Abnormal Psychology Mid Term

Question **1**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

Which therapy is present-focused and uses behavioral goals to improve one's mental illness?

Select one:

a. Psychodynamic Therapy

b. Cognitive-Behavioral Therapy

c. Psychosocial Therapy

d. Person-Centered Therapy

e. Mindfullness-Based Therapy

Feedback

The correct answer is: Cognitive-Behavioral Therapy

Question **2**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

This is another name typically given for Social Anxiety Disorder.

Select one:

a. Social Phobia

b. Social Distress

c. Social Issues

d. None of the above

Feedback

The correct answer is: Social Phobia

Question **3**
Incorrect
Mark 0.00 out of 1.00
Flag question

Question text

What distinguishes manic episodes from hypomanic episodes?

Select one:

a. Duration

b. Associated impairment

c. Both A & B

d. Neither A nor B

Feedback

The correct answer is: Both A & B

Question **4**
Incorrect
Mark 0.00 out of 1.00
Flag question

Question text

The variable that is used to measure any impact of change made is the _ (blank) _.

Select one:

a. Dependent variable

b. Independent variable

c. Operational variable

d. None of the above

Feedback

The correct answer is: Dependent variable

Question **5**
Incorrect
Mark 0.00 out of 1.00
Flag question

Question text

This type of vunerability refers to how our experiences lead us to focus and channel our anxiety.

Select one:

a. Biological vulnerability

b. Psychological vulnerability

c. Specific vulnerability

Feedback

The correct answer is: Specific vulnerability

Question **6**
Correct
Mark 1.00 out of 1.00

Flag question

Question text

Research shows that individuals with GAD are less sensitive and vigilant toward possible threats than people who are not anxious.

Select one:

True

False

Feedback

The correct answer is 'False'.

Question **7**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

A manic or hypomanic episode is marked by all EXCEPT which of the following?

Select one:

a. increased goal-directed activity or psychomotor agitation

b. diminished ability to concentrate or indecisiveness

c. increased talkativeness

d. reduced need for sleep

Feedback

The correct answer is: diminished ability to concentrate or indecisiveness

Question **8**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

A major depressive episode must oc-occur for at least this length of time.

Select one:

a. 6 month

b. 1 month

c. 2 weeks

d. 5 days

Feedback

The correct answer is: 2 weeks

Question **9**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

Someone with disorder would accumulate excessive amounts of (usually) worthless items that clutter his/her living area.

Select one:

a. Hoarding Disorder

b. Obsessive-Compulsive Disorder

c. Body Dysmorphic Disorder

d. Anorexia Nervosa

Feedback

The correct answer is: Hoarding Disorder

Question **10**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

This disorder involves recurrent episodes of binge eating, that occurs on average at least 2 days a week for 6 months.

Select one:
a. Anorexia Nervosa

b. Binge-Eating Disorder

c. Rumination Disorder

d. Bulimia Nervosa

Feedback

The correct answer is: Binge-Eating Disorder

Question **11**
Incorrect
Mark 0.00 out of 1.00

Flag question

Question text

This particular theory of depression postulates that a particular style of negative thinking leads to a sense of hopelessness, which in turn leads to depression.

Select one:

a. Beck's theory

b. Hopelessness theory

c. Unstable theory

d. Depressive theory

Feedback

The correct answer is: Hopelessness theory

Question **12**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

What was the 'dominant psychogenic treatment' for mental illness during the first half of the 20th century?

Select one:

a. Blood-letting

b. Cathartic Method

c. Trephination

d. Psychotherapy

Feedback

The correct answer is: Psychotherapy

Question **13**
Partially correct
Mark 0.50 out of 1.00
Flag question

Question text

The brain region that is believed to play a critical role in Body Dysmorphic Disorder is what?

Select one:

a. prefrontal cortex

b. anterior cingulate cortex

c. nucleus accumbens

d. orbiofrontal cortex

Feedback

The correct answer is: prefrontal cortex

Comments

Comment:
Everyone in the course (-1 person) got this answer incorrect. Half credit will be given for the question.

Question **14**
Incorrect
Mark 0.00 out of 1.00

Flag question

Question text

Persistent depressive disorder have overlapping symptoms with _ (blank) _.

Select one:

a. Manic episodes

b. Major depressive episode

c. Major depressive disorder

d. None of the above

Feedback

The correct answer is: Major depressive disorder

Question **15**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

What of the following is NOT one the three different ways mental disorders are defined?

Select one:

a. Statistical Deviance

b. Social Deviance

c. Maladaptive Behavior

d. All of the above are correct

Feedback

The correct answer is: All of the above are correct

Question **16**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

The DSM provides the most widely used and social construction definition of what is considered normal and abnormal, despite limitations.

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **17**
Incorrect
Mark 0.00 out of 1.00
Flag question

Question text

Around _ (blank) _ % of people who are diagnosed with an eating disorder meet the criteria for depression.

Select one:

a. 15%

b. 30%

c. 50%

d. 70%

Feedback

The correct answer is: 50%

Question **18**
Incorrect
Mark 0.00 out of 1.00
Flag question

Question text

The lifetime prevalence rate for Anorexia is around what percent?

Select one:

a. 3%

b. 1.5%

c. 0.5%

d. 0.2%

Feedback

The correct answer is: 0.5%

Question **19**
Incorrect
Mark 0.00 out of 1.00

Flag question

Question text

Which therapy holds the belief that mental health problems result from an inconsistency between patients' behavior and their true personal identity?

Select one:

a. Psychodynamic Therapy

b. Cognitive-Behavioral Therapy

c. Psychosocial Therapy

d. Person-Centered Therapy

e. Mindfullness-Based Therapy

Feedback

The correct answer is: Person-Centered Therapy

Question **20**

Incorrect

Mark 0.00 out of 1.00

Flag question

Question text

This type of vunerability refers to the influences that our early experiences have on how we view the world.

Select one:

a. Biological vulnerability

b. Psychological vulnerability

c. Specific vulnerability

Feedback

The correct answer is: Psychological vulnerability

Question **21**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

Which of the following is NOT a factor that increases the risk of PTSD cited in the OpenStax text?

Select one:

a. low socioeconomic status

b. history of childhood adversity

c. male gender

d. female gender

Feedback

The correct answer is: male gender

Comments

Comment:
This could be tricky to answer (as there are multiple texts), but this is specific to the OPENSTAX textbook. However, I will allow the points for this.

Question **22**
Correct
Mark 1.00 out of 1.00

Flag question

Question text

Which of the following is NOT mentioned in the NOBA textbook as being an emerging treatment?

Select one:

a. Mobile-delivered Therapy

b. CBT-enhancing pharmaceutical agents

c. Mindfulness-enhancing pharmaceutical agents

d. Internet-delivered Therapy

Feedback

The correct answer is: Mindfulness-enhancing pharmaceutical agents

Question **23**

Incorrect

Mark 0.00 out of 1.00

Flag question

Question text

What type of disorder are major depressive disorder and persistent depressive disorder?

Select one:

a. Multipolar

b. Unilateral

c. Multilateral

d. Unipolar

Feedback

The correct answer is: Unipolar

Question **24**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

In this type of assignment, participants don't get to pick the condition they are in.

Select one:

a. Variable assignment

b. Mixed assignment

c. Random assignment

d. Confounded assignment

Feedback

The correct answer is: Random assignment

Question **25**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

The three types of interviews used in diagnostic procedure are unstructured interviews, semi-structured interviews, and structured interviews.

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **26**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

The word bulimia is translated to "hunger like an ox".

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **27**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

Suicide is defined as death caused by self-directed injurious behavior with any intent to die as the result of the behavior.

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **28**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

A person with this disorder engages is repetitive and ritualistic behavioral and mental acts, such as constantly looking in the mirror or trying to hide his/her 'offending' body parts.

Select one:

a. Hoarding Disorder

b. Obsessive-Compulsive Disorder

c. Body Dysmorphic Disorder

d. Anorexia Nervosa

Feedback

The correct answer is: Body Dysmorphic Disorder

Question **29**

Incorrect

Mark 0.00 out of 1.00

Flag question

Question text

Which of the following is NOT considered a treatment for Binge-Eating Disorder, from the text?

Select one:

a. Antidepressants

b. Interpersonal therapy

c. Mindfullness-based therapy

d. Cognitive behavioral therapy

Feedback

The correct answer is: Mindfullness-based therapy

Question **30**

Incorrect

Mark 0.00 out of 1.00

Flag question

Question text

Disturbances in the functions of this neurotransmitter are linked to suicidal behavior.

Select one:

a. Dopamine

b. Norepinephrine

c. GABA

d. Serotonin

Feedback

The correct answer is: Serotonin

Question **31**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

About _ (blank) _ in _ (blank) _ women experience postpartum depression (perinatal depression) after the birth of a baby.

Select one:

a. 1;10

b. 5;20

c. 1;20

d. 5;10

Feedback

The correct answer is: 1;20

Question **32**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

20% of people who suffer from anorexia will prematurely die from complications related to their eating disorder, including both heart problems and suicide.

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **33**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

What is the prevalence rate for Social Anxiety in females?

Select one:

a. 6.8%

b. 12.1%

c. 50%

d. 13%

Feedback

The correct answer is: 50%

Comments

Comment:
Everyone in the course got this answer incorrect. Full credit will be given for the question.

Question **34**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

A person with PTSD is particularly sensitive to both internal and external cues that serve as reminders of their traumatic experience.

Select one:

True

False

Feedback

The correct answer is 'True'.

Question **35**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

What is an example of compulsive behavior?

Select one:

a. Repetitive washing

b. Repetitive checking

c. Order and arrangement to ensure symmetry

d. Specific rituals or sequences

e. All of the above

Feedback

The correct answer is: All of the above

Question **36**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

Suicide among _ (blank) _ is 4 times higher than among _ (blank) _.

Select one:

a. females; males

b. males; females

c. adults; teens

d. teens; adults

Feedback

The correct answer is: males; females

Question **37**

Correct

Mark 1.00 out of 1.00

Flag question

Question text

This percent of the population will have met criteria for Panic Disorder or Agoraphobia over their lifetime.

Select one:

a. 4.9%

b. 4.8%

c. 4.7%

d. 4.6%

Feedback

The correct answer is: 4.7%

Question **38**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

The percentage of adults who have sought treatment has increased slightly from 2004 to 2008.

Select one:
True
False

Feedback

The correct answer is 'True'.

Question **39**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

This disorder is marked by excessive concern about being in social situations, where scrutiny is likely.

Select one:
a. General Anxiety Disorder

b. Social Anxiety Disorder

c. Panic Disorder

d. Posttraumatic Stress Disorder

Feedback

The correct answer is: Social Anxiety Disorder

Question **40**
Correct
Mark 1.00 out of 1.00
Flag question

Question text

This type of vunerability refers to specific genetic and neurobiological factors that might predispose someone to develop an anxiety disorder.

Select one:

a. Biological vulnerability

b. Psychological vulnerability

c. Specific vulnerability

Feedback

The correct answer is: Biological vulnerability