

MODERN CONCEPTS OF CHILD CARE

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Objectives

- **At the end of session, student will be able to:**
 - o Define pediatrics & concept of health & illness
 - o Identify modern concepts of child care
 - o Know trends of nursing role in care of child

Outline

- o Definition
- o Health care changes & advances
- o Concept of child care
- o modern concepts of child care
- o Concepts relating to child care & nurses role
- o Trends in pediatric nursing
- o Changing role of nurses
- o New concepts

Definition of pediatrics

Pediatrics is a Greek word,
Pedia -Child
iatrike-Treatment
ics-Branch of medicine

Cont...

- Pediatrics can be defined as the branch of medical science that deals with the care of children from conception to adolescence in health and illness.
- It is concerned with preventive, promotive, curative and rehabilitative care of children.

Health care changes and advances

1. Concept of health and illness.

- Concept is changing, complete overall wellbeing and not merely the absence of disease.
- Illness, when the individual experience a disturbance in both physical and psychosocial characteristics.

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2.Holistic view of health

- Widely accepted term, "Wholeness". It is a philosophy believes in an integration and harmonious balance of body, mind and spirit to maintain or regain health.

Cont...

3.High level of wellness

- ❑ Areas of wellness behavior are:
 - a. Physical Fitness
 - b. Optimal nutrition
 - c. Appropriate management of stress
 - d. Awareness of environmental influences on the individual
 - e. Responsibility for onset.

Cont...

- Children learn wellness and illness behavior during their years of growth and development principally from parents (Primary guardian of children's health)
- ❖ Orient the children early in life within home setting as per attitudes and habits.
- ❖ Influence of other family members, siblings and health care professionals.

Concept of child care

- Health is a fundamental right of every human being “A healthy child becomes a healthy citizen and a healthy citizen makes a **healthy nation**”.

Modern concept of child care

- Child care has a prime importance as the mortality and morbidity rates are highest in this group and most of the diseases are preventable.
- The goal of Pediatric nursing is to foster the growth and development of the child and promote an optimum state of health physically, mentally and socially, so that he may function at the peak of his capacity.

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- The nurse must observe the state of the child's health illness, his strength and weakness, and the effectiveness of coping mechanism.
- The nurse must have patience and emotional balance, while dealing with children and their parents especially in critically ill cases.

Concepts relating to care of the child and nurses role

❑ Areas to be considered:

- ✓ Health promotion
- ✓ Prevention of illness
- ✓ Health maintenance
- ✓ Health restoration

Trends in pediatric nursing

- ✓ The child is not treated as adult when planning and providing health care any more.
- ✓ The focus is on the child, its family and environment.
- ✓ The reasons for the development of pediatrics are:
 1. High infant mortality
 2. Low birth weight
 3. Child mortality

Cont...

The services in order to these causes provided for people are:

- a) Institutional care
- b) Family centered care
- c) Regionalized care
- d) Other innovative child health care programs.

Changing role of nurse

- ❖ The pediatric nurse provides all the care in the form of care giver, advocate, educator, researcher, manager and leader to provide a comprehensive health care services.
- ❖ Additional specialized role include pediatric nurse practitioner, clinical nurse specialist and care manager after a specializes training.

New concepts

1. Child centered care.
2. Take care of the female child with immunization to TT.
3. Health education on planned parenthood and doing the maternal health assessment before conception.
4. Early identification and family counseling based on biochemical screening and chromosomal studies.

Cont...

5. Caring the health of the child from the day of conception.
6. Participate in the prevention of illness and health promotion activities.
7. Comprehensive care of the child in his home through community health centers.
8. Flexibility in hospital setting.
9. Health oriented.
10. Warmth and love oriented.

Cont...

11. Health promotion activities, services related to fertility, sex education and counseling.
12. Safe guard and protect the children's right by health provider, cultural practice and laws encouraging.

THANK YOU