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7 PSYCHOLOGISTS YOU SHOULD KNOW

(9th to 15th June)



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These 7 psychologists were born this week and left a mark you've probably felt — even if you didn't know their names.

From identity to vision to sex ed, their work still shapes psychology today.



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SULTANA ZAMAN

(9 June, 1932)

"Lighting the Path for Special Education"

Sultana Zaman revolutionized special education in Bangladesh by founding key institutions for children with intellectual disabilities. Her work helped break stigma, build resources, and inspire inclusive education across generations.



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DARYL J. BEM

(10 June, 1938)

"Watch Yourself to Know Yourself"

Daryl Bem introduced self-perception theory — the idea that we understand our attitudes by observing our behavior. He also stirred debate with bold research on sexuality and even psychic phenomena.



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LORRIN A. RIGGS

(11 June, 1912)

"Vision and the Brain"

Riggs revealed how the brain creates stable visual experiences. His research in visual psychophysics bridged psychology and neuroscience, shaping how we understand what and how we see.



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SOL GORDON

(12 June, 1923)

"The Voice Who Made Sex Ed Speak Up"

Sol Gordon revolutionized sex education by promoting open, honest conversations about sexuality and adolescent development. As a psychologist and educator, he empowered families and schools to teach healthy attitudes, leaving a lasting impact on youth education and public awareness.



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THOMAS YOUNG

(13 June, 1773)

"The Visionary of Light and Perception"

Young proposed the trichromatic theory of color vision and showed that light behaves like a wave. His discoveries revolutionized optics and how we understand visual perception in psychology.



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SERGE MOSCOVICI

(14 June, 1925)

"The Power of the Few"

Serge Moscovici showed how small, consistent groups can reshape majority views, introducing the powerful idea of minority influence. He also developed the theory of social representations, revealing how societies create and share collective meanings. A true pioneer of social Psychology.



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ERIK ERIKSON

(15 June, 1902)

"The Father of Identity Crisis"

Erikson's eight-stage theory of psychosocial development redefined how we view human growth. He introduced the idea of the "identity crisis" and showed that personal development is shaped by culture and continues throughout life.



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Which of these names surprised you the most? Drop a comment, save for quick revision, and follow for more psychology entrance prep content.

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