



The Dilemma of choosing a course
in college among Grade 12 Senior High School Students

A Research Report
present to
Senior High School of Wesleyan University of the Philippines

Performance task
in
Practical Research 1

By

Marineth T. Cilo Cilo

Joem Joy C. Dela Cruz

Victor Giovanni II V. Dela Cruz

Mark Angelo P. Dela Serna

Corleone Maru A. Gabriel



CHAPTER 1

Introduction

At many universities, more than half of students change majors at least once and a large fraction of these students change majors multiple times. When you are senior student you are pressured into choosing the right major, pressure like; anxiety, Family expectations, lack of energy or motivation, being overwhelmed, and low self-esteem are some of the common reactions of students when choosing their major, in this topic we discuss about the ways senior high school students respond to such pressure and why it is so difficult to choose or pick a college major.

Making the right profession option is one of the most important academic and personal decisions Grade 12 students will make. They are usually between the ages of 17 and 19, which undecidability is a common problem in terms of choosing a career. It is difficult for most students who are influenced by parents, guardians, teachers, friends, peers, and others because there are many factors to consider, particularly for the first batch of Grades 11 and 12, in which the K-12 program is fully implemented.



In the Philippines, senior high school education has a significant impact on the economy and the national development of the country. The government put money into education in the hopes that pupils would benefit and will achieve global competitiveness, the student must be enthusiastic to learn in order to be globally competitive, to become globally competitive, the student must be eager to see themselves with what career path they'll pursue in the near future. A life that is well-planned and arranged with career objectives can help them advance personally and professionally. Adolescents, on the other hand, In comparison to Western society, the Philippines cannot always make their own decisions, especially when it comes to picking a course or major. They are fond of soliciting advice from parents, teachers, friends, peers or idolized figure, When they are confused, they cannot be able to finalize their decision. Furthermore, they may also consider other important factors such as financial status of parents, career opportunities, intellectual capacity and many more. For these reasons, this proposal is pursued to investigate the factors of choosing a course in college among Grade 12 Senior High school Students.

It should come as no surprise that choosing a course and making the shift to college can have a significant influence on their social life. The first year brings a slew of new individuals to meet, as well as a foreign social scene, for some students, it's their first time living away from home. Most schools know how big the transition can be, and do a great job helping new students get acclimated and feel at home in their new environment. That being said



College is supposed to be a time when you can get the guidance you need to make important decisions. Not all students are going to be able to get the right counseling and career guidance that they need. This can make it hard for them to choose the right career/course that will get them ahead in life. Without the proper career guidance while in school, the student is not going to get the valuable opportunity in order to learn all the different choices that are available based on their interests. They may feel like they only have one or two options available and can feel discouraged because they aren't that fond of any of them.

It is not an uncommon issue for students to work on choosing their careers while there is a poor socio-economic condition. There are a lot of expenses that all students will have to handle when they enroll or register for any type of college. And it is going to add up over the four years or more that the student is in school. On top of this, many families of the student are not able to help out with the education, no matter how much they may want. And while there are some scholarships and options to help keep the costs of education down, not all students are aware of this while some are not going to be eligible for it. With poor financial conditions, the student is already set up for defeat. They may have to just take the first job that they can find. They need to pay their bills off, so they go with a career that they may not like that much in the hopes of at least making a paycheck.



Because too many students are not getting the career guidance that they need, it is common for them to make some misinformed decisions because they are all on their own. In the process, college students tend to take a course as their career objective simply because they know someone else who is doing it. Many times the student is not going to understand that the degree they choose to pursue is very important and that it is meant to relate to what kind of work they want to do in the future. They find themselves really lost in the crowd and will just choose to do what others are doing, not thinking about how that will affect them until it is too late.

As a senior high school student, it is normal to be a little nervous or scared. In that regard, you may make some bad decisions in the hopes of avoiding that failure, but these will make it more difficult to find the life that you want. If you change your mindset and start to see failures more as a stepping stone for success, you can open the path better than before.

Most students who go to college with limited financial resources worry that if they end up choosing a career that is based only on their interests, or they fail to secure a good job soon after their studies, then they are going to miss out on having any chance in the future.

This can make them feel like they need to hasten any career choice. They need to either get something right out of college, regardless of if it is something that they would actually like, or they have to take a



When it comes to picking a career after college, you need to plan ahead. A career is not going to just fall out of the sky and into your lap. Without the right planning and preparation ahead of time, you will end up in trouble and running out of time by the end of your four years. By working with the right guidance counselor, carefully considering what you would like to do in a future career, and utilizing the resources that are available at your college career center, you will be able to create a clear plan that will get you ahead and help you to become successful with whichever career you choose.

Statement of the Problem

This Study aims to determine and figure why it is difficult to choose a course in college and how Grade 12 Senior High School students in Wesleyan University-Philippines come with a solution

1. What are the participants' Factors affecting the decision making of students in choosing course in college?
2. Do the participants have knowledge or are they educated about the affects of choosing a course in college?
3. Does the students' social-economic problems affect or play a role in their decision?
4. Is the participant struggling due to changing of what they want?
5. Are the participants struggling to choose a course based on what they want and what the majority's expectation is?



Conceptual Framework

INPUTS	PROCESS	OUTPUT
● Courses in College ● Grade 12 SHS Students ● Struggles of choosing	● Identify students college course choices ● Survey students regarding the factors of choosing a course ● Know the qualitative responses of students struggling from picking a course	● Clarify the students college course options ● Relieve the pressure/stress off of the students ● Maturely decide on an option of courses in college ● Help students better understand in decision making



Research Hypothesis

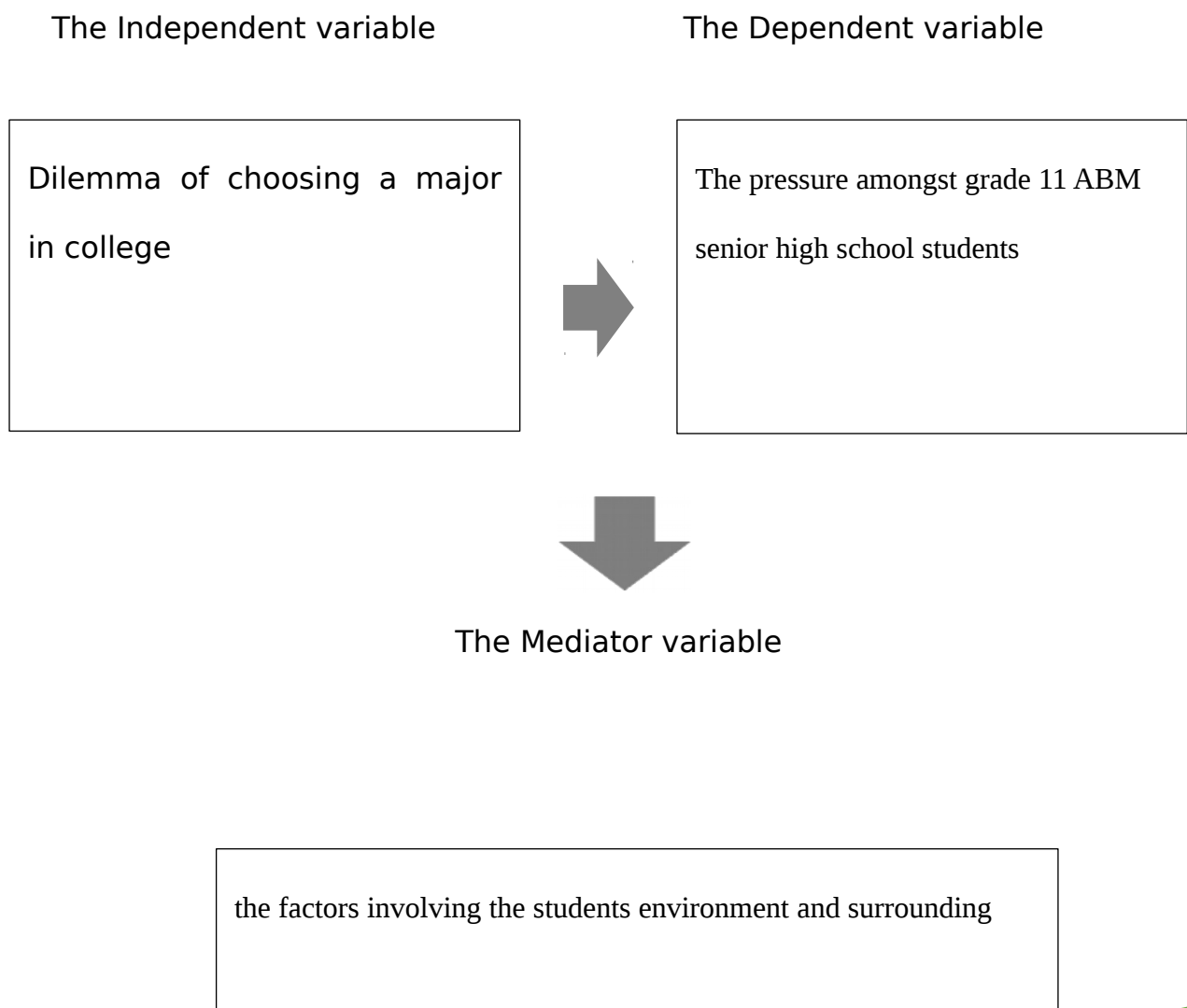
Based on the book of Darren Fizer "Factors Affecting Career Choices of College Students Enrolled in Agriculture" they held a survey for the students in objective 2, Students were asked to rate the importance of various courses and job skills; a scale of 1-5 was used, with 1 being not necessary and 5 being very important. According to the average ratings, students believe that the two most important classes are biology and communications. Classes of least importance were fine arts and history with means of 2.4 and 3.2, respectively. Students rated time management, career planning, personal finance, and group skills as the most important job skills. Students believe that the least important job skills are foreign language skills and international experience. The standard deviations for all of the class and job skill are very low." These results show that the students had similar ranks for the importance of the job skills and classes.

We can predict from what is stated above, that grade 12 students in our survey will have similar views and opinions on the relevance of each class and course, which will be a major factor in deciding on a college course, and will assist them in weighing the advantages and drawbacks of making a college course decision.



We can anticipate one of each student's or incoming grade 12/college student's ability to take the strand/course that they desire. And they'll be able to manage or finalize their thoughts on the importance of each course they'll be taking.

Also, when we obtain that training, we can have a different perspective on things or possibilities that will occur.





Significance of the Study

This study will significantly benefit the Grade 12 Senior High School Students. Because this research will figure out the difficulties in choosing a course in college. This study can help the participants to focus on their interest.

It is very important to enable career discovery to help choose skill seekers the right course which could enhance their job prospects. Once you have chosen the right course, it is equally important to connect to the best training companies which offer quality. When it comes to quality relevant content which offers a good blend between learning, internships, and use cases would bring a holistic perspective in bringing about industry readiness.

Scope and Limitation of the Study

This study aims and focuses only to the Dilemma of choosing a course in college with the proper respondents from the survey among the Grade 12 Senior High school Students.

The research will only limit to finding out the Courses in College, Grade 12 SHS Students and Struggles of choosing a major/course in college, this information will be taking from a survey with some specific questions like, what the participants' Factors are in affecting the decision making of students in choosing course in college?, Do the participants have knowledge or are they educated about the affects of choosing a course in college?, Does the students' socio-economic problems affect or play a role in their decision?



Definition of Terms

Deviation - The action of departing from an established course or accepted standard.

Economic stability - The absence of excessive fluctuations in the macroeconomy.

K-12 program - Covers Kindergarten and 12 years of basic education to provide sufficient time for mastery of concepts and skills, develop lifelong learners, and prepare graduates for tertiary education, middle-level skills development, employment, and entrepreneurship.

Socio-economic- relating to or concerned with the interaction of social and economic factors.

Western civilization - the art, literature, culture, and enduring ideas that emerged from the eastern Mediterranean basin in the centuries before the common era.