

THE BEAUTY OF VIRGINITY

Discovering The Hidden Treasures of Being a Virgin

Sam. O Salau

Students Self-Help Book Series (SSHBS) No: 16

Dedication

To all True Virgins,

Virgin in Words

Virgin in Deeds

Virgin Indeed

Endorsements

This book is a treasure that is highly invaluable to everyone and mainly the younger generation especially now that we are in an age where moral values are fast declining and virginity seen as old fashioned. It is an eye opener to the deceptions and lies about virginity, pains attached to losing it, benefits of keeping one's virginity and how to remain one. This book is highly educating, informative, inspiring and expository. I therefore recommend this book not only to young girls, teenagers and youth, but to everyone who is tired of having a sexually sick and depraved society.

Pastor Mrs Ajayeoba
Provincial Pastor: **RCCG, Province 37**

What a timely book written at a critical time like this, in an era where things are done upside down. Teenagers are promiscuous, let alone youths. The young virtuous ones are made to believe that virginity is a thing of the past and that no one keeps it, neither is it cherished even when kept, this is the deceit of the devil to lure young ones into the world of immoralities. Pastor Sam O Salau has done justice to the book by making everyone who keeps his/her virginity feels exactly good the way God and humanity feels about them. Every child needs it; it is a jewel of preservation of life. The book has saved us from talking too much on the virtue of purity, sanity and self-worth in our annual programs done for teenagers. I advise that it is a lamp that every home must have laid in the hands of their teenagers to light their path unto a good and Godly living.

Foluso Atilola,
Lead Consultant/ED: **Covenant Educational Consultancy**

This is a must-read for every young person who is a virgin and/or striving to stay sexually pure. It is very practical and insightful. It doesn't just expose the ills of premarital sex, it shows the way out; it gives hope to the despondent youth who thinks it's impossible to make it through. Unlike some other books on this topic, the author walks with the reader through the process; giving down-to-earth explanations and real-life solutions. The wordings are appropriate and the reader can feel the care and passion in the words of the author. Kudos sir! Thanks for writing this! It's a book I would advise all my teenage wards to read.

Adigun Oluwatimilehin
President: **Mine Teenage Ministry**

Sam O. Salau beautifully paints the truth on Virginity: the person you give your virginity to must deserve it. He/She must be your spouse on your wedding night. That is the only way to make it memorable because it is precious. Don't allow anyone to steal your virginity. This book is simply phenomenal. I recommend it to every child and parent.

Grace Festus
Coordinator: **When Singles Gather**

Foreword

I must confess without mincing words that the book “Beauty of Virginity” is a must read for everyone taking the journey towards adulthood. The book cut across all areas you would need answers to as a teenager or youth in five (5) solid chapters that would most definitely eradicate the moral decadence in our society.

The area of social-pressure, loneliness, music-videos, magazines, deceitful-friendship, vulnerability and even internet-misuse is well explained and tackled accordingly. The definition of virginity in this book got me captivated, Sam O Salau defines “virginity” as a state of remaining chaste and pure by abstaining from all forms of sexually related knowledge of a person's body parts, either with a member of the same sex or the opposite sex.

I can assure you that once you start reading this book you will get to understand that the way to purity is to willfully decide to keep yourself pure by making sexual abstinence your ultimate decision until you are married. Please note that this book does not condemn those who have lost their virginity but it also serves as an eye opener for them to retrace their footsteps and abstain from any sexual sin till marriage.

The writer also negate the ideology and the mentality you might have about the fact that a lot of ladies are getting sexually active by giving examples of well-known celebrity like “Celine Dion”, “Jessica Simpson”, and “Phoebe Kudrow” who remained virgins till they got married. In the most realistic sense “Sex” can only be enjoyed in marriage and not during courtship and it will also interest you to know that teenagers are among the largest and fastest growing group carrying STD's and AID's virus, so therefore I urge you to always remember this fact when you are thinking of giving in to someone's temptation to hand you what could be your death permit.

Please be careful and abstain from sexual sin because your future is far more precious than the sinful pleasure you might get from a night stand. I beseech you to read these book careful and absorb all the content for your personal use and also bless the life of your friends with a copy of this book.

Dcns Ruth Olubisi Ayeni
National President
Foursquare Women International (FWI) Nigeria

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Foluso Atilola,
Lead Consultant/Executive Director,
Covenant Educational Consultancy

Introduction

Years ago, young boys and girls who were not married were trained to always look down on their counterparts who had lost their virginity and were sexually active. The beauty and the dignity of virginity was highly extolled, appreciated, and rewarded, even on the wedding day.

Now, the story is different. Young adults who have lost theirs untimely and under the most unreasonable circumstances seem to be the most celebrated while those who hold on to theirs are fast becoming endangered species in our communities. Virgins now are mocked, embarrassed, molested and looked down upon. They are constantly pressured by peers to join their counterparts who have lost theirs.

The society is saturated with sex. So much emphasis is placed on immorality and promiscuity such that it looks as though it is the right thing to do. It is so broadcasted and encouraged everywhere that you cannot miss it. From the musicals, to the videos, the cover pages of magazines, the billboard adverts, and even to the clothes that some teenagers wear. And worst of all, to some religious houses!

In the pasts, so many cultures will go to the extent of making a public embarrassment of young girls who lost their virginity before their wedding nights. This is done *(not to make the boys feel they are free to do anything they like, since the girls will suffer the shame)* with the mindset that if the girls can hold jealously to their virginity, the boys, even if they want to mess around, will have no one to mess around with, and will therefore be forced to keep themselves pure till the glorious day.

What do we have these days? Boys and girls who have discovered their sexuality very early in life and do not feel any shame about it. This is the age of promiscuous living. Men from all nations, tribes, cultures, and civilizations are frantically doing all in their power to find more than enough excuses to justify premarital sex.

The society is not making matters any better. Although, premarital sex is not legally approved in many modern societies, however, the social media, technological advancement, and the pornographic industry have created ample privileges for young girls and boys to have very deep and close interactions. These interactions give them enough time together, and can lead to experimenting their sexuality by practicing the things they have seen both on the internet and on the television screens.

In essence, the present day youths and teenagers have become very sexually aggressive, and the earlier we reckon with this fact and take preventive

measures to guard against the sexual challenges of the day, the better for every one. These measures will make us become more restrictive in the way we conduct ourselves sexually.

Truly, virginity is meant to be lost, but the timing of the loss, coupled with the circumstances that surround it, and who it is being lost to, are as important as the act of the loss itself.

For the purpose of this write up, virginity will be defined as the state of remaining chaste and pure by abstaining from all forms of sexually related knowledge of a person’s body parts, either with a member of the same sex or the opposite sex.

Chapter One

WHY THEY LOST THEIR VIRGINITY

Reasons Why Young Adults Go Into Premarital Sex

Males, females, teenagers and young adults who lost their virginity before the right time, had reasons for losing this precious jewel. These reasons, at those times, sounded very reasonable and tenable to them, but overtime, they have come to discover that there is no reason good enough for them to let go of their virginity when the timing is not right.

Some of these reasons will be examined below. As you go through them, make up your mind that you will not fall for any of these excuses from any member of the opposite sex until you are sure that the timing is right and the personality is right.

EVERYONE IS DOING IT

One major reason why most young adults lose their virginity is because they believe the lie told by their wayward friends that everyone around them has lost theirs. This is a blatant lie. The reason why they say this is because they want to make you feel like a lonely person fighting a lost battle.

Do not be deceived that you are the only person who has not yet lost yours. You are not alone. You are not fighting a lost battle. You are not a one-man-army. You are not the only person around who has not been deflowered yet.

Do not let anyone convince you otherwise. Virgins, either males or females, are not endangered species. There are numerous people around, just like you, who are still as intact as God created them. There are billions of your age mates around the world, countless millions in your country, thousands in your state, and so many hundreds in your locality who still believe in what you believe in and will wait until the right time to do what has to be done.

It is a great deception to agree with them that all young adults are doing it. Even some very popular stars do not do it. Celine Dion kept her virginity till she married at 26. Jessica Simpson also stayed a virgin until she got married. She wore a purity ring which she received from her father, and she religiously kept her promise to him. Phoebe Lisa Kudrow, though always featured as wild, also remained single till she was 32, and she gave her husband her much preserved gift of her virginity on her wedding night. Andriana Lima married as a virgin at 27, and Taylor Swift as well. Your friends who are trying to convince you that being a virgin is a lack of opportunity need to come ask this globally famous

star. Do not be deceived, either by them or by the media, not everyone is doing it.

Virgins are not loners. The fact that you have not met many people of your age group who are still completely intact does not mean that everybody around is eating the forbidden fruit. They are everywhere: young boys and young ladies, in your classroom, in your school, in your church, in your neighborhood, they are everywhere around you.

The reason why you do not know them is the same reason why they do not know you. Everyone is shy to be proud of what naturally carries pride. This is the environment in which we have found ourselves. If all the virgins around: males and females, will have a common front, those who are disvirgined will hide their heads in shame. They will be too shocked to discover that, there are many more young adults who have kept themselves chaste and pure, than there are who are sleeping around shamelessly.

Virginity is not something to be ashamed of. Let no one despise you, being a virgin does not make you an object of pity, it is a thing to be celebrated. In fact, the reverse should be the order. The one who is not a virgin should be the object of sympathy for losing so quickly what should have been kept till the wedding night.

On the other hand, they may want to make you feel bad by saying that your spouse-to-be is already enjoying himself or herself out there, while you are here holding on to your purity. Do not feel cheated because of this. The good news is, since you have chosen to live your life the moral way, there are so many members of the opposite sex out there who also have made this same decision. Someday, you will find one of such who will cherish and respect you for this decision. Then, your waiting will be worth it. It will not be for nothing.

You should not encourage yourself to engage in any act that is against your personal belief simply because someone told you that everyone is doing it. How did the person know that everyone is doing it? What research did he conduct? How many questionnaires did he send out? How many respondents replied him? How did he collate the results of the hypothesis before postulating his theory?

Do not let anyone deceive you by just generalizing untrue information. Everyone is not doing it. If it really looks like everyone is doing it in your locality, you are just being myopic.

Even if it is confirmed that everyone is truly doing it in your neighbourhood, you can stand alone. Be on the side of what is right. Let those who want to do it do it and you be the odd one out. Before you know it, others around you will see you as a good example to emulate and will join you, and you

may soon become a leader to spearhead a new move in your neighbourhood.

HE CLAIMS TO LOVE ME AND I LOVE HIM TOO

So many young adults who do not know what love means always claim to love each other. All they know about love in their entire lives is what they read in a romantic novel, watched in a pornographic movie or heard from their mates, and in each of these cases, the two love birds had to sleep together because they are in love.

The fact that you are in love with a person is not a ready license to make love with the person. Falling in love does not mean you are matured enough to handle a relationship or that you are ripe enough for sex. Do not be fooled by love. Do not let your heart deceive you. There is a very thin line between love and infatuation, and it takes a very mature heart to know the boundary.

Ask yourself this sincere question, what does it mean to fall in love? If you give a sincere answer from your heart to this question, you will discover that loving someone practically has nothing to do with sleeping with them. If the two mean the same thing to you, then your reasoning has probably been corrupted by the wrong information you have been feeding on, and you will need a re-orientation.

Sex is not a casual one-night thing; it is much more than that. It involves genuine emotional, psychological, and physical attraction whose test of love is proven and confirmed on the wedding day.

IT IS A PROOF OF LOVE

Another common reason why most young adults lose their virginity is because they feel that sex is a proof of love. It is common to hear those in intimate relationships with members of the opposite sex say: *"if you love me, then show it"*. And the only way they expect you to show it is by giving up your virginity and sleeping around with them. This sounds very selfish! This statement does not always only come from the masculine to the feminine gender. The world is so bad now that even the female in the relationship, at times, place much more sexual demands on the males who have vowed to remain unmoved till the right time.

Sex is not the proof of love. It was never the proof of love before now and will never be in the ages to come. Who says sex is anyway? Only those who desire to get through your laps at all cost, and they will tell any lie, no matter how ridiculous it sounds, just to make sure you allow them.

The reality of life is that you do not love someone because of what the person does. You love someone because of who the person is, regardless of what

he or she does, or does not do. Basing the proof of love on what your partner can or cannot give is unrealistic. Love is not about what you can get from the other person, but what you can give out to the person. If all you are interested in is what you can get, then it is not love.

If your are in a relationship and your partner desires that you prove the genuineness of your love, and the only way demanded is sex, then what is expected is not just a proof of love, but a show of your foolishness. Know this for sure; no one has ever succeeded in tying down another person with sex. You may have a hold on the person for a while because he or she has access to the most intricate part of your body, but this will not last for long. He/she will soon get a better offer from someone else whenever he/she has had enough of you. This will happen because your relationship is outside marriage.

Please release such persons and let them go. No relationship is worth keeping, if the condition for its survival is to lay hold on your golden tulip. Do not sacrifice your virginity for love, it is not always worth it; such love is always temporal and you will soon be back to square one, no matter how much you try.

Whoever tells you again that sex is a proof of love, ask him to say that to a prostitute. He will be laughed to scorn. A prostitute sleeps with numerous men on daily basis but has no emotional attachment to any of them. She forgets about each one the moment he is done and prepares herself for the next client. Sleeping with someone you are not married to is actually not the proof of love but the absence of it.

Sex is not a proof of love. Patience should be a better proof of love. If you are in a relationship and actually love your partner, you will be patient until the right time. If your partner also loves you, she will also not put you under any sexual pressure until the right time. You both will be patient until the right time.

Patience and time always work together to prove things right or wrong. If you really love each other, time will prove it, because you will be patient for one another till the right time. So, patience is the real proof of love.

HELPING THE NEEDY/DESPERATE

Another related lie most young people believe is the urgent need for sex. Most teenagers and young adults have fallen for this accidentally. The one who is more sexually active of the duo can paint the impression of a desperado, as though something evil will happen to him or her if he does not have a member of the opposite sex to mess around with at that very moment.

Statements that will arouse pity from the other party may constantly be used so as to gain emotional support. Things like, *"Just this once and i won't disturb you again", "It is either now or never", "Why can not you be there for me when I need you most in my life". "I do not know what can happen to me if I*

do not have you now"

When you begin to hear statements like this, your natural reaction will be to want to help a friend who is desperately in need, especially if you do not want to lose the relationship. However, be careful, because these statements are just the beginning of a well thought out plan whose major aim is to achieve one singular purpose in your life, which is to ensure you lose your most guided possession, your V card.

The irony of it is even the fact that you sacrificed your virginity to appease the gods of their sexual urges and the fact that you yielded when in a seemingly sexually demanding moment, does not mean that they will always love you. You are only needed to cool their sexual temper and satisfy their sensual urge for that moment, and, once your tenure is over, you will be discarded into the archives of their lives like a useless blood soaked sanitary pad.

Sex may be seen as the icing on the cake in a relationship, but it is not the real cake. Relationships need much more than sex to survive. If there are issues in your relationship with your closest friend, the problem is not because sex is not involved and the solution will not be sleeping together.

If two of you can sit down to talk about it or seek counsel from older ethical friends, your eyes may be opened to what the real problem is. Once this is tackled, you can relate closer without seeing each other's pants. However, if you think the problem is sex, and both of you open your laps to each other, the problem will still surface over time, and then the inevitable will happen; you will ultimately lose your closest friend. Then you would have lost two major things in your life, your virginity and your friend.

IT WILL HELP YOU KNOW YOURSELF

Some teenagers erroneously believe that losing their virginity at a very early age in life will help them to get in touch with themselves. They believe that it will help them to know or understand themselves well enough.

This is not true. This only helps them activate the passive sexual stimuli in them, thereby making them desire more of such romantic experiences, and the result is exposure to more sexual dangers.

These sexual stimuli need not get activated until they are well matured and ready for use. It is not about its availability for use, it will always be available, but it is more importantly about its readiness for use, and this readiness, by God's standard, is confirmed by one thing - marriage.

It is just like having a brand new sim card pack without a phone. A wise man waits patiently until he has a cell phone he can call his own before activating it. A foolish man looks for any available phone around, borrows it for

a minute, and activates it without having a phone of his own.

Once this mistake is done, he needs to keep looking for people around whose phones he can always readily borrow for a minute so as to keep checking his text messages and keep recharging to avoid being disconnected from the network. The constant insertion and removal of the sim card wears off the microchip on the sim and it, in no time, will need a replacement. This is because it was not designed to serve multiple phones at the same time.

This is the same way sex is. Once you taste the forbidden fruit, you will always be attracted to it each time an opportunity presents itself to have a taste of it again. It takes greater discipline and determination to stay without it thereafter, than is needed to stay without it if you are still untouched. This is why it is called the forbidden fruit when tasted before the right time.

Come to think of it, it is so surprising what people are willing to believe. How on earth will losing your virginity help you to know yourself? Will it help you to discover your purpose in life? Will it help you to discover your academic ability? Will it help you to discover your gifts and talents? The answers to these are obvious. Losing your virginity, be you a male or a female, has nothing to do with the discovery of yourself! The only part of you it will open your eyes to is your sexuality; it will in no way help you to discover any real and reasonable thing about your life.

If you really desire to know yourself, losing your virginity is not an option. You can meet a counsellor around you who will take you through a self-discovery course, or get a copy of my book **MAKE MONEY WHILE IN SCHOOL**, it will help you a great deal.

IT IS OLD SCHOOL

Another reason which immoral teenagers and youths give to deceive their more sane fellows into losing their virginity is that virginity is no longer fashionable. They claim it used to be fashionable in the olden days, but that now, no one gives a damn.

This is far from the truth. Virginity is still as fashionable as it has always been. It has not and will not lose its dignity. People still gives lots of respect to young boys and girls who still protect their God-given sexuality. Even those who have lost theirs still respect them a lot, although they will not admit it publicly.

See it in this light: whatever is morally right can never become unfashionable. It used to be morally right not to steal in the olden days; it is still morally right today. It used to be morally right not to tell lies in the olden days; it is still morally right today. It used to be morally right to live a chaste life in the olden days; it is still morally right today.

Do not believe the lies you hear. Protecting your virginity is not “old school”. Just as bathing cannot clean the spots on a leopard's skin, so also today’s modernization cannot re-label what was morally good in the yesteryears.

Male or female, virginity is still very relevant in our age and time, just as it used to be generations before. No matter how corrupt and immoral the society may grow, there will never be a time when it no longer will be fashionable.

THERE IS NOTHING SPECIAL ABOUT VIRGINITY

This is also another lie that is being spread by those who have lost theirs so that others who are still keeping theirs can lose it cheaply. Do not buy their lies.

Why is so much noise being made about it if there is nothing special about keeping your virginity? Have you ever given this a thought? The kind of attention it generates each time it is being discussed, the kind of contribution people make to support their claims and puncture the arguments of others, the passion with which all concerned defend their stands and try to win other people to their side, all of these show that there is something really special about it. If there is really nothing special about it, why is everybody this concerned?

You will be surprised to discover that those who reduce its importance are those who lost theirs before time. They have become so used, overused, abused, and misused that they no longer appreciate its speciality. Those who gave theirs to the right persons at the right time will advice that you wait, not just for the right person alone, but also for the right moment.

If there is nothing special about it, then let those who are canvassing that others lose theirs keep their opinion to themselves. Below are some specialities about virginity:

1. The most sexually active organs are hidden in the most private parts of the body, jealously guarded and kept by the Master designer of the body structure.
2. For the females, it also comes with a Warranty Seal. Like all brand new packages, imagine written in small invisible letters on it, *“warranty void if seal is broken”*. This Warranty Seal is called The Hymen. No wonder, in some places, traditionally, once it is broken before the wedding night, the dowry is returned to the groom’s family.
3. No one likes to eat other people’s left over. No one likes to marry one who has been promiscuous. Given a choice, every sensible young lad will desire to marry a decent young lady, just like every sensible young lady will desire to marry a decent young lad.
4. Losing your virginity is a one-time experience and its best shared with one who will appreciate it for life.
5. It is the only wedding gift you can give to your spouse on your wedding night

that no other can give to him/her on that special occasion.

There are so many special things about virginity that time and space will not accommodate in just one book.

When next someone tells you there is nothing special about being a virgin, rather than let those words get at you and make you withdraw into your shell like a snail threatened by the presence of a snake, be bold enough to look at the person eyeball to eyeball and say, "*please keep your opinion to yourself, I am not interested in what you think about my state.*"

If you can summon enough courage to say this to two or more friends who are pop nosing into your life to ensure you become like they are, they will learn to keep away from you, and this will build your confidence the more.

THE PLEASURE OF THE MOMENT

Some people lost their virginity for the pleasure of the moment. They got carried away in a moment of ecstasy and so could not control their nerves until the glory of their sexuality was taken away from them. If most of these ones will, sincerely, make a genuine confession from their hearts to you, you will discover that they later regret their actions. They secretly wish it never happened because that day marked an irreversible turning point in their lives. What they thought was a momentary pleasure later became an eternal shame that cannot be wished away.

Momentary pleasure that carries with it perpetual displeasure is no pleasure at all. You must make a choice between instant pleasure that is brief and sweet, but carries with it a long lasting torment, and a chaste life now that will be rewarded with a long lasting life of pleasure. The choice is yours.

It is naturally human not to want to wait for the right time to enjoy the pleasures that rightly belong to us. This is because we want to *feel* what our mates are feeling; we want to *belong;* we want to be numbered among the *happening guys/girls* around. Man will rather enjoy today and suffer tomorrow than deprive himself of the unripe forbidden fruit today so that he can have a brighter and more colorful fruit tomorrow. The wise always wait. Only the foolish fall into such temptations!

It has been argued that of all pleasurable moments, the act of lovemaking is the peak of human excitements and climaxes his enjoyable experiences. This, however, is when done within the confinement allowed by the One whom it originated from. When done outside this confinement, it brings guilt, shame, hatred, regrets, bitterness, and self-pity.

There is nothing wrong with sex. It is pleasurable. God made it to be enjoyed. However, there is everything wrong with it when it is not done at the

right time. Your virginity is your most cherished possession and you sure do not want to lose it to someone who does not cherish or respect you. Learn to wait. The brief pleasure of the moment is nothing compared to the eternal enjoyment of marital bliss. Do not allow immediate gratification to hinder your future joy.

Did you ever steal meat from the pot while it was still cooking? The moment the hot piece of meat lands in your mouth, rather than enjoy every bite of it, it comes with some sharp pains, burns your tongue and gives you blisters in your mouth. It leaves you with more pain than pleasure. The stolen piece of meat has to be swallowed without being well eaten. This haste denies one the maximal pleasure one would have derived from the stolen piece of meat if it had been eaten in the presence of all, on a dining table. The experience would have surely been better if you had waited until the meat was served at the right time.

This is the reason why every young adult is encouraged to wait for the right time, and the right person to catch the right pleasure. There are other forms of pleasure you can still catch now that are not sexually related, and that will not make it look as though you are missing the hot piece of meat which your mates are stealing from the cooking pot.

YOU MISS THE FUN

Another excuse is that holding on to your virginity will make you miss out on all the fun your mates are catching now. This also is not true. Catching fun is not all about having sex. The synonym for sex has never been and will never be fun.

The truth is that you are not being short-changed by holding onto your virginity. Preserving your virginity does not mean you are cheating yourself out of life's greatest pleasures, but it could mean preserving yourself from one of life's greatest calamities, which is, giving your most priced possession to one who will not value it.

You can still catch the best of fun without having to undertake any sexual exploration. For example, you can dress and still look trendy without looking sensual. You can have multiple friends among members of the opposite sex without getting too close for comfort with any of them in particular. You can fill your time with outdoor sports, indoor games, table games, or computer games without abusing your body. You can develop a hidden talent or potential.

You miss no fun being a virgin; the opposite is a lie to deceive you. Sex is not all the fun there is in life. Young adults who got themselves into relationships because of the pleasures of sex always find out, though too late, that the real fun in life is discovering what destiny you are designed to fulfil and doing your best to fulfil it. This is the real fun life has to offer.

For your mates who think it is all about sex, you need not go out of your

way to convince them otherwise. The sexual fantasies will soon wane and their eyes will soon be clear. Then, it will be too late. Hoping to catch fun through sex outside marriage is an unreasonable idea that generates unrealistic expectations. These always lead to high-level frustrations and unrivalled disappointments on the long run.

TO GAIN EXPERIENCE IN PREPARATION FOR MARRIAGE

Another argument is experience or sexual compatibility. People claim they need the experience in order to prepare them ahead for the expectations of marriage. Their defence is that people who are new at a thing are really bad at it the first time. So they need to learn how to be better at it before the wedding night so that they will not be seen as learners or first-timers on the appointed day.

This also is not true. You need no prior experience to become better with regard to this issue. God did not create human beings to window shop for sexual experiences through erotic escapades. Indeed, if what you really desire is experience, maybe you should not only consider losing your virginity alone. You should go a step further and become a professional sex hawker, a whore, a slut, or a prostitute, since that is the only way to get all of the 'needed experience.'

There are several couples who married as virgins and no one ever heard them quarrelling with one another on their wedding nights simply because they did not know what to do with themselves. Some things in life are not taught, they are learnt naturally by intuition. No one teaches a day old baby how to suck the breast, he just happens to know it by instinct. It is not meant to be taught.

So it is with sex once you are married. You are a better married man/woman without the experiences that requires physical engagement with another before marriage. Trying to get these prior experiences will only make you live a very loose life, since there is no single sex-lecturer who will offer to give you all you need to know about it.

If your fear is connected to having sexual satisfaction in marriage, then put your mind at rest. All the experience you will ever need will come by intuition at the right time. Have you ever bothered to ask yourself who taught Adam and Eve how to go about it on their first night together, since they were the first couple on earth and had no pornographic video to watch or bed-mates to experiment with? Still, they did it right. If they did not, they would not have given birth to Cain and Abel.

Sourcing for experience will do you more harm than good. This is because man was not created to have any experience in this regard. Sexual experience, if finally gotten, will make you place an unrealistic demand on your

spouse, who may not have had all of the sexual experiences you have had. This may lead to lack of fulfilment in the sexual relationship of a couple, and may become the foundation for infidelity in the marriage.

If both parties in a marriage relationship keep themselves chaste before their wedding night, the peak of their expectations will be the best that each of them has to offer, both having no prior experience to compare the other with. Each party accepts what the other has to offer as the standard of all expectations. However, if one party has had a load of experiences with a couple of persons before marriage, there already exist benchmarks of expectations, which if not met, may lead to dissatisfaction. This dissatisfaction will be as a result of an unjust and biased comparism of the partner with previous sex-mates. This will create an urge which may later develop into sexual covetousness, and ultimately marital unfaithfulness. This is the major reason for divorce in marriages today.

Premarital sex prepares no one in advance for a happy sexual life in marriage. It only gives a temporary sensual pleasure that the parties may misconstrue to be real love, thereby blinding them to the real situation of the relationship. This is why people say *'love is blind, but marriage is an eye opener'*.

If your headache is sexual compatibility, what makes you think that if you are compatible today, you still will be compatible in five, or ten, or twenty years' to come? The foundation for sexual happiness in marriage is trust, faithfulness, constant communication between the parties, contentment with what is available, and, fear of God.

FEAR OF HEALTH COMPLICATION

It is also commonly broadcasted in some quarters that when a lady does not lose her virginity or break her hymen early in life, it increases her chances of encountering some health challenges later in life. Some people say it exposes her to fibroid and some others claim that it makes child delivery difficult, while some others say it affects her cycle of menstruation and makes it a painful experience.

There is no truth in any of these. Keeping your virginity does not make you susceptible to diseases. Fibroid has no relationship with how early or late you start sexual activity. All of these are myths told by sex-hungry men just to make you bow to their sexual demands. In fact, the opposite is true; there are no health advantages to being sexually active early in life. Early engagement in sexual activity can expose you to many health problems.

All these fabrications are just fables that cannot be proven both medically and scientifically. They are lies to make some people lose their virginity. You do

not experience any negative health complication as a result of the preservation of your virginity. On the other hand, it is those who lose theirs early in life that are likely to face some health complications. These health complications are discussed in a later chapter.

So, whenever someone around you mentions any of these health challenges that they acclaim either masculine or feminine virgins go through, it will just be obvious to you how ignorant such a person is.

IT IS NOT AS PAINFUL AS THEY SAY IT IS

Your devourer, the one who intends to steal your virginity, may promise you that it won't hurt you. He may claim to be so good at it that he could handle you in such a way that your first experience will be painless and enjoyable. This may be true, and it may also not be true, depending on your physiological composition. Ladies may experience some pains in their first episode while the guys may feel no physical discomfort.

However, the issue is not whether or not it hurts but whether or not it is right. This statement is meant to distract you from the main issue, which is the rightness of the action in question. The question is not about the level of pain you will feel once the action is in progress, but it is about whether you should engage in the action or not in the first place.

Most people who claim it does not hurt think of the physical pain alone. They are always quick to assume that since sex is a physical action, the extent of damage can only be quantified in the physical. But sex goes beyond the physical into the emotions and, somehow, affects the spiritual. The physical pain may look insignificant, but the emotional pain is much greater.

The duration of this pain is also of significant note. The physical pain is instant and heals in a few days, but the emotional pain hardly gets healed for life.

Space here will not be limited to mention the pains. Some of these pains are discussed extensively in the following chapter.

The truth is, for a girl/lady, the first experience is usually painful; whether you do it now or later. The best is to do it under the confinements of marriage where your partner can cherish the pain. You will even find it pleasurable to experience the pain for and with your husband. You cannot imagine how wonderful it is,

PARENTAL PRESSURE

One reason why some people get disvirgined before marriage is because of pressure from either their own family or that of the spouse in order to test their reproductive ability before the wedding day. This is done for fear that one party

may not be able to reproduce or have a child after marriage.

Genuine as this excuse may sound, it is not even enough excuse to lose your virginity. If the other party is so emphatic about this, then it is obvious that what he wants is a child, not you. If there is genuine love between the two parties, child or no child, the love you both share will be untainted.

Do not allow yourself to be bought over by this excuse. There are people who were pregnant before marriage but lost it immediately after, and have not gotten another since then. There are numerous others who trusted God and kept their purity until marriage and God honoured their faith.

If you trust God, who alone can enable pregnancy and see it through to delivery time, you will do things the way He desires them to be done. If you decide to neglect God and do it your own way today in order to please some family members, remember someday, you will still need Him at the end of the journey.

PROMISE OF MARRIAGE

One other common excuse is the promise of marriage. Teenagers and youths are quick to say, *"… Since we have promised to marry each other, why can not we sleep with each another". "… If you are sure you are reserving yourself for me, why can not I have you now"*.

This is another high level of deception. What makes you think that the other party will keep to this promise? He is human, and human beings change! There have been reports of cases of young adults who made marital promises to each other but failed to keep their words later on in life. There are even cases of those who took it a step further and covenanted with one another to marry each other in the future but still failed to keep to the covenant. So, be careful.

Promise of marriage from a friend is not enough to give your self to him/her. People change with time. Your closest friend today may not be your closest friend tomorrow, and if you let him or her have today what you cannot take back tomorrow, you will be at the losing end if the unexpected eventually happens.

Only God makes promises that do not fail. People will always fail. So, please keep your virginity. Do not allow any daughter of Belial or son of Beelzebub use sweet words to deny you what you have jealously guarded for years. Always put the statement in the right perspective. You are not reserving yourself for the boy or the girl in your life now; you are reserving yourself for the man or woman who will be lucky enough to be by your bed side on your wedding night. If he or she desires to be that lucky man or woman, (s)he will hold onto the promise and wait till the right time. If not, the right man who will

wait will come at the right time.

Besides being a type of deception, it is also a show of shallow reasoning. If the other party can afford to keep to the promise, what makes you think you will want to keep to it in the nearest future? What if you meet another person who has better qualities than this present one and you become disinterested in this present offer?

You cannot begin to determine some vital things about the far future at this early stage. You do not even know all about yourself yet. You do not know if your preferences and your tastes tomorrow will be different from what they are now. Focus more on what is important in your life now. Your academics, your talents, your career, your relationship with God, and your immediate family members are issues you should devote more time to now, and not thoughts about marriage, when you still have close to a decade before you are really ready for it.

THREATS TO QUIT IF I DO NOT

It is common place to find one party in an intimate friendship threatening to quit the relationship simply because the other party is not cooperating to satisfy the other's lustful desires. This should not be a problem.

The first thing to note here is that it does not make much sense to displease yourself in order to please someone who cannot displease himself to please you. If he/she is really committed to you, and is very much interested in you, he/she will stay with you, and will wait for you until you are ready for sexual acts. If he/she is threatening to quit, both parties will be the better for it. Just as the popular saying, *winners do not quit*, it simply means he is not your winner. Good riddance to bad rubbish they say. Whoever cannot wait until you are ready for it should vanish.

If you are a female and you think obliging a male his request for sex will make the relationship stronger, you will need to have a rethink. No lady has ever been able to tie a man to her apron with sex. If, by whatever means, you erroneously thinks you have succeeded in imprisoning the man in your sex cage, you will soon find out that this cage has no latch and that the man can only remain there for as long as he chooses to. At any time, he can fly out and try other cages around.

Pre-marital sex is deceptive. It gets you more confused than you really are. It makes you think you are closer than you actually are, and makes you feel you love the person much more than you really do. It beclouds your sense of reasoning and makes you think that the person is the best thing that has ever happened to you. It will be too late for you when you finally discover that you have not succeeded in caging the other person but have actually caged yourself.

Whoever wants to walk out of a relationship should be allowed to, and should not be forced to stay, especially if they think that the only thing that can keep them is sex. Do not feel bad that you have to lose such a person. If your friend decides to jilt you because you refuse to have sex, that will be a good way to quit the relationship. It means he never really loved you in the first place. He just wanted someone to use and dump, and since you are not available to be used, you can as well be dumped in search of an easier catch.

If you are in a courtship that is intended to lead to marriage and your partner constantly troubles you, demanding for sex, then you should know that that partner is a SID (Sexually Impatient Dog). You may see nothing wrong with this now, but wait till both of you are married and one party has to travel for a few weeks, it is then you will know that you are in the wrong hands.

IF IT IS AGAINST YOUR BELIEF, WE WILL ASK FOR FORGIVENESS OF SIN

This is another common statement from young adults who do not have the fear of God again. This is like taking God for granted. Why will you wilfully commit sin and expect God to cheerfully forgive you?

Once you identify an action as sinful, it is better not to engage in it than to console yourself with the fact that you can ask for forgiveness of sin. Intentionally deciding to sin with the confidence of asking for forgiveness after the sin is committed is not a good Christian spirit.

Anything can happen! What if you do not live long enough to ask for the forgiveness? What if you ask for forgiveness and you are denied? What if something bad happens during the action, say, you contact a sexually transmitted disease? Though God may forgive your sins, but you will still have to live the rest of your life with the consequence of your actions.

Do not let anyone cause you to go beyond your boundary and step on God's toes because of the few minutes of lustful enjoyment they desire. Hold on to your faith irrespective of what they say. It is better to be on God's side, than to be in His black book.

NOBODY WILL KNOW IF WE DO IT

Another way to lure you to bed is the promise of secrecy. *"I will keep it secret" "I won't tell anyone about it"* the other party seems to say, as though the issue is about who knows and who does not.

Things should be put in the right perspective. If the action is wrong, why do it in the first place? What you do not want people to know, you do not engage in. What you think is a secret between the two of you may become open

knowledge to the whole community someday. That is, if they do not know about it that same day and simply stay silent since it is supposed to be a secret.

All ladies need to know this: the only man who should be given the singular honour to have a carnal knowledge of you in the privacy of his room is the one who will publicly put a ring on your middle finger in the presence of your parents, and he is not allowed to do the former until he has done the latter.

Do not be encouraged to do what is wrong because of the promise of secrecy. Whether it is done in the public glare or in the privacy of a friend's room, or somewhere hidden, what is wrong is wrong and should not be done at all. Even if you succeed in keeping it a secret from all men for life, there is Someone who sees all the intents of a man's heart and knows what is done in secret; He will reward you accordingly. So, be careful what you do in secret.

CONCLUSION

Young adults should be made to understand that sex alone does not make a relationship stronger. Let no one deceive you by advising you to take your friendship or your relationship to the next level. The next level is not the same level as the sex level. Let your understanding be opened. Widen your horizon and come to terms with the truth and reality.

These are just some of the reasons some cool headed young adults with good upbringing and moral values were given by their 'trusted intimate friends' and they bought into it, only to regret it for life. Be careful who you trust; the devil was once an angel.

You also will need to be very careful about what you believe from the opposite sex.

Chapter Two

DANGERS OF PREMARITAL SEX

Having discussed reasons which teenagers and young adults always give or receive in order to engage in premarital sex, in this chapter, we will look at reasons why you should not engage in it.

SEX REDUCES YOU TO A TOY

Those who beg to see what lies in between your thighs will not tell you this: Sex reduces you to a sex object. Once you taste your first sexual experience, the desire to have a repeat performance of the same from time to time is automatically activated. This stimulated sexual appetite makes you vulnerable to every proposal from members of the opposite sex. The more you get, the more you are likely to desire until you begin to sleep around with everyone that cares to.

This desire in itself is neither ungodly nor demonic. It was created by God, but with a condition; it is only allowed within the boundary of marriage. Such that if your first sexual encounter is on your wedding night, each time the desire rises, your spouse is always beside you to share your affection. If you decide to have a taste of this experience before marriage, be you a young man or woman, you put yourself in a difficult situation where you become 'cheap meat' in the hands of any good looking person that comes around you, as long as they can speak a few enticing words that will arouse your emotion.

Sex is not just the act of using the other person for self-gratification: This is what early sex reduces you to! It turns your body into an amusement park where anyone and everyone can catch fun at will. You become a playground where everyone goes to in order to catch some fun whenever they need to relax.

This is why God designed it that your first experience will be within the confinement of marriage, so that once the sexual desire is triggered, you have a partner beside you who has legal approval to satisfy your appetite.

Do not reduce yourself to a sex toy; it is a dangerous thing to be. Preserve your self.

DEALING WITH A STRANGER

Ask young men or young women who sleep around in your school, and you will discover that, most times, they have to deal with complete strangers, people they have very little or no knowledge about.

Even if you have been friends with someone for some time, you really may not know the other party as much as you think you do. Once there is sexual contact, the time needed to intimate yourselves and familiarize with each other is spent consolidating on the previous sexual experience. The values, standards and the ideals of the other party are no longer important. All that is important is just the sex sessions.

In no time, one becomes a sex toy to the other. They may be tempted to think that they know more of each other since they meet from time to time to discuss, but more often than not, what they know of each other are just peripherals, since all they do is just bodily exploration of one another. Rather than being knitted together in both their spirit and soul, they get knitted together only in bodily form.

This is why, most of the time, most people who lose their virginity before marriage do not end up getting married to the one they lost it to. The reason is this, sometime along the way, one party's eyes become opened to see that they really do not share the same values as they thought, and the relationship gets broken. It is at this point that both parties discover that they have been dealing with a complete stranger all along. All they know is just the body, not the spirit or the soul of the person.

There are too many things one is supposed to know about another person than their sexual performance. You do not how the person relates with his siblings, what his friends think of him, how serious he is with God, how he handles monetary matters, his reactions under pressure, crisis management skills, financial management ability, leadership skills, and all of that.

If all you know is just the sexual ability, you are in for a problem. Judging a person or keeping a relationship with a person singularly because of the person's performance ability under the bed sheets is quite ridiculous. Leaving sex out of your intimate relationship truly allows you time to learn more about the person you are dealing with, so that you can decide if you really want to keep close to the person or not.

SAVES YOU FROM HEARTACHES

Your determination to live a chaste and pure life will save you a lot of headaches and heartaches. Paramount among them is a broken heart. When a young man engages in a sexual relationship with a young woman, they both become connected mentally, psychologically and emotionally. Unknown to most of them, a soul tie is created between them.

If anything happens in the relationship and one of the parties decides to quit, the other party suffers a heartbreak! Most times, the 'leaving' party does not

consider the emotional trauma that the 'staying' party with a broken heart is going to be subjected to. So the party with a broken heart is left to singlehandedly go through the psychological and emotional trauma of a broken heart.

This has made so many young people take many stupid decisions in life. Some of the craziest decisions that have risen from such heartbreaks are:

1. SUICIDE

Some commit suicide. They take their own lives because they feel there is nothing worth living for anymore since they have lost the only person they feel understands them in the world. They can not imagine that someone they trust so much will desert them for another person, and so they end their own lives untimely. What a wasted life!

2. MURDER

Some have their hands stained with blood. They commit murder by taking the life of the new lover whom their former lover has found. They feel they cannot stand having to see someone else share the person they love. Some people even prefer to take the life of the ex-lover; if they cannot have him/her, no one else should.

3. CELIBACY

Some decide never to marry again in life. This is because they believe there is no true love anywhere in the world, since they tested one and failed at it. These ones always claim *"All men are the same"* or *"All women are the same"*. This statement is not true. It is just based on the past experiences they have had with one or two people.

4. REVENGE

Some others take very destructive actions, either against themselves, their loved ones, or the intruder in the relationship. We have heard stories of young adults fighting openly over a member of the opposite sex. There are even cases of people baptizing one another with acid. These things can be avoided.

All these wrong actions and conclusions are as a result of young people embarking too early on something they could have waited for the right time for. If you do not want to fall into the same spirit of error, keep your virginity, it has lots of reward.

STD

STD's are Sexually Transmitted Diseases. These are diseases transferred

from one party to another during sexual intercourse. They include Syphilis, Gonorrhea, AIDS, and HIV.

Some of these diseases are deadly and can terminate lives untimely. The others can cause some parts of the human body to be ineffective for life. This is why you must abstain from premarital sex.

Some people have argued that when you take some necessary precautions, you will be able to completely guard yourself against contacting these diseases. One of these measures which they encourage is the use of condoms. However, medical experts have been able to prove that condoms, though good, are not 100% safe. It may not be able to completely safeguard you from the challenges of premarital sex. So, be careful.

PREGNANCY

One very major problem of premarital sex is unwanted pregnancy. It is termed unwanted because it will come at a time when you really do not want or need it. You may think you are so smart in your ways or that you know every possible means to guard against it pregnancy. However, things can turn in the direction you are not expecting, and you just find out that, in your early age, you are already pregnant if you are a female, or that you have impregnated a girl if you are a male.

This can make you a laughing stock in your school, neighborhood and your immediate community. It can bring shame and disgrace to both you and your immediate family. You just imagine how your mother would feel to hear the news about this pregnancy, or how your father will react to it. You can be sure it will not be a thing to jubilate over in the family, especially at this time that you have not concluded your primary academic pursuit.

For the young ladies, it is not a very palatable experience being pregnant while in school. So, this will put some pressure on your education for now. Even if you think you are physically strong and can cope with both school activities and the pregnancy, some schools will not allow you access to their classrooms in that state. They may advice you to go deliver your baby first before continuing with school.

This may put a temporary halt or a permanent stop to your academic pursuit. To some, it will be two wasted years of break from their academics. The first year (or nine months thereabout) is to carry the pregnancy to term, while the second year will be to wean the child, after which they can resume school. Too bad! At this time, they will be two years behind their age mates in school, and will be classmates with their younger ones. You sure do not want that to happen to you.

For some others, this will be the final episode of their academic pursuit as they may never ever get another opportunity to return to school. They jeopardize their future by themselves through some moments of enjoyment. What a great sacrifice to pay for a few moments of pleasure.

If you live a chaste life, you will never have to bother with unwanted pregnancy. The only virgin about whom it was prophesied that will be pregnant without having sexual intercourse has since fulfilled the prophecy and given birth to Jesus Christ our Lord. Every other pregnancy since then came as a result of a male and a female having a sexual knowledge of each other.

If you do not engage in such sexual knowledge or anything related to it, you will not need to bother about whether or not you are pregnant, or be scared that a lady will come to tell you the most dreaded statement of wayward boys "*I missed my period*". Your mind will be at rest, since you know that you cannot have a result in an examination which you did not write. It is impossible.

Do not let sex turn you into a mother until love has turned you into a wife.

ABORTION

A common way of escape for those who finds themselves in this birdcage of unwanted pregnancy is abortion. The first advice your mates will give you is to abort it before anyone gets to know about it. They will even tell you not to let your parents hear a word about it. They will encourage you to keep it as secret as possible until the abortion plan is perfected and hatched, so as to cover up the public shame.

This advice may come from a 'so-called' sincere heart that shows love and concern for you, but it is not the best for you. Whoever gives you such advice has refused to put into consideration the fact that the process of abortion can tamper with your vital reproductive organs and this can cause you to be barren for life. It can even lead to an untimely death. Uncountable stories abound of ladies who have done abortion and bled to death. This may be due to medical mismanagement or personal carelessness.

This is because you are still young and your organs are still tender and soft, therefore, complications can arise if not well handled by an experienced personnel, who is trusted by your parents, and who is authorized by the government. This is why you must make sure you carry your parents along if you mistakenly fall into this error. However, it is better not to fall into it, than to start crying after the milk is spilled. Prevention is better, and safer, than cure.

Lastly, you need to know that abortion is a grievous sin before God. Even if you succeed with the abortion without any complications, you would have

succeeded in committing the sin of murder of an unborn child, in addition to the sin on ground – fornication.

EXPOSURE TO DANGEROUS CONTRACEPTIVES

The world is advancing by the day, and wayward friends will try to convince you that you do not have to carry any pregnancy if you do not want to. They will introduce you to different drugs and objects that you could use to prevent pregnancy.

Some of these are affordable because they are natural methods used in the olden days, but they are not medically approved in recent times because they come with dire side effects that could be deadly if not carefully applied with all caution.

The medically approved ones cost more money, and paying for these with your meager pocket money from time to time can drill a huge hole in your pocket. This could make you run out of cash constantly as money that should be used for more important purposes is expended on trivial issues.

Besides the financial implications, some of these medically approved drugs also have their side effects when not used according to prescriptions. There is a limit to their usage. When overused or abused, they also may have some damaging effects on your reproductive organs and these may not be noticeable now until you start child bearing, a case of saving the trouble for another day.

EMERGENCY PARENTHOOD

Another challenge is being forced to start a family before you are ready to. Truly, everyman plans to be a father at a particular time in his lifetime, just as every woman plans to be a mother someday, however, their plans are meant to manifest sometime in the future and not in the immediate.

Engaging in premarital sex can cut such plans short and force you to start an emergency family. Once a lady mistakenly gets impregnated and it is medically proven to be unsafe for her to abort, or illegal in her country or her religion to engage in abortion, the lady automatically becomes an emergency mother, and the partner in crime, the boy becomes a father, irrespective of their ages at the time of the childbirth. Sad to admit, so many young adults have started their families this way, impromptu and unplanned.

Starting a family this way can be devastating. Most of the time, there is no elaborate wedding to celebrate the new union. Even if the family members insist on a magnificent wedding ceremony, there is a certain unpronounced mood

in the atmosphere that takes the real joy out of the day.

Besides the hastily packaged wedding ceremony, the new family will be started on a wrong foundation. Two unprepared young adults, who know practically nothing about life, little about themselves, and about the same level of information on how to cope with a spouse and build a successful home, coming together to embark on a life long journey, a journey of no return, is such a very scary thought. This is one of the reasons why the rate of divorce is on the increase globally.

For young adults who are determined not to defile themselves and who choose to wait for the right time to get married, the society, or the church always organizes a three to six months compulsory counseling class for the duo in order to open their eyes to the challenges they are likely to face when they start living together as husband and wife. If therefore, someone is forced to undertake such challenges prematurely, and without the necessary preparatory classes, then little success should be expected from such a union.

SINGLE PARENTAGE

The families can agree that they do not want any abortion and both parties should go their separate ways. In this case, the young lady is allowed to give birth to the baby but not to continue her relationship with the father of the baby.

This allows the two of them to continue with their separate lives as though nothing has happened. The parents and the society would expect that after the delivery of the baby, the three (father, mother & child) will live their normal lives again, but this seldom is the case.

The young father and the mother will live apart as single parents, with all or some of the responsibilities of child rearing being shouldered by them at such a very early age. This puts so much pressure and stress on the two of them as they can no longer live like their age mates'. They have already put themselves in bondage.

As the child grows by the day, it becomes increasingly difficult for each of them to sustain a real relationship that will mature into marriage with another party, since the issue of the child they have had out of wedlock keeps coming up, no matter how much they try to cover it. All things being equal, no young man with a promising future really desires to marry a lady who had given birth before. So also, no young lady wants to willfully marry a man who has a child already from another woman. The child now becomes a clog in their wheel of marital progress. It is not as though it is practically impossible for them to marry normally again, but it will take much more from them than if they were still single.

If they successfully conceal the information from the new partner before the marriage, at whatever point the secret is revealed, the revelation always threatens the marriage with divorce, and only very few people have been able to manage such situations successfully.

The child also grows up in an abnormal family. Since he would be raised by a single parent from babyhood, his perception of family life will surely be distorted. It is even possible that growing up may be tough for him because he will be denied some amenities of life which his mates who grew up in normal families would have access to. He is likely to have low grades in school work, drop out of school midway without graduating, and stand a high chance of being abused sexually, physically and other wise. He, most likely, will also be neglected.

If the parents are lucky enough to find someone to marry later on in life, the child will have to either live with a foster parent or step parent. This will put an innocent child through undue stress, simply because of few minutes of indiscipline and uncontrolled emotions from his separated parents. Very few of such children, when they eventually grow up and are lucky to be prospered by God, are willing to forgive their parents. It is not their fault; you may do worse if you were in their shoes.

Chapter Three

WHY YOU MUST PRESERVE YOUR VIRGINITY

A DESIRE TO HAVE A GLORIOUS FIRST-TIME EXPERIENCE

Losing your virginity is a once-in-a-life-time experience and so should be treated as such, with so much celebrations and fun fare, it deserves nothing less.

Just as you would desire to throw a party to celebrate your convocation from the University, or to mark the christening of your first child when the time comes, because they are notable achievements in your life that comes just once in a life time, so also your *Disvirginity Day;* it is worth celebrating.

You can never forget your first experience of sexual intercourse. So you need to do it with someone very special. The only way to celebrate it is to wait for the day it is meant to be celebrated, which is your wedding day, and not in the corner of a room with a guy who does not know what his future holds yet, or at the back of a car with a girl who is just fantasizing about your giftings, talents and abilities.

Let your wedding night be an unforgettable experience for both you and your spouse. When you wait till the date it is meant to be celebrated, everybody will celebrate with you, and you will be glad you did. Beside everyone celebrating with you, your spouse will also celebrate with you on a special note that night. It will indeed be a memorable day for you. If you have quietly done it in one corner before then, others may celebrate it with you publicly, but there will be no special thing to celebrate with your spouse that night, the icing on the cake is already gone.

If you desire to have a glorious first-time experience, wait for the right time.

IT IS DISOBEDIENCE TO GOD

Since it has been established that the marriage institution was established by God, and that sex is only allowed within the confines of marriage, rearranging such divine order should be seen as intentionally flouting divinely constituted ordinations.

If God says it is meant for the married, and you decide to engage in it while you are unmarried, such an act of disobedience will not go unpunished by God. In biblical times, those who engaged in such earned very weighty punishments like being burnt alive or stoned to death. You may not be tied to a stake and be burnt to death in this modern age, but just like every constituted

authority punishes its law breaker, God has a way of making you pay for this disobedience, either now or later.

He may decide to give you an instant on-the-spot punishment, or wait till a later date before He unleashes His anger, but one thing is sure, no sinner will go unpunished. If you want to be in God's good book, then you better do what will make Him continually happy with you. If not, you may have yourself to blame.

IT SHOWS YOU ARE DISCIPLINED

Keeping your virginity will show to your spouse that you are a very disciplined person with good strength of character, and that you can patiently control your emotions even under seriously heated pressures.

Not all young men or women can do that. So many will break down with slight sexual pressure from a member of the opposite sex and before they recover their senses, the unexpected would have happened. To have remained a virgin up till now, despite the strong desires and emotional pressures you have to battle with on daily basis, shows that you are a strong specie. Forget those who call themselves big boys and big girls around you. You are the real big boy here. You are the real big girl.

The good news is that if you are strong enough to keep it till now, you are strong enough to keep it till the right time. What it takes to keep it till the right time is not much more demanding than what it took to get you here. So there is no cause for alarm.

Secondly, if you have been able to discipline yourself in this area of your life with this much level of success, it shows that if you are really determined to, you can discipline yourself in any other area of your life and still achieve a very high level of success. If you are disciplined enough to withstand sexual pressure, you can withstand almost every other pressure, if you so desire.

This is another goodnews for you. You can make up your mind to be successful in life. You can determine to be the best student in your class, department, faculty, or neighbourhood. You may even desire to be the best employee in your working place, or the best employer in your field of endeavour. If you face it with the same level of discipline that helped you maintain your virginity till now, you will achieve it.

IT IS WORTH WAITING FOR

Why would one be in a haste to do what he will still have the whole time in the world to do unchallenged? Why will you quietly steal what is meant for you? If it is yours, it is yours. You only have to wait till the right time to have it.

Everyone who ever tasted an unripe fruit (say pawpaw) will tell you that there is no special joy derived in taking unripe fruits; the real delight is in taking the ripe fruits. That is the same fate that awaits people who are running after sex before marriage. Sad enough, they do not even know that what they want to kill themselves over is just the unripe fruit. They taste the unripe fruit so much that it loses its taste in their mouth.

When they now finally marry and should begin to taste the ripe fruits, their taste buds are already contaminated such that they do not see any difference in the unripe fruits and the ripe fruits. The pleasures and joys they should start savoring have already been enjoyed over the years and there is nothing more to look forward to in the marriage.

Such people will need to do much more than others to keep their marriages from shattering. Sex is worth waiting for; so wait until you are ripe for it, bearing in mind that you are not ripe for it until you are married.

IT GIVES A SENSE OF DIGNITY

Knowing that you are still as perfect as you were created will give you inner strength and self-respect. This inner strength and self-respect are great virtues required to have a fulfilled life. If you lose them, you lose something valuable in life.

In addition, it will give you a sense of dignity and honor before others who know your true status, especially your spouse. People still respect virgins, although, they do not say it openly.

More people give a lot of regard to those who are virgins. Those who have lost theirs respect them because the virgins have been able to keep what they could not keep. Those who have not lost theirs also respect them because they have a firsthand experience of what it means to be a virgin in this generation. Whichever way, those who are still as intact as God created them have dignity in the eyes of all.

IT AFFECTS YOUR SPIRITUAL LIFE

Virginity, in a sense, has to do with your spirituality. Most young adults do not know this. It is an important aspect of your spiritual life. There is a very close connection between the two.

God appreciates purity and chastity and keeping your virginity, in a sense, makes you pure and chaste. This indirectly puts you on some level of right standing before God when it comes to sexuality.

This is just simple reasoning! If virginity has nothing to do with your spiritual life and God does not appreciate virginity, why will He insist that Jesus

must come through one? If the coming of Jesus into the world must be through a virgin, it shows the level of respect and regard that God has for young men and women who keep themselves chaste.

Young people who lose their virginity always feel dirty, used, unclean, and have a serious guilty conscience after the action. Each time they come into a spiritual environment, they feel odd and out of place. These feelings will go overtime, but it does not mean they are whole again, it only means their consciences have been seared.

This is a very bad state to find yourself in! Anyone in this state, can engage in sexually related sins wilfully, and come into the presence of God soon afterwards, pretending that all is well and without any feeling of remorse. There is already a severance between such a person and the Creator, and he does not know it.

If your sexual life is pure, to a larger extent, all other areas of your life are likely to be pure, and you can wholeheartedly worship God unreservedly, without holding back anything when you are in His presence. Even if some areas of your life are not so pure, it is easier for you to do something about it, than someone whose sexual life is already polluted with all manners of sexually related offences. Such a person will find it difficult to feel very free in the presence of God, knowing fully well that the things he has done in secrecy may be hidden from men, but are open to God before whom he stands.

YOU ENJOY THE HEALTH BENEFITS

It has also been discovered that virgins enjoy better health benefits than their counterparts who have lost their golden treasures.

Besides being protected from all the Sexually Transmitted Diseases (STD), female virgins are less susceptible to cervical cancer.

Among all types of cancers that attack the well-being of women, cervical cancer is the second most common among women who are still below the age of 35 years. Majority of the cases available are due to HPV, a virus that is contracted through sex. Human Papiloma Virus (HPV) which causes cancer of the cervix is transmitted from the male to the female during sexual intercourse.

One of the latest discoveries of modern science is that women who married early in life or those who are introduced to sexual activity at a very early age are likely to have a higher percentage of risk than others. This means that young ladies who are able to discipline themselves enough to delay sexual activity till a later time in life or till they are married will be saved the stress of cancer attacks later in life.

If you do not believe any of the other reason why you should remain a

virgin till your wedding night, this is one important one. Cancer is not one sickness you want to apply for simply because you cannot curtail your libido. It is deadly.

BETTER ACADEMIC PERFORMANCE

Keeping your purity as a student has a way of increasing your academic performance in school.

Frequent involvement in sexual activities before one is married can cause a lot of distractions in life, both to males and females alike. Some of these distractions are highlighted in the last chapter titled “Dangers of Premarital Sex.”

As a result of these distractions, sexually active teenagers and youths are likely to give less attention to their academics compared to their counterparts who have suspended all sexual activities till marriage. This loss of concentration may not be very visible during class periods, but it will become more obvious when you compare the academic performance of the two groups after the examination.

You will discover that more of those who are sexually chaste will do excellently well, while only few of those whose lives have been smeared with sexual filth can afford to match the other group’s performance.

Virgins, most times, are focussed. Their minds are not distracted by sexual impurities, how to please a partner, heartbreaks, fear of pregnancy, and the like. In addition to the desire to please God at all times, they have as their main focus, how to have a better academic performance.

This focus and undivided attention to their education helps them to give to it all it takes, and in return, they have better results than their sexually corrupt mates.

GIVES YOU A STABLE MARRIAGE

Most people have ignorantly argued that losing your virginity before marriage practically has nothing to do with the divorce rate in marriages. However, this has been proven wrong of late.

A research was recently conducted by Family Medical Issues Analyst, Reginald Finger, of Colorado Springs. The study, "Association of Virginity at Age 18 With Educational, Economic, Social, and Health Outcomes in Middle Adulthood," examined the outcomes of men and women who remain virgins until they are 18 and above and was published in Adolescent and Family Health, vol. 3, no. 4.

“It is very much as we suspected - that adolescent virginity has a significant impact on well-being in middle adulthood,” Finger said. *“We found*

that men and women who were virgins at age 18, when evaluated approximately 20 years later, had about half the risk of divorce, had completed about an additional year of education and had annual incomes nearly 20 percent higher than those who were not virgins at 18. We used 18 as the cut off age because it gave approximately equal populations of virgins and non-virgins to study".

This study was conducted by examining the results from 3,750 men and 3,620 women. Finger continued *"We found, as well, that these better outcomes were not merely the result of avoiding teenage pregnancy or fatherhood. The outcomes are inherent to remaining abstinent."*

"In addition, we found that female virgins were more likely than their non-virgin counterparts to have a positive financial net worth and were almost half as likely as non-virgins to use welfare benefits." Finger said.

The final conclusion of the research: *"The unmistakable message of this study is that abstinence is the best course for our children and teens. Focus on the Family constantly encourages abstinence until marriage as the best choice - the one that is likely to lead to healthy outcomes in several significant measures of well-being. Abstinence is more than just avoiding STDs and teenage pregnancy - as the condom- based curricula seek. Abstinence is, without a doubt, the only choice to give our next generation the best chance in life."*

Now, you are sure that keeping your virginity till marriage will help stabilize your marriage against the storm of divorce. From the research above, young adults who kept their virginity until marriage when evaluated 20 years later were discovered to have been able to overcome half the risk of divorce.

So if you want a stable marriage later in life, be you a young man or young woman, you start building the foundation today by appreciating and safeguarding your virginity until your wedding day. It has a way of saving you from divorce.

GUARANTEES A BETTER LIFE IN THE FUTURE

In addition to giving you a stable marriage, it also will guarantee you a better life in the future. This is one of the conclusions from Finger's research discussed above.

Finger said *"In addition, we found that female virgins were more likely than their non-virgin counterparts to have a positive financial net worth and were almost half as likely as non-virgins to use welfare benefits."*

One may begin to wonder why this is so. The reason is not farfetched. If sexual purity affects your academic performance as we have discussed earlier, and your academic performance will likely determine what type of job you get after graduating from school, then you can safely deduce that purity pays, both

now and in the future.

The best of the jobs around are always reserved for the best graduating students. If you allow your thirst for sexual pleasure cheat you out of becoming one of the best students around, you will soon discover that you have cheated yourself out of the best jobs available.

YOU ARE CREATED TO WAIT

You must forget what the society wants you to believe; you are created to wait for the right time. The Master Designer of the universe has perfectly fabricated the intricate design of both a young man and a young woman such that it can withstand whatever pressure comes from external forces, as long as the person is willing to cooperate with God and live a chaste life.

Each manufacturer always places an instruction manual on each new piece of equipment. As long as the end user keeps to the terms of usage in the manual, he enjoys the product as it delivers at maximal capacity during usage. If the end user decides not to go by the recommendation of the manufacturer as stated in the instruction manual, he constantly encounters challenges that are avoidable.

God's instruction manual says you are created to wait. Everywhere the issue is mentioned in the scriptures, God's stand is not mistaken. Marriage is honourable when the bed is undefiled. This is the way God created it, and to get the best of what God intends you get through it, it has to be done His way.

God is not a wicked taskmaster who gives instructions inconsiderably. He understands the challenges you will go through in order to make this possible. He understands the pressure you will receive from members of the opposite sex who think you are acting immature at your age; the discouragement from members of the same sex who feel you are just being paranoid, and the unreasonable looks from immoral members of the society who think you are just taking things too far.

Despite all these, God still expects you to wait for the right time, because He created you to wait. He has fashioned in your make up during creation all the abilities you need to wait successfully. If only you will trust Him, He will help you.

CONCLUSION

From the afore discussions, it is obvious that keeping your virginity till you are allowed to lose it (your wedding day) is the most ideal thing to do. If it affects your spiritual life, your relationship with God, your academics, your health, the stability of your marriage, and your prospects in the future, then you need to give

it more attention than you presently give it.

Chapter Four

HOW TO REMAIN A VIRGIN

In the previous chapters, we have discussed how those who lost their virginity did, the dangers of losing it, and why you need to preserve it. This book will not be complete without this chapter that will show you how to maintain your virginity till your wedding night. If you really desire to live a chaste life, the points discussed here will help you.

MAKE UP YOUR MIND

Make up your mind not to engage in any sexual activity until you are ready for it. This is where it all begins: a personal determination to live a chaste life. Tell yourself that whatever number of teenagers and youths around you lose their virginity on daily basis, you will keep yours till your wedding day.

This type of determination, if made from the depth of your heart, will go a long way to helping you live a sexually pure life. If the determination is just a lip confession, it will not take any time before you repent of it, and you soon will find yourself doing the same things you vowed not to. If it is from your heart, you will consciously do everything possible to make sure you do not rescind on the decision.

Some of the things you need to do, and the things you need to stop doing, will be discussed in this chapter. Some of them which are not discussed in this book you will naturally know by intuition as the situations arise.

This determination, if genuine, will build in you adequate strength to say no when you need to do so, and to walk away when ordinarily saying no will not be adequate.

MAKE A LIST

The second most important thing after this decision is to write down a personal list of reasons why you want to preserve your virginity till your wedding date. Make this list comprehensive enough. Include every reason you can think of under heaven.

Some of the reasons may look insignificant and others selfish. Those do not matter for now. What matters is that you have a written list of reasons why you have personally desired to keep your virginity till you are married, either reasonable or not!

If you cannot think of a sufficient number of reasons, you can flip

through the last two chapters of this book again. It may open your eyes to some of the reasons which you have not thought about. Once you are done compiling this list, and you are okay with whatever you have listed, make three copies of the list.

Keep another copy where you keep your most valuable documents. This could be in a separate file hidden somewhere in a safe place in your wardrobe or drawer. Wherever you keep it, make sure it will not get lost in a long time. This will serve as the Master Copy from where you make more duplicates in case something happens to the other two copies.

If your parents believe in and encourage you to keep your virginity (some parents do not encourage their children to), keep the second copy of the list with them. Let them know your decision about the issue at hand and ask that you will appreciate their assistance in every way possible to make this dream a reality. You will be sure that your parents will be too delighted to know your decision. This singular action will earn you some respect from them, and they will make sure that they help you to fulfill your decision. They may begin to watch some of your moves more closely and scrutinize some of the people you call your friends. It is all a way of making sure that you do not go back on this decision.

Paste the last one, as a constant reminder, where you will see it regularly. It may be pasted on the wall beside your bed, in front of your wardrobe, beside your dressing table or just somewhere you will always see it.

This will, from time to time, help you to renew your commitment to yourself each time you see it. It will also help you to reaffirm your belief in virginity in times of personal doubts, peer pressures, sexual challenges and temptation.

More importantly, constantly reading this will build in you a strong will to say no whenever you need to

NEVER BE ASHAMED TO MAKE YOUR STAND KNOWN

Do not be scared to let people know what you believe in. Male or female, you should be proud of being a virgin. Do not let anyone make you feel bad for believing and accepting to do what is right.

As much as possible, respect the choice of others who believe what they believe, but let them also respect your choice for standing for purity. They, likely, may not respect this choice of yours for as long as you keep it to yourself. So, do not be scared to let them know where you stand. Until they know what you stand for they may not respect what you believe.

During conversations among your group of friends, do not say what you do not believe in or admit what you have never done before just because you

want to fit in. Make your stand known. They may feel offended the first time, but overtime, they will come to agree with you that it is your choice, and that it is the right choice, whether they say it to you or not.

Once your stand is known, each time you expressed contrasting opinion about such issues during conversations, they will respect your view as your choice. If you take this stand, more people in the group, who before now were shy to identify themselves as virgins, will become bold as a result of your actions, and will begin to make their stands known. That is when you will discover that you are not the only one who believes in the preservation of virginity in your community.

In making your stand known, you will have to limit it to the people you trust. This will include your family members and your close friends. You really do not have to take a megaphone and climb to the topmost floor of the highest building around in order to broadcast to the whole wide world that you are still a virgin. Be careful about it. Some people may want to use the information to harm you. So, avoid disclosing it to those who are not very close to you. However, whenever the situation warrants it, or whenever you are forced to disclose your status, never be ashamed to let people know where you stand. It is not a crime to be a virgin; it is a thing of pride.

SCREEN YOUR ASSOCIATION

The kind of people you move with, will determine, to a large extent, if you will stay a virgin, and for how long you will. If all of your friends are those who have lost theirs and who do not see anything bad in their actions, but keep celebrating from time to time their frequent sensual experiences with members of the opposite sex, chances are that they may talk you into joining their immoral group until you unconsciously begin to see nothing wrong with their way of life.

If that happens, you are as good as gone. It will only take a matter of weeks or months before you begin to tell the same story of those good old days when you were still a virgin. Then you will discover that those stories are not really being told with pleasure and gladness of heart; they are really sad tales coated with glamour, just like bitter pills packaged in capsules. Then it will be too late for remedy.

Be careful who you move with. Surround yourself only with members of the opposite sex who truly respect your decision to remain chaste and keep your virginity. Although they may not necessarily support your decision, and they may not be one themselves, but they never will encourage you to lose it. Carefully screen the friends and classmates who always look down on your status and who often try to talk you out of it. Staying around them can be costly.

They may even set you up to be defiled, if you are not careful.

Once you discover a particular group of persons who always make you feel insecure about your status, or who intentionally frequently engage in activities that may encourage your change of mind, or make you feel uncomfortable about your virginity, stay away from them. Some of them may necessarily not be bad in themselves, but they can become a strong negative influence on your life.

Some of them, whenever they are around you, will constantly boast of their sexual escapades, and the material things they have been able to accumulate in return as a result of these carnal adventures. This is just to make you feel inferior to them. However, always bear in mind that either internationally or locally, nobody has ever been given an honorary award as a result of the number of sexual exploits they have had in life. Sleeping around with members of the opposite sex does not increase one's chances of success in life.

Do not be discouraged by the number of your friends who have lost theirs untimely. Do not settle for less. Most of the people who prefer to boast about their sexual prowess only do this to cover up their inferiority complex. So, you will find many of your friends brag about their sexual prowess, the number of sexual partners they have, and how good they have enjoyed the sexual experiences. These brags are not really true. Some of them only say these things to gain societal respect from their colleagues and friends. Do not be lured into doing what you will later regret simply because of someone's sugarcoated tongue.

Do not just stupidly trust friends. If you decide to remain their friends, enjoying their stories without being a part of their sexual adventures, they may jealously organize for you, although without your knowledge, someone who will deflower you. This will be worse for you as you will not have the choice to decide who you share your first sexual experience with.

If you must maintain your virginity, you must scrutinize your relationships. If you keep friends who are drunkards, or who smoke, or who go clubbing and partying from time to time, you are putting yourself in a tight corner. Everyone who moves with the wrong crowd ends up in the wrong destination.

Always bear in mind that what you want from life is different from what they want from life. Each person's desires about the future differ from those of others. Whatever virtue you imbibe will determine if your desires will materialize. If you do not want to end up where and how they are sure to end up, then hold on to the values that will ensure that.

Do not keep friends whose values contradict what you believe. It is the fastest way to lose your virginity. For all you care, some of them only brag about what they do not do so as to entice you into it. Most of the things they claim they do are just things they watch in movies or were told by other friends. Do not just sit idly around them feeling life has been unfair to you. Do not wish you have the opportunities they had. Leave their circle and go look for real friends who will help and encourage you to do something more important with your life.

This is not to say you should isolate yourself and live a lonely life. Feel free, enjoy yourself, and make friends, but always remember that birds of the same feathers flock together. If you flock together with them, you will soon become of the same feather with them. If you remain in a group and all of the girls there have lost their virginity except you, then you are the next on line! Change your friends; if you do not change your friends, they will soon change you.

RESPECT YOUR BODY

Your body is your body; it belongs to you and none other. You have a full right, one hundred percent right (100%) over it. You decide whatever happens to it. You also enjoy or suffer whatever happens to it as a result of the decisions made about it. This is why you must constantly protect it. You owe it that responsibility.

The way you jealously protect the call credit and the information on your cell phone and do not just give it to everyone around to make free calls or play around with, same way you should respect and protect your body. No sane person shares his toothbrush with just any friend. Your body is much more valuable than either your toothbrush or the call credit and the information on your cell phone and so should be given more respect and better protection. If you respect your body, others will respect you. If you handle your body loosely with disrespect, others will handle it the same way.

Let no one touch parts of your body anyhow, as though it belongs to them, or as though they have as much right to it as you do. It is fully yours. Even if you decide to go into an intimate relationship with a member of the opposite sex, he still does not have a right over your body until your wedding night when all requirements (by the church, the society and your parents) have been satisfied.

You dictate the rules of the game here, not the other party. You make your own choices about how intimate you want to become with the other party. Whoever is not ready to play the game by the rules you set should find another playmate.

Being in a relationship is not an excuse for sexual experimentation. Let your partner know this afore hand so that it will not become an issue when he begins to make demands of you. Having a special friend from members of the opposite sex is not for the sole purpose of indiscreet exploration of each other's bodies but for intimate friendship and companionship.

Constantly remind your partner that as much as you love him, you have reserved yourself as a special package for your wedding night to be presented to the one who is ready to wait till then. Also let him know that placing any form of sexual demands on you before then may cause the breakage of the relationship, and let him know you mean this. Then, sincerely mean it; no other further explanation is necessary.

SET A PERSONAL LIMIT FOR YOURSELF

Set yourself a limit. Decide how far you want to get, ever before a tempting situation arises. If you do not set a limit and suddenly discover that you need to take a decision because you are right in the midst of an unpalatable situation, you may make a choice that you will later regret in life. So, create a boundary now.

Set a personal limit for yourself and do not go beyond it. Setting a limit helps you know what to do when anything happens. You have already planned the reaction to each action ahead, and nothing should catch you unaware. All you do when you find yourself in such situation is to act out the script you have written ahead of time. It saves you a whole lot of pressured reasoning and impromptu actions.

Set your own boundaries and constantly remind yourself about them, especially before a date and before going to any party. Without these limits, you may be carried away by the spur of the moment, and will just do whatever you feel is right at the moment of trial. Since your emotions are not yet fully trained to know when to stop, and you have not set limits, your normal reaction to do what is right at the moment will be subject to your sense of judgment at that moment, with your sense of judgment already beclouded by the excitement and pleasure of the moment. So, you are most likely going to take an impromptu decision that will favor your feelings at that moment, and that may be disastrous.

Now that you can still reason straight, with no pressure from any angle, make decisions that will determine how far you will get with a member of the opposite sex at any given situation and in the worst case. Will it be just holding hands, or just a simple innocent hug, a peck on the cheek, or whatever? Take these decisions now, and let these decisions guide your actions on daily basis from now on.

Whenever anyone is going beyond these boundaries, no matter the level of closeness to the person, and irrespective of where you are at the moment, either in the public glare or in your privacy, do not be ashamed to let the person know he is going beyond his boundary. It may be difficult to say this the first few times, but overtime, if you keep reminding him, your friend will respect your decisions and you will not have to say it again.

Your initial natural reaction will be to reluctantly allow the person to have his way for the first time, even if it is against your will, so as not to embarrass the person, with a determination to speak out the next time he dares try it again. However, from experience, it has been discovered that if you allow him go beyond that boundary the first time, it will be difficult to keep him away from crossing the line again.

Do not be so shy that you will allow your destiny to be truncated. It is better for your friend to feel embarrassed for a moment and you apologize later, than for you to be shy in a moment, and save him the embarrassment, but live to regret it for life.

AVOID SECLUDED PLACES

Be careful if you have made a choice to remain a virgin. Watch where you go with members of the opposite sex. The strength of immorality is isolation. No one will remove your pants and sleep with you in the public glare of your classmates. Even if you meet a porn star who is willing to do it publicly shamelessly, your self-respect and dignity will not make you allow someone to mess around with you openly as though you are a cheap whore. However, the courage to do it becomes stronger and your self-guard is lowered if there are just the two of you in a secluded place.

If at all you must attend any night party, go with the permission of your parents or your guardian. Do not hide such things from them. No matter how old you are, as long as you are not married, the people you live with must know your whereabouts each time. If you are a lady, do not go alone. Go in the company of close friends who have the same values with you and do not lose track of one another at the party. Always move together, so you can watch one another’s backs.

Besides not going to parties alone, as much as possible, do not be found with members of the opposite sex in lonely places like the bedroom of an empty house, the hostel room when none else is around in the hostel, an uncompleted building, large lonely field, car parked in a secluded area, or any isolated environment.

Any slight emotional exchange in places like these can spark off an

uncontrollable outburst of emotions that may make you lose your guard and do the unthinkable. And since there is no one around to stop you, the deed would have been done before you realized it.

Avoid being alone with members of the opposite sex in an environment that may be sexually tempting. Each time you find yourself in such an environment, no matter how much you trust such a person, take your leave. You really do not need the other person's permission before you go. Just excuse yourself and leave the environment. If you think you need the other person's permission, then you have lost the battle already.

The longer you stay in such environment, the more difficult it is for you to reason straight, and the more you lose your guard. Your passions will begin to envelope your intellect and your sense of justice and you may begin to condone certain actions from the other person which you naturally will not accommodate. This is a very difficult situation to put yourself in.

Avoid all intimate moments. Do not put yourself in tight corners like this. Always excuse yourself, or better still, tell your partner you will prefer to move into an open space where there are other people, and leave immediately before you will be convinced to do otherwise. Remember, you do not need his permission; you have been fair enough letting him know your decision.

Do not bother about the person's feelings, at least not now. What matters now is your safety. His feelings can be addressed later on, as long as you are safe.

DO NOT START WHAT YOU CAN NOT FINISH

Do not start what you cannot finish. Every action has an end point. Once the process is initiated, it, most times, becomes practically impossible to halt the natural rate of reaction until the equation is balanced. So, it makes much sense not to try to start the process if you do not want the end result.

It is unreasonable to think that you can succeed in stopping the reaction midway at any particular time you want. It is better not to start it at all, than to hope you will have enough emotional strength to control the reaction in your favour. Do not tempt yourself.

Once in a while, especially when it is necessary, a hug or strolling hand in hand with a loved one may not be out of place, when done in the open and not in isolated places where emotions can over-burn and none will be there to caution you. However, getting too intimate and allowing passions to burn uncontrollably can start a reversible reaction that neither of the parties may not be able to stop, no matter how emotionally strong they feel they are, and the unexpected may happen before they know it.

If preserving your virginity is important to you, then do not get too close for comfort. A gentle kiss may look harmless, but it may ignite some lustful cravings in your body system which may cause you to let down your guard, and freeze your ability to reason properly, until something nasty happens.

Never put yourself in a tight corner, it is very risky. Your knowledge of the risks involved alone may not protect you against them if you put yourself in a tight corner.

IGNORE MOCKERIES

Your decision to stay chaste and live a moral life will generate so many criticisms among your peers who do not support your reasoning. This resolution will offend their conscience and make them feel bad about themselves and their style of life. However, rather than join you in your decision, since they are in the majority, they will try to make you feel bad in order to cover up how bad you make them feel. So, there is great likelihood that they will call you names, make jest and mockery of you, and do all manner of things just to get at you.

There is not much wisdom in trying to defend yourself. Nothing you say will make them stop taunting you; they did not start it with an intention to stop when you attack them. So, whatever you say in defense will generate more criticism.

The best way to handle them is to ignore them. You just stay strong with your belief and stick to it no matter what anyone says, does, or believes. Since their primary purpose was not just to make you feel bad but to cover up how bad they feel themselves, saying anything to defend yourself will make them feel worse and they will keep getting back at you in order to keep covering up how they feel.

So, if anyone laughs or makes fun of you, just turn your back and ignore them. With time, they also will ignore you and let you be. It makes them feel better that you do not think they are wayward, or that even if you think so, you do not say it to their faces since you are neither their parent nor their spiritual head. They feel that it is left for their pastors to preach that to them, and not you!

The choice of retaining your virginity until the appointed time is a personal decision. Once you have taken this decision after careful thought, let nothing under heaven cause you to waver in this laudable decision. Let no son or daughter of the devil talk you out of it.

Accept how they feel about it and go on with your life. It is better for you as long as it makes you retain your virginity.

TALK TO YOUR PARENTS

If you are still a virgin and you are undergoing serious pressures about your virginity, the best person to confide in is your parent. Your parent should be your first confidant.

If you are lucky enough to live with your parents, you can be sure that, since they have known you all of your life and have, likely experienced the pressure you may be undergoing now, they are most likely going to give you the best advice you can get at a time like this.

It is possible to begin to think that you are already mature to take decisions about your life since you feel you are older than you really are and your parents are not allowing you to exercise the freedom that you think you need. The actual truth is, whatever decision your parents take about your sexual life, is for your own good. They are only trying to protect you from the sexual preys around.

You may be tempted to think that they are of the outgoing generation, generally called the *'old school'*, and may not have the *'new school'* solutions, but the truth is that there is nothing new about sexual pressures. It has always been there from time, and they have had their own challenges too, coupled with the experiences they have garnered around from friends, neighbors, and relatives, they will be able to proffer an all-time solution to whatever peer pressure and sexual challenge you may be facing in this new generation.

So, always learn to confide in your parents. Talk to them about your emotions and feelings, your friends, their behaviors, your experiences, and share the challenges you face with them.

The alternative will be to talk to your friends about it. However, you may not be too sure of their stand, no matter how close you are to them, or how well you think you know them.

Your parents are the only ones you can talk to and be sure they will not ridicule, mock, or deceive you. You can be sure of constant good counsel. They will even love you more, knowing that you really desire to live a pure and chaste life, and will do all in their power to see you achieve your goal.

If you do not live with your parents, you can talk to either your guardians or your pastors in church.

IN CONCLUSION

It is commonly believed among boys, though not always verbalized formally, that females are meant to be conquered and dominated, and that the more of them you are able to conquer, the more popularity you gain among your friends. This is why, in most schools the bad boys are the most popular and the most celebrated.

This is a very wrong notion. Every young man must be told that there is nothing masculine in notching your belt with medals of female conquests; and every young woman must know that there is nothing prestigious in being the gateway where every boy on your street passes when they need sexual pleasure.

Chapter Five

WHAT IF IT IS TOO LATE FOR ME?

This chapter is written for those who have lost their golden cards already, and who have, after reading the previous chapters, decided they still want to live a chaste life despite their present status. They need to know that it is not too late for them.

Yes, it is not too late for you yet! You lost it already, either consciously or unconsciously. Your V card has been taken away from you. Your first natural reaction is to think that it is all over now. There is no use safeguarding what is already gone. You could continue your life the way you want to. This is wrong. It is never too late to do what is right.

No matter how far you have travelled on a wrong road, there will always be an opportunity for you to make a U-turn and join the right track back. Do not condemn yourself that it is too late for you. You may have made mistakes in times past which have led you to lose your virginity, but that is not yet the end of the road for you. Although the Golden Pot is already broken and cannot be re-fixed again, God can still gather up the fragments of your broken life if you allow Him and He will fix it in such a way that it looks as though it has never been tampered with. The Porter can still put you together again.

In addition to the things discussed in the last chapter that virgins need to do to retain their virginity, you will need to consciously take the following steps:

DECIDE NEVER TO SUCCUMB TO PRESSURE FOR MORE

Make a conscious decision to stay chaste all of your life. It starts from here: self-determination. Determine not to give in to any pressure from whatever quarters. It is your life, and you decide who you allow into it and who you do not.

The reason why you fell in the first place was because you had no personal decision to remain chaste all of your youthful life. It is now time you made this concrete decision. Promise yourself to not succumb to pressure again.

That you have lost you virginity is not enough excuse to keep your legs wide open for anyone who cares to have his way. Build a strong moral character. You can repackage yourself and rebrand your life. Make a strong commitment to a chaste life.

There will be both external and internal pressures. The external pressure will come from people around you who have had carnal knowledge of you before. The internal pressure will come from your body. Since you already have

an experience of what it is like, once in a while your body will feel like having the experience again. You need to be firm in your decision not to go back to that filthy lifestyle.

With this decision, a whole lot of things will change in your life, so be ready for it. You cannot live your life the way you have always lived it and still expect that things will naturally change for the better. You have to intentionally take the bull by the horn, and decide that you will do what you have to do in order to get what you need to get. It all starts with this decision. Once the decision is made, and you are sincere about it, then the die is cast!

LET ALL YOUR SEX PARTNERS KNOW YOUR NEW DECISION

It is one thing to take this great decision in the corner of your room, but it gives the decision more credibility and integrity to let all the stakeholders know about it. This may be a difficult task; it is not going to look as easy as it sounds, but it has to be done.

Personally call, one by one, as many people as you know whom you are vulnerable to, people you have previously been exposed to and you know you are helpless in their grip, and tell them of you new decision. An easy way to do this is to send text messages to them or communicate it through the social media, but this can have a negative feedback as they may show it to their friends and you may become a laughing stock among them. It is better for you to make voice calls.

Tell them about your new decision. Let them realize you have made mistakes in the past, but now, you want to start your life afresh. Tell them you appreciate their friendship in times past, and that you will still appreciate such friendship in this new phase of your life only on one condition, that they will remain a friend, and not a sex partner.

Do not bother to answer any question from them. Just drop the call whenever you are through with what you have in mind to say. Entertaining questions may give them the opportunity to try to convince you to change your mind, or allow them time to apologize for whatever wrong they have done to make you take such a decision, and their words and pleas may get at you. Really, it is not about what they have done, it is about what your eyes have been opened to.

Some of them may be smart enough to play a quick one on you by asking for at least one more chance of sexual escapade to mark a memorable final sendoff for you. That one more chance can be deadly. So, just deliver your message and call it quits.

If the person agrees to identify with your new status, he may still remain

your friend. If you find out that temptations to go back to what you used to be are coming from that end, then shut the door for life. You are not in enmity; you are safeguarding your future.

AVOID TROUBLE SPOT

There may be some places where you used to go that you can no longer go. This is one of the difficult sacrifices you will need to make. These places are trouble spots; going there means you are looking for trouble.

You know where these trouble spots are. These are places where you used to go in the past to catch sexual fun. It could be a friend's room, a hotel, a club or a sugar daddy's office. Anywhere you know that if you go, you would make yourself vulnerable to such attacks because of the experiences you had previously there, can be called a trouble spot for you.

If you must stand by your decision to start a new life of purity, you must avoid such places. Temptations from such places are not always easy to overcome. This is because you are already used to the place. Your brain can easily recognize the place and instantly identify it as a place of sexual pleasure because of your past experience, and psychologically, your system is highly expectant of a repeat of the sexual experiences it had there before.

This, in a way, lowers your guard, such that even if a slight rape attempt is made at you, the inner strength to fight it is weakened, and you find yourself succumbing, easily. If you succumb once, you will succumb again, and again, and again, until you are fully back there.

Do not put yourself in a situation where you will be tempted to make hasty decisions that you will later regret in life. So, identify where these trouble spots are, and avoid them like a plague.

AVOID SOURCES OF SEXUAL EXCITEMENT

Sources of sexual excitement are things that easily get you excited sexually once you engage in them. It will make a lot of sense to stay far away from them. Once you can keep them as far away from you as possible, you can maintain your purity for a longer period.

Some of these sources of sexual excitement are pornographic materials. These may come in form of videos, still images or internet chat rooms. Technology today has made porn so common among young adults that one can have six hours of pornographic videos on a cell phone. The social media and the internet are full of so many nude pictures.

This has become one major reason for the sexual turbulence in the lives of many of the young adults in this generation - the images they constantly feed

their minds with. If you can succeed in controlling the inflow of these images into your mind, you can, to a large extent, control your sexual urge and maintain your purity.

WITHDRAW FROM DRUGS AND ALCOHOL

One other thing to stay away from if you really desire to avoid temptation is drugs. Drugs and alcohols can impair your judgment. Whatever your degree of determination to live chaste, if you do not stop the abuse of drugs and alcohol, you are opening yourself up to potential danger. Taking them can make you vulnerable to potential body explorers.

Most young adults who are addicted to drugs today started innocently. They are no longer in control of their lives. You also may think you have good reasons for doing drugs; you want to feel high, you want to belong, you want to forget your sorrow, or you want to put yourself in the right mood. Whatever your excuse is, a drug or alcohol which is not prescribed by a qualified medical practitioner is dangerous to your health.

Once taken, your hormones can go crazy without warning you in advance, and you become a cheap meat in the hands of sexual adventurers. You will do yourself a whole lot of good if you stop taking drugs.

OCCUPY YOUR TIME

Occupy most of your spare time with things you find enjoyable to do. An idle mind is the devil's playground, says an adage. If you do not fill your time with more important things, the devil will fill it with the same things you are trying to run away from.

Do not just isolate yourself because you want to live a pure live. Mix up with reasonable friends, especially those who place much emphasis on your school work. If your mind is constantly on the issue of how to avoid having sex, you can place yourself under serious unnecessary pressure which may affect you in worst ways. You may become psychologically imbalanced and bound to overreact to certain things.

However, if your mind is occupied with other things of interest, there will be contentment and satisfaction, and you may not have to worry about sex every time. Your energy will be rechanneled towards other profitable ventures.

ASK GOD TO HELP YOU

Your past may be marred by all manners and forms of sexual impurity, but your future can still be salvaged by what you do today. Ask God to help you, He is willing to if you just ask. If you allow Him, the Potter can put you together again.

Other Books By Same Author

SECRETS OF SUCCESSFUL STUDENTS 144 pages (SSHBS – 001)
Have you ever wondered why, after apparently satisfactory preparation for and performance at an examination, you still come out with poor grades? Do you find it difficult to settle down for serious study? Do you easily forget what you read? Do you belong to either the group of students who have problems with when, where, and how to read for utmost understanding, or the other group that is confused about what to do during lecture periods in order to enhance concentration and aid memory? Do you find it hard to cope with the atmosphere of the examination hall? Do you find it difficult even to account for your incessant failure?

Then you need not go far. This book is all you need to answer every troubling question you have ever asked about your academics.

ACADEMICS & YOUR SPIRITUAL LIFE 144 pages (SSHBS – 002)
Contrary to popular belief, spirituality is no excuse for mediocrity. Dedication and commitment to the things of God does not enhance academic failure, it promotes academic excellence. Success for a Christian Student is defined as spiritual buoyancy and academic progression. You must be able to affect lives on campus and at the same time maintain a splendid academic performance.

The problem of academic excellence that exasperates Christian Students is the cause of their deeper problem of abstinence from fellowship activities on campus. Academic success has become the major reason for most Christian Students' estrangement from God. Those who get it are not in faith while those in faith seem not near it, no matter how hard they tried.

It is pathetic to see students who are fervent in the Spirit and burning for the Lord fail in their academics. They make great impacts in the ministry but fail to extend the impact into their academics. They teach others about the rules, guidelines and secrets of success but they are not successful themselves. They are victims of academic failure. This is pitiable and should be given immediate attention since it has given so many people a wrong impression about the Christian Faith and student-hood.

This book will help you balance both your academics and your spiritual life, and also give you principles that will make you excel in both with ease.

MAKE MONEY WHILE IN SCHOOL 200pages (SSHBS – 003)
Only God can accurately estimate how much money flows around your campus on daily basis from one hand to the other in exchange of a needed good or service. At least, two of every ten students you meet on your campus have your money in their wallets! But unless you do something, none of it will flow towards your end.

If you are a student, have you ever thought about making money as a student while on campus? How possible is it to successfully combine your academics as a full time student, your spiritual life as a religious person, and still have time to make enough money to make ends meet while on campus and to build a great foundation for your financial life after leaving the four walls of your campus? But it is possible.

This book will open your eyes to the numerous wealth opportunities that abound all around you on your campus, and the potentials embedded on the inside of you to take advantage of these opportunities, to the advantage of your life. It is a book every student can not do without.

Among other things, this book will show you
* 100 Businesses you can do on campus
* How to know which is best for you
* How to start up your business as a student
* How to raise the capital you need
* Why students' businesses crumble
* How to guard against such in yours
* Investment opportunities available to students
* How to balance it up with your academics

POWERFUL PRAYER POINTS & BIBLICAL PROMISES FOR ALL STUDENTS 144 pages (SSHBS – 004)
Words are not cheap. Words can kill. Words can heal. Words can start wars and end wars. Words can make a man smile and they can make him weep. Words can create and can destroy. Words are powerful, especially when used rightly in prayers.

Jesus said words could move mountains if rightly used. The Bible teaches that life and death are in your words. So your words matter a lot. Your confession matters. God wants you to speak the right set of words so that He can change your life. "But if you have anything to say, go ahead. I want to hear it, for I am

anxious to see you justified. (Job 33:32)

The devil is also carefully waiting to catch the wrong set of words in your mouth so that he can put you in bondage. "You are snared by the words of your lips, you are caught by the speech of your out" (Prov. 6:2)

So you determine on whose side you fall by the kinds of words you speak. This is why you need to always confess positive things into your life with your own mouth when praying. This book is a collection of powerful words and prayer points with scriptural references that can change situation if confessed often. It will show you the power of prayers.

It is a must for every student who desires a change in his present situation, academic or otherwise.

HANDLING ACADEMIC FAILURE 80pages (SSHBS – 005)
A wise man takes his time to learn both the secrets of failure and success. He learns the secrets of failure to avoid failing and that of success to succeed. The essence of this book is not to build a monument around your failure, but to teach you how to get the best from your failure so that your life can bounce back and move forward despite the failure.

Failure is not very palatable; it has dire consequences. You may be asked to reseat the examination, repeat the class, bag a carry over, asked to withdraw from school, or graduate with very poor and unsatisfactory grades. This is why most students detest failure, but some still fail anyway. Therefore, every student needs to learn how to handle failure so as to get the best out of it.

If you have ever failed before, the last time you failed is the last time you will ever fail again; the truth you will learn from this book will guarantee that. However, if you have never failed before, this book will guarantee that you maintain the record of a clean slate all your days as a student on campus. This is all you need to put academic failure in its right place, and keep achieving success all your days on campus.

This book will teach you exactly that; how to handle academic failure so that you can cross over the boundary of failure to the side of success in any examination.

BOOST YOUR G.P. 144 pages (SSHBS – 006)

The G.P., Grade Point as it is called, has become the cruel taskmaster on every campus. Most students are groaning under its grip. No matter how hard they try, they seem not to have yet discovered what to do to give it a rise as it keeps taking a downward surge at the end of every semester. This has constituted academic problems to so many students and has translated into emotional problems to so many others. Some even thinks it is a spiritual one. The G.P. has become the determinant of the most brilliant students. It is what separates the successful students from the unsuccessful one. So many even believes, contrary to reality though, that it is the difference between the hardworking students and the lazy ones.

The earth is governed by rules called natural laws. These rules work irrespective of location, race, religion and colour. As there are natural laws that govern the earth generally, so also there are natural laws that govern academics too, which most times are either not known to students, or known but not taken too serious. This is the core of students' problem with G.P. It is either because of something they need to do which they consciously or unconsciously are not doing, or something they need not do which they constantly find themselves doing. This is the essence of this book, to teach both of these, and to keep your G. P. ever soaring.

RUNNING A SUCCESSFUL YOUTH MINISTRY 200 pages (SSHBS – 007)
This is not just another book on leadership. It is a compilation of things I have learnt about leadership which I wished I had learnt earlier than now!

The purpose of this book is to correct the anomalies in the upcoming leaders and encourage the birth of a new breed of leadership among our youths. This book will bring clarity to the issue of youth leadership, forewarning every leader ahead of time about the challenges of leadership and forearming them with needed facts to do a successful work among the youths.

If you are involved in youth leadership, this book is meant for you. Regardless of the level at which you exercise your leadership, be it in your church, on your street, in your class, department, faculty, hostel, dormitory, student union government, fellowship, or even in your room! All youth leaders must read this!

As long as you have a measure of influence somewhere, and on someone, no matter how minute or how enormous, and you desire to exercise your influence in a better way, this book is written with you at the back of my mind.

This book will help you navigate your way through the subtle ocean of youth leadership, charting your course through to success. It is skillfully written to equip every young leader with the necessary tools to press through barriers and to get the job done.

If this book can change the life of at least one youth leader, I will be the happiest for it; knowing fully well that the changed live will affect several other lives, and the several others will affect several others, until all the future leaders of the future generation are all touched. I sincerely prayerfully hope that one life that will start this chain reaction will be you - I mean the person holding this book now.

JAMBITE! What Every FRESHER Needs To Know 80pages (SSHBS-08)
Congratulations! Millions of secondary school graduates sit for JAMB (the qualifying examination into the university) every year, but only a minute percentage of them get admitted into all of the post secondary institutions in the country.

Since you are among the few lucky ones, you deserve to be congratulated. But beyond this congratulatory message, there are things you need to put in place to make sure you graduate from this campus in one piece, and with a very good degree. This is what you have in this book - essential materials that you need to make the best use of this golden opportunity before you.

It is recommended for every Year One student in any of the nation’s higher institution.

SPREAD YOUR FAITH - (Evagelizing Your Community For The Lord) 80 pages (SSHBS – 009)
Soul winning is every Christian's responsibility. It is even more than a mere responsibility; it is a great privilege. We have been given the cherished honor to be partakers in the glorious task of bringing people into the eternal family of God. There is never a more significant cause to give one's life to.

But many will not for once open their mouths to preach the gospel to fellow students. If every Christian leaves the job of evangelism to some Christians, we will be too surprised to see that no Christian would do what any Christian could have done, and the whole world will perish right under our noses.

This book discusses why we must do it, why we don't want to do it, how to go

about it and what happens if we refuse to do it. It is a book for all Christians.

LIVING A FIRST-CLASS LIFE WITH A THIRD-CLASS DEGREE – 144 pages (SSHBS – 011)
This book is not about history, theory or theology. It is about bringing life to your dead dream of becoming a first-class personality in life, although you have a third class degree.

Unknown to you, while on campus, the main reason why you really desired to graduate with a first class was not just for your friends to respect you or for your family members to be happy for having a first class graduate in the family. Much more than these, hidden somewhere within your heart, is a secret aspiration to want to live a first class life in the future. That dream should not now be aborted simply because you did not make a first class in school.

Armed with this understanding, you will agree that graduating with a first class in school is only a means to an end and not the end in itself. The end in itself is living a first class life. The good news is that there are so many means to this end, and this book reveals those means.

Know this for sure; nothing catches God unawares. Whatever happens, He knows about it. Sad as it may sound, God knew afore-hand that you may not fare better than you did, and He is prepared ahead of time to help you. He is not disappointed in you. God looks at things differently than man does. This is because man is easily impressed by the wrong things in life, neglecting the things that matters. Men may write you off, but God won't: It is not in His nature: Adam and eve failed God's exam in the Garden of Eden and could have easily been written off by God. However, the whole Bible is a record of God's plan and effort to reverse that failure; that is God. He looks beyond the present into the future.

Succeeding in school is not the same as succeeding in life; likewise, failing out of school does not necessarily mean you have failed in life. A pass mark in the first does not guarantee a pass mark in the other, and a failure in the first does not guarantee a failure in the other. You may be passing out with a third-class result now, but this does not make you a third-class material. Every student is a first-class material, only that the field in which they excel differ. Those who excel in academic work are easily noticed and awarded first-class earlier than others. But this is not to say others cannot excel in other fields.

LOOK BEYOND SCHOOL: YOU WILL SOON BE A GRADUATE - 80pages

(SSHBS – 012)
Starting college is a major transitional stage in one's life, but leaving college is a greater one. The day of convocation, which marks the end of this stage of your life coincidentally marks the beginning of another. It launches you forth into the larger world outside there; a world in which you have to find your own footing for yourself, a world which accommodates the survival of only the fittest. Such a world should not be entered unprepared for.

The convocation ceremony is a bridge between the artificial campus life and the real world. It is a link between the imaginary future students build for themselves while on campus, and the factual world outside there, where, irrespective of your desires, only what you deserve is all you get. You will soon be a graduate, and the whole world will rejoice with you for a job well done, whether you pass out, as it is commonly said, or you fail out, which nobody dares say! Everybody comes to rejoice with you, at least, for going through school successfully and not dropping out on the way. That makes you a graduate, and it is worth the celebration.

For you personally, if you must be sincere with yourself, the convocation day is always a day filled with both excitement and nervous apprehension. The convocation ceremony will soon be over. The music will soon fade. The dance will soon stop. Your guests will soon leave. The hall will soon be locked. And you will soon be left alone to do just one thing - decide what your fate will be! LOOK BEYOND SCHOOL: YOU WILL SOON BE A GRADUATE.

SECONDARY SCHOOL GRADUATES - 80pages (SSHBS – 013)
How fast time flies! It seems like only yesterday when you started your first kindergarten class. Now you are graduating from secondary school and will soon be off to the higher institution. Then in another four years or so, you are ready to face the labour market.
This book is a collection of what higher institution undergraduates wished someone had told them when they were graduating from secondary schools.

Although you are most likely going to be about sixteen to eighteen years of age very soon and can be considered to be an adult, you still need some guidance from those who had tread the path before you.
Most adults like to dictate to teenagers how to live their lives. The essence of this book is not to do this, but to honestly let you learn from the past mistakes of your predecessors. This will save you from most of the stupid things we did ourselves.

THE BEAUTY OF VIRGINITY (Discovering The Hidden Treasures In Being A Virgin)- 80pages (SSHBS – 016)

Every mother who desires that her daughter or son lives a sexually pure life must take urgent measures about it today. Years ago, young boys and girls who were not married were trained to always look down on counterparts who have lost their virginity and are sexually active. The beauty and the dignity of virginity was highly extolled, appreciated, and rewarded, even on the wedding day.

Now, the story has changed. Young adults who have lost theirs untimely and under the most unreasonable circumstances seem to be the most celebrated while those who hold on to theirs are fast becoming endangered species in our communities today. Virgins now are mocked, embarrassed, molested and looked down upon. They are constantly pressured by peers to join their counterparts who have lost theirs.

The society is so much saturated with sex. It has placed so much emphasis on immorality and promiscuity so much so that it looks as though it is the right thing to do. It is so broadcasted everywhere that you cannot miss it. In essence, the youths and teenagers of today have become very sexually aggressive, and the earlier we reckon with this fact and take preventive measures to guard against the sexual challenges of the day, the better for us.

Truly, virginity is meant to be lost, but the timing of the lost, coupled with the circumstances that surround it, and who it is being lost to, is as important as the act of the loss itself. This book in your hands may be your most important contribution in saving the destiny of just one more teenager/youth from the werewolf of sexual impurity that is destroying this generation.