Examples

1. 4 years of Public shaming & struggle Sarabjeet Singh finally proven Not guilty on Jasleen Kaur Case

2. Nobel Peace prize for 2019 - Ethiopian PM - Abey Ahmed Ali for his efforts to achieve peace & international cooperation by resolving conflict with Eritrea.
   - Nadia Murad (Iraqi, 2014 → ISIS - kidnapped), Malala Yousufzai
     - Survivor of ISIS slavery ⇒ 2018 Nobel Peace Prize
     - now spreading awareness
   - Effort to end the sexual violence as a weapon of war & armed conflict

3. Economy - GOAL (Initiative of Fb+ MoTA ~~Amazon~~ to train tribal Youth - digital skiling, 5000).
   (Going Online As leaders)

4. Jeff Benzos Earth Fund for fighting climate change
   - Bill & Melinda Gates: The 'giving pledge'

Azim Mr Premji pledged $ 21 bn - philanthropic
↳ influenced by Gandhi's notion of holding one's wealth in trusteeship
↳ Still flies economy, hopped into a rickshaw
frugality:

Nandan Nilekani → pledged 50%.

- Kiran Majumdar Shaw → signed The giving Pledge committing 75% of her wealth to philanthropy.

Media - Joshua Oppenheimer's -
2012
- An Act of Killing - a documentary about atrocities in ~~Vietnam~~ Indonesia (mass killing of 1965-66) by autocratic government. ⇒ led to self-realization of Guilt among the offenders. (when they watched it)
- Satyajit Ray's Pather Panchali (Poverty), Premchand's Godan are other ego how art that gives back to society become more worthwhile.

Dangal
Mary Kom

- The Hindu's - Bofors Expose
- Open Magazine's Nira Radia Tapes
- Watergate Scandal USA. → by Washington Post & NY times
  led to resignation of Presi Richard Nixon

Environment
- Greta Thunberg - 'How dare you'
- Jadav (Mdu) Payeng - Forest man of India
  (forestry worker from Majuli 550 hectares., Padma Shri 2015.
  ↳ Mising tribe of Assam
  - 1979 → 16 → encountered a large no. of snakes - died due to excessive heat after floods washed them onto the tree-less sandbar. This is when he planted around 20 bamboo seedlings on the sandbar.
  ⇒ Molai forest → Bengal tiger, Rhino, deer.
  He worked under social forestry division

Philosophy

- Buddhism has the idea of **Boddhisattva** (BS)
  It says delaying one's buddhahood to guide others
- a person who is able to reach **nirvana** but delays doing so through compassion for suffering beings. (BS.)

Quote

- Life should be great rather than long - B. R. Ambedkar
- Aristotle & Buddha - golden mean & middle path
- S. Vivekananda → called for confluence of West's rationality with East's spirituality

Administrative

① **Divya Devarajan** - 2010 batch IAS officer
Adilabad, Telangana - 'Divyagud'
Gondi language (3 months), field trips, constitutional rights (PESA), Health, Edn. Appointed language translator

② **Om Kasara** - 2012 IAS officer - *Thankyou DM Kota
50,000 students (NEET & JEE aspirants) - lockdown
Crisis time people want to be with family (compassion)
- ③ State govt - bus & train services
- ① Food
- ② Psychologists to conduct sessions for them
- ④ Followed status of each till all reached home

③ **Harshika Singh** - MP me DM.
All women Schools for Dropout Girls
↳ local women as teacher
↳ low sex ratio due to edn (lack)
↳ Awareness generation through School
↳ Panchayat funds → Salary to School
↳ Officers & people → donated books.
↳ 100 schools, 1700 women trained
↳ Sex ratio improved.

④ **Ramesh Gholup** - SDM Bokaro
↳ very poor.
↳ children from child labour.
↳ 'Sarkar aapke dwar' campaign
↳ Parents aware
- Made documents to get benefits of govt. schemes
- Group & self funding Grant

International

① Multilateralism -
(a) Congress of Vienna (1814-1815) after Napoleonic wars to redraw Europe
↳ Great & lesser powers meet to resolve issues peacefully.
(b) League of Nations. & UNs in 1945
(c) GATT, WTO, Bretton Wood's Institution
(d) ITU, WIPO, Org. for Prohibition of Chemical Weapons (OPCW)

② **Copernicus** & **Galileo** were condemned by Church for their discoveries

Temporal

* Cave paintings of Bhimbetka - seals of IVC to Vedas to Sangam literature - architecture of medieval times - now.
- **Eklavya** → bhill tribe → denied training by Guru Dronacharya → self learned

Examples

- 1989 Tiananmen Square protests (student led), Hong Kong - pro-democracy movement, Uighurs
- Assassination of Saudi Journalist Jamal Khashoggi
- Managed COVID well:
  - Jacinda Ardern (PM, NZ),
  - Angela Merkel (Chancellor, Germany) → scientific background.
- Death of George Floyd - (Black lives matter protest.)*
- Mahbub ul Haq (Pak) & Amartya Sen → HDI

- Richest 1% own more than half the world's wealth - Global Wealth Report

Control leads to Compliance, Autonomy leads to Engagement

We need balance of both.

(2 case study depicting both)

Connect with values

Discipline, Regulate — Passion, Innovation, Creativity, entrepreneurial spirit

→ balance b/w the two decides success or failure. Eg: Consti → both provisions

Why control is necessary?

→ Management → sub-ordinate
→ Get work done
→ Degree of control → kind of workforce, nature of jobs

Eg: Manekshaw

Skilled / Unskilled, lazy

Routinised (Assembly line) / Non-routinised (creativity)

Drawback of control

Hitler → Jews → Massacre.

If control is exercised arbitrarily - backlash, reduces participation & engagement.

eg → forcing a child to choose a career path → suicides

extreme control → protest (HK)

Method of control

- Societal - family, school, marriage
- Pol - accountability - Exe to Leg
- Management codes - CCS Conduct Rules.

Why autonomy is desired? but not absolute (A).

Human innate nature to be (A)

Self-determined / Indiv. Development

joyful workplace

emp citizen, societal progress

collaboration → success

① Eco
- 1991 reforms.
- Post-balance
- Social audit

② Polity - Centre-State
- Shift from PC to NITI
- Estb of bodies NGT, NCW
- Diff portfolio of ministers
- 73rd & 74th CAA, GST

Ed^n - H.E - free to choose - NEP

Int → USSR breakdown

History → Britain → desire for more colonies → led to revolts

Tribal revolts, NE
Naxalism
Language 1960s → 3 lang. formula

- Tech^{gy} → Autonomy - ISRO
- Philo → " → New thinking spread
  - modern values.
- Adm → Innovative steps by IAS [Om Kasera, Divya Devarajan]
  - control is also imp - to deter corrupt
- Media, Films, Art → control - porno/obscene; Autonomy - true reporting, reflection of society
- Sports - MS Dhoni
- COVID - autonomy to states.

Intro

① Gandhiji when asked in 1946, to describe the independent India he wished to see, said - 'Independence must begin at the bottom. Every village will be a republic, self-sustained and capable of managing its affairs. Life will not be a pyramid with the apex sustained by the bottom. But it will be an oceanic circle in which the last is equal to the first or in other words, no one is to be the first and none the last. Every citizen would be the centre of this circle' (Harijan, 1946).

Sare jahan se acha, Hindustan Hamara

Concl^{n}

Yunan o misr o Roma sab mit gaye jahan se
Ab tak Magar hai baki nam-o-nisha hamara

Md. Iqbal

① Empowerment is having control over one's life as an individual. And social empowerment means all sections of the society having equal control over their lives and opportunity to take important decisions. It however has diff. connotations for diff. people. For the young it would mean freedom to do what they want regardless of social norms and customs while for the aged it would mean being able to live a life of dignity and self-respect in the twilight years of their life. So the male members it could mean financial freedom while to the female members it could mean freedom from gender-based discrimination.

* Tribals → very existence as an ethnic community

② Infamously known as the 'suicide capital of India', Kota had thousands of stranded students when the nationwide lockdown was imposed in March 2020.

Om Prakash Kasera, a 2012-batch IAS officer, currently posted as District collector, was flooded with multiple calls daily from concerned parents and teachers. He feared that the lockdown would only worsen the mental & emotional well being of students who otherwise battle issues like loneliness & anxiety while preparing for exams.

Also many kitchens & mess had were shut down. Om, found alternative ways to supply food and also appointed psychologists to conduct sessions with students to allay their fears.

Humbled by the gesture, Om says, 'I put myself in their shoes & realised, it's a natural tendency to be with the family in times of crisis. I only responded to my call of duty. I am happy I have these memories to look back on & cherish'

Acting promptly, he tied up with central & various state govts to arrange the bus & railway facilities. His team of officers followed up with each student, till they reached home safety

Conclusion → To celebrate this students trended
* #ThankyouDMKota on twitter for a day in June.

ESSAY 2020

This Essay attempts to explore

① 'The child is father of the man' - William Wordsworth
Poem - The rainbow

ⓐ Swami Vivekanda - 8yrs old - climb a champak tree → One man told him about ghost living on tree. He climbed up the tree. He said to other children if ghost living on tree, then he would have gotten hurt long ago
→ character as fearless & experimentation oriented

ⓑ Young Gandhiji → realised the Imp. of truth.
An inspector - to test English in school. He did not know it. He did not copy. In class of 23 all except him got right. He was beaten after class → But he also felt deep sense of satisfaction - later Satyagrah'

ⓒ Negative - Adolf Hitler's father used to beat 11 year old Adolf & his mother used to be subjugated & had no voice.
→ He became dreadful.

Intro

Be the change you wish to see

① It was 1893. A bright young lawyer was travelling in first class on a train in British colony of South Africa. During the journey, a white man objected to his presence in the compartment, despite the lawyer possessing a valid ticket. The white man insisted that 'Coloured' men like him were supposed to ride in the third class and not in the first class. When the layer refused to give up his seat, he was thrown off the train. Insulted at this discrimination, the young man resolved to fight injustice with truth and non-violence. [He went on to become the force of change he wished to see in the world. He was Mahatma Gandhi].

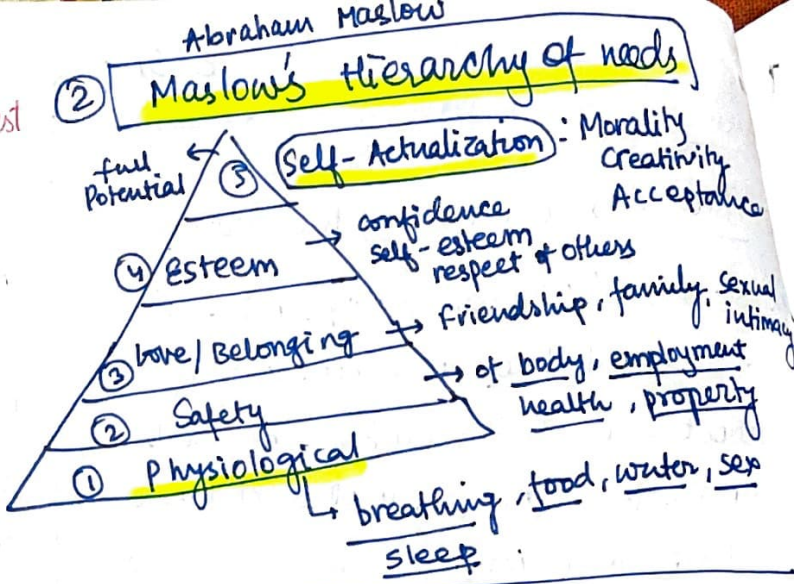
② Divya Devarajan, a 2010
How many times have you seen or heard villagers after an IAS officer?
Divya Devarajan, a 2010 batch IAS officer, was recently honoured by natives of Adilabad, Telangana who names a village 'Divyagud' to appreciate all the work she had done in the conflic ridden region in 2017.

When posted in Adilabad, Divya was shocked by the poor condition - in health, education and other basic amenities in the village. Educated people about constitutional rights (PESA)

To address the issues at root, she made sincere efforts like appointing language translators, making govt services more accessible, She also learned to learning the language herself. Her sincere effort to learn Gondi language in 3months cemented her relationship with villagers. She often goes on field trips to understand the issues and listen to the people. When asked about her motivation, She replies. - "it is the happy & satisfied faces of villagers that makes me realize the worth of my work responsibilities"

① There are some things you learn best in calm, and some in storm.

② Maslow's Hierarchy of needs — Abraham Maslow



Sub-Headings Essay

① X & Y : Brothers in Arms.

② X, Y : Promise or Peril ?

③ X, Y : All that Glitters is not Gold

④ X, Y : A dismal state of affairs

⑤ Conundrum of 'X' & 'Y'

⑥ Decoding man's highest virtues : _____

⑦ X : Meaning

Eg Middle path - ways to Wisdom : In myriad ways
(topic)

① X, Y : The journey So far

② X, Y : Two Sides of the Coin.

③ X, Y : A Double edged Sword.

④ X & Y : Across space & time

⑤ X, Y : A bird's eye view : loking around ourselves

⑥ X, Y : The barriers

⑦ what Considering the flip Side

⑧ From SEED to CEDAR
A peak into the past

⑨ X : An opportunity or threat

① X, Y : WINDOW OF OPPORTUNITY

② X, Y : SILVER LINING & CLOUD.

③ X, Y : A road to just society

④ X : Towards managing conflict & building harmony

⑤ X, Y : Towards a just society
Better future

⑥ X, Y : Towards 'S & T'

⑦ What lied ahead ?

ESSAY

Phrases

Connectives

① Cause & effect → Accordingly, Consequently, Hence, so, Therefore, Thus

Phrases

① Martin Luther King's Jr. 'I have a dream' (1963) for people of America is probably, one of the most shining example of how, truely life lived for otherly only is worthy. (topic)

This nation will rise up, & live out the true meaning of its creed: "We hold these truths to be self evident, that all men are created equal"

② freedom fighters - ... No amount of money, power or army as strong as British can ever stand tall against their purest virtues of courage; sacrifice and selflessness.

③ Media - film & Journalism, cinema - thoughtfulness, critical analysis & realistic pōtrayal are considered valuable traits in this field.

④ Climate change, now has become the most daunting challenge humanity is facing against its survival.

⑤ Simplest of the living being in this world strives for his own survival by fulfilling his own needs. But what makes us humans a superior species? Yuval Noah Harari in his book Sapiens has argued that it is our unique ability to cooperate and work towards common goals by attaching meaning to them, is ons biggest creation

Concl³. ⑥ And this equally applies to prosperity of entire human world by efforts from all of us. Let it be like -

['Sarve Bhavantu Sukhinah, Sarve Santu Niramayah
Sarve Bhadrani Pashyantu, Maa kaschit Dukh Bhaag Bhavet']

Edn : leveler - -

(7) It will be a leveller and a source of social justice.
Concl^n It will be the movement from darkness to light.
"LET THERE BE LIGHT"

Concl^n

(1) Going by Gandhiji's Talisman, the ultimate measure to determine whether our scientific and technological endeavour is a panacea is not to see how far can we launch rockets or how tall can we build skyscrapers. The ultimate test is to check whether it helps the poorest of the poor like ..... Science and technology must be carefully nurtured and guided to make it beneficial to all of humanity

Topic S&T - panacea for all problems.

(Intro - Narayana - Odisha - farming since 90s. He neither knew → crops that suited his soil nor to ↑ soil fertility. Mercy of pests, rains, local traders. Past 2 decades - life changed → Now smartphone → weather updates, sc. advice, uses HYV/GM crops - Yield ↑ sells produce via e-NAM - an online platform that gives him a profitable price).

Climate Change

Scenario 1 : Little girl Anjali, aged 7, dreamt of becoming a pilot one day. She wanted to study well and make her parents proud. But on a fateful day in 2020, cyclone Phailin Amphan ruined her home and broke her family. Her dreams, just like her home, lay in ruins. Anjali has been a victim of climate change.

Scenario 2 : In the faraway hinterlands of Vidharbha in Maharashtra, Baswant Rao is mired in deep debt. He is hoping against hope to have a bumper crop this season so that he can pay off his debts. As fate would have it, monsoon refused to visit his farms and his crop crops died a slow death, leaving Baswant Rao and his family in unspeakable misery. Baswant Rao, too is a victim of climate change

Like (A) & (B), climate change is wreaking havoc in millions of lives and is leading to destruction of our planet

... Only then we can ensure that millions like Anjali & Baswant Rao have means to live a prosperous life

Living Planet Index → 1970 to 2016 → 68% of species died.

ESSAY (YOJNA)

(1) Youth serve as the primary messenger & leader for bringing about change of any kind.

(2) The fo Journey of thousand miles begins with a single step. It is the most difficult step. The first step towards getting somewhere (New India) is to decide that we are not going to stay where we are.

(3) If Newton had not questioned the falling down of apple instead of going up, he would not have discovered the power of gravity

Concln

(4) Tryst with Destiny speech

New India

Long years ago we made a tryst with destiny, and now the time comes when we shall redeem our pledge, not wholly or in full measure, but very substantially. At the stroke of the midnight hour, when the world sleeps, India will awake to life & freedom. A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends and when the soul of a nation long suppressed, finds utterance.

Gandhi – Lead kindly light. The next step is enough for us if it is illuminated by the star of our ambition & fortified by the our faith in our destiny.