

NP OSIB is stupid

“Bravo! Now singles can have have real hope,
and the married can let go of regrets.”
- Imose

Osar-Emokpae Osayi

Impossible is Stupid, what a title for a truly inspirational piece. Reading through the draft copy of the book, amidst my busy schedule was a time well invested. The book is filled with nuggets of wisdom to fight loneliness and live a fabulous life.

Impossible is Stupid, is a paradigm shift from conventional book writing. Osayi, I salute your courage in daring to write this book.

Caution: Read only when you are ready to make real decisions about your life.

- Segun Akiode, *Nuggets for Nobles*

<http://segunakiode.wordpress.com>

I loved it all.

- Jackie Paulson

My favorite chapter is 22 (stop cussin' yourself) 'This chapter really makes me cringe because I curse a lot when I'm angry and I never thought about how the words we use affect us more than the person we are using them on. It really makes me think twice about just shutting my mouth & not saying a word when I'm angry because if that's what it will take to make me better then amen to me!!

- Velia Ronquillo-Auk, *Colorfulsweets*,
Stockton, CA

Funny, down to earth, practical and illuminating, the book will not only get you thinking but also acting. Although written primarily for women, any man reading it will obtain many useful hints on enhancing their relationship with the woman in their life.

- Ayo Adebamowo, UK, Author of *A Life of Impact*

www.ayodebamowo.blogspot.com

This book is a must read for every woman! **Impossible is stupid** when you make the seemingly impossible issues in life possible!

- Itohan Osayi, M, Wife and Mother, Lagos, Nigeria

Impossible is Stupid has been an added blessing in my life. I wish there was an android application and screensaver. What I like most is that each "beatitude" works without reading the paragraph that follows it, though you do want to read that. Thanks for your work.

- Dege Vernet, San Diego, CA

Impossible is Stupid is honest, straight-forward, and easy to read for folks like me that don't read much. I could see myself gifting a book like this to a few people I know.

- Mia Jones, Cre3sol, Baltimore MD

We Often Pray for God's Gift, but God's gift has been manifested to us through the life of this great daughter of Zion, Osayi Emokpae!! She is an inspiration to our generation today. Her book (**Impossible is Stupid**) will inspire, challenge, motivate and catapult you to another level. It will help you see your true self in the mirror, and challenge you to begin to take the necessary steps in God's direction as you unveil your true worth, and discover your true purpose; not just as a woman who has been through ups and downs in relationships, but as a child of God.

Woman thou art loosed, for truly **Impossible is Stupid**.
A dynamic book! One of a Kind!! A must Read!!!

- Abies Adeyeri, Miami, FL

I love the down-to-earthness of **Impossible is Stupid** and how it doesn't lose the benefit of being a smooth easy read.

- Toyin Ajaqi - Fadeyibi, Philadelphia, PA

<http://toyeen4loveandmusic.blogspot.com>

Impossible is Stupid is an encouraging book that gives you a chance to truly stop & reflect on your life (mentally, spiritually, emotionally). It's a smooth read that presents biblical truths in a natural and simple way that anyone can understand. It is not preachy but encourages the reader to engage the truths being presented in the book. It brings up real issues.

- Carla Jones, HTCF, Philadelphia, PA

Impossible is Stupid is fresh, inspiring, humorous,
real...even men need to read the book.

– Chibuike Chuk Ejim, Click-On Internet Solutions,
www.clickoninternet.com

Impossible is Stupid has many positive, inspirational,
and motivational strategies to help women live up to
their potential.

I am woman. Hear me roar!

– Chelsea Lee, *Life of an Unofficial Pastor*

Impossible is Stupid is a must read for everyone. It
will help the married to forget whatever regrets they may
have been carrying. Singles will have real hope not
“guess-hope” from people who are not in their shoes.
Pastors will have more realistic books to recommend
for singles and parents.

It is great that such a book is written by a single lady.
If it has been written by a married lady, it would have
seemed as if the lady is writing only after she “escaped”
singleness.

– Imose Osar-Emokpae, London, UK

Ever read something that made you smile from the
inside, made you laugh out loud but all the while
challenged you? **Impossible is Stupid** is a book of well
placed words that will remind you to simply LIVE and
to have a little fun while doing so!

– Cynthia Hampton, Philadelphia, PA

Impossible is Stupid

57 truths to help you beat loneliness and depression and live the fabulous life you always wanted.

Osayi Osar-Emokpae

Impossible is Stupid.

Impossible.Iyasostuff.com

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DEDICATION

To my heavenly father, for encouraging me to do the
impossible every day.

To my earthly father, for inspiring me to be better than him,
and for selling the family car so I could have an education.

To my mother, for passing down her beauty, and still being
willing to wash my full head of hair whenever I ask.

To my older brother, for encouraging my crazy ideas, and
confirming that being me was better than being “normal.”

To my younger brothers for reminding me that “stupid” is an
offensive word.

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Special thanks to those who painstakingly edited and provided feedback – God is smiling upon you.

INTRODUCTION

Many years ago, I met the guy I planned to spend the rest of my life with. Everything was perfect – except that we argued all the time, we had absolutely nothing in common, we had different future aspirations and we were always putting ourselves in guilt-inducing compromising situations. One day in church, my pastor at the time (Pastor Stevens; Harvest Time Christian Fellowship, Philadelphia, PA) taught a sermon using **Galatians 5:1a** (NIV)

“It is for freedom that Christ has set us free.”

I kept thinking to myself, “if Christ has set me free, then why don’t I feel free? Why is this relationship so hard? Why does it feel like freedom is impossible? Why does it feel like this relationship is impossible?” And so began my long and painful journey to finding this freedom that Christ died to give me; this fabulous life where **impossible is stupid**.

The story ended well for him and me.
We both ended up living happily ever after...separately.

I later realized that I had made many relationship decisions out of loneliness and fear of being alone, and the consequences were painful. I wrote this book to remind myself never to go there again, never to be that person again.

So where it feels like I'm yelling at you, please don't take it personally – unless you should. Where it seems like common sense, please bear with me, it just means you're much wiser than I am. Where it seems tongue in cheek...well what can I say, I'm multifaceted...

If something resonates with you take it, and the rest, you're free to take with a grain of salt. And oh, don't forget to grab your free action guide at: **impossible.iyasostuff.com**

Let's begin...at the end...

The Beginning

The End.

“Behold, I am the **LORD**, the God of all flesh: is there
anything too hard for me?” ~ **God**

(Jeremiah 32:27; KJV)

57 CRUSH YOUR BIOLOGICAL CLOCK

“Crush your biological clock!” – Ms. Sherry Holmes (Full Gospel Word and Worship Center; Columbia, SC)

“If you don’t get married by 21 or you are not at least dating the man you are to marry by 20 then you will die a miserable wretch!” This is what the voice in our heads tell us over and over again. Constantly tormenting us with thoughts that life will never happen the way we want it to, and that life will never be the happy place we always dreamt it would be.

Then society comes and tells us that if we don’t have our children by 30 not only will we be too tired to take care of them, but if we are lucky enough to have any children, they will all be born with a new rare form of down’s syndrome, and we would wish that we never even thought of having children.

So we try to fight the voices of society, the voices of the well meaning family and friends urging us to settle down because “our clocks are ticking” and so we do stupid things to try to fix this “singleness” problem before it’s too late, before we end up with our worst nightmare. We try to fight the

voices in our heads, we try to tell them to be quiet, we try to remind the voices of that one lady we watched on the news a few years ago, or we heard from our friends a few years ago, we can't quite remember her name, or their names, but we know that one day not that long ago we heard of that lady who had a child at like 50 or 70 (or whatever we consider old) and the child was born healthy. We try to comfort ourselves with these thoughts, but the voices inside our head get louder and louder as the days go by and Mr. Right has gotten stuck in the rat race of life or has gotten lost and refuses to ask for directions to meet us, his very own Mrs. Right, and as the voices get louder we begin to lose hope, we begin to feel that the voices are right, society is right, our friends and family are right.

We forget that the same people urging us to get married are miserable in their marriages, we forget that this was the same society that told us we would never get over our asthma, and yet here we were breathing freely without any assistance, we forget that this was the same voice that told us we would never pass Human Anatomy and Physiology because we did not have enough money to buy the textbook, and the words seemed like a foreign language to us, we forget all the things that they had predicted actually rarely happened. We buy the fear from them, in exchange for our hope, our lives, and then we watch them as they skip off to find the next victim to rob of all their joy, then we sigh and get angry and depressed because they stole our peace from us, but it wasn't their fault, we let them.

We let them wave the stupid paper clocks in our faces. We let them determine the meaning for our lives, we let them use their words to destroy us, we let them run over us with their stupid lies, that even they had begun to believe...

But we don't have to let them anymore, we don't have to believe the lies anymore, we don't have to exchange our priceless hope for their stupid paper clocks. God did not give us a spirit of fear...now is the time. Let us crush these so-

Impossible is Stupid

called biological clocks that give us nothing but fear, and encourage us to make stupid decisions. Let us crush these biological clocks that hurt us and rob us of the fabulous lives that Jesus died to give us. These clocks that not only hurt us, but hurt many generations after us.

It is time. We need you.

51 FIND YOUR PURPOSE

“...[M]an is created on earth for a three-fold purpose like God. Except we discover this purpose, life is a waste whether one is an ordained minister or not, whether a Christian or a non-Christian.” Dr. Osaren Philips Emokpae (From Minimum to Maximum: Twelve Keys to Succeed in the Contemporary World)

My computer has a purpose, my car has a purpose, even my dishes have a purpose. What’s yours?

You are here for a reason, what is that reason? Don’t tell me you don’t know, and you have no way of knowing...

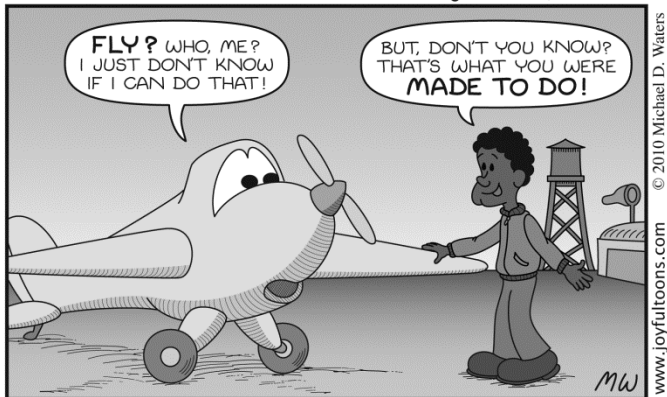
What is it that **gets you excited**? What is it that if you never got paid for it, you would still keep doing it? What is it that if you could never do it again you would be devastated? For me it’s writing. For my friend it’s teaching. What’s yours?

You are **here for a reason** – find that reason, harness that power and start living the fabulous life you were meant to!

Impossible is Stupid

MADE TO FLY

A Joyful 'toon by Mike Waters



For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

— EPHESIANS 2:10 NIV

50 LET PAST MISTAKES GO

“In the shadow of my hurt, forgiveness feel like a decision to reward my enemy. But in the shadow of the cross, forgiveness is merely a gift from one undeserving soul to another.” – Andy Stanley (It Came from Within!: The Shocking Truth of What Lurks in the Heart)

Yes you shouldn't have kissed that guy or slept with the other guy, or gone to that party, or gone to that guy's house, but guess what? You did and guess what? You shouldn't have and guess what else ? It's time for you to forgive yourself and let it go. The voices in your head will tell you constantly what a fool you are to make such a mistake, and how no one would accept you if they knew of the time you made out with your best friend's ex or masturbated or were addicted to pornography or messed around with a girl, or any of the other taboos in society. But guess what? The world will go on. We are all carrying our own secrets within us. The same thing that you think is too hideous to share, is the same thing that the girl beside you on the train is carrying around with her – too ashamed to share as well.

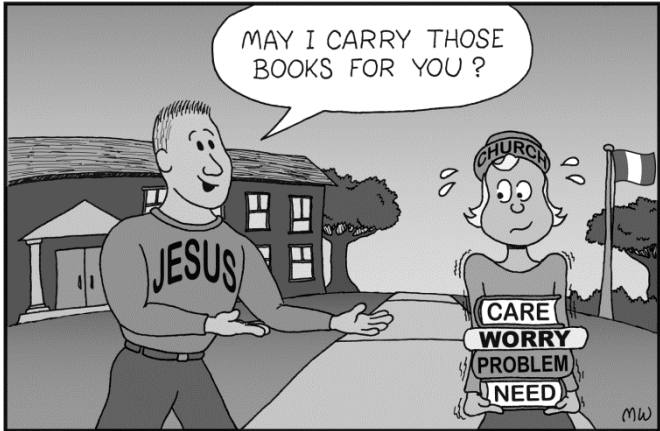
Impossible is Stupid

We all have past mistakes. Things we could have done better, people we could have treated better, choices we could have made but didn't. It's time to let it go, and live in the moment.

You can't change the past, only the present. Forgive yourself, and anyone else that disappointed you in the past. Don't torment yourself thinking whether life would have been better if you had done things differently. Don't keep rehashing the arguments and wondering if you'd have been married by now if you hadn't been so stupid....let it go. Don't think it's impossible to live a happy life now. Don't think that God will never forgive you or give you another opportunity since you messed up the 365 opportunities he had already given you. Just let it go, forgive yourself, move on, the rest of the world already has.

CARRY YOUR BOOKS?

A Joyful 'toon by Mike Waters



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Cast all your anxiety on him because he cares for you.

- 1 PETER 5:7 NIV

11 EMBRACE IMPERFECTION

“Better to do something imperfectly than to do nothing flawlessly.” Robert Schuller

I bet you can list five things right now that you don't like about yourself. Maybe it's your hair and how it's not as straight or as curly as you wished it was, or your eyes are not as pretty as your friend's, or no matter how hard you work out you can't seem to get rid of that gut that protrudes in the most unflattering manner. You were upset because all your friends hit puberty before you, but when you finally got there you were upset that it hit you worse than them. Not only do you have to deal with a very painful monthly visitor, but you are endowed with assets that no matter how hard you try to cover them, men can't help but be distracted around you. You think your nose would have been better straighter, or that you would look better with dimples, or if only you didn't have those freckles, or those skinny legs, or your less than coke

bottle figure, your whole life would be perfect. Well guess what?:

Imperfection is here to stay, so I guess you better get used to it.

Stop killing yourself trying to be a perfectionist. Nothing in this life is perfect, nothing can be perfect, we were all created to be good, but not perfect. The quest for perfection is a road filled with turmoil and disappointment.

Why exactly are we so bothered by imperfection. We think we will not be attractive unless we are perfect, or that we will not be able to get what we want unless we are perfect. But life often proves us wrong. When despite our imperfections other people still manage to find us attractive, and we still manage to be successful in getting what we want, do we correct our theories, no we just go on believing what we want. We actually think that making decisions from these beliefs created by our younger, less experienced selves is wise.

True beauty lies in contentment with imperfection- it's your prerogative to choose whether you believe it or not, either way, it's true.

1 KICK! BITE! SCREAM! FIGHT: BULLY THE BULLIES!

“Never, never, never give in!” – Winston Churchill

My first year of high school was tough. I was always getting bullied. The kids teased me about my African accent, they teased me about my forehead, they teased me about my full lips, they teased me about my skinny legs. Pretty much anything that was beautiful and unique about me they teased me about. There was one particular student who picked me as his favorite person to bully. He was really tall, husky, a little slow and very intimidating. He sat behind me in Mr. Garcia's Geography class and we had one empty seat between us. Every day on my way to my seat he would stick his foot out to trip me. Then when I finally got to my seat he would push the empty chair into mine and would give me crazy headaches for the rest of the day. I tried to play nice and just ignore him. Then I tried to be nice to him to pacify him, then I tried to stay out of his way, but it was impossible, and I had to deal with him in that class every single day.

One day I on my way to pick up an assignment from Mr. Garcia's desk I heard him snickering. And on the way back, I found out why. This big bully tried to trip me – not realizing that this was not the day to mess with me. I dropped my assignment and pushed him as hard as I could. I pushed with both my hands on his chest as forcefully as I could. I just kept pushing and screaming at him, yelling about how he needed to leave me alone and stop bothering me, and how I wasn't afraid of him. I kept pushing and pushing until Mr. Garcia separated us. Everyone looked at me like "oh no! the African kid snapped" but I didn't care. After that day Geography class was the most peaceful class ever. Sometimes the bully would still try to bug me, but he realized that I wouldn't be pushed around anymore.

Depression and Loneliness are twin bullies. They come into your life when you least expect it. Make a home in your house and verbally abuse you. They tell you that you are worth nothing, that you will never be happy and that God will never give you what you desire. Depression and Loneliness are liars and they can never be trusted. Whenever you hear them speaking, I give you permission to get angry! Don't try to pacify them, don't try to talk rationally to them, don't try to appease them. The only way to deal with them is to fight like your life depended on it – because it does.

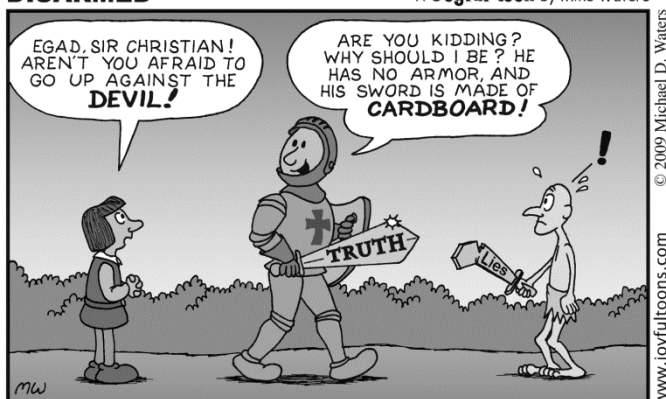
When you hear Depression and Loneliness talking, I give you permission to kick, bite scream and fight in your own special way and you know what? They'll think twice about coming back.

Remember life is meant to be won!

Impossible is Stupid

DISARMED

A Joyful 'toon by Mike Waters



And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.

— COLOSSIANS 2:15 NIV

O* (BONUS) FOCUS ON GOD'S LOVE

Sometimes my niece and I don't see eye to eye, maybe it's because she's only two years old, and she's trying to figure out her independence, but whatever the case, those times can be very challenging because it means somebody is about to get hurt, and it probably won't be me.

When I ask my niece to stand still while we're in the parking lot as I quickly get something out of the car, and she moves, it's because she doesn't understand. When I tell my niece that she can't have any more yogurt, because she has eaten nothing but yogurt all day and that eating different flavors of yogurt does not constitute a balanced diet, and she gets upset, it's because she doesn't understand. When I ask my niece to go to bed because we'll have to wake up early in the morning the next day, and she begins to cry, it's because she doesn't understand. It feels to her like I am depriving her of something good, but she doesn't understand that I'm only trying to give her something much, much better.

Sometimes I forget how much God loves me. When he tells me not to tell lies, but I do because it's easier to tell a lie at the time than to tell the truth, it's because I don't understand. When I choose to steal because I have a bill to pay, when God has already promised to provide all my needs,

Impossible is Stupid

it's because I don't understand. When I lay in bed sick all day, when God told me I didn't have to be sick since he already took all my pain and diseases on the cross, it is because I don't understand. And When God tells me he forgives me for everything, and I still feel guilty and stay away from him, it's because I don't understand.

Let's learn about God's love together. Everything he says and does is because he wants the best for us. If he didn't love us, then there would be no point to his words, but because he does, we can truly say that there is nothing impossible with him. We can truly say that **Impossible is Stupid**. So let's focus on God's love, because it's all that matters.

I thought it was appropriate to end this book by encouraging you to focus on God's love in everything. This does not mean that you live a careless and selfish life, but that you live everyday realizing that you were created on purpose and for a purpose and since God is on your side, you have no excuse for not succeeding.

Although many of the truths I shared in this book are applicable whether or not you believe in Jesus, all of that doesn't matter in the end because you need Jesus to show you who you were truly meant to be, and how much you are truly loved.

If you don't have a relationship with Jesus Christ then today is a very exciting day for you because you can finally start living your fabulous life now. It's not hard, you don't have to earn it, you don't have to wait until you have it all figured out or you stop doing all the things that make you feel guilty. All you have to do is truly believe that Jesus is the only way, the only one that can make you whole and then say it out loud so that your whole being can hear it (Romans 10:11).

Please send me an email (info@iyasostuff.com) and I will send you a free **WELCOME TO THE FAMILY** packet.

~~THE END~~

The Beginning...

For **with God** nothing shall be impossible.
(Luke 1:37, KJV)

ABOUT THE AUTHOR



Osayi Osar-Emokpae is the only daughter of Dr. & Mrs. Osar-Emokpae. She lives to glorify God and bring honor to her family in everything she does.

She is gifted to encourage, and that's why she writes.

You can find out more about her work at:

Iyasostuff.com/programs

Her other writings include:

Chosen: 366 daily devotionals for young folks (Coming Soon)

Late Twenties Woman (Poem Series)

There is no “there” there

Don't miss your FREE goodies
(FREE audio guide download, FREE action guide, *and more*)
for this book at:

Impossible.Iyasostuff.com

57 Truths to help you beat loneliness and depression and live the fabulous life you always wanted.

“Impossible is Stupid should not be read once...the nuggets should be digested on a daily basis. It gives great insight on how single ladies should live their lives to the peak. Quite frankly, I believe both genders must read the content and internalize the precepts. Fantastic piece and timely written!”

- Onaivi Dania, founder, Xploits Precepts Limited,
Quantum INFO & 1st Pro Academy

“Impossible is Stupid is great as a guide to help you examine where you are in life, where you want to be in life, and what you’re doing to get there. It leaves little room for excuses.”

- Charmaine Butler, Grace Apostolic Church,
Columbus OH

“Exquisite book, to the point yet light-hearted. The chapters on Smile, Laugh, Letting your past mistakes go, and Focusing on today represented me the most. Very good approach to the subject. A powerful start with the first chapter.”

- Ese Emokpae, Web Extraordinaire, London U.K.

“It is breathtakingly easy to overlook the obvious, so I’m glad books like this exist to hit us with ‘Aha! moments’ concerning issues we usually don’t take time to reflect on. It was an easy, lighthearted read...cheers to **Impossible is Stupid!**”

- Christine I., Prince George’s County, MD
