

How to Introduce Yourself – Beginner Note

(5-minute lesson – read, repeat, use today!)

1. 3 Simple Steps

1. **Say Hello**

2. **Say Your Name**

3. **Add 1 Fact** (optional)

2. Easy Formula

Hello!

My name is [YOUR NAME].

I am from [YOUR COUNTRY/CITY]. *(optional)*

3. 4 Example Introductions

#	English	Pronunciation Help
---	---------	--------------------

---	-----	-----
-----	-------	-------

1	Hello! My name is Ana.	HEL-lo! My name is AH-na.
---	------------------------	---------------------------

2	Hi! I am Carlos.	Hi! I am CAR-los.
---	------------------	-------------------

3	Good morning! My name is Li. I am from China.	Good MOR-ning! My name is LEE. I am from CHAI-na.
---	---	---

4	Hello! I am a student.	HEL-lo! I am a STU-dent.
---	------------------------	--------------------------

4. Mini Dialogue (Practice 5 times)

You: Hello! My name is [YOUR NAME].

Friend: Hi! My name is Tom. Nice to meet you!

You: Nice to meet you too!

5. 3 Useful Phrases

Phrase	When to Use
--------	-------------

-----	-----
-------	-------

Nice to meet you	After someone says their name
----------------------	-------------------------------

| ****I am [AGE] years old**** | To tell your age (optional) |

| ****I am a [JOB/STUDENT]**** | To tell what you do |

****6. Quick Game (30 seconds)****

Fill in the blanks → say out loud:

1. Hello! My name is _____.

2. I am from _____.

3. I am a _____.

****7. Today's Task****

1. ****Say your introduction**** to a mirror or friend.

2. ****Record it**** on your phone → listen → repeat 3 times.

3. ****Use it today**** with 1 real person (or pet!).