

A. Protected sex B. Abstinence C. Unprotected sex D. Marriage.

12. Carbohydrate are food that.....

A. Give us energy B. Help us to grow C. Protect us from diseases D. Helps us to look health

13. HIV Virus weaken the body by attacking the

A. Red blood cells B. Plasma cell C. White blood cells D. Black cells

14. WE chew food to

A. Make it taste B. Make it soft C. Kill Vitamins D. Sell other people

15. Which disease can be transmitted from the mother to child by breast feeding?

A. Diabetes B. HIV and Aids C. Malaria D. measles

16. Having sexual act without a condom is known as.....

A. safe sex B. Protected sex C. Unprotected sex D. Sour sex

17. Which of the following increases the risk of a woman developing cervical cancer?

A. Being sexually active at young age B. Using a condom during sex C. Being faithful to a single partner D. Having many sexual partners

18. STI stand for

A. Summer Time Insects B. Sunday Tameable C. Satellite Television installation

D. Sexually Transmitted Infection

19. carry blood from the heart to the body and return the blood to the heart.

A. Arteries and Veins B. Arteries and Aorta C. Veins and Renal veins D. Kidney and Liver

20. Blood is made up of

A. Red blood cell and Oxygen B. White blood cell and Veins C. Red blood, white blood cells, plasma and platelets

SECTION B question 21-26

Say if these statements are **TRUE** or **FALSE**

21. If a child growth curve is flat, the child is growing well.....

22. Substance abuse cannot damage the body.....

23. Substance can ruin someone's life.....

24. A substance addict cannot be helped.....

25.Hiv is spread by shaking hands.....

26.Proteins provides food with energy.....

27.Draw two (2) sources of vitamins

28.Draw sources of carbohydrates and proteins

30. Identify the part of blood .A and B

Red blood cells	White blood cell
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