YOUR "PERSONAL NOTES" TO DATING BEAUTIFUL WOMEN

Power Dating Factors

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1) The Attraction Factor

The Attraction Factor is the most important factor of the *Smart Dating System*. In order for a woman to want to go out with you, she must FEEL attraction for you.

This is a simple concept that most guys brush off as “common sense”. But in my years of experience as a dating coach, at least 70 percent of guys fail to truly *understand* it. They either do not have the discipline to follow this simple rule or they choose to ignore it. (See the “Reality Factor”.)

Since the topic of “attraction” has already been thoroughly discussed in so many of my ebooks and also on my free newsletter, I’m not going to give another lengthy lecture here. (If you wish to learn more about attraction, just read the tips on my newsletter.) But here’s a quick quiz I’ve come up with to test if you understand what “attraction” really means.

1) Do you flirt with women instead of buying them gifts?

2) Do you always focus on a woman’s attraction towards you rather than your own attraction towards her?

3) Do you like saying “no” to a girl you like?

4) Are you an openly sexual person?

5) Do you present yourself as a challenge to women?

6) Do you usually have most of the power in a relationship or courtship?

7) Do you focus on what she *does* instead of what she *says*?

8) Do you think that *lust* or *primal attraction* is important in a courtship?

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9) Do you enjoy raising the *sexual tension* even though the feeling of uncertainty may feel uncomfortable to you?

10) Do you have the guts to walk away from the girl you love?

If you have answered "no" to any of the questions listed above, you still have a lot of things to work on before you can have true success with women. Read on.

2) The Ex-Force Factor

The "Ex-Force" of the *Smart Dating System* is a term I've come up with to represent all the negative "external forces" in a relationship. Basically it represents all the forces of any obstacles that might have a negative impact on your love life. Here are a few examples:

1) Your age gap
2) A competitor (like another guy)
3) Your height
4) Your bad looks
5) Your skin color
6) Your lover's childhood trauma's (Rape, abuse, etc)
7) Distance
8) Fear of commitment
9) Religion
10) Family

The good news is that attraction can overcome ANY Ex-Force. Imagine an old-fashioned balance scale. On one side is an Ex-force exerting on you. On the other side is a woman's attraction for you.

If her attraction for you is stronger than the Ex-Force, she'll date you. Otherwise, she will reject you or break up with you.

Note that you CANNOT change the amount of Ex-Force exerted on a woman because it is always constant. Whatever your "problem" is, it is <u>out of your control</u>.

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For example…

You can’t grow more hair.

You can’t beat up the “other guy”.

You can’t become younger.

You can’t grow taller.

You can’t change your skin color.

You CAN, however, change the amount of attraction a woman has for you. At the end of the day, attraction cuts through EVERYTHING, which means you should ignore whatever you can’t change and focus on ATTRACTING women instead. If a girl is attracted to you enough, she won’t care about your looks, your height, or your age, get it?

3) The Sexual Tension Factor

If you're going after a girl but she's not responding to you the way you would like her to, chances are you are lacking sexual tension.

So what is sexual tension?

It is the subtle force that connects two people together. You know how when you first meet a girl and there's something that draws you towards her...but at the same time there's a great deal of "uncertainty" in the air because you're not sure if she feels the same way about you? In time, this tension grows stronger and stronger until you can't help but to think about her day and night. The sexual tension then amplifies into LUST and you feel like you HAVE to spend more time with your girl.

Now...wouldn't it be great if you could get a girl to experience the SAME feelings towards YOU?

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Of course it would.

Unfortunately, most guys are afraid of using sexual tension to attract women. They are afraid of raising this tension because of the "uncertain feelings" attached. To these guys, this tension feels foreign...or even uncomfortable. They are afraid that if they raise it any higher and risk "offending" the girl the girl they like, they will lose all chances with her.

Garbage.

If you build up sexual tension with a girl, she's going to become VERY attracted to you. For example, a girl could be acting "pissed" and hitting you on the arm when you tease her. But an hour later, she could be begging for your phone number.

Now...tell me...would you rather have a girl who feels NOTHING for you...or a girl who feels LUST and PASSION for you? I think the answer is clear.

So how do you develop sexual tension?

Personally, I find it very helpful to pretend I'm fishing whenever I'm flirting with a woman.

1) Think of sexual tension as a fishing line. When she expects you to pull her in, give her slack to let her swim free. This will throw her off balance and make her swim closer to you.

(Application: Be a challenge and NOT do the things she expects.)

2) Then you SUDDENLY jerk back the line and throw her off-balance again. This will sink your hook deeper into her, making it harder for her to escape.

(Application: After telling her that you just want to be "friends", you suddenly grab her hand.)

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3) Keep this tension up, and reel her in slowly. Eventually, she'll be yours to catch.

4) The Control / Responsibility Factor

Would you like to have more control over your love life? If so, you'll have to start being more responsible for your own actions.

Here's the magical formula of life: Control = Responsibility.

The two are inseparable. If you want more power, then you'll have to be more responsible. It's as simple as that. At school, if you want to join the student council, you've got to volunteer to stay after school. At work, if you want to get a promotion, then you've got to show your boss what you're capable of. In business, the more money you want to make, the harder and smarter you have to work. In politics, the more power you have, the more responsibilities you'll have to carry for your country.

Dating is no different. If you want to demand more, then you must first start by GIVING more. You must first understand that YOU alone are what make you ATTRACTIVE or UNATTRACTIVE.

Every action you make will either make a girl like you more or like you less. It's not your luck, it's not the environment, it's not "the other guy"…it's YOU.

Nobody but YOU.

Listen. If you want to have more control over your love live, then you better start accepting responsibility for your own problems NOW.

For example...

1) If your girlfriend has left you for another guy, don't blame the other guy for stealing her. It's YOUR own fault for losing her. If she was REALLY attracted to you, NOBODY could have stolen her away from you.

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2) If women always keep telling you that they like you as a "friend", don't whine about it. It's YOUR own fault for not developing enough chemistry with women.

3) If you never go out and meet women, then don't complain about not having a girlfriend. It's your own fault for not expanding your social circle.

4) If you can't hold a conversation, don't whine about your shyness. PRACTICE your conversation skills.

5) If you don't know how to attract women, then LEARN.

The moment you neglect your responsibilities as a real MAN, your love life is going to suffer!

5) The Friendship Factor

Have you ever been attracted to a girl who just wants to "be friends" with you? Don’t worry. In the next few moments, I am going to show you how you can turn a "friend" into a "girlfriend" without jeopardizing your friendship with her.

A lot of guys like to fantasize about befriending a hottie and sucking up to her until she finally sees what a great guy he is and starts dating him.

Ugh. It doesn't work that way.

You see, to a women, there are 2 categories of men: "potential lovers" and "just friends". Once you have fallen into the "just friends" category, it's hard to get out. You are most likely going to be stuck for life. I call this the "friendship trap".

So...if you meet a girl you like, please…make your move. Do not become the "doormat" she runs to when she is between boyfriends.

Now, maybe you're "stuck" as a friend already (too bad you hadn’t read this earlier eh?) so I'm going to give you a few tips on how to turn a friend into a girlfriend.

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First of all, DON'T tell your friend you like her!

I am serious. DO NOT tell your friend you like her directly.

Most guys spend days or weeks gathering the courage to tell a girl they like her, only to fail miserably!

Remember the key to attraction is...it's not how much you're attracted to a woman, but how much she is attracted to YOU that matters.

Women do not care about how much a man loves them. They only care about how much THEY like a man. I am sure you like her, but does she like you? YOU DON'T KNOW! And that's why you should NOT risk embarrassing yourself!

Also, men who "gather the courage" to "suddenly tell the girl he loves her" usually do it at the "wrong" time, like when a girl least expects it. Surprises are scary and women don't know how to react. Their NATURAL reaction is to turn you down on the spot ("I have a boyfriend" or "I am not looking for someone right now", etc) just to be safe - even if they may regret it later.

So, instead of putting the focus on your feelings and worrying about how you can tell her you love her, I want you to focus on getting HER to tell you she likes you.

Now, the biggest difference between a friendship and a relationship is that there is sexual/romantic chemistry in a relationship, and that's why I want you to start flirting with her and drive the chemistry up. It's time to ATTRACT her, not to chase her. Your goal is to get HER to fall for you and eventually ask you the "Are we together?" question.

Lastly, flirting with her will allow you to see if she likes you or not. If she ignores you or doesn't respond well to the flirting, then she's not interested in you. But if she flirts back, she wants you!

6) The Breakup Factor

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I'm going to tell you that breakups do not happen overnight. Most men are surprised when a woman leaves them, when they have been ignoring all the "warning signs" that have been going on for weeks/months. It is very important to stay awake in a relationship and not take a woman for granted - unless you're waiting to get dumped.

Let me tell you how men and women break up with each other. When a man dumps a woman, he usually feels bad after dumping a woman because he still cares about her.

But when a woman initiates a breakup, the scenario is usually very different. Why? Because a woman usually tries to bear discomfort with a man before she is finally pushed over the edge and decides to dump the guy. And when she does, it is *for real* with no way of turning back because she has already made up her mind. She has allowed her anger to build up to a point where there is simply no way of turning back.

What means to you is that when you find that perfect woman, make sure you keep the spark alive. Do not make the mistake of letting her like you less and less as time goes on. Remember, if a girl likes you *a lot*, she will do whatever you say and won't out you down, etc. So perfect the art of dating and know how to woo AND keep a woman before you go out and get hurt again! (Think I'm kidding? Well, just think about how over HALF of the marriages will end up in a divorce court in America. Sick, isn't it?)

7) The Boyfriend Factor

So you've just met a girl…and she tells you she has a boyfriend. What do you do?

It's simple. You ignore her.

Why? Because there's a possibility she's using it as an excuse to brush off guys that approach her. Also, even if she DOES have a boyfriend, it's not how much she is attracted to her boyfriend, but how much she is attracted to YOU that matters.

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Let's face it. How much she likes her boyfriend is COMPLETELY beyond your control. It is just not something you can change.

You could tell a woman her boyfriend's a jerk EVERY DAY, but that wouldn't change a thing. Nothing you say could EVER change the opinion of a woman about her lover. Because at the end of the day, her attraction for her boyfriend will cut through EVERYTHING.

However, the love balance scale in the *Smart Dating Course* tells us that if a girl's attraction for you outweighs her attraction for her boyfriend's, she will go for YOU instead. And since you can't change her feelings about her boyfriend, the ONLY thing you can work on is her attraction towards YOU.

This means you should just work on attracting her and raising the chemistry with her without worrying her boyfriend at all. Just ignore he exists. Never mention him
and NEVER argue with your girl about dumping her boyfriend. Leave ALL the arguments to between her and him. If she fights with her whenever she sees him, but has a nice time every time she sees YOU, who do you think she's going to like more?

Not such a hard question to answer, is it?

8) The Creative Persistence Factor

In order to be successful with women, you must have what I call “creative persistence.” Just like you can never have success in life without being persistent, you can’t have much success with women without having *creative* persistence.

A lot of guys do try to be persistent with women. The trouble is…they only try the *same* thing over and over again. Sorry to break out the bad news, but if it didn’t work the first time, it’s not going to work the second or third time!

The reason why most guys bump into the SAME walls and make the SAME mistakes over and over is because they fail to learn. They just keep on doing the same thing over and over because they can’t see it’s not working. For

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example, when a woman does not pick up the phone, the “persistent” guy tries to call until she does. Or when a woman says “no” when a “persistent guy” tries to take her bra off, he keeps trying until she finally gets angry.

The key here is to have CREATIVE persistence. When something is not working, Try SOMETHING ELSE. You want to go AROUND resistance, not confront it! For example, if a woman does not let you fondle her boobs, then smell her neck instead!

9) The Reality Factor

The biggest mistake men make in the dating game is ignoring reality.

Every day, I receive emails from guys that have been ignoring reality for most of their lives. There was once a guy who was arrested by the police for stalking a girl. But *still* he thought there was a way he could win her heart.

Listen. Reality never lies. It doesn’t matter how much YOU like a girl. The only thing that matters is how much a girl likes YOU. So stop living inside your head and take a look at the REAL world around you. Nobody cares if you’re full of passion. Nobody cares if you’re in love with the love of your life. Women do not care about how much you like them. In fact, if they don’t like you, they won’t even WANT you to like them. Try telling a woman who hates you that you like her. She will probably be turned off or even be disgusted by the thought.

This is why Smart Daters always fish for feedback when they’re going after a girl. Smart Daters know to never ignore reality, because the longer you ignore reality, the harder it’s going to hurt you when it finally hits you.

Think of it as jumping off a building. The Smart Dater won’t ever go into a flaming building he knows it’s not safe for him. The dumber guy walks up a couple flights of stairs before he sees the fire and jumps out the window. Fortunately, he only breaks a few bones. The real idiot ignores reality and climbs all the way to the 70th floor. Then he walks out to the edge of the rooftop, opens his arms, and jump down because he thinks he’s can fly away. Sure, he can believe he is Superman, but the ground will hit him sooner or later. And when it does, it’s going to hurt.

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Never ignore reality. Or you're going to get hurt!

10) The Give And Take Factor

"Giving" and "taking" are equally important in a relationship. In any healthy long-term relationship, you can only get back as much as you give – not less, not more.

Unfortunately, most guys only know how to GIVE and don't know how to TAKE. They ruin their own relationships by giving everything they've got…until their women lose all respect for them and leave them for other guys.

There are two parts to this lesson. The first part is that you should limit how much you give to how much you're getting. Love is a two-way street. You shouldn't be the only person doing the giving. I am not asking you to be selfish here; I'm merely asking you to protect yourself.

The second part is to actually see how much a girl is willing to give BEFORE you commit to her in a long-term relationship. Some girls are not natural givers, and such girls are NOT good candidates for a wife or a long-term girlfriend. Don't let a woman drain you of your energy and money. If you're not getting what you want in a relationship, then get the hell out!

11) The Red Light Factor

When I go after a girl, I only see a red light in front of me. If the light is red – as in she is rejecting me blatantly - I move on to the next girl. If it's a green light, I keep going. If it's a yellow light, then I use my creative persistence and find a way to get AROUND her resistance. It's really that simple. There's no reason to complicate things by trying to rationalize her behaviors with your logic, etc. You will get it wrong 90 percent of the time. So just KEEP THINGS SIMPLE and either 1) advance, 2) move on, or 3) find a way around the resistance.

So here's the lesson:

When you get a red light, move on.

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When you get a green light, boldly march forward!

When you get a yellow light...you turn it into either a red light or green light by ADVANCING FORWARD. You do NOT know if she has "enough" interests in you UNTIL you push. ALWAYS end an approach with either a red light or green light. Don't leave it hanging with a yellow light. Push until you've either won her...or until she has rejected you. This way you won't miss out any opportunities!

12) The Distance Factor

I'm going to make it clear that I do NOT like long-distance relationships. In my experience, distance ALWAYS kills attraction, and most long distance relationships DO fail. So unless you've already been going out with a girl for a LONG time, do NOT start a long distance relationship with her.

At the end of the day, the outcome of your long distance relationship will depend on mutual attraction. If your attraction for her falls, then you won't want to have a long-distance with her anymore. The same goes for her. If her attraction for you falls too low, she won't want to commit in a long-distance relationship either. She'll probably start screwing around with other guys behind your back. How well she behaves while you're away will mostly depend on how much she is attracted to you.

Loyalty is also important. Some girls are more loyal than others. HOWEVER, I wouldn't count on this one because it's out of your control. The ONLY thing you can do to protect yourself against disloyal women is by NOT dating them in the first place. Do you see why I always tell my guys to be picky about the women they date now?

13) The "Green Card" Factor

If you're thinking about getting a mail order bride from Russia, think again.

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No offence to anyone with a foreign-bride fantasy, but if you can't get any women here in North America, why makes you think you can get a woman in Russia or East Europe?

Yes, it is true that I love foreign women. Yes, it is true that I think a lot of American women are spoiled. But that doesn't mean I am in favor of American men going "overseas" to meet women. If you want an international woman, then go meet a few foreign exchange students or immigrants. But don't go overseas to meet a bride you know little about, because if you're a failure with American women, chances are you will *also* be a failure with these foreign women.

Think about it. Even if you marry a young and beautiful "foreign" bride, and she stays with you for a few years to get her citizenship, what's going to happen once she has received her green card? If she's not attracted to you anymore, do you think she's going to stay? Or will she divorce you to be with a younger, richer, and more handsome boy?

Listen. There are millions of hot, young, and beautiful women that you can meet here at home. There's really in point in going overseas. If you have trouble meeting women here, then do your homework and improve your dating skills. But don't take the easy way out and "buy" love from another country. It will cost you more pain and money in the end.

14) The Cheating Factor

There are two reasons why a woman would cheat on you. The first one is her low attraction for you. The more a woman is attracted to you, the nicer she will be to you. When a woman is very, very, attracted to you, she will do everything she can to please you. On the other hand, the less a woman is attracted to you, the more likely she will do naughty things such as fooling around with other guys behind your back.

The second reason a woman would cheat on you is that she is disloyal. Some women are more loyal than others, and that's why you need to make sure a woman is loyal before you commit to her. Think of it this way: there is a

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“tolerance level” in every woman’s system. Every woman can only take a certain amount of temptation before she cheats on a man. Your job is to find a woman with a high tolerance level…and keep the attraction high so that the temptation is low.

But what if a woman cheats?

"Once a cheater, always a cheater…" is my belief.

I can't tell you whether you should break up with her or not. That's a decision that YOU’ll have to make. The more control you want to have over your own life, the more RESPONSIBILITIES you have to take - including standing up for yourself and figuring what YOU want.

All I can tell you is that if you choose to stay, you're probably going to be in for a rough life. In my experience, a lot of women that have cheated the first time will also cheat for a second or third time. If you’re softhearted and want to forgive your girlfriend or wife once, then make sure you follow the “two strikes and you’re out rule”. After all, if a woman cheats on you a SECOND time, it means you’ve already made a mistake the first time. Don’t make the same mistake again!

15) The Challenge Factor

Every woman enjoys a good challenge. Here are ten ways to act like a challenge on a date:

1) Don't Ask, Lead

This one is VERY important. A lot of guys ask stupid things like "Would you like to go to this restaurant?", "Can I go to the bathroom", or even worse, "Can we do this again some other time?"

And they wonder why they never get a second date!

Listen, buddy. Confident men do NOT ask women for permission to do ANYTHING. They JUST do it. They don't ask for a kiss. They don't ask for a second date. They don't ask for ANYTHING.

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So next time you go out on a date...please...JUST LEAD THE WAY. Instead of asking "Can we...", just say "let's..." and lead her by the arm.

But never, never, NEVER ask a woman ANYTHING. Remember, boys: If a woman doesn't like something, she will make sure you know.

2) Never Give a Direct "Yes".

If a woman asks you for something, don't just give it to her like all the other pussy guys out there. Make her WORK for it. (Remember, psychology tells us that we appreciate the things we have to WORK for MUCH more than the "freebies".)

For example...if she asks, "Can we go to Japanese?" Don't just say "yes." Say..."Maybe...", or you can even tease her and say, "I don't know, only good girls get treated to Japanese. Are you a nice girl?"

Or if she asks, "Can we sit over there?", instead of just following her ass like most guys would, grow some spine and say, "No. I'd rather sit here. It's a much nicer view here."

The key is to start getting you to act like a MAN.

3) Don't let her "interview" you.

If you want a second date, then you better not let your woman "interview" you. Women love to interview men on a first date...so they can weed out all the losers. And guess what? That means if you screw up on just ONE question...you're a GONER. G-O-N-E-R. Goner.

And this is EXACTLY why you shouldn't let her interview you in the first place. Whenever she asks things like "So what do you do" or "How much do you make?", just give her a silly answer...like..."Why, are you one of those superficial women? How much do YOU make?"

Whatever she says, just TURN IT AROUND playfully.

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4) Lift up Your Chest, Tuck Your Tummy In

Want to project confidence physically? Do what Sergeant Marius says in the Dating Bootcamp, "Chest up, tummy in, boys."

This will NATURALLY put you in a confident position.

Ever seen a marine walk? That's how I want you to walk. Chest up, tummy in, soldier!

5) End The Date Early

So the date has been going really well and there's a LOT of chemistry between you and your new love.

End it now.

I am serious. I want you to ALWAYS end the date early to keep the power in YOU. Make your date wonder why you have to go. Make her WANT to go out with you again.

Most guys just drag a good date on and on until it becomes a bad date. Don't be the same. Be a man and have the power and self-control to end it early.

6) Don't Let Her Challenge You

If you act like a wussy and back down whenever a woman challenges you, her attraction for you is going to drop faster than an apple dropping down from a tree. Most guys make the mistake of thinking they should never risk "offending" a woman by showing her their spines.

WRONG.

Never bow down to a woman you like. Don't suck up to her whenever she challenges you. Because if you do, she's going to lose respect for you as a potential boyfriend or lover.

So next time a woman challenges you, have some spine and stand up for yourself.

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For example...

If a woman tries to challenge you or to seduce you by staring into your eyes, stare back. Don't look away until SHE does. (The moment you look away and blush in shyness, she's going to lose respect for you as a man and find another man who's stronger.)

7) Don't Talk About A Second Date

Never talk about a second date while you're still on the first date. Be a challenge - don't act like a eager beaver.

Remember my golden rule: Take it one date at a time.

8) Don't Tell Her You Like Her

Never, never, NEVER tell a woman you like her. Don't EVER try to "express your feelings for her". That is worse than ripping your own spine out and strangling yourself with it. I am not kidding. Once it's out in the open that you like her, half the game is over. SHE will have all the power, not you.

Girls love trying to figure out if a guy likes them or not. It's part of the dating game. So don't take it away from them!

9) Let Her Think She's Not The Only One

If she asks you if you're seeing anybody else, don't freak out and say, "No. Just you." Be a MAN and be a CHALLANGE. Say something like, "Well, I have a couple of possible prospects right now. We'll see who wins." Then flash her a smile.

10) Be In Control From The Beginning To The End

This is extremely important. If you're taking a girl out, even casually, then you should be literally taking her out and giving her a good time. You shouldn't be seeking her permission every step of the way. You should be SWEEPING HER

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OFF HER FEET instead. She's in YOUR WORLD now - give her a good reason to stay there.

16) The Words Vs Action Factor

Whenever a woman plays games or throws a tantrum, always focus on her actions, not her words. The last thing you want to do while a woman plays mind games with you is to try to read her thoughts.

Why? Because you'll probably be wrong. It is almost impossible for us to read a girl's mind because we're *always* biased. When we're trying to read a girls mind, we're not really reading her thoughts. We're merely trying to explain her action in order to justify our *opinion* on what she is thinking about.

So instead of worrying about what she is thinking, focus on her *actions* instead.

How is she treating you? Is she happy when she around you? Or is she sad?

If she's very attracted to you, she will try to please you in every way. She will always be seeking attention from you.

If she's not attracted to you, then she's going to cheat on you or ignore you. She's also going to give you long talks about why you should remain friends.

Remember, when in doubt: words may lie, but action always shows the truth.

Let me give you some simple examples:

If you're teasing a woman and she's calling you a jerk with a big smile on her face, you can keep going because her ACTIONS show you she likes you.

Or…

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If a girl tells you she loves you but keeps on cheating you, then you KNOW she doesn't like you no matter what she tells you. If she really liked you, she wouldn't be cheating on you, okay? Her *action* shows you is not attracted to you and that's the ultimate truth.

Remember, when in doubt: words may lie, but action always shows the truth.

17) The Mystery / Bottom Card Factor

When you're playing Poker, you ALWAYS hide your "bottom card" so nobody knows what it is.

Dating is just the same. Don't ever show your "bottom card" to a woman, as in never show just how much "power" or resources you have.

Women love playing detective and getting information out of you – so don't ruin their fun by offering information about yourself. If you tell them too much about yourself, they are going to find you boring by the second date and dump you by the third.
That's why you want to remain mysterious!

Furthermore, hiding your "bottom card" will let you come across as MUCH more powerful and dominant. In Poker, if everyone knows what your faced-down card is, then there isn't any point to playing since you can't bluff. In dating, if a woman knows everything about you already, you're going to appear as a lot less powerful.

Powerful people are powerful because nobody knows just how powerful they are. Cult leaders never reveal anything about themselves. Politicians never let you know about their backup plans. Armies always hide their true strengths until they attack
Do the same with women. Don't boast too much. Let her find out things about you. This way, she has absolutely no idea about how *exactly* powerful you are, so she will just think you're a real powerhouse or guru, get it?

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18) The Testing Factor

A lot of guys email me and ask, “How do I tell if a girl likes me?” Well, like I ask my readers all the time, if you aren’t even holding her hand, how can you tell if a woman likes you or not?

In order to test if a woman likes you or not, you must be constantly advancing forward in small steps. For example, before you approach a woman, you should make eye contact, smile, and wait for her reaction. If she smiles back, then you can approach her. Or if you would like to kiss a woman, you should test her by holding hands with her and stroking her hair first.

Until you start making these physical advances, you have NO way to know if a woman likes you or not. Everything will just be inside your head and all the little “signs” you see will probably be figures of your own imagination. That’s why if you want to know if a girl is interested or not, you must first test for attraction by flirting with her and teasing her. If she flirts back, good…but if she doesn’t, then it’s a sign you should move on!

19) The Money Factor

Never try to use money to attract women. It never works unless the woman is a gold-digger.

Here’s a true case I’ve encountered. There once was a rich guy who gave his crush a five-star trip to Europe. But the girl ended up with a poor guy who bought her yogurt when she was sick. This girl is what I would call “marriage material”. You see, good girls do not come after your money; they come after YOU. They see money as the “icing on the cake”, but not as the cake itself.

Always use your PERSONALITY - not your money – to attract woman. Forget about buying women gifts. Forget about taking them to fancy restaurants. Spending money on a woman will NOT increase her attraction for you. In fact, it will probably DECREASE it, because the girl will be thinking, “He’s spending so much money on me. What does he want? He must be up to something, and I am not a whore!”

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To attract a woman, all you have to do is raise the sexual chemistry. At the end of the day, attraction cuts through EVERYTHING so a girl will always choose a romantically thrilling experience with you over a shallow dinner at an expensive restaurant. So leave your bankbook at home and don't brag about your assets. By the way, remember that if you end up marrying a gold-digger, she's may end up with half of your assets in a couple of years…so watch out!

20) The Push And Pull Factor

The Dating School of Physics states that the harder you push a woman, the more she will pull away from you. This is why you should never push a girl into doing anything.

For example, if you've just broken up with a girl, don't argue with her and try to push her into getting back with you. The more you push her into getting back with you, the more annoyed she will be until she finally stops talking to you.

Or for example, if you're trying to ask a girl out but she's not responding the way you would like her to, don't keep pushing. If you push too hard, she will never talk to you again.

Learn to *attract* women to you, not push them away!

21) The Spontaneity Factor

Women love "spontaneity", as in finding herself in an "accidental romance" that just "happens out of nowhere."

This is the reason why most guys fail in their approaches – because they use standard "pick up lines" that seem too "artificial".

Imagine two guys walking into a bar. The first one sees a woman he would really love to meet. He prepares for 15 minutes before he finally gathers up the courage to approach her nervously...

"Hi…my name is Dick and I would just like to tell you that…"

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"Sorry, I have a boyfriend," the woman cuts him off before he can even finish.

The second guy walks into the bar and gets onto the dance floor. He grabs a girl and starts dancing. Then after a few songs he makes eye contact with the woman that rejected Dick earlier. He smiles. The woman smiles back. Then he yells, "Come on. Don't just stand there. You're here to have fun, aren't you?" The woman dances with him for a few songs before sitting down with him to have a drink.

Which guy would you rather be?

Listen. Women love being swept off their feet WITHOUT expecting it. They want YOU to surprise them with an "accidental romance". They want to go home and tell all their friends, "I just met the sweetest guy", not "guess how many losers tried to pick me up tonight?"

So whatever line or technique you use, MAKE SURE it seems “spontaneous" and "natural", but not "pre-planned" or "out of context."

By the way, this applies to women you're already dating as well. When you give a woman her first kiss, it should look like it just happened "out of the moment". Learn to sweep women off their feet, and you will never run out of women to date.

22) The Steel Balls Factor

A successful “Smart Dater” should have steel balls, meaning he should have backbone and NOT let any woman dominate him. Here a couple of “Steel Ball” rules.

1) Do everything on *your* terms.

2) Be picky about the women you date.

3) Ditch “problem women” quickly. Do not hesitate to walk away from a bad relationship.

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4) Let women come into *your* reality when you date them, not the other way around.

5) Be very demanding of everything in life. Never settle for the second best.

6) Develop immunity to criticism and rejection.

7) Believe in unlimited abundance. There are always more women out there.

8) Be a challenge.

23) The Bullshit Factor

Never take any bullshit from women. You do not deserve it. If a woman gives you any kind of bullshit, either ignore her or walk away, but don't despond to it.

Whenever a woman misbehaves, you want to respond, not react.

So what's the difference between "responding" and "reacting"?

Well, when you "react" to a situation, you're really letting OTHER people influence you.

Some examples of "reacting" to a woman include:

1) Getting angry
2) Showing jealousy
3) Doing something because you're afraid of losing her...even though you KNOW
what she is requesting is bullshit.
4) Trying to prove yourself to her
5) Getting defensive
6) Giving in

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Every time you "react" to a woman's bullshit, you're really showing her how WEAK you are. She'll know what EXACTLY she needs to do to "push you over the edge" in order to get a certain reaction from you. And guess what? Her romantic-respect-meter for you is going to come down BIG TIME every time it happens.

So what should you do instead?

Try "responding" to a woman's bullshit instead.

When you "respond" to a woman, you're not "reacting" to her demands like a wussy-boy anymore. You're standing up for yourself and not allowing the situation to influence you.

For example, you can calmly say "no" to a woman's unreasonable demands.

Or if she's throwing a tantrum to get something from you, simply respond by ignoring her. If she sees that throwing tantrums and acting like a little baby won't help her get what she wants, she will stop.

And if she keeps her bullshit up, then feel free to find another girl - like a woman who actually ENJOYS treating you GOOD.

By responding to a woman's unreasonable demands and actions instead of reacting to them, you will keep her respect, which in turn will keep her attraction for you fairly high.

24) The Power Factor

It is very important to keep as much power inside you as you can when you're dating a beautiful woman. A lot of guys make the mistake of giving away all their power when they meet a hot woman. As a result, they become needy and eventually get dumped by their girlfriends.

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I'm here to put the power back in you. I'm here to give you the greatest power a man can have in a relationship: the power to walk away.

When you're needy, a woman KNOWS that she HAS you. And when a woman knows she has you, it leaves her VERY LITTLE REASON to try to change ANYTHING for the better. Think about it…if she already knows that you're not going to leave her no matter what, why would she bother to change ANYTHING? If she's ALREADY getting what she wants, why should she try to GIVE more? She has ABSOLUTELY no reason to. She has ALL the power already. The stakes are high on YOUR end and low on hers.

But if you walk away or just *demonstrate* your wiliness to walk away, then suddenly it changes EVERYTHING. She will see that maybe she *should* compromise. She will see that if she does not give you anything in return, there's a big chance of losing you forever - along with all the good things you bring. All of a sudden, she won't take you for granted anymore, and you will become more attractive in her eyes.

25) The Respect Factor

"Respect" is very important when it comes to the dating game. Women are ONLY attracted to guys they RESPECT.

Don't believe me? You know...it's the same for guys too: We are only attracted to girls we respect. As men, we can have sex with hot sluts...but we never STAY with them because we don't respect them at all. So...if a girl tries to have sex with us in order to seduce us because she thinks guys are just after sex, she's going to be in a nasty surprise.
Sure...we may have sex with them or even fall for her in the short run...but over time, we're going to lose respect and eventually dump her because she's just "too easy".

The same applies to dating women. We can shower them with tons of love and care. We can buy them expensive gifts and drive them to work everyday. We can take care of them when they are depressed and give them a shoulder to cry on. We can give them all the "nice things" in life. But guess what? They are not going to become any more attracted to us.

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Just like men don't respect women that are too easy, women don't respect men that are too "nice".

So how do we come to respect a member of the opposite sex? How do we get hot women to respect us? Well, according to psychologists, our respect of other people is usually based on our perception of the person's independence and self-reliance. For example, we're drawn towards leaders and other "powerful" people because they are strong and independent.

The opposite is also true. The "clingier" a person is, the less respect we have for them. Would you want your girlfriend to call you 10 times a day...day after day...week after week...year after year?

So...in a nutshell...

HAVE SOME BACKBONE SO WOMEN CAN START GIVING YOU THE RESPECT YOU DESERVE!!!

I am serious. Start walking around with a SPINE...especially when you're around attractive women. Trust me, as soon as you stop letting women walk all over you, they're going to respect you and like you more.

Here are some practical tips on how to GET A SPINE:

1) Learn To Say "No": Not in an angry way, but in a calm and almost "indifferent" manner. (Real men never get angry. Real men put women back into their places by saying “no” to them calmly.)

Examples:

"No, dear. We're not going to that restaurant tonight."

"No, I don't want to wait for you to call me 2 hours before the movie to see if you're going. If you can't come, tell me now so I can make other plans or go with someone else."

2) Don't Be Too Nice: If you're the type of guy that likes to "be nice" to women and buy them gifts and take them out to dinner, I want you to stop

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now. Stop letting them order you around. Stop volunteering to "do things for them". Every time you fetch her bottle for her or give her a ride home, she's going to see you MORE as a wussy FRIEND instead of a potential LOVER, get it?

3) Be Prepared To Walk: If you aren't getting what you want from a girl, there's no use hanging around. If you aren't happy in a relationship, break out of it. Having this attitude will give you A LOT of power. Once women know that you CAN and WILL walk out if necessary, they won't take you for granted anymore.

4) Plan Out Dates: This is actually the easiest way to demonstrate your leadership and independence. Have the whole date planned out before you go. Stay in control and just give her a good night out. Remember that people are drawn towards those that have a CLEAR sense of where they're going...so if you plan everything ahead...your date is going to respect you more.

5) Be Decisive: If a girl asks you whether you would like to go for dinner or a play, don't say, "Whatever you like." Give a REAL answer. Every time you give the "let's do whatever you like, darling" kind of answer, you're handing your power over to HER. Sooner or later, she's going to stop respecting you as an equal partner.

6) Don't Care About What She Thinks Of You: Remember that your job is to ATTRACT her, not to PLEASE her. Don't let her know that you care what they think of you at all. The moment a girl knows you rely on her opinion of you, she's going to lose respect. Here's the bottom line: women are only attracted to guys they respect, and guys that try too hard to please women lose their respect over time!

7) Learn The Dating Game: Women respect guys that KNOW WHAT THEY ARE DOING. Think about it...if you were a woman, would you go for a guy that stuttered and sounded not very confident...or a guy that knew EXCATLY how to approach you, WHAT to say to you...and HOW to say it?

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Remember that women are NATURALLY ATTRACTED to guys they RESPECT. This means POWERFUL, CONFIDENT, and INDEPENDENT guys that make them feel weak in their knees...

26) The Cumulative Factor

Guys are always looking for the one single “magical button” that they can push to seduce “any woman”, “any time”.

I am here to tell you that this is the wrong way of thinking. It is the CUMULATIVE effect of different “buttons” that can give you success with women.

Let me illustrate an example. If you get a BB gun and shoot BB bullets at a window, you’re not going to break it. But if you melt a hundred BB’s together and then throw it at a window, you are probably going to break it.

Dating is the same. EVERY action you do will either attract a woman towards you or push her away from you. All your tiny actions may seem very insignificant to you, but when you add them together, they’ll determine the amount of success you have with a woman. This is why when you’re going after a girl, you should always be hitting her from different angles and directions! Don’t rely on just one thing…throw her everything you’ve got!

27) The Detachment Factor

A lot of guys make the mistake of focusing on the “end results” rather than the “process” of meeting women. That's why they often get discouraged. They don't know that it's the PROCESS of doing something that will GET them the results.

For example...let's say you’re a beginner and it takes 10 approaches before 1 woman will go out with you. Well, most guys would think, "Okay. I'm going to set up a goal and get 10 women to come out with me by the end of the week". But after asking out 5 women without getting any results, they get discouraged and either lower their goal or forget about the whole thing

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completely.

The smart guy sets up a different goal that enables him to focus on the PROCESS rather than the END RESULTS. For example, he says to himself, "I'm going to ask 100 women out this week." At the end of the day, since he has asked 100 women out, he ends up going out with 10 of them and sleeping with 5 of them. Now...I am exaggerating this a bit...but you see my point: It's the ACTION gets you outcome, not the outcome itself.

So...have fun meeting and INTERACTING with women rather than trying to pick them up. Flirt...but only to bring pleasure to the girls...NOT to pick them up. Let go of ALL of your expectations! Having this attitude can give you much more success with women.

28) The Knowledge Factor

Contrary to popular beliefs, attracting beautiful women is a skill you can learn. Most "players" out there get laid not because they are rich and handsome, but because they are skilled in what they do in their past time - picking up women. They are the people who have been rejected over and over since a young age before they finally learned the skills they need to be good with women.

The good news for you, my friend, is that these skills can be learned by anyone. This means anyone, regardless of his looks, wealth, and status, can become a master at picking up women once they have learned the right skills. Every skill needs to be learned. You had to learn how to walk, how to talk, how to read, how to use a computer and so on. These are all skills you had to learn because you needed them. Meeting woman is just another skill you should learn - the sooner the better.

So if you would like to become successful with women, then you should make a commitment to LEARN these skills. There's an old saying in business, "If you would like to become success and rich, then you should devote at least 10 percent of your monthly income and time to self-education. If you're broke, try 90 percent." This concept is also true in the dating game. If you're unsuccessful with women, then it's a good sign you should spend more of your time and resources

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to pick up some new skills until you're better than the average guy. If you work hard, you *will* get good results.

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