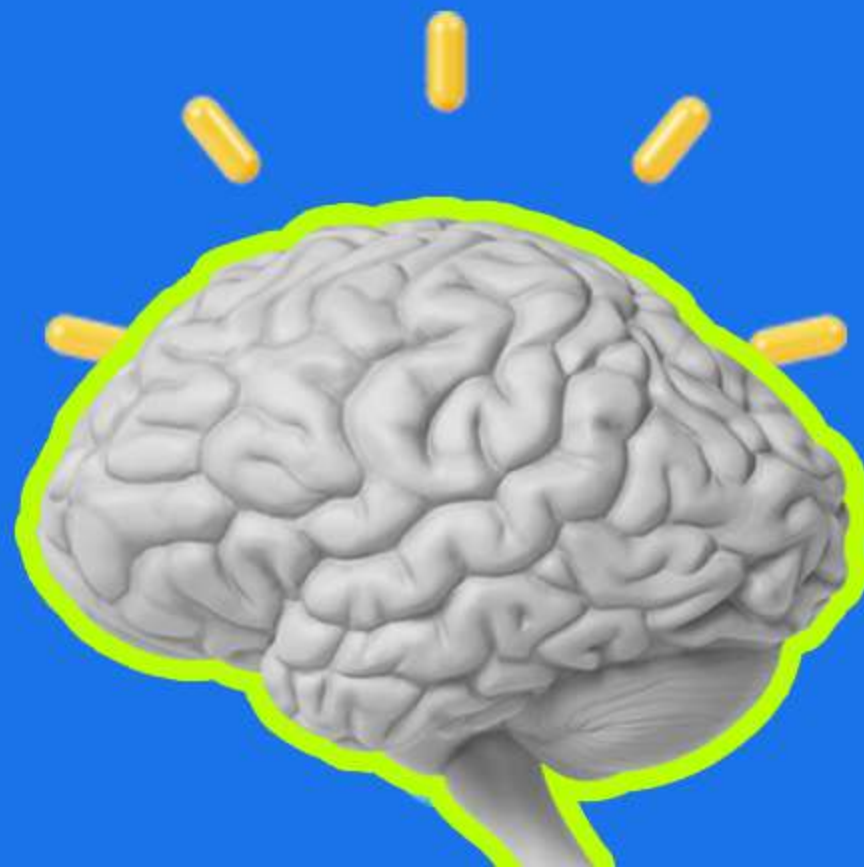


This Week in the History of **Psychology**

 (12th to 18th May)



These seven psychologists, all born in May,
reshaped how we understand the mind.
Let's honor their groundbreaking
contributions and see how their
ideas still influence psychology
today.



Henry Herbert Donaldson

(May 12, 1857)

“The Man Who Measured Minds”

Donaldson’s study on Laura Bridgman showed how sensory deprivation affects brain growth. His work on neuroplasticity and using albino rats as models transformed neuroscience, making him a pioneer in brain research.



Henry A. Murray

(May 13, 1893)

“The Man Who Read Minds Through Stories”

Murray co-created the Thematic Apperception Test (TAT) with Christiana Morgan, using images to uncover hidden motives and emotions. His work laid the foundation for understanding personality through storytelling.



Margaret Naumburg

(May 14, 1890)

“The Mother of Art Therapy”

Naumburg developed dynamically oriented art therapy, using spontaneous art to access the unconscious. Her approach made art a recognized tool for psychological diagnosis and healing, blending creativity with therapy.



Eleanor Emmons Maccoby

(May 15, 1917)

“The Psychologist Who Debunked Gender Myths”

Maccoby’s book *The Psychology of Sex Differences* revealed that many gender differences are shaped by culture, not biology. Her research transformed how we understand gender, education, and child development.



Robert Jay Lifton

(May 16, 1926)

“The Expert on Thought Control”

Lifton studied brainwashing during China’s Cultural Revolution, identifying key techniques of coercive persuasion. His work on thought reform remains foundational in understanding psychological trauma and ideological control.



George Weinberg

(May 17, 1929)

“The Man Who Named Homophobia”

Weinberg coined “homophobia” to describe society’s irrational fear and hatred of LGBTQ people. His work challenged the classification of homosexuality as a mental illness and helped shift public and professional attitudes toward acceptance.



Jacob L. Moreno

(May 18, 1889)

“The Father of Psychodrama”

Moreno pioneered psychodrama, where patients act out life events to express emotions and gain insight. He also developed sociometry to study social relationships, shaping modern group therapy with creative, action-based methods.



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