UPS Education
A Psychology Institute

UTSAAH PSYCHOLOGICAL SERVICES
HEALTH – EDUCATION – RESEARCH

Structuralism



UPS Education
A Psychology Institute

UTSAAH PSYCHOLOGICAL SERVICES
HEALTH – EDUCATION – RESEARCH

What is Structuralism?

Structuralism is an early approach in psychology developed by Edward Titchener, who studied under Wilhelm Wundt. Titchener brought Wundt's ideas to the U.S. and developed them further at Cornell University. He aimed to understand the mind by breaking down experiences into their basic elements, such as sensations and emotions. Titchener believed that by carefully examining thoughts and feelings, we could understand the structure of consciousness.

UPS Education
A Psychology Institute

UTSAAH PSYCHOLOGICAL SERVICES
HEALTH – EDUCATION – RESEARCH

Titchener's Method and Impact

Titchener's method involved analyzing simple thoughts and feelings. For example, he might ask people to think about the color "blue" without showing them anything blue. Participants might describe blue as "cool and calm," associating it with the sky or ocean. This approach helped reveal how we associate different experiences and how our mind works.

UPS Education
A Psychology Institute

UTSAAH PSYCHOLOGICAL SERVICES
HEALTH – EDUCATION – RESEARCH

Decline and Contributions

Structuralism played a crucial role in early psychology by offering a method to study the mind's structure. Its influence faded in the early 20th century due to internal conflicts and the rise of functionalism. However, it laid important foundations for future psychological theories and the study of mental processes, which continue to impact the field today.

UPS Education
A Psychology Institute

UTSAAH PSYCHOLOGICAL SERVICES
HEALTH — EDUCATION — RESEARCH

Follow us on

@upseducation