MOTISHA 4 TEACHERS *by Tom Charles* **Issue #1-2022**

A Newsletter for Teachers

What Are You Looking Forward To?

A quick question; "How long does it take you to start using your salary after you confirm it's in the account? A minute? An hour? A day? Why the rush to use it immediately? Is it because you've been looking forward to receiving the salary so that you settle some urgent and stressful bills and debts, or it's because you don't have another source of income? That this is the only hope and this is the one day you always look forward to.
Get paid, pay bills, pay debt, go broke, get frustrated, go into debt, wait for end month for another salary. This, my friend, is what is widely known as the rat race.
To some teachers, payday is the only day of the month they get excited, and unfortunately that excitement is short-lived because bills and debt eat up much of the salary leaving them wondering how and why they worked hard for a whole month to receive peanuts.
Jalang'o, a popular comedian, radio presenter and now honourable Member of Parliament once asked; ***"There are 365 days in a year, why get paid 12 times only?"*** and I'd like to borrow that thought here and ask a few questions; "why look forward to one day with excitement in a month? Is it possible to be excited about something every week? Financially, is it possible you establish another source of income and instead of monthly, you get paid weekly? If not weekly, is it possible to increase your income from 12 times to 24 times a year?

Money matters aside, it's a new week and a new term; what are you looking forward to in this new week? Is there something you plan on doing on Monday, a place to go on Tuesday, something to accomplish on Wednesday, someone to meet on Thursday, a hobby for Friday or an event over the weekend. Whether at work or outside work, I'm talking about something different from what you've always been doing. For work, for your health, for your family, for your dreams, what are you looking forward to do this week, in the month of October or for the remaining months? Please don't mention Christmas. Something different, don't just go with the flow; be conscious and intentional

It is quoted, "a new day is a new life to a wise man" and each day we're supposed to wake up with an excitement about the plans we have for the day, for the week or the month or the year, but if we're just going with the flow, spending today like we spent yesterday, this month being the same as the last and this year like the last, we won't grow, we will be so bored and demotivated at work. If we're just going through the month to pay bills and raise kids, someday we'll look back and realize that while we were busy trying to make a living, we did not make a life for ourselves.

Here we are, years after your first pay check, you can only show off the bare minimum; a home and kids in school, yet the dreams and plans that you had to travel, to go on a trip/vacation with your family, to invest in agriculture or establish a business, to take short courses or pursue a hobby were all never ventured on. When this happens, you get uninspired and it reflects on your work; negatively. When you have the courage to pursue your dreams, you exude positivity that allows others to pursue theirs too, if you don't, you won't even believe in your students' ability.
So, apart from time in class, staff meeting, administering exams, marking, teaching, lunch, preparing notes; what are you looking forward to doing and achieving this new term? Whatever it is, I hope it gets you excited.
Cheers!!!

Tom Charles is a Professional Speaker and the Founder of **Motisha**. He focuses on Personal Development, Motivation, Social Issues and Financial Management. He offers Motivational Talks, Consultancy Services, Leadership Trainings, Wealth Management Seminars Countrywide.
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