PHS524

Question

The principles of effective health education practice which health practitioners must understand that tend to be valid and without errors of fact, interpretation, or judgment is

Answer

accuracy

Question

an oral channel that involves face to face, radio, television, telephone, cinema, role-playing and computer, internet media of communication, "According to Unugo" in ----------

Answer

1979

Question

Whenever the sender decides to speak, it means that the -------- channel has been choosen

Answer

oral

Question

common channels of communication open to the encoder are---------- except

Answer

encoder

Question

language, code, symbols, sound are refere to as, in communication

Answer

channel

Question

one of these is not a quality of any message

Answer

domination

Question

a stimulus or transmission of thoughts and ideas, attitudes, intentions and needs which the encoder sends to the receiver is known as

Answer

message

Question

"a piece of information that is spoken, written or action performed by some body and the one that initiates communication" best describe which of these statement

---

Answer

message

Question

the first component or element that initiates communication is known as

---

Answer

encoder

Question

in communication, the source, the transmitter or communicator is the same as the

---

Answer

encoder

Question

A media in health communication in which communities have always shared and passed on information from one generation to the next and usually through spoken words or visual art is referred to as

---

Answer

traditonal media

Question

basic principles of learning used in health education practice includes, except

---

Answer

political with individuals

Question

the maslow's thoery of motivational need describe, as "required to signify a level of satisfaction, hence the desired gratification from a pursuit and accomplishment" is--------

---

Answer

Self Actualization

Question

an adult who exhibits---------- habit is not called a criminal

---

Answer

personal hygiene

Question

peculiar habits or practice not associated to Juvenile Delinquency is ----------

---

Answer

cleanliness

Question

socio-cultural practices are firmly established for the child in ----------

---

Answer

recreation

Question

provision of good health, feeding, clothing, shelter and other social facilities which would guarantee survival of the individual, this statement describe one of these functions of the family on individual

---

Answer

economic

Question

a structure of health education and promotion described as the basic Unit of the community or society.

Answer

community

Question

one of the following is not a Structure of health education and promotion

Answer

world

Question

health education is describe as the process of helping people to learn what to do and how to do it right in order to achieve improved health status by.

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(WHO, 1967)

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PHS511

Question

The following are examples of non communicable diseases associated with occupational hazards

Answer

All of the above

Question

The following are examples of socio-cultural factors associated with non communicable disease

Answer

All of the above

Question

Control measures for chronic respiratory diseases include

Answer

smoke free environment

Question

Control measures for diabetes include

Answer

All of the above

Question

Control measures for cancer include

Answer

smoking cessation

Question

Control measures for heart diseases include

Answer

All of the above

Question

Treatment of chronic respirtory diseases is aimed at

Answer

relieving obstruction

Question

Treatment of heart disease is dependent on the following

Answer

Cause

Question

The common symptoms of hypertension are

Answer

All of the above

Question

The common symptoms of heart disease are

Answer

All of the above

Question

The following are ecological changes in developing countries that have contributed to the changing pattern of diseases

Answer

All of the above

Question

Human ecology identifies the effects of variations in the following on human health

Answer

All of the above

Question

Predisposing factors are known to

Answer

increase risk of a disease

Question

The following are non modifiable factors in non communicable disease epidemilogy

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All of the above

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Question

Epidemiology of non communicable diseases focuses mainly on these factors

Answer

A and B only

Question

The following diseases are associated with congenital abnormality in non communicable diseases

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Answer

All of the above

Question

The following diseases are associated with nutritional deficiency in non communicable diseases

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Answer

All of the above

Question

These are examples of non communicable diseases except

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Malaria

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Non communcable diseases can be said to be

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PHS509

Question

Mental retardation can be prevented through

Answer

All of the above

Question

Causes of Mental retardation can be classified into the following

Answer

All of the above

Question

Blurred vision caused by an irregular cornea or lens is called

Answer

Astigmatism

Question

The term associated with the absence of the lens of the eye is called

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Aphakia

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Causes of blindness in children can be classified into

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Question

Inability to read and write after all optical corrective measures is called

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Answer

Blindness

Question

Deafness occuring after birth could be attributed to

Answer

Infection

Question

Deafness occuring before birth could be attributed to

Answer

Genetics

Question

Steps in rehabilitation of disabled persons include

Answer

All of the above

Question

Prevention of disability can be achieved through the following ways

Answer

All of the above

Question

One of the following is a congenital cause of disability

Answer

Thalidomide

Question

One of the following is a prenatal cause of disability

Answer

Sickle cell

Question

Acquired injury to the brain due to external physical force is called

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Two categories of sensory impairment include

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A child impaired in processing linguistic information through hearing with or without amplification is said to be

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The developmental disability affecting both verbal and non verbal communication usually before the age of 3 is called

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Disability is classified into

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Medical term for anatomical loss of body function is called

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PHS507

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one of the following is a scope of outreach and mobile health services

Answer

Referal services

Question

all of the following key terms except ----------inculcates Kyari's definition

Answer

Normal health clinic services

Question

In outreach health services

Answer

Normal health services are offered to outlying communities

Question

One of these is false about mobile health clinics

Answer

They do not use vehicles

Question

About health clinics

Answer

They are peripheral facilities

Question

One of these is false of a comprehensive health care centres

Answer

Serve as a refferal facility for secondary centres

Question

which one is an aim of Basic Health Services Scheme ?

Answer

Bridge the gap between preventive and curative healthcare

Question

Public health service in Nigeria was derived from ----------

Answer

British Army Medical Service

Question

Secondary health services deal with which of these concerns that cannot be solved at ----------?

Answer

Concerns that cannot be solved at primary centres

Question

the role of ---------- as constituted in Nigeria is Primary health care ?

Answer

Local government

Question

The fourth dose of tetanus toxoid vaccine gives

Answer

10 years of protection

Question

One minor abnormality associated with pregnancy is?

Answer

Low PCV

Question

one of the following is an element of Health talks ?

Answer

Identify targeted behaviour

Question

one of these is a basic aim of health education ?

Answer

Modify behaviour

Question

the WHO report that health education should be?

Answer

Believable

Question

basic health unit is designed to serve a population of ----------?

Answer

150000

Question

The basic plan for implementation of the BHSS is?

Answer

None of the above

Question

NYSC health graduates play a role in outreach and mobile health services in?

Answer

Being part of the teams that carry out the outreach health services

Question

the health indices that led to the setting up of outreach and mobile health services was?

Answer

Occurrence of epidemics

Question

which of these is true about the British Army medical services ?

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It merged with the colonial authority to form the basis of public health services

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PHS505

Question

Intense elevation of mood with delusions gradeur is known as:

Answer

Exaltation

Question

Elevated mood in mania usually consists of ----- stages

Answer

Four

Question

Hametophobia is:

Answer

Fear of blood

Question

Acrophobia is:

Answer

Fear of heights

Question

One of the following is not a feature of disorganized Schizophrenia

Answer

Depression

Question

Who proposed the first rank symptom of Schizophrenia

Answer

Kurt Schneider

Question

The following is the treatment of choice for depression

Answer

Antidepressants

Question

Somatic symptoms of depression is also referred to as:

Answer

Melancholic symptoms

Question

In order to make a disgnosis, a typical depressive episode must last for at least:

Answer

2 weeks

Question

ICD 10 classification of depressive episode include the following except:

Answer

Chronic depression

Question

When a Schizophrenic patient experiences impulses as being imposed by some external forces, it is known as:

Answer

Made impulses

Question

Bodily sensation of sensory symptoms experienced as imposed on the body in Schizophrenia is known as:

Answer

Somatic passivity

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Over excitement in catatonic Schizophrenia leads to----

Answer

Pernicious catatonia

Question

ICD 10 classified mania in depreesion in the following categories except:

Answer

Hypermania

Question

All except one are categorised as simple phobia

Answer

Agoraphobia

Question

Acute symptoms of Schizophrenia are regarded as:

Answer

Positive symptoms

Question

Predominant features of Schizophrenia are called:

Answer

Positive symptoms

Question

If both parents are Schizophrenic, the child has ----- percentage chance of contracting it

Answer

40 percent

Question

If one parent is Schizophrenic, a child has ----- percentage chance of contracting it

---

Answer

12 percent

Question

One of the following is a cause of Schizophrenia

Answer

Uncertain

Question

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NSS513

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Causes of amblyopia include the following EXCEPT

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Question

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The vitreous humour

Question

The papilla is also known as

Answer

Blind spot

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The second cranial nerve and is responsible for vision is

Answer

Optic nerve

Question

In viral epidemic kerato-conjunctlvitis characteristically there is usually

Answer

Excessive watery lacrimation

Question

Patching of the eye is contraindicated in

Answer

Mucopurulent conjunctivitis

Question

Beta-adrenergic receptor blocker eye drops can

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Staphylococcal infection of sebaceous glands of the eye lids is called

Answer

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Question

Topical glucocorticosteroids are used for treating

Answer

Uveitis

Question

An employee at a chemical plant is splashed in the eye with a chemical. The priority nursing intervention is to

Answer

Rinse the eye continuously for 15 minutes

Question

The nurse should instruct a client preparing for eye surgery that which of these activities will be restricted post-operatively?

Answer

Bending with the knees flexed

Question

Proper functioning of the eye requires muscles that control movement EXCEPT

Answer

Anterior rectus

Question

Mydriatics cause

Answer

Dilation of the pupil

Question

The retina is

Answer

A nerve layer located at the back of the eye

Question

Cataracts are

Answer

A painless condition

Question

Which muscles does zonule fibres attach the lens to?

Answer

The ciliary muscles

Question

A straight line that passes through both the centre of the pupil and the centre of the fovea is known as ____

Answer

Visual Axis

Question

_____ is a tough white sheath around the outside of the eye-ball

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Answer

The sclera

Question

The middle coat of the eye that is deeply pigmented with melanin and well supplied with blood vessels is called _____

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The first national conference on ageing was held in Washington DC. in

Answer

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Question

Improved medical services and control of communicable diseases haveincreased life span over the past years. As a result, many people are now living above the age of

Answer

65

Question

All of the following were aspects of modernization that contributed to lower status of the elderly EXCEPT

Answer

Control of property

Question

Historically, the status of elderly was related primarily to their

Answer

Property

Question

During the classical period, old age was considered

Answer

Ugly

Question

Geriatrics

Answer

Focuses on preventing and managing disease in later life

Question

“Culturally competent” health care providers

Answer

Help the elderly develop personal mastery of their changing environments

Question

Gerontologists define aging in terms of

Answer

All of the above

Question

Gerontology is the study of the aging process from

Answer

Maturity to old age

Question

Which of the following statements regarding diet of the elderly is true.

Answer

Healthy food habits (& regular physical activity) are required to minimize the ill effects of ageing and to improve the quality of life.

Question

Which statement reflects the state of drug absorption in the geriatric patient?

Answer

The rate of absorption is slowed

Question

Dementia and depression are strongly related to:

Answer

A decreased quality of life and functional deficits

Question

Which statement demonstrates normal cognitive function for an aging adult?

Answer

Occasional memory lapses

Question

Which disease or ailment is often under diagnosed and undertreated in the aging population?

Answer

Depression

Question

Which statement would be most appropriate to ask when assessing an aging adult for cognitive function?

Answer

Have you noticed anything different about your memory or thinking in the past few months?

Question

The nurse assessing the older population needs to have a basic understanding of which of the following?

Answer

The difference between normal and abnormal for the older age group

Question

Medications, slower mobility, lack of proper fluid intake, and poor diet can contribute to what common symptom in the elder population?

Answer

Mental changes

Question

In assessing the aging client, it is important for the nurse to recognize

---

Answer

All components of well-being, including biological function, psychological function, and social function

Question

Body mass index

Answer

Is a measure of body fat based on height and weight

Question

Assessment of the patient's nutritional ne+C2:C18eds should take into account

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Physiological needs, religion, cultural and age-related needs, requirements and requests

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Question

Which disease or ailment is often under diagnosed and undertreated in the aging population?

Answer

Depression

Question

Which statement would be most appropriate to ask when assessing an aging adult for cognitive function?

Answer

Have you noticed anything different about your memory or thinking in the past few months?

Question

The nurse assessing the older population needs to have a basic understanding of which of the following?

Answer

The difference between normal and abnormal for the older age group

Question

Medications, slower mobility, lack of proper fluid intake, and poor diet can contribute to what common symptom in the elder population?

Answer

Mental changes

Question

In assessing the aging client, it is important for the nurse to recognize

---

Answer

All components of well-being, including biological function, psychological function, and social function

Question

Body mass index

Answer

Is a measure of body fat based on height and weight

Question

Assessment of the patient's nutritional ne+C2:C18eds should take into account

Answer

Physiological needs, religion, cultural and age-related needs, requirements and requests

NSS508

Question

The factors contributing to workers health problems are the following except .....

Answer

Rehabilitation

Question

Hypertension is a common ..... Disease

Answer

Rehabilitation

Question

Dermatologic problems are the following except ……..

Answer

Septicaemia

Question

The major goals of the occupational health are to ……. And ……..

Answer

promote and maintain

Question

The International labour Organization (ILO) was founded in ……..

Answer

1919

Question

……. Introduce the idea of notifying occupational diseases especially.

Answer

Lead poison

Question

..... Was appointed the first British medical factory inspector

---

Answer

Morrison Leggee

Question

..... Was known as the father of occupational medicine due to his contribution in the field

---

Answer

Bernadino Ramazzine

Question

The article referred to above was published in what year?

Answer

1556

Question

Georgius Agricola wrote an article titled .....

Answer

De Re Metallica

Question

..... is an example of Biological factor

Answer

Bacteria

Question

Problems arising from the job can be classified as follows except

Answer

Engineering

Question

The following are the problems brought to the job except

Answer

Fracture

Question

You may constitute a danger to other people around you, when you are sick at workplace such as the following except.

Answer

Asthma

Question

Positive effect of work on health are the following except

Answer

Provision of personal hygiene

Question

…… should endeavors to minimize or eliminate negative effects while promoting the positive effects

Answer

Occupational health nurse

Question

Team members of occupational health include the following except

Answer

Occupational health physician

Question

An occupational health Nurse can play the following roles except

Answer

Surveyor

Question

Risk factors at the workplace include the following except

Answer

Epilepsy

Question

Occupational health deals with all aspects of ..... and ..... in the workplace and has a strong focus on primary prevention of hazards.

Answer

Prevention an safety

Question

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NSS504

Question

Which of the following individuals exemplifies the concept of social death?

Answer

Mary, who is 69 and has dementia

Question

how do most seniors view their deaths?

Answer

as a distant event

Question

Which of these is an important aspect of the dying process?

Answer

Death watch

Question

In planning comprehensive care in the patient who survives suicide attempt, which of the following questions does the nurse need to direct care?

Answer

What is the level of commitment from the patient’s support system?

Question

All of the following is assessed to monitor degree of impaired consciousness in patient with attempted suicide except

---

Answer

Nervousness

Question

A poor physical function recovery of a patient with attempted suicide is characterized by:

Answer

residual deficits expected

Question

Which of these is not a physical stressor?

Answer

Crowding

Question

Stress is unhealthy when it_____

Answer

creates feelings of apathy

Question

Which of these is true about suicide?

Answer

Individuals with physical diIndividuals with physical disorders have an increased ratsorders have an increased rate of suicide.

Question

One of the following questions is the least important during a focused suicide assessment

---

Answer

What have you thought about doing to the other persons?

Question

The act of voluntarily and intentionally taking another person’s life is

---

Answer

Homicide

Question

An internal or eternal demand that exceed the available resources of the individual is refered to as_____

Answer

Stressor

Question

_____is one of the members of the herpes virus group

Answer

Cytomegalovirus

Question

All of these are precautions following exposure to hepatitis except_____.

Answer

Take oral antibiotics immediately after exposure

Question

One of these is not a contributory factor to hepatitis

Answer

Mononuclear cell infiltration in the parenchyma of the liver

Question

Postexposure precautions to tuberculosis include:

Answer

All of the above

Question

The phase of tuberculosis (TB) infection characterized by no clinical symptoms is

---

Answer

Primary TB infection

Question

The most effective method of preventing cross-infection

Answer

Wash hands before contact with patients before and after removing gloves

Question

A low susceptibility to infection is enhanced by:

Answer

intact skin integrity

Question

The most frequent source of contamination is

Answer

cross-infection by health care providers

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