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If Psychological Concepts Had IMDb Reviews





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1. Cognitive Dissonance

★ 4.2/10 (117k) ☆RATE

"Started the movie loving the villain, ended up justifying his whole arc just so I wouldn't feel bad about liking him. Mentally exhausting but weirdly relatable."

— verified overthinker

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2. Stockholm Syndrome

★ 2.1/10 (117k) ☆RATE

"Kidnapped in Act 1, defending the kidnapper by Act 2. Great plot twist, terrible life choice. Would not recommend but could not look away."

— hostage, apparently

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3. Zeigarnik Effect

★ Unfinished (117k) ☆RATE

"Started watching, got interrupted, and now I think about this more than the ones I actually finished."

your unsent texts, probably

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4. Dunning-Kruger Effect

★ 10/10 (self-rated) (117k) ☆RATE

★ 3/10 (critics' rating)

"I could've directed this better. I have never directed anything."

— guy who watched one YouTube tutorial

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5. Halo Effect

★ 9/10 (117k) ☆RATE

"He was so handsome and charming. How could he be the serial killer?"

— average true crime fan

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6. Foot-in-the-Door Technique

★ 7/10 (117k) ☆RATE

"Agreed to a 'small favour' in scene one. By the finale I'd basically signed up to be the villain's business partner. Slow-burn manipulation, 10/10 pacing."

— someone's cousin who joined an MLM

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