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I wrote two articles for OUI magazine.

"Using NLP to Slip in the Back Door" November 2000 -- How to get her turned on to anal sex. You can read that in my book David Shade's Manual.

"The Deep Spot" September 2000 -- How to give her the most powerful vaginal orgasm.

Forget about the 'g' spot, go for 'the deep spot.' About seven years ago, I was dating a 22 year old woman who had never had an orgasm. She did have one long term boyfriend, so I knew that intercourse or face fuck would not do the trick. So I just took my time finding what would feel good for her. With my middle finger I searched for her "g" spot, but received no response. Then I decided to slide my finger in as far along the front wall of her vagina as I could. At its greatest depth, the inner diameter of the vagina increases. This area is no longer spongy, but instead smooth and firm, with slight horizontal ribbing. I curled the tip of my finger in a "come hither" manner, while pressing hard against the ribbing and slightly pulling down. She immediately responded to this. After continuing this for a few minutes, she had a concerned look on her face. Then the most wonderful thing happened. I watched the face of this beautiful woman while, for the first time in her life, she had an orgasm. That was sweet. She then breathlessly said "David, kiss me!" Eventually she was able to orgasm readily in any manner.

According to Gray's Anatomy, this area is called the "cavity of the cervix." This area is shaped like the underside of a Frisbee, with the cervix in the center pointing downward. Imagine the way you hold a Frisbee. Your fingertips touch the inside edge of the Frisbee. Curl the tip of your finger down the inside edge of the Frisbee in a "come hither" manner.

Later I was seeing a woman who had only had orgasms with the aid of continual direct clitoral stimulation. Basically, she had only had clitoral orgasms. I used the deep spot on her, and within a few minutes she exclaimed: "Oh David, I'm gonna cum! I have NEVER cum this way! Oh, I'm gonna CUM!" and she did, her very first vaginal orgasm. After a few evenings of awakening her vagina (by stimulating less of the deep spot and more of the wall of the vagina) she was able to readily orgasm in intercourse.

Because the uterus is slightly tilted towards the front, the cavity of the cervix is also slightly tilted. The Frisbee is lower in the front and higher in the back. The entire inside edge of the Frisbee, all the way around, is sensitive.

Another variation to this is to get her on her hands and knees and go in along the back wall of her vagina. Go in as deep as possible. Along the back it is deeper because the Frisbee is tilted. Curl the tip of your finger as if to press hard against her tail bone. Repeat. To her it will feel as if she is getting butt fucked. Some women find this very exciting and will experience a very powerful orgasm. I did this to one woman as she held the bathroom sink. When she was cumming I thought she was going to rip the sink right off the wall. After she caught her breath, and checked for broken finger nails, she told me that she just had the most powerful orgasm of her life. "That was the grand daddy of 'em all!"

When you massage the deep spot, do it firmly. As you massage the back of the

deep spot, you are simulating the "ballooning" that occurs in this area at the time of her orgasm. As you massage any area of the deep spot, you are simulating the muscle contractions that occur at the time of her orgasm to dilate the cervix. She can't HELP but cum!

The deep spot has one important benefit over the clitoris. The problem with the clitoris is that after a few seconds of an orgasm, it becomes so painfully sensitive that it cannot be further stimulated. The deep spot does not have this problem. The deep spot is one way to give a woman a very sustained orgasm. Besides, these natural muscle contractions continue to occur for some time after an orgasm anyway.

Another alternative to this is to let her lie face up. Use two fingers, your index finger and your middle finger. Keep the tips of your two fingers about an inch apart as you rub firmly against the front of her deep spot.

But the most powerful way to stimulate the vagina is the back of the deep spot. This is when you are going to wish you had long fingers. Get the tip of your middle finger way in deep along the back of the vagina. Stoke against the back of the vagina in a 'come hither' manner. When she gets really excited, the deep back of the vagina will begin to pocket. Press the tip of your middle finger against the back of the pocket, and with the pad of your finger, press down on the PC muscle, which will be contracting so hard that it will feel like it is going to break your finger. But drive on hard. It will drive her crazy.

