NATIONAL OPEN UNIVERSITY OF NIGERIA

ABEOKUTA STUDY CENTRE

IBB BOULVARD, OKE-MOSAN, ABEOKUTA, SCIENCE LABORATORY BUILDING

1ST SEPT – 13TH SEPT, 2025_2 SCIENCES PRACTICAL TIME TABLE.

	9 AM – 1PM		1 PM -2 PM	2 PM – 6 PM	
MONDAY	CHM191, CHM291 & CHM391		BREAK	BIO191 & BIO201	
TUESDAY	PHY191, PHY291 & PHY391			ESM222, ESM234 & ESM305	
WEDNESDAY	ESM222, ESM234 & ESM305			CHM191, CHM291 & CHM391	
THURSDAY	PHY191, PHY291 & PHY391			BIO191 & BIO201	
FRIDAY	CIT104				

NOTE: SLIPPERS IN NOT ALLOWED EXCEPT COVER OR CROCS SHOES

Laboratory Safety Practices.

- No Food or Drink.

Eating or drinking in the lab is not allow.

- Wear Your PPE.

  Lab coat, gloves, eye protection, shoes, covers shoes, crocs and appropriate attire should be worn at all times in the lab. Good Hygiene. Slippers is not allow.
- Use Proper Storage Containers.

  Locate dust bin around you, discard neatly.
- Never work alone in the laboratory
- Be familiar with the layout of the laboratory especially where fire extinguishers, blankets or the first aid box are.
- Label Your Work Space.
- Don't Work Alone.
- Stay Focused and Aware of Your Surroundings.

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