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GST107: A STUDY GUIDE FOR THE DISTANCE LEARNER

The term open and distance learning is made up of two different concepts in education, namely: distance education and ____ **open learning**

___defines open and distance learning as a system of teaching and learning characterized by separation of teacher and learner in time and/or space and uses multiple media for delivery of instruction **Commonwealth of Learning (COL).**

___also involves two-way communication and occasional face-toface meeting for tutorials and learnerto-learner interaction
open and distance learning

What is defined as a field of education that focuses on teaching methods and technology with the aim of delivering teaching to students who are not physically present in a traditional educational setting, such as the classroom **Distance education**

___ is a system aimed at creating access to learning when time or distance or both separate the source of information and the learners.
Distance education

The earliest appearance of distance education was in the form of **correspondence** education

The earliest appearance of distance education was in the form of correspondence education and this started in the ___century
19th

____ stated that "early correspondence courses, as the first recorded form of distance learning, exemplified participant interaction through the distribution of printed material through the mail **Schultz and Embry-Riddle (2008)**

Sir Isaac Pitman taught **shorthand** by _____and this can be said to be the first officially recognized attempt at distance education **mail**

Pitman's Correspondence courses in shorthand started in the ___
1840s

the University of London's External Programme was established in ___
1828

the first stage and the earliest appearance of distance education was at the _____stage **correspondence**

the second stage The foundation of the second stage of distance education was laid during the___ through the invention of the radio.
World War I

The first educational instruction by radio was aired in ___
1916

The United States started the experimental radio broadcast with the College of the Air which was later renamed the University of the Air in conjunction with the University of Wisconsin in the early ___ **1960s**

The television experiment began in __
1874

_____represented the third phase of distance education.
Computer technology

___said that, "the new 80s space-age brought technology which included computers and space satellites, thereby allowing universities to offer adult education programs and refresher courses to students situated thousands of miles from the actual campuses
Schultz and Embry-Riddle (2008)

Open learning is an innovative movement in education that emerged in the __ **1970s**

__ refers mainly to activities that either enhance learning opportunities within formal education systems or broaden learning opportunities beyond the formal education systems
Open learning

The first Open University, The Open University, was established in ___
1969

The current trend in open universities is the movement towards __ **internationalization.**

The Oxford University of the United Kingdom's extra mural studies at the University College, Ibadan, commenced in ___
1947

The open and distance learning mode was first employed at the tertiary level in nigeria by ___ **Ahmadu Bello University**

COSU stands for ___
Correspondence and Open Studies Unit

____was the first Nigerian tertiary institution to operate the dual mode of the open and distance learning
university of lagos

The decision to set up an open university in Nigeria was first conceived in ___
1976

The Act to back up the establishment of the Open University was passed by the National Assembly on ____
April 20 1983

in what year was National Open University of Nigeria (NOUN) was established? **2002**

who was first doctoral graduate of Christian Theology in NOUN?
Chief Olusegun Obasanjo

RETRIDAL stands for___
Regional Training and Research Institute for Open and Distance Learning

____was established with the aim of identifying and meeting the needs of open and distance learning related research and capacity building for the West African sub-region
RETRIDAL

National Open University of Nigeria is the only **mono-mode** open and distance learning university in Nigeria

___opines that about 80% of qualified prospective students could not gain admission into the conventional universities
Umar (2006)

The third index of indispensability is _____learning which has taken the world by storm and now making its way to mainstream educational provisions in many countries of the world. **life-long**

One major distinguishing feature of open and distance learning system from the conventional system is the distance between the teachers and the ___ **learners**

___is the keyword behind the philosophy of open and distance learning.
Openness

____ opines that to open something, must to admit that it has been closed before, thus by default, we must accept that education system have been closed before now and there is the need to open it up
Mishra (2012)
Openness in open and distance learning can be discussed in three major areas: people, places and____
ideas

the word ____connotes free and unrestricted distribution of the source code with rights to create derivative works **open**

the term **OPEN CONTENT** was coined by_____in **1998**
David Wiley

____refers to educational content that can be reused, revised, remixed and redistributed without violating copyright laws.
Open content

Flexibility too can be examined in three areas: place, time and ___ **pace**

Fourth generation DE can be aptly described using terms e-Learning (electronic learning), m-Learning (mobile learning), and ____ **u-Learning**
(ubiquitous learning).

There are _____kinds of interactivity
four(learner-to-content, learner-to-instructor, learner-to-learner and learner-totechnologyinteractivities)

According to__ interactivity is the silent, critical, creative conversation within a student's mind that is spurred on and supported by the learning environment
Tomei (2008)

___defines interaction as a "kind of action that occurs between 2 or more 'objects' where the action creates an impact
Jheengut (2010)

____believes that the separation of student and teacher imposed by a vital link of communication between these two important stakeholders in open and distance learning
Nakpodia (2010)

___is the interactivity that comes when the learner studies or examines the course content and other instructional activities
Learner-to-Content

__says that, in its most basic definition, learner-content interaction refers to time spent with course content including textbooks, PowerPoint, web pages and discussion forum
Zimmerman (2012)

___ is the interaction that transpires between the learners and the lecturers that is intended to reinforce students' understanding of the course content **Learner-to-Instructor**
_____says that the interaction can take the following forms: instructor's delivery of information, encouraging the learner or the provision of feedback.
Sher (2009)

___ is the interaction that occurs among learners in a web-based instruction
Learner-to-Learner

For effective learning to take place, four types of peer behaviour are necessary: participation, response, provision of effective feedback and ____
short focused messaging

who defined learner-learner interactivity as the "exchange of information and ideas that occurs among students about the course in the presence or absence of the instructor?? **Sher (2009)**

___defines learner-centred teaching as a learning activity in which "learners must be actively engaged in the processing of information and that the teaching and learning process involves an interaction among the teacher, the students and the content
Mykrä (2015)

___is a broad term and it refers to the physical (or virtual) locations, contexts and cultures in which students learn **Learning environment**

A ___environment is software designed as an all-in-one solution that can facilitate online learning for an organization
learning

The learning environment has been seen largely as the '_____' that can either enhance learning, optimize students' potential to respond creatively and meaningfully or detract from it **third teacher**

The term _____encompasses learning resources and technology, means of teaching, modes of learning, and connections to societal and global contexts
learning environment

__opines, the role of the teacher changes from that of information transmitter to that of a guide who meaningfully arrange the learner-centered experiences
Muirhead (2001)

___says that the teacher has to "provide instruction about the contents of the learning; to clarify specific items to students; and to provide individual support to the students so that they can recognize their abilities, gain self-confidence, identify the best study methods and self-evaluate acquired learning" **Pereira (2005)**

the learning characteristics of distance learners are___
Independence versus Collaboration
Motivated
Adaptation to Technology
Discipline
Active Participation
Effective Communication
Reflective Skills

who defined reflective skills as the ability to apply frequent and substantive consideration and assessment of one's learning process and products.
Dabbagh (2007)

_____means that as a student you must participate actively in all the demands of the course as directed by your facilitator **Active Participation**

___stated that "active participation is the essential element in engaging in the learning process" **Seckel (2007)**

the Strategies for Efficient Listening involves____
Stop Talking and Pay Attention
Maintain Eye Contact with the Speaker
Empathize with the Speaker
Remove Physical and Mental Distractions
Be Alert to Non-verbal Cues from the Speaker
Take Notes

the Types or Purposes of Listening are___
The Active or Attentive Listening
The Critical or Analytical Listening
The Emphatic or Therapeutic Listening
Appreciative Listening

___ describes situations when you listen intently to learn
The Active or Attentive Listening

The ____Listening involves listening to be able to evaluate and analyse received message or what you are being told **Critical or Analytical**

____ type of listening takes place when you listen to provide emotional support to the speaker.
The Emphatic or Therapeutic Listening

Appreciative Listening involves listening for ___pleasure and for enjoyment.

pure

the Advantages of Learning through Listening are___
Increased Academic Understanding
Improved Communication Skills
Ability to Block out Distractions
Increased Retention
Large Vocabulary Development

the Barriers to Effective Listening are___
Physical Barriers
Physiological Barriers
Psychological Barriers
Linguistic Barriers
Perceptual Barriers

the Essential Components of Listening are___
Hearing or Receiving
Comprehending or Understanding
Remembering
Evaluating
Responding or Feedback

the Steps to Becoming an Effective Listener are__
Be Prepared to Listen
Concentrate on the Speaker's Content and Context
Ask questions when the Time is Right
Take Notes

Note taking can be done in various ways which are___
The Cornell Method
The Outline Method
The Mapping Method
The Charting Method
The Sentence Method

The ___is a special form of note taking drawn up based on **two** unequal columns **Cornell Method**

__ method involves the use of dash or indented outline
Outline Method

___is done as a diagram that gives a graphic representation of the ideas and concepts from a lecture
Mapping

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The __ gives room for chronological comparisons or contrast of ideas and topics **Charting Method**

___ method requires that you write every topic or new thoughts and concepts on separate lines that are often numbered
Sentence

the Types and Purposes of Speaking and its Related Situations are__ **Informative Speaking**
Persuasive Speaking
Entertainment Speaking
Learning through Speaking

___ describes a situation where the sole purpose of the speech is to share factbased knowledge, by describing, demonstrating, and explaining issues and in so doing, educate you on a particular topic without any personal bias attached
Informative Speaking

Persuasive speaking is meant to __
persuade

In _____speaking, the onus is on you as the speaker to influence your listener **persuasive**

When your primary purpose of speaking is to get your listener to relax and enjoy the occasion, you are most probably delivering an ____speech **entertaining**

the Challenges you may encounter while Speaking
Inhibition or Anxiety

Lack of Knowledge of Subject Matter
Accents or Mother Tongue Interference

the Essential Components of Speaking are___
Grammar
Vocabulary
Pronunciation fluency

__ comprises of the way the sentences of a language are constructed or the distinctive features of a language construction
grammar

___is basically the way a word is pronounced or articulated
Pronunciation

__ is the appropriate diction which is used in communication and which has the power to greatly influence your speaking skills.
Vocabulary

Your ability to easily speak a language while maintaining reasonable speed and accuracy is what we describe as ____
Fluency

The first step towards becoming a great and confident speaker is to be a ____thinker and listener
positive and proactive

Some other good qualities that could be ascribed to a confident speaker are__ **Integrity**
Be Yourself
Practice Often
Know your Content

_____is an essential skill that involves ones perception and thought process
Reading

The ____is a system of printing in which the letters of the alphabet and numbers are printed as raised dots that can be read with the fingers by people who are blind or partially sighted. **Braille**

Reading for pleasure is also referred to as independent, leisure or _____ **recreational reading**

The purpose of **study reading** is for you to gather more detailed **information** from texts and to be able to remember the **main ideas**, **facts and opinion** expressed as well as being able to make meaningful connections/associations among them

__will involve reading to get a general overview of the text.
Reading for General Understanding

In ____a text, you get a general idea of what the text is about without really reading the whole text.
previewing

____is a selective reading method where you read only the main ideas within a passage to get an overall impression of the content of a reading selection
Skimming

____involves quick reading with quick eye movements; focusing only on locating specific information by sweeping your eyes over part of a text to find specific pieces of information. **Scanning**

___is reading a text quickly to get a general idea of meaning

Skimming

The SQ3R is an acronym for the five stages of this reading process: **Survey, Question, Read**, **Recite** and ____
Review

____ is the final step of the SQ3R process.
Review

the Advantages of Learning through Reading are___
Vocabulary Expansion
Improved Language Skills
Expansion of Knowledge Base
Exploration of New Ideas
Stimulation of Imagination and Creativity
Memory Improvement
Improved Focus and Concentration
Strong Analytical and Thinking Skills

___is all about you understanding the relationship between letters and their sounds
Phonics

Phonemics refers to your ability to recognize and use individual sounds (**called phonemes**) to create words.

____are the smallest units that make up the spoken language **phonemes**

___development involves your ability to identify and understand the words you read. **Vocabulary**

Fluency comes with the development of your phonemic awareness, phonics skills and ___ **vocabulary**

___ is an indication that you have a full and rich understanding of the text you have read
comprehension

the following are ways to overcome Bad Reading Habits __
Regression
Vocalization and Sub-Vocalization
Reading One Word at a Time
Distractions and Loss of Attention

The practice of skipping back or re-reading the same information over and over is known as____
regression

In_____, you pronounce the words out-loud such that someone else may hear **vocalization**

in___, you pronounce the words in your head **subvocalization**

____is a process of discovery as you find yourself explicating ideas from your perspective in different types of writing from your essays, and even while answering your examination questions **Writing**

___is a process of discovery because you have to think of what to write about, discover what you want to write about.
Writing

A _____essay is generally conversational in style and could be used to tell about a personal experience **narrative**

An _____essay attempts to persuade your reader to accept your point of view **argumentative**

_____essays are mostly opinion based writing that require extensive research on an idea or issue to be written **Expository**

When you_____, you listen and write what you have heard in your own words **take notes**

____ means that you paraphrase so that it makes sense to you instead of simply writing down what you have heard word for word
Note Taking

Note _____is done when you read and write.
making

___ involves brainstorming and putting down ideas haphazardly before arranging them as draft.
Prewriting/outline

____is a unit of thought comprising one or more sentences.
Paragraph

Paragraphing is a way of _____
"showing division of thoughts in writing"

Auditory learners prefer to learn by ____ **listening**

Tactile/kinaesthetic learners prefer physical activity; they learn by ___ **doing**

_____can include copying out passages of books, summarising concepts on notecards, devoting a single page to each topic, or writing endless reams of notes and organising

Note-taking

UNICEF stands for_____
The United Nations International Children's Emergency Fund

SMART stands for____
Specific, Measurable, Attainable, Relevant and Timely (Used in Goal setting)

AWOL stands for___
Absent Without Leave

AIDS stands for____
Acquired Immune Deficiency Syndrome

SWOT stands for ___
Strengths, Weaknesses, Opportunities, Threats.

_____is an effective way to help you memorize and recall information when you need it. **Visual imagery**

Assessment is conducted in the ODL system mainly:__
To provide feedback to learners starting from assignments to the termend examination
To reach at summative evaluation based on formative assessment
Assessment in ODL is not only meant for students to earn a grade
The practice of assessment in ODL is not only for certifying students

___is a continuous process of inquiry concerned with the study, appraisal, and improvement of all aspects of the educational programmes
Evaluation

Classroom assessment is generally divided into three types, namely: assessment for learning (Formative Assessment), assessment of learning (Summative Assessment) and___
assessment as learning

Assessment for Learning is also called____
formative assessment

Assessment of Learning is also called____ **summative assessment.**

____focuses on fostering and supporting metacognitive development in students as they learn to monitor and reflect upon their own learning and to use the information gathered to support and direct new learning
Assessment as learning

_____is used to confirm what students already know and what they can do in relation to the program of studies outcomes. **Assessment of Learning**

____is the process or act of testing for knowledge and ability in order to determine its worth
Examination

_____courses are courses that are not assessed through regulated examination condition but their assessment are based on criteria set on every aspect in which students are required to demonstrate skills.
Non-examinable

the functions of learner supportive service are____
Cognitive Function
Affective Function
Systematic Function

___define **learners' support services** as the resources that learners can access in order to carry out the learning process.
arrison and Bayton (1987)

___observes that in distance education, "support is concerned with a range of human and non-human resources to guide and facilitate the educational transaction"
Garrison (1989)

_____defines learners' support as the "entire range of methods and strategies employed in the presentation and delivery of courses aimed at assisting and enabling learners to comprehend fully, assimilate and master the skills and knowledge needed to achieve success in their studies" **SAIDE (1999)**

___ defined learners' support from a broader sense and he sees it as all measures beyond the production of study materials that support students in their learning process **Simpson (2002)**

___support facilitates learning through the mediation of the standard and uniform elements of course materials and learning resources for individual settings
Cognitive

____services provide an environment that supports students, creates communities and enhances selfesteem
Affective

____support services establish administrative processes and information management systems that are effective, transparent and student-friendly
Systemic

___opines that learners should be provided all necessary information prior to admission of their course so that they can make appropriate decisions about their studies and also have access to all resources and support services **Chattopadhyay (2014)**

____support involves functions such as "admissions, registrations, course scheduling, student records and financial transactions
Administrative

_____is defined as the monitoring of the efficient operation of delivery media and offering of technical assistance to learners
Technical support

____states that the "focus of such services tends to be on how to deal with academic concerns and/or career advising"
Lee (2003)
Academic counselling can be described as helping learners to understand all matters related to curriculum, course contents, academic administration and processes

the Sources of Learners' Support Services are___
Study Centres
Pre-Admission and Admission Process
Registration
Orientation and Matriculation
Facilitation
Counselling
Library
Examinations
Other Administrative Matters

the Benefits of Learners' Support Services are____
Promotion of Academic Achievement
Mediation of Distance
Reduction of Drop-Out Rate

Which of these years gave birth to Natioal Open University of Nigeria (NOUN)? **Ans:2002**

All of these are mixed-media courseware in distance education, except
Ans: google-hangout

Nigeria public figure that became the first doctoral graduate of Christian Theology in NOUN is **Ans: Olushegun Obasanjo**

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Regional Training and Research Institute for Open and Distance Learning (RETRIDAL) is the brain child of who?
Ans: Commonwealth of Learning (COL)

National Open University of Nigeria is the only
Ans: mono-mode open and distance learning

All but one of these characterised open and distance learning
Ans: Non separation of teacher and learner

Technology has contributed all but one of these to distance education.
Ans: advancement in student-teacher ratio

Which of these term is not applicable to Fourth generation Distance Education **Ans:**
f-Learning (flexible learning

Fourth generation distance education can be view as
Ans: empower phase

Open and distance learning is driven by
Ans: technology

All but one of these are forms of interractivity in distance education
Ans: learner-to –curriculum

This is not one of the basic requirements of writing
Ans: Reconciling

When learner is actively engaged in the processing of information, the action is refer to as **Ans:learner-centeredness**

When making notes you use grouping,_____ and mnemonic to recall what you learnt **nesting**

The entire set of people in a particular group from which one can collect data is called _____in statistics
population

The ____learners tend to work in a sequential way through study tasks, starting at the beginning and proceeding step by step until they reach the end.
serialist/serialists

What kind of learner are you if you study in a steady and systematic way?_____ **controlled**

When everyone is online at the same time in a live web-chat, it is said to be _____ **synchronous**

Debates ____ and are features of an academic writing **arguments**

To enjoy studying and achieve success you have to take _____ **control**

_____situations require you to think on your feet and try to get things as right as you can the first time.
examination

The ____quality study time represents when you are alert, able to concentrate and can work undisturbed for a decent chunk of time.
high

A To-Do list is a guide to action that turns a shapeless mound of work into a ____of tasks you can tackle.
sequence

A key principle in keeping on top of your studies is to break big tasks into __, bite-sized tasks.
smaller/small

While you still remain in charge, the strategy for managing your work might include seeking advice and ____
support

By putting your markings all over a course information is a way to take ____ **ownership**

_____ is a world of its own, with customs and values you encounter nowhere else, and extraordinary freedom to do, think and speak as you please.
university

Becoming a skilled student also involves developing an understanding of what learning is and how it happens, so that you can plan and monitor your own _____ **learning**

eLearning materials is the shortened form of _____ **electronic learning materials**

Charts are used for presenting ____ data
numerical

The acronym which stands as a checklist to judge the reliability of web information is ____
PROMPT

Becoming a skilled student involves taking a reflective approach to your studies, so that you learn from ____and continually refine your skills.
experience

Learning can be practical or ____ **abstract**

Study skills are not a set of ____that you learn once and apply forever. **trick/tricks**

Learners who are inclined to put in bursts of intensive study, learning a lot quickly before shifting to something else, are ____learners.
impulsive

_____ learners tend to approach a task as a whole and hop about from one part of it to another, trying all the time to keep the overall picture in view **holists/holist**

An academic ritual that helps you to draw peak performance out of yourself is the ____ **exam**

Answer TRUE or FALSE; Exams are monstrous ordeals, survived only by superhuman effort. _____ **false**

Answer TRUE or FALSE; Strategic and systematic approach to studying are attributes of an unsuccessful student ____
false

Answer TRUE or FALSE; The stress associated with examinations, can help you to find the will-power and energy to pull your understanding of a course together._____ **true**

Answer TRUE or FALSE; Failing an exam is the end of the world _____ **false**

Answer TRUE or FALSE; Examinations often make extremely valuable contributions to one's learning.
_____ **true**

Answer TRUE or FALSE; The reality of examination is that although it brings stress, it is just another part of the education process which countless people routinely and successfully cope with. _____ **true**

The features of an academic writing include _____
Scholarship, Debate, Argument, Objectivity

One of the options is not a pitfall you should avoid while making a presentation.
you look at your audience to check that points have been understood

At what point of the Experiential Learning Circle are you expected to pause and think about how your study has been going?
reflecting

One of the options listed is NOT one of the six sets of key skills identified by government and employers.
problem analysis

Which of these will prove more significant for a student in a class lecture?
understanding

Which of the options is not an indicator that learning has occurred **ability to grapple with new things**

A simple but effective way to engage with your work is to ____ **make a to do list**

A key part of studying that enables an assessment of one's progress, depth of learning and power of expression is _____ **writing**

Tutorial sessions will involve all of these except _____ **monologue**

The Good Study guide will _____
help you to build up your capacity for independent study

To excavate the hidden depths in essay titles, one should _____ **identify process words**

The type of learning associated with the word 'study' can be achieved through **reading, listening, discussing, writing**

The term _____, can be used to refer to sessions involving a tutor and a group of students **seminar**

The stress examination brings is powerful yet it helps to draw out ____ **peak performance from students**

The purpose of examinations at the University level is to test _____ **your ideas in arguing a case**

The method of traping thoughts as they come to you help you achieve _____ in writing and speaking
originality

The Good Study Guide can be used by what category of students?
all students

The challenge of unfamiliar words can be tackled by the use of _____ **concept cards**

The best way to invest time in one's self is by _____ **investing in study time**

The art of reading that helps you get a rough idea of the content of a piece is called _____ **skimming**

The ‘freewriting’ technique is used to develop oneone's _____ **writing voice**

Students who failed to get the point because they were not looking for it, adopted the _____ reading technique
surface approach

Students gain knowledge by reading, asking questions and _____ **devicing own solutions**

Statistics is a branch of science concerned with techniques for ____ **presentation of summaries**

Presentations are said to be excellent ways to _____ group learning experience **democratize**

Preparing for examinations requires _____ reading of your course materials **deep**

Precautions to take while working with a computer include **saving and labeling work**

Planning for studies will encourage ____ **strategic thinking**

Picking up knowledge, ideas and creativity are steps towards ____ **being a skillful student**

Organizing knowledge into categories within other categories is called **nesting**

On-line conferencing makes learning _____ **sociable**

A key factor that improves speed in reading and understanding is _____ **looking out for key words**

One key factor that improves speed in reading and understanding is **looking out for key words**

One basic assignment you can use a word-processor in doing is ____ **writing essay**

Note making is valuable towards _____
capturing & organising knowledge

To become an independent learner you need to be a _____ **reflective learner**

In answering the question, “what does it take to be a skilful student?”, one of the options WILL NOT apply
taking control of your spiritual life

Study skills improve through picking up practical know-how, swapping ideas with other students and by **being creative**

Many students say that studying not only gives them greater knowledge and understanding of the subjects they study, but also more _____ **purpose in life**

_____is very appropriate when listening to a lecture **note taking**

_____ skills, help you to engage purposefully and creatively with the many challenges of learning **note making**

The two types of dictionary available for use by an Open and Distance Learner are **Printed and online dictionary**

The term ‘thinking onscreen" can be used interchangebly with _____ **note making**

Mention one widely used approach to making lecture notes **cornell system**

Learning involves our conscious effort to accumulate knowledge and skills as well as _____ **routine adaptation to our surroundings**

Learning about history and things past is categorized as _____ **abstract learning**

You can help to develop your sense of audience by reading your work ___ **aloud**

In the past, education was associated with childhood but now, we are all expected to _____ **be lifelong learners**

When you face an immediate study challenge you are expected to _____ **skim through the book to find the advice you need.**

Which of these would be most valuable during seminars?
speaking

The benefits of reading ‘The Good Study Guide” includes all but _____
It will make you a beginner student

A successful student must approach studying strategically and systematically **true**

One of the options listed is an important attribute of successful students. **They continue to develop and refine their skills.**

The Good Study Guide is helpful to what category of people.
Students looking to boost their performance

The Good Study Guide is a book of practical exercises designed to help the student develop _____ and get the most from their studies.
study skills

To study efficiently, you might not require materials like _____ **filing cabinets**

Some of the excellent ways a student can use a computer to help with studies are _____ **Storing information, Talking online, eLearning**

One benefit of eTuition is _____
Instant access to friendly group support

The transformation of the ways in which ideas and information are recorded and communicated is attributed to _____
ICT revolution

What are the qualities of a successful self-manager that will make you a successful student? **Be active, Manage your morale, Be strategic, Give yourself incentives**

What are the factors that would lift a student's morale?
Achievement, Creating structure, Knowledge

Identify the factors that lower morale _____
Initial shock, Personal pressures, Everyday crises

An independent learner needs to be a ____
reflective learner

All the options can be described as attributes of The Good Study Guide except _____ **provide answers to e-questions**

Abbreviations, are used during lectures to help _____ **shorten the notes you take**

A writer weaves a thread of meaning through a piece of writing by _____ **using link words and phrases**

To take control of your work, you need to begin with the 'big picture'. The term 'big picture' in this context does not relate to _____
The note and assignment to copy

It is vital to take responsibility for your own learning at the University because _____ **responsible for your own day-to-day work schedule**

Some of the challenges students encounter while taking control of their studies includes all but _____
Availability of rest time horizons

According to Marton et al (1997), _____ learning is seen as a much more appropriate strategy for most university level study
deep

Improving own learning and performance as one of the six key skills identified by the UK government and employers sees _____as its central theme?
reflective learning
One of the questions you will ask in the Conceptualising process of David Kolb's experiential learning cycle is _____
What changes in your approach to study might help you to learn better?

Some of the questions you will ask in the Planning process of David Kolb's experiential learning cycle include all the options except one: _____ **What targets will you set for the lecturer?**

The process of learning through reflection on experience according to David Kolb's experiential learning cycle involves _____
Planning, doing, reflecting, conceptualizing

Your To-Do list is a creative tool, not a straightjacket. This implies that _____ **You remain in control even after drafting it.**

In note making, flexibility involves _____
making sketched or detailed notes according to need

In a class lecture, which of these will prove more significant **understanding**

If writing is a form of speaking, reading out your essay can help develop your ____ **sense of audience and writing voice**

Studying like climbing mountains, is frustrating and tough but also _____ **very rewarding**

Some of the general problems which all students face are _____ **struggling to understand, managing time, completing tasks**

The _____ study time is when you are tired, and there are distractions around.
low-quality

Identify two types/classifications of learners
Serialist vs holist and controlled vs impulsive

Group discussions enable you to _____ your ideas **share**

The Good Study Guide is designed to be used in these various ways as listed in the options with the exception of one. Pick the odd option
If you want to design a comprehensive index and key points

The tensions around exams create warped perceptions which are known as _____ **exam myths**

This diagram that depicts the process of learning through reflection on experience is known as _____
The experiential learning cycle

Looking at the Experiential Learning Circle, the stage where you are expected to think strategically about how to manage your work and the sequence to be used to tackle the various tasks and set targets, is the _____ **planning**

When you work at your studies, following your plan as best you can, you are practicing ____ stage of the Reflective Learning cycle
doing

Plagiarism is considered to be _____ **theft of intellectual property**

The acronym which stands as a checklist to judge the reliability of web information is _____
PROMPT

Some of the issues that might arise in class discussion groups are _____ **alienation and frustration**

Which of the following points clearly distinguish between IT and ICT

The emergence of electronic communication make ICT differ from IT which is mainly about computer **system**

Learning cannot be achieved by _____ **praying hard**

During your examination revision, what is the use and source of master document? **electronic notes to cut and paste for each topic**

In which of the following ways has the introduction of ICT not reconfigured the academic scene **the thinking process of the examiner**

The short cut to 'find' in word processing is _____ **Ctrl + F**

The short cut to 'copy' in word processing is _____ **Ctrl + C**

Numbers can be difficult because _____ **they are condensed and abstract**

Statistics is a branch of science concerned with techniques for _____ **presentation of summaries**

Your To-Do list is a creative tool, not a straight jacket. This implies that _____ **You remain in control even after drafting it**

To take control of your work, you need to begin with the ??big picture??. The term ??big picture?? in this context does not relate to _____ **The note and assignment to copy**

The skill required to read numbers used in a particular field of discourse is called _____ skill **numeracy**

Essay titles have hidden depths; you should therefore _____ **identify process words**

Some of the questions you will ask in the Planning process of David Kolb??s experiential learning cycle include all the options except one: _____ **What targets will you set for the lecturer?**

It is said that writing is a form of speaking. This implies that when you read out your essay, it will help develop your _____ **sense of audience and writing voice**

Which of the following is a generally acceptable approach to lecture note taking?

cornell system

When you learn about history and events of the past can be classified as _____ **abstract learning**

The art of reading that helps you get a rough idea of the content of a piece is called _____ **skimming**

If you allow your time to dribble away on patchy half-focused activity, it means _____ **you have not been able to connect effectively with your studies**

In the correct order, identify actions that will enable you get the most from discussion groups _____ **belonging, preparing, listening, taking notes, speaking**

A transient sharp upward or downward movement, as on a graph or table reading is called _____ **blip**

Basic skills in Information Technology include the following except _____ **Troubleshoot the computer if there is booting problem**

The act of learning practical things will involve one of these _____ **reflecting on experience**

In order to manage your reading effectively, you will need to _____ **pitch speed according to purpose**

In the correct order, identify actions that will enable you get the most from discussion groups _____ **belonging, preparing, listening, taking notes, speaking**

You are adviced not to record everything during lectures. You should _____ instead **map the main topics**

The Kolb's reflective learning circle is so named because _____ **its a continous process**

The short cut to 'undo' in word processing is _____ **Ctrl + Z**

The short cut to 'save' in word processing is _____ **Ctrl + S**

In word processing _____ describes a situation where you play around with large, bold, purple, gothic lettering on a marble background **format frenzy**

To move the cursor to the start of a word, hold down ??Ctrl?? and press the _____ arrow key. **left or right**

Which of the followings would lift a student??s morale?
Achievement, Creating structure, Knowledge

In a class lecture, which of these techniques will prove more significant?
understanding

The reasons listed are why it is imperative that you take responsibility for your own learning at the university except _____
Your scope of courses tends to be distant

One of the questions you will ask in the Conceptualising process of David Kolb??s experiential learning cycle is _____
What changes in your approach to study might help you to learn better?

Study skills are Not a set of _____ that you learn once and apply forever **tricks**

The challenge of unfamiliar words can be resolved by the use of _____ **concept cards**

Statistics is a branch of science concerned with techniques for _____ **presentation of summaries**

Computer literacy is a skill that all students should acquire and ____ to succeed in their studies **develop**
The excellent way to democratize group learning experience is through _____ **Presentations**

Computer can be used to execute the following except _____
Originate information

To be an independent learner, you are required to be a ____ **reflective learner**

You are advised Not To _____ your study material if you are stuck while reading.
drop

Some of the general problems which all students face are _____ **struggling to understand, managing time, completing tasks**

The challenges students encounter while taking control of their studies includes all but _____
Availability of rest time horizons

The free writing technique can be used to improve students _____ **writing voice**

The basic components of academic writing are _____

Scholarship, Debate, Argument, Objectivity

The short cut to 'paste' in word processing is _____
Ctrl + V

The type of student who is inclined to put in bursts of intensive study and learns a lot quickly is descibed as _____
impulsive

All these may be associated with the acquisition of essential skills except _____ **Edificaton**

The short cut to 'redo' in word processing is _____
Ctrl + Y

The folllowing steps may be taken to become a skillful student except _____ **Adopt strategies for quick fixes**

In _____ learning, the student will search for the underlying meaning of a text as he reads.
deep

A student who can start reading a book from page one and read to the end will be described as a _____
Serialist

Substantive knowledge is gained by students through reading, asking questions and _____ **devising own solutions**

All the following are necessary to improve your learning except _____ **Allow for peer influence in learning**

The two classes of learners you studied are _____ and _____
Serialist vs holist and controlled vs impulsive

In the past, education was associated with childhood but now, we are all expected to _____ **be lifelong learners**

Group discussions enable you to _____ your ideas **share**

In note making, flexibility involves _____
making sketched or detailed notes according to need

The best way to invest time in one's self is by investing ____ **in study time**

Which of the following key skills may not be required towards investing in personal development
Theological skill

When you plan for your studies, it will encourage _____ **strategic thinking**

When you face an immediate study challenge you are expected to _____ **skim through the book to find the advice you need.**

You can achieve all the following with a computer system except _____
Effect a psychological treatment

Study time can be considered to be of _____ when you are tired, and experience distractions around.
low-quality

The process of learning through reflection on experience according to David Kolb??s experiential learning cycle involves _____
Planning, doing, reflecting, conceptualizing

An independent learner is generally a _____ learner
Reflective

From the options, pick two of the four key processes of Kolb's reflective learning cycle _____
conceptualising and reflecting

One of the productive way to invest your time is to _____ **invest in your study**

Students gain knowledge by reading, asking questions and _____ **devising own solutions**

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If you want to design a comprehensive index and key points

A skillful learner can be characterized with all the following except _____ **Partial control of the study process**

The following are relevant towards monitoring your progress as a learner except _____ **Adopt a strategy**

_____ is synonymous to being a reflective learner
Independent learner

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Which of the following is not a component in David Kolb's experiential learning cycle **Integrating**

You can do all of these in word processing except _____
Execute auto-save, filter and arrange in alphabetical or ascending order

The SQ3R as an acronym for effective and efficient reading strategy, in its full meaning does not include
Ans:scan

All but one of these stand as advantages for learning through reading. **Ans:**
Exploration of intellectual properties

Which of these results in stimulation of imagination and creativity?
Ans:thought idea

The greatest stimulator of critical thinking is
Ans:reading

Understanding the relationship between letteres and their sounds is called **Ans:phonics**

Ability of an individual to recognize and use individual sounds to create words is called
Ans: Phonemics

Signs of the following, depict bad reading habits except, **Ans:**
Visualize what you read

The term Distance Education is relatively old concept, while Open Learning is an old term. TRUE OR FALSE? _____
Answer: TRUE

Students of National Open University of Nigeria, study under a non-conventional mode. TRUE OR FALSE? _____
Answer: TRUE

In distance learning, the Sandwich programme cannot be referred to as 'correspondence education' TRUE OR FALSE? _____
Answer: TRUE

Pitman's correspondence courses in Shorthand started in_____
Answer: 1840s

The institution to first offer degrees through distance education was _____ **Answer:**
University of London

Good note-taking requires---------, accuracy and clarity
Answer: Speed

The productive skill in language use, and interactive activity can be developed through practice _____
Answer: Writing

Note-taking requires and encourages intensive _____
Answer: listening

The graphic image, or object that represents a file, programme, web page or command is called _____
Answer: Icon

The pre-marked paper used as a dummy for a publication is called ___
Answer: Layout sheet

In Nigeria, Correspondence study started Extra mural studies in _____
Answer: University of Ibadan

The inability to select only relevant and important sounds and messages is what makes good listening. True or False? _____
Answer: False

Listening is active while hearing is passive. True or False? _____
Answer: True

SQ3R is an acronym used in _____
Answer: Reading

Listening is a purposeful activity. True or False? _____
Answer: TRUE

The first educational instruction was aired in 1816 by _____
Answer: Radio

Listening requires paying conscious attention to a _____.
Answer: spoken discourse

The verbal mode of expression and involves the use of the Organs of speech is ___ **Answer: Speaking**

The receptive skills include _____

Answer: Listening and reading

Productive skills include _____
Answer: Speaking and writing

Use of Clichés in a sentence renders it less effective due to _____
Answer: over-use

Sign language can be used to teach a student with _____
Answer: hearing impairment

When all the lines of headline text share same midpoint, this is known as____ **Answer: Centre Text**

Linguistic barrier can results in disconnect between the ____
Answer: speaker and the listener

Perceptual barriers come to play when the speaker and the listener possibly view the same situation from _____
Answer: varying points

In studying, Skimming is the idea of doing _____
Answer: selective reading

_____ learners prefer to read notes aloud and discuss it with other people. **Answer: Auditory**

When your answer demands that you compare what different writers said about an issue, you are_____ **Answer: Evaluating**

Kinaesthetic/ Tactile learner prefers to learn by _____
Answer: doing

Writing essays is a multi-layered activity. As such, it's title have _____
Answer: hidden depths

The decision to set up an open university in Nigeria was first conceived in **Answer: 1976**

Programmes, data, protocols are types of a computer's ____
Answer: Software

Critical reading lies at the heart of good _____
Answer: learning

Discussion is a command mode of learning which allows you to share the burden of understanding _____
Answer: new idea

The Act to back up the establishment of the Open University was passed by the National Assembly in _____
Answer: 1983

National Open University of Nigeria is the only
Answer: Mono-Mode Open And Distance Learning

Open and distance learning is a system of education that demand from students **Answer: Self-motivation**

During the earliest appearance of Distance Learning, participant interaction was ensured through distribution of
Answer: Printed materials

The first University to offer degrees through distance education is
Answer: University of London

The foundation of the second stage of distance education was laid during
Answer: World War I

Which of these is peculiar to students of Distance Education?
Answer: Self-discipline

Speaking Aids/facilities include all, EXCEPT
Answer: Formal- audio

Regional Training and Research Institute for Open and Distance Learning (RETRIDAL) is the brain child of who?
Answer: Commonwealth of Learning (COL)

The experimental radio broadcast with the College of the Air took place in
Answer: 1960s

All but one of these characterised open and distance learning
Answer: Non separation of teacher and learner

A learner makes his reading real only by this **Answer:**
Copying what he read in a notebook.

Reading is a set of practices which enable you to engage with the following ideas in a text, EXCEPT
Answer: Setting reference.

The SQ3R as an acronym for effective and efficient reading strategy, in its full meaning does not include
Answer: Scan

Technology has contributed all but one of these to distance education.
Answer: advancement in student-teacher ratio

Which of these term is not applicable to Fourth generation Distance Education **Answer:**
f-Learning (flexible learning)

In distance education, 1874 marks the beginning of
Answer: television experiment

The word that qualifies what reminds a reader at each moment of where he is, in the argument and pointing the way he is heading is called
Answer: Signposting

Reading is the greatest stimulator of
Answer: critical thinking

Which of the phases in distance learning, is referred to as Computer technology? **Answer:**
Third phase

Educational delivery is affected by emerging
Answer: technologies

Good writing is primarily a factor of quality arguments and
Answer: ideas

The educational philosophy of open learning emphasizes giving learners choices about these, EXCEPT
Answer: Cost of education

Quoting is an excellent way of bringing the views of an author into play.
Answer: essay writing

The success of this University, led to the establishment of other open universities globally.MCQ26: One of the listed does not belong to the students' learning classification.
Answer: Sensory learners

A student get used to the format of the questions through
Answer: Practice with old exams

Activities carried out by an assessor to ascertain the level of achievement and ability of a learner is called
Answer: Play-back

All but one of these stand as advantages for learning through reading. **Answer:**
Exploration of intellectual properties

Among the listed, what increases the level of participation and involvement of the recipient in decoding the message is called
Answer: Feedback

A good research project must have these number of chapters
Answer: Five

Chapter one of a research project must have all these among others, EXCEPT **Answer:**
Research Design

In a particular research project chapter, which of the following does not belong **Answer:**
Purpose of the study

The writing that explains how something is done.
Answer: Summative

A well written paragraph must have
Answer: Unity

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