.

It is a non-negotiable sign of a transformed due to the importance of these two things.

Act 6:4 But we will give ourselves continually to prayer, and to the ministry of the word.
Acts 6:4

The next sign of a transformed mind is obedience to the word of God.

9. You are quick to do what the word of God says

If you are quick to obey the word of God as well as the godly counsel of superiors, then you have a transformed mind.
If you are very stubborn in obeying the word of God and the godly teachings of superiors, then you have a lot of transformation to do.

One of the easiest ways to avoid defeat, heartache and failure is to be obedient to the word of God.

People with transformed minds obey God's word easily and they benefit immensely as a result.

1Sa 15:22 And Samuel said, Hath the LORD as great delight in burnt offerings and sacrifices, as in obeying the voice of the LORD? Behold, to obey is better than sacrifice, and to hearken than the fat of rams.
1 Samuel 15:22

The final sign of a transformed mind is prosperity. Every transformed mind is full of success stories in every area of life.

10. You prosper in most areas of your life

The final sign of a transformed mind is that you prosper in most areas of your life. Your finances, your marriage, your career, your ministry and other areas of life.

If you have little success in these areas, then there is renewal of mind to be done.

There is nothing wrong with past failure. Every great person has gone through difficult times in the past.

Times of huge mistakes, times of pain, times of failure. Their ability to pick themselves up and do something great with their lives is what has mattered.

Psa 1:1 Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.
Psa 1:2 But his delight is in the law of the LORD; and in his law doth he meditate day and night.
Psa 1:3 And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.
Psalm 1:1-3

Like Paul, forget those things that are past and forge a brighter future starting today.

Php 3:13 Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before,

Php 3:14 I press toward the mark for the prize of the high calling of God in Christ Jesus.

Philippians 3:13-14

Now that you know what a transformed mind looks like, you need to know how to renew your mind to obtain a transformed mind.

The kind of mind that will cause you to fulfil the will of God concerning your life is a transformed mind and you must do all you can to acquire such a mind.

There is a price to pay for such a mind and if you pay that price, you will receive that excellent mind.
The process is below and I am confident you will follow it to see great results:

8 Steps to renew your mind

1. **Understand that mind renewal is both a conscious and unconscious process**

Renewing the mind is both a conscious and unconscious process. This is because even if you do not decide to renew your mind, there are certain things you pick up as you go through life daily that are able actually to renew your mind without your knowledge. These things could be negative or positive as you have no control over them.

That however is not the best and fastest mind renewal method.

The best and fastest method to renew your mind is the conscious way. You have to consciously make the effort to renew your mind in the areas of your life it is

needed.
Your mind won't renew itself the way you want it to if you leave it to chance, circumstances and experiences.

Whether you like it or not the process of mind renewal is going on, therefore do not leave it to chance else you will regret it.

2. Decide to consciously renew your mind on a daily basis

With the understanding that you must consciously renew your mind for real and quick progress, decide to renew your mind on a daily basis.

Renewing your mind is the most important work you can ever do in your life because it determines your destiny in life.

Set a given amount of time to do this every day. It could be 5 minutes, it could be ten minutes, it could be 30 minutes, it could be several hours.

If it is possible, make it a habit. Schedule a time of the day every day to renew your mind. This will greatly help you in having a transformed mind and seeing the kind of results you want to see in life.

People who make great progress in life have certain habits. Developing this habit of setting time to renew your mind will be the foundation of great things in your life so I will go further to urge you to develop it as a matter of necessity.

You can decide that your mind renewal time is from 6am to 6.10 am daily.

3. Determine what area of your life you want to work on in a given period

Now that you have decided on a time to renew your mind every day, you must decide on an area of your life you are going to focus on transforming over a given period.

I always tell people not to do everything at the same time. Concentration and focus are keys to success.

Therefore, learn to focus on an area of change and put in all your effort and resources till the change is seen.

You are sure to see great results when you approach renewing your mind that way.

You may decide to work on your finances or anger or another thing at a given period of time. The most important key is that it must always be one thing at a time to work on.

Making that decision is important. It will ensure quick progress and that is exactly what I seek for you and I know you seek the same for yourself.

To combine the steps we have gone through, between 6 to 6.10 am daily, you will be renewing your mind concerning your marriage until you see a change.

4. Find out which thought patterns cause the behavior, actions and results you have been experiencing in the area in question.

After you have chosen the area you want to deal with, you must find out what is causing the results, behavior or the actions you are exhibiting.

You will be surprised by the answers you will get; you will discover the root thinking that causes the actions, behaviors or results you do not like.

One of the reasons why people get angry with others is selfishness, they think they are more important than the person they are angry with.

They do not even take a single moment to reflect on the other party.

Identifying this thought pattern helps you to deal with what causes your anger. Someone might just find a random scripture on anger to deal with their anger, but that may not be the root thinking that makes them angry.

It is when you deal with the root cause of the anger, which in our case is

selfishness, that you can deal with the anger.

That is why this step is very important.
When people are in financial difficulty, they sometimes blame God when the problem is their thinking that they are not blessed by God, if they realize that is the thought that is limiting them, they can go on to find scriptures that will solve that thought process and the results they are experiencing in life.

For this step to be effective, you need to ask yourself certain questions to bring out the true cause of your issues.

Let us use the anger example again and see the process we can use to identify the root causes or thinking patterns that cause the anger.

Scenario One

When you are angry at someone for not meeting you at the exact time that they were supposed to meet you, what causes that anger?

To know the root cause, you must ask yourself certain questions.

Let us take scenario one

Why were you angry?

It could be because the person took you for granted and came late

It could be because the person wasted your time

It could also be because you think the person didn’t regard you?

These statements could all be true until you subject it to another test.

If your employee keeps is the one that kept you waiting, would you be angry or display the anger?
Most people would say yes.

However, if it is your boss that kept you waiting, would you be angry or display the anger?

Most people would say no.

The reason is that at that particular moment in time, you consider your boss to be higher than you or at an advantage whereas you consider your subordinate as lower than you or disadvantaged.

It is obvious therefore that what really needs to be worked on is our opinion of the people around as, once we see all people like God sees them, we would hardly react in anger to them.

As long as we consider some people below us, we will always exhibit anger towards them.

The other thing that will cause anger in that scenario is selfishness and not giving the other party the benefit of the doubt.

Perhaps the person was late because of an accident or another unfortunate incident.

Some may be late because of a total lack of respect for time but giving grace and thinking of the other person and how they may feel when you react angrily to them may help you control your anger.

Based on these things, some scriptures you can meditate on to change your thinking patterns are the ones that center around the following:

1. Do unto others what you want others to do unto you.

If you do not like to be reacted to in anger, learn no to do so to others

2. Seeing everyone as higher in God’s eyes.

You would normally not react in anger towards those you consider higher than you.

3. Giving people the benefit of the doubt as well as forgiveness

When you give people the benefit of the doubt when they offend you or outrightly forgive them even before they ask for it, it will help you greatly control anger towards them.

With scriptures to help you in these three areas that you can meditate on daily, you can deal with the root cause of anger in that scenario explained above.

Now that we know how to determine the thinking patterns that cause certain behaviors and results, let us move to the next step.

5. Search for books, messages and scriptures that address the thought patterns, actions and results you do not like

Now that you have identified what the thinking process or thought is that is causing you issues, find scriptures that deal with that subject and meditate on it.

You can also get books and messages on that particular thought pattern so that you can deal with the root of the problem.

That is what brings transformation to any individual. Many people deal with problems at the branch or leaf level and that doesn't help when it comes to transformation.

Renewal of the mind must happen at the root level. When the root cause of an issue is identified, that is when it can be dealt with once and for all. Any other solution becomes a cosmetic solution and the behavior or actions or the results will surely return.

Make sure you give the scriptures, books and messages maximum attention daily till you are totally free and begin to see real transformation in your life.

The next step goes deeper into the mind renewal process.

6. Write down the scriptures and key transformational points you got from the books, messages and scriptures. Confess daily the scriptures and the most important key points.

Now that you have the scriptures, books and messages dealing with that problem area in your life, write down the scriptures as well as the key points you get from the scriptures when meditating or thinking about it.

You must also write down the key points from the books and messages at your disposal. This will make further meditation and very easy to accomplish.

Confess these key points and scriptures on a daily basis.

By this method, you will write the scriptures or points in your heart so that results can come from them.

Psa 45:1 My heart is inditing a good matter: I speak of the things which I have made touching the king: my tongue is the pen of a ready writer. Psalm 45:1

The next step establishes the above steps in a proper context.

7. Think about these scriptures and points, what they mean and how they apply to you. Write down how you can apply them to your life and refer to them daily till your mind is transformed in the area.

As you confess these key points, begin to think about them and how they apply to you.

You will discover more confessions you can make from this exercise.

Write down how the things that come out of your time of thinking can be applied to your life and try to inculcate it into your daily life.

This way they will become a part of your thinking. They will also become a part of your heart and belief system.

That is the process of planting things in your heart. Thinking about it and confessing it. Once it is firmly established in your heart, all you have to do is to guard it with all diligence lest another thought pattern comes to displace it.

8. **Resist negative thoughts with words and assist positive thoughts with words**.

Anytime negative thoughts come into your mind, resist them with words. Do not fight them in your mind. Use words.

When positive thoughts come into your mind, reinforce them with words.

This means when a thought like “you will die” comes into your mind, open your mouth and shout “I shall not die, I will live to declare the goodness of the lord in the land of the living”.

When a thought like you will be rich comes in to your mind, say “I lay up gold as dust in Jesus’ name”.

In this way you dismantle negative thoughts and establish positive ones.

9. **Follow steps 4 to 8 till you see permanent transformation in the problem area**.

There are times you may fall short of the transformation you are seeking in a particular area; it is not time to give up, it is the time to push harder.

In such cases, repeat steps 4 to 8. There may be other thoughts and thinking patterns that need to be dealt with or the one you are dealing with has not been completely dealt with.

In any case, you need to keep pushing forward till you succeed.

Winners don't quit and quitters don't win.
You will not quit on the transformation agenda. I forbid you in Jesus name.

Now that you know how to renew your mind, you need to know if the mind

renewal process is working for you.

The next section will help you see if you are making progress in renewing your mind and what to do if you are not.

How to measure if transformation is happening

There are a few signs that prove to you that your efforts to renew your mind are working. Four of the most important signs will be revealed here.

1. **You are easily prompted when you miss the mark or make a mistake or go back to your old way of thinking**

The first sign to prove to you that your mind renewal efforts are working is that you will be prompted when you miss the mark.

If you are dealing with anger and you go off track, the Holy spirit will prompt you, your own mind will prompt you too that you are going off track.

This is a good sign that the mind renewal process is making progress and you need to keep it up to the point where you do not miss the mark anymore.

Understand that although you missed the mark, the progress is that you had a prompt that was stronger than before.

2. You easily identify triggers of the actions you do not want

Another sign of progress is when you easily identify the triggers to the actions, behaviors or the results you do not like.

If your mind is unrenewed, you just see the behaviors, actions and results you do not like, but when your mind is being renewed, you begin to even identify what triggers those things.

When you identify the triggers, it is a step in the right direction, you will now learn to deal with the triggers so that the issues don’t even come up. This will improve as you keep on with the mind renewal process.

3. You go back to the process of renewal of mind to strengthen your grasp in the area of problem because you know that mindset is not fully developed

Another sign of progress is when you keep going back to the mind renewal process for a particular area of life.

It means you have the ability now to tell your progress in the mind renewal process and you are taking steps to complete that process so that you will be transformed in the area of question.

You are going back to the process because you are conscious of your level of progress or lack of it.

4. You are free of the thought pattern, behavior and results that you set out to deal with.

The final sign of progress is that you are now free of the thought pattern, behavior, actions and results you did not like.

Your freedom indicates transformation in that particular area of life.
You now have to move to another area you want to see transformation and begin the mind renewal process.

You must obviously congratulate and reward yourself for a good job done.

One thing you must note is that this final sign shows complete transformation, the others are indicative of progress.

Let's move to the final chapter to learn some powerful systematic mindsets in certain areas that can bring real transformation in your life.

My desire is to see your progress and prosperity and freedom from negative people and circumstances. Because of that, please permit me to introduce two courses that I believe passionately will help you.

1. To cure prayerlessness, an inconsistent prayer life and the pain of not

enjoying all that God has made available to you,, click here to learn more about my 3 Day Course on "How to Overcome prayerlessness" that will solve the problem of prayerlessness in your life.

2.To overcome the pain of not having enough money to live where you want, eat what you want to eat and be a blessing to the multitudes around you, I have created a 7 Day Financial Abundance Course that will deliver financial abundance to you quickly.

Click here to learn more about that course.

You will see increase and enlargement as you step out in faith.

CHAPTER SIX:

SYSTEMATIC MINDSETS

In this chapter, you will discover certain mindsets in 5 different areas of life. Adopting these mindsets can help you make rapid progress in the areas to be tackled.

This chapter is all about systematic renewal of the mind. The scriptures and explanations are designed to give you certain mindsets that will make you a candidate for success.

I have absolute confidence in the truth that these mindsets are worth more than gold and will achieve the very purpose to which they have been written.

There are five main mindsets that will be tackled here. They are:

1. Mindset for financial success
2. Mindset for health success
3. Mindset for emotional success
4. Mindset for kingdom success

Let us tackle the first mindset, the mindset for financial success.

Mindset for financial success

To succeed financially, there are certain mindset you must adopt, a few of the mindsets are explained below.

1. Blessed Mindset

When you become born again, you must understand that you have been blessed with every spiritual blessing you will ever need.

In your prayers, you must breakdown the things that hinder the blessing from working in your life.

After that you must have the mindset that you are blessed and put the blessing to

work.

There are too many people waiting for God to bless them and are not using the blessing of God in their lives to maximum use.

Eph 1:3 Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:

Ephesians 1:3

Understand that you are blessed with every blessing in heaven, all the blessings of heaven have been bestowed upon you. Yours is to put this blessing to work.

Do not waste the blessing of God on your life. Diligently find opportunities to improve your finances and make them succeed. Your financial life will greatly improve.

2. Lend, Don't Borrow

Many people are experts in borrowing. Borrowing is the easiest and laziest way of solving financial problems.

It is the reason the borrower is always subject to the lender.

When you borrow, you become a slave to the one who you borrowed from. It is for this reason that borrowing must be the last option you can resort to.

Many people who truly created powerful financial empires made the decision not to borrow and they found other ways to make money to meet their needs.

Till this day, the solutions they found are putting streams of money into their lives.
Borrowing is not an option if you want to have a stable financial life.

God wants you to lend, not to borrow.

Deu 28:12 The LORD shall open unto thee his good treasure, the heaven to give the rain unto thy land in his season, and to bless all the work of thine hand: and thou shalt lend unto many nations, and thou shalt not borrow

Deuteronomy 29:12

When you decide to stop borrowing and find proper and lasting solutions to your financial problems, you will see glorious manifestations of wealth in your life.

3. See long term

Long term thinking is important for financial success. Some people spend money on luxuries, nice clothes and good food and have no thought for three years or ten years from today.

Not so with those who succeed financially. Whatever amount of money they have today, they try to create something worth it that will make sure their futures are secured.

When starting out in life, I made sure I had saved money so that even for six months without an income I would live comfortably. After achieving that, I channelled most of my extra income into creating assets and business that would that I kept on getting income even if I did not work again in my life.

I made a habit of creating a business or two every year to secure my future. Those that are not so sound financially never think beyond today and that goes a long way to affect them at the end of the day.

Pro 6:6 Go to the ant, thou sluggard; consider her ways, and be wise:

Pro 6:7 Which having no guide, overseer, or ruler,

Pro 6:8 Provideth her meat in the summer, and gathereth her food in the harvest.

Proverbs 6:6-8

Even in the summer, the ant is thinking and preparing for the winter. That is a great and powerful mindset we must develop as believers to improve our finances.

4. Power to make wealth

Every born-again person has the power to make wealth. It is up to you to learn

what you must learn to be able to identify the opportunities around you.

You must also be able to learn the necessary skills or assemble those with the necessary skills to make you succeed.

These things are important because you can have the power to make wealth and do nothing with it.

That should not be your portion as you read. You must do something with the power to make wealth that God has given to you.

Deu 8:18 But thou shalt remember the LORD thy God: for it is he that giveth thee power to get wealth, that he may establish his covenant which he sware unto thy fathers, as it is this day.

Deuteronomy 8:18

You have all the power to make wealth, don't die in lack when you have power to create wealth.

Wealth is created, get about doing just that and you will succeed. On to the mindset for health.

Mindset for health success

There are certain mindsets that will keep you in good health. The earlier you adopt them, the better it will be for you.

1. Exercise is good

Every believer must believe in the power of physical exercise. This is because there are benefits in exercising.

Though not as profitable as spiritual exercises, they are certainly useful to keep you healthy.

People who exercise tend to be healthier than those who have no form of exercise in their lives.

1Ti 4:8 For bodily exercise profiteth little: but godliness is profitable unto all

things, having promise of the life that now is, and of that which is to come.

1 Timothy 4:8

Paul acknowledged the fact that even physical exercise had some profit in it. Make up your mind to exercise and reap the benefits thereof.

2. Heal and be healed

As a believer, not only can you heal the sick, you can also receive healing from God.

These are benefits that most people have taken for granted.

You must understand that the power to heal is in you as such you can heal the sick.

In mush the same way, you can receive healing for yourself because it is the same power at work.

Mat 10:8 Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.

Matthew 10:8

In times when you need others to pray for you, it is also allowed as the Bible has something to say about that too.

Jas 5:15 And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.

James 5:15

As a believer, you have every right to take advantage of divine healing.

If it means taking time to read books and meditate on scriptures so that you can enter int o the blessing of divine healing, please do.

It is something you will never regret.

3. Poison will not harm you

God’s word promises protection from anything fashioned by the enemy. This

includes sickness, disease and what have you.

It is important that we appropriate such promises of God into our lives so that we live as victors and not victims in life.

Luk 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Luke 10:19

We are supposed to live above anything that hurts, more so no deadly thing is supposed to harm us.

With such a mindset, we can grow stronger and stronger in faith to enjoy the promises of God.

Mar 16:18 They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover.

Mark 16:18

The word of God is powerful. God has a defence and protection mechanism for His people. We must take advantage of it to live in divine health all the days of our lives.

3. Don’t give in to sickness

One of the most interesting scriptures I have read spoke about Jesus humbling himself unto death, even death on the cross.

I was amazed by the scripture because it was profound. It means if Jesus had not humbled himself, death could not have taken him.

It means as a believer there are certain things that must not happen to us, however, if we humble ourselves to them, those things are able to have their way.

Sickness and disease can be classified as such. If you humble yourself for them, they will take advantage of you and make you miserable.

That is why you must stand on the word of God and take your stand; you must decide that sickness is below you as a child of God and overcome it.

Php 2:8 And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross.

Philippians 2:8

There is a winner, a victor and a conqueror in you, always rise to the challenge and do not humble yourself to the schemes of the devil.

You will live in divine health in Jesus' name.

4. He carried our infirmities

A key mindset to keep you in health is to remember that Jesus Christ carried all your infirmities in his body on the cross.

If he has carried your infirmities, it means that there is no need to carry them too. As such any one still tolerating sickness in his or her body is carrying a burden already carried by another.

It is time to let that sickness go since another has carried it on your behalf.

Mat 8:17 That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.

Matthew 8:17

By the stripes even on his body, he lets us know that we are healed.

It means healing is already provided for us. We just have to receive it into our body and experience the healing power of God.

This is also a great mindset to walk in health and healing.

Mindset for emotional success

There is a mindset that will help you succeed in your emotions. This will help you make proper decisions not tainted by uncontrolled emotions.

1. Control your emotions

When you cannot control your emotions, you are like a city without walls. Your destruction will come easily because you have no protection whatsoever.

Many have done things that they have regretted because of uncontrolled emotions. When you got to the prisons of various nations, you will see people who under normal circumstances would not be found there.

They are only there because out of one emotion or the other, mostly anger, they did something that landed them there.

Some people are divorced, others can no longer have a proper relationship with their children because of uncontrolled emotions.

Pro 25:28 He that hath no rule over his own spirit is like a city that is broken down, and without walls.

Proverbs 25:28

If you cannot control your emotions, there is trouble brewing for you. This is the reason you must know that emotions are there to be controlled, not the other way round.

Do not let your emotions control you, rather make the effort to control your emotions.

2. Forgiveness

Forgiveness is one thing we cannot stop talking about.

It is a key thing that affects the emotions of billions of people.

Watch the lives of people who are bitter and full of hate, deep within, you will realize that the cause of all these is unforgiveness.

When unforgiveness is dealt with, even toxic people begin to feel free and control themselves better.

Mat 18:21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times?

Mat 18:22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.

Matthew 18:21-22

A man who forgives is a strong man. Weak people harbour unforgiveness in their heart and this eventually destroys them. Learn to forgive and you will have emotional success.

3. Make peace

Peace is essential in our lives as believers. This peace keeps us in a great emotional state. Many people though have an affinity for strife, arguments and

quarrels.

You must guard yourself against these things as they only compound emotional instability and unnecessary worries.

Rom 12:18 If it be possible, as much as lieth in you, live peaceably with all men.

Romans 12:18

You must make the effort to be at peace with people, it doesn't come easily. It requires a lot of effort.

It is also essential to be anxious for nothing, keeping your peace and casting your burdens unto God almighty.

Too many people spend time worrying and aggravating their emotional states of being. That should not be your portion. Strive for peace and keep it at all times.

4. Love your neighbour as yourself

Jesus taught this as the greatest human principle. Those who embrace it are able to see wonderful results in their lives and the lives of those around them.

Any attempt to break this principle leads to so much hurt and troubles of different sorts and characters.

It is in your own interest to have this mindset when dealing with all people. This will ensure that things go well for you in all you do.

Mar 12:31 And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these

Mark 12:31

Jesus went ahead to admonish as to even love our enemies.

He was making sure we experience the emotional success that is needed to concentrate on more important things.

Glory to God.

Mat 5:44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

Mat 5:45 That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

Matthew 5:44-45

It is for your own good that you do good, not those who benefit from your goodness.

Mindset for kingdom success

There is a mindset that will help you succeed in the kingdom of God. We will explain some things here that can help you succeed as a citizen of the kingdom of God.

1. Working in the kingdom

God saves us freely so that we can do good works. As a believer you must understand that working in the kingdom is a very important thing. It is a necessity.

It opens you up to tap into the various resources God has made available for the workers in His vineyard.

No one must be useless to the kingdom of God.

We must all put in the work necessary to ensure the progress of the kingdom we belong to.

It will help make our world better and stop the work of the enemy.

Eph 2:8 For by grace are ye saved through faith; and that not of yourselves: it is the gift of God:

Eph 2:9 Not of works, lest any man should boast.

Eph 2:10 For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.

Ephesians 2:8-10

There are good works scheduled ahead of you. Endeavour to walk in these good works and make God proud.

2. Sowing into the work of the Kingdom

There are many rewards tied to sowing specially into the work of God and the

ministers of God.

Many have lost out on these blessings because they have not understood the power in them.

As a believer, you must consciously tap into the blessings available in sowing into the kingdom of God as well as the ministers of God.

There are dimensions of life that will open up for you to enjoy greatly.

Mal 3:10 Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

Mal 3:11 And I will rebuke the devourer for your sakes, and he shall not destroy the fruits of your ground; neither shall your vine cast her fruit before the time in the field, saith the LORD of hosts.

Malachi 3:10-11

There are dimensions in God you will experience when you sow your seeds into the kingdom.

These few mindsets when cultivated would catapult you to another dimension of life.

The next book in the series shows how to deal with negative thoughts. It is a must read and will benefit you greatly.

You are blessed and I believe this book has blessed you greatly. Let someone know about it to be blessed too.

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Become a giant in your generation and beyond. It is well with you.

See next page

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