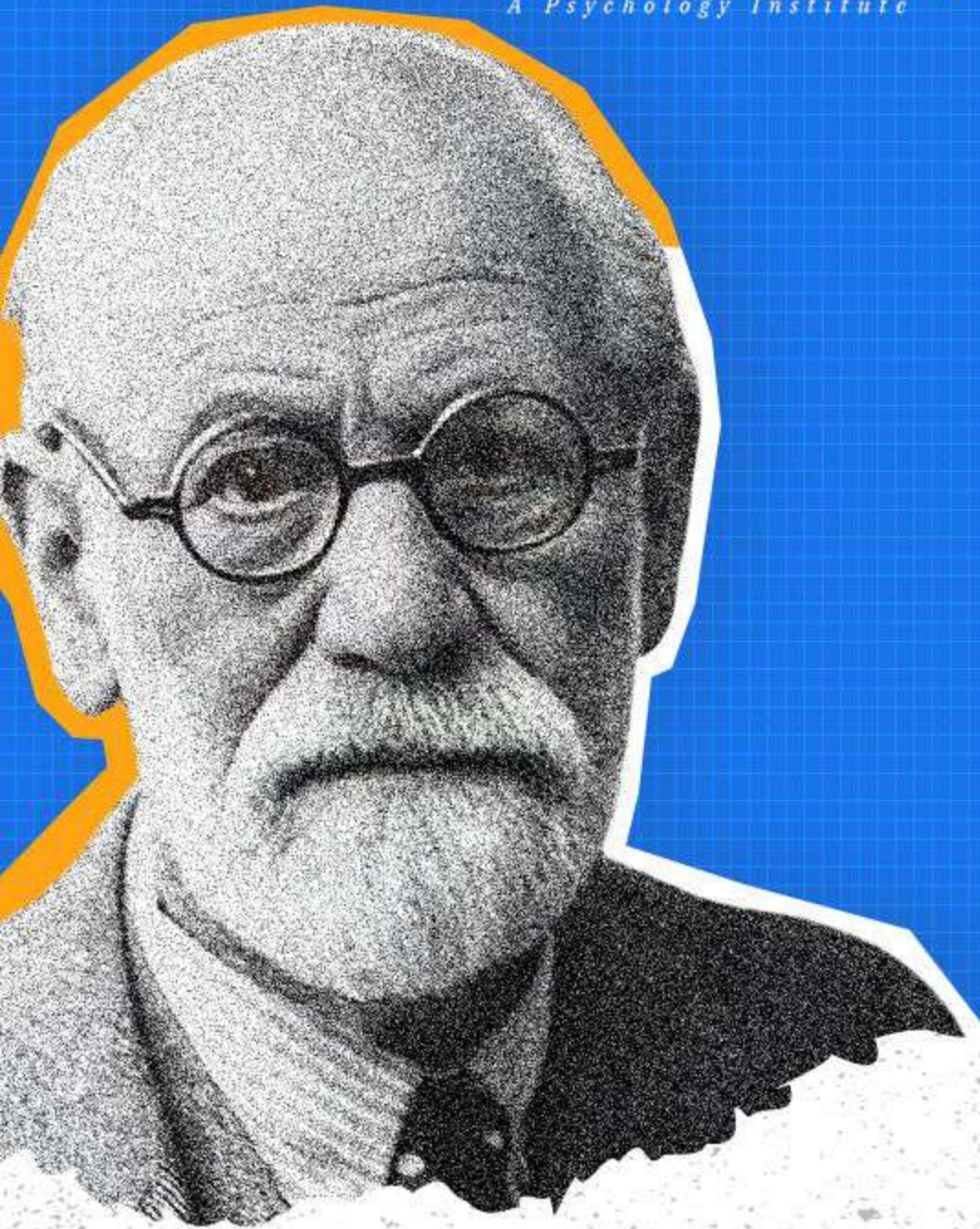




The **Childhood Theory**

Freud Was Almost

Too Scared to Share

A Strange Observation

Freud noticed something odd in therapy:

Little boys seemed strongly attached to their moms...

And often saw their dads as rivals.

But it wasn't just boys...





The Birth of the Oedipus Complex



He named it after a Greek myth where a man unknowingly harms his father...
And marries his mother.

Believed, every child goes through a secret emotional war:

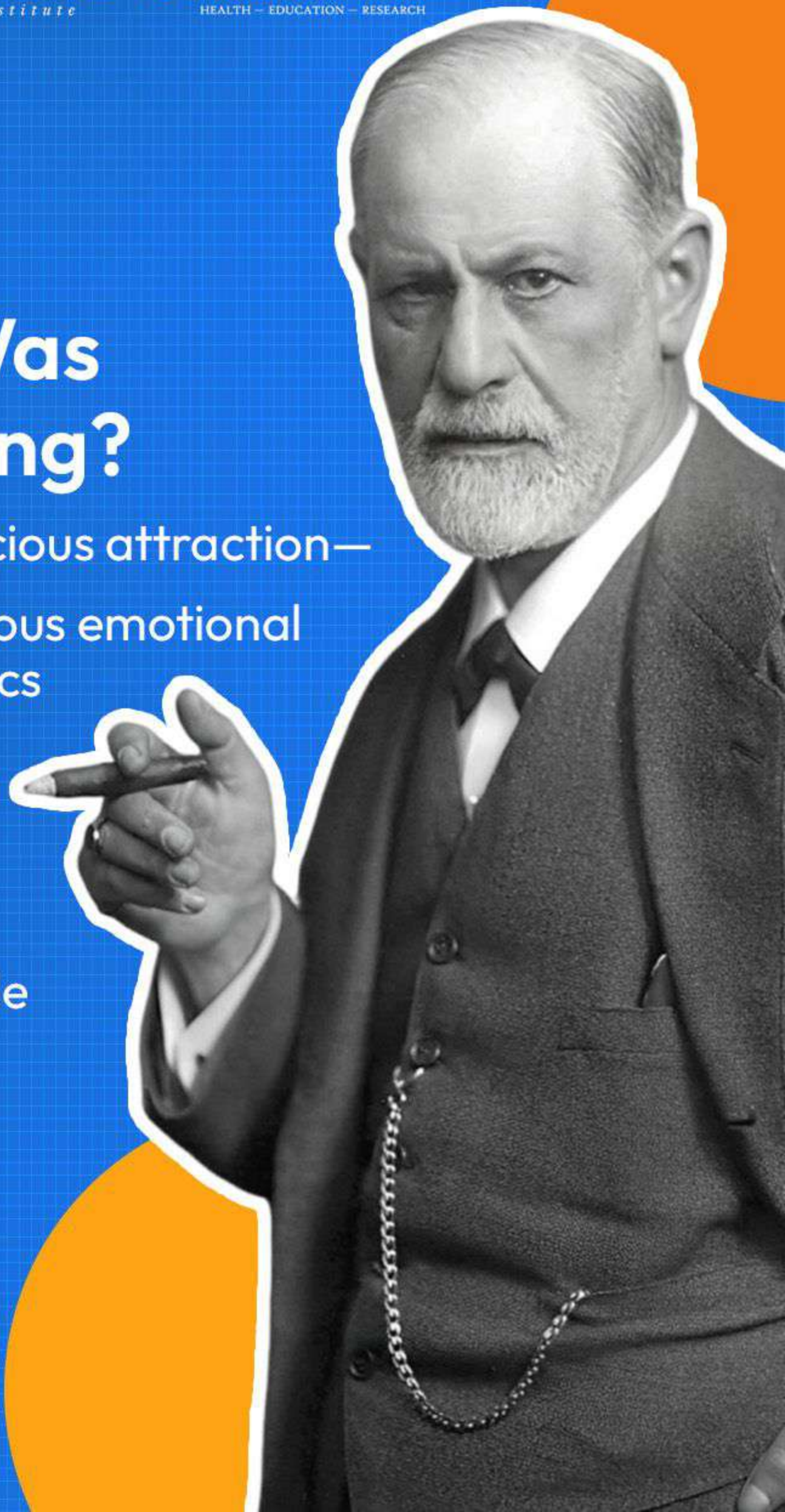
- Love for one parent
- Jealousy toward the other
- Guilt for feeling both

So What Was Freud Saying?

It's not about conscious attraction—

It's about unconscious emotional and sexual dynamics in early childhood.

This mix of love, fear, and rivalry shapes how we connect with people later in life.



The Real Impact

Freud believed unresolved early feelings could show up later as:

-  – Trouble in romantic relationships
-  – Confidence issues
-  – Attraction patterns



Why Did People Hate This Theory?

Because it challenged the “perfect family” ideal.

Freud claimed even young children experience complex, unconscious sexual and emotional urges, like jealousy, fear, and desire.

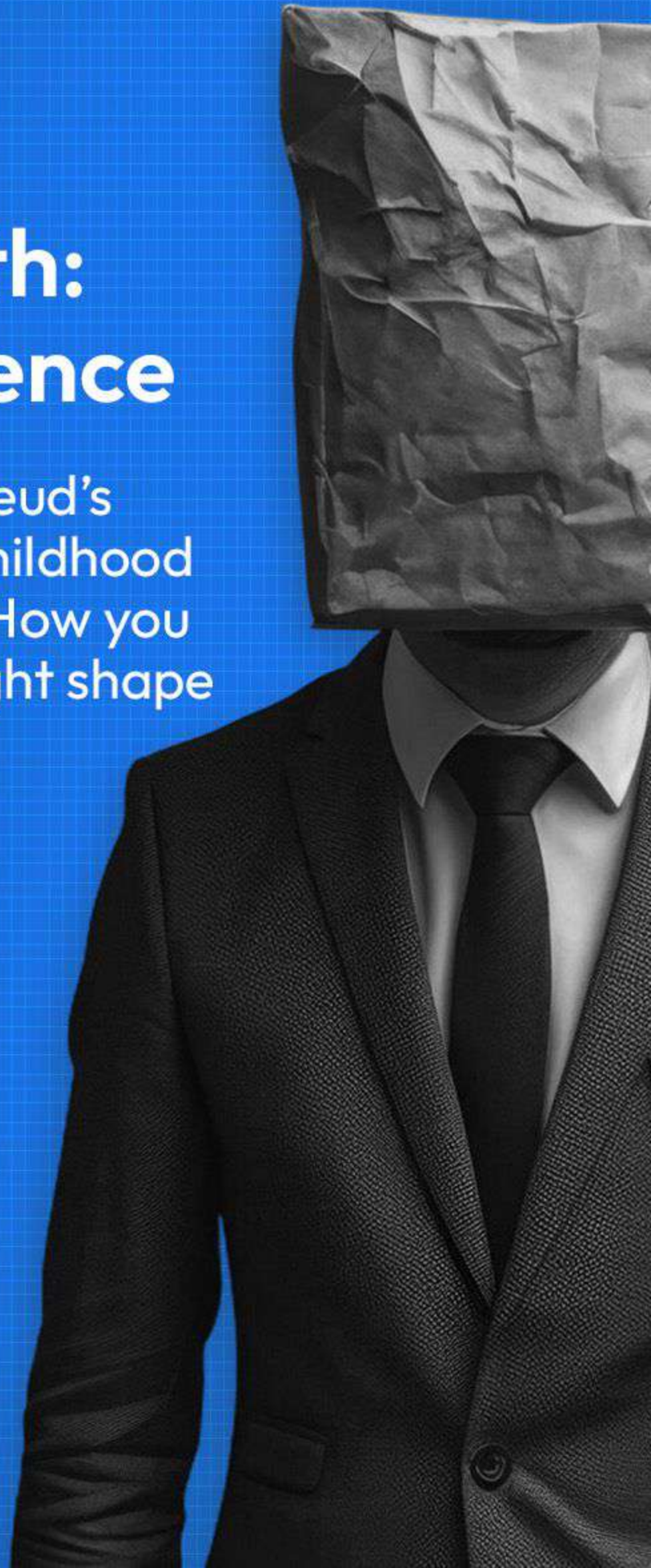
To many, it sounded offensive, absurd, or just too uncomfortable to accept.



The Hidden Truth: Childhood Influence

Despite the controversy, Freud's theory shows how deeply childhood affects adult relationships. How you feel about your parents might shape your love life.

Even though Freud's ideas are debated, the influence of early relationships is still recognized in modern therapy.





What's one habit or relationship
pattern you think started in childhood?

Comment down below!



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