

Chapter 2 - Using Body Language to Meet Women

You can attract more single women than you can handle for love, sex, and romance just by simply using the art of body language. Step by step I will guide you in the usage of successful body language using the following methods:

How To Use Body Language To Attract Single Women

1. Develop a graceful, arrogant sort of walk. A walk that is free and easy with fluid movements. This kind of walk transmits a sexual message which will turn a woman's head.
2. When leaning against a wall or whatever, thrust your hips forward, with your legs apart. This position also transmits a sexual message.
3. While you are standing or especially when leaning, hook your thumbs in your belt just above your pockets and point your fingers down toward the genital area. Because of the fingers pointing toward the genital area, this sends out a sexual message to a woman and you will be amazed at how many women pick up this signal.
4. When talking to a single woman, let your eyes linger on her throat and her breasts. Also, while talking to her, wet your lips with your tongue. By using these two techniques, she usually will feel rather uneasy and excited.

In conclusion, try these methods of attracting attention from single women and see if they work for you. They have worked successfully for a lot of men I know.

Remember, the more techniques you use to attract a woman, the more women you're going to be picking up and that's the name of the game.

How To Recognize Female Body Language That Says She's Available

The following are some body signals and bodily movements that indicate a single woman is available and approachable:

1. A single woman sitting with her legs open.
2. A single woman sitting with one hand touching one of her breasts.
3. She protrudes her lips and thrust her breasts forward.
4. A single woman with a sexy walk, with her hips moving to and fro like the waves of the ocean.
5. She uses strong and sexy smelling perfume.
6. Sitting with her legs crossed in a manner to reveal her thigh.
7. Standing with one hand on her hip with her hip thrust forward.
8. A single woman wearing a low-cut dress, exposing her breasts.
9. Standing with her head cocked slightly at an angle, one foot behind the other, hips slightly thrust forward.
10. A single woman sitting with her arms crossed can indicate that she is frustrated and not having a good time and would welcome you approaching her.

In conclusion, keep your eye open for all these body signals and movements. With practice you can recognize these easily and it will help you to determine which women are available.

By being able to determine that a woman is available in advance, your success ratio in scoring will improve and you will move right in for the kill when you see these signals.

How To Recognize Female Body Language That Means She's Interested in You

The following body signals and bodily movements will indicate that a single woman is interested in you after meeting you:

1. Of course, if you do make eye contact and exchange smiles, this usually means that she is interested in you.
2. She sits uncomfortably close to you.
3. Her hand or thigh carelessly brushes up against your thigh.
4. A single woman exposing her wrist or palm to you.

5. While talking to you, she twiddles her hair, rearranges her clothes, or pushes her hair away from her face.
6. While talking to you, she strokes her thigh, wrists, or palm.
7. While talking to you, she blinks more than usual, fluttering her eyelashes.
8. While talking to you, her eyes are brighter than normal. She maintains eye contact and her pupils get bigger.
9. She sits with her legs crossed and pointed towards you.
10. She sits in a very straight position, displaying poise and good posture.
11. While conversing with you, she licks her lips.
12. Eyebrows raised and then lowered, then a smile, usually indicate interest.
13. She touches your arm, shoulder, thigh, or hand while talking to you.
14. While conversing with you, she rests an elbow in the palm of one hand, while holding out her other hand, palm up.
15. She raises or lowers the volume of her voice to match yours.
16. She rubs her chin or touches her cheek. This indicates that she's thinking about you and her relating in some way.
17. Her skin tone becomes red while being around you.
18. She plays with her jewelry, especially with stoking and pulling motions.
19. She rubs her wrists up and down.

In conclusion, look for these body signals and bodily movements by single women. They can be very helpful in evaluating how she feels about you. If you see she's really interested in you, really turn on the charm and give it your best efforts to score.
