Celibated for a Purpose

A Journey of Purity, Healing, and Wholeness

by Obida Joy Ene

Printed in Nigeria

© 2025 Obida Joy Ene

All rights reserved.

No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopying, recording, or otherwise—without the prior written permission of the author.

Scripture quotations are taken from the *Holy Bible, New International Version (NIV)*, unless otherwise stated.
Used by permission. All rights reserved worldwide.

Printed in Nigeria

Dedication

To every woman choosing **purpose and wholeness**,
and to my sweet mom — your love and strength inspire me always. ■

Table of Contents

1. Introduction
Why Celibacy Still Matters Today
God’s Purpose in Your Purity

2. Chapter One: Set Apart – The Purpose Behind Celibacy
What Celibacy Really Means
Biblical Foundations of Sexual Purity
Practical Tips for Living Pure
Daily Affirmations
Prayer for Dedication

3. Chapter Two: Overcoming Temptation – Standing Strong in the Battle for Purity
Understanding the Nature of Temptation
Common Triggers & How to Guard Against Them
Spiritual and Practical Strategies
Accountability & Fleeing When Needed
Scriptures to Declare
Affirmations for Strength
Prayer for Victory

4. Chapter Three: Whole While Waiting – Embracing Singleness with Joy and Purpose
Singleness Is Not a Sentence
Discovering Purpose in the Wait
Healing, Growth & Wholeness
Affirmations of Identity
Prayer for Contentment and Purpose

5. Chapter Four: Healing from Sexual Sin – Breaking Free from the Past
Understanding Soul Ties and Spiritual Scars
Steps Toward Freedom and Restoration
How to Break Soul Ties in Prayer
Replacing Shame with Truth
Affirmations for Healing
Prayer for Renewal and Cleansing

6. Chapter Five: Waiting Well – Recognizing a God-Ordained Partner

Waiting with Intention and Wisdom
Discerning the Right Relationship
What a God-Sent Partner Looks Like
Boundaries in Dating and Courting
Final Affirmations
Prayer for Discernment and Trust

7. Final Word from the Author
A Letter to the Faithful
Encouragement for the Journey Ahead