FRESHMAN



EXAMS

PART ONE: READING PASSAGE (11%)

Read the following passage and answer the questions that follow:

1. The ethical and legal principle of confidentiality is anchored in a set of values and assumptions about the treatment relationship and the consequences of disclosing private information. In the context of treating mental illness, these values include the following.

2. First, confidentiality is considered important because of the continuing **stigma** that is often associated with seeking mental health treatment. Until the late 1960s, the law often endorsed discrimination against people with mental illness. Because a diagnosis of mental illness was often equated with incompetence in decision making, treatment could result in the loss of key civil rights, including the right to enter into a contractual relationship, the right to vote, and the right to execute a will. Although **these** legal consequences have generally disappeared, mental illness still may cause negative consequences for the individual. For example, it is worth noting that before the recent political preoccupation with sexual issues, a way of discrediting an opponent politically was to reveal that he or she had been treated for mental illness. Examples included the attempted theft of Daniel Ellsberg's psychiatric records after he disclosed the Pentagon Papers; the removal of Senator Thomas Eagleton from the Democratic ticket in 1972 after it was revealed that he had undergone electroshock treatment for depression; and the distribution of the treatment records of a Congressional candidate who had been treated for depression to the media during the 1992 elections.

3. Confidentiality is also considered important in creating trust in the clinical relationship. Many mental health professionals assume that mental health treatment is most likely to be successful only when the client trusts the clinician. The United States Supreme Court endorsed this assumption in a recent case creating a psychotherapeutic privilege in federal court proceedings.

4. The creation of trust as a predicate for treatment may be particularly important when the prescribed treatment consists of verbal therapies in which the person is asked to be as **unguarded** as possible. Disclosures in this context, described by one commentator as "confessional" in nature, may be particularly important to protect because **they** often reveal material that is fundamentally private.

5. Confidentiality also advances the related values of privacy and autonomy. In the past three decades, the law has given increased weight to the value of privacy, while expanding individual **autonomy** in health care decision making. Confidentiality is important because of its assurance that individuals will have privacy in the health care relationship, which in turn may increase the likelihood that people will exercise autonomy by seeking needed treatment.

6. Research suggests that these assumptions have at least some empiric footing. For example, a number of studies suggest that the relative strength of confidentiality protections can play an important role in individual decisions to seek or forgo mental health and substance abuse treatment. In particular, the willingness of a person to make the self-disclosures necessary to

such mental health and substance abuse treatment may decrease as the perceived negati consequences of a breach of confidentiality increase.

Instruction I: Write 'True' if the statement is correct and 'False' if it is incorrect based on the information in the passage. (1 pt. each)

1. A diagnosis for mental illness could be a sufficient excuse to prevent someone from running elections.
2. Disclosing confidential information is unnecessary for successful treatment.
3. Confidentiality may lead to the development of privacy which is another desired value.

Instruction II: Choose the best answer from the given alternatives based on the information in the passage. (1 pt. each)

1. According to the text, mental health treatment will be successful when
   a) The health professionals develops new drugs
   b) The client trusts the clinicians
   c) Raising people's awareness of the dangers of new drugs
   d) Researchers conduct new research on human genes
2. Discrediting political candidates could be done by
   a) Treating the candidate's mental illness
   b) Accusing him/her of stealing money
   c) Paying candidate to leave the campaign
   d) Uncovering details about his/her mental illness
3. Which of the following is not part of the author's purpose in this text?
   a) Confidentiality can help people
   b) Confidentiality has absolutely negative consequences
   c) Developed countries even supported confidentiality
   d) Researchers approves the values of confidentiality in individuals' decisions

Instruction III: According to the passage, what do the following pronouns refer to? (1 pt. each)

1. The pronoun **'these'** in paragraph 2 refers to _____.
2. The pronoun **'they'** in paragraph 4 refers to _____.

Instruction IV: Write the contextual meaning of the following words as they are used in the reading passage. (1 pt. each)

1. The word **'stigma'** in paragraph 2 means _____.
2. The word **'unguarded'** in paragraph 4 means _____.
3. The word **'autonomy'** in paragraph 5 means _____.

PART TWO: LANGUAGE FOCUS (GRAMMAR) (10%)

Instruction V: Complete the sentence with the present simple, present continuous, be going to or will-future form of the verb in bracket (1 pt. each).

John's family usually comes to stay with us for Christmas, but this Christmas we are going to visit them instead. They live on the coast of Queensland in South Australia. I can hardly wait I **(1)** ---------- (have) a fantastic time there. School holidays **(2)** ---------- (start) on Friday, and we are going to leave the following morning. At this time the next week, I will be swimming in the sea, and snorkeling with John. He is an expert snorkler and he **(3)** ---------- (practice) with me every day. On the last day of our visit, John's dad is going to take us to visit the Great Barrier Reef. I hope by then I **(4)** ---------- (improve) enough to snorkel at the reef and see the magnificent coloured cornels and brightly coloured fish close up. Next year, I **(5)** ----------(learn) scuba diving because only serious divers can dive in the deeper waters on the outer edges of the reef.

Instruction VI: Read and identify the voice of the following sentences as active or passive. Then, change it into passive or active accordingly. (1 pt. each)

1. No one gave me any directions.
2. We don't allow mobile phones in the exam room.
3. Wild animals were being killed by Mr. Abera.
4. Will they postpone the exam date?
5. I heard that several buildings had been destroyed by the flood.

PART THREE: WRITING SKILL (4%)

Instruction VII: Select only one topic which you are interested more and write comprehensive paragraph about it.

1. **The Effects of COVID-19**
2. **Life in Arba Minch University**
3. **Impacts of Social Media on Students' Learning**
4. **My Future Plan**