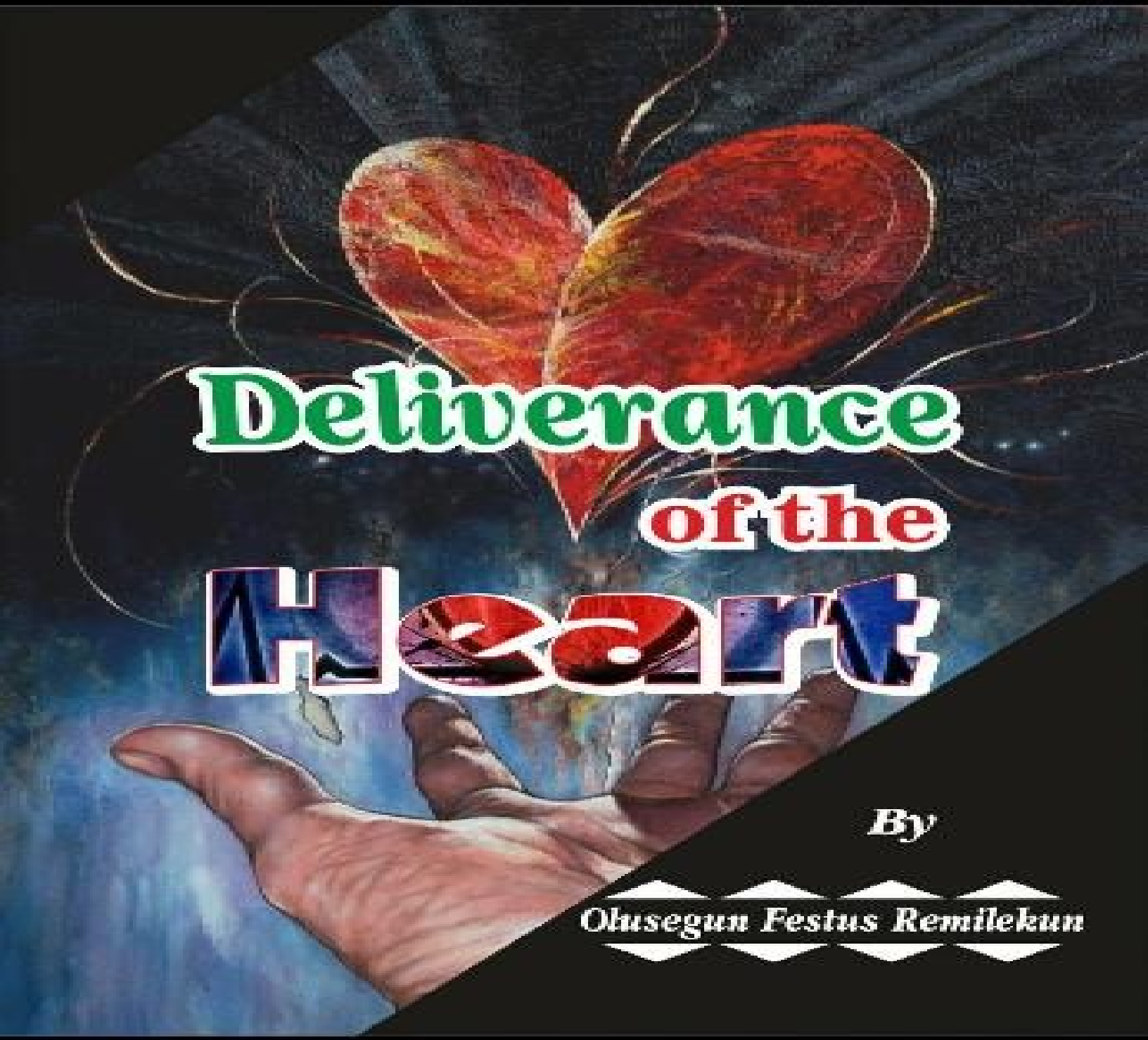
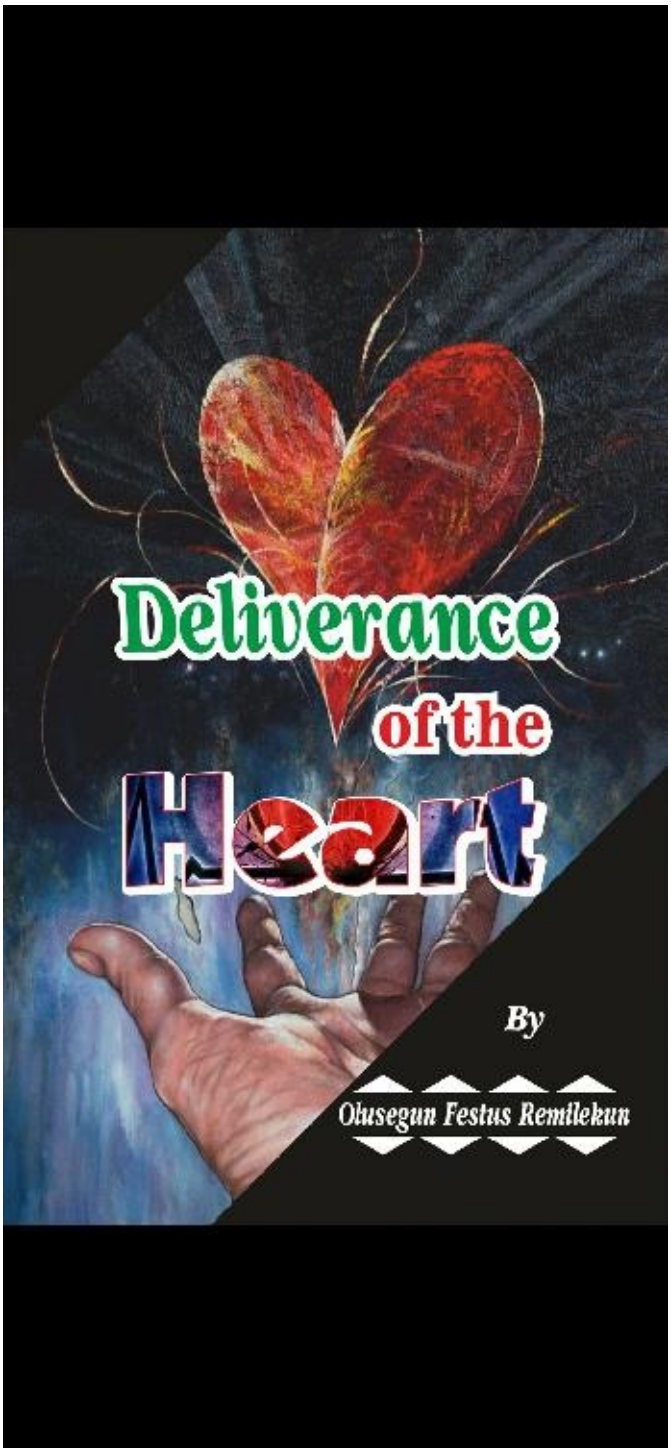

Deliverance
of the
Heart
By
Olusegun Festus Remilekun


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DELIVERANCE OF THE HEART

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INTRODUCTION

Keep thy heart with all diligence for out of it are the issues of life.
Proverbs 4:23

The heart is the core of who you are as a person. Your heart is, essentially, you. The heart is the place where you have your will, your attitude and intentions, and which is the source of your thoughts, actions, and words. With your heart, you choose between good and evil. Your conscience sends out a message of whether something is right or wrong, and your heart is what drives you to choose.

Biologically and spiritually, the heart is the center of life. If the devil can control your heart, then he will control your destiny. If Satan cannot control your heart, then your destiny remains untouchable. If God must answer your prayer it must start from your heart. Your heart must be a clean heart. The issue of the heart is very important, it blocks prayer answer; you are the one praying and canceling your prayer.

No wonder David said "Create in me a clean heart." A new clean heart is needed for you to work in the realm of signs and wonders. That is why it is very important we surrender our hearts to God. The Bible states that God created us in His own image. This means we must think the way God thinks. We must have God's wisdom and understanding in our lives. Every unclean thing in your heart will hinder your prayer.

CHAPTER ONE

UNDERSTANDING THE HEART

The heart is the seat and the strength of life. The Bible uses the word "heart" primarily to refer to the ruling center of the whole person, the spring of all desires. The heart is seen as the seat of the will, intellect, and feelings. According to the Bible, the heart is the center not only of spiritual activity but of all the operations of human life.

Deuteronomy 6:5 **"And thou shall love the Lord thy God with all thine heart.....**

The heart is the "home of the personal life," and hence a man is designated, according to his heart. The heart is also the seat of the conscience.

"Which show the work of the law written in their hearts, their conscience also bearing witness, and their thoughts the mean while accusing or else excusing one another." Romans 2:15.

The heart is part of man's spiritual makeup. It is the place where emotions and desires begin; it is that which drives the will of man towards action. The physical heart is an organ that pumps blood. However, the heart of man as described in the Bible is primarily a spiritual organ that drives man's behavior.

THE HEART OF GOD

Before we look at the human spiritual heart, we'll mention that, since God has emotions

and desires, He, too, can be said to have a "heart." We have a heart because God does.

David was a man "after God's own heart" Acts 13:22

And God blesses His people with leaders who know and follow His heart. (1 Samuel 2:35, Jeremiah 3:15)

Spiritual life begins in the heart, and it begins with God. God also has a heart and has emotions and desires which drive His behavior toward His creatures.

For example, **He "desires all people to be saved and to come to the knowledge of the truth."** 1 Timothy 2:4

There are a vast number of things about God we do not understand, but this verse is quite clear: God is a Savior at heart. He wants people to be saved and to delight in knowing the truth, and in knowing Him. When our hearts are afraid of condemnation, we can be comforted by the fact that **"God is greater than our heart, and he knows everything."** 1 John 3:20

And when things do not make sense to our hearts, "trust in the Lord with all your heart and do not lean on your own understanding." Proverbs 3:5

Heart occurs over one thousand times in the Bible. It denotes a person's center for both physical and emotional-intellectual-moral activities; sometimes it is used figuratively for any inaccessible thing.

"Man looks at the outward appearance, "says Samuel, "but the Lord looks at the heart." 1 Samuel 16:7.
".....The king's heart is unsearchable to humankind." Proverbs 25:3
"But the Lord searches all hearts to reward all according to their conduct." Jeremiah 17:10.
".....In the time of judgment, God will expose the hidden counsels of the heart." 1 Corinthians 4:5.

Jesus says that the heart's secrets are betrayed by the mouth, even as a tree's fruit discloses its nature. Matthew 12:33-34.

"A wise man's heart guides his mouth, "says Solomon Proverbs 16:23.
Most important, the mouth confesses what the heart trusts Romans 10:9.

WHAT IS THE HEART IN THE SCRIPTURE?
As human beings we have a physical heart. But we are all aware that we also have something within us we recognize as our inner heart.

Matthew 9:4
"And Jesus, knowing their thoughts, said, Why are you thinking evil things in your hearts?"

According to the Bible, our heart is not something we feel emotion with. Because it's composed of our mind, our will, our emotion, and our conscience, it does much more; our heart

also thinks, decides, and senses right from wrong.

Thinking is something of the mind, but the Lord Jesus asked the scribes why they were thinking in their hearts. This shows that our mind is part of our heart.

Hebrews 10:22
"Let us come forward to the Holy of Holies with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and having our bodies washed with pure water."

As this verse shows, our conscience is a part of our heart. Since our conscience is what blames or condemns us when we're wrong, this verse clarifies that our conscience is a part of our heart.

PRAYER POINTS

1. I cast out every wicked imagination in my heart, in the name of Jesus.
2. I pull down the stronghold of confusion in my heart, in the name of Jesus.
3. Every seat of confusion in my heart and life be broken down, in the name of Jesus.
4. The powers that want to destroy my heart, I command you to be destroyed in the name of Jesus.
5. Every faulty foundation in my heart, receive the fire of God and receive healing, in the name of Jesus.

6. I fire back every arrow fired into my heart, back to the sender in the name of Jesus.
7. My heart, receive the divine touch of God and be healed, in the name of Jesus.
8. Lord strengthens me in my inner heart with your fire and power, in the name of Jesus.
9. Every destruction prepared against my heart backfire to the sender, in the name of Jesus.
10. I command the voice of confusion to be silence now by fire, in the name of Jesus.

CHAPTER TWO

THE FUNCTION OF OUR INNER HEART

The Lord tells us in Mark 12:30, **"And you shall love the Lord your God from your whole heart."**

Our relationship with the Lord is always begun and maintained by the heart. Of course, to contact the Lord is a matter of the spirit, but this must be initiated and maintained by the heart, for our heart is the gateway of our whole being.

Our heart is the gateway, the portal, of our entire being. So whether we open or close the doors of our heart determines what we let into our inner being:
In other words, the heart becomes both the entrance and the exit of our being. Whatever enters into us must enter through the heart. Whatever comes out from us must proceed through the heart.

We can see that our heart functions as both the loving organ and the gateway of our being if we recall our salvation experience. When we heard the gospel of how the Lord Jesus died on the cross for our sins, our hearts were touched.

We sensed the depth and the sweetness of His love for us and responded to His love. We couldn't help but love Him in return for all He did for us. So we opened the doors of our heart to believe in Him and we received Him.

We received Him into our spirit and were born again of the Spirit in our spirit, but it was our heart that first had to open to let Him in.

THE FUNCTIONS

1. **The Heart as Center of body Activity:** The heart is the center of life and the strength of the body. No one survives in life without the heart. It is the source of power for human beings.

2. **The Heart as Center of Feeling:** The emotional state of the heart affects the rest of a person.

"A happy heart makes the face cheerful, but heartache crushes the spirit." Proverbs 15:13

3. **The Heart as a center Intellectual Activity:** The heart thinks, remembers, reflects, and meditates. Solomon's comprehensive wisdom and knowledge is described as his breadth of the heart.

"And God gave Solomon wisdom and understanding exceeding much, and largeness of heart, even as the sand that is on the sea shore." 1 King 4:29

More specifically, as the eyes were meant to see and the ears to hear, the heart is meant to understand, to discern, and to give insight.

Proverbs 2:10, **"wisdom will enter your heart" by "wisdom will come into your understanding."**

Paul says of the perverse, their foolish hearts were darkened (Romans 1:21); they could not see the light of moral truth. The hearts of saints, however, are enlightened (2 Colossian 4:6; Ephesians 1:18).

As the mouth reveals what is the heart, the ear determines what goes into it. The heart needs to be educated by filling it with God's word (Proverbs 22:17-18).

4. **The heart as a center of Moral Activity:** The heart may condemn us, but God is greater than our hearts (1 John 3:20).

5.

David prays that God would create for him a pure heart to replace his defiled conscience (Psalm 51:10).

The heart plans make commitments and decide. It is the inner forum where decisions are made after deliberation; here a person engages in self-talk.

The process of salvation begins in the heart by the believing reception of the testimony of God, while the rejection of that testimony hardens the heart.

"Harden not your heart, as in the provocation, and as in the day of temptation in the wilderness." Psalm 95:8

The soul of a human being is the person himself, but the heart is the person in action. This means that whenever you act, you act by your heart. Therefore, we may say that our heart is our representative in action. We have something in our inner being that represents us, and this representative is our heart.

OUR HEART AND OUR RELATIONSHIP WITH THE LORD

God created us in such a marvelous way with a spirit to contact, receive, and contain Him as life, and with a heart to love Him! He wants to be our life, and He wants us to love Him, even with our whole heart. This is the relationship the Lord wants to have with us —in life and in love.

Our relationship with the Lord is both begun by our heart and maintained by our heart. Therefore the condition of our heart is very important. In fact, many problems in our Christian life are really "heart problems."

PRAYER POINTS

1. I pull down every stronghold of uncontrollable thoughts in my heart, in the name of Jesus.
2. I cast down every evil imagination in my heart, in the name of Jesus.
3. I bring into captivity every area of my thought life and heart to the obedient of Christ, in the name of Jesus.

4. I break the power of evil remote control over my heart and thought, in the name of Jesus.
5. I seal off every doorway of evil, uncontrollable thought, in my heart with the blood of Jesus.
6. Thou demon of uncontrollable thoughts release my heart and perish, in the name of Jesus.
7. I scatter into pieces every evil imagination against me in the name of Jesus.
8. I command all imaginations contrary to my prayer life to be defeated, in the name of Jesus.
9. I cast down and bring to naught every demonic heart imagination against me and my family, in the name of Jesus.
10. I immune my heart against every vain imagination, in the name of Jesus.

CHAPTER THREE

DIFFERENT TYPES OF HEARTS IN THE BIBLE

Scripture describes the hearts of various individuals as varying both in overall attitude and in intensity. Let us first consider some descriptions of the attitude, or character of the heart.

THERE ARE BAD OR SICK HEARTS:

- Proud heart- 2Chronicles 25:19; 26:16; 32:25, 26; Proverbs 21:4
- Idolatrous heart- Ezekiel.14:4, 7
- Turned away (from God) heart - 1Kings 11:3,4, 9; Isaiah 29:13
- Hardened heart- 2Chronicles 36:13; Isaiah 63:17; Hebrews 3:8,15; 4:7
- Embittered- Psalms 73:21
- Stubborn heart- Psalms 81:12
- Erroneous heart- Psalms 95:10; Acts 7:39
- Deceitful heart- Jeremiah 17:9
- The backslider in heart- Proverbs 14:14
- Diabolic heart- John 13:2
- Mischievous Heart- Proverbs 28:14, 22:15, Romans 1:21
- Whorish Heart -Ezekiel 6:9, Hosea 4:12, 9:1
- Covetous Heart - Jeremiah 22:17
- Evil Heart - Jeremiah 3:17,7:24,11:8,16:12, Hebrews 3:12
- Wicked Heart -Deuteronomy 15:9, Proverbs 6:14, Jeremiah 4:14-18

- Bitter Heart -Ezekiel 27:31, Hebrews 12:15, James 3:14
- Foolish and Darkened -Romans 1:21
- Stony Heart -Ezekiel 11:19, 36:26

THERE ARE GOOD HEARTS:

- Clean heart- Psalms 51:10, Psalms 73:1, Proverbs 20
- Heart to fear the Lord- Deuteronomy 5:29
- Broken and contrite heart- Psalms 51:17
- Tender heart- 2Kings 22:19; 2Chronicles 34:27
- Steadfast heart- Psalms 57:10
- Joyful or glad heart- Proverbs 15:13; 17:22
- Tranquil heart- Proverbs 14:30
- Upright heart- Psalms 32:11
- A heart after God's own heart- 1Samuel 13:14; Philippians 2:20
- Honest and Good -Luke 8:15
- Perfect Heart -1 Kings 8:61, 1 Chronicle 29:9
- Meek and Lowly -Matthew 11:29
- Wise Heart -Exodus 28:3,35:25, Proverbs 10:8, 11:29
- Merry Heart -2 Chronicles 7:10, Proverbs 15:13-15, 17:22
- Pure Heart -Psalms 24:4, Matthew 5:8, 1 Peter 1:22
- Upright Heart - Psalms 32:11, Psalm 36:10, Psalm 64:10, 97:11

CHAPTER FOUR

SPIRITUAL HEART DISEASE

The number one killer disease is the diseases of the heart. You can see a man that is very strong and healthy today and by tomorrow you hear that he is no more (dead).

Most of us are familiar with the heart that is the organ in the center of our chest, which pumps all of our blood and is necessary for life. Similar to this central organ of our physical life, we all also have an inner "heart," the center of all of our thoughts, feelings, and emotions.

A lot of Christians are suffering from spiritual heart disease without them knowing.

THE CAUSE OF SPIRITUAL HEART DISEASE

Sin is the major cause of spiritual heart disease. Sin is a sinker; it caused the entrance of sickness and disease, and thorns and thistles in the hearts of all men and women.

The deadening in part of our inner hearts are a constant source of messages of unworthiness, ungodliness, and inadequacy. People are continually seeking ways to ease this pain through self-medication and other forms of self-anesthesia.

Some learn to overcome their heart disease by inflating their own image of themselves, while others seek comfort and pain relief through sensual pleasure, intoxicants, sex, and materialism, etc.

No matter what we do, anything other than putting God in His rightful place in our hearts only intensifies the pain of this inner heart disease.
What is the product of spiritual heart disease? Sweating and toiling. Even when you are in an air-conditional room, you will still be sweating.
Many people are physically healthy but sick in their hearts. Many are healthy but are spiritually sick.
One of the main missions of our Lord Jesus Christ: Our Lord Jesus Christ was sent to heal the brokenhearted.

Hear what Jesus said:
The Spirit of the Lord is upon me because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted..... Luke 4:18

So Jesus came to heal the brokenhearted. Jesus came to bring healing so that our hearts can be whole and we can no longer carry the wounds that sin brought into our lives. Not only sins cause our hearts to be broken but losing loved ones through death or divorce, loss of a job, pet, or any kind of loss.

The grief that we suffer because of the difficulties we face in life can be unbearable at times and we can literally feel like our heart is broken into two pieces.
Jesus not only came to heal us physically—as He did many people while He was here (e.g. lame man, a blind man, lepers, the woman

with the issue of blood) and spiritually from the bondage of sin but also emotionally. Thank God that Jesus came to be a Healer of the emotional pain we suffer as well as the physical and spiritual pain.

Psalm 34:18- **"The Lord is near to the brokenhearted and saves those who are crushed in spirit."**
Proverbs 18:14 says **"The spirit of a man will sustain his infirmity, but a wounded spirit who can bear?"**
There is such a thing as a "wounded spirit" and apparently it leads to a lot of pain, not only for the person who has it but also for those who are close to that person or get around him (or her).
If your spirit is wounded, it is difficult or impossible to rejoice. This is difficult because God actually commands us to rejoice!
That command might seem very unreasonable to a person with a wounded spirit. I know it seemed unreasonable to me for many years, despite all my earnestness in the things of God.

You can do many things in God and know many things and still have a wounded spirit. This will affect your ability to receive God's love and rejoice in God or even in God's Creation. I'm sure many of us today have wounded spirits and need to ask God for a healing of our spirits.

The Good News is that this is possible because Jesus came to heal the brokenhearted.

If Jesus said it, we can believe it. He wants to do it. We just need to call out in all honesty to Him for this aspect of salvation to work in our inner lives. It will cause a huge transformation.

PRAYER POINTS

1. I cast down, plunder and frustrate every satanic imagination in my heart, in the name of Jesus.
2. I take authority over every evil thought, in the name of Jesus.
3. Lord, I pull every stronghold of the enemy over my heart and life, in the name of Jesus.
4. I pull down and roast every demonic ladder the enemy is using to climb into my heart and life, in the name of Jesus.
5. I come against every evil pronouncement made against my life, in the name of Jesus.
6. I arrest and bind every satanic decree written against my life, in the name of Jesus.
7. I cancel and nullify every imagination of the enemy upon my destiny, in the name of Jesus.
8. I command my heart to become the heart of Jesus, in the name of Jesus.
9. I take captive every evil thought in my heart, in the name of Jesus.
10. Blood of Jesus, cleanse my heart from every thought in the name of Jesus

CHAPTER FIVE

LOVE THE CURE OF HEART DISEASES

God, as the great physician, has provided us the prescription for the remedy that will result in complete healing and a full recovery. God's love is a divine elixir; the only cure-all for all that ails the heart.

The medicine is an injection of love, which must be administered into the very center of our hearts.

Deuteronomy 6:5 and 6

Love the LORD your God with all your heart and with all your soul and with all your strength.

These commandments that I give you today are to be upon your hearts.

Jesus also prescribed the same treatment when he reminded his disciples and others that God, and God alone, was to have the place of greatest prominence in our lives (Matt. 22:37-39).

Adam's sin of turning away from God created such a gaping hole in the heart of all mankind that only God can fill it. Sadly, men and women throughout the ages have devoted themselves to every type of pursuit, other than the one and only thing that provides complete healing.

LOVE IS THE CURE FOR IDOLATRY

God never intended Christianity to be a part-time leisure activity, something we do only when we feel like it or when it is popular.

Nominal Christians, those who are Christ's followers in name only, will never experience the cure for their heart disease.
Filling our hearts with love, expressed as complete devotion to God, leaves no room in our hearts for any idols.
God designed us to worship, with the intention that He would be the object of our devotion. When God is not occupying His rightful place in a person's life, he will constantly be in search of something else to worship.

It is as if the heart becomes an idol factory, mass-producing one man-made god after another. Our hearts constantly become attached to whatever draws our devotion. In times past men and women served carved totems and graven images representing unseen spirits and mystical forces.
Today people still serve idols but they are idols of the heart, which is anything that takes precedence over God.

Most Christians can recognize the idolatry involved when a person pursues the idols of money, power, and pleasure, but even good things in life can be idols when we make them the "ultimate" things.
It is idolatrous whenever I assert my will above God's will or believe my thoughts more than what God says about me. Having too high or too low of an opinion about ourselves is always idolatrous.

One problem with inner heart disease is that it causes us to see ourselves wrongly. Only a

loving God fully, and experiencing His love in our hearts, brings truth and frees me from the grasp of my false gods. Idols cannot merely be torn down; they must be replaced because the nature of the heart is to worship.

We must tear ourselves away from the altars of "self" and fall with full devotion before God, serving Him with our whole heart, soul, mind, and strength. Loving God in all we think, say, and do, leaves no room in our hearts for idols and is the only cure for our heart disease.

I am talking about AGAPE LOVE. This is a love that people have referred to as "the love of God." It is an intense love always showed by devotion, obedience, and action.
The very nature of agape love is that it motivates you to overcome any feelings you may have at the moment because of your devotion to doing what is best for another person. It is impossible to say you love someone, in the agape sense of love, and then not do loving things for him or her.

This is the type of love that is selfless and is always focused on the goodwill of others. This love always seeks to do what is best for others, which is why God says **"it does not envy," "it is not rude," "it is not self-seeking," and "it is not proud"** (1 Corinthians. 13:4 and 5).

Agape love is the motivating force in a person's heart that always prompts us to obey God and act with godliness towards others. It

activates our sense of duty and obligation to God by transforming them into actions. Filling our hearts with this love for God and others is the divine elixir that brings a complete remedy to our heart disease.

God does not love us because we deserve to be loved or because we are worthy of His love. God loves us because God is love (1 John 4:8). He cannot do anything other than love because it is His very nature. He is completely and pure love and He loves us unconditionally, with no hesitation, and with no wavering.

He does not love us any more when we are good, or any less when we are bad. This is a truth that must permeate the core of our being. We are all worthy of His love only because He first loved us and has made us worthy.

God tells us that no matter how spiritually powerfully we walk, even having enough faith to move a mountain, if my motivation is not loving then "I am nothing" (1 Corinthians 13:1-3).

Without love, all of my talents and gifts, and all the sweat of my brow adds up to a big fat "zero" in God's ledger books. God has given us the ultimate gift, the gift of salvation and everlasting life, and, like any investor, He expects us to properly steward that gift by providing Him a return on His investment in the form of a life of loving Him and others.

When we do not grasp God's complete love for us we seek out our own salvation, our wholeness, through avenues other than Him. The more we inoculate our hearts with the truth of God's great love for us, the more complete and whole we become, and the more we are able to love others.

When God's love permeates our minds and hearts we become convinced that there is no good thing He would ever withhold from us. We free ourselves from idols, die to ourselves, and lose ourselves to Him.

PRAYER POINTS

1. Demons in my heart, get out now, in the name of Jesus.
2. Arrows fired to make my inner heart misbehave, backfire, in the name of Jesus.
3. Ancient padlock, bringing battles to my heart, break by fire, in the name of Jesus.
4. My heart, carry the fire of God, in the name of Jesus.
5. Lord, give me the grace to experience the brokenness of the heart and mind, in the name of Jesus.
6. The battles that entered my heart after a particular dream, expire now, in the name of Jesus.
7. Any power sucking the goodness in my heart, die by fire, in the name of Jesus.
8. O Lord, give me a mature heart, in the name of Jesus.
9. Power to overcome the sin of the heart, overshadow me, in the name of Jesus.

10. The devil will not hijack my heart, in the name of Jesus.

CHAPTER SIX

THE HEART IS A METAPHOR FOR THE INNER LIFE

Jesus spoke a great deal about the heart. The heart is a metaphor for the inner life. The word Jesus used means the seat of the physical, spiritual and mental life. The heart is the center and the source of the whole inner life, thinking, feeling, and willing.

God is concerned, primarily, about your heart. He wants you to have a healthy heart. He said to Samuel, 'The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart' (1 Samuel 16:7).

Guard your heart against unfaithfulness

Jesus taught that adultery starts in the heart. He said, **'I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart'** (Matthew 5:28).

Adultery does not usually just appear from nowhere. The unfaithfulness starts with the heart. This is where we have to exercise self-discipline. Take these words of wisdom and 'bind them upon your heart'.

Love the Lord your God with all your heart

"Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

"Well said, teacher," the man replied. "You are right in saying that God is one and there is no other but him." **Mark 12:30–31**

To love him with all your heart, with all your understanding, and with all your strength, and to love your neighbor as yourself is more important than all burnt offerings and sacrifices."

If I was asked to summarize this teaching in one word, I would use the word 'love'.

We now know that Jesus is 'the Lord'. The command to love the Lord with all your heart is a command to love Jesus with all your heart.

Jesus is concerned not with outward appearances but with the heart.

Focus not on the outward appearance, but on the heart

As he taught, Jesus said, "Watch out for the teachers of the law. They like to walk around in flowing robes and be greeted with respect in the marketplaces.

And have the most important seats in the synagogues and the places of honor at banquets. They devour widows' houses and for a show make lengthy prayers. These men will be punished most severely." **Mark 12:38–40**

Speaking for myself, hypocrisy is always a danger in my life. It is a temptation to be concerned about position, platforms, titles, and honors. And we have to be careful about praying prayers to impress, rather than from the heart.

Jesus criticizes the leaders of his day because their hearts are not right. They are far more concerned about outward appearances than about their own hearts.
He says, 'They love to walk around in academic gowns, preening in the radiance of public flattery, basking in prominent positions, sitting at the head table at every church function. And all the time they are exploiting the weak and helpless. The longer their prayers, the worse they get.

All the things mentioned show their love of being shown deference and of receiving honor from other people. But God is not concerned about status and show. He is concerned about our hearts.

Give with a generous heart

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts.
But a poor widow came and put in two very small copper coins, worth only a few cents.
Calling his disciples to him, Jesus said, "Truly I tell you, this poor widow has put more into the treasury than all the others.
They all gave out of their wealth; but she, out of her poverty, put in everything all she had to live on." **Mark 12:41–44**

Jesus is not concerned about the size of your wallet. He is concerned about the size of your

heart. Jesus challenges the conventional assumption that large gifts are worth more to God than small ones.
He encourages us that it is not only the rich who can please God through their giving–the poor can do so as well. He challenges the rich that it is not enough to give sums that surpass that of the poor. Jesus was looking for generous and sacrificial hearts.

What we give, and how we give reflects our hearts. Jesus does not criticize the rich people who throw in large amounts of money. But he says that the poor widow who gives 'two very small copper coins, worth only a few pence has put in more than all the others.
Jesus sees her heart and the fact that 'this poor widow gave more to the collection than all the others put together.

All the others gave what they'll never miss; she gave extravagantly what she couldn't afford—she gave her all. Others look at the outward appearance; Jesus looks at the heart. It is not the amount, but the attitude of the heart that matters to God.

Keep your heart holy and healthy

At the time of Jesus, many of the teachers were putting the emphasis in the wrong place. They thought that holiness could be attained by obeying a whole lot of rules that concerned outward behavior and actions, rather than heartfelt obedience towards God.

Jesus pointed out that there is something far more important than all of this. As we see

in today's New Testament passage, **'To love [God] with all your heart, with all your understanding, and with all your strength, and to love your neighbor as yourself is more important than all burnt offerings and sacrifices'** (Mark 12:33).

Holiness is not a matter of outward appearance. It is a matter of the heart.
As I said earlier, the heart is the center and the engine room of the body.

"Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength and my redeemer." Psalm 19:14

Let me ask you a question? If God granted the request of your heart, will you be happy? For me, the answer is capital YES. I will surely be happy.

Are the words from your mouth in agreement with the meditation of your heart?
Mostly when we are in the church and the pastor is preaching the word of God our hearts will be somewhere else. You are looking at the person preaching but you are thinking of your boyfriend or girlfriend or the food you will eat after the service when you get home, hear me, this means your heart is sick. How do you expect your prayer to be answered?

"A merry heart doeth good like a medicine but a broken spirit drieth the bones." Proverbs 17:22

When your heart is merry, you will not be sick. Let your heart be merry anytime you are in the house of God and before you even pray God will quickly answer your request. People that have a merry heart are the friends of God. Your heart determines what you receive from the Almighty God.

When your heart is sick, the sickness of your heart will pollute your body. When your heart is sick, God will not answer your prayers. Do not allow the devil to control your heart; if the devil can control your heart, then he will control your destiny.
If Satan cannot control your heart, then your destiny remains untouchable. If God must answer your prayer it must start from your heart. Your heart must be a
clean heart. You must determine something good in your heart. Always propose good things in your heart and God will back you up.

No wonder David said "Create in me a clean heart. A new heart and mind are needed for you to work in the realm of signs and wonders. That is why it is very important we surrender our hearts to God.
The Bible states that God created us in His own image. This means we must think the way God thinks. We must have God's wisdom and understanding in our lives.
Every unclean thing in your heart will hinder your prayer.

PRAYER POINTS

1. Arrow of sickness fired into my heart, come out by fire, in the name of Jesus.
2. I shield my heart with the fire of God from evil thought, in the name of Jesus.
3. Heavenly thoughts fill my heart, in the name of Jesus.
4. Blood of Jesus, cover my heart and head, in the name of Jesus.
5. Yoke breaker, Jesus Christ, break every yoke of heart disease in my heart, in the name of Jesus.
6. You, my heart, in the name of Jesus, you will not push me to hell, in the name of Jesus.
7. Every evil attack on my heart be defeated, in the name of Jesus.
8. You, my heart, receive the touch of the fire of God, in the name of Jesus.
9. In the name of Jesus, I will make be great in life, in the name of Jesus.
10. Blood of Jesus, sanitize my heart, in the name of Jesus.

CHAPTER SEVEN

IS YOUR HEART IS DIRTY?

When your heart is dirty, it means sin is in your heart. It means sin is in your heart. A dirty heart cannot receive an answer to prayer.

"For out of the heart come evil thoughts, murder, adultery, fornication, theft, false witness, slander. These are what defile a man, but to eat with unwashed hands does not defile a man." "For out of the heart come evil thoughts, murder, adultery, fornication, theft, false witness, slander." Matthew 15:19

"For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh; for these are opposed to each other, to prevent you from doing what you would." Galatians 5:17

Many of us who call ourselves Christians find that. We find that the Spirit of Jesus is within us, He makes us want to come to church, makes us want to read the Bible, makes us want to pray, gives us a lot of good desires, but alongside his Spirit, there seems another spirit that is working against that Spirit within us and that is the spirit that seems to pollute our hearts.

Now most of us have taken the attitude, "Well, that's life, that's life, it's an eternal struggle between good and evil, that's what

life is about. That's the best that God can offer us."

That's what most Christians do, they have received the Spirit of Jesus into them and then that Spirit has to fight against the spirit of carnality or the "spirit of self" is within them and that's the battle, that's the battle of faith. So, most children of God have settled down to an eternal struggle to overcome those things.

Most of us who have received Jesus, this is what we say: "I do not understand my own actions. I do not do what I want, but I do the very thing I hate." The Spirit of Jesus within me wants to do certain things, but I end up doing the very thing I hate.

"Now if I do what I do not want, I agree that the law is good." So there's a part of me that's saying that's good. "So then it is no longer I that do it, but sin which dwells within me." Loved ones, that's the problem, it's sin.

Now let me explain sin. Sin is living as if there's no God and it's living in dependence on the world and your ability with your mind to get from the world what you need. Instead of depending on God and depending on faith in Him, you depend on the world and on your ability to manipulate the world to get what you want. That's what sin is.

HEART BONDAGE

I want to look at some bondage that comes in the heart as a result of dirty a heart.

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Proverbs 4:23. It says—**"Guard your heart with all diligence, for out of it, flow the issues of life."**

Be a watchman over your heart. The Bible says: there's a reason you need to guard or watch over your heart carefully; because it's out of your heart that the borders or limitations of your life are established.
What is happening in your heart will always manifest in the world around you. Jesus said: when people speak, they speak what is in their heart.

In Proverbs 4, it says, **"out of your heart flow the issues of life'.** We don't just live from our head and our thoughts; we live out of the flow of what's in our heart. If there's a root of bitterness if your heart, it will just flow like a river of poison, into every relationship you're in. It will be demonically empowered, and it will just show up in your life. It will defile all your relationships. So, we need to recognize these things and to deal with the root.

Inevitably, what's in the heart will find its way out through the words, or the countenance will be seen by its fruit. For example, if someone is bitter if you ask them "Are you bitter?" They say "No, of course not."

"Are you harboring deep anger and unforgiveness?" "No. No. Why do you think that?" If you know what to look for, you will find so many people are very bitter. Let me just share what you look for. These are some signs of bitterness flowing.

Bitterness shows up in several ways.

1. First, it shows on the face—there's no joy. A bitter person cannot be joyful. Their joy doesn't last, because their heart is bitter.
2. Secondly, if a person's got bitterness, often you can see it on them on their face. It looks sour. It just shows some people. The older they get, the more it shows - it can't be hidden. You find some people when they're older, they're sweet and loving; other people when they're older... You can feel it.
3. Another way it shows is in sharp words. Sharp, cutting words. The word 'bitter' means literally 'to be sharp'. When you hear sharp, cutting words, bitterness underlies it.
4. It's also seen by anger that's suppressed. When a person's bitter, they often hold anger underneath. You can literally feel their disapproval, but they're not saying anything.
5. Another way, bitterness shows is complaining. Complain this, complain that, and complain about something else. They can never rejoice and be thankful.
6. So, another sign of bitterness is ingratitude; because underlying bitterness is anger and unforgiveness; unforgiveness is a demand. So, when a person is bitter, they can't be grateful

for what they have, there's still a demand for what they don't have.

7. Another evidence of bitterness is blaming. It's all you. You, you, you. That constant blaming, accusing people, is evidence of bitterness, and resentment, and anger.
8. Another symptom of bitterness is the inability to congratulate other people on their success. So he gets promoted, "Oh, why did he get promoted. He doesn't deserve it." There's an ability to celebrate the victories of other people.

You ask the person "I think you're bitter." "No. Why are you saying this to me?" So, I used that just as an example, to show you that: what is in the heart, will find a way out. These are some evidence of bitterness, which is like a root that defiles.

So, I just use it to illustrate that if things are in your heart, they find their way out. No matter how much you try to pretend and make your life look good, it flows out; and if you're spiritually sensitive, you can often feel it. It's like there's a tension around the person.

We've established then, that whatever's in your heart will flow out into life. I want to just share with you then, some typical bondages of the heart; and then what do you do to deal with each one of them, because demons will attach to these bondages of the

heart and intensify them. Here's a list of some bondages that affect the heart of people and affect their lives.

The first heart bondage is the area of bitter root judgments.
A bitter judgment is a judgment that's made of feelings of bitterness and resentment. It causes a cycle of reaping to take place in a person's life. For example, "You can never trust a man; they'll always let you down." "You can never trust a woman, they'll always try to control you."
"Don't trust authorities, they'll always abuse you." "Trust no one; people will always let you down." Now, those are judgments. Bitter judgments often have the word 'always' or 'never' in them. "Never trust a man. They'll always let you down." There are so many kinds of judgments: "I'll never succeed." "I always fail." "Nothing I do ever works out."

You notice there's a common thread of negative bitterness in there. When there is bitterness in our heart, and we make a judgment, it's like negative faith. We attract into our lives, the very judgment we've made.

Notice what it says in Hebrews 12: 14 – 15, it says **"Pursue peace with all people, in holiness without which no one will see the Lord, looking carefully lest anyone fall short of the grace of God; lest any root of bitterness spring up, cause trouble, and by this, many become defiled."**

A bitter root judgment is a reaction to being hurt. You may have been hurt by one or two men, and then you judge "all men are like this".

Jesus said in Matthews 7:1-2, **"Don't judge, or you will be judged. For whatever judgment you judge with, you will be judged. In the measure you judge, it'll be measured back to you."**

So, when we face difficult or painful circumstances in life, we choose whether we release grace into it or judgment. If you release judgment, you set in place a cycle of reaping the very thing you judged.

For example, a woman who judges her father bitterly will usually attract a person into their life who's just like their father. It's like a belief that that's what will happen. It literally attracts and draws into the person the very thing that they've judged.

A story was told about a man, he was wealthy, but he was extremely driven. There was no rest inside him. He had grown up in a family that was very poor, and he had been embarrassed by the clothes they used to wear to school. So, he made an inner vow: "I will never be poor. I will work and have money." Now he had money, he couldn't stop working; and he couldn't enjoy what he had, because in his own heart he believed he was poor, and this inner vow drove him.

No matter how much he had, it was never enough. He just had to keep working to get

more. So, this drive deeply hurt his family. He needed to renounce that inner vow and release or acknowledge the grief and pain he'd experienced as a child.

Bitterness leads to jealousy and envy which give birth to hatred. There is no how these things will be in the life of a person and the person will not have hatred inside. And any believer that has hatred against anybody and does not repent will go to hellfire.
"If I regard iniquity in my heart, the Lord will not hear me: But verily God hath heard me; he hath attended to the voice of my prayer. Blessed be God, which hath not turned away my prayer nor his mercy from me." Psalm 66:18-20

The vapors of evil and the wickedness of the enemy have such a stronghold on the hearts and minds of many Christians today that they no longer understand that God is listening.

The people no longer believe the promise God made to His people in 2 Chronicles 7:14: **"If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land."**

The issue of the heart is very important. It blocks answers to our prayers. You are the one praying and canceling it. Until your heart is clean, God may not bless you.

PRAYER POINTS

1. Father Lord, forgive me for the times I have been concerned about status or show, in the name of Jesus.
2. Father Lord, clean my heart from all forms of unrighteousness, in the name of Jesus.
3. Father Lord, Help me be myself and not try to pretend that I am anything better than I am, in the name of Jesus.
4. Father Lord, Help me focus not on outward appearance but on the heart, in the name of Jesus.
5. Father Lord, deliver us from complacency over our giving, in the name of Jesus.
6. Father Lord, thank you for the challenge of the widow's offering, in the name of Jesus.
7. Father Lord, help me be generous and sacrificial in my giving. Give me a generous heart, in the name of Jesus.
8. You, the spirit of bitterness and hatred, come out of my life, in the name of Jesus.
9. Merciful Lord, you know my struggle to serve you: when sin spoils my lives and overshadows my hearts, come to my aid and turn me back to you again, in the name of Jesus.
10. O Lord, bless my heart, spirit, soul, and body, in the name of Jesus.

CHAPTER EIGHT

PURPOSE GOOD THINGS IN YOUR HEART

Today, because of the lack of cultivating healthy love in our hearts, many wander through life with severe heart conditions. I am speaking about more than just medical heart issues, but spiritual and emotional heart issues.

You must determine something good in your heart, purpose in your heart to do something good and God will back you up.

"But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank, therefore he requested of the prince of eunuchs that he might not defile himself." Daniel 1:8

There is what will call thermometer: it is an apparatus used to measure temperature. If scientists have something like "heart meter" to measure humans inner hearts; in some people's hearts, you will see lions, scorpions, snakes, etc.

The human heart is full of wickedness. It is only in a human kingdom that you will see a man that wants to kill you and he will still be your best friend, he will dine and eat with you, meanwhile, he is planning to kill you.

You can see that in the animal kingdom. If a lion wants to kill its prey, you will see it in his eyes. He will go for it and kill the prey. We

human beings are naturally wicked but always pretending to be good.

Purpose in your heart that your marriage will work! Purpose in your heart that your business will work!
Propose in your heart that you will stop smoking and taking hard-drugs! Purpose in your heart to stop stealing!
Purpose in your heart to stop committing adultery and fornication! Purpose in your heart that your relationship will work and the living God will back you up.

The word of God says, "As a man thinketh in his heart, so is he." Proverbs 23:7
"Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us." Ephesians 3:20

A young man, who was addicted to marijuana (Indian hemp) came to me for prayer one faithful day. I asked him, Youngman, what can I do for you? He said I want to be free from this addiction to marijuana. Man of God, please, pray for me.

I told him; it is very easy to be free from this bondage. Please close your eyes and say after me, then I said: "Father Lord, anytime I smoke again baptize me with tuberculosis."

The young man shouted, I can't say that Sir and he ran out of my office. That means his heart is not ready for his freedom. He is not ready to change from his old nature.

Jesus said to the Pharisees, **"O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh."** Matthew 12:34

It is what goes on in your heart that will come out of your mouth. You can't speak out good things when your mouth is full of evils. If you are not careful people will easily read what goes out of your heart from your face.

"A wise man's heart guides his mouth," says Solomon, Proverbs 16:23.
Most important, the mouth confesses what the heart trusts.
"For with the heart man believeth unto righteousness and with the mouth confession is made unto salvation." Romans 10:10

"Keep thy heart with all diligence, for out of it are the issues of life." Proverbs 4:23
The real issues of your life are in your heart. What are you doing with your heart?
A sound mind will speak a sound word. When the heart is sick, there will be total fear, even when you are under cold weather you will be sweating.

A man once cried unto God: "I want to be healed from the spirit of fear. Fear NEVER goes away! Everything makes me afraid. I am afraid of financial ruins and declining health. I am afraid for my children and my spouse, and for our nation.

I am fearful of evil men and of the antichrist, and of persecution. I am fearful of rejection,

and failure. If I decide I want to pray for healing of the sick, I am afraid the prayer will not work and I will look bad, God will look bad and people will be discouraged and fall away from the Lord. Lord, help!"

Fear is a big problem. Fear is mentioned many times in the Bible. Fear and unbelief began with the whisper of Satan, the voice of the accuser in the Garden of Eden when he said, "Has God said...?" (Genesis 3:1). He is still saying the same thing in our minds daily.

I consider, fear a heart wound. I define heart wounds as an attitude opposite to faith, hope, and love (1 Corinthians. 13:13).
So fear, hopelessness and anger would be the opposites of faith, hope, and love and would be considered three heart wounds and there are others.
The emotional state of the heart affects the rest of a person. A happy heart makes the face cheerful, but heartache crushes the spirit. A cheerful heart is good medicine, but a crushed spirit dries up the bones.

You must be happy always and the spirit of fear will vanish. I do tell people that the beginning of victory in life is cheerfulness.
"A fool hath said in his heart, there is no God. They are corrupt, they have done abominable works, there is none that doeth good." Psalm 14:1

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PRAYER POINTS

1. Lord, help me to take your words and bind them upon my heart, in the name of Jesus.
2. Lord, when I walk, may your word guide me, in the name of Jesus.
3. Lord, when I sleep, may your word watch over me, in the name of Jesus.
4. Lord, when I awake, may your word speak to me, in the name of Jesus.
5. Lord, May your word be like a lamp and light keeping me on the way to life, in the name of Jesus.
6. Lord, Guard my heart, from the spirit of errors, in the name of Jesus.
7. Lord, help me to love you with all of my heart and with all of my soul and with all of my mind and with all of my strength, in the name of Jesus.
8. Lord, help me to make You the number one priority in my life, in the name of Jesus.
9. Lord, help me to love my neighbor as myself, in the name of Jesus.
10. Lord, fill my heart with love today through your Holy Spirit, in the name of Jesus.

CHAPTER NINE

BEWARE OF EVIL HEART

I think one reason we don't "see" evil is because we find it so difficult to believe those evil individuals exist. We can't imagine someone deceives us with no conscience, hurting others with no remorse, spinning outrageous fabrications to ruin someone's reputation, or pretending he or her is spiritually committed yet has no fear of God before his or her eyes.

The Bible tells us that among God's people there are wolves that wear sheep's clothing.

"I have seen also in the prophets of Jerusalem a horrible thing: they commit adultery, and walk in lies: they strengthen also the hands of evildoers, that none doth return from his wickedness; they are all of them unto me as Sodom and the inhabitants thereof as Gomorrah." Jeremiah 23:14

Below are four indicators that you may deal with an evil heart rather than an ordinary sinful heart. If so, it requires a different treatment approach.

1. **Evil hearts are experts at creating confusion and contention.**

They twist the facts, mislead, lie, avoid taking responsibility, deny reality, make up stories, and withhold information.

Psalm 10"7, **"His mouth is full of cursing and deceit and fraud: under his tongue is mischief and vanity."**

Psalm 58:3, **The wicked are estranged from the womb: they go astray as soon as they be born, speaking lies.**
Proverbs 6:13, **He winketh with his eyes, he speaketh with his feet, he teacheth with his fingers;**
But if you look at the fruit of their lives or the follow-through of their words, you will find no real evidence of godly growth or change. It's all smoke and mirrors.

2. **Evil hearts crave and demand control, and their highest authority is their own self-reference**.

They reject feedback, real accountability, and make up their own rules to live by. They use Scripture to their own advantage but ignore and reject passages that might require self-correction and repentance.
Romans 2:8, **But unto them that are contentious, and do not obey the truth, but obey unrighteousness, indignation, and wrath.**

Psalm 36:1-4: "**The transgression of the wicked saith within my heart, that there is no fear of God before his eyes.**
For he flattereth himself in his own eyes until his iniquity be found to be hateful.
The words of his mouth are iniquity and deceit: he hath left off to be wise, and to do good.
He deviseth mischief upon his bed; he setteth himself in a way that is not good; he abhorreth not evil."

Evil hearts play on the sympathies of good-willed people, often trumping the grace card. They demand mercy but give none themselves. They demand warmth, forgiveness, and intimacy from those they have armed with no empathy for the pain they have caused and no real intention of making amends or working hard to rebuild broken trust.

Proverbs 21:10, **"The soul of the wicked desireth evil: his neighbor findeth no favor in his eyes."**
Jude 4, **For there are certain men crept in unawares, who were before of old ordained to this condemnation, ungodly men, turning the grace of our God into lasciviousness, and denying the only Lord God, and our Lord Jesus Christ.**

3. Evil hearts have no conscience, no remorse.

They do not struggle against sin or evil, they delight in it, all the while masquerading as someone of noble character.

Proverbs 2:14-15, **"Who delight in doing wrong and rejoice in the perverseness of evil, whose paths are crooked and who are devious in their ways."**

If you are working with someone who exhibits these characteristics, it's important that you confront them head-on. You must name evil for what it is. The longer you try to reason with them or show mercy towards

them, the more you, as the Christian, will become a pawn in his or her game.

KEEPING WISE COMPANY

Wise Company is a conducive atmosphere for the exercise of the heart and development, while the wrong company will corrupt the heart. The Bible says:

He that walketh with the wise men shall be wise: but a companion of fools shall be destroyed. Proverbs 13:20

Having wise friends, walking with wise people and connecting with wise associates enhance your heart development. The good thing is that they don't have to be there with you physically.

You can make friends through materials like books and tapes. You can make the authors and preachers your friends in absentia, people you relate with, in the school of knowledge.

Someone said, "you'll remain the same way you are today in five years, except for two things: the books you read and the people with whom you walk."

One way to determine who to associates with are to find out whether what the person is saying is profiting him/her or not.

Job 32:8 says:

"But there is a spirit in man: and the inspiration of the Almighty giveth them understanding."

Keeping a wise company will help your relationship with God to grow deeper daily but a wrong company will corrupt your heart.

PRAYER POINTS

1. O Lord, my maker, give me a teachable heart, in the name of Jesus.
2. Power to be bold to serve God with all my heart, come upon me in the name of Jesus.
3. Powers attacking the strength of my heart, receive the arrow of destruction, in the name of Jesus.
4. Bewitchment assigned against my heart, receive the arrow of destruction, in the name of Jesus.
5. Spirit of pride and hatred, I reject you; get out of my life, in the name of Jesus.
6. Father Lord, break every idol in my heart, in the name of Jesus.
7. I cast out every idol of the things of the world out of my heart, in the name of Jesus.
8. I circumcise all ungodly thoughts, thoughts of fear, worry, anxiety, hate, in the name of Jesus.
9. Every bad habit in my life, which refused to change before now, die and leave me alone, in the name of Jesus.
10. I break and renounce all legal holds or legal grounds which demons

of heart Control have, in the name of Jesus.

CHAPTER TEN

HOW TO HAVE A MERRY HEART

"But let the righteous be glad; let them rejoice before God: yea, let them exceedingly rejoice." Psalms 68:3

"A merry heart doeth good like a medicine: but a broken spirit drieth the bones." Proverbs 17:22

In Psalm 68 **"Medicine" here is defined as a "cure" or "healing." A glad heart makes the body healthy, it has a positive effect on our physical health.**

The Hebrew word merry means rejoicing and a glad heart. Doctors say that 75% of all people who are hospitalized are suffering from diseases that stem from the pressure that they put upon themselves; they don't live a happy, joyful life. They have allowed situations to affect their health.

People have different temperaments. Some internalize their problems, and some people act them out, but both of them will wind up in a place where they need healing for their body. Dry bones are brittle bones, easily broken. If you don't learn to have joy, you will be easily broken.

Now that we have looked at some benefits of having a merry heart, the question remains, how do we get a merry heart?

1. **The Word of God:**

Let's consider Jeremiah 15:16: **"Thy [God's] words were found, and I did eat them, and thy word was unto me the joy and rejoicing of mine heart...."**

God's Word is what makes our heart merry!

The more we learn about God's Word, the more we understand God's heart for His children. We fill our heart with the truth of God's Word and we believe what that Word says because God is able and willing to perform what He has promised in His Word.

The Word rejoices our heart, and we can read it every day! Whether it's a verse or a chapter or the time we spend with God in His Word helps us to see why our hearts can be merry. We can rejoice in the Word we know, being confident that God will take care of us in every situation.

Having a merry heart also involves controlling what we think. God lovingly gave us the ability to control our thinking; we can choose what thoughts we keep and what thoughts we discard. You may ask, "How can I control every thought that comes into my mind?"

It is a moment-by-moment process of deciding what we hold fast to and what we get rid of. And a great key that will help us is to keep pouring on the pure truths of God's Word. We can fill our minds with the encouraging, gladdening, powerful promises of God—leaving no room for negative thoughts to linger.

"Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." Philippians 4:8

As we each think on the positives of God's Word, we put that Word in the innermost part of our mind. We fill our heart with God's Word and then think the Word and believe it. And what goes on inside, shows outside. We bring into evidence in our lives the ideas and beliefs we hold in our hearts.

"For as he thinketh in his heart, so is he.... Proverbs 23:7

Having a merry heart has a positive effect on our physical health joyfully shows on our faces and opens doors to help others around us. The thoughts we hold in our hearts affect what we say, what we do, and how people see us. We can decide each day to have a merry heart by reading the abundant promises God has given to us in His Word, trusting that what He says in the Bible is true.

We have the power to change our thoughts. We take one thought at a time, line it up with what God says, and believe His Word. Because parents provide for the needs of their children physically, mentally, and spiritually, their children can live with joy in their hearts. Because our heavenly Father provides

for all the needs of His children, we too can have a merry heart!

2. The Fear of the Lord

How blessed is the man who fears always, But he who hardens his heart will fall into calamity. Proverbs 28:14

Then those who feared the LORD spoke to one another, and the LORD gave attention and heard it, and a book of remembrance was written before Him for those who fear the LORD and who esteem His name.

"They will be Mine," says the LORD of hosts, "on the day that I prepare My own possession, and I will spare them as a man spares his own son who serves him." Malachi 3:16-17

The eyes of the Lord are upon those who fear Him. God will not forsake His own elects that fear him.

What is the fear of the Lord?

Answer: Do not do what will break the heart of the Lord.

"The fear of the LORD is the hatred of evil. Pride and arrogance and the way of evil and perverted speech I hate." Proverbs 8:13

"And he said to man, 'Behold, the fear of the Lord, that is wisdom, and to turn away from evil is understanding.' Job 28:28

The Bible says that **"Man looketh on the outward appearance, but the Lord looketh on the heart"** (1 Samuel 16:7).

When God looks at a man, He doesn't look to see the color of his skin. He doesn't look to see the kind of clothes he wears. Nor does He consider his social position. The Bible says that God looks upon the heart to see what you are on the inside—the thoughts, motives, and intents of the heart.

The questions I want to ask you are these: Is your heart right with God? Are you doing what will break the heart of God?

The Bible shows a great deal about the condition of the average person's heart. In Proverbs 6:18, the Bible speaks of a "heart that deviseth wicked imaginations."

The Bible says that your heart is full of evil imaginations.

And the Bible says, in Jeremiah 17:9, **that "the heart is deceitful above all things, and desperately wicked: who can know it?" when your heart is deceitful even you cannot trust it...**

Jesus said, in Matthew 15:8, that our hearts are far from God: **"These people draweth nigh unto me with their mouth and honoureth me with their lips, but their heart is far from me."**

Think of it now. There are many people who go to church. You sing on Sunday morning.

You go through the ritual of the liturgy of your church. With your mouth, you honor God. But your heart is far from Him. Your heart, your real self is taken up with the things of this world.

"You have very little time in private for God. You spend far more time watching television than you do reading the Bible. You spend far more time reading the press and reading novels than you do in prayer. You don't have time for God. Your heart is a long way from God.

The Bible says that our hearts are dark. Romans 1:21, **"Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened."**

The Bible teaches that your heart is dark because your spiritual eyes have been blinded by the god of this age. Let Him (God) open the eyes of your heart.

The Bible says that our hearts are rebellious. **"But these people hath a revolting and a rebellious heart; they are revolted and gone"** (Jeremiah 5:23).

And the Bible teaches that your heart can be hardened. The same sun that shines on the clay hardens the clay, but it melts butter.

Now, what is God's attitude toward our hearts?

The Bible says He knows the heart: **"Shall not God search this out? For he knoweth the secrets of the heart"** (Psalm 44:21).

He knows all your secrets. You hide nothing from God. He knows every single thing that goes on there.

The Bible says that He searches the heart. Think about it. The great God of Heaven searching your heart. He's in there searching and probing. **"I the Lord search the heart"** (Jeremiah 17:10).

Then the Bible says that God ponders the heart. **"Every way of a man is right in his own eyes: but the Lord pondereth the hearts,"** (Proverbs 21:2).

You can rationalize that the way you're living and the way you're doing is all right. But the Bible says God doesn't take your evaluation and your judgment. The Bible says that God ponders your heart—meditating on it, evaluating it.

And in Ezekiel 36, the Bible says, **"A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh."**

Would you like to have a new heart? Change the whole direction of your living. Change your whole moral life. Change your affections. Surrender your life to Christ and have Him give you a new heart.

Brethren, you must stop doing what will break the heart of our Lord Jesus Christ.

Let your heart be ready and strong. When your heart is strong, you will read your Bible, pray and meditate the word of God.

The man called Job in the Bible remained steadfast in his suffering and left us with a model on how to fear GOD even with pains and suffering.

PRAYER POINTS

1. I remove the evil stone placed upon my heart, in the name of Jesus.
2. Every storm in my inner heart, be removed, in the name of Jesus.
3. Lord, deliver my heart from the storm of death, in the name of Jesus.
4. Lord, deliver my heart from the power of death and hell, in the name of Jesus.
5. Lord, redeem my heart from where it has been imprisoned, in the name of Jesus.
6. Altar of sin in my heart, catch fire, in the name of Jesus.
7. My heart, hear the word of God, be healed, in the name of Jesus.
8. My heart, be joyful as from this moment, in the name of Jesus.
9. Every snare in my heart be, broken, in the name of Jesus.
10. No evil power shall torment my heart again, in the name of Jesus.

CHAPTER ELEVEN

HOW CAN I RENEW MY HEART

Our heart is more important and vital than we give it credit. Physically it pumps life into every organ and tissue in our body. Spiritually it does the same to every area of our life. The most vital and central part to the success of every person is found in the heart.

But what comes out of the mouth proceeds from the heart, and this defiles a person. For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false witness, slander.

FORGIVENESS

Bless the LORD, O my soul: and all that is within me, bless his holy name.

Bless the LORD, O my soul, and forget not all his benefits:

Who forgiveth all thine iniquities; who healeth all thy diseases." **Psalm 103:1-3**

An unforgiving heart is a sick heart and a sick heart cannot receive anything from God.

The Lord's Prayer

"Our Father who art in heaven, hallowed be thy name. Thy kingdom come.

Thy will be done, on earth as it is in heaven. Give us this day our daily bread;

and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil [or: the evil one]." Matthew 6:13

When we pray unto God for His forgiveness, He does hearken to our voices and prayers. "

Who forgiveth all thine iniquities; who healeth all thy diseases" Psalm 103:3

God expects us also to forgive all those who trespass against us. The spirit of unforgiveness is evil. It leads to hatred of bitterness, murder, jealousy, and even satanic prayers.

We must reflect upon our own past and painfully know how we have disappointed the Lord so terribly and frequently. We have a tendency to minimize our own blunders and yet maximize the mistakes of others.

Speak evil of no man, not to be contentious, to be gentle, showing all meekness toward all men. For we also once were foolish, disobedient, deceived, serving different lusts and pleasures, living in malice and envy, hateful, [and] hating one another (Titus 3:2-3).

It is a rather terrible thing when we forget the many sins of which we've been forgiven (2 Peter 1:9).

"So My heavenly Father also will do to you, if each of you, from his heart, does not forgive his brother his trespasses." Matthew 18:35

Jesus cautioned that we can expect a pardon from God only when we will extend forgiveness to others from your hearts.

We must learn to forgive because to do otherwise is most harmful to our very own state of mind and even physical well-being.

The bitter, unforgiving spirit can bring much stress, and distress, to both mind and body. When the heart is evil, many evil powers will take control of the person. Let us guide our heart with all diligence. Forgiving can be a matter of life and death! We must try to master the art of forgiving for others' sake, and for our own.

Every husband must learn to forgive his wife, likewise the woman. Sometimes we need to overlook some of our errors in life. When you learn to forgive, it means you are ready for heaven.

BY HAVING OUR HEART SPRINKLED FROM AN EVIL CONSCIENCE

"Let us come forward to the Holy of Holies with a true heart in full assurance of faith, having our hearts sprinkled from an evil conscience and having our bodies washed with pure water." **Hebrew 10:22**

Our conscience is the main part of our heart and lets us know right from wrong. When we're wrong in our conscience, we know we're wrong with the Lord or with others. We can't maintain our relationship with the

Lord if we neglect or ignore the sense in our conscience that tells us we're wrong with Him.

We may not think we have any problems in our conscience, especially if we don't spend time with our heart turned to the Lord and open to Him. But when we turn our heart to the Lord, we open ourselves to Him, and He has the way to enlighten our conscience. Spontaneously we felt we've sinned and are wrong in certain areas of our living.

The sense from our conscience convicts us, for instance, when we have a poor attitude toward someone, when we say or do something we shouldn't have, or when we weren't honest in a certain situation. Our conscience also convicts us when we disobey the Lord. So when our conscience makes us aware that something is wrong, what should we do?

Instead of trying to cover up or deny our sin, we should confess our sins to the Lord. When we confess, He forgives us. Our heart is cleansed from an evil conscience by the precious blood of Jesus. Then we have peace, our fellowship is restored, and our relationship with the Lord can be sustained.

EXERCISING OUR HEART DAILY

The above four ways of caring for our heart are not something we do once and for all. Daily, for the rest of our life, we need to pay attention to our heart in these ways.

When we were first saved, God gave us a new heart that is soft and loving toward Him. This is wonderful! But to keep our heart renewed, we need to turn our heart to the Lord, believe in Him, confess any sins our conscience convicts us of, and experience the cleansing of the blood of Jesus. By doing this, our heart is renewed over and over, and we spontaneously love the Lord more.

All spiritual experiences start with love in the heart. If we do not love the Lord, it is impossible to receive any kind of spiritual experience.

"We all must learn how to continually turn and exercise our heart, to have our heart purged from an evil conscience and renewed again so that we may love the Lord more and more. It was the loss of its first, fresh love to the Lord that was the cause of the Church's fall and degradation.

When our heart is not fresh in loving the Lord, we have fallen. We must turn our heart back to the Lord again and again and have it continually renewed that we may have a new and fresh love toward the Lord.

May we all learn to turn our hearts to the Lord; exercise our heart to believe in the Lord and His Word; take heed to the sense from our conscience by confessing our sins and have our hearts renewed every day. May we care for our hearts so that our relationship with the Lord can be properly maintained and grow deeper, and so that our love

for the Lord can also grow in strength and freshness!

PRAYER POINTS

1. Unfriendly friends attached to my life to lead me out of Christ, be separated from me, in the name of Jesus.
2. You, the spirit of anger and error, release me now, in the name of Jesus
3. O, Lord my Father, break every unbroken area of my life, in the name of Jesus.
4. You, the spirit of failure, jump out of my heart and life, in the name of Jesus.
5. Wisdom of God, possess my heart, in the name of Jesus.
6. Spirit of discernment, possess my heart, in the name of Jesus.
7. Spirit of the fear of the Lord, my heart is available; enter, in the name of Jesus.
8. Holy Spirit, quicken my heart, in the name of Jesus.
9. Spirit of excellence, my life is available, possess my heart, in the name of Jesus.
10. Spirit of boldness and sound mind, possess my heart now, in the name of Jesus.

CHAPTER TWELVE

PRAYER FOR STONY HEART

Some fell on stony places, where they did not have much earth; and they immediately sprang up because they had no depth of earth.

But when the sun was up they were scorched, and because they had no root they withered away. Matthew 13:5-6

According to the Word of God, man's heart is by nature like a stone; but God, through his grace, removes the stony heart and gives a heart of flesh.

But he that received the seed into stony places, the same is he that heareth the word, and anon with joy receiveth it;

Yet hath he not roots in himself, but dureth for a while: for when tribulation or persecution ariseth because of the word, by and by he is offended.

Matthew 13:20-21

A stone is used to describe the condition of the human heart. A stony heart is one which receives the word of God with great joy. But when tribulation or persecution comes, it cannot bear it and falls away from God. It represents a shallow spiritual experience without deep roots necessary to withstand trials in our life. We should be careful not to have a stony heart which has no depth of commitment to God.

Many people think of a person with a stony heart as the villain in a movie: evil, uncaring, unfeeling, and bitter. Keep in mind, a stony

heart is a rigid heart that shows up in negative ways. This hard heart is cold, set, firm, and does not want to change. Like stones which don't get up and move, stony hearts are stuck in one place. They rarely undergo any changes unless something makes them do so.

It's easy to identify the hard-hearted villain in a story, but we meet people with stony hearts in everyday life.

HOW DO HEARTS BECOME STONY?

Some people become stonyhearted from the trials, disappointments, and hard times they've had in the past. They get a mindset that drives their actions and responses to life situations.

Rather than being flexible in seeing things from different points of view, they hardened their hearts and shut out other ways of thinking and doing things.

Getting Rid of Your Stony Heart

Whereas the stony heart causes people to miss opportunities, allowing God to change that heart opens the door for much better things.

Ezekiel 36:26 says, **"I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh."**

What is meant by a heart of flesh? I mean a heart that can feel on account of sin-a heart that can bleed when the arrows of God stick fast in it; it means a heart that can yield

when the gospel makes its attacks-a heart that can be impressed when the seal of God's word comes upon it; it means a heart that is warm, for life is a warm-a heart that can think, a heart that can aspire, a heart that can love-putting all in one-a heart of flesh means that new heart and a right spirit which God gives to the regenerate. Men who have lost their stony hearts are afraid of sin.

The very shadow of evil across their path frightens them. The temptation is enough for them; they flee from it as from a serpent; they would not dally and toy with it, lest they should be betrayed. Their conscience is alarmed even at the approach of evil, and away they fly; and in sin, for even tender hearts do sin, they are uneasy.

With a soft heart, we can enjoy the closeness of others by being tenderhearted and forgiving as God has forgiven us (Ephesians 4:32).

Hebrews 3:15 says, **"Today if you hear his voice, do not harden your hearts".**

A soft heart that earnestly listens to God opens up the door to a true relationship with Him.

Psalm 37:23 tells us that the steps of a righteous man are ordered by the Lord.

Following God's truth and guidance for our lives gives us more opportunities to receive both His spiritual and material blessings. If you believe you have a stony heart, consider what God has to say on the subject. Your breakthrough is just waiting for you.

Has your heart been broken? Has something terrible happened which makes you hardened your heart?

If so, you are not alone. Jesus' heart was also broken. He was battered, betrayed, abandoned, and rejected, but He emerged victoriously. That's good news for us because it means we can emerge victorious when our heart has been broken too!

If your heart feels broken today, here are seven ways to pray for healing and restoration from the Lord:

1. Lord, help me forgive as Jesus forgave on the cross.

I have earlier said that forgiveness is a major key to your heart deliverance.

As Jesus was being crucified, He prayed: "Father, forgive them, for they do not know what they do," Luke 23:34.

Can you imagine the pain He was going through? And yet, His heart was still to forgive.

If your heart is broken and hardened today, the first step to healing is to forgive.

Jesus told us in Mark 11:26 that, if we will not forgive those who hurt us, our Heavenly Father will not forgive our sins either! That's pretty serious, so it's important that we stay "forgiven-up" and let no unforgiveness creep into our soul and heart no matter how painful our situation is.

If you struggle to forgive, pray this: "Father God, I've been struggling to forgive and let this go, but I know You can help me. Please

give me a willingness to forgive the same way Jesus forgave those who murdered Him.

Change my heart, Lord, and help me to care more about obeying You than I do about holding onto anything that has been done to me. Help me to forgive completely and from my heart, Lord. Thank You. In Jesus' name, I pray, Amen."

2. **Restore unto me the joy of Your salvation and uphold me with Your generous Spirit.**

After you have forgiven the people who hurt you, you can start down the path of healing. If your heart is broken, you might have lost your joy. But you know what? You don't have to stay sad, depressed, or discouraged. The same way that God forgives your sins—by grace is the same way He will also restore your joy. His healing, help, joy, and peace are all freely available to you by the blood of Jesus.

Pray this and ask Father God to restore your joy: "Heavenly Father, in Jesus' name, please heal my heart and fill me with joy again. You know I lost my joy because of the things that happened, but I have forgiven the people who hurt me. Now, Father, I need You to restore my heart.

Restore unto me the joy of my salvation, Father. Uphold me with Your generous Spirit. Strengthen and help me, Lord. Put the bounce back in my step, the smile back on my face, and the dance back in my feet.

Help me rejoice always, Father, for this is Your will for me. Thank You, Father God, and I praise You for hearing and answering my prayer. In Jesus' name, I pray, Amen.

3. **Fill me with Your grace, which is sufficient for me. Make Your strength perfect in my weakness today.**

God's grace—His supernatural, undeserved favor and help—is available to you right now if you have made Jesus your Savior. Because you are His child, He stands ready, willing, and eager to help you! He'll not only help you get through your day, but He'll also help you emerge from your situation with a victory.

If you need grace and help today, pray this: "Father God, in Jesus' name, thank You that Your strength and grace are available to me right now. Father, fill me with Your Holy Spirit. Fill me with Your grace. Make Your strength perfect in my weakness, Father. I know that I'm very weak in and of myself but Your Spirit, who raised Christ from the dead, dwells in me. So raise me up, Lord. Take my weakness away and fill me with Your strength. Order my steps today in Your Word. Help me stay within Your holy flow today, Lord, and make it easy. Thank You, Lord. In Jesus' name, I pray, Amen."

4. **Help me abide in Jesus, where there is the fullness of joy.**

So many times, when I have been sad or discouraged, I have found healing for my heart by going to the Lord in prayer or worship. I didn't always understand why until I found Psalm 16:11, which says:

"You will show me the path of life; in Your presence is the fullness of joy; at Your right hand are pleasures forevermore."

Isn't that beautiful? In the presence of God is the fullness of joy! Anytime you draw near to Him, you will find joy because He is a joy. Maybe that's why Jesus told us to abide in Him:

"Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me." John 15:4.

"In the presence of God is the fullness of joy!"

If you want to abide in Jesus, where there is the fullness of joy, then pray like this:

"Heavenly Father, in Jesus' name, please help me abide in Jesus today. Help me to set my mind and keep it set on things above, where Christ is, seated at the right hand of God. Help me to cast down every high and lofty thing that exalts itself against the knowledge of Christ and keep my eyes on Jesus—the Author and Finisher of my faith.

Father God, please help me know of Your presence all day today. Help me think about Jesus all day long. Like Jesus, help me to only say what You say and do what You do, and to keep Your commandments in all things.

Thank You, Father. In Jesus' name, Amen."

5. Keep me as the apple of Your eye. Hide me under the shadow of Your wings.

Psalm 17:8-9, This passage says:

"Keep me as the apple of Your eye; hide me under the shadow of Your wings, from the wicked who oppress me, from my deadly enemies who surround me."

"If your heart is broken, you probably feel the need for rest, peace, and protection."

This picture of what Psalm 17:8-9 might look like still means the world to me today. Is God an eagle? No not! However, He compares Himself to that magnificent bird several times in Scripture.

Beloved, if your heart is broken, you probably feel the need for rest, peace, and protection —just like I did. If you do, the Holy Spirit is ready to comfort you right now.

Pray this with me: "Heavenly Father God, I come to You in Jesus' name. Lord, I need You. Please keep me as the apple of Your eye. Hide me under the shadow of Your wings. Shut out the oppressive thoughts and situations I am facing and help me to be aware only of Your presence. Father God, please help me to sense the warmth and safety that only You provide. Holy Spirit, fill me with Your peace and comfort me. Thank You. Amen."

6. Create in me a bright heart.

In Psalm 51:10, **David cried out in agony to God: "Create in me a clean heart, O God, and renew a steadfast spirit within me."**

The word that is translated "clean" comes from a Hebrew root word that means "bright." He was asking for a pure, clean, bright heart!

I love the thought of a bright heart. When my heart has been broken, things feel dark around me. Sometimes, when the pain gets too bad or feels too close, even the light inside me feels like it has darkened.

But you know what? We who once walked in darkness can now see a great light: Jesus (Matthew 4:16) JESUS is our great light! When we cry out to Him in our time of need, He will fill us again with the light of His Spirit.

If your heart is broken, Jesus will restore your hope and give you a clean and new heart. He will take away your old heart—that heart which has been broken, scarred, and battle-wounded—and give you a fresh heart. The new heart He gives you is bright and strong. When He gives you a new heart, you will sense the light of His presence within you!

If you need a bright, healed heart, pray this with me: "Father God, in Jesus' name, please create in me a clean heart. Renew a right spirit within me. Take away my old, broken heart of stone, and give me a new, bright heart. Take away my old spirit and fill me with Your Spirit. Fill me with Your light, Father, and create in me a bright heart. Thank You, Father."

7. Reach deeper in me than I can reach and heal me.

Every one of us has places in our heart that we cannot reach. Jeremiah 17:9 says that our hearts are deceitful and we cannot even know our own heart!

But, you know what? King David knew the solution. In Psalm 139:23-24, he wrote, "Search me, O God, and know my heart; try me, and know my anxieties, and see if there is any wicked way in me, and lead me in the way everlasting."

Romans 8:27 also tells us that Father God searches our heart. This passage says: "Now He who searches the hearts knows what the mind of the Spirit is because He makes intercession for the saints according to the will of God."

If God can search our heart and know it, then He can help us in places and ways that we cannot reach! He can reach down into your heart, ever-so-gently revealing causes and effects, inner hurts, sins we never knew were there, and more! He and He alone knows us well enough to get to the root of the issues we are facing. So only He can bring us total healing.

"If your heart has been broken, only the Lord can truly heal you."

Would you like your good, kind, loving, gentle Father to do surgery on your heart, so you can be totally healed from the pain that ails you?

If so, pray this with me: "Father God, I ask in Jesus' name that You would search me, O God, and know my heart. Try me and know my thoughts and anxieties. See if there be any wicked way in me; and if there is, get it out and lead me in Your way everlasting!

Reach down deeper in me than I could ever reach, Lord—all the way to the bottom of my heart—and do whatever You need to do to heal my heart completely. Thank You, Father."

If your heart has been broken, only the Lord can truly heal you. However, we have His promises that He WILL do so! Claim the Scriptures above in prayer today and let the Holy Spirit minister to you.

CHAPTER THIRTEEN

GET SET FOR A HEART REVOLUTION

Are you set for a heart revolution?

Then let me say this: you need the Holy Spirit to take charge of your heart fully. He is the one who reveals and coordinates its operation inside you.

The book of First Corinthians 2:6-13 says:

Howbeit we speak wisdom among them that are perfect: yet not the wisdom of this world, nor of the princes of this world, that come to naught:

But we speak the wisdom of God in a mystery, even the hidden wisdom, which God ordained before the world unto our glory:

Which none of the princes of this world knew: for had they known it, they would not have crucified the Lord of glory.

But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

The Holy Spirit sits upon your inner heart, to bring everything around you that will help you get to where you are going. There is no substitute for the ministry of the Holy Spirit. In John 14:26, Jesus said the Holy Spirit will teach us all things. He will take things from God and pass them unto us. He will bring to light the things that are hidden inside God.

With this understanding, if you yield to the Holy Spirit, you will go beyond speaking in tongues to a place of astounding heart exploits.

Friend, if you're set for a heart revolution, this is the good news, the Holy Spirit has a mission of heart revolution in your life, so give Him the place, and you will get to a place where He will naturally control your heart and unfold things you need to know to you. Embrace His ministry, place value on His ministry and invoke His help. When you get to any cross-road, invoke His help. Say to HIM, "Holy Spirit, show up in this matter. There must be a way out. Holy Spirit I'm banking on Your ministry to show me which way to go. You are my vital link to my vital source. I am counting on You."

We really need to come to that point where we know that the things we are confronted with most of the time are beyond our natural capabilities. We need to tap into our su-

pernatural backing, which will make all the difference.

Now, tell the Holy Spirit you're open to His ministry of heart revolution.

I prophesy the fire of the Holy Ghost to go through your physical and spiritual heart, and burn off every chaff there now!

I prophesy supernatural refining of your heart system, by the fire of the Holy Ghost!

I prophesy your freedom from every heart bondage, in the name of Jesus! Amen.

CHAPTER FOURTEEN

PRAYER FOR DELIVERANCE OF THE HEART

DAY ONE

CONFESSION SCRIPTURES

"I beseech thee, O Lord, Remember now, how I have walked before Thee in truth and with a perfect heart, and have done that which is good in thy sight. And Hezekiah wept sore." 2Kings 20:3

"And the king...made a covenant...to walk after the Lord, and to keep His commandments...with all his heart and all his soul... "2Kings 23:3

"And before Him, there was no king like him who turned to the Lord with all his heart and with all his soul and with all his might... "2Kings 23:25

PRAYER POINTS

1. O Lord, purify my heart from the powers of iniquities, in the name of Jesus.
2. O Lord, renew my heart and let my heart be pure, in the name of Jesus.
3. The fire of revival, fall upon my heart and imagination, in the name of Jesus.
4. Every spirit of deceit and unfaithfulness in my heart, be destroyed, in the name of Jesus.
5. In your mercy, Lord, forgive all the atrocities committed through my heart, in the name of Jesus.

6. Every Judas and Thomas-like trait in my life, drop died, in the name of Jesus.
7. I shall not be a double-faced personality, in the name of Jesus.
8. I refuse to be guilty of treachery and betrayal, in the name of Jesus.
9. Arrow of sickness fired into my heart be injected out by the power in the blood of Jesus, in the name of Jesus.
10. My heart (shout it 3 times) come alive by fire, in the name of Jesus.
11. Arrow of destruction fired into my heart, come out and go back to the sender, in the name of Jesus.
12. O Lord my God, give me a joyful and merry heart, in the name of Jesus.
13. O Lord my God, give me a strong heart to do your will always, in the name of Jesus.
14. Powers imagining evil against me, die with your evil imagination, in the name of Jesus.
15. O Lord, deliver my heart from evil thoughts! Heavenly surgeon, perform Your surgery on my inner heart, in the name of Jesus.
16. Wicked arrows in my heart, come out by fire, in the name of Jesus.
17. You, the spirit of unforgiveness, come out of my heart with all your roots, in the name of Jesus.
18. Blood of Jesus (shout it 3 times) purge my heart, in the name of Jesus.

19. Holy Spirit, cleanse my heart from all dirtiness, in the name of Jesus
20. The power of wickedness, assigned against my heart, drop died by fire, in the name of Jesus.
21. The instrument of wickedness, assigned against my heart, backfire, in the name of Jesus.
22. O Lord, deliver my heart from inner poverty, in the name of Jesus.
23. The handwriting of darkness, upon my heart, I wipe you off by the power in the blood of Jesus.
24. Holy Ghost power, pursue every danger out of my heart, in the name of Jesus.
25. I renounce all my rights to anger and bitterness by the power in the blood of Jesus.
26. I reject all evil thoughts within me, saying I will not change, in the name of Jesus.
27. Spirit of the living God, kill anger in my life, in the name of Jesus.
28. Serpent and scorpion assigned against my heart, die by fire, in the name of Jesus.
29. You, the spirit of bitterness, hatred, jealousy, and anger; hear the word of the Lord, drop died from my heart, in the name of Jesus.
30. I flush out the arrow of bitterness, jealousy, hatred, and anger from my

heart, by the power in the blood of Jesus, in the name of Jesus.

DAY TWO

CONFESSION SCRIPTURES

"...Solomon, know the God of your father, and serve Him with a whole heart and a willing mind..." 1Chronicles 28:9

"And they entered into the covenant to seek the Lord God of their fathers with all their heart and soul..." 2Chronicles 15:12

"For the eyes of the Lord move to and fro throughout the earth that He may strongly support those whose heart is completely His." 2Chronicles 16:9

PRAYER POINTS

1. Father Lord, set my heart free from all demonic powers, in the name of Jesus.
2. Every stronghold of failure and death attached to my heart, lose your hold and drop died, in the name of Jesus.
3. Arrow of stealing, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.
4. Arrow of laziness, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.
5. Arrow of failure and spiritual illiteracy, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.
6. Arrow of poverty, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.

7. Arrow of untimely death, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.
8. Arrow of sin and iniquities, come out from my heart, by the power in the blood of Jesus, in the name of Jesus.
9. You, the spirit of stubbornness and disobedience, your time is up, lose your hold over my heart, in the name of Jesus
10. You, the spirit of physical heart failure, the blood of Jesus is against you, lose your grip and get out of my life, in the name of Jesus
11. You, the spirit of spiritual heart failure, the blood of Jesus is against you, lose your grip and get out of my life, in the name of Jesus
12. The fire of prosperity; quench the fire of poverty in my heart, in the name of Jesus.
13. Poverty mentality in me, die by fire! My prosperity mentality, come alive, in the name of Jesus.
14. My heart, receive the power of dominion to think correctly, in the name of Jesus.
15. Spirit of a polluted and diabolic heart, backfire, in the name of Jesus.
16. Holy Ghost, anoint my heart to do a great thing for the kingdom of God, in the name of Jesus.
17. I break, every evil padlock put upon my heart, in the name of Jesus.

18. Thou resurrection power of the Lord Jesus Christ, overshadow my heart, in the name of Jesus.
19. You, the evil powers planning to tear my heart like a lion tears a lamb, be dismantled, in the name of Jesus.
20. I release the lion of the tribe of Judah in my heart, I am bold, I shall not fear, in the name of Jesus.
21. Every roar of satanic lions against my life, be silenced by fire, in the name of Jesus.
22. All the demons of fear in my heart, your time are over, get out by fire, in the name of Jesus.
23. Tormenting powers, fashioned against my heart, release me and die, in the name of Jesus.
24. Tormenting battles, troubling my heart daily, release me and die, in the name of Jesus.
25. O Lord, sprinkle the blood of Jesus upon me and clean my heart all pollution of idolatry, in the name of Jesus.
26. O Lord, produce in me, the power of self-control and gentleness, in the name of Jesus.
27. Holy Ghost fire, melt away every spiritual blindness in my spiritual heart, in the name of Jesus.
28. Every plantation of darkness blocking my spiritual heart, IIoly Ghost fire, flush it out, in the name of Jesus.

29. My heart, receive power to tread upon serpents and scorpions and upon every power of the enemy, in the name of Jesus.
30. Father Lord, let me be a bright, radiant and glad Christian making others happy, in the name of Jesus.

DAY THREE

CONFESSION SCRIPTURES

"He is the son of Jehoshaphat, who sought the Lord with all his heart." 2Chronicles 22:9

"And every work which he began in the service of the house of God in law...seeking his God, he did with all his heart and prospered." 2Chronicles 31:21

"I will give thanks to the Lord with all my heart." Psalms 9:1

PRAYER POINTS

1. Grant my heart, O Lord, a deep unshakeable confidence in You, in the name of Jesus.
2. Father Lord, drain the stagnant pool of evil ideas in my heart, in the name of Jesus.
3. Father Lord, help me avoid what will give You sorrow, in the name of Jesus.
4. Lord, visit my heart and life with your deliverance power, in the name of Jesus.
5. My Father, take the burden I cannot bear and wipe the tear I cannot keep from my heart and eyes, in the name of Jesus.
6. Give me, O Lord, childlike heart and faith to receive what You offer, in the name of Jesus.
7. Light of life, Jesus Christ, illuminate my heart and life, in the name of Jesus.

8. O Lord, give my heart comfort in a time of distress, in the name of Jesus.
9. Grant me O Lord, concentration, purpose and singleness of heart, in the name of Jesus.
10. Overshadow my heart, O Lord, with the comfort and peace which no one can take away, in the name of Jesus.
11. O Lord, deepen my heart in Your eternal love and purpose, in the name of Jesus.
12. Father, let Your grace, sink deeper into my heart, in the name of Jesus.
13. Father, heal all the diseases of my soul and heart, in the name of Jesus.
14. My Father, let all division, discord, hatred, death, and destruction be arrested in my heart, in the name of Jesus.
15. Father, come as the dove and empower my heart, in the name of Jesus.
16. Help me O Lord, to draw my heart closer to You, day by day, in the name of Jesus.
17. Cleanse my conscience with the blood of Jesus and enlighten my heart, O Lord, in Jesus' name.
18. O Lord, open my heart to the great joy of my inheritance in Christ, in the name of Jesus.
19. My Father, wash my heart and lips from the stains of the flesh, in the name of Jesus.

20. My heart shall not have fellowship with the works of darkness, in the name of Jesus.
21. Holy Father, breath new fire for supernatural strength into my heart, in the name of Jesus.
22. Fear of God, possess my heart! My heart, receive a high spiritual sensitivity to the voice of God, in the name of Jesus.
23. My Father, speak to my heart and answer the questions for which I have no answer, in the name of Jesus.
24. Father, touch my heart and my lips with Your fire! Spirit of revelation in the knowledge of God, come upon my life, in the name of Jesus.
25. O Lord by Your power, create in me, a new heart and renew a right spirit within me, in the name of Jesus.
26. My Father, create a fresh appetite in my heart for Your word, in the name of Jesus.
27. Father, remove the heart of stone from me and give me the heart of flesh, to obey the voice of Your Spirit, in the name of Jesus.
28. Lord, let the peace that passes all understanding reign supreme, in my heart, in the name of Jesus.
29. O Ark of glory, come into the tabernacle of my heart after the order of Obed-Edom, in Jesus' name.

30. No weapon fashion against my heart shall prosper, in the name of Jesus.

ABOUT THE AUTHOR

Olusegun Festus Remilekun, is also known as Pastor Fessy, is an evangelist, public speaker and a vessel of honor in the hands of God.

He is currently the president of Prophetic Declaration Ministries, also known as Prayerland Harvest Ministries International, an organization devoted to reaching the four corners of the world with the Gospel of Jesus Christ, bringing succor to the less privileged in the society, and setting people who are bound free from the shackles of Satan through the power of prophetic prayers and preaching the word of God.

He operates in power, teaching, and pastoral ministry. He is available for counseling, prayers, preaching and also for seminars. He is the author of bestsellers book-Prophetic Declarations for Breakthroughs.

Olusegun is married to Grace, and they are blessed with children.