

Part 1 – The Lord Will Preserve and Keep

In chapter forty, part 1 we learned how that, after David had come to a good repentance (in Ps 38) he then waited patiently for the Lord to help him out of his troubles and ‘take care of’ his enemies. However, this didn’t mean he sat around and did nothing. He worked to bind his soul and spirit to the Lord (YHVH) by studying His Word and strove to kick off his sinful ways (and thoughts and desires) so he could learn to do what’s right instead of sinning. And, while David did have to endure many hard times from God’s chastisements (which is part of making a good repentance) the Lord did eventually bring him up out of the ‘horrible pit’ that sin pulls us down into (corruption of our soul and spirit) and set him on *the* Rock, which is Jesus Christ (1 Cor 10:4), so that his ways were established to do what’s right. And thus, the Lord put a ‘new song’ in his mouth. This means, instead of singing a ‘sad song’ (lamentation) for the pain he felt from a guilty conscience, and for the hard times he was going through, he sang a ‘new song’ of *praise* to the Lord, for forgiving his sins and helping him through all his trials and tribulations. And the Psalms he wrote (the ‘new songs’) continue to teach people to fear to do evil, revere and trust in the Lord, *to this very day*.

In part 2 we learned that only those who trust in the Lord (wholeheartedly) are happy (blessed) because they have nothing to fear. And fear is what causes much internal pain for it instigates worry and anxieties too. And we can truly only have peace of mind when we are at peace with our Heavenly Father. And the only way we can be at peace with Him is when we accept His clemency, through faith in Jesus Christ (whose blood shed atones for our sins) and learn to do what’s right, by studying His Word. But that also means we trust in Him to fulfill His promises of blessing, and protecting, us *when we obey Him*. That’s why those who do truly trust the Lord (YHVH) will also not take heed (listen to or obey) the proud or to the liars in the world. They also won’t worry about threats, lies or persecutions that come from obeying Gods’ Word, because they *know* they’ll *always* be delivered out of all troubles *if* they trust and obey the Lord (YHVH) *sincerely*, from the heart. *Because* we serve Him, He *won’t* let us die until it’s ‘our time’. And David also pointed out that God has done *so many* wonderful works that’s it’s impossible to declare them all. As John said, at the end of the Gospel he wrote: *And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written* (John 21:25).

In part 3 we learned what God really wants from us: our *sincere* love, which also requires us to obey Him *wholeheartedly*. And we can’t fool Him, for He can see into our heart and mind and knows what we’re *really* thinking *and* feeling; He even knows the intentions and motivations of our heart (Heb 4:12). And we also learned that, even though God ordained the blood sacrifices to be performed *until* Jesus Christ came, that still truly was not what He wanted. They were even offensive to Him when people offered sacrifices *without* sincerely repenting and working to put off their sinful ways. And that’s what God sent Jesus Christ to earth to teach us. That’s why all

the blood sacrifices were a ‘type’ (example) of what Jesus Christ would do for us, *as well as* an example of what He helps us to do our ‘inner man’. For He not only fulfilled the sacrifices (on the cross) – and atoned for our sins in the process – His Word *still* teaches us how to put off our carnal mind (the part of us that ‘acts like an animal’ and causes us to sin) so we can be at peace with our Heavenly Father. And the Gift of His Holy Spirit continues to teach us also, by helping us to truly understand what the written Word of God says *and* how to sincerely obey it in our everyday life. That is, IF we ‘dig’ into His Word and study it *for ourselves* so we truly understand what it says and learn how to obey it, *from the heart*. And thus, salvation through Jesus Christ is truly the most ‘wonderful’ of all of God’s Works (Ps 40:5).

In part 4 we learned that Jesus Christ *is* the *Living* Word (John 1) and that’s why the Holy Spirit (through David) prophesied that Jesus Christ would come in ‘the volume of the book’. The things that Jesus Christ did, and said, were in direct (and perfect) obedience to God’s Word (His Will). That’s why, when Jesus was asked if He was ‘that prophet’ which Moses promised would come (in Deut 18:18-19), Jesus almost always did not give direct affirmation (except to the woman at the well in John 4). Rather, He deferred them to ‘search the Scriptures’ because they prophesied what Jesus taught, and did. That’s why Jesus only performed *certain* miracles; the miracles which were written (‘in the volume of the Book’ – i.e. the Word of God) that the Messiah would do. And that’s what ‘testified’ He *was* the Messiah, the promised ‘prophet’ that would teach Israel the truth, as well as be the ‘great Sacrifice’ that all the blood animal sacrifices were merely ‘types’ of – the only One who was ‘without spot’ and thus the only One who could redeem us from death, by atoning for our sins with His own precious blood. And so, just as Jesus Christ fulfilled all the Scriptures pertaining to His First Advent, so likewise will He fulfill all Scriptures for His Second Advent. Which is why He will come back to pour out God’s ‘cup of wrath’, and take vengeance on His enemies - at His Second Advent - and then set up His eternal Kingdom *on earth*.

And we also learned that it delighted Jesus Christ to do His Father’s will because God’s Law was written in His Heart; after all, the Holy Spirit was given to Jesus Christ ‘without measure’. And that’s what enabled Him to live a sinless life and to perfectly do His Father’s will of preaching righteousness to the people. Jesus taught what God’s Word (the Old Testament) *really* said. He corrected the ‘traditions of man’ that the crooked religious leaders taught because those traditions were *perversions* of God’s Word; they taught people how to sin instead of how to do what’s right!... which is what ‘traditions of man’ still do to this very day. This angers our Heavenly Father because lies (traditions of man) prevent people from making a good repentance and turning their heart, and mind, back to our Heavenly Father. But the truth that Jesus Christ taught, and the miracles He did, freed *many* people from the deceptive lies that those wicked religionists spewed out of their filthy mouths. And, His Word *continues* to free people, spiritually, from Satan’s power of deception IF we’ll simply take the time to study His word for ourselves *and believe it*. And, as we grow and mature in His Word, it’s our duty to share the truth (as the Holy

Spirit gives us unction to do so) so that others can turn back to God Almighty (YHWH) and learn to do what's right. Thus, we too are to put God's Laws (His Word) in our heart and mind so we can help Jesus Christ reconcile His wayward children back to our Heavenly Father, through faith in Jesus Christ.

In part 5 we learned that our Heavenly Father is not 'out to get us'. He truly delights in forgiving His children when they are sincere. And He therefore does not withhold His lovingkindness, tender mercies or truth from those who wholeheartedly repent and diligently seek and serve Him. And even when troubles come, our Heavenly Father will help us. But we must learn to *patiently* endure them and *continue* to seek and serve Him. And we also can't hide the truth we've learned from studying His Word because we're commissioned to be the 'salt' of the earth. And that means to 'sprinkle' truth in our conversations (not dump out the whole saltshaker) and plant seeds of truth when the opportunities arise. And when we do so, it doesn't matter how many troubles come our way, our Heavenly Father is faithful (and able) to help us out of them all. After all, Jesus Christ is at God's right hand, interceding for us at *all* times (Rom 8:34). And His intercession isn't just between us and the Father; it's also (even more so perhaps) to intercede for us from the wicked ones who attack us and try to pull us back into sin. The Holy Spirit will always help us to overcome all trials, and temptations, that we're too weak to handle on our own (1 Cor 10:11). So long as we don't forsake our Heavenly Father (Jesus Christ), He'll never forsake us.

In part 6 we learned that it truly pleases our Heavenly Father to help and deliver us from the wicked ones *when* we love and serve Him. And He'll make sure that the wicked ones are indeed shamed and disappointed when they seek to subvert our faith in Jesus Christ because our Heavenly Father's will is for His children to be saved, by faith in Jesus Christ. And He does not at all like it when people teach others to sin. This is especially true when the people who are doing so claim to represent Him. Their evil works and plans will be destroyed by Him and they won't be able to rejoice in any victory because they won't get true victory over the righteous. The wicked are truly not getting away with anything; they are just 'digging their own hole' of destruction. And that's why those who love Jesus Christ (the Lord's salvation for us) rejoice and are glad in our Heavenly Father *and* work to share the truth (Gospel of Jesus Christ) with whomsoever will listen to it. And we also reminded that, no matter how 'down and out' we might feel (for the righteous will be persecuted because we're in a spiritual war), our heavenly Father (through Jesus Christ's intercession, Rom 8) will always help us. He doesn't procrastinate when it comes to helping His faithful servants!

Now, this next Psalm is yet another (just as Ps 38-40 were) 'Prayer and Praise' in 'view of' the future blessings that Psalms 24 spoke of. And, Ps 24 spoke of the Ark of the Covenant being successfully brought into Zion, in Jerusalem. So, it is prophetic of Jesus Christ's Second Advent, when He'll return to the earth, as King of kings and enter into Zion, which are the

‘future blessings’ Ps 24 prophetically looked forward to - for that’s when Jesus’ faithful servants are given eternal life and allowed to rule with Him (even, over their enemies) *forevermore*.

Let’s also remember that Psalm 38 David taught us how to come to a good repentance and in Psalm 39 he taught us that life in the flesh is very shallow without our Heavenly Father. Having a personal relationship with Him is what gives life in the flesh meaning, and serving Him gives us purpose in life. And in Psalm 40, David taught us how we must continue to wait (bind our soul and spirit to) the Lord (YHWH) to deliver us from the hard times; and as we do, our duty is to study His Word each day so we can ‘write’ it into our heart and mind so we know *how* to obey it and *want* to do so. This is what our Heavenly Father *truly* wants from us. And we should also continue to praise Him for His many deliverances, as well as continue to share His Word with others, as the opportunities arise. Psalm 40 also taught us that persecutions and tribulations will *continue to come* to those who faithfully serve Jesus Christ *because we’re in a spiritual war*. And Satan (and those who follow him) won’t stop persecuting the righteous until Jesus Christ returns to take over the world. But, so long as we don’t forsake the Lord (YHWH), or our faith in Jesus Christ, the Lord (YHWH) will never forsake us. He’ll always help us to endure the hard times and deliver us from the wicked ones. He won’t let us die until it’s our time when we faithfully serve Him. And Jesus Christ won’t tarry for His Second Advent; He won’t wait *one moment* longer than is needed to return to earth to punish wicked and reward the righteous. And this next Psalm, 41, is a continuation of the last few Psalms (38-40); so, we’ll again see prophecies of Jesus Christ. This Psalm 41 is also the last Psalm in the ‘Genesis Book’ of the Psalms. Remember the Psalms are divided into categories that align with the first five books of the Bible – Genesis through Deuteronomy...

Psalm 41

1A Psalm of David.

Blessed is he that considereth the poor: the LORD will deliver him in time of trouble.

Of course, this is another Psalm of David because it’s a continuation of the last few Psalms that were all a ‘Prayer and Praise’ in ‘view of’ the future blessings that Psalms 24 spoke of. And, as the outline of this chapter in the *Companion Bible* points out, the first three verses of this Psalm speak of the Lord’s (YHWH’s) favor to the Messiah, which David was a ‘type’ of. So, even though David often speaks of his own experiences, the Holy Spirit used many of His Psalms to prophesy of what would also happen to the Messiah, Jesus Christ as well as what He would do and/or say.

Now, the word ‘blessed’ here again means to be happy (#835), just as it did in past Psalms such as in Ps 1:1-3, Ps 2:12, Ps 32:2, 33:12 and Ps 40:4. And, the word ‘**considereth**’ is very interesting because it means *to be* (or to make or act) *circumspect* and hence, *intelligent* (#7919). The word ‘circumspect’ means to carefully consider all circumstances and possible

consequences. It can also mean to be prudent, which means to show wisdom or judiciousness; or even *to show discernment or good judgment* in conduct, or in speech. And the word ‘**poor**’ here means (by implication) to ***be weak or thin*** (#1800). It comes from a prime root that means ***to slacken*** or ***be feeble***; figuratively, ***to be oppressed*** (#1809). And to be ‘poor’ can apply both physically *and* spiritually.

So, those who ‘consider’ the poor (the weak or thin; even frail or sickly) will use good judgment and discernment towards them. This means they will discern when people are ‘poor’ *by their own making* or if they *really have* fallen on ‘hard times’ and need help. As the special study - **Isn’t It Okay to Help; What’s the Difference** [<https://t.me/BibleStudyDownload/292>] points out, it’s not always helpful to ‘help’ people who are physically poor, by giving them physical things, because many doing so will *aid their bad habits and sins*. For example, people who struggle with drug and/or alcohol addictions have to face up to the fact that they have a problem *before* ‘help’ will actually ‘help’ them. Giving them money, or even ‘things’, will just prolong their addiction. But this is also true of those who are poor because they simply don’t know how to manage their money and live within their own means. As the old saying goes: ‘give a man a fish and you’ll feed him for a day; but if you teach a man to fish, you’ll feed him for a lifetime’.

So, we must learn to discern when someone *truly* is trying to change their situation (and their sinful and reckless ways) before ‘helping them’ with *physical* means. And usually, giving them physical things is **not** going to help them all that much; especially not in the long term. It may aid them *temporarily* but **what they really need is truth**. Truth (the Word of God) is, after all, *what feeds our soul and spirit* (John 4, 6). And truth is also what gives us the wisdom to learn to be able to take care of our self, and family. And, as Jesus said in Matt 6:33: *seek ye **first** the kingdom of God, and his righteousness; and all these things shall be added unto you*. If we keep God’s Word first and foremost in our heart mind (seeking to do what’s right because that’s what allows us to enter the kingdom of Heaven) then our Heavenly Father will make sure are needs (not all our wants [lusts] but our actual needs). And many times, as we grow and mature into faithful servants, He’ll even give us *much more* than we need. And with the overabundance of blessings He gives us, we should ‘carefully consider’ how to use it, for there just might be someone(s) who *truly* do need help. As Ps 112:5 says, *a good man sheweth favour; and lendeth: he will guide his affairs with discretion*. But again, the most important thing in life is truly to help others by giving them the Word of God, which is the true ‘food’, ‘water’ and ‘clothing’ that people *really* need. God expects us to be able to work for a living and take care of our family. As 2 Thess 3:10 says, *if any won’t work, neither should he eat*. And, while there’s certainly people in life who do truly need help, physically – such as those who are handicapped or too old, or young, to work (and we *should* help them when the Holy Spirit gives us unction to do so), the best way you can help people is by sharing truth from God’s Word to them. That’s why this word ‘considereth’ means ***to be*** (or to ***make*** or ***act***) ***circumspect*** and hence, ***intelligent*** (#7919). So, concerning those who are weak and thin (spiritually or physically) we must carefully consider

all circumstances and possible consequences. We should learn to use wisdom, good judgment, discretion and discernment in dealing with others. People are different and have different needs studying God's Word helps us understand what wisdom really is (Prov 9:10), as well as learn to listen to the guidance of the Holy Spirit [<https://t.me/BibleStudyAudios/39>], in order to *truly* help others.

Now, after David says that those who 'considereth' the poor (share truth with others) will be truly happy, he then goes on to give a promise to them by saying that *the LORD will deliver him in time of trouble*. This simply means that our Heavenly Father protects those who serve Him. He has sent us here to share the Light of Jesus Christ, which is the truth (Mth 5:16, John 8:12). And if you have a hard time understanding (discerning) when it's ok to help others physically, consider our prime example, Jesus Christ. Though there were many poor people when He lived, the only ones He helped were those who had *faith in Him*. They wanted to learn the truth and came to Him seeking to be healed, or cleansed, *because* they were ready to change their lives. This is a good discerning tool for us as well. And, when we do 'considereth' those who are truly seeking the truth, and share it with them, our Heavenly Father promises to always deliver us out of trouble too, just as He did for Jesus Christ (John 8:59, 10:31,39) and the apostles (Acts 5:18-20, 12:4-17, 16:23-40, etc.). When we serve the Living God (YHVH) He won't let us die until it's 'our time to go' and He also will never let us go through any persecutions that we can't handle (1 Cor 10:15); He'll always give us the strength we need to get through it all. That's a *promise* from Him that we cannot afford to forget because we're soon facing a governmental system that is to incredibly evil God likens it to a 'beast' in Rev 13. Yes, it's the soon coming 'great tribulation' when Satan (and his fallen angels) are going to be kicked out of heaven, to earth, to deceive the world into worshipping him and his 'beast' system. But those who remain faithful to the true Jesus Christ ***will be persecuted*** for refusing to 'bow a knee' to him. But, we are *promised*, **if** we keep faith in Him, and continue to faithfully serve Jesus Christ, He'll help us through it all. To learn more about this, check out the following studies...

Point A to Point B - <https://t.me/BibleStudyDownload/489>

Who Is Kept Safe And Nourished - <https://t.me/BibleStudyDownload/492>

When Do We Quite: <https://t.me/BibleStudyDownload/495>

Psalms 41

2 The LORD will preserve him, and keep him alive; and he shall be blessed upon the earth: and thou wilt not deliver him unto the will of his enemies.

The subject is still those what 'considereth' the poor (teach the truth); and we're given *more promises* for faithfully serving Jesus Christ. Now, the word '**preserve**' is a word you should be familiar with by now, for it's been used frequently in the Psalms *and* it's used a lot elsewhere in the Old Testament too, especially in Deuteronomy. It's the Hebrew word ***shamar*** (#8104), a

prime root that means *to hedge about* (as with thorns), i.e. *guard*; generally, *to protect* and *attend to*. So, our Heavenly Father promises that not only will we be happy when we faithfully serve Him (after all, His Holy Spirit being inside of us is the *only* thing that can fill that hole in our soul and give us peace of mind, Isa 26:3) but He will also protect and guard us as someone protects their property with a hedge of thorns (Job 1:10, Ps 91:11-13, Mth 19:10, Rev 3:10). And when we serve Jesus Christ, we are His ‘property’ because we’re a part of *His* Body (the Body of Christ). And so, He’ll also ‘attend’ to us whenever we need help (Ps 1 Cor 10:13, Heb 13:5-6). After all, when His Holy Spirit is within us, He can help us *instantly* whenever we truly need it, even if it’s only to give us strength and comfort to endure the situation. As Jesus said...

28 And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.

29 Are not two sparrows sold for a farthing? and one of them shall not fall on the ground without your Father.

30 But the very hairs of your head are all numbered.

*31 **Fear ye not therefore, ye are of more value than many sparrows.***

Matt 10:28-31

Now, going back to Ps 41:2, which said: *The LORD will preserve him, and keep him alive; and he shall be blessed upon the earth: and thou wilt not deliver him unto the will of his enemies...* the words ‘**keep him alive**’ are actually one Hebrew word, which means *to live*, whether literally or figuratively and, causatively, it means *to revive* (#2421). The *Companion Bible* has an enlightening note which points out how this verse prophetically looked forward to Jesus Christ’s resurrection; for indeed our Heavenly Father revived Jesus’ flesh body when He literally raised Jesus Christ from the dead. But it also applies to us as well, as Paul points out...

But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Rom 8:11

When Jesus Christ returns, He will indeed cause us to live forever by giving us eternal life IF we have remained loyal to Him. But, our soul and spirit must be *first* ‘revived’ to a higher level of thinking so that we don’t ‘fall away’ to idols or another god, such as Satan (Rev 12-13, 2 Thess 2). [Learn more in the studies on **Apostasy**: <https://t.me/BibleStudyDownload/499>]. This again means allowing the Holy Spirit to help us put off the ‘old man’ (which means to ‘kill’ (crucify) our ‘old man’) *which is corrupt according to the deceitful lusts* (Eph 2:22), so we do not serve sin any longer (Rom 6:6). And then we must (with the help of the Holy Spirit – the same Holy Spirit that raised Jesus Christ from the dead) put on the ‘new man’ *through studying God’s Word* (Col 3:10) because that is what ‘revives our soul and spirit (Eph 4:23) by teaching us to be righteous and holy as our Heavenly Father is (Eph 4:24) ... truly the only ‘good thing’ in us is

the Word of God and Holy Spirit. And while we'll never be without fault in the flesh, God expects us – after we've accepted His clemency by accepting the blood of Jesus Christ to pay for our sins - to *learn to do what's right* and allow His Holy Spirit to teach us how to do what's right. As Jesus John 6:63 says: His Holy Spirit is what makes our soul and spirit come alive (quickeneth) *through understanding the truth* because the Words He speaks (all of God's Word) *are spirit* and they are thus what *gives us life*. So, our Heavenly Father spiritually guards us from deception when we put His Words into our heart and mind by studying His word, sincerely, diligently and consistently. And *that's* what makes us spiritually 'alive' and *continues* to revive our spirit *each day* we sincerely study His Word, so we can *continue* to faithfully serve Jesus Christ. And that's why our Heavenly Father, through David, then promises that we *shall be blessed upon the earth* and that He won't deliver us unto the will of our enemies, who are Satan and all those who follow him. After all, when you serve Jesus Christ, your enemies are His enemies and He simply won't let us be delivered to their will. He'll always take care of us so long as we keep our will united with His will (1 Pt 4:1-2).

Psalms 41

3 The LORD will strengthen him upon the bed of languishing: thou wilt make all his bed in his sickness.

The translation of this verse is a bit hard to understand so let's take a look at some of the words. The word '**strengthen**' means *to support* (5582) and the first word '**bed**' actually means *a couch* (#6210) and '**languishing**' means *sickness* or, figuratively, *loathing* (#1741). As we'll see later on (in vs 8) David is referring to when he had a sickness (likely the same one he spoke of back in Ps 38:5-7). Now the word '**make**' here is key to understanding this verse, for it means (in the context of this verse) *to turn about or over*; by implication, *to change, overturn or return* (#2015) and the second word '**bed**' here can also mean *sleep* (#4904) as well as a *bed*. And the word '**sickness**' means a *malady, anxiety or calamity* (#2483). It comes from a prime root that means (in the context of this verse) *to be weak, sick or afflicted* (#2470). So, David is simply saying that even when we are afflicted with sickness (even from our own making through sin, as David's loathsome sore was, Ps 38:5-7) our Heavenly Father will change or overturn our sickness, which simply means He'll help us recover from our sickness. And truly, this promise is as much for spiritual (mental) sickness as it is physical. If we continue to study God's Word and strive sincerely to obey it, He'll help us through anything – even if it's helping us to endure the chastisements He puts on us to help us turn back to Him (Heb 12), as these past few Psalms have taught us. And, as Jesus pointed out in Mark 2:1-11, it's *far* more important to be forgiven our sins and healed *spiritually* than to be healed in the flesh; for the flesh is *temporary* but our soul and spirit has the ability to live *forever*. Our life in the flesh is about finding salvation through Jesus Christ and helping others to do so as well. And our Heavenly Father promises to help us through all things – no matter how physically sick we get, or how 'down and out we feel' at

times – IF we simply love and obey Him with all our heart, mind, soul and strength (Mk 12:30). Paul really summed it up well...

*35 **Who shall separate us from the love of Christ?** shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?*

36 As it is written, For thy sake we are killed all the day long; we are accounted as sheep for the slaughter.

*37 Nay, **in all these things we are more than conquerors through him that loved us.***

*38 For I am persuaded, that **neither death, nor life**, nor angels, nor principalities, nor powers, nor things present, nor things to come,*

*39 Nor height, nor depth, nor any other creature, **shall be able to separate us from the love of God, which is in Christ Jesus our Lord.***

Rom 8:35-39

We'll pick this up in part 2...

AMEN.