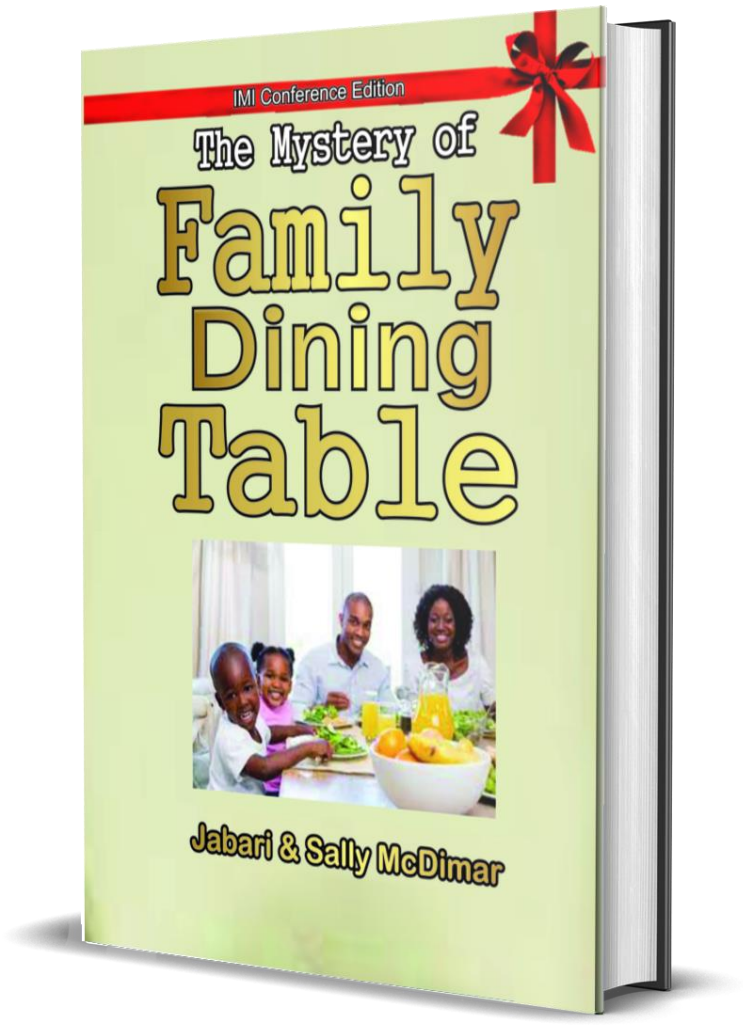
IMI Conference Edition

The Mystery of Family Dining Table



Jabari & Sally McDimar

The Mystery of
FAMILY DINING TABLE



Copyright © 2021, Jabari & Sally McDimar

This publication is copyright protected. No part of this publication may be reproduced, stored in a retrieval system, transmitted, or reproduced in any way, including photocopy, photograph, magnetic, or record, without the prior agreement and written permission of the publisher.

Scripture quotations are taken from New King James Version and NET online Bible, except otherwise indicated.

Cover Design by Jabari McDimar

Layout Design at Lucrative Idea Resources. Shanzu, Mombasa.

Email: mcdimar3@gmail.com Tel: +254 759950090

For more info, preaching engagement, book publications, etc.

WhatsApp or Call Us @ +254-759950090 / +254-724327927

Email:

mcdimar3@gmail.com / kalengasalome@gmail.com

DEDICATION

To the **Marriage Conference Support Team**, 2021

Thank you so much for standing by us.

Pst. Florence Leah
Pst. Lucia Kashero
Sam & Emmaqulate Onyango
Solomon D. Fompun
James Jumah
Jackline Daniel
Raymond Katana
Grace Mutua
Pst. Rebeccah Kimanzi
Diana Andabwa
James Demba

INTRODUCTION

WHY IS THE CHRISTIAN family so fragmented? Why are our divorce rates similar or worse than non-Christians? What essential principles are being compromised that we are unaware of. Why have our lives and families become so fragmented? These are hard questions to face but we must seek to find answers so our families will not become another statistic.

We went to have fellowship with a family and during dinner, we all sat around their dining table and the presence of God was so heavy in the dining room. As I was meditating on how God has blessed that family, I lifted my eyes and I saw an inscription written on the wall "JESUS IS THE HEAD OF THIS HOUSE. THE UNSEEN GUEST AT EVERY MEAL. THE SILENT LISTENER TO EVERY CONVERSATION".

Surely, we felt the presence of Jesus, the Unseen Guest in that family. The Husband is God-fearing and he has never ceased having dinner with his family except occasionally, due to business meetings and trips. I was able to see the reasons why he was so blessed and his house filled with God's presence.

Then a few months later, my wife and I decided to visit another family friend. On arrival, we were well treated by the wife and a few minutes later, dinner was served. But *one was*

missing at the dining table – the Husband. According to the wife, she can't remember when last they had a fantastic dinner together as a family for the past 13 years. The only time it happens was during their honeymoon and it continued, but last for three months only. Since then, he normally comes home at odd hours and takes breakfast early morning in a rush. And that's so sad.

A recent survey conducted by our ministry team found that 40 percent of African families eat dinner together only three or fewer times a week, with 10 percent never eating dinner together at all.

Today's busy lifestyle can make eating together a challenge, but it's worth the effort it takes. There are spiritual, nutritional, healthy, social, and mental benefits to eating with the family.

Food is life. When we eat, it makes us feel good, and if we are around the people we love, it reinforces these feelings.

For many parents, it would be much easier and simpler to forget about family dinners. Jobs, children, after-school activities all contribute to families being constantly on the go, thus feeling the need to eat on the run.

But more and more parents are realizing the importance of shared family time at the dinner table. Often, this is the only time when all family members are all together in one place.

Although family dinners are viewed by some people as another burdensome chore at the end of a tiring day, more African families realize that the benefits of sharing time at day's end cannot be measured by calories alone.

When a family sits down together, it helps them handle the stresses of daily life and the hassles of day-to-day existence. Eating together tends to promote more sensible eating habits, which in turn helps family members manage their weight more easily.

Sitting down for a nightly meal keeps kids healthy, alert, and in touch. It provides a time to be connected. If you are feeling adrift with your family relationships, try reclaiming dinnertime to heal.

THE IMPORTANCE OF FAMILY DINING TABLE

The table is an English term derived from Hebrew "*Mecabh*", which denoted any flat round surface, but especially one used for a festal procession. And the word '*festal*' refers to what "*Offer fun and gaiety; Activities that are enjoyable or amusing*".

The table is the place where we interact with others - with family, friends, colleagues, rivals - and enemies. The value of a table, like all pieces of furniture, lies in its history. We might make it, but the furniture, in turn, makes us. It shapes us, defines us, and determines our everyday lives.

What kind of dining table do you have in your home? Round or rectangular? Old and shaky? Or, shiny and brand new? It

doesn't matter what it looks like but the important thing is what happens around your table. Your table is the most central piece of furniture in your home. And it can either be for decoration or for the family to dine together.

Did you know that God loves tables? Do you know that the food you set on the table is before the face of God and He takes delight in seeing families sitting around the table for dinner? And do you know where the culture of dining on the table originated? Did you know that the dining table goes back even further than the Bible? Yes, they originated in heaven! They were God's idea. He has a table in His heavenly kingdom. When Jesus spoke to His disciples of His home in heaven, He promised them that one day they would "*eat and drink at MY TABLE in my kingdom*" (Luke 22:30). Check out Matthew 8:11 and Luke 13:29, too. And in Psalms 23:5, we are told "*You prepare a TABLE before me in the presence of my enemies*".

Moses was commanded to build a tabernacle according to the heavenly pattern shown unto him on the Mount. And one of the instructions given to him was to make a "*table of showbread*" and placed it outside the veil in the tabernacle.

> Exodus 25:30 "*And you shall set the showbread on the TABLE before Me always*".

The bread was called the "*bread of the Presence*" because it was placed in God's presence. That table, with its 12 loaves which represented the 12 tribes of Israel, pictured the fellowship

and communion of God with His people. Those loaves were a reminder that the tribes (*each family*) were constantly in the presence of God and that God saw all that they did (Lev 24:5-9). The bread was a reminder too that God fed His people with manna in the wilderness ("*give us this day our daily bread*").

I learned about the Israelites that they celebrated their Passover feast, family by family. And on the Dining Table, there was an empty chair, an extra cup of juice, and one remaining piece of *matzoh* (*Bread*) reserved for an Unseen Guest, the Messiah. They believed that the presence of the Messiah is with them. And that's why the *Showbread* in the Old Covenant Temple is known as "*The Bread of His presence*".

ONE IS MISSING AT THE TABLE

Any husband in communion with God must be in communion with his family at home and during dinner time to eat together. If you can partake in church communion, and still can't have dinner with your family, you are breaking the order of fellowship.

God's picture of a family focuses on them sitting "*around the table*".

> Psalms 128:1-4 "*Blessed is everyone who fears the Lord, Who walks in His ways. 2 When you eat the labor of your hands, You shall be happy, and it shall be well with you. 3 Your wife shall be like a fruitful vine In the very heart of your*

house, Your children like olive plants All around your table.
4 Behold, thus shall the man be blessed Who fears the Lord".

The keywords here are men who fear the Lord and walk in His ways shall be blessed. He shall be happy as he eats the fruit of his labor, not alone, but with his family. No man can truly be happy doing things "*alone*" and that's why God provided a "*help meet*" and a family to obliterate the loneliness of man. I like the Living Bible translation of Psalm 128:3, "*Your wife shall be contented in your home. And look at all those children! There they sit around the dinner table as vigorous and healthy as young olive trees.*" And the next verse says, "*Behold, thus shall THE MAN be blessed that fears the Lord.*"

Whatever he gathers from the labor of his hands, a God-fearing Husband will always bring it home and make his wife be a fruitful vine - the best homemaker. As such, his children will be healthy like olive plants because of the spiritual and physical nourishment they derive from the family dining table. To such a man who makes his family happy with the labor of his hands, God says "*it shall be well with him*". The man who fears the Lord will demonstrate it by walking in the ways of the Lord. And the ways of the Lord are taking care of His children. He will never leave them like orphans or forsake them.

Is your wife contented or discontented with the living condition in your home? As you look at your children, are

they as vigorous and healthy as young olive trees or looking like those with kwashiorkor?

THE RESTRAINING ORDER

Men that fear the Lord provide for their family and are always at home to eat together in the presence of God. But, unfortunately, so many husbands are missing at the dinner table, especially during supper. They prefer eating at the restaurant with friends and sometimes, with their girlfriends or office secretary rather than with their wife or family at home. And because the HUSBAND is missing at the dinner table, Job said his family will suffer distress, restraint, and judgment meted for the wicked.

> Job 36:16-17 "*Indeed He would have brought you out of dire distress, Into a broad place where there is no restraint; And what is set on your table would be full of richness. 17 But you are filled with the judgment due the wicked; Judgment and justice take hold of you*".

When there is RESTRAINT on the family table, there will be DISTRESS in the marriage. God's plan for every family is to bring us into a "*broad place*". The "*broad place*" speaks of a wide, large, big, open, and wealthy place where there wouldn't be any restraint "*limitation, restriction, or control*".

One of the major cause of restraint on the family table is the unavailability and lack of the support of husbands. When a wife is no longer catered for and the children envy the

delicacies on a rich neighbor's table, there will be great distress which will produce disturbance, trouble, difficulty, hardship, sexlessness, and trial for the husband. He has to work and provide for the family. Failure to do so makes him an infidel according to 1 Tim. 5:8 (KJV) "*But if any provide not for his own, and especially for those of his own house, he hath denied the faith, and is worse than an infidel*".

The Greek word for "*provide*" gives a beautiful definition of what it means for the husband to be a provider. From the root *pronoeo*, to provide means "*to consider in advance, i.e. look out for beforehand by way of maintenance for others*".

A good husband will always consider in advance to supply for the spiritual and physical wellbeing of his family. He is not selfish, only thinking about his belly and enjoying good things outside well the family suffers at home. The husband who denied the family such privilege, is denying the Christian faith and he is worse Gk *cheiron*, which means "*more evil or aggravated (physically, mentally or morally)*" than an infidel or heathen who does not know God.

Men who value and cultivate a culture of dining with the family will see the need to furnish the table with rich food. As a God-fearing husband, whenever there is no food on the table, he can cry out to God and say, "*My Lord, you promised in Psalms 23: 5, to prepare a table before me in the presence of my enemies. I can see the table, but where is the food for my family?*" You are a priest for the family and you have to always present them

before the presence of God. The Lord has promised to bless you and fill your table with rich food. Therefore, reactivate the culture of having dinner with your family for there is a great treasure to receive from the Lord.

What a blessing to make our homes a taste of heaven on earth. It's God's will to bring us out of *dire distress* into a *wealthy place* where there is no restraint. Whatever we desire will be set on our family dining table. We can order any assorted delicacies without restraint and our table will be full of riches. This is why David said, "*The LORD is my shepherd; I shall not lack*". That means if God is the Lord and Shepherd of your life and your family, you shall not lack; there will be no restraint. But instead of enjoying a family table full of riches, we are "*filled with the judgment due the wicked*"; a judgment of distress and restraint because we are missing at the family dining table. The wicked have stolen and enjoyed our wealth because we are a family that no longer has the fear of God. No wonder, Prophet Jeremiah cries out to God, "*Pour out thy fury upon the heathen (infidel) that know thee not, and upon the families that call not on thy name: for they have eaten up Jacob, and devoured him, and consumed him, and have made his habitation desolate*". Jeremiah 10:25

Why should God pour out His fury upon some families? Because of the following reasons:

- They refused to KNOW GOD.
- They refused to call on His Name.

- They afflicted Jacob, the type of Jesus Christ.
- They make His habitation (*our body, His temple*) desolate.

In the same vein, King Solomon gave us an apparent reason why God will pour His fury upon those that have no fear of the Lord: "*Because I have called, and ye refused; I have stretched out my hand, and no man regarded; 25 But ye have set at nought all my counsel, and would none of my reproof: 26 I also will laugh at your calamity; I will mock when your fear cometh; 27 When your fear cometh as desolation, and your destruction cometh as a whirlwind; when distress and anguish cometh upon you. 28 Then shall they call upon me, but I will not answer; they shall seek me early, but they shall not find me: 29 For that they hated knowledge, and did not choose the fear of the LORD: 30 They would none of my counsel: they despised all my reproof. 31 Therefore shall they eat of the fruit of their own way, and be filled with their own devices. 32 For the turning away of the simple shall slay them, and the prosperity of fools shall destroy them. 33 But whoso hearkeneth unto me shall dwell safely, and shall be quiet from fear of evil*". Prov. 1: 24-33

Is your family in great distress? Are you being limited and restraint from getting what you deserve because of your rebellion against God as a Husband? Then call upon the name of the Lord, He will deliver and restore your family.

You must represent your family as a priest before the throne of God's mercy. When you lift your voice to God as a husband, He will bring you out of dire distress into a broad place where there is no restraint.

When King David realized that his family was under God's judgment because of his negligence and adulterous act, he said "*I called upon the LORD in distress: the LORD answered me, and set me in a LARGE PLACE*", Psalms 118:5.

I admonish you to pause reading this eBook right now and call upon the name of the Lord. Rebuild the broken altar of prayer and worship in your family. Ask your wife to forgive you for being irresponsible. Appreciate her effort to care for the family and promise her you will start taking your responsibility as a husband and a father. After you make an amendment and pray to the Lord, He will answer your prayers and bring you into a large or broad place; into a realm of unrestraint and enlargement.

If God can feed the children of Israel for forty years and it was recorded in Psalms 105:37, "*He brought them forth also with silver and gold: and there was not one feeble person among their tribes*", will He not freely give us all things through Christ Jesus?

Indeed, He will as the scripture revealed in Romans 8:32 "*He that spared not his own Son, but delivered Him up for us all, how shall he not with him also freely give us all things?"* Since everything has been freely given to us through Jesus Christ, why are we in dire distress and restraint? How come it's the enemy enjoying good things while the sons of the kingdom are suffering?

SEX STARTS IN THE KITCHEN

When a King is at his table, what do you think will be presented to him? Rich food, fruits, and assorted wine, isn't it?

Husband and wife are to think and act like King and Queen.

> Songs 1: 12-13 "*While the king is at his TABLE, My SPIKENARD sends forth its fragrance. [13] A bundle of myrrh is my well-beloved unto me; he shall lie all night between my breasts*".

The above verses are divided into two parts: Verses 12 speaks of the KING and the TABLE. While verses 13 speaks of the QUEEN and the bed-chamber.

When a husband takes care of the TABLE, the wife will find it easy to take care of the bed-chamber. If SEX in your marriage only starts in the Bedchamber, you are treating her as a prostitute and not a WIFE. Your sex should start in the Kitchen by providing food. Since she is designed to be a multiplier, whatever you provide, she will multiply it.

While they were dining at the family table, the wife was already wet in her panties and eager for them to enter the bed-chamber.

The more he provides for her needs, the more she satisfies him sexually. And the more she satisfies his sexual needs, the more he provides for her needs.

Your mandate as a Husband is to *think* like a King because you are created as a Logical Being. Kings are providers and protectors. And the mandate of the Wife is to *act* like a Queen because you are created as an Emotional Being. For Queens are conceivers and multipliers.

As a Husband, you are a provider. You demonstrate love to your Queen in Five Dimensions…. you provide:

- ❖Shelter,
- ❖Security,
- ❖Clothing,
- ❖Food
- ❖Sex.

Note: *Sex is the last thing on the list. If a wife is having challenges with shelter, security, clothing, and food, it will affect her sex drives. Give her all the four, and your sex in the bed-chamber will be a journey back to paradise.*

Because of what was presented on the dining table, she started feeling sexy and whisper "*While the king is at his TABLE, My SPIKENARD sends forth its fragrance*. You can see that their sex began in the Kitchen and got heated at the dining table. What is spikenard?

Spikenard Hb. *nerd* is an aromatic drug/oil extracted from a plant. *Nard* was expensive imported perfume, worn by

women at banquets because of its seductive charms. It was used as a love potion because of its erotic fragrance.

Solomon used pictorial language to describe the beauty of marriage love and copulation. The wife said, "*My Spikenard Gave Forth It's Fragrance*", The pictorial meaning of '*spikenard*' is the fragrance that emits from her vagina when she is stimulated.

In those days women would use spikenard to perfume their sexual parts. Spikenard was a costly perfume or ointment derived from a plant native to India. It was used as both a sexual stimulant and as a relaxant. She was so hot from sexual stimulation that it was causing the scent of spikenard to fill the air letting him know she was in a high state of arousal.

Origen, an early church father, said that spikenard is a hairy plant that emits its scent only when it is rubbed. This lovely woman is saying that when they sit together in a feast of erotic love, he caressed her hairy vulva which emitted a fragrance when stimulated.

Because of the provision at the table, she called him "*my well-beloved*". "*A bundle of myrrh is my WELL-BELOVED unto me; he shall lie all night between my breasts*". Songs 1: 13

What next after the table experience with the King? They went straight into the bed-chamber for all-night-long feasting on the mouth, vulvar, breasts, and clitoris.

The Queen pictures her King as a '*bundle of myrrh*', which will lay '*all night*' between her breasts and water her body with his sweet-smelling pheromone.

SCHEDULE TIME TO EAT TOGETHER

Eating together can happen at breakfast, lunch, or dinner. Choose the meal that gives you the most time to talk and connect.

If you don't usually eat together, start by scheduling one meal per week and increase the number as you are able. Circle your family around healthy foods as often as you can. The more you eat together, the more you benefit.

Try to schedule activities so that they don't interfere with mealtimes. If that's not possible, create a meal together around a picnic table in a park. Once you decide what meal you are going to eat together, mark it on your calendar like you would any other event. If you have a plan, it is more likely to happen.



ABOUT THE AUTHOR

Jabari McDimar is the Director of **Marriage Grace International**, and the President of **International Marriage Institute** with over 1000 students around the world. He is also the CEO of **Lucrative Idea Resources**: An Info Marketer, Content Creator, Blogger and Graphic Design firm based at Shanzu, Mombasa, Kenya.

Jabari is a renowned **Prophetic Teacher**, anointed for the unveiling of *Prophetic Cypher* and *Biblical Euphemisms* in the End Time; a *Prolific Writer*, and a *Certified Marriage Counselor*.

He runs a bi-monthly "*Miracle Marriage Seminars*" together with his precious wife **Pastor Sally Jabari**.

The duos are committed to conveying the **New Covenant** message of **Marriage Grace** to a *hurting* and *dying world*.

For Marriage Seminars, Youth Seminars and Revival Meetings. contact us!

+254 724327927 / 0759950090
Facebook/imi20
Twitter@JabariSally
mcdimar3@gmail.com

MARRIAGE GRACE INTERNATIONAL
Shanzu, Mombasa
+254 724327927 / 0759950090