Health Science Practice Questions Unit 9 and 10: 11 General

1.When technology is used to threaten, embarrass, or target another person it is called as _____

a) Bullying
b) Cyberbullying
c) Digital footprint
d) Stalking

2. Select all the examples of information that healthcare providers can share on social media.

a) Hateful messages
b) Clinic timings and location
c) Patients' personal information
d) Helpful information and updates.
e) Services offered

3. The actions that we take online such as liking a post, sharing a video, visiting a website are called as

a) Cyberbullying
b) Digital Footprint
c) Personal profile
d) Online profile

4. Which of the following sources of information is the most reliable?

a) An up to date Government website
b) A website last updated in 2014
c) Everything on Google
d) A project submitted by Grade 11 student

5. Which of the following sources of information is the most reliable?

a) A website last updated in 2014
b) Everything on Google
c) A project submitted by Grade 11 student
d) A medical journal written by doctors

6. Select all examples of how social media can positively affect health and wellbeing.

a) Social media can make meeting people with the same interests easier.
b) Social media can be used to learn new skills.
c) Less face-to-face time.
d) Comparing yourself with others on social media.

e) Find emotional support during difficult times and allows you to offer support to others.

7. Select all examples of how social media can negatively affect health and wellbeing.

a) Less face-to-face time.
b) Insomnia. ارق
c) Social media can be used to learn new skills.
d) Social media can make meeting people with the same interests easier.
e) Feeling inadequate about yourself.

8. Select all the positive uses of Social media:

a) To connect with people who have similar interests.
b) For entertainment.
c) Sending hateful messages.
d) Spreading rumors and false information.
e) For online business.

9. Select all the methods to keep personal information safe online

a) Use strong passwords for your phone and laptop.
b) Share personal information online.
c) Use a security software.
d) Share your password only with 1 best friend.

10. The study of human mind and behavior is called as _____

a) Psychology
b) Psychotherapy
c) Physiology
d) Physiotherapy

11.The branch of Psychology that deals with treatment of mental illnesses is called as _____

a) Clinical Psychology
b) Cognitive Psychology
c) Chemical Psychology
d) Forensic Psychology

12.The branch of Psychology that deals with crime and criminal cases is called as _____

a) Clinical Psychology
b) Cognitive Psychology
c) Chemical Psychology
d) Forensic Psychology

13.We use the cognitive process of _____ to remember things that have happened in the past.

a) Intelligence
b) Memory
c) Thinking
d) Language

14. We use the cognitive process of _____ to communicate with others.

a) Intelligence
b) Memory
c) Thinking
d) Language

15. Sensory receptors present in our _____ help us “Feel”.

a) Skin
b) Mouth
c) Eyes
d) Ears

16. The process of taking in/ receiving information from our 5 senses is called as _____

a) Sensation
b) Perception
c) Consciousness
d) Intelligence

17. The process of selecting, organizing, and evaluating information sent from our 5 senses is called as _____

a) Sensation
b) Perception
c) Consciousness
d) Intelligence

18. The Psychologist who created Social cognitive theory is _____

a) Wilhelm Wundt
b) Jean Piaget
c) Albert Bandura
d) Ibn Sina

19. “ We learn skills and habits from our Parents, siblings and friends/ the people around us” is a part of which theory.

a) Theory of Jean Piaget
b) Social Cognitive theory
c) Theory of Cognitive development
d) Theory of brain development

20. Infants start to build an understanding of the world through their senses by touching, grasping, watching, and listening. This is a part of which stage.

a) Sensorimotor Stage
b) Preoperational Stage
c) Concrete Operational stage
d) Formal Operational Stage

21. In case of a danger our brain creates a stress response called as _____

a) Fight or Die
b) Fight till you die
c) Fight or Flight
d) Run as fast as you can

22. Identify the part of a scientific report: A brief summary giving information about what you did and why.

a) Hypothesis
b) Abstract
c) Method
d) Conclusion

23. Identify the part of a scientific report: The exact process that was followed

a) Method
b) Conclusion
c) Abstract
d) Introduction

24. Select examples of how the experience of stress can affect your behavior

a) It helps us eat better
b) We stop seeing friends and family
c) Consume toxic substances such as smoking
d) More exercise

25. Select all the Higher cognitive processes:

a) Sensation
b) Memory
c) Language
d) Thinking
e) Perception
f) Intelligence
g) Consciousness
h) Learning