

# FORGET WORDS WHEN SPEAKING?

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ENGLISH PODCASTS 1154

[Music] so every day I ride to  
work on on this on this  
scooter and riding a scooter  
has lots of disadvantages like  
it's cold and it's wet and it's  
just horrible generally right  
but it does have one  
advantage and that is the view  
look at that [Music] [Music]  
hello and welcome to  
kangaroo English I'm  
Christian and today I am  
going to teach you the best  
way to learn vocabulary so to  
start this class I am NOT  
going to mess around I'm  
going to write down  
immediately the best way to

learn vocabulary okay there is  
no best way okay anybody  
anybody who tells you that  
they have the best technique  
for learning vocabulary or the  
best method for learning  
vocabulary okay is lying there  
is no best technique or best  
way everybody is different  
everybody learns in different  
ways so you need to find the  
technique or techniques that  
work for you so today I am  
going to talk a little bit about  
some techniques that are very  
common that probably you  
know already and maybe you  
use already but also I'm going

to talk about some techniques  
that are a little bit more  
strange a little bit more  
abstract and hopefully some  
of these will help you today  
today I'm going to write write  
things down I feel I feel a  
right to you today basically I  
think that a lot of people look  
at learning vocabulary as um  
as a horrible thing you know  
like you have to write lists  
and you have to study and  
memorize and it's a this is a  
horrible horrible way of  
thinking about learning  
vocabulary so I think my first  
my first technique is basically

to to get interested in  
vocabulary actually  
vocabulary is absolutely  
fascinating when you're  
reading a text and you see a  
word you can ask well why  
where did this word come  
from are there other related  
words okay so I'm going to  
give you an example so  
imagine that you are reading a  
book and for the first time  
you see the word wheel and  
you don't know what a wheel  
is so you look in the  
dictionary and you discover  
that this is a wheel right here  
we have lots of different types

of wheels okay fine but now  
it's interesting because a  
wheel is a very important  
discovery for humans and a  
wheel exists in the world in  
lots of different places so now  
with this this word wheel as a  
base I can learn lots of new  
vocabulary for example what  
is this well this is a wheel  
chair because it's a chair with  
wheels and then of course  
when when you're driving  
your car you have this um  
which is yeah it's round um  
it's a wheel a steering wheel I  
have a some more vocabulary  
ok so what about this this is

when a person um does a gymnastic thing like this this is called a cartwheel because it looks like the wheel of a cart and then of course we have all of the idioms in English relating to wheel for example if you are in control of something we say you are at the wheel because you're controlling the car you're controlling something and also of course sometimes in life you don't know what you are going to receive if you're going to get good things or bad things and we call this the wheel of fortune so basically

using a word like like wheel a  
very simple word I can  
expand my vocabulary it's  
easy for me to remember  
hmm and it's interesting it's  
fun [Music] okay um I'm  
going to tell you about  
another technique okay this  
technique is called the method  
of loci also this technique  
is called the memory palace  
and basically what you're  
doing is you're combining  
your visual memory with your  
vocabulary memory together  
okay so how it works is in  
your mind you visualize a  
place which you are very

familiar with a place which  
you know very well like  
maybe your bedroom or your  
house or your office so you  
visualize a place that you  
know and then you visualize  
specific places in this place so  
for example maybe in my  
office I remember my  
computer my printer my filing  
cabinet and my desk okay one  
two three four places now  
imagine I want to remember  
four new words in English so  
I want to remember um wheel  
and I want to remember chair  
and I want to remember car  
and I want to remember water

so when I think about my computer I put a wheel in that position I visualize something with the computer related to a wheel like for example maybe my computer has a wheel stuck in the screen or maybe my computer has a wheel to control it so I visualize this and then I move to move to the printer and I want to remember a chair so now I visualize myself sitting on the printer using the printer like a chair then the filing cabinet I want to remember car so I can visualize um maybe a little a little toy car on the on top of

the cabinet okay and then my  
desk I want to remember  
water so maybe I will  
visualize when I touch my  
desk my hands are wet with  
the water okay and then when  
I want to remember the  
vocabulary I just I can walk I  
can walk through my office  
walk through my office and  
remember these um these  
these words so I close my  
eyes and I think about the  
computer with the wheel okay  
wheel and then I go here  
sitting on the printer okay  
chair and then I go to the  
filing cabinet I can see the

little car the car and then here  
are my desk is water okay so  
this is an interesting and fun  
way to remember new words  
and if you are a very visual  
person this can really help  
you a lot um also there are  
lots of games that you can  
buy very simple games that  
you can buy or that you can  
make at home to help you  
with vocabulary so one of  
them is a game like this so  
basically you have a you have  
a headband okay so and then  
you have cards with  
vocabulary like monkey so  
you put this on okay like this

so now I am the monkey and  
you you play with a friend  
okay you play with a friend  
and you ask questions to try  
and discover what's on your  
card so am i brown hmm do I  
have four legs hmm do I live  
in trees I'm a monkey you  
could make this yourself you  
can you can ah this this is the  
simple technique okay this is  
if if you have no resources  
okay so we write monkey  
here's monkey okay I lick a  
back and then stick I got here  
this costs basically nothing or  
another game you could play  
is is this game here which is

taboo so basically how it works is you have to describe this word here at the top without using any of these words which are related and this is actually quite difficult and it's really good to help you practice describing things in other ways and expanding your vocabulary like for example could you describe sad without unhappy and without cry and without tears and without miserable so another way to learn vocabulary and I think this is my favorite is etymology okay etymology is the study

of where words came from  
the origin of words and I  
think that this is really  
fascinating and really helps  
me to remember vocabulary  
so have a look at an example  
so this is um eyeliner this is  
makeup for for women and  
this is called Kohl and this  
comes from the Arabic word  
alcohol because alcohol  
means basically the essence  
of something something pure  
and this is where we get the  
English word alcohol so there  
are lots of different types of  
alcohol for example we have  
vodka this comes from the

Russian word vodka which means water this is basically very strong water of course another type of alcohol is this which is champagne this comes from the French word companion which means country because this is wine from the country Campania comes from the Latin campus which means country and in the past what did we do in the country well normally we had wars in the country so battles were also called campaigns and if you won the battle then you were the Champion or the champion in English another

thing of course that we do in  
the country is we camp now  
imagine that you are a soldier  
and you are in a tent for  
weeks and weeks and all you  
want is to go out and see  
some women so you would go  
XCOM party you would leave  
the camp and XCOM body is  
where we get the english verb  
to scamper so you can see that  
by taking a simple object  
and thinking about the origins  
of this word it relates to lots  
of different vocabulary and  
we can expand our  
vocabulary in a fun and  
exciting way and some of

the stories about where English idioms came from are very funny so we have we have an idiom in English let the cat out of the bag and let the cat out of the bag means to reveal a secret okay reveal a secret and the origin is basically in medieval times people would go to the market and buy baby pigs and then they would feed the pigs and the pigs would be fat and they would eat the pigs but baby pigs were very expensive so sometimes you would a pig okay from from the market but then when you were

distracted when you weren't looking the person selling the pig would substitute the bags and give you a bag with a cat not a pig and then you took your bag to your house and then you get to your house and you open the bag - to see a cat not a pig and so you have let the cat out of the bag the secret has been revealed stories like this you know um are not only entertaining but they help me to remember things because it's not just vocabulary okay it's a whole part of the culture and and and part of the the the

language the texture of the language also you can use a thesaurus which is basically a dictionary of synonyms and even this name thesaurus is interesting right because this comes from the Greek which means treasure this is a treasure of words okay the treasure chest of words but also there are lots of dinosaurs with Soros right like Tyrannosaurus but that's not related Soros in Greek meant lizard so a Tyrannosaurus is a lizard tyrant so there's a new word a tyrant a tyrant is a horrible person anyway you

could use a printed for Soros  
like this but actually I like the  
online Soros so for example  
here is the word sad and we  
can see here all of the  
synonyms of sad like bitter  
heart broken melancholy and  
here we have two fantastic  
options we have common  
ones or informal ones so let's  
look at some informal ones  
okay so for example ooh wow  
that's fantastic I'm feeling  
blue and you know of course  
as always try to make your  
learning of vocabulary related  
to things that you are  
interested in you know every

every subject if it's fishing or cars or sports they are rich in vocabulary that you can use for things so imagine that you are interested in boats okay so here here I have a picture of a boat and you can see that the top the top of the boat this is called the deck we have lots of vocabulary in English related to to deck like if somebody is throwing things at you you hit the deck oh you go down hit the deck or if you have to clean your house a lot we say you are scrubbing the deck and also if you need a lot of help you can say I need all

hands on deck this this part of the boat here is called the keel

the job of the keel is to stabilize the boat to stop the boat from moving like this so if you are a very calm person or it's a very calm situation you say we have an even keel an even keel and then there

are there there is other vocabulary related to boats for example the ocean on the ocean you have waves wash waves and for example if you are very successful you can say I am riding a wave of success if you have a lot of something at once like maybe

you have an online shop you  
can have a wave of orders or  
if there's a big event in your  
city there can be a wave of  
people every subject in the  
world has vocabulary linked  
that you can learn that's  
interesting to you so my final  
piece of advice is this use it.

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