

Part 3 – Filling the Hungry Soul

In part 2 we learned that, before the ‘redeemed’ were ‘gathered’ (from the four corners of the earth), they ‘wandered’ (strayed) in a wilderness (even a desert, which was desolate) and didn’t find any city to live in. And, in a historical sense, Israel did *have* to go through the wilderness (the desert) in order to get to the Promise Land *because* the wilderness was *in between* Egypt and the ‘Promise Land’, i.e. the ‘land of Canaan’. And, what this teaches us is that: we too *must* go through this flesh life (and live in a world that’s *very* corrupted, physically *and* spiritually) **if** we want to get to the *future* ‘Promise Land’ of the Millennium (Jesus’ return) *and* eternity (when all the wicked ones are done away with) (Rev 20). And we also learned that, when we are walking in this ‘wilderness’ of life, we too can be hungry and thirsty at times; *especially* if we’re not being obedient to the Lord (YHVH). But, as Jesus pointed out in Matt 6:24-34, **if** we keep our priorities in life straight (loving and obeying God *first and foremost* in our life) then He will *always* make sure we’ve got what we need (not lust for); and truly, He usually gives us many more blessings than that. That means, He’ll not only provide for us the physical food and water (and clothing and shelter) we need, *but also* our spiritual food and water, which is (of course) God’s Word. As Jesus taught us: *Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed* (John 6:27). So, striving to learn God’s Word, and obey it sincerely (from the heart) is what will ensure we don’t ever go hungry (physically or spiritually) while we’re living in this ‘wilderness’ of life (a flesh body that’s corruptible *and* a corrupted world).

And, as such, when we are in need of provisions, or help, we *should* ‘cry out to Him’ (in prayer), ‘in Jesus’ name’ (per Jesus’ instructions, John 14:13-14, John 15:17, John 16:23-26), for that shows we believe in, and trust, in Jesus Christ. While Moses was Israel’s intercessor while they were in the wilderness, Jesus Christ is now our intercessor (Is 53:12, Rom 8:26-27, 34, Heb 7:25) which is why we must ‘call upon’ the Lord (YHVH) in prayer, ‘in Jesus’ name’. However, whether or not He’ll help us depends on the sincerity of our heart! If we are not willing to see our sins, *and* kick them out (from the heart), then we’ll continue to be chastised by our Heavenly Father (Heb 12) *until* we do earnestly repent *and* get back to studying His Word *and* strive to *obey Him* (earnestly). And so, we also learned that, when we do these things, our Heavenly Father will *always* lead us in the ‘right way’ to a ‘city of habitation’. And, the ‘right way’ that the Lord (YHVH) leads us in is ‘the way’ of righteousness (Prov 12:28), which leads us to everlasting life (Ps 139:24). And that’s how we can find that great ‘city of habitation’ which is that great ‘city’ of “New Jerusalem” (Rev 3:12; Rev 21:1-2)!

And lastly, we saw the Psalmist ‘wish’ that all people would praise the Lord (YHVH) for His goodness (mercy, kindness) and wonderful works. And he ‘wished’ this because, if all people praised the Lord (YHVH), *sincerely*, that means they would worship Him... which means they would obey Him, *from the heart*. And if all people did that then, we certainly *not* have conflict,

pain, anguish (etc.) in life *because* there would be no corruption in the world, which is what makes living in this world like living in a ‘wilderness’, i.e. a desolate place *because of the moral depravity!* So truly, we today (who love and serve the Lord, YHVH) also have this ‘wish’, for we too long for the time *everyone* will praise, thank *and obey* the true God, YHVH! And, one day it *will* be like that, after all the incorrigible sinners are ‘consumed away’ (Ps 104:35; Ps 37:20; Rev 20:10-15). So, truly, the Psalmist was even looking forward to the eternity, when all of God’s children will praise Him for His goodness (and wonderful works) ... *because there will be no one left who refuses to do so!* But, since we’re not there yet, let’s continue to study this great Psalm 107, where we’ll pick up with the thought of ‘wandering in the wilderness’ of this wicked world...

Psalm 107

9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.

Now the Psalmist points out another *reason* that all people should praise the Lord (YHVH). And note that the Psalmist makes two statements, in this verse, that are nearly identical. The reason for doing so is to try and get the point across really well. We still speak like this today, too. For we often make a statement, and then follow it up with another statement that better defines what we’ve said, or gives more information about what we really mean. Now, it’s important to understand that the word ‘**satisfieth**’ means *to sate*, i.e. **fill to satisfaction** (literally or figuratively) (#7646). So, it means to be able to eat until you are totally satisfied (i.e. totally full). And the word ‘**filleth**’ is very similar, for it means *to fill* or (intransitively) **be full of** (#4390). And then the word ‘**longing**’ means *to course* (like a beast of prey) and, by implication, it can even mean *to seek greedily* (#8264). The word ‘course’ here is speaking of how a carnivore (beast of prey) will hunt (pursue) for food. And then the word ‘**hungry**’ here does mean **hungry** but it means intensely hungry (#7457).

And then the word ‘**soul**’ (both times) means **a breathing creature** (#5315). So, our soul is simply the ‘embodiment of our spirit’ (heart and mind, i.e. our will and intellect). And, while our spirit *does* reside in our flesh body, we actually have a *spiritual* body (which is our ‘soul’). So, our ‘soul’ refers to our *spiritual* body that dwells within our flesh body. Thus, when our spirit departs our flesh body, and goes back to the heavenly dimension we came from (Ecc 12:6-7), our spirit *automatically goes with it* because our spirit (heart and mind) *always* dwells in our soul (spiritual body), regardless if we’re in a flesh body or have passed on back to the heavenly dimension (2 Cor 5). To learn more about the difference between our **Body, Soul and Spirit** check out this link [<https://t.me/BibleStudyTruth/1017>]. Lastly, the word ‘**goodness**’ means **good** (in the widest sense) and can be used as an adjective to refer to **a good thing, a good man or woman**, etc. (#2896).

So again, one of the reasons we should all praise the Lord (YHVH) is the fact that He feeds us, to the full, when we are hungry. And, His ‘food’ is truly *very* good! As David wrote, back in Ps 103, when explaining some of the ‘benefits’ from the Lord (YHVH): He *satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's* (Ps 103:5). Obviously, we need good (healthy and hearty) food to keep our flesh body energized. Yet, spiritual food for our ‘inner man’ is just as important! And the **only** spiritual ‘food’ that is ‘good’ is the Word of God! As Jesus said in John 6:35: *I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst*. Indeed, good food, physically and spiritually, **is a promise** that our Heavenly Father gives us for those who seek, *and obey*, Him! In the physical sense, you can read Deut 28 to see how much good physical food He promises to give us *when we obey Him*. And, spiritually speaking, He promises we’ll always find Him (and His good spiritual food) when we seek Him with **all** our heart, mind and soul (Deut 4:27-31; Jer 29:10-14; 1 Chron 28:9, 2 Chron 15:2).

Further, if we *truly* love our Heavenly Father (and Jesus Christ), we should feed His ‘sheep’ and His ‘lambs’ – which means we should ‘feed’ the truth to people at *whatever* level of understanding they are at (i.e. the basics or advanced) as Jesus told Peter in John 21:15-17. Paul reiterated this in Acts 20:28, while Peter reiterated it in 1 Peter 5:2. And, in his letter to the Romans, Paul quoted Prov 25:21-22 when saying that: *if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head*. While it is good to feed people physically, **if** they really need it [<https://t.me/BibleStudyDownload/292>], the most important kind of ‘food and water’ that we can give anyone is the Word of God, for that’s what feeds our ‘inner man’. It’s kind of like the old saying that: if you feed a man a fish then, you’ll only feed him for a day. But if you *teach* a man how to fish, you’ll feed him for a *lifetime*! Therefore, feeding people *spiritually* will teach them how to obey God’s Laws, which will enable them to work for, and obtain, the *physical* food they need. However, it will *also* feed their *spiritual* hunger, which only the *truth* can ‘fill to satisfaction’. Moreover, if you feed your enemy the truth (God’s Word) that does, many times, ‘heap coals of fire on his head’ *because* the truth *burns in the hearts* of those who are rebelling against God. However, it also gives them the opportunity to repent, for without hearing the truth (the fact that they are sinning against their Creator) people will *never* repent (Rom 10:13-17).

Now, we should also take note that, this verse (here in Ps 107:9) is quoted in the New Testament. And anytime we’re studying the Old Testament, it behooves us to look at the Scriptures in the New Testament, which quote what we’re studying. For the New Testament’s use of these Old Testament Scriptures (which were the *only* ‘Bible’ they had at that time) give us a deeper understanding into what’s really being said. So, this verse (9) is quoted in Luke 1:53 and it’s actually part of Mary’s response to her cousin, Elizabeth, after she (Elizabeth) had praised God for allowing her to see the mother of her Lord (the Messiah). So, let’s take a look at what Mary said...

46 And Mary said, My soul doth magnify the Lord,
47 And my spirit hath rejoiced in God my Saviour.
48 For he hath regarded the low estate of his handmaiden: for, behold, from henceforth all generations shall call me blessed.
49 For he that is mighty hath done to me great things; and holy is his name.
50 And his mercy is on them that fear him from generation to generation.
51 He hath shewed strength with his arm; he hath scattered the proud in the imagination of their hearts.
52 He hath put down the mighty from their seats, and exalted them of low degree.
53 **He hath filled the hungry with good things; and the rich he hath sent empty away.**
54 He hath holpen his servant Israel, in remembrance of his mercy;
55 As he spake to our fathers, to Abraham, and to his seed for ever.
Luke 1:46-55

So, what this tells us is that, this verse 9 (here in Ps 107) is also *prophetical* for how the Lord would fill our *spiritual* hunger through the Messiah. And while Jesus certainly did feed people physical food at times (miraculously so), He did so to teach them the importance of coming to our Heavenly Father for the *spiritual* food that is *even more important* than physical food. In fact, John chapter 6 [https://t.me/BibleStudyBooks_John_and_epistle/100] is devoted to explaining this. When Jesus was speaking to a crowd who wanted *another* free meal (for He had previously feed five thousand of them from only five barley loaves, and two small fishes, John 6:9), He pointed out that the *true* bread they needed to hunger for was not the *physical* bread. For even though God fed Israel manna (while they were in the wilderness for forty years), they died. But the Messiah (Jesus Christ) is the *spiritual* bread (for Jesus is the Living Word, John 1:1, 14) that God has sent us (from heaven). And, therefore, it's the Words of Jesus Christ (as well as the example His life set forth to us) that feed us spiritually. As Jesus said in John 6:35: *I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst*.

Jesus had previously taught this to the Samaritan woman at the well (John 4) and she understood. So much so that she ran to tell others in the town, and many of them came out to 'eat' the spiritual food (truth) that Jesus taught them. However, those who Jesus was speaking to, in John 6, were *not* understanding what He said. Even though He used a figure of speech (John 6:51-58) that was *really common* in that day (to eat also means to digest *mentally*; we still use this figure of speech today) the people were so hard hearted (carnally minded, Rom 8:5-8) they thought Jesus was speaking about cannibalism! But, He was not speaking of cannibalism, and summed up what He *really* meant (when speaking to the disciples) when He said: ***It is the spirit that quickeneth*** [makes alive, #2227]; ***the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life*** (John 6:63).

So again, this verse 9 (here in Ps 107) is most certainly *prophetical* of the *spiritual* food that our Heavenly Father feeds us via Jesus Christ. Therefore, it's *also* prophetical of the Holy Spirit that God gives those [<https://t.me/BibleStudyTruth/1220>] who believe upon (*and obey*) Jesus Christ (Acts 2:33; Rom 5:5; Eph 3:16-19; Col 1:10-12, etc.). And that's because, the Holy Spirit is what helps us to 'spiritually digest' (truly understand) God's Word. So, while our Heavenly Father does feed us with 'good things' in the physical sense, He also (and more importantly) will feed us with 'good' spiritual food (the truth, God's Word, John 17:17) when we 'hunger' (long) for it! And, as Amos 8:11 prophesied, the famine of the 'latter days' (which we're living in now) is not for *physical* food or water but, '*of hearing the words of the LORD*'. And what's really sad is that, even though most people living today have access to read the written Word of God (and have the Strong's Concordance to help us understand the original languages), most people *don't hunger* for the **true** 'bread of life' (John 6:35, 48) to take the time and study God's Word for themselves. They would rather be 'spoon fed' by so called 'pastors' - who don't really feed them the 'good food' because *they don't really teach God's Word* but **perversions of it** (traditions of man).

This is why **Church is Not Christianity** [<https://t.me/BibleStudyDownload/212>], for the traditions taught in most Churches is *not the truth*! Now, that's not to say there's not any good pastors (or Churches), but the proof that most are not 'feeding' the people truth is in the fact that the morals of our country (yea, the world) are *consistently deteriorating* down the 'toilet'. If most Christian Pastors *were* actually teaching the pure truth (truly feeding people spiritual *truth*) then the morals of the world would not be so terrible! And that's why the 'great apostasy' is already underway! You can learn more about this in the special studies on **Apostasy** [link to part 1 here: <https://t.me/BibleStudyDownload/499>], for it help us to see the problem with relying totally on human pastors to 'feed' you *instead of* seeking (with *great* spiritual hunger) food from our *true* Shepherd, [https://t.me/BibleStudyBooks_John_and_epistle/154], who is (of course) Jesus Christ. However, so long as we continue to study God's Word, for ourselves (even if you do have a good pastor), as Paul admonished us to do in 2 Tim 2:15, we *will* be filled with 'goodness' of the blessed truth. As Jesus said: **Blessed are they which do hunger and thirst after righteousness: for they shall be **filled**** (Matt 5:6)!

1 The LORD is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 **He restoreth my soul**: he leadeth me **in the paths of righteousness** for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

Psalms 23 [https://t.me/BibleStudyBooks_Psalms/250]

We'll pick this up in part 4...

AMEN.