

Part 2 – Commit In Trust

In part 1 we learned how David put his trust in the Lord (YHVH), even in very difficult times when he needed help very quickly. Such as in his younger years when Saul (the king of Israel at the time) was constantly chasing after him in the wilderness, literally trying to kill him. And, likewise, the Devil (Satan) is constantly ‘chasing after’ God’s faithful servants still today. And he too is trying to ‘kill’ us, albeit it’s the spiritual death of our soul that he’s after, for he wants us to apostatize from the true God Almighty (YHVH) and worship him (which will cause the death of our soul). And he uses many ‘nets’ (snares, tricks) to do this - such as pride, lust, greed and so forth. So, we must be on (and remain on) guard and continue to (as David did) look to our Heavenly Father for help seeing these ‘nets’ and learning how to avoid them. That’s why it’s so critical to study God’s Word (the Bible), with understanding. Because, when we’re in a difficult situation, we must be able to discipline our heart *not* to be afraid and to think about where in God’s Word we’re advised on how to handle the situation we’re in. When we do so, the Holy Spirit will give us the understanding of what we should (or should not) do and what we should (or should not) say. He’ll *always* help us out of our troubles, so long as we continue to trust in Him and strive to obey His Word regardless of our emotions, for His Word is like strong Rock. And when we build our ‘house’ (heart and mind) upon His Word (with trust and faith in it) then we will *never* be shaken from our faith in Jesus Christ (Mth 7:24-27). And we should also be careful to give our Heavenly Father the praise for His faithfulness in helping us (for He is faithful and righteous to always help us when we remain faithful to Him) because He *so very* much deserves it. Being thankful also helps us to keep our soul from lusting after things that are not good for us. For when we truly appreciate what we do have, we won’t covet for more (Col 3:5). While many people trust in ‘things’ of this world to protect them, the truth is that the only ‘safe place’ or ‘thing’ to trust in is our Heavenly Father – His Word and the guidance of His Holy Spirit. For that’s the *only* thing that can help us in *all* situations, no matter how difficult they are.

So, we’ll continue on in this Psalm that was written in ‘view of’ Psalm 20 – a Psalm that spoke of the great ‘time of trouble’, which we will soon face - which is the ‘great tribulation’ of the antichrist – which is when Satan is cast to the earth (with his fallen angels) to try and deceive the whole world into worshiping him as the ‘Savior’ of all mankind. Psalms 20 also spoke of the true atonement that can only come from faith in Jesus Christ. So, with the thought of being saved from our ‘times of trouble’ by the atoning blood of Jesus Christ (faith in it), let’s continue on in our study of this great Psalm 31...

Psalm 31

5 Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth.

After speaking of how he put His trust in the Lord (YHVH), and asking that He would continue to lead and guide him (because that’s where he got his strength from), David now states that he ‘commits’ his spirit into the hand of the Lord because He is his redeemer. The word ‘**commit**’ here means *to visit* (with friendly or hostile intent); by analogy, *to oversee, muster, charge, care for, miss, deposit* (#6485). So, David is saying that he was giving his spirit (heart, mind and soul)

over to the Lord (YHVH) when he trusted in Him. What's interesting about the meaning of the word 'commit' is that, it not only means to care for and oversee (meaning David trusted in the Lord to care and oversee for him, just as any good shepherd does, Ps 23) but it also means 'deposit' – when we 'deposit' our soul to the Lord (by trusting in Him) we are putting in in a *very* 'safe place' (Ps 27:5, 91:1-4) because anything 'deposited' with our Heavenly Father will be kept safe and nothing will harm it (John 10:27-29). That's why Jesus told us, in Mth 6:33, to seek *first* the kingdom of heaven, *and* His righteousness, and all our needs will be met. If we don't follow the desires of our carnal mind in life, then we can follow the desires of our Heavenly Father. Learning to do what's right, regardless of how the world 'punishes us' for it, should be most important to us. After all, when we die, we cannot take the things of this world with us. And what good does it do when we 'sell out' or Biblical (Christian) morals just to get 'things of this world' when we are put in 'hell' (the bad side of the gulf, Lk 16) when we die? People can't imagine the kind of inner turmoil those who are in 'hell' feel. It's likened to a physical fire (Lk 16:23,24, 28; Mth 13:42, 50) but it's actually a *spiritual* fire *in their soul*, from which there is no relief because peace in our soul only comes from being 'right' with our Creator. That's true for our time in the flesh too; but once we've died, they lose the possibility to find that inner peace until the end of the Millennium, *if* they will truly repent and forsake their wicked ways (Rev 20). As Jesus said...

*23 And he said to them all, If any man will come after me, **let him deny himself**, and take up his cross **daily**, and follow me.*

24 For whosoever will save his life shall lose it: but whosoever will lose his life for my sake, the same shall save it.

*25 For **what is a man advantaged, if he gain the whole world, and lose himself, or be cast away?***

26 For whosoever shall be ashamed of me and of my words, of him shall the Son of man be ashamed, when he shall come in his own glory, and in his Father's, and of the holy angels.
Luke 9:23-26

Jesus asked what we gain if we have all the riches, power and fame this world has to offer, yet lose our own soul (to spiritual death)? Being concerned with things of this life is an *extremely shallow* and *short-sighted* vision of life. There's much more to life than what meets the eye in this flesh life. That's why Jesus tells us to 'deny' our 'self' (our carnal lusts and passions) and *follow Him*. As Peter wrote...

*1 Forasmuch then as Christ hath suffered [#3958] for us in the flesh, **arm yourselves likewise with the same mind: for he that hath suffered [#3958] in the flesh hath ceased from sin**:*

2 That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.

1 Peter 4:1-2

Learning to live our life - not for the lusts or pride of the flesh (1 John 2:15-17), but for God's will, is truly how we 'commit' our soul to Him and 'deposit' our soul to His. While this doesn't mean we have to sell all we have and give it to the poor (Jesus only told one person to do that in

Mth 19:21-24 because money was his problem), it means we must be willing to lose our flesh ‘things’, power, pride and prestige (even our flesh life) in order to obey Him, *if it comes to that*. And truly, many times in life it does come to that. Those who faithfully serve the Lord just are rarely given opportunities to rise the corporate ladder because *the system is rigged* to reward the ‘workers of iniquity’ and not the righteous. But if we’ve truly committed our soul to the Lord (deposited our soul to Him by trusting in Him) then *it won’t matter if* we have earthly riches, power or prestige or not. He’ll always make sure we have *what we need* to care for ourself and family, as well as what we need to serve Him, as Jesus promised in Mth 6:33.

And then David goes on to point out that, the *reason* he commits his spirit to the Lord (YHVH) is because He has ‘redeemed’ him, which means to **sever**, i.e. **ransom**; gener. **to release, preserve** (#6299). Our Heavenly Father, through Jesus Christ’ indeed has ‘redeemed’ our soul from the power of death, which is the power that Satan has *to deceive us into sinning* (Heb 2:14). As Jesus Christ told Paul when He struck him down on the road to Damascus, Paul was to go, not only to his own people (true Israel), but also the gentiles, *to open their eyes, and to turn them from darkness to light, and from the power of Satan unto God, that they may receive forgiveness of sins, and inheritance among them which are sanctified by faith that is in me* (Acts 26:18). So, not only did Jesus’ blood atone for our sins (Rom 5:11) but, because the Lord (YHVH) gives us His Holy Spirit when we believe in (and obey) Jesus Christ (John 14:15-17), we are given the *truth, and inner strength*, we need to *resist* temptations to sin, especially the ‘great transgression’ (Ps 19:13) of apostasy. Heb 2:14-18 [https://t.me/BibleStudyBooks_Hebrews/8] explains this clearly as does the 8th chapter in Romans [https://t.me/BibleStudyBooks_Romans/39].

And even though Jesus Christ had not yet come to the earth in a flesh body to die for the sins of all mankind when David was living – David still believed (with all his heart mind and soul) that Jesus (the Messiah) *would* come and *that’s* why the Lord ‘redeemed’ him. This ‘redemption’ was first and foremost spiritually (as it is for us) because the Lord kept David from apostatizing. Even though David sinned at times (like we all do) he always repented sincerely. David never fell away to worshiping false gods or idols (Ps 16) but cleaved to the Lord (YHVH) with all his heart, soul and mind. And that’s why the Lord also ‘redeemed’ (preserved and protected) David no matter how hard times got. And David well understood the spiritual implications of this redemption, which he pointed out in the latter part of this verse when he said that *thou hast redeemed me, O LORD God of truth*. The word “LORD” here is, of course, God’s sacred (covenant) name, *Yehovah* (#3068), which means the *self-Existent or Eternal* because only He is self-existent and eternal (Deut 32:39; Isa 43:10-11, 45:21-22; Rev 1:8, 3:14, 22:13). And the word ‘God’ here is ‘el’ (#410), which means *strength* because he is the God Almighty, full of strength and power for He alone is omnipotent (see apx. 4). So, David’s pointing out that the Lord (YHVH) is not only God above all gods but He’s also the eternal and self-existent God and that is why He (alone) is able to redeem David’s soul, as well as his flesh, out of all times of trouble.

Now, the Messiah, Jesus Christ (which David so fervently believed *would come*) actually quoted from this verse in the Psalms, showing us (yet again) that David’s writings were prophetic

(Acts 2) as much as they were historical (telling about his own life and Israel's history). In Luke 23:46, it's actually translated (in the Greek) that Jesus said - *Father, into thy hands I commend my spirit* – right before He died (i.e. gave up the ghost, meaning His Spirit). But the Greek meaning for '**commend**' here means the same as 'commit' in the Hebrew for its *paratithemi* (#3908), which means, by implication, **to deposit (as a trust or for protection)**. And this is important to understand, because Jesus Christ did not *have* to die for us. He *willingly* did so because He *wanted* to save God's children from spiritual death, and free them from the bondage of sin that Satan keeps us in (Heb 2:14, Acts 26:18) ...

*14 I am the good shepherd, and know my sheep, and am known of mine.
15 As the Father knoweth me, even so know I the Father: and I lay down my life for the sheep.
16 And other sheep I have, which are not of this fold: them also I must bring, and they shall hear my voice; and there shall be one fold, and one shepherd.
17 Therefore doth my Father love me, because I lay down my life, that I might take it again.
18 No man taketh it from me, but I lay it down of myself. I have power to lay it down, and I have power to take it again. This commandment have I received of my Father.*
John 10:14-18

Because, Jesus Christ is God in the flesh (incarnate, John 1:1-4, 14, John 10:30, 14:8-11, Heb 1:1-6, Col 1:12-20, Col 2:8-11, 2 Cor 5:19) He had the power to lay down His life in the flesh, as well as it 'take it up again' - which He did when His flesh body literally rose from the dead, proving that truly, the Lord (YHVH) is eternal and self-existing. But, He died for us, in the flesh, to pay for our sins, *so we don't have to die spiritually*. Because, *only by knowing Him* – and His Savior He sent to us (Jesus) - **can we have eternal life** (John 17:3) because only by knowing Him (YHVH and Jesus Christ) **can we know the truth** (John 8:31-32, 16:13, 17:17). As Jesus said to Pilate, John 18:37 - *To this end [for this reason] was I born, and for this cause came I into the world, that I should bear witness unto the truth. Every one that is of the truth heareth my voice.* And that's exactly why David then says that the Lord (YHVH) is the God (El', the Almighty of power and strength) of truth.

In other words, the Lord (YHVH) alone has (knows) the truth – the entire truth – all the truth. And, as He said in Isa 45:19, *I have not spoken in secret, in a dark place of the earth: I said not unto the seed of Jacob, Seek ye me in vain [with our carnal mind]: **I the LORD speak righteousness, I declare things that are right.*** And in Isa 48:18, He also said: *I am the LORD thy God which teacheth thee to profit, which leadeth thee by the way that thou shouldest go.* So, **our Heavenly Father is not a God of deceit, because He cannot lie**, Titus 1:2. But **Satan**, on the other hand, **is not only a liar but the 'father' of it (John 8:44)**. Therefore, it is **the Lord alone teaches us how to obtain eternal life by giving us the truth!** And *that's* why He is our redeemer; *because He's the God of truth*. And that's why we (like David and so many others, including Jesus Christ) should 'commit' (deposit) our soul to Him by loving and trusting in Him with *all* our heart, mind, soul and strength (Deut 4:29, 6:5, 30:2; Mk 12:30).

Psalms 31

6 I have hated them that regard lying vanities: but I trust in the LORD.

After declaring that he has committed (deposited) his spirit into the hands of YHVH, who is the God of truth (because He cannot lie, Titus 1:2) and thus is our redeemer who frees us from Satan's power to deceive us... David now says that he has *hated* those who regard 'lying vanities'. Yes, he did say 'hate'. And actually, all three words "I have hated" are one Hebrew word that means **to hate, personally** (#8130). Now, perhaps you have been 'taught' that it's a sin to hate? God's Word tells us it depends on *what* you hate and *how you handle that emotion*. For, as we have already learned in the Psalms, our Heavenly Father hates. But, what He hates and how He handles Himself (what He does with that hatred) is of vital importance. Hating, like pride, is not inherently bad. We should have a 'good' kind of pride *in our Heavenly Father*, as we learned in Jer 9:24 – we are to glory in the fact that we know, and understand Him – not our own 'self' or the gifts He has given us. As such, it's also good to 'take pride' in doing a good job, so long as you don't let your bad pride swell and become arrogant about it. In other words, we should serve the Lord the best we possibly can and enjoy doing so. And that includes even the profession (job) we're employed at to earn money to take care of our self and family. This concept also applies to hate. For, if you don't hate evil... that means you love it. And, as Jesus said in Mth 6:24, you cannot serve two masters, for you either hate one and love the other or vice versa. This means you can't love good (YHVH) and evil (Satan) *at the same time*. **Therefore, if you want to love God, then you must hate evil.** And, as stated before, our Heavenly Father – whom we are to be following after *and learning to be like* (Eph 4:24, Col 3:10) – **hates evil**...

5 The LORD trieth the righteous: but the wicked and him that loveth violence his soul hateth.

6 Upon the wicked he shall rain snares, fire and brimstone, and an horrible tempest: this shall be the portion of their cup.

7 For the righteous LORD loveth righteousness; his countenance doth behold the upright.

Ps 11:5-7

As we learned back when we studied Psalms 11 [https://t.me/BibleStudyBooks_Psalms/104], the Lord *hates the wicked and those who love violence* and that's because *He loves righteousness*. But, this isn't the only place that tells us the Lord (YHVH) hates evil...

16 These are the things that ye shall do; Speak ye every man the truth to his neighbour; execute the judgment of truth and peace in your gates: [Col 3:9-10]

17 And let none of you imagine evil in your hearts against his neighbour; and love no false oath: for all these are things that I hate, saith the LORD.

Zech 8:16-17

We see two more things God hates. Imagining evil in our hearts against our neighbor and loving false oaths. *These are things people do when they allow their carnal mind to control them* (Rom 8:5-8). They end up trying to harm God's children, one way or another. And it doesn't matter if it's the politician, the Pastor, a leader of a business, a teacher, doctor, a parent or anyone else, God does *not* want us to even *think* of doing evil things to others (anyone) because we will

eventually *act upon it*. This would be where the ‘bad kind’ of hate comes into the equation. We are not to hate others just because we don’t like them, or what they are doing, or because they hurt our pride or because they have something we want (etc.). We are to hate the evil people do, yes, but we are not to devise doing evil things to them (i.e. anything that goes against God’s Laws). Yet, there are more Scriptures that tell us *what* God hates...

*For I the LORD love judgment, I **hate robbery for burnt offering**; and I will direct their work in truth, and I will make an everlasting covenant with them.*

Isa 61:8

The Lord also *hates* those who rob ‘burnt offerings’. This refers back to the days when they had animal sacrifices. The priests were allowed a part of many of the offerings (to eat) but only a certain portion. However, some crooked priests (such as Eli’s sons in 2 Sam 2:12-17) would take *as much as they wanted*, effectively stealing – not only from the people – but also from God Himself! The modern-day equivalent to this (since we don’t offer blood sacrifices anymore, Heb 10:10) is when Pastors (or Priests, or Preachers, or whatever name they go by) rob His children *of the truth* they need to live eternally. In other words, when you don’t teach the Bible accurately – and all of it – then you are stealing from God’s children and God Himself. You’re taking salvation away from God’s children when you don’t teach the whole truth (1 Tim 6:14) and not allowing them to partake in Jesus Christ, because you are *not* teaching them what God’s Word *really* says. God hates that *very much*, which is why, in the book of Amos, the Lord (YHWH) also tells us...

*21 I **hate**, I despise your feast days, and I will not smell in your solemn assemblies.*

22 Though ye offer me burnt offerings and your meat offerings, I will not accept them: neither will I regard the peace offerings of your fat beasts.

23 Take thou away from me the noise of thy songs; for I will not hear the melody of thy viols.

*24 But let **judgment** run down as waters, and **righteousness** as a mighty stream.*

Amos 5:21-24

Over the years, the purpose of the blood sacrifices (which was to teach people about the coming of the Messiah, and how they were to ‘kill’ their carnal mind, and learn to obey and love God sincerely) was lost, even to the priesthood. As such, God began to *hate* their sacrifices because they were not done in *sincerity*. They were simply ‘going through the motions’ much as many people go to Church simply because that’s what ‘good Christians do’ without studying God’s Word, for themselves, to learn about their Heavenly Father. [Learn why this does not please God in the study on: **Church is Not Christianity** - <https://t.me/BibleStudyDownload/212>]. So, there are indeed things that our Heavenly Father hates. As such, *we too should hate the things **He hates***. This is why the Scriptures also tell us what we should hate...

*Through thy precepts I get understanding: therefore I **hate** every false way.*

Ps 119:104

***I hate vain thoughts:** but thy law do I love.*
Ps 119:113

***I hate and abhor lying:** but thy law do I love.*
Ps 119:163

The fear of the LORD is to hate evil: pride, and arrogancy, and the evil way, and the froward mouth, do I hate.
Prov 8:13

***Ye that love the LORD, hate evil:** he preserveth the souls of his saints; he delivereth them out of the hand of the wicked.
Ps 97:10*

21 Do not I hate them, O LORD, that hate thee? and am not I grieved with those that rise up against thee?
***22 I hate them with perfect hatred:** I count them mine enemies.
Ps 139:21-22*

In this last Psalm, David gives us a clue to the righteous kind of hatred. He says that he hates God's enemies with 'perfect' hatred. What's that mean? The word 'perfect' here means *completion*; by implication, *an extremity* (#8503). In other words, ***we must learn to hate evil like our Heavenly Father does***, which is why we're told to separate ourselves from those who do evil and by not partaking in evil things with them (1 Tim 5:22; 2 John 11-12; Eph 5:6-7; Rev 18:4; 2 Cor 6:14-18). And this is because (to reiterate) we can't serve two masters (God and Satan) because *we can't love good and evil at the same time*. **So, we must hate evil so we don't participate in it.** That said, we are also to control our emotion of hate and not allow it to control us, causing us to do evil ourselves. This point is explained quite well in the 37th Psalm, which you can study here via this link [<https://t.me/BibleStudyDownload/297>]. Further, righteous hatred does not mean we are to take vengeance on the wicked ourselves. No, we are to continue to do what's right (and refuse to participate with the wicked), even when dealing with them, regardless of how they persecute us. As it is written...

19 Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord.
20 Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head.
21 Be not overcome of evil, but overcome evil with good.
Rom 12:19-21

Heb 10:30-31, Deut 32:35 and Ps 94:1 also state that we are to leave 'vengeance' to God. So, our hating evil is confined to our not partaking in evil deeds with the wicked (regardless of how we're persecuted) and leaving 'vengeance' up to the Lord. After all, He's much better at it than

we are! And when Paul says we should ‘feed’ and ‘give drink’ to our enemies, he’s not only referring to giving them food and water (if they truly need it) but more so, he’s referring to giving them the Bread of Life (John 6:35, 48) and the Living water (Jer 2:13, 17:13; Isa 12:3; John 4:10-14, 7:38-39) – which will truly burn their soul (like coals on their head) because *they hate truth* (John 3:19-21). And also, just as our Heavenly Father chastises us (Heb 12), so too are we to do to our enemy (when it’s in our power to do so), even if only by doing so with our tongue (i.e. giving them truth). Tough love is a part of true love, after all. So, while we *are* to hate evil, we are *not* to *do evil* in response to our hating evil. We must control our emotions and not allow them to cause us to sin. We are simply only to hate evil inasmuch that we *don’t participate in it*! With that point made, let’s look again at what David said in this 6th verse...

Psalm 31

6 I have hated them that regard lying vanities: but I trust in the LORD.

David hated those who ‘regard’ lying vanities. What does this mean? Well, the word ‘**regard**’ here is a word you should be familiar with by now. It’s the Hebrew word *shamar* (#8104), a primitive root that means: **to hedge about** (as with thorns), i.e. **guard**; generally, **to protect, attend to**, etc. It’s usually translated as: *be circumspect, take heed (to self), keep (-erself), observe or diligently* and is typically used in how we are to guard *our heart and mind* from falling away from worshiping the Lord (YHWH) to worshiping false gods and idols (Deut 4:19,23, 5:32, 6:3,23, 8:1, 11:16,32, 12:1,28,32, 15:2, Lev 10:37, etc.). [Learn more about this in the special study: **Take Heed and Keep It** - <https://t.me/BibleStudyTruth/943>].

Now, the word ‘**lying**’ is the Hebrew word *shav*’ (#7723) and means: **evil** (as destructive), literally (**ruin**) or morally (especially **guile**); figuratively **idolatry** (as false, subjective), **uselessness** (as deceptive, objective; also adverbially, in vain). It’s been translated also as: false (-ly), lie, vain and vanity. And the word ‘**vanities**’ is the Hebrew word *hebel* (#1892), which means: **emptiness** or **vanity**; figuratively, **something transitory and unsatisfactory**. The *Companion Bible* says that this term ‘lying vanities’ refers to idols and concludes this from Scriptures such as Jer 8:20, where God said His people provoked Him to anger *with their graven images, and with strange vanities* as well as Jer 10:8, which says the house of Israel *are altogether brutish and foolish: the stock is a doctrine of vanities*. It also points to 2 Sam 5, where verse 21 states that David and his men burned the images (idols, which are images of the false gods) of the Philistines after the Lord had given them victory over the Philistines... instead of worshiping them as some of David’s descendants would later do.

So, David truly was wholeheartedly following the Lord (YHWH). He was not confused about who His ‘master’ in heaven was. As such, he had extreme dislike (hate) for those who loved false gods and idols because *that is the root of evil*. People who love idols are conforming themselves (wittingly or unwittingly) into the image of false gods (such as Satan) because their heart is bound to the worldly (evil) system of Satan that rules this world right now (Eph 2:2). But, as James 4:4 so succinctly says, *know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God*. 1 John 2:15 also tells us to

*love not the world, neither the things that are in the world. **If any man love the world, the love of the Father is not in him.*** Further, as Paul says in 2 Tim 2:4, we can't fight the good spiritual fight if we are entangled (bound to, or involved with) the 'affairs' (#4230 a transaction, i.e. negotiation) of this life; and that's simply because ***we are spiritually compromised by sin.*** When we bind our soul to the world, we love sinning *instead of* loving to do what's right (Rom 6). But, David was not like that. He hated sin, and those who guarded sin in their heart, because He loved, and trusted our Heavenly Father. David well knew who 'battered his bread' and it is not Satan. Idols have no power to help us. And idols can be anything from false Church doctrines, to entertainment, to money, to lusts of all sorts. An 'idol' is basically anything that is more important to you than your Heavenly Father, His Son and His Word (Ezek 14:1-7, Col 3:5). And, as David said in Ps 96:5, *all the gods of the nations are idols: but the LORD made the heavens.* In other words, all the false gods are simply idols, so all they can do is 'promise' 'good things' to you - but they did not make the world, or heaven, and they cannot make good on all their promises. If you sell your soul to the Devil, he *might* give you some earthly riches, but he cannot help you out of trouble let alone give you eternal life. Only our Heavenly Father can help us out of *all* troubles (as well as give us eternal life), but that's *only if* we fear to do evil and revere, honor, love, worship and serve Him *alone*. And that's why we, like David, should also trust in the Lord (YHVH) instead of false gods and/or idols. As Proverbs says...

5 Trust in the LORD with all thine heart; and lean not unto thine own understanding.

6 In all thy ways acknowledge him, and he shall direct thy paths.

Prov 3:5-6

So, the bottom line is who (or what) do you trust in? Do you 'commit' your life (spirit) to the Lord and His Son, Jesus Christ by studying His Word and faithfully striving to obey it, from the heart? Or, would you rather believe in lying vanities you hear from the politicians, schools, news and/or even the pulpits? Ps 62:8 advises us to *trust in Him* (the Lord, YHVH) *at all times; ye people, pour out your heart before him: God is a refuge for us.* And He is our only refuge in times of trouble (Ps 27:5) ...

*6 **Humble** yourselves therefore under the mighty hand of God, that he may exalt you in due time:*

*7 **Casting all your care upon him; for he careth for you.***

*8 **Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:***

*9 Whom **resist steadfast in the faith**, knowing that the same afflictions are accomplished in your brethren that are in the world.*

*10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, **after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.***

11 To him be glory and dominion for ever and ever. Amen.

1 Peter 5:6-11

We'll pick this up in part 3...

AMEN.