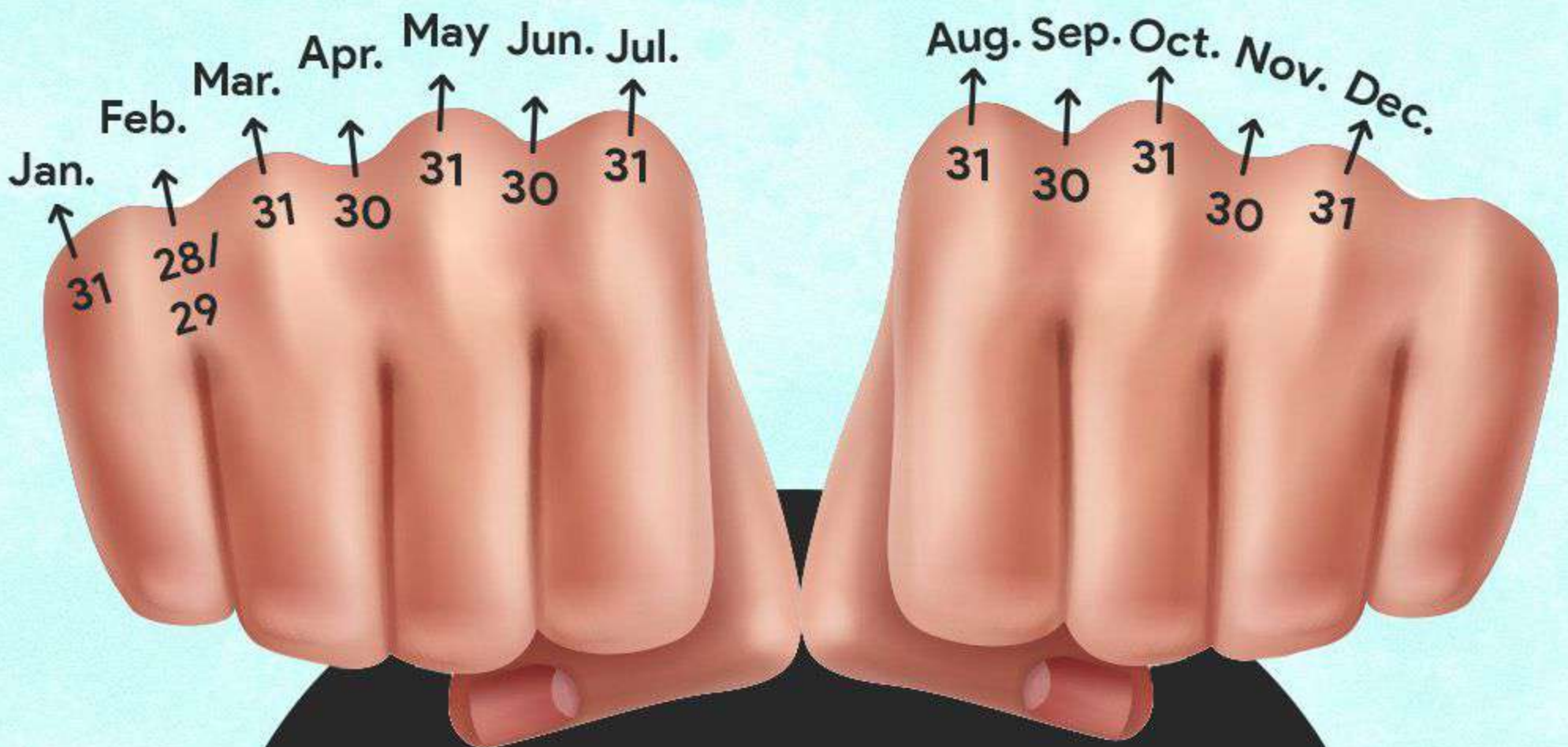


Say goodbye to
Rote memorization

Mnemonic Hacks



What Are Mnemonics?

They're **clever memory tools** — acronyms, visuals, or stories — that help you retain information more effectively.

Research shows that **vivid, surprising cues** boost long-term memory.
It's science mixed with creativity.

These are especially helpful for **memorizing lists, terms, or detailed concepts**.



Why Don't Most Students Use Them?

They take time and creativity, so most students stick to:



Rereading



Highlighting



Rote memorization

But here's the thing: **Standard mnemonics aren't one-size-fits-all.**

That's why many give up early.

But once you try your own — they **stick like glue!**



Enough theory —
let's get practical.

4 *Here come*
must-know
mnemonic

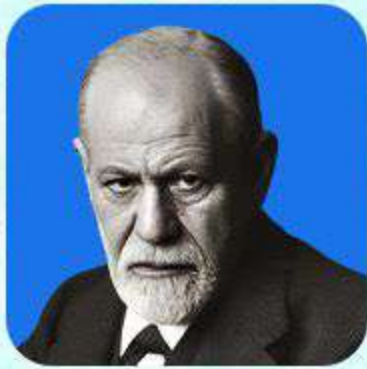
*hacks to make studying easier and
smarter.*

Swipe and try them for yourself. >

Method of Loci (Memory Palace)

Used by ancient Greek orators You mentally place info in familiar locations.

Example:



**Freud on
your couch**



**Jung in
your library**



**Adler by
your mirror.**

Now, walking that route in your mind helps retrieve each item in sequence.



Chunking with Storytelling

Turn unrelated data into a ***weird, vivid story.***

Example:

“3 mice, 1 pirate, 4 pumpkins...”
= 3.14159

or

“3 , 1 , 4  ...” = 3.14159

The ***stranger*** the image, the ***stronger*** the memory.



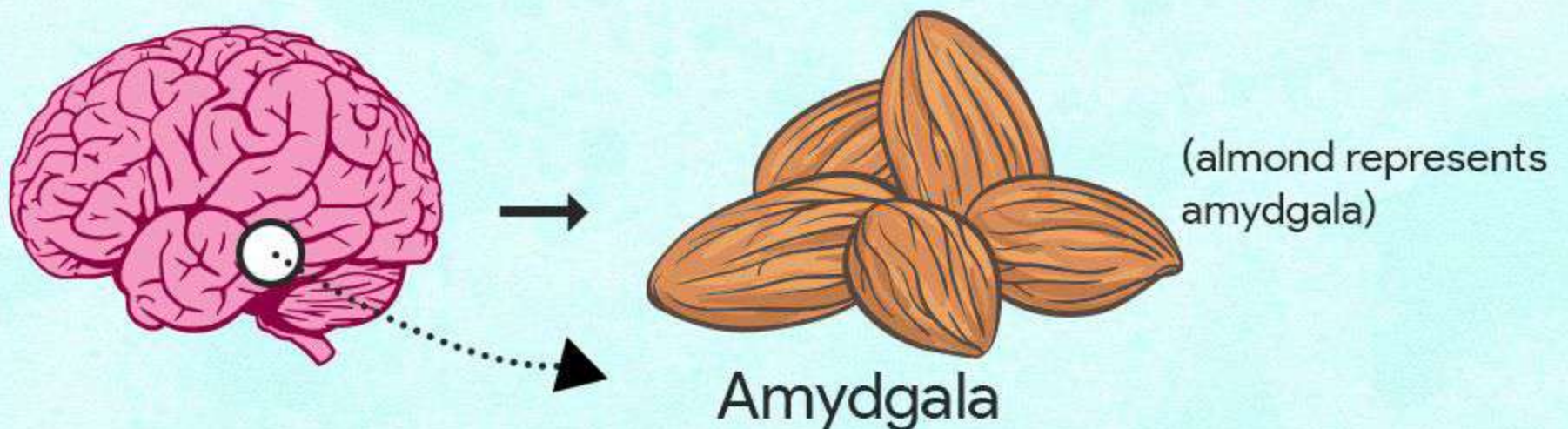
Dual-Coding with Doodles

Combine **words + simple related sketches** for stronger recall.

Example:

“Amygdala” → draw an almond
(its literal meaning in Greek).

or



Visual + Verbal = Dual encoding in your brain,
stronger recall later.

Spaced Mnemonic Recall

Say it once, then:

- + Recall after **10 mins**
- + Then after **1 day**
- + Then again, after **1 week**



Combine with mnemonics like flashcards, sketches, or stories for long-term memory gains.



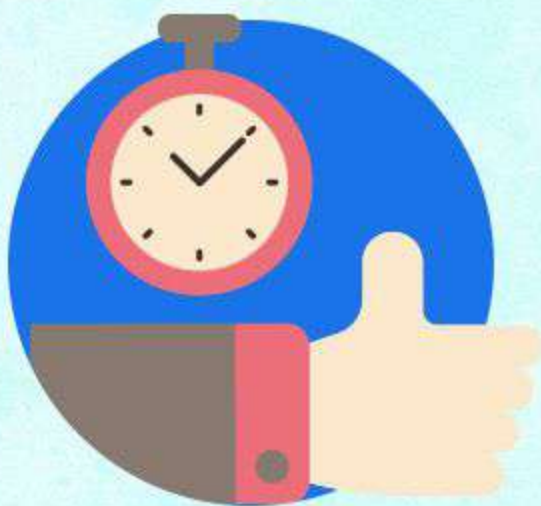
What Happens When You Use These?



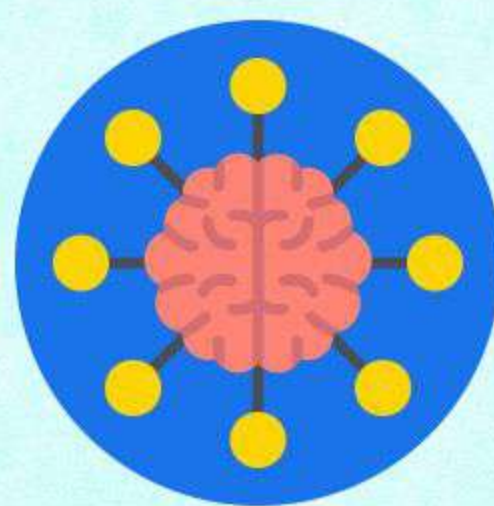
Learning becomes ***active and fun***



Recall feels ***automatic***, not forced



Concepts stick ***faster and better***



You build a ***mental network***, not just isolated facts

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