

BSM Online Conference

Theme: Overcoming Masturbation

Introduction - Bro. Adewuyi S. Oluwatobi

Dear Father of our Lord and Savior Jesus Christ, we thank you for today, we give you all the praise because you are good, we pray that as we have gathered here today that you will attend to us in your love, give us Understanding and help us in areas we need help in Jesus name, in Jesus Christ name I pray. Amen

As we begin, I know everyone of us know what masturbation is, nevertheless, It will be appropriate to define what it is in a simpler way.

Masturbation is the self-stimulation of the genitals to achieve sexual arousal and pleasure, usually to the point of orgasm (sexual climax). It is commonly done by touching, stroking, or massaging the penis or clitoris until an orgasm is achieved. Some women also use stimulation of the vagina to masturbate or use "sex toys," such as a vibrator.

Is masturbation a sin? YES! how did we know?

Colossians 3:5. Says, **So put to death and deprive of power the evil longings of your earthly body [with its sensual, self-centered instincts] immorality, impurity, sinful passion, evil desire, and greed, which is [a kind of] idolatry [because it replaces your**

devotion to God].

If we look into that verse carefully, we would be able to see the description of masturbation even if the word itself is not mentioned. I'm sure that you'd agree with me that masturbation comes with an evil longing of our bodies. You will also agree with me that it makes on impure because after committing the act one would lose the vibes for prayer or to partake in Spirit things because it will make one feel unworthy to stand before God. And it usually replaces ones desires for devotion and fellowship to God. Now listen to me carefully beloved, masturbation is a kind of serious addiction that can have its grip on someone for years. There are cases of those who have been into this act for more than 10years and it is not that they do not wish to stop but they just could not help it. Many now keep asking questions like, can someone be free from this act?

I tell you, that it is very possible to be free, because the bible says in John 8:36 KJV **if the Son therefore shall make you free, ye shall be free indeed.**

Beloved, you can be free, we have been given the promise in as much as the son sets us free, that is why I have been pleading with you all to take every session of today's program seriously, including the prayer session. From the verse above you can see that it is only Jesus Christ that is able to save you from any kind of sin and addictions, there is nobody anywhere who can I must confess the truth to you now. If you like use padlock to lock your private parts if the devil still comes to you, it is still that same you that will unlock the padlock to masturbate, well, I know that you will stop it after this conference and you will share your testimony boldly in Jesus name

We have many spirikoko brothers and sisters, I mean tongues blasting ones who are into this act, and it is frustrating and fire draining, have you ever thought of why you will just finished praying and you will still find yourself in the act, it is not ordinary, the devil does not want anyone to live Holy, so he uses every weapon at his disposal, we are going to make known the major, if not all the ways the devil is using to chance God's children. See, you will hear strange things today, just be ready, but I can assure you that they will all be the truth, for you to be here is not a mistake on your path but a costly mistake on the path of the Devil, what a costly mistake on his path. I would like you to do whatever thing you are asked to do with your whole heart as the Lord judges the motives of our hearts.

Do not forget that I said that it is only some people that would be free from this act, it is not I who initially said it, it is the word of God. You can see it above that "If the Son therefore shall make you free, ye shall be free indeed." You see that, but I will have to ask you now, does the Son(Jesus Christ) know you? If you have not surrendered your life to Him, he does not know you o, it only those who have accepted Him that He knows and they will be set free. That was why I said that only some would be free from this satanic bondage, this also applies to those who have accepted Him before and have gone back into their sins thereby living like the world.

If you have never for once in your life confessed Jesus Christ as your personal Lord and

Savior or you have gone astray Please do the needful now, Jesus Christ is waiting to save you. Please get a place where you'd be alone, place your right hand on your chest and say the following prayers with your mouth, and also believe them in your heart as you are saying them.

Lord Jesus, I accept you as my Lord and Savior, I confess this hour that I am a sinner and I believe with my whole heart that you are the only son of God who died for me to wash away my sins, have mercy on me and accept me as your son, thank you for saving me. Amen.

The first session is almost up, if you said that prayer please message any of the admins quickly for further discussions. First prayer session is coming up by 11am please stay tuned and be blessed the more.

Somebody say Amen

First Prayer Session - Bro Emaye Oluwafemi

I encourage everyone to start talking to God. as he is set to set everyone under this bondage free lets begin to talk to God in prayer. You can find an atmosphere conducive for a spiritual transaction as this. God bless you all.

I want us all to understand that masturbation is a very destructive instrument of the enemy. Which serves as a pipeline in draining glorious destines. Can we begin to bless God for the grace and privileges. Let adore him for all he has done and the ones he will do. Let begin to praise his holy name. In Jesus mighty name we've prayed.

I want us to begin to ask for mercy. That the Lord have mercy on us. In Jesus mighty name we've prayed. Amen

Now I want us to be intentional about this. they are life changing if we commit ourselves to them.

Mark 3:27 KJV **No man can enter into a strong man's house, and spoil his goods, except he will first bind the strong man; and then he will spoil his house.**

Now lets go

Say In a loud voice with consciousness in your spirit. Say I bind every spirit of Lust taking hold on me. by the power in the name of Jesus. I hope we are praying. We might not really need to type. Lets just fire it from within. The seed of masturbation came after lust and the Devil has used this instrument against many at times people sleep waking up to see that their body is wet then they are confused to some it comes so strong that they see opposite sex coming to have sex with them in the dream kai all these are baskets that waste destiny. In Jesus mighty name we've prayed

I want us to be more intentional someone here still experienced this this morning, Kai you have to break out.

Say, I deliver my inner man from slavery in the hand of every evil wicked spouse. In the name of Jesus.

When you wake up and see semen on your body.I want you to know that a transaction has taken place in the supernatural. This is a serious matter.

Why is it that immediately someone comes before you dressed in a demonic way to make you lust even after you change the direction of your sight yet you keep seeing this picture in your heart, putting itself on a repeat mode. That is an indication that the devil has not given up on you. so therefore you too must not relent.

I want us to know that this night raiders are wicked.

Matthew 13:25 KJV **But while men slept, his enemy came and sowed tares among the wheat, and went his way.** John 10:10 KJV **The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.**

These are the enterprises of the devil now we will say I uproot every root of lust in my life by the authority in the name of Jesus, hope we are praying, in Jesus mighty name we've prayed.

Say because Christ has set me free therefore, I'm free from every evil visitation of the night, in the name of Jesus. Pray this till you see the manifestation.

Pls lets make sure we are praying oooo especially if you're concerned or standing in gap for someone. In Jesus mighty name we've prayed.

Say I break every evil covenant and soul tie, with spirit spouse. In the name of Jesus

I want us to pray that prayer. Because these evil spouses are not ready to let go....of their captives. Just few minutes more. But we still have much to do pray, pray. In Jesus mighty name we've prayed.

This is the last prayer point coming from this end.

Say. By the authority in the name of Jesus, I recover back, all what masturbation and sexual sin has stolen away, from me in the name of Jesus I'm very sure that people are already free. One thing the devil does not like is that a child of God should know is place before God.

Galatians 4:1 KJV **Now I say, That the heir, as long as he is a child, differeth nothing from a servant, though he be lord of all;**

So now that you're free, the devil will still come your way...he will bring those corrupt

thoughts of his to you, but your path in this is that you. RESIST HIM

James 4:7 KJV **Submit yourselves therefore to God. Resist the devil, and he will flee from you.**

So when he comes with those immoral thoughts, you just resist him and he will flee, when such temptation comes **DON'T AGREE WITH HIM, HAPPY FREEDOM TO EVERYONE.... WE ARE FREE INDEED,** God bless us all

Welcome back,

Seminar Session Two - Bro. Adewuyi S. Oluwatobi

In this session, we would be discussing on the **Physical and Spiritual consequences of masturbation.**

As I said during the introduction, we cannot shy away from the consequences of masturbation, as Christians what it causes is far more regretting than what it causes to unbelievers because Satan makes sure that he uses it as a point of contact to accuse us before God.

Going online to search and know more about masturbation can be misleading most times, because the devil has placed his agents in strategic areas to put up write ups that supports this deadly act, some have gone to the extent of saying that it is normal, whereas it is everyone who is into it that knows that it is not, but when one continues in it for a long time, one's conscience is seared and then the person begins to see it as a normal thing, at this point it would so much have a grip on that person that he would start finding it hard not to do it in day.

Many get themselves in it just for pleasures, enjoyment, to ease stress etc. These are all the deception of the devil, they are deadly alternatives to what God wants to offer us. Masturbation is the same as having sex with oneself and a times when done with another person, but it's most commonly done alone and most expecially amongst youth.

Physical/Emotional Consequences

DEJECTION: it causes dejection, in most cases once the conscience is still active, after self-sex, dejection comes in, which always makes it look as if it is impossible to overcome, there are many people who overcame, so you can also overcome.

For married people.

QUICK EJACULATION: this can be depressing, this is one of the major causes of masturbation, it most times makes you ejaculate before getting to the climax as a man, which can always leave your wife unhappy, when this continues to happen too frequently, it can frustrate your wife into committing adultery, which can in turn scatter

one's marriage. You see that masturbation can indirectly scatter your marriage.

INFECTION: this is mostly common to the Ladies/Women who engage in self-sex, they are prone to infections, the virgina is a very sensitive part which should not be tampered with, but the moment different kinds of objects begin to enter into it which might have carried germs of all sort, such a woman can have an infection and if not quickly treated it can lead to cancer that is capable of damaging her womb. Some cancers are deadly to the point that they can lead to death.

Please take note that as a woman(married) the moment you continue to engage in self sex, and making use of objects of different sizes, by the time your husband would want to meet you, you will no longer enjoy it or be satisfied with him until you go back into the act because the size of your private part would have expanded beyond its normal size. Which can make your husband to commit adultery.

SHAME: It brings shame, when caught in the act, shame is bound to happen which can lead to low self esteem, many people are unable to make well meaning of their lives due to the past shame they experienced when caught during the act. This can be an hindrance into achieving something great in life.

PHYSICAL PAIN: Sometimes after this deadly act, the private parts begins to experience pains that can last for hours for the guys, the Manhood might refuse to relax, while for the women there are internal bleeding and pains. It is able to break the hymen of a virgin which can make her husband doubt if truly she has never slept with any man before. Thereby, breaking the trust for her.

Spiritual consequences

DEMONIC ATTACK: whether you like it or not, the truth is that it gives room for demonic attacks, in fact whenever something good is coming towards a person such things can be easily hijacked by the devil during the act of self sex, as it is that during that act the person is having sex with a demon whom he/she does not see.

GUILT: it brings guilts of sin upon the person who engage in it, this guilt in turn takes away boldness to go to God in prayers, and is very dangerous, the moment a man is separated from God by not being able to pray, then such person's destiny is open to attack, self sex has rendered alot of people useless both physically and spiritually.

GLORY LOSS: Many people have lost their glories through the demonic act, the moment one is entangled in this act it gives the devil space and he begins to tamper with the glory of such a person, matters even get worse when a person begins to get blow job which is also masturbation from the opposite sex who is an agent of darkness. Ahh, this one is terrible because in the spiritual realm the person offering the blow job is emptying the person's good fortunes into Satan's glory bank

SLOWS DOWN SPIRITUAL GROWTH: do not be deceived, whenever you engage in this act, you go back to square one in the realm of the Spirit. The Spirit of God does not stay

in unclean places, so by the time you return to God, you'd have to start again. You might still be speaking in tongues but the efficacy of that tongues might be lost. Do you desire rapid spiritual growth? Then you have to do away with this act

IT DELAYS GODS BLESSINGS: There are times God would feel like pouring out His gifts upon you, but the moment you get into this act again He begins to feel that He cannot trust you with His gifts because you will misuse them just the way you're already mis-using your body which is His temple. With all these it is very important to note that the evil it causes is more tragedic than the pleasures it gives.

Second Prayer Session - Adewuyi O. Moses

It's another prayer session, let's prepare our minds as we enter into the dimension of the spirit now the Bible says, where two or more are gathered in my name, there I am in their midst, if you believe he is here in our midst, say amen!

The Bible says, the prayers of the righteous availeth much, Kai, which means if you are not righteous, your prayers won't avail much, it's either it's weak or not producing the required result, amen! We are entering into the prayer session in full now, in order for our prayers to avail much, we have to be righteous, let's begin to retrace our steps back to Jesus if by any way we have missed it, ask for forgiveness now that he should use his blood to wipe away your sins...prayyyy

Let's ensure we are praying

Tell him to forgive you all your trespasses, tell him you are back to him, In Jesus precious name we have prayed.

I will start dropping the arrows that we are going to be sending to the camps of the enemies now, grab yours and fire it with faith,please if you know you are scared, don't bother to pray o because things will happen, the camps of the enemies would be destroyed, I therefore implore you not to fear because the Bible says for he has not given us the spirit of fear but of boldness, love and sound mind

No 1

Say, you my life, receive the fire of the holy ghost now in the name of Jesus. Don't let his fire pass you by, if you host his fire, even coronavirus will near you and die completely, Kai, ayayayayaya. We don't have much time, prayyyyyyyy

No 2

Say it with boldness, you spirit of masturbation, hovering around my vicinity, dry up right now in the name of Jesus In Jesus name we have prayed

No 3

Say, you the ancient idol in my family line causing generational problems, I break you with the axe of God in the name of Jesus

Hope we are praying?

If you are not praying, there is no time wasting your time here, maybe you should just find another thing doing but I implore you to please pray, signs and wonders will definitely come forth. The Bible says that he that calleth upon the name of the Lord shall be saved...I want you to call upon his name now, don't be afraid or scared, if you are scared, it means witchcraft is in you...

No 4

Shout, Jesus, son of David, have mercy on me, If you are bigger than mercy, or you are not in need of his mercy, don't pray sir/ma. Jesus, son of David, have mercy on me. In Jesus name we have asked for mercy. In the place of prayer, your humility and the right placement of your heart that the Lord needs, align your heart with him please

No 5

Say, every form of masturbation working in my life, I kill and set your roots on fire in the name of Jesus. Please if you are here and you always dream about you having sex with an opposite sex, pray this next pray seriously, I am begging you.

No 6

Every spirit husband/wife (say the one that concerns you) that has been married to me in the spirit realm, I slaughter you right now in the name of Jesus In Jesus name we have prayed. Pls hope we are praying these prayers seriously.

No 7

Every spirit of immorality, tying me down to a spot and stopping me from prospering, I render you useless in my life in the name of Jesus In Jesus name we have prayed. Recently, if you saw yourself tied to a tree in the dream, pray this next prayer point like never before, the rest should pray too, one may be tied down in the spirit realm and be ignorant of this so pray...

No 8

Every evil rope that has been used to tie me down to a tree, I destroy the rope with the fire of the holy ghost and I set myself free right now in the name of Jesus In Jesus name we have prayed. We are rounding up, let's pray these next few prayer points seriously

No 9

Say, oh you troublers of my Israel, release me and dieeeeeeeee in the name of Jesus. In

Jesus mighty name we have prayed

No 10

Say, evil spirits working against my making heaven, I use the sword of the holy ghost to destroy you now and I declare that by the grace and authority of our Lord Jesus Christ, I will make heaven at last in the name of Jesus. Pray pray pray. Thank you father, in Jesus mighty name we have prayed. Let's begin to appreciate him for he has answered our prayers, if you know he has answered your prayers, thank him and honour him. Father Lord I thank you. In Jesus name we have thanked him

Lord we pray and soak our prayers in the blood of Jesus, we pray that as we have faith that you have answered them, so shall it be in the name of Jesus, thank you our Redeemer, as we are going to continue the program by evening, may your grace not depart from us, thank you father, in Jesus name we have prayed.

Seminar Session Three - Adewuyi S. Oluwatobi

Dear Father we have come again before you for the last part of this Conference, please teach us in Jesus Christ name. In this session we will be treating

Physical and Spiritual steps to overcoming Masturbation.

We have been treating a lot of things since morning and now we want to complete everything please follow me carefully.

I want you to know that, you cannot do without keeping the spiritual aspect, neither can you do without the physical angle, because if you do without one, I'm very sure that you can not be free. It is not a curse it is a principle. That is why I have been shouting about attending the prayer sessions too, and despite this, some did not participate in prayers well, I believe some are serious, Zechariah 4:6 KJV ...**Not by might, nor by power, but by my spirit, saith the Lord of hosts.** Let's start with the Spiritual aspect first. Is somebody still with me? **Overcoming through the Spiritual side. Please**, do not forget that both spiritual and physical aspect work together, we cannot leave one for another.

1. **PRAYING ALWAYS**: you cannot be free from self-sex if you are not a praying machine, you do not pray because others are praying, you must pray because that is what your life depends on. Anyone who jokes with prayers will continue in that act, learn to pray everytime, don't have specific time to pray but pray every time let it be your lifestyle. Matthew 26:41 **Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.** You see that?, you cannot choose to remain prayerless and expect not to fall into temptation, so also the aspect of watching, would explain that aspect when I get to the physical side.

2. **MEDITATING ON THE WORD:** please get this, the Lord Jesus Christ is the word Himself, you meditating and learning more about Him is like you getting strength in the spirit which therefore helps you to grow, Colossians 3:16 says **Let the word of Christ**

dwell in you richly in all wisdom;... It is the amount of the word that you have that will serve as an antivirus against the thoughts that trigger masturbation. It's just like you using a strong antivirus software on your computer and a virus wants to penetrate, you know that the virus will have no choice than to go back. That is how it is, the word of God is our Antivirus, the more you have it in your the more viruses are repelled. You have to go and learn bible verses that speak against masturbation and lust, you have to know them off hand even to the point that if you are awoken in the middle of the night you will say it without thinking at all. This goes a long way in helping you to overcome even in the dream.

3. **FASTING**: hmm, you know what?, a lot of us are very indifferent when it comes to the area of fasting, we only fast when we are told to fast, this aspect is very very important just like the others, In fact, it will really really help you to heal quickly, when you inflict your flesh through fasting, it obeys whatever the Spirit of God tells it more easily because it is weak, listen to me, some people still fall into the act after fasting, and because of that they stopped fasting, that is where they missed it. Fasting should be very regular to place the flesh under subjection, for example a person who fasts everyday to 12pm cannot be compared with a person who fast 3 days marathon once in a Month, that of everyday will subject the flesh better.

Are you still with me?

Please, note that fasting can come in different ways, it is not only when you do not eat that you are fasting, you can do a phone fasting whereby you will just decide not to operate your phone for a particular time. anything that you discover that it now becoming as if you cannot do without, you can cut yourself off it so that you can concentrate on God. Let's pray for some minutes. In Jesus Christ name we have prayed

4. **PERSONAL RETREAT:** personal retreat is very important, you must make it an habit to go for retreat, you can look yourself up with in Fasting and prayers, reading studying and praying whenever you see that you are about going back into the act. If you always dream of having sex, it is not good at all, these are parts of the ways the devil keeps one entangled. That is a special matter, you can Private Chat me up. But whenever you dream of having sex the first thing you are to do is to ask for forgiveness of the sin of sexual immorality. This might sound stupid but you it is the truth, it is an unconscious sin, ask for forgiveness from the Lord immediately you wake up and command every deposit of darkness to come out of your body in the name of Jesus Christ

That is the spiritual aspect. Now let's go to the Physical Aspect

Listen to me, in this aspect you have to go radical. When I say you have to be radical, it means that there is no time to take nonesense. The number one factor that causes self-sex is pornography! Some people think that it only when they go online to search watch video and pictures of people having sex that they are watching pornography. That is a lie, pornography is one of the major instrument in the hand of the devil especially in this generation.

There is pornography, everywhere these days, we have it on TV's Secular Movies and some so called Christian Movies, on social media, we have it even in the church, we have pornography on our streets virtually every where, and we all know that a little spark can trigger masturbation. Do you know of that we also have sensual contents on radios these days too. You doubt it?, why do they make use of sweet voice even when reading news, all these things are intentionally done to capture the hearer. What of sign boards, where naked men and women are displayed? You think all these are ordinary.

They are not, all these are put in place by the devil so that Christians can fall into sin constantly as possible because he knows that most of them would not want to go into fornication and adultery so he gets them through lust. Because he knows what the Lord Jesus Christ said in Matthew 5:28 KJV **But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.** So by having all these sensual images around Christians it will cause them to sin.

And whenever these nude images are meditated upon, they create an image in the heart, listen to me carefully please, there are many people who are agents of darkness in the world currently, whose special duty is to spread the spirit of lust. And if you are not rugged and radical, you will go into masturbation and remain in it. That is why I said the spiritual part is as important as the physical part

The first thing you have to do is to

1. **GUIDE YOUR HEART:** the scriptures says in Proverbs 4:23 that you should, **" Keep thy heart with all diligence; for out of it are the issues of life.** " control all what you think, don't let your thoughts control you. The moment you are in charge of your thoughts that moment you are getting free, listen. Bad thoughts will certainly come, the rule is this do not think on it for upto a second. Take note: I said not up to a second, I did not say that a second, it must not be up-to a second. Discard the thought instantly by referring thinking about something edifying.

The second thing that is as important as the first is

2. **WATCH WHAT YOU SEE:** I have come to realize that 99% people who are into self-sex are very careless about what they see. What you see is very very important. You cannot tell me that you want to overcome masturbation and you keep on looking at naked pictures, or you see models who are always half naked and you keep on looking and looking, my brother, my sister what are you looking at?

Please, I beg you follow all what I have said and I will say now and if you do not overcome or see any changes **by doing all**, contact me in one month time. There must be a problem somewhere then. Immediately after this conference, if you have any picture on your phone which reveals the shape or nakedness of any person, delete them all instantly. When I say naked pictures, this includes guys on body hugs, ladies on off shoulder and tight fitted clothes. Now you are saying even your church girls? yes! anything that can make you to lust should be done away with totally. Delete the pictures

of any lady who is on short and tight fitted skirts. Anyone that is on attachments and makeup too delete their pictures

Radicalism is not child's play, if you do not adhere to this you will keep falling back into that act. Listen to me again, it is not everybody's picture on whatsApp status that you must check and look at. I know he/she is your crush, yes. But at the same time you cannot continue to exchange your soul with lust, it is dangerous. You see facebook en? That is where the spirit of lust itself is living. I believe that you will understand what I have just said. Now, after this conference, go to your facebook account and leave every group that is not godly, I mean every secular group

You want to start complaining right, that these rules are too much. You have not even read anything yet.

There was a time I discovered that the spirit of lust wanted to start gaining ground in my life. I left facebook for like 3 months and if I go there probably for emergencies. Listen, if you cannot do away with that facebook for some time so that you can get healed of lust, I assure you that your chances of stopping self-sex is slim. There are agents of darkness too who have sent friend requests to many people and they have accepted on facebook, so those ones keeps on posting nude pictures and they still keep them as friends on facebook. Ahh.. God knows how many people I have blocked both on facebook and whatsApp just because of this nonsense act.

When you see anybody post trash like that, do not concentrate on the picture at all, just concentrate on how to locate the block button on the person's profile and block the person instantly, do not postpone it and very soon they will reduce drastically, any group you see that they post trash too, locate the leave and block group button and leave there. I have blocked some people's whatsApp status from showing on my app, because they do not dress well, I mean they do not cover themself properly, any lady you see that is always revealing her breasts block her status update from displaying to you. If she always reveal her laps and always where trousers thereby bringing out her shapes block her status too. Ladies, if you see a guy that always opens his Chest down on his status block his status instantly. If you see that most of his moves on chat are always sexual provoking block him.

Now leave every group that is secular on your whatsapp, if you are a student, you can retain relevant class groups, but any group that does not point you to Christ should be deleted. What are you doing in an ungodly relationship group where trashes are being discussed? Some Christian groups should be left too if the things they always talk about is not edifying. Surround yourself with spiritual things and people always. As a lady here if you do any of the things I have been mentioning against ladies who dress immorally, you have to stop today not tomorrow, if not you cannot be free from self-sex , do you know why? You cannot be going about spreading lust in men's heart and expect lust itself not to have a throne in your life, you cannot eat your cake and have it. Change your manner of dressing, burn those trousers, shorts, skirts that her above your knees, those

tight fitted tops, bumb shorts, makeups(this is very powerful tool in the hand of the devil) stop allowing the devil to use you as a point of seduction.

I wonder why a Christian sister will put on off shoulder dress, it is an insult to the body of Christ, in fact a shame. Burn that off shoulders clothe or go to the tailor for it to be covered to your neck region fight lust is a serious battle, you must be 100% ready to win or you'll lose. Ah, our time is far spent and there is still a lot to say. And I'm sure you guys are tired. Maybe I should stop here, should I? Tell those friends of yours of the opposite sex who usually dress naked to stop and if they refuse, please do away with them. You don't have to be friends with everyone choose godly friends. Why should you allow the opposite sex sit on your laps as a mature person, it will create lust, stop hugging the opposite sex anyhow, avoid sensitive touching and handshakes.

Now, as from now on do not watch secular movies again, I know most of us are addicted to this, but it is the truth, you have to stop watching them they do not edify you and besides what we have in secular movies these days are sexual scenes, even cartoons now have sexual contents do away with them let everything you will watch be godly. Guide what you hear too, stop listening to worldly songs, you keep on listening to songs like "soapy", "one corner" and other satanic songs and you want to be free from satanic bondage of masturbation, it is not possible o.. I must tell you. These things might seem hard to some people but for those who have determined to be free at all cost they will yield to these instructions

In short do away with anything that will invite demons to you, all these worldly hairstyles only give demons authority over us. Stop barbing that Obama and punk, they give demons access to your head, let your hair be on the same level. Always listen to godly songs while going on the way, or pray on the road. Do not look at a naked person for up to a second, the devil will tell you to look again, tell him that if you look the second time you will not be paid for it. I just decided to rush through because of our time.

However, there are PDFs that can really go along way to helping you more. They are free of charge, so you do not need to worry. If you do all these things and also follow what you'll read in these PDFs, I guarantee you total freedom from masturbation in the name of the Lord Jesus Christ.

We have come to the end of the conference, for further questions & counselling contact the details below.

Note

If you were blessed and want more PDFs check here - https://t.me/bsmonline

For comments, questions and others you can contact us, and If you want to be a member of Bible Study Online Ministry, Kindly contact us on whatsapp by sending a request to **Brother Oluwatobi on +2347067511039.**