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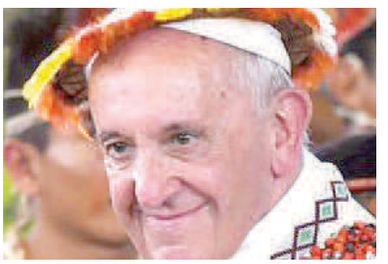
Cheruiyot makes it golden ending for Kenya in Doha

Page 32 Timothy Cheruiyot wins elusive gold as he clocks 3:29.26 to claim men's 1,500m title at World Championships.

News Beat >> PG 9

Pope's headache: Should priests be allowed to marry?

South American bishops' agenda part of efforts to boost low number of clerics in the Amazon



Health crisis looms as NHIF, ministry tussle

Revelation: Hospital owners up in arms over long delays in accreditation of new facilities while those already in operation complain of slow reimbursement and graft PG 4



News Beat PG6

How Mudavadi and Wetang'ula plot to eclipse ODM in Kibra by-election backfired



POINTERS



COUNTY NEWS PAGE 14

Attorney General told to stop brutality in Mau



BUSINESS PAGE 16

Collapse of Mumias stokes fears of massive sugar imports

WEATHER TODAY

Nairobi	26°C	Nyeri	23°C
Mombasa	29°C	Kitui	29°C
Kisumu	30°C	Wajir	33°C

St Mary's Hospital co-founder puts up new facility next door

Fryda lost battle for health care centres in Gilgil, Lang'ata to Assumption Sisters of Nairobi

by Roy Lumbe
@lumbe_roy

The controversial co-founder of St Mary's Mission Hospital William Fryda has opened a new medical facility, two years after he lost the ownership battle with the Assumption Sisters of Nairobi.

Fryda has established St Joseph's Hospital next door to St Mary's in Elementaita, Gilgil Nakuru county. The two hospitals are separated by a perimeter wall.

People Daily has learnt that Joseph Ng'era, a Nakuru businessman, is a co-owner of the new hospital.

Even as he sets up the new facility, Fryda has vowed to appeal the ruling which handed St Mary's Hospital to Assumption Sisters. "We will move to the appeals court with the aim of having the judgement set aside," he said.

Quality care

Fryda said the 28-bed hospital with 47 staff will strive to offer affordable healthcare to all Kenyans.

"The facility will dispel the notion that you cannot get quality healthcare in Kenya unless you are wealthy," he said.

In December, there was a scuffle at St Mary's Hospital, Lang'ata, Nairobi when the Assumption Sisters of Nairobi evicted its old management and staff, including Fryda, after winning the ownership dispute case.



William Fryda attends to a patient at the new St Joseph's Hospital in Gilgil, Nakuru county, yesterday. PD/ RAPHAEL MUNGE

On September 28, 2017, Environment and Land Court judge Munyao Sila allowed the sisters to seize the management from Fryda.

Fryda, an oncologist had moved to court in 2011 seeking orders to eject the nuns, who he accused of interfering with the hospital's operations, from the facility.

At the new hospital, the administrator Seth Mandera, said the facility had started to attract patients.

He said owing to the fact that it is situated on the busy Nakuru-Nairobi highway, they are in a good position to handle emergency cases.

FRYDA

We will move to the court with the aim of having the judgement set aside

"We are ready to handle emergency cases. The facility is well equipped and, so far, we are doing well since we have sufficient staff," he said.

The hospital wrangles came in the limelight nine years ago when Fryda accused the nuns of trying to forcibly take over the management of the hospital.

The two parties were locked in legal battles which ended with the nuns being declared the rightful owners of the two hospitals in Nairobi and Gilgil.

Fryda arrived in Kenya in 1991 after working as a missionary in Tanzania for many years. He left his New York home for Africa in 1980.



Remit all our dues, Sossion tells TSC

The Kenya National Union of Teachers (Knut) has vowed to keep fighting until all directives on union dues by a court are fully honoured.

Secretary General Wilson Sossion *(above)* yesterday acknowledged having received part of the money from the Teachers Service Commission (TSC) but said the amount falls short of the amount the union should be receiving every month.

Sossion said the union had received Sh83 million for September instead of Sh140 million.

Court directive

"Part of the dues for September have been remitted to the union's account though it has been based on an incomplete register since the union has a membership of over 190,000 teachers," Sossion told *People Daily* in a phone interview.

Failure to remit monthly dues saw Knut move to court, the culmination of which was the Employment and Labour Court issuing a directive on the issue in August.

"Pending hearing and determination of this case, TSC should deduct and remit union dues from Knut members," Justice Onyango ruled.

Failure by TSC to release monthly union dues had crippled operations of the 110 branches, including payment of salaries.

—Irene Githinji

Jubilee accused of 'pouring' money in Kibra

by George Kebaso
@Morarak

Opposition politicians have accused Jubilee Party of bribing voters to back its candidate in the Kibra by-election McDonald Mariga.

ODM and ANC claimed the ruling party was buying voters in its campaigns for the November 7 mini-poll.

While campaigning for its candidate Bernard Imran Okoth, ODM leaders alleged that voters have been queuing for money at Deputy President William Ruto's residence.

ANC leader Musalia Mudavadi also accused Jubilee of "pouring" money in Kibra to influence the voters.

"When people in Kibra say *'huyo ni hoteli'* (he is a hotel), what does that tell you? It means Jubilee is pouring money," Mudavadi said, while calling on the Independent Electoral and Boundaries Commission (IEBC) to investigate Jubilee's conduct.

Speaking at the Friends Church on Ngong' Road where he attended a Sunday service, Mudavadi called for a free and fair contest whose outcome will reflect the will of the people.

ODM politicians, including Secretary General Edwin Sifuna, Makadara MP George Aladwa and several elected leaders, told Kibra voters to "eat" the money, but vote for Imran.

"We have evidence that someone is pouring a lot of money. Take it but make the right decision come November 7," Aladwa said.

While campaigning in Laini Saba yesterday, Mariga promised to transform the constituency if elected.

MPs who accompanied him, including Kimani Ichung'wa (Kikuyu), Kimani Ngunjiri (Bahati) and Nixon Korir (Lang'ata) criticised Nominated MP Maina Kamanda for campaigning for ODM candidate in the by-election.

ANC candidate Eliud Owalo promised to complete stalled road projects in the area and ensure residents have access to electricity.

Ford Kenya candidate Butichi Khamisi, who carried out a door-to-door campaign, pledged to create jobs for the youth by reclaiming opportunities that, he said, had been hijacked by cartels.



Jubilee candidate in the Kibra by-election McDonald Mariga addresses a rally at Laini Saba, yesterday. PD/ KENNA CLAUDE



with WhackyGuy254
@WhackyGuy254



Cat predicted 50 deaths at a hospital

Oscar was an adopted cat that grew up at Steere House Nursing and Rehabilitation Center in Providence, Rhode Island. Hospital staff noticed that Oscar, just like the doctors and nurses, would make his own rounds around the wards. Oscar would sniff and observe patients, then curl up to sleep with certain ones. What surprised the staff was that the patients with whom Oscar would sleep would generally die within two to four hours after Oscar's arrival. Oscar's accuracy (currently standing at more than 50 reported instances) led the staff to institute a new and unusual protocol – once he is discovered sleeping with a patient, staff will call family members to notify them of the patient's (expected) impending death.

Animals with strange, curious oddities

They are not your usual suspects and some have abilities are beyond human comprehension...



Dog that sniffed cancer from woman

Maureen Burns from England survived breast cancer after her 10-year-old dog named Max, strangely "sniffed" the disease leading to early detection. The 64-year-old realised something was wrong when Max started acting strangely in 2012. He kept sniffing Maureen's breath and nudging her right breast. Max's odd behavior prompted Maureen to check her breasts, and she discovered a small lump in the right one, but the growth did not show up on a hospital mammogram. Still convinced that something was wrong, she persuaded surgeons to do a biopsy. Maureen's hunch was proved right when the results confirmed there was a lump — and it was malignant. She's had surgery to remove it followed by radiation. Burns is convinced that she is alive today because of her dog's keen sense of smell.

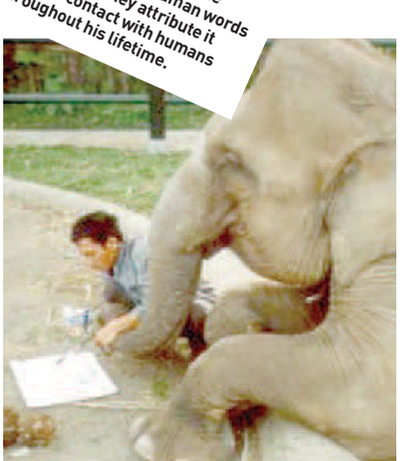


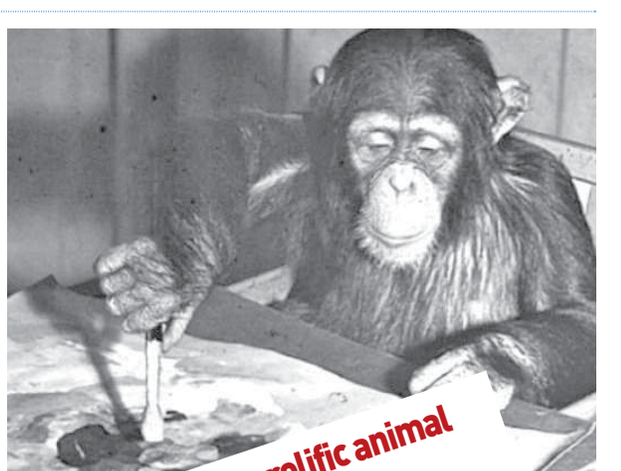
Chicken survived for 18 months without head

Mike the Headless Chicken (April 1945 – March 1947) was a Wyandotte rooster that lived for 18 months after its head had been cut off. On Monday September 10, 1945, farmer Lloyd Olsen of Fruita, Colorado, failed to completely decapitate the chicken. The axe missed the jugular vein, leaving one ear and most of the brain stem intact. The chicken, named Mike, stayed alive and Olsen decided to see how long it would last. Soon neighbours started trooping to see the headless chicken that had "refused to die". Once his fame had been established, Mike began a career of touring sideshows in the company of such other creatures as a two-headed calf. They would feed him using a syringe. He was also photographed for dozens of magazines and papers, featuring in Time and Life Magazines. The famous headless rooster died in March 1947, at a motel in Phoenix on a stopover while traveling back home from tour.

This elephant speaks Korean

Koshik is an Asian elephant with a special talent that many other elephants do not have. He can talk. Koshik has an impressive vocabulary of Korean. He can say, "annyong" ("hello"), "anja" ("sit down"), "aniya" ("no"), "nuo" ("lie down") and "choah" ("good"), Koshik lives outside of Yongin in South Korea in the Everland Zoo where he wows visitors with his ability. His trainers say that he started to imitate human words in 2004, and they attribute it to close contact with humans throughout his lifetime.





Congo, the most prolific animal painter in history

Congo was a chimpanzee considered the greatest animal painter in history. He was born in 1954 and produced about 400 drawings and paintings between the ages of 2 and 4. Pablo Picasso was a big fan of Congo and had one of his paintings displayed in his studio. Congo was a natural artist and understood the notion of colour balance and scrubbing. He was a purist and could make unique pigments. If his art was taken away before he considered it complete, Congo would scream and throw a fit. Also, if the ape considered one of his drawings to be finished, he would refuse to continue painting even if someone tried to persuade him to do so. Congo is one of the best selling animal artists in history. On June 20, 2005, three of his paintings were included in an auction at Bonhams and were sold for more than an equivalent of Sh2.6 million. In 1964, Congo died of tuberculosis at the age of ten.



Health crisis looms as ministry, NHIF tussle over hospital approvals

Nurses attend to patients at a hospital. Some private hospitals have accused Health ministry officials of demanding bribes for NHIF accreditation. PD/ FILE

At the heart of tug-of-war is accreditation of new healthcare providers, with demands for bribe claims

by Eric Wainaina
@EWainaina

A quiet power struggle has erupted between the Ministry of Health and the National Hospital Insurance Fund (NHIF) over accreditation of new healthcare providers.

The simmering behind-the-scenes tensions burst into the open following an outcry by owners of health facilities.

Those who have gone through the process claim accreditation only happens after greasing palms of ministry officials. The lucky ones, those already in business, have to contend with brazen demands for bribes before their reimbursements are processed.

The tussle was triggered by the roll-out early this year of the Universal Healthcare Coverage (UHC), which is one of the pillars of President Uhuru Kenyatta's Big Four agenda.

Under the guise of facilitating UHC, the ministry has now usurped NHIF's role of hospital accreditation, even deregistering some facilities that had been approved.

But NHIF acting chief executive Nicodemus Odongo downplayed the tussle, saying it has never been the fund's role to license facilities.

"There is a lot of misinformation out there. NHIF has never accredited facilities. That (accreditation) is not our mandate but that of the ministry, whose work involves policy and regulation issues," he said in a telephone interview with the *People Daily*.

The NHIF Act talks of "declaration" and not accreditation, said Odongo. "What we do is contract undertaking to do business with health facilities licensed by the ministry."

Accreditation delayed

But an insider said Odongo last year informed staff that they would no longer accredit hospitals.

"There were instructions from the director himself that, henceforth, they (Health ministry) were to do accreditation. That was late last year during a meeting," said the NHIF staff who sought anonymity.

This begs the question; who does and has been doing accreditation of health facilities if the ministry is withdrawing the same from NHIF? A number of applicants, whose accreditation has been delayed by up to a year, termed Odongo's explanation a " joke".

"Anytime we make follow-ups NHIF, which solely did the approvals, tells us they are waiting for the government's approval," said our source at a Kajiado facility.

Facility owners who spoke to *People Daily* declined to be named for fear of being blacklisted from doing business with the government.

Efforts to get a comment from the ministry's Medical Services Director General, Dr John Wekesa, were futile, as he did not respond to our calls and messages.

Those familiar with the accreditation say NHIF has solely been undertaking the task after clearance of the facilities by the Kenya Medical Practitioners and Dentists Council.

The insurer has been sending a team of officers from its branches with an assessment checklist of health facilities and compiling a report for presentation to a committee at the headquarters to decide if a facility qualifies or not.

The list of qualified health facilities is then forwarded to the Fund's board for ratification in a process that ordinarily takes three months. "The board was the final stage but since last year, there has been a requirement that the board's decision must be forwarded to the ministry for approval and that is where the process is stuck," said a doctor, whose application for his facility has delayed for nine months.

The move by the ministry to have the last word on the accreditation process is said to be part of the government's measures to tame massive graft at NHIF, which saw some top managers paraded in court. But lack of capacity at the ministry is said to have led to the confusion and delays.

A doctor in Nakuru whose application has been pending for more than a year says the "process has been frustrating".

Impromptu visit

In an exasperated tone, the medic who is consideration shutting down his facility, says: "The responses are heartbreaking and sometimes rude. You spend millions to put up a facility and forced to dig into your pocket to ensure it is running because NHIF staff can do an impromptu visit and if they find it non-operational, they will disqualify you automatically."

KMPDC chief executive, Daniel Yumbya, said their mandate as a council is to license all health facilities and NHIF can only "accredit facilities licensed by us".

"I understand there have been those communications but assuming they (ministry) wanted to (accredit), do they have the capacity?," he posed during an interview.

Yumbya, however, distanced himself from the matter, saying he was only responsible for the council and not NHIF matters.

"There is something they are not telling us but the Director General (Dr. Wekesa) should say what the position is. He's better placed to clarify the issue," he said.

Also, there has been a simmering row between the NHIF and private hospitals following the former's decision to reduce capitation for treatment, mostly on surgery, which has seen hospitals turn away patients.

Surgical repair

NHIF has reduced capitation for some ailments from Sh80,000 to Sh50,000 and from Sh50,000 to between Sh15,000 and Sh20, 000 while for outpatients, the scheme pays Sh300 per quarter of the year which translates to Sh100 per month.

Operations whose capitation has been sliced include tonsillectomy, haemorrhoidectomy and appendectomy, a common emergency surgery to treat the appendix.

Further, the cost of tuboplasty, a surgical repair of the fallopian tubes, was reduced from Sh80,000 to Sh60,000.

The costs of biopsy, a procedure for providing tissue diagnosis, marsupialisation and Mac stitch, have also been reduced from Sh50,000 to between Sh15,000 and Sh20,000.

Managers of private hospitals complained of lack of involvement by NHIF when deciding on the amounts to be reimbursed.

HIGHLIGHTS

- **Under the guise of facilitating UHC, the ministry has usurped NHIF's role of hospital accreditation, even deregistering some facilities, which had already been approved.**
- **The move by the ministry to have the last word on the accreditation process is said to be part of the government's measures to tame massive graft at NHIF.**

Raila has no power to issue orders, Ruto allies tell civil servants



Deputy President William Ruto with Bishop Justus Bundi at Methodist Church, in Central Imenti, Meru, yesterday. DPPS

Jubilee MPs allied to Deputy President William Ruto yesterday sustained their attacks on ODM leader Raila Odinga, advising civil servants to ignore his directives on various issues.

The MPs said Raila had no powers to issue any orders, adding that such directives can only come from government officials.

The remarks come a day after the Opposition leader on Saturday ordered an immediate stop to dredging works at the Likoni Channel to allow divers to locate and retrieve bodies of a woman and her daughter from the Indian Ocean.

Speaking during a prayer service at Kithirune Methodist Church in Central Imenti, Meru county yesterday, the MPs accompanying Ruto claimed Raila was taking advantage of his truce with President Uhuru Kenyatta.

The MPs are Raheem Dawood (North Imenti), Moses Kirimi (Central Imenti), Mugambi Rindikiri (Buuri), Rigathi Gachagua (Mathira), Silvanus Osoro (South Mugirango) and Halima Mucheke (Nominated).

"Those orders (on dredging) are a joke. We urge all civil servants to ignore Mr Odinga's directive; he has no authority to issue such," said Gachagua.

Osoro asked Raila was overstretching his mandate.

"Those in the Opposition should do their duty of putting the government in check," he said.

And in a thinly-veiled attack on Raila, Ruto asked leaders not to be intoxicated with power and titles.

"That is why they are attempting to sneak in some laws to curb Church donations. We will not shy away from standing with the Church," he said.

He called for increased collaboration between the government, cooperatives and leaders to ensure the said funds meet their target.

-DPPS

Phone tech hands cops murder clue

DCI arrests three more suspects over the death of Rai boss after tracing his destroyed mobile handset

by Seth Onyango
@PeopleDailyKe

Using the latest mobile phone technology and forensic analysis, detectives have cracked the circumstances surrounding the killing of Rai Cement Factory general manager Chetan Vyas and arrested eight suspects.

Yesterday, detectives from the Directorate of Criminal Investigations (DCI), Nairobi, arrested three suspects linked to the killing of Vyas, to bring the number to eight.

Sources within DCI said the three— Michael Nicholus Mibei (42), Hilary Cheruiyot (36) and Daniel Ruto (52)— were arrested following an intelligence operation in Kipsitet, Kericho.

Detectives in the case now believe that the killing may have been linked to a parcel of land on which the cement factory sits. The three suspects had sold part of the land to the firm.

Sources said the arrest of the three yesterday came after detectives from Nairobi recovered parts of a destroyed Samsung Note 9 phone that belonged to the late Vyas.

After killing Vyas, the suspects are said to have stolen his phone, among other items. They later moved to conceal all evidence by destroying the handset.

However, detectives searching the homestead, came across part of the phone with the late Vyas's sim card and the Mobile Subscriber Integrated Services Digital Network Number.

"Unfortunately for them, they had at one time inserted their sim cards into the handset for use, which directly implicated them," a source privy to the investigations said.

"The phone was one of the items robbed from the victim either during or after the killing," the Director of Criminal Investigations George Kinoti told *People Daily*.

Erase evidence

Kinoti said the suspected killers destroyed the phone to totally erase traces of evidence, not knowing that detectives were armed with the latest technology.

The arrest of the three came as five other suspects are set to be arraigned at a Milimani court today in connection to Vyas's killing.

Detectives zeroed in on the five following forensic investigations that placed them at the crime scene.

DCI identified the suspects as Azim Salim (38), Osman Noor Mohamed (24), ex-Saudi Arabia and Qatar security guard Shabdin Esmail (29), Mohamed Shahid Saleh (38), and Yacoob Wali (24).

"After extensive forensic investigations of the crime scene in the residential house and entire vicinity where the victim was murdered on the night of September 22 and 23, DCI detectives have arrested and detained five factory workers in respect to the gruesome murder and are now assisting with investigations. All are loading supervisors in Rai Cement Factory from Mombasa town," said Kinoti.

Kinoti urged companies seeking to employ people who have received security training or been employed in foreign countries to always seek clearance from his office as such individuals have a tendency of being dangerous.

According to the DCI, the five are suspected of killing Vyas because they had warning letters of looming sacking after reportedly stealing cement.

"The manager was strict and was a marked man. We are equally warning those who employ foreign trained or those previously employed as security personnel in foreign countries to always seek DCI clearance, which is always done through Interpol coordination ," he said.



Director of Criminal Investigations George Kinoti. PD/FILE

MORE ARRESTS

- **Probe:** Preliminary investigations indicated that Rai Cement Factory general manager Chetan Vyas was killed on September 22.
- **Arrest:** Detectives yesterday arrested three more suspects linked to the killing.

Thwart theft

On Saturday, it emerged that Vyas was could have been eliminated after he reportedly tried to thwart a cement theft plot by staff members at Rai firm.

Preliminary investigations indicated that Vyas was killed on September 22 by unknown men, who gained access to his Kipsitet house in Kericho county through the roof.

Kericho deputy county police commander Patricia Nasio, told the press that after accessing Vyas's bedroom, a three-man gang tied his hands and legs, and, thereafter, strangled him. His body was discovered the next day by a house help, who had gone to serve him tea.

Surveillance cameras installed outside the house had been tampered with, said Nasio.

A watchman said to have been involved in the murder was among the first suspects to be arrested by sleuths.

REPUBLIC OF KENYA

NATIONAL ASSEMBLY

TWELFTH PARLIAMENT – THIRD SESSION

In the matters of consideration by the National Assembly:-

1. **The Mental Health (Amendment) Bill (Senate Bill No. 32 of 2018)**
2. **The Radiographers Bill (National Assembly Bill No. 47 of 2019)**
3. **The Health (Amendment) Bill (National Assembly Bill No. 64 of 2019)**
4. **The Cancer Prevention and Control (Amendment) Bill (National Assembly Bill No. 65 of 2019)**

SUBMISSION OF MEMORANDA

Article 118(1)(b) of the Constitution provides that, "Parliament shall facilitate public participation and involvement in the legislative and of Parliament and its Committees". Further, the National Assembly Standing Order 127(3) provides that, "the Departmental Committee to which a Bill is committed shall facilitate public participation and take into account the views and recommendations of the public when the Committee makes its report to the House".

1. The Mental Health (Amendment) Bill (Senate Bill No. 32 of 2018) proposes to impose obligations on each level of government to address the issue of accessibility to mental health services including care, treatment and rehabilitation of persons with mental illness. It also proposes to incorporate within the membership of Kenya Mental Health Board representation of the county governments. The Bill further seeks to review the membership of the Kenya Mental Health Board from the current fourteen executive members to nine in order to make the workings of the Council more efficient and representative.

2. The Radiographers Bill (National Assembly Bill No. 47 of 2019) principal object is to provide a legislative framework for the training, registration and licensing of radiographers, so as to regulate their practice.

3. The Health (Amendment) Bill (National Assembly Bill No. 64 of 2019) seeks to amend the Health Act No. 21 of 2017 to introduce a new section which provides for the development of policy guidelines to regulate the referral of patients to health institutions both within and outside the country.

4. The Cancer Prevention and Control (Amendment) Bill (National Assembly Bill No. of 2019) seeks to amend the Cancer Prevention and Control Act, 2012 to make provision for training of health cadres in the specialized medical field of oncology, to include cancer treatment as part of the provision of primary healthcare and to incorporate the use of e-health and telemedicine

The above mentioned Bills have undergone First reading and are now committed to the **Departmental Committee on Health** for consideration and thereafter report to the House.

Pursuant to Article 118(1)(b) and Standing Order 127(3), the Committee invites interested members of the public to submit any presentations they may have on the four Bills. The presentations may be forwarded to the **Clerk of the National Assembly, P.O. Box 41842-00100,Nairobi;** hand-delivered to the Office of the Clerk, Main Parliament Buildings, Nairobi; or emailed to the clerk@parliament.go.ke; to be received **on or before Monday, 14th October, 2019 at 5.00 pm.**

Copies of the Bills may be downloaded from Parliamentary website:
http://www.parliament.go.ke/the-national-assembly/house-business/bills

MICHAEL R. SIALAI, EBS
CLERK OF THE NATIONAL ASSEMBLY

REPUBLIC OF KENYA

NATIONAL ASSEMBLY

TWELFTH PARLIAMENT – THIRD SESSION

In the matters of consideration by the National Assembly:-

1. **The Constitution of Kenya (Amendment) Bill (National Assembly Bill No. 60 of 2019)**
2. **The Public Fundraising Appeals Bill, (National Assembly Bill No. 66 of 2019)**

SUBMISSION OF MEMORANDA

Article 118(1)(b) of the Constitution provides that, "Parliament shall facilitate public participation and involvement in the legislative and of Parliament and its Committees". Further, the National Assembly Standing Order 127(3) provides that, "the Departmental Committee to which a Bill is committed shall facilitate public participation and take into account the views and recommendations of the public when the Committee makes its report to the House".

The Constitution of Kenya (Amendment) Bill, 2019 seeks to amend the Constitution of Kenya in order to enforce the principle of separation of powers so as to allow Parliament and County Assemblies to discharge their functions on matters under consideration or being proceeded with by Parliament, County Assemblies or any of their committees in line with international practice where Courts only intervene after Parliament has executed its mandate.

The Public Fundraising Appeals Bill, 2019 seeks to regulate public collections or harambees; to repeal the Public Collections Act and in its place have a more robust legal architecture in addressing pertinent issues in public collections. Further, it seeks to provide a framework for transparency and accountability in the conduct of fundraising appeals, avail proper safeguards to curb corruption that arises in voluntary collections with a view to ensuring that organizers of public fundraisings account for the monies raised.

The above mentioned Bills have undergone First Reading pursuant to Standing Order 127(3) and stands committed to the **Select Committee on National Cohesion & Equal Opportunity** for consideration and thereafter report to the House.

Pursuant to the provisions of Article 118(1)(b) of the Constitution and Standing Order 127(3), the Committee invites members of the Public to submit representations they may have on the said Bills. The representations may be forwarded to the **Clerk of the National Assembly, P.O. Box 41842-00100, Nairobi;** hand-delivered to the **Office of the Clerk, Main Parliament Buildings, Nairobi;** or emailed to **clerk@parliament.go.ke**; to be received **on or before Monday, 14th October, 2019 at 5.00 pm.**

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MICHAEL R. SIALAI, EBS
CLERK OF THE NATIONAL ASSEMBLY

How Ford-K, ANC bid to field one candidate in Kibra flopped

Secret meeting between Mudavadi and Wetang'ula early August backfired after the former backtracked and named a flagbearer

by Oscar Obonyo
@PeopleDailyKe

A secret meeting between Amani National Congress (ANC) leader Musalia Mudavadi and Ford-Kenya leader Moses Wetang'ula early August backfired after the ex-Vice President backtracked on a deal to field a "neutral candidate" for the Kibra by-election, the *People Daily* has estabilised.

The move plunged the duo into political confusion, with Ford-Kenya hastily opting to separately field a candidate. Politicians allied to both ANC and Ford-Kenya confirmed the disagreement.

In fact, when Mudavadi recently disclosed at a campaign rally in Kibra that he was under pressure to field a candidate from his Luhya community in the forthcoming by-election, he may well have been referring to Wetang'ula.

The *People Daily* has since learnt that the two leaders from the former Western Province had entered into a pact to identify and back a "neutral candidate" from the Luhya community, with the aim of snatching the seat from former Prime Minister Raila Odinga's ODM.

According to a close confidant of the Ford-Kenya leader, who is privy to the plot, the identified contestant was to vie as an independent candidate: "That would have given both ANC and Ford-Kenya opportunity to jointly support the candidate besides avoiding open confrontation with Opposition colleague, Raila, by directly fielding a candidate in Kibra, considering it is an ODM seat," explains the second-term legislator who spoke on conditions of anonymity.

Contacted for comment, Ford-Kenya's secretary general Dr Eseli Simiyu was cagey about the Mudavadi-Wetang'ula "secret meeting". Although he neither denied nor confirmed existence of the said meeting, Eseli said they were "in continuous discussions" over the Kibra by-election.

"In one of our meetings, we agreed on the need for a consensus in approaching the Kibra by-election. But even before we explored the matter, ANC announced a candidate and we felt slighted by Mudavadi," said Eseli yesterday.



Ford Kenya leader Moses Wetang'ula (2nd left) with the party flagbearer for Kibra by-election Khamisi Butichi and Kiminini MP Chris Wamalwa at a recent rally. PD/FILE

NEUTRAL CANDIDATE

- **The two leaders from western Kenya had entered into a pact to identify and back a "neutral candidate" from the Luhya community.**
- **Source says the identified contestant was to vie as an independent candidate. That would have given both ANC and Ford-Kenya opportunity to jointly support the candidate besides avoiding open confrontation with Opposition colleague, Raila.**

The deal accordingly collapsed when Mudavadi "suddenly" identified Raila's head of presidential campaign in 2013, Eliud Owalo, as his party's flag bearer. Owalo hails from Asembo, Rarieda in Siaya.

In essence, Owalo's entry in the race on a presumed "Luhya party" marked the end of the Mudavadi-Wetangula secret deal. Ford-Kenya accordingly settled on Khamisi Butichi as its flag bearer in the Kibra race.

Butichi unsuccessfully vied for Ikolomani parliamentary seat, Kakamega County, in the 2017 polls.

With ANC and Ford-Kenya going for each other's neck in the Kibra contest, there are fresh fears that Kibra could be the alter upon which the political marriage between Mudavadi and Wetang'ula could collapse.

It appears the point of departure between Mudavadi and Wetang'ula is their political mobilisation approach. While Wetang'ula is keen at solidifying his western Kenya support base, Mudavadi projects a national image by intensifying political activities across the country.

According to ANC secretary general Barack Muluka, the Mudavadi-led party is a national outfit with political interests beyond western Kenya.

This partly explains why the party settled for Owalo, a non-Luhya, as candidate for Kibra seat, which fell vacant following the death of area MP Ken Okoth late July.

Even as the camps allied to Mudavadi and Wetang'ula scramble for the Luhya vote in Kibra, their duel is further complicated by the entry of the ruling party's MacDonald Mariga.

Though a political greenhorn, the candidature of the ex-international soccer star from Funyula in Busia has attracted a barrage of criticism from ANC, Ford-Kenya and ODM politicians.

"There is a misconception that Mariga is the weakest candidate in the race. However the persistent attacks is a pointer of the opposite. First, Mariga boasts of name recognition besides a powerful machine of the Jubilee ruling party, which is behind his candidature," says Arthur Odera, a former MP for Teso North.

He maintains the Mariga factor will no doubt complicate the Luhya equation for Mudavadi and Wetang'ula. The focus on the Luhya voting bloc, believed to be the majority, is similarly of interest to the ODM party, whose candidate for next month's poll is the late Okoth's brother, Imran Ochieng' Okoth.

In the meantime, Eseli remains hopeful that the ANC and Ford-Kenya merger "may come to pass" after Kibra poll: "This is the only development that will rescue the Luhya community politically."

Banks in Kisii pledge to support tea farmers

by Robert Ochoro
@PeopleDailyKe

Bankers in Kisii have pledged to support tea farmers by giving those who secured loans from the institutions more time to repay them following low tea bonus.

Branch managers, Robinson Mirieri (Equity), James Maganda (Kenya Commercial Bank) and Wakenya Pamoja Savings and Credit Cooperative society chief executive Isaac Omwenga urged the farmers to turn up at the institutions to renegotiate modalities of servicing the loans.

Speaking to *People Daily* separately, the bankers said tea farmers have been supporting the institutions and they will not abandon them because of the low pay.

Uproot tea bushes

"I assure farmers that the bank will support them. Therefore, I urge those with loans not to fear. The bank's officers are ready to listen to them," said Maganda.

Mirieri urged farmers not to be discouraged and uproot tea bushes, noting the bank is set to renegotiate with those with loans and refinance them boost tea production.

"I appeal to the tea farmers to increase the quality and quantity of tea so that it can compete with produce from other countries and fetch high prices and boost their earnings," he said.

Omwenga said the sacco is ready to negotiate with those who secured loans. "Majority of the farmers are stil paying school fees. We will support them to repay the loans with ease," he added.



Equity Bank Kisii branch manager Robinson Mirieri. PD/ ROBERT OCHORO

BRIEFLY

Healthcare benefits from Sh6.8b grant

Kenya is set to benefit from a $68 million (Sh6.8 billion) funding for comprehensive newborn care in Sub-Saharan Africa. Newborn Essential Solutions and Technologies (NEST360°) will donate the funds for eight years towards maternal healthcare to bolster government's efforts. Kenya's project is jointly run by the Centre for Public Health and Development (CPHD) and Kenya Medical Research Institute's Wellcome Trust Research Programme. "We have seen and talked about pre-term babies dying for lack of expertise and equipment. This should not be so. This intervention is a game-changer. Our goal is to reduce the newborn mortality rate by 12 per 1,000 by 2030," CPHD's executive director David Adudans said.

—Seth Onyango



Kenya hosts global security conference

Kenya is today set to host a forum on the parliamentary intelligence security to deliberate on issues of security around the globe. The forum organised by Parliament and which will bring together 300 participants out of which 200 will be international, will deliberate on the fight against terrorism, money laundering, corruption and other organised crimes. Speaking yesterday, National Assembly Administration and National Security committee chairperson Paul Koinange (*pictured*) said the forum will give participants an opportunity to share knowledge and build networks on information and intelligence sharing among allies that would assist in addressing common threats shared by all peaceful nations.

— Mercy Mwai

Man dies after walls of quarry collapse

A man died on Saturday after the walls of a quarry where he was mining stones caved in at Gataiyu, Kandara. Joseph Mwangi was in the company of another man only identified as Muthama who managed to escape unhurt. Kandara police boss Paul Wambugu said most of the quarries in the area are a disaster in waiting and they ought to be closed down. Sub county administrator Fredrick Kinyua said he had written to the National Environment Management Authority (Nema) requesting them to assess the quarries but three weeks down the line there has been no response. Area MP Alice Wahome accused Nema of laxity saying the officers ought to inspect such sites.

—Wangari Njuguna



EACC commends Catholic church's move on graft

by Irene Githinji and Noah Cheploen
@PeopleDailyKe

The Ethics and Anti-Corruption Commission (EACC) yesterday called on all religious organisations to emulate the example set by the Catholic Church and join in the fight against corruption.

EACC chief executive, Twalib Mbarak (*pictured*) commended the Kenya Conference of Catholic Bishops (KCCB) for taking the step to break the corruption chain in their anti-graft campaign, which will run for the next six months.

"EACC welcomes the statement issued by KCCB outlining measures to be taken in a six-month national campaign by the Catholic faithful in Kenya in support of the fight against corruption," he said in a statement.

KCCB on Saturday said it will not allow the church to be used as a political platform, adding that it will no longer accept direct donations from politicians.

The bishops further stated that contributions for Catholic church projects will now be done via mobile money transfer or cheques.

Mbarak regretted that corruption has reached disturbing levels in the country and said culpable individuals are known to channel their ill-gotten wealth to religious organisations, mainly the church.

"The Commission commends the move by the Catholic bishops calling for proper accountability and transparency in handling of all financial donations to the Church," Mbarak said.

Another scam looms as Sh10b for the hungry 'goes missing'

Auditor General says no papers available to support expenditure of money on drought

by Mercy Mwai
@PeopleDailyKe

The government is staring at a new mega scandal after it emerged that Sh10.4 billion meant to feed the hungry cannot be accounted for.

In a report tabled in the National Assembly last week, the office of the Auditor General said the National Drought Management Authority (NDMA) failed to operate and maintain the fund in line with the provisions of the National Drought Act 2016.

The report shows that the cash was spent under various categories, but concerns have arisen over how the list of beneficiaries was arrived at as there are no documents provided to show how they were identified and paid.

Domestic travel

The report for the financial year 2017/18 comes even as the authority is on the spot for spending Sh5 million in domestic travel expenses. "No accounting records have been maintained in respect to the fund. The management is in breach of the law with regards to the operation and management of the fund," the report reads in part.

Of the amount in question, Sh5 billion was received under the hunger and safety net programme in the 2016/17 financial year. Sh2.74 billion of it was public contribution under the Kenya for Kenyans campaign and Sh2.5 billion as conditional grant.

The Auditor General said although the expenditures are based on the requisitions made to fund various activities, documentation in support of the expenses had not been availed for audit verification.

"Further, the hunger and safety net programme GOK and donor programme expenditure of Sh5,049,328,332 that comprised of various payments to beneficiaries did not have documentation to support the basis the beneficiaries were identified," the report added.

It also emerged that another Sh2 billion given for National Drought Emergencies Fund (NDEF) in the 2016/17 financial year and which was supposed to independently be managed and operated by the Authority's Chief executive is also being queried as there are no statements prepared and submitted for audit for the two years the authority held the money.

Auditor general said despite the money increasing by Sh51.6 million because of interest, no documentation in support of this increase had been provided for audit review.

"In consequence, the accountability of the fund of Sh2 billion together with the interest income on the amount could not be ascertained as at June 30, 2018," the report said.

Apart from the drought cash, the Auditor General also raised a red flag over the composition board committees of NDMA. This is after it emerged that two of the three members of the board's audit committee are also part of the four-member Finance committee.

The AG said this makes it impossible for the Audit committee to effectively check the actions and decisions of the Finance team.

WHERE ARE THE PAPERS?

- The report shows that the cash was spent under various categories, but concerns have arisen over how the list of beneficiaries was arrived at as there are no documents provided to show how they were identified and paid.
- Of the amount in question, Sh5 billion was received under the hunger and safety net programme in the 2016/17 financial year.
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Sh10b
meant to feed the hungry cannot be accounted for.



Turkana is one of the hardest hit regions by drought. PD/FILE

SA divers to join hunt for ferry victims

by Sophie Njoka
@PeopleDailyKe

The government said yesterday that South African divers had been contracted to arrive in the country today to help retrieve the victims of the Likoni ferry tragedy in which a car slid off the vessel into the ocean last Sunday.

Government spokesperson Cyrus Oguna (*pictured*) said the South African divers will hold a meeting with their Kenya Navy counterparts before proceeding with the exercise tomorrow.

"The first batch of highly specialised divers who have been contracted by the family will arrive in the country tomorrow (today) and thereafter, meet the team being led by the Kenya Navy to agree on how to go about the exercise by Tuesday," he said.

Skip fete

At the same time, some women legislators have threatened to camp at Likoni ferry during Mashujaa Day celebrations if bodies of Mariam Kighenda and her daughter Amanda Mutheu will not have been retrieved.

The leaders allied to Inua Mama faction on Friday accused the government of taking long to retrieve the bodies from the ocean.

Led by Malindi MP Aisha Jumwa, Nakuru Senator Susan Kihika and Kandara MP Alice Wahome, the lawmakers said the departments involved are not committed to retrieve the bodies, terming the incident a shame to the whole nation.



BRIEFLY

Sengwer starts 393km walk to State House

Members of the minority Sengwer community yesterday started a march from Kitale to Nairobi to seek audience with President Uhuru Kenyatta to demand recognition as an autonomous tribe. According to activist Al-Amin Kimathi, who is leading the tribes-people in the 393-kilometre journey, the community which has been living in Embobut should not have been removed from the forest. The community Elias Kimaiyo Secretary General said they resolved to walk to Nairobi to seek the President's intervention in getting allocation of the forest land they have called home for decades. He blamed security apparatus of harassing members of the community whose numbers recent government statistics put at around 80,000 up from 12,000 in the 2009 population census.

-David Musundi



Cops nabbed in Sh6m heist to be arraigned

Three police officers suspected of raiding a hotel and robbing two businessmen of Sh6 million will be arraigned today. Corporal Wilson Cheruiyot, Police Constable Daniel Kipkorir and Police Constable Alex Kandie were arrested on Friday night after Mohammed Hassan Mohammed and Abdullahi Hussein Yusuf reported that they had been robbed of US$60,000 at gunpoint at room 143 of Barwaka Lodge on Eighth Street and Second Avenue, Eastleigh. They had a pistol each and a total of 45 rounds of ammunition. Detectives also arrested a Cameroonian, Esome Jean Babtist, and recovered Sh3.5 million and a pocket phone. Sleuths are also in pursuit of another police officer who is alleged to have been involved in the heist but is on the run. The cops were arrested by colleagues from Pangani Police Station who had responded to a distress call from the businessmen.

—Seth Onyango

Young faithful receive Sacrament of Confirmation



Archdiocese of Nairobi auxiliary bishop David Kamau when he gave the Sacrament of Confirmation to students of Strathmore School at St Austin's Catholic Church, James Gichuru Road, on Friday. Learners from various city schools were also confirmed.



Dorcas Barasukana is confirmed by the bishop.



Antoine Tapin receives the Confirmation sacrament. Auxiliary bishop Kamau urged the young faithful to be obedient and to keep off bad company. The crucial advice comes even as the long December holidays approach. PD/ JOHN OCHIENG

BRIEFLY

Kajiado postpones health plan renewal

Kajiado County government has postponed the renewal of a health insurance scheme targeting needy households. The National Health Insurance Fund (NHIF) programme dubbed Mbuzi Moja, Afya Bora was set to be renewed on October 11, a year after it was launched, but has been postponed indefinitely. The first phase had 3,550 beneficiaries, who were required to give a goat in exchange for a NHIF card. The county government was to pay Sh3,000 for each beneficiary with the goat fetching the rest of the amount. The initiative has been marred with controversy, with claims that most hospitals declined to take the cards, saying they were not paid for. Speaking on Saturday, Governor Joseph ole Lenku (*below*) said: "We have been forced to postpone the initiative as most herders are now looking for pasture."

– Christine Musa



Governors, MCAs spent Sh16b on travel despite austerity calls

Report covering 2018/19 fiscal year shows spending on trips was an increase from previous year's Sh11b

by Hillary Mageka
@hillarymageka

Governors and MCAs spent a whopping Sh16.2 billion on domestic and foreign trips in the 2018/19 financial year, a new report by the Controller of Budget (CoB) shows.

The report, covering July 2018 to June this year, revealed that the travel expenditure rose by 42.5 per cent from Sh11.36 billion incurred in the 2017/18 financial year. The amount comprised Sh9.9 billion for domestic travel and Sh1.5 billion for foreign travel. In the 2016/17 financial year, the officials spent Sh12.15 billion on travel.

Data from the CoB shows during 2018/19 fiscal year, the governors and MCAs—who have been on the spot for making unnecessary trips—gobbled up Sh13.44 billion on domestic travel and Sh2.75 billion on overseas trips.

The hefty spending casts the spotlight on a high appetite for public resources amid persistent calls to use available funds prudently. Last month, the government—through the National Treasury— halted all benchmarking trips by ministries and their respective State departments in fresh austerity measures aimed at cutting on public spending.

In a circular dated September 26 sent to all Cabinet secretaries and accounting officers, Acting Treasury Cabinet secretary Ukur Yatani said the government had capped the number of officers in government delegations for foreign travel at four.



Acting Controller of Budget Stephen Masha at a past event. PD/FILE

IN SUMMARY

- **Governors and MCAs spent Sh13.44 billion on domestic travel and Sh2.75 billion on overseas trips in the 2018/19 financial year.**
- **The CoB has recommended that expenditure on non-core activities be rationalised.**

"The high expenditure on travel, which is a non-core activity, may lead to reduced expenditure on key development programmes, as we operate in a cash-flow constrained economic environment," reads the annual County Governments Budget Implementation Review Report for the financial year 2018/19 by the acting CoB Stephen Masha.

Cut spending

"This is contrary to the requirements of Article 201 of the Constitution which demands that public money shall be used in a prudent and responsible way," adds the report. The controller recommended that expenditure on non-core activities, such as travelling should be rationalised to free funds for implementation of key development programmes.

In his report, Masha named Machakos county as the highest spender on domestic and foreign travel at Sh643 million, followed by Nairobi and Kisii at Sh641 million and Sh598 million respectively. This is the second time Nairobi Governor Mike Sonko's administration is on the spot over high travel costs. Counties that had the least absolute expenditure were Kirinyaga, Samburu and Elgeyo Marakwet at Sh167 million, Sh117 million and Sh111 million respectively.

PNU unveils comeback plan ahead of polls

The Party of National Unity (PNU) has launched strategies to revamp itself ahead of the 2022 elections.

PNU's new chairman David Kamau said the party, which secured retired President Kibaki's second term in 2007 is now plotting a major political comeback ahead of 2022.

He said among the strategies in place is recruitment of new members and opening of new offices countrywide adding that the party had opened new offices in 18 counties and aims at opening more in the remaining counties by June, next year.

"We are planning to open offices in all the 47 counties to strengthen our party, which now wants to make a major political comeback ahead of the next elections," he said.

Speaking in Nyahururu, the chairman, who was accompanied by top party officials, said they will field a presidential candidate in 2022.

At the same time, the party said it supports fully the Building Bridges Initiative (BBI), if it is all about inclusivity. The officials also expressed support for the Handshake.

A founder member, George Omari, said the party officials were on a three-day retreat to deliberate on various national issues.

Trade and Industrialisation Cabinet Secretary Peter Munya and Laikipia Governor Ndiritu Muriithi, among others, attended the retreat.

-KNA

Could Pope say 'yes' to married priests?

South American bishops have advocated for this to address the shortage of priests in the region

Vatican, Sunday

Catholic bishops from around the world are meeting at the Vatican to discuss the future of the Church in the Amazon.

Over the next three weeks, some 260 participants will talk about climate change, migration and evangelism.

Pope Francis opened the talks on Sunday by blaming destructive "interests" that led to recent fires in the Amazon.

"The fire of God is warmth that attracts and gathers into unity. It is fed by sharing, not by profits," he said.

But one topic has dominated the headlines: whether married men will be allowed to become priests.

One of the items on the working document—the *instrumentum laboris*—is the suggestion that in remote parts of the Amazon, older, married, men should be ordained.

They would need to be men who are particularly well-respected and, according to the document, they would preferably come from the indigenous communities where they intend to work.

South American bishops have advocated for this in an effort to address the shortage of priests in the region.

Fully dedicated

Only priests can consecrate the Eucharist, which is a key part of Mass. It is estimated that at least 85% of villages in the Amazon are unable to celebrate Mass every week as a result of this shortage and some only see a priest once a year.

"Pope Francis, coming from Latin America, has an instinctive understanding of some of the challenges of that region," says Professor Gregory Ryan, from the Centre for Catholic Studies.

"The concern of how thinly priests are spread in the Amazon region is really the fundamental thing at the root of this," he adds. "It is tied in with the very strong Catholic sense that the Eucharist is at the heart of regular Christian community."

For many, celibacy is a key part of being a Catholic priest. A priest is supposed to be married to God and not be distracted by what some consider to be worldly concerns like a wife or a family.

Professor Linda Woodhead MBE, who specialises in the sociology of religion, says that in addition to celibacy, Catholic priests and nuns "are given their housing [and] basic allowance so that they are fully dedicated to doing what they are doing."

"People feel that that priest has the time to give them and they're not intruding on someone's private life," Prof Woodhead says. "That priest is there and is available for them and that is quite a special thing."

Abolishing celibacy

For traditionalists, this is an issue about the direction in which Pope Francis is taking the Church. German Cardinal Walter Brandmueller is reported to have said that the Amazon Synod could mark "the self-destruction of the Church".

Some critics regard the idea of allowing married priests in the Amazon as a pretext to abolishing celibacy as a requirement altogether.

They are also suspicious of the suggestion that the synod could "identify the type of official ministry that can be conferred on women" and fear it could mark the beginning of ordination for them too. But for Prof Woodhead this is less a battle for the soul of the Church and more about an institution that is evolving.

"The Catholic church always changes, like any institution that lasts so long," she says.

"It has changed radically even since the 20th century. It used to be opposed to democracy, liberalism and human rights. It now champions human rights.

"It constantly changes but it does so in a considered way, " she adds. "In dialogue with its own tradition."

So could we see married priests?

Well, they already exist.

Some Anglican priests who converted to Catholicism after leaving their churches in protest at the ordination of women have been allowed to continue in their ministries. And Eastern-rite churches also have married priests as a matter of course.



Pope Francis leaves after celebrating mass at St Peter's Basilica in the Vatican, for the opening of the Special Assembly of the Synod of Bishops for the Pan-Amazon Region, yesterday. AFP

Shortage of celibacy

There are some who say it is inevitable that, if married men being ordained is agreed for the Amazon, it could eventually happen in other regions with a shortage of priests such as the Pacific islands.

But Prof Ryan argues that "if this happens at all it will very much happen as an exception".

"One of the things people are very concerned about is does the exception become the rule," he says.

"I think the church will resist that instinctively. The celibate clerical culture is deeply embedded".

- BBC

THE THE AMAZON SYNOD EXPLAINED

- **A synod is a gathering of priests and bishops to discuss issues affecting the Church.**
- **The Amazon Synod is a special synod to discuss issues affecting people living in the Amazon region.**
- **Most participants are bishops and priests from the Amazon region.**
- **After discussion, the synod will vote on their conclusions and then present a final document to the Pope.**
- **The conclusions of the synod are advisory. It is the Pope who makes any final decision.**

260

The number of bishops who will take part in talks over climate change, migration and evangelism.



EDITORIAL

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QUOTED TODAY



WELLINGTON WALIAULA

Of late, there has been a tendency of some unscrupulous people who have the desire to make quick money to establish schools without following the law.



AISHA JUMWA

If the bodies will not have been retrieved, I will lead women from all corners of the nation to Likoni channel on Mashujaa Day to mourn the death of mother and daughter.



DONALD TRUMP

The US is making the problem worse by admitting thousands of aliens who have not demonstrated any ability to pay for their health care costs. Immigrants should not further saddle our health care system.

Emulate Catholics on cash donations

The decision by the Catholic Church to ban cash gifts and donations as an initial bid to tame the graft dragon could not have come at a better time.

The church, the largest denomination in the country, has expressed concern that the proceeds of graft and other evils have found their way into the altar, at the expense of morality.

Just last week, a group of church elders (not from the Catholic Church) called a media conference and stopped short of begging for the large cash amounts that are frequently donated to other churches.

Granted, the church in general has tended to rely rather heavily on politicians to fund its activities and projects, which has served to feed the thirst for cash, mostly derived from corruption of and other unethical deeds.

Politicians aside, individuals who may have amassed wealth through dubious, mostly illegal means throng churches to "whitewash" their spoils and most churches fail to question the source of such wealth.

The Catholic Church has picked up the gauntlet thrown by Kenyans who have asked, time and again, about the position of the church on the matter of accepting cash donations from individuals whose source of wealth is suspect or a mystery.

Other churches must follow suit and ban politicians from the pulpit, which must remain places of propagating the liturgy and preaching.

Politicians and other individuals who dabble in shenanigans to line their pockets, and thereafter rush to the church to clean up ill-gotten wealth must find other tricks to justify their evil ways.

On the face of growing thirst for ill-gotten fortunes, the church must remain the last port of call for those keen on mending their ways, rather than a haven where they find succor.

The church must retain the moral high ground and show the way. This must remain a constant in a changing world where consumerism and greed drive the quest for wealth.

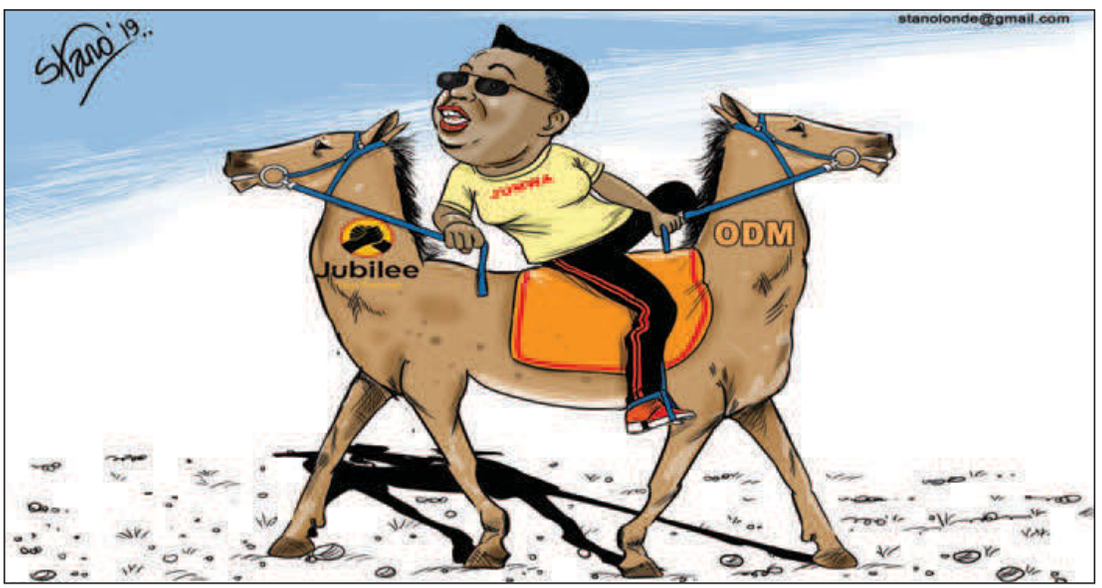
Further, the Church should show by example that the difference between want and need needs not drive the faithful to sin, fuelled by the desire to keep up with the Joneses.

The Catholic Church has shown the way. Others should follow.

THOUGHT OF THE DAY

POPE FRANCIS

The worship of the golden calf of old has found and new and heartless image in the cult of money.



Mutyambai must stamp out graft in police service



MUKALO KWAYERA

No other child should die of bullets of a greedy police officer.

On September 12, a police officer shot dead a two-year-old boy in Soweto slums in Nairobi. This month, Dan Githinji would have been celebrating his third birthday. He will not.

Instead, his family will be marking one month since their son was murdered by an officer said to have been on mission to extort brewers of illicit liquor. Githinji's killer is probably still roaming the city looking for bribes.

The unfortunate incident underlines the lows to which the National Police Service (NPS) has sunk. Even as the rest of the country condoles with the boy's family, blame must be put where it belongs.

Inspector General (IG) of Police, who is the face of the NPS, must take full responsibility for the child's death.

Last year, Hillary Mutyambai applied for position of IG. He was found to be eminently qualified and handed the job. Nine months later, the question is: Is he giving the best?

Mutyambai promised to initiate far-reaching reforms in the police. But the last time I checked, which was last evening, Mutyambai had not shown any interest of confronting corruption in the police service.

Serious questions are emerging regarding Mutyambai's ability, and commitment, to reforms in the service.

Last month he promised to kick-start stalled reforms but said nothing about corruption.

Mutyambai needs to be reminded that today, a police officer is the most detested and feared public officer in Kenya. Reason? Corruption.

Reforms in the service is one of the responsibilities Kenyans tasked Mutyambai with when he took office. Unfortunately he has looked the other way, the direction that is allergic to reforms.

It was taken for granted that on taking office, he would come to terms with the high level of impunity there and design ways of combating the vice. Instead, it appears he is comfortable with the status quo.

Mutyambai's position is very challenging. The holder of that office must be ready to be confronted with both political and ethnic bashing.

That notwithstanding it should not be a reason for failure. The holder of the office has no choice but deliver to the expectations of the public.

Mutyambai is no amateur. He is a trained and seasoned public servant. What's more, Mutyambai knew the challenges the office encompasses. He has no reason to fail.

Today, Kenyans are at the mercy of traffic police officers whose main mission is to extort from hardworking people. The picture Kenyans have of a police officer is that of a licenced extortionist.

They spend nights collecting bribes from bars where they stoop as low as ask for Sh50. The Kenyan police officer has no shame.

That brazenness is what led to young Githinji's death.

Should we assume that Mutyambai is not aware of this? If not, will he ever know?

Mutyambai must put his foot down and stamp out graft in the service.

No other child should die of bullets of a greedy police officer.

Mutyambai has to stand up and defend the lives and dignity of Kenyans. He should give his docket a positive face by boldly fighting the graft within it.

Excuses carried forward from the days of yore have not helped. If anything, they have been an embarrassment to the office Mutyambai occupies.

Dan Githinji's murder should forever remain a scar to our national conscience and reminder of our moral decadence.

Mutyambai Sir, your work is clearly cut out. No excuses please! Deliver.

— The author is a Revise Editor at People Daily —mukalo.kwayera@mediamax.co.ke

Have authorities given up on disaster preparedness?

GATHU KAARA

Did the authorities undertake a review of that rescue effort, and what needed to be done to ensure better outcome?

Seven days ago, a vehicle slid off the ferry mid-crossing at the Likoni channel in Mombasa and disappeared into the depths of the ocean. In the vehicle was a mother, Miriam Kidenga, and her four-year-old daughter, Amanda Mutheu. Now a week later, the vehicle and its occupants are yet to be recovered despite a multi-agency team attempting rescue operations since the day the accident happened.

Looking at the Likoni case, it is clear there is zero contingency in place in case of an accident, or, God forbid, a disaster. How do you institute disaster preparedness after it strikes? It is a process that involves putting in place a comprehensive plan to deal with calamities that have not happened.

The first step is security systems—how are cars and people secured while on the ferry. The second is an alarm system. When something happens, what triggers the first alert, who issues it, where is it received and who co-ordinates the response?

In airports, there are always fire engines and fire fighters fully equipped for any eventuality in case of an accident in the vicinity of the airport. What security measures does the Kenya Ferry Services (KFS) have permanently in place as part of their operations?

At the very least, there should be a patrol boat on standby during all the hours the ferry is operating, ready to move within minutes to the scene of an accident involving the ferry and act as first responder. This patrol boat should have divers on the ready, capable of being mobilised in minutes, and first aid kits. It should be complemented by a sea ambulance that is always on standby. Miriam and her daughter would, in all probability, have been saved had this system been in place.

Some 320,000 people, nearly 100,000 more than the population of a few counties, put their lives in the hands of the ferry services every single day. Does the endless possibilities of accidents bother anyone?

What of the ferry itself? This is a vessel that is traversing a deep channel daily, carrying thousands of people, and hundreds of vehicles. Does it have a first aid capacity on board, trained first-responders with requisite equipment? Does it have fire-fighting equipment, just in case a car caught fire? Does it have marshalls making safety checks just before it moves off? Does it have adequate life jackets? What about a backup engine in case of engine failure?

Take note, that a country's, or even institutional, response to a disaster is premised on their disaster preparedness. In other words, do not expect a concerted, well-organised and coordinated rescue effort during disasters when there is no disaster preparedness structures in place.

The question then begs, how prepared is the country and her institutions for disasters? The thing is that these tragedies are happening in Kenya regularly, yet they are met with the same tepid response, ranging from poor to disastrous.

So what ails our disaster preparedness? From the various catastrophes that have taken place in Kenya, it is clear there are no attempts to be serious about disaster preparedness. It is to be recalled that in October 2017, a helicopter crashed into Lake Nakuru. Two bodies were never recovered despite recovery efforts that took place for three months.

Did the concerned authorities sit down and undertake a review of that rescue effort, and what needed to be done to ensure better outcomes?

Disaster after disaster in Kenya demonstrates that the country is learning nothing from these accidents. There is, apparently, no learning, no leadership, and no agenda on disaster preparedness.

The way the whole disaster ecosystem is managed in Kenya paints a picture of an agenda that has been dropped from any priority list.

When you consider that Kenya has a fully fledged National Policy on Disaster Management, a national disaster fund to finance all emergency rescue, recovery and rehabilitation, and a National Disaster Management Authority, then you know the country is doing badly.

The only conclusion is that Kenya has given up on disaster preparedness, and is resigned to dealing with emergencies on an *ad hoc* basis, with disastrous results.

— gathukara@gmail.com

Railways must put merit first in recruiting new MD



ZACHARY OCHIENG

Given the high level of expertise required, there is no room and time for experimentation

Kenya Railways Corporation (KRC) has advertised the position of the Managing Director, currently being held in an acting capacity by Phillip Mainga.

With the ongoing developments in the rail transport sector, the corporation has deemed it (and rightly so) appropriate to recruit a substantive holder of that office to implement the massive infrastructure projects currently underway.

It is my hope that in recruiting for this position, KRC will take cognisance of the huge task that lies ahead and approach the process with the attention and priority that the post attracts. Needless to say, C-Suite recruiting can be a daunting task. But with sophisticated level of recruiting skills, and I believe KRC is up to the task, the right candidate for the job will be found after a fair, transparent and rigorous process.

One of the factors to be considered in this recruitment process is the ability to take the corporation to the next level through innovations and implementation of ongoing projects.

There are indications that before the end of the year, KRC will inaugurate a commuter train service from Ngong SGR Station to Nairobi SGR Terminus with a connection to the Nairobi Central Railway station within the CBD. The move will boost the number of commuters plying the section as well as spur business opportunities.

Secondly, the completion of the Nairobi to Naivasha SGR route will herald more economic benefits to the country and Nakuru County in particular. The trains will play a trade facilitation role, improve transport logistics increase connectivity to Uganda and the Great Lakes region.

Then there is the over arching aspect of revenue generation. Notably, the SGR freight service income has risen from a lowly Sh400 million annually a few months ago to over Sh1.3 billion currently. The candidate of choice must not let the momentum slip.

The Madaraka Express is presently providing services to an average of 7,000 passengers a day between Nairobi and Mombasa. Besides, the revamped Nairobi Commuter Rail (NCR) on the old Meter Gauge Railway is now ferrying some 30,000 passengers a day from the previous 14,000 during the Rift Valley Railways (RVR) regime.

With the introduction of additional new coaches within the next two months, the figure is projected to grow from 300,000 passengers a month to three million. These gains must not be compromised.

Given the high level of expertise required for this position, there is no room and time for experimentation. The KRC board must, therefore, evaluate the applicants and give the country a solid, tried and tested individual who will take the corporation to the next level.

I personally believe the current chief executive has done a commendable job and fits the bill, having acted in the post for one year. He is also an insider who understands the system, having worked at the Corporation for 23 years.

More importantly, the incumbent has demonstrated unparalleled courage and wherewithal in dealing with land grabbers within the short time he has been in office.

For this reason, he has earned the respect and admiration of his colleagues in government for his no-nonsense approach to issues, decisiveness and ability to marshal support for projects in a timely fashion.

During my few interactions with him, I have seen a man with a vision and a purpose; a worker whose relentless efforts have seen KRC's fortune rise tremendously.

That notwithstanding, may the best candidate get the job.

-The writer is a communications consultant

#TWEETS TO THE EDITOR

/// @PeopleDailyKe /// People Daily



EPL was back on the pitches and fans on the keyboards wearing out their fingerprints.

Iam a Good Soldier @buckysteve: The way Tottenham are going down with speed they will soon discover Manchester United.

Chi UTD @UtdChi: The EPL race for golden boot 2019/20 season: ManUtd - 9 goals, Aguero -8 goals, Abraham -7 goals, Aubameyang -7 goals, Sterling -6 goals, Pukki - 6 goals. Who will take it?

Kihenjo™@thiongo_erick: Dear Chelsea, Liverpool are 13 points clear of us, Leicester, West Ham and Spurs lost, meaning if Arsenal lose we go to third. Tammy Abraham, please score and make me proud, my fantasy needs you. Bournemouth and Newcastle, remember we are friends since the 50's. Yours...

STREET TALK

MPs squabble over NLC nominee spoils

Some legislators who had been pushing for the approval of one of the nominees to the National Land Commission are said to have found themselves in a quagmire since their candidate sailed through. They are said to be on each others' necks, pushing for their part of the bargain to be met. One legislator was overheard literally asking for his share from one of the female colleagues who had been lobbying for the approval of the candidate. The female lawmaker was forced to cough out some cash to meet her part of the deal.

Colleagues 'left' all of her WhatsApp groups

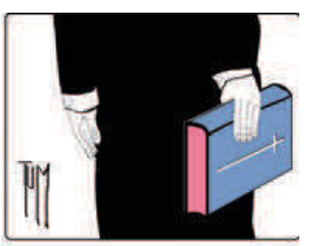
A female lawmaker allied to the Kieleweke political lobby group has found herself a pariah as her colleagues keep 'lefting' every WhatsApp group she joins. The legislator has quite often found herself the only remaining member in the long run. Those in the know say members have been uncomfortable with the legislator's foul mouth, combativeness and arrogance.

City Hall trouble over condemned matatus

A storm is brewing at the Nairobi County Government after it emerged that a leading operator within the governor's office authorised the return to the city of two PSV Saccos that had their licenses revoked by the National Transport and Safety Authority last week. The two Saccos that operated from some parts of the city are said have earned the wrath of NTSA after it was discovered that they had not complied with most regulations. The county bosses even stopped them from entering the CBD.

Members protest sacco directive on share limits

Members of one of the leading Saccos are up in arms over their management after a directive that requires them to increase their share capital to not less than Sh50,000 by December this year. Though the management did not explain reasons for the directive, disgruntled members now claim that it was meant to kick out small time savers holding accounts of not more than Sh20,000. Some members have now threatened to desert the Sacco unless the directive is rescinded.



TRUTH IS: Nothing of God is temporary.



PATRICK WACHIRA

Caning could help restore order in national institutions

But jails are luxury joints. Or how else do inmates find time and resources to smuggle phones into jail?

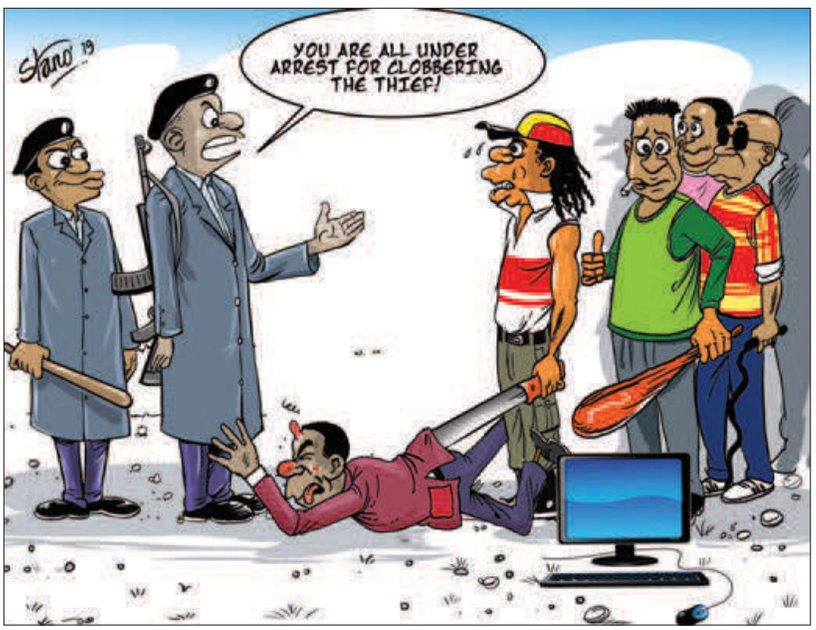
There is a man referred to as the Duke of Kabeteshire, otherwise going by the name of Charles Mugane Njonjo.

Just in case you are meeting him for the first time here, he dons three-piece suits, for as long as I can remember, and I happen to have a very long memory.

Now, this guy was Kenya's Attorney General during the times of Uhuru Kenyatta's father's reign as President.

You know the guy; he does pin-stripped suits and pins a fresh rose carnation on the lapel of his jacket every morning. Some of the stripes on his suits are custom made, and bear his initials.

Njonjo was stern. I mean no nonsense. It was he who brought a piece of law that made it seditious to "imagine and encompass" the death of the President. A subject for another day!



More offences

At some point, irked by the tendency by university students to take to the streets at the slightest or no provocation, he suggested that the lads should be caned. A Kiswahili newspaper carried the headline: "*Adhabu kali ya viboko ni lazima*".

The point was that wrongdoers should be caned, not dissimilarly to the manner juvenile offenders were caned.

Well, it is happening in Tanzania. Yes, some lads wanted to burn their school and were sniffed out just in time. A provincial administrator, like the DC we used to have not so long ago, did the caning. And he's well fed so he had the energy to do it.

The matter caught the attention of President Pombe Maghufuli, who has since showered praise on the guy.

Now, I am not sure how much caning we need out here but we need some. Actually, a lot of it.

My first port of call is the country's prisons.

I know human rights activists will find a job to do, calling me names but that is okay with me. I am made of tough hide.

The blokes who are in jail should be incarcerated. That is what the law says. Even Njonjo himself said jails are not holiday camps. And I agree.

But today jails are luxury joints. Or how else do inmates find time and resources to smuggle phones there? They use them to swindle honest taxpayers like you and me, telling us they are on their way to disconnect our electricity accounts for non-payment. Or they will tell you "*nitumie ile pesa na hii* number. *Ile ingine haifanyi kazi*".

But the jokers took the medal last week, demanding that crackdowns on their illegal activities be stopped. They even had a demo about it. Imagine!

I know inmates have fertile imaginations that tell them they have more rights than all of us put together but this was taking it far. So, you are saying they commit offences and get sentences, and while serving time they want to be allowed to commit more offences? Am I missing something here?

As my friend Njonjo would have said, have our gaols become holiday camps?

My opinion is that a little caning would bring the chaps back to their senses. It is called corporal punishment, and I do not know why this thing was named after a police rank.

Again, this is a topic for another day.

If we continue this way, we shall go the way of our western former colonists. You know the folks: They eat what they call supper and after that, they will still eat dinner. And there is a difference between the two. Did you know?

But back to our story. Out there in the West, if a burglar breaks into your house and you clobber him senseless, you run the risk of running afoul of the law. He could sue you for assault and actually get paid.

Become hero

I know that if a burglar did the same here and was caught in the act, you would become a hero if you broke his leg. If you broke both his legs, you even get a national medal.

Back in my days as a teacher, we caned offenders on their posteriors until they could not sit on their backsides for a few days.

If you asked us, we fell back on the good book that talks of sparing the rod and spoiling the child. We always won.

This is the way to win. As for the blokes serving time and finding time to torment us? Cane them a little. It does no harm. Just a few lashes. Whack! Whack! Whack!

Have a pain-free week, folks!

– The writer is Special Projects Editor, People Daily
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Colleague's timely query that saved my team from defeat



MCA GWINSO

The moment I set my eyes on our opponents, my heart sank

I had always assumed ours was a united County Assembly until the Speaker announced that we would soon have to declare our stand on the Punguza Mizigo initiative.

"We don't want that thing," shouted MCA Chonjo.

"Who are you speaking for?" MCA Matayo thundered. "Don't force your opinion on us."

MCA Violata, Leader of the Minority, walked to the front. "Honourable Members, Punguza Mizigo is the best thing that ever happened to us. It will make us MCAs the main drivers of development," she said. "Let us all support it." A section of the House applauded her.

Chonjo took her head-on. "Madam, the problem with you is that you only speak when you have nothing to say."

This verbal uppercut caused an immediate uproar, with the MCAs on Violata's side threatening to paralyse the proceedings in the House unless Chonjo apologised.

"I won't apologise," he declared defiantly. "Who does not know I have stated a fact?"

This remark transformed the House into a Tower of Babel.

"Honourable Members, let us be as honourable as our titles suggest," pleaded the Speaker. "I know this is a divisive issue, but we need not lose our heads over it."

"But some people here have no heads to lose," shouted Chonjo, still seething with anger. I urged him to keep calm,and, thankfully, he listened to me.

The Speaker then announced that we would have to take a vote to decide on the issue. There were murmurs of dissent, but no one openly opposed the idea. Interestingly, a count of the votes revealed that each side had an equal number of votes. There were no spoilt votes, neither were there any abstentions.

"Honourable Members, we still have to take a stand, despite the tie," said the Speaker. "So what's the way forward?"

"Toss a coin," Chonjo shouted.

"Nonsense," jeered Violata.

"Ok, I have a suggestion," said MCA Pinto, Leader of the Majority. The House went quiet: we were expecting another Solomonic gem to emit from the MCA's mouth, as usual.

"Since both sides have equal numbers, I suggest that they play each other in a game of football. Let the winning side carry the day. It will also be a good opportunity for physical exercise which is good for us all." Pinto's idea was met with murmurs of approval.

"Ok, let both sides meet and organise their teams. The match shall be played in the stadium on Sunday afternoon," declared the Speaker.

It was agreed that, to avoid unnecessary tension, the spectators were not to be told how the teams had been formed.

Our side met to share positions. I offered to be the goal keeper. "I will play striker. We have to win, or they lose," declared Chonjo, our self-appointed captain.

Sunday afternoon found us in the stadium. The moment I set my eyes on our opponents, my heart sank. Those people looked physically fit. Pinto and Matayo looked like they had been playing football all their lives. The members of our side did not appear ready for the match. Their appearance said it all. Chonjo, with his rather ample midsection, did not impress me as someone ready to score goals. The other members too, did not inspire much confidence. We were obviously staring at defeat. Punguza 'Mizigoists' would carry the day. I called Chonjo aside and shared my fears.

"Don't worry. We will find a way of having the match cancelled." He sounded confident.

As if on cue, Violata walked towards us and burst out into derisive laughter. "Bwana MCA, why are you hiding a ball inside your shirt,?" she said pointing at Chonjo's belly. She then pointed at my legs. "And you, Gwinso, *kumbe* trousers usually hide those toothpicks?"

That did it. Chonjo flared up and had to be restrained from going physical on Violata. "How dare she insults us like that,?" he screeched. "We wont play!"

I got the drift and immediately joined in. "*Hatuchezi!*" Attempts by Pinto and his team mates to apologise on behalf of Violata came too late: We were already leading our team out of the pitch. They could play against themselves if they wanted. *Hatupendi matusi.*

– a.otieno@pu.ac.ke

BRIEFLY



Investigate threat to my life, activist asks

A human rights activist in Trans Nzoia claims his life is in danger after assailants raided his home on Saturday and set ablaze his car when they failed to locate him. Speaking to the press in Kitale town after recording a police statement yesterday, Centre for Restoration of Human Rights executive director Kefa Were urged police to probe the issue, saying he has been receiving threats on his life over his anti-graft crusade.

—David Musundi



Lands registry official decries staff shortage

Staff shortage at the Thika Lands Registry is to blame for poor services, an official says. Outgoing Land Registrar Bernard Leitich (*pictured, left*) said the station currently has 20 staff after a similar number was transferred to other departments in April, in a purge by the Ministry of Lands to curb corruption. He was responding to concerns raised by area MP Patrick Wainaina.

—Oliver Musembi and Mathew Ndung'u



Sh12.6m narcotics destroyed in Coast

Narcotics worth Sh12.6 million was on Friday destroyed in Mombasa as the war on the illegal drugs continues. Part of the haul was 25,200 rolls of bhang which police recovered from a businesswoman's house in Kiembeni estate. Coast Regional Commissioner John Elungata set the bhang on fire at an open field a few metres from the suspect's home. Police said the suspect will be arraigned today.

—Harrison Kivisu



Sleuths probe sale of contraband sugar

by Monica Kagia
@PeopleDailyKe

Directorate of Criminal Investigations (DCI) in Changamwe has launched investigations to establish circumstances under which 5,000 bags of sugar allegedly contaminated with traces of mercury was repackaged and distributed to the market from a Mombasa warehouse.

This was exposed when the National Assembly Committee on Trade conducted an impromptu inspection where the sugar was stored only to find that some of it had been repackaged and illegally distributed.

The MPs led by committee chairman Kanini Kega (*pictured*) ordered Inter-Africa Warehouse to be sealed and treated as a crime scene. Kega said the team responsible for destroying the sugar needed to explain why the commodity is yet to be destroyed over a year later.



MASIKA

Parents are being told there is inadequate infrastructure in schools

School heads blamed for frustrating pupils in relocation efforts

Association now claims some public schools are demanding admission fees of up to Sh3,000

by Irene Githinji
@gitshee

Managers of informal schools have claimed there are deliberate attempts by some public primary schools to deny learners chances to join the institutions in accordance with the government's directive.

The Kenya Alliance of Non-Formal Schools Welfare Association (KANSWA) national chairman Allan Masika yesterday said some public school head teachers are demanding admission fees of up to Sh3,000 before allowing pupils, whose institutions were closed down last week over safety concerns, to join.

Masika said the move is worsening parents' woes, some of whom are still to come to terms with the closures in the middle of Third term and particularly those who will sit national exams in about three weeks time.

"Parents from Nakuru, Nyandarua and Nairobi are among those who have reported being asked to pay at least Sh3,000," said Masika.

He added: "Parents are being told there is inadequate infrastructure in schools and the new learners were not accommodated in the initial budget hence the need to pay. The money is expected to cover purchase of additional desks and text books,"

Childrens future

He said it was unfortunate that the non-formal schools, which the government has known of their existence, are now being rejected, a situation that puts at stake the future of over two million learners in over 20,000 schools.

Last week, the Ministry of Education warned against schools charging levies for learners saying additional teachers and infrastructure would be provided to schools where learners were relocated.

CONCERN RAISED

- **The Kenya Alliance of Non-Formal Schools Welfare Association national chairman Allan Masika says some public school head teachers are demanding admission fees of up to Sh3,000.**
- **Masika said the move is worsening parents' woes, some of whom are yet to come to terms with the closures in the middle of Third term and particularly those with children sitting for national exams.**



How we do it!

Swedish Embassy First Secretary Paula Kermfors joins members of the Maa community in a jig during a graduation ceremony for adult learners trainers at Suswa Community Centre in Naivasha on Saturday. Some 15 trainers graduated during the event. PD/ SILAS MWITI

NAIVASHA

Prison officer lauds court directive on release of inmates

Naivasha GK Prison officer in charge Samuel Ruto has lauded a court directive seeking to have inmates who have served two thirds of their sentences released, saying this will help decongest the penal institutions. This came as the department started identifying inmates who are set to benefit from the court order. Last month Justice George Odunga declared section 46 of the Prisons Act as unconstitutional and issued orders that prisoners serving long term sentences be released after serving two thirds of their terms. Speaking in the prison during inter-blocks football tournament, Ruto termed the move as positive as it would give inmates serving long term sentences hope and thus assist in rehabilitation process. "We have complied with the order to grant remission to inmates who have served two thirds of their terms but this will also depend on their past conduct," he said.

— Kirera Mwiti

NAKURU

Road accidents increase by 17pc, traffic boss reveals

The number of people killed and injured in road crashes in Kenya went up by 17.5 per cent in September this year compared to the same period in 2018. Statistics issued by National Transport and Safety Authority (NTSA) show the number of victims increased from 9,510 by September 25, 2018 to the current 11,187. Nakuru, county traffic police boss Rashid Ali said seven black spots have been identified along the Nairobi-Kisumu-Eldoret Highway. The black spots increased from four to seven in 2018. He attributed the increased road carnage to inadequate footbridges and crossing points and failure to observe traffic rules. Boda boda riders have faulted for causing crashes, ignoring traffic rules and involvement in crime-related activities.

—KNA

BRIEFLY



Court nullifies privatisation of Sh30 billion port terminal

The motive behind Parliament's wisdom to approve privatisation of the Sh30 billion Container Terminal Two at the Port of Mombasa has been questioned.

The High Court in Mombasa Friday declared as unconstitutional amendments to the Merchant Shipping Act, which allowed Kenya National Shipping Line to take over the running of the terminal.

President Uhuru Kenyatta had on July 5 assented to the law that amended the Act.

A three-judge Bench said Parliament failed to state why it rushed to collect public views, yet the matter had adverse implications.

"Although different people presented memoranda to the Transport committee in support of the amendments, the documents appeared similar," ruled Justices Erick Ogolla, Alfred Mabeya and Mugure Thande, adding that the memoranda "must have originated from one source".

The judges were making a ruling in a case filed by Dock Workers Union, Taireni Association of Mijikenda and Muslim for Human Rights (challenging the terminal take-over. **-Monica Kagia**

Murgor family fail to reach agreement in property row



The late William Murgor's daughters Enid and Sheila. PD/ FILE

Beneficiaries of former Keiyo North MP William Murgor's estate will wait longer to know their share in the Sh1.4 billion estate he left behind.

Their wait comes after the 60-day period the feuding siblings had been given elapsed without a settlement, leaving the dispute in the hands of the court.

The mediation talks chaired by lawyer Kadina Robert collapsed after the Murgor's children, among them Keiyo North MP James Murgor, failed to reach an agreement on how to share the property scattered in Uasin Gishu and Elgeyo Marakwet counties.

Some of the deceased's daughters and sons have sued the MP, who is the administrator of the estate, for allegedly locking them out of their father's property. The property includes a prime plot in Eldoret town valued at Sh400 million.

Murgor died from Alzheimer's disease in 2006, aged 87.

Justice Hellen Omondi is set to resume hearing of the case after the Court Annexed Mediation failed.

-Winstone Chiseremi

Malindi clerics decry killings of elderly in witchcraft claims

Religious leaders in Malindi have raised the red flag over the rising killings of elderly persons on suspicions of practising witchcraft.

More than 12 clerics drawn from various organisations said Malindi and Magarini areas are the worst hit.

Muslim preacher Athman Ali noted that the killings are often perpetrated by family members eyeing property belonging to the elderly persons, and called for amicable resolution of family disputes.

"It is wrong to take someone's life because of mere allegations of witchcraft. Instead, the youth should take care of the elderly members of the society," said Ali.

Bishop James Njihi challenged parents to write wills and fairly distribute their property among their dependants to curb animosity.

The clerics spoke in Malindi town on Saturday, days after the mysterious killing of four elderly persons suspected to engage in witchcraft. **-KNA**



Residents leave Maasai Mau Forest ahead of the planned eviction. PD/ FILE

Stop brutality in Mau, lawyer tells Attorney General

Legislators plead with Uhuru, Ruto to break their silence on planned evictions, want Tobiko sacking

by Felix Yegon and Philip Yegon
@PeopleDailyKe

A Nairobi-based lawyer has petitioned the Attorney General over alleged harassment of residents of parts of Mau Forest by the Kenya Forest Service officers ahead of planned eviction.

Hillary Kiplang'at said residents have complained of brutality, destruction of crops, livestock and buildings, confiscation of assets, sexual violence against women and girls as well as arbitrary arrests and detention of men.

Kiplang'at, who has filed a case seeking to stop the evictions wants the Attorney General to rein in "errant" officers who he said are disregarding the court's directive on the matter.

His petition came even as legislators from Rift Valley on Saturday urged President Uhuru Kenyatta and his deputy William Ruto to intervene and halt the impending evictions. They also called for the sacking of Environment Cabinet Secretary Keriako Tobiko.

Speaking at Sereng village in Fort-Tenan, Kericho county during the burial of the late Samuel Koech, the lawmakers said those living in the forest legally acquired the land and must, therefore, not be subjected to intimidation and harassment.

They included Elgeyo Marakwet Senator Kipchumba Murkomen and his Kericho counterpart Aaron Cheruiyot and MPs Hillary Koskei (Kipkelion West), Kipsengeret Koross (Soin-Sigowet) and Nelson Koech (Belgut).

"This is not conservation issue but a plan by Tobiko and (Regional Coordinator George) Natembeya to target innocent people under the guise of environmental conservation. These people have genuine land title deeds. So we're asking the president and his deputy to break their silence and stop the plan evictions as a matter of urgency," said Murkomen.

The leaders said the security officers deployed to the area should be recalled as soon as possible, claiming they were terrorising residents

"The security officers have gone ahead to block roads. They cannot move out of their homes to go get food, essential services and even to seek treatment at the health facilities", said Cheruiyot.

THE ALLEGATIONS

- **Rift Valley legislators accused Tobiko and Natembeya of inhuman treatment of Mau forest settlers.**
- **They also want security officers deployed to the Mau Forest recalled.**

Harass residents

In his petition, Kiplang'at said his clients were concerned about the acts being carried out by the officers.

"We are disappointed that contrary to your undertakings, the officers deployed to these areas by the Kenya Forest Service continue to harass residents," reads the letter dated October 2 in parts.

He says despite the office of the AG giving an undertaking that no adverse action would be taken against the residents, the same had been ignored.

Stakeholders slam closure of schools over faulty structures

by David Musundi
@PeopleDailyKe

Education stakeholders in West Pokot county have raised concerns over the government's decision to close down some schools over poor infrastructure.

Kenya National Union of Teachers (Knut) branch executive secretary Martin Sembelo said the move may encourage affected learners to engage in vices such as cattle rustling.

He urged the Education ministry to seek alternative mechanisms to address the infrastructure problem instead of closing schools. He said learning has been taking place even when there are no permanent structures, including under trees.

On Thursday, for instance, ministry officials closed St Brendan Chelombai Primary School over shaky classrooms. The school has a population of 618 pupils. Parents have cried foul over the closure.

In the neighbouring Trans Nzoia, County Commissioner Sam Ojwang shut down at least 10 private schools in Kiminini. He said affected schools had sub-standard structures.

Lobby: Address land ownership

A rights lobby has urged the government to address the alleged skewed land ownership in the western region. The Grass Roots Organisation Operating Together in Sisterhood said women in the region are still discriminated against land ownership despite a robust legal framework to ensure equity in succession matters. "The government must probe and address the injustice," said Fridah Githuku, the lobby's executive director.

-Paul Ndung'u



Fresh violence as thousands defy Hong Kong mask ban

Hong Kong, Sunday

Hong Kong was rocked by fresh violence Sunday as tens of thousands hit the streets to defy a ban on face masks, sparking clashes with police, street fights and vandalism across the strife-torn city.

Large crowds marched through torrential rain in peaceful but unsanctioned rallies on both sides of Victoria Harbour, condemning the government for deploying emergency powers to ban face masks at public gatherings.

But violence erupted as police dispersed crowds with tear gas, and then battled hardcore protesters in multiple locations—plunging the finance hub into chaos once more.

In one incident, a taxi driver was beaten bloody in the district of Sham Shui Po after he drove into a crowd that had surrounded his car.

"Two girls were hit by the car and one girl was trapped between the car and a shop," said a witness, identified only as Wong, adding the crowd managed to push the car off the wounded woman.

Earlier, a crowd ransacked nearby government offices, while multiple Chinese banks and subway stations were vandalised across the city.

Activists have staged three straight days of flashmob rallies and sprees of vandalism after Hong Kong's leader Carrie Lam outlawed face coverings by protesters, invoking colonial-era emergency powers.

-AFP

Yet another whistle-blower emerges in Trump inquiry

Existence of informant claiming first-hand knowledge compounds US President's situation

Washington, Sunday

A second whistle-blower has come forward, this one with first-hand information of the events that triggered an impeachment investigation of US President Donald Trump for alleged abuse of power.

"I can confirm this report of a second #whistle-blower being represented by our legal team," the informant's lawyer, Mark Zaid, said on Twitter Sunday.

"They also made a protected disclosure under the law and cannot be retaliated against. This whistle-blower has first-hand knowledge."

Earlier Sunday, Zaid's co-counsel, Andrew Bakaj, said his firm and team "represent multiple whistle-blowers" in the case accusing Trump of using the powers of his office to pressure Ukrainian president Volodymyr Zelensky in a phone call to investigate political rival Joe Biden and his son Hunter.

It was unclear whether Bakaj was using "multiple" to refer to more than two whistle-blowers. Typically, several officials would listen in on a call between the president and a foreign leader, while others would have access to a written transcript or summary.

The existence of a whistleblower claiming first-hand knowledge would make it harder for the president and his supporters to dismiss the original complaint as hearsay, as they have repeatedly done.

Trump pushed back at the allegations in two tweets early Sunday, though he made no mention of the second whistle-blower.

He repeated his assertion that Hunter Biden had been "handed $100,000 a month (Plus, Plus) from a Ukrainian based company, even though he had no experience in energy...and separately got 1.5 Billion Dollars from China despite no experience and for no apparent reason."

He added that as president, "I have an obligation to look into possible, or probable, corruption!"

No evidence

No evidence has been found that either Biden did anything illegal.

A bit unusually for a Sunday, Trump was staying in the White House rather than travelling or playing golf.

The Democrat-led investigating committee is eager to speak to someone who witnessed the call directly or has more information. They are hopeful that this could be that person.

The White House insists it has been open and released a transcript of the call, after the concerns came to light.

However, investigators point out that this was only a partial transcript. They have subpoenaed the State Department for more documents related to the call.

On Saturday, Secretary of State Mike Pompeo said he would comply with the request, but complained that his staff were being harassed.

The impeachment investigation saga began after the original whistle-blower —an intelligence official—filed a formal complaint to the intelligence community inspector general about Trump's alleged pressuring of Zelensky.

A rough transcript of the phone call later released by the White House, as well as a series of text messages between US diplomats, appeared to corroborate the original complaint.

-AFP

POSSIBLE OUTCOMES

- **A whistleblower alleges Trump used "the power of his office to solicit interference from a foreign country in the US 2020 election", by asking Ukraine to investigate his leading rival, Joe Biden.**
- **If this is what he's proven to have done, then yes: it's illegal to ask foreign entities for help winning a US election.**
- **If the Democrat-controlled House of Representatives votes to impeach Trump, there would be a trial in the Senate.**

2/3

A Senate vote needs a two-thirds majority to convict, but Mr Trump's Republican party controls Senate so it's unlikely.



President Donald Trump and his Ukrainian counterpart Volodymyr Zelensky during a meeting in New York last month. Trump's phone call to Zelensky has landed him into problems. AFP

Egypt seeks mediation in Nile dam talks

Khartoum, Sunday

Egypt has said talks with Sudan and Ethiopia over the operation of a $4 billion (Sh400 billion) hydropower dam that Ethiopia is constructing on the Nile have reached a deadlock, and it called for international mediation.

The Grand Ethiopian Renaissance Dam (GERD) is designed to be the centerpiece of Ethiopia's bid to become the continent's biggest power exporter, generating over 6,000 megawatts.

But Egypt fears the dam will restrict the flow of the Nile, the economic lifeblood of all three countries, from Ethiopia's highlands through the deserts of Sudan and on to Egypt's fields and reservoirs.

Egypt relies on the Nile for 90 per cent of its fresh water, and it wants the GERD's reservoir to release a higher volume of water than Ethiopia is willing to guarantee, among other disagreements.

"Talks have reached a deadlock as a result of the Ethiopian side's inflexibility," the Egyptian ministry of water resources and irrigation said in a statement Saturday.

"Egypt has called for involving an international party in the Renaissance Dam negotiations to mediate between the three countries and help...reaching a fair and balanced agreement," it said after talks in Khartoum between the three countries.

Egypt did not say who should mediate, but the presidency called on the US to play "an active role in this regard".

-Reuters



BRIEFLY

Outsiders battle the elite in Tunisia vote

Outsider candidates challenged Tunisia's political elite on Sunday as voters returned to the polls weeks after a presidential election that reshaped the country's post-Arab Spring political landscape.

The ink-stained fingers once proudly displayed after the 2011 revolution were briskly wiped clean as Tunisians fed up with the status quo cast ballots for lawmakers for the third time since the uprising.

The legislative vote comes after traditional political parties were eclipsed in favour of independent candidates during the first round of presidential polls last month in a trend that looked likely to continue.

The sidelining of the ruling political class in the first presidential round was rooted in frustration over a stagnant economy and high unemployment and failing public services.

-AFP



Xi, Kim hail 'immortal' China-Korea relations

Chinese President Xi Jinping has promised to promote a "long-term, sound and stable" relationship with North Korea, state news agency *Xinhua* said Sunday, as the two countries mark 70 years of diplomatic relations.

North Korean leader Kim Jong Un also sent a message to Xi, saying their countries' "invincible friendship will be immortal on the road of accomplishing the cause of socialism," said Pyongyang's state news agency on Sunday.

North Korea was among the first countries to recognise China after it was founded in 1949.

Xi said the relationship between the Asian neighbours had played an "important and positive role in maintaining regional peace and stability," said *Xinhua*.

Since March 2018, Xi and Kim have met five times.

-AFP

Businesshub

STEPHEN MUTORO

"The government must tell Kenyans how it is going to fill the gap

Mumias Sugar collapse stokes fear of massive sugar imports

At its peak, the miller was largest producer, generating upwards of 300,000 tonnes a year

by Musa Radoli
@PeopleDailyKe

Placement of Mumias Sugar Company (MSC) under receivership has sunk the country into a more than 600,000 tonnes annual sugar deficit from the previous 300,000.

The development has raised fears that the void left will lead to cheap imports, piling more pressure on factories and sugarcane farmers who are already suffering from delayed payments. Kenya Sugarcane Millers Chairman Jayant Patel expressed concern that putting Mumias Sugar Company under administration will likely lead to increased cheap sugar imports.

Consumers Federation of Kenya (Cofek) shared the same concern, saying with MSC's production grounded and under receivership, the government must tell Kenyans how it will fill the gap of over 300,000 tonnes the miller used to pump into the market.

The consumer watchdog has also raised a number of questions among them where the largest percentage of sugar currently feeding the Kenyan market coming from since the miller halted production in April 2018 because of what it said was a shortage of raw materials?

Who is importing it and from where? Of what quality is it? Does it meet the country's standards on quality before being sold to consumers? How many billions are they making to the detriment of the local industry? Cofek Chief Executive Officer Stephen Mutoro said last year there was widespread national outcry over contaminated poor sugar being smuggled into the country and sold to Kenyans.

Real trouble for MSC begun when its factory was shut down in October 2017 for five months due to lack of cane.

While the cane processor was re-opened five months later, it was again shut because of inadequate cane supply. KCB Bank placed the loss-making miller under receivership last month, in a move it said was meant to protect the struggling company's assets and maintain its operations. The bank appointed PVR Rao of Tact Consultancy Services as receiver manager.

At its peak, Mumias Sugar was the largest sugar producer in the country producing upwards of 300,000 tonnes a year, which is half of today's production of all the operating factories.

Sugar Directorate latest data shows demand for the commodity has been rising annually while production has been decreasing. Kenya produces 600,000 tonnes of sugar annually and it relies on imports to meet its demand that currently stands at 900,000.

Local deficit

Kenya has an annual quota of 300,000 tonnes of sugar from Common Market for Eastern and Southern Africa (Comesa) countries to make up for the local deficit.

Sugar Directorate says imports of the sweetener between January and February stood at 64,050 tonnes compared to 31,884 that was shipped in the corresponding period last year.

"Total sugar production in January and February was 99,199 tonnes compared to 116,654 tonnes achieved in the same period last year, representing a drop of 15 per cent. This decrease in production was recorded in most of the factories," a report by the directorate indicates.

A sugar cane union official said a room was created for cartels – when Mumias stopped production in 2018 – to make a quick bucks by the stability of prices in the market and no outages.

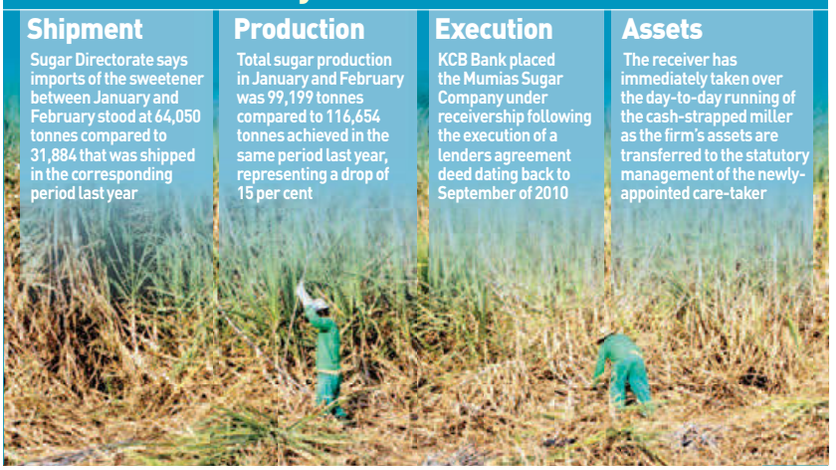
"It created ample room for cheap sugar importing cartels to be making a killing since no acute shortages of sugar and hiked prices have been reported especially in the last financial year," he added.

Mutoro warned against over-reliance on sugar imports as it will lead to neglect of local production which is already suffering as farmers abandon growing of the cash crop.

He wondered where reports of the numerous task forces constituted to look into issues affecting the sugar industry were. "Where are the findings and the comprehensive action plans to deal with the problems,? he posed.

Mutoro warned that at this rate, the country is at high risk of being totally dependent on cheap sugar imports, especially from South America since the cost of producing sugar locally is still very high.

State of industry



Shipment
Sugar Directorate says imports of the sweetener between January and February stood at 64,050 tonnes compared to 31,884 that was shipped in the corresponding period last year

Production
Total sugar production in January and February was 99,199 tonnes compared to 116,654 tonnes achieved in the same period last year, representing a drop of 15 per cent

Execution
KCB Bank placed the Mumias Sugar Company under receivership following the execution of a lenders agreement deed dating back to September of 2010

Assets
The receiver has immediately taken over the day-to-day running of the cash-strapped miller as the firm's assets are transferred to the statutory management of the newly-appointed care-taker

DISTRESS

- **Mumias Sugar Company technically lies in bankruptcy having seen its net liabilities outstrip net assets by Sh5.9 billion to exacerbate the firm's ongoing difficulties.**
- **The takeover of Mumias Sugar operations by KCB came soon after the County of Kakamega moved to save the miller from imminent demise having put forth a business turnaround structure.**



UAP to offer acute illness protection

INSURANCE: Insurance firm UAP Old Mutual has added critical illness proposition on its portfolio to cushion patients against huge medical costs associated with chronic illnesses. The product targets individuals and corporate and offers financial safeguards to patients against 14 critical illnesses, top being cancer. UAP Old Mutual Group managing director, Life Business Jerim Otieno said at the moment of diagnosis, life of the patient and their family is changed. The reality of the high cost of treatment, he added, causes untold worry, which is compounded by the fact that the standard medical insurance schemes do not fully cover for treatment of such conditions. "We seek to give peace of mind on this front, so a patient can focus on their health," he said.

– Seth Onyango



Uganda licenses two new banks

MARKET: Uganda's central bank has licensed two new banks, bringing the total number of commercial banks in the country's small economy to 26, including a local unit of South Africa's Standard Bank which dominates the market. The regulator has granted commercial licenses to Afriland First Bank Uganda Limited and Opportunity Bank Uganda Limited, it said on Friday, without giving more details. The banks join a market which some analysts say already has too many players for an economy of about $26 billion per year. Uganda's population is around 42 million." The new lenders are likely to face stiff competition from the crowded field, Ramathan Ggoobi, an economics lecturer at a Kampala university, said.

– Reuters

KCB Group market value rises by 7.2b on listing more shares at bourse

by Zachary Ochuodho
@zachuodho

KCB Group Ltd market value increased to Sh135.3 billion Friday after it listed an additional 142,979,717 shares held by the National Bank of Kenya—which it acquired on the Nairobi Securities Exchange (NSE).

The value of the company jumped by Sh7.17 billion from Sh128.13 billion which it recorded on Thursday thereby pushing its market capitalisation nearer to Equity Group's market value of Sh143.4 billion.

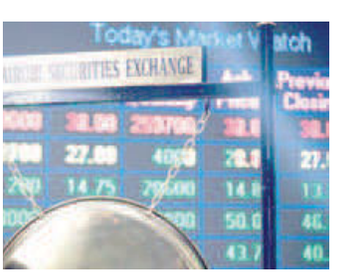
The group's share price remained unchanged at Sh42.15 per share. Following the new development, the group now stands third after Safaricom Ltd and Equity Bank which have a market value of 1.12 trillion and 142.4 billion respectively.

KCB Group chairman Andrew Kairu said due to the listing, NBK shareholders who swapped their shares for those of KCB, will now be able to freely trade the new stocks at the bourse.

Capital market

He said the listing will enhance the vibrancy of the capital market and will be instrumental in fueling continued business growth and the execution of the bank's expansion plans. KCB received consent to acquire NBK from shareholders holding 297,130,033 issued ordinary shares out of 338,781,200 issued ordinary shares, representing 87.7 per cent by the offer closure date on August 30.

"We have started the process of integrating NBK into KCB, an exercise that we expected to be completed within the next 24 months, focusing on systems, processes, people and institutional governance," Kairu said.





WELCOME, SIR: Ministry of Agriculture Chief Administrative Secretary Andrew Tuimur (left) with by the Eastern Africa Grain Council executive director Gerald Masila at the eighth African Grain Trade Summit in Mombasa. More than 250 delegates drawn from more than 40 countries attended the summit.



HOW IT WORKS: Safaricom Foundation chair Joseph Ogutu (centre), Makueni Deputy Governor Adelina Mwau and Katangini community members when they toured a water treatment plant for the community and sponsored by the foundation.



HOW DOES IT FEEL? Tourism CS Najib Balala tests an Open Game Land Cruiser owned by luxury car hire company Lazizi Expeditions after launching the fleet. The customised vehicles by RSA Kenya are a special utility product that guarantees tourists the best view of wildlife experience while at the same time offering luxury, comfort and enhanced safety features.



HEARTY APPLAUSE: Basco Paints Operations director Bipin Shah (left) and Exports and Marketing Director Mital Shah (right) join their chairman Anil Shah during the official opening of the Dura Coat Home Solutions showroom for customers from Nairobi's Westlands region.



CUSTOMER IS KING: Faulu Kenya managing director Apollo Njoroge (2nd right) is joined by head of Operations and Customer Experience Michael Kalii (right), head of Human Capital Peter Iha (left) and International Sales Training Institute managing director Esther Maina during the launch of a customer service training for the bank's staff.



WELL RECEIVED: Education CS George Magoha (left) and PS Belio Kipsang (2nd left) with Ahadi Kenya Trust chief executive Stanley Kamau (third left) at Ngong Forest Primary School when the Trust donated pairs of shoes and socks to Standard Eight candidates. Accompanying him is Anti-Jigger ambassador Cecilia Mwangi.



TOP PRIZE: President Uhuru Kenyatta presents the trophy and certificate for the Best Financial Institution Other Than Bank to the Kenya Industrial Estate (KIE) chair Mugambi Imanyara (left) and managing director Parmain ole Narikae (right) at the Nairobi International Trade Fair. KIE retained the category's top prize for the second year running. It also scooped the second positions for the Best Medium Trade stand (commercial & Industry) and the Stand that best interprets the show's theme.



FOR WORTHY CAUSE: Public Service CS Margaret Kobia (centre) and Nairobi Woman Rep Esther Passaris (2nd right) present a cheque to Automobile Association of Kenya Business Development manager Timothy Keli (left) for the driving courses training sponsored by the National Government Affirmative Action Fund. Looking on is Nairobi County Commissioner Flora Mworoa (right) and fund officials led by chair Regina Ndambuki (2nd left).

Spice ▶ **Flavour** your day

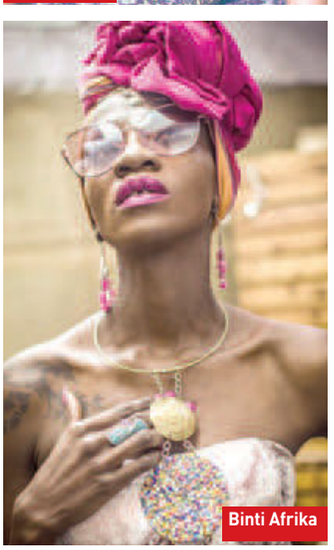
@sparkleMine

CARIBBEAN WAVE

Many genres and generations later, reggae has become a prominent feature among artistes and fans at the Kenyan Coast. **JASMINE ATIENO** looks at how reggae is changing the scenes


Cloud Tissa


Frankie Dee


Binti Afrika


Kitole Kenda

For many decades, there has been a stereotype in the Kenya's music circles that one has to be 'accepted' in Nairobi to make a successful career in music. Many artistes are still finding it hard trying to disentangle themselves from this cliché typecast. But is it the true reflection of things?

Sometimes it has been hard to define success, especially in the creative spheres, especially in music. Is it how much money an artiste earns from their craft, how many songs or albums one gets to release or how many fans one has? Is it how adored they are by their legion of fans, how much views their content gets from YouTube or their popularity on social media?

At the Kenyan Coast, especially in Mombasa, many artistes still feel inferior to their counterparts in the capital city. Some say Nairobi has almost every resource to make a successful music career. They argue that all the big music labels, management powerhouses, media houses and all the big concerts happen in Nairobi and that is why artistes based in the capital become more successful. But that talk remains that..Just talk.

A crop of reggae musicians from Mombasa have ignored the talk and strived to score big with their music.

Market disruption

Binti Afrika, popularly known as the 'Queen of Swahili Dub', for instance, fuses Kiswahili melodies with Dub Music to create a rendition of reggae music that has made her a colossus on the Mombasa music scene. Dub Music style consists of predominantly instrumental remixes of existing recordings and made the early form of popular electronic music.

Currently under the management of Umoja Sound System's Selekta Sir Henry, the *Barua Kwa Serikali* hit maker has been working with different production houses among them Ever Blazing under producer Hopetone Blazze and Scotland's Mungo's Hi Fi. Her manager is her greatest fan and like they say, luck starts at home. So, she has to be appreciated first by the people close to her before it's done elsewhere.

"I hold her in high regard. She is a complete musician. Her lyrical prowess and vocals control is in a new whole different level. Only a few Kenyan artistes have successfully infused proper Kiswahili with dub and made it globally accepted. I chose to work with Binti Afrika firstly because of what she stands for; youth empowerment. Her sultry voice is just amazing to listen to," Sir Henry tells *Spice*.

Mombasa has also produces a great reggae-dancehall musician in Frankie Dee. Currently working under the management of the Mombasa-based Vincent Kras, Frankie is at the moment working on a collaboration projects with one of Jamaica's finest reggae-dancehall musicians, Busy Signal, working with several Jamaican music producers.

He has also performed on stage with a number other Jamaican reggae singers including lovers rock star Romain Virgo. According to him, Mombasa is the 'motherland' of reggae in Kenya that has always overshadowed by the thriving and hype nature of capital Nairobi.

"Reggae is not like bongo music or other music genres that come marked with clear bounder lines. Reggae is international. When I decided to pursue this genre, I was looking to go beyond the local market. I once tried my hand in bongo music, but I found the space too saturated. But when I started doing reggae, everything just fit in perfectly. Mombasa has all the environmental set up for the Caribbean vibe that comes with reggae and I found it the perfect place to do what I know best. The city has always been a reggae hub and always will be," he says.

Mombasa based reggae musician Cloud Tissa is one of the Kenyan artistes featured highly on Reggaeville — one of the biggest reggae music platforms in the world. He runs his own label called Maisha Records and works independently. His most recent musical work is found in the just-released album, *Survival 99*, a great masterpiece.

"I've grown up listening to reggae, one of Mombasa's music trademarks alongside bango and taarab. Generations have changed, but reggae music will always be here. It's just that people like to relate reggae with other things and put some negativity on it and the artistse. And as much as Mombasa has always been a reggae hub, the media hasn't highlighted it, as it ought to," says Tissa, who came into the scenes in 1998 and realized his major breakthrough in 1999 with his song *It's Up To You*, a collaboration with Rufftone.

The fusion

He adds: "Reggae has taken me to levels I never thought I would reach. I have tried dancehall, but had to go back to reggae because this is what gives me the actual fulfillment; more airplay, shows, international tours and such."

One of Mombasa's most promising reggae artistes Kitole Kenda blends reggae with Swahili R&B. He came first into the light in 2012 with his jam *Nataka Jua*, but is currently recording under Blue Box Radio, a UK label under which he did the Mosaic album.

"For me, reggae is educational and this is why I chose it over other genres because I get the space to be a key influencer to the society," says Kenda.

According to industry stakeholders reggae music in Mombasa is a thing to look out for.

"The industry has been progressive and has artistes and producers with great potential. In this regard, we have plans of launching an annual reggae beach party concert with an aim of drawing a worldwide audience," says music manager Vincent Kras.

CAMPORAGE

@michael_muraya

Freshers just need to know this...

Colour green has always been associated with fresh produce; no wonder freshers are so green! It's probably because they're fresh in campo or probably because they're fresh out of high school and the differences of the two worlds are clashing and confusing our green freshmen. As I always do, I'll play the good guy and share a few insights, so that y'all don't embarrass yourselves.

1. In campus, we do not stand to greet when the lecturer enters the lecture room. So, don't go all 'Good morning Dr Kirimi, we are fine and you?'

2. There is no language policy and nobody will give you a 'monto' when you yell out in your mother tongue. So, feel free to exercise your freedom of speech.

3. There are no prefects. We only have class reps and they don't write a list of noisemakers. Their only job is to text you when the lecturer cancels a class. So, for those of you who will be chosen to be class reps, thunder unto your destiny if you attempt to write noisemakers and take the list to the Dean!

4. Freshmen, nobody will crucify your soul for bringing snacks to school. Stop standing at the gates acting all fidgety during security checks. They're just looking for bombs not your biscuits.

5. If you are from the rural, don't worry. You will acquire an accent within your two weeks of stay at the campus. Do you remember exchanging pullovers with girls during funkies? Well, forget about that. We don't have funkies here; we only have raves and don't exchange pullovers; we buy them drinks.

6. Were you the master of love letters back in school? Well, forget about that too. The only letters we write in campus is when you are telling the registrar that you want to defer a semester. You can rest assured there is nothing romantic about that.

7. We don't have tuition. We only have supplementaries. Don't be fooled by the welcoming sound of that name. It's your worst nightmare.

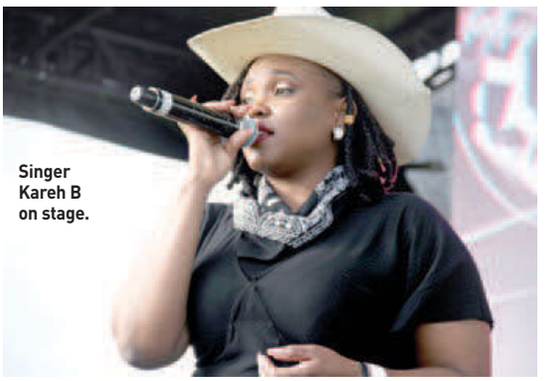
8. Kindly leave those metallic boxes at home. And the Toughee shoes, too!

9. Finally, a moment of silence for those aspiring law students flocking at the registrar to submit their application forms; and yet they are already calling each other 'learned friend... my lord this... my lord that...' The Bible says, not all those who call him 'Lord Lord' will entre the kingdom of heaven.

Clique & Clicks ▶ Get Spotted



Artiste Kidum entertains.



Singer Kareh B on stage.

LET'S GO DOWN COUNTRY

by Elly Gitau

Country music lovers were in for a big treat as the recently-held edition of the Country Roads Festival went down at the Thika Greens Golf City. Thousands of revellers savoured the moment complimented by great music, sumptuous meals and plenty of drinks. The event was jointly organised by the Country Roads Festival Africa Ltd and beer brand White Cap Lager. It featured live performances by singer Kidum and his Boda Boda Band, country music star Sir Elvis and singer Kareh B. The next edition will be held in November in Nanyuki.

PD/ TIMOTHY NJENGA



Cowboys Elijah Manyeki and John Walker.



Comedian Prof Hamo and media personality Jeff Koinange.



Walter James, Elena Kuoni and Frank Meifels.



Country music star Sir Elvis.



Kieni MP Kanini Kega.



A family that parties together... Emmy Wambui, Friddah Makena, John Kimingi and Dave Kagwima.



Dennis Maina, Clive Kidiga and Ian Rivalda.



Esther Wambui with Francisca Nzau.

Hello to new frontiers

by Faith Kyoumukama

There was fun as the Kenya Breweries Ltd (KBL) launched premium apple cider beverage Sikera at the Tamarind Tree Hotel in Nairobi, recently. KBL managing director Jane Karuku said the company's desire of recruiting new consumers and responding to changing consumer tastes led to the development of the new innovation. Sol Generation signees Bensoul and Nivrii The Storyteller entertained guests, as the 300ml bottle drink was unveiled. East Africa Breweries Ltd marketing and innovations director Graham Villiers-Tuthill was also present.

PD/ FAITH KYOUMUKAMA



Awesome threesome: Caroline Mutiso, Alice Barney and Victoria Mbugua.



Shaffie Weru, Ronnie Kip and Koome Muriithi.



Artiste Nvrii The Storyteller belts out his tunes.



Slaying: Schoma Mwitha, Agatha Wambui and Cindi Stella.



Sheila Kimani, Rhoda Odhiambo and Moreen Musyoka.



Diana Njuguna, Patrick Githinji, Nicolette White and Shelly Kamau.

Ten...

Footballers abandoned after injuries

'In sickness and in health' is a popular line recited during marriage ceremonies and in soccer, this can also be applied. However, in the Kenyan Premier League, this is not always the norm as an injury can be the beginning of the end of the relationship as witnessed in recent times





1. Philemon Otieno

The latest high profile case, Philemon Otieno finally underwent surgery on his knee after four months of waiting while Football Kenya Federation and his club Gor Mahia haggled over who to foot the bill. Otieno was injured during the return leg of the first round 2020 Africa Nations Championship (Chan) qualifier pitting Harambee Stars against Taifa Stars in August but with FKF telling him to wait until they find money, he realised his career was in danger and took the initiative himself. The operation cost Sh450,000 and he had to rely on his savings, family members, friends and fans to raise the amount.

2. Shafik Batambuze

While Otieno has finally got help, his Gor Mahia team- mate Shafik Batambuze is not lucky just yet. The defender needs Sh400,000 to pay for an operation on his left knee and has been requesting well-wishers to come to his aid for close to two months now. The Ugandan left-back sustained the injury while turning out for K'Ogalo in the CAF Champions League match against Aigle Noir and has been appealing for help after the club's failure to help him get medical attention, owing to financial difficulties.

3. Solomon Nasio

A former Gor Mahia player, Solomon Nasio had to rely on well-wishers to get medical help after breaking his nose in 2013. The player was experiencing pain while breathing and required Sh150,000 for surgery. Gor pledged to help but after taking too long, the fans had to step in to help raise the money. Gor cited lack of funds after sponsors Brookside Diary pulled out and the Kenya Revenue Authority slapped a Sh118 million demand on them but the treatment left a bitter taste in the mouths of many.





4. George Waweru

Popularly known as Jojo, George Waweru sustained a fracture on his neck while on club duty with Tusker in 2003. He and the club apparently did not seem to be aware of the injury as the towering defender answered the call to play for Kenya at the 2014 Africa Cup of Nations finals in Tunisia. The Tunisia outing, sadly, turned out to be the beginning of the end of his once glittering career that had seen him emerge as one of the most outstanding centre halves of his generation that the country has produced.

5. Innocent Mutiso

Innocent Mutiso had been a key player for Gor Mahia between 2014 and 2015 until he suffered an injury while playing for the club against Thika United in a KPL Top 8 match in Machakos. The injury came at a time his contract was winding up and Gor dropped him at the start of the 2015 campaign in favour of some fresh blood. The player, who was still injured at the time, claimed to have learnt of the decision on social media but promised to soldier on nonetheless.





6. Benedict Owour

Former KCB captain and defender Benedict Owuor was left furious after the club dropped him on the final day of the 2014 mid-season transfer window. Owuor picked a knee injury during KCB's 3-2 defeat to Gor Mahia in April that year and expected to undergo surgery after an MRI scan confirmed a torn meniscus. However, the decision to let him go left him in shock as he was left with a huge medical bill at a time he could not kick a ball. KCB maintained his contract had ended and they had the right to either extend or end it.

7. Joseph Ochieng

Joseph Ochieng was dropped by Kenyan Premier League club KCB barely 10 months after signing a three-year contract when he suffered a knee injury. Chakas as he is popularly known, joined the bankers in January 2011 from Mahakama, hoping to kick-start his career, However, in July 2011, he suffered a knee injury during training which was later revealed to damaged tissues. He was unable to play two months and the club terminated his contract in November that year. The club defended their decision even as the player cried foul.



8. Harry Gentle

The Nigerian defender sustained a metatarsal injury while turning out for AFC Leopards and was sidelined for an entire season in 2010. Gentle alleged that because of his injury, Leopards sacked him without pay and did not even bother to assist him with his medical expenses. Gentle had to rely on support from family, friends and the generosity of Ingwe fans who held fundraisers to foot his medical bill.

9. George Opiyo

Former Tusker FC goalkeeper Opiyo sustained a knee injury in January 2013 and the brewers paid for his operation. But while he was recuperation and undergoing rehabilitation, Tusker pulled the plug. He signed for Sofapaka a few weeks later but just a few days after, Batoto ba Mungu revoked the deal saying the player had an injury whose extent the medical team hadn't disclosed to them. Sofapaka also demanded that Opiyo returns the Sh150,000 sign-on fee they had paid him.

10. Dan Matengo

Injured while playing for Gor Mahia, Dan Matengo needed the help of well-wishers to come back to action after suffering a fracture in 2006. After the horrific injury, akin to former Arsenal player Aron Ramsey's leg break in 2011, many thought Matengo would never kick a ball but he miraculously recovered and signed for Tusker in 2008. It got even better as he scored on his Tusker debut in a 1-1 draw against KCB in March that year.

Eureka ▸ Design, Innovate, Engineer

Device to address blood shortage



Amid reports of reduced donor blood, a revolutionary, epochal tool for transfusing a patient's blood back into their body has been launched to fill the gap



A demonstration of how Hemafuse works. LEFT: **Sisu Global COO Sajju Jain, director Sales and Marketing Rakesh Vinayak and Amref Health in Kenya Country Director Dr Meshack Ndirangu.** PD/ MILLIAM MURIGI

by Milliam Murigi
@millymur1

If you need an emergency blood transfusion, the doctor might show up with a soup ladle (large long-handled spoon with a cup-shaped bow). Though it sounds funny, this is what most medical professionals use to scoop out pooled blood (in various emergency situation such as ruptured ectopic pregnancy), run it through gauze to filter out clots before pumping it back into the patient's body.

With this method, a patient is never assured of clean and safe blood. Because of this, Amref Health Africa, Sisu Global Health and Suripharm have partnered to introduce a device that lets clinicians reuse a patient's blood in a sterile way when they're haemorrhaging (bleeding that occurs inside the body when a blood vessel is damaged).

Known as Hemafuse, this is a surgical autotransfusion tool that salvages, filters and recycles a patient's blood from internal bleeding. It can be used in emergencies and scheduled procedures to transfer blood from where it is pooled internally to a blood bag, where it is immediately re-transfused.

"Autotransfusion presents a great opportunity to provide people in need of blood with their blood for transfusion instead of donor blood. Autotransfusion recycles a person's blood in cases of significant blood loss. It can also aid in cases of large internal bleeds where donor blood is scarce," said Amref Health Africa in Kenya's Country Director Dr Meshack Ndirangu

SAJJU JAIN

"This innovative auto-transfusion solution will ensure that patients with internal bleeding have a chance of survival

He says auto transfused blood has many benefits including reduced risk of infection, safer transfusion in patients with rare blood groups and multiple auto-antibodies, and reducing the demand on the increasingly scarce resource that is donor blood.

The product works like a syringe pulling a patient's blood through a filter and transferring it to a blood bag to be recycled, critical in addressing the blood shortage, especially in Kenya.

Limited, vital asset

As a resource, allogenic (donor) blood has never been more in demand than it is today. Allogenic blood is a vital yet limited asset in sub-Saharan Africa due to a number of things including escalating elective surgeries, shortages arising from a fall in supply, lack of national blood transfusion services in some countries, policies, appropriate infrastructure, trained personnel, and financial resources to support the running of a voluntary donor transfusion service.

For example, Kenya needs about 450,000 units of blood annually. Last year the Kenya National Blood Transfusion service collected 164,275 units, representing 91.3 per cent of the annual target of 180,000 units. The unavailability of blood has led to deaths and many patients. Every 10 minutes about seven Kenyans need blood.

"It is inspiring to see Hemafuse used to save lives. With this partnership, we look forward to enabling thousands of more clinicians to save more lives across the country. The work we are doing is incredibly important, and we are proud to have such a strong partnership with Amref and Surgipharm to provide access to blood across Kenya," said Sajju Jain, Sisu Global Health COO.

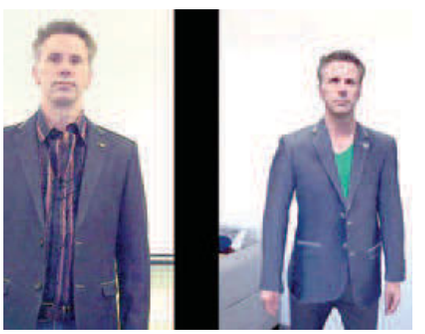
The best thing about the product is that it doesn't require any electricity since it is operated manually unlike the current Autotransfusion devices, which rely on electric suction to pull out the pooled blood and a centrifuge (a laboratory device that is used for the separation of fluids, gas or liquid, based on density) to process it before it goes back into the body. It can be reused up to 25 times, thanks to replaceable filters.

Donor withdrawal

"This innovative autotransfusion solution will ensure patients with internal bleeding have a chance of survival and move Kenya closer to addressing the critical blood shortage," says Jain.

This comes at the time when the US government has withdrawn Sh2 billion funding for blood collection and testing services in Kenya a move expected to make blood shortage situation even worse. The device will help increase blood access in all hospitals to reduce internal bleeding-related deaths.

GADGET REVIEW
WITH NDUTA WAWERU



Digital clothing?

How many times have you had to return a garment to a shop because it did not fit? Well, you could be saying goodbye to this if the mixed reality project by the London College of Fashion is anything to go by. This technology allows shoppers to try out clothes virtually. The app comes with the ability to create a detailed representation of the shopper, allowing them to try out clothes and see how it would look like on them before they order for it online. The app also scans the garments for the shopper to try on.

Amazon lets you control your TV with voice

Among the many hardware gadgets Amazon unveiled recently is the Fire TV Cube. The device allows you to use your voice to control your TV. With it you can not only switch to your favourite show or sport but also check out the weather and even set reminders, even when the TV is off. The cube comes with eight microphones, which makes it easier to capture your voice from any direction. It also features a voice remote for those moments you want to control the TV without making a sound. Ensure your devices are compatible with TV Cube. It costs Sh12,300.



Translator on the go

As travel brings people closer, ease of communication has become a priority, with numerous companies coming up with devices and apps to facilitate this. Among these companies is Pocketalk, which has come up with a voice translator. All you need to do is speak into the gadget for it to translate speech into the desired language and display it on the screen. It has 74 different languages so far and with its inbuilt data and advanced microphones, translation has been made tad bit easier. It will set you back Sh31,000.



You ▶ It's all about Life & Style

TWOINONE

Sex in marriage shouldn't be a mere duty: Let everyone enjoy

Many people assume it is only the men who have sexual needs, so it is one-sided. What about the women who are denied sex by their husbands who either have a *mpango wa kando* who is meeting that need or the husbands work in distant urban centres and rarely travel home? Isn't she also being denied her conjugal rights?

In our male-dominated society and with our traditional mindsets, we have come to believe sex is just a man thing. In fact, in many traditional African societies, one of the things a woman would be prepared for in marriage was how to sexually satisfy her man. Contrastingly, in some communities' women had to undergo Female Genital Mutilation (FGM) not to make her enjoy sex. What an irony!

We were both—male or female—created to enjoy this wonderful gift of sex. It is only as a man and woman enjoy this gift within the precincts of marriage that we can protect our marriages. Men need to know how to turn their wives on by giving them the tender loving care that they so much desire for them to respond by giving them sex that they so much desire. We should not expect to reap where we have not sown.

Failure to meet these needs—the need for affection for women and the need for sex for men—will lead to husband and wife seeking to have the needs met outside the marriage bond. This thus leads to unfaithfulness and may lead to couples ever fighting sexually transmitted diseases. When one partner suspects the other of unfaithfulness, it would be difficult to enjoy sex in such an environment.

Honesty and openness in marriage is thus important for there to be mutual fulfilment where sex is concerned. No one wants to be involved in something out of mere duty. It should be "something I want to" as opposed to "something I have to"—and so, when it is reduced to a right, it becomes boring and unfulfiling for both parties.



My great house girl has become overly familiar with hubby



THE ACHOKIS

Hi Achokis. I'm going crazy. I employed a house manager seven months ago. She is quite good with the baby and a great cook. My husband thinks she is the best house manager we have ever had. The problem is, when I get home, she doesn't stand up as a sign of respect. She always wants to hang around us in the living room and my husband finds no problem with this. He stopped sending me to the kitchen and deals with her directly. I feel suffocated and a stranger in my home. Previously, I suffered finding a good house manager. What do I do?

OUR TAKE...

Getting a good house manager to take care of one's baby and help in the house is something to be thankful for, especially after you have struggled to get one. Thus, good house girls should be appreciated and treated with care as they help us a lot leave alone taking care of our children.

It is a plus that your house manager feels at home in your home. You should treat her as a human being and not anything less. However, as part of the training, you need to let her know how far she can go in some things and what is solely your responsibility. Let her know her boundaries. It is important for her to give you as a couple some space whenever your husband is around—sometimes two's company, three's a crowd. It is important to communicate this to her, but how you do it really matters.

Have boundaries

Men need a lot of awareness when it comes to dealing with the house manager who in most cases is a woman. They need to know, for example, to what extent they interact with her. They should let their wives be the one giving instructions to the house manager since the house is assumed to be the domain of the woman. These are communications that normally need to be done long before you hire a house manager so that you are on the same page. If this wasn't done, it's never too late to have them.

Hubby should stick to his lane

It is, therefore, important for you to communicate your concerns to your husband. Don't attack him, or tell him that you are suspecting him with your house manager, but respectfully express your concerns to him. Let him know that the house manager is your responsibility and so he should stick to his lane. Ask him how he would feel if you decided to directly deal with your mechanic for example instead of letting him do it. Let him see that if he continues this way, there's a possibility of the house manager becoming too familiar with him, which can be dangerous. This familiarity may also breed contempt for you so that she stops respecting you as her boss.

The writers are marriage and relationship coaches — barnieachoki@gmail.com



TIP OF THE WEEK

"Many marriages would be better if the husband and the wife clearly understood that they are on the same side.

-Zig Ziglar



CITYMAMACITA WITH CATHERINE NJIRU

These neat-freak men, poooh!

However much we are told men who relate more with their feminine side are the real deal, I beg to set the record straight. The whole idea of men who spend more time in the salon than their women—neat freaks who care more about their appearance than just about anything else, goes against everything I find attractive in a man.

And I'm sure I'm not alone on this, there must be other women who like men rough and ready, not necessarily unkempt, but manly.

Men who come home to eat *githeri* and *ugali*. You will never find them queuing at KFC for chicken wings. Men who down a steak and then an hour later go out and get some *choma*, men who drink pints and not black ice or even worse, red wine.

I'm talking about that specific species that doesn't grimace when taking neat shots. They take it smooth and clean like those men in whiskey/vodka adverts. Men who roll out of bed and get going instead of locking themselves in the bathroom moisturising faces in a magnified mirror, men who throw on a T-shirt and jeans instead of trying on every one of their seemingly identical vests to see which one shows off their abs in the most flattering light. Especially the self-proclaimed 'life coaches' and image consultants. And I'm not talking about company branding sort of image.

I find it cool that most men wouldn't tell mascara and lip gloss tubes apart. And that should remain as such. A man who provides a level of comfort that a sissy man can't—daringness that lets me know if in grave threat, he could literally carry me out of harm's way. He just doesn't 'care'. He is generally indifferent about most things in life, but when he does care about something, it's not whether he should get a facial or pedicure.

The ideal man cares enough about his appearance to not show up for a date in his pyjamas, but his total getting ready time takes no more than 30 minutes. His hands are not as dry, just a little lotion does it, but then again he can't be smoother than her. Yes she's a woman, complicated is our genes.

Problem is, many men are getting trapped in this modern day grooming. Will we have to travel to the village to get a real man? Look around and you'll notice just how fast men are becoming self-conscious. More than they actually should. *Kwanza* the ones that walk around with lip balms, *I kent.*

Take Off ▶ Guru

RANDOM SENSE
WITH NDUTA WAWERU

WHO: Children under 5 still at risk of dying

Child mortality is one of the biggest challenges in the world. While there has been substantial progress in reducing child deaths since 1990, children under five are still at risk of dying. The World Health Organisation indicates that there has been a 58 per cent reduction of global under five mortality rate, from 93 deaths per 1,000 live births in 1990 to 39 deaths in 2017. However, the rate varies from one country to another with the highest rates seen in low-income areas.

IN QUICK FIGURES

6.3m the number of children under 15 who died in 2017

2.5m of these died within the first month of life.

15 the number of times children in sub-Saharan Africa more likely to die under age five, compared to children in high income countries

5.4m of these were children under five

45 the average rate of under five deaths per 1,000 in Kenya in 2017

45% the rate at which nutrition-related factors contribute to under five deaths.

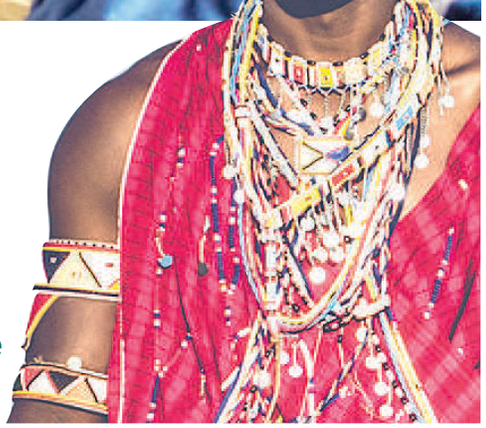
Leading causes of death in children under five include pre-term birth complications, pneumonia, birth asphyxia (oxygen deprivation), diarrhoea and malaria.

Source: World Health Organisation



Warriors on mission to mentor youth

JEREMIAH KIPAINOI saw how lack of exposure limited young people from Kajiado from living their best lives, he seeks to change it all



by Harriet James
@harriet86jim

As a young boy growing up in Kajiado, Jeremiah Kipainoi wanted to be a pilot, but ended up being a teacher just like his father. He is, however, grateful that while he had few role models to guide him into the right career, he attended schools with students from diverse backgrounds, giving him the chance to expand his worldview. Unfortunately, he is one of the few who can count themselves lucky.

"Sometimes we just don't know how to go about things, so you need people who went through it all before you to guide you. In today's context, a Maasai boy goes to school at an early age, but still faces many challenges from walking long distances to school to balancing home and school chores. They are expected to take care of animals and not just to sit at home," Kipainoi says.

Having gone through the same process, Kipainoi and six friends, whom he met on Facebook, began an organisation called Mentors on Tour to enlighten various pastoralist communities in Kenya on various issues and challenges affecting them.

Problem solvers

At first, they went round as Warriors on Tour to bring solutions to existing community problems just as Maasai warriors would do. It is during these visits that they realised how the lack of exposure had really narrowed the perspective of young people in the communities they visited. This is what triggered the creation of the organisation in 2016 to mentor young people to become problem solvers and change makers in their societies.

"Mentors on Tour is all about creativity, community and mentorship. It is always said that humans are made up of core values and it's what governs their day-to-day activities. I'm proud to say that many communities have been brought together to share their life experiences and explore existing difficulties. Consequently, they have been able to execute better solutions to their issues," he says.

Kipainoi's mission is to help boys, girls and the community. "When a girl knows that she will be cut and married off after Class Eight, there is barely any reason to make her work hard and excel in her studies: many girls lose focus due to the predicament. That's the same situation with boys, who are made to look after their families' stock. Eventually, most of them end up doing casual jobs and fall into seemingly lucrative businesses such as loading sand on lorries," he explains.

Clear communication

With his team, he is working hard to expose these young men and women to more career options and role models. "Where else will someone see the practicability of an engineer's job if they have lived all their lives in the village, where all buildings are made from cow dung? There are kids who desired to become teachers or community health workers or policemen, because those are the 'successful' people they see around. Although those careers are no less dignified, we thought it necessary to widen their worldviews by introducing other 'successful people' to them," he adds.

They also address arising challenges the community faces, for instance, if they have jigger problems, they engage jigger experts to instruct them on how to deal with the menace. If the problem is school dropouts, they bring together stakeholders: parents, teachers, boards of schools and children to bring sustainable solutions.

They also train mentees on clear communication, especially on social media platforms and enhance their leadership skills by delegating and encouraging them to take lead roles in their circles.

Cohesive collaboration

"Since we work in teams, interpersonal skills are another part we focus on. We teach them about anger management and etiquette. We encourage flexibility in schedules, ideologies and processes to have a cohesive collaborative environment that will help them thrive in the now highly connected global village," Kipainoi explains, adding that they encourage mentees to take time off and think about their lives, learn from their weaknesses, strengths as well as their inner self.

While their efforts seem to have success, the organisation has had a few challenges. First, it is difficult finding credible resource people willing to share their time and experiences with the mentees.

Even with their plan to roll out distant mentorship programme, getting some time off mentor's schedules has always been an uphill task, as they also want to be on ground. In addition, getting them to the areas where they need to volunteer means hiring vehicles to the countryside, which strains finances, something they are also struggling with when it comes to running various projects.

IN PURSUIT OF SOLUTIONS

- **Jeremiah Kipainoi and six of his friends came together to form Warriors on Tour to seek solutions to problems their community faced.**
- **After a series of sessions, they discovered how the young generation lacked role models and exposure to viable careers.**
- **They changed their organisation to Mentors on Tour to mentor, train and widen the worldviews of the youth and children in their community.**
- **Through the organisation, they have also addressed arising issues including jigger infestation, school dropouts and use of social media.**

Jeremiah Kipainoi wants to expose Maa youth to better opportunities in life. TOP: **A mentor in one of the sessions with pupils.** PD/HARRIET JAMES

Your Health ▸ It matters

When drugs do more harm than good

Medicine is meant to heal, but what happens when it leaves you with more negative costly effects?

by Peter Ngila
@peterngilanjeri

Mary Nyakio, 76, is not a happy patient. The drugs she has been taking for diabetes for the last three months have left her with an itchy neck, as demonstrated by the blackish rings on her throat. She has come here to request the doctor to prescribe a different drug, preferably a topical ointment—not a tablet.

She has been coming to the Gatundu Level Five Hospital for the last two months. "Around six months ago I was given three drugs, and when the doctor realised I reacted negatively to them, he did away with one," Nyakio says.

She adds that the new drug is currently working well. "Before that, whenever I took one of the drugs, I would develop severe stomachache. The only problem now is the pain on my neck," she explains.

Also at the hospital is Daniel Muturi, another patient experiencing reaction to prescription drug. He is taking medication for both high blood pressure and diabetes. He thinks taking both the drugs at once affects his eyesight, so he came to the hospital for advice on how to balance the drugs.

Towards the end of the consultation session, the doctor explains the negative effects are caused by an overdose. Apparently, Muturi had unknowingly been overdosing on high blood pressure drugs by taking two different brands.

The doctor advised Muturi to do away with one of the drugs and prescribed three other drugs to further fight the effects.

For Teresia Njeri, 60, the drugs she had been taking had been causing headache and causing her inflamation of the legs. "These drugs would make me dizzy and I would nauseated," she says.

Njeri had been using the drug since 2009, nine years after she was diagnosed with breast cancer. After the diagnosis, she was shocked to see her blood pressure shoot.

"My journey with high blood pressure and drugs began then, when the doctor told me my condition was in the first stage," she explains.

Poor understanding of drugs

Nyakio, Muturi and Njeri share one thing: adverse drug reaction (ADR). Dr Kagwa Gichuki of Gatundu Level Five Hospital defines ADR as harmful, unintended occurrences that take place after taking a drug.

The Pharmacy and Poisons Board says the harmful effects are associated with use of drugs including following a normal dose, an overdose, misuse or error. In some cases, if the reaction is mild, patients can continue with the medication but in other cases, the reactions are so severe that medication is changed or patients given additional medical treatment.

Noting that all the above patients are older, Kagwa says hypertension and diabetes rarely affect young people. "Young people don't use medication as frequently as older ones, whose immune system has been weakened by prolonged use of drugs," he says.

He adds: "Patients with diabetes will likely be on two or three drugs. Diabetes drugs cause complicationsuch as itchiness. A patient with arthritis, hypertension and diabetes will be prescribed a minimum of seven drugs."

Kagwa attributes ADR to the advanced age of most of the patients, which means some would likely not understand the drugs and the prescription.

He admits any drug can cause ADR. "For diabetes, the most notorious drug with ADR is called Gibenclamide, whose purpose is to lower a patient's blood sugar, but if not used well, can cause hypoglycaemia, (low blood sugar levels). Side effects of the drug include fainting, shaking and dizziness," he explains.

Dr Daniella Munene, a registered pharmacist and the chief executive of Pharmaceutical Society of Kenya (PSK), says there is no increase in ADR cases in Kenya. "The perceived increase is a good thing because there is more awareness amongst patients and health care professionals who report them," she says.

She confirms that because our bodies react differently to drugs, any medicine can cause ADR. "The important thing is to minimise their occurrence by proper compliance to instructions, with respect to dosing, timing, concomitant herbs, foods and other medicine," she adds.

Reporting mechanisms

To put things into perspective, Munene debunks ADR, Adverse Drug Event (ADE) and drug allergies: "An adverse event is any unexpected effect after taking medicines. The effect is associated with taking the medicine. Once you investigate what caused the event then you can say it was an adverse drug reaction, including drug allergies—which are also drug reactions," she says.

Once someone has an effect, it is referred to as an effect, we just call it an adverse effect since doctors do not know if it's caused by the drug or a combination of the drug or herb or diet or maybe something else totally unrelated.

"Initially they are all called Adverse Events (AE). Then after establishing that the drug truly contributed to the effect then we call it an ADR. It includes drug allergies, but also includes lack of effect such as persistent or increased pain after taking a painkiller," she says.

If you have ADR issues or suspect any drug side effects, Munene insists you must report directly to the regulator or to the website of the Poisons and Pharmacy Board.

"If the website is too complex, the patient can report directly to the pharmacist. They can also go back to the doctor and explain their experiences. The pharmacists are trained on reporting such information to the regulator, who then collates all data and determine any associating trends, she explains.

All that information is then collected into a global database by the World Health Organisation, which then gives professionals new information to combat ADR issues.



Dr Daniella Munene, chief executive of Pharmaceutical Society of Kenya.



Dr Kagwa Gichuki, a clinical pharmacist at Gatundu Level Five Hospital.

DR MUNENE

Because our bodies react differently to drugs, any medicine can cause ADR



Dr Kagwa Gichuki attends to Mary Nyakio during the interview. Nyakio was in the hospital after she suffered severe side effects of diabetes medication she has been taking for the past three months. PD/ PETER NGILA



NUTRITION WITH CHRISTINE NDERITU



Even livestock are not spared from anti-microbial resistance

Sometime last year, I visited poultry farms in Bangladesh to learn production practices. Among the farms were those registered under the department of livestock and got training and support on poultry farming, and unregistered farms that basically run their farms based on what they knew, or copied, from trained farmers but had no formal support.

One of the differences between the farmers was that while the registered farmers often consulted with veterinarians before administering antibiotics and only used a specific antibiotic for a single disease, unregistered farmers treated chicken without consulting and often used multiple antibiotics for a single disease. At the same time, while registered farmers had an antibiotic withdrawal period, where they did not use antibiotics on chicken older than 20 days, the unregistered farmers had no antibiotic withdrawal period. They could treat their chicken with antibiotics and a few days later put them out in the market.

A recent study, Global trends in antimicrobial resistance in animals in low- and middle-income countries, has found a new public health threat: the rise of antibiotic resistance (dangerous bacteria adapting and becoming unresponsive to antibiotics designed to fight them) in farm animals particularly chicken, pigs and cattle. This has been as a result of more farmers increasingly using antibiotics to meet the growing needs of animal protein. The Food and Agriculture Organization says while meat production has plateaued in high-income countries since 2000, it has grown by 68 per cent, 64 per cent, and 40 per cent in Africa, Asia, and South America respectively.

The implication of antibiotic resistance is not just on animal production and livelihoods, but also on human health and unfortunately, Kenya has made it to the list of countries with the strongest cases of multidrug resistance among farm animals.

With broiler chicken flooding the market it's time to have more strict regulation on antimicrobial use.

BRIEFLY

State lays new strategies to promote reach to technical capacity

Noven Owiti
@PeopleDailyKe

The government has put in place new strategies to increase access to technical education training.

Technical and Vocational Education and Training (TVET) Principal Secretary Dr Kevit Desai says the ministry's strategies, aimed at promoting greater access to technical skills, include doubling of the student capitation funds and expansion and equipping of Tvet institutions.

Desai says the government has, this financial year, increased the Tvet capitation programme funding from Sh 2.5 billion to 5.2 billion and set aside another Sh4 billion for Higher Education Loans Board for the Tvet sub-sector to scale up the number of students joining technical colleges every year.

He says plans are underway to establish additional Tvet institutions, at least one in every constituency, to ease access to the industrial training.

"These institutions will impart the market driven skills to more than one million learners who graduate yearly from primary and secondary schools," said Desai when he presided over the graduation ceremony for some 24 refrigeration and air conditioning trainers at Ramogi Institute of Advanced Technology (Riat) in Kisumu last week.

Rising numbers

Technical institutions have continued to record rising student population in the recent times. Recently, Desai revealed that the student population in the institutions had risen to 190, 000 students after last year's enrolment.

The PS reiterated the government's commitment to reforming Tvet training to meet the dynamics of job market.

He said technical colleges are being equipped with modern machines, a move meant to ensure high level standards in the training offered and total realignment to the needs of productivity innovation and efficiency.

"The ultimate goal is to equip all the Tvet institutions, both new and existing ones, with modern state-of-the-art equipment to ensure relevant and quality training," he said.

He added that Education ministry is open to public private partnerships to promote access to technical skills.

The PS urged stakeholders to collaborate and raise the standards of training in vocational institutions.

Desai said in bid to enhance quality and relevance in technical skills delivery, implementation of Competency Based Education and Training (CBET) was on course with five regional committees tasked to oversee the ongoing mainstreaming of the new curriculum in Tvet institutions.

Scholar ▸ Training future leaders



The eyesore that is Gatundu primary schools

A tour around public schools in Gatundu North shows decaying structures pointing to impending crisis like one witnessed at a Nairobi school recently

Mathew Ndung'u
@PeopleDailyKe

The collapse of a classroom two weeks ago at Precious Talents Top School in Dagoretti, Nairobi, that claimed the lives of seven children highlights the deteriorating state of schools across the country. The school is one among many that unashamedly violate basic building and safety regulations. A survey of several schools, mainly public, in Gatundu North in Kiambu county disclosed a sorry state of affairs as a large number of them lack basic facilities such as toilets and classrooms.

Continued poor performance of schools in the area has previously been blamed for poor learning environment.

A survey by **Scholar** to assess availability of mandatory infrastructure facilities in Mungai, Gatei, Buchana, Kieni, Nyamathumbi, St Francis, Miugu and Kiangunu primary schools revealed a sorry state. Devastating images of the structural status of many school blocks, collapsing toilets, broken doors, window-less classrooms and clear cracks coats a blurred picture of many run-down schools in the area.

At Mungai Primary in Gatei village, Class Seven pupils, who were studying in a dilapidated block, were vacated from their classroom soon after the news of the Nairobi school tragedy broke out. They pupils were forced to attend class under a mango tree enduring biting cold, rain and possible scorching sun.

The block has developed two cracks with some of the building stones already fallen to the ground. The building is said to have been constructed less than five years ago. The pupils were then transferred from the mango tree to an old, dusty and filthy store made of iron sheets.

This is despite being awarded Sh4.6 million by the National Government Constituency Development Fund (NG-CDF) in the 2018/19 financial year for renovations. The pupils are currently merged with their Class Eight counterparts after our visit to the school. A few metres from Mungai is deplorable Gatei Primary School whose structures could fall anytime unless a strong foundation is urgently erected on the storey building. Cracks and old roofing sheets are crystal clear.

Miugu Primary School in Gituamba Ward is even worse. A whole block is made of iron-sheets. Most pupils are barefoot and it is clear they suffer as the classroom floor is cold. Desks are broken and the ones in better condition are shared.

At St Francis Primary School in Mang'u Ward, a whole block of old classrooms is unoccupied with no sign of renovation.

At Buchana Primary School, adjacent to the infamous Sh24 billion worth Karimenu II Dam, learning is ineffective if a good learning environment is anything to go by. Old roofs built of old iron sheets as well as collapsing toilets paint another pending disaster.

The worrying situation is similar at Kieni Primary School where poorly-constructed toilets indicate a deserted school.

The highlighted schools are just a drop in the ocean. Almost 90 percent of Gatundu North primary schools are in pathetic state, and the local leadership is attributing it to previous leadership.

"It's unfortunate that due to past poor leadership, 90 per cent of our primary schools are in deplorable state and we are doing everything possible to do face-lifts and create a good learning environment," area MP Wanjiku Kibe said last week.

As Kibe assures that her office is doing everything possible to correct mistakes she believes are inherited from her predecessors, pupils could wait longer owing to the fact that NG-CDF kitty cannot entirely build classrooms.

Kenya National Union of Teachers Thika branch secretary Joe Mungai says insufficient funding by the national government, laxity and reactiveness by the public health department and the public works are the reasons that public schools will never be at ease.

Gatundu North MP Wanjiku Kibe inside a classroom in Miugu Primary School in Gituamba ward. PD/ MATHEW NDUNG'U



IN BRIEF

Coast students use essays to tackle drug manace

Barry Silah
@obel_barry

Fast World University, in association with Lamu Archipelago University Students Organisation (LAUSO), has seen 33 students engage in an essay writing competition.

Under sponsorship of New Horizon Consultancy in partnership with Mount Kenya University, the project that was hosted at Ummul Quraa Educational Centre, focussed on the theme of drug abuse, a major problem in the Coast region. The one-week programme, which saw 18-year-old Hassan Mohamed Fosi of Ummul Quraa Boys score 15 out of 20 marks had five participating schools from Lamu and Kilifi County.

"Basically as youth we are most affected and we want to make a difference. This competition served to show our understanding of the drug menace and how it can be tamed. As somebody who has witnessed the problem, I feel obliged to have a voice," he said.

The programme was organised by Omar Kiprop, the founder of FWU and Principal of Ummul Quraa alongside Tashrifa Mohamed, a probation officer at Mpeketoni Police Station in Lamu County. Mohamed, who is also the LAUSO chairlady, praised the initiative and promised to make a return next year.

"It is specifically moulded towards the young people so that we can have them grow up as responsible citizens. We are partnering with schools around most affected communities so that we can help impact change even at a small level," she said.



Derrick Wanjiku, a participant and LAUSO chairlady Tashrifa Mohamed. PD/ BARRY SILAH

FWU is a mentorship platform created by various stakeholders with the intention of sharing insights on what elevated them to the peak.

NAIROBI CONNECTION SERVICES AUCTIONEERS

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PUBLIC AUCTION

DISTRESS FOR RENT
LANDLORD VS ERICK MAANGI AND ROBERT OMONDI.

Under instructions received from our principal, we shall by Public Auction sell the under mentioned goods on **Saturday 12th October, 2019 in situ Diamond Plaza stores at 11:30 am.**

White fridge, metallic chairs, deep freezer, blue drums, jikos, tables, fan von hotpoint and counter booth.

LANDLORD VS DERRICK MALEL.

Under instructions received from our principal, we shall by Public Auction sell the under mentioned goods on **Saturday 12th October, 2019 in situ Apartment C07, Juja South Estate at 10:30 am.**

Container black 210 litres, Armco 4 burner cooker, plastic tray, office table wooden, makuti stand and Mattress.

CONDITIONS OF SALE
Cash at the fall of the hammer

PUBLIC NOTICE

THE PHYSICAL PLANNING ACT (CAP 286)
CHANGE OF USE

The owner of the **L.R. NO. NBK/BLK 109/544/866** located off Moi Drive Umoja, Nairobi County, wishes to change use from **Single Dwelling** to **Multi-dwelling Units (Flats),** subject to approval of County Government of Nairobi. Any individual(s), institution(s) or organization(s) etc with comments or objections to the proposal are requested to forward the same in writing within fourteen (14) days of publication of this notice to:

The County Secretary
Nairobi City County
P.O. Box 30075
Nairobi

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Licensed Auctioneers, Debt Collectors, Re-possesors, Private Investigators & Commission Agents

PUBLIC AUCTION

Duly instructed by our principals the financiers, we shall sell the under mentioned repossessed motor vehicles, on Tuesday 15th OCTOBER, 2019 at our offices at 11:30am.

1. FINANCIER -VS- KITHINJI DUNCAN MURIUKI & JOHN MURAYA IRUNGU

NO.	REG. NO.	MAKE/ MODEL	VIEW AT
1.	KCE 880T	MERCEDES BENZ CLS350	AUTO GALLERY
2.	KBD 318F	TOYOTA HIACE LH172V	GREYPOST LIMITED

CONDITION OF SALE
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ALL ARE WELCOME

PUBLIC NOTICE

PHYSICAL AND LAND USE PLANNING ACT NO.13 OF 2019
CHANGE OF USER

The owner of **L.R. No. Kabete/ Kibichiko/3759** is proposing change of use of this property from **agricultural** to **multi-dwelling residential (flats)**, subject to approval by Kiambu County Government. Individuals, institutions and organizations with objections or comments are requested to forward them in writing within 14 days from date of this notice to:

Director of Physical Planning
County Government of Kiambu
P.O. Box 2344
Kiambu

PUBLIC NOTICE

THE PHYSICAL AND LAND USE PLANNING ACT NO.13 OF 2019
CHANGE OF USER

The owner of **L.R. No. Ruiru/Kiu Block 2/3516** is proposing change of use of this property from **agricultural** to **multi-dwelling residential (Townhouses)**, subject to approval by Kiambu County Government. Individuals, institutions and organizations with objections or comments are requested to forward them in writing within 14 days from date of this notice to:

Director of Physical Planning
County Government of Kiambu
P.O. Box 2344
Kiambu



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TIME OUT!

K24

5.00 Inuka
6.00 K24 This Morning
9.00 The Punchline
10.00 The Daily Brief
12.30 Inside Business
13.00 News Cut
13.30 Sports Hub Live
14.00 Bongo Movie
15.00 Sweetest Love
16.00 K24 Mashinani
16.30 Jus Kids
17.00 Beatbox
18.00 Unique Love
19.00 K24 Saa Moja
19.30 Jane And Abel
20.05 The Secretary
21.00 K24 Evening Edition
22.00 Nairobi Diaries
00.00 Dw Feed Live

Kameme TV

5.00 Ime Ria Ruciini
6.00 Rikiratha
11.00 Kurekereria Kodii
12.00 Nyarari-Rpt
1.00 Mohoro Gitau-Live
1.30 Kameme Iharoini- Live
2.00 This Wildlife-Rpt
2.30 Thiririka Mixx
3.30 Satai
3.45 Kameme Toonz
4.00 Ririmbuka Live
6.00 Rikíria Na Country
7.00 Kameme Maturaini
7.30 Nditimurano Live
9.00 Mutamburuko Wa Mohoro
10.00 Mathaga Maitu
11.30 Ririmbuka
12.30 Deuestche Welle

ktn

5:00 Command Your Morning
6:00 Morning Express
8:00 Tendereza
9:00 Carmela Rpt
10:00 Wild Drake Rpt
11.00 Tendereza
12.00 The Entrepreneur Rpt
12.30 Daktari RPT
1.30 Drive it
2.00 Afri Screen
4.00 Mbiu ya KTN
4:10 The Emperor's New School
4.30 Teenage Mutant; Ninja Turtles
5.00 Baseline - Music Show
6.00 Beautiful Strangers
7.00 KTN Leo
7.30 Mshamba
8.00 Steve Harvey
9.00 KTN Prime
10.00 Documentary
10.30 Movie
11.30 Movie

8.05pm The Secretary



::IN THEATRES NOW::

CENTURY CINEMAX IMAX GARDEN CITY: **10:45, 13:00, 15:15, 17:30, 19:45: DORA AND THE LOST CITY OF GOLD (2019)**

NYALI CINEMAX MOMBASA: **21:15: AD ASTRA (2019)**

ANGA SKY CINEMA: **13:50, 18:35: HUSTLERS (2019)**

WESTGATE CINEMA WESTGATE MALL: **11:15, 14:30, 16:40, 18:40, 20:50: RAMBO: LAST BLOOD (2019)**

CENTURY CINEMAX JUNCTION: **10:45, 13:00, 15:15, 19:45**

DORA AND THE LOST CITY OF GOLD (2019)



KBC

5:00 BBC
5:30 Gear Up
6:00 Good Morning Kenya
9:00 Layd Back
9:30 Animation Time
10:30 Jee, huu ni ungwana?
11:00 Hypochondriach RR
12:00 Afrusion
1:00 Lunch Time News
2:00 IAAF Recorded
4:30 Big Minds Rpt
5.00 Club 1
6:30 The Great Debators
7:00 Taarifa
7:30 Grapevine
8:00 First Lady
9:00 Channel 1 News
10:00 Maisha ya mama
11:00 CCTV
11:30 Layd Back

ntv

5:00 Password Plus Repeat
6:00 AM Live
8:00 Better Living
9:00 On the Wings Of Love
11:15 NTV Today
12:00 Wicked edition
12:30 Aunty Boss
1:00 NTV at 1
1:30 NTV Sasa
3:00 China Wings
3.30 Gina D's Clubs
4:00 NTV at 4
4:15 Password
5:00 The Beat
6:00 Be careful with my Heart
7:00 NTV Jioni
7:30 Wicked Edition
8:00 Shark Tank
9:00 NTV Tonight
10:00 Road to Russia
11:00 The Beat
12:00 NTV Tonight
01:00 CNN

HOROSCOPES



ARIES (MAR. 21- APRIL 20)
Your reputation may be at stake if you partake in gossip. If boredom has set in, find new and unique directions that offer interesting friendships.

TAURUS (APR. 21- MAY 21)
Love can be yours if you get out and about. Travel will be favorable. Control your emotions and everything will fall into place.

GEMINI (MAY 22-JUNE 21)
You may have difficulties at an emotional level with mates. You can expect to have a problem with your lover.

CANCER (JUNE 22-JULY 22)
You may find yourself in a predicament with family members. A passionate encounter with your mate should help alleviate that pent-up energy.

LEO (JULY 23-AUG 22)
You can gain distinction; however, it may be for the wrong reasons. You are best to stick to yourself today.

VIRGO (AUG. 23 -SEPT. 23)
Unpleasant situations concerning family members will be unnerving. You can get phenomenal returns if you present your ideas to those who can back your interests.

LIBRA (SEPT. 24 -OCT. 23)
Deception is probable if you don't use discrimination. You can't win and they won't listen.

SCORPIO (OCT. 24 - NOV. 22)
Romance can develop; however, it will most probably be short-lived. You can get ahead if you work diligently behind the scenes.

SAGITTARIUS (NOV. 23 -DEC. 21)
Be aware of any emotional deception. Do not sign legal contracts or documents today. Good friends will give you honest answers.

CAPRICORN (DEC 22.- JAN. 20)
Get out and about. Be sure to take care of the needs of youngsters. Be firm when dealing with matters pertaining to your environment.

AQUARIUS (JAN. 21 -FEB. 19)
You will have original ideas for ways to make extra money. You need to challenge yourself.

PISCES (FEB. 20-MAR. 20)
Trying to deal with your mate will be unproductive and possibly hurtful. You will get bored quickly, so make sure that you have scheduled enough activity to hold your interest.

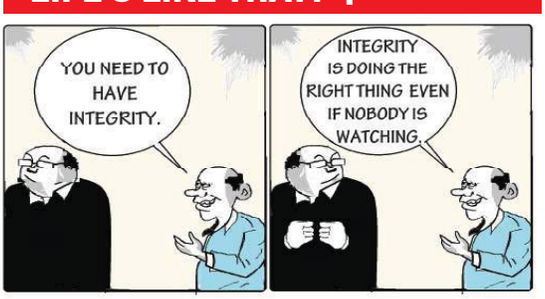
SUDOKU

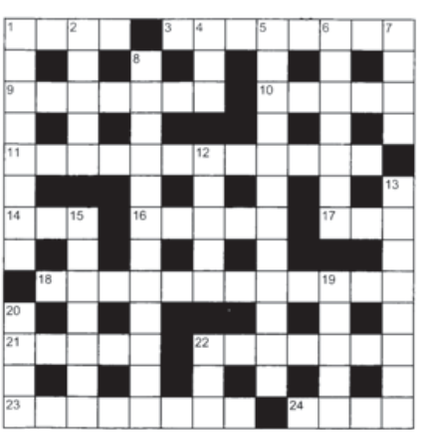
4	7			8	3	5		
			4	9	7		1	6
	3				2		7	8
	8	3						5
2						1	8	
7	6		1				5	
3	2		7	6	8			
		8	9	2			3	7

1	7	3	9	2	4	6	8	5
8	5	4	1	7	6	3	9	2
2	9	6	5	3	8	1	4	7
4	3	5	6	1	2	9	7	8
6	2	9	8	4	7	5	3	1
7	8	1	3	9	5	4	2	6
3	6	7	2	5	9	8	1	4
5	1	2	4	8	3	7	6	9
9	4	8	7	6	1	2	5	3

The aim is to fill the grid so that each row, column and every 3x3 shaded box contains only one of the digits 1-9. You need to reason out where to place the missing numbers by using the numbers given in the grid and a process of elimination. It is a game of logic not mathematical ability.

LIFE'S LIKE THAT! | BY TUM





ACROSS
1. Change (4)
3. Fugitive (8)
9. Fortification (7)
10. Administrative capital of Bolivia (2,3)
11. Gathering of people (12)
14. Bat (anag) (3)
16. Church singers (5)
17. Young newt (3)
18. Unfriendly (12)
21. Floating platforms (5)
22. Eg daffodils (7)
23. Lessening (8)
24. Upper part of the body (4)

DOWN
1. Truthfulness (8)
2. Manor (anag) (5)
4. Become firm (3)
5. Repetition of the same sound (12)
6. Look into (7)
7. Relative Extent (4)
8. Unpredictably (12)
12. Assembly (5)
13. Accented (8)
15. Destructive (7)
19. Musical note (5)
20. Song for a solo voice (4)
22. Fish appendage (3)

FRIDAY'S SOLUTION

ACROSS
1. Stapes
5. Softly
8. Flea
9. Leverets
10. Creed
11. Ignores
14. Uncomfortable
16. Refrain
18. Brave
20. Handrail
22. Cane
23. Handrail
24. Cane
25. Feisty
26. Wields

DOWN
2. Tolerance
3. Placebo
4. Sold
5. Savagery
6. Forgo
7. Lot
12. Enlivened
13. Efficacy
15. Auricle
17. Rides
19. Flaw
21. Awe

Sport

The one-stop Sport Shop...



ATHLETICS - PG31

Obiri credits husband Tom Nyaudi for encouragement in the 5,000m gold hunt

Kisumu Saints maintain run in Victoria Handball league

HANDBALL: Contenders Kisumu Saints got their season off to a perfect start with six points from three victories in the 2019-2020 Victoria Handball League. A 22-19 victory over hard-fighting Kisumu Polytechnic gave the Saints a winning start to the season before followed by a second one over Maseno University 25-16. The Saints continued to improve in their third match outplaying Kanyamedha Boys 34-13. Last season, Saints finished third, behind champions Kisumu Academy and Gusii Handball Club. In the other men's league matches, Maseno beat Kanyamedha Boys 26-20 and Kisumu Polytechnic 33-25. In the women's league, newcomers Thea Queens picked up their good show from last week's outing by thrashing Maseno University Ladies 22-09. Maseno had earlier edged out Kanyamedha Girls 17-10.

The win took Thea Queens to the top of the six women's league standings with six points from three wins and one defeat in four matches they have played so far.

- Gibo Zachary

Kaloleni's Pro Soccer Academy breaks new ground



Barcelona Academy coaches Josep Maria (left) with Pro Soccer Patron Nicodemus Ochieng at S-Baze Grounds, Kaloleni. PD/ RODGERS NDEGWA

by Charles Thuku
@PeopleDailyKe

There is no gainsaying that a good foundation is the basis of every successful endeavour in life.

Everything revolves around a good foundation and it is safe to assume that the same principle applies to the world's most revered sport, football.

Granted, for a nation to have a great football team, it must invest in its youth by setting up academies because that is where talent lies.

It is at the level of academies that future players are initiated into the intricate details and operations of the game which goes beyond learning the basic passing and dribbling of the ball.

Perhaps to emulate this school of thought, former Gor Mahia striker, the late Zablon "Pro" Otieno, came up with the noble idea to start the Pro Soccer Academy in Kaloleni within the sprawling Eastlands in Nairobi with the venture gaining popularity so much so that it is now attracting the eyes of European agents.

Last weekend marked the turning point of the age-group set-up which was mooted by Otieno in 2013 as agents of Barcelona Youth team oversaw the youngsters training at S. Baze ground in Kaloleni and recorded several positives.

The two agents including Belgian Nicky Leliviere and Spaniard Josep Maria Roma acknowledged the input of the players in the academy under the patronage of Nicodemus 'Boka' Ochieng and observed that the deliberate policy to invest in the youth is bound to break even with sound training.

"Africa is endowed with talent and what we have seen here is amazing. Football is full of rigours but the players who are learning the ropes should not give up but rather continue working hard if they are to make it," said Leliviere.



Mutitu, Jerop are Madoka half marathon winners

ATHLETICS: Peter Mutitu and Cynthia Jerop are new champions of the Safaricom Madoka Half Marathon in Taita Taveta County. Jerop aged 24, from Nandi, won on her debut, braving the muddy terrain in Taita Hills to clock a winning time of 1:18.55 time. Jerop, running as an individual athlete, outsmarted defending champion Delving Merigor who was second after clocking at 1:19.20 time. "I have won several races but for Madoka Half Marathon. I was encouraged by my husband to take part, he believed in me and I didn't want to disappoint him," said Jerop. Confusion marred the men's competition after Geoffrey Koross, an individual athlete but was disqualified because he had not paid registration fees before the race prompting organisers to crown Mutitu who clocked 1:17:42. **- Harrison Kivisu**

Simiyu, Chelagat run away with Family Bank honours

ATHLETICS: Daniel Simiyu and Nancy Chelagat won the 13th edition of the Family Group Eldoret Half Marathon yesterday. Simiyu ran in 63:00 relegating Moses Kibet to the second spot in a time of 63:38. Andrew Kipkemboi clocked 63:44 to take the third position. "I had trained well for the race since I had a lot of hope that one day, I would win this half marathon," Simiyu said. Simiyu who won the national trials in 5,000m, plans to compete at the Standard Chartered Bank half marathon. Jelagat won the women's in a time of 72:04 ahead of Zipporah Sumsum who clocked 72:45 and Marion Kibor was third in 75:05. "The race was challenging and competitive since there were many athletes here but, I thanked God i have won," said Jelagat. **- Ericson Kiprono**





New Zealand's All Blacks who won by 62 points against Namibia on Sunday. Their first-half performance against enraged head coach Steve Hansen. PD/AFP

RUGBY WORLD CUP

Results
Yesterday
POOL C
France 23 – 21 Tonga
POOL B
New Zealand 71 – 9 Namibia
Tuesday fixture
POOL B
South Africa vs Canada

How Hansen fired up side

All Blacks coach half-time rage ignited the team's turn-around against Namibia in what had seemed as an easy match

Tokyo, Sunday
@PeopleDailyKe

A Steve Hansen rocket at half-time ignited New Zealand's second-half turnaround against Namibia at the Rugby World Cup on Sunday, culminating in a breathtaking score from TJ Perenara.

The world champions were held to 10-9 after 30 minutes by Namibia, a country that doesn't have a professional league, before they poured on 47 unanswered points after half-time to win 71-9.

The crowning glory was their 11th and final try, when Brad Weber threw a behind-the-back pass to Perenara, who was tackled just short of the line but leapt to avoid going into touch and grounded the ball in the corner from mid-air.

"It was a special one, it even got me out of my seat and not too many things do that," said a deadpan Hansen. The victory puts New Zealand on the verge of the quarter-finals as they moved to the top of Pool B with one game to play, against Italy, next Saturday.

Perenara, who is usually a scrum-half but was playing at fly-half outside Weber, shrugged off his fabulous score which will be a contender for try of the tournament.

"I knew I had the ball down, I just thought that my feet were out to be honest. Ten (Helarius Kisting) makes a good tackle on me and tried to get my feet in the air. I thought he had kept me down," he said, praising Weber's pass.

"It was pretty cool -- he's a skillful player. I was screaming that I would be on the left and he sort of shaped right and threw it behind his back."

Hooker Dane Coles said head coach Hansen had been furious with his players at half-time, giving them one of the biggest dressing-downs he's experienced.

"It was one of the better ones I've heard. And rightly so, to be fair. We deserved it," said Coles, rating it as a nine or 10 out of 10.

"It was good, a bit old-fashioned, you don't really see that too much these days. But I think it was just what we needed to get things going," he said.

"When that first word came out of his mouth I knew something was on."

Hansen, however, described the half-time team talk a little differently.

"We just talked about making sure we got our heads in the right place and simplify the game a little bit -- carry hard and clean out and hold onto the ball," he said.

Sevu Reece, Ben Smith and Anton Leinert-Brown grabbed two tries each, while Angus Ta'avao, Joe Moody, Sam Whitelock and Jordie Barrett also scored before Perenara had the last word. **- AFP**

KPL WEEKEND RESULTS

Saturday

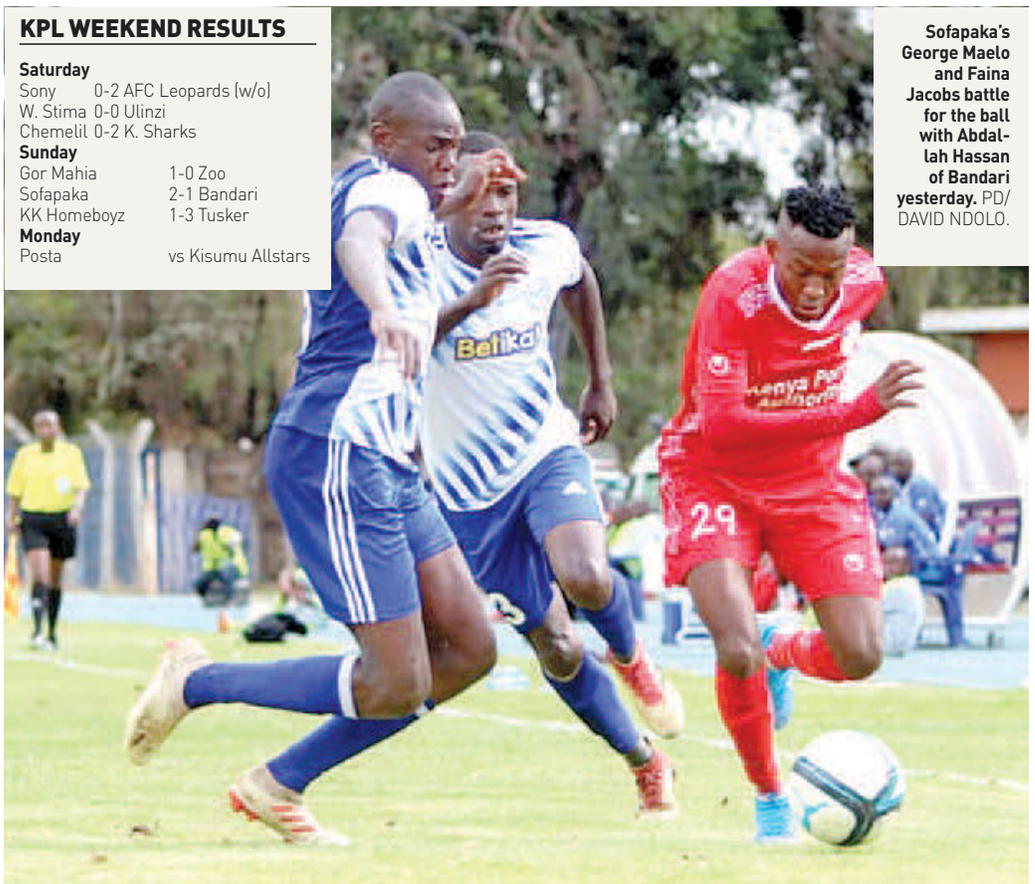
Sony	0-2 AFC Leopards (w/o)
W. Stima	0-0 Ulinzi
Chemelil	0-2 K. Sharks

Sunday

Gor Mahia	1-0 Zoo
Sofapaka	2-1 Bandari
KK Homeboyz	1-3 Tusker

Monday

Posta	vs Kisumu Allstars



Sofapaka's George Maelo and Faina Jacobs battle for the ball with Abdallah Hassan of Bandari yesterday. PD/DAVID NDOLO.

Sofapaka sink Bandari

Controversy in Machakos as dockers suffer from referee's error while Tusker beat Homeboyz in Kakamega

by James Magayi and Frederick Likuyani
@PeopleDailyKe

Controversy marred a well-contested Kenyan Premier League (KPL) tie between Sofapaka and Bandari after Wycliffe Ochomo's 83rd minute goal was erroneously ruled out for handball before Brian Nyakan pounced minutes later to give Sofapaka victory in Machakos yesterday.

Ochomo graciously guided Abdallah Hassan's cross ball into the net using his midriff and the centre referee initially indicated his satisfaction by pointing to the centre of the pitch.

However, persistent protests by Sofapaka players persuaded the referee to change his mind and hell broke loose.

Angry Bandari players led by Ochomo harangued the referee in counter protests, shoving him wildly with the situation threatening to turn ugly. The official stood his ground and minutes later Brian Otieno's freak slip allowed Nyakan to score the winner for Sofapaka.

Peter Lwasa had put Sofapaka ahead with a low finish in the 5th minute but a ferocious strike by William Wadri 12 minutes into the second half levelled matters.

In Nakuru, defending champions Gor Mahia needed a late intervention from diminutive winger Boniface Omondi to claim maximum points in a feisty encounter against Zoo.

The minnows had held their lines well keeping Gor at bay for most parts of the game.

A raft of second half substitutions by Steven Polack added impetus into K'Ogalo's attack and when Bernard Ondiek, introduced from the bench, pulled the ball back into Zoo goal area with nine minutes left on the clock Omondi calmly slotted into the net to make the difference.

The victory consolidated Gor's lead at the top of league table with 12 points and a match at hand.

Tusker winger Luke Namanda returned to hound his former employers Kakamega Homeboyz with the first goal as the visitors won 3-1 in a fast-paced match at Bukhungu Stadium.

Namanda at played a central role in the second goal as Tusker fought hard to grind a crucial away win.

It was the first home loss to Nicholas Muyoti's charges who started the match brightly and would have easily won the match if they took all the chances created in the first half.

Veteran striker Allan Wanga saw his free header inside the box go a few inches wide after workaholic Stephen Etyang put him through in the 13th minute with Tusker shot-stopper Emery Muyekure already beaten.

Nabeki, Luyari lead St Paul's to victory as Hospital Hill soar

by Lynette Matheka
@PeopleDailyKe

Solomon Nabeki and Gibson Luyari starred for St Paul's University (SPU) as the varsity side picked their first Kenya Handball Federation (KHF) men's league win against Thika.

The two scored 15 and 10 goals respectively while Derick Olwa added eight to the tally for a 40-28 win. Kenneth Kosgei and Khalif Hussein scored for the opponent at nine and six goals respectively in the loss.

SPU led by one goal, at18-17, in a tightly contested first half but came back stronger in the second half to score 22 goals while holding Thika to 11goals in that half for the 12 goals win.

"We had intense preparations ahead of the league after a long layoff and that has paid off in the first match. We had a slow start and our confidence was wanting in the first half. However, the experience of Luyari came in play in the last half and he pushed us to that win, " said SPU team captain Billy Makhety.

The team lost six key players ahead of the new season. Donald Indago joined Kenyatta University, Gideon Mulwa went to Kenya Defence Forces (KDF) while Brian Mombo decamped to former champions Black Mamba. Three others Edwin Nyaga, Edgar Ngoya and Victor Songo reman teamless.

"The exit of those six players has affected the quaility of our squad but we had to find repacements and so far they are showing alot of potential in training. They also did well in Sunday's match. We are eyeing a top six finish after a dismal show last season," added Makhety.

The side has enlisted the services of former Chavakaki School shot stopper Edwin Luta who debuted for the team on Sunday as well as centre player Lewis Muturi. David Wariri and Wyciff Onchiri also join the side as wingers.

In other matches, Hospital Hill's Inspired Boys continued their fairy tale in the men's league as they stunned Technical University of Kenya(TUK)to pick a 17-13 win in their Sunday match.

This was Inspired Boys' fourth win having subjected new entrants Kaluluini to a 42-19 loss.

Amos Okwako was the star in both matches as he top scored at ten and six goals for the high school students in the Saturday and Sunday matches.



Lewis Otunge of Buccaneers in action during their KHF Men's Premier League match against Warriors at Kaloleni Social Hall at the weekend. Buccaneers won 34-16. PD/RODGERS NDEGWA



Strathmore University's Jackton Oketch (left) and Kenya Police's Oliver Echenje fight for the ball when they played their Men's Premier at City Park yesterday. PD/ALEX NJUE

Cheplaiti turns up late to give Police edge over Jaguar

by Amos Abuga
@PeopleDailyKe

Veteran striker Moses Cheplaiti scored the winning goal as former Kenya Hockey Union (KHU) men's Premier League champions, Kenya Police edged visiting Western Jaguars 2-1 at the City Park Stadium yesterday.

The win was a huge morale booster for the 2017 winners who were only playing their first league match after a month of inaction.

While the law enforcers moved third on the log with 21 points, Jaguars who had on Saturday lost 2-0 to second-placed Wazalendo, remain fifth with 17 points and therefore end their visit to the city with double defeats.

Police who had shown signs of dominance earlier in the game had their efforts paying off when Robert Masibo scored at the end of the first quarter.

Jaguars who had lost 5-3 to Police in the first leg despite having rushed to a three-goal lead with only 20 minutes on the clock restored parity with a well played move that was buried by Ivan Ludiali at the start of the third quarter.

Jaguars were holding on for a point but Cheplaiti had other ideas hitting the back of the board 13 minutes to the end of the match, for a much needed victory.

Coming from two defeats to Wazalendo and leaders Butali Sugar Warriors, Police captain Oliver Echenje was happy with the performance while hoping the team will continue to improve in the subsequent matches.

"Everyone knows that as a team, we have not been at our best since the start of the second leg. That can also be said we started the season poorly," said Echenje.

Mwendwa poised to retain seat as polls road map is drawn



FKF boss Nick Mwendwa and acting CEO Barry Otieno during the federation's AGM in Nairobi on Saturday. PD/DAVID NDOLO

by David Ndolo
@PeopleDailyKe

Football Kenya Federation (FKF) will conduct its elections before the end of the year under a strict code that is likely to enable its president Nick Mwendwa retain the seat unopposed.

The code raises very high standards for those wishing to contest for the top post requiring among other things to have a running mate and pay a Sh400,000 nomination fee.

Delegates unanimously approved the code during the seventh Annual General Meeting (AGM) held at Nairobi Safari Park Hotel and attended by all FKF delegates except Ambrose Rachier who is Gor Mahia and KPL clubs chairman, Western Stima boss Laban Jobita and Nakuru East MP who is also NEC Member Central Rift David Gikaria.

Speaking during the meeting, Mwendwa said the code was expected to help bring in good managers.

"We have had a lot of problems in the federation in the past and this code is meant to address those challenges," he said.

The meeting also approved an electoral board to be headed by university don Edwin Wamukoya who also serves as FKF CAF Clubs Licensing chairman.

Other members are Eunice Lumallasa, Abdi Said, Ellyna Shiveka and Robert Nyakundi.

The electoral rules have not gone down well with some of the contestants, however. Former FKF boss Sam Nyamweya, who has not declared if he will vie, voiced his displeasure at the rules last month as well as former Vihiga Governor Moses Akaranga and ex-FKF NEC Member for Nyanza Tom Alila who have thrown their hats in the ring. The delegates also approved the federation's budget for next year estimated to be more than Sh1billion.



Arsenal's David Luiz celebrates his goal as the Gunners beat Bournemouth 1-0. Right: Manchester City coach Pep Guardiola whose team lsot 2-0 to Wolves. AFP

Wolves munch City

Traore's double dents champions' title quest, Arsenal, Chelsea win as Newcastle pile more misery on Solskjaer's United

Manchester, Sunday
@PeopleDailyKe

Manchester City's bid to win a third successive Premier League title suffered a huge setback as the champions crashed to a shock 2-0 defeat against Wolves on Sunday.

Pep Guardiola's side are trailing leaders Liverpool by eight points following Adama Traore's two late goals at the Etihad Stadium.

It was second-placed City's second league defeat this term after their surprise loss at Norwich in September.

Liverpool—pipped to the title by one point last term—have won all eight of their league games as they bid to win the English crown for the first time since 1990.

Arsenal 1-0 Bournemouth

Arsenal edged up to third in the Premier League as David Luiz's first goal for the club earned a 1-0 win over Bournemouth.

Luiz has been a figure of fun for a host of defensive errors early in his Arsenal career after making the switch across London from Chelsea in August

However, the Brazilian is always a threat at the other end of the field and rose highest to head home Nicolas Pepe's corner on nine minutes.

Southampton 1-4 Chelsea

Tammy Abraham and Mason Mount celebrated their England call-ups by firing Chelsea to a 4-1 rout of struggling Southampton.

Abraham, Mount and their Blues team-mate Fikayo Tomori were all named by England manager Gareth Southgate in the squad for the forthcoming Euro 2020 qualifiers in the Czech Republic and Bulgaria.

Newcastle 1-0 Man United

Elsewhere, Newcastle teenager Matthew Longstaff added to Ole Gunnar Solskjaer's problems as he marked his Premier League debut with the superb strike that sealed a shock 1-0 win over woeful Manchester United. -AFP



EPL WEEKEND RESULTS

Sunday	
Arsenal	**1-0** Bournemouth
Man City	**0-2** Wolves
Southampton	**1-4** Chelsea
Newcastle	**1-0** Man United
Saturday	
Brighton	**3-0** Tottenham
Burnley	**1-0** Everton
Liverpool	**2-1** Leicester
Norwich	**1-5** Aston Villa
Watford	**0-0** Sheffield United
West Ham	**1-2** Crystal Palace

City Stars open five-point gap, Murang'a win

by Barry Silah
@PeopleDailyKe

Nairobi City Stars opened a five-point lead at the top of the National Super League standings following a 3-2 win over Kenya Police at Karuturi Stadium yesterday.

This is following unexpected losses to the immediate challengers Bidco United and Nairobi Stima 24 hours earlier. At 19 points after seven matches, the Kawangware-based side are the early pace setters in the race to return to the Kenyan Premier League from which they were relegated in 2016.

Veteran midfielder Anthony 'Muki' Kimani put a smile on City Stars coach Sanjin Alagic's face when he drilled home an extra time winner after it had looked like the match was ending 2-2 draw.

Ebrimma Sanneh and Abdalla Salim were the other scorers for City Stars while the law enforcers, who have just two points, had Arvine Odongo and James Gachoka on the scoresheet.

At Camp Toyoyo grounds, Muranga Seal returned to winning ways with a 3-0 thumping of league newcomers Northern Wanderers who are yet to pick a point after seven matches.

Two goals in the first half by Kelvin Ayim and Oscar Livondo put pressure on Wanderers, who have soaked in 28 goals while scoring just six. John Kiplangat scored the third in the 63rd minute with a neat finish inside the 18-yard area.

Meanwhile, Administration Police and Vihiga United played to a 1-1 draw at the same venue in a feisty encounter.



Nairobi City Stars and Northern Wanderers in a past NSL clash. PD/RODGERS NDEGWA

Shabana boss' backing gives Selebwa breathing space



by Amos Abuga
@PeopleDailyKe

Shabana FC fans who are not happy with the direction the team is taking under coach Gilbert Selebwa (*pictured*) will have to contend with the situation as there are no plans to sack the beleaguered tactician.

This was the verdict of club chairman and patron Jared Nivaton who had to calm angry supporters at Ruaraka grounds on Saturday after they bayed for Selebwa's blood following a 2-0 defeat to Ushuru in a National Super League match.

"Selebwa is trying to divide the team. He is unfortunately turning players against each other. He is dropping fit players in favour of the ones he likes," Eric Omariba, a fan said.

But Selebwa termed the fans' expectations too high when the team is still not up to standard.

"Even the top teams don't win all their matches. We dominated today but failed to convert our chances. In such cases, there is little I can do," he said.

Nivaton called for calm, saying: "We are really struggling financially because we don't have a sponsor and I don't think it will be wise to take action while everyone is mad. We have to sit back and do serious assessment."

DOHA2019 SEPT.27-OCT.6

Silver a good consolation for returning Chepng'etich

by Keith McGhie in Doha
@PeopleDailyKe

Faith Chepng'etich was consoled for losing her world title by a massive personal best in an extraordinary 1,500m final which saw Sifan Hassan claim an unprecedented brace of gold medals in by far the fastest time since Genzebe Dibaba set the world record in 2015.

Kenya's Olympic champion Chepng'etich, who only gave birth to first daughter Alyn 15 months ago, completed a superb comeback with a silver medal but had no answer to Hassan's amazing burst of pace on the last lap which puled no fewer than nine of the 12 starters around in either national record, personal or season's best times.

Chepng'etich, who won world championship gold in London two years ago, was the only one who looked close to going with Ethiopia-born Dutch athlete Hassan, who won the 10,000m the previous weekend but whose achievements have sadly been overshadowed by her association with disgraced coach Alberto Salazar and the Nike Oregon project with whom she trained.

The 25-year-old Bomet native clocked 3:54.22, 2.1 seconds faster than she had ever run over the distance before while the other Kenyan Winnie Chebet also smashed her personal best with 3:58.20 in seventh place.



African diaspora cheer on Doha athletics championships



Sports CS Amina Mohamed, AK CEO Susan Kamau and Kenya's Ambassador to Qatar Washington Oloo in Doha. COURTESY

Doha, Sunday
@PeopleDailyKe

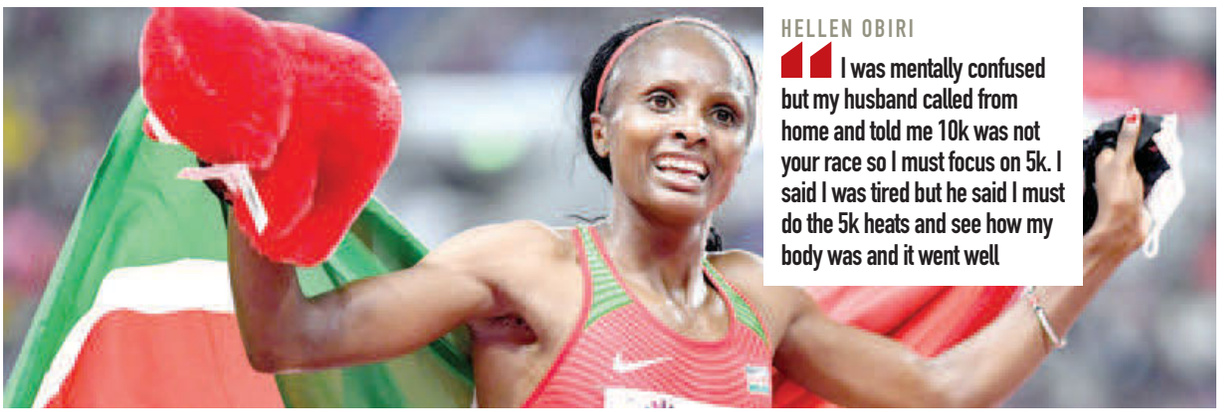
Dozens of African running fans lined Doha's seafront to have a glimpse their compatriots bid for gold in the World Athletics Championships men's marathon, singing loudly and brandishing national flags.

At the halfway point, all six of the leaders were from Africa, and Ethiopians were first and second across the line while a Kenyan picked up bronze following the midnight event.

"We just came here to celebrate our athletes, from Laban Korir on, they're our Kenyans! We want to make them feel at home," said Cornelius Bor ahead of the race which finished in the early hours of Sunday.

Bor's friend Elliot Kirwa, a runner turned security officer, said "we are supposed to sleep, we are supposed to go to work, but we had to come and cheer them".

"My duty is 4am but I will first finish watching them, then I will go there and I'm so happy, so proud of them," added Bor. -AFP

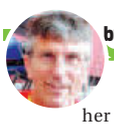


HELLEN OBIRI

"I was mentally confused but my husband called from home and told me 10k was not your race so I must focus on 5k. I said I was tired but he said I must do the 5k heats and see how my body was and it went well

Obiri credits husband for Doha gold

Kenyan pays tribute to her spouse's persuasiveness after clinching the second successive world 5,000m title



by Keith McGhie in Doha
@PeopleDailyKe

Hellen Obiri paid tribute to her husband Tom Nyaundi's persuasiveness after clinching a second successive world 5,000m title on the penultimate night of the IAAF Championships in Doha, Qatar.

The defending champion wiped away any memories of tailing off in the closing stages of the 10,000m the previous weekend with a courageously strong front-running performance on Saturday night.

Obiri, who also holds the world cross-country crown, then unleashed a decisive burst on the last of the 12-and-a-half laps to shake off the attentions of silver medallist and compatriot Margaret Chelimo and Konstanze Klosterhalfen, who became the first ever German to appear on the 5,000m podium. The 29-year-old Kenya Defence Forces sergeant revealed how she very nearly didn't contest the race at all. "I wanted to control the race so I went to the front straight away," she explained.

"When it is a slow race, anybody can win but my body was responding well, so I wanted to do the work and set the pace. After the 10,000m, I was very disappointed and wanted to go back home and concentrate on 2020."

"I was mentally confused but my husband called from home and told me 10k was not your race so I must focus on 5k. I said I was tired but he said I must do the 5k heats and see how my body was and it went well."

"The only title I am missing now is Olympics, so I want to take a month off and then focus on Tokyo next year. I haven't decided yet whether I want to do both distances but I do want to work hard at challenging myself over 10,000m."

Obiri's time of 14 minutes 26.7 seconds set a new championship record while behind her, running into second place down the home straight, Chelimo clocked 14:27.4 to knock over four seconds off her personal best. Lilian Kasait, who was up among the leading quartet at the bell, faded to fifth in 14:36.05.

Hellen Obiri savours the moment after winning gold in the women's 5,000m at Khalifa Stadium in Doha on Saturday. AFP

BRIEFLY

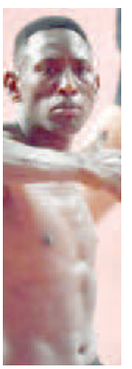
Kipruto's marathon bronze eases pain

MARATHON: Kenya failed to defend its men's marathon world title Amos Kipruto, 27, added to the country's medal tally with bronze in a race won by Ethiopia's Lelisa Desisa in 2:10:40. Kipruto was one of four runners fighting out the medals but, with a time of 2:10:51, he had to cede silver to another Ethiopian Mosinet Geramu (2:10:44). Other Kenyans Laban Korir finished 11th (2:12:38), while a season's best of 2:13.54 wasn't good enough for defending champion Geoffrey Kirui, who finished 14th. Paul Longangata failed to complete the 42.2 km course. -KEITH MCGHIE



Test me everyday, says defiant Sifan Hassan

DOPING: Sifan Hassan said she is willing to undergo daily drug testing to prove she is a clean athlete after completing a stunning World Championship double. Just days after her coach Alberto Salazar was handed a four-year ban for doping offences, the Ethiopian-born Dutch runner surged to her second gold medal of the championships in the 1,500 metres on Saturday. Hassan's blistering winning time of 3min 51.95sec was the sixth fastest in history, and sliced around seven seconds off the 16-year-old championship record. "If they want to test me they can test me every single day. I believe in clean sport, I'm always clean, I will always be clean," she said. -AFP



Conseslus eyes Olympics defence

FUTURE PLANS: Conseslus Kipruto has now turned his focus to defending his Olympics crown after doing just that at the Doha Worlds. Kipruto went to Doha with question marks over his form, having struggled to make an impact since his return from injury but silenced his doubters by upstaging Ethiopia's Lamecha Girma in a photo-finish on Friday to retain 3,000m steeplechase gold. "I thanked God to have defended my title. It was tough but I won it and my attention now is on the Tokyo Olympics next year. I need to begin early preparations," Kipruto said. -ERICSON KIPRONO



Golden finish

Cheruiyot ends gold drought as he wins men's 1,500 metres title as Kipruto nets 10,000m bronze

by Amos Abuga
@PeopleSport11

Timothy Cheruiyot of Kenya won the men's 1,500 metres world title in Doha yesterday in an astonishing run leading from pillar to post timing 3:29.26.

Algeria's 2012 Olympic champion Taoufik Makhloufi took silver in 3:31.38 whilst Poland's Marcin Lewandowski took the bronze in a time of 3:31.46.

It was third time lucky for Cheruiyot who has won silver in the last two events, playing second fiddle to compatriot and world 2017 champion Elijah Manangoi but with the latter not in Doha due to an injury, it was his to lose.

Cheruiyot has been the best athlete this season over the distance and his victory was not a big surprise, having won the 2019 Diamond League Trophy.

The win was Kenya's fifth gold in Doha, following on the successes of Ruth Chepng'etich (women's marathon), Beatrice Chepkoech (women's steeplechase), Conseslus Kipruto (men's steeplechase) and Hellen Obiri (women's 5,000m).

Coming to Doha, Kenya Prisons Service inspector Cheruiyot had only two silver medals at World Championships and Commonwealth Games but he destroyed the field to claim his first gold while compatriot Ronald Kwemoi finished seventh.

Cheruiyot had clocked a fastest time of 3:36.53 in the semis on Friday and his confidence was sky high that he opted for a front-running tactic just as he did in the semis, and it paid off.

The 23-year-old, who was recently promoted from the position of constable, holds a personal best of 3:28.41.

Meanwhile, Rhonex Kipruto claimed a bronze medal in the men's 10,000m race won by Ugandan favourite Joshua Cheptegei as Ethiopia's Yomif Kejelcha won silver.



WORLD ATHLETICS CHAMPIONSHIPS MEDAL TABLE AS OF YESTERDAY

Country	G	S	B	Total
1. USA	11	10	4	25
2. Kenya	**5**	**2**	**4**	**11**
3. Jamaica	3	4	2	9
4. China	3	3	23	9
5. Ethiopia	2	5	1	8
6. Great Britain	2	3	0	5
7. Germany	2	0	3	5
8. Japan	2	0	1	3
9. Netherlands	2	0	0	2
10. Uganda	2	0	0	2

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