1000 Board Questions Nursing 1

nursing (Cotabato State University)



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EXLCUSIVE FOR ASTIGNURSE BABIES ONLY!!! BAWAL IBENTA, BAWAL ISHARE SA IBA MAY KARAMPATANG KASO PAG IBINENTA AT IKALAT SA IBA. KAHIT NA PAG PUMASA KA NA BAWAL ITONG IPAMIGAY SA IBA MAY SUMPANG MALALA!!!!

NURSE BOARD CRAMSHEET

Situation Dog Bites are relatively common in the Philippines. The presence of a number of stay dogs predisposes to the occurrence of rabies.

1. Upon entry of the patient to ER, the nurse must FIRST perform which nursing intervention?
   A. Inject with rabies immune globulin.
   B. Cleanse the bite with soap and running water.
   C. Inject the rabies vaccine immediately.
   D. Administer the pain reliever, as ordered.

2. The nurse knows that a dog bite has a shorter incubation for rabies if located in the
   A. Leg
   B. hand
   C. abdomen
   D. face

3. The nurse anticipates that which one is prescribed to prevent a common bacterial complication from the dog bite?
   A. Ibuprofen (Motrin)
   B. ciprofloxacin (Cipro)
   C. tetanus toxoid (Tetavax)
   D. meperidine (Demerol)

4. In administering the rabies immune globulin (RIG), the nurse infiltrates the calculated dose around the Wound edges and the rest of the dose injected_____
   A. intradermally
   B. intramuscularly
   C. subcutaneously
   D. intravenously

5. According to RA 9482 or the anti- Rabies Act of 2007, which of the following statement s regarding rabies post exposure prophylaxis is APPLICABLE?
   A. Have the dogs be regular ly vaccinated against rabies
   B. Do not allow the dog to roam the street.
   C. Put the dog in a leash when in a public place.
   D. The owner will assist the bite victim with the medical expenses.

Situation - Roy, 65 years old, came to the outpatient clinic due to dyspnea, fever and on and off productive cough. He smokes one pack of cigarette per day for the last 30 years. The doctor ordered sputum examination, chest x-ray and blood culture.

6. In collecting sputum specimen, the nurse should instruct Roy to _____.
   A. breathe slowly, cough and expectorate into the specimen container
   B. **breathe deeply and cough, expectorate into the sputum container**,
   C. cough and expectorate saliva into the specimen container.
   D. cough and expectorate into the specimen container.

7. The patient's diagnostic tests revealed he was positive for bacterial pneumonia. The MOST likely causative organism of this type of pneumonia is _____.
   A. legionella pneumoniae
   B. mycoplasma pneumoniae
   C. **streptococcus pneumoniae**
   D. hemophilus pneumoniae

8. The nurse did an admission procedure. The best position to be assumed by Roy is _____.

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A. left lateral position with the affected side inferior.
B. semi-fowler position at least 30 degrees.
C. dorsal position with pillows under the chest.
D. **lying on his side, the affected side of the lungs shou**ld be superior.

9. When a patient is diagnosed to have pneumonia, the breath sounds detected by the nurse on auscultation of the affected area would be _____.
A. wheezing sounds
B. stridor
C. **fine crackles**
D. deep and low-pitched breath sounds

10. When there is respiratory depression resulting from drug overdose, the nurse have to watch for which of the following?
A. Hyperventilation
B. Tachypnea
C. Biot's respiration
D. **Bradypnea**

Situation - Ms. Nilda is a new graduate with a Bachelor of Science degree which she acquired from a university. She is determined to pass the National Licensure Examination (NLE) to be administered by the Board of Nursing.

11. The 1icensure examination which is administered by the Professional Regulation Commission, Board of Nursing is given to _____.
A. apply the theory earned from classroom to practice settings
B. **protect the public from incompetent practitioners**
C. apply the scope of nursing practice
D. demonstrate expected competency standards

12. The PRC-Board of Nursing (PR-BON) has the power to regulate Nursing Practice in the Philippines. The regulatory functions include the following except
A. enforce and monitor quality standards of nursing practice in the county
B. issue, suspend revoke or reissue certification of registered nurses
C. ensure proper conduct. Or nurses 1icensure in the county
D. **issue permit for the opening of nursing programs in the country**

13. Ms., Sanchez is a new nursing graduate and in dire need for the hospitalization of her ailing mother She is being offered to endorse a detergent product on TV Commercial wearing a mini skirt and a plunging neckline shirt. In doing this performance Ms. Sanchez is violating the _____.
A. oath of professional for new nurses
B. nursing practice act 7164
C. **code of ethics for nurses**
D. core competency standards

14. Nurse Rey with the members of the team. from a tertiary hospital is going for their annual outreach program Operation TULI". There were 3000 patients who came in the morning with only 4 doctors, 3 nurses and 1 pharmacist. Due to the volume of patients, Nurse Rey, was asked to participate in per forming circumcision with the rest of the doctors. Nurse Rey can be 1iable of committing
A. assault
B. invasion of privacy
C. tort
D. **malpractice**

15. Which of the following actions is likely to constitute GROSS Negligence?
A. Complied with the request of a bedridden patient not to be turned because of pain.
B. A nasogastric feeding not given on time because patient is feeling nauseated

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C. **A patient suffering from bleeding due to post-operative wound and the Nurse failed to report to the attending physician.**

D. Urine output that has not been measured because of an emergency admission.

Situation - Nurse Carmi made a study on domestic violence against women in certain province in Luzon

16. Since she wanted to capture the essence and emotion of the victims she chose to use the qualitative design. Which among the statements below is CORRECT about qualitative design?
    A. It commences study at present but consummates at any future time
    B. It allows estimation of relationship between studied variables
    C. **It provides insights into attitudes, beliefs, motivates and behaviours of target population**
    D. It tests results through numerical data and subjects them to statistical analysis
17. Nurse Carmi plans to gather 6 participants who are victims of domestic violence where she will base her questionnaires. What technique in qualitative research is applicable to this plan?
    A. Data triangulation
    B. **Focus group discussion**
    C. Interview
    D. Case study
18. To have a better analysis and interpretation of the findings, Nurse Carmi reviewed and compared them with other findings of previous researches on the same topic. This is done MAINLY by going back to which part of the study? The _____.
    A. Statement of the problem
    B. Related literature and studies
    C. Conceptual framework of the studies
    D. Theoretical framework of the study
19. Nurse Carmi finally decided to make an in depth study of ONLY ONE SUBJECT of domestic violence. What design will she use?
    A. Causality Design
    B. Predictive Correlational Design
    C. Descriptive Correlational Design
    D. Descriptive Case Study Design
20. In as much as the research may have some risks on the part of the subject who is 21 years old, Nurse Carmi must assure the subject of her anonymity, confidentiality and respect for her human rights. ONE ABSOLUTE WAY is to get an informed and written consent from whom?
    A. Parents
    B. Guardians
    C. Husband
    D. Subject herself

Situation - Nurse Vergel is newly assigned in the Pediatric Ward in San Isidro Medical Center. Since he will be taking care of pediatric patients, there is a need for Nurse Vergel to be abreast with the legal aspects of pediatric nursing care.

21. Which of the following regulates the practice of the nursing profession?
    A. Department of Health
    B. Professional Regulation Commission
    C. Civil Service Commision
    D. Professional Regulatory Board of Nursing
22. One of Nurse Vergel's patients needs to undergo invasive procedure. Based on the Patient's Bill of Rights, sequence the persons from whom Nurse Vergel could obtain consent?
    1. Parents
    2. Legal guardian
    3. Next of kin
    4. Physician

    A. 1, 2, 4 and 3
    B. 1, 4, 2 and 3
    C. 1, 2, 3 and 4
    D. 1, 3, 2 and 4

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23. Based on the Right to Privacy and Confidentiality under the Patient's Bill of Rights, the patient has the right to demand on the following, but NOT _____ pertaining to his care as confidential.
    A. Information
    B. Communication
    C. Records
    D. Financial status
24. The Right to Information does not include _____.
    A. Any change in the plan of care before the change is made
    B. Extent to which payment maybe expected from Philhealth
    C. Discount for the professional fee of the attending doctor(s)
    D. Result of the evaluation of the nature and extent of his/her disease

25. A patient has the right to leave the hospital regardless if his physical condition provided s/she is informed of which of the following? Select all that apply.
    1. Is informed of the medical consequences of his/her decision
    2. Releases those involved in his/her care from any obligation relative to the consequences of his decision
    3. His/her decision will not prejudice public health and safety
    4. Appropriate arrangement has been made to settle the unpaid bill
    A. 1 and 2
    B. 1, 2 and 4
    C. 3 and 4
    D. 1, 2, 3 and 4

Situation - Patient Ellie, a 28-year-old primigravida, is admitted to a birthing center. She has been in labor with an interval of 5 minutes apart for 10 hours now. Hypotonic contractions are observed by Nurse Nora. She feels more pain in her back than in her abdomen, sonogram shows her fetus is "borderline" large for gestation and in occipito-posterior position.

26. Nurse Nora observes that the Ellie's uterine contractions are irregular in frequency and short in duration. Ellie screams in pain during contractions. Which of the following actions is considered BEST for the nurse to perform?
    A. Try to divert attention from pain.
    B. Administer pain reliever as ordered.
    C. Stay with the patient and offer her a back rub
    D. Document and report frequency and duration of contractions..

27. The physician is considering augmenting her labor with oxytocin. What would make Nurse Nora question the use of oxytocin for Patient Ellie?
    A. She had an amniocentesis performed during pregnancy
    B Her fetus is large for gestational age by a sonogram
    C. Her membrane ruptured after only 1 hour of labor
    D. Her blood pressure is slightly elevated above normal

28. Nurse Nora notices patient's uterine contractions are 70 seconds long and occur every 90 seconds when assessing the frequency of her contractions after she receives oxytocin. what would be the nurse's FIRST action?
    A. Give an emergency bolus of oxytocin to relaxed the uterus
    B. Discontinue the administration of the oxytocin infusion
    C. Increase the rate of client's IV infusion
    D. Ask client to turn to her left side and breathe deeply

29. Nurse Nora monitors the patient, knowing that which finding indicates an adequate contraction pattern?
    A. Three to 5 contractions in a 10-minute period, with resultant cervical dilatation
    B. Four contractions every 5 minutes, without resultant cervical dilatation
    c. one contraction every 10 minutes, without resultant cervical

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D. One contraction per minute, with resultant cervical dilatation

30. Which of the following nursing measures would the nurse LEAST CONSIDERS to Patient Ellie with oxytocin drip?

A. Know, how to recognize potential adverse reactions:
B. Administer oxytocin drug with caution
C. Monitor patient closely when infusing oxytocin
D. Inform patient about potential complications.

Situation- Nurse Rona recognizes the importance of the application of Epidemiology in community health setting.

31. Her priority in managing community health needs is through knowing in-depth the PREVALENCE of diseases because it indicates the _____.

A. risks to health problems C. Priority needs of the people.
B. presence of health problems D. **magnitude of health problems**

32. Nurse Rona and her team has been utilizing the EEPIDEMIOLOGIC TRIAD model - identifying causative factors of diseases. Which of the following is not relevant this, model?

A. External agent C. **Treatment Regimen**
B. Susceptible host D. Environment

33. There is an outbreak of measles in some areas of the community where Nurse Rona is assigned. Which of the following-steps of an outbreak investigation should Nurse Rona and her team begin ?

A. Identify and count cases. C. Define and identify cases.
B. Verify diagnosis D. **Prepare for field work.**

34. Nurse Rosa is able to know the patterns of occurrence and distribution of diseases in the community . Per record she found out there had been cases of rabies at irregular intervals scattered in particular places. This occurrence rates to _____.

A. Endemic C. Pandemic
B. Epidemic D. **Sporadic**

35. As an epidemiology nurse, Nurse Rona's PRIMARY function and responsibility is to _____.

A. Assist the epidemiologist in making reports
B. **Implement public health surveillance**
C. Render nursing care to sick residents
D. Follow up cases and contacts

Situation. - Nurse Henie uses the Family coping index in assessing family health needs and problems of particularly of families who are vulnerable to illness.

36. Which of the following is an evidence of the a poor family coping Index related to healthcare attitudes ?

A. A parents who washes the wound of the child with running water
B. The family who observes the habit of cleaning surroundings.
C. A young mother who introduced solid food to her three-month-old baby.
D. A mother who brings her child to be vaccinated for measles,

37. Which of the following is the BEST evidence of a family whose family coping index on therapeutic competence is rated as coping well?

A. **Shows positive interpersonal relationship**

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B. Participates in the weekly clean and green program of the community
C. Maintain clean and organized household ambiance
D. Visits the clinic frequently well or sick.

38. Which of the following tools used by nurses in the community setting for assessing health needs and problems of families that is similar to family coping index

A. Nursing theories
B. Vitals statistics
C. Case study
D. Nursing diagnosis

39. In utilizing family coping index nurses should be knowledgeable that the focus of this tool is identifying the family's _____.

A. strategies to deal with stressful situations
B. Manner of interaction
C. Ways of managing health needs and challenges
D. Patterns of health habits

40. Nurse Myrna is taking care of a family chose there young children are sick with malnutrition particularly protein deficiency, which of the following behaviors is indicative of the family's positive coping index

A. Observing erratic mealtime due to work schedule of parents
B. Bringing children to health enter for consult only when needed.
C. Serving foods that children like but with high in carbohydrates
D. Cooking foods in variety that include meat, dairy products and beans.

SITUATION- Health education is the process whereby knowledge, attitudes, and practices are changed to improve individual, family and community health.

41. The goals of health education include the following:
1. Client participation on health decision making.
2. Increased potential to comply with health recommendations
3. Reliance on health care system
4. Adoption of healthier lifestyle
5. Provide clients with as many options on health care as possible

A. **1, 2 and 4**
B. 2, 4 and 5
C. 2, 3 and 5
D. 1, 3 and 4

42. The nurse is designing a health education program for the community. Show the CORRECT sequence of the process that the nurse would have to undertake.
1. Write the specific outcomes
2. Assess the community
3. Prioritize learning needs
4. Select teaching strategies

A. 1, 4, 2, 3
B. 3, 1, 4, 2
C. 2, 3, 1, 4
D. 1, 2, 4, 3

43. The BEST example of how the nurse can create a climate in which clients do not feel threatened is by teaching on a topic about:

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A. Stress, where the nurse plays pop music throughout the first session
B. Good nutrition, while the nurse provides a meal
C. Exercise, where the nurse begins to share her difficulties she sometimes finds in trying to exercise
D. Diabetes, where the nurse asks diabetics to talk to the class during the first session

44. The nurse is working in a clinic that is designed to provide health education and immunization. As such, the clinic aims to provide_____
    A. diagnosis and treatment C. Secondary prevention
    B. **Primary prevention** D. Tertiary prevention

45. Clients who are taught a variety of skills such as measuring blood glucose, taking blood pressure, changing dressings, and bathing infants belong to which domain of learning?
    A. **Psychomotor domain** C. Cognitive domain
    B. Social domain D. Affective domain

Situation- As a public health nurse, you may encounter barriers or challenges in communication. Thus, it is important that you maintain your professional demeanor.

46. During a support group meeting, Nurse Donato, in a teasing manner, has made several provocative remarks about your appearance and behavior as a group leader. Select your MOST appropriate response.
A. "Donato, see me after this meeting"
B. "Donato, you are excused from the group"
C. "What do you think Donato is trying to tell us?"
D. "Donato, what are you saying is inappropriate"

47. "The dress code in this facility does not include wearing blue jeans while on duty". This statement is an example of using which step in giving constructive criticism?
A. Expressing empathy **C. Stating expectation**
B. Describing the behavior D. Listing consequences

48. Which of the following is an example of a barrier to successful negotiation?
A. Avoiding phrases that are coercive C. **Becoming emotional**
B. Viewing negotiation as collaborative D. Understanding others' perspectives

49. In one of your meetings, you reminded the health center staff that there are quite a number of members in the community who have not reached primary school. Which of the following is the BEST communication intervention for a client who is illiterate?
A. **Use of symbols and images** C. Personalize speech by using first name
B. Use touch with speech D. Speak loudly and clearly

50. You also emphasized that, "Communication must be culturally competent to be effective". Which of the following BEST reflects these statements?
    A. Listen actively to what is said
    B. Reflect on the meaning of the message
    C. Use simple, direct words
    D. Provide an appropriate environment

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Situation 5 - Nurse Keena is alarmed with the rising number of re-emerging cases of pulmonary tuberculosis(PTB) in the Philippines.

51. Case finding for PTB n the community requires that the nurse should Identify persons having sputum characterized as _____.
    A. Rusty, frothy
    B. Yellowish
    C. **Blood stained**
    D. Greenish

52. In the care of patients with communicable diseases, Nurse Keena should know that feces, urine, blood and other body fluids are considered as _____.
    A. Portal of entry
    B. Vehicles of transmission
    C. Reservoir of agent
    D. **Portal of exit**

53. With the onset of the rainy season, the nurses are closely monitoring the increase of dengue cases. They should focus their health teachings on ways to prevent dengue by _____.

A Destroying breeding places of the vector
B. Using repellent lotion
C. Burning of dried leaves
D. Wearing of protective Clothing

54. Outbreak of cases of typhoid fever occurs in the community. Nurse Keena should inform the residents that the transmission of the disease is through _____.
    A. A vector
    B. Food and water
    C. Blood and body fluids
    D. Air

55. There are several cases of Rabies in the community. Which of the following preventive measure should Nurse Keena teach the families ?

A. Impound all dogs
B. Impose," No pets allowed"rule
C. Have the dogs vaccinated
D Report to the authorities households with dogs

Situation - Nurse Bea engages in both formal and informal learning activities to enhance her knowledge about Nursing Theories and other concepts in Nursing.

56. Nurse Bea recall the theory or Nursing as caring by _____.
    A. Orem
    B. **Watson**
    C. Kings
    D. Benners

57. Which of the following is the central theme of Sr. Calista Roys theory
    A. Self care deficit
    B. **Adaptation**
    C. Nursing as caring
    D. Transcultural

58. This theory categorizes professionals as Novice to experts is by _____.
    A. **Benner**
    B. Abdellah
    C. Pender
    D. Kings

59. Nurse Bea reviewed the elements of nursing as a profession. Which of the following is an IMPORTANT element that characterizes Nursing as a profession ?
    A. Has members
    B. Possess body of knowledge
    C. Service oriented
    D. A calling

60. Nurse bea wants to pursue higher education in Nursing for her career

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advancement. Aside from enrolling in graduate school, which of the following she could enhance her career?

A. Participates in professional organization
B. **Attends seminars.**
C. Conduct research
D. Attends symposium

Situation - Nurse Levy reviews all pertinent laws that affect public health nursing

61. RA 9173 is otherwise known as the Philippine Nursing act of 2002. which is the primary aim of this law?

A. To enhance the competence of professional nurses
B. **To regulate practice of professional nursing in the country**
C. To facilitate mobility of nurses to other countries
D. To promote well-being of health workers

62. The nurse closely monitors the work she delegated to the barangay health worker. She is legally guided by this principle

A. **Respondent superior**
B. The good Samaritan
C. Res ipsa loquitor
D. Jurisprudence

63. This law promotes the well being and living conditions of health workers especially those from the government managed facilities

A. Continuing professional development
B. **Magna Carta for health workers**
C. Philippine qualifications framework
D. Local government code

64. It mandates the compulsory Immunization of children below 8 years

A. **PD 996**
B. RA 11223
C. RA 9173
D. RA 10912

65. This law allows every Filipino to avail of affordable medicines

A. Local Government Code
B. Primary Health Care
C. Universal Health Care
D. **Generic Drug Act**

Situation – Nurse Vera made a home visit to a newly married couple whom the wife is a primigravida and three months pregnant. That would be mother asked questions about pregnancy and prenatal care.

66. In the assessing the health condition of the preganant patient, Nurse Vera should focus on the _____.

A. last menstrual period
B. number of days of menstruation
C. age of patient during menarche
D. amount of menstrual flow

67. The patient asked Nurse Vera when is the best time to visit the clinic for her 1st prenatal care. Which should be the APPROPRIATE answer of the nurse?

A. Second trimester C. Third trimester

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B. Before delivery **D. First trimester**

68. The patient seems indecisive whether to breastfeed her baby or not. Which is the desired nursing action of Nurse Vera to help the pregnant patient make a decision on breastfeeding?
    A. Give pamphlets and books to read.
    B. Provide ample time for the patient to decide.
    C. Refer the patient to the nutrionist.
    D. Assist to identify breastfeeding goal and plan.

69. The patient asks Nurse Vera, when could you hear the fetal heart of my baby? Which of the following should be the BEST answer of Nurse Vera?
    A. Nintth month C. Third month
    C. Fifth month D. First month

70. Nurse Vera informs the patient she should be screened for pre-eclmapsia during this term of pregnancy_____.
    A. first C. Third
    B. second D. Before delivery

SITUATION – Nurse Jenny is in-charge of record keeping in the health center.

71. Which of the following is NOT a step of record keeping?
    A. Structuring C. Securing
    B. Storing **D. Easy Disposal**

72. In the community setting which is ESSENTIAL record about the patient?
    A. Treating record C. Chart
    B. Tally sheet D. Kardex

73. WHICH OF THE FOLLOWING IS THE PURPOSE OF RECORD KEEPING?
    A. Quantify medication usage
    B. Historical background
    C. Archive
    D. Quality health care

74. Records are IMPORTANT iin health care for
    A. counting hospital bills
    B. evidence of health care
    C. Quantifying services provided
    D. For the physician to read

75. What is the ultimate purpose of record keeping
    A. **Safeguard information** C. History
    B. Archive D. Store information

SITUATION – Nurse Mely considers teamwork and collaboration as important components of community HEALTH NURSING.

76. Which of the following is the PRIMARY goal of collaboration
    A. Less numbebr of people is needed
    B. Camaraderie
    C. **ACOMPLISH GOALS**
    D. Work is faster

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77. Which are KEY ELEMENTS of collaboration
1. Shared vision
2. Partnership
3. Working together
4. Unity

A. 1,2,3 C. 1,2
B. 3,4 **D. 1,2,3,4**

78. Which of the following is the MOST imporatnat purpose of teamwork?
1. Work is faster
2. Promotes trust
3. Sense of security
4. Unity

A. 1,2 C. 3,4
B. 1,2,3,4 D. 1,2,3

79. Which of the following BEST describe a strong team?
A. cohesive C. driven
B. shared goal D. Sense of mission

80. Collaboration and teamwork are essential in public health to improve
A. Staff performance C. Equity in services
B. Proper use of resources D. **Quality healthcare**

SITUATION 9 – When prioritizing problems in the community, the problems are categorized as health status, health resource or health related.

81. Nurse Maris is correct in identifying whinch of the following is a health resource problem?
A. Increase in number of deaths fromm Pneumonia
B. Feud between Midwife andHead of t he Sanitation Committee
C. **Absence of midwife in the communtiy to render health services**
D. High Maternal Mortality Rate

82. There are five criteria in prioritizing community health problems. If Nurse Maris is estimating the proportion of the population affected by the problem, she is using what criterion in prrioritization?
A. Social concern
B. Nature of the problem
C. **Magnitude of the problem**
D. Modifiability of the problem

83. Nurse Maris oftentimes encounter barriers. Select a barrier to goal setting between the nurse and the family.
A. Eeducational attainment
B. Nature of employment
C. **Failure of family to perceive existence of problem**
D. Socio economic status

84. Which is the MOST appropriate intervention should the nurse do to help family perform the health tasks?
A. Allow family to decide to use health resources
B. **Help the family recognize the problem**
C. Leave the family what action take on their problem
D. Refer family to barangay offficials for guidance

85. Choose the step of nursing process that identiffies the famiilyy health seeking behavior.

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A. **Assesment**
B. Implementation
C. Planning
D. Evaluation

Situation- Ms. Nena will be involved in an interdisciplinary research to conduct by the City Health Office to address health problems of the population covered. To prepare for this task, she reviews her knowledge on the research to process and research designs.

86. Which of the following study designs that uses information on current health status, personal characteristics, and potential risk factors will be appropriate?
    A. Case-control
    B. Ecological
    C. Cohort
    D. Cross-sectional

87. The type of epidemiologic study that is used to describe a group of persons enrolled in a study who share some characteristic of interest and who are followed over a period of time to observe some health outcome is a/an:
    A. Cross-sectional study
    B. Experimental study
    C. Cohort study
    D. Case control study

88. The research team will use summary indicators of health as method to depict health status. What is this approach called?
    A. Analytic
    B. Holistic
    C. Descriptive
    D. Evaluative

89. Ms. Nena is specifically assigned to talk individually with community leaders like the primary grade teacher and the barangay official in charge of the health committee. Which data collection method will the nurse use?
    A. **Key informant interview**
    B. Community mapping
    C. Participant observer
    D. Social survey

90. Ms. Nena suggested to use an analytic approach in their research. Which of the following statements BEST describes the analytic approach?
    A. Focuses on the community's health problems and issues
    B. Utilizes health indicators to define population health
    C. Views factors that influence health and by which interventions to improve health are directed
    D. Addresses the social determines of health to solve community's problems.

SITUATION – In the community where Nurse Noli is assigned there are many obese individuals who are suffering from different heart ailment.

91. Which initiative should Nurse Noli introduce in order to decrease incidence of risk factors especially Obesity.
    A.. Wellness and fitness program
    B. Obesity is natural body response
    C. Tell them to go to gym
    D. They have to undergo strict dietary regimen

92. Which should be emhpasize by the nurse in her health teachings
    A. Jogging a mile a day
    B. No need to diet
    C. Vigourous exercise
    D. Weight reduction

93. Nurse Noli should advice t he patients the following except:
    A. Cut down on salt intake

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B. More fruits and vegetables
C. Eat regular meals
D. Eat more saturated fats

94. To prevent complications from their heart disease the nurse recommends to the patient regular monitoring of their blood
A. **Cholesterol** C. Type
B. Nitrogen D. Oxygenation

95. Nurse Noli should include in his teachings the following EXCEPT:
A. Less saturated fat
B. Weight within normal limits
C. Exercise regularly
D. More fats in the diet

SITUATION – Nurse Mae is a new supervisor of t he health center. Her prrogram thrusts include excellent and quality provision of services and performance of the staff.

96. To ensure that the staff adheres to their job responsibilities which should be the appropriate toool should Nurse Mae utilize in evaluating staff performance?
A. Memorandum C. Incident report
B. Performance evaluation D. Anecdotal report

97. As a nurse manager, which nursing action should do to let the staff imbibe the culture of quality at the health center?
A. Become a role model
B. Reprimand every now and then
C. Frequent meetings
D. Allow them to read books

98. Which measure will be used in the unit to ensure patient satisfaction of the delivery of health services?
A. Encourage to use social media
B. Provide means to evaluate services
C. Verbal feedback
D. Ask the local officials

99. Which is the simple meaning of standards of nursing care?
A. What protects the nurse
B. How the nurse will behave
C. How much work is done
D. Ask the local offficials

100. Which is the BEST strategy that Nurse should employ to give feedback on patients evaluation of health services?
A. Put the evaluation at supervisors office
B. Send letter to all
C. Conduct staff meeting
D. Through bulletin board

SITUATION – With the onset of rainy seasons, Nurse Nena and her team are on alert for increase in cases of Dengue Fever.

101. Identify the causative agent of dengue fever.

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A. Fomite
B. Vector
C. Bacteria
D. Virus

102. Which of the following strategies would prove effective in preventing more incidence of dengue infection?
A. Healthy nutritious food
B. Burning of leaves and garbage
C. Destruction of breeding place of vectors
D. Adequate rest and sleep

103. Bleeding is the most serious complication of Dengue infection. When is the patient be watched for symptoms of bleeding?
A. 4th to 7 days
B. At the onset of symptoms
C. 2nd to 3rd day
D. 1St day

104. Which information about the nature of dengue fever the nurse should relay to the community?
A. It is always life threatening
B. **It could be deadly but preventable**
C. It could responds well to antibiotics
D. The incubation period is variable

105. Which diagnostic test could be useful in confirming the diagnosis of Dengue Fever?
A. Rumpell – Leede
B. Mantoux
C. Elisa
D. Widal

SITUATION 15 – Nurse Rica finds effective communication as tthe key to successful community health nursing.

106. When writting a memorandum, which of the following is the MOST important guideline
A. Purpose is included
B. Content clear
C. Friendly tone
D. One topic at a time

107. Which of the following is an INDICATOR of effective communication?
A. Receiver
B. Feedback
C. Sender
D. Non verbal communication

108. Nurse Rica, would like to start a conversation, which comunication technique she should use?
A. Clarifying
B. Restating
C. Challenging
D. Broad opening

109. The patient told her something about her treatment to make sho_ understood the patient which communication technique shouuld be used by the nurse?
A. Clarifying
B. Focusing
C. Validating
D. Restating

110. Non verbal communication is as strong in conveying information because the nurse can _____.

A. Observe gestures
B. Body language could be observed
C. Sender less effort

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D. Action speaks louder than words

SITUATION 16 – Nurse Lyn plans to enhance her personal professional development

111. Choose an indicator that models personal and professional behavior and values.
A. Utilizes communication and social media responsibly
B. Attends conferences
C. Enrolls in school
D. Joins civic organization

112. Nurses should have knowledge about professional organization. Which of t he following is the accredited professional organization of nurses?
A. Maternal Child Nursing
B. Philippine Nurses Association, Inc.
C. National leaguue of Government Nurses of the Philippines
D. Association Nursing Service Administrators of the Phiilippines

113. A profession is characterized by the following except:
A. Body of knowledge
B. Code of ethics
C. member of professional organization
D. **Engages in research**

114. Which of the following is an example of self directed learning activity?
A. Research at work
B. Attends webinars
C. Attendance to graduate school
D. Resource person

115. Aside from atttending seminars which of the following informal continuing education programss should the nurse engaged herself EXCEPT:
A. Attendding professional conventions
B. Webinars
C. Symposium
D. Doing reseach as academic requirement

SITUATION – Health educataion isi one of the essential services at the community setting. Nurse Nena is in charge of health education activities of the rural health unit.

116. Which of the ff is TRUE about health education in public health?
A. It only done by professionals like nurses
B. It is every health worker responsibility
C. It remains constant
D. It is seldom use in public health setting

117. The BEST result of health education process is
A. It influences and changes behavior
B. It provides new input
C. Update others
D. Information transfer

118. Which of the following explains health education is creative process?
1. It could employ a variety of strategies
2. It can be done anywhere
3. It could perform by any member of the healthh team

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4. It is a valuable health service

A. 1,2,3 C. 3,4

B. 1,2 **D. 1,2,3,4**

119. To families and individual in the community, which is the MOST important goal of health education?

A. To study their life history

B. To identify their weeknesses

C. To totally change their lifestyle

D. To motivate them to develop skills and literacy in healtth

120. As a whole health education in public helath aims the _____.

A. Transfers information

B. Make life changes

C. Better health opportunities

D. Change personality

SITUATION – Nurse Mary is assigned to mange the Non Communicable Disease Prevention and Control. She is alar by the increase number of residents who are having Hypertension.

121. Which assessment findings is INDICATIVE of the diagnosis of hypertension?

A. Family members with high blood pressure

B. Elevation of blood cholesterol level

C. Stressful work environment

D. Consistent evaluation of blood pressure

122. Identify the MOST appropriate diagnostic examination that confirms the iincidence of hypertension amongg residents.

A. Chest xray C. Ultrasound

B. Electrocardiogram **D. BP monitoring**

123. Which medication will be prescribed to control and maintain the blood pressue of patients at normal level?

A. Lidocaine **C. Amlodipine**

B. Epinephrine D. Furosemide

124. Nurse Mary had observedthat most patients with hypertension stop taking their medications and heard them saying "I feel good already" Which is the APPROPRIATE nursing diagnosis?

A. Impaired gas exchange **C. Knowledge deficit**

B. Anxiety D. Ineffective coping

125. During the conduct of his health teachings to the patients, which should the nurse emphasize to maintain blood pressure at normal level?

1. Smoke in moderation
2. Exercise regularly
3. Consume less salt
4. Maintain normal weight
5. Less stress

A. 2,3,4,5 C. 1.2.4.5

B. 1,2,3,4 D. 1,3,4,

Situation – Risk factors include genetic and physiological factors, age, physical environment and lifestyle.

126. The presence of any of these risk factors means that _____.

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A. Risk modification will have no effect on disease prevention
B. **The chances of getting the disease are increased**
C. A person with risk factors can get the disease
D. The disease is guaranteed not to get disease

127. A nurse involves well-being in her definition of health. What will the primary concern or focus of the nurse when she provides care to a family confronting the imminent death of a family member?
A. Reinforcing the need for the whole family to adapt to the impending death.
B. Sharing the nurse's knowledge on the client's symptoms of grief
C. **Discussing the perceived meaning of life with the family**
D. Administering pain medication so that the client can be kept comfortable

128. In the care of families, crisis intervention is an important part of _____.
A. **Secondary prevention** C. Primary prevention
B. Tertiary prevention D. Health promotion

129. The Nurse asks Baste, who is being admitted in a district hospital with uncontrolled diabetes mellitus, about his employment status. She knows that _____.
A. **A person's compliance is affected by one's affected economic status**
B. Baste's employment will cause complication to his diabetes
C. External variables have little effected on compliance
D. Diabetes mellitus will affect his client's work condition

130. During a home visit, a member of the family you're visiting who has been using marijuana for three years tells theyou that he wants to be "detoxified." It is important for the nurse to ____.
A. Instruct the patient to change his lifestyle **C. Identify the patient's stage of change**
B. Tell the patient that relapses are not tolerated D. Realize that the patient is ready for change

Situation- The public health nurse must have an understanding of demography which should support health care plan.

131. Demography is concerned with the study of population. Which of the following are included in demographic profile?
A. Size, composition, health status, and environment.
B. Change in population, distribution, and health status
C. **Size, distribution, composition, and change in population.**
D. Size, distribution, and composition.

132. Based on the 2017 demography report (July 2016 estimate), the Philippine population has reached:
A. 140 million **C. 102 million**
B. 120 million D. 85 million

133. There are three demographic variables in population growth. Which one is NOT included?
A. Fertility **C. Morbidity**
B. Migration D. Mortality

134. Population structure is a diagram of population typically presented in a pyramid-like style format based on _____.
A. Sex and educational attainment C. Age and civil status
B. Age and fertility **D. Age and sex**

135. An aging population refers to a phenomenon in which the median age of the population in

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a country rises significantly compared to the total population in a country rises significantly compared to the total population. This is caused by any or combination of the following:

1. A declining birth rate.
2. Rising life expectancy.
3. Decreased fertility.
4. Increased child survival.
5. Better health.

A. 1, 2, 3 and 4.
B. 1, 2, 4 and 5.
C. 1, 2 and 3.
D. 1, 2, 3, 4 and 5.

Situation - Nurse Pedrito makes several home visits to patients who were discharged from a district hospital.

136. As Nurse Pedrito prepares for the day's visits, which of the following patients should be seen FIRST? A client with _____.

A. Parkinson's disease with imbalance gait.
B. **A history of congestive heart failure with dyspnea.**
C. A thoracostomy six months ago.
D. A stroke with nasogastric tube (NGT).

137. Mang Emilio refuses to take his daily medication for hypertension. Which of the following actions should Nurse Pedrito take at this time?

A. Tell MangEmilio that he will suffer from stroke.
B. **Explore the reason for the client's refusal to take the medication.**
C. Administer the medication by injection.
D. Obtain help from relatives in administering the medication.

138. Nurse Pedrito sees a 65 year-old male, who is recovering from stroke. He noticed that Mang Jose exhibits signs of unilateral neglect. Which behavior is suggestive of this unilateral neglect? Mang Jose is _____.

A. Unable to carry out cognitive and motor activity at the same time.
B. **Observed shaving only one side of his face.**
C. Unable to complete a range of vision without turning his head side to side.
D. Unable to distinguish between two tactile stimuli.

139. Nurse Pedrito is teaching a client with Parkinson's disease on ways to prevent curvatures of the spine associated with the disease. To prevent spinal flexion, the nurse should tell the client to _____.

A. Rest in supine position with his head elevated.
B. Sleep only in dorsal recumbent position.
C. **Periodically lie in prone position without a neck pillow.**
D. Sleep on either side, but keep his back straight.

140. A client with congestive heart failure has been receiving digoxin (lanoxin). Which finding indicates that the medication is having a desired effect?

A. Increased weight
B. Improved appetite
C. Increased urinary output
D. Increased pedal edema

Situation - Public Health Nurse Gabriela is tasked for the day to administer vaccination to pediatric clients in the barangays she covers. She, along with the team of midwives, should be knowledgeable on how to provide with the most effective, necessary and safest vaccination.

141. The foundation of medication administration is the application for the "Rights of Medication Administration." which of the following is NOT included in these rights?

A. Right route
B. Right patient
C. Right dosage
D. Right price.

142. When conducting Parents Education on immunization, which of the following

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considerations should Nurse Gabriela include?

1. Welcomes and greets child and family.
2. Explains the vaccines to be administered.
3. Refuse entry to those who came late.
4. Informs attendees about the procedures to be done.
5. Provide parents time to ask questions.
6. Refrain from answering questions from parents.

A. 2, 4, 5, 6 **C. 1, 2, 4, 5**
B. 2, 3, 5, 6 D. 1, 3, 4, 6

143. When handling vaccines, the FIRST step Nurse Gabriela should do is to _____.

A. Select the correct needle size. C. Check the content prior to drawing up.
B. Reconstitute using diluent supplied. **D. Check the vial for expiration date.**.

144. If more than one vaccine is given, the following guidelines should be observed, EXCEPT.

A. Do not give more than one dose of the same vaccine in one session.
B. Do not use the same arm or leg for more than one injection.
C. Give doses of the same vaccine at the correct intervals.
D. **Use the same syringe and needle in administering two vaccines.**

145. When documenting the procedures done, which of the following should NOT be recorded?

A. Date C. Manufacturer
B. Lot number **D. Needle gauge**

Situation- Public Health nurses participate in health screenings which help in the early detection of a disease of identify those who are at risk for a particular disease or condition. Early detection, followed by treatment and management of the condition cam result in better outcomes, and lower the risk of serious complications.

146. Nurse Filomena organized a health fair in one of the communities she covers, which was well attended, with several SCREENING TESTS being given simultaneously. What would Nurse Filomena consider the purpose of the health fair?

A. Community service C. Community bonding
B. **Multiphasic screening** D. Case finding

147. What must be stressed to all participants attending a health fair?

A. **A screening program is not a substitute for ongoing health supervision from a health care provider.**
B. All test results are only tentative, and so participants who receive negative test results may nonetheless be suffering from a disease.
C. Results are true today, but disease can develop any time, so participants should attend any future health fairs as well.
D. There are many other diseases that may be attacking participants that the health fair did not screen for, and so continued vigilance is necessary.

148. As nursing students were setting up a health screening at a local community center, they reviewed the need to screen for heart disease and cancer. One student asked, "But colon cancer is prevalent: why aren't we setting up for sigmoidoscopy?" How would Nurse Filomena reply?

A. "Can find adequate privacy for a sigmoidoscopy?"
B. **"A sigmoidoscopy is expensive to perform and invasive".**
C. "Would you like to perform that test for the screening?".
D. "What a great idea. Would you like to help arrange it?".

149. Sensitivity is the ability of a screening test to accurately identify what aspect of the

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screening?

A. Persons with symptoms of the disease. **C. Persons who have the disease.**
B. Persons who do not have the disease. D. Persons who now have a diagnosis of disease.

150. The ability of a screening test to distinguish correctly between persons with and without a disease is knows as _____.

A. Reliability **C. Validity**
B. Sensitivity D. Specificity

151. Some common examples of screening tests are the following, EXCEPT _____.

A. Pap smears for cervical cancer screening in women.
B. Cholesterol levels in heart disease screening.
C. PSA levels for prostate CA in men.
D. **Urinalysis for male and female clients.**

Situation - Public health nurses use their nursing skills in the application of public health functions and provisions of social assistance to their clients.

152. Which of the following statements BEST describes Public Health Nursing?

A. Services are best implemented only in far flung and hard-to-reach areas.
B. Services are rendersfree of charge to people in the catchment area.
C. It involves home care to sick people who cannot be confined in the hospital.
D. **It puts emphasis on health promotive and preventive services.**

153. The current emphasis for public health practice is _____.

A. Improving environmental sanitation C. Preventing communicable disease. .
B. Controlling epidemic diseases. **D. Advocating for social justice.**

154. The public health nurse must participate in the essential services that are relevant and accessible to the family and the community. These include:

A. Working in enforcing laws to regulate health and ensure safety.
B. Diagnosing and investigating health problems of the country.
C. **Informing, educating, and empowering the people about health.**
D. Monitoring health status and completing a community assessment.

155. Collecting data and monitoring the health status of the population defines which of the core public health functions?

A. Quality assurance C. Policy development
B. **Assessment** D. Health promotion

156. Public health services are provided by government facilities. What is the most appropriate response of a public health nurse to the statement: The government should give these health services free of charge to people?

A. "Yes and for that reason, we should choose our government officials wisely during elections".
B. "Yes, I agree. But right now, the government does not have enough resources to do that".
C. "That is an ideal situation that our government does not have enough resources to do that".
D. "Many of the health services are given free, but we people pay for them just the same through our taxes".

157. The team 1eader, decided to ask Nurse Trining the meaning of informed consent. After being able to define what the term means further asked the
reasons for its use. Nurse Trining's answer should be which of the following?
1.To fully understand what the research is all about and what will happen should
the participants to involve themselves in the research study
2. To get assurance that participants have the right to withdraw from participating in the research

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at any given time.
3. To get a compete and Full information as to the objective of the study, procedures to be implemented, data collection, benefit and has and options in the method at treatment.
4. To get assurance how anonymity and confidentiality will be maintained.

A 2 3 & 3 **C. 1,2,3,4**
B.2only D. 3 only

158. As to the observance of respecting privacy, nurse Trining explained about_____.
A. breach of contract C. Ethical dilemma
B. anonymity **D. Confidentiality**

159. In nursing, Nurse Trining explained that the MAIN goal of conducting research is to_____.
A. Justify the role of nurses as health care provider
B. establish a credit body of evidence to support and improve the delivery of care.
C. identify research priorities that will justify the Oversupply of nurses
D. develop a body of knowledge to address non-nursing problems

160. In conducting a study on sleep, Nurse Trining was asked which of the types of research will be used should it involve collecting numerical data which is most often under considerable control. Her answer should be _____.
A. Ichnographic C. Qualitative
B. Phenomenological **D. Quantitative**

161. Should a 24-hour period clinical observations and activities be considered in conducting the research on sleep, the type of study that study will be conducting is
A.Quantitative C. Phenomenological
B.Descriptive D. Exploratory

Situation – Presley enters the labor and delivery unit in probable preterm labor at 36 weeks ' gestation. The patient was informed that the fetus is in breech presentation. She has. a Catheterized urine specimen ordered.

162. Patient Presley asks the nurse why such a diagnostic procedure is required. What is the MOST APPR0PRIATE answer can the nurse give?
A. Urinary tract infections are strongly associated with the occurrence of preterm labor
B. Reduced sensation to urinate usually occur during preterm labor
C. Preterm 1abor treatment usually causes women a bladder infection because of restricted fluid intake
D. Catheterized urine is usually ordered for any woman admitted to the labor and delivery unit

163. Betamethasone (Celestone) is prescribed to be administered and the patient asks nurse Hope about the purpose of this medication?
A. **Promote fetal lung maturity.**
B. Prevent the premature closure of the ductus arteriosus.
C. Delay delivery for at 1east 48 hours.
D. Stop the premature uterine contractions.

164. Patient Presley who is ordered for diagnostic pelvic ultrasound asks what preparation she' 11 take. Appropriate preparations for this procedure include_____.
A. explanation of the procedure
B. NPO 6 hours before
C. informed consent

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D. voiding

165. Pelvic ultrasound can detect, which of the following?
A. Congenital defects in the structure, fetal gender, H-mole
B. Fetal DM, multiple pregnancies, fetal age of gestation
C. Fetal sex, number, and lung maturity
D. Fetal congenital defects, placenta previa, fetal lung maturity

166. The labor progress and the physician performed amniotomy. Nurse Hope should FIRST assess tor _____.
A. bladder distention
B. maternal blood pressure
C. cervical dilatation
D. fetal heart rate (FHR) pattern

Situation -Sienna, a patient with severe preeclampsia is admitted to the hospital. She is a student from one of the local universities and insists on continuing her studies while in the hospital, despite being instructed to rest. The patient studies approximately 10 hours a day and has numerous Visits from fellow students, family and friends

167. Which intervention should the nurse use to promote rest?
A. Develop a routine with the patient to balance her studies and her rest needs.
B. Include a significant other in helping the patient understand the need for. rest.
C. Instruct the patient that the: baby 's health is more important than her studies at this time,
D. Ask her why she is not complying with the prescription of bed rest.

168. Patient Sienna who seems to be irritated with the nurse said "I don't want to talk with you because you're only a nurse. I will wait for my doctor. " Which of the following should the nurse say I'm response to the patient?
A. Your doctor prescribed this for us to do nursing care.
B. I understand. I should call your doctor.
C. I' m angry with the way you dismiss me.
D. So then you would prefer to speak with your doctor?

169. Nurse Mauve is now on ethical dilemma. This occurs when _____.
A. a decision had to be made quickly under stress full situation
B. choices are unclear
C. there is a conflict between the nurse 's decision and that of his/her superior
D. there is a conflict of two or more ethical principles

170. Despite the reaction of the patient, which of the ethical principle that the nurse is responsible of providing all patients with caring attention and information?
A. Beneficence C. Veracity
B. **Nonmaleficence** D. Advocacy

171. Nurse Mauve should plan to initiate which action to provide a safe environment?
A. Take the patient's vital signs every 4 hours.
B. Encourage visits from family and friends for psychosocial support.
C. Maintain fluid and sodium restrictions.
D. **Take off the room lights and draw the window shades.**

Situation Nurse Nanie is admitting five-year-old Krini due to cough, respiratory distress, anxiety and signs of dehydration. The working diagnosis is pneumonia.

172. Nurse Nanie is aware that history taking and physical exam are critical to the diagnostic

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process and often provide more information than can be gained broad testing strategies. History taking includes the by following, EXCEPT _____
A. History of present illness
B. Religious Affiliation
C. Social & Family history
D. Past medical history

173. The objective of taking the history of present illness is to illicit the chronologic description and duration of the chief complaint. Which of the following questions would try to answer what Nurse Nanie wishes to illicit?
1.History of immunizations
2.Aggravating and alleviating factors
3-Duration of disease onset
4.Any treatment and response to treatment
A. 1,2,3 C.1,2,3 & 4
B. 2,3 &4 D. 1,2 &3

174. Past medical history section of Krini contains. the following, but NOT_____
A. Prenatal history **C. Current history**
B. Child hood illness D. Birth history

175. Which of the following statements is TRUE?
A. History taking must be long regardless if the child appears to be well
B. No proper history can be obtained without observation of the child and the mother.
C. Nurse Nanie should refrain from asking about the illness of other members of the family.
D. An example of what can be elicited from a social history is how the disease started.

176. In order not to frighten small children, it is best to examine things that are uncomfortable or frightening to them last so as not to lose their cooperation. This means the LAST thing to do in a child is, which of the following, EXCEPT_____.
A. Inspection of the throat with a throat stick.
B. Inspection of the ears with an otoscope
C. Auscultation of the heart
D. Undressing the child

Situation 5 - Ximena a Chrisan 29-year-oid pregnant woman was admitted to the hospital with a complaint of moderate hypogastric pain. She intends to visit the clinic for her first prenatal check-up and informs nurse Parker that she did not realize she's pregnant until a week ago. As a result, she has been on a diet, weightlifting at the health gym.

177. Patient Ximena was seen by the physician and was ordered for a medication that is larger than the standard dose. What should the nurse do?
A.Give the drug as prescribed.
B. Inform the supervisor.
C. Give the average dose of the medication
D. Discuss the prescription with the physician.

178. The patient refuses to take the medication because it causes diarrhea. Nurse Parker explains the action of the drug but the patient vehemently refuses the medication. What should be the INITIAL action of the nurse?
A. Discuss with a family member the need for the patient to take the medication.
B. Document the patient 's refusal to take the medication.
C. Notify the physician of the patient 's refusal to take the medication.
D. Explain again to the patient the consequences of refusing to take the medication.

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179. As a strong believer of her faith and the need for spiritual guidance, patient Ximena requests that she wants that clergy will visit her. How did nurse Parker function when she initiated the visit?
A. Dependently
B. Collegially
C. Interdependently
D. Independently

180. Patient Ximena sought referral to an abort ion clinic from the nurse. She reasons out that her pregnancy a burden to her work and daily routines. What should be the BEST RESPONSE of the nurse?
A. It will cause discrimination from friends and relatives.
B. Inform her that abortion is morally and legally wrong by virtue of the law.
C. It will cause infection.
D. It is against any religion.

181. The incoming nurse on duty reported, the nurse is administering a medication, the patient says, "This pill looks different from the one I had taken before. " What is the APPROPRIATE action of the nurse?
A. Explain the purpose of the medication.
B. Encourage the patient to take the medication.
C. Check the original medication pre scription.
D. Ask what the other pill looked 1ike.

Situation -A newly hired nurse is assigned in the OB Ward. She was Supervised by a senior nurse.

182. She was asked by the nurse supervisor about her concern and what are the considered ideal fetal positions for a healthy delivery?
A. Right occipitoposterior with no flexion
B. Right occipitoposterior with full flexion
C. Left transverse anterior in moderate flexion
D. Left Sacroanterior with full flexion

183. The physician ordered sonography. The nurse informs the ultrasound unit in charge and prepares the patient for the procedure. The patient asks the importance of the procedure, the nurse CORRECT response is_____.
A. to determine diameters of the fetal skull
B. increase sensitivity for common bile duct of the fetus
C. useful to a visualized cystic duct of the fetus
D. to assess fetus' well-being

184. The newly hired nurse asks for advice from the supervisor. supervisor notices that the newly hired nurse felt uneasy upon learning that the fetus is on breech presentation. Which of the following is the BEST RESPONSE by the supervisor?
A. "I understand how you feel. Tell me more."
B. Is this your first time to witness a breech presentation"
C. Are you afraid to assist the case"
D. "Don' t worry. There's always a first time"

185. After the successful vaginal1 delivery, medication was ordered to be given immediately. The supervisor reassured the newly hired nurse that everything will be fine because the medication will
A. promote vasoconstriction of uterine muscles
B. hasten uterine contractility and control bleeding
C. facilitate the return of pre pregnancy vital signs
D. promote vasodilation of uterine muscles

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186. The newly-hired nurse oriented the caregiver hired by the couple. Which of the following should the nurse encourage the parents to do?
A. Relate to each twin individually to, enhance the attachment process.
B. Avoid assistance from other family members and support groups.
C. Bottle-feed the twins to prevent maternal exhaustion.
D. Plan for each parent to spend equal amounts of time with each twin.

Situation - Lillian, 2-week postpartum mother is seen in the health center. On further assessment, Nurse Addison noted -a localized area of redness on the left breast, and the mother is diagnosed with mastitis.

187. Which additional finding confirms the diagnosis that the patient has mastitis?
A. Enlarged glands in the axilla
B. Normal temperature
C. Engorged both breasts
D. Hard mass and reddened area

188. Lillian asks the nurse the cause of this ailment. Which of the following would the nurse explain as predisposing factors of mastitis? (Select all that apply)
I. Milk stasis
II. Nipple trauma
III. Using alcohol in cleaning nipples
IV. Baby 's sitting position
A. II and IV
B. I and IV
C. I and II
D. II and III

189. Lillian complains of unbearable pain. Which of the following characteristics axe EMPHASIZED in a culturally sensitive nursing Care? (Select all that apply)
I The expression of pain is affected by learned behavior
II. Physiologically, all individuals experience pain in a similar manner,
III.. Some Asian people has high response to pain medications
IV. Patients should be assessed for pain regardless of overt symptomatology.
A. III and IV
B. I and II
C. I and III
D. II and III

190. Nurse Addison provides instructions about measures to prevent postpartum mastitis who is breast feeding her newborn. Which of the following would indicate that the mother needs further instruction? "I Should _____."
A. wash my hands wel1 before breastfeeding
B. breastfeed every 2-3 hours
C. change the breast pads frequently
D. wash my nipples with s0ap and water prior to feeding 3 hours

191. Considering her level of knowledge and the anxiety of her condition, Patient Lillian raised questions on possible ways of relieving her breast discomfort. Which of the statements NEEDS further instructions?
A. "I have to stop breastfeeding until this Condition
B."I can take. antibiotics, and should begin to feel better in resolves. 24 to 48 hours,"
C. I can use analgesics to assist in alleviating some of these discomforts, "
D. "I have to wear a supportive bra to relieve the discomfort."

Situation 8 Nurse Lyca is assigned in the Nursery. She is performing newborn assessment on Baby Boy Pratts born at 40 Weeks gestation.

192. Using APCAR Score, Nurse Lyca should bear in mind that this method of evaluating a newborn 's Condition is used at how many minutes after birth?

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A. 1 to 10
B. 1 to 3
C. 1 to 7
D. 1 to 5

193. Nurse Lyca is aware that testing of vision in infants and children has been treated separately from the testing of adult. which of the statement is NOT true?
A. Infants and children often cannot be tested with the same materials and techniques as adults.
B. Special techniques often must be used, especially to test infants and preschoolers, that cannot be held to the same standards that apply to tests for adults
C. Some infants who appear visually impaired early in life wil1 not Show normal visual responses several weeks or months later
D. Course of visual and cognitive development must be taken into account in evaluating infants and children's visual abilities

194. The false statement about physiologic jaundice in the statements below is _____
A. Caused by impairment in the removal of bilirubin deficiency in the production of glucuronide transferase.
B. Begins to decrease by the 6th or 7th day.
C. Is visible in skin and sclera.
D. **Begins after 48 hours of 1ife.**

195. Neonatal jaundice FIRST becomes visible in which of the following parts? (Select all that apply.)
1.Face
2.Forehead
3.Trunk
4.Extremities
A.3 & 4
C.1&4
B.1 & 2
D.2 & 3

196. When caring for patients with hyperbilirubinemia, the nursing care plan should focus on the following, EXCEPT_____.
A. informing appropriately the significant others
B. preventing injury
C. maintaining physiological homeostasis with bilirubin levels increasing
D. preventing complications

Situation Lily, 23-year-old pregnant woman, 37th week 's gestation, is admitted in the intensive care unit due to paroxysmal ventricular tachycardia. The patient is conscious; cervix is open so they decided to induce 1abor.

197. When the patient was informed about induction, she asks Nurse Aurora what it is all about. which of the following statement by the nurse is correct? Induction is a
A. local anesthesia used for blocking pain during episiotomy
B. deliberate initiation of uterine contractions that stimulates labor
C. medication injected into the subarachnoid space and has a rapid onset of action
D. procedure per formed by artificial rupture of the membranes

198. Which of the following statement is NOT an indication for any uterine stimulants (Oxytocin)?
A. Pre inducting cervical ripening
B. Controlling postpartum bleeding
C. Inducing or augmenting labor
D. Manages an incomplete abortion

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199. Oxytocin drip was started to induce labor. Which assessment findings should cause the nurse to IMMEDIATELY discontinue the oxytocin infusion? (Select all that apply)

I. Fatigue and drowsiness
II. Early decelerations, of the total heart rate
III. Uterine hyperstimulation
IV. Late decelerations of the fetal heart rate

A. III and IV
C. I and III
B. II and III
D. I and II

200. Simultaneous with the oxytocin drip left arm) is the prescribed intravenous (IV) lidocaine (Xylocaine). Nurse Aurora should dilute the concentrated solution of 1idocaine (right arm) with which solution?

A.5 percent Dextrose in water
B. Normal saline 0.99 percent
C. Normal saline 0.45 percent
D. Lactated Ringer' s

201. Take home medications given to Patient Lily includes digitalis therapy which was given to patient since she was pregnant. Which of the following would the nurse anticipate with patient's drug therapy?

A. Switching to a more potent drug.
B. Continuation of the same dosage.
C. Need for change in medication.
D. Addition of diuretic to the regimen.

Situation -The indication of tracheostomy in children has changed substantially in the last two decades. Nurse Robert is taking care of admitted to the Pediatric Ward due to pneumonia. The child is hooked to a tracheostomy tube. Nurse Robert is quite anxious in taking care of Patient Irma, an eight-year-old female child, who was this patient being her first day o£ duty in the Pediatric Ward.

202. When preparing the patient for suctioning, what is the FIRST step?

A. Perform hand hygiene
B. Gather equipment
C. Assess lung sounds, heart rate and rhythm
D. Check physician's order and patient care plan

203. Patient Irma will be placed in which of the following position? Select all that apply-

1. Fowler
2. Semi-Fowler
3.Supine
4. Sim

A. 1, 2& 3
C.1&2
B. 2 only
D.1 only

204. Usually the common indication (s) for the tracheostomy in Patient Irrna' s condition is which of the following? (Select all that apply.)

1.Prolonged intubation
2. Sepsis
3.Hypoventilation associated with neurologic disorders
4. Severe Sleep Obstructive Apnea Syndrome (SOAS)

A.2 only
C. 1, 2, 3 & 4
B.1 & 2
D.1 only

205. The PRIORITY nursing objective when caring a patient with a tracheostomy is _____.

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A. To increase tissue oxygenation
B. To provide patent airway
C. To decrease tissue oxygenation
D. To improve ventilation

206. The TOP nursing expected outcome when performing suctioning is _____.
A. Lessened amount of secretions leading to decreased frequency of suctioning.
B. Secretions removed without complication.
C. Tube-fed patient does not aspirate feeding
D. Prevention of Occurrence of hypoxemia and bradycardia

Situation -Sonny, 11 years old, is admitted due to bronchitis. Upon admission, he manifested the following signs and symptoms: Cough, production of mucus (Sputum), yellowish in color, fatigue, shortness of breath, slight fever and chills and chest
discomfort. The physician Orders 4L/min oxygenation

207. The first standard step in oxygen therapy that the nurse should do is_____.
A. assess client's condition
B. gather all the equipment and supplies
C. prepare the client for the oxygen treatment
D. **check the chart for ordered flow rate and oxygen delivery method**

208. In planning for Sonny's oxygen therapy, the nurse should consider which of the following, EXCEPT
A. need for a humidifier.
B. length of tubing.
C. determine the age of Excel.
D. manner of administering oxygen, continuous or intermittent.

209. Which of the following is the PRIORITY action of the nurse for Sonny who is on Oxygen therapy?
A. Check the flow.
B. Connect the flow meter to the pipe in oxygen outlet
C. **Turn on the oxygen.**
D. Attach the humidifier and connecting tubing to the oxygen delivery device.

210. What PRIORITY precautionary measure should be done by the nurse during the oxygen therapy?
A. Humidifier's water should be checked regularly.
B. No Smoking sign.
C. Oxygen tank should have belt.
D. Limit visitors.

211. One evening, Sonny complained of dyspnea despite continuous oxygen therapy. What should be the FIRST action of the nurse?
A. Reassess the client.
B. Give PRN medication.
C. Assess the patency of the tubing.
D. Refer client to the physician.

Situation - The senior nurse Reese, 1s planning to revisit and implement a change in the management system for the 0bstetric unit. This would be a pilot unit as planned by the administration. Many problems have occurred one of which is the present documentation system, and the charge nurse determines that a change is required.

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212. What should be the INITIAL S'TEP in the process of change for the senior nurse
A. set goals and priorities regarding the change process.
B. Plan strategies to implement the change.
C. Identify potential solutions and strategies for the change.
D.Identify the inefficiency that needs improvement or correction

213. Nurse Reese is preparing the patient assignment t for the day and needs to assign patients to a midwife and nursing assistant. Which patient should the nurse assign to the midwife because of patient needs that cannot be met by the nursing assistant? A patient requiring_____.
A. dressing change of post caesarian Surgery
B. Collecting of urine specimen for urinalysis testing
C. performing range-of-motion exercises twice a day
D. taking of vital signs measurement every hour

214. Because of the scarcity of nurses in the hospital settings, different service delivery models were proposed. Which Situation represents the primary nursing care delivery model?
A. The nursing aide is assigned to make beds and other errands while the nurse is to give medications.
B. The nurse develops a plan of care for patients and collaborates with other team members.
C. The nurse performs all tasks needed by the individual patient to optimize health.
D. The nurse provides care to 4 patients while the nursing aide is to care for 2 patients.

215. One of the post-caesarian patients has a private duty nurse and is responsible for providing holistic care to her patient during the shift. What modality of nursing care is implemented?
A. Primary
B. Team
C. Total care
D. Functional

216. At which stage of Lewin ' s planned change indicates the nurse identifying, planning, and implementing appropriate strategies ensuring that driving forces exceed restraining forces?
A. refreezing
B. unfreezing
C. movement
D. in activism

Situation - Raman, 6 years old, has been recently diagnosed to have Acute Lymphocytic Leukemia. The child has undergone chemotherapy. However, the father is witnessing before his very eyes his first child dying. The father is very much depressed.

217. In what way wil1 the nurse handles the situation?
A. Tell her to trust on God's love and mercy.
B. Te1l her that death is a reality.
C. Encourage her to keep calm because the health care team I doing their best to help Ramon recover
D. **Encourage the mother to express more about her thoughts and feelings**

218. The APPROPRIATE nursing diagnosis to protect the patient from further injury is, which of the following?
A. Altered mucous membrane related to chemotherapy.
B. Interrupted family processes related to life threatening i1lness of a family member.
C. Fatigue related to disease process.
D. Risk for injury related to thrombocytopenia

219. Mouth sores have developed in the child's mouth. The father asked the nurse the reasons for this. The MOST AP PROPRIATE response of the nurse is _____
A. "The child 's oral hygiene needs to be improved. "

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B."There s no need to worry as all kids receiving chemotherapy tend to have them. "
C. "He is allergic to the drug so I will report this to the doctor and suggest à change of drug."
D. "**Mouth sores result because the cells of the mouth are sensitive to chemotherapy.** "

220. Ramon died at 10:00 PM. His father cried much and refused to move Ramon 's body. What is the APPROPRIATE approach of the nurse?
A. Talk about the reality of death.
B. Leave the mother and the child for the last time.
C. Silence to allow the mother to grieve.
D. Cry with the mother as you remember your own experience of death in family.

221. The nurse's MAIN responsibility in preparing Ramon 's discharge is, which of the following?
A. Assist the mother to pay the hospital bill
B. Prepare Ramon 's cadaver
C. Prepare the death certificate.
D. Extend condolences to the bereaved family.

Situation - Asst Chief for Education & Training, Nurse Mendoza, is planning to conduct an in-service training program on intravenous therapy for the staff nurses.

222. To be able to justify the conduct of any in service training program in any hospital, which of the following should be the bases for the implementation of the program?
1.Needs assessment
2. Needs analysis
3.Per recommendation by the Chief Nurse
4.Incident Reports
A. 1, 2 &4
B. 1, 3 &4
C. 1 only
D. 1, 2, 3 & 4

223. The BEST rationale for the conduct of the program is which of the following?
A. Ensure safe practice in the hospital
B. Improve nursing practice in general
C. Provide knowledge and skills to all nursing staff in IV Therapy
D. De1iver safe and quality nursing care to patients on intravenous therapy

224. One of the lecturers discussed the complications that patients may have while on IV therapy. Which of the following is the most common Complication that IV patients may contract while on IV therapy?
A. Embolism
B. Cardiac Overload
C. Phlebitis
D. Aneurysm

225. The participants may avail of Continuing Professional Development (CPD) units if Nurse Mendoza had filed the program to be CPD accredited to which of the following?
A. Professional Regulatory Board of Nursing
B. Professional Regulation Commission
C.Continuing Professional Development
D. Commission on Higher Education

226. The participants should know the way by which they may obtain CPD units aside from attending in service training programs, which are, EXCEPT _____.
A.Professional seminar and conferences
B.graduate studies
C.Short course training for specialization
D. Joining nursing service committees

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Situation -The concept of Reproductive Health is introduced as early as Primary and secondary levels with different degrees of concentration. Students, interested to continue health courses were asking questions on human sexuality.

227. Nurse Hailey discusses the 2020 National Health Goals. Which of the following statements is an EXCEPTION in planning sexual health programs.
A. Make sexual education programs voluntary.
B.increase the proportion of adolescents who have never engaged in sexual intercourse.
C.Reduce deaths from cancer resulting from uterine myomas
D. Reduce deaths from cancer of the uterine cervix.

228. Maternal and child Nursing is a concept under the National Goals. Which objective should Nurse Pailey emphasize to support the program?
A. Avoid having misdirected children and become street children.
B. Promote the well-being of the mother 's family 1ife and family planning.
C.Consider that every child has love, security, and a better future.
D. Avoid complications of pregnancy and promote vaginal deliveries

229. Which of the following topics should the patient feel MORE comfortable when reproductive anatomy and physiology is discussed with the nurse?
A. Sexual health education
B. Gender reassignment
C.Varied sexual positions
D. Gender identity

230. When can the patient tell all information to the nurse?
A. All diagnostic laboratory tests performed had been completed
B. Once the feeling of security is established in the nurse-patient relationship
C. A change in physical appearance occurs
D. The nurse knows the genogram of the patient

231. Which nursing diagnosis is NOT RELEVANT to sexual health?
A. Anxiety-related inability to conceive after six months.
B. Health-seeking behaviors related to reproductive functioning
C. Sexual dysfunction related to an unknown cause.
D. Risk for infection related to high-risk. sexual behaviors.

Situation - Ruby, a pregnant patient 37 weeks' gestation is admitted due to fever, painful swelling of hands, feet, joints. and in labor pain who has a diagnosis of sickle cell anemia?

232. Nurse Sophie administers oxygen to patient Ruby and implements additional measures to prevent a sickling crisis from occurring?
A Maintain strict asepsis.
B. Maintain s adequate hydration.
C. Monitors the temperature.
D. Reassures the patient.

233. Nurse Sophie hooks a 1000 mL intravenous (IV) Solution of D5 Water as Ordered by the physician at 9 am to infuse 80 ml/hr. Via macro drop nruslon set (20 qtts = 1 ml). On the assessment of the infusion at what would be the level of the remaining amount in the TV bag at 2 pm?
A. 500
C. 400
B. 200
D. 300

234. The patient began receiving an intravenous (IV) infusion of packed red blood cells 30 minutes ago. The patient complains of difficulty of breathing, itching and a tight sensation in the

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chest. Which is the IMMEDIATE action of the nurse?
A. Recheck the unit of blood for compatibility.
B. Call the physician.
C. Check the patient 's temperature.
D. Stop the infusion.

235. Norse Sophie checks the gauge of the patient ' s intravenous catheter. Which is the smallest gauge catheter that the nurse can use to administer blood?
A. 22-Gauge
C. 20-Gauge
B. 18-Gauge
D. 12-Gauge

236. The nurse reviews the patient 's plan of care. Which of the following nursing diagnose will be the PRIORITY?
A. Fluid volume, deficit
B. Risk for pain, acute
C. Coping, ineffective
D. Body image, disturbed

Situation - Nurse Nilda is a beginning nurse assigned in the Pediatrics Unit in a government hospital. The Unit has pediatric patients of different ages. Since she will be dealing with patients of varied ages, she thought it best to review her notes on human growth and development, specifically Erikson 's psychosocial theory.

237. The BEST reason why Nurse Nilda opted to review Erikson's psychosocial theory is, which of the following statements?
A. Completion of task results in a sense of competence and a healthy personality.
B. Failure to master these tasks leads to feelings of inadequacy
C.. Helps children grow into successful, contributing members of society.
D. We are motivated by the need to achieve competence in certain areas of our 1ives.

238. Nurse Nilda immediately responds to any cry from her pediatric patients because it is, which of the following reasons?
A. to attend to her patients who cannot communicate verbally
B. to check if the child is hungry or wet
C. to lessen the noise overload in the Unit
D. a powerful influence over that individual's interactions with others for the remainder of his/her 1ife

239. Nurse Nilda is attending to a two-year-old Neneng who was admitted due to chronic bronchitis. Neneng sports a long hair that extends up to her shoulder. As part of the morning care, Neneng's hair into a pony tail. However, Neneng vehemently resisted her hair being tied by a rubber band. The BEST thing that Nurse Nilda should do is, which of the following?
A.Nurse Nilda decided to style
B.Assert her authority.
C.Deny Neneng'S preference that a pony tail would make Neneng's more beautiful.
D. Allow Neneng ' preference.

240. Joji, l7 years old, is admitted in a private room due to influenza. In one of Nurse Nilda's conversations with Joji, the patient expressed is unhappiness with the program he is taking up in college. This is not his choice but rather the choice of his parents. In which of Erikson 's stage of development does this case fall?
A. Autonomy versus shame/ doubt
B. Integrity versus despair
C. Identity versus role Confusion

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D. Trust versus distrust

241. When a 3-year-old patient of Nurse Nilda asserts to choose the pants and shirt to wear to include food preference. Based on Erikson 's developmental tasks, the child' s such behavior is attributed to them which of the following?

1. struggling to acquire a sense of autonomy
2 discovering they have a will of their own
3. awareness that they cannot control others
4. learning which behavior gains approval

A. 1,2 & 3
C. 1,2, 3& 4.
B. 2, 3 & 4
D. 1,2& 4

Situation - Gwen a unit manager is assigned to evaluate applicants for the position in the OB unit. During the interview, the applicant was asked 5 questions.

242. When a patient is admitted to the OB ward with complains of dizziness and body weakness, this is an example of_____.

A. secondary source
C. objective data
B. primary source
D. Subjective data

243. What are the possible cases that need informed consent?

A. Administering skin testing
B.Subjecting the patient to an invasive procedure
C. Hair shampooing of patient
D. Performing a laboratory procedure

244. The applicant was further asked about an incident report. Which of the following is a PRIORITY Case for an incident report be accomplished?

A. Patient fell from the bed.
B. Refusal to go to the physical therapy session.
C. A visitor encourages a patient on bed rest to ambulate.
D. Nurse left before his duty ends.

245. On which occasion would a nurse can be charged with negligence?

A. Giving the patient the wrong medication.
B. Giving competent care.
C. Following standards of care.
D. Communicating with another health team.

246. What tasks can be delegated to his nursing assistant during his tour of duty.

A. Changing wound dressings.
B. Administering analgesic drug.
C. Performing a physical assessment.
D. Taking vital sign

Situation- A patient with hyperthyroidism is admitted to your unit. She asks the nurse about the endocrine functions.

247. To begin your discussion, you explain to her that the endocrine glands include, which of the following?

A. Pituitary, thyroid, parathyroid, adrenals, pancreaticislets, and hypothalamus
B. Pituitary, thyroid, parathyroid, pancreatic islets, ovaries, and testes
C. Pituitary, thyroid, parathyroid, adrenals and pancreatic islets
D. Pituitary, thyroid, parathyroid, adrenals, pancreatic islets, ovaries and testes

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248. The _____ is link between the nervous system and the endocrine system
A. Spinal cord
B. **Hypothalamus**
C. Pituitary gland
D. Thyroid gland

249. This endocrine disorder is a severe form of hypothyroidism characterized by an accumulation of mucopolysaccharide in subcutaneous and other interstitial tissues
A. **Myxedema**
B. Thyrotoxicosis
C. Cushing`s syndrome
D. Hashimoto`s disease

250. The patient asks you about goiter. You describe this disorder as _____-.
A. A condition produced by excessive endogenous or exogenous thyroid hormone
B. The enlargement of the thyroid gland and usually caused by an iodine-deficient diet
C. None of the choices
D. Inflammation of the thyroid gland that may lead to chronic hypothyroidism

251. The patient asks what is a normal thyroid state? The best response is _____.
A. **Euthyroid**
B. Parathyroid
C. Hyperthyroid
D. Panthroid

Situation Marlene, a kasambahay, is admitted for leukemia in exacerbation. She appears shy and seldom talks to hospital staff, except with the watcher who is her sister.

252. Nurse Myra wants to draw the patient out of her shell, so she would be better able to elicit the patient's cooperation. which of the following actions is MOST helpful?
A Just ask Marlene straight the questions that need to be asked.
B. Smile at the patient and allow her to express her concerns.
C. Talk to the sister instead to get more information.
D. Be a professional in every way in dealing with her.

253. Friendly but professional overtures have finally made Marlene open up her circumstances to the nurse, including their financial difficulty. What has been established at this time?
A. Beginning of a friendship
B. Trusting relationship with the nurse
C. A lifelong commitment
D. A dire need for financial help

254. One morning during rounds, Nurse Myra noticed that Marlene was unduly sad. The nurse 's BEST way of communicating her concern is _____.
A. whatever it is, you lift it up to God
B. saying you are sad again, that is bad for your health
C. telling Marlene to stop worrying, everything will be okay
D. placing her hand over Marlene 's shoulder and asking why the sad face

255. The day of discharge came and Marlene 's face becomes all the more sad. When asked why, she answered she has no money to pay the bill. The BEST way of communicating her piece of advice is stating which of the following?
A. You can go to the cashier for to find out what she can advise you
B. The government has agencies for those who need financial assistance. I will give you the list.
C. You can always pay in staggered amounts to be given every 15 days
D. Ask help from generous relatives so you can have additional for down payment.

256. Leukemia is a chronic illness and it is expected that the patient will be in and out of

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the hospital. To maintain communication, the nurse will _____.
A. ask the patient to call the hospital number listed in the yellow pages
B. ask for the phone number where the patient can be easily contacted
C. read the information sheet of the patient in the chart
D. tell patient to write the number in a piece of paper and give it to the ward clerk

Situation: You are a staff burse in the Eye Unit of the hospital. In the regular Quality Circle meeting one of the matters discussed was the increasing complaints of patients who underwent eye surgery in relation to instillation of eye drops. The case of Claudia who had cataract surgery was presented as a frame of reference in reviewing the procedure on eye drops instillation.

257. Which of the following is the RATIONALE for instilling eye drops to patients who had eye surgery?
A. **To help control the intra-ocular pressure** C. To treat an eye infection
B. To dilate the patient's pupils D. To constrict the patient's pupils

258. You have observed presence of drainage in Claudia's eyes. Which of the following eye solution would you use in cleaning her eyes?
A. Hydrochloric acid C. Mineral water
B. **Normal saline solution** D. Soapsuds solution

259. In instilling the eye drops you have to tilt the back slightly Claudia's head. Which of the following is the RATIONALE for this nursing action?
A. To prevent any spill from the eye during the procedure
B. To keep any debris away from the lacrimal duct
C. To facilitate the procedure
D. To reach the conjunctival sac easily

260. You accidentally touch Claudia's eyelid during eye drop instillation causing her to blink. What should have you done to prevent this from occurring?
A. Touch the inner side of the medicine cap
B. Tilt back Claudia's head slightly
C. Hold the dropper close to the eye but do not allow the medication to fall into the cornea
D. Have Claudia look up and focus on something

261. You cannot open Claudia's eyes due to dried crust. Which of the following actions would you do?
A. Apply the eye drops the next day
B. Apply eye ointment to soften the crust
C. Instill eye drops
D. Place a warm wet wash cloth over her eyes for at least three minutes

SITUATION – A manager of an accounting firm is admitted to the hospital due to an acute abdominal pain and passing out of bloody stools. After several diagnostic and laboratory examinations the physician ordered him for exploratory laparotomy. You are the nrse duty that day.

262. While performing the assessment your are guided that the organs found in the epigastrium include which of the following?
A. Protion of duodenum & jejunum, left kidney, appendix & ovary
B. **Duodenum, pancreas, portion of the liver and pyloric end of the stomach.**
C. Stomach, spleen, tail of pancreas and adrenal gland
D. Gallblader, duodenum, gallbladder and portion of the right kidney.

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263. When conducting a nursing history on the Health Perception, Health Management pattern of functioning what is the APPROPRIATE question to be asked pre-operatively?
A. Do you experience your wound to heal quickly?
B. Do you have shortness of breath when exercising?
C. **Are you aware of risk factors for your disease?**
D. Have you experience weight changes in the past?

264. Patient was visited by the anesthesiologist and explained the anesthesia for his surgery. Which of the following type of anesthesia would you expect to be ordered?
A. Spinal
B. Caudal
C. Local
D. General

265. There are pre operative medications given to the patient. Which of the following druugs are given in order to decrease intra-operative anesthetic requirements and pain?
A. Celebrex (celecoxib)
B. Ibuprofen (motrin)
C. Acetaminaphen (tylenol)
D. Demerol (meperidine HCl)

266. The goals for patient's safety in the operating room is imperative for all members of the surgical team. Which of the following Universal Safety Protocol are adopted and validated PRIOR to surgery?
I. Patient's Identity
II. Surgical procedure
III. Surgical Site
IV. Surgical equipment

A. II & III
B I & II
C. I, II, & IV
D. I,II & III

SITUATION 6 - Mely, 68 -year -old, was admitted to the hospital because of decreased appetite, easy fatigability, dehydration and weight loss of about 15 lbs. for the past weeks. She was examined by the physician and advised to be admitted. You are the nurse assigned to take care of her.

267. The physician ordered to start Ms. Mely on Total Parenteral Nutrition (TPN). What Is your INITIAL step to be undertaken PRIOR to this intervention?
A. Determine if the family can afford the whole treatment,
B. Evaluate the tolerance of the patient to glucose.
C. Identify allergies of patient to the supplemental nutrition.
D. **Assess the basic understanding of the patient regarding TPN**

268. Choose from the following the primary goals of TPN?
I. promote weight gain
II. improve nutritional status
III. maintain muscle mass
IV. establish nitrogen balance!
V. enhance healing process
A. I, II, & III
B. I, II, III, & IV
C. I, & II,
D. I, II, III, IV & V

269. When a patient is undergoing TPN, you have to monitor closely for the _____.
A.serum creatinine level
Ç. serum glucose level
B. potassium level
D. sodium level

270. While Mrs. Mely is on TPN she suddenly complained of slight chest pain, dyspnea and appears cyanotic. You suspect that she is experiencing what possible IMMEDIATE complication?
A. Sepsis due to IV 1ine
C. Hyperglycemia.

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B. Air embolism D.Allergic reaction to TPN

271. What PRIORITY nursing action should you do with the presenting clinical manifestations of the patient?
A. Report to the physician status of the patient at once.
B. Take Blood pressure and respiratory rate.
C. Stop temporarily the Total Parenteral Nutrition
D. Administer Oxygen inhalation.

Situation 11 - Nurse Rachel is assigned in the medical unit of a tertiary hospital where most of the patient's admitted are Suffering from Endocrine disorders. She is currently assigned to Patients: Claire, 54-year-old, married with hyperthyroidism Aster, 66 yr. old has an impression of (Cushing Syndrome while Sonia, 48-year-old is suffering from hypothyroidism.

272. While you are doing your physical assessment to patent Aster, she has been exhibiting a UNIQUE clinical manifestation different from patients Claire and Sonia which is characterized by_____.
A. Cyanosis, increasing growth of hands and feet
B. anemia, weight 1oss and presence of
C. moon facies, purple striae on trunk and buffalo hump
D. moon facies, easy fatigability and peripheral edema

273. Which one of the following diagnostic tests do you expect NOT to be ordered by Dr. Lim to patient Aster who is suspected to have Cushing Syndrome?
A. 24-hour urine cortisol level
B. **D-C reactive Protein level**
Ç. ACTH Serum concentration
D. Computerized tomography of the brain, chest and abdomen

274. Which clinical manifestation should Nurse Rachel watch for patient Claire if she is suffering from hyperthyroidism?
A. Cold extremities C. Decreased bowel movement
B. **Fine motor tremor** D. Increased weight

275. Patient Sonia, who bas hypothyroidism is given which ONE of the following drug therapies?
A. Propranolol C. Iron pills
B. Iodine **D. Levothyroxine**

276. Which of the following should be AVOIDED by patient Sonia while she is being treated for hypothyroidism?
A. Use of warm blankets C. Taking foods low in fiber
B. Light activities done at home D. **Exposure to cold temperature**

Situation 13 - Mr. Reynaldo is tasked to conduct a study to determine the level of patient satisfaction on the care they received from the hospital. In doing so, he plans to include: all adult patients admitted from May-October, first admission, with an average length of hospital confinement of 4-5 days, and with no complications.

277. which of the following is an EXTRANEOUS variable of the study?
A. **Age of patients.** C. Length of stay 4-5 days.
B. Absence of complications. D. Date of admission January-March.

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278. Which of the following variables will he likely EXCLUDE in his study?
A. **Salary of nurses** C. Responsiveness of staff
B. Caring attitude of nurses D. Competence of nurses

279. He plans to use a Likert Scale to determine:
A. compliance to expected standards C. level of satisfaction
B. **degree of agreement and disagreement** D. degree of acceptance

280. Which criterion refers-to the ability of the instrument to detect fine differences among the subjects being studied?
A. Reliability C. objectivity
B. **Sensitivity** D. Validity

281. This technique refers to the use of multiple referents to draw conclusions about what constitutes the truth.
A. Delphi technique **C. Triangulation**
B. Meta-analysis D. Experiment

Situation 14 - Nurse Tarly, the research coordinator of a Tertiary hospital where there was a growing concern of patients and family complaints that Nurses are "rude and cranky". In response to this, she organized a core group to conduct a study on the "Caring behavior of Staff-Nurses and Satisfaction of Women with Ostomy.

282. Based on the research statement, what is the 'independent variable in the study?
A. Staff-nurses C Women with ostomy
B. **Caring behavior** D. Satisfaction

283. What is the dependent variable in the study?
A. staff-nurse. C **degree of satisfaction**
B. ostomy D. caring behavior

284. What are the relevant related literatures that Nurse Tarly and her groupmates can utilize in this study?
1. Caring behaviour .
2. Ostomy pathogenesis.
3. Contentment and satisfaction.
4. Concept of body image.

A III and IV C. 1 and II
B. 1, II and III **D. 1, II, III and IV**

285. If Nurse Tarly and her core group decide to formulate a directional hypothesis it will be _____.
A. There is an increase relationship between the caring staff nurses and degree of satisfaction of ostomized patients.
B. The caring behaviors of the staff nurses is related to increased satisfaction of ostomized patients.
C. The staff nurses' behaviors have an effect on the patient's satisfaction with osomized patients.
D. A significant relationship exists between the caring behaviors of the staff-nurses and degree of satisfaction of ostomized patients.

286. Based on the research problem, what is the Research design of the study?
A. Quasi-experimental C. Expost-facto
B.Descriptive D. Experimental

Situation 15 - Nurse Virgo admits Benito,61 yea-old, due to severe abdominal and back pain and

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vomiting after attending a party. He had positive alcohol breath and was tentatively diagnosed with pancreatitis He was scheduled for diagnostic laparotomy to further confirm the diagnosis.

287. Nurse Virgo gathers more appropriate data Erom Patient Benito. Which of the following APPROPRIATE questions should Nurse Virgo ask?

1. "Can you describe your pain?"
2. "Is your urine yellow?"
3. "IS your stool clay colored?
4. Do you drink alcohol often?"

A. 2 and 4
C. 1, 2 and 4
B. 1 and 3
D. 1, 2. and 3.

288. Patient Benito ask5 Nurse Virgo, "Why can't the surgeon just take out my pancreas?" The BEST response of Nurse Virgo is

A. "your body needs to function well with your pancreas "
B. "your attack will soon be overcome when you are at rest"
C. "if your pancreas is removed, you can never eat fat and fried foods again"
D. "antibiotic wil1 relieve signs of infection"

289. Before Surgery, Patient Benito is on nothing per orem status (NPO). She tells Nurse Virgo that he is thirsty and hungry. Which of the following is the BEST response of Nurse Virgo?
A. "You can sip only this amount of water to moisten your mouth"
B."An NGT will be inserted to remove gastric secretions and alleviate your thirst"
C. "I will give you ice chips to relieve your thirst"
D. "Oral and fluid intake stimulates pancreatic enzymes and pain"

290. Nurse Virgo asks Patient Beni to now can he help to reduce pain while waiting for his operation. Which is the MOST appropriate question of Nurse Virgo?
A."Are you ready for the operation? The pain will soon be over."
B."After operation, everything will be alright."
C."Is your present position reducing pain?"
D."Does exercise reduce your pain?"

291. Which of the statements of Patient Benito will convince Nurse Virgo that his instructions for the prevention of pancreatitis were understood by the patient? I wil1 _____.
A. "Increase my intake of high protein products"
B "try to stop drinking alcohol"
C. "follow a high fat diet faithfully"
D. "be careful of exposing myself to infection"

Situation– Ella ,a 10-year old grade four pupil in a private school has just lost her best friend, lory, who died of leukemia . her mother brought her to the emergency room who reported that Ella has been gloomy and often expresses feeling of joining lory in heaven.

292. Which of the following is precipitating factor for Ella`s feeling of wanting to die?
A. **The death of lory**
C. Her authoritative mother
B. Her age
D. Her fear of death

293. Ella's feeling of joining lory in heaven is a manifestation of:
A. Suicidal intent
C. Paranoia
B. Suicidal threat
D. Suicidal ideation

294. Ella states "I will hang my self " this is a manifestation of:
A. Denial
C. Suicidal intent

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B. **Suicidal threat** D. Paranoia.

295. Which of the following is the best predictor of adolescents attempting suicide?
A. Depressed mood C. Feeling of euphoria
B. Joyful mood **D. Feeling of hopelessness**

296. Ella's states "I wish I were dead . I cannot stand anymore not having lory around." ; your most appropriate Nursing action would be:
A. Do nothing because Ella will not do it **C. Stay with Ella**
B. Refer Ella to your supervisor D. Explore Ella's feelings

Situation - Ms. C, 15 years old, 100 lbs, 5 ft. Tall, admitted to your unit for diagnostic evaluation and nutritional support. She is moderately dehydrated with potassium level 2.3 mEq/L. She has experienced weight loss of more than 15 percent within the past 3 months.

297. What is the primary collaborative goal treatment for Ms. C?
A. Resolve possible dysfunctional family roles as an adolescent
B. Increase strong desire to eat
C. Restore normal nutrition and weight
D. Assist her to increase feelings of control over eating

298. For Ms. C, which route for delivery of nutrition and fluid will be health care team try FIRST?
A. Gastrostomy tube C. Nasogastric route
B. **Oral route** D. Intravenous route

299. In caring for this patient suffering from anorexia nervous, which task can be delegated to the nursing assistant?
A. Obtaining special food for the patient when she request it
B. Sitting with the patient during meals and for about an hour after/meals
C. Weighing the patient daily and reinforcing that she is underweight
D. Observing for reporting ritualistic behaviors related to food

300. you find Ms. C in her room running and trotting around for about the last 30 minutes. What is the BEST response to give her at this time?
A. "Tell me why you are running and trotting around the room?"
B. "Stop running right now, otherwise, we will change your exercise program"
C. "We have talked about exercise and agreed to reach your weight goal first"
D. "If you continue to exercise like this, you are going to eat more"

301. Ms. C is at risk for refeeding syndrome that is caused by rapid feeding. What should be the priority action of the health care team to prevent complications associated with this syndrome?
A. Assess for signs of pallor of the extremities and sluggish capillary refill
B. Monitor for decreased bowel sounds, nausea, bloating, and abdominal distention
C. Observe for signs of secret purging and ingestion of water to increase weight
D. Monitor for peripheral edema, crackles in the lungs, and jugular vein distention

302. Ms. C(an adolescent admitted for diagnostic evaluation and nutritional support related to anorexia nervosa)'s self-esteem and weight have gradually improved, but she continues to refer to herself as "fatty." She is able to appropriately verbalize an appropriate diet and exercise plan. What is the priority nursing diagnosis?
A. Imbalanced Nutrition: less than body requires C. Risk for situational low self-esteem

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B. **Disturbed body image** D. Ineffective health maintenance

Situation - Nurse Lailanie takes care of her 80 year oldmother and 85 years old father. She noticed her parents to be forgetting the names of their long time house help and repeatedly ask the same questions several times.

303. This condition has difficulty in progressing stimuli and new information. Alzheimer`s is the most common form of which of these?
A. Fatigue C. Malnutrition
B. Psychosis **D. Dementia**

304. Physiologically, what happens to the brain as Alzheimer progresses?
A. Brain stem atrophies C. Fluids collect
B. **Cells die** D. tissues swells

305. No drugs cure this condition. Emphasis is put on delaying the onset of severe symptoms. Which of the following does NOT help improve Alzheimer's?
A. **Smoking** C. Social connections and mental activity
B. Eat balanced diet D. Exercise

306. Which of these measures will help stabilize mentally the parents of Nurse Lailanie?
A. **Establish a regular routine** C. Repaint or buy a new furniture
B. Move to small apartment D. Correct bad behaviors gently

307. Her parents usually become anxious and confused during late in the afternoon and after dark. What do you call this phenomenon?
A. Agitation C. **Sundowning**
B. Dark retreat D. Dark reaction

Situation- Quality documentation is an essential component of the nurses role in the Health facilities. Nurse Gladys is assigned in the Female medical ward where most of her patients have cardiac and vascular disorders.

308. Nurse Gladys is conducting an assessment of Mrs. Carpio who has edema of the lower extremities due to congestive heart failure. If edema is graded on a scale of +1 (no visible edema in the leg) to 4+ (leg very swollen), what will Nurse Gladys document in her chart if her assessment findings of the edema is SLIGHTLY swollen?
A. +4 C. +2
B. **+1** D. +3

309. What specific term should Nurse Gladys write in her charting when a patient is suffering from a change in the angle between the nail base greater than 180 degrees due to congenital heart disease?
A. Peripheral neuropathy C. Inflammation of the fingers
B. Peripheral cyanosis **D. Clubbing of the fingers**

310. Mrs. Carpio has an order of Thiazide diuretics for her edema. The following is the entry that you expect to be written in her progress report EXCEPT _____.
A. Serum electrolyte monitored everyday C. Intake and output done every shift
B. Weight taken before drug is administered D. **Drug is administered at 8o'clock in the evening**

311. Which of the following is NOT APPROPRIATE description and written in the Nurses notes when a patient has a pitting edema?

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A. Degree of edema
B. **Degree of temperatur**e
C. Duration of indentation
D. Depth of edema

312. Ms. Ruby 28 year old also a patient of Nurse Gladys is suffering from Rheumatic fever due to a previous streptococcal infection. In monitoring patient's status, the nurse should document which of the following TYPICAL manifestation EXCEPT _____.
A. Increase body temperature
B. Non-pruritic rashes
C. **Voluntary muscle spasm**
D. Migratory joint pains

Situation- Mila, a 35-year old female was brought in the emergency unit complaining of cold, clammy skin, disorientation, restlessness and confusion. The nurse suspects the patient is developing cardiogenic shock.

313. Nurse Victor who admitted patient Mila is aware that a decrease in cardiac output results in cerebral blood flow. Which of the following symptoms is one of the EARLIEST signs of cardiogenic shock?
A. **Tachycardia**
B. Altered level of consciousness
C. Presence of fourth heart sound (S4)
D. Decreased urine output

314. Nurse Victor assesses patient Mil. Decrease of which the following factors would help detect that the patient is at risk at developing cardiogenic shock?
A. Heart rate
B. Cerebral blood flow
C. Cardiac index
D. Blood pressure

315. Nurse Victor reviews the medical history of patient Mila. Which of the following conditions is the MOST common cause of cardiogenic shock?
A. Decreased hemoglobin level
B. Hypotension
C. Acute myocardial infarction (MI)
D. Coronary artery disease

316. Which of the following procedures would be MOST helpful to Nurse Victor to confirm the underlying cause of cardiogenic shock?
A. Monitoring pulmonary artery pressure
B. **Monitoring cardiac enzymes**
C. Monitoring mean arterial pressure
D. Measuring central venous pressure

317. The physician prescribes a treatment plan for patient Mila. Nurse Victor understands that the initial treatment goal is which of the following?
A. Prevent infection
B. Correct metabolic acidosis
C. Correct hypoxia
D. Increase myocardial oxygen supply

Situation – Nurse Roberto is the Nurse on duty in the medical ward , he cares for several clients with acid-based imbalances.

318. Nurse Roberto is aware that a client who has experienced cardiac arrest is MOST at risk for which of the following imbalances?
A. Metabolic alkalosis
B. Respiratory alkalosis
C. Metabolic acidosis
D. Respiratory acidosis

319. Nurse Roberto assists in the care of a 30 year old male post surgical client undergoing nasogastric suctioning. The nurse understands that clients with nasogastric suction is MOST at risks with what imbalances?
A. Respiratory acidosis
B. Metabolic acidosis
C. Metabolic alkalosis
D. Respiratory alkalosis

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320. Nurse Roberto assesses a 32 year old female client who appears very anxious, restless and irritable. The client has marked increase rate and depth of respirations. Based on the information gathered, the client is experiencing which of the following imbalances?

A. **Respiratory alkalosis**
B. Metabolic acidosis
C. Metabolic alkalosis
D. Respiratory acidosis

321. The female client who is very anxious and fidgety is blowing off to much carbon dioxide develops tingling sensation of the lips and fingers and is not able to control her respirations. The MOST appropriate nursing intervention for this client is to _____.

A. Instruct the client to blow her nose and take deep breath
B. **Have the client breath into a paper bag**
C. Administer oxygen
D. Administer IV fluids as ordered

322. The nurse obtains a sample of a client's arterial blood gas (ABGs). Which of the following statements is NOT true about ABGs?

A. Interpretation of the clients ABGs involves evaluation of pH, PCO2 and HCO3; components of the ABGs.
B. ABGs assess the client oxygenation status and acid base status.
C. ABGs provide information on blood parameters.
D. **ABGs asses the client electrolyte and fluid balance.**

Situation- The nurse is assigned to care to teenagers with a diagnosis of allergic rhinitis.

323. Which of the following clinical manifestations would the nurse expect to find in the client with rhinitis?

A. **Nasal congestion, rhinorrhea and sneezing**
B. Nasal congestion, pyrexic and rhinorrhea
C. Headache, sore throat and sneezing
D. Nasal congestion, headache and sore throat

324. The physician prescribes decongestant intranasal spray. The nurse instructs the client on the proper use of the spray. Which of the following procedures is the CORRECT method?

A. Finish instillation of spray into one nostril before spraying into the other nostril
B. Inhale quickly to prevent irritation off the mucous membranes
C. Blow the nose after spraying to prevent medications from entering the throat
D. **Tilt the head slightly forward and angle the bottle toward the side of the nostril**

325. The client asks the nurse about using decongestant nasal sprays. Which of the following statements by the nurse is CORRECT regarding its use?

A. "Nasal sprays should be use sparingly because they can exacerbate a cough"
B. "It would take several days of using nasal sprays before any effect on congestion is noted"
C. **"Nasal sprays should not be used formore than three days because it can worsen congestion"**
D. "They should be used along with corticosteroid nasal sprays for maximum benefit"

326. The nurse would determine that her teaching goal one the use of a decongestant nasal spray has been met when the client says _____..

A. "The spray should be used round-the-clock at equally spaced intervals"
B. "Nasal sprays must be combined with an oral antihistamine to achieve relief"
C. "**Overuse can result in nosebleeds and mucosal ulceration"**
D. "Rebound rhinitis (rhinitis medicamentosa) is common with continued use"

327. The physician orders cromolyn sodium (nasal crom) for the client. The nurse instructs the client that the most effective administration schedule is _____.

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A. When manifestations peak only, with two or three doses per day
B. At the start of the allergy season, with a dose of once-a-day
C. <u>One week before the allergy season begins, with four to six doses per day</u>
D. Just after manifestations begin, with a dose of twice-a-day

Situation - The nurse manager of the Oncology Unit invites an oncology nurse specialist to conduct an educational session to the nursing staff on the topic Hodgkin`s disease.

328. The nurse specialist explains the characteristics of Hodgkin`s disease. Which of the following is NOT a characteristics of Hodgkin`s disease?
A. There is presence of Reed-Sternberg cells
B. <u>The disease occurs the most often in the older adult</u>
C. The lymph nodes, spleen, and liver are involved
D. The prognosis depends on the stage of the disease

329. The nurse is aware that a major difference between Hodgkin's lymphoma and non-Hodgkin's lymphoma is that:_____
A. Hodgkin's lymphoma occurs only in young adults
B. Hodgkin's lymphoma is considered potentially curable
C. <u>Non-Hodgkin's lymphoma can manifest in multiple organs</u>
D. Non-Hodgkin's lymphoma is treated only with radiation therapy

330. A client has undergone a lymph node biopsy. The nurse anticipates that the report will reveal which result if the client has Hodgkin's Lymphoma?
A. **<u>Reed-Sternberg cells</u>** C. Philadelphia chromosome
B. Epstein-barr virus D. Herpes simplex virus

331. The nurse specialist describe the stages of Hodgkin`s disease. Which of the following symptoms is MOST commonly an early indicator of Stage I?
A. Chest and Back pains **<u>C. Unexplained fever, night sweats</u>**
B. Subnormal body temperature D. Swelling of extremities

332. The nurse specialist emphasizes the importance of preventing complications. Which of the following conditions are complications of Hodgkin`s disease?
1. Nausea
2. Myocardial infarction
3. Anemia
4. Infection
5. Hypotension

A. 1, 2, 3, 5 B. 1, 2, 3, 4, 5 **<u>C. 1, 3, 4</u>** D. 2, 3, 4, 5

333. The nurse specialist cites a situation. If a patient experiences episodes of severe nausea and vomiting with more than 1,000 ml. of vomitus with in a period of four hours, which of the following is the nurses MOST appropriate action?
A. Withhold fluids for four hours C. Observe the patient for another four hours
B. **<u>Notify the physician</u>** D. Place the patient on a liquid diet

334. The nurse specialist explains that chemotherapyis extremely toxic to the bone marrow and the patient may develop thrombocytopenia. What is the priority goal of the nurse? To take precautions to control _____.
A. **<u>Bleeding</u>** C. Infection
B. Hypotension D. diarrhea

Situation - Diaz, a new Charge Nurse of EENT unit is keen on staff and professional growth of the nursing team.

335. Ms. Diaz earns that-some leaders are transactional leader the following does

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NOT characterize a transactional league
A.Focuses on management tasks
B.Inspires others with vision
C.Is a caretaker
D.Uses bargaining to meet goals

336. Ms. Diaz finds out that s one managers have benevolent-authoritative style of management. Which of the following behaviors will be exhibit MOST likely?
A. Have condescending trust and confidence in their subordinates
B.Gives economic or ego awards
C.Communicates downward to the staff.
D. Allows decision making among subordinates

337. Mr. Diaz knows that there are external forces that influence changes in his unit. Which of the following is NOT an external force?
A. Demands Of the labor sector to 1ncrease wages
B.Exacting regulatory and accreditation standards
C.Low morale of staff in his unit
D. Memo Erom the CEO to cut down on electrical consumption

338. After discussing the possible effects of the low patient satisfaction rate, the staff started to list down possible strategies to solve the problems head-on. Should they decide to vote on the best change strategy, which of the following strategies is referred to this?
A.Majority rule C. Col1laboration
B.Dominance D. Compromise

339. The nurse asks the aide to weigh a patient. later, the nurse discovered that a patient has been weighed who is supposed to be on complete bed rest. This situation violates which of the following rights of delegation?
A. Right person
B. Right direction and communication
C.Right supervision and evaluation.
D.Right task

SITUATION – In the practice of her profession as a public health nurse, Nurse Mary is guided by ethical and moral principles.

340. The nurse in the practice of her profession is guided by _____.
A. code of ethics C. local government code
B. standards of care D. Nursing processs

341. In the ethical principle of beneficence, which is the BASIS of every nursing action in all work settings?
A. Treating all patients selectively.
B. Informing patients of hospital bills.
C. Respecting refusal of treatment.
D. Doing good at all times.

342. In handling all information about the famiilies in the community, which of the following principles should the nurse consider ethical?
A. **Confidentialty** C. Justice
B. Fair treatment D. Beneficence

343. Nurse Mary randomly seleted individuals in the community who will be part of a project. Which of the following ethical principle is observed by the nurse?

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A. Autonomy
B. Beneficence
C. Confidentiality
D. Fair treatment

344. Identify the primary indicator that Nurse Mary observes FIDELITY in the practice of her profession.
A. Faithfully promotes health and prevents desease.
B. Frequently assists in providing health services.
C. Fairly evaluates health programs and initiatives.
D. Collaborates and works with barangay officials.

SITUATION – Nurse Gina is assigned to supervise the home for the aged in the barangay.

345. In planning the care of the elderly, which should be the important consideration that Nurse Gina has to consider _____.
A. The educational qualification
B. Family support
C. Activities of daily liiving
D. Residence of the elderly

346. Nurse Gina has also to consider in terms of financial status most of the elderly are
A. Sufficient
B. disoriented
C. Dependent to others financially
D. Have pension

347. In planning their care Nurse Gina should consider _____.
A. Socialization is more important
B**. holistic care**
C. Physically dependent
D. Spiritually healing

348. In her recommendation, Nurse Gina stated, elderly should be given independence. This means _____.
A. They must live on their own
B. The environment should be safe for them
C. They are free what to do
D. They have rights

349. The elderly should be affforded health protection by
A. Avoid end hazards
B. Pollution environment
C. Placing them in the home for the aged
D. Regular health check ups

SITUATION – Nurse Emma was informed that a family who had just moved in has family members who are infested with Scabies.

350. Which infection control measure should Nurse Emma observe during her visit to the family.

A. Wear mask
B. Use gloves
C. Use face shield
D. Wear gown

351. During theh history taking, which of the following is the MOST common symptom of

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Scabies that the family would report to Nurse Emma?
A. Rashes
C. Scaling
B. Swelling
D. Itchiness

352. In providing health teaching to the famil, Nurse Emma would include in her teachings the etioology of Scabies which is _____.
A. virus
C. bacteria
B. fungi
D. Parasite

353. The mother of the family asked Nurse Emma how to apply the anti – scabies lotion. The nurse should teach the family to apply anti – scabies lotion to _____.
A. all skin areas
C. open lesions
B. affected skin
D. Reddened areas

354. In order to PREVENT the spread of Scabies infestation to other residents in the community, Nurse Emma should teach the family, which of the following?
A. Boil the utensils used by the patients
B. Avoid sharing items used by the infected person.
C. Take a bath three or more times a day.
D. Wear mask and shield at all times even at home.

SITUATION – As nurse supervisor of the health center Nurse Ellen intends to enhhance her competencies regarding resource management and care of the environment.

355. Which type of plan should the nurse employ to assess the strengths and weaknesses of the organization?
A. Nursing care
C. Strategic
B. Operational
D. Program

356. Which BEST describes the planning function of Nurse Ellen in her role as nurse manager?
A. Get and develop people to do work
B. **Distributes and arranges work to ensure smooth operation of the unit.**
C. Determines the actual performance compared with the desired output.
D. Determine how to achieve the mandate of work.

357. To assist them enhance their performance at work, the nurse manager should review regularly pertaining to the staff's
A. Number of submitted incident report
B. Academic performance in college
C. Job description
D. Family dynamics

358. Doing year end performance evaluation of the staff is an example of
A. Planning
C. Organizing
B. Controlling
D. Staffing

359. Which is the MOST important criterion in budgeting?
A. **Flexibility**
C. Consistency
B. Standardized
D. Cost of effectiveness

Situation – An 18 year old, female college student was accompanied by her mother for consultation at the Municipal Health Center. According to her mother the patient had been having difficulty concentrating with her lesson, had tendecy to isolate inside her room and frequently in an angry mood. The physician ordered for psychiatric consult.

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360. In order to determine the patient's ability to concentrate and focus, which would be the PRIORITY nursing action?
A. Asked for the academic performance
B. **Conduct paper and pencil test**
C. Assess the mental status of the patient
D. Refer the patient to the psychiatrist

361. While the nurse is taking yhe blood pressure, the patient suddenly stated."They are talking about me!". She was referring to other patients who were waiting for their consultation. Which of the following should be the APPROPRIATE nursing action?
A. Present the reality situation
B. Distract patient's attention
C. Disagree with the patient
D. Validate the statement

362. In taking the patient's history from the mother, the nurse should ask the mother information related to the daughters' _____.
A. Schooling
B. Menarche
C. Pregnancy
D. Immunization

363. Nurse May is alarm by the incidence of number of young adults in the community with mental problems. Which of the following should be her PRIORITY nursing initiative?
A. Refer all tertiary hospital
B. Request for psychiatrict drugs.
C. Set up debriefing center
D. Set up mental health program

364. In giving health teaching to the mother how to manage the patient at home, which of the following she should emphasize?
A. Give the patient more time for self
B. Impose strict discipline
C. Do traditional parenting style
D. Need for emotional support

SITUATION – Nurse Jane is the team leader of group of nurses who plans to utilize Community Organizing Participatice Acttion Research [CO-PAR]

365. Which of the following BEST describes the PRIMARY goal of CO-PAR?
A. Enhances the skills of the nurse in research
B. Makes the community empowered and self – reliant
C. Increases funding of the community programs
D. Helps clean-up and beautify the community

366. At the pre-Entry phase, which of the following is the FIRST step in the CO-PAR process
A. Survey the community
B. Train technical working group
C. Hold a community assembly
D. Create a core group

367. In Participative Action Research [PAR], which step will empower the community?
A. The nurse performs most of the task
B. Health team directs all the activities of the place
C. Participation and engagement of the community
D. Barangay head appoints people in charge

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368. The nurse, as the community organizer, immerses self by joining local folks in their usual everyday activities in ordwwer to _____.
A. gain trust and rapport of people
B. make self popular among people
C. identify and spot leaders
D. become familiar with the place

369. In CO-PAR, which is the MOST important role of the public health nurse?
A. Caregiver
B. **Expert**
C. Financer
D. Adviser

SITUATION – Nuurse Vince is assigned as the team leaderof newly hired community health nurses of the component ciity in the provvince. He oriented them about primary health care.

370. Which of the following are some elements of primary health care except?
A. Use of appropriate technology
B. Safe water supply
C. Free medicines
D. Maternal child care

371. Nurse Vince is going to refer patient to secondary health facility. Which of the following is an example of secondary health facility?
A. District hospital
B. Puereculture Center
C. Rural health unit
D. Barangay health station

372. Which of the following herbal medicines is recommended by the department for cough?
A. Sambong
B. Guava
C. Bawang
D. Lagundi

373. Guava leaves are recomended by the department of health to
A. Dissolve kidney stones
B. Lower blood pressure
C. Remedy for cough
D. Wash wound

374. This global program aims to end poverty and protect the planet?
A. Center for Disease Control
B. Sustainable development goal
C. Millenium development goals
D. World health organization

SITUATION – At present the public knows their right in health care. The community health nurse should be confident and safe in the practice of her profession.

375. Nurse has a complaint from a parent for administeringgwrong dose of vaccine to the child. This act is a form of _____.
A. Battery
B. Assault
C. Negligence
D. Malpractice

376. When Nurse Ace suubitted a report to the physician that she committed an error in medication. This is an example of
A. Responsibility
B. Accountability
C. Commitment
D. Delegation

377. Who among the following is the BEST to sign an informed consent during a surgical procedure of a child at the health center?

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A. A 26 year old brother who is a drug addict
B. A father who is 40 years old and illiterate
C. A sister, 21 years old but undergoing dialysis
D. A mother, 35 years old with on and off seizure

illiterate person can sign the surgical consent form with an "X."

378. A nurse administer as extra dose of vaccine to a child and the patient developed adverse reaction and died. She can be sued for _____.
A. Negligence C. Tort
B. Malpractice D. Battery

379. A patient was for transfer to a tertiary hospital because of severe asthma, but the nurse do not prepare the patient right away and the patient dies. Which of the following the nurse is liable?
A. Malpractice C. Murder
B. Assault D. Battery

Situation - Sarah, 38-year-old, a teller from a bank is admitted to a tertiary hospital due to hypertension and frequent hematoma of the lower extremities every time she bumps herself in the workplace. The physician who examined her gave an impression of Cushing disease.

380. Which of the following characteristics of Cushing disease is TRUE?
1.The disease occurs in women between 20 to 40 year of age.
II.The use of Corticosteroids for multiple immune conditions is a cause of the disease process.
III. Condition is aggravated by excessive production of ACTH.
IV.The surgical treatment of choice is Transphenoidal hypophysectomy
A. II & III **C. I, II, III, & IV**
B. I, II, & III D. I & II

381. When one has a Cushing disease the focal structure affected is the _____.
A. hypothalamus
B. pituitary gland
C. adrenal gland
D. para thyroid gland

382. Which of the following clinical manifestations will NOT be a complaint from Sarah's condition?
A. Edema of the extremities
B. Poor wound healing
C. Decrease libido
D. Absence of growth in the pubic area

383. The attending physician ordered a Magnetic Resonance Imaging (MRI) to patient Sarah in order to validate the medical impression. This imaging technique is done to detect _____.
A. hemorrhagic injury in the brain
B. electrical impulse in the brain
C. level of oxygen in the brain
D. **non-hemorrhagic injury in the brain**

384. While patient Sarah is confined in the hospital, the safety measure to be observed by the nurses is prevention from fall. This is brought about by the patient being prone to fracture as a result of_____.
A. aging process **C. osteoporosis**

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B. change in vision
D. hematologic condition

Situation- Romy, 58 years old, has been a cigarette smoker since age 15. He has nagging cough and hoarseness of voice and dyspnea. Based on the physical and laboratory findings, the physician suspected him of having lung cancer.

385. Which of the following is NOT a known predisposing factor to lung cancer?
A House is near a banana plantation.
B. Works as a sprayer of vegetables and fruit trees
C. Lives in a suburban area.
D. Living with mother who is a tobacco smoker.

386. Upon history-taking, the nurse notes that the cough of a patient with lung cancer usually STARTS off to be _____.
A. blood-tinged
B. productive
C. dark yellow sputum
D. dry and persistent

387. Which diagnostic procedure is commonly used to establish the diagnosis of lung cancer which provides a detailed description of the tracheobronchial tree and allows for biopsies of suspicious areas?
A. Computerized Tomography (CT) scan
B. Bronchoscopy
C. Sputum cytology
D. Positron Emission Tomography (PET)

388. To help the patient with his breathing difficulty, the nurse places him in which position?
A. Prone
B. Fowler's
C. Sim's lateral
D. Supine

389. Romy is diagnosed with small cell lung cancer (SCLC) a rapidly growing type of cancer. He and his family were shocked when told by the doctor that the patient will just undergo palliative treatment. Which nursing action is MOST APPROPRIATE?
A. Providing relief from symptoms.
B. Reducing fatigue
C. Providing psychological support.
D. Advising treatment options

Situation The 3-year-old child has just finished ingesting the kerosene stored in a Lem-o-1ime bottle. When the mother saw the child, she immediately brought him to the nearest hospital.

390. The assessment of the patient with ingested poison must include_____.
I. determining the poison ingested and the amount
II the time from ingestion and the signs and symptoms
III. weight of the patient
IV. Patient's immunization history
A. I, II, III, and IV
B. I, II, and IV
C. I, II, and III
D. II, III, and IV

391. In case of poisoning, the nurse is aware that the main goals in poisoning are to _____.
I. inactivate the poison
II. administer the specific antidote
III. induce the patient to vomit
IV. support vital organ functions

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A. I, II, and IV
B. I, II, and III
C. I, II, and IV
D. II, III, and IV

392. To remove the ingested poisonous substance, the physician ordered a gastric lavage. What is the role of the nurse immediately prior to the procedure?
A. Get the right size of the nasogastric tube
B. Remind parents to be careful next time
C. Obtain an informed consent immediately
D. Tell the parent that they are negligent

393. The nurse is aware that the proper management of poisoning includes the following EXCEPT to
A. perform hemoperfusion
B. remove the toxin through dialysis
C. dilute the ingested substance
D. induce vomiting after ingestion of the caustic substance or petroleum distillate

394. Discharge instruction made by the nurse to the parents should include_____.
A. close monitoring of the toddler
B. disciplining the child every time
C. Poison-proofing the home
D. lecturing the child on safety

Situation- Mr. Alda, 50-year-old company driver is admitted in the Emergency room (ER) because of pain of the left chest and difficulty of breathing. History revealed that the patient smokes one half to 1 pack of cigarette per day especially when he goes on overtime. Vital signs: BP is 150/90, PR-10/min. RR 38/ beats. Has clammy perspiration and quite restless. The physician ordered chest X--ray and revealed patient has Pneumothorax. You are the nurse to be in-charge of the patent.

395. As a nurse you are guided that pain is usually described BEST as a phenomenon which is a _____.
A) Neurologic activation nociceptors
B) Subjective unpleasant experience
C) Adaptive mechanism to a stimulus
D) Creation of one's imagination

396. . When a patient has pneumothorax, the nurse's assessment findings will likely reveal _____.
I. absent breadth sounds on the affected side
II. Decreased chest expansion unilaterally
III. Sharp chest pain
IV. Burning chest pain
A. **I, II, III**
B. III & IV
C. I, II, IV
D. I & II

397. Which of the following statements is NOT true of Pneumothorax?
A. Atmospheric air within the pleural space can result to a rise in intra thoracic pressure and reduces vital capacity in the lungs
B. The loss of positive intra-pleural pressure can produce pneumothorax
C. The loss of negative intra pleural pressure can result to collapse of the lungs.
D A spontaneous pneumothorax can occur with the rupture of pulmonary bleb.

398. . The physician inserted a chest tube drainage to Mr. Alda in order to help re-expand the lungs. Which of the following should you prepare FIRST as a nurse in case of emergency when

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the tube is accidentally disconnected?
A. sterile clamps C. Sterile dressing.
B. Another chest tube **D. A bottle of sterile water**.

399. In order to relieve Mr. Alda of pain, the physician prescribed morphine So4 2mg/IV PRN for intolerable pain. The overall goal of the Health Care Professional is to provide adequate control so the patient can breathe easily. Which of the following would indicate successful attainment of this goal?
A. Anxiety level of patient will be reduced.
B. Respiratory rate will be decreased to 20 breadths
C.Oxygen saturation is at 76 % level.
D. Pain scale will show 1-to 2, in a rating scale of 10 (highest, 0-Lowest)

Situation Proper recording is a vital task that the nurse is trained to do properly in nursing school and expected to practice as a professional

400. Nurses are taught as students that the ideal and PROPER time for recording vital signs and notes on the patient is _____.
A. to wait for lunch break to do the recording
B. after al11 the tasks are done, in order to conserve time
C. as Soon as they obtain the signs or observations on the patient
D. to wait for lunch break to do the recording

401. Right after endorsement and during the rounds, the incoming nurse observes that the IV fluid is at 800 cc level and not 400cc, as endorsed. What is the CORRECT information that she will chart?
A. Anything goes, nobody reads the charting anyway.
B. Record the 400 cc.
C. Chart that she received 800
D. Refer to the Head Nurse on what to do.

402. Which is the APPROPRIATE way to correct an error in the Nurses Notes?
A. Take the whole page out and replace with a fresh one
B. Draw a single 1ine across the error and initial it
C. Use the sticky side of the plastic tape to erase the error
D. Use a rubber eraser to erase an error.

403. It a medicine is unavailable and therefore not given to the patient, how is it charted?
A. Leave it blank.
B. **Sign and make an explanation in the Nurses Notes.**
C. With an asterisk or mark, as per hospital protocol.
D. Write the letter.

404. If the patient is referred to another consultant and the latter has made an order already, what can the nurse CORRECTLY chart?
A. The attending physician has not yet read the order
B. Only one order has been left to be Carried out.
C.She has carried out the orders of the consultant
D. That the consultant has seen the patient with new orders.

Situation - Nurses must continually grow as a person and as a professional.

405. As a newly 1icensed nurse employed in a tertiary hospital, you are required to attend Continuing Professional Development (CPD) program. When the training program is for the enrichment of nurses in the hospital, it is called _____.

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A. informal training program
B. formal education program
C. self-directed
D. In-service training program

406. The professional development of a nurse can be achieved through various ways, such as _____.
A. Participating in political rallies
B. Attendance in socio-civic activities
C. Attending demonstration of baking
D. Engaging in CPD Programs

407. When nurses are projected in a television advertisement as sex symbols, what APPROPRIATE action is expected from a concerned nurse?
A. Keep your silence, it is the television station 's prerogative.
B. Go to the street to manifest displeasure of the nurse's portrayal.
C. Make a position paper to denounce the advertisement
D. Condemn the issue in the radio program.

408. To grow as a person, the student nurse can attend lecture-demonstration on which of the following procedures?
A. Bathing the newborn
B. Proper bandaging
C. Doing first aid
D. Doing makeup

409. Nurse Merry 's application to Canada has finally been approved and she was advised to depart in three months But, she is also enrolled in the graduate school and ambivalent to go because of this engagement plus the fact that her mother has just been discharged from the hospital. Which of the following actions is BEST?
A. Tell family that the. money spent in graduate school can be easily earned in Canada
B. Inform the agency that she could go anytime as they wish.
C. Tell the recruiter to give her more time to settle her personal affairs.
D. Share to friends this is her escape from her sad life with her family.

Situation 20-Tomny, a 50-year- old chain smoker is suspected to have lung cancer after he was seen and examined by his physician. He and his wife got very worried about his diaqnosis.

410. Which procedure has to be done to the patient to establish a definitive diagnosis of lung cancer?
A. Chest x-ray followed by a CT scan
B. Cytological study of the sputum
C. **Bronchoscopy**
D. Magnetic resonance imaging

411. The MOST significant contributory factor to the development of lung cancer is _____.
A. being a cigarette smoker
B. belonging to the male sex
C. Being extremely obese
D. age over 4 0years

412. The patient while in the hospital 1s complaining of chest pain. When the nurse is assessing the degree of pain of the patient, the MOST APPROPRIATE basis is
A. watcher 's description of patient's pain
B. patient 's own rating of his pain
C.Non-verbal Cues observed in the patient
D. nurses 's Own rating ot the patient 's pain

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413. Health teaching on chemotherapy includes informing Tommy on the adverse effect of bleeding related to bone marrow depression. Which verbalization of the patient indicates further teaching?
A. I should watch out for discolorations in my skin
B. I am going to take two tablets of Aspirin for my headache
C.I may need platelet transfusion in the future
D. I should not blow my nose

414. The patient underwent a left pneumonectomy due to Lung cancer. During surgery the phrenic nerve is accidentally cut. This incident will result to _____.
A . **Allow greater expansion of the lungs**
B. Make the diaphragm descend with ease
C. produce a partially functioning diaphragm
D. make the diaphragm go up with ease

Situation The following scenarios are potential routines that could check work ethics of a professional nurse.

415. A Patient asks to be discharged from the health care facility against medical advice (AMA). What should the nurse do?
A Notify the physician.
B. Prevent the patient from leaving.
C. Have the patient sign an AMA form.
D. Call a security guard to help detain the patient.

416. A nursing assistant is assigned to provide morning care to a patient. How should the nurse document care give by the nursing attendant?
A "Morning care rendered".
B." Morning care rendered by Grace Go, NA" -
C."Morning care provided by G.G., nursing assistant".
D."Morning care refused to be given by nursing assistant

417. A nurse administers the wrong intravenous fluid to a patient. She should accomplish which of the following documents to be submitted to her immediate supervisor?
A.PatientKardex C. Progress report
B.Incident report D. Endorsement record

418. When developing a care plan for a patient with a do-not-resuscitate order the nurse should NOT include which intervention on the care plan?
A. Allow access to individuals who can provide spiritual care.
B. Administer pain medications as ordered by physician.
C.Provide usual routine nursing care as ordered by physician.
D.**Administer lethal doses of medication as patient request.**

419. A patient is to undergo a laminectomy in the morning. The physician asks the nurse to witness the patient's signing of the consent form. What is the BEST action the nurse?
A. Provide emotional support for the patient while the patient signs the consent.
B. Make sure the physician explains the risks of undergoing the procedure.
C.Make sure the physician thoroughly describes the procedure.
D.Make sure the patient is competent, awake and alert before he/she signs the consent form.

Situation -Mark, a 25-year-old student suddenly had convulsive movements. After the with loss of consciousness during their lecture episode he was rushed to the nearest hospital

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420. A nurse is conducting physical assessment, which of the following is INAPPROPRIATE action in this stage?
A.Insert intravenous cannula
B.Assess patient's lifestyle
C.Assess patient source of stress and coping habits
D.Identify the patient's daily activity

421. Mark is scheduled for an EEG after having a seizure for the first time. What is the BEST patient preparation instruction before the procedure?
A.Avoid thinking and personal matters for 12 hours before the test.
B.Do not shampoo your hair for 24 hours before the test.
C.Do not eat anything for 12 hours before the test.
D**.Avoid stimulants and alcohol f or 24 to 48 hours before the test**.

422. Which of the following manifestation should the nurse APPROPRIATELY observe during generalized seizures?
A**. Loss of Consciousness, dilated pupils, and muscular stiffening**
B. Jerking movements of al1 extremities.
C. Facial grimace with patting and smacking.
D. Vacant stare with a brief Loss of consciousness

423. What is the FIRST priority which the nurse must observe in caring for patient with seizure?
A. Safety
B. Airway
C. Nutrition
D. Mobility

424. . Phenytoin (Dilantin) has been prescribed for a patient Based on an understanding of the medicine what 18 the PPR0PRIATE nursing instruction of the nurse?
A. Give Dilantin intramuscularly
B.Administer good oral hygiene
C.Dilute IV Dilantin with 5% dextrose
D.Maintain a Dilantin level of 30-50 ug/ml

Situation 8- Charge Nurse Tessie works at the surgical ward. She ensures good record management is implemented in her unit at a1 times.

425. A patient is having elective surgery under general anesthesia. Who is responsible for obtaining the informed-consent?
A. Surgeon
B. Nurse
C. Nurse anesthetist
D. Anesthesiologist

426. Which statement by the patient indicates that the he understands the explanation of the surgeon?
A “I refuse to sign the consent form; another family member can sign for me-"
B."Now I know what the alternative treatments and procedures are."
C. "If I refuse to sign the consent form, other treatment will be withdrawn. "
D. I can't refuse the procedure after the consent, is signed."

427. The unit secretary who transcribes the physicians' order asks the nurse to interpret an order because she cannot read the writing. The nurse’s BEST action is to _____.
A.clarify the order with the pharmacies
B.clarify the order by calling the physician
C.interpret the order according to the patient 's previous medication record
D. clarify the order with junior staff

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428. The physician orders to transfuse 500ml packed RBC blood postoperatively. The nurse must check the name on the label of the blood with the name on the patient 's _____.
A.medication administration record
B.Wristband in the presence of another nurse
C.medical chart
D. wristband

429. The patient 's wife is-so anxious about the condition of her husband. The MOST appropriate INITIAL intervention for the nurse to make is to _____.
A. describe her husband 's medical treatment since admission
B. reassure her that the important fact is her presence
C. explain the nature of the injury and reassure her that husband's condition is stable
D. allow her to verbalize her feelings and concerns

Situation –Karen is seventeen years old, grade twelve, active in gymnastics. She is five feet and seven inches tall, weighs 85 lbs. Her family doctor diagnosed her with anorexia nervosa.

430. Which of the following statements should Nurse Cora consider as TRUE with anorexia nervosa?
A) Thinness is equated with vanity among Peers.
B) Eating disorders are not major health problems -
C) **Cultures linking beauty to thinness increase risk of the Illness**.
D) Anorexia nervosa is not considered as a mental disorder.

431. Karen is being assessed for eating disorder Which option is suggestive of anorexia nervosa?
A. Lack of knowledge about food and nutrition
B. Guilt and shame about eating patterns
C.Refusal to talk about food-related topics
D.Unrealistic perception of body size even though Karen has been eating

432. Nurse Cora is working with Karen. Even though Karen has been eating all her meals and snacks, her weight has remained unchanged for a week. Which nursing intervention APPROPRIATE for Karen?
A Supervise Karcn closely for 2hrs after meals and Snacks.
B. Supervise Karen closely 2 hours before and after meals
C. Increase the daily caloric intake calories from 1500 to 2000
D. Increase the daily caloric intake from 1800 to 3000 calories

433. One morning as Nurse Cora entered Karer's room, she noticed that the patient was engaging in a rigorous pushup. Which nursing action is MOST APPROPRIATE?
A. Allows her to complete her exercise program.
B. Tell her that she is not allowed to exercise rigorously.
C.Interrupt her and offer to take her for a walk.
D.Interrupt her and explain that exerc1se is not needed.

434. Which of the following is the INITIAL goal for treating the severely malnourished patient with anorexia nervosa?
A. Nutritional rehabilitation
B Correction of body image disturbance
C.Weight restoration
D. Correction of electrolyte imbalances

Situation Annie is a 38-year-old-woman with three children history of otosclerosis. She is admitted for ear surgery.

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435. While taking nursing history on Annie, what will be the response of the patient that indicates her present condition?

A) She frequently experiences vertigo nausea and nystagmus when sitting.
B) She has ear pain and discharge from the left ear when travelling.
C) She has had impaired hearing since birth.
D) Her hearing loss has become worse with each succeeding pregnancy

436. Annie states, “I 'm afraid to 1et my children out of my sight now that I can't hear them." What is the nurse ' s BEST response?

A) **Tell me about your fears of losing contact with your children now that you can't hear them**."
B) Children need some freedom, and the mother has to learn trust them. "
C) Do the children usually misbehave when they cannot be seen or heard by you?"
D) "What can the children do to make you feel more comfortable?

437. What should be APPRORIATE the nursing care plan for Annie having otosclerosis?

A Substitute meaningful sensory input by the use of other senses.
B. Orient Annie to the staff, the unit, and all treatments
C. Give nursing care that will meet her psychological needs.
D. Make frequent calls to prevent isolation and loneliness.

438. The day after surgery, Annie expresses concern that hearing is not as good as it was before admission. What is the BEST nurse action?

A. Encourage Annie to divert her attention by reading.
B.Encourage Annie to blow more her nose to Clear the eustachian tubes.
C.Reassure Annie that it is temporary loss due to post-oedema and ear packing.
D. Check the external ear for blood clots and remove them.

439. What post operative teaching will the patient strictly follow?

A. Reinforce that fact that airplane travel is no longer permitted.
B. Show patient how to gently irrigate the external auditory canal.
C. Inform physician any dizziness that develops after she is discharged.
D.**Stress that hair washing should be avoided immediately after surgery**

Situation Sandy, a 58-year-old teacher had a left total hip replacement due to osteoarthritis.

440. Sandy should be placed in which of these positions for meals?

A.Supine
B.Trendelenburg's
C.Semi-fowlers
D.Sim's Lateral

441. The nurse did preoperative teaching to Sandy who's admitted for hip replacement surgery. Which statement of Sandy indicates the need for further preoperative teaching?

A.”I’ll rest in bed for 2 to 3 hours after surgery."
B.”I'll begin gait training within 48 hours."
C.” I should do muscle strengthening exercises in both legs”
D.”**I need to turn, cough, and breathe deeply every 2 hours**.”

442. The physical therapist orders exercises of Sandys left hip, knee nurse and foot to gradually increase. The nurse can BEST assist Sandy by_____.

A.Observing Sandy's ability to perform the exercises
B.performing the exercises for Sandy
C.**administering an analgesic before the exercises**

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D.stopping the exercises if Sandy experiences pain

443. Sandy should be instructed to avoid _____.
A. assuming prone position
B. abducting her left Leg
C.putting any weight on her left leg
D.adducting her left leg

444. Sandy asks the nurse if her new joint will function normally. The nurse can BEST answer this by saying that the_____.
A) doctor will be able to assess your limitations in 6 weeks and then explain them to you
B) new joint will function almost as well as a normal joint, if you perform your exercises faithfully
C) new joint will be stronger than the old one if you exercise well
D) new joint won't function as well as the new joint, but will be better than the arthritic joint

Situation - When nurses are considering issues on control, shame and stigma, surrounding the subject of mental illness, one of the primary considerations should be nurse 's own sensitivity in recognizing signs of mental health problem. Ethics pervades good practice.
The following situations apply.

445. A patient is brought to the hospital by his officemates because he kept on blaming his immediate superior of getting him fired from his job. Ethical problems may arise when diagnosing psychiatric patients because of _____.
A. inadequate staffing
B.lack of Exercise
C.subjectivity
D. inappropriate diagnostic procedures

446. The nurse is administering psychotropic medication to the patient. The patient refused to take the medication. Which of the following situations would guide the nurse where a patient refuse medication?
A. Cannot refuse his medication regardless of his medical diagnosis
B. Need a court order to allow the patient to refuse his medication
C.Can refuse this medication if he has not been deemed incompetent by formal legal procedures
D. May refuse the medications only if his attending physician agrees

447. Which of the following is a basic safeguard to ethical practice by the nurse in providing care to patients with borderline personality disorders who are extremely provocative and manipulative?
A. Observing human to human relationship
B.Seeking clinical expert opinion
C.Practicing self-awareness constantly
D.Applying person centered approach

448. The patient verbalizes to the nurse about thought to kill his wife". The nurse is in dilemma whether to tell the wife about this Conversation. Given this situation which of the following is the appropriate action of the nurse?
A) Alert immediately the proper authorities regarding the threat to safeguard the safety of the wife.
B) Tell the wife to be very extra careful as her life is danger.
C) Weigh carefully the situation by viewing it as dilemma between disclosing confidential information or warning appropriate authorities.
D) Keep the information to herself and be vigilant on action of the patient to protect the wife

449. The psychiatric diagnosing of patients is a morally charged issue and the assigning of diagnosis may be an ethical issue. The role of the nurse in diagnosing psychiatric patient is

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important because nurses are _____.

A) collaborators in the diagnostic process
B) planners of psychiatric nursing care
C) knowledgeable in the field of psychiatry due to extensive clinical experience
D) Competent by virtue of their educational preparation

Situation - Dina, 72 years old, has been diagnosed to have type 2 diabetes mellitus and has been admitted due to headache and blurring of vision. She had been on insulin therapy for almost 10 years now.

450. Which of the following is NOT TRUE of type 2 diabetes Mellitus?
- **A.** Increased production of glucose from the liver
- **B.** Insulin resistance in the peripheral tissues
- **C. Destruction of beta cell from autoimmune mechanism which result in lack of insulin and hyperglycemia**
- **D.** Defective beta cell secretion with loss of insulin

451. Dina is taking human Insulin injection for diabetes. Which of the following health instructions should you APPROPRIATELY emphasized in order to avoid hypoglycemia? Inject insulin into the _____.
a. Anterior part of the leg muscle intramuscularly
b. Gluteal region subcutaneously and rotate
c. Abdominal wall subcutaneously and then rotate
d. Deltoid muscle intramuscularly and rotate

452. The grand daughter of dina ask you. How does regular exercise help my grand mother overcome her diabetes? Your BEST response is exercise _____.
A. **"increases metabolic rate and consumption of glucose by the muscles**."
B. " Lower cholesterol and triglyceride levels"
C. "reduces cardiovascular risks,"
D. "Increase blood sugar level"

453. Which of the following is the cause of Somogyi effect, which occurs during sleep in patients with diabetes mellitus?
A. too much globulin
B. increase insulin in the body
C. too much albumin
D. limited insulin in the body

454. A common chronic complication of diabetes due to the thickening of the capillaries and arterioles of the eye is?
A. Papilledema
B. Retinal Detachment
C. Glaucoma
D. Diabetic retinopathy

SITUATION 3 – Crisostomo a 40 years old employee has been complaining of difficult painful urination for almost a week now. He said he saw some fresh blood in his urine but was afraid to see a physician, instead, he went to his friend who is herbalist. After a week his condition worsen and his wife brought him into a community clinic.

455. A community clinic does primary care for patients. Most often the one who manages this is which of the following?
A. Physician
B. Barangay health worker
C. Nurse
D. Midwife

456. Upon assessment, the patient was referreed immediately to a 25-bed-capacity hospital, which does not have any capacity to do intensive diagnostic examinations. You are a nurse in this

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hospital which you know is a LEVEL _____.
A. 3
B. 1
C. 4
D. 2

457. In the tertiary hospital where the patient is referred , he was considered an emergency case. The nurse immediately call for a specialist who is _____.
A. Neurologist
B. **Urologist**
C. Plebotomist
D. Nephrologist

458. After a throurough assessment by the physician-specialist, an order for an immediate sonogram was made specific for the medical condition?
A. Operation Room
B. Laboratory
C. Intervention
D. CT Scan

459. After the procedure, the patient was ordered for Lithotripsy, under spinal anesthesia. The nurse has to call the department of _____.
A. Internal medicine
B. Anesthesia
C. Surgery
D. Imagery

SITUATION 4 – An alert 67 year-old woman with diabetes mellitus is discharged from the hospital. A referral is made to a community nursing agency. You are asked to reinforce the teaching program started in the hospital. The patient is using sulfonylurea compound tolbutamide (Orinase)

460. When the patient turned 69 years old, Orinase was discontinued and NPH insulin is prescribed for her. After several months, she is determined to be suffering from sumogyi effect. Which of the following conditons will most likely result when the patient is receiving too much insulin?
A. Developing an elevation of the blood glucose level
B. Producing even more insulin
C. **Becoming resistant to insulin**
D. Conserving excessive amount of fluid

461. A few days later, the patient comes into the emergency department via ambulance stretcher and reveals a work-up of blood sugar level at 800mg/dl, ketones are absent in the urine, she is dehydrated, and has an altered mental status. Based on the data, t he patient is most likely suferring from what specifi medical condition?
A. Hyperosmolar nonketotic coma (HNKC)
B. Diabetic retinopathy
C. Acute renal failure
D. Diabetic ketoacidosis (DKA)

462. Upon interview, the patient reported the she often felt nauseated, restless, perspired a lot, felt fatigued, and was often hungry when she was younger. What do these signs indicate?
A. Diabetic Nephropathy
B. Hyperglycemia
C. Hypoglycemia
D. Diabetic retinopathy

463. Upon further assessment, you notices that she had any scratches on her right ankle, a resulting infection, and cellulitis. When you asked her about the scratches, the patient states, "Oh, my cat might have been using my leg as a scratiching post again and I did not even feel it." Which diabetic complicatons suspect the patient to have?
A. **Neuropathy**
B. Macroangiopathy
C. Retinopathy
D. Nephropathy

464. You should check the patient for suspect disturbed thought processes related to depressed metabolism and altered cardiovascular and respiratory status. What is the rationale for

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orienting the patient to time, place, date, and events?
A. Shows improved cognitive functioning
B. Provides reality orientation to patient
C. Permits evaluation of effectiveness of treatment
D. Let the patient identify the time, place, date, and events correctly

Situation 7 - Ms. Monina is a retired Community Health nurse in barangay San Pablo. Due to her commitment to the nursing profession, she has volunteered in their community to conduct health education classes. One Saturday morning, several patients who are hypertensive and with pulmonary health problems attended her session.

465. Mang Luis, is a newly diagnosed patient with Chronic Obstructive Lung Disease (COPD). Which of the following PRIORTTY teaching instructions should he be given in relation to his condition?
A. He should assume supine position: when resting.
B. **Know early signs of respiratory infection.**
C. He has to be taught how to do Bronchial clapping.
D. Family should be advised that patient should sleep in a warm room

466. Which of the following health interventions. should be included in your teaching plan for Mang Luis?
A. Be on prolonged corticosteroid therapy.
B. Lung exercises must be done with longer. inhalation then exhalation.
C. Reduce risk for infection.
D. Have a high flow of oxygen administration.

467. Pulmonary Rehabilitation for COPD has a duration of at least 4 to 12 weeks. Which of the following should be avoided while patient is having this program?
A. Pursed lip breathing
B. Smoking cessation
C. Aerobic, upper and lower body conditioning
D. Peripheral muscle wasting

468. Weight loss and Malnutrition are commonly observed among patients with COPD. They should be taught to avoid _____.
A. have full stomach even when in dyspneic condition
B. keeping body mass between 21-25 kg./m
C. a high caloric and high protein diet
D. exercise one hour before and after eating

469. Which of the following energy conserving strategies should NOT be done by COPD patients?
A. Exhale when pushing or exerting effort when doing daily activities
B. Assume tripod position with elbows supported on the table when shaving or combing
C. Inhale when resting, sitting and lying down.
D. Stand in front of the mirror while shaving or combing hair

Situation 8 - A housewife, appearing jaundice, complaining of abdominal pain, nausea and bloated sensation were rushed to the hospital. The patient was examined by the physician and ordered for admission due to a suspected stone in the gall bladder, you are the nurse on duty that day.

470. When performing an interview, which is the BEST initial question should you ask when a patient is on pain?

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A.How often do you feel the pain?
B. How would you describe your pain?
C. Did you take any drug to relieve the pain?
D. When did you first feel the abdominal pain?

471. Which of the following imaging test that uses transducer will be likely be ordered by the physician to detect gallstones?

A. Computed Tomography **C. Abdominal Ultrasound**
B. Abdominal X-ray D. Doppler sonography

472. The test revealed presence of gallstones and inflamed gall bladder. The patient was advised to undergo open cholecystectomy. This operation compared to laparoscopic cholecystectomy are _____.

I. invasive
II. less pain
III. longer recovery
IV. shorter hospital stay

A.I, II, & IV C. I, II & III
B. I & II **D. I & III**

473. After 2 hours post-operatively, the nurse observed reddish drainage from the operative area of the patient. Which of the following nursing actions should you performed FIRST?
A Check if stitches from the operation have come apart.
B. Check where is the source of possible bleeding.
C. Cover the operative area with sterile gauze bandage.
D. Put hand as a pressure on the operative area.

474. After several days in the hospital, the physician ordered the patient to be discharged. Which of the following is a PRIORITY restriction that you should emphasize when he goes home?
A. Stool softener to induce bowel elimination.
B. Driving if not using narcotic drug.
C. Take shower even if ´still with surgical drain.
D. Lifting of objects not more than 10 lbs.

Situation-Latest death toll in the Philippines due to Corona virus after Easter 2021 was 13,425. It was so scary that within a year Covid-19 virus takes its toll. The nurse must understand the importance of self-awareness and competencies in helping patients and fami1ies during bereavement.

475. When human needs are taken away or not met for some reason, people experiences loss. Using Maslow s hierarchy of human needs which one of the following will the nurse considers a loss in case of death?
A. Loss of security and a sense of belonging
B. Loss related to self - actualization
C. Physiologic and safety loss
D. Loss of self esteem

476. Vangie, 73 years old, comorbid with hypertension and asthma died of COVID Ariel grieved and mourned to the loss of his mother's untimely death. He is now aware that his mother is one of those 13, 425 deaths. The nurse will consider stage of grieving process is Ariel at what experiencing?

A. **Depression** C. Denial and Anger
B. Bargaining D. Acceptance

477. Which of the following gives cues to the nurse that the patient may be grieving for loss?

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A. **Thoughts, feelings, behavior, and physiologic complaints**
B. Hallucination, panic 1evel of anxiety, sense of impending doom
C. Sad affect, anger anxiety, and sudden change of mood
D. Complaints of abdominal pain, diarrhea, loss of appetite

478. Which of the following situations will the nurse consider as risks factors for complicated grief?
A. Childbirth, marriage and divorce
D. Death of a spouse, child, death by suicide
C. Inadequate perception of the grieving process
D. Inadequate support and old age

479. As a nurse, which of the following are the critical factors for successful integration of loss during the grieving process?
A. The patient 's predictable and steady movement form one stage of the process to the next
B. Accurate assessment and intervention by the nurse or helping person
C. The nurse trustworthiness and healthy attitude about grief
D. The patient's adequate perception, adequate support, and adequate coping

Situation - Mrs. Juan, a young female patient, believes that doorknobs are contaminated with Covid 19 and refuses to touch them except with the aid of tissue paper

480. Her diagnosis of obsessive-compulsive disorder constantly does repetitive cleaning. The nurse knows that this behavior is probably MOST basically, an attempt to _____.
A. Decrease the anxiety to a tolerable level
B. Focus attention on non-threatening tasks
C. Control others
D. Decrease time available for interaction with people

481. What response should the nurse use in dealing with this behavior?
A. Encourage her to scrub the doorknobs with a strong antiseptic so she does not need to use tissue papers.
B. Supply her with paper tissue to help her function until her anxiety is reduced.
C. Force her to touch doorknobs by removing all available paper tissue until she learns to deal with the situation.
D. Explain to her that ideas about doorknobs with covid 19 are part of the i1lness and is not necessary.

482. Signs such as using tissues to doorknobs develop because the patient is _____.
A. unconsciously controlling unacceptable impulses or feelings
B. Listening to voices that tell her that doorknobs are unclean
C. consciously using this method of punishing herself
D. fulfilling a need to punish others procedure by carrying out annoying

483. Therapeutic treatment for Mrs. Juan should be directed towards helping her to _____.
A. learn that her behavior is not serving a realistic purpose
B. forget her fears by administering antianxiety medications
C. redirect her energy into activities to help others
D. **understand her behavior is caused by unconscious impulses that she fears**

484. The nurse plans to educate the entire family about obsessive compulsive disorder. Which of the following plans would be the MOST effective?
A. The nurse directs resources to help them 1earn about the illness medication to treat it.

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B. The nurse teaches the family about Mrs. Juan's illness and medication and suggests that they educate her disease and the medications to treat it.
C. The nurse educates the entire famil1v at the same time about the disease and medications to treat it.
D. **The nurse teaches Mrs. Juan about her illness and her mediations and suggests that she teaches her family what she has learned.**

Situation 3 - Quality and safety are rooted in the daily work of a healthcare professional. Nurses in the orthopedic Unit attends monthly quality assurance meeting. The following questions were discussed.

485. Who should be involved in quality improvement measures?
A. Everyone C. Professional staff
B. Management staff D. Consumers

486. To start a nursing improvement project, what is the FIRST step that a nurse must keep in mind?
A. Implement plan to correct the problem
B. Determine the nursing standards
C. Determine findings if warrant correction
D. Collect data determine if standards are met

487. To achieve organized work flow in the unit the staff must be aware of the head nurse's role. What is the PRIMARY purpose of supervision and delegation?
A. **Enhances the delivery of quality nursing care**
B. Influences organization's approach in personnel evaluation
C. Improves staff attendance in seminars
D. Assigns any staff to do the tasks or project.

488. To ensure quality nursing care to a patient in skin traction, what is the PRIORTTY intervention that a nurse has to assess frequently?
A. Signs of infection around the pin site.
B. Signs of skin breakdown
C. Urinary incontinence
D. Presence' of bowel sounds

489. The nursing team plans to do chart audit project on post-op patients who and developed pressure sores at the Orthopedic unit over the past year to present. What type of audit is?
A. Retrospective **C. Concurrent**
B. Process D. Outcome

Situation Effective teamwork and collaboration in nursing is achieved when individuals work together in harmony, processes and goals are aligned towards achieving safe quality patient care.

490. Which of the following actions is INAPPROPRIATE for a nurse leader to apply in a work setting?
A. Ask staff members of their opinion on the natter.
B. **Modifies his own behavior favoring the needs of individual staff.**
C. Gives equal consideration to each staff members
D. Plans and organizes group activities of staff members.

491. In problem solving the head nurse must know what is the MAJOR characteristic of negotiation?
A. Be positive in your approach since optimism gives further favorable results.
B. Harmony is possible even when strategies are not well planned.
C. It is not important to get anything in writing since the truth will prevail.

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D. **Resources tend to involve too many individuals in decision-making process.**

492. Applying multidisciplinary approach of patient care, which among the members of the multidisciplinary team that the nurse would MOST likely collaborate with when the patient is at risk of fall due to an impaired gait?
A. Podiatrist
B. Physical therapist
C. Speech therapist
D. Nutritionist

493. The nurse manager has implemented a change in the method of nursing delivery system from functional to team nursing. A nurse is resistant to the change and is not taking an active part in facilitating the process of change. Which is the BEST approach in dealing with the nurse?
A. Exert coercion on the nurse
B. Provide a positive reward system for the nurse
C. Talk and encourage verbalizing feelings of the change
D. Ignore the resistance of the nurse.

494. Which among the members of the multidisciplinary team that the nurse BEST to collaborate with when the patient can benefit the use of leg prosthesis?
A. Occupational therapist
B. Physical therapist
C. Podiatrist
D. Pharmacist

Situation 5 - Patrick, Charge nurse, 1S aware that the uses of resources are essential for patient care.

495. A safe patient environment includes following factors EXCEPT
A. Socio-economic needs
B. basic needs are met
C. sanitation is maintained
D. physical hazards are reduced

496. As an individual, which of the following is an INTERNAL variable affecting health status, belief, or practices
A. Genetics
B. Socioeconomic status
C. Family structure
D. Living situation

497. Falls are one of the leader environmental hazards reported in health facilities. One of the MOST common occurrences that precipitate a patient fall is
A. experiencing stress, anxiety, and fatigue
B. leaving the side rails down
C. reaching item at the bedside
D. performing activities of daily living

498. If case a patient falls, the nurse FIRST responsibility is to_____.
A. assess the patient's injury
B. write an incident repot
C. report the incident to the head nurse
D. notify the physician at once

499. In healthcare facility, a planned program of loss prevention and liability control refers to
A. quality assurance
C. risk management
B. critical pathways
D. peer review

Situation- Peter, a 19-year-oid college student, has been in excellent health until developing a flu-1ike illness couple of weeks ago. He is admitted with diagnosis of Guillain-Barr syndrome.

500. Which of the following clinical manifestations would the nurse expect to find when performing admission assessment?
A. Rapid progressive muscular atrophy.
B. Ascending paralysis with ataxia.
C. Hyperactive deep tendon reflexes

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D. Paresthesia and muscle weakness of upper body.

501. What is the M0ST APPROPRIATE nursing diagnosis for this patient?
A. Self-care deficit related to neuromuscular impairment.
B. Alteration in nutritional status related to possible choking.
C. Alteration in nutritional status related to anorexia.
D. Alteration in urinary elimination related to sensory motor impairment.

502. What is the PRIORITY of care for patient diagnosed with Guillain-Barre Syndrome?
A. **Maintenance of respiratory function** C. Prevention of decubitus
B. Control of urinary tract infection D. Replacement of fluid and electrolytes

503. In planning the nursing care for this patient what is the important nursing intervention a nurse must do?
A. Encourage patient to release anxiety by crying.
B. Reassure family that complete recovery is probable.
C. **Assess patient for respiratory distress.**
D. Have patient assist with care.

504. What symptom is an INDICATOR of cranial nerve involvement?
A. **Difficulty of speaking and chewing.** C. Loss of pain sensation
B. Spastic paralysis of the extremities D. Forgetfulness and syncope

Situation - You are the staff nurse in the stroke unit of the medical ward. You have a stroke patient with a tracheostomy. The following questions relate to this situation.

505. In providing tracheostomy care which of the following is the nurse's PRIORITY nursing action? The nurse _____.
A. Cuts the dressing using sterile scissors
B. Clean the incisions with iodine-based antiseptic
C. Secures clean ties before removing soiled ones
D. Uses clean technique

506. Which of the following nursing actions should the nurse TEACH the patient's care giver regarding tracheostomy care?
A. Remove the tracheostomy tube if obstruction occurs
B. Leave the tracheostomy ties in place until the physician change them
C. Remove and clean the inner cannula daily
D. Never put a covering over the tracheostomy stoma

507. After tracheostomy procedure, the nurse documents important observation made during the procedure such us _____.
A. Response of the patient's after procedure
B. Vital signs of the patient's during the procedure
C. Amount, color and consistency of sputum and appearance of the incision
D. Behavior of the patient during the procedure

508. What is the purpose of a tracheostomy. To _____.
A. **Establish an airway** C. Monitor respiratory functions
B. Establish a pathway for nutrition D. Maintain the patency of the airway

509. Which of the following can be a MAJOR PROBLEM for a patient with tracheostomy?
A. Breathing **C. Swallowing**
B. Ingesting D. Singin

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Situation 10 – you are a staff nurse in a psychiatric unit. Use of therapeutic communication is one of your nursing responsibilities.

510. Verbal communication is the use of words when talking to your patient. The use of literal words when you speak is the :
A. Understandable phrases
B. **Content**
C. The circumstances
D. Understandable sentences

511. Context of a verbal communication is the:
A. Use of understandable
B. Use of literal words
C. Use of clear sentences
D. Environment where communication occurs

512. Non verbal communication is the behavior that accompanies verbal communication, which of the following is NOT an indicator of this
A. Eye contact
B. **Words representing an object**
C. Grunts and groans
D. Bochy language

513. Which of the following give meaning and context to the message?
A. **Process**
B. Phrases and sentences
C. Context
D. Thoughts and feelings

514. Which of the following situation is an example of incongruent message?
A. When the nurse means what she says
B. When the words and behavior of the nurse agree
C. When what the nurse says and does do not agree
D. When content and process agre

Situation -Sandro 8 years old,1st grader child has always been the subject of her mother's prompting and care. He always tests his mom's rule in preparing for school. Although this has been five months now, Sandro still has to be reminded in getting dress completely and dilly dally eating his breakfast. He still plays. With his toys and inter feres with her sister in playing blocks. The mother is so anxious in reminding Sandro that his school bus will be arriving in 10 minutes every day.

515. Attention deficit, Hyperactivity, disorder (ADHD) is characterized by NOT one of the following?
A. Mental retardation
B. Over activity
C. Inattentiveness
D. Impulsiveness

516. Which of the following would the nurse expect to see as symptoms in a child with ADHD?
A. Moody, sullen and pouting behavior
B. Interrupts others and can't take turns
C. Excessive running, climbing and. fidgeting
D. Easily distracted and forgetful

517. Sandro is taking pemoline (Cylert) for ADHD. The nurse must be aware of which of the following side effects?
A. Decreased red blood cell count
B. Decreased thyroid stimulating hormones
C. Elevated white blood cell count
D. **elevated liver function test results**

518. An effective nursing intervention for the impulsive and aggressive behaviors that accompany conduct disorder is _____.
A. open expression of feelings
B. assertiveness training
C. negotiation of rules
D. consistent limit setting

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519. Nursing diagnosis commonly used when working with Sandro is
A. ineffective role performance
B. impaired social interaction
C. Compromised family coping
D. risk for injury

Situation 14 -The nurse is teaching a client taking an MAOI about foods with tyramine that he or she should avoid.

520. Which of the following statements indicates that the client needs further teaching?
A. “I will have to avoid drinking nonalcoholic beer.”
B. “I will be able to eat cottage cheese without worrying."
C. “I can eat green beans on this diet."
D. **I'm so glad I can have pizza as long as I don’t order pepperoni."**

521. Patient's health teaching for Lamotrigine (Lamictal} should include which of the following?
A. Take each dose with food to avoid nausea.
B. Eat a balanced diet to avoid weight gain.
C. **Report any rashes to your doctor immediately.**
D. This drug may cause psychological dependence.

522. Which of the following health teaching concern for the nurse as discharged plan for suicidal patient who had been taking tricyclic antidepressant drugs for 2 weeks and now ready to go home?
A. The nurse will need to include teaching regarding signs of narcoleptic malignant syndrome.
B. The patient will need regular laboratory work to monitor therapeutic drug levels.
C. The nurse will evaluate the risk for suicide by overdose of tricyclic antidepressant.
D. The patient may need a prescription for Benadryl to use for side effects.

523. A Patients to take regularly Lithium after discharged. The MOST important information to impart to the patient and his family is that the patient should
A. not eat foods which has high tyramine content like cheese, wine, liver
B. limit his fluid intake
C. have a limited intake of sodium
D. have an adequate intake of sodium

524. The patient with diagnosis of schizophrenia who has been taking Clozapine will inform the patients family that the positive effect of this drug is
A. monthly 1iver function studies change moderately
B. psychotic symptoms, such as hearing loss are reduced
C. patient develops leukopenia
D. **patient’s energy level and involvement in activities goes up.**

Situation 16- Gloria is a nurse researcher in the Department of Health. She is assigned to conduct research on patient's safety practices of nurses in the psychiatric unit. She is given 6 months to conduct the study.

525. After formulating and delimiting the research problem, which following will be a PRIORITY action of Gloria?
A. Develop the theoretical framework of the study
B. Formulate the hypothesis
C. Plan the research design of the study
D. **Conduct a 1iterature search on the topic**

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526. Gloria decides to include only nurses who have a minimum three years experience as psychiatric nurses. Which of the following terms refer to this?
A. Concept
B. Variable
C. Limitation
D. **Delimitation**

527. The statement "The length of service is not associated with the degree of patient safety practices of staff nurses is an example of a/an_____.
A. Variable
B. Assumption
C. **Hypothesis**
D. Theory

528. Which of the following research designs is MOST APPROPRIATE for this study if the aim is to find a relationship between two variables in the study?
A. Phenomenological study
B. Experimental
C. Exploratory
D. **Correlational**

529. She plans to interview the Psyche Nurse Manager about the patient safety practices of the nurses. What type of sampling includes those who happen to be in the conference room where the activity is scheduled?
A. Random
B. Purposive
C. **convenience**
D. Quota

Situation 17 -Incidence of drug abuse has greatly increased overtime. Korino has been using drugs for the past three years.

530. You are a Drug Abuse Treatment and Rehabilitation Center Nurse. During the assessment of a newly admitted Person Who Uses Drugs (PWUDs) named Korino, which of the following is the MOST APPROPRIATE question to ask?
A. Ask Korino how long he thought that he could take drugs without someone finding it.
B. Ask Korino why he started taking illegal drugs.
C. Not ask any questions for fear Korino will deny and may become assaultive.
D. Ask Korino about the amount of drug used and its effect and how long he had been using.

531. Upon data collection he had been failing three times in his math class and Korino was known for substance dependent for three years. What is the MOST APPROPRIATE nursing diagnosis for him?
A. Alteration in perception.
B. Alteration in social interaction.
C. Ineffective individual coping.
D. Impaired judgment.

532. Korino has been using meperidine and codeine for personal consumption. Which of the following does the nurse understand as the physiologic effect of these drugs?
A. Increases sexual stimulation.
B. Relieves pain by increasing pain threshold.
C. Decrease craving for alcoholic intake.
D. Heightens concentration and alertness

533. Which assessment by the nurse would cause a concern for Meperidine Overdosed?
A. Respiration rate of 12 bpm.
B. **Hypercapnia**
C. Dryness of the skin.
D. Pinpoint pupils.

534. What drug should the nurse prepare for administration to reverse all signs of toxicity?
A. Digibind (Digoxin)
B. Naloxone (Narcan)
C. Atropine sulfate
D. Diazepam (Valium)

Situation 19- Effective communication is a core skill for nurses that a professiona1 nurse must apply in their daily routine for patient care, colleagues and family.

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535. The nurse asks the patient, "What do you fear MOST about your surgery tomorrow?" This is an example of which communication technique?
A. **Providing general leads** C. Seeking clarification
B. Summarizing D. Presenting reality

536. The patient made the following statement to the nurse, my doctor just told me that he cannot save my Leg and that I need to have an above-the-knee-amputation. Which response by the nurse is MOST APPROPRIATE?
A. "**Tell me more"**
B. "Dr. Benito is an excellent surgeon."
C. "If I were you, I will get a second opinion."
D. "Are you in pain?"

537. A nurse is communicating with attending physician about the Intervention prescribed for a patient-post-spine surge statement is INDICATIVE of a collaborative relationship?
A. "Can we talk about Mrs. Santos?"
B. "**I am Worried about Mrs. Santos blood pressure. It is not decreasing even with the new antihypertensive medication"**
C. "That new medication you prescribed for Mrs.-Santos ineffective"
D. "We do not need to talk about Mrs. Santos blood pressure."

538. An 80-years-old male, admitted for emergency suturing of the forehead sustained from accident fall while gardening under local sedation us received in the ward.
Which nursing intervention is APPROPRIATE to facilitate effective communication with this patient?
A. Talk to patient when ful1y awake and inform him and family events which may occur post-surgery.
B. Provide the patient with instruction materials about discharge.
C. Tell the patient, "You are fine nothing to worry."
D. Ask the patient, "Do you know where you are?"

539. The nurse who uses appropriate therapeutic listening skills will display which BEST behavior?
A. Presume an understanding of the patient needs.
B. Read quickly to the message.
C. Reassure the patient that everything will be fine.
D. **Absorb both the content and the feeling which patient is conveying**

Situation 20 - Belle is a 30-year-old single mother who is dependent on her family for support. Her diagnosis is mild mental retardation with post-traumatic disorder with depressive episodes related to her mother's death. Her current symptoms include depressed mood with irritability, difficulty tolerating frustration, difficulty falling asleep, increased appetite and weight gain, hyper vigilance, and worry that something terrible will happen to her child.

540. A cognitive assessment of Belle indicated that according to Piaget's theory she was functioning at the concrete operational stage. Which of these behaviors would the nurse observe in Belle?
A. **Thinks logically and sees possibilities.**
B. Understands only her own viewpoint.
C. Feels her own reasoning should agree with the reasoning of others.
D. Makes and tests hypothesis

541. Bel1le has a difficulty tolerating frustration The GOAL Of the nurse is to assist Belle to _____.

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A. increase her self-esteem C. recognize her need
B. cope with anxiety D. mobilize her resources

542. Which of the following historical data MOST probably led to a post-traumatic stress disorder?
A. Unstable relationship with ex-fiancé. C. No gang-relationship with peers
B. **Suicide of her mother** D. Dropping out of school.

543. Given her problems of hyper vigilance and worry that something terrible will happen to her child, nursing interventions should be aimed at addressing her needs for _____.
A. Love and belongingness **C. psychological security**
B. biological integrity D. self-esteem

544. In terms of social support therapy, which of these is the MOST APRROPRIATE and therapeutic?
A. With appropriate support, lives in the community, either independently or in supervised setting.
B. Individualized relationship with a caregiver.
C. High structured environment with constant aid and supervision.
D. Vocational training with moderate supervision but not beyond second grade academic challenges.

Situation –You are the nurse assigned to a patient with Amyotrophic Lateral Sclerosis. ALS is a debilitating disease.

545. Which of the following is a primary consideration in planning for her care?
A. **To prevent problems related to immobility** C. To prevent infection
B. Planning for client`s eventual inability communicate D. To prevent complications

546. Which of the following is the INITIAL eaching given to the patient with ALS and her family?
A. Referral to support group
B. Prevention of complications
C. Explaining the disease process, expected course and prognosis
D. Prevention of depression

547. Which of the following is the initial teachinggiven to the patient with ALS having problems in communication?
A. Referring the client to a speech therapist
B. Documenting any change in the elimination functions
C. Use of pre-signals before the loss of speech
D. Continue to use therapeutic communication technique

548. Rilutekis the only drug approved by the FDA for treatments of ALS. Which of the following would you observe when administering the medication?
A. Avoid giving the medication when the client is in pain
B. Administer the medication on an empty stomach
C. Administer the medication two hours after meals
D. Administer the medication with food

549. Death in clients with ALS occurs within two to three years and is attributable to ____.
A. Fatigue C. Liver toxicity
B. **Respiratory failure** D. Malnutrition

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Situation- Mr. Steve., 47 years old, was accompanied by his wife and teen-ager daughter to the out patient department for complaints of fever, fatigue, malaise and painful swollen joints. The physician ordered that the Mr. Steve. be admitted to the hospital for observation and treatment. You are admitting nurse in the OPD. You found out during the interview that Mr. Steve does not have a regular job. His wife works as a laundry woman.

550. Before admitting the client, you should FIRST make sure that:
- **A. <u>The consent for admission is signed by the client</u>**
- **B.** The consent for admission is signed by the wife and witnessed by the daughter
- **C.** The client can pay his hospital bills.
- **D.** The consent form is signed by the social worker.

551. Mr. Steve is brought to the medical ward. the next day, he wants to know about his illness. The nurse on duty replied, "You don't need to know your diagnosis ". Which of the following rights of the patient is violated? Right to_____.
- **A. <u>Obtain from his physician complete current information concerning his diagnosis , treatment and prognosis</u>**
- **B.** Receive from his physician information necessary to give informed consent.
- **C.** Expect reasonable continuity of care.
- **D.** Considerate and respectful care, irrespective of one's socio-economic status

552. After five days of hospitalization, the physician said Mr. Steeve can be discharged. He ordered medications to be taken at home. The client is still weak and symptomatic, which of the following rights could be violated in this case? Right to _____.
- **A.** Know hospital rules
- **B.** Privacy
- C. Refuse treatment
- **D. <u>Continuity of care</u>**

553. Because Mr. Steve cannot pay for his medical bills, he is referred to the social worker. which of the following rights is applicable in this case the right to_____.
- **A.** Considerate and respectful care and respectful care irrespective of his socio-economics status.
- **B.** Expect reasonable continuity of care
- **C. <u>Examine and receive an explanation of his medical bills regardless of the source of payment</u>**
- **D.** Know what hospital rules and regulation apply to his conduct as a client.

554. The nurse discusses and shares the medical records of Mr. Steve to a group of visiting members of a medical mission team. Which of the following rights could be violated? the right to
- **A. <u>Expect that all communications and record pertaining to his care should be treated as confidential.</u>**
- **B.** Obtain information regarding any relationships of the hospital to another health care and educational
- **C.** Informed consent
- **D.** Privacy

555. Which of the following is NOT covered in Patient's Bill of Rights?
- A. Refusal to treatment
- B. Informed consent
- C. Right to treatment
- **<u>D. Civil commitment</u>**

Situation 3 - Ethics is a field of moral science which deals with the morality of human acts. Registered nurses must be aware that their actions have professional and ethical dimensions. They should strive to perform their work to the best interest of all concerned.

556. Which of the following is NOT aligned to ethics in nursing? A nurse _____.

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A. Has the freedom to do what he likes and responsibilities.
B. Is obliged to avoid what is wrong and do what is good.
C. Is a person capable of knowing what is right or wrong
D. Should have a sense of accountability for his actions

557. A professional nurse has a duty to know and respect the Patient's Bill of Rights. Which of the following is NOT included in the Patient's Bill of Rights? The right to/for _____.
A. A considerate and respectful care
B. Privacy and confidentiality
C. A complete and current information about his illness
D. **Expect continuity of care from discharge to full recovery**

558. What bio-ethical principle is violated by a nurse if he provides his patient fraudulent information about his diagnosis and prognosis?
A. Justice
B. Autonomy
C. Beneficence
D. Veracity

559. Which of the following directly VIOLATES the Patient's Bill of Rights?
A. Informing patients about the billing policies of the hospital.
B. Disclosing the HIV result to members of the patient's family.
C. Honestly telling the patient about his current condition.
D. Immediately referring results of laboratory to the physician.

560. Autonomy is the prerogative of the patient to give consent or refusal of treatment with the EXCEPTION of which of the following situations?
A. Erroneous belief of a head of a church
B. Negative effect of superstition
C. Near death
D. Peer pressure

Situation - In today's nursing practice, roles have been expanded to include legal responsibilities and accountability in the work place.

561. Nurse Lina is on duty at the ER and has been very busy that morning resulting to the administration of a penicillin injection which is ordered to another patient. With this error, the nurse can be charged of _____.
A. malpractice
B. negligence
C. assault
D. battery

562. Transcription of doctor's order is a nurse's responsibility to put the order into action. Which of the following principles of medication safety is NOT considered to belong to transcription error?
A. Illegible handwriting of the physician.
B. Misinterpretation of the directions ordered.
C. Use of unapproved abbreviation in the chart.
D. Wrong route of medication administration.

563. In order for nurses not to encounter legal problems in drug administration which of the following 7 Rights of Drug Administration, should be implemented under the category of "Right Drug"? Read the label of the drug _____.

I three (3) times.

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II before removing from the shelf.
III before measuring actual dose.
IV before opening a unit dose-container.

A II & III
B. I & II
C. I, II & III
D. I, II, III, & IV

564. Nurse Edna admits a patient from the ER to the medical unit. The patient is very restless with IV lines and a urinary catheter. She was put to bed and the nurse applied a body restraint without the doctor's order. Nurse Edna's action can be liable for _____.
A. invasion of privacy
B. assault
C. battery
D. neglect

565. Ms. Cruz is the supervisor of a hospital on night shift. Several nurses did not report due to Jeepney strike. When the supervisor is executing proper allocation of nurses to the PRIORITY wards to address this concern, she is observing what type of principle?
A. Beneficence
B. Non-maleficence
C. Justice
D. Fidelity

Situation - Ethical dilemma is becoming a common scenario in the health care delivery system brought about by the advanced technological changes on health care.

566. Which of the following is an example of an ethical dilemma?
A. A nurse providing demonstration of the possible risk if a chest tube drainage of a patient is pulled out.
B. Family member: having ambivalent feelings whether their father will undergo amputation of a diabetic leg.
C. A nurse is overheard by the daughter that if her mother will not take her insulin injection she will not serve her food tray.
D. The physician signs the medical directives of a terminally-ill -patient admitted in the hospital with his spouse.

567. A 70- year-old has been rushed to the hospital due to bradycardia and palpitation. The physician suggested that a pacemaker be inserted to correct the symptoms. The patient voluntarily decides not to have the pacemaker Inserted. This is respected by the family. This is an example of what ethical principles
A. Beneficence
B. Autonomy
C. Fidelity
D. Justice

568. The ER nurse clarifies the doctor's prescription on the dose of the pain medication based on the pain scale assessment and patient's age. which ethical principle is applied?
A. Fidelity
B. Truthfulness
C. Justice
D. Non-maleficence

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569. Nurse Pat promised to a post- surgical patient, that she would come back to assist in his ambulation after carrying out the physician's order. This follows the principle of
A. beneficence
B. justice
C. autonomy
D. fidelity

570. When a nurse supports the welfare of the patient in relation to health, safety and personal rights, the ethical principle followed is
A. responsibility
B. accountability
C. confidentiality
D. advocacy

Situation - Nurse Rina had been working we public health nurse. In working families she value the Importance of family care plan and other concepts about community health nursing

571. Nurse Rica is in charge of the animal bite program of the health center, which of the following is the causative agent of rabies?
A. Parasite
C. Bacteria
B. Virus
D. Fungi

572. Which is the best strategy to control Incidence of Rabies in the community
A. Impound dogs
B. Kill stray dogs
C. **Responsible pet owner**
D. Fine the owner

573. Which BEST advice the nurse should give in case of dog bite
A. Wash wound with garlic
B. Do not feed the dog
C. Bleed the bitten area
D. Wash thoroughly with running water

574. What advice should be given to the owner of the dog in case of dog bite
A. Give away the animal
B. Impound the dog
C. Kill the dog
D. Feed well and observe

575. Which IMPORTANT Information the nurse should inform the public about rabies?
A. It could be prevented
B. It is an ordinary disease
C. Rabies is not deadly
D. It kills

Situation- Nurse Erica is fully aware that being a public health nurse her work is guided by ethico - moral principles.

576. which is the 'MAIN' goal of ethical practice of the nursing profession including the community setting?
A. To protect the nurse and co workers
B. To prevent reprimand from physician
C. For the patients Family satisfaction
D. Centered on the welfare of clients and protect their rights

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577. As public health nurse Nurse erica makes sure all the supplies and medicines needed for the care of community are available. This is an example of the principle of

A. Justice
B. Respect
C. Fair treatment
D. Beneficence

578. Select nurses action in keeping with principle of confidentiality

A. Hides identity of patient
B. Shares information from patients chart in public
C. Keeps all matters about the patient as a secret
D. Discuss the case of the patient with others.

579. Nurse Erika is always guided by the principle of beneficence in all that she does to all her patients which of the following nursing action is aligned with principle of beneficence.

A. Equal and fair allocation of resources to all
B. Getting informed consent
C. Keep records of patients from public viewing
D. Promoting patients safety at all times

A – justice, B-autonomy, C-beneficence secondary to maintaining confidentiality, Dis non maleficence

580. Nurse Erika tap all the newly hired nurses to be members of her new project. she is observing the ethical principle of _____.

A. Justice
C. Autonomy
C. Nonmaleficence
D. Respect

Situation - Nurse Oscar in in charge of the OSTEOPROSIS CONTROL PROGRAM OF THE HEALTH CENTER

581. Nurse Oscar Informs the other members of the team about osteoporosis. Which of the following is TRUE of the disease in the Philippines

A. There are only few cases in the country
B. The disease is not alarming
C. Filipinos are aware of the incidence of osteoporosis
D. Filipinos have low awareness about the disease.

582. Which is the MOST important risk factor to osteoporosis

A. **Menopause**
B. Being male
C. With history of previous fracture
D. Short in height

583. Which of the following is the preventive measure to osteoporosis development

A. Iron rich food
B. Calcium rich food and supplement
C. Daily jogging
D. Vigorous exercise

584. Which of the following IS TRUE about osteoporosis

A. it is a silent disease
B. It is more common in men
C. it is not that alarming
D. It is only discovered after a fracture

585. The diagnostic examination for osteoporosis is geared towards measuring

A. Bone density
C. Weight

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B. Blood volume D. Height

Situatio - Research is a vital endeavor nurses must engage into in order to contribute to nursing science

586. When the nurse researcher collects data at more than one point over an extended period, which design is applied?
A. Cross-sectional
B. Time-related
C. Time sequenced
D. Longitudinal

587. If a research study involves an intervention and "blinding" which research design is being referred to?
A. Non-descriptive
B. Phenomenological
C. Experimental
D. Descriptive

588. Which of the following statements is LEAST descriptive of a qualitative research design?
A. Researchers become involved.
B- Gather data from one collection strategy.
C. It is flexible and elastic.
D. Strives for an understanding of the whole strategy

589. Qualitative researchers should choose their participants who can best meet the objectives of the study, who of the following best qualifies?
A. Cooperative persons in the community
B. Those readily available thus convenient for the researcher.
C. Able to articulate and reflect on the phenomenon that they experienced.
D. Persons referred by friends.

590. A "full understanding" in research should be understood by the nurse researcher as _____.
A. ensuring that participants are not placed at risk
B. explaining the study including risks and ben
C. the right to decide voluntarily
D. not exploiting information shared by participants

Situation - Nursing student Myra decides to do a qualitative phenomenological study on how the stigma of AIDS affects the patients. She has previously identified 6 participants: 3 teenage boys and 3 teenage girls.

591. What is the best way for Myra to collect data from these participants?
A. Focus group discussion
B. Survey, questionnaire
C. Individual Interview
D. Observation

592. What kind of sampling method should she apply?
A. Network
B. Random
C. Stratified
D. **Purposive**

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593. The statements of the findings of the study that will be formulated by Myra should be by_
A. summarizing the sharing's of the participants of both sexes
B. identifying the answers of the males and the females
C. describing answers of the males and females by percentages
D. **extracting meanings and themes from significant statements**

594. "Informed consent" in this study will be obtained by Myra from the
A. six participants only
B. parents only
C. six participants and available relative
B. six participants and their parents

595. What is NOT important for Myra to do when listening to tape recordings?
A. Do the listening as soon as possible after the interview.
B. Note for the voice tone and voice inflection.
C. Listen when she feels the motivation for a more productive time.
D. Take notice of the pauses of the participants.

Situation - Emmy, 22 years of age is a midwife in the 03 Ward is now complaining of contact dermatitis from gloves.

596. Patients like Emmy who have experienced delayed hypersensivity to latex FREQUENTLY complains of _____.
A. flushing, bronchospasm
B. urticaria, laryngeal edema
C. rhinitis, conjunctivitis, blisters
D. papules, vesicles, pruritus

597. The nurse knows that the diagnosis of contact latex allergy is based on history and ____.
A. Latex specific IgE
B. finding IgE in serum
C. skin patch test
D. ELISA

598. Latex allergy can be a type I IgE-mediated immediate hypersensitivity to plant proteins from the latex of rubber. It can manifest in its MOST severe form as _____.
A. Pruritus, erythema and swelling
B. Asthma
C. Anaphylaxis
D. Blisters and other skin lesions

599. Type I IgE-mediated immediate hypersensitivity reaction is promptly managed with ____.
A. theophylline
B. epinephrine
C. costicosteroid
D. diphenhydramine

600. The best prevention management of contact latex allergy is _____.
A. applying lotion before gloving
B. avoidance of latex products
C. avoiding rubberized goods
D. resigning from the job

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Situation - Susie, 5 years old, is diagnosed with nephrotic syndrome and is manifesting massive proteinuria resulting to decreased albumin in the blood.

601. The nurse understands that the passage of protein in the urine is the result of
A inherited kidney disorder
B. increased glomerular permeability
C. rise in the production of albumin
D. intrinsic kidney disease

602. Upon clinical assessment, the nurse observes that the OUTSTANDING manifestation of the patient is _____.
A. weight gain
B. obesity
C. emaciation
D. edema

603. The physical appearance of the urine of the patient with nephrotic syndrome is COMMONLY _____.
À. cloudy
B. clear
C. whitish
D. frothy

604. . The patient with nephrotic syndrome is ordered corticosteroids. Who of the following are NOT ALLOWED in the patient's
A. Parents with diabetes.
B. Relatives with upper respiratory tract infection.
C. Visitors with mild asthma.
D. Personnel with allergy.

605. Corticosteroids are one of the main therapies for nephrotic syndrome. Which of the following COMMON side effects should the nurse watch for?
A. Loss of appetite
B. Increase in body hair
C. Loss of weight
D. Lowering of blood pressure

Situation 18 - The nurse in the exercise of her profession must adhere to the ethico-moral standards set.

606. nurses may be privy to very personal information of patients and should make every effort to make it confidential, otherwise she can be charged of _____.
A. negligence
B. malpractice
C. invasion of privacy
D. defamation

Situation - Rosie, a new staff nurse, was assigned in the Psychiatric Unit. A depressed patient assigned to her fell from her bed. Her head nurse asked her to submit an Incident Report (IR).

607. The purpose why the head nurse asked Nurse Rosie to submit an IR is to _____.
A. note patterns of incidences in the same unit
B. place it in Nurse Rosie's 201 file
C. document immediately the incident
D. evaluate Nurse Rosie's performance

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608. In writing the IR, which of the following is not included?
A. Who was / were involved?
B. What daily medications are given to the patient
C. What happened?
D. Who witnessed the incident?

609. What guideline s IMPORTANT in relation to incident report(IR)? It is _____.
A. not made part of the patient's chart
B. placed in the nurse's 201 file
C. filed in the nurses station
D. filed in the Records Section of the hospital

610. Which of the following would prove that the nursing action carried out met, the standards of care on falls ?
A. Utilizing the nursing process in providing safe, quality nursing care
B. Documenting the procedures done
C. Carrying out the doctor's order
D. Performing physical assessment

611. Should the investigation of the fall go further, which of the following is the best source of factual information ?
A. incident report.
B. nurse's notes in the chart
C. anecdotal record
D. process recording

Situation - Nurse Annie is assigned to Sherry, a junior high school student who is treated for her Bulimia.

612. Bulimia is best defined as a /an _____.
A. disorder of the unknown origin associated with starving oneself
B. pathological disorder of binging and vomiting
C. phobic disorder of fear of obesity
D. eating disorder associated with vomiting

613. What condition is NOT likely to developing Sherry?
A. **Hyperkalemia**
B. Tooth decay
C. Gastric ulcer
D. Rectal bleeding

614. Which of the following conditions may lead to death in a bulimic patient like sherry?
A. **Hypokalemia and cardiac arrhythmias and arrest**
B. Metabolic acidosis and renal failure
C. Hyponatremia and circulatory collapse
D. Hypernatremia and congestive heart failure

615. Endocrine changes often result in a bulimic patient. Which of the following would be an expected change in Sherry?
A. Delayed Thyroid Stimulating Hormone response to Hormone Replacement Therapy
B. Increased production of Follicle Stimulating Hormone
C. Hypopituitarism
D. Decreased Adrenocorticotropic Hormone in response to cortisone

616. Amitriptyline, an antidepressant is the drug of choice in treating Bulimia. What is a COMMON side effect of this drug?

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A. **Anticholinergic effects**
B. Cholinergic effects
C. Urinary frequency
D. Diarrhea

Situation 1 - Nurse G is assigned in the morning shift of the Post-Anesthesia has a patient for admission.

617. The INITIAL priority assessment performed by the nurse, when admitting a patients the unit after abdominal surgery is to check for _____.
A. surgical site for drainage and hemorrhage
B. skin color and temperature
C. responsiveness to painful stimuli and noise
D. respiratory function and airway

618. How should the nurse position the patient who is in a somnolent status and still under the effect of anesthesia?
A. Supine position with head bed slightly elevate.
B. Prone position with a pillow under the abdomen.
C. Semi-Fowler's position with the head turned to the right.
D. **Left lateral position with a pillow supporting the head.**

619. What a patient has bleeding after surgery the PACU nurse, expects which color if coming from the arterial source?
A. Darkly-colored, blood flows fast.
B. Bright red and spurts with the heartbeat.
C. slow, dark-colored, generally ooze.
D. Pinkish colored- slowly flowing.

620. During the immediate post-operative phase , the PRIMARY goal of the health care team is to maintain ventilation. Which of the following situations should be observed as a result of hypoxemia?
A. Excess carbon dioxide in the blood
B. Increasing ammonia in the blood
C. Decreased oxygen saturation
D. Reduction of blood Ph

621. When a patient develops a temperature of 39.8 degree centigrade after an abdominal surgery with an ongoing blood transfusion, the PACU nurse should notify the surgeon as this may indicate _____.
A. abdominal tissue injury
B. on going potential infection
C. post-anesthesia drug reaction
D. allergic reaction from blood transfusio

Situation 18 - Mo, a 22-yr old nurse graduate, passed the November 2018 Philippine Nurse Licensure Examination before her birthday which is November 16. The scheduled oath-taking ceremony was set on January 6, 2019.

622. Top obtain her license to practice, she must do the following, EXCEPT:
A. Must take the oath to any government official
B. Must register in the registration division of the PRC
C. Must take the oath of professionals before any member of the PRBON
D. Must be issued a certificate of Registration (COR) and profession identification card (PIC)

623. Nurse Merle has to renew her license on or before _____.

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A. January 6, 2021
B. November 16, 2022
C. November 16, 2021
D. January 6, 2022

624. For Nurse Merle to continually practice nursing, she must satisfy the requirements set by the PRC and comply how many units of CPD upon renewal?
A. 45 units
B. 10 units
C. 25 units
D. 15 units

625. After 3 years being assigned in the Operating Room, Merle in interested to actively join which appropriate professional organization?
A. ORNAP
B. NLGN
C. ADPCN
D. APO

626. What would Merle do to keep abreast with the latest trends in peri-operative nursing?
A. Attend training and seminars
B. Perform researches
C. All of these
D. Pursue graduate studies

Situation 16 - Resources in health care delivery system are one of the challenging concerns of nursing leadership in the country today. Nurse Gayle is a unit manager in a tertiary hospital and conducts meeting regularly every two weeks to her staff to address PRIORITY affecting their services.

627. Which of the following statements indicate an effective communication technique used by the unit manager to her staff?
A. "We need to improve our nursing services otherwise top management will take over,
B. "Lets limit requesting supplies and equipment, our budget for our promotion might be affected."
C. "There are a lot of redundant positions in our unit, there is a need to retrench some staff."
D "We need to discuss strategic approaches to facilitate delivery of nursing services with less expense on our consumers."

628. For the past 6 months, several nurses are resigning. Some have verbalized in the exit interview that there are not happy anymore. Which of the following descriptions manifest BEST, a nurse who has job satisfaction?
A. Competitive, self-centered, euphoric.
B. **Empowered, enthusiastic, ethical.**
C. Loner, egoistic, reactive.
D. Outgoing, sensitive, competitive.

Delegation is a critical component of leadership and governance. Which of the following empowering activities should the unit manager applies in delegation?
A. In delegation facilitating professional growth and development of a staff is necessary.
B. When delegating responsibility to a nursing staff, modification of standards of care is permitted.
C. Delegation of responsibility in patient care has to start from top management to the staff-nurse level.
D. **Delegation requires responsibility with corresponding accountability of a staff-nurse.**

629. Nurse Gayle is guided that the initial step of delegation is _____.
A. demonstrate the task and let the staff continue the next activities
B. Assess the capability of the staff, change him if not performing

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C. Determine the competency level of staff for the task being given
D. Explain the task to be done with accompanying job description

630. The unit manager the planning to take her regular official business leave for the year. She has written a letter of recommendation to her Immediate supervisor for her assistant unit manager to assume her position while she is on leave. This is an example of delegation by _____.
A. rank
B. authority
C. succession
D. authority

Situation - Ms Sandra is a newly assigned school nurse in the elementary school of the barangay. She planned to do physical examination of every school child.

631. In assessing the health condition of school children which of the following would be the finding common to this age group?
A. Cancer and other malignancies
B. Anemia and other blood disorders
C. Lice and parasites
D. Fractures and injuries

632. In the performance of her role and functions a school nurse, which guiding principle should be consider very IMPORTANT?
A. **Health is an integral part of the education process.**
B. The nurse is in full authority over the children
C. The local health authority supervises the school health
D. School nursing is more focused on socialization

633. Choose how many times at least the nurses conducts physical assessment to school children.
A. Thrice a year
B. Every semester
C. Every quarter
D. Once a year

634. Who should Nurse Sandra consider as a priority for home visitation?
A. Pedro 9 years old whose parents are both workings
B. Mellisa 10 years old with stunted growth for her age
C. Cindy 7 years old who has been absent due to skin lesions
D. Mike 8 years old who often sleeps during class hour.

635. Which of the indicators BEST describes an effective outcome of school nursing programs and initiatives.
A. Zero absenteeism and tardiness of pupils.
B. Teachers are observers of school health program.
C. Limited information in school health initiatives
D. constant visits and phone calls of parents.

Situation - Nurse Cris is about to start her community organizing activities. Together with her core group, their goal is to be successful in community organization through effective communication.

636. Nurse Cris would like to communicate to the people tha health problems they had identified. In reaching out every household in the community, which is the BEST strategy the nurse should employ?
A. Call for general assembly.

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B. Use social media
C. Send memorandum.
D. Write a letter to residents.

637. Which communication technique should Nurse Cris employ in order to successfully capture the details of the meeting?

A. Summarizing
B. Restating
C. Reassuring
D. Validating

638. Nurse Cris received information from some community residents who suspect that a neighbor ls abusing his young child. Which should be the PRIORITY nursing action ?

A. Report the police authorities.
B. Notify the social worker.
C. Ignore the information
D. Validate the information

639. In organizing the community in the midst of a major 'health crisis, which STRATEGY should the Nurse Cris employ to effectively communicate the importance of health and safety protocol?

A. Send letter compelling everyone to follow.
B. Use social media to spread the information
C. Request an elder residents to inform everyone.
D. Place posters and flyers in dialect in strategic places.

640. In order for Nurse Cris to facilitate the recognition of the community the existence of their health problems, which nursing action would yield BETTER results?

A. Asks the barangay head to make the report
B. Set the ground rule that presence of problem is valid
C. Allows people's participation to confirm the health problems.
D. Acts as an expert to communicate to residents.

Situation - Nurse Bea engages in both formal and informal learning activities to enhance her knowledge about Nursing Theories and other concepts in Nursing.

641. Nurse Bea recall the theory or Nursing as caring by _____.

A. Orem
B. Watson
C. Kings
D. Benners

642. Which of the following is the central theme of Sr. Calista Roys theory

A. Self care deficit
B. Adaptation
C. Nursing as caring
D. Transcultural

643. This theory categorizes professionals as Novice to experts is by _____.

A. **Benner**
B. Abdellah
C. Pender
D. Kings

644. Nurse Bea reviewed the elements of nursing as a profession. Which of the following is an IMPORTANT element that characterizes Nursing as a profession ?

A. Has members
B. Possess body of knowledge
C. Service oriented
D. A calling

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645. Nurse bea wants to pursue higher education in Nursing for her career advancement. Aside from enrolling in graduate school, which of the following she could enhance her career?
A. Participates in professional organization
B. Attends seminars.
C. Conduct research
D. Attends symposium

Situation 20 - Nurse Levy reviews all pertinent laws that affect public health nursing

646. RA 9173 is otherwise known as the Philippine Nursing act of 2002. which is the primary aim of this law?
A. To enhance the competence of professional nurses
B. **To regulate practice of professional nursing in the country**
C. To facilitate mobility of nurses to other countries
D. To promote well-being of health workers

647. The nurse closely monitors the work she delegated to the barangay health worker. She is legally guided by this principle
A. Respondent superior
B. The good Samaritan
C. Res ipsa loquitor
D. Jurisprudence

648. This law promotes the well being and living conditions of health workers especially those from the government managed facilities
A. Continuing professional development
B. Magna Carta for health workers
C. Philippine qualifications framework
D. Local government code

649. It mandates the compulsory Immunization of children below 8 years
A. PD 996
B. RA 11223
C. RA 9173
D. RA 10912

650. This law allows every Filipino to avail of affordable medicines
A. Local Government Code
B. Primary Health Care
C. Universal Health Care
D. Generic Drug Act

Situation 1 - Nurse Kathy is caring for a postpartum patient. Routine postpartum care is rendered to the patient.

651. Which assessment finding would lead the nurse to suspect a postpartum hemorrhage? Blood loss of _____.
A. less than 300 ml/24 hours
B. more than 400 ml/24 hours
C. less than 200 ml/2 hours
D. more than 500 m2/24 hours

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652. Which of the following is caused by the markedly distended uterus and intermittent uterine contractions within 2 to 3 days after birth?
A. Retained placenta
B. Uterine atony
C. Afterpains
D. Boggy uterus

653. The nurse prepares a care plan for the patient. Based on Ramona Mercer's becoming a mother (BAM) theory, which of the following statements fosters the process of becoming a mother?
A. The woman becomes comfortable with her identity as a married individual.
B. It encompasses the dynamic transformation and evolution of a woman's persona.
C. A woman learns mothering behavior prior as early as a teenager.
D. It accurately reflects the transitional process from being single to a married relationship.

654. The mother asks why she has a gush of blood coming out from the vagina that occurs when she first arises from bed. The nurse's CORRECT response should be
A. "Blood pools at the top of the vagina and forms clots that are passed upon rising or sitting on the toilet."
B. "Positioning causes blood to flow out when she stands.
C. "**Because of the normal pooling of blood in the vagina when the woman lies down to rest or sleep."**
D. "Normal physiologic occurrence that results as the body attempts to eliminate excess fluids."

655. Some postpartum mothers will experience difficulty voiding because of the edema and trauma of the perineum. Which PRIORITY nursing measures stimulate the sensation of voiding?
A. Encouraging her to void.
B. Running water in the sink or shower.
C. Helping the mother into the shower.
D. providing cold tea or fluids of choice.

Situation 2 - A postpartum mother newly delivered her baby per vagina. She keeps on asking the nurse when the basic physiologic changes occur as her body returns to a pregnant state.

656. The nurse explains to the mother that the uterus will return to its pre pregnancy state in _____ weeks.
A. Six
B. Three
C. Four
D. five

657. In her capacity to teach, the nurse describes the changes of the uterus after childbirth to return to a nonpregnant state as _____
A. catabolism
B. subinvolution
C. contraction of muscle fibers
D. Involution

658. Which of the following conditions does the nurse explain to the patient the contributory factor that slows uterine involution?
A. Full bladder during labor
B. Difficult birth
C. Prolonged labor
D. Infection during pregnancy

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659. The nurse assesses the uterine fundus of the mother. Which part of the abdomen will the nurse begin?
A. Symphysis pubis
B. Midline
C. Umbilicus
D. Sides of the abdomen

660. The FIRST PRIORITY nursing intervention during the immediate postpartum period is focused on
A. Monitoring urinary output
B. Taking the vital signs every 4 hours
C. Observing postpartum hemorrhage
D. Checking level of responsiveness

Situation 3 - Evelyn a multigravida, in her 20th weeks of gestation visited the community clinic with complaints of dizziness, vertigo, and heartburns. After the physical assessment, Nurse Harpar finds the patient as malnourished.

661. Iron supplementation was prescribed because of her low hemoglobin level. which statement, if made by Evelyn, would indicate an understanding of health instructions?
A. "My body has all the iron it needs and I don't need to take supplements."
B. "Meat does not provide iron and should be avoided."
C."The iron is best absorbed if taken on an empty stomach."
D. "Iron supplements will give green color to my stool."

662. Evelyn was given iron as supplemental vitamin to prevent maternal anemia. She asks if Cat will not be affected because she is regularly taking vitamin C. Which of the following would be the best response of the nurse?
A. "Take two other vitamins separately."
B "Take the iron after a full meal."
C. Absorption of iron is enhanced with Vit C.
D."Drink milk when taking the iron supplement."

663. Evelyn was also advised to take calcium supplements on the 2nd and 3rd trimester of pregnancy. Which of the following would ENHANCE her intestinal absorption of calcium?
A . Fat-soluble vitamins
B. Proteins
C. Minerals
D. Water soluble vitamins

664. Nurse Harper observes Evelyn has knowledge deficit regarding fetal nutrition. Nurse Harper has to explain that the MAIN SOURCE of nutrition for the baby is which of the following?
A. Amniotic fluid
B. Uterus
C. Placenta
D. Chorionic villi

665. Nurse Harper provides health instruction to the patient experiencing heartburn, which statement by the patient indicates a NEED or further Instructions? I have to drink milk between meals it
A. Drink milk between meals
B. Eat small, frequent meals
C. avoid fatty or spicy foods
D. lie down after eating

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Situation 10 - Catherine, 5 years of age, is admitted to the Pediatric Ward due for severe otalgia, fever and irritability. The mother informed Nurse Selma that patient had upper respiratory infection three weeks prior to admission. The admission diagnosis is acute otitis media (AOM).

666. Nurse Selma conducts her INITIAL assessment on Catherine. patient keeps on crying and constantly pulls her right ear. What is her MOST APPROPRIATE action?

A. Request parent to carry the child
B. Take Catherine's vital signs.
C. Refer to the attending physician.
D. Assess the description and frequency of pain.

667. Nurse Selma is preparing to administer ofloxacin eardrop on Catherine per Doctor's order. She needs to hold the bottle with her hands to warm up the solution to prevent dizziness for

A. 5-6 minutes
B. 1 to 2 minutes
C. 3-4 minutes
D. 6-7 minutes

668. After washing her hands and gently cleaning any discharge that can be removed easily from the outer ear, Nurse Selma positions the child. Which of the following steps follows?

A. Gently press the tragus of the ear four times in a pumping motion.
B. Gently pull the outer ear
C. Drop the medicine into the ear canal.
D. Keep the ear up for five minutes.

669. Based on her knowledge on otitis media, Nurse Selma recalls that children are predisposed to AOM due to the following rish factors, EXCEPT _____.

A. absence of breastfeeding
B. swimming
C. exposure to cigarette smoke
D. poor hygiene

670. To promote drainage and reduce pressure from fluid, Nurse Selma nursing intervention is to have the child assume any of the following positions, EXCEPT _____.

A. tilt head to side if sitting up.
B. Lie on the affected area
C. put the pillows behind the head
D. lie on the non-affected ear.

Situation 12 - In a birthing station, five postpartum mothers delivered 2 hours, 4 hours, and 6 hours ago, respectively. All of them are multigravida patients. Adalynn, the nurse educator opted to conduct health education on a postpartum hemorrhage.

671. Nurse Adalynn explains to the mothers that early indication for hypovolemia caused by postpartum hemorrhage is _____.

A. increasing pulse and decreasing blood pressure
B. altered mental status and level of consciousness
C. dizziness and increasing respiratory rate
D. Cool, clammy skin, and pale mucous membranes

672. The nurse educator Adalynn reviewed the risk factors for postpartum hemorrhage for the mothers. Which of the following factors IS NOT included ____?

A. ruptured uterus

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B. uterine atony
C. overdistended uterus
D. retroversion of the uterus

673. During the normal postpartum course, when would the nurse expect to note the fundal assessment that will be in line with the umbilicus?
A. Immediately after the delivery
B. 4 days after the delivery
C. When the client's bladder is full
D. The day after the delivery

674. A postpartum patient asks nurse Adalynn when she may safely resume sexual activity. Which of the following information should the nurse tell the patient on resumption of sexual activity?
A In 2 to 4 weeks
B. At any time
C. After the 6-week physician check-up
D. When her normal menstrual period has resume

675. Nurse Adalynn discusses the possibilities of future postpartum hemorrhage with the patients. Which of the following increases the absorption of vitamin K?
A. Proteins
B. Carbohydrates
C. Minerals
D. Fats

Situation 18 - Josephine, a multiparous patient is admitted due to labor pains which started an hour ago. During the vaginal examination, the nurse noted the complete dilatation of the cervix and effacement is 100 percent. The patient is in true labor pains.

676. Which of the following problems with labor and delivery is completed in less than 3 hours?
A. Precipitous
B. Preterm
C. Induced
D. Prolonged

677. Patient Josephine was referred to the physician, routine blood examinations were taken. After reviewing the serum electrolyte. levels an order of isotonic intravenous (IV) infusion was prescribed. Which IV solution should the nurse prepare?
A. 5 percent dextrose in water
B. 0.45 percent sodium chloride solution
C. 10 percent dextrose in water
D. 3 percent sodium chloride solution

678. The patient during labor would anticipate some emotional support. Which of the following nursing interventions should Nurse Sarah provide to keep the patient calm?
A. Giving praise for her the sense of satisfaction regarding quick labor.
B. Support in maintaining a sense of control.
C. Explanation of the effect of labor on the newborn.
D. Allowing the patient to express pain and anxiety

679. Patient Josephine asks why her labor is much shorter compared to previous deliveries. Which of the following is the BEST RESPONSE?
A. Onset of contraction was gradual.

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B. Multigravida patient has shorter labor,
C. Cervical lengthening was longer.
D. Induction of labor was done.

680. Nurse Sarah reads the physician's prescription to administer methylergonovine maleate (Methergin) intramuscularly after delivery. The rationale for giving this medication is which of the following?
A. Reduces the amount of lochia drainage.
B. Prevents postpartum hemorrhage.
C. Decreases uterine contractions.
D. Maintains normal blood pressure.

Situation 19 - Jose, 10 years old, has bronchitis. He needs oxygenation 4L/miin per doctor's order.

681. The first standard-step-in oxygen therapy that the nurse should do is which of the following?
A. Prepare the patient for the oxygen treatment
B. Check the chart for ordered flow rate and oxygen delivery method.
C. Gather all the equipment and supplies.
D. Assess patient's condition.

682. In planning for Jose's oxygen therapy, the nurse shall consider which of the following, EXCEPT
A. need for a humidifier.
B. length of tubing.
C. determine the age of Jose.
D. manner of administering oxygen, continuous or intermittent.

683. The PRIORITY nursing action of the nurse for Jose due for oxygen therapy is _____.
A. attach the humidifier and connecting tubing to the oxygen de livery device.
B. connect the flow meter to the pipe in oxygen outlet.
C. turn on the oxygen
D. check the flow.

684. What PRIORITY precautionary measure should be done by the nurse during the oxygen therapy?
A. Limit visitors.
B. Attach "No Smoking" signage
C. Check humidifler's water regularly.
D. Connect bait to oxygen tank.

685. One evening, Jose complained of dyspnea despite continuous oxygen therapy. What should be the nurse's INITIAL intervention?
A. Give PRN medication.
B. Refer patient to the physician.
C. Assess the patency of the tubing.
D. Re-assess the patient.

Situation - Nurse Crisel was talking about HIV-AIDS to a group of teen-agers. Here are some questions which were asked by them during the open forum.

686. What are some of the general symptoms during the PRIMARY HIV infection? The nurse enumerated the following. Which among these are CORRECT?

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1. Fatigue
2. Headache
3. Fever
4. Sore throat
5. Cough
6. Dyspnea

A. 1, 2, 5, 6
B. 1, 2, 4, 5
C. 1, 2, 3, 4
D. 2, 3, 4, 6

687. When can AIDS be manifested? The nurse answer was, "It can be as early as _____."
A. 1 year or as late as 2 years
B. 2 years or as late as 10 years
C. 1 year
D. 6 months

688. Nurse Crissel also asked the participants if they got to know the transmission of HIV based from her lecture? Which is NOT correct?
A. Accidental blood exposure
B. Kissing
C. Unprotected sex
D. Mother to child transmission

689. On the question as to which of the following are the effects of AIDS on pregnancy, one teenager cited a wrong answer which was _____.
A. Mild weight loss
B. Prematurity
C. Repeated abortion
D. Infertility

690. 1HIV transmission from mother to infant occur at post natal period during _____
A. Bathing
B. Washing of vagina
C. Bottlefeeding
D. Breastfeeding

Situation 2 - Baby Sharon, a newly delivered baby girl, was delivered normally in maternity clinic. Nurse Juvy is performing her initial routine assessment.

691. Nurse Juvy's assessment reveals the following: Heart Rate is 110 beats per minute, has a vigorous cry, moves actively and with good flexion, normal skin color and bluish extremities. What would be thd APGAR score of Baby Sharon?
A. 7 Points
B. 10 Points
C. 5 Points
D. 9 Points

692. Baby Sharon was placed on phototherapy. What precaution should Nurses Juvy observe?
A. Put sunglasses on the newborn to protect his/her eyes.
B. Be certain that the newborn's intake is adequate.
C. Assess the newborn for symptoms of headache.
D. Keep the newborn wrapped to prevent sunburn.

693. Physiologic jaundice among newborn babies usually occur on, which of the following? It occurs _____.
A. Within 24 hours from birth
B. 7 days after birth
C. Upon birth
D. Between the 2nd and the 3rd day after birth

694. If transient discoloration of Baby Sharon's skin is noted while under phototherapy, what is this phenomenon called?
A. Cyanosis
C. Hyperbilirubinemia

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B. Jaundice **D. Bronze baby syndrome**

695. If Baby Sharon develops dehydration, what is the FIRST sign to look for by Nurse Juvy?
A. Oliguria
B. Sunken fontanels
C. Soft and depressed eyeballs
D. Non-elastic skin/poor skin turgor on thighs and abdomen

Situation 3 - A nurse assigned in a neonatal intensive care unit receives a telephone call from the delivery room and is told that a newborn with spina bifida (myelomeningocele type) will be transported to the unit immediately.

696. Which of the following definition MOST accurately describes meningomyelocele? It is _____.
A. Spinal cord tumor containing nerve roots.
B. Complete exposure of the spinal cord and meninges.
C. Herniation of spinal cord, cerebro-spinal fluid and meninges into a sac.
D. Sac formation containing meninges and spinal fluid.

697. The NICU nurse prepares for the arrival of the newborn. Which of the following PRIORITY item should be placed at the newborn's bedside? A _____.
A. Specific gravity urinometer
B. Rectal thermometer
C. Blood pressure cuff
D. Bottle of sterile normal saline

698. For this patient who is to undergo surgery (closure of the sac), what would be the PRIORITY nursing diagnosis? It is risk for _____.
A. Activity intolerance
B. Infection
C. Respiration
D. Altered growth and development

699. Which of the following is the PRIMARY reason for surgical repair of myelomeningocele? To _____.
A. Decrease risk of infection
B. Correct the neurologic defect
C. Prevent seizure disorders
D. Prevent hydrocephalus

700. What would be the BEST response if the nurse when a mother with neural tube defect asks what she can do to decrease the chances of having another baby with the same defect?
A. "Folic acid should be taken before and after conception".
B. "Multivitamin supplements are recommended during pregnancy".
C." A well balanced diet promotes normal fetal development".
D. "Increased dietary irom improves the health of mother and fetus".

Situation - Patient Edraline, 29 years old, visits the OB clinic accompanied by her husband Victor for a pregnancy test. The nurse in the clinic took her history which says that Edraline missed her periods for three (3) week.

701. Which of the following is the PRIMARY purpose of pregnancy test?
A. It allows for counseling on nutrition.
B. It may help in a decision to stop working at home.
C. It enables the husband to follow the desires of the wife.

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D. It allows for early initiation of care.

702. Human chorionic gonadotropin (HCG), the biologic marker on which pregnancy tests are based, can be detected in the BLOOD as early as which nber of DAYS after the last menstrual period?

A. 15 C. 10
B. 20 **D. 5**

703. What is the BEST urine sample to be used for an accurate result of pregnancy test done at home?

A. First-voided evening urine
B. First-voided morning urine
C. Mid-afternoon urine sample
D. Random urine sample

704. Which of the following is NOT included among the factors that should be considered by the nurse or the pregnant woman in interpreting results of pregnancy test?

A. Last menstrual period C. Type of pregnancy test
B. Previous pregnancy D. Menstrual cycle length

705. Which of the following medications may produce a false-negative pregnancy test?

A. Anti-hypertensive **C. Diuretics**
B. Anticonvulsant D. Tranquilizers

Situation 5 - A vehicular accident occurred recently in Barrio Kapitan. About 8 injured. One of them is Almira, G3P4, 6 months pregnant, her son Jay, 4 years old, the driver, the conductor and the rest were students. Some had minor injuries, Jay had minor laceration on his arm and right leg, one student had colle's fracture, the conductor had a broken leg while the driver had lacerations on his head. Almira, on the other hand, complained of abdominal cramps and vaginal spotting. A rescue team from a nearby hospital arrived immediately on the scene.

706. Who among the passengers will take PRIORITY for the rescue team to transport to the hospital?

A. Student with Colle's fracture.
B. Jay with lacerations
C. Pregnant women
D. Conductor with broken leg

707. In admitting the injured patients, which of the following should be the FIRST that should be done by the emergency team? They should assess the patients _____.

A. Breathing C. Circulation
B. Airway D. Vital signs

708. In assigning rooms for the injured patients, the nurses should coordinate with the Administration. Which of the following is the CORRECT room assignment?

A. Insurance company should be followed according to premiums paid by the transport operator.
B. Mother should be separated from each other for case classification.
C. Mother and child should be together in one room.
D. Transport operator should designate the rooms according to social status of patients.

709. In as much as Almira complained of vaginal spotting and abdominal cramps, which among the following will the nurse anticipate as the MOST likely diagnosis of the physician after a vaginal examination?

A. Eclampsia C. Threatened abortion
B. Placenta previa **D. Abruptio placenta**

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710. One GOOD nursing intervention of the nurse for Almira would be to do which of the following?

A. Advise her to eat her meals.
B. Put her on absolute bed rest.
C. Take the vital signs q 4 hours.
D. Advise her to take care of Jay.

Situation - Nursing Service Management should endeavor to update nurses for the improvement of quality and safe nursing care, especially with the passage of the Universal Health Law.

711. How can nurse contribute to the improvement of Maternal and Child Health (MCH) In the Philippines? One way is by knowing the 8 Millennium Development Goals. Which of the TWO of the 8 goals are VERY specific to MCH?

A. Reduce child mortality and improve maternal health
B. Eradicate extreme poverty and hunger and achieve universal primary education
C. Promote gender equality and empower women and global partnership for health
D. Combat HIV/AIDS and ensure environmental sustainability

712. The universal health law focuses on the population. If a pregnant woman has been found and diagnosed to have preeclampsia, the focus of health care is on the _____.

A. Population group
B. Individual
C. Community
D. Family

713. Which among the following is TRUE about mother and child health in the Philippines (among ASEAN) that can be addressed by the Universal Health Law?

I. Fastest decline in maternal mortality rate
II. Number one highest in infant mortality rate
III. Fastest rising HIV/AIDS
IV. Highest TB burden

A. II, III, IV
B. I, II, III
C. I, II
D. III, IV

714. In the universal health law, which of the following are the government agencies that are considered as "key players" in its implementation?

A. Family, DOH and Philhealth
B. **DOH, LGU and Philippine Health Insurance, Inc. (PhilHealth)**
C. Community, DOH, LGU
D. Individual, DOH and LGU

715. What is one of the MAJOR challenges that a beginning nurse may encounter in her service delivery in the hospital in terms of an individual client or patient?

A. Dysfunctional facilities
B. Poor health seeking behaviour.
C. Social determinants of health
D. Stock out of essential commodities

Situation 8 - Nadine, three years old, was admitted to the Pediatric Ward due to frequent coughing, presence of wheezes when breathing out and chest congestion. Upon physical examination, Nurse Alma noted some bruises on the back and lower extremities of Nadine. When the mother was asked of the noted bruises, the mother said it is due to Nadines's being hyperactive and playful. Mother of Nadind said that the child is bed-wetting. Nurse Alma also observes that Nadine also shows signs of anxiety

716. The toddlers years are a time of great cognitive, emotional and social development. The toddles is a child _____ months old.

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A. 6 to 12
B. 9 to 36
C. 36 to 48
D. 12 to 36

717. Upon seeing warning signs of child abuse, the BEST nursing action that Nurse Alma should make is to report the noted observation to _____.
A. Dept of Social Welfare Development (DSWD)
B. Headnurse
C. Philippine National Police (PNP)
D. Attending Pediatrician

718. Nurse Alma recalls that there are four kinds of child abuse. Which of the following below are considered as a child abuse? Select all that apply.
1. Physical
2. Emotional
3. Sexual
4. Neglect

A. 1 and 3
B. 1, 2 and 3
C. 1, 2, 3, 4
D. 1 and 2

719. When there is failure to supervise a child adequately, especially in children younger than 12, the kind of child abuse is, which of the following?
A. Emotional
B. Sexual
C. Neglect
D. Physical

720. Since nadine is Four years old, Nurse Alma needs to determine the routines and rituals concerning, which of the following, EXCEPT _____.
A. Feeding
B. Toilet training
C. Sleep pattern
D. Favorite toys

Situation 16 - Nurse Kayla is assigned at the postpartum ward. The following questions refer to postpartum patients.

721. Amy, a multiparous patient, 28 hours after Ceasarian delivery (CS), who is breastfeeding, complains of severe abdominal cramps. Nurse Kayla explains that these are caused by which of the following?
A. Flatulence accumulation after CS
B. Release of Oxytocin during the breastfeeding session
C. Healing of the abdominal incision after CS
D. Side effects of the medications administered after delivery

722. Three hours postpartum, a primiparous patient's fundus is firm and midline. On perineal inspection by Nurse Kayla, she observes a small constant trickle of blood. What will thee nurse suspect for the patient to have?
A. Uterine inversion
B. Perineal lacerations
C. Retained placenta
D. Bladder distention

723. On the first postpartum day, a primiparous patient complains of perineal pain that was unrelieved by Ibuprofen 400 mg given two hours ago. Nurse Kayla should assess for which of the following?
A. Vaginal laceration
B. Perineal hematoma
C. History of Drug Abuse
D. Puerperal infection

724. Twelve hours after vaginal delivery, Nurse Kayla palpates the fundus of a primiparous patient and finds it to be firm, above the umbilicus and deviated to the right. What is the BEST thing for Nurse Kayla to do for the patient?
A. Contact the physician for an order of methylergonovine

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B. Gently massage the fundus to expel the clots
C. Encourage patient to ambulate and to void
D. Document this is a normal finding in the patient's records

725. After instructing a primiparous patient about episiotomy care, which of the following indicates successful teaching?
A. "I will wipe the area from front to back using blotting motion"
B. "I will put ice packs on the site 15 minutes once a day for 3 to 4 days"
C. "Before bedtime, I will do a cold water sitz bath"
D. "I'll use sudsy water to clean the episiotomy"

Situation 9 - Nurse Angie is conducting a mother's class at Barangay Riles Rural Health Unit. One of the participants asked about contraceptive pills.

726. As part of the teaching plan, Nurse Angie teaches that oral contraceptives contains estrogen. Which of the following is the Action of Estrogen? It inhibits the _____.
A. GnRH thereby inhibiting FSH and LH productions.
B. Luteinising Hormone (LH) thereby inhibiting ovulation.
C. Testosterone production.
D. Follicle Stimulating Hormone (FSH) thereby inhibiting maturation of ovum.

727. Nurse Angie added that oral contraceptives also contains progesterone. Which of the following is the action of progesterone in contraception? It inhibits _____.
A. Testosterone production
B. GnRH thereby inhibiting FSH and LH productions.
C. Luteinising Hormone (LH) thereby inhibiting ovulation.
D. Follicle Stimulating Hormone (FSH) thereby inhibiting maturation of ovum.

728. Nurse Angie included that contraceptive that have estrogen-like and or progesterone-like compounds are prepared in a variety of forms. These are the following _____.
1. Oral contraceptive
2. Diaphragms
3. Cervical caps
4. Foam spermicides
5. Norplant
6. Intrauterine devise
A. 2, 3, 5
B. 3, 5, 6
C. 1, 4, 6
D. 1, 5, 6

729. A biphasic anti-ovulatory medication of combined progestin and estrogen is prescribed for a female patient. What should the nurse include when teaching about this oral contraceptive?
A. Restrict sexual activity temporarily.
B. Report any irregular vaginal bleeding.
C. Increase the intake of calcium.
D. Have bi-monthly Pap smears.

730. Which danger sign would warrant stoppage of pills?
A. Clear vision
B. Decrease blood pressure
C. Simple colds
D. Elevation of blood pressure

Situation 10 - a young mother brings her 4 years old Richard to a Pediatric Clinic where you are assigned.

731. The young mother wanted to know about the motor development APPROPRIATE in a preschooler. Which of the following statements NOT true?
A. "He can tie shoe lace"
B. "He can alternate feet when climbing"

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C. "He has not developed good postures"
D. "He can hop two or more times"

732. Healthy physical development is dependent upon nutrition, brain development, muscle and bone. Which of the following is NOT APPROPRIATE for physical development of a pre schooler?

A. Sleeps 6 to 8 hours of sleep each day
B. Assists in brushing and flossing teeth
C. Gains 5 pounds per year
D. Eruption of the primary teeth

733. Her sons starts asking you many questions about the things inside the Pediatric Clinic. You should inform the mother of which of the following statements?

A. Expected in a pre schooler as they tend to ask many questions during this age.
B. Expected in toddlers only so he may have a delayed development
C. Not normal in a pre schooler so the mother may need to consult a child psychiatrist.

734. You informed the mother about the normal psychosocial development of pre schoolers. She correctly understands your health teaching if she verbalizes that _____.

A. He may have temper tantrums resulting from his frustration im watching to do everything for himself.
B. He continues to react to separation from his parents.
C. He son is more active with his parents and tends to be a bit selfish with his toys.
D. He may tend exaggerate, boast, and tattle on others.

735. Before finishing the check up, which of the following principles is NOT included among the principles of guidance in handling Richard?

A. **Controlling temper tantrums**
B. Basing her expectations within the child's limitations.
C. Acceptance of masturbation as a normal phenomenon to be discouraged in public.
D. Reinforcing the correct use of language.

Situation - Patient Haydee, 23 years old, G2 P1 is in her 9th month of pregnancy. First, she calls the hospital to receive validation that is alright for her to come for evaluation or admission.

736. During the first contact of the patient with the nurse, the latter should demonstrate the following behavior, which the EXCEPTION of _____.

A. Caring
B. Comforting
C. Encouraging
D. Compelling

737. Patient Hydee asks how she could Distinguish between true and false labor? Which is NOT included among the factors in which the nurse should base her answer from?

A. Contractions
B. Cervical by vaginal examination
C. Vital signs
D. Engagement of fetus

738. Patient Haydee comes to the perinatal unit of Hospital DEE. Nurse Arcee does through SCREENING assessment. Which is the Least screening assessment to be used by the nurse/

A. Physical examination
B. Interview
C. Radiologic procedures
D. Laboratory review

739. During admission, the nurse needs to take the patient`s obstetric Al data. Which of the following the Most important?

A. Laboratory results
B. Prenatal check-up records

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C. Previous pregnancy experience
D. Diagnostic test results

740. Every pregnant woman preparing for labor and delivery have a birth plan. What is the Primary objective of a birth plan? It describes _____.
A. The repertoire of comfort and relaxation measures
B**. Options on her wishes and preferences about her labor, delivery an puerperium**
C. The cultural and religious requirement related to care of mother, newborn
D. Her psychosocial data that is necessary in her hospitalization

Situation - Through health practitioners such as the nurse, provision of quality health care and patient safety is made possible. Hence, there is a need to properly manage human resources. Nurse Cirila is the Chief Nurse of a 100 - bed capacity private hospital. Lately, he headnurses have been complaining of short staffing especially in the Pediatric Ward. The ideal staffing in her ward cannot be attained as nurses frequently leave for abroad for a greener pasture despite having signed a contract.

741. When the staff nurses in Pediatric Ward work more than they can handle, thus, losing their enthusiasm in their work, which of the following consequences is referred to/
A. Lower patient care
B. Medical errors
C. Low quality patient care
D. Burnout

742. Pediatric nurses need to organize their worked to facilitate patient`s safety. Which of the following indicators would validate that they have organized their workload? Select all that apply.
1. Determination of resources needed to deliver patient care.
2. Accomplishment of tasks in time.
3. Identification of activities to be done
4. Prioritization of plans in accomplishing activities to be done.
A. 1, 2, 3, 4
B. 1, 2, and 3
C. 2, 3 and 4
D. 1 and 2

743. Despite the short staffing, Nurse Cirila also has the responsibility to maintain safe environment for her pediatric patients. The following are the indicators that Nurse Cirila has achieved this goal, EXCEPT _____.
A. Proper disposal of waste according to color coding
B. Adherence to policies, protocols and procedures in the prevention and control of infection prevention.
C. Assessing the competencies of a staff before delegating a task
D. Observance of protocols in cases of earthquakes, fire and other emergencies.

744. Chief Nurse Cirila has identified common reasons for the fast turn-over of staff nurses not only in he hospital she works in but in other hospitals all over the country. Which of the following factors that have contributed to the fast turn-over should be addressed immediately?
1. Low salary
2. Working condition
3. Work overload
4. Continuing Professional Development
A. 1 and 3
B. 1 and 3
C. 1, 2 and 3
D. 1, 2, 3 and 4

745. Chief Nurse cirila formulates strategies to address the short staffing in her hospital. Which of the following strategies s the BEST?
A. Continuing Professional Development such as post-graduate study
B. Entry salary of nurses to at par with that of government nurses
C. Research engagement
D. Evaluation and recognition for good performances thru reward system

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Situation To ensure patient safety at all times, personal and professional growth of nurses is a necessity than a choice. Nurse Florence is a beginning nurse in one of the hospitals in the suburb. During the Orientation Program, the need to enhance her skills, knowledge and attitude was emphasized.

746. "Commitment to continual learning and active participation in the development and growth of the profession are commendable obligations" is contained in which of the following?
A. Code of Ethics
B. RA 10912
C. RA 7164
D. RA 9173

747. Which law declares that the policy of the State is to promote and upgrade the practice of profession in the country?
A. RA 7164
B. RA 9173
C. Code of Ethics
D. RA 10912

748. Nursing programs that are based on needs assessment and needs analysis and should ne offered free is which of the following?
A. Continuing Development Program
B. In-service Training Program
C. Nursing Education Program
D. Post-graduate program

749. In three year's tie, Nurse Florence needs to attain certain number of continuing Professional Development units to be able to renew her _____.
A. Philippine Nurses Association Membership
B. Professional License
C. Professional Identification Card
D. Professional Registration

750. Nurse Florence was asked by her Headnurse why she requested permission to enroll in the Graduate Program for the second semester. Her reply should be, EXCEPT:
A. To have an impressive resume to enable her to be competitive
B. Connect with people professionally
C. Invest for the future
D. Pursue her interest in Pediatric Nursing in more depth

Situation 13 - 0livia, a 15-year-old, high school student visited the health center for her prenatal check-up. Per nurse 's initial assessment, the patient drinks alcohol and smokes cigarettes about 5 sticks. A day for 2 years now. Her last menstrual period (LMP) was October 10, 2020.

751. Based on the nurse ' s computation utilizing Nagele's rule, the patients expected date of birth (EDB) will be on_____.
A. September 17, 2021
C. July 17, 2021
B. June 17, 2021
D. August 17, 2021

752. Which of the following is the MOST common emotional response among women during the First trimester of pregnancy?
A. Ambivalence
C. Acceptance
B. Depression
D. Jealousy

753. 0livia mentioned that she can experience uterine squeezing. Which of the following Signs of normal pregnancy should the nurse consider?
A. Braxton-Hick's contractions
B. Hegar 's sign
C.. Ballottement
D. Goodell 's sign

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754. Nurse Emma advised the patient to quit smoking because nicotine wil1 contribute to _____.
A. low birth weight infant
B. ectopic tubal, pregnancy
C. congenital anomalies
D. large for gestation age infants

755. Emotional 1ability is common to pregnant women. Identify which of the following reactions is accepted as part of a normal pregnancy?
A. Feelings are easily hurt by remarks
B. Mood swings
C. Amusing or even charming situation
D. Narcissism

Situation 1-The Hospital Research Coordinator is discussing the basics of research with the members of the Research Committee as part of continuing education. Questions and answers were also part of the program.

756. During the open forum, the Hospital Research Coordinator raised the question as to, who among the following, provides information in the questionnaires.
A participants **C. respondents**
B. key informants D. subjects

757. One of the members of the Research Committee wishes to conduct a study involving an interdisciplinary team of colleagues. This study is termed as _____.
A. clinical **C. collaborative**
B. exploratory D. applied

758. In conducting qualitative research, a nurse should follow the logical reasoning process termed as, which of the following?
A- Deductive C. Causal
B. Intuition **D. Inductive**.

759. The lecturer reminded the committee members that bias is an influence that distorts study results. In quantitative research, which will eliminate bias?
A. Trustworthiness **C. Randomness**
B. Credibility D. Triangulation

760. One of the committee members raised the question on how to make an abstract. The question was followed by how many words are required in an abstract should (APA) style be followed.? What is the CORRECT answer?
A. 450-550 **C. 150-250**
B. 250 -350 D. 350-450

Situation 2 The Clinical Instructor (CI) is conducting a ward class on how to perform the breast self-examination (BSE).

761. The CI is expected to set the atmosphere by welcoming everyone and by _____.
A. showing every one the picture of the breast
B. **Discussing the objectives of the ward class**
C. giving an anecdote about an old man
D. going ahead with the first part of the lecture

762. For the students better understanding about the anatomy of the breast, the CI

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shares _____.
A. various pictures of the breast, external and internal Views
B. pictures of different types of mastectomies
C. the experiences of breastfeeding mothers
D. artistic drawings of the breasts

763. The clinical instructor proceeded with the Lecture to the students using the _____.
A. Question and Answer method
B. entertainment style of presentation
C. students as the resource persons
D. outline of the lecture she just presented

764. When the lecture presentation was finished, the CI proceeded with the _____.
A. evaluation of the activity
B. Q and A portion on anything the students are interested tackle
C. open forum to solicit questions related to the topic under discussion.
D. cracking of humorous anecdotes to keep the class alive

765. The last and necessary part of the activity is _____.
A. informing the students their next day 's assignment
B. the joke portion for good vibes
C. evaluation so that future. but similar activities can be improved
D. after care of the venue, an earlier reminder by the Head Nurse

Situation 3 -Hypovolemic Shock. The adult patient on his way to the office met a vehicular accident and was continuously bleeding from the head. He was brought to the nearest hospital by the bystanders.

766. what must the Emergency Room Nurse do FIRST?
A. Start an intravenous line at once.
B. Position with head lower than extremities.
C. Request for laboratory examinations.
D. Stop the bleeding immediately.

767. Due to continuous bleeding the patient goes into the second stage of shock with BP 80/60. What are the possible effects on the heart in this stage?
I. Increased heart rate
II. Chest pain
III. Increased cardiac troponin
IV. Myocardial infarction
A. I, II, III, and IV
B.I and II
C. II, and III
D. III, and IV

768. The BEST position for the patient to assume in case of shock is _____.
A. modified Trendelenburg
B. high Fowler's
C. recumbent
D. low Fowler's

769. What isotonic electrolyte solutions are COMMONLY used as fluid replacement in hypovolemic shock?
I. Dextrose 5 percent in water
II. 0.9 percent sodium chloride
III. Lactated Ringer's solution
IV. Dextrose 10 percent in water
A. II, III, and IV
B. I, III, and IV
C. II and III
D.I and IV

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770. In case the patient Would go into cardiovascular overload as a result of the intravenous fluid therapy the PRIORITY nursing action should focus on _____.
A respiratory distress
B. increase in total urine output
C. increase in body temperature
D. edema in the lower extremities

Situation 4- Patient Tita, a 53-year-old mother of 6, has been having involuntary urine leaks aggravated whenever she sneezes or coughs. She is diagnosed with urinary Incontinence. The next 5 questions refer to this case.

771. The type of incontinence Patient Tita manifests, where there is involuntary loss of urine as a result of sneezing, coughing or even changing position is called _____.
A. Overflow
C. stress
B. reflex
D. Functional

772. The nurse is aware that urinary incontinence brings about psychosocial costs including the following, EXCEPT
A increased expenses
B. social isolation
C. embarrassment
D. loss of self-esteem

773. The nurse instructs the patient that the BEST time for an incontinent patient to take his diuretics is
A. Any time of the day
C. In the morning
B. After 4:00 PM
D. At bedtime

774. When providing health teaching to the patient with urinary incontinence, the nurse must stress that it is
A. Only surgery can alleviate the condition
B. Often reversible and treatable
C. Treatable with drugs all of the time
D. Controlled with the aid of alcohol

775. The aim of pelvic muscle exercises for the patient with urinary incontinence is to strengthen the muscles that control the
A. vagina and rectum
C. bowel and the bladder
B. perineal area
D. vagina and urethra

Situation 6 -Ms. Lanni, aged 40, has varying degrees of weakness on the lower extremities, inability to perform voluntary movements and paresthesia. Her physician gives a tentative diagnosis of Guillain-Barre Syndrome (GBS)

776. Which is a common verbalization of the patient with GBS regarding the EARLY ONSET of symptoms?
A. Acute hemiplegia
B. Ascending motor weakness
C. Weakness of the four lower extremities
D. Acute hemiparesis

777. The nurse is aware that which occurrence in the patient 's health history suggests the diagnosis of GBS?
A. viral illness few weeks before

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B. encephalitis
C. severe bacterial infection
D. meningitis

778. A PRIORITY nursing diagnosis in Guillain Barre Syndrome is_____.
A. Ineffective breathing pattern
B Impaired verbal Communication
C. Imbalanced nutrition
D. Impaired physical mobility

779. If the patient is unable to talk, how should the nurse BEST communicate to the patient?
A. Enunciating the words slowly and well.
B. By using picture cards
C. Just stop as he could no longer understand.
D. Talking loudly face-to-face with the patient.

780. The nurse informs the patient and family that rehabilitation prior to discharge is BEST described as_____.
A. a period of ups and downs, physically and emotionally
B. long and one requiring involvement of significant others
C. easy and smooth from discharge onwards
D. a rapid process towards recovery

Situation 7-Elmo, 69 years of age, is diagnosed with Benign Prostatic Hyperplasia (BPH).

781. The nurse anticipates that the signs and symptoms of BPH do NOT include_____.
A. frequency of urination
B. pain on urination
C. dribbling of urine
D. hesitancy in starting urination

782. Elmo asks the nurse to explain his condition (BPH) Which statements are CORRECT explanations by the nurse?
I It blocks the urethra.
II It obstructs the bladder.
III. It spreads to other parts of the body.
IV. It leads to urinary retention
A. I and IV C. I, II and III
B. II, III, and IV D. I and III

783. What IMMEDIATE danger should the nurse anticipate post Transurethral Resection of the Prostate (TURP)?
A. Infection C. Thrombosis
B. Bleeding D. Shock

784. The nurse knows that the normal color of the bladder irrigation drainage right after TURP is _____.
A.reddish pink C. Light pink
B. bright red D. yellowish

785. Sexual dysfunctions 1ike impotence, erectile dysfunction, and lack of libido are likely possibilities in what, prostatic surgery?
A. Suprapubic prostatectomy
B. Transurethral resection of the prostate
C. Laparoscopic prostatectomy

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D. Perineal prostatectomy

Situation 8-General concepts of immunology must be learned by the nurse to appreciate the management of her patients.

786. Immunity that the baby gets from the immune mother through breastfeeding is:
A. Passive natural
C. Active natural
D. Passive artificial
B. Active artificial

787. Cell-mediated immunity is NOT usually associated with what condition:
A. Rejection of tissue graft
B. Production of antibodies
C. Skin hypersensitivity reaction
D. Surveying for malignant cells

788. When a person vaccinated with a Covid-19 vaccine produces antibodies to the disease, the immunity is termed:
A. Active artificial
C. Active natural
B. Passive natural
D. Passive artificial

789. The blood protein involved in the immune system is:
A. Thrombin
C. Albumin
B. Globulin
D. Hemoglobin

790. The immunity conferred by tetanus toxoid is best described as:
A. Lifelong passive
C. Temporary passive
B. Long-lasting active
D. Lifelong active

Situation 9-Even if still a staff nurse, Minda, can well contribute to the management of the resources and environment of her unit.

791. The electric fan in the unit sparks occasionally but continues to function relatively well. Nurse Minda though knows that she _____.
A. Has to ask one of the staff to preliminary check it
B. will just wait until the fan stops to function
C. should alert the unit staff to closely observe the fan
D. must have it checked by the Maintenance Department immediately

792. The electric fan now stops every now and then and continues to spark at intervals. The best thing to DO NEXT is to_____.
A. turn off the fan immediately.
B. call the maintenance immediately
C. let it continue to function
D. request for another fan as soon as possible (ASAP)

793. The last fire in the hospital was due to a malfunctioning equipment. The Fire extinguisher was nowhere to be found. What should have been practiced?
A. A dedicated fire extinguisher must be in every strategic Place
B. Place one fire extinguisher between two units.
C. A fire extinguisher can be replaced with fire sensors.
D. Borrowing fire extinguishers may be tolerated if on the same floor

794. The staff assigned to check the fire extinguisher failed to monitor the assigned equipment. The following statements are "whereabouts" of true, EXCEPT
A. all employees are lazy

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B. monitoring staff is important
C. not all staff are diligent in their tasks
D. two errors added together can be potentially devastating

795. Because of the failure to replace the defective electric fan immediately, a fire broke out and it became big enough to burn a major portion of the unit because the fire extinguisher was missing. What lesson can be gained from this?
A. Punishment must be imposed on erring employees
B. Reorientation of the new staff.
C. Refer the erring employee to HR.
D. Every protocol must be followed.

Situation 11- Romy, 58 years old, has been a cigarette smoker since age 15. He has nagging cough and hoarseness of voice and dyspnea. Based on the physical and laboratory findings, the physician suspected him of having lung cancer.

796. Which of the following is NOT a known predisposing factor to lung cancer?
A House is near a banana plantation.
B. Works as a sprayer of vegetables and fruit trees
C. Lives in a suburban area.
D. Living with mother who is a tobacco smoker.

797. Upon history-taking, the nurse notes that the cough of a patient with lung cancer usually STARTS off to be _____.
A. blood-tinged
B. productive
C. dark yellow sputum
D. dry and persistent

798. Which diagnostic procedure is commonly used to establish the diagnosis of lung cancer which provides a detailed description of the tracheobronchial tree and allows for biopsies of suspicious areas?
A. Computerized Tomography (CT) scan
B. Bronchoscopy
C. Sputum cytology
D. Positron Emission Tomography (PET)

799. To help the patient with his breathing difficulty, the nurse places him in which position?
A. Prone
B. **Fowler's**
C. Sim's lateral
D. Supine

800. Romy is diagnosed with small cell lung cancer(SCLC) a rapidly growing type of cancer. He and his family were shocked when told by the doctor that the patient will just undergo palliative treatment. Which nursing action is MOST APPROPRIATE?
A. Providing relief from symptoms**.**
B. Reducing fatigue
C. Providing psychological support.
D. Advising treatment options

Situation-The Department of Health (DOH) is an agency that set standards for set and quality health care together with Phil health Insurance which takes care of accreditation and reimbursement of Cost of health care services.

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801. The **professional conduct. of doctors, nurses and other health care providers** in the health facilities belong to which of the following quality standards?
A. Improving performance C. Patient care standards
B. **Organizational ethics** D. Leadership and management

802. The positive practice environment PPE is part of the quality standards of every health facility in the country today. Which of the following is NOT a component of the PPE in the work setting?
A. waste management C. electrical wires
B. **peer review** D. infection control

803. When a health facility **formulates its Vision- Mission** to guided Management and health personnel in the work place is what part of quality-standards?
A. Human resource management C. **Leadership and management**
B. Patient care standards D. Organizational ethics

804. When Nurse Sarah distributed a **Patient satisfaction' survey** form to be filled by the consumer upon discharge in a hospital setting is in compliance to what quality standards?
A. Organizational structure and professional ethics.
B. **Identification of Patient right and welfare.**
C. Improving performance, of health care personnel.
D. Human resource management and staffing pattern.

805. When an **accurate documentation** whether done manually or by electronic by the health care professionals in their Work setting is a component of what quality standards in a health care delivery system?
A. Patient care standards C. Leadership and management
B. **Information management** D. Human resource management

Situation - it is necessary that records are well-recorded and properly kept if they are to serve the organization and the requesting public well.

806. Incident Reports (IRs) shall be collected for the day and due investigations scheduled by the quality Department. Upon completion of the investigation, the IRS ____.
A. must be completed and stored on the open cabinet
B. can be stored on the table top for easy retrieval
C. **must be summarized monthly and stored in a secured cabinet**
D. classified by cate so they can be easily accessibility

807. The patient record (charts) are collected every three nights from the various departments. The night nurse is EXPECTED to do the following, EXCEPT,
A. ensure the correct order of the chart.
B. see to the completeness of the chart pages.
C. **bind the charts as they are**
D. tape or repair torn pages

808. When patient record reach the Medical Records, the assigned staff will _____.
A. store the charts in their respective shelves
B. separate the medico-legal charts
C. **check the completeness of the charting of the doctors and nurses**
D. bind the chart immediately

809. The charts are stored in the Medical Records or storage room for at least _____ years.
A. 3-5 years **C. 5-10 years**
B. 1-5 years D. 1-3 years

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810. How many years are medico-legal charts stored?
A. 8 years C. 5 years
B. **10 years after the case is closed** D. 10 years

Situation - Ms. Nilda is a new graduate with a Bachelor of Science degree which she acquired from a university. She is determined to pass the National Licensure Examination (NLE) to be administered by the Board of Nursing.

811. The 1icensure examination which is administered by the Professional Regulation Commission, Board of Nursing is given to _____.
A. apply the theory earned from classroom to practice settings
B. **protect the public from incompetent practitioners**
C. apply the scope of nursing practice
D. demonstrate expected competency standards

812. The PRC-Board of Nursing (PR-BON) ha5 the power to regulate Nursing Practice in the Philippines. The regulatory functions include the following except
A. enforce and monitor quality standards of nursing practice in the county
B. issue, suspend revoke or reissue certification of registered nurses
C. ensure proper conduct. Or nurses 1icensure in the county
D. **issue permit for the opening of nursing programs in the country**

813. Ms., Sanchez is a new nursing graduate and in dire need for the hospitalization of her ailing mother She is being offered to endorse a detergent product on TV Commercial wearing a mini skirt and a plunging neckline shirt. In doing this performance Ms. Sanchez is violating the _____.
A. oath of professional for new nurses
B. nursing practice act 7164
C. **code of ethics for nurses**
D. core competency standards

814. Nurse Rey with the members of the team. from a tertiary hospital is going for their annual outreach program Operation TULI". There were 3000 patients who came in the morning with only 4 doctors, 3 nurses and 1 pharmacist. Due to the volume of patients, Nurse Rey, was asked to participate in per forming circumcision with the rest of the doctors. Nurse Rey can be 1iable of committing
A. assault C. tort
B. invasion of privacy **D. malpractice**

815. Which of the following actions is likely to constitute GROSS Negligence?
A. Complied with the request of a bedridden patient not to be turned because of pain.
B. A nasogastric feeding not given on time because patient is feeling nauseated
C. **A patient suffering from bleeding due to post-operative wound and the Nurse failed to report to the attending physician.**
D. Urine output that has not been measured because of an emergency admission.

Situation - Nursing student Myra decides to do a qualitative phenomenological study on how the stigma of AIDS affects the patients. She has previously identified 6 participants: 3 teenage boys and 3 teenage girls.

816. What is the best way for Myra to collect data from these participants?
A. **Focus group discussion** C. Individual Interview
B. Survey, questionnaire D. Observation

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817. What kind of sampling method should she apply?
A. Network
B. Random
C. Stratified
D. **Purposive**

818. The statements of the findings of the study that will be formulated by Myra should be by_
A. summarizing the sharings of the participants of both sexes
B. identifying the answers of the males and the females
C. describing answers of the males and females by percentages
D. **extracting meanings and themes from significant statements**

819. Informed consent in this study will be obtained by Myra from the
A. six participants only
B. **parents only**
C. six participants and available relative
B. six participants and their parents

820. What is NOT important for Myra to do when listening to tape recordings?
A. Do the listening as soon as possible after the interview.
B. Note for the voice tone and voice inflection.
C. **Listen when she feels the motivation for a more productive time.**
D. Take notice of the pauses of the participants.

Situation - Communication is very important in a nurse-patient interaction relationship.

821. It is not enough for the nurse to listen, but she also has, to validate what she has heard. The importance of validation are the following EXCEPT _____
A. perceptions influence the interpretation of a message
B. **most patients are cognitively impaired**
C. Eye contact does not necessarily send the same message
D. assists clarifying thoughts

822. To be more responsible, a nurse needs to understand the elements of the communication process. When she initiates interpersonal communication, the element involved is
A. **referent**
B. sender
C. message
D. channel

823. Should the nurse encounter patients who are stressed due to their health condition, the BEST way to communicate is through which one of the following?
A. Sympathizing
B. **Empathizing**
C. Sharing
D. Listening

824. The reasons for the nurse wishing to enhance his/her communication skill is to be able to establish Rapport, EXCEPT
A. brings about change to promote well-being of patients
B. decreased incidents
C. gets better evaluation rating of care and delivery of legal problems
D. **generates threat between the nurse and the patient**

825. When the nurse interacts with patients face-to-face such as in getting information during the assessment phase of the nursing process, the level of communication is which of the following?
A. Intrapersonal
B. **Interpersonal**
C. Public communication
D. Verbal

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Situation- Nursing research is conducted to answer a question or resolve problems on the relevance of the nursing profession:

826. The nurse develops the following hypothesis: Elderly women receive less aggressive treatment for terminally-ill spine patients than younger women. Which variable would be considered to be the independent variable?
A. **Degree of treatment received**
B. Age of the patient
C. Use of inpatient treatment
D. Type of complications being treated

827. The following are considered qualitative research process EXCEPT?
A. Sample
B. Literature review
C. **Hypothesis**
D. Data collection

828. Which of the following is an example of a PRIMARY) source in a research study?
A. A textbook of medical-surgical nursing
B. A doctoral dissertation that critiques all research in the area of attention deficit disorder
C. A published commentary on the findings of another study
D. **A journal article about a study that used large, previously unpublished databases generated**

829. What is the BEST source to use when conducting a level one (1) systematic meta-analysis of the literature?
A. An electronic database and doctoral dissertations
B. An electronic database
C. Doctoral dissertations
D. **The Cochrane Statistical Methods**

830. Which type of research allows researchers to be neutral observers
A**. Quantitative research**
B. Ethnographic research
C. Case studies
D. Qualitative research

Situation - Nurses provide their patients information they need to give informed consent only if it is within their scope of nursing practice and nursing knowledge. Consent is the patients acknowledgement and acceptance of medical treatment.

831. In emergency situation when a patient is unable to give consent for life saving treatment, what type of consent allows to assume APPROPRIATE medical treatment ?
A. Implied consent
B. Informed consent
C. Express consent
D. Involuntary consent

832. Which of the following are essential components of informed consent?
I. explanation of the procedure and alternatives to the procedure
II. discussion of potential risks and benefits of the procedure
III. confirmation that the patient understands the risks, benefits, and any alterations
A. I, III
B. I, II
C. II, III
D I, II, III

833. Treatment of a patient without consent can constitute which is defined as intentional and unwanting touching.
A. battery
B. slander
C. negligence
D. tort

834. Whose responsibility is it to obtain informed consent?

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A. Nurse Manager **C. Physician**
B. Anesthesiologist D. Midwife

835. Bioethical issue should be describe as _____.
A. the withholding of food and treatment at the request of the patient in a written advance directive given before a patient acquired permanent brain damage from an accident
B. the physician's making all decisions of client management without getting input from the patient
C. after the patient gives permission, the physician's disclosing all information to the family for this support in the management of the patient
D. a research project that included treating all regular employed personnel and not treating all casual employed to compare the outcome of specific drug therapy

Situation - Quality improvement must be embraced by every health institution if it aims for safe and quality care. The Medical Director of Camiguin Medical Center made random rounds for five consecutive, days to all areas of the hospital to assess its services.

836. Which of the following is not a characteristic of quality improvement that the medical director is interested in?
A. The leader is the empowerer
B. Problem-solving is by everyone
C. The employees are treated as customers
D. Reacts to correct or bad situation

837. A risk is any event that causes problems or benefits on the healthcare institution. The Medical Director knows that potential risks must be identified across the hospital in order to prevent the following, EXCEPT
A. **financial loss** C. accidents
B. incident reports D. injuries

838. Based on patient survey, a number of complaints have been tracked. Which of the following is NOT a preventive activity in the practice of the Medical Director's risk management?
A fostering good administration-personnel relations.
B. providing safe environment every time.
C. **Tracking patient complaints at irregular intervals,**
D. Satisfying patient needs and desires.

839. The Medical Director, with the Chief Nurse and other officers, of the hospital believe that Patient Relations is important in risk management because a dissatisfied customer is likely to sue. Which is NOT the way to handle complaints?
A. Let the patient express himself,
B. **Be sure to rebut the patient point by point**.
C. Staff should not be defensive.
D. Listen to the patient's cue carefully.

840. Nurses usually complain they have no personal life because of rotating shifts The following are three major ways to create personal time, EXCEPT _____.
A. delegate work to others
B. **fill every moment with tasks or chores**
C. eliminate tasks that add no value
D. hire someone else to do the work

Situation- Nurse Sandy is a member of the research team in a cardiovascular health facility. One of the research priority problems in her unit is on the Effects of Personalized Care management Strategies on Stress after an acute myocardial infarction (MI)

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841. Nurse Sandy selected a framework which focuses " that humans are in constant relationship with stressors in the environment and that nursing is keeping the patient's system adjust to wellness which is BEST reflected in _____.

A. Parse's human becoming theory
C. Peplau's psychodynamic theory
B. **Neuman's adaptation model**
D. Swanson's theory of caring

842. What type of sampling wills Nurse Sandy adopts 11 when every third (3rd) patients with MI are selected after a random start?

A. Simple random
C. Stratified
B. **Systematic**
D. Cluster

843. Nurse sandy distributed the coded questionnaires to the respondents of the study without their names on it. What ethical safeguard is being employed in this practice?

A. Confidentiality
C.Trustworthiness
B. Truthfulness
D. Anonymity

844. When the findings of the study can be applied to all patients with MI under stress patients in the whole Philippines, it satisfies which of the following criteria in research?

A. Reliability
C. Generalizability
B. Validity
D. Transferability

845. Nurse Sandy has completed the study and started to make a report to be Research department. A written brief summary is submitted which is known as _____.

A. narrative
C. critical appraisal
B. **abstract**
D. monograph

Situation - Research is a vital endeavor nurses must engage into in order to contribute to nursing science

846. When the nurse researcher collects data at more than one point over an extended period, which design is applied?

A. Cross-sectional
C. Time sequenced
B. Time-related
D. **Longitudinal**

847. If a research study involves an intervention and "blinding" which research design is being referred to?

A. Non-descriptive
C. **Experimental**
B. Phenomenological
D. Descriptive

848. Which of the following statements is LEAST descriptive of a qualitative research design?

A. Researchers become involved.
B- **Gather data from one collection strategy.**
C. It is flexible and elastic.
D. Strives for an understanding of the whole strategy

849. Qualitative researchers should choose their participants who can best meet the objectives of the study, who of the following best qualifies?

A. Cooperative persons in the community
B. Those readily available thus convenient for the researcher.
C. **Able to articulate and reflect on the phenomenon that they experienced.**
D. Persons referred by friends.

850. A "full understanding" in research should be understood by the nurse researcher as _____.

A. ensuring that participants are not placed at risk
B. explaining the study including risks and ben

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C. **the right to decide voluntarily**
D. not exploiting information shared by participants

Situation - Management of records is very vital in any health care facility. The nurse must ensure there is due diligence in the task.

851. Nurse Gay is assigned in the Medical Unit. She is guided that in documentation, she should use abbreviation that is _____.
A. used automatically to save precious time.
B. reduced to the minimum in all units.
C. **approved standard list by the hospital.**
D. not used at all because it can be misinterpreted.

852. One error in record-keeping is illegible handwriting. What is the APPROPRIATE action by the nurse in this situation?
A. Request the senior nurse to read the order for you.
B. Let the resident-on-duty in the nurses station interpret it.
C. **Call the physician who made the order.**
D. Report the lapse to the Quality Assurance Committee

853. When a nurse commits an error in the progress notes the BEST action she should do is to
A. cross the error many times to ensure it could no longer be road and sign
B. delete the erroneous phrase Or sentence using correction fluid and sign.
C. **put a line across the sentence, make the correction over it and sign.**
D. erase whatever is in error using a rubber eraser and sign

854. Which is not a correct statement regarding record-keeping?
A. Failure to do it could be evidence of professional liability
B. **It is an optional task to be done when circumstances allow.**
C. It is a tool in professional practice that helps provide quality care.
D. It is part of the professional duty of the nurse.

855. The QA nurse conducts a regular audit of the medical records the PRIMARY purpose of conducting audit in a health facility is to _____.
A. identify errors made by health personnel.
B. identify areas for improvement
C. **ensure that standards are met.**
D. promote risk management.

Situation - Health Education to Bong and his family is set up prior to surgery: A program of weight gain aims for a high protein and high calorie diet. The nurse prepares the health education plan.

856. The nurse ensures, which of the following should be present and be cooperative in the educational program?
A. Patient, student nurses and interns
B. **Patient, family and significant others**
C. Head nurse and family
D. New staff nurses and nursing aides of the unit

857. The nurse must include in the education plan, which of the following components? (Select all that apply.)
I. Objectives
II. Content and time allotment
III. Teaching and learning resources

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IV. Evaluation parameters

A. II, III, and IV
C. I, II, III and IV
B. I, III, and IV
D. I, II, and III

858. To have a simplified and more understandable implementation of the plan, the nurse presents it with use of _____.

A. printed content in cartolina
D. a co-worker
B. a lecturer
D. colored pictures

859. Before the education plan of the staff nurse can be finalized and implemented, it is best that it is reviewed by the

A. Nurse supervisor
C. **Head nurse**
B. Medical Director
D. Chief nurse

860. During the implementation process, the nurse should ensure a better assimilation of the teachings.

A. serious lecturer
C. **conducive time and place**
B. Lecture to start at 11:00AM
D. neophyte as sharer

Situation - Resources in health care delivery system are one of the challenging concerns of nursing leadership in the country today. Nurse Gayle is a unit manager in a tertiary hospital and conducts meeting regularly every two weeks to her staff to address PRIORITY affecting their services.

861. Which of the following statements indicate an effective communication technique used by the unit manager to her staff?

A. "We need to improve our nursing services otherwise top management will take over,
B. "Lets limit requesting supplies and equipment, our budget for our promotion might be affected."
C. "There are a lot of redundant positions in our unit, there is a need to retrench some staff."
D "**We need to discuss strategic approaches to facilitate delivery of nursing services with less expense on our consumers**."

862. For the past 6 months, several nurses are resigning. Some have verbalized in the exit interview that there are not happy anymore. Which of the following descriptions manifest BEST, a nurse who has job satisfaction?

A. Competitive, self-centered, euphoric.
B. **Empowered, enthusiastic, ethical.**
C. Loner, egoistic, reactive.
D. Outgoing, sensitive, competitive.

863. Delegation is a critical component of leadership and governance. Which of the following empowering activities should the unit manager applies in delegation?

A. In delegation facilitating professional growth and development of a staff is necessary.
B. When delegating responsibility to a nursing staff, modification of standards of care is permitted.
C. Delegation of responsibility in patient care has to start from top management to the staff-nurse level.
D. **Delegation requires responsibility with corresponding accountability of a staff-nurse.**

864. Nurse Gayle is guided that the initial step of delegation is _____.

A. demonstrate the task and let the staff continue the next activities
B. Assess the capability of the staff, change him if not performing
C. **Determine the competency level of staff for the task being given**
D. Explain the task to be done with accompanying job description

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865. The unit manager the planning to take her regular official business leave for the year. She has written a letter of recommendation to her Immediate supervisor for her assistant unit manager to assume her position while she is on leave. This is an example of delegation by _____.

A. rank
B. **authority**
C. succession
D. authority

Situation - Jen is an active member of the Quality Assurance (QA) team health facility where the major role is setting Quality Standards.

866. Which of the following statements is TRUE of Quality Improvement?

A. Focuses on the organizational structure than patient care
B. Continually improve every process in the organization.
C. Centered on people rather than processes.
D. An approach that is externally driven by the stakeholders.

867. As a QA nurse, which of the following can Nurse Jen adopts as a concurrent evaluation of patient's outcomes in the unit?

I Direct observation of patient's condition.
II Patient's interview in the unit.
III Face to face interview with nursing staff.
IV Nursing audit from the patient's chart.

A. III & IV
B. I, II, & I
C. I, II, III, & IV
D. I & II

868. Nurse Jen, distributed the patient satisfaction form to the admitted patients in the hospital, this tool is in compliance to the quality standards.

A. human resource
B. organizational structure
C. patient care
D. legal – ethical

869. The QA team was alerted by the Administration, that they have to anticipate for a possible earthquake in the forthcoming days. As part of Safe Practice Environment (SPE) standards, which of the following are to be given PRIORITY attention by the team?

I Electrical wires
II Combustible materials
III Entry, Exit of the building
IV Infected waste materials

A. I, II, III & IV
B. II and II
C. I & II
D. I, II & III

870. The QA team has been bombarded by complaints of patients on their long waiting period in the OPD, before the health care professionals are examining them. In response to this concern, which type of quality assessment should the team implement?

A. Outcome evaluation
B. Process evaluation
C. Ongoing evaluation
D. Structures evaluation

Situation - Collaboration and teamwork are critical to the success of health care operations.

871. Which of the following statements is INCORRECT of collaboration in a health care settings?

A. Trust and respect are core values of a collaborative organization. -
B. A shared vision is essential for collaboration in any health care operations.
C. Successful conflict resolution can help collaborative teams overcome differences.
D Inter professional collaboration & multidisciplinary collaboration can be used interchangeably.

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872. Nurse Lyn received an order from attending physician of patient Pilar who was having a severe abdominal pain of almost a double dose of morphine S04. The nurse consulted her unit-manager and the pharmacist regarding the order which was also questioned. The nurse called the attention of the physician regarding the dose of the drug and changed the order to an acceptable level, what relevant principle of collaboration is applied in this case?

I. Shared vision
II. Respect and trust
III. Communication
IV. Interpersonal relationship

PÍÍÍ C. I and II
B. III and IV D. I II , And III

873. In a tertiary hospital where Gie works as unit manager, an interdisciplinary team model is adapted on collaboration of care. With this type of model, how is DECISION making made?
A. Shared responsibility of the group for the problem solving final decision.
B. One person makes the final decision for the treatment.
C Partnership with the patient & team for the final decision.
D. All members work together for both alternative & final decision.

874. Nurse Ime, is a member of the Quality Assurance team of the hospital and has been always rated as very assertive. Which of the following is NOT a characteristic of an assertive person?
A. Intervene with the situation calmly and confidently.
B. **She stands up with what she believes & push control on others.**
C. Articulate clearly the importance of nursing perspective.
D. Use "I" when stating thought and feelings & "YOU" when persuading others.

875. A patient is going for a coronary arterial by-pass graft (CABG) due to a 4 blocked arterial blood vessels. A surgical team has been formed with the cardiac surgeon as the head. Who is the member of the health team that prepares the pre-operative orders for the patient?
A. Cardiologist **C. Surgeon**
B. Anesthesiologist D. Medical Internist

Situation - Mo, a 22-yr old nurse graduate, passed the November 2018 Philippine Nurse Licensure Examination before her birthday which is November 16. The scheduled oath-taking ceremony was set on January 6, 2019.

876. To obtain her license to practice, she must do the following, EXCEPT:
A. **Must take the path to any government official**
B. Must register in the registration division of the PRC
C. Must take the oath of professionals before any member of the PRBON
D. Must be issued a certificate of Registration (COR) and profession identification card (PIN)

877. Nurse Merle has to renew her license on or before _____.
A. January 6, 2021 **C. November 16, 2021**
B. November 16, 2022 D. January 6, 2022

878. For Nurse Merle to continually practice nursing, she must satisfy the requirements set by the PRC and comply how many units of CPD upon renewal?
A. 45 units C. 25 units
B. 10 units **D. 15 units**

879. After 3 years being assigned in the Operating Room, Merle in interested to actively join which appropriate professional organization?

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A. **ORNAP** C. ADPCN
B. NLGN D. APO

880. What would Merle do to keep abreast with the latest trends in peri-operative nursing?
A. Attend training and seminars C. **All of these**
B. Perform researches D. Pursue graduate studies

Situation - Noel, a 67 year-old, male, anxious and restless with his condition, was admitted by Nurse Chona in the medical Ward due to chronic back pain, general weakness and difficulty of breathing. He was attended by the physician and was tentatively diagnosed with impending respiratory insufficiency secondary to hypoxia.

881. It is important that Nurse Chona records accurately the restless caused by pain and that of hypoxia. Which of the following should be recorded as the restlessness caused by pain?
A. Difficulty of breathing.
B. Increased respiratory rate and blood pressure.
C. Increased heart rate.
D. **Increased perspiration and change of position.**

882. Nurse Chona read in one nurse's notes chart this documentation: "Refused to eat and fell from bed". Which of the following is lacking in this documentation?
A. Time of complaint, for missed and reaction on fall incurred.
B. Referrals made on fall medications given and reasons of falling.
C. **Contents or complaints, reasons of refusing meal and nature of fall.**
D. Time of eating, medications for back pain and intense of pain.

883. Charting are important documents that are used in court proceedings a Nurse Chona should take note that the following entry recorded would be MOST defensible in court?
A. Large bruises on thigh upon assessment.
B. **Patient fell out of bed when reaching out for medication.**
C. Burn on the back area observed upon auscultation.
D. Patient drunk when seen in the Emergency Room.

884. Which of the following charting rules will keep the nurse legally safe?
I. Documenting worries and all concerns as verbalized by the patient.
II Charting at the end of the shift only.
III.Discussing of recorded cases and diagnosis of the patient.
IV. Recording all information verbalized by patient and family.
A. III, IV **C. I**
B. I, III D. II

885. Nurse Chona saw Patient Noel reading his own chart and question the nurse why (-) smoking and (-) liquor was recorded when he does not smoke and drink alcohol? What is the INITIAL explanation of Nurse Chona on the record?
A. Get the chart from him and reprimand him from reading the chart
B. **The sign of negative before the word means he is not drinking alcohol or smoking cigarette**.
C. Ask patient Noel to apologize for reading the chart.
D. Tell Noel that alcohol and liquor are important factors in diagnosing his ailment.

Situation - Ethical dilemma is becoming a common scenario in the health care delivery system brought about by the advanced technological changes on health care.

886. Which of the following is an example of an ethical dilemma?

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A. A nurse providing demonstration of the possible risk if a chest tube drainage of a patient is pulled out.

B. Family member: having ambivalent feelings whether their father will undergo amputation of a diabetic leg.

C. **A nurse is overheard by the daughter that if her mother will not take her insulin injection she will not serve her food tray.**

D. The physician signs the medical directives of a terminally-ill -patient admitted in the hospital with his spouse.

887. A 70- year-old has been rushed to the hospital due to bradycardia and palpitation. The physician suggested that a pacemaker be inserted to correct the symptoms. The patient voluntarily decides not to have the pacemaker Inserted. This is respected by the family. This is an example of what ethical principles

A. Beneficence
B. **Autonomy**
C. Justice
D. Justice

888. The ER nurse clarifies the doctor's prescription on the dose of the pain medication based on the pain scale assessment and patient's age. which ethical principle is applied?

A. Fidelity
B. Truthfulness
C. Justice
D. **Non-maleficence**

889. Nurse Pat promised to a post- surgical patient, that she would come back to assist in his of ambulation after carrying out the physician's order. This follows the principle

A. beneficence
B. justice
C. autonomy
D. fidelity

890. When a nurse supports the welfare of the patient in relation to health, safety and personal rights, the ethical principle followed is

A. responsibility
B. accountability
C. confidentiality
D. **advocacy**

Situation - In today's nursing practice, roles have been expanded to include legal responsibilities and accountability in the work place.

891. Nurse Lina is on duty at the ER and has been very busy that morning resulting to the administration of a penicillin injection which is ordered to another patient. With this error, the nurse can be charged of _____.

A. malpractice
B. **negligence**
C. assault
D. battery

892. Transcription of doctor's order is a nurse's responsibility to put the order into action. Which of the following principles of medication safety is NOT considered to belong to transcription error?

A. Illegible handwriting of the physician.
B. **Misinterpretation of the directions ordered.**
C. Use of unapproved abbreviation in the chart.
D. Wrong route of medication administration.

893. In order for nurses not to encounter legal problems in drug administration which of the following 7 Rights of Drug Administration, should be implemented under the category of "Right Drug"? Read the label of the drug _____.

I three (3) times.
II before removing from the shelf.
III before measuring actual dose.
IV before opening a unit dose-container.

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A. II & III
B. I & II
C. I, II & III
D. I, II, III, & IV

894. Nurse Edna admits a patient from the ER to the medical unit. The patient is very restless with IV lines and a urinary catheter. She was put to bed and the nurse applied a body restraint without the doctor's order. Nurse Edna's action can be liable for _____.
A. invasion of privacy
B. assault
C. **battery**
D. neglect

895. Ms. Cruz is the supervisor of a hospital on night shift. Several nurses did not report due to Jeepney strike. When the supervisor is executing proper allocation of nurses to the PRIORITY wards to address this concern, she is observing what type of principle?
A. Beneficence
B. Non-maleficence
C. Justice
D. Fidelity

Situation - The group of nurses assigned in the delivery room is interested in conducting a study on the experiences of pregnant women in labor. They are thinking of qualitative research.

896. In the presentation of results of qualitative research, the nurse researcher uses as a **reference in the write-up the**
A. first
B. second
C. fourth
D. **third**

897. Nursing, as a human science, deals with the critical and fundamental differences in attitude toward their respective **phenomena**. Which of the following is an aim o: human sciences?
A. Construct prediction.
B. Seeks causal explanation
C. Sets control
D. Makes meaningful interpretation.

898. The group was observant as to the activities taking place in the delivery room. One of the **activities involved social processes**, which can be better explored. Which of the following qualitative research method should be used?
A. **Grounded theory**
B. Historical research
C. Descriptive Phenomenology
D. Case study

899. After the data analysis of their study, experiences of pregnant women in labor, they returned to the participants to determine the accuracy of the emerged themes. Which criteria of trustworthiness is the group doing?
A. Confirmability
B. Credibility
C. Transferability
D. **Dependability**

900. The group used an audio recorder to capture what transpired during the interview. After the transcription, which of the following action is APPROPRIATE for the group to do with the audiotape?
A. **Keep the audiotape in a vault and dispose of it a year after.**
B. Submit the audiotape to their research adviser.
C. Throw it in the trash bin immediately after it was used.
D. Post the recording on their university research website for others to listen.

901. An infant's current weight indicates that the maximum safe dose of Tylenol is 30 mg by mouth. The physician orders 65 mg to be given, the pharmacist is responsible for filling the medication order, and the nurse administers Tylenol 65 mg. Who is legally responsible in the event that the infant has a toxic reaction to the medication?
A. nurse
B. pharmacist
C. physician
D. pharmacist and physician

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902. A nurse doubts that the physician has prescribed an unusually large dosage of a medication. The nurse ask the senior nurse on duty about the order if it is correct or wrong, the senior nurse tells the nurse that the order is correct. The nurse comply with the order and administer it to the patient. The patient eventually died. Who is liable for this situation.

A. Physician **C. Nurse**
B. Senior nurse D. Physician and nurse

903. A nurse administers the wrong medication to a patient and the patient is harmed. The physician who ordered the medication did not read the documentation that the patient was allergic to the drug. Which statement is true regarding liability for the administration of the wrong medication?

A. The nurse is not responsible, because the nurse was merely following the doctor's orders.
B. Only the nurse is responsible, because the nurse actually administered the medication.
C. Only the physician is responsible, because the physician actually ordered the drug.
D. Both the nurse and the physician are responsible for their respective actions.

904. What is the qualitative method that attempts to construct the meaning of the lived experience of human phenomena?

A. Phenomenology C. Ethnography
B. Grounded theory D. Case study

905. Which of the following data sets can be analyzed on the ratio level of measurement?

A. eye color **C. pulse rates**
B. ethnicity D. gender

906. When the nurse collects data at one point in time are called which of the following?

A. Time series. C. Longitudinal
B. **Cross-sectional** D. Crossover

907. A patient is complaining of urinary pain after being diagnosed with a urinary tract infection the previous day. What is the nurse's best action?

A. **Administer ordered phenazopyridine hydrochloride (Pyridium).**
B. Administer ordered trimethoprim (Trimpex).
C. Administer ordered bethanechol (Urecholine).
D. Administer ordered acetaminophen (Tylenol) and a warm bath.

908. The patient has been ordered a regimen to treat a urinary tract infection and notifies the nurse that the patient's urine has turned an orange color. The nurse recognizes that the patient is most likely being treated with which drug?

A. Ciprofloxacin (Cipro) C. Darifenacin hydrobromide (Enablex)
B. Bethanechol Cl (Urecholine)) **D. Phenazopyridine HCl (Pyridium)**

909. Which of the following organisms is the MOST common causative agent of urinary tract infection (UTI)?

A. Staphylococcus C. Pseudomonas
B. Klebsiella **D. Escherichia coli**

910. What nursing diagnosis would be MOST appropriate for a client admitted with heart failure?

A. Risk for denial **C. Ineffective tissue perfusion**
B. Impaired gas exchange D. Acute pain

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911. The nurse is conducting an assessment to her patient who has edema of the lower extremities due to congestive heart failure. If edema is graded on a scale of +1 (no visible edema in the leg) to 4+ (leg very swollen), what will the Nurse document in her chart if her assessment findings of the edema is SLIGHTLY swollen?

A. +4
B. **+1**
C. +2
D. +3

912. How is the first heart sound (S1) created?

A. Pulmonic and tricuspid valves close.
B. Mitral and aortic valves close.
C. Aortic and pulmonic valves close.
D. Mitral and tricuspid valves close.

913. The patient is shouting and cursing the nurse, the nurse slaps the patient. The nurse would be guilty of:

A. **Abuse**
B. Battery
C. Assault
D. Physical abuse

914. The MOST common reported abuse experienced by nurses in their workplace is

A. Physical abuse
B. Verbal abuse
C. **Financial abuse**
D. Sexual abuse

915. Mr. M is receiving hospice care for a terminal illness. He wants to make sure his daughter is allowed to make any decisions regarding his care should he become unable to do so. What document would permit his daughter to do this?

A. Expressed contract
B. Durable power of attorney
C. Implied contract
D. Living will

916. Kris is a hospitalized movie star. A nursing assistant takes her picture without permission and sells it to a local newspaper. The nursing assistant could be quilts of:

A. Invasion of privacy
B. Abuse
C. Defamation
D. Assault and battery

917. Nurses may be privy to very personal information of patients and should make every effort to make it confidential, otherwise she can be charged of _____.

A. negligence
B. malpractice
C. invasion of privacy
D. defamation

918. When the nurse placed the patient in restraints before using other methods of intervention, she/he violated the patient's rights to _____.

A. receive confidential and respectful care
B. provide informed consent
C. **receive treatment in the least restrictive environment**
D. refuse treatment

919. Which of the following actions is a violation of a psychiatric patient's rights?

A. Paranoid patient with delusions about his family is told that if he makes a will, it might not be valid.
B. The nurse confiscated the cellphone from patient's room and tell him it is being locked in the vault.
C. Staff members confiscated written letters done by patients addressed to local newspaper.
D. Patient is paid minimum wage for helping in the hospital kitchen.

920. Which of the following is NOT covered in Patient's Bill of Rights?

A. Refusal to treatment
B. Informed consent
C. Right to treatment
D. Civil commitment

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921. A patient has been advised by the psychiatrist that he needs inpatient hospitalization. The patient agrees, signs the admission forms, and agrees to receive treatment. What type of admission is this?

A. Formal C. Informal
B. Voluntary D. Involuntary

922. Disclosure of client information beyond the interdisciplinary team without consent of the client is a breach of _____.

A. confidentiality C. duty
B. beneficence D. veracity

Situation - Nurses provide their patients information they need to give informed consent only if it is within their scope of nursing practice and nursing knowledge. Consent is the patients acknowledgement and acceptance of medical treatment.

923. In emergency situation when a patient is unable to give consent for life saving treatment, what type of consent allows to assume APPROPRIATE medical treatment ?

A. Implied consent C. Express consent
B. Informed consent D. Involuntary consent

924. Which of the following are essential components of informed consent?

I. explanation of the procedure and alternatives to the procedure
II. discussion of potential risks and benefits of the procedure
III. confirmation that the patient understands the risks, benefits, and any alterations

A. I, III C. II, III
B. I, II **D. I, II, III**

925. Treatment of a patient without consent can constitute which is defined as intentional and unwanting touching.

A. battery C. negligence
B. slander D. tort

926. Whose responsibility is it to obtain informed consent?

A. Nurse Manager **C. Physician**
B. Anesthesiologist D. Midwife

927. Bioethical issue should be describe as _____.

A. the withholding of food and treatment at the request of the patient in a written advance directive given before a patient acquired permanent brain damage from an accident
B. the physician's making all decisions of client management without getting input from the patient
C. after the patient gives permission, the physician's disclosing all information to the family for this support in the management of the patient
D. a research project that included treating all regular employed personnel and not treating all casual employed to compare the outcome of specific drug therapy

928. An EMT approaches an accident victim. The victim says, "Don't touch me!" The EMT says, you need help, but the victim replies NO! don't touch me. If the EMT takes the victim by the arm and forces the victim into the ambulance, the EMT could be guilty of:

A. **Battery** C. Negligence
B. Malpractice D. Assault

929. In this pandemic nurses are float to areas of most need in the time of a nursing shortage, this is an example of:

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A. Utilitarianism theory C. Justice
B. Deontological theory D. Beneficence

930. A document that lists the medical treatment a person chooses to refuse if unable to make decisions is the:
A. Durable power of attorney **C. Living will**
B. Informed consent D. Advance directives

931. The nurse hung a unit of blood on the wrong client, resulting in an anaphylactic reaction in the client. During the resuscitation, the nurse does not reveal that the wrong blood was given. Which moral principle was absent in the nurse's actions?
A Human dignity C. Autonomy
B Veracity D. Social justice

932. A retired nurse stops to help in an emergency at the scene of an accident, if the injured party files suit and the, the nurse would probably be covered by
A. Her homeowner's insurance C. National Care Act
B. Her automobile insurance D**. The Good Samaritan Law**

933. As an advocate for the client, the nurse must make sure that "safe, effective care" is given in conformity with the
A. Nurse Practice Act
B. Philippine Nursing Association (ANA)
C. Professional Regulation Commission
D. Professional Regulatory Board of Nursing

934. Nurses agree to be advocates for their patients. Practice of advocacy calls for the nurse to:
A. Seek out the nursing supervisor in conflicting situations
B. Work to understand the law as it applies to the client's clinical condition.
C. **Assess the client's point of view and prepare to articulate this point of view**.
D. Document all clinical changes in the medical record in a timely manner.

935. Cultural competence is the process of
A. Learning about vast cultures
B. **Acquiring specific knowledge, skills, and attitudes**
C. Influencing treatment and care of clients
D. Motivation and commitment to caring

936. When caring for a terminally ill client, it is important for the nurse maintain the client's dignity. This can be facilitated by:
A. Spending time to let clients share their life experiences
B. Decreasing emphasis on attending to the clients' appearance because it only increases their fatigue
C. Making decisions for clients so they do not have to make them
D. Placing the client in a private room to provide privacy at all times

937. The philosophy sometimes called the code of ethics of care suggests that ethical dilemmas can best be solved by attention to:
A Clients C Code of ethics for nurses
B Relationships. D Ethical principles

938. A surgeon accidentally cuts his patient's bladder while attempting to remove his appendix. The surgeon could be guilty of _____
A. Battery C. Negligence

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B. **Malpractice** D. Tort

939. A patient became seriously ill after a nurse gave him the wrong medication. After his recovery , he filed a lawsuit. Who is MOST likely to be held liable?
A. No one because it was an accident
B. hospital
C. nurse
D. **nurse and the hospital**

940. A client who had a "Do Not Resuscitate" order passed away. After verifying there is no pulse or respiration's, the nurse should next:
A. Have family members say goodbye to the deceased.
B. Call the transplant team to retrieve vital organs.
C. Remove all tubes and equipment (unless organ donation is to take place), clean the body, and position appropriately.
D. Call the funeral director to come and get the body

941. The client being admitted to the oncology unit conveys his wishes regarding resuscitation in the event of cardiopulmonary arrest. The nurse advises the client that it would be in his best interest to obtain which document?
A. will C. Proof of health care power of attorney
B. **living will** D. proxy directive

942. When the nurse inserts an ordered urinary catheter into the client's urethra after the client has refused the procedure, and then the client suffers an injury, the client may sue the nurse for which type of tort?
A. **Battery** C. Invasion of privacy
B. Assault D. Dereliction of duty

943. A client with end-stage renal disease decides against further treatment and requests a "Do Not Resuscitate" (DNR) order. The DNR status is part of the change-of-shift report. The client stops breathing and a nurse begins cardiopulmonary resuscitation. The family is upset and makes a complaint to the charge nurse. The charge nurse appropriately identifies that nurse has committed:
A. Defamation C. assault
B. **battery**. D. fraud.

944. Upon admission for an appendectomy, the patient provides the nurse with a document that specifies instructions his healthcare team should follow in the event he is unable to communicate these wishes postoperatively. This document is best known as a/an:
A. informed consent C. Patient's Bill of Rights
B. insurance card **D. advance directive**

945. The inappropriate use of restraints or seclusion is considered which form of intentional tort?
A. False imprisonment C. Assault
B. Battery D. Causation

946. Which nursing intervention constitutes false imprisonment?
A. A client is hospitalized as an involuntary admission and attempts to leave the unit. The nurse calls the security team per hospital protocol. They prevent the client from leaving.
B. A psychotic client is admitted as an involuntary client and runs out of the psychiatric unit. The nurse runs after the client and succeeds in talking the client into returning to the unit.
C. The client has been "pesky," seeking the attention of nurses in the nurses' station much of the day. Now the nurse escorts the client to the room and tells the client to stay there or

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be put into seclusion.
D. The client is confused, combative, and insists that no one can stop him from leaving. The nurse restrains the client without a physician's order, then seeks the order.

947. The client has been "pesky," seeking the attention of nurses in the nurses' station much of the day. Now the nurse escorts the client to the room and tells the client to stay there or be put into seclusion. The nurse is threatening to give the client an injection in order to restrain the client for inappropriate behavior. This is an example of
A. Abuse C. **Assault**
B. False imprisonment D. Battery

948. While performing the admission assessment of a new client, the nurse observed that the client brought a bottle of over-the-counter pain medication to the hospital. The nurse failed to document this or remove the medication from the room. Subsequently, the client experienced a serious adverse drug reaction as a result of the interaction between this drug and one of the drugs that the client was prescribed in the hospital. This nurse may be guilty of what?
A. **Malpractice** C. Failure of duty to warn
B. Assault D. Incompetence

949. When determining the existence of malpractice, which factor is NOT considered?
A. Injury C. Causation
B. Duty D. **Intent**

950. Which element of malpractice occurs when the nurse does not act as a reasonable, prudent person would have acted in a similar circumstance?
A. Duty C. Injury or damage
B. Breach of duty D. Causation

951. A rape victim tells the emergency nurse, I feel so dirty. Help me take a shower before I get examined. The nurse should:
A. arrange for the victim to shower.
B. give the victim a basin of water and towels.
C. **offer the victim a shower after evidence is collected**.
D. explain that bathing facilities are not available in the emergency department.

952. When collecting evidence from a rape victim, the victim's clothing is removed and placed in a
A. **paper bag**. C. Plastic bag
B. Ziploc bag D. Trash bag

953. The nurse suspects that a client has multiple myeloma based on the client's major presenting symptom and the analysis of laboratory results. What classic manifestation for multiple myeloma does the nurse assess for?

A. Debilitating fatigue C. Gradual muscle paralysis

B. **Bone pain in the back of the ribs** D. Severe thrombocytopenia

954. Which of the following substances has abnormal values EARLY in the course of multiple myeloma (MM)?

A. Red blood cells C. White blood cells

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B. **Immunoglobulins** D. Platelets

955. The nurse is developing a plan of care for the client with multiple myeloma. The nurse includes which priority intervention in the plan of care?

A. **Encourage fluid** C. Coughing and deep breathing

B. Providing frequent oral care D. Monitoring red blood cell coun

956. Which of the following is usually involved in Multiple myeloma?

A. **Hematologic** C. Neurologic

B. Muscular D. Lymphoid

957. Which of the following interventions is the KEY to increasing the survival rates of clients with lung cancer?

A. High-dose chemotherapy C. Smoking cessation

B. Early bronchoscopy **D. Early detection**

958. Simple hysterectomy involves the removal of which structure(s)?

a. uterus only

b. uterus and fallopian tubes

c**. uterus and cervix**

d. uterus, ovaries, and fallopian tubes

959. What should be the color of trash bin for the proper disposal of waste product such as papers from the admin office?

A. Yellow C. green

B. **Black** D. orange

960. Radical abdominal hysterectomy involves the removal of which structure(s)?

a. uterus and vagina

b. uterus and fallopian tubes

c. uterus and ovaries

d. uterus, ovaries,ligaments and fallopian tubes

961. Where should the nurse dispose used wet diaper and gloves?

A. Green C. Red

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B. Black **D. Yellow**

962. It is 10 o'clock of your watch. The client asks, "What time is it?" The nurse's appropriate response is:
A. "Are you bored?"
B. "It is 10 o'clock.".
C. "Why do you ask?"
D. "Guess, what time is it?"

963. A client is being prepared for a thoracentesis. The nurse should assist the client to which position for the procedure?

A. Lying in bed on the affected side

B. Lying in bed on the unaffected side

C. Sims position with the head of the bed flat

D. Prone with the head turned to the side and supported by a pillow

964. The nurse assists a health care provider in performing a liver biopsy. After the biopsy, the nurse should place the client in which position?
A. Prone
B. Supine
C. A left side-lying position with a small pillow or folded towel under the puncture site
D. A right side-lying position with a small pillow or folded towel under the puncture site

965. The nurse recognizes that a patient is exhibiting symptoms associated with a TIA. After what period of time does the nurse determine these symptoms will subside?
A. 1 hour C. 12 hours
B. 3 to 6 hours D. 24 to 36 hours

966. A patient that had a stroke is experiencing memory loss and impaired learning capacity. In which lobe does the nurse determine that brain damage has MOST likely occurred?
A. Frontal C. Parietal
B. Occipital D. Temporal

967. A patient is brought to the emergency department experiencing a possible stroke. What initial diagnostic test for a stroke , usually performed in the emergency department would the nurse prepare the patient for?
A. 12-lead electrocardiogram
B. Carotid ultrasound study
C. Noncontrast computed tomography
D. Transcranial Doppler flow study

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968. With diagnosis of hemorrhagic stroke, the nurse teaches the caregiver that with position of the bed should be in what position?

A. High-Fowler's C. Prone
B. **Fowler** D. Flat

969. A patient is exhibiting classic sign of a hemorrhagic stroke. What report from the patient would be an indicator of this type of stroke?
A. Numbness of an arm or leg **C. Severe headache**
B. Double vision D. Dizziness and tinnitus

970. Which model of nursing is focused on the task-oriented approach to client care?

A. Total patient care C. Modular

B. **Functional** D. Primary care nursing

971. Primary care nursing is organized so that the patient is at the center of the structure. How many nurses have 24-hour responsibility for care planning and coordination?
A. **One** C. Three

B. Two D. Four

972. Deductive Reasoning process is applied in:
A. Qualitative research C. Action research
B. Quantitative research D. Applied research

973. Inductive Reasoning process is applied in:
A. Qualitative research C. Action research
B. Quantitative research D. Applied research

974. Which of the following is a qualitative research design where lived experiences of individuals are examined in their "life-world"?
A. Ethnography **C. Phenomenology**
B. Ethology D. Grounded theory

975. Which of the following is a characteristic of qualitative research?
A. Deductive process C. Fixed research design
B. Control over the context **D. Inductive process**

976. A characteristic of qualitative research data is that they are what
A. **In text form** C. Free of patterns
B. Dichotomous D. Inappropriate for analysis

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977. The nurse researcher is planning a research study that will use human subjects and their choice to participate in a specific treatment. The ethical principle that describes a prospective subject's freedom to choose whether or not to participate in the research study is what?

A. Justice C. Confidentiality
B. Beneficence D. **Respect for persons**

978. What is the basic human right that exists when the subject's identity cannot be linked, even by the researcher, with his or her individual responses?

A. Right to self-determination C. Right to fair treatment
B. **Right to anonymity** D. Right to confidentiality

979. What is the FIRST step in the qualitative research process?

A. Data analysis **C. Review of literature**
B. Sample D. Study design

980. What is the MOST common causative agent that causes tuberculosis?

i. Virus C. Parasite
ii. **Bacteria** D. Fungi

981. The nurse should teach clients that the most common route of transmitting tubercle bacilli from person to person is through contaminated:

i. **Dust particles**. C. Water
ii. Droplet nuclei. D. Eating utensils.

982. The 5's strategy to prevent dengue infection includes the following, EXCEPT

A. Search and Destroy mosquito breeding places
B. Apply mosquito repellent all over your body
C. seek early consultation at the neatest health care facility
D. Say no to fogging spraying, and misting in hot spot areas

983. A client is admitted with acute gouty arthritis. Which medication does the nurse anticipate the health care provider may prescribe to prevent and treat an acute attack of gout?

A. Ibuprofen (Motrin) C. Probenecid (Benemid)
B. **Colchicine (Colsalide)** D. Hydrocortisone (Cortef)

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984. The nurse should always keep which of these drugs at the bedsides of a client with myasthenia gravis

A. **Atropine** C. Inderal

B. Tensilon D. Neostigmine

985. For a client having an episode of acute narrow-angle glaucoma, a nurse expects to give which of the following medications?

A. **Acetazolamide (Diamox**) C. Furosemide (Lasix)

B. Atropine D. Urokinase (Abbokinase)

986. Select the medication that should be discussed by the nurse with the attending physician before administering it to patient with acute angle closure glaucoma

A. Isoptocarpineeyedrops C. Mannitol
B. Corticosporin ophthalmic **D. Atropine**

987. There are pre operative medications given to the patient. Which of the following drugs are given in order to decrease intra-operative anesthetic requirements and pain?

A. Celebrex (celecoxib) C. Acetaminophen (tylenol)
B. Ibuprofen (motrin) **D. Demerol (Meperidine HC1)**

988. Considering the pain assessment scale (1, is the least pain and 5 is the most painful) Mrs. P described her pain in the scale of 5, you expect that the doctor will order which of the following pain medication?

A. Meperidine HCl. (Demerol) **C. Morphine Sulphate**

B. Fentanyl (Duragesic) D. Acetaminophen (Tylenol)

989. One of the patients is manifesting signs and symptoms of alcohol withdrawal such as: tremors, diaphoresis, and hyperactivity. Blood pressure is 190/92 mm.Hg and pulse rate of 92 beats/min. Which of the following medications should you expect to be ordered for these patients?

A. **Lorazepam (Ativan)** C. Haloperidol (Haldol)
B. Naloxone (Narcan) D. Benztropin (Cogentin)

990. A nurse gave the wrong medication to a patient, which results in a severe allergic reaction. The patient could rightfully sue the nurse for which of the following?

i. Battery C. **Malpractice**

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ii.

Assault D. Negligence

991. A confused client who fell out of bed because side rails were not used is an example of which type of liability?

A. Felony C. Battery

B. Assault D. **Negligence**

992. A nurse responded to the alarm on the client's IV pump that sounded during the entire shift by silencing the alarm and saying "this pump is always beeping at me; if I turn the alarm off I don't have to come in here every few minutes." The client received extensive damage to her arm from the IV that was infiltrated and not infusing correctly. The nurse may be liable and charged with

i. Misdemeanor C. Negligence

ii. **Malpractice** D. Felony

993. Nurse X used a medical equipment improperly which harmed the patient. The nurse may be charged with_____

i. Negligence C. **Malpractice**

ii. Assault D. Battery

994. Mr. C is an older patient with a known history of peripheral vascular disease. The nurse places a heating pad directly on the patient's lower leg to relieve muscle spasms. The heating pad causes a burn, the area becomes infected, and the patient eventually must have a skin graft. This is an example of which of the following?

A. **Malpractice** C. Vicarious liability

B. Assault D. Negligence

995. While caring for an infant, the nurse hears another child screaming in the next room. She rushes to the other room to check on the screaming child, forgetting to put the side rails up on the infant's crib. She returns to the room to find the infant has fallen out of the crib and sustained a head injury. Based on the nurse's action, which tort is the nurse liable for?

i. **Malpractice** C. assault

ii. Defamation D. battery

996. A client has a prescription for amoxicillin (Amoxil) 500 mg P.O. (by mouth) every 8 hours. The nurse administers the medication via the intravenous route. Based on the nurse's action, the client develops a pulmonary embolus, experiences respiratory distress, and is transferred to the intensive care unit. The nurse can be sued for

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i.

battery C. assault

ii. **malpractice** D. negligence

997. A nurse fails to irrigate a feeding tube as ordered, resulting in harm to the patient. This nurse could be found guilty of:

A. **malpractice** C. Negligence

B. Harm to the patient D. Failure to follow the nurse practice act

998. A health care provider instructs the nurse to bladder train a patient. The nurse clamps the patient's indwelling urinary catheter but forgets to unclamped it. The patient develops a urinary tract infection. What do the nurse's actions' exemplify ?

A. Malpractice C. Assault

B. Battery D. Negligence

999. The nurse administers a medication to the wrong patient. The nurse is liable for

i. **Negligence** C. Assault

ii. Malpractice D. Battery

1000. The nurse has failed to obtain informed consent before performing a procedure on a patient. Which type of torts result from this nursing action?

i. Assault C. **Negligence**

ii. Libel D. Malpractice

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