Battles Against Spiritual Strongholds (Part Two)

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RESURRECTION CHRISTIAN MINISTRIES
Resurrection Bible Study Ministry
Prayer and Fasting Program
Fourth Edition

Theme: Battles Against Spiritual Strongholds (Part Two)
Sub-Theme: *Demolishing The Stronghold of Negative Addictions*
Bible Texts: 2 Corinthians 10:4
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2 Corinthians 10:4 KJV (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;)

Spiritual strongholds represent detrimental forces that can take control of our thoughts, emotions, or behaviors. They often manifest as persistent patterns of sin, negative mindsets, or addictions that tightly grip our lives. These strongholds have the power to influence our daily experiences and keep us from fully embracing the love, joy, and peace that God offers.

When discussing spiritual strongholds, we're referring to these adverse influences that hold us captive, creating a division between us and the complete experience of God's blessings. They tend to be deeply rooted and can be challenging to overcome independently.

Recognizing and addressing these negative influences is a crucial step toward personal growth and nurturing a closer connection with God. It typically involves practices such as prayer,

self-reflection, seeking guidance from spiritual mentors, and relying on faith to break free from their hold.

Addiction is something now mostly common today and Satan has built around it's building in the hearts of men in order to turn their hearts away from God. It can be positive or negative. Satan is the one in charge of the negative one, and he tries as much as possible to keep one under it in order to stop such from serving God faithfully. The moment one begins to see that he's finding it hard to stop a habit it's most likely possible that a stronghold has been built around it.

Most times, those who are negatively addicted are concerned about the physical aspect of such addictions such as the ripple effects it has on them, its restraining and compelling power over them and others, forgetting that there are two sides to a coin. We have the physical and spiritual sides of every addiction.

Positive Addiction
This is an addiction that builds the soul and spirit. It contributes to the wellbeing of the spirit and the soul. For an addiction to be positive it must derive strength from God. Such as an addiction to prayers, fasting and study of God's word. These things can not be overdone, when one gets addicted to these things one would see that they contribute positively to one's good, Satan finds it hard to build around this.

Negative Addiction
This is the one Satan works on, this has to do with the flesh, it subjects the flesh giving it commands that it must obey. This is what many battle with today, and it comes in several ways. Negative addiction can be formed from something not bad of itself. Such as the use of one's phone, taking of soft drinks,

sleeping, using of medicines etc all these are not sinful in the real sense but can form an addiction which in turn makes it sinful.

Addiction is defined as a compulsive, chronic, physiological or psychological need for a habit-forming substance, behavior, or activity having harmful physical, psychological, or social effects and typically causing well-defined symptoms (such as anxiety, irritability, tremors, or nausea) upon withdrawal or abstinence: the state of being addicted. A strong inclination to do, use, or indulge in something repeatedly

The most common form of addictions are

- **Alcohol addictions** - this is also referred to as strong/hard drinks which mars the sense of one's reasoning. It is ethanol especially when considered as the intoxicating agent in fermented and distilled liquors. Drinks (such as whiskey or beer) containing ethanol. Palm wine can also be categorized under this category.

- **An addiction to prescription painkillers:** A painkiller is something (such as a drug) that relieves pain. When a person gets addicted to it it becomes a stronghold spiritually, this is why without using it the person feels uncomfortable. When this stronghold is not broken, such people can experience freedom from it for a short time but will still go back to it.

- **Drug Addictions:** This is mostly common amongst youth today. Although the Bible does not directly address any form of illicit drug use. There are no express prohibitions against cocaine, heroin, ecstasy —methylenedioxymethamphetamine (MDMA), or methamphetamines (Meth). There is no mention of

marijuana, cannabis, peyote, magic mushrooms, or acid (LSD). Nothing is said about huffing, snorting, dropping, smoking, shooting, licking, or any other method of ingestion. Looking carefully into these things we'd see that they can be physically addictive and psychologically addictive. Physical addiction brings the body into subjection, psychological addiction brings the will into submission.

- **Sex addiction:** This addiction can hold a man's grip even as a married person. The moment one can not his sexual urge then there's a problem already. A person who engages in sexual intercourse regularly will almost always become psychologically and physiologically addicted to it. This is why many who are not married have become addicted to it, and the more they try to stop fornicating the more they go deeply into it. Sex between a husband and his wife in marriage is "pure" and is the God-ordained way of releasing the tension of a "sex addiction." Hebrews 13:4 KJV Marriage is honorable in all, and the bed undefiled: but whoremongers and adulterers God will judge.

  There is no justifiable reason for having sex outside marriage, not even a health reason, none!. Now, should a married couple allow themselves to become addicted to the point that sex becomes an obsession, a hindrance to other aspects of life? Of course not. Is it wrong for a husband and wife to desire regular sex with each other? Absolutely not. There must be a careful watch to know when one begins to find it hard to subject one's body for prayers and fasting as couples.

- **Gambling Addiction:** This is another addiction which many overlook. We see people betting, baba ijebu, lotto, casino etc

and they are addicted to it already. Many have asked how gambling is a sin which made them start and they could no longer stop now because they have become addicted to it. The scriptures warn us about the love of money, gambling is a get rich quick program which the scriptures warned about. Proverbs 13:11 KJV Wealth gotten by vanity shall be diminished: but he that gathereth by labour shall increase. There is no rational labor in betting, and it's clear that those who get money by gambling hardly do use it for anything tangible, there's a spirit behind i

- **Pornography:** This is an addiction that is so common today, both adults, youths, teenagers and even children are addicted already. In fact many married couples are also addicted to it which has affected their sexual life so much in their marriages. There are two primary aspects in the battle to overcome an addiction to internet porn: spiritual and practical. Spiritually, addiction to pornography is a sin that God desires you to overcome and therefore will enable you to do so. We will be addressing the spiritual here, before one can be free physically the spiritual must have been overcome, because the spiritual is the one that controls the physical. The stronghold of pornography can be brought down no matter how far you have gone into it.

  It is a serious matter, this is why you need to pray seriously as if you will not pray again. If you have not yet genuinely given your life to Jesus Christ, do so now because without that you cannot be free from addictions. Jesus Christ is the only One that can help you. This is a battle between life and death, life in Christ and death in addiction, you must first uproot the stronghold of that addiction spiritually, then the physical one will stop.

Pray these prayer points seriously

Worship the name of the Lord because you know that you'd be delivered from the stronghold of negative addictions.

1. O Lord my Father, I come to You today, have mercy on me in Jesus Christ's name.

2. Blood of Jesus Christ, flow into my body and purge out everything that does not give glory to God in Jesus Christ's name.

3. I detoxify my body from every poison caused by addictions in Jesus Christ's name.

4. You, my blood, receive divine healing from the pollution keeping me under bondage in Jesus Christ's name.

5. Every spirit that has gained entrance into my body through pornography in order to keep me addicted to it, come out now in Jesus Christ's name.

6. You my eyes, I wash you with the blood of Jesus Christ in Jesus Christ's name.

7. Long term addiction that is destroying my life gradually, fire of the Holy Ghost separate us now in Jesus Christ's name.

8. Sex demons that have kept me under the stronghold of sexual immorality, today is your end, expire! in Jesus Christ's name.

9. Love of money in my heart, I evict you now by fire in Jesus Christ's name.

10. Yokes of addictions, placed on my neck to finish my destiny, I take you off now! In the name of Jesus Christ.

11. Generational stronghold of addiction hiding inside my blood, I purge you out now with the blood of Jesus Christ.

12. Every soul tie I have with any kind of drug that is always holding me grip, I break such a soul tie in Jesus Christ's name.

13. Let the anointing that breaks stubborn addictions fall on me to scatter the stronghold of (mention the addiction) in Jesus Christ's name.

14. I receive divine immunity against the attacks of negative addictions in Jesus Christ's name.

15. Let there be a serious divine hatred between me and every thing that has become an addiction to me now in Jesus Christ's name.

16. I break the legal grounds of the stronghold of addiction in my life in Jesus Christ's name.

17. Curse of "thou shall not prosper" which addiction is holding onto in my life, break by fire!!! in Jesus Christ's name.

18. I receive the fruit of self-control now in the name of Jesus Christ

19. Let there be a thunderstorm in the realm of the spirit against the strongholds of addictions that refuse to let me go in Jesus Christ's name.

20. I command that there will be a spiritual earthquake to uproot the deposits of addictions from my life in Jesus Christ's name.

21. O' God arise!, move *Resurrection Christian Ministries* forward by fire in Jesus Christ's name.

22. Every stronghold keeping any member of *this ministry* under the bondage of addiction, I pull you down now in Jesus Christ's name.

23. Whatever God Almighty did not plant into *this ministry,* let them be uprooted by fire, in Jesus Christ's name.

24. The rage of hell against *Resurrection Christian Ministries* will not prosper in Jesus Christ's name.

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