1. A female client with bipolar I disorder is noted to wear excessive make-up, brightly colored evening clothes that do not match, a vest, three different scarves, and several necklaces and bracelets. Several peers on the unit have been laughing about her appearance. Which nursing action would be best to preserve the client's self-esteem?

A. Help the client change into more appropriate attire.

B. Explain to the peer group that the client has bipolar disorder.

C. Discuss issues of good grooming at the community meeting.

D. Tell the client that she must select less flamboyant clothing

2. A sense of hopelessness, in which the world seems totally unresponsive to one’s effort to meet one’s needs

A. Mania

B. Schizophrenia

C. Depression

D. Paranoia

3. Almaz is extremely worry about her husband would die as he had went to the war. She is presented with acute panic attack.

- Which one of the following drugs is most likely used for treatment of her problem ?
- A. Chlorpromazine
- B. Diazepam
- C. Haloperidol
- D. Promethazine

4. A conversion disorder that represented by attention seeking to avoid Anxiety or to draw attention or sympathy is:-

A. Phobia

B. Hypochondria

C. Hysteria

D. Mania

5. Ato Kebede has lost all his family in a car accident recently and his shop is Burned three days ago. Ato kebede is likely to develop a psychiatric disorder of:-

- A. Depression
- B. Anxiety
- C. Schizophrenia
- D. Paranoia

- 6. Derartu is a short girl that become the manager of the girl’s basketball team because she is not tall enough to qualify for the team.
- The Defence mechanism used by derartu is :-

    A. Projection

    B. Compensation

    C. Sublimation

    D. Displacement

7. A neurotic disorder in which the predominant disturbance is unrealistic interpretation of physical signs as abnormal is :-

- A. Conversion disorder
- B. Obsessive compulsive disorder
- C. Hypochondriasis
- D. Phobia

- 8. An organic brain disorder is characterized by a clouding of consciousness, accompanied by disorientation, memory impairment and decreased ability to shift focus is :-

A. Delirium

B. Dementia

C. Alzheimer's disease

D. Schizophrenia

9. On taking psychiatric history you found that Alemu is 35 years old thrill-seeker traveling from town to town with no goal in mind, falling into bed with anyone available, stealing a pack of cigarette or a car, depending on what seems easiest and most gratifying at the moment. Your diagnosis of Alemu will be __ personality disorder

A. Borderline

B. Histrionic

C. Antisocial

D. Narcissistic

- 10. Nursing interventions in assisting schizophrenic patient are targeted to meet the following goals, except:
- A. Establish a trusting relationship
- C. Maintain biological integrity
- B. Alleviate anxiety
- D. None of the above

- 11. Which one of the following nursing diagnosis will be appropriate for a client with schizophrenia: -
- A. Alternation in bowel elimination: Constipation

- B. Alteration in self- concept
- C. Potential for injury: Suicidal ideation
- D. Alteration in thought process: Delusional

- 12. Which nursing response would be most appropriate when a client talks about hearing voices?
- A. I do not hear the voices that you say you hear.
- B. Those voices will disappear as soon as the medicine works.
- C. Try to think about positive things instead of voices.
- D. Voices are only in your imagination

13. Loss of contact with reality and deterioration from a previous level of functioning in work, social relationships, or self-care is :-

- A. Paranoid disorder
- B. Schizophrenia
- C. Mania
- D. Depression

- 14. Ato Kebede brought to hospital because he exhibits strange behavior and he is accusing his wife of poisoning his food and having an affair with his boss. He is argumentative and claimed that he had been receiving message from God while watching television. Based on these symptoms your probable diagnosis of Ato kebede will be schizophrenia of ____ type
- A. Disorganized
- B. Catatonic

C. Residual

D. Paranoid

15. A 24 years old woman came to OPD Complaining about auditory hallucination for the last three weeks. She had no history of substance use and mood disorder. From her medical record, you noticed that she was treated for the same problem before 4 years.

- What is the most likely psychiatric disorder the woman has?
- A. Schizophrenic disorder
- B. Brief psychotic disorder
- C. Schizoaffective disorder
- D, Schizophreniform disorder

16. A 37 year old fireman was hospitalized for second and third degree burn. After discharge, in follow up visit, he has tremulous, stammering and unresponsive to the surgeon’s assurance. Although he tries to appear confident, he chain-smokes, glances around furtively, squirms in his chair and at all times bursts into tears.

- What is the most likely initial treatment plan.
- A. Group therapy
- B . Family therapy
- C. Cognitive therapy
- D. Exposure therapy

17. A 45-years old driver accompanied by his assistant to an emergency OPD with complaint of unpredictable maladaptive behavior two hours ago. On examination, he has uncoordinated gait, euphoric mood, increased appetite, dry mouth and PR= 100/min.

- What type of psychotic substance most likely abused
- A. Caffeine
- B. Cannabis
- C. Cocaine
- D, Nicotine

18. Suicidal ideation or a tendency to kill oneself is commonly observed in patients with :-

A. Mania

B. Depression

C. Schizophrenia

D. Paranoia

- A 38 year old man came to hospital with the complaint of acute confusion for the past one day. His wife reported that he went to office and was healthy. Later on, he became stranger, forgot his families, bedroom and unable to communicate. His behavior fluctuated and become irritable and complain bugs move on his face.
- What symptom is most likely indicative of delirium?
- A. Disturbance in orientation
- B. Disturbance of consciousness
- C. Disturbance in language
- D. Hallucination

- 20. Sara is a 28 years old woman came to psychiatry OPD wearing bright, multicolored, mismatched clothes and she has used excessive cosmetics. In addition she is talking too much, euphoric and is highly excited. What is the most likely diagnosis of Sara?

  A. Mania

  B. Schizophrenia

  C. Depression

  D. Anxiety

21. A state of feeling uncertainty experienced in response to an object or situation is called

- A. Anxiety.
- B. Depression
- C. Neurosis
- D. Fear

22.Ben is assigned in a psychiatric ward; he notices that one of the patients would follow every move he would make. When he moves his hand, the patient would also move his hand. This is:

a. Waxy Flexibility

b. Echolalia

c. Perseveration

d. Echopraxia

23. During an interview, Rona notices that the client’s response is similar to what she says. This is:

a. Waxy Flexibility

b. Echolalia

c. Perseveration

d. Echopraxia

24. Andy would like to visit her cousin in the psychiatric ward. An inspection was done before she enters the facility. What will not be allowed?

a. Rosary bracelet

b. Running shoes

c. Cake

d. Biscuits

25.While making rounds, Mary noticed one of her clients saying the following line: “I have money, want to study. Daddy wants honey, honey honey bee…This is an example of?

a. Neologism

b. Word Salad

c. Flight of ideas

d. Clang association

26.Ana approached a client and asked “Hi, Mr. Chase how’s your day? Mr. Chase: “This is a wonderful ……” (No response was heard after. This is:

a. Perseveration

b. Clang association

c. Neologism

d. Blocking

27. “Handy dandy, this is my work. I want to shop. Apple pie. Custard pie.” This is:

a. Neologism

b. Word Salad

c. Flight of ideas

d. Clang association

28.Britney said to her nurse one day, “You know what, that medication nurse would always give medicines in a cup. Don’t you know that the cup contains the blood of a sacrificed animal? She wants us to drink it. Can you help me stop her?”

a. Phobia

b. Delusion of reference

c. Paranoia

d. Delusion of grandeur

29.“I am the heir of the Ayala land, they only taken it away from my father.” Claimed by a patient in the psychiatric ward, this is an example of:

a. Delusion of jealousy

b. Delusion of paranoia

c. Delusion of persecution

d. Delusion of grandeur

30.A person seeing a design on the floor thought it was a fossil, this is an example of:

a. Illusion

b. Delusion

c. Hallucination

d. Idea of reference