

Part 5 – The Lord Knows our Frame

In part 4 we learned of another part of how our Heavenly Father rules, for He is truly *incredibly* compassionate, gracious, slow to anger and plenteous in mercy. And, while He *does* want all His children to obey Him (because it's to our benefit to do so, Deut 10:13), He knows we're not 'perfect' (i.e. without sin) while in these flesh bodies (which is *why* He sent Jesus to atone for our sins, Rom 5:11; Col 1:14; Eph 1:7; Heb 9:12-15) and that's *why* He's *so very* compassionate, gracious, slow to anger, and plenteous in mercy. We also learned that our Heavenly Father doesn't *always* chastise (or punish us); He *only* does it when we *need it* because He sincerely loves us, and *wants* us to come to a good repentance, so we can live eternally with Him (Rom 6:23). *And*, after we have come to a good repentance, He also *doesn't* want us to go back to *habitual* sinning (as a way of life), so that's why He's faithful to ***continue to*** chastise those who He loves. As Paul explains (in Heb 12), God chastises us *for our profit, that we might be partakers of his holiness*. And then we learned our Heavenly Father (YHVH) also does not treat us (reward) according to our iniquities (corrupted heart and mind), which means He gives us a *lighter* punishment (chastisements) than we really deserve... *so long as* we sincerely repent and strive to obey Him (from the heart). And then David gave us an analogy - of how infinitely higher the heavens (sky and outer space) are compared to us on earth – which expresses the *infinite* mercy (kindness) God has *towards those who fear* (and revere) Him. And then David gave us *another* analogy, to explain God's *infinite* mercy (kindness), towards those who fear (and revere) Him. For, as far as east and west are from each other (infinitely far apart) *that's how far* the Lord (YHVH) has removed (forgiven) our transgressions (rebelliousness, i.e. habitual sinful lifestyle) from us (after we repent sincerely, of course). So, David's really done a good job 'laying out' the immensity of God's compassion, grace, mercy and long-suffering... *to those who* love, fear (and revere) *and obey* Him. And now, David will begin to explain *why* our Heavenly Father treats us so kindly...

Psalms 103

13 Like as a father pitieth his children, so the LORD pitieth them that fear him.

So now, David gives us another analogy – and it's one we can *really* relate to: the relationship between a father and his children. And the reason David's using such an intimate analogy is so we can fully understand *why* our Heavenly Father is so compassionate, gracious, longsuffering and merciful towards *those who fear* (and revere) Him. Thus, David calls us to consider how an earthly father feels about His children, so we can understand our Heavenly Father's feelings *towards us*. The word '**pitieth**' here is a prim root that means ***to fondle***. But, by implication, it also means ***to love***, especially ***to be compassionate*** (#7355). So, just as an earthly father (or mother) has love and compassion towards their children, so too does our Heavenly Father towards us (who 'fear' Him). As John wrote, in 1 John 4:9-10: *In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live*

through him. Herein is love, *not that we loved God, but that **he loved us**, and sent his Son to be the propitiation for our sins*. And, in 2 Thess 2:16-17, Paul adds that our Heavenly Father (YHVH) has also *given us everlasting consolation and good hope through grace* (i.e. through His Holy Spirit) which **comforts our hearts and stablishes our faith** so we can have good words and works for Him. This is why Jesus said (shortly before His death): **But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid** (John 14:26-27).

So, just as an earthly father has deep love, and compassion, for his children, so too does our Heavenly Father have deep love for His children, albeit God's love, and compassion, towards us is *much* stronger than any earthly parent, as the analogies in verses 11-12 expressed. But, quite importantly, this 13th verse (here in Ps 103) explains who God considers to be His 'children'. While we are **all** His children *because He has created us all* (Gen 1:1, Rev 4:11, Ezek 18:4, etc.), those who He *considers* to be His 'children' are *those who 'fear' Him*. And the word '**fear**' means those who **fear and revere** Him (#3373). This means we should *fear to disobey God* (Prov 16:6) but also that we should have a *profound* (adoring and awed) respect for our Heavenly Father (YHVH). In other words, while God created us all (our body, soul and spirit) *we don't all act like Him!* Thus, in the *spiritual* sense, He doesn't consider us all His 'children' because we don't 'take after Him', i.e. when we sin, we are *not* acting like Him, for He is *without iniquity* (Deut 32:4) and *righteous in all his ways, and holy in all his works* (Ps 145:17). And this is especially true when we are habitually sinning, as a lifestyle (i.e. we don't care about obeying Him). Therefore, those who He *does* consider to be His children are those who come to a good repentance, earnestly seek Him (through studying His Word) *and strive hard to obey Him*, which means learning (and trying hard) to do what's right, from the heart (i.e. 'fear' Him).

And Jesus actually explained this to the 'Jews' who claimed to believe in Him, in John 8:31-47. Though they *claimed* to believe Jesus, and even claimed to be of Abraham's decent, *they weren't taking after Abraham* because they *didn't love God* nor did they truly accept Jesus *as the Messiah* (the Christ). So, Jesus exposed their hypocrisy and basically told them that, while they might have some (a teeny-weeny bit) of Abrahamic descent (likely through Esau, Abraham's grandson and brother to Jacob) they were **not** 'acting like Him' *because they rejected the truth* that Jesus was teaching them. Jesus even outright told them that they were acting more like their forefather, *the devil* (vs 44), because, while they claimed to believe in Jesus, they were secretly trying to find a way to *get Him murdered!* You can learn more about this by studying the book of John, chapter 8 [https://t.me/BibleStudyBooks_John_and_epistle/139].

Therefore, regardless of our racial background, and regardless of the fact that God created us all, God only considers those who 'fear' (and love and revere) Him as His 'children'. As the first

chapter of the Gospel of John says: *But as many as received him, to **them** gave he power to **become the sons of God**, even to them that believe on his name: **Which were born**, not of blood, nor of the will of the flesh, nor of the will of man, but **of God*** (John 1:12-13). Thus, *only* those who believe in God - and His Son, Jesus Christ (the true Messiah, i.e. Christ) - are ‘born of God’, i.e. they are God’s *spiritual* children because they receive the truth (God’s Word, John 17:17). As James 1:18 also says: *Of his own will **begat he us with the word of truth**, that we should be a kind of firstfruits of his creatures*. So, being ‘begotten’ of God means to accept the truth (God’s Word) which also means we put off our ‘old man’ *which is corrupt according to the deceitful lusts* (Eph 2:22), and *not serve sin any longer* (Rom 6:6). We do this, of course, by *renewing the spirit of our mind* (Eph 4:23) *through studying God’s Word* (Col 3:10) in which the Holy Spirit will then help us put on the ‘new man’, which *is created in righteousness and true holiness* (Eph 4:24). And **that** is how we are ‘born of God’ through Jesus Christ. Paul explains this so very well in Rom 8, as does John in 1 John 5, which you can study further on via the links below...

Romans Chapter 8 https://t.me/BibleStudyBooks_Romans/39

1 John Chapter 5 https://t.me/BibleStudyBooks_John_and_epistle/12

Therefore, when we *do* ‘fear’ the Lord (Yehovah, #3068) *then* we are considered His children, *because* we accept His Word as the truth it really is. And *that’s* what causes our inner man to become a ‘new man’, as Paul coined it (Eph 4:24, Col 3:10). But, without accepting the truth, and letting it change your inner man (to be righteous, like our Heavenly Father) we are *not* considered God’s ‘children’. Therefore, He does *not* ‘pitieth’ us as a father does his son, because He looks upon us as bastards *instead of* His children (Heb 12:8). So, this analogy David uses here does a *wonderful* job helping us see *how deep* our Heavenly Father’s love, and compassion are, towards those who do ‘fear’ (love, revere and obey) Him. For further study on **How Much Does God Love Us**, check out this special study: [<https://t.me/BibleStudyTruth/1344>].

Psalms 103

14 For he knoweth our frame; he remembereth that we are dust.

Now David begins to explain another reason God ‘pitieth’ *those who fear Him*: He knows our ‘**frame**’, which is an interesting word in the Hebrew. For it not only means **a form**, it also means (figuratively), **conception** or even **purpose** (#3336). As David will explain further, in Ps 139:13-16, our Heavenly Father truly is the one who forms our flesh body *in the womb*, even from the *very moment* we are conceived. And the historical account - of how John the Baptist leapt in his mother’s womb when Mary (who had just conceived Jesus via the Holy Spirit) came to see John’s mother, Elizabeth (Mary’s cousin) (Lk 1:39-44) – proves that *life begins from conception* **and** that our Heavenly Father is the one who ‘forms’ us *even in the womb*, which his why He knows our ‘frame’, i.e. He knows us *from the time we are conceived*.

But, the fact that this word (#3335) *also* means ‘purpose’ reveals that our Heavenly Father not *only* knows us from the time we’re in the womb (and has molded us as we grew in the womb), He knew us *before* we were in the womb. How can this be? It’s because God actually created all of us (His children) in the ‘*first* earth age’, when He originally created heaven and earth for us to live in (Gen 1:1). And, at that time, He actually appointed Satan to govern the earth (Ezek 28 speaks of this). And, while Satan began as a really wonderful servant for our Heavenly Father, sadly, he ‘went bad’ because of his pride. Thus, he not only rebelled against our Heavenly Father (YHVH) but caused many other of God’s children to rebel against Him too. That’s why God destroyed that first ‘earth age’ (Gen 1:2) and created this earth age (Gen 1:3 onward), whereby all of His children (and even God Himself) would have to come to earth, in a flesh body (without our former memory of the first earth age) to be born innocent, so we can all have an opportunity to accept God’s salvation through Jesus Christ.

Further, the fact that this word ‘frame’ (#3336, in Ps 103:14) also means ‘purpose’, it also reveals that our Heavenly Father (YHVH) has even ‘predestinated’ *some* people to serve Him *because* He knows all of us *from before* we are conceived (as Paul points out in Eph 1:4-5 and Rom 8:28-30). You see, while many of God’s children did follow Satan (and rebelled against God) not all did. As the study on **The Rebellion** [<https://t.me/BibleStudyTruth/1288>] reveals, some of God’s children actually *stood up for our Heavenly Father*, (and did not follow Satan’s rebellion) while the others tried to ‘ride the fence’ by not ‘choosing sides’. Therefore, while the purpose of this flesh age is to try and save those who either followed Satan totally, or didn’t make a choice between the true God (YHVH) and Satan, there are some people God *knows He can trust because* they did actually stand up for Him, which means they *stood against* Satan. Thus, these are people who He chooses to serve Him, in this ‘earth age’ (while in a flesh body), for *specific purposes because He knows He can trust them!*

Now, this doesn’t mean they too (those who stood up for God in the first earth age) don’t need salvation through Jesus Christ, for *we all do* (Rom 3:23-24). It simply means God has chosen *some* people to serve Him in *specific* ways, such as this king David, Paul and many of the prophets. That’s why God told Jeremiah that: ***Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations*** (Jer 1:5). Why would God choose Jeremiah to be a prophet, *before* he was born, and had a chance to show if he would be faithful to the Lord (YHVH)? Because *God knew him from ‘before’ He formed Jereimah in the belly* (as God said in Jer 1:5). This also explains why God would hate Esau, and love Jacob, while they were still in their mother’s womb, as He has specifically said in Mal 1:2-3 – which Paul quoted, in Rom 9:13, when making the point that God is *not unfair* in His judgments, on earth; He’s *not unfair because* He knows *all of us from the first earth age*, when He first created us all, even Satan (Ezek 28:13-15).

So, we know that God specifically chooses *some* people to serve Him in particular ways. But again, that doesn't mean we don't sin at times, nor that we don't need salvation through Jesus Christ. It simply means that: those who stood up for God (YHWH) in the first earth age will be used by our Heavenly Father in this *second* 'earth age' (while we're in a flesh body) because *He knows He can count on them*, for they remained loyal to Him from the *first* earth age. So, those who are 'predestinated' are simply God's chosen servants ('elect', i.e. those chosen to serve Him) *who He knows He can count on*. Further, this does not mean He doesn't love His other children who didn't stand up for Him. *Quite the contrary*, God loved all of us *so much* that He Himself (as Jesus Christ) came to earth *to die for our sins*, just to give us *the chance* to turn back to Him and sincerely repent – so we don't have to die spiritually... which is the fate of Satan, due to his causing God's children to rebel in the *first* earth age. Further, coming to this earth age, in a flesh body, is one of the two stipulations for receiving eternal life, as Jesus taught us in John 3 (which you can learn about here: https://t.me/BibleStudyBooks_John_and_epistle/49). So, not only is Satan condemned to *spiritual* death (being blotted out of existence, Rev 20, Ezek 28) so also are the other rebellious (fallen) angels who came to earth, not in a flesh body, but a martial body which they could mate with flesh woman, to try and destroy God's plan of salvation (Gen 3, 6). That's why Jude 6 says that, *the angels which kept not their first estate, but left their own habitation, he hath reserved in everlasting chains under darkness unto the judgment of the great day*. If this knowledge sounds new, or confusing to you, consider studying the following studies which give *much more* explanation (*and* Biblical documentation) for the things stated above...

3 World Ages <https://t.me/BibleStudyDownload/190?single>

In The Beginning, The World That Then Was <https://t.me/BibleStudyDownload/496>

Genesis Chapter 1 https://t.me/BibleStudyBooks_Genesis/21

Pride, The Number One Sin <https://t.me/BibleStudyDownload/308>

Once Was a High Priest (Satan) <https://t.me/BibleStudyDownload/423>

Ezekiel Chapter 28 https://t.me/BibleStudyBooks_Ezekiel/525

Called or Chosen <https://t.me/BibleStudyDownload/318>

The First and the Last <https://t.me/BibleStudyDownload/310>

What Were We Like In the Beginning <https://t.me/BibleStudyDownload/322>

Where Did the People Go <https://t.me/BibleStudyDownload/340>

Spiritual and Material Dimensions <https://t.me/BibleStudyDownload/263>

So, the point to our study is that: when David wrote that God knows our 'frame' (in this Ps 103:14), it *not only* means He knows how we were fashioned in the womb, *but also* that He knows when (and how) we were conceived, **and** what our purpose in life is, *especially if* we are predestinated to serve Him. Further, another interesting thing about the word 'frame' (in Ps 103:14) is that it comes from a word that means *to mould into a form*; especially as a potter; and figuratively, it also means *to determine* (i.e. form a resolution) (#3335). So, that's *more proof* that God *knows* our conception, *as well as* what He has determined for *some* people to do, i.e. the

way He wants some people to serve Him while on earth in a flesh body. As Isa 64:8 so well said, *But now, O LORD, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand.* And, in Jer 18:4-6, God also pointed out how God is also forming the nation of Israel (as a potter) to be His ‘servant nation’, which (as Paul points out in Rom 9) now includes all gentiles who accept Jesus Christ too! But, what that boils down to is how God truly ‘molds’ our inner man, via the precious Holy Spirit, when He helps us to put off our ‘old man’ *which is corrupt according to the deceitful lusts* (Eph 2:22), and *not serve sin any longer* (Rom 6:6). And He does so through the *renewing in the spirit of our mind* (Eph 4:23) **as we study God’s Word** (Col 3:10) and thus helps us put on the ‘new man’, *which is created in righteousness and true holiness* (Eph 4:24). And no matter how old our flesh body gets, our ‘inner man’ can be *renewed day by day* (2 Cor 4:16) *through* the knowledge of Jesus Christ, i.e. God’s Word (Col 3:10).

Now, in Ps 103:14, not only does David say God knows our ‘frame’ (which you now know what that means), He also ***remembereth that we are dust***. The word ‘**remembereth**’ means ***to mark*** (so as to be recognized), i.e. ***to remember***; and, by implication, it also means ***to mention***. And then, the word ‘**dust**’ does mean ***dust*** (as powdered or gray); hence, ***clay, earth, mud*** (#6083). In other words, our Heavenly Father *also* shows us great compassion, mercy, grace and is long-suffering to us (2 Pt 3:9) *because* we’re in a flesh body. As Paul points out in Romans chapter 6 [https://t.me/BibleStudyBooks_Romans/37] our flesh body has a way of making us *want* to sin *because* it causes us to think about fleshly things (lust, pride, greed, etc.) instead of spiritual things, which are the things that really matter, i.e. loving and serving God (Mth 6:33). But, in Romans chapter 8 [https://t.me/BibleStudyBooks_Romans/39] Paul goes on to explain that, when we accept Jesus Christ (the word of God and His Holy Spirit) then we are not condemned to die *spiritually* (i.e. be blotted out of existence, Rev 20:10-15). That is, so long as we put off the ‘old man’ (Rom 6:6, Eph 4:22, Col 3:9, Luke 9:23) - which wants to think carnally, thus causes us to sin – and put on the ‘new man’ *which after God is created in righteousness and true holiness*, and is *renewed in knowledge* of Jesus Christ, i.e. God’s Word (Eph 4:24, Col 3:10).

As Paul so well said, in Rom 8:6, *for to be carnally minded is death; but to be spiritually minded is life and peace.* And, as Paul also wrote in Gal 5:24: *they that are Christ’s have crucified the flesh with the affections and lusts.* So, as long as we ‘*seek those things which are above*’ (where Christ sitteth on the right hand of God) and *set our affections on ‘things above’* (i.e. God’s Word and Will), instead of on ‘things below’ (carnal things like money, feelings, lusts, pride, ect.) then we’ll be allowed to live forever with our Heavenly Father, because Jesus had paid the price (with His own blood) to atone for our sins (Rom 3:24, 5:11, etc.). As Rom 6:23 so well says, *the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.* Thus, as long as we ‘fear’ (love and obey) our Heavenly Father – and strive to control our fleshly inclinations, *instead of letting them control us* – our Heavenly Father *does* show us great compassion, grace, mercy and long-suffering – *because* He knows we’re only ‘dust’, i.e. He knows we’re in a flesh body that’s hard to control sometimes. As Jesus said in Matt 26:41, *watch and pray, that ye enter*

*not into temptation: **the spirit indeed is willing, but the flesh is weak.*** So, it's important we 'watch' what goes on in our heart and mind (and the world) so we are not controlled by our flesh body (or lies, especially coming from the Church, <https://t.me/BibleStudyDownload/212>). And what this boils down to is that, we *must* 'watch' (and guard) our inner man (heart and mind) so we *don't* *apostatize*, which means to divorce the truth (that Jesus Christ is the Son of God, the only Messiah), which is a *real threat* to us living today. To learn more about this, check out the following studies on apostasy...

The Apostasy – Part 1 <https://t.me/BibleStudyDownload/499>

The Apostasy – Part 2 <https://t.me/BibleStudyDownload/500>

The Apostasy – Part 3 <https://t.me/BibleStudyDownload/501>

So again, David does a great job at explaining how much our Heavenly Father *truly* loves us [<https://t.me/BibleStudyTruth/1344>), which is *why* He's so compassionate, merciful, gracious and long-suffering to us, when we 'fear' Him, which means when we sincerely try to obey Him. For He knows we're in a flesh body that's hard to control at times. That's *why* He forgives us (over and over) when we fall short, for we all do (Rom 3:23), even after coming to believe in Jesus, and even though we *try hard* not to sin. But, so long as we sincerely repentant when we fall short (as David was, Ps 51) and continue to believe in, love, and serve (obey) God, via Jesus Christ (Rom 3:24) - and don't fall away from the truth (God's Word), which is apostasy - *then* He considers us His spiritual children *and* shows us *great* kindness (Heb 2:14-18) ...

*14 Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us **hold fast our profession.***

15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

*16 Let us therefore come **boldly** unto the throne of grace, **that we may obtain mercy, and find grace to help in time of need.***

Heb 4:14-16

So, Jesus Christ knows how to help us out of all trials, tribulations and temptations. For, He's lived in the flesh and overcame all sin (even Satan's temptations, Mth 4) *without sinning*. Thus, we *should* come to God (in Jesus' name) whenever we need help, spiritually or physically. For, the Lord is faithful, who shall stablish you, and keep you from evil (2 Thess 3:3).

We'll pick this up in part 6...

AMEN.