HOW I CONVERTED MY THESIS INTO FIVE PUBLISHED PAPERS

STEPS I FOLLOWED

Samina Amin

Thesis vs. Papers: My Conversion Approach

From Thesis	Into Papers
Comprehensive literature review	Short, targeted background
Multiple chapters covering various areas	Separate papers, each focused on one main idea
Detailed methodology (all experiments)	Condensed methods for selected experiments
Large set of results & discussions	Only results supporting each paper's main focus
Academic narrative for examiners	Concise, engaging style for journal readers
Appendices with extra data	Supplementary material for specific journals

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Step 1:
Map Your Chapters

- I identified which chapters could stand alone as complete studies.
- Not every chapter needs to become a paper, but most contain publishable insights.

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Step 2:
Extract the Gold

Each paper needed its own focused research question. I broke down my thesis by:

- Methodology papers (how I did the research)
- Empirical findings (what I discovered)
- Theoretical contributions (what it means for the field)
- Review articles (synthesizing existing knowledge)

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Step 3:
Target Different Journals

- Different aspects of my research appealed to different audiences.
- I matched each paper to journals with the right scope and readership.

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Step 4:
Rewrite, Don't Copy-Paste

- This was crucial.
- Each paper needed its own introduction, literature review, and conclusion tailored to its specific contribution.
- I removed redundancy, tightened the language, and made sure the narrative told one clear research story per paper.

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Step 5: Strengthen Visuals

- Figures and tables were redesigned to communicate results quickly and clearly.

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Step 6:
Create a Publication Timeline

- I staggered submissions strategically, starting with the strongest findings while working on the others.

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