THRIVE!

(LIVE A HIGHLY REWARDING LIFE)



BLESSING EDOR

AUTHOR OF UNSTOPPABLE GROWTH

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DEDICATION

This book is specially dedicated to all the people that are currently struggling with depression because of the difficulty to live a life worth living.

ACKNOWLEDGEMENT

The Holy Spirit is the one who cultivated my life as a well-watered garden and called others to eat succulent fruits of goodness to enhance the beauty of their own lives. You're the dearest to my soul. Thank you, Parakletos.

Next on the list is my late father, Mr. Godwin Edor. He sacrificed all to ensure that I become greater and better than him, but he died before the greatness became tangibly manifested. Your life is forever an inspiration to me. I love you, Daddy.

Mummy Blessing, thank you ma'am for not allowing me to settle for a life of mediocrity. You're the essence of a good and virtuous woman. Your lines of reasoning that delivered me from living like a mean man, will be felt throughout this book.

It's a great thing to be surrounded by excellent people. All my siblings are wonderful: Brother Henry, Angelina, Hope, Gloria, Favour, and Victor. I love you dearly, I'm ready to lead you all into greatness. Then, to my step mom, thanks so much ma'am, for raising us together and ensuring that the bond of love keeps us united.

Apostle Joshua Selman, your life theme: Jesus Revealed, Jesus Glorified; gives direction, purpose and meaning to my life. This book is a product of my ongoing tutelage under you. As a teaching priest, I will forever esteem you as a treasure from God, sent to enrich me and send me on the assignment that I was created for.

To every Emunahites, you mean a lot to me. For helping me hold unto and fulfill my divine assignment, I am really glad that God brought us together as a family. Mentioning names on this note is impossible, because we have already grown into a global family.

Bishop Oyedepo said that apart from attitude, another thing that determines one's altitude is association. I want to mention a few of my friends that believe in me, refuse to give up on me, insist on my destiny attainment and gave their lives as the first hand specimens for the vision that the Lord has given me. Men like Eziokwu Ifeanyi, Pokubo Alex, Henry Sinclair, Adebiyi Adedapo, Tolu Adetoye, Blessing Bassey and the host of other faithful friends turn brothers and sisters.

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Special thank you, my helpmeet. You were intricately created to render a fitting irreplaceable help for the perfect accomplishment of the global destiny ahead of us. I love you wholeheartedly.

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WHY I WROTE THIS BOOK

This is a new age, you cannot afford to live as a mediocre. Living an imbalanced life will cost people greatly in the times and seasons ahead. So, it's not just about excelling; it's about excelling in all the areas of life that truly matter.

Thrive! Isn't it amazing that if you type "Thrive!" into an AI model, it responds instantly; yet, when spoken to humans, some take it as an insult? Don't resist it, receive it as a command. Thrive! Prosper! Flourish! Bloom! Proliferate! Expand!

Be determined to live out the highest version of the destiny written about you. Choosing to succeed in just a few areas of life has never, and will never, fully reflect the richness and power behind the word "Thrive."

There are at least nine key areas of life where you need to flourish in order to truly thrive. I wrote this book to help you identify these vital areas and guide you in succeeding in all of them, because they can, and should, be harmonized.

Commit to reading and meditating on one nugget per day. It's easy to fit into your schedule—and it holds the potential to transform your life.

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1 - HIGHLY ADVANTAGEOUS EDGE

People succeed and live a richly rewarding life, largely because of the secrets at their disposal. Exclusive knowledge and insights make decision-making easy. Leveraging proprietary secrets gives a competitive edge.

The Holy Spirit is the source of witty wisdom. He's the giver of highly creative, innovative, and problem-solving revelations. He's the source of divine directions and strategies, which are major factors of exponential growth.

"I, wisdom, dwell with prudence, and find out knowledge of witty inventions." - Proverbs 8:12

God rested on the seventh day because He had created men as His successors in creativity and innovation. Humans are designed to continue God's creative work on earth.

Your ability to birth God's solutions and provisions for mankind and other creatures is vital in measuring your success. The values and purposes God intended are the weight balance on which your success is being weighed.

You cannot consistently access God's creative and innovative secrets without keeping intimacy with the Holy Spirit. He's the One who reveals the premium information that gives us grand success here on earth.

"This is why the Scriptures say: Things never discovered or heard of before, things beyond our ability to imagine—these are the many things God has in store for all his lovers. But God now unveils these profound realities to us by the Spirit..." - 1 Corinthians 2:9-10 (TPT)

Spiritual connection is the source of profound insights and secrets that fuel success, growth, and a satisfactorily fulfilled life.

Gaining access to spirit-realm secrets via fellowship with the Holy Spirit is an advantage that everyone should take advantage of.

Confession/Meditation: Intimacy with the Spirit gives me a highly advantageous edge every time and everywhere.

“It is the knowledge derived from information that gives you a competitive edge.”

2 - DOMINANCE IS SPIRITUAL

Life doesn’t slow down for the weak or the unprepared. In this world, survival is physical — but dominance is spiritual. So, trying to rise without depth is like chasing shadows.

Spiritual capacity is a necessity for everyone, not just for church leaders. Every dreamer, every goal chaser, every family builder must carry spiritual weight. You don’t need a pulpit to be highly spiritual.

"If you faint in the day of adversity, your strength is small." - Proverbs 24:10

However, getting spiritual power outside of Christ is like borrowing fire from a dragon — it might lighten one's path, but it will eventually burn the soul. Every shortcut in the spirit has a cost, and the devil always demands full payment.

For those who refuse to go diabolical in their pursuit of greatness, righteous spiritual sacrifices (fasting, prayers, seeds, absolute obedience...) remain the only path.

Understand that the future is not secured by mere effort. The natural realm bows to the spiritual. It’s not enough to work hard — you must war hard.

Too many white-collar professionals mock the idea of Satan, scoffing at the thought of being targeted by dark forces. But while they doubt, Satan doesn’t. He doesn’t need them to believe in him to attack them.

His strategy thrives in their disbelief. And so, he infiltrates their homes, hijacks their peace, delays their purpose — all while they explain it away as “bad luck” or “market instability.” But what they call coincidence, the spiritual man calls warfare.

"We know that we are God's children and that the whole world lies under the misery and influence (power) of the Evil One." - 1 John 5:19 (TPT)

Spirit governs matter. Until that's understood, cycles will repeat and destinies will drag. Trying to succeed greatly without spiritual discipline is like enrolling in engineering school with hatred for mathematics -- frustration is imminent.

Confession/Meditation: My pursuit of a highly rewarding life is enhanced with an ever abounding spiritual discipline.

"Going against the storm requires strength, energy and a will to succeed."
- Mitta Xinindlu -

3 - FORESIGHTFUL INSTRUCTIONS

Victory in life is not always about physical strength - it's also about foresight and adequate preparation to take advantage of opportunities before they appear to all. No one can command a future they are not prepared for.

Foresight-sponsored instructions gives an advantageous edge to those that have intimacy with the Holy Spirit. Their steps are not random, but ordered. Their decisions are not gambled, but guided. They carry clarity where others carry confusion.

"I am GOD, your God, who teaches you how to live right and well (make profit). I show you what to do and where to go. If you had listened all along to what I told you, your life would have flowed full like a river, blessings rolling in like waves from the sea." - Isaiah 48:17-18

God knows the terrain of time, He knows where still waters flow and where green pastures lie. To walk with Him is to walk into fullness; it doesn't guarantee a life free of trials, but a life full of direction, assurance, and divine provision.

When He leads, you may not always understand the path, but you can always trust the outcome. The fullness of life is not reserved for the lucky; it's the inheritance of those that are Spirit-led.

The fathers and mothers of faith were not just heroes because of strength, but because of obedience. The greatness of Abraham, Isaac and Jacob wasn’t accidental, it was the fruit of guidance and aligned obedience.

God’s instructions are pathways; every word He gives is a seed of progress. He is too intentional to waste His voice, and too loving to lead into ruin. When He says wait, it’s not to delay, but to prepare. When He says move, it’s not to stress, but to lift.

"He put your feet on a wonderful road that took you straight to a good place to live." - Psalm 107:7 (MSB)

A highly rewarding life doesn't come from mere ambition, but from alignment. It's the people that followed positive instructions that others ignored that become positive examples that others cannot ignore.

Confession/Meditation: By taking advantage of the privilege of divine leading, I live a highly rewarding life.

"Most people with foresight end up wielding immense power in life, often becoming great rulers or librarians."
- Jonathan Auxier -

4 - GAINED THROUGH LEARNING

Stagnation is not always a result of lack of opportunity, as much as it's the effect of arrogantly clinging to outdated knowledge, resulting in unwillingness to learn, relearn, and unlearn.

There are things you once believed that served you then but limit you now. Some of the mindsets that helped you survive will not help you thrive. You can't pour new wisdom into an old, rigid mind. Let go of outdated convictions and patterns.

"You know better than to put new wine into old wineskins. They would burst. The wine would be spilled out and the wineskins ruined. New wine needs fresh wineskins." - Mark 2:2 (TLB)

Unlearning is one of the most underrated disciplines of greatness. It demands intentionality — the ability to say, "I've been doing this wrong," and embrace a better way.

Nobody is born with the perfect mindset for a highly rewarding life. Even children born into wealth don't inherit wisdom. They still go to school. They still sit under teachers. Why? Because knowledge doesn't transfer through bloodlines — it's gained through learning.

Teachable people always rise. They are the ones who ask questions when others pretend to know. They stay curious when others get comfortable. They seek mentors, feedback, correction — not to impress, but to improve.

Teachability is the master key to relevance in any generation. Once you become too big to learn, you've made yourself too small to grow. Some doors won't open for the talented, as much as they will do for the teachable.

"Let no man deceive himself. If any man among you seems to be wise in this world, let him become a fool, that he may be wise." - 1 Corinthians 3:18

You can't expect uncommon results with an unyielding mind. So, loosen your grip on assumptions. And let your hunger for growth be louder than your need to be right. That's how greatness begins.

Confession/Meditation: I walk boldly into new seasons because I'm open to change and guided by truth.

"Always be humble enough to learn something new. Otherwise, it's only a matter of time before your knowledge becomes outdated."
- Clinton Anderson -

5 - MAKE THE INITIAL SACRIFICE

Ignorance doesn’t care how passionate you are or how big your dreams may be. Success in one area doesn't protect you from ignorance in another. Thriving financially doesn't automate good relationships, health, or purpose fulfilment.

If you refuse to update your thinking, life will keep reminding you with frustration, stagnation, and missed opportunities. The cost of enlightenment is far less than the consequences of ignorance. Ignorance is very expensive.

"My son, eat honey, because it is good, and the drippings of the honeycomb are sweet to your taste. So shall you know skillful and godly Wisdom to be thus to your life; if you find it, then shall there be a future and a reward, and your hope and expectation shall not be cut off." - Proverbs 24:13-14 [AMP]

Education isn’t just about certificates, but much more about clarity. It gives definition, definition leads to revelation, revelation informs decisions, and decisions shape destiny.

Your destiny won’t rise above the quality of your decisions, and your decisions can’t rise above the quality of your information. If you want to make weighty moves in life, you must gain weighty understanding. Superior results are a product of superior thinking.

The version of you that your destiny is waiting for is hidden behind books you’ve not read, mentors you’ve not listened to, and knowledge you’ve not yet embraced.

Exposure to the right knowledge is not free—it comes with a price. Sometimes, it will cost you money. Other times, it will cost you comfort. It will always cost you time and ego. But it’s a worthy exchange. Buy books. Attend seminars. Pay for mentorship. Subscribe to courses. Invest in your evolution.

Every time you say yes to growth, you are saying no to limitations. Enlightenment stretches before it rewards. It will challenge your pride, break your rigidity, and interrupt your routine. But in that discomfort, you'll find the freedom to become more.

"Cast your bread upon the waters, for you will find it after many days." - Ecclesiastes 11:1 [AMP]

What you feed your mind today is what your future will digest. Enlightenment always pays back more than it costs, but you must be willing to make the initial sacrifice.

Confession/Meditation: The rewards of enlightenment abounds in my life, because I don't shy away from paying the price for the renewal of my mind.

"The only thing more expensive than education is ignorance."
- Benjamin Franklin -

6 - REALITY FOLLOWS IMAGINATION

The journey to a highly rewarding life begins with an expanded mind. Your mind visits a place before your body gets there, just as your reality follows after your imagination. So, you need to start working on your mind now, by developing a global mindset.

If your thoughts remain trapped within the borders of your background, your life will remain small. Exposure enlarges your capacity. Renewal of the mind begins with seeing beyond your immediate environment.

"After Lot was gone, the Lord said to Abram, Look as far as you can see in every direction, for I am going to give it all to you and your descendants." - Genesis 13:14-15 (TLB)

Your background must never become the basis for your life standard. Don't let cultural limitations, childhood experiences, or local thinking become your ceiling. You must grow past familiar definitions and embrace a wider, richer, more global view of life.

There is more to the world than your city, tribe, or nation. A national award is honorable, but it doesn't equal global recognition. Don't stop at being a local or national champion when you were designed to influence nations. The mindset that stops at "good enough" will never touch greatness.

You need to start thinking in terms of universal value. Can your solutions work anywhere? Can your message resonate across cultures? That is how global thinkers evaluate their impact.

Seek exposure, read broadly, study widely, and interact beyond your immediate circle. Travel when you can. Understand how the world works. Growth happens fastest when your worldview is expanded.

"For as he thinks in his heart, so is he..." - Proverbs 23:7

Work on producing results that can thrive in any location. Develop value that compels respect regardless of race or background. The world responds to refined substance, not just loud voices. Build something worth global attention and grow a borderless influence.

Confession/Meditation: I see, think and grow globally. Therefore, my ideas, results, voice and name carry relevance across nations.

“Once your mindset changes, everything on the outside will change along with it.”
- STEVE MARABOLI -

7 - THE SILENT ARCHITECT

A highly rewarding life—one that cuts across all areas: spiritually, financially, relationally, and emotionally—demands a mindset that embraces change. It doesn't happen by luck; it is built on intentional habits. And every habit is a byproduct of mindset.

The pattern of your daily behavior is often an echo of the beliefs you hold. Your mindset is the silent architect behind your actions. It determines what you accept, what you resist, and what you settle for.

"A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things." — Matthew 12:35

A renewed mindset isn't just a spiritual concept—it's a practical necessity. Without inner transformation, external progress becomes accidental or short-lived.

To truly renew your mind, you must be willing to challenge your assumptions. Some of the things you've believed for years may need to be unlearned. Pride often tries to shield ignorance. That's why humility is the first sign of someone who is truly ready to grow.

Renewal requires education—exposing your mind to new insights, truths, and principles. Some of these lessons will feel uncomfortable. They will stretch your thinking and confront your patterns. But discomfort is often the first sign that transformation is underway, and growth with lasting rewards will always follow.

"If any man think that he knoweth any thing, he knoweth nothing yet as he ought to know." — 1 Corinthians 8:2

The ego is often the enemy of progress. The refusal to admit ignorance keeps many stuck in mediocrity. But the moment you

drop your pride and become teachable, you gain access to growth your old mindset could never contain.

Confession/Meditation: I gain access to great levels of growth, as I learn to embrace needed knowledge with a teachable mind.

“Ego is more than just off-putting and obnoxious. Instead, it's the sworn enemy of our ability to learn and grow.”
- Ryan Holiday -

8 - INFLUENCE YOUR GENERATION

If your life's message does not impact your generation, your generation will struggle to reward you. No generation pays for what doesn't speak its language or meet its needs.

Every generation has its own way of processing truth, embracing values, and receiving messages. What worked in the 20th century may be ignored today. Excellence and relevance are now defined differently. If your message isn't tailored to be heard, it won't be valued—no matter how true it is.

"The labour of the foolish wearies every one of them, because he knoweth not how to go to the city." - Ecclesiastes 10:15

To influence your generation, you must first understand it. Study it. Observe its trends, language, pain points, passions and persons. Know what they are searching for, what they respect, and how they measure worth. If you don't learn how they think, you'll keep shouting from a place they no longer visit.

Influence isn't same thing with imitation. What you need is connection, not imitation. You don't need to compromise your values in order to understand your generation. You don't have to lose your identity to speak their language. You just need to refine your message in a way that will make it influence them.

A shallow mind can't impact a complex generation. If your thinking is outdated or rigid, your voice will become irrelevant. Upgrade your mind. Feed it with ideas, books, conversations, and take on challenges that will help sharpen your ability to think and lead.

Your life will be highly rewarding when you start serving your generation with refined substance. The will of God is generic; but each person's prophetic part in it, is generational.

"For David, after he had served his own generation by the will of God, fell on sleep..." - Acts 13:36

To influence your generation, you must deliberately invest in mental development —thinking wide, thinking deep, and thinking purposefully; which will inturn grant you access to open doors of influence and affluence.

Confession/Meditation: My generation receives my life's message with open heart, as they hear it in their language.

“Your existence is evidence that this generation needs something that your life contains.”
- Myles Munroe -

9 - THE JOURNEY OF YOUR DESTINY

A weak or neglected body will limit how far you can go, no matter how great your dreams or how powerful your vision is. Your body is not just a vessel; it's your earthly vehicle for fulfilling purpose. If it breaks down, everything else pauses.

You only get one body, and how you treat it determines how well it serves you. Respecting your body is a form of self-leadership. It's proof that you're serious about your assignment in life.

"For no (wise person) ever hated his own (body), but nourishes, carefully protect and cherishes it..." - Ephesians 5:29 (AMP)

Junk food may be fast and convenient, but it is too expensive for the dreams you have for your life. Eating a balanced diet—rich in proteins, healthy fats, fruits, and vegetables, is wisdom for destiny. To live a highly rewarding life, you must value your physical wealth—your health.

Dehydration silently weakens your system and affects your overall well-being, making it difficult to live a highly rewarding life. Drinking plenty of clean water every day is one of the simplest, cheapest, and most powerful investments you can make in your health.

Nature has already provided what your body needs to thrive—you just need to choose it consistently. Include fruits and vegetables in your daily meals. They're natural sources of vitamins, antioxidants, and fiber that fight disease, slow aging, and build immunity.

"Arise and eat/drink (what is healthy for your body); because the journey (of your destiny) is too great for (an unhealthy lifestyle)." - 1 Kings 19:7

Guard your health intentionally—it is one of the greatest forms of wisdom. A healthy body makes you a better thinker, worker, parent, leader, and servant of purpose. When you feel good physically, you will be able to give your best mentally, emotionally, and spiritually.

Confession/Meditation: I treasure and invest in the wealth of my body, as a part of my commitment to living a life that's highly rewarding.

“No person may enjoy outstanding success without good health.”
- Napoleon Hill -

10 - THE DISTANCE YOU CAN COVER

The care of your body's wealth should be a priority, not an afterthought. A highly rewarding life requires strength—not just mental or spiritual, but physical strength too. The condition of your body affects how far you can go, how fast you can move, and how long you can last.

Bodily exercise is not just for athletes—it's for anyone who desires to live fully and purposefully. No matter how clear your vision is, your health will determine the distance you can cover. When your body lacks soundness, even your spirit and mind begin to feel the strain.

"Dear friend, I am praying that all is well with you and that your body is as healthy as I know your soul is." — 3 John 2 (TLB)

Physical movement is one of the most powerful ways to reset your energy and refocus your mind. Regular exercise improves blood flow, releases tension, and sharpens mental clarity. It gives you the endurance you need to face challenges without burning out too early.

Success demands stamina. Goals aren't achieved overnight—they require consistent effort, and effort requires energy. It's exercise that conditions your body to carry the weight of destiny without collapsing under pressure.

Beyond health, exercise builds confidence. It improves your posture, your breathing, and the way you show up in spaces. When you feel strong physically, you act with boldness. You speak with clarity. You move like someone ready to lead and succeed.

Your body is essential to living a highly rewarding life. If it's weak, everything else becomes unstable. But when it's strong, it

becomes a firm foundation for your dreams to stand on. Make exercise a consistent, non-negotiable part of your lifestyle.

"Physical exercise has some value..." — 1 Timothy 4:8 (NLT)

Don't just pray and plan—move your body too. Run. Stretch. Sweat. Do whatever it takes to keep your physical self in peak form. Because the stronger your body, the louder and longer your purpose can speak.

Confession/Meditation: My body is in the good shape required to live a highly rewarding life.

"I have always believed that exercise is the key not only to physical health but to peace of mind."
- Nelson Mandela -

11 - BEST VERSION OF SUCCESS

You were never designed to achieve greatness at the cost of your well-being. The best version of your success is the one where your body is still whole, your mind is sharp, and your soul is at peace. Don't rewrite God's blueprint by driving yourself into exhaustion.

Your purpose was designed for a healthy you—not a broken, worn-out version. You don't need to learn through pain. Take care of your body through intentional rest. When you rest, you preserve the very vessel through which your purpose flows.

"...a body hast thou prepared me... to do thy will, O God." - Hebrews 10:5,7

The world won't fall apart if you take a break. It's okay to be unavailable for a while. Disconnect, rest well, and heal from the silent tears and unnoticed wear life brings. It will help you continue your assignment with renewed strength.

Rest is very essential. It helps reduce anxiety, clears mental fog, and dissolves irritability. It gives calmness, clarity, and emotional stability. A rested you is a focused, creative, and emotionally balanced you—ready to show up with excellence.

Rest also gives your body the chance to repair itself. It rebuilds your strength, improves immunity, and replenishes lost energy. It strengthens your system from within and enables your body to serve your destiny for the long haul, not just the next deadline.

Rest isn't same thing with laziness. Rest is a strategy—an intentional act of wisdom that fuels productivity. You cannot deny your body what it needs and expect no consequences. Rest is not optional if you want to function at your highest level consistently.

"Choose life (sound health)..." - Deuteronomy 30:19

Overworking may feel necessary in the moment, but neglecting rest has lasting effects. The damage may be slow and silent, but it is real. Success that costs you your health is too expensive. So schedule rest like you schedule important meetings.

Confession/Meditation: I will experience a wholesome life -- nothing missing, nothing broken.

“Respect your body when it's asking for a break. Respect your mind when it's seeking rest. Honour yourself when you need a moment for yourself.”

12 - CLEANLINESS IS REGAL

You were born to rule your world and destined to reign in life—but reigning starts with responsibility. A highly rewarding life requires your health to be intact. And good health is built on consistent personal and corporate hygiene.

The way you treat your body and environment is a reflection of how much you value your life and purpose. Keeping your hands, clothes, hair, and breath clean isn't just about looking good, it's essential for living life to the fullest.

"...you are a chosen race, a royal priesthood, a dedicated nation, [God 's] own purchased, special people, that you may set forth the wonderful deeds and display the virtues and perfections of Him Who called you out of darkness into His marvelous light. - 1 Peter 2:9 [AMP]

Greatness requires preparation, and cleanliness is part of that preparation. Look smart, smell fresh, and stay tidy; it will give you confidence and earn you respect. When you step out, let your appearance communicate that you're ready for kingship.

Your physical presence is part of your message. The world takes you more seriously when you take yourself seriously. A clean, respectable look speaks before you open your mouth. You don't need expensive clothes to look valuable—you just need to be clean, neat, and organized.

A good perfume doesn't just make you smell nice—it enhances how people perceive you. Scent carries memory, influence, and impression. Walk into a room with a clean scent and you'll command attention without saying a word. Smell like someone who belongs at the top.

You don't need all the money in the world to achieve this. What you need is a refined mindset, intentional hygiene, and a good

taste for what looks decent. When you look good, you feel better. And when you feel better, you perform better.

"Wear fine clothes, with a dash of cologne!" - Ecclesiastes 9:8 [NLT]

Don't wait for status to dress, act, and live clean. Start now. Cleanliness isn't luxury—it's discipline. Take control of your hygiene, your look, your scent, and your space. Because when you carry yourself with honour, the world responds accordingly.

Confession/Meditation: My appearance earns me respect and honour, as I practice cleanliness and smartness.

"Style is a deeply personal expression of who you are,and every time you dress, you are asserting a part of yourself."
- Nina Garcia -

13 - DON'T TRADE YOUR HEALTH

Succeeding at the expense of your health is a contradiction—because your health is part of your success. You can't fulfill purpose effectively in a body that's breaking down.

Avoid abuse of substances of any kind—whether it's drugs, alcohol, or even food. To reign on earth, you need to be alive. Don't trade your health for temporary pleasure.

"It is not for kings, O Lemuel, it is not for kings to drink wine, or for rulers to desire strong drink..." - Proverbs 31:4 [AMP]

Your freedom matters, but not when it's leading you into bondage. Many people have stretched the idea of freedom beyond healthy boundaries. Freedom isn't doing whatever makes you feel good in the moment—it's choosing what sustains your life, purpose, and future. Discipline is the guardrail of freedom.

Be excellent in your approach to your health—even more than you are in your profession or leadership role. Excellence isn't just about performance, it's about sustainability.

Go for regular check-ups. Don't wait for your body to scream before you listen. Many terminal illnesses can be treated, managed, or even cured when discovered early. What you ignore today might cost you everything tomorrow. Early detection gives you a chance to adjust and recover.

Check-ups aren't just for detecting sickness—they help you understand what your body needs. You may be lacking certain nutrients or overloading on what's harmful. With proper medical insight, you can restructure your diet and lifestyle for optimal performance and long-term vitality.

"And of the children of Issachar, which were men that had understanding of the times, to know what Israel ought to do..." - 1 Chronicles 12:32

When you start taking your health seriously, your health will start supporting your goals more effectively. Take care of your body—it's the only place your purpose can live on earth.

Confession/Meditation: As a king, I'm mindful of my health. So, I will never sacrifice my health for any seeming success.

"NO, is a complete sentence."
- Anne Lamott -

14 - YOUR LIFE ISN'T YOURS TO WASTE

You didn't design your kingship—God did. So, your life isn't yours to waste. When you damage your body through careless habits, you're not just harming yourself—you're failing the One who trusted you with destiny.

People are attached to your purpose, and their destinies depend on your strength and longevity. That's why living healthy is part of your royal responsibility. Every king lives for more than himself.

"David became exhausted (and was about to be slain by a Philistine), But Abishai son of Zeruiah came to the rescue, struck the Philistine, and killed him. Then David's men swore to him, "No more fighting on the front-lines for you! Don't snuff out the lamp of Israel!" - 2 Samuel 21:15 -17

Indulgence isn't a reward; it's a threat when uncontrolled. Carbonated drinks, energy shots, excessive sugar, alcohol—these are slow poisons disguised in sweetness. Don't consume tomorrow's energy today.

Real kings make sacrifices—not just for their comfort but for the people they lead. Protect your health like your crown depends on it—because it does. Your lifestyle must reflect the weight of your purpose.

The mark of maturity is restraint. Your health is not proven by how much luxury you consume but by how wisely you manage your body for long-term impact. You may have access to more, but more isn't always better.

A king who can't stand strong cannot lead strong. Reduce the sugar. Rethink the bottle. Respect your system. Your body is the vessel of divine purpose. If it breaks down, your impact halts.

"If you faint in the day of adversity, your strength is small." - Proverbs 24:10 [AMP]

Your ability to fulfill purpose tomorrow depends on how you care for your body today. Your health is a very important pre-requisite for living a highly rewarding life.

Confession/Meditation: I will live a highly rewarding life in good health and wellness.

"He who has health, has hope; and he who has hope, has everything."
- Thomas Carlyle -

15 - DON'T BE SURPRISED

You're created to live a highly rewarding life—nothing less will satisfy the deep longing in your soul. The divine blueprint within you will only respond to purpose, fulfillment, and meaning.

Anything that stands in the way of your fulfillment—no matter how normal or natural it may appear—is a threat that must be confronted and removed. Anything that blocks your joy, growth, or progress does not belong in your life.

"Take us the foxes, the little foxes, that spoil the vines: for our vines have tender grapes." – Song of Solomon 2:15

Emotional instability is one of the greatest enemies of destiny. On this side of eternity, you won't always feel okay—there'll be pressure, offense, pain, and unexpected disappointments. The ups and downs of life will try to throw your soul off balance.

You must intentionally raise a standard against the emotional floods that come to drown your peace. That standard is the truth of God's Word and your daily decision to trust Him. You can't afford to let life happen to you—you must happen to life.

Peace is not the absence of challenges, but the presence of God in the midst of them. Jesus already said there would be tribulations. So don't be surprised when they come; instead, be prepared.

Emotional stability doesn't mean perfection—it means consistently choosing God's truth over temporary feelings. Ensure that your foundation is laid on Christ, and that your peace is anchored in the unshakable love of God.

"Be worried about nothing... let your requests be made known unto God. And His peace, which passes all understanding, shall keep your hearts and minds through Christ Jesus.." – Philippians 4:6–7 (TPT)

Let your heart rest in this one truth: your life is secure in God's love through Christ Jesus. Always trust that no matter what comes, you are held, you are seen, and you are being led into a life that will truly reward you—spirit, soul, and body.

Confession/Meditation: No matter what happens, the love of God stabilizes my emotions.

"The key to success is emotional stability."
- Warren Buffett -

16 - DENIAL IS NOT DISCIPLINE

Emotional stability is essential for anyone who desires to fulfill destiny with clarity and strength. It's a non-negotiable part of living a highly rewarding life. It directly influences your thoughts, decisions, responses, and reactions.

The more stable your emotions are, the more consistent your decisions will be, and the more powerful your results. You cannot build a lasting future on shaky emotions.

"...(be like) a wise man who built his house on an unshakable foundation. When the rains fell and the flood came, with fierce winds beating upon that house, it stood firm because of its strong foundation." — Matthew 7:24-25 (TPT)

Emotional stability begins with emotional honesty. Be real with yourself about how you feel. Suppressing pain, frustration, or fear doesn't make you stronger—it only delays your healing. Denial is not discipline.

However, emotional honesty must never become an excuse for self-indulgence. Feel your feelings, but don't be ruled by them. Acknowledge your sadness, but don't dwell in it. Speak your truth, but don't weaponize it. Being led by emotions is different from being aware of them.

You must know when to pause and process, and when to press on and perform. It's okay to cry, but don't stay broken. It's okay to rest, but don't retreat into isolation. Emotional honesty should lead you to responsibility, not to cycles of self-pity.

Don't let your emotions trap you with lies. Challenge your thoughts with truth. When your feelings whisper that you're not enough, remind yourself of who you are in God. Anchor your soul in the Word when the storms come.

"Lord, even when your path takes me through the valley of deepest darkness, fear will never conquer me, for you already have! You remain close to me and lead me through it all the way. Your authority is my strength and my peace. The comfort of your love takes away my fear. I'll never be lonely, for you are near." — Psalm 23:4 (TPT)

Your future requires a version of you that is emotionally grounded, not emotionally reactive. So be sincere, but not soft. Be honest, but not helpless. Be kind to yourself, but not careless with your emotions. Your life is too valuable to be hijacked by feelings that were meant to be managed.

Confession/Meditation: I'm realistic about my emotions, but not ruled by them.

"Accept how you feel but don't let feelings rule you. You are in control. You are not their slave."
- Rosebud -

17 - WHEN LIFE SURPRISES YOU

Without emotional stability, success will feel hollow, progress will feel burdensome, and relationships will constantly feel draining. The strength to handle challenges without losing your direction or identity comes from emotional stability.

Learn this: say “NO” without guilt. Protect your time, energy, resources, and mental space. This isn’t selfishness -- it’s wise stewardship. Don’t allow yourself to be stretched so thin that you snap under the weight of other people’s demands.

"Above all else, guard your heart, for it affects everything you do." - Proverbs 4:23 (NLT)

Evaluate your circle and don’t shy away from making hard decisions. Some people carry storms within them, and without clear boundaries, they will pull you into their chaos. Guard your peace like treasure—because it truly is.

Disappointments are inevitable. People will sometimes fall short of your expectations. So anticipate disappointment—not with fear, but with wisdom. Be emotionally prepared so that your foundation remains unshaken when life surprises you.

Examine the sources of emotional instability in your life—unhealed wounds, unresolved conflicts, unhealthy habits—and root them out. Never tolerate anything that steals your peace. What you permit will persist, and what persists unchecked will eventually dominate you.

Your peace of mind is non-negotiable. You are responsible for preserving it. Be intentional about what you consume, who you entertain, and who you allow access to your heart. You’re not obligated to carry burdens God never gave you.

"Come to me and I will give you rest—all of you who work so hard beneath a heavy yoke. Wear my yoke—for it fits perfectly—and let me teach you; for I am gentle and humble, and you shall find rest for your souls; for I give you only light burdens." - Matthew 11:28 (TLB)

Emotional strength doesn't mean you don't feel pain—it means you rise above it. Let your stability be rooted in truth, not temporary comfort. A stable heart is the foundation for an unshakable life.

Confession/Meditation: I am a wise steward, protecting both my tangible and intangible resources with intentionality.

"The only people who get upset about you setting boundaries are the ones who were benefiting from you not having any."
- Leila Hormozi -

18 - PAUSE TO RECOGNIZE PROGRESS

If allowed, ingratitude will slowly corrode your joy, cloud your perspective, and blind your eyes to progress. It creates a feeling of being overwhelmed—not because things aren't working, but because you've stopped noticing what is.

Complacency is indeed a growth killer, but gratitude is not complacency. While it's good to push forward, you risk becoming

emotionally unstable if you never pause to recognize your progress and victories, no matter how small.

"[Elijah, after a national victory, was threatened by the queen and] requested for himself that he might die; and said, 'It is enough; now, O LORD, take away my life; for I am not better than my fathers.'" - 1 Kings 19:4

If you're always chasing what's next without celebrating what is, you'll wear your soul thin. A goal-driven life without a rhythm of appreciation becomes a burden rather than a blessing. Emotional exhaustion often stems from a relentless pursuit with no pause for gratitude.

Take time daily or weekly to count what's working. Celebrate progress, however small. Acknowledge answered prayers, lessons learned, the people who supported you, and the strength that carried you through.

Gratitude is more than just saying "thank you." It's a mindset that trains your emotions to recognize possibilities even in pain. It helps you focus on what's good while you're still trusting God to improve what's not.

Ingratitude fuels emotional instability. Peace begins to slip away when appreciation is absent. It's hard to complain and be grateful

at the same time. Gratitude anchors your emotions in truth—not just in your goals, but in God's faithfulness.

"If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus." - Philippians 4:7 [NLT]

To live a highly rewarding life, gratitude must be non-negotiable. So before you reach for what's next, pause. Breathe. Say "thank you." Not because everything is perfect, but because something is working. And that's enough to build on.

Confession/Meditation: Gratitude is my watchword in my journey of progress.

"When you are grateful, an invisible blanket of peace covers you, it makes you glow, it makes you happy, strong, warm. Gratitude puts mind at ease about everything around."
- Om Swami -

19 - RELEASING HEALTHY CHEMICALS

Your emotional balance is not only shaped by thoughts and feelings—it's also heavily influenced by how you treat your physical body. Neglecting your body leads to emotional imbalance, no matter how strong your mindset may be.

Exercise is one of the most powerful emotional regulators available. It doesn't have to be intense or complicated. A daily walk, light stretches, or even dancing to your favourite song can shift your mood. Physical activity releases chemicals that uplift your spirit, clear your mind, and reduce emotional clutter.

"For bodily exercise is profitable..." – 1 Timothy 4:8

Sleep is one of the most underrated tools for emotional stability. Proper rest recharges your emotional strength. When you're sleep-deprived or constantly pushing yourself without breaks, your patience shortens, your perspective narrows, and your emotions become unstable.

Your body and soul are deeply connected. When your body is tense, your emotions follow. When your body is relaxed and refreshed, your emotions become more stable. Emotional well-being cannot be separated from physical care.

Sometimes, the best way to reset emotionally is to step outside and let creation speak. Trees, rivers, skies, and open fields offer a kind of peace that screens and city noise can never provide.

You can't expect peace in your heart when there's chaos in your schedule or neglect in your self-care. Adjust your routines. Remove what harms your emotional health and include what strengthens it.

"For they that sow the wind... shall reap the whirlwind..." – Hosea 8:7

Your emotions will follow the lead of a well-treated body—and that's how you begin to build a life that truly rewards you. Let your desire for a highly rewarding life reflect in how you prioritize your mental and emotional well-being.

Confession/Meditation: I am active and restful, so I am emotionally stable.

"Sometimes the most productive thing you can do is relax."
- Mark Black -

20 - RAW TALENT IS NOT ENOUGH

Everyone you admire for living a highly rewarding life didn't get there by accident. They made a decision to refine their natural talents and acquired skills until they gained mastery and became leaders in their fields. Your journey won't be an exception to this principle.

Mastery silences shame. There is a direct connection between incompetence and shame. When you don't know what you should know, or can't deliver what's expected of you, your confidence begins to break down.

"Study and be eager and do your utmost to present yourself to God approved (tested by trial), a workman who has no cause to be ashamed, correctly analyzing and accurately dividing [rightly handling and skillfully teaching] the Word of Truth." – 2 Timothy 2:15 [AMP]

You must become intentional about improving every area of your life until excellence becomes your default. Passion must meet discipline. Desire must meet diligence. You already have something valuable inside you, but raw talent is not enough.

Don't just work—work well. Don't just do—do with precision. Be skillful with excellence. Let your name be associated with quality and distinction. Every truly great man or woman stood out because their level of skill rose above the ordinary.

A diamond in the rough is still just a rock until it's refined. Your talent must be developed before it can command attention. Your natural giftedness is just the starting point—not the finished product. You're responsible for adding value to it, shaping it, and making it ready for the world.

What you carry deserves exposure, but exposure only comes when preparation meets opportunity. So, add value to yourself daily. Don't settle for average in anything you do.

"Whatever work you do, do your best..." – Ecclesiastes 9:10

People may not remember everything you say, but they will never forget the quality of what you do. When you show up skillful, the world takes notice—and rewards you for it. Let mastery be your identity.

Confession/Meditation: I grow daily in skill and excellence. Mastery is my standard, and I show up ready.

"Once you decide on your occupation you must immerse yourself in your work. You have to fall in love with your work. Never complain about your job. You must dedicate your life must dedicate your life To mastering your skill. That's the secret to success, and is the key to being regarded honorably."
- Jiro Dreams -

21 - WHAT SOME WILL ONLY CLAP FOR

After God, the people who can truly reward your giftedness and skillfulness are those with influence and affluence. They have the capacity to recognize your value and translate it into platforms, opportunities, and tangible rewards. Their recognition opens doors that talent alone cannot open.

People with little influence may applaud you, but applause doesn't pay bills or launch destinies. Their loyalty is heartfelt, but their hands are limited. It's kings and queens—those established in their fields—who can lift your life into new seasons of breakthrough and relevance.

"God sent the king to release him. The Pharaoh set Joseph free; He appointed him master of his palace, put him in charge of all his business, to personally instruct his princes and train his advisors in wisdom." - Psalms 105:22

What some will only clap for, others can invest in. The same voice that draws cheers from the crowd can secure contracts from CEOs. The same creativity that excites your friends can attract the resources of empires. But only when it's developed to a level worthy of attention.

You must refine your giftedness until it compels great people to take notice. It's not enough to be talented—you must be masterful. When your skill solves real problems, and your uniqueness is undeniable, those who matter will begin to notice. Influence listens to excellence.

Sharpen your edge daily. Let your consistency in excellence be so strong that those in authority cannot ignore the value you bring. That's how doors open without knocking.

When great people find someone who solves real problems with precision, they do more than notice—they reward. They invest. They elevate.

"Do you see any truly competent workers? They will serve kings rather than ordinary people." - Proverbs 22:29 [NLT]

So commit to excellence. Don't despise your gift, and don't settle for applause. Build your capacity. Refine your voice. Expand your reach. When your uniqueness is ready for kings, kings will come. And that is a critical key to living a truly rewarding life.

Confession/Meditation: My uniqueness is developed to the level that it attracts kings and queens to my life.

"If you want to be indispensable, be exceptional."

- Blessing Edor -

22 - WHY ARE YOU DOING ALL THIS?

No matter how talented or gifted you are, raw potential without refinement won't take you far. To live a highly rewarding life, you must bring your talents, skills, and certifications to a level of high proficiency—and that often requires submitting to the guidance of a mentor.

A mentor's insight can shape your uniqueness into something deeply valuable and profitable. Having someone who's already walked the road ahead shortens your learning curve and protects you from avoidable mistakes.

"When Moses' father--in-law saw all that he was doing for the people, he said, "What's going on here? Why are you doing all this, and all by yourself, letting everybody line up before you from morning to night?" - Exodus 18:14

You may need more than one mentor, because success is multifaceted. A person who guides you in business may not be the one to guide you spiritually or relationally. Get the right mentors for the right areas.

Most successful people can trace their progress back to a process—a system they followed, often under the influence of a mentor. And because principles are repeatable, so is success -- if you follow the guidance of those who know the way.

Genuinely honour your mentors. Learn to celebrate them openly, and invest in the relationships intentionally. What you celebrate, you attract more of. What you take for granted, you lose access to.

Your mentors often see potential in you that you don't yet see in yourself. But their ability to help you depends on your willingness to be helped. So, be teachable and open to them. Give them the permission to stretch and strengthen you.

"Jesus said to Peter and Andrew, who were already fishermen, "Come after Me [as disciples - letting Me be your Guide], follow Me, and I will make you fishers of men!" - Matthew 4:19 [AMP]

A major proof of how serious you're about living a highly rewarding life is your value structured mentorship. Greatness is a legacy handed down and wisdom passed on.

Confession/Meditation: My life is generously enriched with seasoned mentors, who help me live a highly rewarding life.

“A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out of you”
- Bob Proctor -

23 - SKILLS BUILD RELEVANCE

You can pray, plan, and declare success all you want, but without the required skillset, your dream will only remain a fantasy. One of the fastest ways to remain stagnant is to chase big dreams while staying ignorant of the skills needed to thrive.

To live a highly rewarding life, you need skills; especially professional skills, communication skills, and people skills. What you lack in skill today is the gap between you and your tomorrow.

"Then Jesus beholding him loved him, and said unto him, One thing you lack..." - Mark 10:21

Ignorance of essential know-hows delays and shrinks your relevance. What you don't know will eventually cost you. The more skillful you become, the more valuable you are in any environment.

Influence only answers to excellence. No one entrusts great responsibilities to the unprepared. The world doesn’t reward effort alone—it rewards results. And results are often the byproduct of well-developed skill and intentional growth.

Your life becomes more ordered, beautiful, and impactful when you develop administrative and leadership competence. The skills will help you enjoy a structured life that sustains growth.

Don’t spend your years gathering random facts while ignoring what fuels your purpose. Time is too precious to waste on irrelevant information. Focus on the necessary know-hows.

"Brethren, I count not myself to have apprehended: but this one thing I do..." - Philippians 3:13

The rewards of life are drawn to those who are excellent at what they do. So sharpen your skills until your competence commands attention.

Confession/Meditation: I command the attention of my generation by living a life full of results.

“The future belongs to those who learn more skills and combine them in creative ways.”
- Robert Greene -

24 - INCOMPLETE WITHOUT PRODUCTIVITY

Someone can be highly valuable and still remain largely unrewarded. Being celebrated for your gift is not the same as being rewarded for your products and services.

Talent, value, and skill can indeed distinguish a person from the crowd. They can lift you into rooms of influence and open impressive doors. But recognition is incomplete without productivity.

"A gift gets attention; it buys the attention of eminent (great) people." - Proverbs 18:16

Talents and skills were never meant to end with self-admiration. They are seeds, and unless planted, nurtured, and harvested, they remain dormant potential.

The true reward of giftedness lies in transformation—when what you carry becomes something useful to the world. That's when your skills stop being impressive and start being impactful.

After discovery, you need to refine your uniqueness and ensure to deploy it to the world, starting from your assigned territory. Until then, you may be admired and applauded, but mostly unrewarded. It's possible to be praised for potential but live unrewarded because of unproductivity.

Many admire your capacity, but the world only rewards what you consistently produce. Without output, giftedness becomes a burden instead of a blessing.

"Do you see a man diligent and skillful in his business? He will stand before kings; he will not stand before obscure men." - Proverbs 22.29 [AMP]

Be prayerfully thoughtful and device ways that you can use to turn your raw talent into marketable, rewardable value, and served with excellence. That's when people won't just clap for you, but largely reward and pay you for it.

Confession/Meditation: I highly develop my uniqueness into productivity and get largely rewarded for it.

"Good ideas has no value because the world already has too many of them. The market rewards execution, not ideas."
- Scott Adams -

25 - TAKE HEED HOW YOU HEAR

Relationships are bridges; to walk far in life, you must learn how to build and maintain them wisely. Living a highly rewarding life requires more than personal competence—it demands relational competence.

You can master the art of starting conversations, nurturing connections, and keeping relationships healthy and purposeful. These relational skills are not automatic; they must be learned and intentionally cultivated.

"Take heed therefore how you hear..." – Luke 8:18

Understand that every human being is flawed and in need of grace. Make it your life's value to love others with the unconditional love of Christ. He loved you at your worst—let that same love be the foundation for all your interactions.

Even the strongest people have weak moments. Everyone you'll ever relate with has imperfections. If you're waiting for perfect people to love, you'll remain alone. The secret to lasting relationships is committing to love others in spite of their limitations.

Advantageous relationships come wrapped in human flaws. True relational growth means loving people across divides—different tribes, beliefs, ages, and social classes—without conditions.

Love is the key, and the heart that masters it will never lack rewarding relationships. The love of Jesus sees value in every soul, and that perspective must become yours. When love becomes your lens, connection becomes your lifestyle.

"Above all things have intense and unfailing love for one another, for love covers a multitude of sins [forgives and disregards the offenses of others]." - 1 Peter 4:8 [AMP]

Loving people deeply and unconditionally prepares the soil for every other relational skill to grow. From that place, you'll gain influence, build trust, and walk into doors that talent alone cannot open.

Confession/Meditation: I grow in love, I nurture valuable relationships, and I walk in favor through divine connection.

"To be brave is to love someone unconditionally, without expecting anything in return."
- Madonna -

26 - FRAGRANCE OF YOUR FUTURE

Right relationships are priceless; they are divine conduits through which destiny is shaped, sharpened, and sent forth. Living a highly rewarding life begins with the ability to recognize that not all relationships are the same, and some carry weight far beyond what the eyes can see.

The most impactful seasons of your life will often be tied to key relationships. A single right connection can shift the entire trajectory of your destiny.

"Don't be frightened," said David. "I'd like to do something special for you in memory of your father Jonathan. To begin with, I'm returning to you all the properties of your grandfather Saul. Furthermore, from now on you'll take all your meals at my table." - 2 Samuel 9:7 (MSB)

Desire alone isn't enough. You must press intentionally into such relationships. Many miss life-defining relationships because they expect them to fall into place without effort. But divine connections are worth the pursuit.

Right relationships bring the right conversations. They introduce you to people and help you access resources that will help you discover who you really are and become all you're meant to be.

God often wraps answers in people, and only those with the eyes to discern will unwrap the gift. Pressing for right relationships is pressing for right direction, right growth, and right outcomes.

Value is not always about what someone gives you physically; sometimes, it's about the presence they bring into your life. The peace, the wisdom, the fire, the clarity. Don't take such presence lightly. Honour the people who sharpen you, and invest in staying connected to them.

"If you want to grow in wisdom, spend time with the wise. Walk with the wicked and you'll eventually become just like them." - Proverbs 13:20 (TPT)

In the journey of purpose, no one rises in isolation. So, it's wisdom to press into the right relationships, though not desperately but valuably. Your true desire for a highly rewarding life, should be seen in how you recognize and reach for the relationships that carry the fragrance of your future.

Confession/Meditation: I make wise investment in relationships and they earn me priceless dividends.

"God often wraps answers in people, and only those with the eyes to discern will unwrap the gift. Pressing for right relationships is pressing for right direction, right growth, and right outcomes."

27 - CURRENCY IN THE MARKETPLACE

Building and sustaining the right relationships begins with developing the right character. Your attitude and behaviour are like magnets, they either attract or repel the kind of people you want in your life.

Your character -- the thoughts, words and actions that you repeat frequently -- determines your destiny. A highly rewarding life is deeply rooted in who you are and how you behave, especially when no one is watching.

"...make an honest living, never take a bribe. "You'll never get blacklisted if you live like this." - Psalms 15:1-5

Virtues like love, joy, peace, patience, kindness, goodness, faithfulness, endurance, and self-control are more than Christian ideals, they are currency in the marketplace of destiny.

Your character is the invitation card your life sends out. It signals to the world the kind of people who can walk with you. Great people are drawn to those who mirror their mindset and values. To attract great people, you'll have to cultivate great values.

Write down the kinds of people you want in your life—mentors, friends, partners, collaborators. Then ask yourself: what kind of person are they looking for? Build yourself into that image and they will walk into you life voluntarily.

There is a specific kind of character that fits the relationships you're praying for. If you desire loyal friends, cultivate loyalty. If you seek respect, grow in honour. If you long for peace, become a peacemaker. Become the kind of person your future needs.

"Do not be deceived: God cannot be mocked. A man reaps what he sows." - Galatians 6:7 [NIV]

When you develop outstanding character, you won't need to chase after relationships, they will naturally gravitate toward you as a result of who you're becoming.

Confession/Meditation: I cultivate great character and my character enriches my life with great people.

“To attract opportunities and blessings into one's life is not difficult; it's just a matter of attitude.”
- Henry Ukazu -

28 - WHERE RESENTMENT GROWS

Offense is inevitable. No matter how loving, wise, or careful people are, they will sometimes say or do things that hurt you. Still, your response remains your responsibility. That's the major thing you can control.

Living a highly rewarding life requires mastering the art of cultivating relationships. Of which, one of the greatest skills in this art is learning to let go of offenses early.

"...don't let the passion of your emotions lead you to sin! Don't let anger control you or be fuel for revenge, not for even a day." – Ephesians 4:26 (TPT)

Relationships cannot thrive where resentment is allowed to grow. However, letting go doesn't mean tolerating abuse or ignoring boundaries—it means choosing to prioritize the relationship above the temporary pain of an offense.

Those who forgive quickly tend to move faster in life because they refuse to let emotional baggage slow them down. Learn from others, forgive easily, and don't let a desire for revenge rob you of destiny-defining relationships.

Being a ready forgiver means you've already accepted human imperfection. It's the mindset that says, "I won't let small wounds ruin great relationships." You can correct, set boundaries, and still release bitterness.

"...And make sure no one lives with a root of bitterness sprouting within them which will only cause trouble and poison the hearts of many." – Hebrews 12:15 (TPT)

Some relationships are too valuable to lose over minor offenses. Don't discard gold because it came with a little dust—clean it off. Clarify, reconcile, and keep moving forward.

Your future is too important to let offense anchor you in the past. Let go, grow up, and protect the relationships that God has blessed your life with.

Confession/Meditation: I'm quick to let go of offenses, and quick to progress in life.

"Strength of character means the ability to overcome resentment against others, to hide hurt feelings, and to forgive quickly."

- Lawrence G. Lovasik -

29 - MINOR ISSUES, MAJOR CONNECTIONS

Developing a loving spirit that can absorb inconveniences without grumbling, backbiting, or holding malice is a non-negotiable skill for sustaining meaningful relationships. To absorb inconvenience while still complaining or gossiping is to deceive yourself, you never truly absorbed it.

Relationships, by nature, come with friction. If you want to live richly, you must learn to absorb inconveniences without making a show of your pain. Letting go of offenses must be full and free, without hidden bitterness or quiet resentment.

"[Let your] love be sincere (a real thing); hate what is evil [loathe all ungodliness, turn in horror from wickedness], but hold fast to that which is good." - Romans 12:9 [AMP]

It takes wisdom to hold your peace when your ego screams for vindication. It takes strength to forbear when you have every reason to walk away. Those who prioritize relationships over pride will walk further in life.

People who matter most in your life are still human. They will inconvenience you, they will disappoint you. Not always maliciously, but inevitably. Your ability to tolerate and forgive is the glue that keeps powerful relationships from falling apart.

At times, the friction isn't even their fault, it’s your unchecked need to always be right. Pride, dressed up as righteousness, has destroyed more relationships than real offense ever has. Learning to yield, to pause, and to reflect before reacting, is a mark of maturity.

If you’re constantly defending your comfort, you’ll soon find yourself alone. A highly rewarding life is not built by avoiding

inconvenience, but by embracing the growth that inconvenience demands. Sacrifice is the price of connection.

"Friends love through all kinds of weather, and families stick together in all kinds of trouble." - Proverbs 17:17

Choose to be the kind of person who values people over pride. Refuse the urge to retaliate. You cannot afford to let minor issues dismantle major destiny connections.

Confession/Meditation: I'm super wise, I don't lose valuable relationships to defend my ego.

“Pride will destroy every relationship and connection you have. There is no true connection without vulnerability, trust and love. Pride will keep your heart locked in a prison of self righteousness. But Love… love holds the key.”
- Ash Taylor -

30 - SACRIFICE PROVES VALUE

Great relationships don't thrive by default; they are sustained by deliberate effort and consistent investment. If a connection is truly valuable to you, the proof is in the price you're willing to pay to keep it.

Every meaningful relationship will demand something from you—time, energy, attention, patience, or resources. Sometimes, it's in the quiet act of listening when you're tired, showing up when it's inconvenient, or forgiving when you have every reason not to.

"Greater love has no one than this, than to lay down one's life for his friends." – John 15:13 (NKJV)

You cannot preserve valuable connections with a selfish mindset. Relationships survive on mutual sacrifice. When both parties are willing to bend for the sake of unity, the relationship becomes unbreakable.

The more significant a person is to your destiny, the more intentional you must be in protecting the relationship. It may cost your pride, your preference, or your comfort. But what you gain in return is far more rewarding than what you give up.

The most rewarding relationships will test your capacity to love beyond convenience. It's sacrifice that turns ordinary relationships into extraordinary lifelines.

"Be devoted (genuinely committed) to one another in love. Honour one another above yourselves." – Romans 12:10 (NIV)

You cannot afford to be casual with covenant-level relationships. When you pay the price to keep the right people in your life, you're investing in your future.

Sacrifice is the currency that proves value. If you aren't willing to pay something to preserve a relationship, it only means you don't truly value it.

Confession/Meditation: I am wise and intentional about my relationships. I place value on the right people, and I pay the price to keep them in love, honour, and humility.

"The strongest evidence of love is sacrifice."
- Carolyn Fry -

31 - CONTEND FOR THE ANOINTING

If you desire to live a highly rewarding life, you must contend for the anointing. It is God's empowerment for ease, impact, and distinction. Without it, life becomes unnecessarily hard.

Life is spiritual. Money is spiritual. Success is spiritual. And a truly rewarding life is deeply spiritual. This is why operating only in the natural realm is a massive disadvantage. There are battles you can't win, levels you can't reach, and results you can't produce—unless the anointing steps in.

"...God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good (living a highly rewarding life)... Acts 10:38

There are two dangerous extremes. Some chase only the anointing, spiritualizing everything while neglecting diligence, strategy, and growth. Others ignore the anointing completely, trusting only in their hustle and intellect. Both approaches are flawed.

The anointing is a multiplier, not a substitute for effort. And human effort without spiritual advantage will eventually wear you out. Grace doesn't excuse laziness; it empowers effectiveness.

If you don't play your part: discipline, planning, and productivity, you reduce the impact of the anointing. But if you only labour in the flesh, you'll soon envy those who do less but achieve more, simply because they've learned to engage the power of the anointing.

One crucial way to access the anointing is to prioritize the Word of God. The Word is the womb where the anointing is conceived. God only backs what aligns with His will, and His will is revealed through His Word. No Word, no power. When you ignore Scripture, you forfeit power.

Engage all levels of interaction with the Word—listen to it, read it, study it, confess it, meditate on it, act on it, and teach it. These layers won't just feed your mind, they will also fuel your spirit. The deeper your relationship with the Word, the richer your experience of the anointing.

"While Peter was still speaking these words, the Holy Spirit fell on all who were listening to the message." - Acts.10.44 [AMP]

The anointing makes you unstoppable. Pursue excellence naturally, but secure the anointing spiritually. That's the balance that births a highly rewarding life.

Confession/Meditation: My natural pursuit for excellence becomes richly rewarding as I contend for the anointing.

"When the anointing of Godis upon a person, it changes that individual from being a little ordinary person into being a giant."
- Sunday Adelaja

32 - THE MORE YOU PRESS

It's not only human effort that lifts a man above his peers. Diligence is vital, but there's a supernatural advantage that causes men to rise faster, higher, and more distinctly.

Whenever the anointing of God rests upon a person, that individual is elevated beyond natural systems. The anointing carries divine distinction.

"You love it when things are right; you hate it when things are wrong. That is why God, your God, poured fragrant oil on your head, Marking you out as king, far above your dear companions." - Hebrews 1:9

With the anointing actively at work in your life, you become a natural host for the miraculous, the supernatural, and the extraordinary. You start living beyond limitations, functioning in realms beyond your training.

Prayer and fasting are the fuel stations of the anointing. They combine together to break spiritual resistance, sharpen discernment, and press new wine from the winepress of the Spirit.

The presence of the Holy Spirit finds full expression in the life of the believer through prayer and fasting. They are spiritual technologies for stirring, increasing, and releasing the anointing. The more you press, the more His presence flows through you.

"Jesus being full of the Holy Ghost… was led by the Spirit into the wilderness (where He fasted for forty days)... And He returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about." - Luke 4:1,14

If you ignore the spiritual dimension of success, you'll compete endlessly with those who ride on grace and wonder why your

effort alone isn't enough. Contend for the anointing. It is non-negotiable in your pursuit of a highly rewarding life.

Confession/Meditation: I will press and press, till my exploits cover the world on the wings of the anointing.

"I am perfectly confident that the man who does not spend hours alone with God will never know the anointing of the Holy Spirit."
- Oswald J. Smith -

33 - EVERYTHING IS YOURS TO ENJOY

Awareness of the availability of an advantage is not the same as experiencing its benefits. It's not enough to merely know about the anointing and its possibilities, you must press in and earnestly desire to walk in a life that is uniquely marked by its power.

Desire is that intense longing that drives action and pursuit without distraction. It is the inward fire stirred by awareness, propelling you toward the manifestation of what has been revealed as possible.

"Through desire a man, having separated himself, seeketh and intermeddleth with all wisdom." - Proverbs 18:1

The first step in activating the anointing for a highly rewarding life is awareness. You must seek knowledge of what the Spirit of God makes available—His wisdom, His power, and the supernatural possibilities embedded in your walk with Him.

Complacency is a lid on greatness. It signals the end of pursuit and the beginning of decline. You cannot afford to remain small when God has made greatness available. Press beyond mental and spiritual laziness.

Next comes the decision to pay the price. No one walks in the power of God by accident. You must willingly align with spiritual disciplines, so that the possibilities you've discovered can become realities in your life and overflow to others.

"The father said, 'My son, you are always with me by my side. Everything I have is yours to enjoy. Luke 15:31 (TLB)

The anointing flows freely where hunger is present. When you cast off ignorance, complacency, and spiritual passivity, the anointing will lift you to reign in your sphere of influence with excellence and distinction.

God has designed you to reign in life, but He will not force it on you. The systems of advantage are in place, and the anointing is one of the most powerful among them. It is your responsibility to step in, press deeper, and activate the anointing for your lifting and influence.

Confession/Meditation: I'm always growing in my awareness and experience of the possibilities of the anointing.

“If your Soul is pulling you to something, if the desire is strong enough, it's already done. You're just walking yourself into it.”
- Lorie Ladd -

34 - ANOINTING IS THE ACTIVATOR

Being destined to live a highly rewarding life doesn't automatically mean you will. You must partner with God intentionally to activate what He has written concerning your life.

The anointing of the Holy Spirit is the divine enabler that turns ordinary men into extraordinary vessels. Without it, even the most glorious destiny will struggle to find expression.

"Remember: The duller the ax the harder the work..." - Ecclesiastes 10:10

Carrying the presence of God is a priceless advantage. When God is tangibly with you, results multiply. This is what makes the anointing a necessity, not an option.

Hunger and thirst are currencies in the Spirit. You must be passionate about the presence of the Lord. If you're casual about God, you will miss the weight of His glory.

The glory of God rests on those who host Him intentionally. Hosting God is costly, but it brings a life of unmatched reward and influence.

"...they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. - Isaiah 40:31

There's a level of distinction that comes only by reason of the anointing. While others rely solely on strategy and labour, the anointed ride on grace and supernatural speed.

Your destiny is rich, but the anointing is the activator. Contend for it intentionally.

Confession/Meditation: The anointing always makes me stand out amidst great people all over the globe.

“Some possibilities in life are unachievable until a genuine encounter with God's power.”
- Apostle Joshua Selman -

35 - HONOUR MULTIPLIES ACCESS

No matter who you are or how gifted you may be, submission to learn from and serve those God has placed ahead of you is the pathway to growing in the anointing.

To live a highly rewarding life, you don't just go up by your own strength, you are brought up through mentorship, alignment, and impartation. Your willingness to submit to the wisdom and spiritual authority God has assigned to you is essential for progress in the anointing.

"And when the sons of the prophets which were to view at Jericho saw him, they said, The spirit of Elijah doth rest on Elisha. And they came to meet him, and bowed themselves to the ground before him." – 2 Kings 2:15

Service remains one of the most effective ways to grow in the anointing. When you serve, you experience firsthand how the anointing functions. You also gain insight into the pitfalls to avoid, lessons that cannot always be taught in theory.

Positioning yourself rightly through honour and service qualifies you for a multiplied portion of the anointing resting upon those God has set over you. Elisha didn't just receive Elijah's mantle by proximity, he followed, served, and stayed consistent until the transfer happened.

"Joshua the son of Nun was full of the spirit of wisdom; for Moses had laid his hands upon him: and the children of Israel hearkened unto him, and did as the LORD commanded Moses." – Deuteronomy 34:9

While spiritual leaders are primary vessels of impartation, they are not the only ones. God can use any of His children excelling in their divine assignments to release grace. Stay spiritually sensitive to recognize and receive from them.

When you honour, acknowledge, and celebrate those who carry the anointing in various spheres, you position yourself to partake of the same grace. Dishonour shuts doors, but honour multiplies access and impact.

Honour is not just expressed in words—it is demonstrated through value, service, and sometimes even material reward.

When you actively support and align with what God is doing in others, especially those carrying the anointing, you create a spiritual climate for the same anointing to increase in your life and push you into a highly rewarding destiny.

Confession/Meditation: I walk in humility, honour, and submission, and the anointing multiplies in my life.

“When you honor the anointing in others, God will increase it in you.”

36 - BECOMING DIFFICULT TO SHAKE

A highly rewarding life demands that you place outstanding value on the impact of financial freedom. Financial freedom is the ability to make decisions without being chained to survival.

You can't live fully when every of your step is controlled by what you don't have. The pressure of financial instability can cloud judgment, stifle creativity, and kill motivation. You need financial freedom.

"If you only get the foundation (of any idea and target) laid and then run out of money, you're going to look pretty foolish. Everyone passing by will poke fun at you..." - Luke.14.29

What you need is to own your own decisions, mindset, and money habits. Don't allow money (surplus or scarcity) to be in control of your life. Master money, shift from a spending or survival mentality to a stewardship mentality.

Financial confidence is so much important, as it gives peace of mind and power to walk away from anything that doesn't align with purpose. When you stop relying entirely on external sources you become difficult to shake.

This level of freedom is an outcome of adherence to principles like budgeting, consistency, strategic giving, saving, and investing. They are personal disciplines that shapes one's financial future.

"Riches and honour are with me (wisdom, principles), enduring wealth and righteousness (uprightness in every area and relation, and right standing with God)." - Proverbs 8:18 [AMP]

It's not just about how much you earn, but how well you manage what you have. You don't need to be rich to be financially free, you just need to be intentional.

Financial freedom gives you time, choice, generosity, impact and several other elements essential for living a highly rewarding life.

Confession/Meditation: I pay the price to live a life of financial freedom.

“Financial Freedom is having enough income, savings, and investments to make choices without money holding you back.”

37 - CIRCULATION FUELS INCREASE

A highly rewarding life is one where choices are not limited by financial constraints. The ability to say “yes” to purpose, family, opportunities, and impact without worrying about money is true freedom.

One of the most overlooked pathways to financial freedom is giving. It may seem counterintuitive, but consistent, value-driven giving creates a flow that sustains increase.

"Let me make this clear: A single grain of wheat will never be more than a single grain of wheat unless it drops into the ground and dies. Because then it sprouts and produces a great harvest of wheat—all because one grain died." - John 12:24 (TPT)

When you give, whether it’s in form of tithes, offerings, partnerships, or honour, you are not losing, you're planting. Seeds may leave your hand, but they never leave your life. They go ahead into your future, multiplying opportunities and provision.

Honouring your parents, blessing mentors, supporting those in need, or funding causes bigger than you, all these are forms of giving that add structure to your financial foundation.

Real givers live beyond fear. They don’t give because they have excess, they give because they understand flow. Money that doesn’t move becomes stagnant. Giving keeps your resources in circulation, and circulation is what fuels increase.

"Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you." - Luke 6:38 [NKJV]

When you consistently engage the power of giving, you shift from scarcity to abundance thinking. You begin to see yourself as

a distribution channel rather than a desperate receiver. This perspective attracts more trust, more value, and more favour.

Money responds to discipline, but it multiplies through generosity. Financial freedom isn't just about savings and investments alone, it's also about aligning with the principle of giving.

Confession/Meditation: I'm an intentional giver.

"No one has ever become poor by giving."
- Anne Frank -

38 - GIVE A PORTION TO SEVEN

One of the wisest financial decisions you can make is to create multiple streams of income. Relying solely on one source, no matter how profitable, places your financial stability on shaky ground.

Spread your efforts across different sectors and platforms. One stream may run dry, but others will keep flowing. True financial freedom begins when your income is not tied to a single employer, product, or location.

"Give a portion to seven, yes, even [divide it] to eight, for you know not what evil may come upon the earth." — Ecclesiastes 11:2 [AMP]

Each stream doesn't need to be massive, just consistent and sustainable. Start small if you must, but start. Learn to turn skills into services, ideas into products, and passion into profit.

One industry's downturn should not collapse your entire financial structure. That's why diversifying across sectors is strategic. Real estate, digital services, agriculture, e-commerce, consulting, and investments, explore them all.

Geographical diversity also matters. Don't box your income into one region or currency. Think globally, even if you begin locally. Use technology to offer value beyond borders. A wider net catches more opportunities.

"He possessed 7,000 sheep, 3,000 camels, 500 yoke of oxen, 500 female donkeys, and a very large number of servants, so that this man was the greatest of all the men of the East." — Job 1:3 [AMP]

Building multiple streams is about creating a life where your time, creativity, and resources work for you in different directions,

resulting in a highly rewarding life of abundance, stability, and peace.

Confession/Meditation: I diversify wisely, and walk in financial freedom, abundance, stability and peace.

“One income keeps you alive. Two incomes keep you safe. Multiple incomes set you free.”

39 - VALUE FOR FREEDOM

Your true value for financial freedom is seen in how intentional you are about turning your potential into productivity. Wishing for wealth is not the same as working for it. Until your skills, gifts, and ideas start producing measurable results, they remain dormant assets.

Every individual carries a set of untapped possibilities. Talents alone do not change lives, only talents put to use do. If you truly desire financial freedom, then you must channel energy into transforming what you have into what people need.

Idle gifts become invisible. The marketplace does not reward potential, it rewards productivity. That means you must strategize, plan, and act. Break your big vision into small, achievable goals and keep moving. Excellence is not stumbled upon; it's built daily.

"Whatever your hand finds to do, do it with all your might…" — Ecclesiastes 9:10

Financial freedom is not always about earning more, but maximizing what you already carry. Start with your strengths. Can you teach, create, organize, write, design, build, or solve problems? Monetize those gifts.

"Abundant food is in the fallow ground of the poor, but it is swept away by injustice." — Proverbs 13:23

The greatest injustice is often self-inflicted, when you bury your abilities and blame external forces. Your environment may be tough, but your decisions shape your outcomes. Dig deep and cultivate what you've been given.

The difference between those who grow and those who groan is simple: action. Financial freedom doesn't respond to passivity. It

honours diligence, consistency, and the courage to turn raw potential into refined value.

Confession/Meditation: I'm diligent at productively putting my potentials to work.

“The artist is nothing without the gift, but the gift is nothing without the work.”
- Émile Zola -

40 - FINANCIAL CRASH COURSE

Without self-control, even a great income will not amount to much. To enjoy financial freedom, you must develop the capacity, character, and courage to make, manage, and multiply money.

Spending wisely doesn't just mean budgeting your cash, it also means investing in yourself. Read relevant resources: books, articles, podcasts, and courses filled with sound financial wisdom, especially those rooted in truth and integrity.

"Buy truth and do not sell it, get wisdom, instruction, and understanding." - Proverbs 23:23

Attend seminars, conferences, and masterclasses that align with your financial goals. Exposure to the right information and environments is very important. Don't underestimate the value of insight gained from the experiences of others.

Strategic giving is part of the cost as well. When you learn to give, generously and intentionally, you break free from the mindset of lack. There's wisdom in obeying divine principles that govern abundance and financial growth.

"Choose my instruction instead of silver, knowledge rather than choice gold… With me are riches and honour, enduring wealth and prosperity." — Proverbs 8:10,18

Financial freedom isn't free, but it's worth the price. Be willing to spend and be spent. Every resource studied, every lesson learned, every wise sacrifice made is an investment in a future where financial freedom is not just a desire but your daily experience.

Confession/Meditation: I invest in myself and obey principles that lead me into enduring financial freedom.

“You do pay a price for your financial freedom, but it is far lesser than what you pay for a lifetime of slavery.”

- Manoj Arora -

41 - MADE FOR GLOBAL RELEVANCE

A highly rewarding life demands that you become intentional about influencing your generation. Influence is not reserved for a chosen few, it's a general commission to be a force of positive impact within and beyond your environment.

Influence is the ability to shift thoughts, shape values, spark progress wherever you are, and make your presence felt. You don't have to be known by everyone to begin. Start where you are, your workplace, family, or community.

"...when the Holy Spirit has come upon you, you will receive power to testify about me with great effect, to the people in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth..." - Acts 1:8 (TLB)

To truly impact your world, you must develop extremely valuable leadership skills. Far above forceful control, leadership is about service, responsibility, and inspiration. It's about showing up with solutions.

Learn to lead with wisdom. Develop emotional intelligence, discipline, communication, and decision-making skills. These are non-negotiable for lasting impact.

More than titles, leadership is about action. The people who shape history are those who serve with excellence. They pay attention to needs others ignore and take responsibility others avoid. The influence they carry is the result of the problems they solve.

"That is what the Son of Man has done: He came to serve, not to be served—and then to give away his life in exchange for many who are held hostage." — Mark 10:45 (JC)

If you desire to be globally relevant, start by becoming deeply valuable. People follow impact, not noise. Build capacity. Think deeply, live intentionally, and grow consistently.

Influence flows through those who are committed to growth. The world listens to people who show up with purpose, skill, and integrity. Be intentional about becoming that person, because global relevance is your destiny.

Confession/Meditation: I'm made for global relevance.

“You are not a leader until you have produced another leader who can produce another leader.”

42 - HAVE YOUR OWN CIRCLE

If you want a highly rewarding life, you must learn to value and cultivate influence. It doesn't begin on a big stage, it begins in a small circle. Without people to lead, mentor, or impact, your leadership skills remain dormant, untested, and unrefined.

Leadership isn't about having a title. It's about impact. A personal circle of influence gives you the space to practice responsibility, communication, and compassion. It's where your vision meets real needs and your voice gains strength through relevance.

"...He said to them, Come after Me [as disciples - letting Me be your Guide], follow Me, and I will make you fishers of men! - Matthew 4:19 [AMP]

You don't need a crowd; start with one person. Find someone you can help, mentor, teach, or guide. Influence is best measured by transformation. If someone grows because of your presence in their life, then you've started well.

A small circle challenges you to think beyond yourself. It teaches you patience, accountability, and the art of listening. These lessons prepare you for greater responsibilities and bigger platforms, but the foundation is built in that small group.

Your reward in life is connected to your contribution to others. People remember those who helped them grow. The more you commit to influencing lives, the more fulfilled and valuable your own life becomes. Influence creates legacy.

As you grow in knowledge, don't hoard it. Share it. Teach it. Replicate it in others. This is how your voice multiplies, through those you've mentored, helped, or inspired. That is the path to meaningful, rewarding leadership.

"...the [instructions] which you have heard from me along with many witnesses, transmit and entrust [as a deposit] to reliable and faithful men who will be competent and qualified to teach others also." - 2 Timothy 2:2 [AMP]

Create your circle. Nurture it with consistency and sincerity. Influence isn't just about reaching the world; it starts with reaching someone, and reaching them well.

Confession/Meditation: I have my own circle of influence where I sharpen my leadership skills and sharpen my world.

"The key to successful leadership today is influence, not authority."

- Kenneth Blanchard -

43 - STRATEGIC ONLINE PRESENCE

Influence is currently largely digital, and if you're not intentionally present online, you risk being invisible in a space where visibility equals value. To live a highly rewarding life, build credibility, and become influential, you need to take advantage of the internet.

If you want to lead in this generation, you must learn how to pitch yourself strategically on social media platforms. Influence doesn't come from being everywhere, it comes from being effective where you are, with purpose and clarity.

"No one who wants to become a public figure acts in secret. Since you are doing these things, show yourself to the world." — John 7:4 (NIV)

Even in Scripture, the principle stands, if what you carry matters, don't hide it. Show up. Let the world see your value.

Don't just jump online to follow the crowd. Let your presence be rooted in purpose. Be convinced of your vision. Know what you carry and why it matters. When people sense clarity in your message and passion in your tone, they will lean in to learn.

The internet has democratized influence. Social media gives you the power to build your own stage, craft your own voice, and gather your own tribe. Use it. Teach, share, guide, solve problems; this is how leadership begins in the digital age.

Real impact isn't in how many followers you gain, but in how many lives you help grow. With trust comes influence. When you align your message with timeless values, you'll earn their trust, hence the influence over them.

"Let your light so shine before men, that they may see your good works and glorify your Father in heaven." — Matthew 5:16 (KJV)

A personal circle of influence can now be built across countries and cultures without boarding a plane. That's the power of this age. But to benefit from it, you must show up with substance.

The internet is no longer optional; it's now a primary space for leadership development, influence expansion, and value exchange. Be strategic about your online presence.

Confession/Meditation: I'm strategic about my online presence, as a tool to influence my world.

"Don't use social media to impress people; use it to impact people."
- Dave Willis -

44 - WHAT YOU NEED IS SUBSTANCE

Influence doesn't have to shout to be effective. The greatest kind of influence often sweeps silently across a wide range of people. You must learn to let your life speak volumes without forcing attention. Quiet influence is truly powerful.

Excellence is a universal language. Without noise, it commands respect. Whether you're sweeping a floor or leading a company, give your best. People are naturally drawn to consistent excellence, it builds trust and authority without saying a word.

"For wheresoever the carcase is, there will the eagles be gathered together." – Matthew 24:28

Character is another magnetic force. Integrity helps you stand out quietly. Keep your word, handle pressure with grace, and treat others with respect. These simple traits make a deep impact over time, they shape perception and build influence.

Without extravagance, let your dress sense reflect self-respect, discipline, and awareness. People often see you before they hear you. Make sure what they see aligns with your values, it sets a silent tone that speaks of excellence and purpose.

Develop skill sets that make you valuable anytime, anywhere. Emotional intelligence, communication, writing, and people skills are all vital. When you master and combine them, you become influential without needing to raise your voice.

You don’t need a stage to live a highly rewarding, impactful life. What you need is substance. Add value, in conversations, systems, and relationships. Let your work and presence leave a silent, lasting impression.

"They found him and said, "Everybody's looking for you."" - Mark 1:37

Influence grows where relationships are nurtured. The better you understand people, the more effectively you can lead and inspire, silently, strategically, and successfully.

Confession/Meditation: I am a silent force of influence, strategic, excellent, and deeply impactful.

“True influence doesn't always announce itself. Sometimes it enters the room in silence- and shifts the outcome anyway.”

45 - SHOW UP PREPARED

Preparing for a highly rewarding life begins with enlarging your mindset. Think possibilities, not just limitations. See yourself in rooms, roles, and regions you've never been to, and prepare for them as though they are already your reality.

Speak like someone who understands that their voice carries weight. Let your words reveal depth, clarity, and vision. Don't focus on talking about problems, speak with solutions, confidence, and purpose.

"But Peter, standing up with the eleven, lifted up his voice, and said unto them, Ye men of Judaea, and all ye that dwell at Jerusalem, be this known unto you, and hearken to my words..." — Acts 2:14

Dress like someone headed somewhere significant. Style isn't about price tags; it's about your intent. Your appearance should communicate self-respect, direction, and presence long before you say a word.

Think beyond your city, your circle, even your generation. Adopt a global mindset. Don't just chase success, build something meaningful that others can benefit from, across time and space.

Build relationships that stretch and sharpen you. Connect with people from various cultures, industries, and perspectives. Learn to listen, adapt, and collaborate. The more diverse your connections, the more expansive your influence will become.

Read books that challenge your thinking. Study cultures, systems, and solutions beyond your current world. Exposure educates. When your mind travels ahead of your body, you show up ready when global opportunities arise.

"God said to Abram, 'Open your eyes, look around. Look north, south, east, and west. Everything you see, the whole land spread out before you, I will give to you and your children forever.'" — Genesis 13:14–15

Your daily habits should reflect the greatness you're preparing for. Always pray, plan, learn, and build, with global impact in view. The world isn't out of reach; it's waiting for those who are ready.

Confession/Meditation: I am preparing for greatness. My habits, mindset, words, and relationships reflect my global purpose.

"Once your mindset changes, everything on the outside will change along with it."
- Steve Maraboli -

46 - PURPOSE REFRAMES REWARD

A highly rewarding life begins with purpose—knowing why you exist. Without it, even a life full of achievements can feel strangely empty. Focus, direction, and meaning all stem from purpose. It gives structure to success and clarity to ambition.

What is money without purpose? Just numbers on a screen. It cannot bring lasting contentment. Purpose transforms money into a tool for meaningful impact. It channels wealth into something greater than self—projects, people, and causes that endure beyond your lifetime.

"Command those who are rich… to do good, to be rich in good deeds… to lay up treasure for themselves… as a firm foundation for the coming age." – 1 Timothy 6:17–19

Intellect without meaning is empty noise. You can accumulate knowledge and still not understand why you wake up each day. But when knowledge serves a greater goal, it becomes wisdom.

Meaning, a deep inner knowing that your time on earth counts for something and that your presence matters, is the very essence of life. It may not always be seen or celebrated, but it's powerful.

The most fulfilled people are rarely the most famous. They are often those who choose to live with depth, to give more than they take, to build where they are, and to lift others as they rise. They may never trend, but they are unforgettable in the lives they've touched.

A meaningful life is never just about you. It's about what flows through you. Purpose reframes reward: the greatest treasure isn't what you gain, but what you give away.

"Let your light so shine before others, that they may see your good works and glorify your Father in heaven." – Matthew 5:16

When you live in alignment with something greater—something timeless, something that benefits others—you begin to taste the richness of true reward. A life that speaks even in your silence. A life that continues, even after you're gone.

Confession/Meditation: I live a purposeful and meaningful life.

“The purpose of life is to live a life of purpose.”

- Blessing Edor -

47 - WHAT WILL YOU RATHER DO?

If you want your life to count, find and commit to purpose. The true essence of impact is living a life that answers real needs, a life that genuinely matters, both to God and humanity.

Start living intentionally. Spend your time wisely. Let your calendar reflect your convictions. Face difficult circumstances as challenges, not obstacles. Let purpose shape your preferences. Choose daily to live with purpose in view.

"The ways of right-living people glow with light; the longer they live, the brighter they shine." - Proverbs 4:18

Let purpose guide your energy. Align your efforts with your mission. Make decisions based on where you're going, not just what's convenient. When you live on purpose, you naturally become the answer someone else has been praying for.

Fulfillment runs deeper than recognition. Real purpose creates space for others. If you're building people, restoring truth, or spreading hope, you're living with impact. That is what purpose looks like in motion.

The peace you seek is often found when you surrender to who you were meant to be. Ask yourself regularly, "What was I created to do?" and "Whose need is my gift meant to meet?" That's where purposeful living begins.

There's no greater reward than becoming the person you were divinely equipped to be. What would you rather do than what you were born to do? Where else would you rather be than the place your purpose is designed to serve?

"David, after he had served the purpose of God in his own generation, fell asleep..." — Acts 13:36

Inconvenience embraced for purpose brings a far greater reward. Do you know the kind of life that is never wasted? The one that sacrifices convenience in order to be a blessing to others.

Confession/Meditation: On a daily basis, my life will speak impact, not just activity.

“There is no greater gift you can give or receive than to honor your calling. It's why you were born. And how you become most truly alive.”
- Oprah Winfrey -

48 - CORRECTION NOT SUPPRESSION

Don’t force it, meaning and purpose can never be born out of comparison. You weren’t created to be a replica. Fulfilment is personal. What satisfies one person may leave another feeling empty. Until you align with your true path, no success will feel complete.

Focus on being true to yourself and your values. Stop chasing applause that wasn’t meant for you. Life becomes heavy when you live it to impress others. If you're authentic, you're already on the path to a highly rewarding life.

"...However, when they measure themselves with themselves and compare themselves with one another, they are without understanding and behave unwisely." - 2 Corinthians 10:12 (AMP)

When you measure your journey with someone else's ruler, you’ll either feel falsely superior or needlessly inferior. Your journey is valid, so walk it with focus, not with envy.

Purpose is discovery, not duplication. Mentorship is important, but it is not cloning. A good mentor helps you become more of yourself, not less. They shape without erasing. They challenge your excesses, sharpen your gifts, and strengthen your discipline -- without compromising your identity.

Learn to differentiate correction from suppression. Mentorship should refine your voice, not replace it. If you find yourself shrinking to fit into someone else's mold, it’s time to step back. Your uniqueness is not a flaw; it’s a clue to your purpose.

Never confuse pampering your flaws with protecting your uniqueness. Growth demands accountability, but accountability must never cancel your originality. You are not here to play a role,

you are here to live a calling. And that calling carries your name, not someone else's.

"And Moses said unto the children of Israel, See, the LORD hath called by name Bezaleel the son of Uri, the son of Hur, of the tribe of Judah..." - Exodus 35:30

Every purpose has its own shape, rhythm, and expression. Don't let a borrowed identity bury your true assignment. Meaning comes when your life reflects who you reall are and what you were truly made to do.

Confession/Meditation: I won't lose my uniqueness to suppression and comparison.

"The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves."
- Steven Spielberg -

49 - CORE OF A REWARDING LIFE

To live a truly rewarding life, you must first understand this: not every success is yours to chase. Just because you can fight and win a battle doesn't mean it's aligned with your purpose. Discernment saves time.

You must define what makes your life meaningful. Until when you have identified the essentials of your life, your time will most likely be wasted on frivolities.

"Everything is permissible," but not everything is beneficial. "Everything is permissible," but not everything builds up. – 1 Corinthians 10:23

One of the most meaningful ways to live is by being an ardent lover of God. In fact, it's the starting point of a meaningful life. When you know that your breath counts to God.

Next to your relationship with God, few things are as fulfilling as family. Giving time to those who matter most will always be worth it. Presence is one of the greatest gifts you can give your loved ones and also invest in them holistically.

"But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever." – 1 Timothy 5:8

Finally, commit to your assignment, the work that is uniquely yours to do. Whether it's in business, service, creativity, or leadership, your contribution is not random. Do it with excellence, do it with heart, and do it with the awareness that no one else can be you.

Confession/Meditation: I don't chase everything, I follow the path of meaning. I give my best to what matters most, and I live a life that leaves an eternal imprint.

“Fading away like the stars of the morning, losing their light in the glorious sun. Thus would we pass from the earth and its toiling. Only remembered by what we have done.”

- Horatius Bonar -

50 - PURPOSE IS THE COMPASS

Peace of mind is one of the greatest rewards you can attain as a human being. Without it, even success feels heavy. That's why the foundation for a highly rewarding life is a solid relationship with the Holy Spirit.

Once spirituality is in place, develop your intellect. A wise mind is a wealthy mind. Education, formal or informal, is about sharpening your ability to think, choose, and lead, hence live a highly rewarding life.

"So king Solomon exceeded all the kings of the earth for riches and for wisdom." - 1 Kings 10:23

Your emotional and physical well-being are part of your wealth. A healthy lifestyle isn't a luxury; it's an investment in your capacity to thrive. Your energy, focus, and emotional resilience determine how far and how well you can go. Success feels different when your body and mind are aligned.

Relationships are bridges to rewards. No matter how gifted you are, without meaningful connections, your rewards may never reach you. Learn to nurture relationships, build trust, and communicate with emotional intelligence. People are the doors through which most opportunities enter your life.

Financial affluence makes growth easier and progress more sustainable. In addition to making more money, you also have to acquire the wisdom to manage and multiply it.

Connections bring access, but it’s influence that deepens your impact. Influence is earned through integrity, consistency, and value. The loyalty and respect of others are not given, they're earned. When people believe in you, they help multiply your reach and reward.

"In a multitude of people is the king 's glory, but in a lack of people is the prince 's ruin." - Proverbs 14:28 [AMP]

All of these, spirituality, intellect, physical and emotional health, relationships, wealth, and influence, must be anchored by purpose. Purpose is the compass that gives direction to every reward. It ties everything together, reminding you not just to succeed, but to do so in a way that truly matters.

Confession/Meditation: I live wholesomely in a way that results into a highly rewarding life.

“At the end of the day, let your greatest reward be the peace of knowing you gave it your best.”

51 - PEOPLE AND SEASONS

The arrival or departure of someone from your life often signals the beginning or end of a season. People often carry the influence to shape outcomes. Whether good or bad, no shift in your life happens in isolation from relationships.

Every experience in life has a person attached to it. Relationships are the channels through which change happens. People mark seasons more than clocks do. Always be intentional about your advantageous connections.

"They went to their own company…" – Acts 4:23

Be highly intentional, don't treat associations casually. The people around you influence your decisions, hence your direction. Guard your circle like you guard your future, it's that serious.

If you want to shift your life, sometimes the first move is to shift your associations. Every next level has new people that align with where you're going and some old people that makes that space available by their departure.

"In the year that King Uzziah died, I saw also the Lord…" – Isaiah 6:1

Sometimes, breakthrough requires disconnection. Not every exit is a loss; some are divine edits. However, not every arrival is a blessing, discernment is very essential in this matter.

Where you work, who you build with, who you confide in, all of it matters. It's not just about the pay or opportunity. Think about the proximity. Choose environments that encourage and protect your growth.

Take inventory. Are the people in your life stretching you or stalling you? Are they aligned with your vision or competing with it? Be intentional about your company.

Confession/Meditation: I'm intentional about the people I allow into my space. My circle reflects where I'm headed.

“Invest in great relationships, they will pay a lifetime of dividends.”
- Bill Walsh -

52 - STAY ONE STEP AHEAD

He that plans his path to success, travels mentally to his destination before his physical arrival there. Planning is a crucial step in achieving success. It's a way to better equip and position yourself for your desired results.

When you plan your path to success, it helps you to anticipate the challenges that lie ahead, foresee the demands that success will place on you and prepare yourself accordingly.

It enables you to stay one step ahead, avoiding surprises and setbacks. "Careful planning puts you ahead in the long run; hurry and scurry puts you further behind." - Proverbs 21.5 (MSG)

A well-planned path to success will also help you to identify your needs and outsource them beforehand. It will help you ensure that you have the necessary resources and support to overcome any obstacle that may arise.

A major benefit of planning ahead is that it enables you to stay focused on your goals, rather than getting bogged down by unexpected challenges.

Traveling mentally to your destination before your physical arrival, will help you stay ahead of the game. Never allow a desired result meet you suddenly. Prepare your way before the Lord, like Uzziah.

When Jesus looked out and saw that a large crowd had arrived, he said to Philip, "Where can we buy bread to feed these people?" He said this to stretch Philip's faith. He already knew what he was going to do." John.6.5-6 (MSG)

Somebody may ask: "what if things don't go the way I planned it to go?" It's better that your plans need adjustment or overhauling

than for you to receive the blows of attempting success without a vital plan.

Planning ahead better equips you to properly handle the demands of success, and you're less likely to be taken aback by unexpected challenges. It's a major key to succeding with confidence and poise.

Confession/Meditation: I will always experiment my dreams in my mind, foresee the possible details and prepare ahead for the realization of the dreams.

“An hour of planning can save you 10 hours of doing!”

- Dale Carnegie -

53 - YOUR CONTRIBUTION COUNTS

You are a game-changer. You are a world-shifter. You have the power to make a difference, and the ability to solve problems others can't. You carry answers that this generation is waiting for.

There is a unique help that only you can bring. There is a specific rescue connected to the area of life you're passionate about. Don't let anyone convince you otherwise, your contribution matters. That's the truth.

"The villages were unoccupied and rulers ceased in Israel until you arose, Deborah arose, a mother in Israel." – Judges 5:7 (AMP)

Every effort you make, every idea you birth, and every solution you provide counts. You are capable of greatness, and that greatness shows up in your willingness to act.

When you rise to your calling and pursue your assignment, you don't just transform your own life, you impact the lives of those around you. You start a ripple effect of purpose and impact that moves far beyond your reach.

There is no fulfillment like the one that comes from living with intention. Solving problems that matter gives you purpose and clarity. It anchors your life in meaning that can't be replaced by anything else.

You carry a unique perspective, a distinct combination of skills, and a passion the world needs. Use them. Don't wait for perfection. Don't wait for permission. You are enough. You are equipped. You are strong.

"You are complete in Him, who is the head of all principality and power." – Colossians 2:10

Your contribution is needed, right now. Don’t wait for someone else to lead the change you were born to make. Step up. Be the one. Your generation is waiting.

Confession/Meditation: I will arise and use my abilities to solve the problems around me. My contribution counts.

“If you are not part of the solution, you're part of the problem.”

54 - CIRCULATION FUELS INCREASE

A highly rewarding life is one where choices are not limited by financial constraints. The ability to say “yes” to purpose, family, opportunities, and impact without worrying about money is true freedom.

One of the most overlooked pathways to financial freedom is giving. It may seem counterintuitive, but consistent, value-driven giving creates a flow that sustains increase.

"Let me make this clear: A single grain of wheat will never be more than a single grain of wheat unless it drops into the ground and dies. Because then it sprouts and produces a great harvest of wheat—all because one grain died." - John 12:24 (TPT)

When you give, whether it’s in form of tithes, offerings, partnerships, or honour, you are not losing, you're planting. Seeds may leave your hand, but they never leave your life. They go ahead into your future, multiplying opportunities and provision.

Honouring your parents, blessing mentors, supporting those in need, or funding causes bigger than you, all these are forms of giving that add structure to your financial foundation.

Real givers live beyond fear. They don’t give because they have excess, they give because they understand flow. Money that doesn’t move becomes stagnant. Giving keeps your resources in circulation, and circulation is what fuels increase.

"Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you." - Luke 6:38 [NKJV]

When you consistently engage the power of giving, you shift from scarcity to abundance thinking. You begin to see yourself as a distribution channel rather than a desperate receiver. This perspective attracts more trust, more value, and more favour.

Money responds to discipline, but it multiplies through generosity. Financial freedom isn't just about savings and investments alone, it's also about aligning with the principle of giving.

Confession/Meditation: I'm an intentional giver.

"No one has ever become poor by giving."

- Anne Frank -

GRATITUDE AND TESTIMONIES

As you come to the end of this book, you have been equipped with the needed information to make this moment the beginning of a new facet of the manifestation of your inherent greatness.

It will gladden my heart to receive the testimonies of how impactful this book, other ones or the social media contents from this fountain has been contributing to your greatness tremendously. The details for sending in the testimonies are provided on the back page. Stay blessed.

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If you also have any comment and review concerning the book or any of the other publications, you can reach out to the author via his social media handles.

Facebook: Blessing Edor

Whatsapp/Call: +234 806 978 0859

Instagram: blessingedor16

Email: blessingedor16@gmail.com

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ABOUT THE AUTHOR



Blessing Edor, inspired by his vision to raise leaders who excel in their fields of endeavour, ensures to feed his audience with transformational information on daily basis; via the means of social media.

He is the pioneer of Faith House Ministries, also known as Emunah, with a mission of transforming ordinary ladies and gentlemen into nobles who are rightly known for wisdom, power, and character, via the means of simplified teachings and powerful impartation.

He counts it as his first hand privilege to have a part in the discovery and development of people's purposes, and contribute greatly to see them demonstrate dominion in their spheres of influence.

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Facebook: Blessing Edor **Whatsapp/Call: +234 806 978 0859**

Instagram: blessingedor16 **Email: blessingedor16@gmail.com**

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