# ANGELIC PROTECTION MAGICK

Banish Curses, Negative Energy, Evil, Violence, Bad Luck, and Psychic Attack



BEN WOODCROFT

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Bad Luck, and Psychic Attack

Ben Woodcroft

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# The Beauty of Angelic Protection

Angelic protection is gentle, calm and kind, yet powerful, subtle and cunning. The power of this bright, white magick can make your enemies tremble with awe while keeping you safe with the power of light.

The angels can be called on to protect you from violence, bad luck, curses, and attack. They can even protect you from unintentional attack, when somebody else's negative energy is infecting your life, or when the dark thoughts of those nearby bring you harm.

With the rituals in this book, you are not commanding the angels or demanding that they provide help. Instead, you use a gentle ritual method that *invites* the angels to help. When you do this with authentic need, how could an angel ignore you?

Although gentle, simple and easy to learn, the magick presented here is as powerful as any that I have encountered. It can be used to solve an immediate problem or to provide ongoing protection. It is highly adaptable magick.

You won't light a single candle, and there is nothing else to buy. All you need is this book. You perform most of the magick with nothing other than an angelic name and a heartfelt method for invoking your chosen angel. All the magick is easy to learn if you are willing to put in the commitment to read the instructions and perform them with a clear, open and genuine heart.

The opening ritual is called *The Body of Protection*, and it is used to invoke the archangels directly so that their protection is immediately available to you. This is the ritual that you can use daily for ongoing protection, or to provide an immediate boost to any other protection workings.

Following this, *The Circle Banishing* is a ritual that can rid you of negative energies, strange entities and supernatural attacks. Not intended for daily use, use this ritual when you suspect attack, disturbance or interference and wish to banish the influence of such negative forces.

The third ritual is called *The Illumination*. Use this when you want to increase your magickal presence on the astral plane so that angels will hear you. The ritual works *without* the usual risks associated with such approaches. In many rituals, you are made so bright and attractive to spirits that you also attract unwanted attention from the realms of darkness. What I present here is a modern interpretation of an ancient preparatory ritual that makes you open to entities that are safe and gentle, while providing a shield against anything or anybody that may try to take advantage of your open magickal state. When practicing other kinds of magick, including the remaining rituals in the book, use *The*

*Illumination* to prepare yourself.

Those first three rituals are known as *The Master Rituals of Protection.* They are the fundamental powers of the book, and the first two alone will solve most of your problems without complication. In some cases, you may need more specific energies and angelic powers to cleanse your current condition. *The Lesser Rituals of Protection* (that complete the book) are used for such situations, and I will describe their powers now.

When ordinary protection doesn't work completely, and you suspect that a curse has been set against you, there is an angelic ritual for *Freezing a Curse.* There are many protection rituals aimed at stopping curses, and they sometimes fail because people who craft the more sophisticated curses build them in ways that prevent them from being reflected, deflected, disempowered, reversed or canceled. A potent angelic solution comes in the form of a freezing ritual, which slows the reality of the curse, effectively freezing it in a moment of time where it remains powerless to harm you.

One benefit of this freezing approach is that the person who has cursed you will not be made aware of your defense, which means a repeat attack is much less likely. The problem with many reversal techniques is that they work perfectly, but only for a short time because the protection itself alerts your enemy. The one who cast the curse knows that you have put defenses in place, and so attacks you again. I prefer this approach because by freezing the curse, your enemy remains unaware that the curse has been locked out of time, and will not expend any more effort attacking you. You can leave even the most cunning curses in your past, where they can have no effect on you.

The next ritual provides *A Shield Against Magick*. Use this when you suspect that somebody may be attempting to influence you or your personal affairs with magick. The subtle magician does not attack, choosing instead to sway your mind and heart with waves of influence that gradually undermine your efforts and weaken your will. This ritual will shield you from such influence and ensure you remain connected to your sense of desire and personal freedom.

The next ritual is designed to *Remove Entities and Attachments*, and if you are fortunate, you will have no concept of what this means. Some unfortunate individuals have found, through bizarre occult experiments or through direct attack, that hostile entities have become attached to them. These entities can drain energy, bring bad luck and illness, and leave the victims restless, anxious and unable to thrive.

Although rare, such situations are real and to those who suffer from them, magick is rarely helpful. Unless you know the nature and origin of the entity, it

can be almost impossible to remove. Some rituals will even feed the entity, without you knowing. What I provide here is an angelic working that originates from ancient times, that will remove any unwanted attachments and entities safely.

There is then a ritual to *Diminish Violent Energy*. Use this when you live in a violent area or household. I am hesitant to include such a ritual because I know it can have a counter-intuitive effect. It may lead people to remain in domestic situations that are unsustainable, repeatedly dampening the anger and violence that comes from a partner or relative, rather than moving to a safer place. Sustaining a state of victimization is absolutely counter to the intention of this magick. I intend to improve your personal situation and safety. This ritual is included, however, because for those in immediate danger, lessening the violent energy in an area can be enormously useful.

The ritual to *Protect Your Home* is a basic ritual that repels thieves, vandals and even reduces the number of accidents that cause damage. It won't stop floods or natural disasters of that nature because these are large-scale occurrences that cannot be stopped by a single ritual, but in such situations, it will protect your home from the worst impact of the event. Miraculous stories tell of homes avoiding the worst and remaining safe, despite the surrounding danger.

The ritual to *Silence the Cruel* is used to stop the spread of unhealthy gossip and rumor, or to close the mouth of one who speaks about you unfairly. This works whether the offender is talking about you directly, openly, anonymously, or even when writing online. The angel will seek out the source of torment and rumor, and bring silence to the one who speaks ill of you. The ritual is a harmless way to bind an individual from causing you further harm.

This is followed by a ritual to *Charm Your Enemy* which is a surprisingly effective way to take power away from an unruly and unkind individual.

*Emergency Protection* is for times when you are lost, afraid or in any situation where danger feels imminent. You can bring angelic protection upon yourself instantly. To do this, you use a ritual to prepare the protection in advance. Then, at any later time, it takes only seconds to call on the angel, and in moments, accidents and attacks can be deflected.

The book closes with a chapter on *Protecting Others*, which shows how the rituals can be adjusted and adapted to bring protection to your loved ones.

Protection magick does not shield you from life. I will not promise to make your life free of all harm and hazard, but I will say that every ritual works as described, and this level of protection not only makes you feel safe and confident; it genuinely improves your chance of getting through life unscathed.

One of the pleasant side effects is that you may find yourself feeling more peace, more appreciation for life and more pleasure in your relationships. These side-effects should not be sought but should be appreciated if noticed.

Where you may wonder, do these angels come from, and can they be trusted? Is the magick safe? If you search for the angel names in this book, many of them will be found quite easily, while many are not listed online or even in reputable angel dictionaries, or the encyclopedias sold by major occult publishers. It is the nature of occultism to be secretive, and it is only in more recent years that these hidden angelic names have become more widely known.

You will find these angels named in ancient books such as *Shorshei ha-Shemot*, *Brit Menucha* and many texts of *Hekalot* and *Merkabah* literature. I doubt that this is of any interest to you, except to say that this magick was created and crafted based on ancient angelic knowledge, and the workings and experience of those who have explored the angelic magick to ensure it is safe and workable. My contribution has been to clarify and simplify some of the magick that I have discovered.

It is important to add that magick itself is safe, because it is nothing more than an invitation for the angels to help, and the angels will not refuse your sincere request.

The language used to call angels is Hebrew, because the ancient texts from which occultists derive knowledge of angels were mostly written in Hebrew. Although in some cases, these were based on older works written in Phoenician and other languages, it is widely accepted that using the Hebrew names gets the best results. This does not mean the magick or the angels belong to any single culture or religion, but that the most effective way to contact the angels is to use the Hebrew versions of their names. You do not need to know any Hebrew, and all the names are made clear by using English sounds. For more detail, every single word is pronounced clearly on my website www.thepowerofmagick.com

If you have never worked with magick before, you may feel some unusual sensations when you engage in a ritual because magick is not an ordinary experience, but no harm can come from this calling. The most likely outcome is that the magick works without you ever sensing an angelic presence. Sometimes, for a few fortunate people, there is a brief trace of angelic contact, and this may come in the form of a flash of light, a brush on your arm, a deep feeling of love or a kind whispered word.

Angels will come when called, so if you sense their presence, be grateful. If you feel nothing, that is normal and know that this magick will still work for you exactly as described.

# The Forms of Protection Magick

Protection magick should be pure, light and free of danger. When you want to remove a curse or stop evil from affecting you, your magick should feel peaceful, divine and safe. If you've ever worked with protection magick you might have found some of the practices to be alarming. What you find here should be entirely peaceful.

I keep my heart directed toward the power of angels because while I remain respectful of many traditions, from many cultures, I believe that Western readers can connect with angels readily and without fear, whatever their religion or beliefs.

Some occultists have divulged protection magick which strays far from angelic protection, with everything from 'genius spirits' to the goddess Hekate. While such rituals may indeed work commendably, they do not put you in a frame of mind that feels immediately safe. They conjure up feelings of mysterious occultism that is perhaps a fraction too dark. I am not a magickal coward, and I know the reality of magick involves a great deal more than working with angels, but I strongly suggest that when it comes to protection, calling on the power of angels is the best, most practical approach. It is also the safest and the most likely to bring the results you seek.

One of the most widely practiced banishing rituals is *The Lesser Banishing Ritual of The Pentagram*, known as the *LBRP* for short. It is not included in this book partly because it is already so widely known, but I will go into detail as to why I do not think it is the most workable magick.

The *LBRP*, which can be brief or elaborate, invokes the archangels Raphael, Gabriel, Michael, and Uriel. It is used for protection and clearing a space, and also to begin magick, and sometimes to end it. Crafted by members of the Golden Dawn it remains extremely popular and widely used. Although most of the Golden Dawn's workings are of little interest to the everyday practitioner, occultists of many backgrounds use the *LBRP*, whatever their style of magick. This may be because the *LBRP* is effective, or it may be because people do not know that any other banishing rituals exist. I hope to offer a suitable alternative.

In the *LBRP* you face East and trace a pentagram in the air with a dagger, wand or your finger, in the East, then the South, the West, and the North, to invoke the archangels. Many people are so accustomed to this ritual that they will use it above all else, and it is a foundation for all their magick. If you already use the *LBRP* and feel the need to continue with it, it will blend well with the magick in this book, but it is not required, and I do not actively

encourage you to learn it.

You may wonder why the *LBRP* is not included here, or why I am trying to better it. There is nothing wrong with the *LBRP*, but you should know that it was devised quite recently in magickal terms, by a group of people who were experimenting with a wide array of combined materials, some of which were of questionable accuracy and origin. It is not my place to explore the whole history of influences, as you can read about them elsewhere, but it is accurate to say that it was a relatively recent construction which, although elegant, may have been limited by the occult knowledge of the time. In the years that have passed since the *LBRP* was first invented, occultists have subsequently had the benefit of discovering a much wider array of source materials, along with details of more ancient practices, and have seen errors in the materials that were used to create the *LBRP*. This means there is room for improvement.

I am not the first to note this, and just weeks before this book went to press, Damon Brand made a similar point in his work, *Archangels of Magick*. I think there may be some agreement amongst modern occultists that although the traditions of magick offer us many powers, alternatives are equally valid, and in many cases more effective. I hope readers will forgive me if many of the points I make here are similar to those found in *Archangels of Magick*, not because I am echoing Brand's words, but because my thoughts are in agreement with his, to a large extent, even though the banishing I include here is quite different.

Let us return to the *LBRP*. I noted that this is quite a modern ritual, but in all fairness, this does not make it ineffective, because a good banishing invented last week will remain a good banishing. Indeed, I have seen many rituals crafted in the last decade that are as beautiful as anything from thousands of years ago. I think many people turn to the *LBRP* believing it to be the most authentic, original and ancient banishing, and the only genuine way to call on angels. It is *not* ancient, and it is *not* the only way.

*The Lesser Banishing Ritual of the Pentagram* is a recent creation, and although it is powerful, you should be aware that there are many other ways to seek protection from angels.

A banishing, by its nature, should not only call on angels but presumably should banish all other entities from the place where you are working. Ironically, the *LBRP* can banish an area, but it can leave you more vulnerable. The ritual can illuminate your aura so that you are a beacon to spirits and supernatural entities. This is called 'lighting up on the astral plane.' The danger is that not all entities that see you will be peaceful. When seeking protection, is this the sort of situation what you want?

I prefer a magick that banishes and protects while leaving me open to

connection with safe spirits *of my choosing*. I do not want to perform a banishing that makes me shine brightly to anything that happens to be in the vicinity.

Perhaps the problem with the *LBRP* is that people do not know what to do with it, or why they are using it. Should it be carried out as a daily practice for continuous protection? Or is it used to attract the attention of all spirits or just the archangels? Or is it used when performing magick, as a warm-up? Or is it meant to frighten spirits away? Or is it used to seal off a ritual, making sure no magick is left behind? It is used for *all* these purposes, which I believe makes the water murky, if not muddy.

My own experience of the *LBRP* is that it can work to get rid of entities that are unwanted. In this sense, it *is* a banishing, and in the moment of the ritual it clears the space successfully, but it has unpredictable effects on the rest of my magick. Sometimes, it has made me vulnerable to unwanted spirits, and other times it makes me feel muffled and swaddled so that no spirits hear me. I have even found that using the *LBRP* after angelic magick can weaken the results that I obtain from that magick, as though I have called to angels and then rudely banished *them*. This approach is not ideal for magick or protection.

The *LBRP* can be simplified to be free of equipment but is often more complex, and I find that unappealing. I would rather use magick designed for use without any equipment. It seems to me that the angels should be ready to hear us and protect us whether we are suitably attired or not.

My suggestion is that if you are seeking out a banishing, you can use the techniques in this book. If you already use the *LBRP* and will not be swayed from using it, I am happy for you, and only offer what is within this book as a potential alternative. Thankfully, banishing is only one aspect of this book, and there are many other rituals.

To expand on this further, I should reiterate that the *LBRP* is a multi-purpose ritual, used in many ways that aren’t always in alignment. Although it may seem that a single ritual can be used for protection, to banish and to prepare for magick, I believe that it is wiser if each ritual is more clearly defined. For this reason, I provide *three* main rituals, rather than one. This gives you more flexibility, precision, and power.

Instead of one banishing that has mixed intentions, you get three rituals, each with specific powers for the exact purpose of your choosing.

# Using this Book

To get the most out of this book you may use only one or two rituals, or you may need to work with several at once. In this chapter, I will explore the various approaches that you may want to use, whether you are facing an immediate crisis or seeking ongoing protection.

I open the practical section of the book with a ritual that is not a banishing as such. *The Body of Protection* is a practice that can be employed daily, weekly or whenever you feel under attack. It calls seven archangels, invoked within your body. If you find that you like this ritual you may choose to work with it twice each day, once in the morning, and again at night. I find this to be the most satisfying way to begin and end the day, and an extraordinarily comforting and centering way to experience magick while remaining grounded and safe in the ordinary world.

*The Body of Protection* is a core ritual. It can be used twice daily for continuous protection, but if you choose *not* to use it twice daily, you may want to use it when you sense trouble or unrest and need an increase in overall protection. The ritual also helps to empower you and paves the way for other rituals in this book.

The second ritual in the book, *The Circle Banishing*, is a true banishing and is another essential, core ritual. It is not something you need to use every day. Use it when you are afraid, when you hear bumps in the night, and when bothered by presences that are supernatural. It is used for protection, to call archangels to surround you and make you safe. It is fast and easy to perform and can be used as a one-off ritual, to clear away negative energies and entities, or you can employ it as part of your ongoing protection. If you feel under attack, you would be wise to use this in conjunction with *The Body of Protection.*

If you work with the magick that I offer, I do not believe anything unpleasant will *ever* happen because of the magick, and nothing unwanted will slip through or cause trouble because I have gone to great lengths to ensure that is the case. If you choose to work with other forms of magick, this banishing can bring protection if anything goes wrong. Should you ever feel uneasy, or that you have attracted unwanted supernatural attention from magick, *The Circle Banishing* can be used to reject that attention. It works to deter negative energies and harm that originate from supernatural entities of all kinds.

The third ritual is called *The Illumination* and is used to prepare a magickal space safely. If you work other forms of magick, such as that found in my book, *Angelic Sigils, Keys and Calls*, you may wish to become more visible to spirits,

but as has been discussed, becoming brighter on the astral plane can make you vulnerable. The solution is *The Illumination*, a ritual designed purely to make you visible to safe, invited spiritual entities. It does not make you visible to all manner of paranormal creatures, only those of your choosing, and is the very best way to prepare for magickal work. Use it before any magick, and know that it will protect you. It is used in all the rituals in the second part of this book.

The combination of *The Body of Protection* and *The Circle Banishing* is almost all you will need. Use *The Illumination* when you perform other magick. These three rituals are known as *The Master Rituals of Protection*.

To proceed, I suggest learning and practicing each form of protection. Learn *The Body of Protection* and choose whether you will use it daily or only when required. Learn to use *The Circle Banishing*, so that if anything untoward happens in your life, you can defend yourself against the negative energies and attacks of others. Finally, learn *The Illumination*, so that you can perform the other rituals from this book in complete safety should they ever be needed.

If you have purchased this book because of a pressing problem, and have a burning desire to use one of *The Lesser Rituals of Protection* for a specific purpose, you can do so, but note that all these lesser rituals include the three *Master Rituals of Protection*. Fortunately, the *Master Rituals* are not complicated, and they do not need to be perfected to be effective. You can hold the book in one hand and read the instructions as you work. If you feel a pressing emergency and need to use a *Lesser Ritual*, work straight from the book. If you have more time, even if it is just a few hours, I suggest taking the time to learn the core *Master Rituals*, so that you feel more at ease when working your *Lesser Ritual*.

*The Lesser Rituals of Protection* only need to be performed for three days in a row, and no repetition is required at a later date, unless there is a further development that brings fresh trouble, or if it is a stubborn or cyclical problem. If, for example, you choose to use the ritual to D*iminish Violent Energy* today, you will perform the three core rituals, as well as the instructions for the *Diminish Violent Energy* ritual. Even if this is the first time you have worked with magick, you will find some relief, and after three days of repeating this process, you can consider that the magick has worked effectively. You would be wise to continue with *The Body of Protection* on a daily basis, and this should keep you safe.

Although you can start working with the magick today if you need to, and although such an approach can bring fast results, you will find that your abilities improve as you practice and as you become familiar with the magick.

It is important that you never perform the magick mechanically or without

emotion, especially if it is a ritual you repeat daily. If you maintain a genuine connection to the angels, your connection will improve, and your ability to control magick will become much stronger in a short time. As you work the rituals repeatedly, they become more effective.

If you have bought this book for general protection, and have no pressing problems, you can learn at your own pace, but when you feel confident you may want to use the ritual to *Protect Your Home*, as a precautionary measure to set things right and ensure you are moving forward from a safe place.

The *Emergency Magick* section of the book is a special case. In that chapter, you learn a ritual that, over time, gives you access to instant protection. It would be prudent to begin practicing this as soon as you have the time.

Too much magick at once can lead to frustration, a sense of obligation and a weary mind. Do not put in too much effort at first, and allow the magick to blend with your life slowly and gently. Do not be too casual, however, if you want the strongest results.

# The Master Rituals of Protection

The following three rituals are the core of this book, and you would be well advised to learn them all thoroughly. Protection magick is easy to achieve when you work with the power of angels, but it does require your commitment to learn the simple procedures and carry them out as instructed.

In this section, you will find *The Body of Protection*, for daily, ongoing protection, *The Circle Banishing*, for removing danger in an emergency, and *The Illumination*, used before any other magick, including *The Lesser Rituals of Protection*, presented later in this book.

# The Body of Protection

*The Body of Protection* is a ritual that brings a gathering of archangels to create protection from ill will, direct attacks, and misfortune. You can use this as a daily ritual, to ensure that a barrier of protection is always in place, or you may prefer to use it only when things feel like they are going astray in your life. You may choose to use it once a week, and that may be enough. I perform it twice every day, once on rising and once before bed. At each of these times, it reminds me of my connection to magick and assures me of protection. It takes only moments to complete.

Traditionally, the process was to perform the ritual immediately before sunrise and then shortly after sundown, but that is rarely practical, so any compromise you can work with will be sufficient. Mostly, I am happy to compromise with once in the morning and once in the evening, without too much focus on dawn and dusk. Performing it once a week is better than nothing if that is all you can manage. If, however, you want no compromise at all, (if, for example, there is a sustained and skillful attack directed against you), once before dawn and once after sunset is the no-compromise version and will create extremely potent protection.

There are many archangels, from numerous traditions, and innumerable ways to call them, but in this ritual, you will call on seven archangels from manuscripts such as *The Bible, The Book of Enoch* and a range of scripts from the traditions of Kabbalah.

If you are familiar with Kabbalah, you will know that there are usually ten or more primary archangels named. Only seven are used here because this is the requirement for protection. There is no need to overload on requests or to fill out the magick with irrelevant powers. The aspects of reality that each archangel can influence means that by combining these seven powers, you obtain the essential protection required. You require no more and no less.

It is common practice to associate archangels with colors of light, planetary powers and other correspondences. For each imagined angel or spoken name, you are usually required to picture specific colors of light, images (including letters) and channels of color connecting through the body. I will not declare that such methods are ineffective, but they are undoubtedly difficult to learn, and I am relieved to say that in this ritual no such complexity is required.

*The Body of Protection* ritual is a means for you to call the archangels without sigils, without imagined colors or many of the tools and trimmings of convention. All you need is each archangel’s name and an admitting Word of

Power that gives you direct access to that archangel.

You then call the archangel to move within your body. You accept the power of the archangel to protect you. Each archangel will protect you in its own way, and there is no need for you to focus on how each archangel contributes to the protection. You call it within and let it work *through* you to provide protection.

The admitting Words of Power are sourced from documents like *Shoreshei ha-Shemot* and have been shown to cause the archangel to become aware of you before you even speak its name. They are derived from vowel sounds associated with names of God that are in turn associated with the archangel.

By saying the Word of Power, you admit the angel into your presence and *then* call it directly. It is a fast and efficient way to draw the archangel within. (If you are familiar with my book, *Angelic Sigils, Seals and Calls*, you may be tempted to use the archangel sigils from that book. I can assure you that simplicity is the better approach for this particular ritual. You only need to learn the order of the names and the Words of Power that go with them.) In the following list, I indicate the angels you will call (with the pronunciation in parenthesis), and the associated Word of Power.

The Words of Power are given phonetically only, because they are not familiar words but combinations of vowels taken from Divine Names, and it is the *sound* of the vowels that counts, not what they look like in Hebrew.

## The Archangel Sandalphon

(SAHN-DAHL-FAWN)
Sandalphon's Word of Power:
AH-OH, AH-EE, AH-EH

## The Archangel Gabriel

(GAH-BREE-ELL)
Gabriel's Word of Power:

Gabriel's Word of Power:
AH-AH, EE-EH, AH-EE

**The Archangel Michael**

(MEEK-AH-ELL)
Michael's Word of Power:
EH-OH, EE-AH, OH

**The Archangel Raphael**

(RAH-FAH-ELL)
Raphael's Word of Power:
EE-AH, OH-EH, EH-OH, AH

**The Archangel Tzadkiel**

(TS-AHD-KEY-ELL)
Tzadkiel's Word of Power:
ELL

## The Archangel Raziel

(RAH-ZEE-ELL)
Raziel's Word of Power:
EE-AH, OH-EH

## The Archangel Metatron

(MET-AH-TRAWN)
Metatron's Word of Power:
EH-EE-EH

All these sounds are available on the website, **thepowerofmagick.com**, if you need to hear them. What is written here will be effective, however, and making the sounds is as easy as reading them. If you know what the word OH sounds like, you can make the sound OH.

When speaking angelic names and Words of Power, it helps if you say them with a strength and power in your voice. Speak the words and names knowing that they are *magickal*. You are not reciting a list of ordinary names, but speaking to the holy powers.

You will see that the Words of Power are broken up with commas, into several sounds. For Sandalphon, for example, the Word of Power is presented as three distinct sounds, like this: AH-OH, AH-EE, AH-EH. This is to make it easier for you to read, and easier to say. If you find it easy to read it as one word, AH-OH-AH-EE-AH-EH, that is perfectly acceptable, but even I find that this gentle breaking of the words to be easier to perform, learn and execute, and it introduces a subtle rhythm that I find helpful.

You will also note that in most cases there are two syllables for each part of the word, as with AH-OH, AH-EE, AH-EH. This structure makes it easy to achieve a natural rhythm when saying the words. Some words, however, end with a single syllable. When calling to Michael, for example, the Word of Power is EH-OH, EE-AH, OH. When the word ends with a single syllable, such as OH,

you should make this final syllable stretch out so that it is as long as two-syllables. This is easier than it sounds. First, you say EH-OH, then you say EE-AH and then when you come to OH it's more like OHHH. In the case of Tzadkiel, there is only the sound ELL, and this works best if it is an elongated ELLLLLLL. Metatron's Word of Power is three syllables, being, EH-EE-EH, but you will find this easily becomes one sound.

If you have any trouble with this sounds at all, consult the website to hear the sounds for yourself, but I can assure you that these written instructions will be a sufficient guide that enables you to perform the magick to the point of effect.

In my first book, I referred to Tzadkiel as Zadkiel. These names are very close and refer to the same archangel. It has been found, however, that slight changes in the choice of name can affect the powers called. In this book, Tzadkiel is the best way to reach the protective power of the archangel, rather than Zadkiel. It is a minor difference, and one you do not need to worry about, but I deemed it worth explaining the reason for the apparent name change. Each archangel has many names, some numbering well above seventy, and they are interchangeable, but the subtle power released by using a different name is a worthy secret.

When first performing the rituals you can read directly from the book, and you will get the protection you seek. In time, you will learn the ritual effortlessly, and you will no longer need to refer to the book. Put no strain or effort into this learning, but embrace it as it happens and trust your memory.

I have placed *The Body of Protection* first in the book, because this is the core of power that you can use each day, and most of the time it can be used without any other preparation. Everything you need for success is in the ritual.

In ideal circumstances, you will stand alone in a room, undisturbed and free to concentrate fully for as long as the ritual takes. If no such opportunity arises, you may perform the ritual entirely in your head, while sitting in public, imagining the ritual; nobody will know what you are doing. I prefer to stand and speak when possible, but if that option is not available I will happily call the archangels using my inner voice only, and it brings me the necessary protection. There is no requirement to face a particular direction for this ritual.

For each archangel, you imagine a point of light above you, a star if you will, and from this star emanates a feeling of safety and protection. Feel what you can. We all experience imagination differently, and while you may find it easy to imagine a feeling of safety and protection, you may not be able to imagine this feeling at all. If you cannot, *know* that safety is present, or say the word *safety* to yourself, internally or out loud. That can help to generate a feeling

of safety and protection.

While experiencing this feeling of safety, you say the archangel's admitting Word of Power. You then speak the archangel's name, and as you do so, you imagine that the star drops from above, from a near infinite distance, reaching you in moments, and as it touches the crown of your head, its light descends through the body until it rests in your heart. Some people imagine the light clearly in the heart area, but others find it easier to picture the light closer to the solar plexus. Whatever works for you is correct. When you perform the ritual, you will probably find a preferred place to locate this light. It will happen quite naturally and without being forced. Accept whatever happens, so long as the light resides in the chest area.

The light does not expand; it remains a tiny point of light, as small as a star, but as bright as lightning, so bright that it casts a glow around you. It is not a sphere or a shell or light, but a haze, a mist, an illumination. What you imagine is that the tiny star is the vast, powerful energy of the archangel, and that light glows out from within you. The archangel's power is within you, making you shine.

In many rituals, you are called to imagine spheres, rings, cubes and other forms of protection. This ritual only requires the mist of glowing light that emanates from the archangel's star within your heart. You do not force the image of light, but *know* that the archangel within you casts this immense light, leaving no shadows.

Although rituals that set up impenetrable shields can be effective, what I like about *The Body of Protection* is that it makes you shine with the power of archangels. You are not trying to hide in a shell, but you are easily projecting the immense power of archangels through your body.

You call each archangel, in turn, starting with Sandalphon and working your way through to Metatron. At that point, you bask in the glow of the light for a few seconds and then bring your hands together, palms touching. Then separate your hands, and as you do so, know that the ritual is over. This gesture of touching the palms is a way of closing the ritual. If you close your eyes during the ritual, this is when you should open them.

The ritual is simple and effective, taking only moments or minutes, but I will set out the ritual precisely as a step by step guide. If in doubt, refer to the preceding text as the details are more illuminating than this summary.

Imagine a star of white light above, emanating safety and protection. Say, AH-OH, AH-EE, AH-EH. Call the name SAHN-DAHL-FAWN as the star drops

from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, AH-AH, EE-EH, AH-EE. Call the name GAH-BREE-ELL as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, EH-OH, EE-AH, OH. Call the name MEEK-AH-ELL as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, EE-AH, OH-EH, EH-OH, AH. Call the name RAH-FAH-ELL as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, ELL. Call the name TS-AHD-KEY-ELL as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, EE-AH, OH-EH. Call the name RAH-ZEE-ELL as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Imagine a star of white light above, emanating safety and protection. Say, EH-EE-EH. Call the name MET-AH-TRAWN as the star drops from infinity to your heart. From there it gives off a brilliant, misty, shadowless light.

Bask in the glow of the light for a few seconds, perform the gesture with your palms, and the ritual is over.

# The Circle Banishing

This banishing is used to remove negative energies, strange entities and to help bring an end to supernatural attacks. Use it when you suspect attack, disturbance, interference; when you experience strange feelings, hear noises that you don't like or when you have experimented with dangerous magick that may have let something unwanted into your reality. As mentioned, such situations are rare, but if you experiment with wilder magick than the magick that I offer, you will want to have a good banishing ready. It is also useful for those random circumstances when you stumble upon an evil, haunted or disturbed place. This is why I say you should learn this banishing now, and learn it well so that when you need it, you can perform it within moments. All being well, you will rarely need it in an emergency. If you do need this ritual, the banishing will eliminate the unwanted attention, energy or presence that concerns you.

There may be times when one execution of this ritual is all you will need to rid a room or location of unwanted energy. At other times, if there is a persistent malevolence in a location, it may be required twice a day for a short period of time.

Some occultists suggest that when you move into a new house, you befriend the local spirits and give them offerings. I have never found this to be effective, and it feels like pandering to the whims of entities that are in your space. You are not a visitor; you are now the owner of this space, the rightful ruler of your empire.

I suggest that when moving into a new house or apartment, you should use this banishing. It will rid the home of lingering memories, poltergeist-like activity and anything unwanted that may be housed in the locality. It is powerful, yet gentle, so if there are kind and gentle spirits, they will not be destroyed or thrown out. The ritual is infused with great intelligence. It is not a nuclear blast, designed to devastate the environment, but a rejection of all that is unwanted. The angels access your inner needs and use their wisdom to remove what can cause you pain, and leave any energy that is beneficial to you.

The banishing can be performed safely, without drawing attention to you. After performing this, you will not be subject to the unwanted attention of nearby spirits. It has a dampening effect on the supernatural without dampening your magick. It settles and removes influences, local entities and repels direct and specific attacks that have been aimed at you.

You do not need to be certain of malevolence, attack or other disruption to use this. Use it at any time that you suspect things are not entirely right. I would

advise against using it too often, though, as that makes you feel like a victim or somebody who is continually having to fight off attacks. Unless you are certain that is the case, reserve this for use only when you actually feel the need, rather than as a precaution.

I knew a young woman who would consume a considerable amount of headache medication when she thought she *might* get a headache later in the day. I never thought this was wise because the medication had some negative effects when used so regularly. I thought it was much more prudent to wait until a headache started to show. Then, of course, it was wise to take the medication at once, rather than to wait until it was so agonizing that medication would be ineffective. It is like this with *The Circle Banishing*. There is no need to use it as a precaution, but it should be deployed immediately when you sense that something is amiss.

*The Circle Banishing* is similar to *The Body of Protection*, in that it calls on some of the same angels, but is quite different in other respects. The archangels called in this ritual are the same as those found in *The Lesser Banishing Ritual of The Pentagram* – Raphael, Gabriel, Michael, and Uriel. In addition, you call to the angels Yohach, Kalach, Shamriel, and Nuriel

In Hebrew, these names look like this:




Spend a few minutes, now or when you are about to perform the ritual, letting your eyes move over these letters. There is no need to read them, or to inspect them minutely. Pass your eyes over them, from right to left, or just in a wandering gaze as though looking at a painting.

By reading the English transliteration, such as the name Raphael, and then seeing the Hebrew letters for that name, you form a subconscious connection. Your inner mind knows how the name Raphael appears when written in Hebrew.

A few moments spent doing this, even if only once in your life, can forge a magickal connection so that when you say the angelic names, the angels will hear you. Some people choose to do this every time they perform the ritual, but I do not believe it to be necessary. You may, however, wish to glance back at the above image every few months or years, to ensure the subconscious connection remains strong.

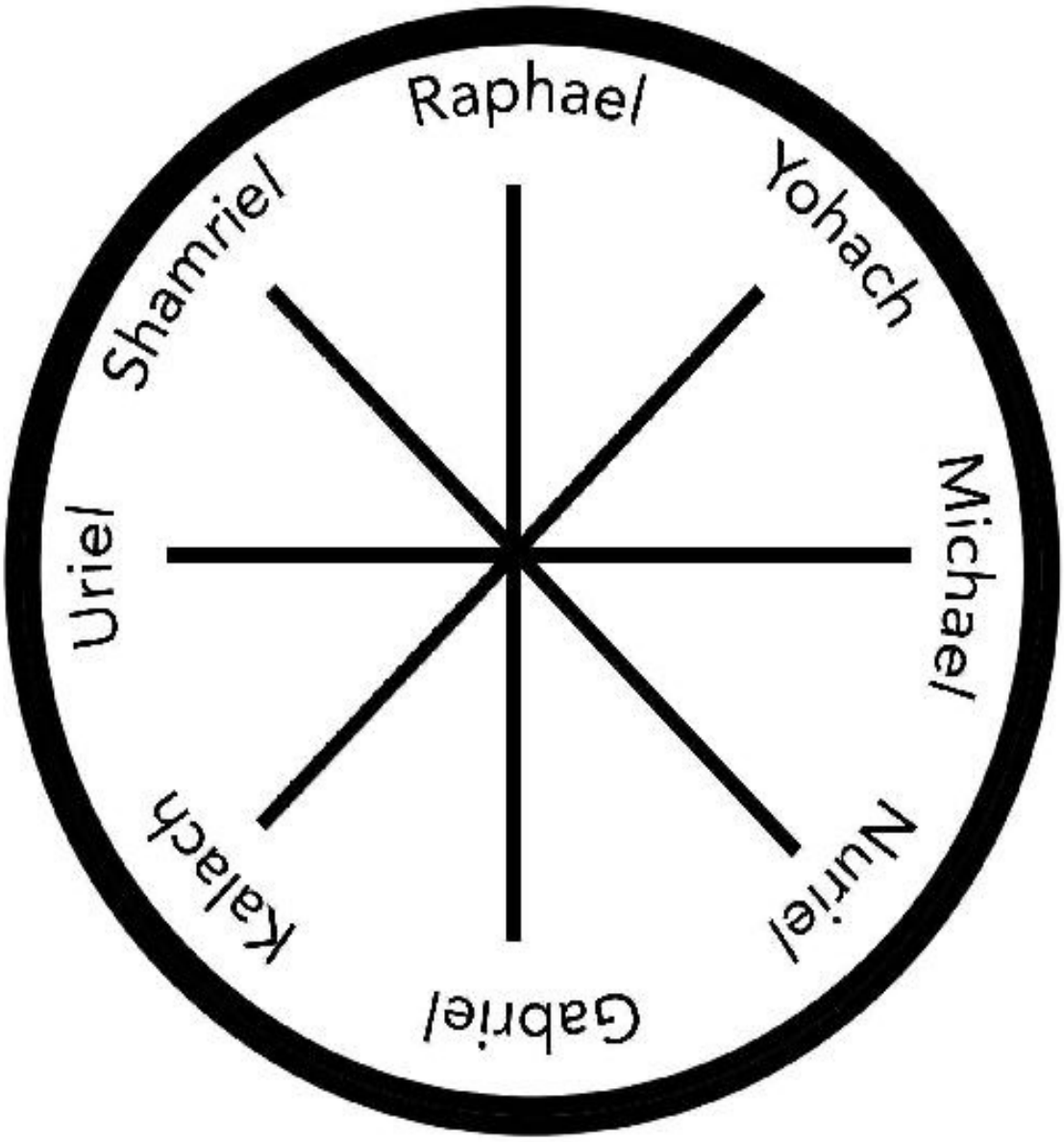
It is important to remember that these angels will respond when spoken to

in many languages, and many other letters or celestial alphabets could be used, but in practice, the Hebrew letters are the most effective way to create this initial connection.

In many rituals, you turn your body to face a specific direction and call the angel to appear in that location, thus associating it with a planetary power, an elemental force, or some other aspect of reality and magick that the archangel is connected to on a supernatural and archetypal level. In *this* ritual, each archangel is called to appear in quarters that may not appear to match those from other traditions. This is a ritual that has been formed to access aspects of the archangel that are most magnified by being called to a different quarter. By calling Michael to be present in the East, for example, you access more of Michael's defensive powers.

Although four archangels can form a circle around you, what I like about this circle banishing is that lesser angels are called to stand between the archangels, drawing on their power and wisdom, to protect the lesser directions. Imagine you are standing in a square room. The archangels are usually called to the North, South, East, and West, and there are many effective combinations that work. Sometimes you face East, and call Raphael before you. Other times you face North and call Raphael to manifest behind you. All these variations have been found to work. What I have used here is one of the more popular arrangements and one that also includes angels that are called to four diagonal directions. There is one angel standing before each wall, and also there is an angel assigned to each of the four corners of the room. Corners are symbolic weak spots; violent and cunning attacks can be set to slip through in these corner locations. By calling angels to these corners, you bring full protection, performing a banishing that dismisses all unwanted spirits from your location.

This is the arrangement of angels that you will need to learn:




Stand facing North, or as close to North as you can approximate. If you are indoors, choose the most Northerly wall, rather than magnetic North. This helps to remind you that there are four primary directions, one for each wall, and four diagonal directions, represented by the corners of the room.

The process is a simple as saying each angel's name, and then picture the light of the angel. You do this in a set order, which should be learned as soon as possible. Until then, you can perform this while reading from the book. Speak the names out loud if you can. If standing up and speaking is impractical, the ritual can be performed while sitting up (although not while lying down), and with the words imagined rather than spoken. This compromise is for the times

when you are unable to obtain privacy, and although it can be effective, it *is* a compromise. When possible, stand and speak the angelic names. The vibration of your voice, felt within your chest, and touching all that surrounds you is a powerful way to make the angel's existence attune to your surroundings.

Picturing the angel's light requires no great skill or any ability to visualize. You need nothing more than the most rudimentary imagination. I believe that anybody can imagine white light, or brightness if you prefer. You do not need to picture this with clarity, and the merest glimmer of imagined white light is all that you need for success. If you doubt your ability to visualize, I will direct you to perform the ritual anyway, *attempting* to see white light. This will be sufficient. Your visualization should be allowed to occur to you, rather than be forced by you, so as you say each name, your attention should focus on the particular direction for that angel, and then you should allow the white light of that angel to appear.

You face North, you say the name of Raphael, and as you do so you imagine a white light directly in front of you. It may be approximately nine feet away if your room is large enough. You may find that you imagine the light as being much more distant, beyond the confines of your walls, or much closer. Whatever occurs to you is fine. If other images occur to you, such as faces or body shapes, these are never dangerous (even if they appear frightening), because they are not supernatural. Anything you see other than light is merely the workings of your brain, not your soul, and not the magick. The only exception is when an angel chooses to be seen by you, and that may produce awe without fear. In most cases, nothing will intrude upon your visualization, but if it does, assure yourself that this is not a supernatural interference, but your own brain's coping mechanism when faced with the minor drama of magick. I find this to be true even in cases where you are suffering from a violent magickal attack, or when affected by attachments and curses. The moment you begin this ritual, it is complete, as strange as that may sound. The protection of all the angels is immediately present as soon as you call to the first. How can this be so? It is widely known that magick can affect the past as well as the future. When you reach the end of the ritual, the angels that are present ensure that protection is in place from the moment that you begin the ritual, by reaching back in time to the moment that you called to the first angel. This makes the ritual especially powerful and reassuring. It means that if anything seemingly strange or unpleasant occurs during the ritual, you can continue with your magick, safe in the knowledge that you are protected, and that any such illusions are just that - illusions of the mind. If you find it difficult to get your head around this concept of mixed time, don't become preoccupied with it, but know

that as soon as you begin the ritual, protection is established. (This only applies if you then go on to complete the ritual, of course. If you say one name and stop, it will not work.)

This is the order in which you call the angels, and their associated direction, with the pronunciation in parentheses:

Raphael in the North. (RAH-FAH-ELL)
Gabriel in the South. (GAH-BREE-ELL)
Michael in the East. (MEEK-AH-ELL)
Uriel in the West. (OO-REE-ELL)
Yohach in the NorthEast. (YOH-HACK)
Kalach in the SouthWest. (KAL-ACK)
Nuriel in the SouthEast. (NOO-REE-ELL)
Shamriel in the NorthWest. (SHAM-REE-ELL)

As you speak the name of the angel, you only say the name, not the name and the direction. I sent the instructions for this ritual to a young student of mine, only to find that he was saying the actual words, 'Raphael in the North.' You only say the angel's name.

Do not turn your body or face to the named directions. This means that when you call to Gabriel, for example, you imagine the white light forming behind you, without turning to face it.

The visualization of the white light does not need to be a lengthy procedure. The light is conjured by your imagination to complete your welcoming of the angel, and a few seconds are all you need. It does not matter whether you sense or see anything, only that you know in your heart that you have called to the angel and that the angel is present.

To ensure you have understood I will walk through the ritual in a fraction more detail.

Begin by standing in your room, facing the most Northerly wall. Say the name Raphael, pronounced RAH-FAH-ELL. Using your gentle imagination, allow the white light of Raphael to appear before you.

Now say Gabriel, pronounced GAH-BREE-ELL, and imagine a white light behind you; the white light of Gabriel.

Continue in this way until you have spoken the name Shamriel, and imagined white light in the northwest.

Know that there is an unbroken circle of protection around you, with the power of each archangel blending into the others.

To complete the ritual you only need to open your eyes, if they were

closed. If they were open, then close your eyes for a second, and then open them. The ritual is complete.

If you have difficulty remembering the directions you may find it helps to have the diagram in front of you. Or you might find it easier to remember something like, ‘Yohach, Front Right; Kalach, back Left,’ or something similar. If it helps you remember, there is no harm in using such adaptations.

With minimal practice this ritual will become so easy and familiar it can be performed without you even having to pay attention to it, and my only warning is that when it becomes this easy, do not perform it like a robot. You are not doing it for the sake of it, but to feel and experience the magick, which makes it real. When you perform magick, be fully in the moment of the magick, and it will bring you great protection.

# The Illumination

With *the Illumination,* you safely prepare a magickal space. The ritual makes you more likely to be seen and known by safe, invited spirits. You do not become so magickally bright that you attract unwanted supernatural attention. This is a ritual that I wish I had known about when I first discovered magick. It would have saved me from a lot of mistakes, and some unpleasant effects.

I say that *The Illumination* can and should be carried out *before* any other magick, but there are two exceptions. You do not need to use this ritual before *The Body of Protection* or *The Circle Banishing,* as they have fundamental protection built into their structure. If you want to work with any of the other rituals in this book, which follow this chapter, perform *The Illumination* first.

Although you can perform *The Illumination* in isolation, it is common practice to perform *The Circle Banishing* first, followed by *The Body of Protection,* and then *The Illumination.* Following that, you perform whatever magick you wish to perform.

Whether you are using the other rituals revealed in the remainder of this book, rituals from *Angelic Sigils, Seals and Calls,* or rituals from other books by other authors, *The Illumination* draws on your desire, and ensures that only the entities that you wish to call will see your aura.

The ritual is short but extremely effective. It improves your connection to the spirits, which can improve your results. It may also have the effect of making you more aware of the presence of spirits, but this is not always the case.

To perform this ritual, gaze at the sigil on the following page. Let your eyes wander over all the white space, rather than looking at the letters. Know that the letters are being taken within you.

There are powers here that call on love, peace, strength, and awe. The construction of the sigil is such that you need do little other than gaze at the white space within it for a few minutes, knowing that you are protected. You know that you are illuminated so that the spirits you wish to call will see you. You do not need to focus on the names or natures of those spirits because your subconscious knowledge powers the ritual. Gaze at the white space and know the protection is building.

To close the ritual, you say the following words (which are formed by the letters in the central square of the sigil):

**CAUSE-AWE**

**MEZZ-AH-PEZZ**

# AHN-GEZ

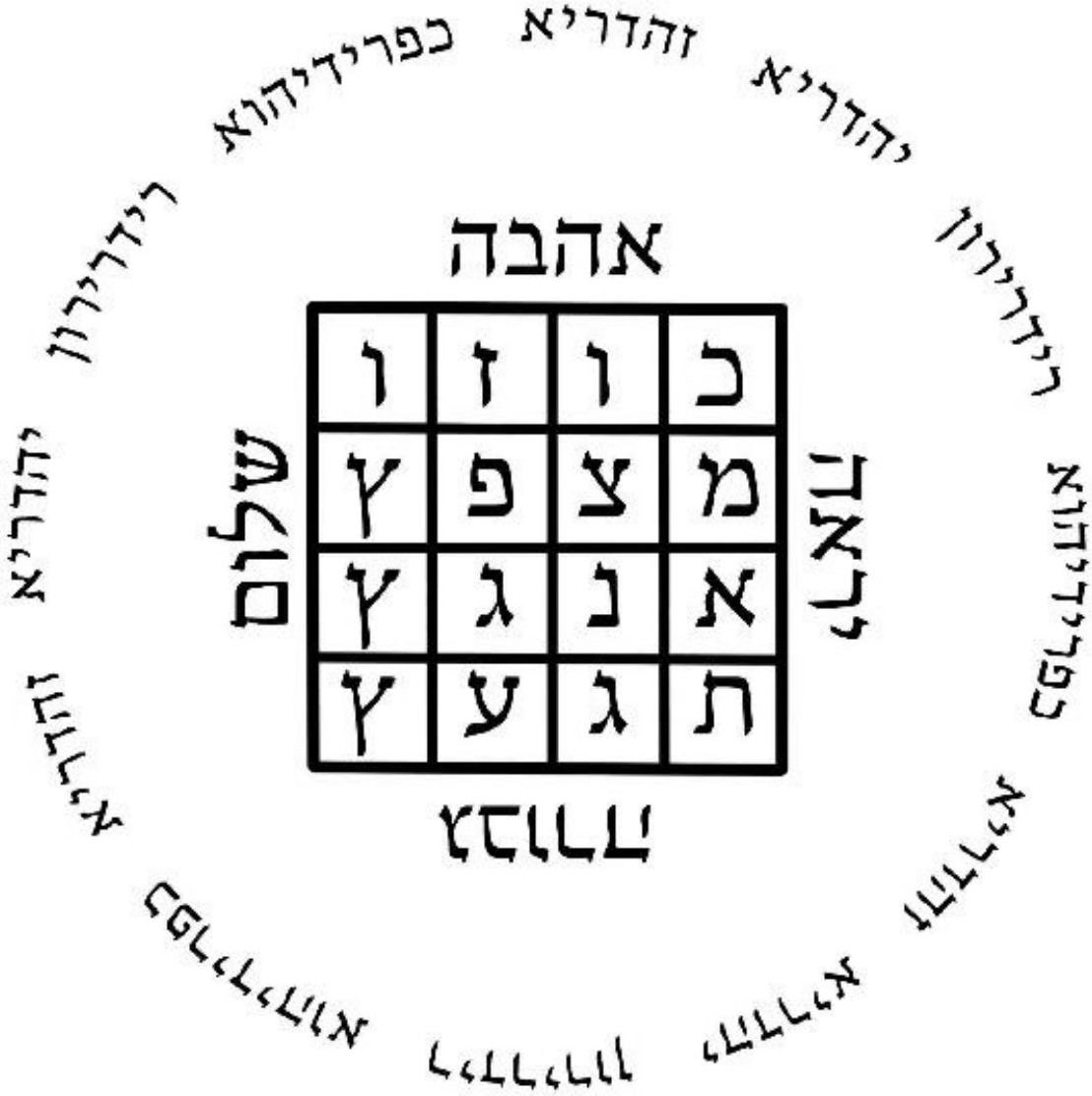
## TAH-GEH-EZZ

The pronunciation of these words should be straightforward, but note that the G sound is like the G in GLOW, rather than the G in GIRAFFE. The website has an audio demonstration if required.

Perform *The Illumination* immediately before you begin your subsequent ritual. Do not perform the ritual hours or minutes before you start your subsequent ritual. As soon as you have said the closing words, you should begin your main ritual, whatever it may be. Do not perform *The Illumination* without a following ritual.

To summarize, imagine that you want to use *Freezing a Curse*, as shown in a later chapter. You would perform *The Circle Banishing*, *The Body of Protection*, *The Illumination* and then *Freezing a Curse*. What sounds like a lot of magick is actually quite minimal, and takes only a few minutes to perform.

This sigil of illumination appears on the following page, with the spoken words printed below for easy reference.




**CAUSE-AWE**
**MEZZ-AH-PEZZ**
**AHN-GEZ**
**TAH-GEH-EZZ**

# The Lesser Rituals of Protection

When occultists use the word ‘lesser,’ it does not mean inferior. Instead, it means ‘more specific.’ The remaining rituals in the book are not for general protection but for highly specific situations that may occur. If such circumstances do occur, then having access to exacting rituals is reassuring and empowering.

If you are uncertain about which ritual to use, take the time to read the chapters with an open heart and mind, and use the ritual that seems most appropriate. A well-chosen ritual will be more effective than three or four rituals performed vaguely.

The following rituals can freeze curses, protect against unwanted magickal interference, remove entities and attachments, reduce violence, protect your home, charm an enemy into submission and provide protection in an emergency. Some rituals are described at length, but a few are explained only in brief because they are the essence of simplicity and it would be wasteful to over-complicate such simple magick.

In each ritual, you will find that you are called to perform *The Circle Banishing*, *The Body of Protection* and *The Illumination*. But what if you’ve already performed *The Circle Banishing* and *The Body of Protection* today? Do you need to repeat them? I believe that you should repeat them so that the entire *Lesser Ritual* feels like a self-contained progression through a magickal process. If you don’t have time to repeat them, then you can ignore this advice and begin your chosen ritual with *The Illumination.*

# Freezing a Curse

You may think it would be better to reverse a curse, or cancel a curse completely, but trust me; a canceled curse may be replaced with another curse, and if somebody seriously wants to harm you, the endless battle of curse and protection can be anything from bothersome to devastating.

Freezing a curse leaves the attack in a stable, safe stasis, taking the fire from your enemy's heart so that further attacks are far less likely. This is the best way to handle direct curses, and it works with curses that come from unknown attackers, and with magick that originates from all traditions. It is sometimes said that angelic magick only works against demons that are known and recognized by the angels, but this is inaccurate, and no ritual proves it more effectively than this ritual to freeze a curse.

There are several ways to know that you are cursed. You may be told you have been cursed, or somebody may curse you directly to your face. You may have a terrible period of bad luck that feels dark and supernatural. Or you may sense that evil is around you and attempting to harm you, even finding that your own thoughts and feelings are becoming darker than usual. None of these indications is foolproof. Divination can be used, but divination is far from effective in such instances, and powerful curses are designed to escape the notice of all but the most perceptive and to misdirect the efforts of divination.

The solution is to use this ritual when you *suspect* a curse is in place. You do not need to know that it is definitely happening, or who put it in place. If you have been cursed, the ritual will work. If you haven't been cursed, nothing will happen, but you have only spent a small amount of time trying to solve the problem.

The ritual you find here has aspects that are similar to the main ritual in *Angelic Sigils, Seals, and Calls*, but if you are familiar with that book, please do not assume it is the same. Read all the additional instructions to ensure that you perform the ritual correctly.

At the end of this chapter, you will find the sigil for freezing a curse. You will need to keep this sigil within sight during the ritual. I suggest that you learn the instructions as well as you can, and then write down a summary in your own words, listing the Words of Power. The act of writing helps to enshrine the ritual within your subconscious. It is also a simple way to have the information you need before you while looking at the sigil in the book or eBook.

Find a time and place to work your magick in peace.

To begin the ritual, you should perform the three core rituals, commencing

with *The Circle Banishing,* then *The Body of Protection* followed by *The Illumination*.

Chant EE-AH-OH-EH three times. This is a name of God, spoken in a way that makes it easier to connect with the forces of magick. As you chant, know that you are calling to be an active part of all creation and that your free will gives you the authority to call angels for protection.

In silence, take a few moments to know that it is your divine right to ask angels to respond to your call. Now say the following Names of God, and know that they protect you:

# ELL

## ELL-OH-HEEM

# ADD-OH-NIGH

## AH-GAH-LAH

Each of those names needs only be said once.

In silence, think about the sensation of being cursed, and the bad luck and strange events that bother you. Think about how you felt before the curse arose or became known to you when things were more peaceful. Think about how you felt as the situation became worse, how it felt as you noticed the sensation of being cursed. Acknowledge the feelings that brought you to this moment of need.

Say EE-AH-OH-EH three times, and allow yourself to feel hope that the curse will be removed, and certainty that the angel will hear you, and calm acceptance of the fact that the angel will freeze this curse in time.

Speak the Admitting Word three times:

# EE-DAH-MAH-VAH-BEH

Speak the angelic name Damebel three times:

## DAM-EBB-ELL

Damebel is present, called by the admitting word and by the name, and by the sigil before you. Know that Damebel is watching you and listening. Seal your desire by saying, ‘Damebel, freeze this curse, so that it cannot move against me.’

These words may sound slightly obscure, but this phrase has a meaning that is important for the freezing of the curse. When you are cursed, the effect works by having change occur, and in magickal terms, this is often called movement. By asking the angel to prevent the curse from moving against you, you are sealing your desire for the curse to be frozen, so that it cannot develop, progress or have an effect from this moment.

The remainder of the ritual calls on angels that accompany Damebel, to ensure that any craft or device placed within the curse cannot defeat the protection. It is a way of reinforcing your primary desire, to freeze the curse, but also of offering you increased protection and building the defense provided by Damebel.

Speak the angelic name Dawdeniel three times:

## DAW-DEN-EE-ELL

Dawdeniel is present, watching you and listening. Say the Word of Power Ha-yah three times (pronounced HAH-EE-AH), and as you say this, and in the moments that follow, think briefly about the curse that you wish to freeze. Think about when you became aware of the curse, how it grew, how it made you feel and how you feel about it right now. If you finish saying the words and feel the need to linger on these thoughts and feelings, you can do so, but for no more than a minute. There is no need to keep saying the words. If you feel you’ve captured the sensation of the curse, and how it makes you feel, you can move on to the next angelic name as soon as you say Ha-yah for the third time.

Speak the angelic name Mashefidael three times:

## MASH-EFF-EE-DAH-ELL

Mashefidael is present, watching you and listening. Say the Word of Power Haw-yeh three times (pronounced HAW-YEAH), and consider how you feel today, right now as you perform the ritual. You should be honest about your feelings. You may feel hopeful, even feeling certain of protection and that the curse will be frozen. You may still feel fear and misery regarding the curse. Whatever your real feelings, and whatever negative thoughts and worries you have about the problem, let them come to you now as you say Haw-yeh three times. Do not linger in this state. When you have spoken the word for the third time, you may continue thinking about your current feelings for a few moments, but no more.

Speak the angelic name Kikoel three times:

## KEY-KOH-ELL

Kikoel is present, watching you and listening. Say the Word of Power Yee-yeh three times (pronounced YEE-YEAH), and feel absolute trust that the curse is frozen and cannot move again. You surrender all thoughts of hope and *know* that the angel has sealed your desire and frozen the curse. As you say this word three times, know that the curse is frozen and cannot move against you.

Say, ‘I thank you Damebel, Dawdeniel, Mashefidael, and Kikoel.’ This should be a sincere thanks, knowing that the angels are present and have heard you.

Close the ritual by saying, ‘Go in peace, Kikoel, Mashefidael, Dawdeniel, and Damebel.’ These words are not a command, but a polite way of saying that the ritual is over and that your needs have been met. Close your eyes for a moment, and when you open them, come back to normal reality, knowing that the ritual is over.

You only need to perform the ritual once each day, at any time, for three days, and trust that it has worked. If the curse appears to linger, know that the magick is still working to freeze the curse, rather than assuming that the magick has failed.

The ritual is designed to ensure that no further attacks can come, but if your enemy is extremely evil or determined, there may come a time when you

feel that you have been cursed again. Only then will you need to repeat this ritual, but you should note it is not actually a repetition, but the application of the method to a new situation. Used once, this ritual *will* freeze a curse, and you should know that before you proceed.

Remember that is essential to do this with sincerity and trust that it has worked because that shows you *believe* the magick is working, which in turn allows it to work. If you make a few mistakes, do not obsess about them, but know that the multi-layered and repetitive approach of the ritual covers for most of your mistakes. If you make a complete mess of the entire process, you can repeat it, but it is more useful to prepare well and get it right the first time than to repeat a ritual until you get results. Performed once, it can work perfectly.

This is the sigil you use in the ritual:


אלהי אל אלהים חיה תמת יהוה שדי
דמבאל
דמב
דמבאל
דומנאל
משפידאל
כיכאל
לאזגמש
דומנאל
משפידאל
כיכאל
לאזגמש

**A Shield Against Magick** You may never need a shield against magick, but if you know or suspect that somebody is trying to use magick to influence or weaken you, this is the ritual you need. It will lessen the intensity of applied willpower in the one who is using the magick, not in the spirits. It shields you from magick by making the one who propels the magick toward you less effective. This does mean, however, that if somebody is secretly working magick for your benefit, you will also put an end to that magick.

To begin the ritual, you should perform the three core rituals, commencing with *The Circle Banishing,* then *The Body of Protection* followed by *The Illumination*.

Observe the sigil that appears later in this chapter. Divine Names and Words of Power are arranged in a circle, and also in a central cross. At the center of this cross, there is a white space, and this is where you should gaze. Do not deliberately stare at the whole sigil. Only focus on the central white space. Your eyes may wander, but try to come back to the white space in the center of the 'cross.' You will probably become aware of the dark circles, more than the letters. This is good, and the words are sinking into your subconscious.

After a minute or so, know that you wish to shield yourself against unwanted magick, and know that the shield is in place as you say these words:

## ZEH-HAH-REE-EH-RAWN

**NAHF-SHE-REE-RAWN**

## EE-AH-OH-EH

## AH-GAH-LAH

To close the ritual, close your eyes briefly, open them, and it is complete. Perform the ritual once each day, at any time, for three consecutive days. There is no need to repeat this process beyond that unless you suspect that an additional ritual has been charged against you.

This is the sigil to shield against magick:


יהוה אגלא זהרירון נפשירירון יהוה אגלא זהרירון
יהוה
אגלא זהרירון
נפשירירון

# Remove Entities and Attachments

There are many ways that supernatural entities can become attached to you. Although this is rare, it is possible that by being the victim of an attack, or the victim of your own clumsy magick, supernatural entities and psychic attachments persist in your life, bringing bad luck, unease, and illness. While most attack magick attempts to conceal itself with stealth, entities and attachments usually make themselves known to the one who is afflicted. If you have reason to believe you are suffering from such an attachment, use this ritual.

The magick is quite targeted, meaning that it won't simply wipe out your connection to all supernatural beings; it only removes the entity that is causing you to suffer. You remain clear and free to work with other angels and spirits should you choose to do so. It can be an enormous relief if you've been troubled by unexplained illness, misfortune and misery brought about by a supernatural entity that has been feeding on your suffering, and bringing more suffering to give itself sustenance.

These attachments are less common than people believe, and many people imagine such an attachment when none is in place, but this ritual will put your mind at rest. If there is an attachment, the entity will be released and your freedom restored.

To begin the ritual, you should perform the three core rituals, *The Circle Banishing*, *The Body of Protection* and *The Illumination*. This alone will serve to weaken the entity or attachment and make you open to the power of angelic protection.

To open the removal ritual itself, close your eyes and let yourself become acquainted with the attachment or entity. You do not need to confront it, only to sense that it is there. If you cannot do this, recall the situations that have made you believe it is there. Know that you want to be free of this attachment, and know that the angels can set you free.

Now open your eyes and gaze at the central circle of the sigil for about a minute, as though you are looking at a disc of white. This allows the words of the sigil to enter your subconscious. You will see more than the white disc, and you do not need to fight this visual distraction, but gently return your gaze to the white disc.

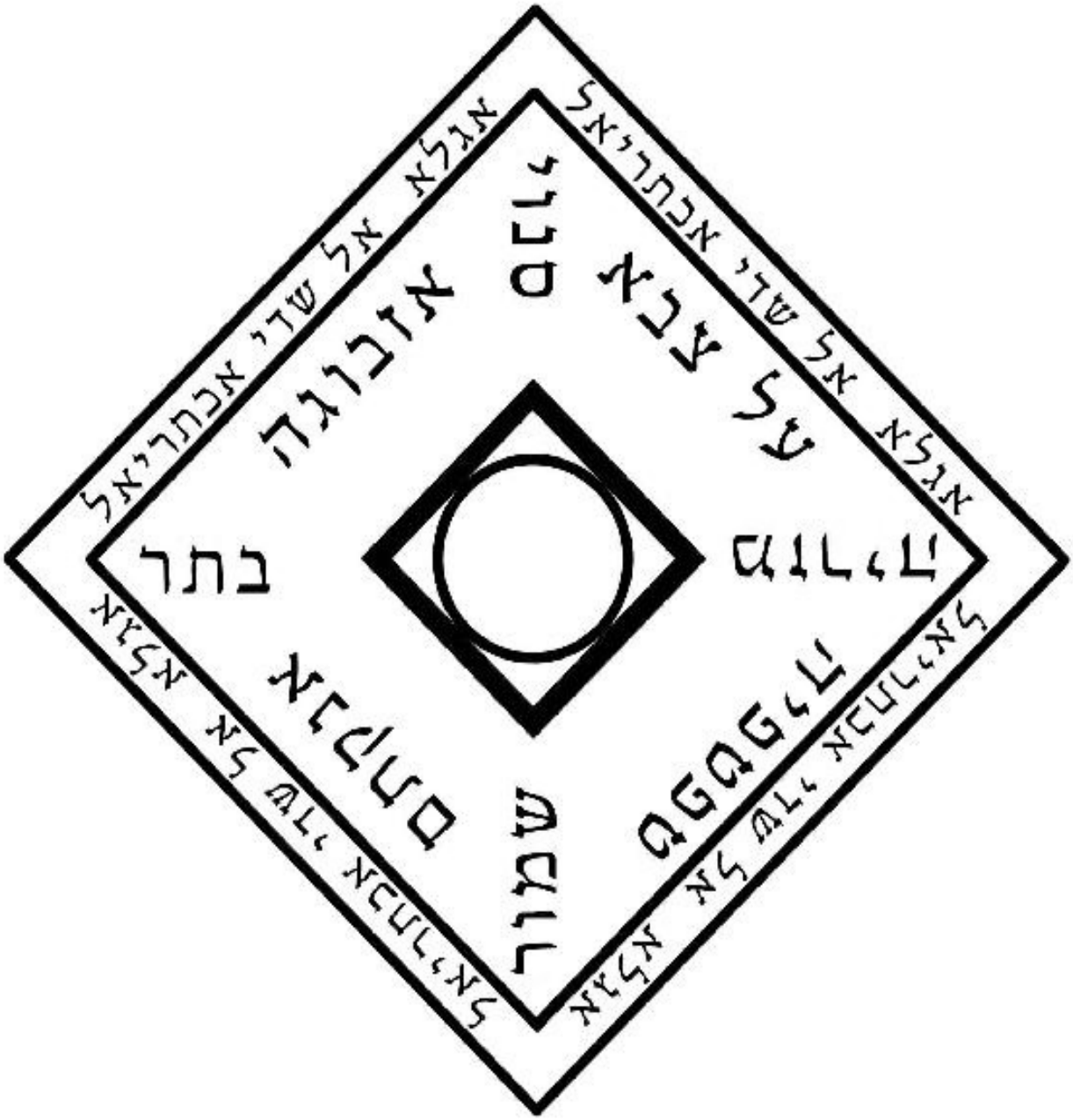
After a minute or so, say the words printed below the sigil, just once each. Between each spoken word, look back to the white disc, and know that the entity is being removed. If you have an image associated with the entity, imagine it becomes an outline, as though drawn with weak pencil. If no such image exists

for you, this does not matter. Allow yourself to know that it is fading away, and cannot feed on your energies or disturb them with its darkness.

To complete the ritual, close your eyes, and then open them, and know that the work has been done. Trust that it has worked. Perform the ritual once each day, at any time, for three days, and each time feel this sense of trust that it has worked. You are not trying to remove a stubborn stain because seeing the attachment as stubborn only gives it power. Know that it has no power to harm you anymore.

You may want to find peace and reassurance by performing *The Circle Banishing* and *The Body of Protection* for several days after the main ritual. If you already perform these rituals as part of your daily practice, there is no need to change anything.

The sigil and associated words appear on the following page.


אגלא אל שדי אבתריאל
אגלא אל שדי אבתריאל
אזבוגה
שעל אבא
בתר
שמור
AH-GAH-LAH
ELL-SHAHD-EYE
AZ-BOO-GAH
AH-NAHK-TAHM
TAHF-TAHF-EE-AH
ALTS-UH-VAH
SAH-GNAW-EYE
BEAT-AH-RAW
MAHZ-REE-AH
SHAH-MORE

AH-KAH-TREE-ELL

**Diminish Violent Energy** I have known parents use this ritual when teenagers get out of hand, and many have used it to lessen the aggravation in an entire street. It is effective against violent individuals, groups and when violence seems to descend upon an area, but it should be clear that the only way to evade domestic violence is to report the offender and move on to a new life. That is common sense, but this ritual can be useful when used wisely, and can even be used when in work environments and other areas where social niceties collapse and lead to simmering aggression. By diminishing violent energy, you give people a chance to find their better nature.

To begin the ritual, you should perform the three core rituals, commencing with *The Circle Banishing,* then *The Body of Protection* followed by *The Illumination*.

You will notice in the sigil that follows there is an outer ring filled with letters, an inner ring filled with white space, and a central disc containing an approximate square of letters. Your gaze should circle around the space of the inner white ring, where there are no letters. As you begin the ritual, contemplate the violent energy as you perceive it, using your memory or emotions, and let your eyes move in either direction, over the white circle. By doing this, the entire sigil will be taken into your subconscious, where it will blend with your awareness of the violent energy.

Speak the following phrases, with the angelic pronunciation shown in parentheses:

I call Michael (MEEK-AH-ELL) by the power of Mafrizmon (MAH-FREEZE-MAWN).

I call Paniel (PAH-NEE-ELL) by the power of Mafrizmon (MAH-FREEZE-MAWN).

I call Raphael (RAH-FAH-ELL) by the power of Mafrizmon (MAH-FREEZE-

MAWN).

I call Iehoel (EE-EH-AWE-ELL) by the power of Mafrizmon (MAH-FREEZE-MAWN).

I call Tzadkiel (TS-AHD-KEY-ELL) by the power of Mafrizmon (MAH-FREEZE-MAWN).

The name Mafrizmon is from *Brit Menucha* and is said to prevent anything from standing in its way. By calling this name and power to work with the other angels, you diminish the energy that empowers violence.

As you call each name, know that the violent energy is becoming still, and settling into calm, cool nothingness. By the time you call Tzadkiel, you should be aware that the energy is almost gone.

Close your eyes and open them again to complete the ritual. Perform this ritual once each day, at any time, for three consecutive days.

This is the sigil to diminish violent energy:

מיכאל פניאל רפאל יהואל צדקיאל מיכאל פניאל רפאל יהואל צדקיאל מיכאל פניאל רפאל יהואל צדקיאל
שדי חי עולם
שדי חי עולם
שדי חי עולם

# Protect Your Home

In many rituals that protect the home, you are instructed to walk to each quarter of the house and place a sigil there, on the wall (perhaps beneath a painting), or buried under objects so that it remains hidden. This ritual is a simplification, where performing the ritual once is sufficient to provide protection.

I wish I could promise that this ritual could repel every storm and hinder every thief. It is, alas, not so powerful that it can guarantee safety in all circumstances. It is, however, the best way that I know to ensure that protection surrounds your home for at least a year. I have known it leave a house unblemished while those nearby were severely damaged by a storm.

In practice, few houses are square, but for every home, it is easy to imagine an approximate square placed over the property; you can then pick four places that are roughly equidistant around the perimeter of your home. You work from inside the house, close to the walls, with your back to the room. If ornaments, tables and the like prevent you from reaching the wall, there is no harm, because you are aware of the wall.

To begin the ritual, you should perform the three core rituals, commencing with *The Circle Banishing*, then *The Body of Protection* followed by *The Illumination*.

Go to the first quarter (which can be any you choose), and look down at the book and focus your attention only on the black and white circles. Let your eyes move around these circles. As you do this, for about a minute, know that angelic protection is being called to your home. Imagine the wall before you being filled with angelic light that spreads through all the walls of the building, the floor, ceiling, and roof. Now speak the words that are printed below the sigil. Close your eyes to complete the ritual. The following day, repeat this in any other quarter of the house. Do this for four days in a row, covering each quarter, and then the home will be protected.

If you wish to repeat the ritual after a year, you may do so. The sigil appears below, with the names and Words of Power.




EE-HALVE-REH-AH-KUM
KASH-EM-AH-ULL
GUARD-ZEE-ELL
EE-EH-WHO
SHAH-FAH-HUT-EE-ELL

# Silence the Cruel

This ritual is not used when you casually wish to silence somebody for your convenience, but when blatant cruelty is making your life or the life of others, difficult and painful. It is not a curse or binding, but a way of taking the energy and malice away from somebody who is acting cruelly.

The ritual will not change the person on a fundamental level but will take the energy from their current attacks, and keep them quiet. It is especially useful when the cruelty comes in the form of violent words, gossip, and verbal attacks.

You do not need to know the person well, or even know their full name. You only need to have a personal awareness of who they are. As such, it can even be used on anonymous online trolls, for example, as well as people who are more directly and obviously in your life.

To begin the ritual, you should perform the three core rituals, commencing with *The Circle Banishing,* then *The Body of Protection* followed by *The Illumination*.

In the ritual itself, you do not speak any words. Instead, you focus on your feelings about the cruelty you are aware of. Keep your focus on the cruelty rather than the personality of the person in question. Focus on what they have done, while letting your eyes be drawn to the white ring within the two black rings. Gaze for about two minutes, while contemplating the cruelty. Close your eyes, and know the person you wish to silence has now become quiet and calm. Open your eyes, and the ritual is complete.

Perform the ritual once each day, at any time, for three consecutive days. No further repetition is required unless the person in question launches a renewed attack.

The sigil to silence the cruel appears on the following page.


אַזְאָ
יַאַהְזְוָאָה
מיכאל

# Charm Your Enemy

If you are suffering attacks in business, in your personal life or from some other enemy, fighting back can be less effective than working with charm. When you charm your enemy, you cause them to see you in a new light. Their hatred withers, their anger abates and all attacks cease. It is a near-instant form of angelic magick protection.

The history of magick is replete with curses and deflections, but hidden behind these, and not so well known, there are rituals as shrewd and innovative as this one. Charming your enemy may not be the most obvious way to approach a problem, but it is undeniably useful.

To begin the ritual, you should perform the three core rituals, commencing with *The Circle Banishing*, then *The Body of Protection* followed by *The Illumination*.

With the sigil before you, let your eyes be drawn to the white ring within the two black rings. As you look at this circular line of white, imagine the moment of your enemy's birth. Imagine a harmless baby, bathed in white light. Focus on this image, knowing it is your enemy, harmless and helpless, and keep your attention on feeling the gentleness of a baby. This is more effective than focusing on your anger or frustration or the evil acts you are subjected to. Gaze for about two minutes, while contemplating this awareness of your enemy as an infant. You are not belittling your enemy, but reaching to a time when that human being was innocent and in need. This feeling, when projected to the angels, and through them to your enemy, is the most effective charm I know. Close your eyes, and know the person you wish to charm has now become free of malice. Open your eyes, and the ritual is complete.

Perform the ritual once each day, at any time, for three consecutive days. This ritual does not need repeating unless there is a renewed attack or significant problem.

The sigil to charm your enemy appears on the following page.


וַוַ
יַהַוַוַהַ
מטטרון

**Emergency Protection** There are times when you want instant protection, but you are away from home, unable to perform a ritual. The protection in this ritual can be called upon whether you are in the middle of a disaster area, being approached by somebody malicious, or when you find yourself in any other kind of imminent danger. You should keep your attention on the real world and what you can do to save yourself, but if you can find a few seconds for magick, you can use this ritual.

To prepare the magick, you will need three days on which you can perform the preparation ritual. These do not have to be consecutive days, but you should get this all done within a month at the most. On each of the three days begin by performing the three core rituals, commencing with *The Circle Banishing,* then *The Body of Protection* followed by *The Illumination.*

The ritual itself is extremely simple. All you do is spend a few minutes gazing at the square sigil that appears later in this chapter, knowing that it connects you to the archangel Michael. After a few minutes of gazing you then say these words:

## YAHV-KAH

**VAH-KEY**

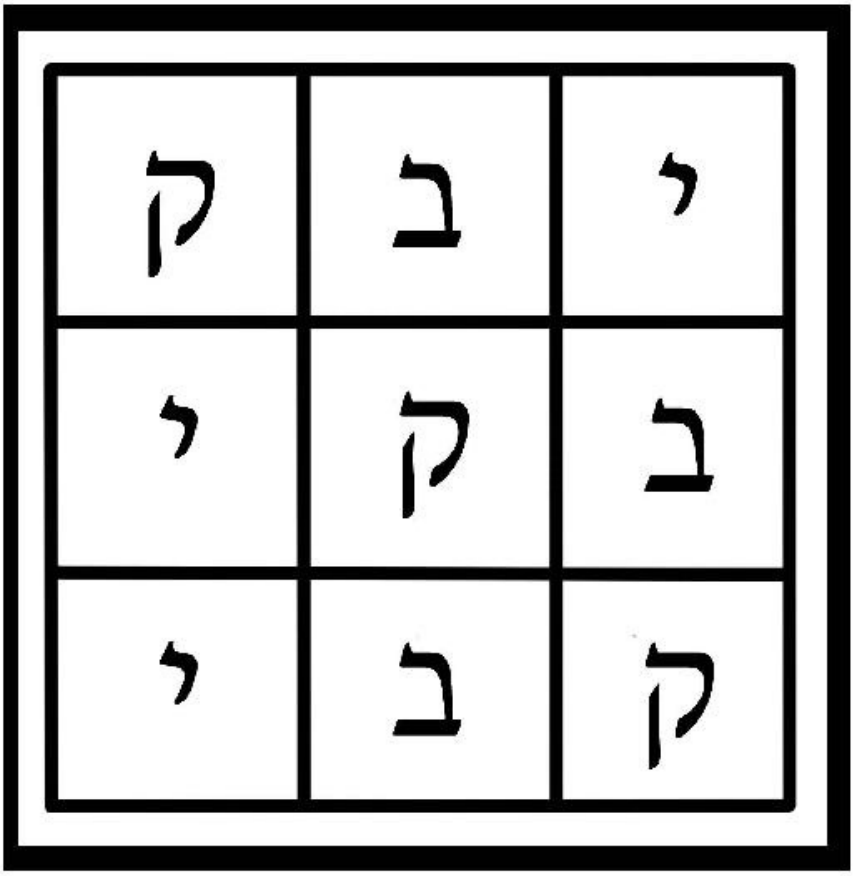
## KAW-VEE

Close your eyes and open them to complete the ritual. When you have done this for three days, you can call on Michael in an instant, merely by seeing

the danger and saying:

## EE-KAHV MEEK-AH-ELL

If you cannot remember this phrase it is unlikely to work, so you can practice saying it gently while gazing at the sigil. This will do no harm but will mean the phrase becomes familiar, so that you can call on it in a moment of emergency. I have emerged unscathed from many situations with this method. Some of these apparent miracles may have been down to coincidence, but I am sure that Michael secured my protection in most cases. The same can happen to you.




## YAHV-KAH

**VAH-KEY**

# KAW-VEE

## EE-KAHV MEEK-AH-ELL

**Protecting Others** If you feel that a friend could benefit from a particular ritual, and you know they would never perform magick, you can perform the ritual for them.

This does not apply to the core rituals of *The Body of Protection*, *The Circle Banishing* or *The Illumination*, because those are rituals that work on your connection to angelic power. It does not apply to *Freezing a Curse*, *Remove Entities and Attachments* or *Emergency Magick* because a personal involvement with the magick is required for those rituals. If you want to help somebody with *those* issues, encourage them to learn magick. For the other rituals, these are the adaptations you should make:

## A Shield Against Magick

If you suspect somebody you care about is subject to magickal influence, you can use *A Shield Against Magick*. Where it says, 'know that you wish to shield yourself against unwanted magick, and know that the shield is in place as you say these words', you change that so that you wish to shield your friend or loved one from unwanted magick, and know that the shield is in place for them. The shielding magick appears to work intelligently, letting you help somebody by keeping unwanted magick away.

## Diminish Violent Energy

This requires almost no adaptation because your focus is on the violent energy as you perceive it. If you have only witnessed it or heard about it from another person, you are still able to sense that violence and direct your magick toward it.

## Protect Your Home

To perform this for another person, you will need their knowledge, co-operation and willingness to let you perform the ritual in their home. If you do that - and it

is quite a commitment - it will work.

**Silence the Cruel and Charm Your Enemy**

These rituals need no adaptation because you can direct the magick at a particular person even if you are not the victim of their malice. You will get good results when using these rituals on behalf of another.

**Final Thoughts** I mentioned some of my source materials in the text, but there are many other sources, including the secret materials shared by one occultist with another. This practical magick is passed through secret societies, occult organizations and the like. Some of it is shared in this book. In such a landscape it is not possible to provide references for all my sources. If you have an interest in the workings of magick, there are posts on my website that cover the subject of source materials and magickal origins.

I would also like to thank you for buying an authorized version of this book. Copyright is a vital part of magick and only through ethical business practices will the best magick be shared with the public. Thank you for supporting the essence of the work by complying with copyright law.

Thank you for taking the time to read this book. I hope you are able to enjoy the benefits of magick by entering into the rituals with an open heart and an open mind. If you can do that, I trust that you will be duly protected.

*Ben Woodcroft*
**www.thepowerofmagick.com**

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