

Flirting Secrets: 5-Part Mini-Course

5 Amazingly Simple Ways To Flirt With Women So They Find You Totally Irresistible

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Dear Friend,

If you missed any of the *Flirting Secrets Mini-Course* lessons, because of junk mail filters or because you didn't have time, I've now included all the lessons, plus the video, here in this report for you to read at your leisure. Enjoy.

To Your Dating Success,



– Christopher Williamson

Lesson 1: the REAL secret to getting women

Chris here. I want to applaud you on your decision to improve your level of success with women by enrolling in this special, "5 Amazingly Simple Ways To Flirt With Women So They Find You Totally Irresistible" mini-course.

Seriously the biggest mistake men make is not doing anything about their situation, so hats off to you for taking action.

Now, over the next five lessons you're going to learn exactly how to captivate and attract the kinds of women you want.

And before I reveal the BIG secret to attracting beautiful and interesting women, I want to cover a myth that most guys sadly believe.

In fact, this myth is so destructive that it keeps most single men from EVER dating high quality women.

A lot of guys say, "Chris, I'm not good looking, so I'll never get beautiful women. I need to look hot if I want to get women."

They continue to say, "I know I'm right because the good looking guys I see, always date the best women. They're attractive, that's why they get women!"

Now, I want to tell you the truth about 'hot' guys and why they REALLY get women (And it's NOT the reason you're probably thinking of.)

Guys who are good looking date hot women, but it's not because of their looks.

I repeat, it's NOT their looks.

Here's proof: While these guys were growing up, everyone in their lives told them things like:

"You're so handsome"

"You're really hot"

"You're that sexy guy we always talk about"

"And so on..."

Do you think hearing comments like these would do something for your self-esteem and confidence?

You bet!

If you were showered with compliments all your life, wouldn't you believe that all women like you as well? You might even develop a slightly arrogant attitude.

In a nutshell, guess what happens to these men? Their self-esteem and confidence go through the roof! They BELIEVE they can attract beautiful and interesting women.

Why? Because every young woman, family friend and even the neighbour have told him he's handsome since he was a young man.

Having said that, even with evidence like this, many guys still believe that being handsome is still the very best way to get a girl.

This short story explains why most men still believe this.

John sits with groups of women as they talk about the latest gossip during their lunch break. Suddenly the conversation stops as the women spot a handsome guy across the room.

They laugh and giggle about how much they'd love to date him and even joke about how great he would be in bed.

As a result, John now believes he has firsthand evidence that women value men's appearance above all else.

Unfortunately, he has missed a VITAL PIECE OF INFORMATION.

If this hot guy was to walk over and introduced himself to the group of women but didn't know how to flirt or talk to women properly, acted unconfident or sleazy, any interest these women might have had in his physical beauty, would...

...stop dead in it's tracks.

Being able to attract a beautiful woman has very little to do with how you look. So what do women find irresistible?

Listen very carefully. Drum roll please...

The ONE thing women find irresistible above all else is... confidence.

Don't believe me? Don't worry, neither did I, when I started to try and figure this stuff out myself.

Sometimes you need a big "cold-bucket-of-water-over-your-head" wake up call to turn your beliefs around. Read on.

The sooner men realize that the needs of women are completely different from their own, the sooner they'll become more successful at dating them.

What many men fail to understand is that their physical attractiveness is not very important to women.

As humans, we try to relate to situations using our own personal experiences.

But how can you understand and relate to something you've haven't experienced yourself? (Like I dunno... being a woman.)

FACT: Because men are primarily attracted to a woman's physical beauty, they make the mistake of assuming that she is also attracted by physical beauty.

Hopefully my following “documentary style” statement will clear this up for you:

Women bear children, men don't. So while men are drawn to the youthful and healthy signs of a woman, women instinctually gravitate towards FEARLESS men who TAKES CHARGE of a situation. In essence... confidence.

This makes perfect sense when you think about it from a biological point of view. Women want men who can protect her child from the big bad things of this world.

So, this explains why you see so many women with guys like bad boys and rebels. They aren't always the most “suitable”, but they're oozing with confidence, which makes them irresistible from Mother Nature's point of view.

Even after reading this many guys still say something like, “OK Chris, so why is learning to talk to women so important when you're trying to attract them?”

Well, I'll give you very simple.

If you can't talk to a woman- in other words- you don't know what to say, how are you ever going to walk up to her and have the confidence to start a conversation?

You wouldn't.

That's why if you don't know what to say or what topics to talk about, you're never going to have that edge to take action and get her attention.

If you don't walk over and talk to the woman you'll never be able to...

- Enjoy her company
- Kiss her
- Go on a date
- Take her home for casual se'x
- Make her your girlfriend
- Have a magic relationship
- Marry her

So knowing what to say is the most important thing you need right now. Case closed.

And here's the great news. Talking to women so they feel attracted is a **LEARNED SKILL**.

Unlike women who are stuck with their physical looks, men can change their behaviors with a snap of the fingers, if they're serious about making the change.

And by learning how to communicate with women you gain an incredible advantage over 99 percent of men out there, which sets you apart to the point other guys begin to envy you.

So now that you know why learning to talk to women is so important, tomorrow you'll start to learn some flirting and communication techniques that will rock your world!

Well, that's all for today. Hope you've enjoyed it.

Talk soon,
Chris Williamson

P.S. If you're ready to improve your level of dating success with women... then go to <http://www.flirtingformula.com/system> right away. You'll discover my entire "bag of tricks", containing 117 of my best-kept flirting secrets and techniques for talking to women (that took me over three years to test and refine to perfection), shaving years off your learning curve.

Lesson 2: here's a shortcut to get women interested

ANNOUNCEMENT: Tomorrow look out for a brand new video called "How To Get Intimate With Beautiful Women In Less Than 30 Minutes At Your Place." Trust me, you won't want to miss it.

Okay, now that you understand the **REAL** reason you must learn to flirt with women, I'm going to show you the conversation strategy to fast track a woman's interest in you.

However, if you haven't read yesterday's lesson I strongly suggest you go back to your inbox and consume the valuable tips before continuing because it's the basis for today's talk.

You've read it? Then let's begin...

- Men are DIRECT
- Women are INDIRECT

For a long time relationship books have been telling us this, but what does it really mean? And how can we use this knowledge to get women excited to be around you during conversations?

For instance, have you ever been confused by the things women do? Here are some examples...

She says: "It's not you, it me"
She says, "Give me your number and I'll call you." But never does.

The thing I want to beat into your head is this:
Women usually mean THE OPPOSITE of what they say or do.

Huh? Stay with me here. I'd hate for you to miss this!

When she says: "It's not you, it me"
She means, "It's not me, it's YOU."

When she says, "Give me your number and I'll call you."
She means, "Take my number because I won't call you or I don't want to talk to you."

When she says, "Why didn't you get my friends number? She was pretty!"
She means, "Why did you get MY number? I want to know if you like me and why."

Now pay very close attention.

When she, playfully and harmlessly hits you, teases you, annoys you and says you suck.
She means, "I like you and want to get to know you better."

"What?"

Yep.

And note that I said when she does these things PLAYFULLY and harmlessly.

For example, have you ever had a girl you weren't interested in chase you?

She probably laughed at your jokes and called you a slacker, poke her tongue at you and pulled faces like she didn't give a dam... but she did.

Or have you even seen a movie where just before two people kiss for the first time, they're usually having a pillow fight or a wrestling match on the beach? This is teasing working at it's best.

So why do women do this? What drives women in most situations to act the opposite, and as a result, confuse the heck out of men?

Because women want to AVOID CONFLICT.

Think about it. How often do you see two women roll up their sleeves and try to knock each other out at bars? (Or anywhere for that matter!)

Instead, they bitch behind each other's back, spread gossip about the rival woman and battle it out in the "psychological and emotional ring."

That's about as INDIRECT as it gets!

So women often use this opposite strategy to "hint" at their intentions and beat-around-the-bush to imply their message. And of course, hopefully the message is transmitted and de-coded at the other end.

However, this is the challenge for men. Women don't need to learn this stuff because they already know it.

It's natural to them.

It's easy.

It's instinctual.

Having said that, you still might be confused about why women might do such a thing, but it makes logical sense when you think about their role in nature. (Yes, another documentary style explanation)

What's women's biological role? To care, nurture and protect her children, right?

So what's the best way to protect the wellbeing of a child if you're not physically strong? To use your social skills and brain to avoid conflicts in the first place.

Fascinating stuff isn't it?

So what can you learn from all this to get women interested in YOU?

What's the ONE thing you can start doing right away to communicate in a woman's secret encrypted language and get her interested faster than any other way possible?

Here's the point of all this: communicate and talk to women in OPPOSITES.

That's right.

If you like her, don't say, "I like you."

If she's super hot, don't say, "You're beautiful."

While the dates going fine, don't say, "How am I doing so far?"

And if you like her, playfully suggest you DON'T LIKE HER.

How?...by playfully teasing

Which leads us to the BIG mistake that guys make around women and exactly why teasing works so well. (Which I'll explain further in just a moment.)

Have you ever thought what it must be like living as an attractive woman?

Very beautiful women are shown interest from eager and horny men everyday.

- Men stare at women all day
- Men approach women and act desperate
- Men act "nice", hoping to date women

These women are approached hundreds of times a week by men communicating their interest for them. This may be flattering for sometime but after a while it gets "boring".

Why? Because if a woman is 100% sure she can have a man by the way he communicated this in some really obvious way, how much effort is she going to put into calling him, talking to him or begging to catch up?

That means she won't chase him because she knows he's there for her whenever she wants and that's something she'll TAKE FOR GRANTED.

Why would women do this? Because it's just human nature. We all do it at some stage.

What this all means is this: Women are always interpreting the actions and lines you say. Her mind is always analyzing your moves to understand your intentions to figure you out.

If you can keep her guessing by being playful, challenging, fun and mysterious, you engage her very quickly.

And that's the second reason teasing is so powerful.

Here are the 5 qualities you project when you tease attractive women...

1. **OVERCONFIDENCE.** All women are attracted to confident men. If women find this desirable what could possibly be better? Overconfidence. The reason women are always with bad boys and jerks is because these men are all cocky, very sure of themselves and flooded with confidence.

2. **LEADERSHIP.** A significant part of what women call "being a real man" is taking charge in all situations that includes leading. By teasing women you're leading the conversation and demonstrate initiative.

3. **SOCIAL SUPERIORITY.** Women are interpreting everything you do. When you tease them it says you have high standards and want more than just a pretty face. This creates a challenge for women to chase. See how the tables have turned now?

4. **MYSTERY.** Because you're teasing the woman she's wondering if you really like her. You asked for her number but then you called her a dork. What's she suppose to conclude from that? As Albert Einstein once said, "The most beautiful thing we can experience is the mysterious." And he's right, at least for women.

5. FUN. Let's face it, everyone wants to have fun. When you harmlessly tease a woman, you not only engages her in a playful and fun conversation but you demonstrate an interesting and unique personality that she wants to be around.

To better understand the concept of teasing observe how these direct and indirect comments contrast:

-- MAN FLIRTS DIRECTLY --

HE JUST: said, "Wow, you're really beautiful"

THAT MEANS: He's only interested in me physically because he doesn't even know anything about me. I don't like him.

RESULT: she's repelled.

-- MAN FLIRTS INDIRECTLY --

HE JUST: called me "shorty" (Implying I'm short)

THAT MEANS: he's very confident, mysterious, funny, secure around women, in control, hard to get, playful and really fun! He's not just interested in my looks because he's not sucking up to me like all the other guys. In fact I'm not even sure if he is interested in me. I'm going to keep flirting with him and get to the bottom of this.

RESULT: she's attracted.

That's 8 good qualities from saying one statement. Pretty good, huh?

Or, if you prefer here's one way to tease women without remembering a single word!

Poke your tongue out at her. That's it. During your conversation playfully poke your tongue out and see what happens.

The more attractive the woman, the better this teasing technique works.

Why? Because it never happens to them! These women are so beautiful that once men see them they go "ga-ga" and can't keep their act together. These women are use to sitting on a pedestal above men and getting whatever they want with their beauty.

Having said that, there are "the right ways" and "the wrong ways" to tease women. And if you don't know the difference, you could end up paying for it with plenty of cold-hard rejections.

Inside my "how to talk to women" system, Flirting Formula, I show you 42 (Yes, forty-two!) different ways to tease women during conversations that get them feeling attracted to you.

So there you have it. The most powerful way to captivate and get women interested with your conversations – tease them.

Of course, we only have time to cover the very basics of communicating with women in this mini-course but by the end, you'll already know more than most guys out there.

Make no mistake: Unless you know how to talk to women at each step of the dating process, you'll be in trouble. If you get this skill the rest is all downhill from there.

Well, that's all for today, but remember to look of for the video I mentioned at the start of this email. Until then, take care.

Best regards,
Chris Williamson

P. S. And if you're serious about improving your success with women and dating... then go to <http://www.flirtingformula.com/system> right away. You'll discover my entire "bag of tricks" that contains 117 of my best-kept flirting secrets and techniques (that took me over three years to test, compare and refine to perfection), shaving years off your learning curve.

Bonus Video: No flirting lesson today.

I've just completed a brand new quick VIDEO called "How To Get Intimate With Beautiful Women In Less Than 30 Minutes At Your Place" where you're going to learn about the "five dollar thing" that has women laughing, smiling and feeling comfortable at your place almost immediately.

Watch the video right away at...

<http://www.flirtingformula.com/getintimatefast>

That's why there's no lesson today. Tomorrow you'll continue with Lesson #3 of your 5-part mini-course as usual.

Hope you enjoy the video.

Talk soon,
Chris Williamson

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Lesson 3: this ruins most guys' chances of getting women

Today's lesson is going to be a little bit different. It's going to be quick, punchy and full of tips.

Because you've learn a lot of conversation mistakes that get men rejected over the past two lesson, I thought I'd summarize the 7 biggest ones right here and also give you 7 solutions to use instead.

1. TALKING SERIOUS AROUND WOMEN - Chances are you didn't catch her eye by being Mister Serious. You were probably laughing and joking around (in other words, being yourself) with your friends. But, when you walk up to her, you think she wants to see that you are composed, sophisticated, and you can carry a mature conversation.

Solution – Be yourself. Don't be afraid to open with a crazy question that one of your friends just asked you. If she laughs, you're in. You don't need to walk up to her and pretend that you have it 'together.' Don't try to be something you are not – most women can see right through it.

2. ASKING BORING QUESTIONS – So, what do you do for work? Yawn. If you want to shoot down your chance of moving past the handshake, then keep firing off the 'Top 20 Small Talk Questions to Ask When Meeting Someone New.' It works at Christmas parties and church picnics, but not when you are trying to get the phone number of the hottie in the coffee shop.

Solution – Ask questions that demand more than a one-word or one sentence answer. Ask questions that might reveal something about that person. Ask questions that challenge (but certainly not insult) a person. That is how REAL conversation is started.

3. COMMUNICATING TOO DIRECTLY – “I’ll call you tomorrow around lunch time...” STOP, what you are doing, and leave a little bit to the imagination. Telling her every little thing takes the game out of it – for both of you. Men constantly give away too much when they talk to women, and it works to their disadvantage. Provide too much information, and it might just be more than she wants to hear.

Solution – Listen more, talk less. Don’t give away the details. Women are naturally attracted to the chase, so you might as well give it to her. They cannot resist wondering... “When is he going to call... Is he going to call... ??”

4. LETTING CONVERSATIONS RUN DRY -- Whoa! This is one of the most commonly committed errors by men – talking too long and trying desperately to keep this hot chick in front of you for as long as possible. Until, of course, the conversation starts to lag and you find yourself toeing the floor in front of you, repeating things that were funny at the beginning of the conversation, and then finally the dreaded 10 seconds of silence before saying... OK, well I’ll give you a call. You know what I am talking about.

Solution – When you get to the peak of a conversation, leave. I don’t mean just walk away in mid-sentence, but while both of you are talking and laughing, just casually look at your watch and say something like, “Oh, sorry... I’ve got to meet a friend in about 10 minutes...” Note: Leave with phone number in hand (or at least make sure she has yours).

5. SUCKING UP TOO MUCH – You’re so pretty. I love your smile. Awwww... that’s so nice, but she doesn’t give a damn. Interestingly, most women (especially the super-attractive ones) react more favorably to teasing rather than sucking up. Sucking up doesn’t give you the backbone, and certainly doesn’t exude the confidence you need to land the girl.

Solution – Get a backbone and make this girl realize that she isn’t going to bowl you over with looks alone. Stick out your tongue, or comment on something in her teeth. You give the impression that

your standards might just be a little higher than hers... she'll be intrigued to say the least... and she won't exactly know why.

6. TALKING WITHOUT INTENTION -- If you fail to plan, then you should plan to fail. That saying is as old as dirt – but it's true. So why would you go up to a girl without an end plan? I don't know either. Are you after her number? Do you want to give her yours? Or are you propositioning her for the evening...? No matter how you slice it, you better know where you are headed, or you are going nowhere with her. Don't just talking for the sake of talking – that's how you end up at Mistake #4.

Solution – If you want to end up getting her number, then you need to talk your way into getting it. It's not a manipulation thing, but you need to work yourself into a place where it seems appropriate to ask (or to give her yours).

7. DON'T KNOW WHAT TO SAY -- In reality, the other six mistakes never come into play because most men never let themselves get past this point. Ever walk up to a girl and open your mouth and nothing comes out?

Me either... but you can imagine the feeling if it actually did happen.

That's why men talk ourselves out of stepping up to the plate in the first place. They have no idea what to say.

They're afraid to be themselves, they don't want to ask boring questions, they only know how to suck up to pretty girls, they are deathly afraid of 'silence' and they don't have a plan.

Perfect, so let's not even go up to her!

Bzzzzzt wrong!

The only way you are ever going to knock the ball out of the park is if you get in the game!

You can't get the girl by sitting on the sidelines. Arm yourself with a plan, don't ask boring questions, intrigue her, tease her, keep her guessing – and start landing the ladies you want!

You can't sidestep the flirting part, yet it is where most men make mistakes. The unfortunate circumstance is a constant merry-go-round of rejections, or worse, could-have-hads-but-chickened-outs.

Master the art of flirting and you will notice your social calendar bulging at the seams!

That brings to the end of Lesson 3. The next lesson on it's way tomorrow.

Talk soon,
Chris Williamson

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Lesson 4: This flirting tip is almost too easy!

Now that you understand some basics about flirting with women it's time to start talking to women right?

Not so fast.

Just as important as "what you say" you need to know how to use your voice when talking to women.

Finding the right words to say to women continues to be the hardest thing for men to overcome. Comedians often say, "It's not what you say, but how you say it" and they are completely right.

A single word response such as "What?" can be interpreted dozens of ways depending on the characteristics of the voice.

It could be angry, surprised, uninterested or curious. Say, "what" in using each of these emotions and note the difference in your voice.

If you want to successfully flirt with women stop thinking about the right words and start to deliver your words in a confident and irresistible manner.

Below are some things you should take into consideration when flirting with women.

TIP #1 – SPEAK DEEPER

Women often say that deep voices are extremely sexy. Deep voices are sexy because they represent a cool, fearless, in control personality.

A deep masculine voice is universally more attractive to women and helps distinguish your voice from all others. This sort of voice becomes very important in isolated and private settings when you're together with women. How to deepen your voice:

1. Place your hand on your chest
2. Say a few words and note the feeling on your hand
3. Stop talking and begin to hum
4. Lower the tone to increase the bass in your voice.
5. Note the feeling on your hand
6. Continue to hum and turn the sound into words
7. Admire your new, confident, attractive voice

You don't need to have an extremely deep voice but it should be deep enough to communicate that you're comfortable in the presence of women. If you notice when you talk to women your voice becomes squeaky from nervousness use this technique to compose your voice.

TIP #2 – SPEAK LOUDER

Part of a confident voice is the volume you project. Confident men flirt with loud, strong and clear voices.

Unconfident men speak with soft, weak and muffled voices that project fear and low self-esteem. If you want to get the attention of women start speaking with a louder voice.

If women intimidate you, chances are your voice is very soft. Boost your voice to a volume that "seems" too loud and you'll speak at a comfortable volume. Because you're not use to speaking at this volume it will seem very loud; don't worry, practice makes perfect.

TIP #3 – SLOW DOWN

Public speaking is a great fear for most people. When somebody stands up to speak you can tell exactly how confident they are just by the speed of their voice. When we talk to our friends we speak in a cool calm voice and at a reasonably slow pace.

If you hear a terrified person make a speech against their will, you'll hear the fear in their voice. Unconfident people speak at an unnaturally fast pace to "get it over and done with."

They are so uncomfortable at public speaking that they rattle off their speech so fast most people have trouble getting the main points. Just by listening to the pace of your voice women can determine if you're nervous.

Bonus Tip: If you're nervous around women speak at half the speed you think you should be talking and you'll most likely be talking at a natural pace.

TIP #4 – ADD VARIETY

Comedians are funny because they deliver their jokes with great timing.

Learn to add emphasis, pauses, pace changes and fluctuating vocal tone. If you want to know exactly how to talk to women study some of the most confident public speakers and coaches of our time. Listen how leaders and seminar speakers keep people interested by using their voice as an instrument. Watch some TV and take notes.

Who would have thought being a couch potato could help you with women?

Here's what this all comes down to: A lot of men say they know what makes a confident voice and how to project one but when it comes time to approach women and use this confident voice, they freeze up.

Just knowing something doesn't make you an expert; you must put what you know into practice. Take action.

TIP #5 – PLAN

As you already know, the biggest reason guys get nervous and don't even approach women is because they don't know what they're going to say.

That's why planning is important. And no. I don't mean memorize a script!

I mean make sure you know what you're going to say first, where you want the conversation to go and make sure you take control to achieve this result.

There's nothing worse than walking up to a woman only to make a complete fool out of yourself because you didn't know what to say.

Umms... Ahhhs... and awkward silences won't win over the woman you want.

So here's what to do:

1. Grab a sheet of paper
2. Write down all possible lines to start conversations

Examples:

Hey, what do you think of my jeans?

Hey, I was thinking of getting this tattoo drawn on my upper back,(show picture of tattoo) what do you think?

3. Write down all the possible things you can do during your talks
4. Write down exactly how you're going to ask for her number.

Example:

Hey, we should catch up again soon. Are you single? Great! What's your number?

Now here's the best part... If you know exactly what to say your voice volume, smoothness, speed and tone all come across sexy **AUTOMATICALLY!**

Yep. Cool huh? :)

So that completes Lesson #4 of this mini-course. The last lesson is coming your way in around 24 hours.

Talk soon,
Chris Williamson

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Lesson 5: Are you using this to get women?

Today's Topic: Flirting WITHOUT words...

Did you know that getting girls to like you is much more than just what you say?

Did you have any idea that you're communicating with women all the time, even when you don't speak?

As a matter of fact, by using this form of communication you can get a woman's attention very fast, even from across the room.

And at the same time, women can decode these subliminal messages without you even realizing.

The form of communication I'm talking about is body language.

Body language is how you communicate your feelings through your eyes, facial expressions, stance, posture and movements.

Simple stuff right?

An angry person frowns, yells, and makes fast agitated movements, while a sad person moves very little, is very quiet and curls up into a ball, that hides from the world.

So why are we talking about body language?

...because the best body language interpreters in the world are WOMEN.

Women are very good at interpreting body language for one reason: It's how they determine whether a man is irresistible or not.

Why? Because no amount of "saying the right things" works if you don't know how to use your NON-VERBAL communication.

While men primarily focus on women's physical beauty, women focus on how men "hold themselves."

Sometimes for fun I ask women what they like about men. While consciously women want their men to be, "nice, caring, romantic, etc", unconsciously they want men who are masculine. When I ask women who understand this concept, their responses are:

I like a man:

"who holds himself well"
"who knows what he wants"
"who's sure of himself"
"who's not intimidated by me"
"who's not nervous"

At first glance these qualities all seem confusing and completely different, but in actual fact, they're the same. Unconsciously women want confident men.

Did you know that women could know how confident you are just by the way you stand?

Confident men are irresistible to women the same way beautiful women are irresistible to men.

For this reason women always interpret men's body language to see what's REALLY going on.

Unlike words, body language is very hard to fake.

- If you get nervous around her, she knows.
- If you lie, she knows.
- If you're popular and loved by all, she knows.

Often no matter how hard you try people can tell what you're feeling through your body language.

Like when somebody says, "Is everything Ok?", they're asking you because your body communicated that.

Here's an example of how women interpret your body and categorize your status.

HE JUST: walked past with his back hunched over and had his eyes fixed towards the ground.

THAT MEANS: he's very unconfident, probably has low self-esteem, is shy, probably doesn't have very good social skills, would be very boring and possibly doesn't have many friends.

Did you ever think that the way you hold yourself determines how women make so many judgments about you?

The amazing thing is that women make these judgments within only seconds of seeing you.

Body language basically communicates your level of SELF-RESPECT.

Most men don't realize that their level of self-respect, ultimately determines the level of respect others place on them.

For instance, who are you more likely to like?

The guy that sits in the corner and stares at the ground or the guy that walks into the room and everyone cheers for!

One guy makes your day, while the other brings you down.

Who would you hang around? It's your self-respect that gravitates others towards you.

People love being around other people who bring them up.

After your first interactions with women, they're going to remember very little about WHAT you said and more about HOW you presented yourself.

Instead, she'll recall facts like, "He was confident, funny, intelligent and charming."

So how do we show that we RESPECT OURSELVES so that women can respect and feel attracted to us?

TIP #1 – STAND WITH POWERFUL POSTURE

Posture is extremely important when you flirt with women and it's the most powerful way to convey power and confidence.

Here's how to correct your posture:

1. Stand in front of a mirror
2. Puff your chest out just enough to make your spine straight
3. Relax your shoulders

Bonus Step: Now slouch over and see how it makes you look. Which posture is more appealing?

Women can tell whether you'll be interesting or not just by observing your posture as you approach them. Although posture is important, eyes come in number 1 for successful body language and flirting.

TIP #2 – GET CAUGHT LOOKING

Eyes tell a tremendous amount of information about a person. When you keep your eyes fixed on a woman you say lots about your self-esteem.

Do not look away when a woman looks at you. I repeat. DO NOT look away when a woman is looking at you. If you do she thinks,

"He's shy, has no confidence and if he has any feelings for me, he's trying to hide them. I know this because he doesn't even have the guts to keep looking and be honest about how he feels."

If you want the single best way to instantly trigger a woman's attraction towards you then keep looking when she looks over.

Here's the 3 quick steps:

1. Look in her direction until she looks
2. Hold the look until she looks away
3. Walk over and start flirting with her

Simple...

What She's Thinking...

HE JUST: kept looking until I looked away.

THAT MEANS: he's confident and knows what he wants. There's something irresistible about his calmness. Does he really like me? I want to find out.

RESULT: she's attracted.

If you look at the ground because you're shy your head will naturally point towards the ground. When your head faces downwards your shoulders tend to roll forward creating terrible posture. That's why simply looking at the ground can repel women instantly.

TIP #3 – TILT YOUR CHIN UP

While eye contact and posture are the two most important factors necessary to effectively flirt with women, the positioning of your head can add the finishing touches to your confidence. Understand this...

People want to be around others that are BETTER than they are.

People want to hang out with people that are COOLER

People want to learn from people with MORE EXPERIENCE

People want to compete against people with MORE SKILL

And it's exactly the same for women. A subtle way to fulfil this natural desire within people is to tilt your chin up but still make eye contact with the woman while flirting.

Women love it when you're very sure of yourself. While this technique may seem like a display of arrogance it doesn't come across that way.

Without going into it too much women enjoy men who are humbling arrogant but not offensive. Notice how popular and rich people tend to project an aura of arrogance?

People respect these people because they respect themselves. Use this universal body language to subconsciously communicate success and self-respect. Soon others will believe you are.

Bottom line: Don't be afraid to raise your standards. Others will comply. Remember this fact...

FACT: You are what you believe. Seriously.

TIP #4 – BE RELAXED

Nervous body language is your ticket to a night all alone. If you "look" nervous around women when you introduce yourself you make them nervous.

Some examples are:

- Scattering your eyes and looking around
- Scratching their back, neck, hands or face.
- Shuffling their feet
- Swaying left to right

Talking in an unnatural or rehearsed tone of voice

Speaking in a monotone and quiet voice

Fidgeting with accessories (phones, watches, bracelets or necklaces)

Sometimes less is more. The less you move your body the more attractive and confident you appear to women that are yet to form a first impression of you.

TIP #5 – REWARD WITH SMILES

This may be hard to understand, but don't smile all the time. Guys often smile because they're insecure, but this is not the reason you shouldn't use your smile.

When you can make a woman laugh, smile, and enjoy herself without too much facial expression, you increase the level of mystique surrounding yourself.

Think about it. If you tone down your facial expressions (while also eliminating nervous body language, as discussed above) you don't give the woman any clear indication that you like her.

If she's 100 percent sure you like her, there is no mystique. But if at the end of the interaction or date the woman still doesn't know anything about you and your intentions, she'll want to find out more. She becomes seduced by her own curiosity.

FACT: Often women work really hard to find out if a man likes them, but once they discover that "he does" she loses all interest in the guy and moves on.

The lesson here is to only smile on occasions, no big cheesy grins.

So there you have it, some quick body language techniques for you to start using while talking to women.

Now, having covered these tips, listen to me very carefully.

Often, no matter how hard you try, women can tell what you're feeling through your body language.

Like when somebody says, "Is everything OK?", they're asking you because your body communicated that. So...

If You Don't Read Anything Else,
Read This One Thing!

If you can keep conversations going you never have to worry about these body language problems.

Why? Because INSIDE you'll feel confident and thus project the right body language traits automatically and ultimately attract the woman you want.

In my opinion, flirtatious conversation is the most powerful thing you can learn to improve your success with women.

If you can learn how to keep conversations going and know exactly what to say how much confidence would that give you?

That's why I've put together a complete step-by-step system that teaches normal guys (like you and me) how to build this confidence by knowing exactly what to say so women feel totally infatuated with you.

If desperate guys approach women all the time, you can't possibly attract them by doing the same stuff every other guy does. You need to **STAND OUT FROM THE CROWD**.

Be unique.

Be different.

Be irresistible.

I encourage you – I challenge you – to put me to the test. If Flirting Formula doesn't dramatically improve your dating success with women, I'll personally refund your money.

Go to <http://www.flirtingformula.com/system> check out the site and see how I can help you attract more beautiful women starting today.

And, please, whatever you do, start using these five simple flirting techniques with women from now on.

This information alone puts you way ahead of your competition.

Take care,
Chris Williamson

P.S. If you're serious about improving your success with women and dating... then go to <http://www.flirtingformula.com/system> right away. You'll discover my entire "bag of tricks" that contains 117 of my best-kept flirting secrets and techniques (that took me over three years to test, compare and refine to perfection), shaving years off your learning curve.

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